

Title: Expansion of Functional Regulatory T Cells Using Soluble RAGE Prevents Type 1 Diabetes

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34 **Abstract**

35 Type 1 diabetes (T1D) is an autoimmune disease with no cure. Therapeutic translation has been
36 hampered by preclinical reproducibility. Here, short-term administration of an antagonist to the
37 receptor for advanced glycation end products (sRAGE) protected against murine diabetes at two
38 independent centers. Treatment with sRAGE increased regulatory T cells (T_{regs}) within islets,
39 pancreatic lymph nodes and spleen, increasing islet insulin expression and function. Diabetes
40 protection was abrogated by T_{reg} depletion and shown to be dependent on antagonizing RAGE
41 using knockout mice. Human T_{regs} treated with a RAGE ligand downregulated genes for
42 suppression, migration and T_{reg} homeostasis (*FOXP3*, *IL7R*, *TIGIT*, *JAK1*, *STAT3*, *STAT5b*,
43 *CCR4*). Loss of suppressive function was reversed by sRAGE, where T_{regs} increased proliferation
44 and suppressed conventional T cell division, confirming that sRAGE expands functional human
45 T_{regs} . These results highlight sRAGE as an attractive treatment to prevent diabetes, showing
46 efficacy at multiple research centers and in human T cells.

47 **Introduction**

48 Type 1 diabetes (T1D) is an autoimmune disease involving a heterogeneous interplay between
49 genetics and environmental factors resulting in T cell mediated destruction of insulin-producing
50 β cells (Atkinson et al., 2014). T1D incidence is increasing at 2-3% per year worldwide,
51 elevating the risk for premature death and costing \$14 billion per annum in healthcare in the
52 USA alone (Tao et al., 2010). Risk factors for developing T1D include decreases in functional
53 regulatory T cells (T_{regs}) (Brusko et al., 2005) and increased numbers of autoantigen-specific
54 conventional T cells (T_{convs}), particularly those with an effector phenotype (T_{eff}) (Laban et al.,
55 2018). Early phase clinical trials promoting the expansion of T_{regs} , thereby suppressing T_{conv}
56 activation, have shown promise in preserving insulin production after the diagnosis of T1D
57 (Alhadj Ali et al., 2017; Rosenzweig et al., 2015), but await validation in larger cohorts.
58 However, it is now recognized that interventions aimed at reversing clinically diagnosed T1D
59 may be "too late", with Phase III clinical trials not reaching primary end points (Insel et al.,
60 2015). As a result, promising therapeutics targeting T cells are being repurposed for use
61 prediabetes to prevent the onset of T1D (NCT01030861; NCT01773707). Recently, the former
62 study, which was a phase II randomized trial, reported that Teplizumab – a Fc-receptor non-
63 binding anti-CD3 monoclonal antibody – significantly delayed the onset of T1D (Herold et al.,
64 2019).

65 In fact, a framework for staging prediabetes was recently established which involves
66 standardized screening to accurately stratify individuals into Prediabetes Stages 1-3 so that novel
67 therapies can be tested within a suitable therapeutic window (Insel et al., 2015). Thus,
68 interventions delivered prediabetes are clinically feasible, have a greater chance of preserving
69 insulin secretion and could prevent the onset of T1D.

70 The receptor for advanced glycation end products (RAGE) is a pattern recognition receptor
71 implicated in inflammatory disease and is expressed in various cells involved in T1D including T
72 cells (reviewed in (Leung et al., 2016)). Recently, changes in RAGE expression have been
73 associated with the risk for developing T1D in humans (Salonen et al., 2015; Salonen et al.,
74 2014; Salonen et al., 2016). Furthermore, T cells from at-risk individuals who progress to T1D,
75 have greater RAGE expression, which enhances T cell cytokine production and survival
76 (Durning et al., 2016). Natural history studies have further revealed that polymorphisms in the
77 RAGE gene (*AGER*) decrease circulating soluble RAGE (sRAGE) concentrations (Salonen et
78 al., 2014), which is a naturally occurring antagonist that competes for RAGE ligands, increasing
79 the risk of T1D (Forbes et al., 2011). The decreases in circulating sRAGE also coincide with
80 seroconversion to autoantibodies against islet auto-antigens in at-risk individuals (Salonen et al.,
81 2015; Salonen et al., 2016). Therefore, this deficiency in circulating sRAGE is a novel
82 therapeutic target for preventing the onset of T1D.

83 Here, we targeted the deficiency in circulating sRAGE levels prediabetes by short-term
84 administration of recombinant human sRAGE with the aim of preventing diabetes onset in mice.
85 We show that it acts in an immunomodulatory manner to decrease diabetes incidence at two
86 independent research centers through T_{reg} modulation. Additionally, sRAGE increased the
87 proportion of T_{regs} in the islet infiltrating leukocytes, pancreatic lymph nodes (PLN) and spleen,
88 which reduced islet infiltration and preserved islet numbers, insulin expression and β cell
89 function. *Ex vivo*, sRAGE promoted the expansion of human T_{regs} and reduced T_{conv} proliferation
90 in co-culture, whereas T_{regs} cultured in the presence of the RAGE ligand, AGEs, had reduced
91 suppressive function. Our data suggest that short-term delivery of sRAGE prediabetes is an

92 effective modulator of functional T_{reg} expansion and has efficacy to prevent diabetes and
93 possibly other autoimmune diseases.

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94 **Results**

95 **Short-Term sRAGE Treatment Provides Lasting Protection from Diabetes in Multi-Site**

96 **Trial**

97 There is no cure for T1D so there is a desperate need for reproducible and translatable novel
98 disease targets. Here, we administered recombinant human sRAGE prediabetes to correct the
99 deficiency in circulating sRAGE seen in at-risk progressors who develop T1D (Salonen et al.,
100 2015; Salonen et al., 2014; Salonen et al., 2016), using a preclinical study design tested for
101 reproducibility at two independent research centers (Figure 1A).

102 When sRAGE was administered intraperitoneally twice daily, the incidence of diabetes
103 decreased 3-fold when compared with vehicle treated mice (Figure 1B, Site 1). We found
104 comparable results at an independent research center with greater diabetes penetrance (Figure
105 1B, Site 2), where sRAGE treatment resulted in a 2.8-fold reduction in diabetes incidence (vs.
106 untreated; Figure 1B). At a greater dose administered only once daily, sRAGE treatment was
107 even more effective and decreased diabetes incidence by 4-fold (vs. untreated; Figure 1B).

108 Non-fasted blood glucose levels in sRAGE treated mice were significantly lower over the
109 study duration when compared with vehicle and untreated mice using regression analysis (Figure
110 1C). Furthermore, the regression line and its confidence intervals for the once daily sRAGE
111 treatment regimen were lower than those of the remaining groups, until approximately day 200
112 when both sRAGE groups had overlap (Figure 1C). Blood glucose variability was also reduced
113 following sRAGE administration, as determined by decreased residuals from the regression line
114 (vs. vehicle/untreated; Figure 1C). These findings demonstrate that short-term sRAGE treatment
115 significantly reduces diabetes incidence and improves long-term blood glucose control. From

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116 herein, we characterize the effects of sRAGE given twice daily because we were able to observe
117 significant protection from diabetes at this lower dose.

118 **sRAGE Therapy Decreases Islet Infiltration and Increases Islet Numbers**

119 Immune cell infiltration into the pancreatic islets and islet destruction are pathological
120 hallmarks of T1D (Atkinson et al., 2014), so we hypothesized that these facets of disease
121 pathogenesis would be improved by sRAGE treatment. To this end, immediately after therapy
122 completion on day 64, mice treated with sRAGE had a considerably reduced islet infiltration
123 index as compared with vehicle (Figure 1D). This was due to a decrease in the numbers of islets
124 presenting with high grade insulinitis (>75% infiltrate, grade 4) and an increase in islets without
125 insulinitis (0% infiltrate, grade 0; Figure 1E and 1F). Interestingly, by day 80, the islet infiltration
126 index did not differ between groups (Figure 1D) but unexpectedly, sRAGE treated mice had a
127 small increase in the proportion of islets with grade 4 insulinitis (>75% infiltration; Figure 1E and
128 1F). When sRAGE treated mice were examined on day 225, we found a significant reduction in
129 the islet infiltration index (Figure 1D), an increased proportion of islets without immune cell
130 infiltration and a reduced proportion of islets that scored 4 (vs. vehicle; Figure 1E and 1F). Islet
131 numbers decreased over the study duration in both cohorts (Figure 1G), but sRAGE treatment
132 preserved a greater number of islets by day 225 (Figure 1G). Islet numbers did not differ
133 between groups at the other time points (Figure 1G).

134 **sRAGE Rapidly Increases T_{reg}/T_{eff} Ratios in the PLN and Spleen**

135 T_{regs} in the PLN and spleen regulate islet infiltration, influencing the development of diabetes
136 (McNally et al., 2011). Thus, we tested whether sRAGE could influence the numbers of T_{regs} and
137 T_{convs} in these lymphoid tissues, in addition to T_{reg}/T_{eff} ratios (gating strategies in Figure S1).
138 Immediately after sRAGE therapy on day 64, higher numbers of $CD4^+CD8^-CD25^+Foxp3^+$ T_{regs} ,

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139 as well as FoxP3⁻CD4⁺ and FoxP3⁻CD8⁺ T_{conv}s were observed in the PLN and spleen (vs.
140 vehicle; Figure S2A-S2C). This is consistent with previous reports showing that sRAGE
141 treatment is immunomodulatory, since it can increase the numbers of monocytes, macrophages
142 and B cells (Pullerits et al., 2006). However, there are no studies showing that sRAGE can
143 expand the numbers of T cells, nor its specific effects on the T cell subsets of T_{regs}, T_{conv}s and
144 T_{eff}s.

145 Here, we found a superior increase in PLN T_{reg} numbers, resulting in elevated T_{reg}/T_{eff} cell
146 ratios in sRAGE treated mice (Figure 2A-2C), which suggested the local environment was more
147 regulated. Despite the increase in splenic T_{regs}, its ratio to T_{eff} cells remained unchanged on day
148 64 (Figure 2A-2C). There was no change in the activation status of FoxP3⁻CD4⁺ and FoxP3⁻
149 CD8⁺ T_{conv}s following sRAGE treatment in either lymphoid compartments, as determined by the
150 expression of the CD62L and CD44 adhesion molecules (Figure S2B and S2C).

151 By day 225, sRAGE treated mice had decreased numbers of CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs}
152 and FoxP3⁻CD8⁺ T_{conv}s in the PLN, as well as reduced numbers of FoxP3⁻CD4⁺ and FoxP3⁻CD8⁺
153 T_{conv}s in the spleen, as compared with vehicle (Figure S3A-S3C). This suggested that short-term
154 sRAGE intervention persistently dampened the immune response over the study duration. In
155 support of this, sRAGE provided a long-lasting increase in the T_{reg}/T_{eff} cell ratios in the spleen
156 (vs. vehicle; Figure 2D-2F). Furthermore, the localized increase in T_{reg}/T_{eff} cell ratios seen in the
157 PLN of sRAGE treated mice on day 64, was resolved by day 225 (Figure 2D-2F). The
158 proportions of CD62L⁺CD44⁻ naïve, CD62L⁻CD44⁺ effector and CD62L⁺CD44⁺ memory subsets
159 in the T_{conv} populations remained unchanged between groups on day 225 (Figure S3B and S3C).

