

Manuscript

1 Higher-order thalamocortical inputs gate synaptic long-term potentiation
2 via disinhibition

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24 **SUMMARY**

25 Sensory experience and perceptual learning changes the receptive field properties of
26 cortical pyramidal neurons, largely mediated by long-term potentiation (LTP) of synapses.
27 The circuit mechanisms underlying cortical LTP remain unclear. In the mouse
28 somatosensory cortex (S1), LTP can be elicited in layer (L) 2/3 pyramidal neurons by
29 rhythmic whisker stimulation. We combined electrophysiology, optogenetics, and
30 chemogenetics in thalamocortical slices to dissect the synaptic circuitry underlying this
31 LTP. We found that projections from higher-order, posteromedial thalamic complex (POm)
32 to S1 are key to eliciting NMDAR-dependent LTP of intracortical synapses. Paired
33 activation of intracortical and higher-order thalamocortical pathways increased vasoactive
34 intestinal peptide (VIP) interneuron and decreased somatostatin (SST) interneuron activity,
35 which was critical for inducing LTP. Our results reveal a novel circuit motif in which higher-
36 order thalamic feedback gates plasticity of intracortical synapses in S1 via disinhibition.
37 This motif may allow contextual feedback to shape synaptic circuits that process first-order
38 sensory information.

39

40 **KEY WORDS (10)**

41 Plasticity, Long term potentiation (LTP), thalamocortical, thalamus, somatosensory, Barrel
42 Cortex, disinhibition, Posterior Medial Complex of the Thalamus (POm), Somatostatin-
43 expressing interneurons (SSTs), Vasoactive intestinal peptide-expressing (VIPs).

44

45 **INTRODUCTION**

46 Sensory experience and perceptual learning can remodel neocortical synaptic circuits
47 throughout life (Feldman, 2009). The long-term potentiation and depression of synapses
48 (LTP and LTD, respectively) constitutes a fundamental underpinning of functional cortical
49 synaptic circuit plasticity (Bliss and Collingridge, 1993; Sjöström et al., 2008; Feldman,
50 2009; Froemke, 2015). However, the circuit mechanisms of cortical LTP and LTD remain
51 unclear. In particular, the interactions of long-range feedback projections with local cortical
52 microcircuits, and the role thereof in local cortical plasticity have been poorly investigated.

53

54 The mouse somatosensory cortex (S1) serves as an important model for LTP and LTD,
55 largely owing to the one-to-one anatomical relationship between individual sensory organs
56 (whiskers) and the cortical columns (Feldman, 2009). Hence, it is relatively easy to perform
57 targeted recordings, as well as to selectively enhance or decrease sensory input. First-

58 order, whisker sensory information passes to S1 through the ventroposterior medial (VPM)
59 thalamus which projects onto layer (L) 4 and L5b, representing the lemniscal pathway
60 (**Figures 1A,B**) (Feldmeyer, 2012). L4 and L5b neurons in turn synapse, among others,
61 onto L2/3 pyramidal neurons (Lefort et al., 2009; Petreanu et al., 2009; Feldmeyer, 2012).
62 Higher-order thalamocortical feedback from the posteromedial thalamic complex (POm)
63 joins ascending sensory input to S1 and projects onto L2/3 and L5a neurons, representing
64 the paralemniscal pathway (Bureau et al., 2006; Petreanu et al., 2009; Feldmeyer, 2012;
65 Jouhanneau et al., 2014). Therefore, both lemniscal inputs (via L4) and paralemniscal
66 inputs (via direct POm projections) arrive at L2/3 pyramidal neurons. L2/3 pyramidal
67 neurons are inhibited by a variety of interneurons. In particular, their distal dendrites are
68 strongly inhibited by somatostatin (SST)-expressing interneurons (Wang et al., 2004;
69 Gentet et al., 2012), which, in turn, are inhibited by vasoactive intestinal peptide (VIP)-
70 expressing interneurons (Pfeffer et al., 2013; Lee et al., 2013). The lemniscal (L4) and
71 paralemniscal (POm) pathways provide direct and indirect input to both interneuron types
72 (Wall et al., 2016; Audette et al., 2017).

73

74 In our laboratory it was previously demonstrated that cortical L2/3 pyramidal neurons in S1
75 undergo post-synaptic LTP following a brief period (1min) of rhythmic whisker stimulation
76 (RWS) (Gambino et al., 2014). This form of LTP does not rely on back-propagating action
77 potentials (bAPs), but is driven by long-lasting N-methyl-D-aspartate receptor (NMDAR)-
78 mediated potentials that are dependent on the activity of the POm. This suggests that
79 lemniscal as well as paralemniscal activity is necessary to induce LTP. However, it remains
80 unclear if co-activity of the POm and L4 alone is sufficient to drive LTP in L2/3 pyramidal
81 neurons, and what, exactly, are the underlying microcircuits within S1 that mediate this
82 LTP.

83

84 Here we aimed at dissecting the circuit underpinnings of this type of plasticity in
85 thalamocortical slices by isolating the synaptic inputs that we suspected are driving the
86 RWS-evoked LTP in L2/3 pyramidal neurons *in vivo*. We paired optogenetic stimulation of
87 POm afferents and electrical stimulation of L4 over the same time-course and at the same
88 frequency (1min, 8Hz) as LTP-evoking RWS *in vivo*. We demonstrate that this rhythmic
89 paired stimulation (RPS) of POm-originating and L4-originating pathways can drive LTP of
90 L2/3 pyramidal neuron excitatory synapses. This type of LTP is occluded by prior RWS *in*
91 *vivo*. Furthermore, we show that the POm provides direct inputs onto VIP interneurons.

92 The paired stimulation (PS) of L4 and the POm increases their activity, whereas it reduces
93 SST interneuron activity, causing a disinhibition of L2/3 pyramidal neurons. Finally, we
94 found that both direct POm input to L2/3 pyramidal neurons and the disinhibition are
95 necessary to drive LTP.

96

97 Altogether, this study shows a form of LTP in S1 that is mechanistically linked to sensory-
98 driven plasticity. It is dependent on the co-activation of intracortical connections along with
99 higher-order thalamocortical feedback input and is gated by local VIP-mediated
100 disinhibition, revealing a powerful circuit motif for cortical plasticity.

101

102 RESULTS

103 Higher-order POm thalamic inputs are indispensable for LTP of intracortical 104 synapses on L2/3 pyramidal neurons

105 To test if RPS of L4 and the POm can drive synaptic LTP we recorded intracellular
106 responses from L2/3 pyramidal neurons in thalamocortical slices while pairing electrical
107 stimuli (ES) of L4 with optical stimuli (OS) of POm afferents expressing the light-gated ion
108 channel channelrhodopsin-2 (ChR2) at 8Hz for 1 minute (**Figures 1A,B**) (Zhang et al.,
109 2006). ChR2 was expressed in POm neurons using targeted injections of recombinant
110 adeno-associated viral vectors (AAV) encoding ChR2 under the CMV promoter. Successful
111 injections could be identified by virtue of a robust expression of ChR2-tdTomato in POm
112 neurons, as well as by the distinct expression pattern in the barrel cortex of S1, where
113 dense projections could be observed in L1 and L5 and not in L4 (**Figures 1A,C**;
114 **Supplementary Figure 1**) (Wimmer et al., 2010). Typical spiking patterns induced by
115 current steps identified L2/3 pyramidal neurons (**Figure 1D**) (Avermann et al., 2012).

116

117 A single electrical stimulation pulse in L4 (L4-ES, 0.2ms) evoked a depolarizing
118 postsynaptic potential (PSP) in L2/3 pyramidal neurons, incidentally followed by a
119 hyperpolarizing overshoot (**Figure 1D**). The latter component was eliminated by blocking
120 of γ -aminobutyric acid receptors (GABARs) using bath application of picrotoxin (Ptx,
121 100 μ M, specifically GABA_AR). Optical stimulation of ChR2-expressing POm projections
122 (POm-OS, 5ms pulse) consistently evoked a depolarizing PSP (**Figure 1D**). Bath
123 application of Ptx had no effect on the POm-evoked PSP. Bath application of 2,3-dihydroxy-
124 6-nitro-7-sulfamoyl-benzo[f]quinoxaline-2,3-dione (NBQX, 10 μ M) completely eliminated the

125 L4 and POM-evoked PSPs, indicating dependence on α -amino-3-hydroxy-5-methyl-4-
126 isoxazolepropionic acid receptors (AMPA receptors, **Figure 1D**).

127

128 We performed rhythmic paired stimulation (RPS) of L4 and POM (8Hz, 1min) and
129 measured both L4 and POM-evoked PSP amplitudes pre and post pairing (**Figure 1E**).

130 RPS significantly increased mean L4-evoked PSP amplitudes (**Figure 1F,G**). Mean POM-
131 evoked PSP amplitudes were not significantly potentiated (**Figure 1H,I**), which
132 demonstrates that the LTP is expressed on intracortical and not on thalamocortical
133 synapses.

134

135 To determine whether activity of POM afferents is necessary for RPS-driven LTP we
136 repeated the RPS experiment with both ChR2 and hM4Di (inhibitory Designer Drugs
137 Exclusively for Designer Receptors, DREADDs) receptors present in the POM (**Figure 1J**)
138 (Armbruster et al., 2007). The hM4Di receptors were activated by bath application of the
139 synthetic agonist clozapine-N-oxide (CNO, 500nM), which diminished the likelihood of
140 eliciting a POM-evoked PSP (59% increase in failure rate; **Figure 1K**) (Stachniak et al.,
141 2014). Under these conditions RPS did not elicit significant LTP (**Figure 1L-M**). This effect
142 was also not attributable to the CNO itself, since the presence of CNO did not prevent RPS-
143 driven LTP in slices that lacked hM4Di expression (**Figure 1L,N**). This suggests that
144 reduced POM activity prevents LTP, which is consistent with previous findings *in vivo*
145 (Gambino et al., 2014). To corroborate these findings we tested the effect of L4 rhythmic
146 electrical stimulation only (L4-RES, 8Hz, 1min; **Supplementary Figure 1**). Mean L4-
147 evoked PSP amplitudes were not significantly increased (**Supplementary Figure 1**).
148 Nonetheless, in 4 out of 7 cells L4-RES induced a significant LTP. These data suggest that
149 L4-RES alone is able to induce LTP in some cells. L4-ES may, however, variably recruit
150 POM ascending fibers passing through L4. Therefore, to eliminate any residual contribution
151 of POM-derived inputs in the L4-RES paradigm, we repeated the experiment using hM4Di
152 expression in the POM. Upon silencing of POM afferents, L4-RES failed to increase the
153 mean L4-evoked PSP amplitudes (**Supplementary Figure 1**). Normalized L4-evoked
154 PSP amplitudes were significantly larger after the L4-RES protocol as compared to L4-RES
155 with POM inhibition (**Supplementary Figure 1**). None of the suppressed LTP effects
156 above were attributable to a change in baseline L4 or POM PSP amplitudes as across
157 experiments baseline PSP size was not correlated with LTP size; nor was there a
158 correlation between LTP size and various electrophysiological parameters

159 **(Supplementary Figure 1)**. Together, the data strongly suggests that the activity of
160 POM inputs is required to drive LTP.

161

162 We observed no spikes upon RPS or L4-RES. Thus, similar to *in vivo* experiments, the LTP
163 occurs in the absence of bAPs, and instead could have been caused by long-lasting
164 subthreshold depolarization (Gambino et al., 2014). Indeed, we found an increase in
165 cumulative PSP amplitudes upon RPS as compared to L4-RES with the POM inhibited
166 **(Supplementary Figure 1)**. The amplitude of the 1st PSP upon the repeated pairing,
167 which is a measure of the increased depolarization was, however, predictive of the size of
168 the LTP **(Supplementary Figure 1)**.

169

170 Altogether, these data indicate that the activation of POM-derived paralemniscal circuitry is
171 necessary to increase the depolarization of L2/3 pyramidal neurons during the rhythmic
172 stimulation and to potentiate the synapses from intracortical circuits **(Figure 1G,I,M,N**
173 **Supplementary Figure 1)**. Hence, in all of the following experiments we used RPS-
174 driven LTP to investigate the cellular and circuit underpinnings.

175

176 **RPS-evoked LTP is NMDA-dependent and shares expression mechanisms** 177 **with whisker stimulation-evoked LTP *in vivo***

178 We next used pharmacology to investigate the mechanisms underlying this LTP. Blocking
179 of GABARs with picrotoxin (Ptx, 100 μ M) induced a robust LTP in all cells **(Figure 2A,B)**.
180 L4-evoked PSP amplitudes did not increase without RPS **(Figure 2E)**, excluding the
181 possibility that the observed LTP under GABAR block was caused by a ramping up of
182 baseline responses. When the NMDAR blocker (2R)-amino-5-phosphonovaleric acid (APV,
183 50 μ M) was added LTP could not be elicited **(Figure 2C-E)**. These data indicate that the
184 LTP occurs at excitatory synapses, is NMDAR-dependent, and is not attributable to
185 inhibitory plasticity.

186

187 Similar to the silencing of POM inputs, the NMDAR block reduced PSP amplitudes at the
188 start of the RPS period and significantly impaired the cumulative depolarization
189 **(Supplementary Figure 2)**. This is consistent with the *in vivo* observation that POM
190 inputs promote LTP through facilitation of NMDAR-mediated conductances.

191

192 We hypothesized that if RPS-driven LTP shares its underlying mechanisms with RWS
193 (rhythmic whisker stimulation)-driven plasticity *in vivo*, RWS would occlude subsequent
194 RPS-driven potentiation in slices from these mice. To test this we rhythmically stimulated all
195 the whiskers with piezoelectric actuators (8 Hz, 10min), a protocol known to induce a robust
196 increase in whisker-evoked cortical local field potentials and LTP (Gambino et al., 2014;
197 Mégevand et al., 2009). This was followed by immediate slice preparation and RPS
198 (RPS_{RWS}; **Figure 2F**).

199

200 We found that RPS failed to induce LTP in slices of mice that had undergone prior RWS
201 (**Figure 2F-H**). Similarly, RPS-driven LTP in slices followed by a 2nd RPS could not elicit
202 further LTP (**Supplementary Figure 2**).

