

1 **miR-206 family is important for mitochondrial and muscle function, but not**
2 **essential for myogenesis *in vitro***

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17 **Abstract**

18 *miR-206*, *miR-1a-1* and *miR-1a-2* are induced during differentiation of skeletal myoblasts
19 and promote myogenesis *in vitro*. *miR-206* is required for skeletal muscle regeneration
20 *in vivo*. Although this microRNA family is hypothesized to play an essential role in
21 differentiation, a triple knockout of the three genes has not been done to test this
22 hypothesis. We report that triple KO C2C12 myoblasts generated using CRISPR/Cas9
23 method differentiate despite the expected de-repression of the microRNA targets.
24 Surprisingly, their mitochondrial function is diminished. Triple KO mice demonstrate
25 partial embryonic lethality, most likely due to the role of miR-1a in cardiac muscle
26 differentiation. Two triple KO mice survive and grow normally to adulthood with smaller
27 myofiber diameter and diminished physical performance. Thus, unlike other microRNAs
28 important in other differentiation pathways, the *miR-206* family is not absolutely essential
29 for myogenesis and is instead a modulator of optimal differentiation of skeletal
30 myoblasts.

31

32 **Keywords**

33 myomiRs, skeletal muscle differentiation, myogenesis, miR-1a-1, miR-1a-2, miR-206,
34 embryonic lethality, mitochondria function, muscle function

35 **Introduction**

36 The downregulation of pluripotency markers and activation of lineage-specific
37 gene expression during differentiation allow for accurate development. Differentiation-
38 induced microRNAs play a major role in this process by repressing their targets – genes
39 responsible for self-renewal. Depletion of DGCR8 protein essential for biogenesis of
40 microRNA in pluripotent cells decreases most active microRNA levels and inhibits
41 differentiation (Wang et al., 2007). Since many microRNAs are induced during
42 differentiation of specific tissue lineages, several of them have been tested for their
43 importance in differentiation, particularly whether they act as a switch that is essential for
44 differentiation, or as a modulator of differentiation. MicroRNAs regulate processes as
45 early as gastrulation (Choi et al., 2007; Rosa et al., 2009), neural development (Delaloy
46 et al., 2010; Krichevsky et al., 2006; Zhao et al., 2009), muscle development (Chen et
47 al., 2006; Cordes et al., 2009; Dey et al., 2012; Sarkar et al., 2010; Zhao et al., 2005),
48 bone formation (Li et al., 2009; Li et al., 2008), skin development (Jackson et al., 2013;
49 Wang et al., 2013) and hematopoiesis (Chen et al., 2004; Garzon and Croce, 2008; Zhu
50 et al., 2013). Many of the studied microRNAs have been suggested to be essential, e.g.
51 *miR-206* and *miR-1a* for skeletal muscle myoblast differentiation (Chen et al., 2010; Dey
52 et al., 2011), *miR-144/451* for erythroid cells differentiation (Dore et al., 2008;
53 Rasmussen et al., 2010), *miR-17~92* during B lymphopoiesis and lung development
54 (Ventura et al., 2008), *miR-15a-1* and *miR-18a* for development and function of inner ear
55 hair cells in vertebrates (Friedman et al., 2009), *miR-219* for normal oligodendrocyte
56 differentiation and myelination (Dugas et al., 2010), *miR-204* for differentiation of the
57 retinal pigmented epithelium (Ohana et al., 2015) and *miR-375* for human spinal motor
58 neuron development (Bhinge et al., 2016).

59 Myogenesis is a process of muscular tissue formation, which first occurs in
60 vertebrate embryonic development (Parker et al., 2003), but also happens in adult
61 muscle regeneration (Chargé and Rudnicki, 2004). The skeletal muscle satellite cells are
62 the myogenic stem cells of adult muscles residing between the sarcolemma and basal
63 lamina of muscle fibers (Mauro, 1961). In normal conditions these tissue specific stem
64 cells stay in a quiescent G0 state (Cheung and Rando, 2013). Upon activation by injury
65 or disease, they re-enter the cell cycle to establish a population of skeletal muscle
66 progenitors (myoblasts), which differentiate further and fuse to produce myotubes. The
67 major regulator of this process is *Pax7* transcription factor (Olguín and Pisconti, 2012;
68 Zammit et al., 2006). The satellite cells express the transcription factor *Pax7* in G0 and
69 when activated, coexpress *Myod1*. Downregulation of *Pax7* leads to differentiation into
70 myotubes, whereas downregulation of *Myod1* leads to a return to quiescence. An
71 important player in *Pax7* downregulation and differentiation induction is *miR-206* (Chen
72 et al., 2010; Dey et al., 2011). Other microRNAs are also known to play important roles
73 in skeletal muscle differentiation. A conditional skeletal muscle specific knockout of *Dicer*
74 in mice leads to global loss of miRNAs in developing skeletal muscle, resulting in
75 widespread apoptosis and abnormal myofiber morphology (O'Rourke et al., 2007). Over
76 the last 14 years *miR-206*, *miR-1a-1* and *miR-1a-2* have been hypothesized to not only
77 be very important for muscle differentiation, but also essential for this process (Anderson
78 et al., 2006; Chen et al., 2006; Chen et al., 2010; Dey et al., 2011; Gagan et al., 2012;
79 Goljanek-Whysall et al., 2012; Heidersbach et al., 2013; Hirai et al., 2010; Kim et al.,
80 2006; Koutsoulidou et al., 2011; Kwon et al., 2005; Mishima et al., 2009; Rao et al.,
81 2006; Sokol and Ambros, 2005; Sweetman et al., 2008; Vergara et al., 2018; Wystub et
82 al., 2013; Wüst et al., 2018; Yuasa et al., 2008; Zhao et al., 2007; Zhao et al., 2005).

83 *miR-206*, *miR-1a-1* and *miR-1a-2* are members of the myomir family and are expressed
84 from bicistronic loci. Interestingly, *miR-206* and *-1a* have an 18/21 base match in
85 sequence with each other and complete identity in the first eight nucleotides that
86 constitute the seed sequence for target recognition. Even though all three are expressed
87 in skeletal muscles, *miR-1a-1* and *miR-1a-2* are also expressed in cardiac muscle,
88 where *miR-206* is not expressed (Kim et al., 2006; Sempere et al., 2004). All three are
89 upregulated during murine skeletal myoblast differentiation (Kim et al., 2006).
90 Overexpression of *miR-206* induces C2C12 differentiation, whereas simultaneous
91 knockdown of *miR-206* and *miR-1a* results in diminished differentiation (Kim et al.,
92 2006). Based on this it was hypothesized that the three microRNAs collectively are
93 essential for skeletal muscle differentiation.

94 Knockout of the *miR-206* gene produced viable mice with no defect in skeletal
95 muscle development, although there was a defect in skeletal muscle regeneration after
96 extensive muscle injury (Liu et al., 2012). The loss of *miR-206* in mice modeling
97 amyotrophic lateral sclerosis leads to faster disease progression and lack of
98 regeneration of neuromuscular synapses, again suggesting a role of the microRNA in
99 response to tissue injury. In contrast, there was high embryonic lethality of *miR-1a-2*
100 knockout mice caused by various cardiac problems (Zhao et al., 2007). Although *miR-*
101 *1a-1* knockout showed embryonic lethality in the 129 genetic background animals,
102 knockout pups were obtained at the expected frequency in a mixed genetic background,
103 proving that the *miR-1a-1* knockouts can produce viable mice (Heidersbach et al., 2013).
104 Although the double KO of *miR-1a-1* and *miR-1a-2* was found to have high embryonic
105 lethality, some mice survived with normal skeletal muscle development. By 10th
106 postnatal day, however, all double knockout animals were dead because of serious

107 cardiac defects (Heidersbach et al., 2013). Moreover, knockout of two bicistronic loci
108 (*miR-1a-1/133a-2* and *miR-1a-2/133a-1 dKO*) showed complete embryonic lethality at
109 embryonic stage E11.5 (Wystub et al., 2013). The *miR-1a/133a* skeletal muscle specific
110 dKO mice were alive, but had metabolic problems caused by incorrect functioning of
111 mitochondria (Wüst et al., 2018).

112 Overall, all animals had relatively normal skeletal muscle development, and this
113 could be explained because at least one myomir remained intact in all these animals. A
114 complete knockout of all three microRNAs, *miR-206*, *miR-1a-1* and *miR-1a-2*, tests
115 whether an essential role of these myomiRs in myogenesis was masked by the
116 redundant function of the microRNA left in the cells. Here, we show that *miR-206*, *miR-*
117 *1a-1* and *miR-1a-2* are not essential for skeletal muscle differentiation, but they are
118 required for normal muscle formation and function. By analyzing triple KO C2C12
119 clones, we demonstrate that the myoblasts differentiate, although with decreased
120 mitochondrial function. Additionally, triple KO animals reveal the three microRNA are not
121 essential for muscle formation, but their absence causes defects in physical
122 performance and myofiber width. Our results indicate that although *miR-206*, *miR-1a-1*
123 and *miR-1a-2* are important for skeletal muscles and especially for their optimal function,
124 they are not essential for myogenesis. Thus, this microRNA family, first discovered
125 because of their induction during differentiation of stem cells and their ability to induce
126 differentiation-specific genes, is not essential to trigger a differentiation switch, but is
127 involved in modulating differentiation. In addition, it is surprising that the *miR-206* family
128 and *miR-133a* are independently required for mitochondrial function even though they
129 repress different gene targets.

130 **Results**

131

132 *miR-206, miR-1a-1 and miR-1a-2 are not essential for C2C12 myoblasts differentiation*

133

134 To determine whether *miR-206* and *miR-1a* are necessary for murine myoblast
135 proliferation and differentiation, we designed 6 different sgRNAs to delete all three
136 genes at once (Figure 1A, Table S1). To increase knockout efficiency, we used C2C12
137 cell line with stable overexpression of Tet-inducible Cas9. miRNA gene deletions were
138 confirmed by PCR on genomic DNA (Figure 1B) and Sanger sequencing of PCR
139 products (Figure 1C). We didn't detect any pre-miRNA or miRNA left in our triple KO
140 (tKO) clones (Figure 1D and S1A). To ensure the reproducibility of our results we
141 obtained triple KO clones independently from PAX7 negative (Figure 1A-D) and PAX7
142 positive (Figure S1) C2C12 myoblasts.