160 To determine if changes in antigen presenting cells (APCs) could influence tolerance, we also
161 quantified the numbers of CD8⁺ and CD11b⁺ conventional dendritic cells (cDCs), plasmacytoid

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162 dendritic cells (pDCs) and macrophages on day 64. This is important because CD8⁺ cDC
163 interactions with autoreactive CD4⁺ T cells contribute towards tolerance in NOD mice (Price et
164 al., 2014) and, within the lymph nodes, CD8⁺ cDCs can directly induce T_{regs} via TGF-β
165 (Yamazaki et al., 2008). CD11b⁺ cDCs and pDCs are also potent inducers of T_{regs} (Lippens et al.,
166 2016; Tordesillas et al., 2018). Here, we found an increase in all dendritic cell subsets within the
167 spleen but no significant changes within the PLN (Figure S4A). This supports the hypothesis that
168 after sRAGE treatment, dendritic cells do not significantly contribute to increased proliferation
169 or differentiation of T_{regs} within a major lymphoid tissue in T1D. Interestingly, we found
170 increased numbers of macrophages in both the PLN and spleen (Figure S4B), consistent with
171 previous studies using sRAGE (Pullerits et al., 2006).

172 Overall, these data show that sRAGE preferentially increases the numbers of T_{regs} rather than
173 T_{eff} cells in the PLN in the short-term. In the long-term, sRAGE reduces both T_{reg} and T_{eff} cell
174 numbers in the PLN and spleen, maintaining higher splenic T_{reg}/T_{eff} ratios in mice at risk of
175 diabetes.

176 **Diabetes Prevention by sRAGE is Dependent on T_{regs} and RAGE Expression**

177 To further delineate the effects of sRAGE on T_{regs}, an accelerated model of autoimmune
178 diabetes was used that tests the immunological aspects of disease while excluding other elements
179 such as islet dysfunction. Here, we performed the adoptive transfer of diabetes by injecting
180 splenocytes from recently diabetic NOD/ShiLt mice into NOD/SCID recipients, that were then
181 administered (i) vehicle and isotype control IgG, (ii) vehicle and anti-folate receptor 4 (FR4)
182 antibodies to deplete T_{regs}, (iii) sRAGE and isotype control IgG, or (iv) sRAGE and anti-FR4
183 antibodies to deplete T_{regs} (Figure 2G). We found that 72% and 78% of NOD/SCID recipient
184 mice developed diabetes when given either vehicle and isotype IgG or vehicle and anti-FR4

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185 antibodies, respectively (Figure 2H). None of the NOD/SCID mice treated with sRAGE and
186 isotype control IgG developed diabetes, whereas 56% of those that received sRAGE and anti-
187 FR4 antibodies to deplete T_{regs} developed diabetes (Figure 2H). We also found marked
188 reductions in $CD4^+CD8^-CD25^+FoxP3^+$ T_{reg} proportions for mice treated with anti-FR4 antibodies
189 whereas sRAGE and isotype control IgG treated mice had an increased proportion of T_{regs}
190 (Figure 2I). These data provide direct support that T_{regs} are required for sRAGE to protect against
191 diabetes.

192 sRAGE competes for RAGE ligands that are also recognized by other receptors including
193 TLRs (Das et al., 2016). Thus, we investigated if the capacity for sRAGE to preferentially
194 increase T_{regs} was dependent on RAGE expression. First, we established that cell surface RAGE
195 was present on $CD4^+CD8^-CD25^+Foxp3^+$ T_{regs} in the PLN and spleen in NOD/ShiLt mice on day
196 50 of life (Figure 3A and 3B), which is when we commenced sRAGE treatment in our multi-site
197 preclinical trial. Then, in the widely used C57BL/6 strain, we administered sRAGE to wild-type
198 or RAGE knockout (RAGE KO) mice on days 50 to 64 of life (Figure 3C).

199 Consistent with our findings in NOD/ShiLt mice, there was a significant increase in the
200 $T_{\text{reg}}/T_{\text{eff}}$ cell ratios in both the PLN and spleen of wild-type C57BL/6 mice administered sRAGE
201 (Figure 3D). However, sRAGE treatment in RAGE KO mice did not alter $T_{\text{reg}}/T_{\text{eff}}$ cell ratios in
202 these lymphoid tissues (Figure 3E).

203 We interrogated expression of the proliferation marker Ki67, as well as T_{reg} activation
204 markers TIGIT, KLRG1, CD44 and CD62L (representative histograms and dot plots shown in
205 Figure 3F) in the PLN and spleen of both wild-type and RAGE KO mice administered sRAGE.
206 Consistent with the elevated $T_{\text{reg}}/T_{\text{eff}}$ cell ratios, the proportion of $CD4^+CD8^-CD25^+Foxp3^+$ T_{regs}
207 expressing Ki67 in wild-type mice had increased after sRAGE treatment, whereas $CD4^+CD8^-$

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208 Foxp3⁻ T_{conv} expression of Ki67 had declined (Figure 3G). This suggested that T_{reg} proliferation
209 was a significant contributor to elevating the T_{reg}/T_{eff} cell ratios, rather than other possible
210 scenarios such as improved T_{reg} emigration into the lymphoid tissues. T_{reg} TIGIT and KLRG1
211 expression were also elevated following sRAGE administration in wild-type mice (Figure 3G),
212 indicating the presence of activated and highly proliferative T_{regs} (Fuhrman et al., 2015). sRAGE
213 treated T_{regs} in wild-type mice also presented a more activated phenotype based on their
214 expression of the CD62L and CD44 adhesion molecules, with a reduced proportion of
215 CD62L⁺CD44⁻ naïve T_{regs}, and an increased proportion of CD62L⁻CD44⁺ effector and
216 CD62L⁺CD44⁺ memory T_{regs} (Figure 3G). The expression of Ki67, TIGIT, KLRG1, CD62L and
217 CD44 were unchanged in the RAGE KO cohort following sRAGE therapy (Figure 3H).
218 Collectively, these data show that the activation and expansion of T_{regs} by sRAGE is dependent
219 on cellular RAGE expression, which improves the balance of CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} to
220 T_{eff} cells in mice.

221 **Targeted Reduction of Advanced Glycation End Products (AGEs) by sRAGE**

222 sRAGE binds a variety of ligands implicated in the pathogenesis of T1D (Leung et al., 2016)
223 including the heterogeneous class of compounds named advanced glycation end products
224 (AGEs), high mobility group box 1 protein (HMGB1) and S100 calgranulins. To test if sRAGE
225 resulted in a targeted reduction of a particular ligand, we analyzed circulating concentrations of
226 these ligands in NOD/ShiLt mice. On day 64, immediately after sRAGE treatment, there were no
227 changes in the circulating concentrations of AGEs, including N ϵ -(carboxymethyl)lysine (CML),
228 N ϵ -(carboxyethyl)lysine (CEL) or methylglyoxal-derived hydroimidazolone (MG-H1; Table 1).
229 There were also no differences in the circulating AGE precursors methylglyoxal (MGO), glyoxal
230 (GO) or 3-deoxyglucosone (3-DG), immediately following sRAGE treatment (Table 1).

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231 However, on day 225, all plasma AGE concentrations were decreased in the sRAGE treated
232 group (vs. vehicle; Table 1). Plasma concentrations of other RAGE ligands, S100A8, S100A9,
233 S100B and HMGB1 did not differ between sRAGE and vehicle treated groups on either day 64
234 or 225 (Table 1). These findings support the hypothesis that sRAGE treatment results in a
235 targeted long-term reduction in the circulating ligand AGEs, which is associated with protection
236 against diabetes.

237 **Islet Insulin and T_{reg} Proportions are Increased after sRAGE Treatment**

238 We hypothesized that sRAGE could also increase the proportion of T_{regs} within pancreatic
239 islets, thereby providing local immunoregulation and a direct improvement in insulin expression.
240 We tested this by multiplexed immunofluorescence staining of pancreatic tissues in NOD/ShiLt
241 mice, which showed that CD3⁺CD4⁺FoxP3⁺ T_{reg} proportions were increased on both day 64 and
242 225 in the sRAGE treated mice (Figure 4A and 4C). Similarly, we observed an improvement in
243 insulin expression on both days 64 and 225 following sRAGE treatment (Figure 4B and 4C).
244 These improvements in insulin expression were significantly correlated with the proportion of
245 islet T_{regs} (Figure 4D), highlighting the importance of T_{reg} modulation in improving insulin
246 expression.

247 Finally, we performed oral glucose tolerance tests (OGTTs) to assess if these improvements
248 in insulin expression would translate into functional improvements in glucose control. The
249 improvements in oral glucose tolerance emerged gradually, with no differences evident on day
250 64 (Figure S5A-S5E), an increase in insulin secretion seen prediabetes on day 80 (Figure S5F-
251 S5J), and a marked improvement in glucose control and insulin action seen on day 225 (Figure
252 4E-4I). Specifically, on day 225, sRAGE treated mice had significantly lower fasting blood
253 glucose levels before the oral glucose bolus (vs. vehicle; Figure 4E), as well as lowered blood

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254 glucose concentrations at 15, 60 and 120 minutes post-glucose bolus (vs. vehicle; Figure 4E).
255 While the area under the curve for glucose (AUC_{glucose}), plasma insulin and the AUC_{insulin} did not
256 differ on day 225 (Figure 4F-4H), the $AUC_{\text{glucose:insulin}}$ ratio, an indicator of insulin effectiveness,
257 was significantly lower in sRAGE treated mice (Figure 4I), suggesting an improvement in
258 insulin action. Altogether, these findings demonstrate that sRAGE increases T_{regs} and insulin
259 expression in the pancreatic islets, resulting in a persisting functional improvement in oral
260 glucose tolerance by the study end.

261 **sRAGE Promotes the Proliferation of Functional Human Natural T_{regs} (nT_{regs}) in Co-**
262 **Culture**

263 The circulating RAGE ligand, AGEs, are independent predictors for the development of T1D
264 in humans (Beyan et al., 2012) and sRAGE treatment led to a targeted decrease in circulating
265 AGEs (Table 1). Therefore, we hypothesized that AGEs directly bind human T_{regs} , influencing
266 their proliferation and function. To this end, freshly isolated $CD3^+CD3^+CD25^+CD127^{\text{lo/-}}$ human
267 T_{regs} (Figure S6A and S6B), of which $90.2 \pm 7.1\%$ were positive for FoxP3 (Figure S6C and
268 S6D), were incubated with fluorescently labelled AGEs. These cells showed a time-dependent
269 increase in cellular fluorescence intensity (Figure 5A), indicative of binding and cellular uptake.
270 By contrast, co-administration of neutralizing anti-RAGE antibodies abrogated cellular
271 fluorescence from labelled AGEs (Figure 5A), suggesting that a significant amount of AGEs
272 bind to human T_{regs} in a RAGE-dependent manner. Human T_{regs} incubated with fluorescently
273 labelled human serum albumin (HSA) also had less cellular fluorescence, as compared with T_{regs}
274 incubated with AGEs, supporting the idea that AGE binding to human T_{regs} occurs is a RAGE
275 specific mechanism (Figure 5A).