203

204 RWS prior to slicing did not diminish baseline L4-evoked PSP amplitudes, or cumulative
205 PSP amplitudes during RPS_{RWS} (**Supplementary Figure 2**), indicating that the lack of
206 LTP was not due to diminished depolarization, but rather was an effect of occluded
207 expression. This was similarly observed for the repeated RPS slice experiment. Altogether,
208 these results suggest that the paired stimulation of L4 and POm pathways *ex vivo* results in
209 an LTP of the same synapses that are potentiated by RWS *in vivo*, and implies that the
210 same synaptic circuits are recruited by repeated sensory stimuli.

211

212 **Paired POm thalamic and L4 cortical inputs engage a disinhibitory** 213 **microcircuit motif**

214 We next questioned whether the excitatory inputs from L4 and POm onto L2/3 pyramidal
215 neurons are sufficient to induce LTP, or whether local disinhibition is also required. We
216 focused on SST and VIP interneurons. They constitute a well-characterized disinhibitory
217 microcircuit for L2/3 pyramidal cell apical dendrites, which is the location of POm inputs
218 (Wang et al., 2004; Gentet et al., 2012; Pfeffer et al., 2013; Lee et al., 2013). We recorded
219 from these interneurons to determine if they are activated by POm-OS and/or L4-ES, and to
220 measure the effect of paired stimulation (PS) (**Figure 3**).

221

222 We used VIP-Cre and SST-Cre mice in combination with Cre-dependent AAV viral vectors
223 to target expression of hM4Di-mCherry to VIP and SST interneurons (Taniguchi et al.,
224 2011). In both lines, POm neurons were transfected using AAV-ChR2-YFP viral vectors.
225 Cortical injections of the conditional hM4Di-mCherry vector resulted in robust and

226 widespread expression (**Figure 3A,E, Supplementary Figure 3**). To determine
227 efficiency and specificity of labeling we performed immunohistochemistry using anti-SST
228 and anti-VIP antibodies. 100% of the hM4Di-mCherry-positive cells were positive for their
229 respective markers (**Supplementary Figure 3**). Labeled cells were found in all layers, in
230 accordance with described expression patterns (Taniguchi et al., 2011; Pfeffer et al., 2013;
231 Prönneke et al., 2015). Recordings were made from mCherry-expressing cells (without
232 DREADD activation; **Figure 3A,B**) in L2/3. The smaller membrane capacitance (C_m)
233 compared to L2/3 pyramidal neurons further supported that we had targeted interneurons
234 (**Supplementary Figure 3**) (Gertler et al., 2008).

235

236 POM and L4-stimulation evoked depolarizing PSPs in both interneuron types (**Figure**
237 **3C,D,G,H**). The evoked POM/L4 PSP ratios were larger for VIP interneurons, but not for
238 SST interneurons, as compared to L2/3 pyramidal neurons (**Supplementary Figure 3**).
239 This demonstrates that stimulation of both pathways generates synaptic responses in VIP
240 and SST interneurons, and that POM afferents provide a relatively strong input to VIP
241 interneurons. This result is congruent with the previously observed robust POM-to-VIP
242 monosynaptic responses and weak POM-to-SST polysynaptic responses (Audette et al.,
243 2017).

244

245 For VIP interneurons a single paired stimulation (PS, POM-OS and L4-ES) evoked
246 significantly larger mean PSP amplitudes than POM-OS alone and was similar to what
247 would be predicted (predicted PS) based on linear summation of average L4-ES and POM-
248 OS responses alone (**Figure 3C,D**).

249

250 In contrast, for SST interneurons PS-evoked depolarizing PSP amplitudes were significantly
251 smaller than the L4-ES and predicted PS amplitudes (**Figure 3G,H**). Mean PS PSP
252 amplitudes were not significantly different from POM-OS. In fact, the response frequently
253 turned into a hyperpolarizing PSP (**Figure 3G,H**). Indeed, the PS/L4-ES EPSP ratios were
254 much smaller in SST interneurons as compared to L2/3 pyramidal neurons and VIP
255 interneurons (**Supplementary Figure 3**). These results suggest that PS inhibits SST
256 interneurons. The diminished depolarization could be due to VIP interneuron-mediated
257 inhibition of SST interneurons, which would translate into diminished SST spiking. This in
258 turn would disinhibit L2/3 pyramidal neurons. Indeed, we found that SST and VIP
259 interneurons intermittently spiked at rest. VIP interneurons tended to increasingly spike

260 upon PS, whereas SST interneurons tended to decrease their spiking activity
261 (**Supplementary Figure 3**).

262

263 Altogether, these data show that PS of L4 and POM inputs increases VIP and reduces SST
264 interneuron activity, which is a typical attribute of the VIP-SST-L2/3 disinhibitory microcircuit
265 (Pfeffer et al., 2013; Lee et al., 2013).

266

267 **Reduced VIP interneuron activity lowers L2/3 pyramidal neuron PSPs and**
268 **increases inhibitory conductance**

269 To test whether reduced SST interneurons activity disinhibits L2/3 pyramidal neurons, and
270 whether reduced VIP interneurons activity prevents disinhibition, we recorded from L2/3
271 pyramidal neurons while reducing the activity of these hM4Di-expressing interneurons with
272 bath applied CNO (**Figure 4A,E**). We assumed that reducing their activity potentially had
273 widespread effects on barrel column circuits based on the finding that hM4Di-expressing
274 interneurons were found in areas (~750 μm) exceeding the size of barrel-related columns,
275 and because the far majority of each interneuron population was expressing the transgene
276 within the transfected areas (**Supplementary Figure 3**).

277

278 Firstly, we confirmed that CNO reduced the activity of hM4Di-expressing cells by
279 performing targeted recordings of mCherry-positive neurons. The CNO caused a significant
280 decrease in the resting potential and reduced the ability to induce APs for the same
281 absolute amount of injected current (**Supplementary Figure 4**).

282

283 Reduced SST interneuron activity significantly increased L4 and POM-evoked PSP
284 amplitudes in L2/3 pyramidal neurons (**Figure 4B-D**). Conversely, reduced VIP
285 interneuron activity significantly decreased POM-evoked PSP amplitudes (**Figure 4F-H**).
286 This corroborates our hypothesis that the pairing of L4 and POM inputs leads to a
287 disinhibition of L2/3 pyramidal neurons through a POM-to-VIP-to-SST-to-L2/3 microcircuit.

288

289 To further confirm that VIP interneurons can disinhibit L2/3 pyramidal neurons upon PS, we
290 performed voltage-clamp recordings in L2/3 pyramidal neurons while silencing VIP
291 interneurons using hM4Di (**Figure 4E**). PS-evoked postsynaptic currents were recorded at
292 various holding potentials (-70mV, -50mV, -30mV, and 0mV) before and after addition of
293 CNO to generate synaptic current-voltage (I-V) curves (**Figure 4I**). Under both conditions

294 we found a linear relationship between the integrated currents and the holding potentials.
295 Reduced VIP interneuron activity significantly increased the slope of the I-V curve (**Figure**
296 **4I**). Based on the I-V regression slopes and the synaptic reversal potentials we calculated
297 the inhibitory conductance (G_i) over time (**Figure 4J,K**) (Gambino and Holtmaat, 2012;
298 House et al., 2011; Monier et al., 2008).

299
300 The G_i in L2/3 pyramidal neurons significantly increased upon addition of CNO (**Figure**
301 **4J,K**). This demonstrates that reduced VIP interneuron activity increases inhibition though
302 other inhibitory interneuron subtypes, most likely though SST interneurons as shown here
303 (Pfeffer et al., 2013), but possibly also though Parvalbumin-expressing (PV) interneurons
304 (Pi et al., 2013). Together these data indicate that increased activity of VIP interneurons as
305 elicited by paired intra-cortical and thalamic POM inputs promotes disinhibition of L2/3
306 pyramidal neurons. This may gate LTP.

307

308 **Reduced VIP interneuron activity prevents RPS-evoked LTP in L2/3** 309 **pyramidal neurons**

310 To test whether disinhibition gates RPS-driven LTP we first measured the effects of RPS on
311 L2/3 pyramidal neurons while reducing the activity of hM4Di-expressing SST interneurons
312 with CNO (**Figure 5A**). Under these conditions RPS evoked significantly larger cumulative
313 PSP amplitudes during rhythmic stimulation as compared to normal RPS (**Supplementary**
314 **Figure 5**).

315

316 RPS readily drove LTP under reduced SST interneuron activity (**Figure 5A-C**). Omitting
317 RPS while reducing SST interneuron activity did not increase PSP amplitudes over time,
318 indicating that LTP was not due to a ramping up of responses upon prolonged inactivity
319 (**Figure 5D**). This data is consistent with the idea that disinhibition is a permissive factor
320 for the induction of LTP. This prompts the question as to whether disinhibition alone would
321 be sufficient to drive LTP of rhythmically stimulated intracortical synapses, or whether direct
322 glutamatergic POM input to L2/3 pyramidal neurons is an additional requirement. To test
323 this we expressed hM4Di in SST interneurons as well as in the POM, and reduced both of
324 their activity with CNO while rhythmically stimulating L4 (RES, 8Hz for 1min; **Figure 5E**).
325 RES did not evoke LTP under these conditions. This shows that direct inputs from the POM
326 to L2/3 pyramidal neurons as well as the disinhibition are required to drive LTP (**Figure**
327 **5F-G**).

328

329 If VIP interneurons are driving this disinhibition, and their activation is unequivocally
330 required to facilitate LTP, then reduced VIP interneuron activity should also inhibit the LTP.
331 To test this we measured the effects of RPS on L2/3 pyramidal neurons while reducing the
332 activity of hM4Di-expressing VIP neurons with CNO (**Figure 5I**). Under these conditions
333 RPS resulted in significantly smaller cumulative and mean PSP amplitudes throughout the
334 pairing (**Supplementary Figure 5**), and it did not drive LTP (**Figure 5J-K**). RPS could,
335 however, induce LTP when CNO was not present (**Figure 5L**), and omitting RPS did not
336 increase PSP amplitudes, indicating respectively, that the lack of LTP was not due to the
337 expression of hM4Di per se and not caused by a ramping down of PSP amplitudes with
338 prolonged VIP interneuron inactivation (**Figure 5L**).

339

340 Altogether, these data show that the repeated coincident activation of intracortical synaptic
341 circuitry together with higher-order thalamic input gates plasticity of intracortical synapses
342 in S1 via disinhibition.

343

344 **DISCUSSION**

345 We showed that the rhythmic co-activation (RPS, 8Hz) of L4-ascending (lemniscal) and
346 POm-feedback (paralemiscal) projections to S1 induces LTP of synapses on L2/3
347 pyramidal neurons. LTP expression was NMDAR-dependent and not caused by plasticity of
348 inhibitory synapses. It was occluded when, immediately prior to brain slicing, whiskers were
349 stimulated (10min at 8Hz). The latter has been shown previously to induce an LTP of
350 whisker-evoked PSPs (Mégevand et al., 2009; Gambino et al., 2014). This suggests that
351 both LTP paradigms share expression mechanisms and most likely recruit the same
352 synaptic circuits. Thus, the *ex vivo* paradigm that we developed here represents a suitable
353 model for dissecting microcircuits that underlie plasticity of cortical pyramidal neurons *in*
354 *vivo*.

355

356 The LTP was observed at synapses that were recruited by electrical stimulation of L4, but
357 was also critically dependent upon POm activity. L4-RES could drive LTP, but this was less
358 reliable than RPS. Moreover, decreasing POm activity during L4-RES and RPS prevented
359 LTP. This is congruent with findings *in vivo*, where a block of POm activity during RWS
360 prevented LTP expression. Thus, collective recruitment or stimulation of intra-cortical, and
361 long-range axons that ascend through L4, including those originating from the POm,

362 underlies the L4-RES that successfully elicited LTP. These findings imply that this type of
363 plasticity is caused by cooperative synapses, similar to what has been observed in other
364 preparations (Golding et al., 2002; Sjöström and Häusser, 2006; Dudman et al., 2007;
365 Brandalise and Gerber, 2014; Basu et al., 2016).

366

367 While the activity of POrn projections was required for the increase in L4-evoked PSP
368 amplitudes, their own synapses were not themselves potentiated. This suggests that the
369 strength of POrn synapses is saturated or that they lack the molecular mechanisms to
370 express LTP upon this type of paired stimulation (Kotaleski and Blackwell, 2010).
371 Alternatively, the differential effects on POrn and L4 inputs may be related to the location of
372 their synapses. The electrical stimulus may recruit various ascending projections traversing
373 through L4, including those originating from L4 and L5 neurons (Feldmeyer, 2012;
374 Petreanu et al., 2009; Lefort et al., 2009). Therefore, the potentiated synapses that are
375 recruited by L4 stimulation may be located, not only on basal dendrites but at various
376 locations along the dendritic tree, including apical dendrites. They may be positioned and
377 perhaps clustered around locations susceptible to compartmentalized calcium events
378 (Kleindienst et al., 2011; Takahashi et al., 2012) whereas POrn inputs may not. In addition,
379 local depolarization at these clusters could be amplified by the disinhibitory gate that we
380 have illustrated (Gentet et al., 2012; Pfeffer et al., 2013; Lee et al., 2013; Pi et al., 2013).

381

382 The LTP occurred in the absence of somatic spikes since we did not observe any during
383 RPS. Thus, the LTP was dependent upon subthreshold depolarization rather than bAPs,
384 similar to RWS-evoked LTP (Gambino et al., 2014) and hippocampal LTP in slices
385 (Golding et al., 2002; Dudman et al., 2007; Brandalise and Gerber, 2014). Indeed, when we
386 examined the first responses upon RPS we noticed that PSP amplitudes were significantly
387 higher as compared to those evoked by L4 stimulation alone. The size of LTP expression
388 was correlated with the amplitude of these initial RPS-evoked PSPs, but not correlated with
389 the size of baseline PSP amplitudes under various experimental conditions. In addition, an
390 NMDAR block diminished the temporal summation of RPS-evoked dendritic depolarization.
391 Thus, similar to RWS-driven LTP *in vivo*, the potentiation of synapses by RPS was
392 dependent on an NMDAR-dependent sustained increase in postsynaptic depolarization.