143 C2C12 clones lacking *miR-206* and *miR-1a* differentiate upon serum starvation
144 producing similar levels of promyogenic mRNAs: *Myod1*, *Myogenin* and *Myh3* as control
145 cells (Figure 1E). The tKO clones also produce the corresponding proteins, which
146 include markers of early (MYOGENIN) and late myogenesis (MHC), though their levels
147 are lower in the PAX7 negative tKO cells (Figure 1F). In PAX7 positive tKO clones the
148 *Myod1*, *Myogenin* and *Myh3* mRNAs are induced normally during differentiation (Figure
149 S1B), but we observe similar levels of MYOGENIN protein and slightly decreased MHC
150 protein (Figure S1C). Moreover, the fusion index counted in the PAX7 positive cells
151 (Figure 1G) shows there is no morphological differences upon differentiation between
152 the control and tKO cells.

153

154 *Although triple KO C2C12 clones differentiate they are impaired in metabolic*
155 *performance*

156
157 By RNA-seq the triple KO clones differentiated efficiently as confirmed by
158 hierarchical clustering which shows the differentiating tKO cells cluster with the
159 differentiating wild type cells, separate from proliferating cells (Figure 2A). Nevertheless,
160 531 and 412 genes were differentially expressed in tKO in comparison to control cells in
161 proliferating and differentiating conditions, respectively (Figure 2B). Among 232 genes
162 upregulated during differentiation in the tKO cells are several involved in retinoic acid
163 regulation (from the top 10: *Aldh1a1*, *Aldh1a7*, *Brinp3* and *Tceal5*), which was previously
164 described as important factor for myogenesis (El Haddad et al., 2017; Halevy and
165 Lerman, 1993; Lamarche et al., 2015). Aldehyde dehydrogenases (*Aldh*) are also known
166 to have promyogenic potential (Jean et al., 2011; Vauchez et al., 2009; Vella et al.,
167 2011).

168 Gene Ontology (GO) analysis of differentiating triple KO clones reveals
169 downregulation of genes involved in skeletal and cardiac muscle development pathways
170 (Figure 2C). GO also shows that genes involved in mitochondria biogenesis and function
171 are induced during differentiation of WT control cells, but not in the tKO cells (Figure
172 S2A, B). The latter is supported by Gene Set Enrichment Analysis (GSEA), which shows
173 only one significant category – an enrichment of genes related to oxidative
174 phosphorylation among the genes downregulated in differentiated tKO cells vs.
175 differentiated control cells (Figure 2D).

176 To assess whether tKO perturbed the mitochondrial metabolism of C2C12 cells,
177 we analyzed oxygen consumption rate (OCR) as a measure of aerobic respiration using

178 the Seahorse Bioscience XF24. The tKO clones had a lower OCR even at baseline than
179 the control cells in differentiation conditions (Figure 2E). Furthermore, treatment of these
180 clones with the mitochondrial uncoupling agent BAM15, which produces maximal
181 oxygen consumption, revealed an even greater difference in OCR between control and
182 tKO clones (Figure 2F). These results suggest that these three microRNA are required
183 to maintain mitochondrial respiratory capacity, and are consistent with the findings from
184 *miR-1a*^{-/-}*133a*^{-/-} skeletal muscle specific double KO animals that showed impairment of
185 mitochondrial function (Wüst et al., 2018). Thus, although the tKO C2C12 clones
186 differentiate, their differentiation is slightly impaired compared to the WT cells and the
187 cells suffer a downregulation of mitochondria function.

188
189 *miR-206 and miR-1a targets are specifically upregulated during differentiation of triple*
190 *KO C2C12 cells*

191
192 The absence of *miR-206* and *miR-1a* could be compensated by some other
193 mechanism, in which case the targets of *miR-206* and *miR-1a* will be unchanged in the
194 tKO cells. We therefore analyzed the expression levels of the target mRNAs of these
195 microRNAs (as specified in TargetScan 7.1; Table S2) in comparison to all other genes.
196 The Cumulative Distribution Function (CDF) plots show that these targets are not
197 changed in proliferation condition, when the three microRNA are not elevated (Figure
198 3A), however they are specifically upregulated in the tKO cells during differentiation,
199 when the three microRNAs are normally induced (Figure 3B). When the ratio of target :
200 non-target genes were examined in bins of genes distributed from the most-repressed to
201 most-induced in the tKO, the targets were not enriched in any bin in proliferating

202 myoblasts, but were enriched in the bins with induced genes under differentiating
203 condition (bottom plots in Figure 3A and 3B). Thus, the shift for *miR-206/-1a* targets to
204 the right in the CDF plot is due to the upregulation of the target genes in differentiating
205 cells (Figure 3B). Therefore, in tKO C2C12 cells the microRNA targets are de-repressed,
206 suggesting that an unknown regulatory mechanism has not been brought into effect to
207 substitute for the missing microRNAs.

208 To address the hypothesis that other miRNAs could be upregulated in triple KO
209 cells to compensate for the lack of *miR-206/-1a* we performed small RNA-seq in the tKO
210 C2C12 cells. We detect 13 up- and 11 downregulated miRNAs in proliferating tKO cells
211 in comparison to control cells (Figure 3C, S3A, B), and 3 up- and 1 downregulated
212 miRNAs in differentiated tKO in comparison to control cells (Figure 3C, S3C).
213 Nevertheless, the differentially expressed (particularly induced) miRNAs in tKO
214 differentiating cells do not share seed sequence homology with *miR-206/-1a*, and as
215 shown in Figure 3B, do not repress the *miR-206/-1a* targets. Thus it is unlikely that
216 changes in other microRNAs in the tKO cells repress *miR-206/1* targets to compensate
217 for the lack of the latter. We also found the variable change of the linked miR-133 gene
218 product (2-4 fold increase or decrease) which does not meet the FDR < 0.1 threshold
219 (Table S3).

220

221 *Lack of miR-206, miR-1a-1 and miR-1a-2 leads to partial embryonic lethality*

222

223 In order to generate triple KO animals, we first bred single KO of *miR-206*, *miR-*
224 *1a-1* or *miR-1a-2*, and then their double heterozygous offspring to obtain double KO
225 animals (Figure 4A). Next, we crossed double KO of *miR-206* and *miR-1a-1* animals

226 with double KO of *miR-206* and *miR-1a-2* animals, and subsequently their offspring
227 (*miR-206* KO *miR-1a-1* HET *miR-1a-2* HET) (Figure 4A). The genotypes were confirmed
228 by PCR. Out of 127 genotyped animals we obtained 2 triple KO males. The expected
229 probability of tKO mice was 6.25% and the observed one was 1.57% (Figure 4B), which
230 means the lack of these three miRNAs leads to partial embryonic lethality. This partial
231 embryonic lethality is probably due to the absence of *miR-1a* in the heart, based on
232 previously reported lethality of *miR-1a-1 miR-1a-2* double KO animals (Heidersbach et
233 al., 2013; Wystub et al., 2013) and the embryonic lethality we observe for *miR-1a-1* and
234 *miR-1a-2* double KO animals. Lack of *miR-206* and *miR-1a* expression in the skeletal
235 muscle of the tKO animals was confirmed by q-RT-PCR (Figure 4C).

236

237 *Adult triple KO animals have worse physical performance than control mice*

238

239 Adult triple KO (tKO) mice had the same body weight as the control mice (Figure
240 4D). To test skeletal muscle function of the tKO animals we measured their grip strength
241 in comparison to control, single KO and double KO mice. Even though the weights of the
242 animals are very similar, there are differences in the force generated. The triple KO mice are
243 the weakest animals and this difference is significant in comparison to control, all single
244 KO mice and *miR-206 miR-1a-2* double KO animals (Figure 4E). *miR-206 miR-1a-1* double
245 KO and *miR-206 miR-1a-2* double KO were also significantly weaker than control
246 animals (Figure 4E). The Rotarod experiments reveals that the tKO animals fall off the
247 rotarod at an earlier acceleration than the other animal groups. They not only perform
248 significantly worse in this test than control and all single KO animals, but also do not
249 improve between Day 2 and Day 3 as do the other animals (Figure 4F). The tKO mice

250 also have the lowest maximal speed on the third day of experiment of all animals tested
251 (Figure 4G). The progressive decrease in performance from the single KO animals to
252 the double KO animals and further decrease in the triple KO animals confirms that the
253 three microRNAs do compensate for each other and are functionally redundant in
254 skeletal muscle.

255

256

257 *Skeletal muscles and hearts of triple KO animals reveal morphological abnormalities*

258

259 Even though the quadriceps size is very similar in all experimental mice (Figure
260 5A), the H&E staining shows that the average fiber cross-sectional area in the tKO
261 animals lacking *miR-206* and *miR-1a* is significantly smaller than in wild type mice
262 (Figure 5B, 5C). Based on previous literature report (Wüst et al., 2018) we decided to
263 check the mitochondria content and organization in muscle fibers. Staining with anti-
264 mitochondria antibody (Figure 5D) does not reveal any differences in fiber type content
265 (Figure 5E). We also did not see a change in number of nuclei visible per fiber cross-
266 section (Figure 5F). Moreover, we do not observe mitochondrial aggregates in the center
267 of fibers or granulate-like patterns in tKO skeletal muscle fibers, phenotypes that were
268 seen in *miR-1a-133a* knockouts (Wüst et al., 2018). The size of heart in the triple KO
269 animals is comparable to that in wild type (Figure S4A). Masson's trichrome staining
270 shows accumulation of fibrotic tissue in tKO, but not *miR-206 miR-1a-1* dKO or *miR-206*
271 *miR-1a-2* dKO hearts (Figure S4B).

272 Discussion

273 Over the last decade many studies showed that myomiRs are important for
274 muscle development and function (Callis et al., 2007; McCarthy, 2011; Townley-Tilson et
275 al., 2010). *miR-206*, *miR-1a-1* and *miR-1a-2* are genes encoding mature *miR-206* and
276 *miR-1a*, muscle specific miRNAs (myomiRs), which not only have identical seed
277 sequence, suggesting functional redundancy, but also are highly expressed in cardiac
278 and skeletal muscle along with *miR-133a* and *miR-133b*. *miR206*, *miR-1a-1* and *miR-1a-*
279 *2* were suggested to be a critical factor for skeletal muscle differentiation (Anderson et
280 al., 2006; Chen et al., 2006; Chen et al., 2010; Dey et al., 2011; Gagan et al., 2012;
281 Goljanek-Whysall et al., 2012; Heidersbach et al., 2013; Hirai et al., 2010; Kim et al.,
282 2006; Koutsoulidou et al., 2011; Kwon et al., 2005; Mishima et al., 2009; Rao et al.,
283 2006; Sokol and Ambros, 2005; Sweetman et al., 2008; Vergara et al., 2018; Wystub et
284 al., 2013; Wüst et al., 2018; Yuasa et al., 2008; Zhao et al., 2007; Zhao et al., 2005).
285 However, there was no model where all three microRNA genes are knocked out to prove
286 the essentiality of these myomiRs in myogenesis.