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276 We tested the effects of sRAGE on various conditions conducive to the proliferation or
277 generation of human T_{regs} *ex vivo*. First, we co-cultured $CD3^+CD4^+CD25^+CD127^{\text{lo/-}}$ natural T_{regs}
278 (nT_{regs}) and $CD3^+CD4^+CD25^-$ T_{convs} obtained by FACS from fresh human PBMCs (Figure S6),
279 and labeled with CFSE or CellTrace Violet respectively, in the presence of the RAGE ligand
280 AGEs, with or without sRAGE treatment (Figure 5B). Here, we found that sRAGE accelerated
281 nT_{reg} proliferation whilst decreasing the proliferation index of T_{convs} (Figure 5B-5D). These
282 effects occurred through PI3K-Akt-mTOR signaling since the addition of wortmannin and
283 triciribine, inhibitors of this pathway, resulted in dose-dependent quenching of nT_{reg} proliferation
284 (Figure 5B-5D). This is consistent with previous findings that show the proliferation of nT_{regs}
285 requires PI3K-Akt-mTOR activation (Wang et al., 2011). Similarly, the proliferation of sRAGE
286 treated T_{conv} cells was further decreased in the presence of wortmannin and triciribine (Figure
287 5B-5D). Altogether, this data supports a role for sRAGE in promoting nT_{reg} proliferation in co-
288 culture.

289 We also tested if sRAGE could promote the generation of induced T_{regs} (iT_{regs}). Here,
290 $CD3^+CD4^+CD45RA^+CD45RO^-$ naïve human T cells were isolated (Figure S7A and S7B),
291 stimulated as previously described (Ellis et al., 2012) in the presence of AGEs and analyzed for
292 iT_{reg} differentiation (Figure S7C-S7E). In these conditions, sRAGE treatment led to a reduction
293 in iT_{reg} generation (Figure S8), which suggests the differentiation of iT_{regs} does not contribute to
294 increasing the overall population of T_{regs} after sRAGE treatment.

295 **AGEs Promote Human nT_{reg} Proliferation in Monoculture but Inhibit Suppressive**
296 **Function**

297 To further investigate the hypothesis that sRAGE maintains the proliferative balance between
298 nT_{regs} and T_{convs} , we performed nT_{reg} monoculture experiments in the presence of AGEs with or

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299 without sRAGE administration (Figure 5E). Here, we found that sRAGE increased the mean
300 fluorescence intensity (MFI) of CFSE labeled nT_{regs} (vs. vehicle; Figure 5E and 5F), suggesting
301 that sRAGE inhibits the proliferation of nT_{regs} when other T cell populations are absent. This
302 finding is consistent with previous studies where RAGE KO inhibits T_{conv} proliferation (Chen et
303 al., 2008). To the best of our knowledge, however, there are no studies showing a role for RAGE
304 in nT_{reg} proliferation. Here, our data supports a role for the RAGE ligand, AGEs, in promoting
305 the proliferation of nT_{regs} cultured in isolation.

306 However, proliferation of nT_{regs} can be associated with a loss of suppressive function
307 (Gerriets et al., 2016; Putnam et al., 2009), so we postulated that although AGEs induce the
308 proliferation of nT_{regs} in the absence of other T cell populations, they limit their function. To test
309 this, we performed human nT_{reg} monoculture experiments and quantified changes in gene
310 expression using NanoString. Principal component analyses (PCA) distinctively separated the
311 HSA (control) and AGE treated nT_{regs} (Figure 6A), particularly along principal component 1
312 (PC1) that accounted for 56% of the variance overall. HSA treated nT_{regs} were enriched in the
313 expression of genes involved in nT_{reg} function (*JAK1*, *IRF4*, *SOCS1*; Figure 6A) (Cretney et al.,
314 2011; Kirken et al., 1995; Takahashi et al., 2017), while AGE treatment decreased the expression
315 of these functional nT_{reg} genes.

316 Differentially expressed genes were visualized by volcano plot (Figure 6B) where we found
317 that AGE treated nT_{regs} had reduced expression of key nT_{reg} genes including *FOXP3*, *IL7R*,
318 *TIGIT* and *STAT5b* (Cohen et al., 2006), as well as several other genes that promote nT_{reg}
319 function (*BACH2*, *CD96*, *IL10RA*, *JAK1/3*, *ITK*, *CD27*, *IRF4*, *STAT3/6*, *CD226*) (Chaudhry et
320 al., 2011; Cretney et al., 2011; Duggleby et al., 2007; Fuhrman et al., 2015; Huang et al., 2014;
321 Kirken et al., 1995; Pallandre et al., 2007; Piedavent-Salomon et al., 2015; Roychoudhuri et al.,

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322 2013; Sanchez-Guajardo et al., 2007) and migration (*CCR4*, *AHR*) (Gobert et al., 2009; Ye et al.,
323 2017). Interestingly, AGE treated nT_{regs} also had changes in the expression of granzymes A/B/K
324 and granulysin (*GZMB*, *GZMB*, *GZMK*, *GNLY*) and decreased expression of *EOMES* (Figure
325 6B), a marker for T cell exhaustion.

326 Pathway enrichment analysis of genes downregulated by AGEs identified significant
327 biological pathways including interleukin 7 and interleukin 2 family signaling, JAK/STAT
328 signaling pathway, as well as the PDGF/EGFR signaling pathways (Figure 6C) that all play a
329 role in maintaining nT_{reg} function (Lo Re et al., 2011; Wang et al., 2016). Ingenuity Pathway
330 Analysis predicted 161 statistically significant upstream regulators associated with the changes
331 in gene expression caused by AGE treatment (Figure 6D and Table S1). Of interest, the top ten
332 upstream regulators included key nT_{reg} signaling molecules (*CD28*, *IL2*, *CD3*, *STAT3*, TCR) as
333 well as other T cell associated proteins (*IL4*, *TBX21*, *NPC2*, *CEBPB*, *GATA3*; Figure 6D). These
334 data are consistent with a role for the RAGE ligand, AGEs, in influencing crucial nT_{reg} signaling
335 cascades. Finally, we performed network analysis, focusing on the most statistically significant
336 network (Table S2), which identified neighboring nodes for *FOXP3* and several genes upstream
337 (*IL10RA*, *STAT3/5B*, *NFATC2*) and downstream (*IL7R*, *CCR4*) of *FOXP3*, which were changed
338 in expression following AGE treatment (Figure 6E). Predicted upstream regulators after AGE
339 treatment (*CD3*, TCR; Figure 6D) were also neighboring nodes with *FOXP3* (Figure 6E). All
340 other genes were either two or three nodes adjacent of *FOXP3* (Figure 6E), highlighting the
341 intimate cross-talk amongst genes influenced by AGEs and the nT_{reg} master regulatory gene
342 *FOXP3*.

343 These data provide strong evidence that despite promoting human nT_{reg} proliferation in the
344 absence of other T cell populations, AGE treatment results in a loss of suppressive function.

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345 These functional defects can be rescued by the competitive RAGE antagonist sRAGE in co-
346 culture where it expands functional human nT_{regs} that suppress T_{conv} proliferation. Taken together
347 with the efficacy of sRAGE to expand T_{regs} and prevent diabetes in mice, we propose that
348 sRAGE therapy should be tested in at-risk individuals to prevent the onset of T1D.

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349 **Discussion**

350 There is an urgent unmet need for novel disease targets and treatments that are reproducible
351 and have high potential to be translated to prevent T1D in humans (Insel et al., 2015). Here, we
352 report that a RAGE antagonist sRAGE has a novel immunomodulatory role where it maintains
353 the balance between T_{regs} and T_{effs} , a critical process in self-tolerance (Brusko et al., 2005). We
354 show that sRAGE treatment in several mouse models resulted in increased T_{reg} ratios in the PLN
355 and spleen, which are lymphoid tissues that have both been implicated in the pathogenesis of
356 diabetes (McNally et al., 2011), as well as within the pancreatic islet immune cell infiltrate.
357 Using human T cell culture, we found that sRAGE promoted the expansion of functional human
358 nT_{regs} , whereas the RAGE ligand AGEs significantly impaired their suppressive function.
359 Ultimately, we show that short-term intervention with sRAGE restored $T_{\text{reg}}/T_{\text{eff}}$ ratios, protecting
360 against diabetes onset at two independent research centers.

361 Immediately after sRAGE therapy on day 64, islet infiltration was reduced, which was
362 accompanied by increases in the absolute numbers of T_{regs} as well as $T_{\text{reg}}/T_{\text{eff}}$ ratios in the PLN.
363 These changes in the PLN are critical for islet preservation and arresting disease progression,
364 since T_{regs} localized here suppress the priming of autoantigen specific T cells (McNally et al.,
365 2011), which would otherwise infiltrate the pancreatic islets. The transient increase in PLN
366 leukocytes is consistent with previous work where sRAGE showed immunomodulatory effects
367 on monocytes, macrophages and B cells (Pullerits et al., 2006). Here, we also found an increase
368 in macrophage numbers following sRAGE treatment on day 64. Further investigation into their
369 phenotype is warranted since changes in the macrophage transcriptome associates with T1D
370 (Ferris et al., 2017). Interestingly, we report increased numbers of dendritic cell subsets within
371 the spleen, but not the PLN, suggesting that they are not significant contributors in the expansion

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372 of T_{regs} within the major draining lymphoid tissue in T1D. In support of this, we also delineated
373 that the modulation of T_{regs} specifically, using anti-FR4 antibodies to deplete T_{regs} , is critical for
374 the protection afforded against diabetes by sRAGE. T_{reg} immunomodulation comparable to this
375 has also been seen with other interventions that are lead candidates for the treatment of T1D
376 (Sherry et al., 2011). Further development of sRAGE therapy to optimize the dosing regimen and
377 therapeutic window is likely to result in even more efficacious outcomes, which will facilitate its
378 competition with the current lead candidate agents. We also acknowledge that recombinant
379 human sRAGE is unlikely to be immunogenic since it is an endogenous protein, but it would be
380 worthwhile investigating if RAGE-specific autoantibodies were produced as a result of this
381 treatment.

382 By day 80, islet infiltration was modestly increased in sRAGE treated mice, which could
383 reflect differences in the type of infiltrating immune cells present. Indeed, it is likely that there
384 are increased numbers of infiltrating T_{regs} at this time point in sRAGE treated mice, but we
385 highlight that this remains untested. In support of this hypothesis, we found that sRAGE
386 treatment had increased the proportion of T_{regs} in the islets on days 64 and 225, which associated
387 with reduced islet infiltration by the study end. By day 225, sRAGE treatment had also improved
388 oral glucose tolerance and insulin expression to preserve pancreatic islet numbers, which reflects
389 the protection against diabetes (Sosenko et al., 2012). Given that early short-term intervention
390 with sRAGE improved the balance of T_{regs} , imparting persistent improvements in autoimmunity
391 and glycemic control, this therapy shows promise in preventing the onset of clinical T1D.

392 Mice deficient in RAGE could not increase $T_{\text{reg}}/T_{\text{eff}}$ cell ratios within lymphoid tissues
393 following sRAGE intervention, which alludes to the importance of cellular RAGE antagonism
394 for the mechanism of this therapy. RAGE plays an important role in T cell survival (Durning et

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395 al., 2016) and proliferation (Chen et al., 2008), including in individuals at-risk of T1D, but there
396 has been no delineation as to whether this applies to specific T cell subsets such as T_{regs} .
397 Furthermore, there is no data examining whether RAGE impacts T_{reg} function. In the current
398 study, we confirmed the expression of RAGE on T_{regs} in the PLN and spleen of NOD/ShiLt mice
399 and found that sRAGE treatment improved localized $T_{\text{reg}}/T_{\text{eff}}$ ratios after therapy completion. In
400 the long-term, sRAGE treated mice had reduced circulating concentrations of the heterogeneous
401 class of RAGE ligands termed AGEs, including CML, CEL and MG-H1, and increased splenic
402 $T_{\text{reg}}/T_{\text{eff}}$ cell ratios. Similarly, sRAGE increased $T_{\text{reg}}/T_{\text{eff}}$ ratios, as well as the expression of the
403 T_{reg} activation markers Ki67, TIGIT, KLRG1 and CD44, in wild-type C57BL/6 but not RAGE
404 KO mice. It was noteworthy that RAGE KO mice did not have changes in $T_{\text{reg}}/T_{\text{eff}}$ ratios as
405 compared with WT mice prior to sRAGE treatment. This could suggest that long-term depletion
406 of RAGE leads to the normalization of $T_{\text{reg}}/T_{\text{eff}}$ ratios, potentially by compensatory signaling
407 through receptors which share ligands with RAGE such as toll-like receptors (TLRs). In support
408 of this, crosstalk between RAGE and TLRs has been found to synergistically drive inflammation
409 via NF- κ B (Gasiorowski et al., 2018). However, as alluded to in this study, the function of T
410 cells and T_{regs} in RAGE KO mice may be compromised.