393

394 In addition to excitatory synaptic inputs to pyramidal neurons, both POrn and L4 stimulation
395 evoked PSPs in VIP and SST interneurons, in agreement with recent studies (Wall et al.,

396 2016; Audette et al., 2017). Our experiments did not necessarily distinguish between
397 monosynaptic or polysynaptic inputs. Notably, the direct input of POM axons to SST
398 neurons might be very weak (Wall et al., 2016; Audette et al., 2017). Nonetheless, in our
399 experiments, the activation of both pathways caused spikes in both interneurons, and when
400 the two stimuli were combined, the VIP neurons increased their activity. Interestingly, the
401 SST interneurons experienced a decrease in evoked PSP amplitudes; their spiking rate did
402 not increase and even tended to be lower as compared to L4 stimulation alone. Thus,
403 pairing of the two pathways preferentially activates a cortical circuit that increases VIP and
404 suppresses SST interneuron activity, conceptually similar to responses mediated by
405 whisking in S1 (Lee et al., 2013; Gentet et al., 2012) ; by reinforcement signals in auditory
406 cortex (Pi et al., 2013); and by locomotion in visual cortex (Fu et al., 2014).

407

408 L2/3 pyramidal neuron apical dendrites are strongly inhibited by SST interneurons (Wang
409 et al., 2004; Kapfer et al., 2007), which are in turn inhibited, by VIP interneurons (Pfeffer et
410 al., 2013; Lee et al., 2013). Thus, POM and L4 pairing could reduce the inhibition of L2/3
411 apical dendrites through the suppression of SST interneuron activity, mediated by
412 increased VIP interneuron activity. Various types of long-range and local inputs have been
413 shown to recruit a similar disinhibitory circuit (Lee et al., 2013; Pi et al., 2013; Fu et al.,
414 2014). In our experiments, the synaptic silencing of SST interneurons increased both POM
415 and L4-evoked PSP amplitudes, and synaptic silencing of VIP interneurons suppressed
416 POM-evoked PSPs. Furthermore, reduced VIP interneuron activity increased inhibitory
417 conductances on L2/3 pyramidal neurons when POM and L4 pathways were paired.
418 Therefore, POM activity not only evokes excitatory responses in L2/3 pyramidal neuron
419 dendrites, but also causes a disinhibition when paired with L4 stimulation.

420

421 Our results demonstrate that the recruitment of a VIP interneuron-associated disinhibitory
422 motif is essential for eliciting synaptic plasticity, and strongly suggest that excitatory POM
423 projections provide the necessary input to activate it. The effect of these excitatory long-
424 range projections on plasticity, via their activation of disinhibitory VIP interneurons, bears
425 similarities to the effect of the long-range inhibitory projections from the entorhinal cortex
426 that directly inhibit hippocampal CCK interneurons to enhance plasticity (Basu et al.,
427 2016). This is also similar to disinhibition-mediated plasticity that is caused by increased
428 long-range, cholinergic inputs to the auditory cortex (Letzkus et al., 2011); and the
429 plasticity in the visual cortex caused by running (Fu et al., 2015).

430

431 The gating of cortical plasticity by the POm could be widespread. The axonal projections of
432 a single POm neuron to S1 spans large cortical areas (Lu and Lin, 1993; Ohno et al.,
433 2012). Therefore, their activation could unlock a large cortical region for plasticity, thereby
434 allowing receptive field changes beyond a single cortical (barrel) column that are dependent
435 on postsynaptic and NMDA-driven mechanisms (Diamond et al., 1994; Gambino and
436 Holtmaat, 2012).

437

438 Higher-order thalamic nuclei such as the POm are thought to provide feedback and
439 contextual information to the primary sensory cortex (Larkum, 2013; Sherman, 2016; Roth
440 et al., 2016). Our data suggest that these feedback signals could gate plasticity in
441 pyramidal neurons and reinforce the synapses of the first-order pathways that convey the
442 principal sensory information. This could be a mechanism for the tuning of cortical synaptic
443 circuits during sensory learning. Interestingly, VIP interneurons in S1 are also activated by
444 projections from the vibrissal primary motor cortex (vM1), which highlights another, now
445 motor related, mechanism for disinhibiting L2/3 pyramidal neurons (Lee et al., 2013). Thus,
446 whisking and contextual sensory feedback could cooperate to powerfully gate synaptic
447 plasticity of L2/3 pyramidal neurons in S1.

448

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455

456 **AUTHOR CONTRIBUTIONS**

457 L.E.W designed and performed the experiments, analyzed the data, and wrote the
458 manuscript. A.H. designed the experiments and wrote the manuscript.

459

460 **DECLARATION OF INTERESTS**

461 The authors declare no competing interests.

462

463

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593

594 **FIGURE LEGENDS**

595 **Figure 1. POM inputs facilitate LTP of L2/3 pyramidal neuron synapses.**

596 (A) Schematic and bright field image of the POM and VPM and their projections to the
597 barrel cortex (BC) in thalamocortical slices. AAV-mediated expression of ChR2-Tdtomato is
598 directed to the POM. (B) Schematic of the somatosensory thalamocortical (POM and VPM)

599 projections and their relation to intracortical circuits in the BC. Recordings are made in L2/3
600 pyramidal neurons, while electrically stimulating L4 (L4-ES) and/or optically stimulating the
601 ChR2-expressing POM projections (POM-OS). (C) *Top*, bright field image of the BC.
602 *Middle top*, fluorescent image of L1 and L5 ChR2-tdTomato expressing POM projections.
603 *Middle bottom*, example of experimental configuration; a bipolar stimulating electrode (SE)
604 in L4 and a recording electrode (RE) on a L2/3 pyramidal neuron. *Bottom*, confocal image
605 of ChR2-tdTomato-expressing (ChR2) POM projections in L1 and L2/3, and a L2/3
606 pyramidal neuron (Pyr) filled with biocytin-streptavidin after patching. (D) *Top*, typical L2/3
607 pyramidal neuron firing pattern upon current injection steps (40pA). *Below*, Representative
608 traces of L4-ES PSP with/without bath application of Ptx (100 μ M) and NBQX (10 μ M).
609 *Bottom*, representative trace of POM-OS PSP with/without Ptx (100 μ M) and NBQX (10 μ M).
610 (E) Experimental protocol: alternating L4-ES and POM-OS at 0.1Hz (pre RPS; 5min),
611 followed by rhythmic pairing of L4-ES and POM-OS at 8Hz (RPS; 1min), followed by
612 alternating L4-ES and POM-OS at 0.1Hz (post RPS; 24 min). (F) *Left*, L4-ES PSP
613 amplitudes in an example cell. *Right*, representative L4-ES PSPs pre vs. post RPS. Grey
614 lines represent individual traces, and black lines their average (G) The population (bars)
615 and cell (lines) mean L4-ES PSP amplitudes pre vs. post RPS; n=8 cells; $P=0.04$; paired
616 Student's t-test. Yellow line, representative cell in (F). (H) *Left*, POM-OS PSP amplitudes in
617 an example cell. *Right*, representative POM-OS PSP pre vs. post RPS. (I) Mean POM-OS
618 PSP amplitudes pre vs. post RPS; n=8 cells; $P=0.57$; paired Student's t-test. (J) *Bottom*,
619 Confocal image of POM expression of hM4Di-mCitrine (green), ChR2-tdTomato (red). *Top*,
620 magnified confocal image of POM cells expressing both hM4Di-mCitrine and ChR2-
621 tdTomato. (K) POM-OS PSP failure rate (%) pre CNO vs. post CNO; n=13; $P=0.016$; paired
622 Student's t-test. (L) *Left*, L4-ES PSP amplitudes in example cells for RPS_{POM-hM4Di} and RPS,
623 both with CNO. *Right*, representative L4-ES PSP, pre and post RPS_{POM-hM4Di}+CNO. (M)
624 Mean L4-ES PSP amplitudes pre vs. post RPS_{POM-hM4Di}+CNO; n=6; $P=0.07$; paired
625 Student's t-test. (N) Normalized L4-ES PSP amplitudes after RPS under various conditions.
626 RPS+CNO drives LTP, whereas RPS_{POM-hM4Di}+CNO fails to elicit LTP; $P=0.01$. The addition
627 of CNO does not alter the ability of RPS to drive LTP; $P=0.76$; two-way repeated measures
628 ANOVA.

629

630 **Figure 2. RPS-evoked LTP is NMDA-dependent and shares expression**
631 **mechanisms with whisker stimulation-evoked LTP *in vivo*.**

632 (A) *Left*, L4-ES PSP_{Pyr} amplitudes in an example cell in Ptx (100 μ M). *Right*, representative
633 L4-ES PSP pre vs. post RPS +Ptx. (B) Mean L4-ES PSP amplitudes pre vs. post RPS +Ptx,
634 n=10 cells, $P=0.009$; paired Student's t-test. (C) *Left*, L4-ES PSP amplitudes in an example
635 cell +Ptx, APV (50 μ M). *Right*, Representative L4-ES PSPs pre vs. post RPS +Ptx, APV. (D)
636 Mean L4-ES PSP_{Pyr} amplitudes pre vs. post RPS +Ptx, APV, n=6 cells, $P=0.11$; paired
637 Student's t-test. (E) Normalized L4-ES PSP amplitudes, comparing RPS +Ptx vs. +Ptx,
638 APV, and No RPS +Ptx (n=5), $P=0.035$; Two-way repeated measures ANOVA. Post-hoc,
639 Bonferroni's multiple comparisons test, from 22 min: +Ptx vs. +Ptx, APV, $P<0.02$; +Ptx vs.
640 No RPS +Ptx, $P<0.02$; R+Ptx, APV vs. No RPS +Ptx, $P>0.99$. (F) *Top*, Experimental
641 schematic: RWS (all whiskers, 8Hz, 10min) followed by slicing, and RPS (8Hz, 1min).
642 *Below*, L4-ES PSP amplitudes in an example cell for RPS_{RWS}. *Right*, representative L4-ES
643 PSP pre and post RPS_{RWS}. (G) Mean L4-ES PSP amplitudes pre vs. post RPS_{RWS}, n=6
644 cells, $P=0.75$; paired Student's t-test. (H) Normalized L4-ES PSP_{Pyr} amplitudes for RPS_{RWS}.
645

646 **Figure 3. Pairing of L4-ES and POM-OS increases VIP and reduces SST**
647 **interneuron activity.**

648 (A,E) Experimental design and schematic of AAV directed hM4Di-mCherry expression in
649 the BC in a VIP-Cre and SST-Cre driver lines, and ChR2-YFP expression in the POM.
650 *Below*, fluorescence image of hM4Di-mCherry expression and ChR2-YFP-positive POM
651 projections in BC. (B,F) Schematic of the circuit, with a targeted patch recording of a
652 hM4Di-mCherry-positive VIP or SST interneuron to measure possible inputs (dotted arrows)
653 from POM and/or L4. (C,G) Representative traces of L4-ES, POM-OS, and PS in VIP (C) or
654 SST (G) interneurons (without CNO). (D) Mean L4-ES PSP amplitudes in VIP interneurons,
655 n=7 (L4 vs. POM, $P=0.04$; POM vs. PS, $P=0.04$; PS vs. L4, $P=0.06$; PS vs. Predicted PS,
656 $P=0.17$); paired Student's t-test. (H) Mean L4-ES PSP amplitudes in SST interneurons, n=5
657 (L4 vs. POM, $P=0.13$; POM vs. PS, $P=0.37$; PS vs. L4, $P=0.02$; PS vs. Predicted PS,
658 $P=0.01$); paired Student's t-test.

659

660 **Figure 4. Reduced VIP interneuron activity decreases L2/3 pyramidal neuron**
661 **PSP amplitudes and increases inhibitory conductances.**

662 (A,E) Schematic of the circuit, with a patch recording of L2/3 pyramidal neurons to measure
663 the effects of hM4Di-mediated reduction in SST and VIP interneuron activity. (B,F)*Top*,
664 representative L4-ES PSP pre and post CNO (500nM) in SST-hM4Di (B) and VIP-hM4Di
665 slices (F). *Bottom*, representative POM-OS PSP pre and post CNO in SST-hM4Di (B) and

666 VIP-hM4Di slices (F). (C) Mean L4-ES PSP amplitudes pre vs. post CNO in SST-hM4Di
667 slices, n=9 cells, $P=0.01$; paired Student's t-test. (D) Mean POM-OS PSP amplitudes pre
668 vs. post CNO in SST-hM4Di slices, n=9 cells; $P=0.02$; paired Student's t-test. (G) Mean L4-
669 ES PSP amplitudes pre vs. post CNO in VIP-hM4Di slices, n=12 cells, $P=0.06$; paired
670 Student's t-test. (H) Mean POM-OS PSP amplitudes pre vs. post CNO in VIP-hM4Di slices,
671 n=12 cells; $P=0.04$; paired Student's t-test. (I) *Left*, examples of PS evoked currents in L2/3
672 pyramidal neurons pre (blue) and post (red) CNO (500nM) in VIP-hM4Di slices at four
673 different holding potentials (-70mV, -50mV, -30mV, and 0mV). *Right*, Synaptic V-I curves
674 (mean \pm sd). Linearity is assessed by linear regression, slopes pre vs. post CNO, n=7,
675 $P=0.0365$, analysis of covariance (ANCOVA). (J) Averaged PS evoked synaptic inhibitory
676 conductances over time pre vs. post CNO. Shaded areas indicate SEM. (K) mean
677 integrated inhibitory conductance (G_i) in L2/3 pyramidal neurons pre vs. post CNO in VIP-
678 hM4Di slices, n=7 cells, $P=0.006$; paired Student's t-test.