287 Our study argues against an essential role of *miR-206*, *miR-1a-1* and *miR-1a-2* in
288 skeletal muscle differentiation, but supports their functional importance in optimal
289 skeletal muscle differentiation and performance. C2C12 myoblasts lacking *miR-206*,
290 *miR-1a-1* and *miR-1a-2* are still able to differentiate, producing promyogenic mRNAs
291 and proteins, and forming normal myotubes. These findings are true both for PAX7
292 negative and PAX7 positive murine myoblasts. Although differentiation was observed, in
293 our RNA-seq there was a decrease in expression of genes in mitochondria- and skeletal
294 muscle - related pathways in the triple KO C2C12 clones' during differentiation. RNA-
295 seq based screens revealed that the targets of these microRNAs remain de-repressed.

296 Thus the simultaneous knockout of the three microRNAs has the expected de-
297 reposition of target genes and yet they are not essential for myogenesis. Loss of *miR-*
298 *1a/-133a* leads to induction of *Mef2a* expression and further induction of *Dlk1-Dio3*
299 mega gene cluster(Wüst et al., 2018). In our *miR-206 miR-1a-1 miR-1a-2* triple KO
300 model despite the decrease of *miR-1a*, *Mef2a* level is not changed in comparison to
301 control cells, and the *Dlk1-Dio3* gene cluster miRNA are not induced. This suggests that
302 the changes seen in Wüst et al. (2018) must be due to the loss of *miR-133a*.

303 *miR-1* was previously reported as a mitochondrial translation enhancer during
304 muscle differentiation (Zhang et al., 2014). It enters the mitochondria and together with
305 Ago2 but not GW182 stimulates the translation of specific mitochondrial genome-
306 encoded transcripts. The triple KO C2C12 cells show a decrease in the maximal oxygen
307 consumption rate suggesting mitochondrial dysfunction. The mitochondrial respiratory
308 capacity in tKO C2C12 clones is significantly lower than in control C2C12 myoblasts and
309 myotubes. Interestingly, Wüst et al. (Wüst et al., 2018) observed mitochondrial
310 aggregation and accumulation in the skeletal muscle fibers of *miR-1a/-133a Pax7⁺-Cre*
311 mice, whereas we do not see changes in mitochondria structure or localization in our
312 triple KO cells/muscles, suggesting that this phenotype may be caused by lack of *miR-*
313 *133a*. Therefore, the *miR-206* family (in this report) and *miR-133a* (Wüst et al., 2018) are
314 independently required for normal mitochondrial function.

315 An *in vivo* model was generated by breeding single knockout animals in order to
316 obtain animals lacking two or three miRNA genes. We obtained *miR-206 miR-1a-1* and
317 *miR-206 miR-1a-2* double knockout animals with ratios similar to expected Mendelian
318 ratios. *miR-1a-1 miR-1a-2* dKO animals were embryonically lethal, most likely due to an
319 essential function of these microRNAs in cardiac differentiation, as published previously

320 (Heidersbach et al., 2013; Wystub et al., 2013). Unexpectedly, we successfully
321 generated triple knockout animals, clearly showing that these miRNAs are collectively
322 not essential for skeletal muscle formation. We still observe the partial embryonic
323 lethality in the triple KO, but we hypothesize that tKO could be generated in a mixed
324 genetic background, which may decrease embryonic lethality, as reported for miR-1a-1
325 single KO animals by Heidersbach (2013). We hypothesize the triple KO males were
326 infertile as even though breeding was observed, none of the females got pregnant.
327 Interestingly, the mice lacking *miR-206*, *miR-1a-1* and *miR-1a-2* had worse physical
328 performance than wild type, single miRNA knockout and double miRNAs knockout
329 animals. The triple KO mice have weaker muscles and perform worse at rotarod test
330 than wild type control animals. Although the rotarod results may be affected by cardiac
331 defects of KO animals, the decrease in grip strength and decrease in skeletal myofiber
332 diameter clearly show that skeletal muscle function is impaired. Taken together, these
333 findings emphasize that even though *miR-206*, *miR-1a-1* and *miR-1a-2* are not essential
334 for the skeletal muscle formation, they are required for maintenance of its full physical
335 capability. We also found that *miR-206* KO or *miR-1a-2* KO animals perform worse than
336 WT mice in rotarod test, which, to our knowledge, is the first demonstration that even
337 single microRNA gene deletion decreases the neuromuscular performance. This effect
338 increases with each additional microRNA gene deletion.

339 Extensive cooperation between several miRNAs, mRNAs and proteins leads to
340 effective differentiation. Our study shows that lack of three specific myomiRs *miR-206*,
341 *miR-1a-1* and *miR-1a-2* does not prevent myogenesis, but may lead to functional
342 impairment of skeletal muscles, emphasizing the complex and non-binary nature of
343 skeletal muscle differentiation. Combinatorial knockout of additional known myomiRs

344 may be necessary to fully answer the question if any of these miRNAs are essential for
345 myogenesis. Moreover, this study underscores the importance of joint *in vitro* and *in vivo*
346 full knockout studies by showing that even small alterations in differentiation at the
347 cellular level, may have a significant impact on physical activity with the adult skeletal
348 muscle.

349 There is an interesting comparison to be made between the functional
350 redundancy of the three myomiRs studied here and of the *MyoD*, *Myf5* and *Mrf4*
351 transcription factor family. Just as overexpression of *miR-206* pushes myoblasts towards
352 differentiation (Kim et al., 2006), overexpression of *Myod1* induces myogenic conversion
353 of fibroblasts (Lattanzi et al., 1998; Tapscott et al., 1988) and ectopic *Myod1* expression
354 drives terminal differentiation of pluripotent stem cells into skeletal myotubes upon
355 chemical treatment (Genovese et al., 2017). *Myod1* knockout *in vitro* inhibits the
356 myoblast differentiation completely (Cichewicz et al., 2018), but *in vivo* *Myod1* knockout
357 mice develop normal skeletal muscles (Rudnicki et al., 1992). In a similar vein, knockout
358 of individual microRNA genes, *miR-206*, *miR-1a-1* or *miR1a-2*, did not interfere with
359 differentiation *in vivo* (Heidersbach et al., 2013; Williams et al., 2009; Wystub et al.,
360 2013; Zhao et al., 2007), but affected the regeneration of skeletal muscle after acute or
361 chronic injury (Liu et al., 2012; Williams et al., 2009). However, *Myod1* is dispensable for
362 skeletal muscle development in mice because of the functional redundancy between
363 *Myod1* and *Myf5*, so that mice with double knockout of the two genes do not show
364 skeletal myogenesis (Rudnicki et al., 1993). In a different *Myod1* and *Myf5* double KO
365 model, where *Mrf4* expression was not compromised, the embryonic myogenesis was
366 rescued (Kassar-Duchossoy et al., 2004). Thus the myogenic transcription factors are
367 essential for differentiation, with the essentiality masked by redundancy in actions of the

368 three related transcription factors. This is not the case for the three microRNA genes,
369 where even after removal of all three functionally redundant genes, skeletal muscle
370 differentiation still occurs *in vitro* and *in vivo*: the three microRNAs studied here are not
371 essential for differentiation.

372 However, the three microRNAs are clearly important for optimal skeletal muscle
373 differentiation, judging by the defects in mitochondrial function, myofiber diameters and
374 skeletal muscle performance that we report in this paper. We also demonstrate that it is
375 possible to genetically separate the functional role of miRNAs coming from bicistronic
376 loci like *miR-1a* and *miR-133a* and to genetically examine functional redundancy of as
377 many as three microRNAs *miR-206*, *miR-1a-1* and *miR-1a-2*.

378

379

380 **Material and Methods**

381

382 *Cell lines generation*

383 Stable overexpression of inducible Cas9 in C2C12 cells

384 pCW-Cas9 (addgene #50661) vector was packed in the virus using psPAX2 (addgene
385 #12260) and pMD2.G (addgene #12259) in 293T cells. C2C12 cells were transduced
386 with the filtered supernatant containing virus. After 24 hours cells were treated with
387 puromycin (C=2ug/ml; Sigma, Cat# P9620) and resistant cells were seeded to 96-well
388 plates using single cell dilution method. Growing clones were examined for Cas9
389 expression by immunoblotting after treatment with doxycycline (C=1ug/ml; Sigma,
390 Cat# D9891) for 48h. Clones with high expression upon induction and low leakage level
391 without doxycycline were next tested for differentiation efficiency by q-RT-PCR for

392 *Myod1*, *Myogenin* and *Myh3*, and immunoblotting for MYOD1, MYOGENIN and MHC.
393 The clone, which was the most similar to wild-type cells, was chosen for further
394 experiments.

395 Knockout cell line generation

396 CRISPR protocol (Ran et al., 2013) with minor changes was followed to achieve deletion
397 of *miR-206*, *miR-1a-1* and *miR-1a-2* genes. Briefly, sgRNAs were designed using
398 CRISPR DESIGN tool: <http://crispr.mit.edu/>. Cas9 expression in C2C12 cells was
399 induced 24h before sgRNAs transfection using doxycycline (C=1ug/ml). Cells were co-
400 transfected with 6 different sgRNAs cloned into gRNA_GFP-T2 (addgene #41820), and
401 a spiking vector coding for a resistance gene using Lipofectamine 3000 (Life
402 Technologies, Cat# L3000015). After 24-48 hours cells were treated with hygromycin
403 (C=300ug/ml; Life technologies, Cat# 10687-010), and resistant cells were seeded to
404 96-well plates using single cell dilution method. Growing clones were examined for
405 desired deletion by PCR on extracted genomic DNA (Quick Extract DNA Extraction
406 Solution, Lucigen., Cat# QE09050), and candidates with complete loss of all three WT
407 PCR products (homozygous deletions) were confirmed by Sanger sequencing and q-
408 RT-PCR for *miR-206*, *miR-1a-1* and *miR-1a-2*. Oligonucleotides sequences are listed in
409 Table S1.

410

411 *Cell culture, differentiation assay*

412 C2C12 cells were cultured in DMEM-high glucose medium (GE Healthcare Life
413 Sciences co., Cat# SH30022.FS) with 10% FBS (Gibco, Cat# 10437-028), when
414 differentiating, serum was switched to 2% horse serum (GE Healthcare Life Sciences
415 co., Cat# SH30074.03) supplemented with (1) 1x ITS (Insulin-Transferrin-Selenium;

416 Fisher, Cat# 41400045) and 5mM LiCl (Sigma; Cat# 203637) for PAX7 negative cells or
417 (2) 1x ITS for PAX7 positive cells. PAX7 negative and positive cell lines were
418 independently purchased.