411 In children who progress to T1D, circulating sRAGE concentrations are decreased prediabetes
412 (Forbes et al., 2011; Salonen et al., 2015; Salonen et al., 2016) and increases in the RAGE ligand
413 AGEs are independent predictors of progression to T1D (Beyan et al., 2012). To this end, short-
414 term sRAGE treatment facilitated long-lived decreases in circulating protein-bound AGEs
415 (CML, CEL and MG-H1), alongside improved insulin expression and action in mice. We also
416 demonstrated that AGEs promoted human nT_{reg} proliferation when these cells were cultured
417 alone but this resulted in significant impairment of nT_{reg} function. By contrast, sRAGE treatment

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418 led to the expansion of functional human nT_{regs}, since sRAGE increased the proliferation of
419 nT_{regs} that could inhibit T_{conv} cell division in co-culture.

420 We highlight the importance for future studies to perform the functional assays presented in
421 this study not only using healthy human T_{regs}, but also in T cells obtained from individuals with
422 presymptomatic and overt T1D, to expand our knowledge about the role of RAGE in T_{reg}
423 function in this disease context. Furthermore, the use of tetramer complexes could help confirm
424 if the effects observed on T cells in this study translate to changes in the numbers and function of
425 autoantigen-specific T cells and T_{regs} that are known to affect T1D pathogenesis. Finally, the use
426 of humanized mice with human umbilical cord blood stem cells or bone marrow, liver and
427 thymus (“BLT”) transplants could further progress the therapeutic development of sRAGE by
428 demonstrating its efficacy using an *in vivo* human immune system. Overall, RAGE and RAGE
429 ligand biology clearly require further interrogation to better understand their contribution to
430 antigen-specific T cell and T_{reg} responses in T1D.

431 In summary, we have shown that sRAGE is an immunomodulatory compound and is an
432 important factor in balancing T_{reg} responses to their environment, including through the RAGE
433 ligand AGEs. This was ascertained using human T cell assays as well as using murine models
434 that were RAGE deficient or at high-risk of autoimmune diabetes, where the presence of
435 functional T_{regs} is known to be compromised. We showed that a short-term two-week
436 intervention with sRAGE elicited persistent effects on the immune system, ultimately preserving
437 β cell function and reducing diabetes incidence in a multi-site preclinical trial. Given that
438 sRAGE is a native protein that is reduced in children at risk of T1D, and has persistent benefits
439 on insulin expression, oral glucose tolerance and T_{reg}/T_{eff} ratios, we suggest that this treatment is
440 a promising new therapy for further development to prevent T1D.

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441 **Materials and Methods**

442 **Mice**

443 Female NOD/ShiLt mice were housed in specific pathogen-free conditions at two independent
444 research centers – Site 1, Translational Research Institute, Brisbane, Australia; and Site 2, Type 1
445 Diabetes Research Center, Novo Nordisk, Seattle, US. Mice were sourced from The Animal
446 Resources Centre (Canning Vale, Australia; Site 1) or The Jackson Laboratory (Sacramento, CA,
447 US; Site 2), and were provided free access to irradiated diet (Site 1, Specialty Feeds Rat and
448 Mouse Diet; Site 2, Purina Lab Diet 5053) and water (Site 1, autoclaved; Site 2, filtered). Sample
449 size calculations were performed using $\alpha = 0.05$ and a power of 0.80, where 80% of the control
450 mice were expected to develop diabetes by the study end as per historical data available in the
451 animal facilities.

452 Female NOD/SCIDs, wild-type C57BL/6 and RAGE KO C57BL/6 (Liliensiek et al., 2004)
453 mice were housed at Site 1. Animal studies were approved at both sites by their respective
454 institutional ethics committees and adhered to national guidelines by the National Health and
455 Medical Research Council (NHMRC, Australia) and NIH (US).

456 **Human Samples**

457 Human whole blood specimens were obtained by venipuncture using citrate-phosphate-
458 dextrose-adenine or EDTA anti-coagulants and transported to the laboratory within 1-2 hours.
459 Human donors were healthy volunteers, 18-65 years of age and provided informed consent.
460 Experiments were approved by the Mater Ethics Committee.

461 **sRAGE Therapy**

462 Randomized mice were intraperitoneally injected on days 50-64 of life with 100 μ L
463 recombinant human sRAGE (25 μ g) twice daily (Sites 1 and 2), vehicle (PBS) twice daily (Site

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464 1), sRAGE (100 µg) once daily (Site 2), or untreated (Site 2). Treatment dosages was based on
465 previous studies using sRAGE, which were able to detect changes in end points using 25-100 µg
466 sRAGE per day (Pullerits et al., 2006; Wang et al., 2010). Recombinant sRAGE was produced
467 using an insect cell and baculovirus expression system with the cloned sequence for human
468 endogenous secretory RAGE (esRAGE; from herein, sRAGE). Recombinant sRAGE was
469 isolated using size exclusion and affinity chromatography, and protein purity determined to be
470 >99% by SDS-PAGE and Western Blot. Endotoxin levels were 0.065 EU/mg (0.00325 EU/day
471 and 0.0065 EU/day for 25 µg twice daily and 100 µg once daily dosages, respectively) as
472 determined by limulus amebocyte lysate (LAL) assay.

473 Mice were fasted for 4-6 h and euthanized on day 64, 80 or for non-progressors on 225 of
474 life. Non-fasted blood glucose concentrations were measured weekly using a glucometer (Site 1,
475 SensoCard; Site 2, Bayer Contour USB) between days 50-225. Diabetes was diagnosed when
476 this exceeded 15 mmol/L on consecutive days at which point these progressors left the study.

477 **Adoptive Transfer**

478 Splenocytes (10^7) from untreated female NOD/ShiLt mice diagnosed with diabetes within
479 seven days were intravenously injected (200µL) into 5-9 week old female NOD/SCID recipients
480 (Leiter, 2001). Briefly, splenocytes were mechanically dissociated using 70µm filters, red cell
481 lysis performed using ammonium-chloride-potassium (ACK) buffer (ThermoFisher) and
482 splenocytes washed several times into serum-free mouse-tonicity PBS (MT-PBS) for injection *in*
483 *vivo*. Randomized NOD/SCID mice were then administered the following treatments for two
484 weeks post-adoptive transfer: (i) PBS and rat isotype control IgG2b antibodies (RTK4530;
485 BioLegend), (ii) PBS and anti-FR4 antibodies (TH6; BioLegend) for the depletion of T_{regs} via
486 their selective expression of FR4 (Yamaguchi et al., 2007), (iii) sRAGE and isotype control

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487 antibodies, or (iv) sRAGE and anti-FR4 antibodies. PBS and sRAGE (25 μ g) were given twice
488 daily, as above. Isotype control and anti-FR4 antibodies (10 μ g for both) were given on days 0,
489 3, 7, 10 and 14, and endotoxin levels were <0.01 EU/ μ g (<0.1 EU/injection) as determined by
490 LAL assay. Diabetes was monitored and diagnosed as above.

491 **Oral Glucose Tolerance Tests (OGTTs)**

492 Mice were fasted for 4-6 h and administered a 2 g/kg glucose bolus by intragastric gavage. At
493 0, 15, 30, 60 and 120 min post-glucose bolus, blood glucose and plasma insulin were measured
494 by glucometer and ELISA (Crystal Chem), respectively.

495 **RAGE Ligand Assays**

496 Fasting plasma S100A8/A9 (R&D DuoSet), S100B (Abxexa), and HMGB1 (Shino-Test)
497 were measured by ELISA. Circulating AGEs and dicarbonyls were measured by liquid
498 chromatography-tandem mass spectrometry (LC-MS/MS) as previously described (Scheijen and
499 Schalkwijk, 2014).

500 **Islet Histology and Immunofluorescence Staining**

501 Formalin fixed tissue sections (4-5 μ m) were deparaffinized and rehydrated using standard
502 techniques, then stained with H&E, coverslipped in DPX and imaged on the VS1200 brightfield
503 microscope (Olympus). Islet infiltration was assessed in a blinded fashion using an islet
504 infiltration index from 0 to 1 (no infiltration to complete infiltration), and individual islets graded
505 as 0, 1, 2, 3 or 4 (no infiltration to $>75\%$ infiltration) as previously described.

506 For multiplexed immunofluorescence staining, antigen retrieval was performed using sodium
507 citrate buffer (pH 6). Non-specific binding was blocked using 10% donkey serum at room
508 temperature for 1 hour, then sections were incubated with rabbit anti-CD3 (SP7, Abcam), goat

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509 anti-CD4 (#AF554, polyclonal; R&D Systems) and biotinylated anti-FoxP3 (FJK-16s;
510 eBioscience) antibodies overnight at 4°C, followed by incubation with anti-rabbit IRDye 800CW
511 (#926-32213; Li-cor Biosciences), anti-goat AlexaFluor568 (#A11057; ThermoFisher), and
512 streptavidin-AlexaFluor647 (#S32357; ThermoFisher) at room temperature for 1 hour. Sections
513 were blocked again as described above, then incubated with rat anti-insulin antibody (182410;
514 R&D Systems) overnight at 4°C, followed by incubation with anti-rat AlexaFluor488 (#A21208)
515 at room temperature for 1 hour. Sections were coverslipped in Fluoroshield with DAPI and
516 images captured on the FV1200 confocal microscope (Olympus). Quantification was performed
517 in a blinded fashion using ImageJ v2.0.0.

518 **Flow Cytometry and Cell Sorting**

519 Mouse spleen and PLN were mechanically dissociated into single cells using 40µm filters and
520 red cell lysis performed using ACK buffer (ThermoFisher). Blocking was performed using anti-
521 CD16/CD32 antibodies (BD Biosciences) and cells were stained using antibodies against CD4
522 (RM4-5, BD Biosciences unless indicated), CD8 (53-6.7), CD11b (M1/70), CD11c (HL3), B220
523 (RA3-6B2), F4/80 (CI:A3-1; Bio-Rad), CD62L (MEL-14), CD44 (IM7), CD25 (PC61), FoxP3
524 (FJK-16s, eBioscience), TIGIT (1G9, BioLegend unless indicated), KLRG1 (2F1) and Ki67
525 (16A8). Samples were analyzed on the LSRII (BD Biosciences) and FlowJo (Tree Star Inc).

526 Human PBMCs were isolated by Ficoll and incubated with antibodies against CD3 (OKT3,
527 BioLegend unless indicated), CD4 (RPA-T4), CD25 (BC96), CD127 (A019D5) and FoxP3
528 (PCH101; eBioscience). Dead cells were excluded using a Live/Dead viability dye
529 (ThermoFisher) and blocking was performed using Human TruStain FcX (BioLegend).
530 CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} and CD3⁺CD4⁺CD25⁻ T_{conv}s were isolated on the Astrios
531 (Beckman Coulter) or FACSARIA (BD Biosciences) and analyzed using FlowJo (>97% nT_{reg} and

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532 T_{conv} purity). CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} were 90.2 ± 7.1% FoxP3 positive using human
533 PBMCs (Figure S6C and S6D), consistent with previous studies which have examined the use of
534 CD3⁺CD4⁺CD25⁺CD127^{lo/-} cells for isolating live, viable nT_{regs} for *ex vivo* assays (Putnam et al.,
535 2009).