679

680

681 **Figure 5. Reduced VIP interneuron activity prevents RPS-evoked LTP in L2/3**
682 **pyramidal neurons.**

683 (A,E,I) *Top*, schematic of the circuit, with a patch recording of a L2/3 pyramidal neuron to
684 measure the effects of hM4Di-mediated reduction in SST, SST & POM, and VIP activity on
685 RPS or RES-induced plasticity. (B,F,J) *Right*, L4-ES PSP amplitudes in an example cell
686 upon RPS_{SST-hM4Di} (B), RES_{SST&POM-hM4Di} (F), and RPS_{VIP-hM4Di} (J) in CNO. *Left*, representative
687 L4-ES PSPs pre vs. post CNO in RPS_{SST-hM4Di} (B), RES_{SST&POM-hM4Di} (F) and RPS_{VIP-hM4Di} (J)
688 in CNO. (C) Mean L4-ES PSP amplitudes pre vs. post RPS_{SST-hM4Di}, n=6 cells, $P=0.048$;
689 paired Student's t-test. (D) Normalized L4-ES PSP amplitudes, comparing RPS_{SST-hM4Di} to
690 No RPS_{SST-hM4Di} (n=4), $P=0.049$; Two-way repeated measures ANOVA. (G) Mean L4-ES
691 PSP amplitudes pre vs. post RES_{SST&POM-hM4Di}, n=7 cells, $P=0.85$; paired Student's t-test. (H)
692 Normalized L4-ES PSP amplitudes for RES_{SST&POM-hM4Di}. (K) Mean L4-ES PSP amplitudes
693 pre vs. post RPS_{VIP-hM4Di}, n=7 cells, $P=0.08$; paired Student's t-test. (L) Normalized L4-ES
694 PSP amplitudes, comparing RPS_{VIP-hM4Di}+CNO, No RPS_{VIP-hM4Di} (n=5 cells), and RPS_{VIP-hM4Di}
695 (n=3 cells), $P<0.0001$ (Post-hoc Bonferroni's multiple comparisons test, from 12 min:
696 RPS_{VIP-hM4Di} vs. No RPS_{VIP-hM4Di}+CNO, $P>0.99$; RPS_{VIP-hM4Di}+ CNO vs. RPS_{VIP-hM4Di}, $P<0.03$;
697 No RPS_{VIP-hM4Di}+CNO vs. RPS_{VIP-hM4Di}, $P<0.007$; two-way repeated measures ANOVA).
698

699 **Supplementary Figure 1. Analysis of AAV-directed expression of ChR2 and**
700 **inhibition of the POM prevents RPS induced LTP.**

701 (A) Images of thalamocortical slices containing only ChR2-tdTomato-positive POM
702 projections (left) or containing ChR2-tdTomato-positive POM and VPM projections (right) in
703 the BC. (B) Intensity profile (a.u.) of ChR2-tdTomato expression from the pia to L5,
704 comparing POM only, POM + VPM, and No ChR2 expression. (C) Mean L4 (400-600 μ M
705 from pia edge) ChR2-tdTomato fluorescence intensity in POM only (P; n=15, 1.5 ± 0.1 a.u.),
706 POM + VPM (P+V; n=5, 3.9 ± 0.8 a.u.) and No ChR2 (No; n=6, 1.6 ± 0.4 a.u.). Stats: P vs. P+V,
707 $P=0.0005$ ($\beta=0.99$), No vs. P, $P=0.47$. No vs. P+V, $P=0.018$ ($\beta=0.10$), Student's t-tests. (D)
708 *Left*, L4-RES experimental protocol. (E) *Left*, mean L4-ES PSP amplitudes pre
709 (1.27 ± 0.23 mV) vs. post (2.23 ± 0.55 mV) L4-RES. Stats: n=7, $P=0.12$ ($\beta=0.32$), paired
710 Student's t-test. *Right*, mean L4-ES PSP amplitudes pre (2.36 ± 0.56 mV) vs. post
711 (2.02 ± 1.17 mV) L4-RES_{POM-hM4Di} + CNO (500nM), n=6, $P=0.72$; paired Student's t-test
712 ($\beta=0.06$). (F) Normalized L4-ES PSP amplitudes, 2 min bins, comparing L4-RES, n=7, vs.
713 L4-RES_{POM-hM4Di}, n=6; $P=0.028$; Two-way repeated measures ANOVA. (G) *Left*, mean L4-
714 ES PSP amplitude before rhythmic stimulation (pre RS) vs. LTP size (post RS). Stats:
715 Pearson's $r=-0.31$, $r^2=0.096$, $P=0.12$. *Right*, mean POM-OS PSP amplitude before RS vs.
716 LTP size. Stats: Pearson's $r=-0.36$, $r^2=0.13$, $P=0.20$. (H) Rs (*left*), Δ Rs (*middle*), and
717 maximum current injection (*right*) vs. LTP size. Stats: respectively, Pearson's $r=0.25$,
718 $r^2=0.6$, $P=0.21$; $r=0.20$, $r^2=0.04$, $P=0.33$; $r=-0.01$, $r^2<0.01$, $P=0.99$). (I) Representative traces
719 for the initial portion of the rhythmic (8Hz) stimulation, comparing RPS to L4-RES_{POM-hM4Di}.
720 (J) Cumulative PSP amplitudes during rhythmic stimulation. Stats: n=14, $P<0.0001$, two-
721 way repeated measures ANOVA. (K) PSP amplitudes across time points during rhythmic
722 stimulation, comparing RPS to L4-RES_{POM-hM4Di}. Stats: n=14, $P=0.036$; two-way repeated
723 measures ANOVA. (L) *Top*, mean L4-ES PSP amplitude at baseline, comparing RPS
724 (1.35 ± 0.36 mV, n=8) to L4-RES_{POM-hM4Di} (2.17 ± 0.54 mV, n=6). Stats: $P=0.22$ ($\beta=0.97$),
725 Student's t-test. *Bottom*, amplitude of the 1st PSP during the rhythmic stimulation (RS),
726 comparing RPS (2.41 ± 0.42 mV, n=8) to L4-RES_{POM-hM4Di} (1.17 ± 0.25 mV, n=6). Stats:
727 $P=0.037$ ($\beta=0.99$), Student's t-test. (M) 1st PSP amplitude of RS, normalized to the mean
728 baseline L4-ES PSP amplitude vs. LTP size (%). Stats: Pearson's $r=0.56$, $r^2=0.31$,
729 $P=0.003$.

730

731 **Supplementary Figure 2. RPS-induced cumulative PSP amplitudes under**
732 **various conditions.**

733 (A) Representative traces for the initial portion of rhythmic (8Hz) stimulation, comparing
734 recordings under Ptx, Ptx+APV, RWS, and a 2nd RPS. (B) Cumulative PSP amplitudes
735 during RPS, comparing Ptx, Ptx+APV, RWS, and a 2nd RPS. Stats: $P < 0.0001$, Two-way
736 ANOVA. Post-hoc Bonferroni's multiple comparisons: Ptx vs. Ptx+APV, $P < 0.0001$; Ptx vs.
737 RWS, $P = 0.04$; Ptx vs. 2nd RPS, $P < 0.0001$; Ptx+APV vs. RWS, $P < 0.0001$; RWS vs. 2nd RPS,
738 $P < 0.0001$. (C) Mean PSP amplitude across time points during RPS, comparing Ptx,
739 Ptx+APV, RWS, and 2nd RPS. Stats: $P = 0.49$; repeated measures Two-way ANOVA. (D)
740 *Left*, Mean L4-ES PSP amplitude at baseline, comparing Ptx ($n = 10$, 1.25 ± 0.27 mV),
741 Ptx+APV ($n = 6$, 1.05 ± 0.38 mV), RWS ($n = 7$, 1.18 ± 0.26 mV), and 2nd RPS ($n = 3$,
742 4.02 ± 1.39 mV). Stats: Ptx vs. Ptx+APV, $P = 0.67$ ($\beta = 0.23$); Ptx vs. RWS, $P = 0.87$ ($\beta = 0.25$);
743 Ptx+APV vs. RWS, $P = 0.77$ ($\beta = 0.25$); 2nd RPS vs. Ptx, $P = 0.008$ ($\beta = 0.99$); 2nd RPS vs. Ptx,
744 $P = 0.03$ ($\beta = 0.98$); 2nd RPS vs. RWS, $P = 0.02$; Student's t-tests. *Right*, 1st PSP amplitudes
745 during RPS, comparing Ptx ($n = 10$, 1.89 ± 0.47 mV), Ptx+APV ($n = 6$, 1.04 ± 0.33 mV), RWS
746 ($n = 7$, 1.31 ± 0.27 mV), and 2nd RPS ($n = 3$, 2.69 ± 0.77 mV). Stats: Ptx vs. Ptx+APV, $P = 0.23$
747 ($\beta = 0.98$); Ptx vs. RWS, $P = 0.36$ ($\beta = 0.90$); Ptx+APV vs. RWS, $P = 0.55$ ($\beta = 0.45$); 2ndRPS vs.
748 Ptx, $P = 0.43$ ($\beta = 0.45$); 2nd RPS vs. Ptx+APV, $P = 0.05$; 2nd RPS vs. RWS, $P = 0.06$ ($\beta = 0.45$);
749 Student's t-tests. (E) Normalized L4-ES PSP amplitudes across RPS followed by a
750 2ndRPS. (G) LTP ratio (pre/post) comparing the 1st RPS ($n = 3$, 2.21 ± 0.31) to the 2ndRPS
751 (0.80 ± 0.17). Stats: $P = 0.02$ ($\beta = 0.99$); Student's t-test.

752

753 **Supplementary Figure 3. Analysis of hM4Di-mCherry expression and spiking**
754 **in SST and VIP-Cre driver lines.**

755 (A,D) Image of SST-hM4Di (A) and VIP-hM4Di (D) expression in L1-L6 of the BC. Dotted
756 lines indicate the dimensions over which the area of expression was measured. (B) Width
757 measurement of expression across layers in the SST-Cre driver line. Stats: L1 ($n = 13$,
758 859 ± 462 μ m) vs. L4 (436 ± 191 μ m), $P = 0.04$ ($\beta = 1.00$); L2/3 (824 ± 331 μ m) vs. L4,
759 $P = 0.001$ ($\beta = 0.19$); L4 vs. L5 (809 ± 440 μ m), $P = 0.01$ ($\beta = 1.0$); and L2/3 vs. L5, $P = 0.94$;
760 Student's t-tests. (C) Number of cells per layer expressing hM4Di-mCherry in the SST-Cre
761 driver line vs. distance from the pia (100 μ m binning). (E) Width measurement of expression
762 across layers in the VIP-Cre driver line. Stats: L1 ($n = 17$, 792 ± 180 μ m) vs. L4 (364 ± 152 μ m),
763 $P < 0.0001$; L2/3 (697 ± 178 μ m) vs. L4, $P < 0.0001$ ($\beta = 1.0$); L4 vs. L5 (536 ± 355 μ m), $P = 0.20$
764 ($\beta = 1.0$); L1 vs. L5, $P = 0.015$ ($\beta = 1.0$); and L2/3 vs. L5, $P = 0.06$ ($\beta = 0.99$); and L1 vs. L2/3,
765 $P = 0.13$ ($\beta = 0.99$); Student's t-tests. (F) Number of cells per layer expressing hM4Di-
766 mCherry in the VIP-Cre driver line vs. distance from the pia (100 μ m binning). (G) hM4Di
767 expression area in SST-Cre mice ($n = 14$, 0.90 ± 0.10 mm² $\times 10^3$) compared to VIP-Cre mice

768 (n=15, $0.72 \pm 0.08 \text{mm}^2 \times 10^3$). Stats: $P=0.17$ ($\beta=1.0$); Student's t-test. (J) Membrane
769 capacitance (C_m), comparing Pyr (n=15, $99 \pm 8 \text{pF}$), SST (n=5, $52 \pm 13 \text{pF}$) and VIP (n=7,
770 $49 \pm 4 \text{pF}$) cells. Stats: Pyr vs. SST, $P=0.008$ ($\beta=1.0$); Pyr vs. VIP, $P=0.001$ ($\beta=1.0$); VIP vs.
771 SST, $P=0.79$ ($\beta=0.13$); Student's t-tests. (I) *Left*, confocal images of anti-SST and SST-
772 hM4Di-mCherry overlap in the injection area (SST-hM4Di+ & anti-SST+), outside of the
773 injection area (SST-hM4Di- & anti-SST+), and in control sections with secondary antibody
774 only (SST-hM4Di+ & anti-SST-). *Right*, fluorescence intensity in the injection areas (yellow
775 dots) SST-hMD4i Fluo. Intensity ($3.7 \pm 0.1 \text{a.u.}$) vs. anti-SST Fluo. Intensity ($6.4 \pm 0.1 \text{a.u.}$),
776 outside the injection area (green) SST-hMD4i ($1.6 \pm 0.3 \text{a.u.}$) vs. anti-SST ($6.9 \pm 0.1 \text{a.u.}$), and in
777 control slices with secondary antibody only (red) SST-hMD4i ($2.9 \pm 0.2 \text{a.u.}$) vs. anti-SST
778 ($0.2 \pm 0.01 \text{a.u.}$). In the SST-line (n=7), 77% of the anti-SST-positive cells co-expressed
779 hM4Di-mCherry (i.e. efficiency), the other 33% were anti-SST positive cells but not
780 transfected. 100% of the hM4Di-mCherry-positive cells were labeled with anti-SST (i.e.
781 specificity). (J) *Left*, confocal images of anti-VIP and VIP-hM4Di-mCherry overlap in the
782 injection areas (VIP-hM4Di+ & anti-VIP+), outside of the injection area (VIP-hM4Di- & anti-
783 VIP+), and in control sections with secondary antibody only (VIP-hM4Di+ & anti-VIP-).
784 *Right*, Fluorescence intensity in the injection area (yellow) VIP-hMD4i Fluo. Intensity
785 ($5.9 \pm 0.2 \text{a.u.}$) vs. anti-VIP Fluo. Intensity ($12.6 \pm 0.2 \text{a.u.}$), outside of the injection area (green)
786 VIP-hMD4i ($0.9 \pm 0.01 \text{a.u.}$) vs. anti-VIP ($12.7 \pm 0.5 \text{a.u.}$), and in control sections with
787 secondary antibody only (red) VIP-hMD4i ($9.5 \pm 0.2 \text{a.u.}$) vs. anti-VIP ($0.2 \pm 0.04 \text{a.u.}$). In the
788 VIP-line (n=8), 86% of the anti-VIP-positive were found to co-express hM4Di-mCherry, and
789 100% of the hM4Di-mCherry-positive cells were labeled with anti-VIP. (K) *Left*, P_{Om}-OS
790 over L4-ES PSP amplitude ratios, comparing Pyr (n=8, 0.35 ± 0.04), VIP (n=7, 0.66 ± 0.1),
791 and SST (n=5, 0.62 ± 0.2). Stats: Pyr vs. VIP $P=0.001$ ($\beta=1.0$); Pyr vs. SST, $P=0.4$ ($\beta=0.99$);
792 VIP vs. SST, $P=0.83$ ($\beta=0.99$) paired Student's t-tests. *Right*, PS over L4-ES PSP
793 amplitude ratios, comparing Pyr (n=8, 2.35 ± 0.7), VIP (n=7, 1.23 ± 0.08), and SST (n=5,
794 0.43 ± 0.4). Stats: Pyr vs. VIP $P=0.40$ ($\beta=1.0$); Pyr vs. SST, $P=0.01$ ($\beta=1.0$); VIP vs. SST,
795 $P=0.0003$ ($\beta=0.99$); paired Student's t-tests. (L,M) *Left*, typical spiking pattern of a SST (L)
796 and VIP (M) interneurons after a depolarizing current step. *Middle*, representative trace of a
797 spike upon PS. *Right*, Fraction of stimuli (%) that induced spikes in SST (L) and VIP (M)
798 interneurons. Stats: comparing spikes in SST cells: P_{Om} (n=5, $3.1 \pm 2.8\%$) vs PS
799 ($6.6 \pm 2.4\%$), $P=0.5$ ($\beta=0.78$); P_{Om} vs. L4 (20.13 ± 6.76), $P=0.1$ ($\beta=0.99$); PS vs. L4, $P=0.07$
800 ($\beta=0.99$); comparing spikes in VIP cells, P_{Om} (n=7, $7.1 \pm 11.8\%$) vs. PS ($34.2 \pm 13.4\%$),