419

420 *RNA isolation and RT-PCR*

421 RNA was isolated by TRIzol reagent (Life Technologies, Cat# 15596018) using Direct-
422 zol RNA MiniPrep Plus Kit including DNase treatment (Zymo Research, Cat# R2052).
423 cDNA synthesis for mRNA expression levels measurement was performed using
424 Superscript III RT cDNA synthesis kit (Life Technologies co., Cat# 18080-051) with
425 random hexamer and oligodT priming. After cDNA synthesis, qPCR was performed with
426 Applied Biosystems 7500 Real-Time PCR Systems using SensiFAST™ SYBR® Hi-ROX
427 Kit (BIOLINE, Cat# BIO-92020). miScript II RT (Qiagen, Cat# 218161) and miScript
428 SYBR® Green PCR kits (Qiagen, Cat# 218075) were used for miRNA and pre-miRNA
429 expression levels measurement. All primers used in this study are listed in Table S1.

430

431 *Western blotting*

432 Cells were lysed in IPH buffer (50mM Tris-Cl, 0.5% NP-40%, 50mM EDTA) and run on
433 10% polyacrylamide SDS-PAGE gel, transferred to nitrocellulose membranes.
434 Membranes were blocked for 30 minutes in 5% milk containing PBST, and incubated
435 overnight with primary antibody in 1% milk. Secondary antibody incubation was carried
436 out for 1 hour after washing, and at 1:4000 dilution before washing and incubation with
437 Millipore Immobilon HRP substrate. Primary antibodies were used as follows: mouse
438 monoclonal MyoD (5.8A) (Santa Cruz co., Cat# sc-32758), mouse monoclonal Myogenin
439 (F5D) (Santa Cruz co., Cat# sc-12732), rabbit polyclonal MYH3 (Proteintech, Cat#

440 22287-1-AP), mouse monoclonal HSP90 α/β (F-8) (Santa Cruz co., Cat# sc-13119).
441 Secondary antibodies were used as follows: anti-rabbit IgG, HRP-linked Antibody (Cell
442 Signaling, Cat# 7074S), anti-mouse IgG, HRP-linked Antibody (Cell Signaling, Cat#
443 7076S).

444
445 *Immunofluorescence assay*

446 Cells were plated on glass coverslips and collected in growth medium or after 5 days of
447 differentiation. The coverslips were fixed with 4% paraformaldehyde in PBS for 15 min,
448 permeabilized in 0.5% Triton X-100 in PBS, and blocked in 5% goat serum. The
449 coverslips were incubated with primary rabbit polyclonal antibody MYH3 (Proteintech,
450 Cat# 22287-1-AP) overnight at 4°C and then with goat anti-Rabbit IgG (H+L) Cross-
451 Adsorbed Secondary Antibody, Alexa Fluor 647 (Invitrogen, Cat# A-21244) for 1 h. Cells
452 were stained with Hoechst 33342 (1 $\mu\text{g}/\text{mL}$; Life Technologies, Cat# H3570) for 2
453 minutes at room temperature, washed and then mounted with ProLong™ Gold Antifade
454 Mountant (Life Technologies, Cat# P10144). The primary and secondary antibodies
455 were diluted 1:400 and 1:1000, respectively. The fusion index was calculated by dividing
456 the number of nuclei contained within multinucleated cells by the number of total nuclei
457 in a field. Microscopy was performed using the Zeiss LSM 710 Confocal Microcopy and
458 ImageJ Software for analysis (Schneider et al., 2012).

459
460 *Mitochondrial Stress Test*

461 Oxygen Consumption Rate (OCR) for Mitochondrial Stress Test (MST) assay was
462 measured using Seahorse XF24 Extracellular Flux Analyzer (Agilent). 20,000 cells per
463 well were plated in growth medium in at least triplicate for each cell line and condition

464 48h before test. For DM1, 24h post seeding medium was switched to differentiation and
465 MST assay was performed after 24h. One hour before MST assay medium was
466 changed to MST medium (unbuffered, serum-free DMEM pH 7.4; Life Technologies,
467 Cat# 12100046). For the MST assay, oligomycin (inhibits ATP synthase; Sigma, Cat#
468 75351), BAM15 (protonophore uncoupler, stimulates a maximum rate of mitochondrial
469 respiration; Cayman, Cat# 17811), and Rotenone and Antimycin A (inhibits the transfer
470 of electrons in complex I and III, respectively; Sigma, Cat# R8875, Cat# A8674) were
471 injected to a final concentration of 2 μ M, 10 μ M, 1 μ M and 2 μ M, respectively over a 100-
472 minute time course. At the end of each experiment, each assay was normalized to total
473 protein count measured from a sister plate that was seeded concurrently with the
474 experimental plate.

475

476 *RNA-seq*

477 RNA samples were isolated from proliferating or differentiating WT and tKO cells as
478 described above. RNA-seq was performed by Beijing Novogene Co., Ltd. on poly(A)
479 enriched RNA using the Illumina HiSeq instrument. We obtained >50 million paired-end
480 150 bp long reads for all conditions. RNA-Seq data was aligned to the reference
481 genome - mouse assembly GRCm38/mm10 using STAR v2.5 (Dobin et al., 2013) and
482 quantified by HTSeq 0.6.1p1 (Python 2.7.5) (Anders et al., 2015). DESeq2 R package
483 (Love et al., 2014) was then applied to determine differentially expressed genes with a
484 significant criterion $p_{adj} < 0.05$. Gene Ontology was performed using clusterProfiler (Yu
485 et al., 2012). GSEA (Subramanian et al., 2005) was used for gene set enrichment
486 analysis. The list of *miR-206/-1a* targets was downloaded from TargetScan 7.1 (Agarwal

487 et al., 2015). All RNA-Seq libraries data files are available under GEO accession
488 number: GSE133260.

489

490 *Short RNA-seq*

491 RNA samples were isolated from proliferating or differentiating WT and tKO cells as
492 described above. 0.5 ug of RNA was used for short RNA-seq library preparation with
493 NEBNext Small RNA library kit (New England Biolabs, Cat# E7300). Shortly, 3'
494 preadenylated adaptors and then 5' adaptors were ligated to RNA, followed by reverse
495 transcription and PCR with indexes. Next, 8% TBE-PAGE gel was used for size
496 selection (15-50nt). For sequencing we used Illumina NextSeq 500 sequencer with high-
497 output, 75-cycles single-end mode at Genome Analysis and Technology Core (GATC) of
498 University of Virginia, School of Medicine. Data trimmed by catadapt v1.15 (Python
499 2.7.5) (Martin, 2011) was aligned to the reference genome (gencode GRCm38.p5
500 Release M16, primary assembly) using STAR v2.5 with settings based on previous
501 paper (Faridani et al., 2016) and the total number of mapped reads were used for
502 normalization. In general, mapped percentage is more than 95%. Unitas v.1.5.1 (with
503 SeqMap v1.0.13) (Gebert et al., 2017; Jiang and Wong, 2008) was used for miRNA
504 abundance quantification with setting `-species_miR_only -species mus_musculus` to
505 map the reads to mouse sequence of miRBase Release 22 (Kozomara et al., 2019).
506 This setting (equivalent to `-tail 2 -intmod 1 -mismatch 1 -insdel 0`) will allow 2 non-
507 templated 3' nucleotides and 1 internal mismatch for miRNA mapping. For differential
508 analysis, DESeq2 (Love et al., 2014) was used on count matrix of mature microRNAs.
509 All short RNA-Seq libraries data files are available under GEO accession number:
510 GSE133255.

511

512 *Mice*

513 Mouse strains used in the study were obtained as follows: *miR-206* KO mice provided by
514 Eric Olson (Williams et al., 2009); *miR-1a-1* and *miR-1a-2* KO mice provided by Deepak
515 Srivastava (Heidersbach et al., 2013; Zhao et al., 2007). Double KO mice were
516 generated by crossing single KO animals and then crossing their double heterozygous
517 offspring. Triple KO mice were generated by crossing *miR-206 miR-1a-1* double KO
518 animals with *miR-206 miR-1a-2* double KO animals and then crossing their offspring
519 (*miR-206* KO *miR-1a-1* HET *miR-1a-2* HET) as shown in Figure 4A. All animals were
520 PCR-genotyped using gene-specific primers listed in Table S1. Work involving mice
521 adhered to the guidelines of the University of Virginia Institutional Animal Care and Use
522 Committee (IACUC), protocol number 3774.

523

524 *Physical endurance tests*

525 Tests described below were performed on 12 weeks old mice, males and females (7+6)
526 for all animals except tKO mice, where 2 males were examined.

527 Grip strength test

528 Mice were tested for their maximal grip strength with a grip strength meter (C.S.C. Force
529 Measurement, Inc. AMETEK 2LBF Chatillon). The mice were placed on the force meter
530 allowing forelimb to grip the grid. The mice were then slowly dragged backward until loss
531 of grip. The bodies of the mice were kept in a horizontal position during the test. Three
532 trials were repeated in 1-minute intervals. The average of the three trials was recorded
533 as the maximum grip strength.

534 Accelerating rotarod test

535 Motor coordination and balance were assessed on an Economex accelerating rotarod
536 (Columbus Instruments) that has the capacity to test five mice simultaneously. The
537 testing procedure consists of three days, two runs on each day. The rod was adjusted to
538 spin at a beginning speed of 4.0 r.p.m with an acceleration (0.12 r.p.m.) over 300s to
539 final speed 40.0rpm. The maximum running time was 360s. Latency to fall from the
540 rotarod and maximum animal speed for each run were recorded and averaged per each
541 day.

542 Experiments involving mice adhered to the guidelines of the University of Virginia
543 Institutional Animal Care and Use Committee (IACUC), protocol number 4064.

544

545 *Muscle isolation, histological analyses and staining*

546 The mice were sacrificed by carbon dioxide inhalation. The hearts, quadriceps and
547 tibialis anterior muscles were dissected quickly, weighed, fixed with 4%
548 paraformaldehyde or snap-frozen in liquid nitrogen and stored at -80°C . All samples
549 were collected at least 7 days after assessment of physical function from 3 males and 2
550 females for all animals except tKO mice (2 males)

551 All formalin-fixed paraffin-embedded (FFPE) sections, H&E staining and Masson's
552 trichrome staining were performed by Research Histology Core at University of Virginia
553 (Charlottesville, USA). Fiber size was measured on H&E stained quadriceps muscles
554 using ImageJ 1.50i (Java 1.6.0_24) (Schneider et al., 2012) on three pictures from two
555 animals per genotype (300 fibers per genotype in total).