536 **Human T Cell Culture**

537 Human nT_{regs} were CFSE labelled and cultured in TexMACs (Miltenyi Biotec) supplemented
538 with 10% heat inactivated fetal bovine serum (HI-FBS, Life Technologies unless indicated), 100
539 U/mL penicillin-streptomycin, 10 µM β-mercaptoethanol and 100 µg/mL AGE-modified HSA
540 (AGE-HSA or AGE) at a final number of 2.5x10⁴ cells in a U-bottom 96-well plate. T_{conv}s were
541 CellTrace Violet labelled and added to a final number of 2.5x10⁴ cells. Cells were stimulated
542 using anti-CD3/CD28 MACSiBeads at a 1:10 bead-to-cell ratio. Co-cultures were treated with
543 50 µg sRAGE or PBS daily, for 72 h at 37 °C/5% CO₂. Proliferation was analyzed using CFSE
544 and CellTrace Violet dye dilution on the LSRFortessa (BD Biosciences) and FlowJo.

545 CFSE labeled human nT_{regs} were also grown in monoculture using TexMACs supplemented
546 with 10% HI-FBS, 100 U/mL penicillin-streptomycin, 10 µM β-mercaptoethanol and 200 IU/mL
547 IL-2 at a final number of 2x10⁴ cells in a U-bottom 96-well plate. Cells were stimulated using
548 anti-CD3/CD28 MACSiBeads at a 1:20 bead-to-cell ratio. Cells were treated with 100 µg/mL
549 HSA or AGEs for 72 h at 37 °C/5% CO₂, and analyzed as above.

550 For gene expression analysis, unlabeled nT_{regs} were grown in monoculture under the
551 conditions as described above for 72 h and anti-CD3/CD28 MACSiBeads removed by EasySep
552 Magnet. RNA was isolated using RNAzol RT (Astral Scientific) per manufacturer's instructions
553 with the use of molecular grade isopropanol and ethanol (Sigma Aldrich) for RNA precipitation.
554 Briefly, cells were lysed and centrifuged to separate the aqueous phase which contained RNA.

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555 Multiple ethanol washes were performed before resuspension of the purified RNA pellet. RNA
556 quality and quantity were probed using an Implen NanoPhotometer N60 (LabGear). 100 ng RNA
557 was hybridized overnight using a NanoString Custom CodeSet for 136 T cell specific genes.
558 Normalization of raw counts was performed using NanoString NSolver software with the
559 housekeeping genes *ACTB*, *B2M*, *GAPDH*, *HPRT1* and *RPLP0* (panel in Table S3).

560 Naïve CD4⁺ T cells were negatively isolated from fresh PBMCs by EasySep (Stem Cell
561 Technologies; >95% purity). Cells were stimulated (Ellis et al., 2012), treated with 100 µg/mL
562 AGEs and 50 µg sRAGE or PBS daily for 72 h at 37 °C/5% CO₂, and analyzed for
563 CD3⁺CD4⁺CD25⁺CD127^{lo/-} iT_{reg} differentiation on the LSRFortessa (BD Biosciences) and
564 FlowJo.

565 **AGE-HSA Production**

566 AGE-HSA was produced by incubating 20 mg/mL fatty acid-free, cold ethanol precipitated
567 human serum albumin (Sigma) and 0.5 M D-(+)-glucose (Sigma) in HyClone PBS (GE
568 Healthcare) for 3 months at 37°C in the dark. Solutions were dialyzed in PBS (GE Healthcare) with
569 10K MWCO Slide-A-Lyzer Cassettes (ThermoFisher), 0.22 µm filtered and stored at -80°C.

570 Endotoxins were determined to be <1 EU/mL (<0.005 EU/mL at final concentrations in human cell
571 culture experiments) by Limulus Amebocyte Lysate Assay. Quantification of AGE-HSA glycation
572 adducts – RAGE ligands – was performed using LC-MS/MS as described above, producing the
573 following concentrations: 646,568 nM CML, 45,279 nM CEL and 198,454 nM MG-H1 (28-, 22- and 11-
574 fold increases in glycation adduct concentrations respectively, as compared with unmodified HSA).

575 **Human nT_{reg} Binding Assay**

576 Human nT_{regs} were stained using Hoechst 33342 (ThermoFisher) and cultured in phenol-free
577 RPMI-1640 (ThermoFisher) in glass chambers and administered 100 µg/mL HSA-

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578 AlexaFluor488, AGE-AlexaFluor488, or AGE-AlexaFluor488 and anti-RAGE antibody
579 (#AB5484, Merck) for the durations indicated. Cells were imaged on the FV1200 confocal
580 microscope and quantification was performed in a blinded fashion using ImageJ.

581 **Quantification and Statistical Analysis**

582 Statistical analyses were performed using GraphPad v5.01 and $P < 0.05$ was considered
583 statistically significant. Comparisons were done using biological not technical replicates which
584 are shown in all figures. Normality was tested by Kolmogorov-Smirnov test. Means were
585 compared by two-tailed Student's t-test and shown as mean \pm SD. Medians were compared by
586 two-tailed Mann-Whitney U-test and shown as median (IQR). Kaplan-Meier survival curves
587 were compared by log-rank test. Regression lines were compared by ANCOVA. Proportions
588 were compared by Fischer's test. Gene expression was analyzed using R v.3.4.4 for PCA and
589 volcano plots, DAVID v.6.8 for Reactome Pathway enrichment, PANTHER v.14.0 for Gene
590 Ontology overrepresentation and Ingenuity Pathway Analysis v.1.14 for identification of
591 upstream regulators and network analysis (P values were adjusted using false discovery rate or
592 Bonferroni).

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593 **Author Contributions:** SSL designed and performed experiments, analyzed and interpreted data
594 and prepared the manuscript. DJB, DAMc, AZ, AKF, NF, TW, JJM, JLS and CGS performed
595 experiments. TEB designed and JC performed the incidence experiment at the second site and
596 both completed its data analyses and interpretation. KJR assisted with the human study design
597 and completion. RJS, P-HG, MK, led by JMF conceptualized and designed the overall study,
598 gained financial support and completed data analyses and interpretation. All authors edited and
599 approved the final manuscript.

600 **Competing Interests:** P-HG is a board member of AbbVie, AstraZeneca, Boehringer Ingelheim,
601 Cebix, Eli Lilly, Janssen, Medscape, Novartis, Novo Nordisk and Sanofi. P-HG received lecture
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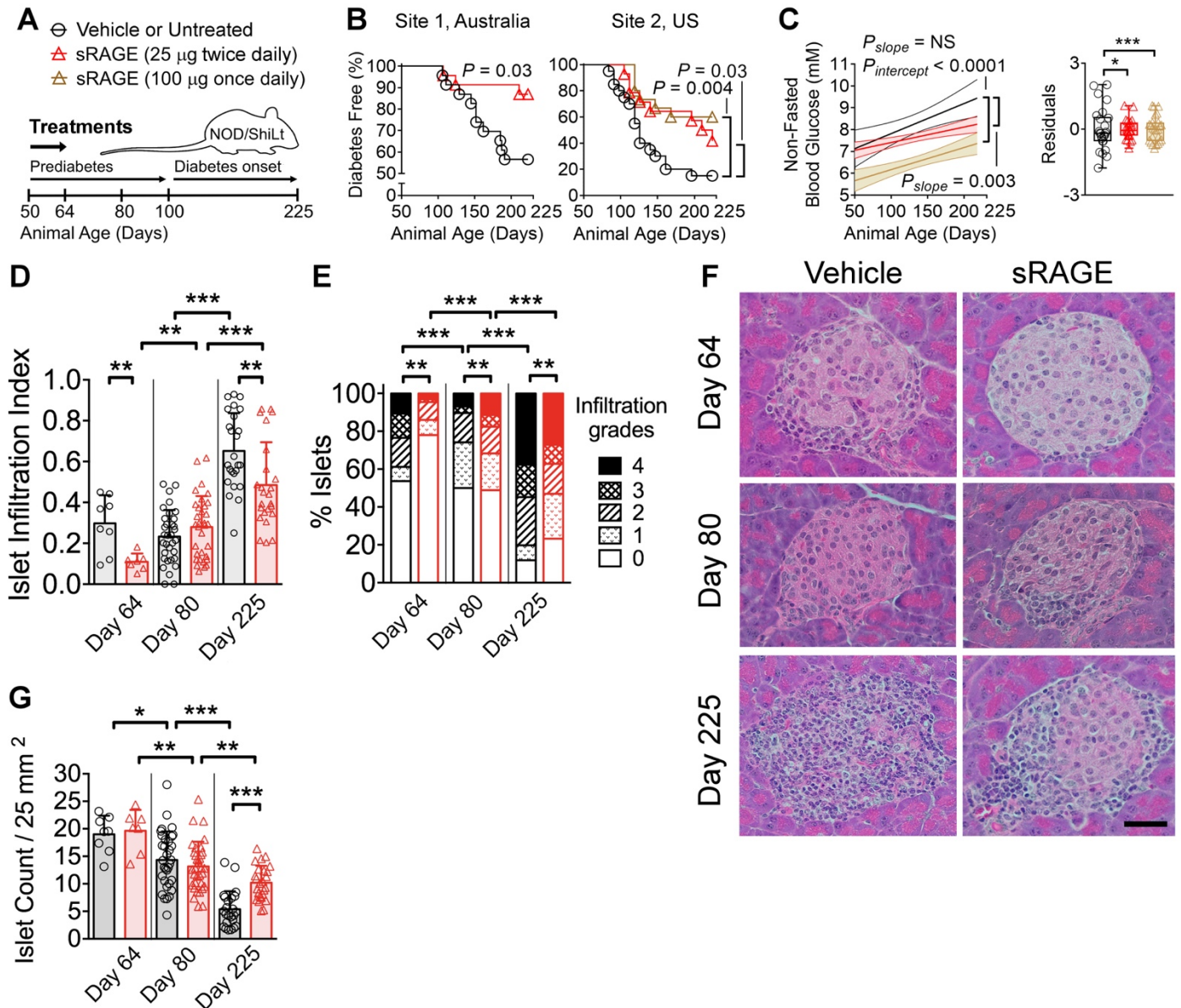
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787 **Figures**



788

789 **Figure 1. Treatment with sRAGE provides lasting protection against autoimmune diabetes in an**
 790 **international multi-site preclinical trial.**

791 (A) NOD/ShiLt mice were administered vehicle at Site 1 or untreated at Site 2 (black bars/circles), or
 792 treated with 25 µg sRAGE twice daily (red bars/triangles) or 100 µg sRAGE once daily (brown
 793 bars/triangles) from days 50-64 of life.

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794 (B) Autoimmune diabetes incidence. Site 1 (3 independent experiments, $n = 23$ /group). Site 2 (1
795 independent experiment, $n = 14-20$ /group).