801 $P=0.07$ ($\beta=0.99$); POm vs. L4 ($17.77\pm 10.16\%$), $P=0.35$ ($\beta=0.72$); PS vs. L4, $P=0.038$
802 ($\beta=0.93$); paired Student's t-tests.

803

804 **Supplementary Figure 4. Validation of hM4Di DREADDs in VIP interneurons.**

805 (A) Resting membrane potential of VIP interneurons. Stats: pre CNO ($n=7$, $-77.6\pm 2.12\text{mV}$)
806 vs. post CNO ($84.56\pm 3.70\text{mV}$), $P=0.01$ ($\beta=0.99$), paired Student's t-test. (B) Representative
807 traces of hyperpolarizing and depolarizing current steps (40pA) pre and post CNO in VIP
808 interneurons. (C) AP frequency (Hz) as a function of current input (pA). Stats: $n=7$,
809 $P<0.0001$, two-way ANOVA.

810

811 **Supplementary Figure 5. SST and VIP interneurons bi-directionally modulate**
812 **RPS-induced cumulative PSP amplitudes in L2/3 pyramidal neurons.**

813 (A) Representative traces for the initial portion of RPS while reducing SST ($\text{RPS}_{\text{SST-hM4Di}}$) or
814 VIP ($\text{RPS}_{\text{VIP-hM4Di}}$) interneuron activity. (B) Cumulative PSP amplitudes in L2/3 pyramidal
815 neurons during RPS, comparing RPS, $\text{RPS}_{\text{SST-hM4Di}}$ and $\text{RPS}_{\text{VIP-hM4Di}}$. Stats: $n=21$, $P<0.0001$;
816 two-way ANOVA. Post-hoc Bonferroni's multiple comparisons: RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$,
817 $P<0.0001$; RPS vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P<0.0001$; $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P<0.0001$. (C)
818 Mean PSP amplitude across time points during RPS, comparing RPS, $\text{RPS}_{\text{VIP-hM4Di}}$, and
819 $\text{RPS}_{\text{SST-hM4Di}}$. Stats: $P=0.01$, two-way repeated measures ANOVA. Post-hoc Bonferroni's
820 multiple comparisons: 1sec, RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$, $P=0.12$; RPS vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.003$;
821 $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P<0.0001$. 5sec, RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$, $P=0.12$; RPS vs.
822 $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.65$; $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P>0.99$. 60sec, RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$,
823 $P>0.99$; RPS vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.65$; $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P>0.99$. (D) Mean L4-
824 ES PSP amplitudes at baseline, comparing RPS ($n=8$, $1.41\pm 0.24\text{mV}$), $\text{RPS}_{\text{VIP-hM4Di}}$ ($n=7$,
825 $1.13\pm 0.23\text{mV}$), and $\text{RPS}_{\text{SST-hM4Di}}$ ($n=6$, $2.51\pm 0.48\text{mV}$). Stats: $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$,
826 $P=0.02$ ($\beta=0.99$); $\text{RPS}_{\text{VIP-hM4Di}}$ vs. RPS, $P=0.42$ ($\beta=0.99$); $\text{RPS}_{\text{SST-hM4Di}}$ vs. RPS, $P=0.045$;
827 Student's t-tests. (E) 1st RPS PSP amplitude, comparing RPS ($2.41\pm 0.42\text{mV}$), $\text{RPS}_{\text{VIP-hM4Di}}$
828 ($1.02\pm 0.21\text{mV}$), and $\text{RPS}_{\text{SST-hM4Di}}$ ($3.89\pm 0.79\text{mV}$). Stats: RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$ $P=0.01$
829 ($\beta=1.00$); RPS vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.12$ ($\beta=0.99$); $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.02$;
830 Student's t-tests. (F) 1st RPS PSP amplitude, normalized to mean baseline L4-ES PSPs,
831 comparing RPS ($2.41\pm 0.42\text{mV}$), $\text{RPS}_{\text{VIP-hM4Di}}$ ($1.02\pm 0.21\text{mV}$), and $\text{RPS}_{\text{SST-hM4Di}}$
832 ($3.89\pm 0.79\text{mV}$). Stats: RPS vs. $\text{RPS}_{\text{VIP-hM4Di}}$ $P=0.004$ ($\beta=1.00$); RPS vs. $\text{RPS}_{\text{SST-hM4Di}}$,
833 $P=0.12$ ($\beta=0.99$); $\text{RPS}_{\text{VIP-hM4Di}}$ vs. $\text{RPS}_{\text{SST-hM4Di}}$, $P=0.02$ ($\beta=1.00$); Student's t-tests.

834

835 **STAR METHODS**

836 **KEY RESOURCES TABLE**

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
VIP, rabbit polyclonal IgG	Immunostar	#20077, RRID: AB_572270
SST, rat IgG2b, YC7 clone	Merck Millipore .	#MAB354, RRID:AB_2255365
Goat anti-Rat IgG (H+L) Cross-Adsorbed Secondary Antibody, Alexa Fluor 647	Thermo Fisher Scientific	Cat #:A-21247;; RRID AB_141778.
Goat anti-Rabbit IgG (H+L) Superclonal™ Secondary Antibody, Alexa Fluor 647	Thermo Fisher Scientific	Cat # A32733, RRID AB_2633282
Bacterial and Virus Strains		
AAV1.CAGGS.Flex.ChR2-tdTomato.WPRE.SV40	U Penn Vector Core, Pennsylvania	https://www.med.upenn.edu/gtp/vectorcore/
AAV5.EF1a.DIO.hChR2(H134R)-eYFP.WPRE.hGH	Addgene	Addgene20298P
AAV9.CMV.PI.Cre.rBG	U Penn Vector Core, Pennsylvania	https://www.med.upenn.edu/gtp/vectorcore/
AAV2.hSyn.HA-hM4D(Gi).IRES.mCitrine	UNC vector core	https://www.med.unc.edu/genetherapy/vectorcore
rAAV8.hSyn.DIO.hm4D(Gi).mCherry	Addgene	#44362-AAV2
Chemicals, Peptides, and Recombinant Proteins		
Clozapine <i>N</i> -oxide	Tocris	Cat. No. 4936
Picrotoxin	Tocris	Cat. No. 1128
CNQX	Tocris	Cat. No. 1045
DAP5	Tocris	Cat. No. 0106/1
Biocytin	Tocris	Cat. No. 3349
QX-314Cl	Tocris	Cat. No. 2313
Experimental Models: Organisms/Strains		
Mouse/C57BL/6JRj	Janvier Labs	https://www.janvier-labs.com/rodent-research-models-services/research-models/per-species/inbred-mice/product/c57bl6jrj.html
Mouse/SST-IRES-Cre	Jackson Labs	#013044 RRID:MGI:4838419
Mouse/VIP-IRES-Cre	Jackson Labs	#010908, RRID:MGI:3054170
Software and Algorithms		
Ephus software	the Janelia Farm Research Center	http://research.janelia.org/labs/display/ephus : the Janelia Farm Research Center

Prism 7 for Mac OS X	GraphPad Software, Inc, La Jolla California,	Version 7.0a, April 2, 2016, www.graphpad.com
Clampfit 10	Molecular Devices, LLC	Version 10.8.01 http://mdc.custhelp.com
Image J	The NIH	https://imagej.nih.gov/ij/
MATLAB	MathWorks	https://www.mathworks.com/

837

838 **Contact for Reagent and Resource Sharing**

839 Further information and requests for resources and reagents should be directed to and will
840 be fulfilled by the Lead Contact, Anthony Holtmaat (Anthony.Holtmaat@unige.ch)

841

842 **Experimental Model and Subject Details**

843 *Animals*

844 All procedures were carried out in accordance with protocols approved by the ethics
845 committee of the University of Geneva and the authorities of the Canton of Geneva. All
846 animals were housed at the University of Geneva's Animal Care facility under normal
847 light/dark cycles. We used male, C57BL/6J mice and two transgenic Cre-recombinase
848 driver lines, one expressing Cre in SST (*SST-ires-Cre*) interneurons and the other in VIP
849 (*VIP-ires-Cre*) interneurons (Taniguchi et al., 2011). AAV-directed injections were
850 performed at 4 weeks of age and after 2-3 weeks of infection (2.5-3 months of age) mice
851 were euthanized and slice electrophysiology was performed. All transgenes were used as
852 homozygotes.

853

854 **Method Details**

855 *Virus Injection*

856 Mice, aged postnatal days 28-35, were anesthetized using isoflurane (4% with 0.5 lmin⁻¹
857 O₂). Body temperature was maintained at 37°C by a feedback controlled heating pad
858 (FHC). Eye ointment was applied to prevent dehydration and mice were put in a stereotaxic
859 frame. The skin was disinfected with betadine. A burr hole was made in the skull with a
860 pneumatic drill above the region of interest. Injections were targeted to the caudal part of
861 the POm (coordinates from bregma: RC, -2.20mm; ML, -1.20mm; DV, -3.00) and/or the BC
862 (coordinates from bregma: RC, -1.5mm; ML, -3.5; Z, -0.4) (Gambino et al., 2014).
863 Expression of ChR2-TdTomato or ChR2-YFP expression was targeted to POm neurons
864 using FLEx AAV vectors (AAV1.CAGGS.Flex.ChR2-tdTomato.WPRE.SV40;
865 AAV5.EF1a.DIO.hChR2(H134R)-eYFP.WPRE.hGH), combined with AAV Cre vectors
866 (AAV9.CMV.PI.Cre.rBG). hM4Di DREADD (Armbruster et al., 2007) was expressed in the
867 POm using non-flex AAVs (AAV2.hSyn.HA-hM4D(Gi).IRES.mCitrine). hM4Di-mCherry was

868 expressed in the VIP-Cre and SST-Cre driver lines using a FLEX AAV vector
869 (rAAV8.hSyn.DIO.hm4D(Gi).mCherry).

870

871 The virus was injected (~200nl in the POm and ~100nl in the BC) using a glass pipette
872 attached to a hydraulic manipulator (MMO-220A, Narishigi) at a maximum rate of 100nl
873 min⁻¹. The solution was allowed to diffuse for at least 10min before the pipette was
874 withdrawn. Once injections were completed the craniotomy was filled with Kwik-Cast (WPI)
875 and the skin re-attached with stainless steel staples (Precise DS15, 3M). In accordance
876 with Swiss Federal laws, analgesia as provided by local lidocaine (1%) application. A
877 subcutaneous injection of buprenorphine (Temgesic, 0.05mg kg⁻¹) was given to reduce
878 postoperative pain.

879

880 *Thalamocortical slice preparation*

881 2-4 weeks post-viral injections, mice were anesthetized with isoflurane and decapitated. A
882 vibrating microtome was used to prepare 350- μ m-thick thalamocortical slices according an
883 acute brain slice method for adult and aging animals (Agmon and Connors, 1991; Ting et
884 al., 2014). Slicing was performed in cold NMDG artificial cerebrospinal fluid solution (aCSF,
885 300-305 mOsm, pH 7.3), containing the following (in mM): 92 NMDG, 2.5 KCl, 1.25
886 NaH₂PO₄*H₂O, 30 NaHCO₃, 20 HEPES, 25 glucose, 2 thiourea, 5 Na-ascorbate, 3 Na-
887 pyruvate, 0.5 CaCl₂*2H₂O, 10 MgSO₄*7H₂O (Agmon and Connors, 1991; Ting et al., 2014).
888 Slices were then transferred to NMDG aCSF solution at 35°C for 20min, after which slices
889 were immersed in a HEPES aCSF solution (300-305mOsm, pH 7.3), at room temperature,
890 (in mM): 92 NaCl, 2.5 KCl, 1.25 NaH₂PO₄*H₂O, 30 NaHCO₃, 20 HEPES, 25 glucose, 2
891 thiourea, 5 Na-ascorbate, 3 Na-pyruvate, 2 CaCl₂*2H₂O, and MgSO₄*7H₂O. 95% O₂ + 5%
892 CO₂ was bubbled through all solutions.