556 Immunofluorescence on FFPE sections was performed as previously described (Wang
557 et al., 2014). In short, FFPE sections were deparaffinized and antigen-retrieved (by
558 Biorepository & Tissue Research Facility at University of Virginia), washed, and blocked

559 then incubated with anti-mitochondria antibody, clone 113-1, Cy3 conjugate (EMD
560 Millipore, Cat# MAB1273C3) overnight. Slides were incubated with CuSO₄ to reduce
561 autofluorescence and mounted with Prolong Gold antifade reagent with DAPI. Images
562 were taken with a Zeiss LSM 710 Multiphoton microscope with a 20x (NA 0.8) objective.
563 Mitochondria content and nuclei per fiber count was performed using ImageJ 1.50i (Java
564 1.6.0_24) (Schneider et al., 2012) on ten pictures per genotype (600 fibers per genotype
565 in total).

566

567

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577

578 **Author Contributions**

579 RKP and AD designed all experiments. RKP obtained all C2C12 cell lines and mice
580 strains used in this study. RKP and ES confirmed deletions in KO clones. RKP and ES
581 performed differentiation assays, qPCR and Western Blot analyses for C2C12 cells. ES
582 performed immunofluorescence experiments. RKP prepared samples for RNA-seq and

583 short RNA-seq experiments. ZS performed and analyzed short RNA-seq experiment.
584 RKP crossed and genotyped all animals with help of KJ. Physical endurance
585 experiments were performed by RKP. Muscle isolation was done by RKP with help of
586 PP and KJ. SN performed Seahorse assay with help of RKP. JK performed anti-
587 mitochondria staining. JL helped with mice study design and DK with mitochondria-
588 related study design. RKP and AD wrote the manuscript.

589

590

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839

840

841 **Supplemental item titles**

842 *Table S1.* Oligonucleotides used in this study.

843 *Table S2.* Expression of *miR-206/1a* targets based on RNA-seq results.

844 *Table S3.* Expression of *miR-133* family based on small RNA-seq results.

845 **Figure legend**

846 *Figure 1.* Simultaneous knockout of *miR-206*, *miR-1a-1* and *miR-1a-2* in C2C12 murine
847 myoblast does not block cell differentiation

848 A) Scheme of CRISPR/Cas9 experiment design. Blue blocks represent genes, orange
849 lines sgRNAs sequences and black arrow genotyping primers localization. Left: *miR-*
850 *206*, middle: *miR-1a-1*, right: *miR-1a-2*.

851 B) Representative picture of PCR genotyping results of triple KO C2C12 cells. Left: *miR-*
852 *206*, middle: *miR-1a-1*, right: *miR-1a-2*. Top band – wild-type size, bottom band – KO
853 size.

854 C) Representative picture of Sanger sequencing confirmation of the genotyping PCR
855 product in tKO C1 C2C12 clone.

856 D) qRT-PCR analysis of differentiating (DM3) control cells (Ctrl) and triple KO clones
857 (tKO C1 and tKO C2). Levels of pre-miRNAs were normalized to *Gapdh* and miRNAs –
858 to *U6* snRNA. Levels are shown relative to control cells (Ctrl DM3). Values represent
859 three biological replicates, presented as mean +/- SEM. Statistical significance was
860 calculated using t-student test. (***) indicates p-value =< 0.001.

861 E) qRT-PCR analysis of proliferating (GM) and differentiating (DM3) control cells (Ctrl)
862 and triple KO clones (tKO C1 and tKO C2). Levels of *Myod1*, *Myogenin* and *Myh3*
863 mRNAs were normalized to *Gapdh* and shown relative to control cells (Ctrl DM3) in box
864 and whiskers plots. Values represent four biological replicates, black line represents
865 median. Statistical significance was calculated using t-student test.

866 F) Representative Western blot of time course of differentiation (GM, DM1, DM3, DM5)
867 of control cells (Ctrl) and triple KO clones (tKO C1 and tKO C2). Protein levels for
868 MYOGENIN and MHC were measured. HSP90 serves as a loading control.

869 G) Immunofluorescence analysis of fixed cells 5 days after differentiation (DM5). Cells
870 were immunostained with antibodies against MHC. Hoechst 33342 was used to visualize
871 nuclei. Quantification of the fusion index is presented on the right side. White line =
872 200 μ m.

873
874 *Figure 2.* RNAseq analysis confirms the tKO cells differentiate, but they have lower
875 mitochondrial respiratory capacity than control cells during differentiation

876 A) Heatmap showing clustering of all RNA-seq samples and conditions based on
877 expression (FPKM \geq 1) in proliferating conditions (left) and in differentiating conditions
878 (right) in control cells (Ctrl1 and Ctrl 2) and triple KO clones (KO1 and KO2). There are
879 two biological replicates for each condition (BR1 and BR2).

880 B) MA plots representing differentially expressed genes between control cells and triple
881 KO clones in proliferation (top) and differentiation conditions (bottom). Upregulated
882 genes are presented in blue and downregulated in red (p_{adj} <0.01).

883 C) Top 15 significant Gene Ontology terms enriched in downregulated genes in
884 differentiating triple KO clones (tKO) in comparison to differentiating control cells (Ctrl).
885 Red arrows show gene terms related to muscle development and regeneration. (***)
886 indicates $p_{adj} \leq 0.001$

887 D) Enrichment plot from gene set enrichment analysis (GSEA) showing the gene set
888 involved in oxidative phosphorylation is enriched among differentially downregulated
889 genes in differentiating tKO clones versus differentiating control cells.

890 E) Oxygen Consumption Rate (OCR) of differentiating (DM1) tKO C2C12 clones and
891 control C2C12 cells measured at basal conditions and after the administration of the

892 indicated compounds. Values represent five biological replicates, presented as mean
893 +/- SEM. Levels are shown relative to the total protein content.

894 F) Maximal Respiration of control C2C12 cells and tKO clones in differentiation (DM1).
895 Values represent five biological replicates, presented relative to control cells as mean
896 +/- SEM. (**), (***) indicates $p_{adj} < 0.01$ and 0.001 respectively. Levels are shown
897 relative to the total protein content and control cells.

898

899 *Figure 3. Targets of miR-206/-1a are specifically upregulated in differentiating triple KO*
900 *clones and are not affected by differentially expressed miRNAs.*

901 A) Top: Cumulative distribution function (CDF) plot showing no change of the *miR-206/-*
902 *1* targets in proliferating triple KO clones (KO) versus control cells (Ctrl). The curves for
903 the microRNA targets and non-targets are virtually superimposed. Bottom: Histogram of
904 fraction of the *miR-206/-1* targets, among all bins arranged from the most repressed to
905 most induced in tKO vs Ctrl cells in growth medium. The genes are ranked from the
906 most downregulated (blue) to the most upregulated (red). The horizontal line depicts the
907 uniform distribution expected under the null hypothesis. Targets are based on match to
908 7mer sequence.

909 B) Top: Cumulative distribution function (CDF) plot showing upregulation of *miR-206/-1*
910 targets in differentiating triple KO clones (KO) versus differentiating control cells (Ctrl).
911 Bottom: Histogram similar to that in Figure 3A, but in differentiating medium.

912 C) MA plots to identify differentially expressed miRNAs between control cells and triple
913 KO clones in proliferation (top) and differentiation conditions (bottom). The microRNA
914 abundance was measured by small RNA-seq. Upregulated microRNAs are presented in
915 blue and downregulated in red ($p_{adj} < 0.1$).

916
917 *Figure 4. Knockout of miR-206, miR-1a-1 and miR-1a-2 leads to partial embryonic*
918 *lethality and diminishes adult mice physical potential*

919 A) Scheme of animal crosses leading to generation of triple KO mice.

920 B) Genotypes of offspring generated from *miR-206* KO *miR-1a-1* HET *miR-1a-2*
921 intercrosses. In total 127 animals were genotyped. Percentage of expected and
922 observed genotypes are given for weaning-age (3-week-old) pups. (***) indicates p-
923 value ≤ 0.001

924 C) qRT-PCR analysis of microRNAs in TA skeletal; muscles from control wild-type (WT,
925 n=3) and triple KO (tKO, n=2) animals. Levels of miRNAs were normalized to *U6*
926 snRNA. Levels are shown relative to WT. Values presented as mean \pm SD. Statistical
927 significance was calculated using t-student test. (***) indicates p-value ≤ 0.001 .

928 D) Animal weight used for physical performance tests. Statistical significance was
929 calculated using t-student test. (***) indicates p-value ≤ 0.001 . (*) indicates p-value \leq
930 0.05. N = 13 for all genotypes, except for *miR-206&1-1&1-2* tKO (N = 2).

931 E) Forelimb grip strength measured using grid normalized to respective body weights.
932 Values presented as mean \pm SD. Statistical significance was calculated using t-
933 student test. (***) indicates p-value ≤ 0.001 in comparison to WT mice. (†††), (††), (†)
934 indicates p-value ≤ 0.001 , ≤ 0.01 , ≤ 0.05 respectively in comparison to tKO mice. N =
935 13 for all genotypes, except for *miR-206&1-1&1-2* tKO (N = 2).

936 F) Top: Latency to fall measured using rotating rod. Values presented as mean \pm SD.
937 N = 13 for all genotypes, except for *miR-206&1-1&1-2* tKO (N = 2). Bottom: Statistical
938 significance heatmap calculated using one-way ANOVA test.

939 G) Maximum speed of rotation tolerated by the animals measured using rotating rod at
940 the end of experiment (3rd day). Values presented as mean +/- SD. Statistical
941 significance was calculated using t-student test. (***) , (**) indicates p-value =< 0.001,
942 =<0.01 respectively in comparison to WT mice. (†††), (†) indicates p-value =< 0.001, =<
943 0.05 respectively in comparison to tKO mice. N = 13 for all genotypes, except for *miR-*
944 *206&1-1&1-2* tKO (N = 2).

945
946 *Figure 5.* Knockout of *miR-206*, *miR-1a-1* and *miR-1a-2* leads to smaller muscle fiber
947 diameter, but does not alter the content of mitochondria or nuclei in skeletal muscles.

948 A) Quadriceps muscle (QU) weight from animals used in this study. Statistical
949 significance was calculated using t-student test. N = 5 for all group, except *miR-206&1-*
950 *1&1-2 tKO*, where N=2.