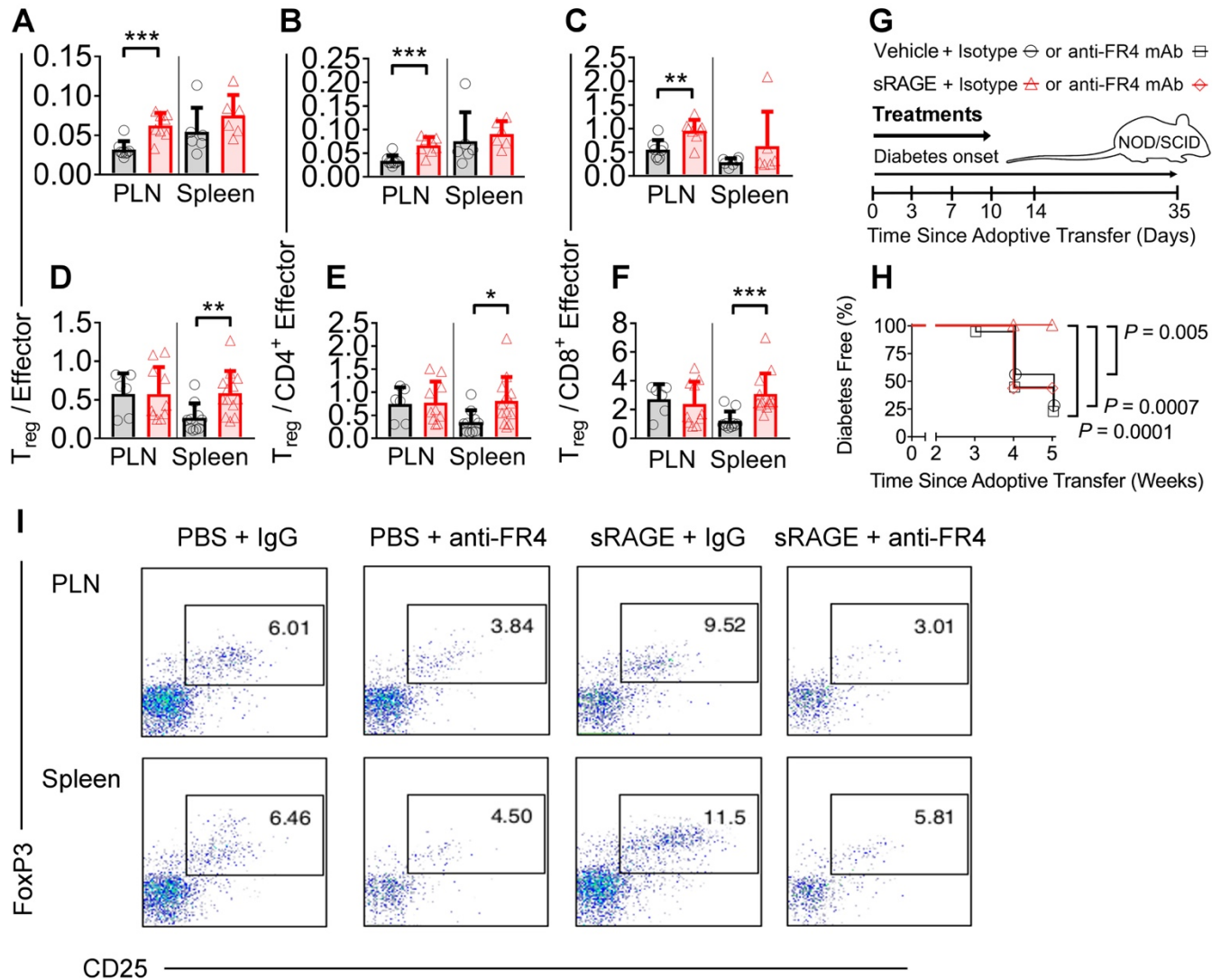
796 (C) Non-fasted blood glucose concentrations shown as linear regression \pm 95% confidence intervals (left)
797 and residuals representing variability of blood glucose levels from the regression line (right).

798 (D-F) Pancreatic islet infiltration. (D) Islet infiltration index (0 indicates no infiltration; to 1 indicates
799 $>75\%$ infiltration). (E) Degree of islet infiltration (grade 0, none; grade 1, peri-infiltration; grade 2, $<25\%$
800 infiltration; grade 3, $25-75\%$ infiltration; grade 4, $>75\%$ infiltration). (F) Representative H&E
801 photomicrographs ($n = 7-33$ sections/group from $n = 4-7$ mice/group, scale bar = $40 \mu\text{m}$).

802 (G) Islet count normalized by tissue area.

803 Column graphs are shown as median (IQR) and analyzed by two-tailed Mann-Whitney U-test. Box and
804 whisker plot variances were analyzed by F-test. Degree of insulinitis is shown as mean and proportions
805 analyzed by Fischer's exact test. Diabetes incidence are shown as Kaplan-Meier survival curves and were
806 analyzed by log-rank test. $*P < 0.05$, $**P < 0.01$, $***P < 0.001$. sRAGE, soluble receptor for advanced
807 glycation end products.

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808

809 **Figure 2. Regulatory T cells (T_{regs}) are a non-redundant mechanism of action for sRAGE treatment.**

810 (A-F) Flow cytometry quantification of T_{reg}/T_{eff} ratios on (A-C) day 64 and (D-F) day 225 in NOD/ShiLt
811 mice ($n = 4-13$ /group).

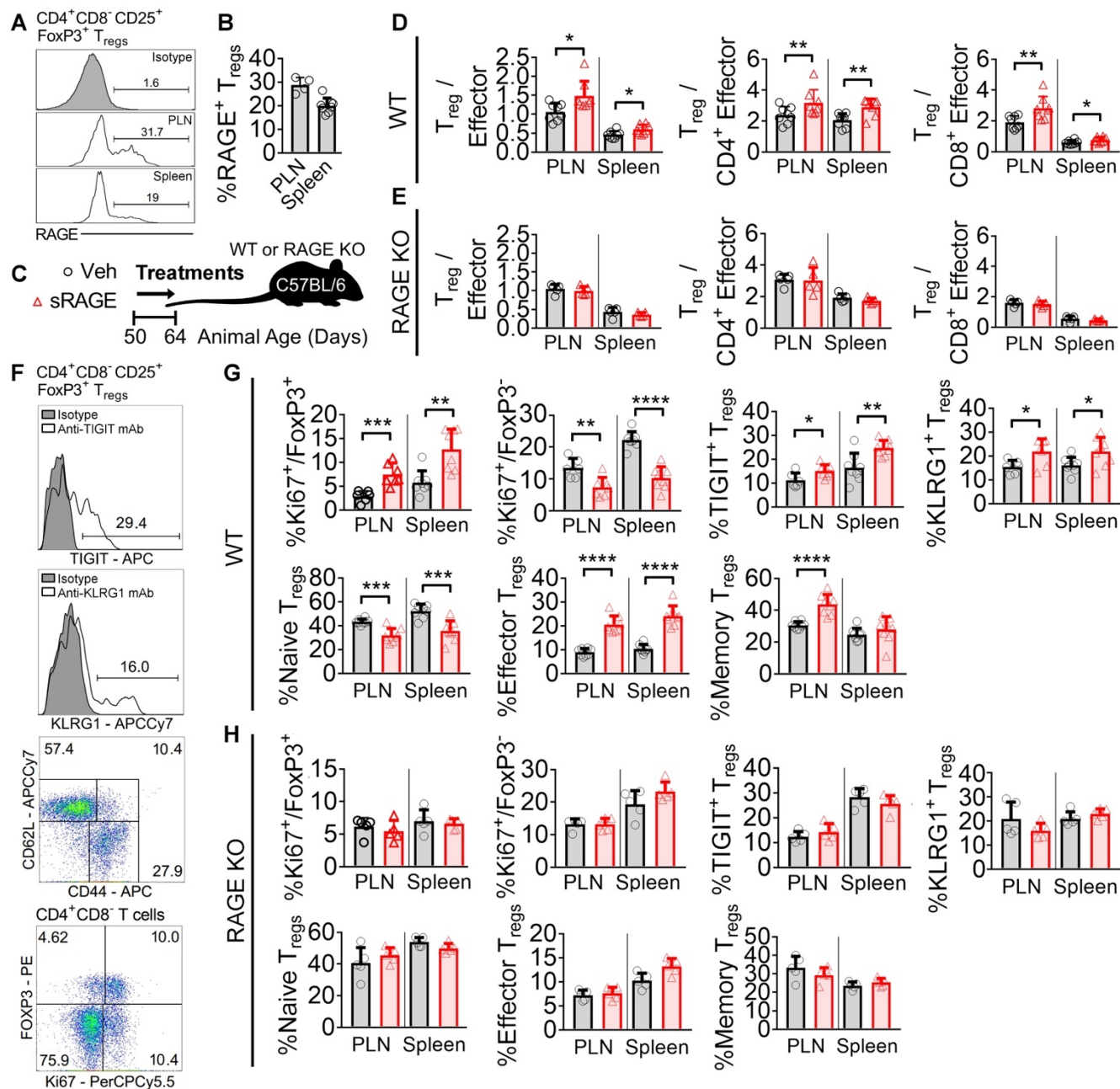
812 (G) In an adoptive transfer model of autoimmune diabetes, splenocytes from diabetic NOD/ShiLt donors
813 were adoptively transferred into NOD/SCID recipients. Recipient mice were treated with vehicle or 25 μ g
814 sRAGE twice daily for 14 days, and isotype control or anti-folate receptor 4 (FR4) antibodies at 3, 7, 10
815 and 14 days.

816 (H) Diabetes incidence; and

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817 (I) Representative dot plots of CD4⁺CD8⁻CD25⁺FoxP3⁺ T_{reg} proportions ($n = 16$ mice/group).
818 Column graphs are shown as median (IQR) and analyzed by two-tailed Mann-Whitney U-test. Diabetes
819 incidence is shown as Kaplan-Meier survival curves and analyzed by log-rank test. $*P < 0.05$, $**P < 0.01$,
820 $***P < 0.001$. PLN, pancreatic lymph nodes.