893

894 *Electrophysiology*

895 Whole-cell current-clamp recordings were obtained from patched L2/3 pyramidal neurons
896 or fluorescence-guided targeted patched VIP or SST interneurons. Recordings were
897 performed in freshly prepared aCSF, bubbled with 95% O₂ + 5% CO₂, at an osmolarity of
898 300-305mOsm, containing (in mM): 119 NaCl, 24 NaHCO₃, 2.5 KCl, 1.25 NaH₂PO₄*H₂O, 2
899 MgSO₄*7H₂O, 2 CaCl₂*2H₂O, and 12.5 Glucose. Patch pipettes (5-8 m Ω) were filled with
900 290-295 mOsm internal solution containing (in mM): 135 K-gluconate, 5 KCl, 10
901 Phosphocreatine, 4 Mg ATP, 0.3 NaGTP, 2.68 (0.1%) Biocytin, and 10mM HEPES. After

902 break-in the cell was allowed to equilibrate for 5 minutes. Membrane capacitance (C_m) and
903 series resistance (R_s) was documented. A series of hyperpolarizing and depolarizing step
904 currents (40pA increments) of 500ms duration were applied to measure intrinsic properties
905 and spike patterns of each neuron.

906

907 Postsynaptic potentials (PSPs) were evoked by electrical stimulation (0.2 ms) with a bipolar
908 stimulating electrode (matrix tungsten electrode, FHC) placed in L4, and by optical
909 stimulation of ChR2-expressing P_{Om} fibers. For optical stimulation, a 5 ms light emitting
910 diode (LED) pulse (excitation λ 470nm, Thorlabs, Germany) was applied through the
911 objective above L1. Electrical stimuli were tuned to yield a \sim 1mV PSP baseline response.
912 The power of the optical stimuli after the objective was kept at \sim 0.9mW x mm².

913

914 In whole-cell current-clamp, the experimental LTP protocol consisted of a 5-min baseline
915 period in which electrical stimuli (L4-ES; 0.1Hz) were alternated with optical stimuli (P_{Om}-
916 OS; 0.1Hz) every 1 min, followed by a 1-min period of rhythmic paired stimulation (RPS;
917 8Hz), and a 30-min plasticity readout period with the same stimuli as during baseline.
918 During RPS L4-ES and P_{Om}-OS were applied at the exact same time. We then compared
919 the average amplitude of the PSPs over the baseline (pre RPS, 0-5min; 30 stimulations)
920 with those over the final 5 min of the recordings (pre RPS, 25-30min; 30 stimulations). The
921 level of LTP was calculated per cell, as well as an average over cells. Synaptic responses
922 were monitored before, during, and after the RPS.

923

924 Voltage-clamp recordings were made using a cesium-based internal solution: (in mM) 135
925 cesium methylsulfonate, 4 QX-314Cl, 10 HEPES, 10 Phosphocreatine, 4 Mg-ATP, 0.3 Na-
926 GTP, 3 biocytin, 0.1 spermine, 7.25 pH adjusted with CsOH, 290-295 mOsm).

927

928 For chemogenetic silencing experiments, CNO (500 nM) was bath applied 5 min prior to the
929 recordings. CNO remained present during the recordings. CNQX (10 μ M, Tocris), Ptx (100
930 μ M, Tocris) and/or DAP5 (50 μ M, Tocris) were applied in a similar way and remained
931 present throughout the recordings.

932

933 *Whisker stimulation*

934 For occlusion experiments, 2-4 weeks post-AAV injection, anesthesia was induced using
935 isoflurane and maintained by IP injection of Medetomidine (Dorbene, 1mg kg⁻¹) and

936 Midazolam (Dormicum, 5mg kg⁻¹) in sterile NaCl 0.9% (MM-mix). All whiskers were
937 deflected (10min, 8Hz) using a piezoelectric ceramic actuator (PL-series PICMA, Physik
938 Intrumente). A perforated plastic plate was attached to the ceramic plate, through which all
939 whiskers were inserted. The plate remained 4mm away from the skin. The voltage applied
940 to the actuator was set to evoke a whisker displacement of 0.6mm with a ramp of 7-8ms.
941 After whisker stimulation, the mouse was immediately decapitated, which was followed by
942 thalamocortical slice preparation, and RPS.

943

944 *Immunohistochemistry*

945 For immunohistochemical detection and quantification of VIP and SST interneurons, after
946 electrophysiology, mouse thalamocortical brain sections were fixed in 4% PFA (pH 7.4) for
947 18-24 hours. Slices were then incubated for 1 hour, free floating in a blocking solution of
948 PBS (pH 7.4) containing 0.025% Triton and 5% Bovine Serum Albumin (BSA). After
949 blocking, slices were incubated for 18-24 hours in blocking solution containing primary
950 antibodies (VIP, rabbit polyclonal IgG; SST, rat IgG2b) at a 1:500 dilution (Lee et al.,
951 2013). After incubation in primary antibodies, slices were washed 4 times for 10 minutes in
952 PBS plus 5% BSA at room temperature. They were then incubated for 2 hours in PBS
953 solution containing 5% BSA and the appropriate fluorescence-conjugated secondary
954 antibodies (1:400). After incubation with secondary antibodies, slices were washed 4 times
955 in PBS at room temperature and placed onto glass slides.

956

957 **Quantification and Statistical Analysis**

958 *ChR2 and hM4Di expression analysis*

959 The VPM and POM are juxtaposed to each other in the thalamus and to control for any spill
960 over of virus into the VPM a post-hoc analysis of the BC was performed. Fluorescent
961 images (10x objective) were taken of slices, PFA-fixed immediately after the ephys
962 recordings. Fluorescence was observed in L1 (from the pia 0-200µm staining) and L5 (600-
963 800µm) in all experimental slices. An intensity measurement was performed across the BC.
964 Slices with an intensity measurement of more than 3×10^4 a.u. in L4 (400-600µm) were
965 deemed to have spill-over of AAV in the VPM, and were eliminated from any further LTP
966 analysis.

967

968 To estimate the extent of hM4Di-expression, (**Supplementary Figure 3**) visibly positive
969 cells were counted, and expressed as the total number in 100µm increments from the pia,

970 as well as the number within a layer (**Supplementary Figure 3**), as described⁴⁸. Layers
971 were determined from their distance from the pia.

972

973 *Confocal microscopy and immunohistochemical analysis*

974 Images were generated using a confocal laser-scanning fluorescence microscope at 40x
975 magnification fluorescence intensity was measured by delineating the edges of all visible
976 cells using ImageJ software and by calculating mean fluorescence in these regions of
977 interest (ROI).

978

979 To avoid counting false-positives, two controls were performed. First, images were taken in
980 an area adjacent to injection area (i.e., cells that were not visibly expressing hM4Di-
981 mCherry; **Supplementary Figure 3**). ROIs were drawn around anti-SST or anti-VIP
982 positive cells, and fluorescence intensity in the red channel was quantified (green data
983 points in **Supplementary Figure 3**). Next, images were taken of the injection area in
984 sections on which only the secondary antibody Alexa 647 was applied. ROIs were drawn
985 around hM4Di-mCherry-positive cells, and fluorescence intensity in the green channel was
986 quantified (red data points in **Supplementary Figure 3**). Each of these quantifications
987 yielded a mean fluorescence \pm 2SD, which was subsequently used as the lower-limit on
988 which we based the overlap estimate (i.e. $\#true\ positives/\#total$). Intensities of the
989 experimental cells (yellow data points in **Supplementary Figure 3**.) below these limits
990 were considered as false positive in either channel.

991

992 *Data analysis*

993 All relevant raw data are available from the authors. Electrophysiological data were
994 acquired using a Multiclamp 700B Amplifier (Molecular Devices) using Matlab-based Ephys
995 software. The data were Bessel-filtered during the recording at 10 kHz. Offline analysis was
996 performed using Event Detection/Template Matching tools in Clampfit 10 software.
997 Templates were created by extracting and averaging segments of data that were manually
998 identified as corresponding to an event within 5ms of ES and/or OS. The same template
999 was used for all depolarizing PSPs and another was adopted for hyperpolarizing PSPs. In
1000 Event Detection/Template Matching, the template is slid along the data trace one point at a
1001 time and scaled and offset to optimally fit the data at each point. Optimization of the fit was
1002 found by minimizing the sum of the squared errors between the fitted template and the
1003 data. Since background noise rarely exceeded four times the standard deviation of the

1004 noise this was used for optimum template matching. If the event detection program found
1005 an event within the corresponding window following stimulation, the event was manually
1006 accepted and the program would calculate the peak amplitude. Data points were removed
1007 on the bases of a significant change in Rs throughout the experiment and if post-hoc viral
1008 transfection was not specific. Randomization and blinding methods were not used. Data is
1009 presented throughout as mean \pm SEM unless otherwise stated.

1010

1011 Paired stimulation synaptic conductances were determined using published methods in
1012 voltage clamp using PS postsynaptic currents (PSCs) recorded at 4 different holding
1013 potentials (-70, -50, -30, and 0mV; 5 PSCs per V; 0.1 Hz) (House et al., 2011; Monier et
1014 al., 2008; Gambino and Holtmaat, 2012). The relationship between the synaptic current
1015 (I_{syn}) and synaptic conductance (G_{syn}) were given by the following equation:

$$1016 \quad I_{syn}(t) = G_{syn}(t) * (V_c(t) / E_{rev}(t)),$$

1017 Where E_{rev} and V_c are the synaptic reversal and holding potential, respectively. For each
1018 time point, G_{syn} and E_{rev} are provided by the slope and the x-intercept of the linear
1019 regression fit of the I-V curve, respectively. The inhibitory (G_i) conductance was calculated
1020 using the following equation:

$$1021 \quad G_i(t) = (G_{syn}(t) * (E_e - E_{rev}(t))) / (E_e - E_i),$$

1022 Where E_e and E_i are the excitatory and inhibitory reversal potential respectively. They were
1023 estimated to be -84mV and 0mV, respectively, based on the Nernst Equation, with a 32°C
1024 bath temperature, and the internal and external patch solution ion concentrations.

1025

1026 *Statistical Analysis*

1027 For all experiments, n equals the number of cells (no more than 3 cells per mouse per
1028 experiment). For immunohistochemical experiments, 3 slices were used from each mouse.
1029 All statistical analysis was performed and graphs were created using Prism 7. Unless
1030 stated otherwise, a Student's t-test was used for statistical comparisons. For analysis of
1031 data with unequal variances (as determined by a post-hoc F-test), a Mann-Whitney U test
1032 was used. For analysis of pre versus post comparisons a paired Student's t-test was
1033 performed. For comparisons over time a Two-way repeated, analysis of variance (ANOVA)
1034 was utilized followed by a post-hoc, Bonferroni's multiple comparisons test. For
1035 comparisons of the V-I curves linear regressions were performed and an Analysis of
1036 Covariance (ANCOVA) to compare slopes (Figure 4I). Results were considered statistically

1037 significant when the P-value < 0.05. No statistical methods were used to estimate sample
1038 size. β -power values were calculated and are provided in the Supplementary Information.
1039