951 B) Representative picture of hematoxylin and eosin (H&E) staining of quadriceps muscle
952 cross-section from WT and tKO mice. Black line = 100µm.

953 C) Quantification of average fiber size based on H&E staining. Statistical significance
954 was calculated using t-student test. (***) indicates p-value =< 0.001. N = 300 fibers per
955 group.

956 D) Representative picture of anti-mitochondria staining of quadriceps muscle cross-
957 section from WT and tKO mice. White line = 200µm.

958 E) Quantification of fiber mitochondria content based on anti-mitochondria staining. High
959 mitochondria content fibers represent type I and IIa, low – type IIb and IIc. Statistical
960 significance was calculated using t-student test. N = 600 fibers per group.

961 F) Quantification of nuclei per fiber number based on DAPI (nuclei) and anti-
962 mitochondria (fibers) staining. Statistical significance was calculated using t-student test.
963 N = 600 fibers per group.

964

965 **Supplemental figure legend**

966 *Supplemental figure 1.* Simultaneous knockout of miR-206, miR-1a-1 and miR-1a-2
967 genes in PAX7 positive murine myoblast doesn't block differentiation, but slightly
968 decreases MHC protein level

969 A) qRT-PCR analysis of differentiating (DM3) control cells (Ctrl) and triple KO clones
970 (tKO C1 and tKO C2). Levels of pre-miRNAs were normalized to Gapdh and miRNAs –
971 to U6 snRNA. Levels are shown relative to control cells (Ctrl DM3). Values represent
972 three biological replicates, presented as mean +/- SEM. Statistical significance was
973 calculated using t-student test. (***) indicates p-value =< 0.001.

974 B) qRT-PCR analysis of proliferating (GM) and differentiating (DM3) control cells (Ctrl)
975 and triple KO clones (tKO C1 and tKO C2). Levels of Myod1, Myogenin and Myh3
976 mRNAs were normalized to Gapdh and shown relative to control cells (Ctrl DM3). Box
977 and whiskers plot from three biological replicates with black line representing the
978 median. Statistical significance was calculated using t-student test.

979 C) Western blot of proliferating (GM) and differentiating (DM1, DM3, DM5) control cells
980 (Ctrl) and triple KO clones (tKO C1 and tKO C2). Protein levels for MYOGENIN and
981 MHC were measured. HSP90 serves as a loading control.

982

983 *Supplemental figure 2.* Lack of miR-206/-1a leads to mitochondria function impairment in
984 C2C12 cells

985 A) Top 10 significant Gene Ontology terms enriched in genes upregulated during
986 differentiation of control cells (Ctrl). (***) indicates $p_{adj} \leq 0.001$

987 B) Top 10 significant Gene Ontology terms enriched in genes upregulated during
988 differentiation of triple KO clones (tKO1 and tKO2). (***) indicates $p_{adj} \leq 0.001$

989
990 *Supplemental figure 3.* Differentially expressed miRNAs in triple KO cells do not share
991 seed-sequence with miR-206/-1a and so are unlikely to repress miR-206/-1a targets.

992 A) miRNAs downregulated in proliferating triple KO clones versus control cells. $p_{adj} \leq$
993 0.1

994 B) miRNAs upregulated in proliferating triple KO clones versus control cells. $p_{adj} \leq 0.1$

995 C) miRNAs down- and upregulated in differentiating triple KO clones versus control
996 cells. $p_{adj} \leq 0.1$

997
998 *Supplemental figure 4.* Mice with triple knockout of miR-206, miR-1a-1 and miR-1a-2
999 show high levels of heart fibrosis.

1000 A) Hearts weight from animals used in this study. Statistical significance was calculated
1001 using t-student test. $N = 5$ for all group, except miR-206&1-1&1-2 tKO, where $N=2$.

1002 B) Representative picture of Masson's trichrome staining of heart section from WT, miR-
1003 206 miR-1a-1 dKO, miR-206 miR-1a-2 dKO and miR-206 miR-1a-1 miR-1a-2 tKO mice.

1004 Black line = 100 μ m

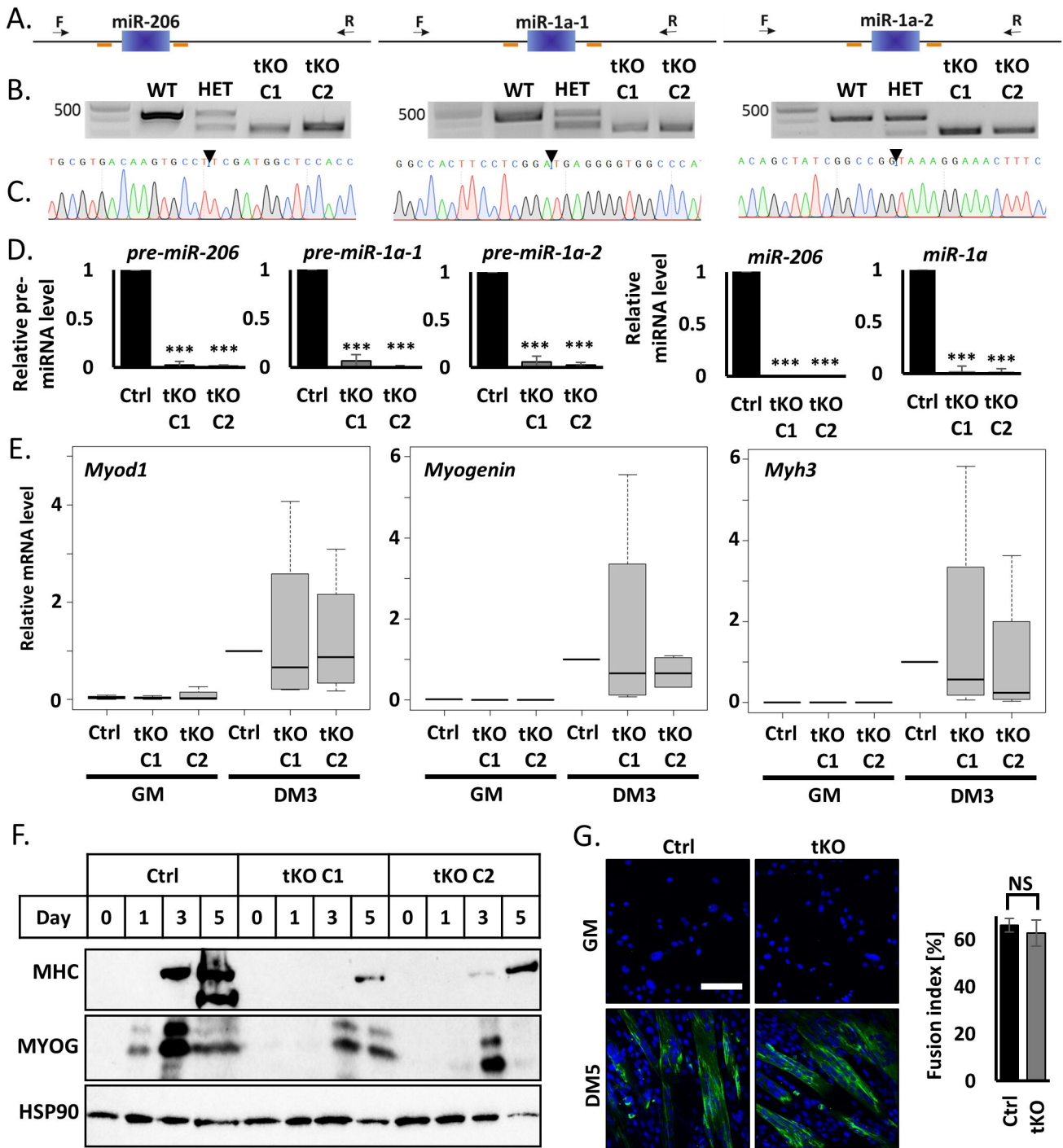


FIGURE 1.

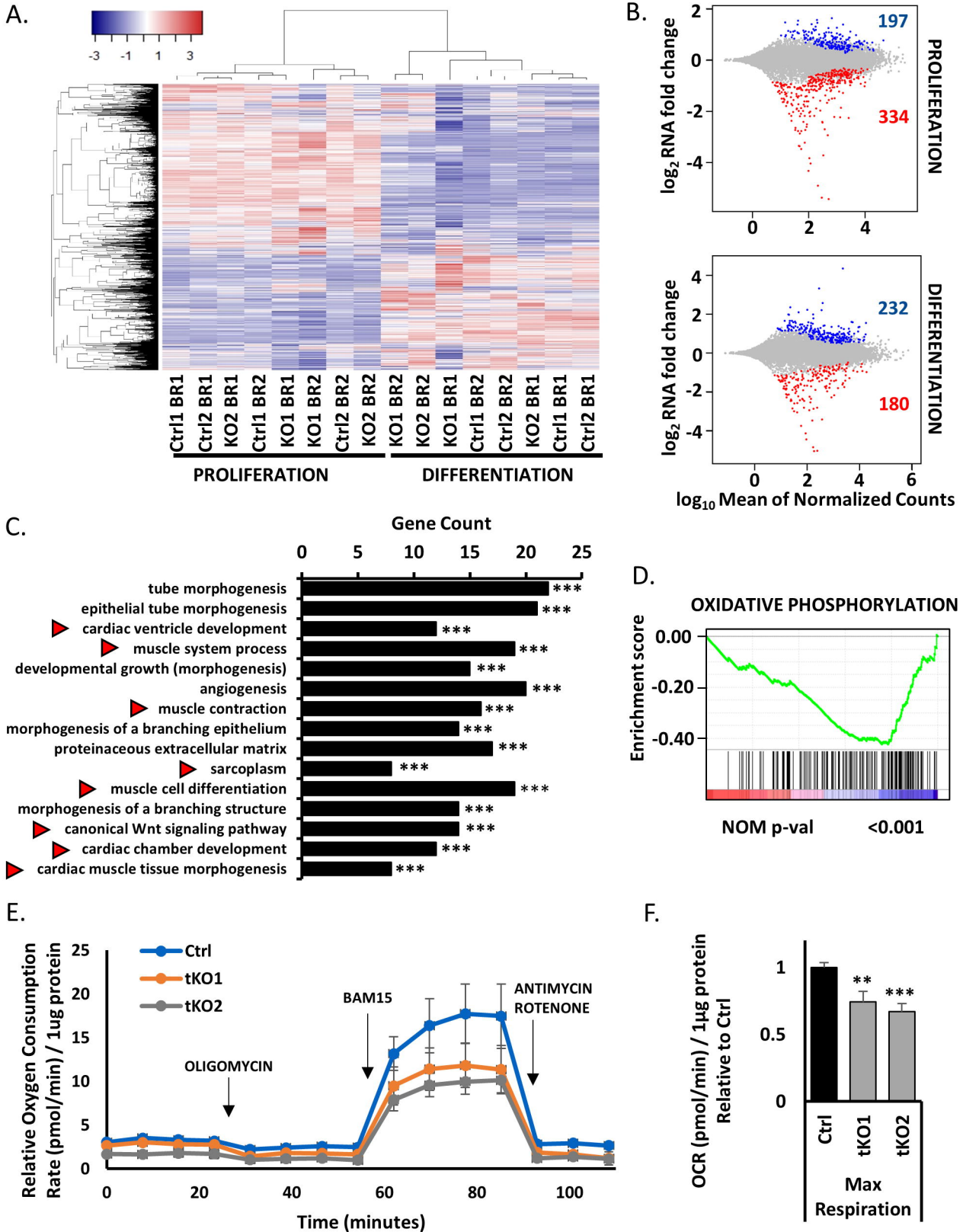


FIGURE 2.