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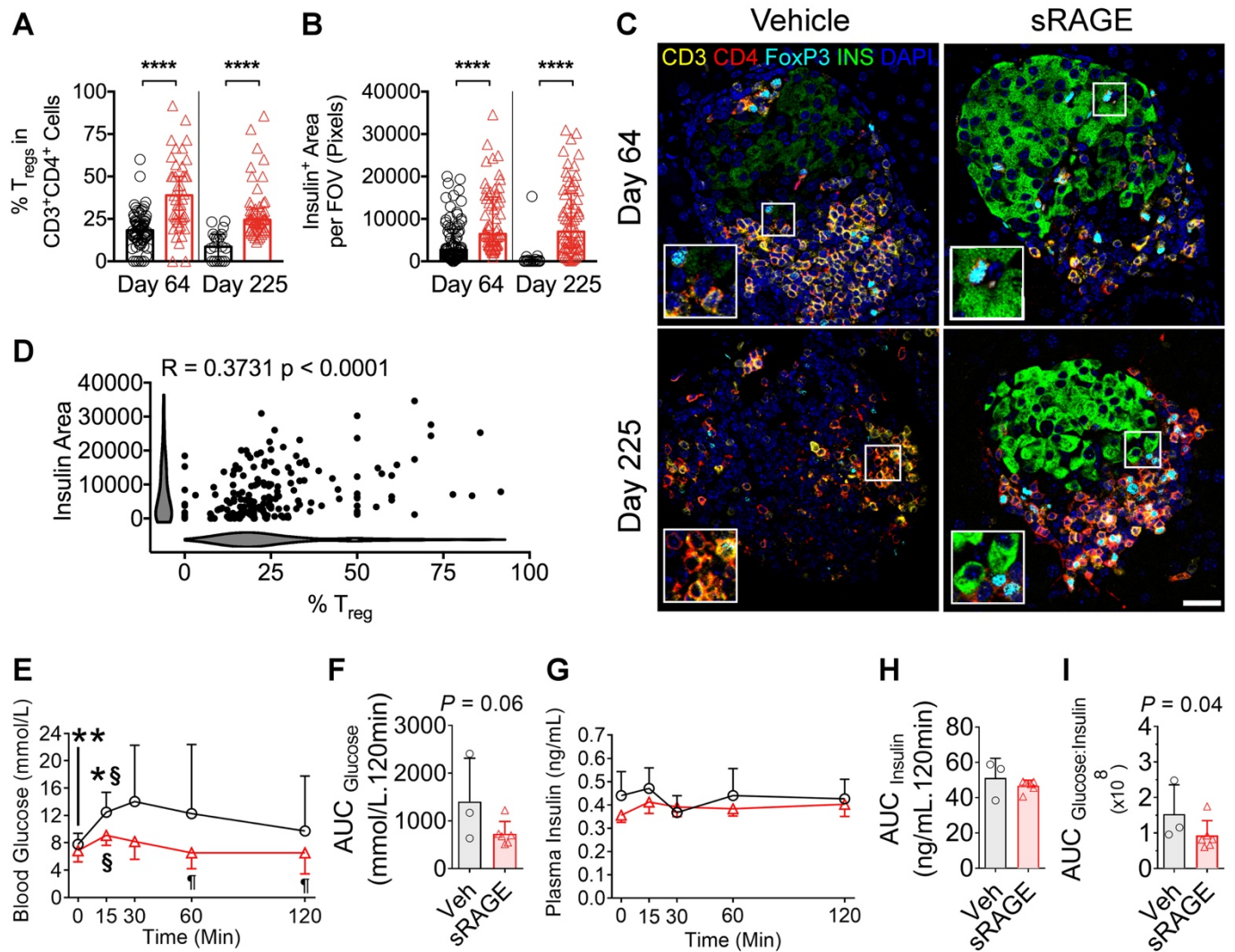
822 **Figure 3. RAGE is required for the modulation of T_{reg}/T_{eff} ratios by sRAGE treatment.**

823 (A and B) Flow cytometry quantification of RAGE expression on CD4⁺CD8⁻CD25⁺FoxP3⁺ T_{regs} in a
 824 mouse model of autoimmune diabetes (NOD/ShiLt) on day 50 of life. (A) Representative histograms. (B)
 825 Proportion of RAGE⁺ T_{regs} (*n* = 4-8 mice/tissue).

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826 (C) Wild-type and RAGE KO C57BL/6 mice were treated with vehicle (black bars/circles) or 25 μ g
827 sRAGE twice daily (red bars/triangles) on day 50-64 of life.
828 (D and E) T_{reg}/T_{eff} ratios on day 64 in (D) wild-type and (E) RAGE KO mice ($n = 8$ mice/group).
829 (F-H) TIGIT, KLRG1, CD62L, CD44 and Ki67 expression. (F) Representative histograms and gating
830 strategies. (G) Wild-type mice. (H) RAGE KO mice.
831 Column graphs are shown as mean \pm SD and analyzed by two-tailed Student's t-test. * $P < 0.05$, ** $P < 0.01$,
832 *** $P < 0.001$, **** $P < 0.0001$.

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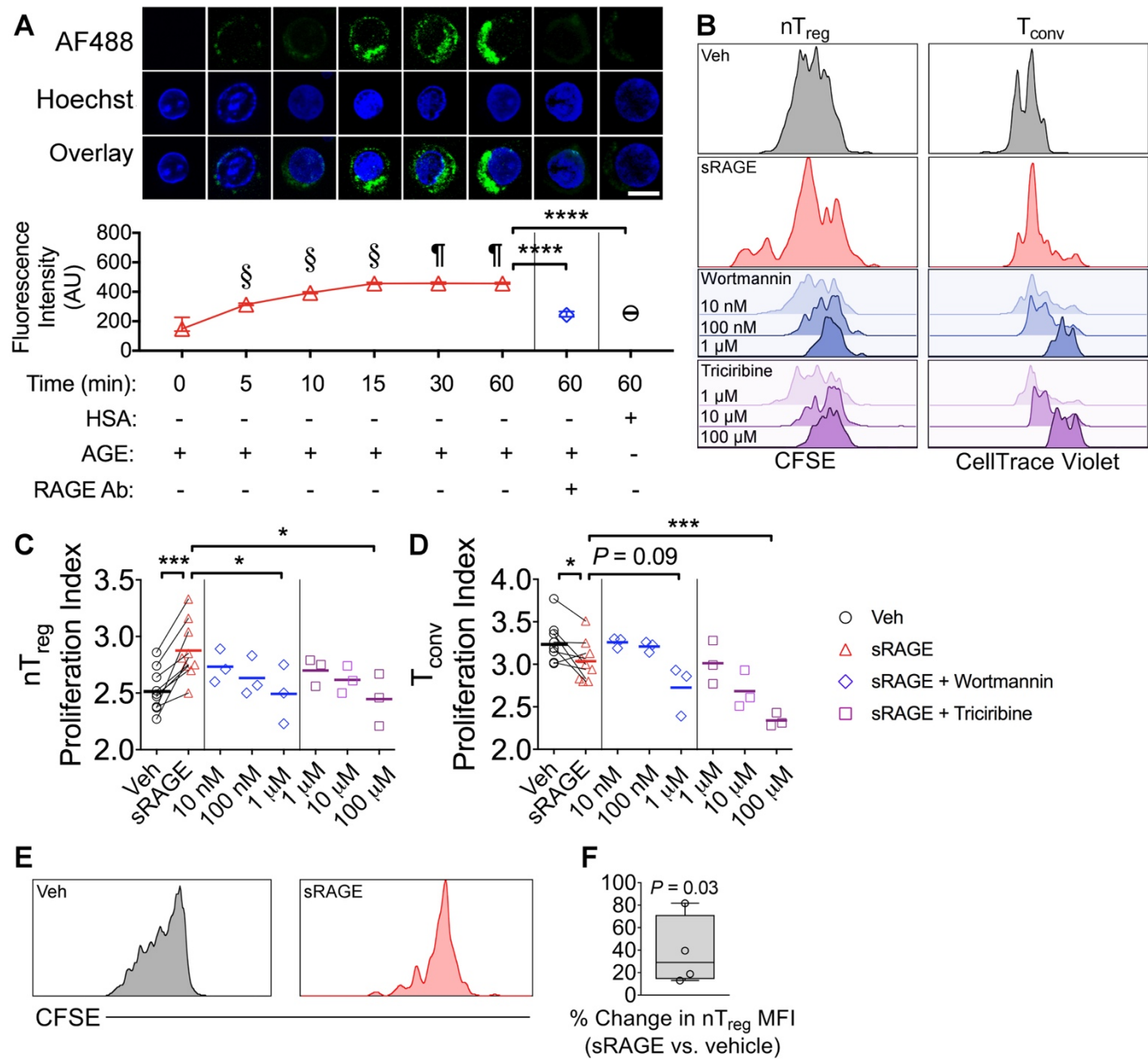
834 **Figure 4. Improvements in islet infiltrating T_{reg} s, insulin expression and oral glucose tolerance**
 835 **following sRAGE treatment in NOD/ShiLt mice.**

836 (A-D) Multiplexed immunofluorescence staining and quantification of CD3, CD4, FoxP3, insulin and
 837 DAPI ($n = 10-20$ sections/mouse from $n = 6$ mice/group). Inset images are 2x magnified. (A) Proportion
 838 of islet infiltrating $CD3^+CD4^+FoxP3^+$ T_{reg} s. (B) Insulin area per field of view (FOV). (C) Representative
 839 photomicrographs. Bar, $40\mu m$. (D) Correlation analyses of $CD3^+CD4^+FoxP3^+$ T_{reg} proportions and insulin
 840 area (shaded bars are Kernel plots showing variable distribution).

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841 (E-I) Oral glucose tolerance tests (OGTTs) on day 225 ($n = 3-6/\text{group}$). (E) Blood glucose concentrations;
842 (F) Area under the curve for blood glucose ($\text{AUC}_{\text{glucose}}$); (G) Plasma insulin concentrations; (H) $\text{AUC}_{\text{insulin}}$;
843 (I) $\text{AUC}_{\text{glucose:insulin}}$ ratio.
844 Data shown as mean \pm SD and analyzed by two-tailed unpaired or paired Student t-tests. Correlation
845 analyses were performed by Spearman's test. $*P < 0.05$ between groups, $**P < 0.01$ between groups,
846 $***P < 0.0001$ between groups. $\S P < 0.05$ vs. 0 min within the same group, $\P P < 0.05$ vs. 15 or 30 min
847 time points within the same group.

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848

849 **Figure 5. Human natural T_{regs} (nT_{regs}) bind AGEs in a RAGE-dependent manner and proliferate**
 850 **more in co-culture when treated with sRAGE.**

851 (A) Human CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} were incubated with AGE-modified HSA (AGE-HSA or
 852 AGE) or unmodified HSA (HSA), both labelled with AlexaFluor488 (AF488). Anti-RAGE antibody was
 853 added to the culture as indicated. Bar, 10μm. *n* = 3 donors/group.

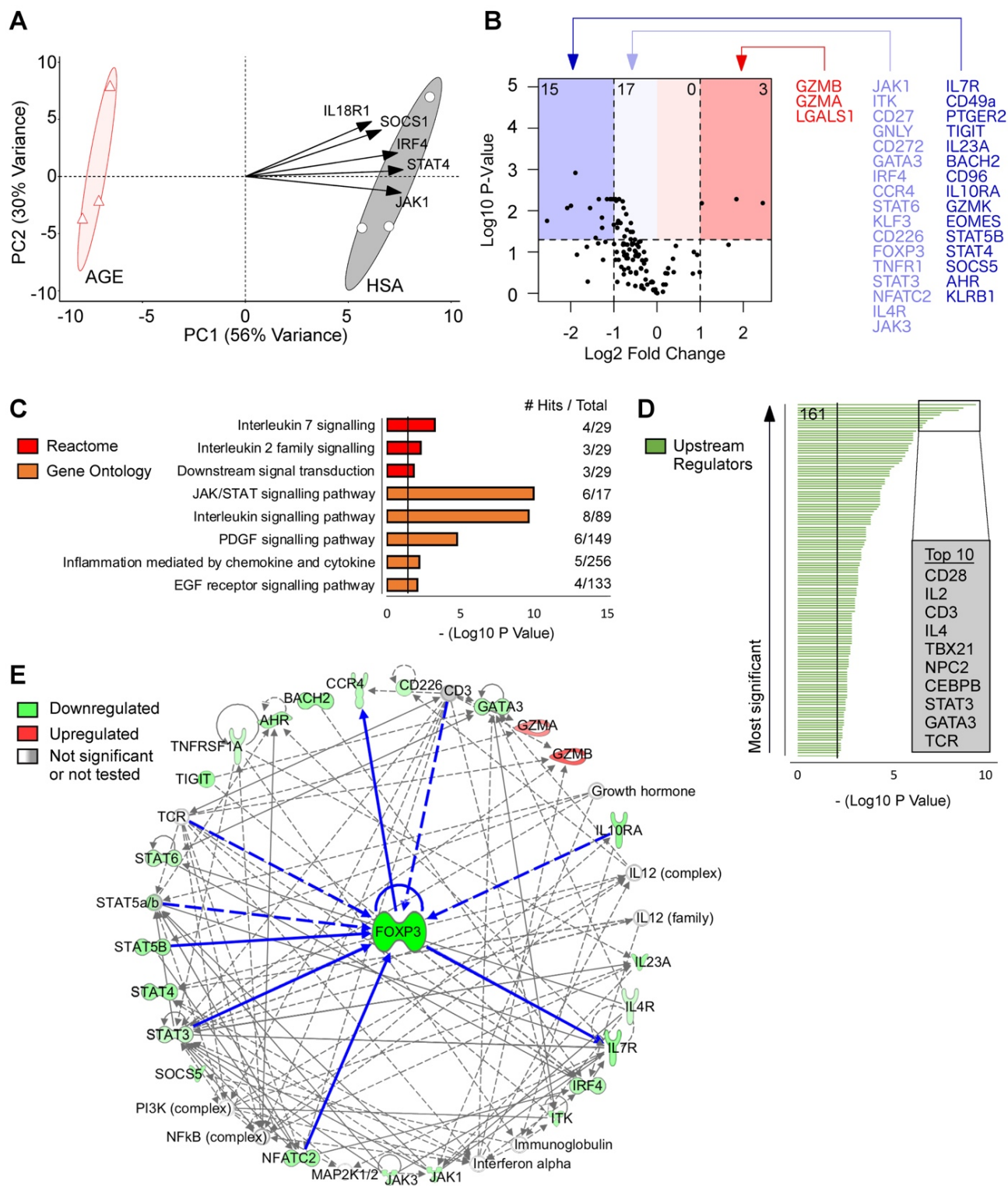
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854 (B-D) CFSE labeled CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} and CellTrace Violet labeled CD3⁺CD4⁺CD25⁻
855 T_{convs} were stimulated in 3 day co-culture at a 1:1 ratio containing anti-CD3/CD28 MACSiBeads (1:10,
856 bead:cell ratio). (B) Representative histograms. (C-D) Proliferation indices of nT_{regs} and T_{convs} when
857 administered vehicle or 50 µg sRAGE daily (*n* = 9/group), as well as sRAGE in addition to the PI3K-Akt-
858 mTOR pathway inhibitors wortmannin or triciribine (*n* = 3/group).