Figure 1

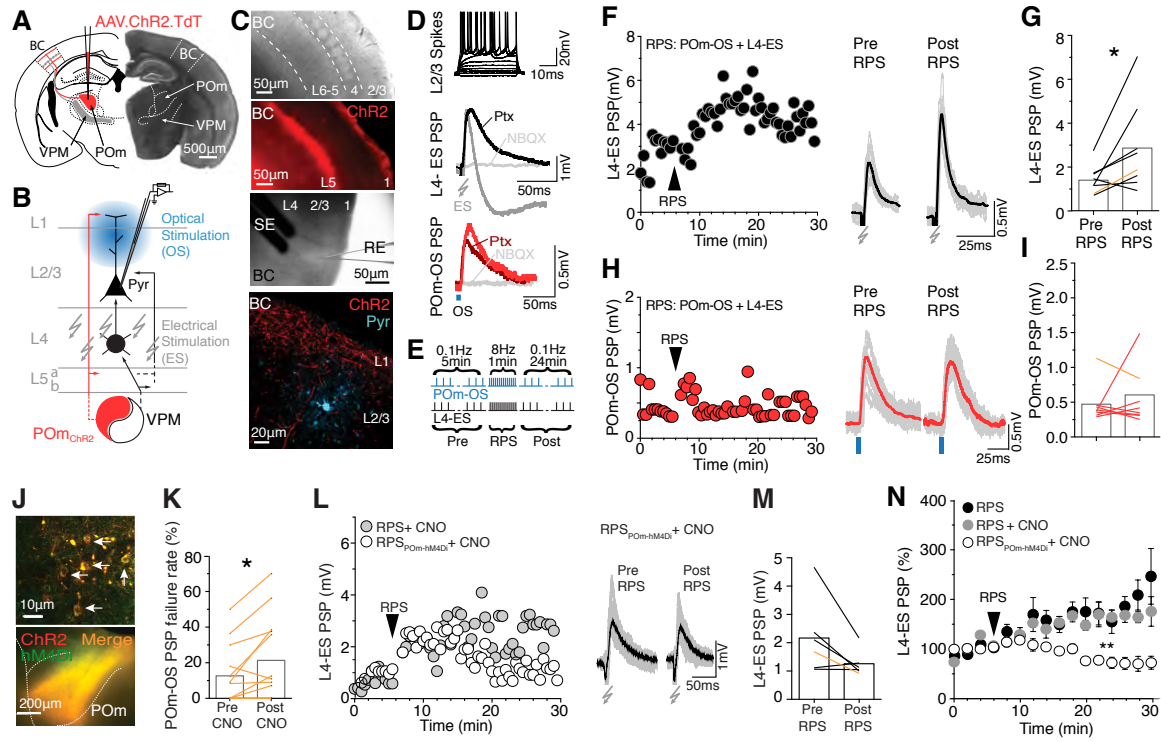


Figure 1

Figure 2

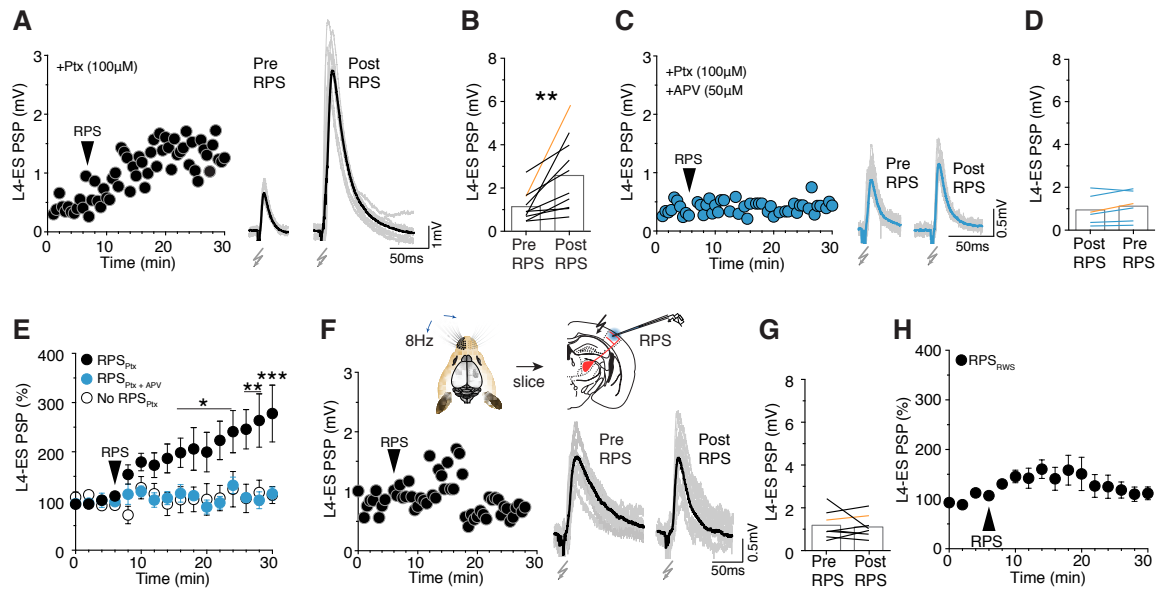


Figure 2

Figure 3

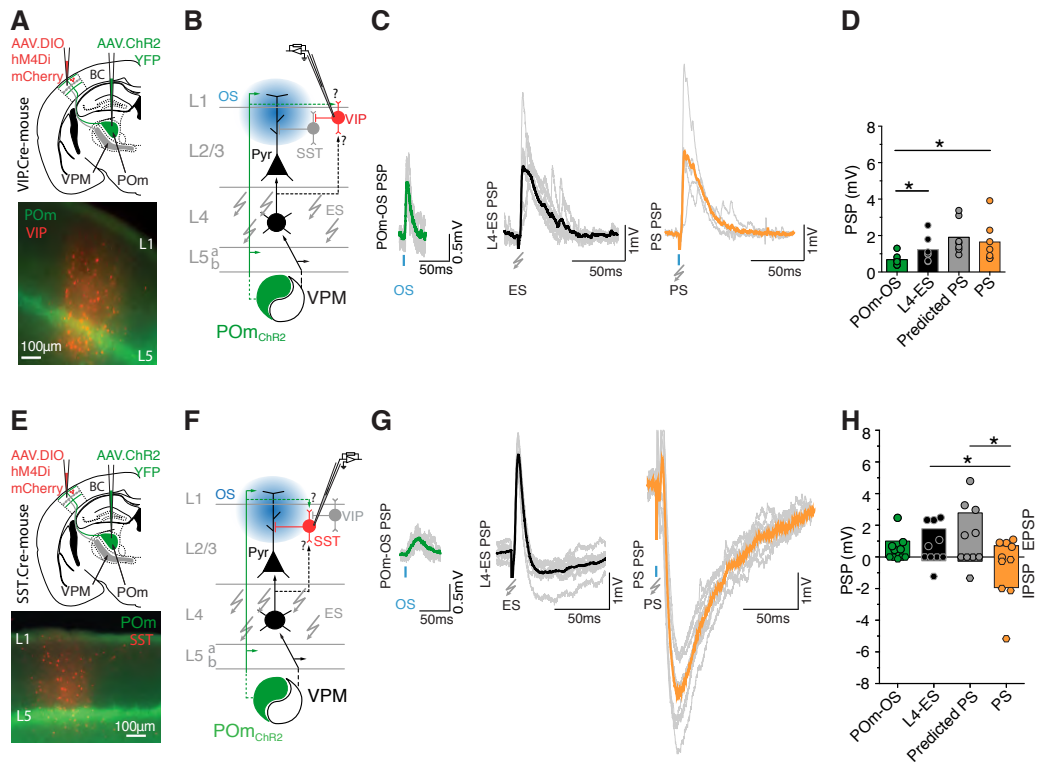


Figure 3

Figure 4

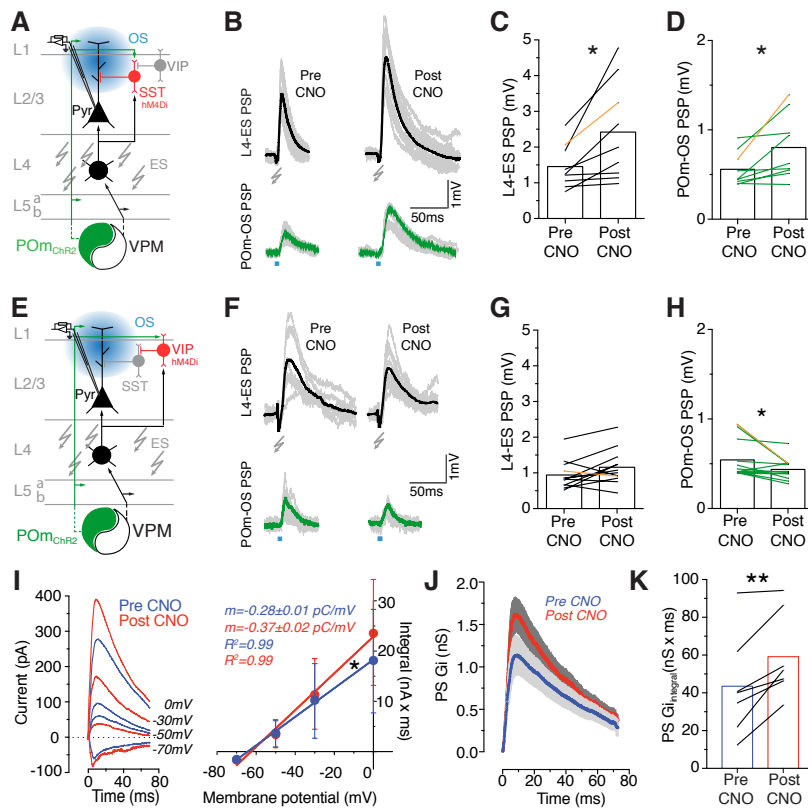


Figure 4

Figure 5

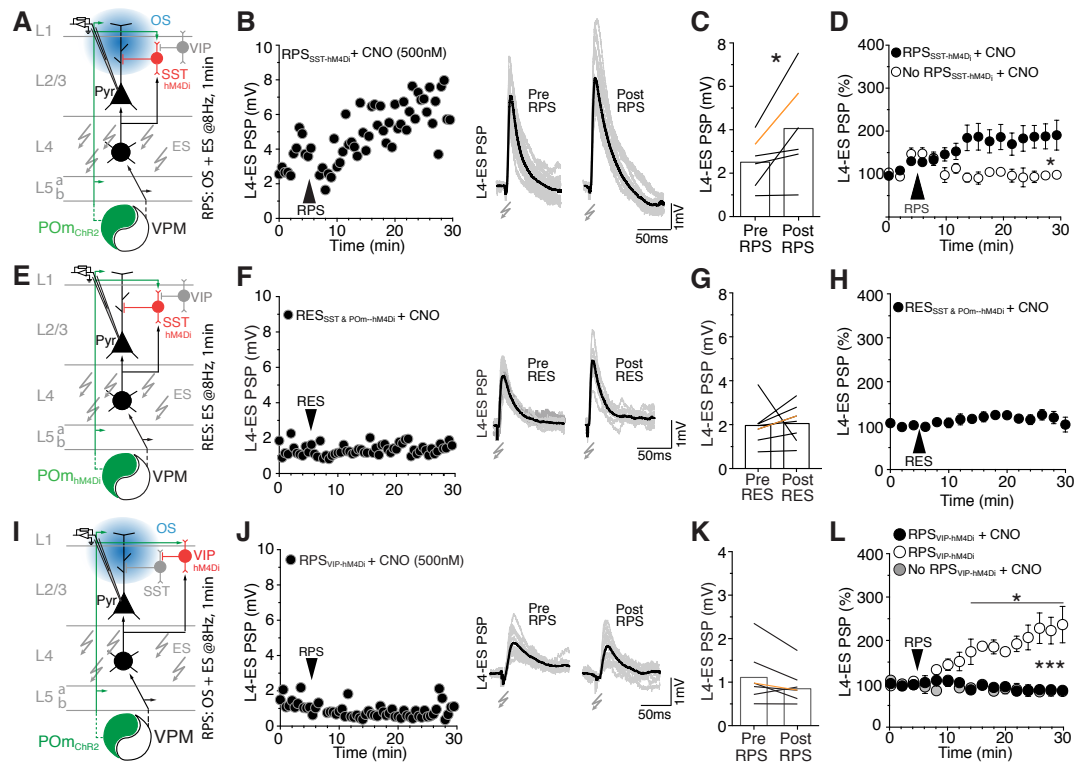
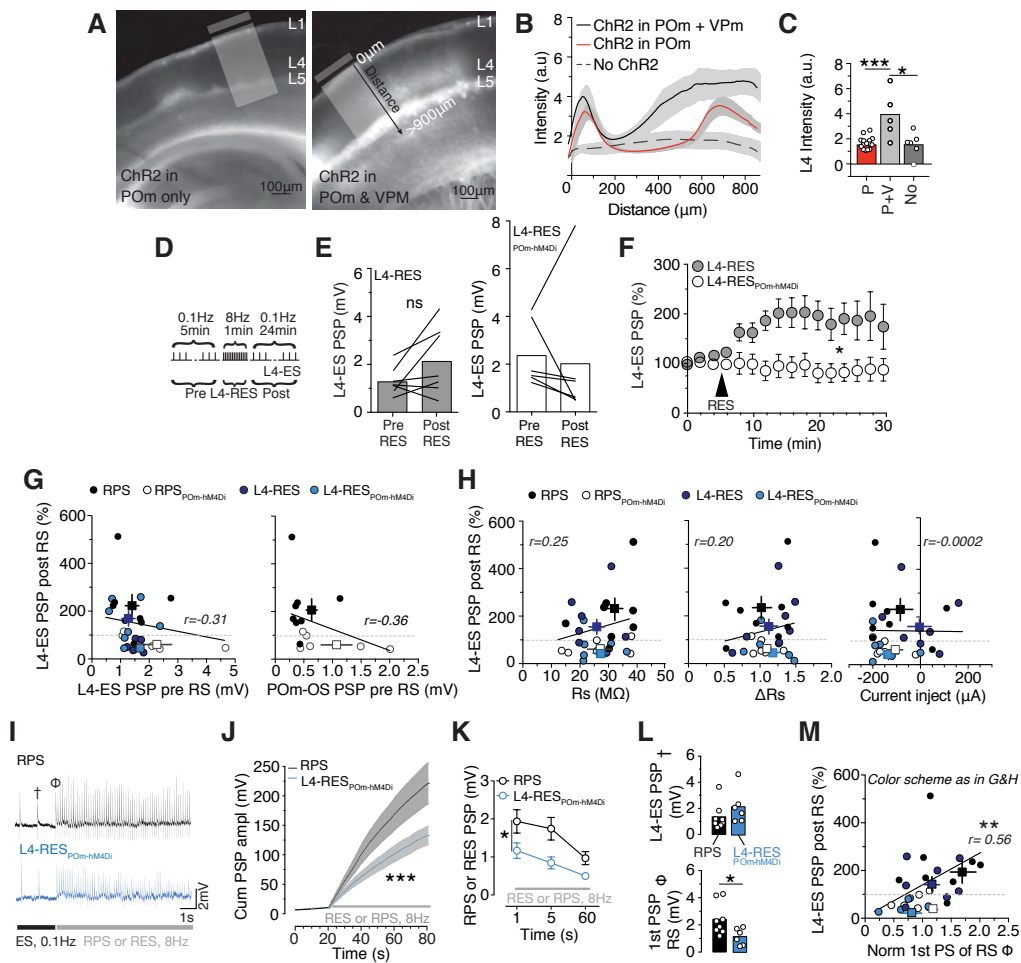