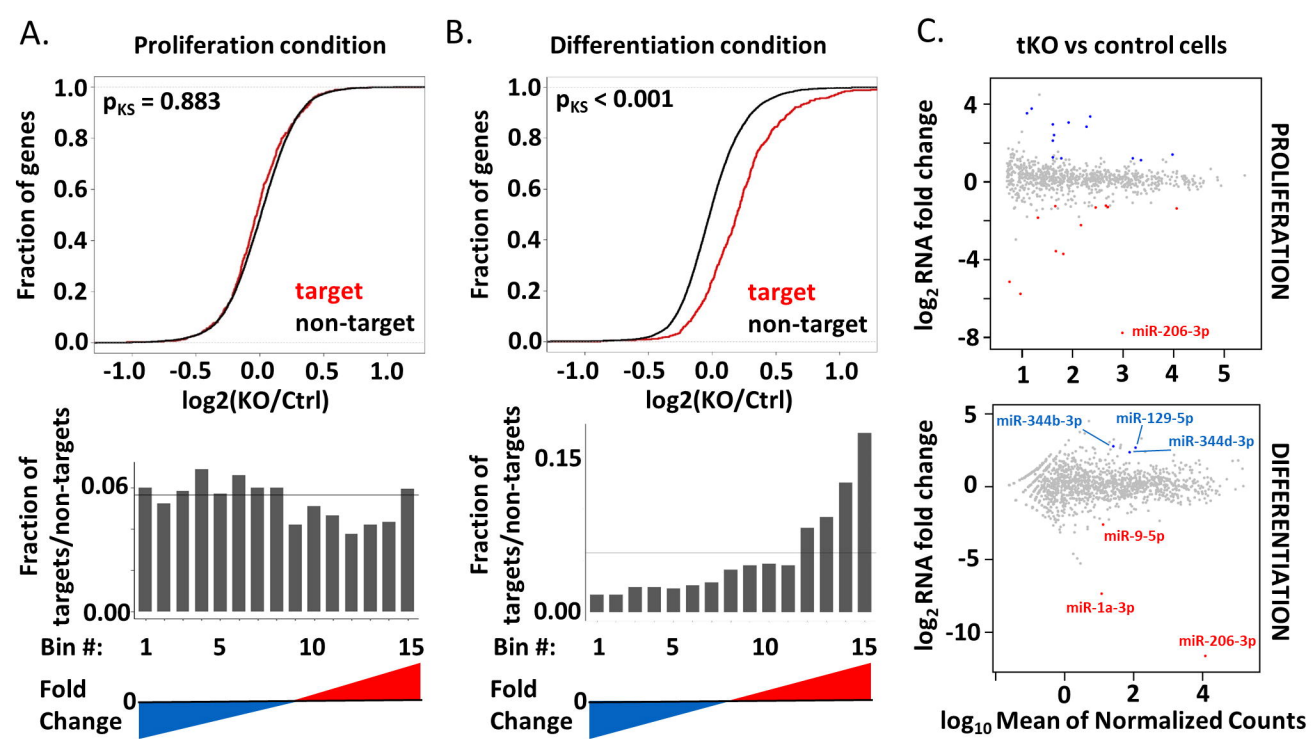


FIGURE 3.

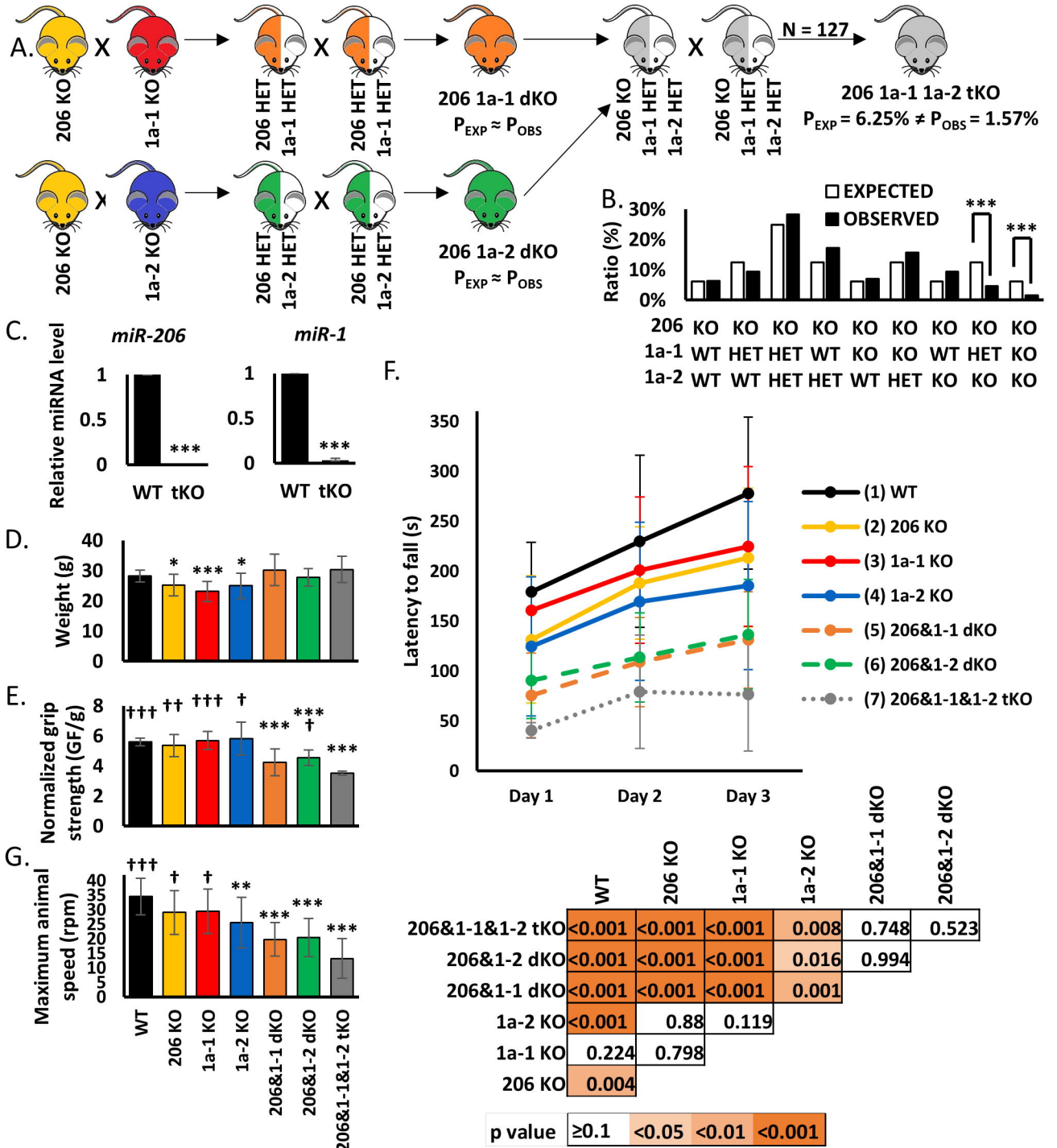


FIGURE 4.

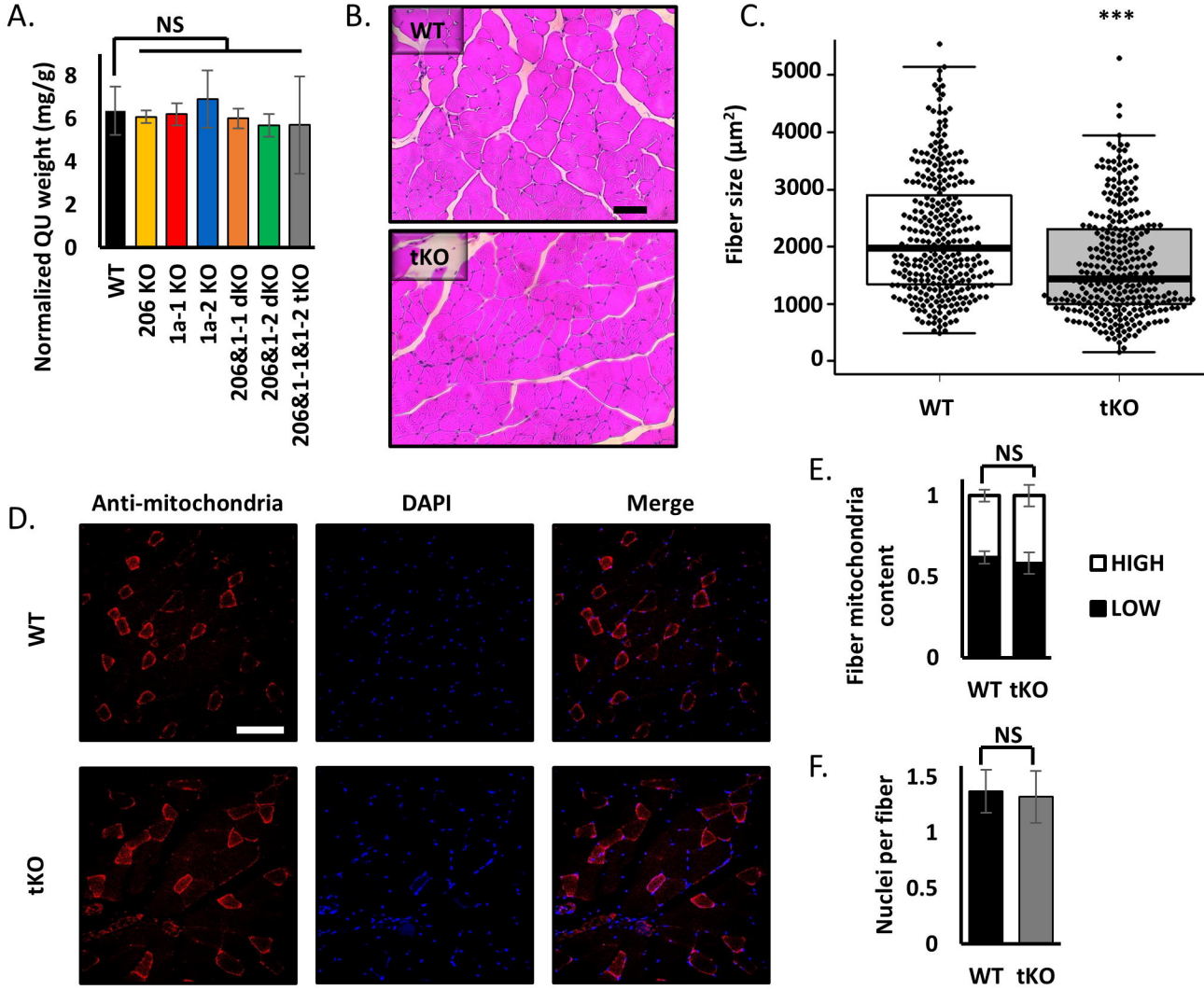


FIGURE 5.