859 (E and F) CFSE labeled CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} were stimulated in 3 day monoculture
860 containing anti-CD3/CD28 MACSiBeads (1:20, bead:cell) and 200 IU/mL IL-2. (E) Representative
861 histograms. (F) Percent change in CFSE mean fluorescence intensity (MFI; *n* = 4/group).

862 Data shown as mean ± SD; paired two-tailed Student's t-tests. § *P* < 0.05 vs. all previous time points. ¶ *P* <
863 0.05 vs. 0, 5, 10 and 15 min. **P* < 0.05, ****P* < 0.001. *****P* < 0.0001.

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864

865 **Figure 6. AGE treatment of human nT_{regs} downregulates key genes for suppressive function and**
 866 **manipulates signaling cascades upstream and downstream of FOXP3.**

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- 867 (A) Principal component analysis (PCA) with the top five variable loadings shown as arrows.
- 868 (B) Volcano plot visualization for changes in gene expression (number of differentially expressed genes
869 shown in top corners).
- 870 (C) Pathway enrichment analysis using the Reactome and Gene Ontology databases.
- 871 (D) Upstream regulator predictions using Ingenuity Pathway Analysis (161 significant regulators were
872 identified).
- 873 (E) Network analysis using *FOXP3* as the focus node. Neighboring molecules are connected to *FOXP3*
874 with bolded blue lines. All other molecules are 2-3 nodes adjacent to *FOXP3*. Direct relationships are
875 shown as solid lines, indirect relationships are shown as dashed lines.
- 876 $n = 3/\text{group}$, P values were corrected by false discovery rate or Bonferroni adjustment.

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877 **Tables**

878 **Table 1. Plasma concentrations of RAGE ligands in NOD/ShiLt mice.**

879 Data shown as median (IQR); two-tailed Mann-Whitney U-test; $n = 12-15/\text{group}$. $*P < 0.05$ vs.
880 vehicle at same time point. Lys, lysine.

Age	Day 64		Day 225	
	Vehicle	sRAGE	Vehicle	sRAGE
CML (nmol/mmol Lys)	32.2 (3.5)	31.1 (3.7)	76.5 (10.6)	71.1 (12.4)*
CEL (nmol/mmol Lys)	13.5 (4.0)	16.2 (8.0)	15.4 (3.8)	12.3 (4.2)*
MG-H1 (nmol/mmol Lys)	229.3 (45.1)	260.1 (56.4)	267.7 (39.5)	247.0 (54.6)*
MGO (nmol/L)	499.5 (78.8)	436.4 (142.9)	643.7 (280.2)	556.1 (246.4)
GO (nmol/L)	848.4 (301.8)	958.3 (316.0)	1083.0 (505.2)	1004.0 (518.5)
3-DG (nmol/L)	987.3 (254.7)	1163.0 (401.0)	2547.0 (476.0)	2227.0 (483.0)
S100A8 (ng/mL)	0.5 (0.1)	7.1 (23.0)	5.3 (13.1)	5.0 (26.0)
S100A9 (ng/mL)	166.8 (131.8)	301.3 (303.0)	74.9 (144.3)	100.5 (81.8)
S100B (ng/mL)	1081.0 (812.9)	882.5 (512.7)	1052.0 (528.8)	1077.0 (545.6)
HMGB1 (ng/mL)	11.9 (7.5)	15.8 (8.2)	7.1 (3.7)	5.7 (5.0)

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882 **Supplemental Figures Titles and Legends**

883 **Figure S1. Flow cytometry gating strategy for mouse T cells.**

884 (A) Debris were excluded and single cells gated.

885 (B) Conventional T cells (T_{convs}): FoxP3⁺ T_{regs} were excluded, then CD4⁺CD8⁻ and CD8⁺CD4⁻ T
886 cells were gated. Naïve, effector (T_{eff}) and memory cells were defined as CD62L⁺CD44⁻,
887 CD62L⁻CD44⁺ and CD62L⁺CD44⁺, respectively.

888 (C) T_{regs} : CD4⁺CD8⁻ T cells were gated, then CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} were gated.

889 **Figure S2. sRAGE increases the numbers of CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} and T_{convs} in the**
890 **pancreatic lymph nodes (PLN) and spleen on day 64.**

891 (A) CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} .

892 (B) CD4⁺FoxP3⁻ T_{convs} ; and

893 (C) CD8⁺FoxP3⁻ T_{convs} , accompanied with their CD62L⁺CD44⁻ naïve, CD62L⁻CD44⁺ effector
894 (T_{eff}) and CD62L⁺CD44⁺ memory subsets.

895 Two-tailed Mann-Whitney U-test. $n = 4-13/\text{group}$. * $P < 0.05$; ** $P < 0.01$.

896 **Figure S3. sRAGE decreases the numbers of CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} and T_{convs} in the**
897 **PLN and spleen on day 225.**

898 (A) CD4⁺CD8⁻CD25⁺Foxp3⁺ T_{regs} .

899 (B) CD4⁺FoxP3⁻ T_{convs} ; and

900 (C) CD8⁺FoxP3⁻ T_{convs} , accompanied with their CD62L⁺CD44⁻ naïve, CD62L⁻CD44⁺ effector
901 (T_{eff}) and CD62L⁺CD44⁺ memory subsets.

902 Two-tailed Mann-Whitney U-test. $n = 4-13/\text{group}$. * $P < 0.05$; *** $P < 0.001$.

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903 **Figure S4. sRAGE increases the numbers of dendritic cells and macrophages on day 64.**

904 (A) Conventional dendritic cells (cDCs) including CD8⁺ cDCs (CD11c⁺CD11b⁻B220⁻CD8⁺) and
905 CD11b⁺ cDCs (CD11c⁺CD11b⁺B220⁻CD8⁻), as well as plasmacytoid dendritic cells (pDCs;
906 CD11c⁺CD11b⁻B220⁺).

907 (B) Macrophages (F4/80⁺CD11c⁻CD11b⁺B220^{int/hi}).

908 **Figure S5. Prediabetes oral glucose tolerance tests (OGTTs).**

909 (A-E) OGTTs on day 64 (*n* = 8/group).

910 (F-J) OGTTs on day 80 (*n* = 15/group).

911 (A, F) Blood glucose concentrations; (B, G) Area under the curve for blood glucose (AUC_{glucose});

912 (C, H) Plasma insulin concentrations; (D, I) AUC_{insulin}; (E, J) AUC_{glucose:insulin} ratio.

913 Data shown as mean ± SD and analyzed by two-tailed unpaired Student t-tests. * *P* < 0.05

914 between groups.

915 **Figure S6. Gating strategies for human T cell proliferation experiments.**

916 (A and B) CD3⁺CD4⁺CD25⁺CD127^{lo/-} natural T_{regs} (nT_{regs}) and CD3⁺CD4⁺ CD25⁻ T_{conv}s were
917 positively isolated by FACS.

918 (C and D) CD3⁺CD4⁺CD25⁺CD127^{lo/-} nT_{regs} were assessed for FoxP3 expression.

919 (E-G) Gating strategy for analyzing nT_{reg} and T_{conv} proliferation when co-cultured. (E) Debris,

920 multiplets and dead cells were excluded, (F) CD3⁺CD4⁺ cells were gated. CD3⁺CD4⁺ cells were

921 then analyzed for nT_{reg} and T_{conv} proliferation by CFSE and CellTrace Violet dilution,

922 respectively. (G) nT_{regs} and T_{conv}s were both CD25⁺CD127^{lo/-} post-stimulation, so CD25 and

923 CD127 expression was not used to delineate T_{regs} and T_{conv}s prior to CFSE and CellTrace Violet

924 dye dilution analysis.

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925 (H-J) Gating strategy for analyzing nT_{reg} proliferation when cultured alone. (H) Debris,
926 multiplets and dead cells were excluded, (I) CD3⁺CD4⁺ cells were gated, (J) CD127^{lo/-} cells were
927 gated as nT_{regs}. nT_{regs} were then analyzed for proliferation by CFSE dilution.

928 **Figure S7. Gating strategies for human induced T_{reg} (iT_{reg}) differentiation experiment.**

929 (A and B) Purity check for naive CD4⁺ T cells (CD3⁺CD4⁺CD45RA⁺CD45RO⁻) (A) before
930 negative isolation (peripheral blood mononuclear cells, PBMCs) and (B) after negative isolation.
931 (C-E) Gating strategy for analyzing iT_{reg} differentiation. (C) Debris, multiplets and dead cells
932 were excluded, (D) CD3⁺CD4⁺ cells were gated, (E) CD25⁺CD127^{lo/-} cells were gated as iT_{regs}.

933 **Figure S8. Human iT_{reg} differentiation in AGE-containing culture media is modestly**
934 **decreased by sRAGE treatment.**

935 Human naive CD3⁺CD4⁺CD45RA⁺CD45RO⁻ T cells were incubated in 3 day co-culture
936 containing 5 ng/mL IL-2, 2 ng/mL TGF-β and 1 μg/mL plate-bound anti-CD3 antibody.

937 (A) Representative dot plots of CD3⁺CD4⁺CD25⁺CD127^{lo/-} iT_{regs} in AGE-supplemented media
938 with co-administration of vehicle or sRAGE (50 μg/day).

939 (B) Quantification of change in iT_{reg} differentiation by sRAGE treatment. Data shown as mean ±
940 SD; paired t-tests; n = 4/group.

941 **Table S1. Human nT_{reg} NanoString predicted upstream regulators.**

942 **Table S2. Human nT_{reg} NanoString network analysis.**

943 **Table S3. Human nT_{reg} NanoString volcano plot values.**