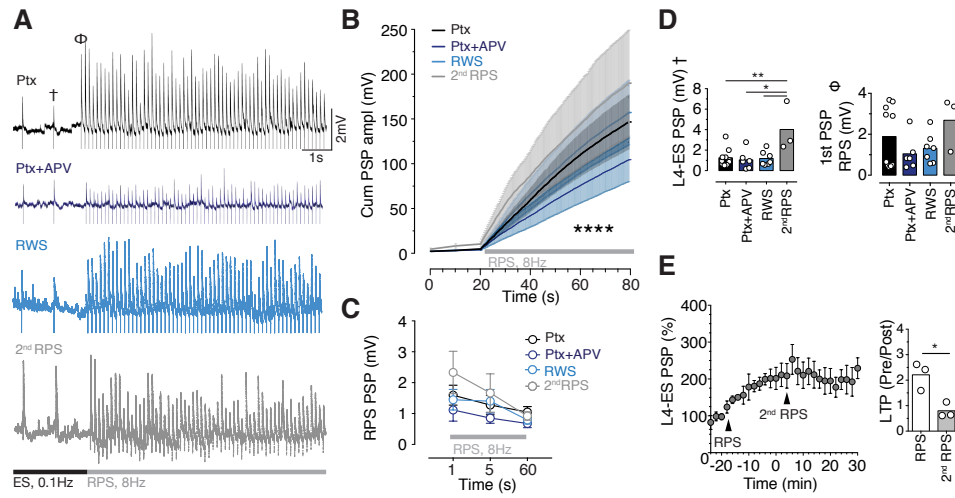
Figure 5

Supplemental Figure 1



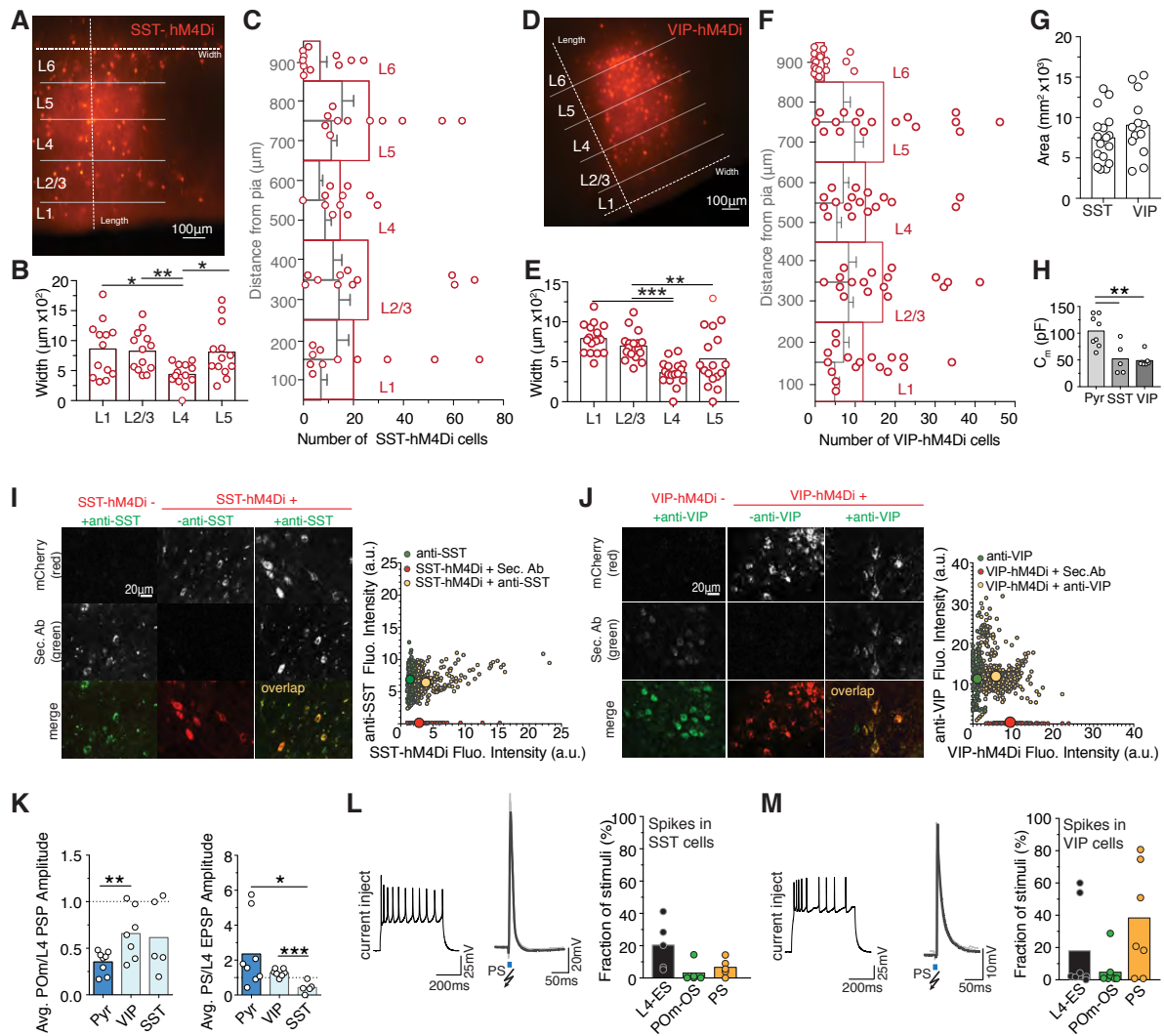
Supplemental Figure 1

Supplemental Figure 2



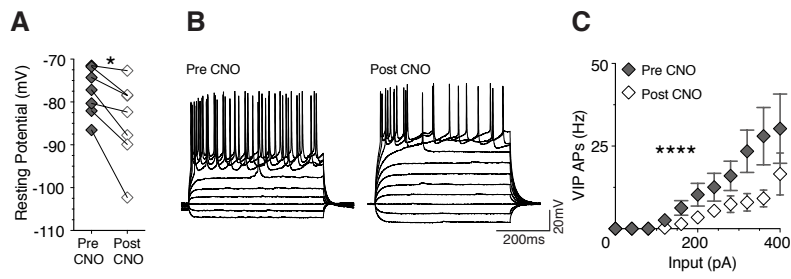
Supplementary Figure 2

Supplemental Figure 3



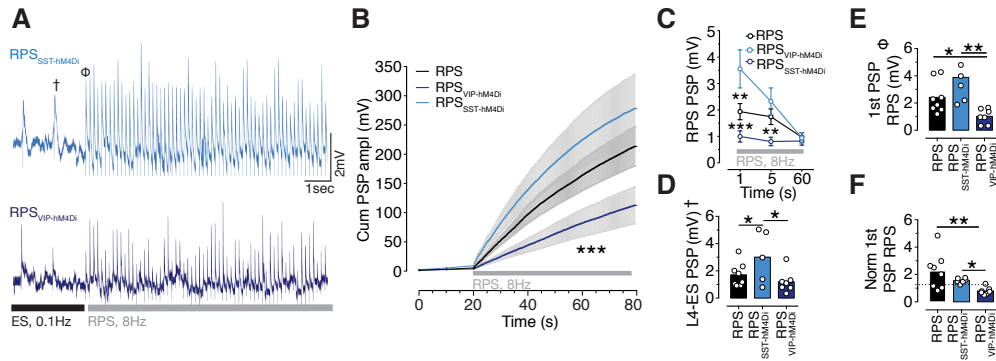
Supplemental Figure 3

Supplemental Figure 4



Supplementary Figure 4

Supplemental Figure 5



Supplementary Figure 5

Supplemental Table

Supplementary Values and Statistics

Figure 1G: Mean L4-ES PSP_{Pyr} amplitude pre (1.41±0.24mV) vs. post (2.87±0.72mV) RPS; n=8 cells; $P=0.0426$; paired Student's t-test ($\beta=0.57$).

Figure 1I: Mean POM-OS PSP_{Pyr} amplitude before pre (0.47±0.1mV) vs. post (0.56±0.15 mV) RPS; n=8 cells; $P=0.566$; paired Student's t-test ($\beta=0.082$).

Figure 1J: Mean L4-ES PSP_{Pyr} amplitude pre (2.17±0.54mV) vs. post (1.26±0.22mV) RPS; n=6 cells; $P=0.0709$; paired Student's t-test ($\beta=0.06$).

Figure 1K: POM-OS PSP failure rate (%) pre CNO (12.64±4.58%) vs. post CNO (21.36±6.56%); n=13; $P=0.016$; paired Student's t-test ($\beta=0.72$).

Figure 1M: Mean L4-ES PSP amplitudes, pre (2.17±0.54mV) vs. post (1.26±0.19mV) RPS_{POM-hM4Di} + CNO; n=6; $P=0.07$; paired Student's t-test ($\beta=0.46$).

Figure 1N: Normalized L4-ES PSP amplitudes after RPS under various conditions. RPS+CNO vs. RPS_{POM-hM4Di}+CNO fails to elicit LT; $P=0.01$. RPS vs. RPS+CNO $P=0.76$; two-way repeated measures ANOVA.

Figure 2B: Mean L4-ES PSP_{Pyr} amplitude pre (1.14±0.64mV) vs. post (2.87±0.72mV) RPS_{Ptx}; n=10 cells; $P=0.0088$; paired Student's t-test ($\beta=0.93$).

Figure 2D: Mean L4-ES PSP_{Pyr} amplitude pre (0.95±0.70 mV) vs. post (1.12±0.70mV) RPS_{Ptx, APV}; n=6 cells; $P=0.113$; paired Student's t-test ($\beta=0.35$).

Figure 2E: Normalized L4-ES PSP amplitude (%), 2 min bins, RPS_{Ptx} vs. RPS_{Ptx, APV} vs. No RPS_{Ptx} n=5 cells, $P=0.0351$; Two-way repeated measures ANOVA. Post-hoc, Bonferroni's multiple comparisons test, from 22mins: RPS_{Ptx} vs. RPS_{Ptx, APV} $P>0.021$; RPS_{Ptx} vs. No RPS_{Ptx}, $P>0.02$; RPS_{Ptx, APV} vs. No RPS_{Ptx}, $P>0.9999$.

Figure 2G: Mean L4-ES PSP amplitude RPS_{RWS} pre (0.95±0.70mV) vs. post (1.12±0.70mV); n=7 cells; $P=0.7503$; paired Student's t-test ($\beta=0.42$).

Figure 2H: Normalized L4-ES PSP amplitude (%), 2min bins, for RPS_{RWS}.

Figure 3D: Mean PSP amplitudes in VIP interneurons comparing L4 (1.23±0.27mV) vs. POM (0.68±0.12mV), n=7 cells, $P=0.04$ ($\beta=0.58$); POM (0.68±0.12mV) vs. PS (1.65±0.43mV), n=7 cells, $P=0.04$ ($\beta=0.59$); PS vs. L4, n=7 cells, $P=0.06$ ($\beta=0.60$); POM vs. Predicted PS (1.9±0.36mV), $P=0.004$ ($\beta=0.96$); L4 vs. Predicted PS, $P=0.001$ ($\beta=0.99$); PS vs. Predicted PS, n=7 cells, $P=0.17$ ($\beta=0.26$); paired Student's t-tests.

Figure 3H: Mean PSP_{SST} amplitudes comparing L4 (1.78±0.37mV) vs. PS (0.70±0.19mV), n=5 cells, $P=0.013$ ($\beta=0.83$); PS vs. Predicted PS (2.78±0.63mV), n=5 cells, $P=0.01$ ($\beta=0.88$); PS vs. POM (1.00±0.38mV), n=5 cells, $P=0.37$ ($\beta=0.26$); Predicted PS vs. L4, n=5 cells, $P=0.0563$ ($\beta=0.52$); Predicted PS vs. POM, n=5 cells, $P=0.0089$ ($\beta=0.52$); paired Student's t-tests.

Figure 4C: Mean L4-ES PSP_{Pyr} amplitude pre CNO (1.46±0.20mV) vs. post (2.42±0.46 mV); n=9 cells; $P=0.0135$; paired Student's t-test ($\beta=0.79$).

Figure 4D: Mean POM-OS PSP_{Pyr} amplitude pre CNO (0.56±0.063mV) vs. post (0.80±0.135); n=9 cells; $P=0.0224$; paired Student's t-test ($\beta=0.70$).

Figure 4G: Mean L4-ES PSP_{Pyr} amplitude pre CNO (0.94±0.12mV) vs. post (1.16±0.14mV); n=12 cells; $P=0.0639$; paired Student's t-test ($\beta=0.47$).

Figure 4H: Mean P_{Om}-OS PSP_{Pyr} amplitude pre CNO (0.54 ± 0.06 mV) vs. post (0.44 ± 0.04 mV); n=9 cells; $P=0.0445$; paired Student's t-test ($\beta=0.54$).

Figure 4I: Slopes pre (-0.28 ± 0.01 pC/mV) vs. post CNO (-0.37 ± 0.02 pC/mV), n=7, $P=0.0365$, an Analysis of Covariance (ANCOVA).

Figure 4K: Mean pre CNO (43.53 ± 10.12 nS) vs. post CNO (59.14 ± 8.466 nS), n=7 cells, $P=0.0064$, paired Student's t-test ($\beta=0.92$).

Figure 5C: Mean L4-ES PSP amplitude pre RPS_{SST-hM4Di} (2.51 ± 0.48 mV) vs. post (4.06 ± 0.94 mV); n=6 cells, $P=0.0478$; paired Student's t-test (0.56).

Figure 5d: Normalized L4-ES PSP_{Pyr} peak amplitude (%), 2 min bins, comparing RPS_{SST-hM4Di} + CNO, n=6 cells, vs. No RPS_{SST-hM4Di} + CNO, n=4 cells, $P=0.0493$; Two-way repeated measures ANOVA.

Figure 5G: Mean L4-ES PSP amplitudes pre (1.96 ± 0.36 mV) vs. post (2.053 ± 0.33 mV). RES_{SST&P_{Om}-hM4Di}, n=7 cells, $P=0.8477$; paired Student's t-test ($\beta=0.05$).

Figure 5K: Mean L4-ES PSP amplitude pre RPS_{VIP-hM4Di} (1.13 ± 0.23 mV) vs. post (0.92 ± 0.15 mV), n=7 cells; $P=0.0824$; paired Student's t-test ($\beta=0.42$).

Figure 5L: Normalized L4-ES PSP amplitude (%), 2 min bins, comparing RPS_{VIP-hM4Di}+ CNO vs. No RPS_{VIP-hM4Di} (n=5 cells) + CNO vs. RPS_{VIP-hM4Di} (n=3 cells), $P<0.0001$, Two-Way repeated measures ANOVA. Post-hoc Bonferroni's multiple comparisons test, from 12 min: RPS_{VIP-hM4Di}+ CNO vs. No RPS_{VIP-hM4Di}, $P>0.9999$; RPS_{VIP-hM4Di}+ CNO vs. RPS_{VIP-hM4Di}, $P<0.0295$; No RPS_{VIP-hM4Di} vs. RPS_{VIP-hM4Di}, $P<0.0073$.

Supplemental Text and Figures

HIGHLIGHTS

- Higher-order (HO) thalamocortical inputs aid intracortical synaptic plasticity
- HO thalamic inputs increase VIP and decrease SST interneuron activity
- The activation of VIP interneurons disinhibits L2/3 pyramidal neurons
- This novel HO-to-VIP disinhibitory motif gates intracortical synaptic plasticity

eTOC Blurb

- Using *ex vivo* patch-clamp recordings, optogenetics, and chemogenetics Williams and Holtmaat dissect the circuits underlying sensory-driven LTP in cortex *in vivo*. This reveals a novel circuit motif in which higher-order thalamocortical input gates plasticity of intracortical synapses via VIP-mediated disinhibition.

Supplemental Text and Figures

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