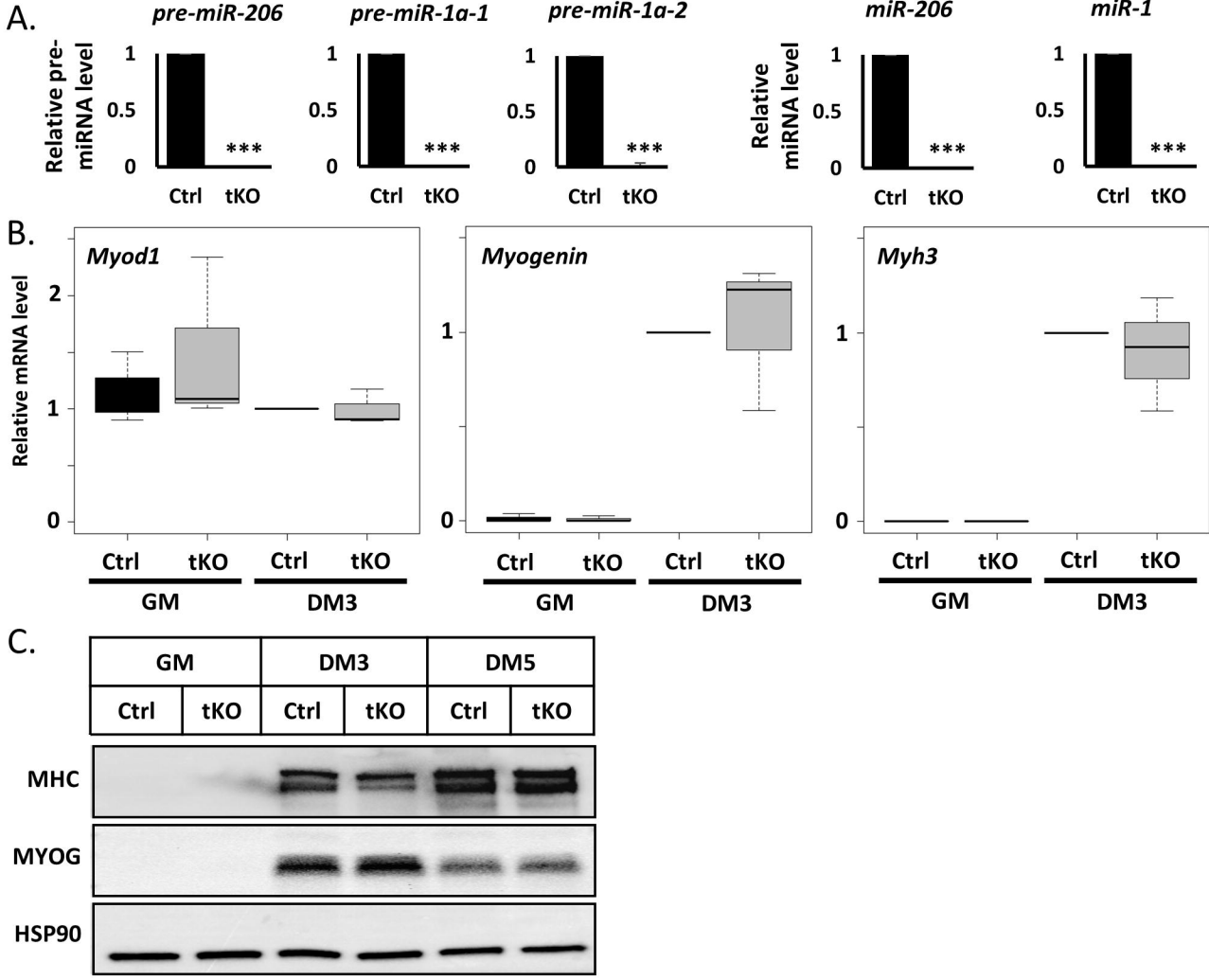


FIGURE S1.

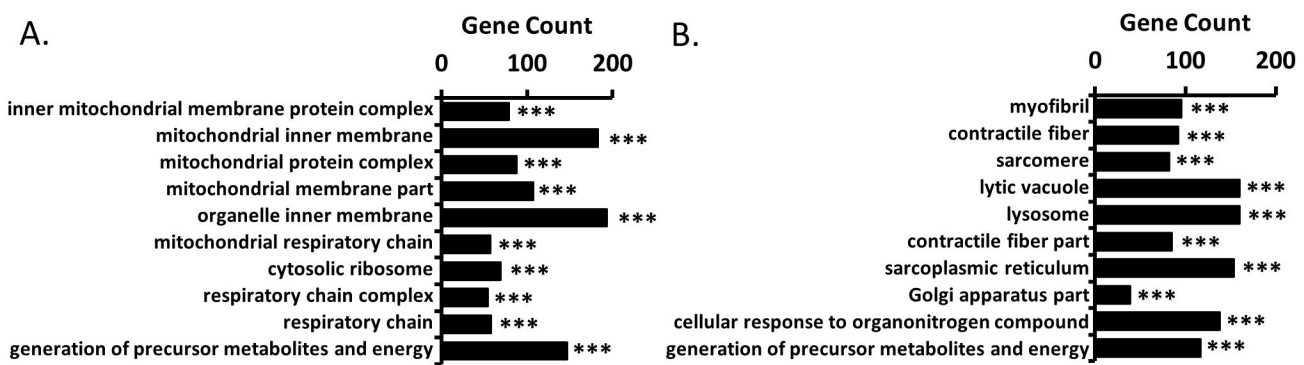


FIGURE S2.

**A. tKO vs control cells
Proliferation**

DOWNREGULATED miRNA		
Gene name	log2FC	padj
miR-206-3p	-7.76	<0.001
miR-669c-5p	-5.76	<0.001
miR-467c-5p	-5.13	0.003
miR-9-1-5p	-3.71	<0.001
miR-9-5p	-3.56	<0.001
miR-883a-3p	-2.23	0.074
miR-126a-3p	-1.85	0.049
miR-99a-5p	-1.36	0.090
miR-181d-5p	-1.32	0.066
miR-465c-2-5p	-1.29	0.009
miR-743b-5p	-1.25	0.088
miR-465a-3p	-1.24	0.100

**B. tKO vs control cells
Proliferation**

UPREGULATED miRNA		
Gene name	log2FC	padj
miR-196a-1-3p	3.78	0.039
miR-129-2-3p	3.52	0.008
miR-129-5p	3.36	<0.001
miR-344d-3-3p	3.04	<0.001
miR-129-2-5p	2.95	0.001
miR-344d-3p	2.83	<0.001
miR-344b-3p	2.42	0.001
miR-1291-3p	2.12	<0.001
miR-10a-5p	1.40	0.002
miR-452-5p	1.27	0.039
miR-344-3p	1.22	0.039
miR-224-5p	1.21	<0.001
miR-139-5p	1.11	0.026

**C. tKO vs control cells
Differentiation**

DOWNREGULATED miRNA		
Gene name	log2FC	padj
miR-206-3p	-11.61	<0.001
miR-1a-3p	-7.35	<0.001
miR-9-5p	-2.59	0.093
UPREGULATED miRNA		
Gene name	log2FC	padj
miR-344b-3p	2.77	0.015
miR-129-5p	2.68	0.031
miR-344d-3p	2.38	<0.001

FIGURE S3.

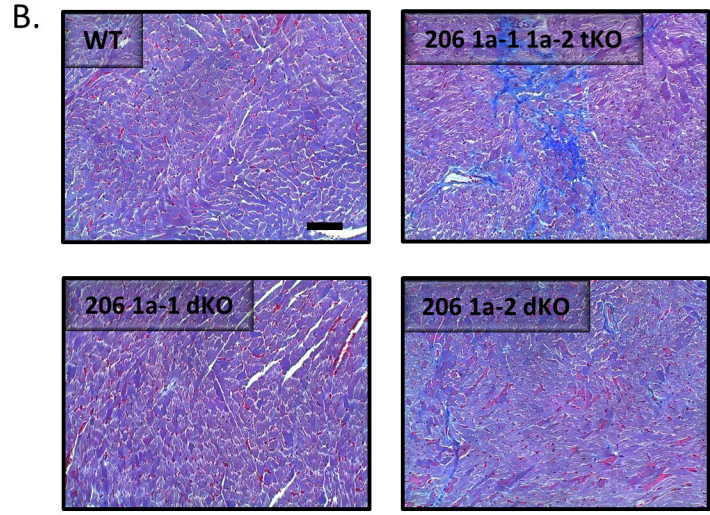
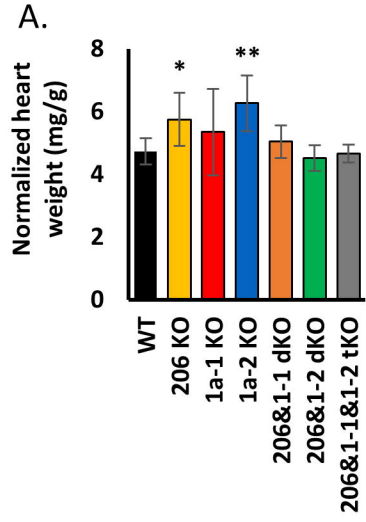


FIGURE S4.