1	BITC induces cardiomyocyte proliferation and heart regeneration
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13	Abstract
14	Mammalian cardiomyocytes have the ability to proliferate from the embryonic stage until early
15	neonatal stage, with most of them being arrested from the cell cycle shortly after birth. Therefore,
16	adult mammalian heart cannot regenerate myocardial injury. Despite much attention,
17	pharmacological approaches for the induction of cardiomyocyte proliferation and heart regeneration
18	have yet to be successful. To induce cardiomyocyte proliferation by drug administration, we focused
19	on benzyl isothiocyanate (BITC). Firstly, we showed that BITC induces cardiomyocyte proliferation
20	both in vitro and in vivo through the activation of the cyclin-dependent kinase (CDK) pathway. In
21	addition, we demonstrated that BITC treatment induces heart regeneration in the infarcted neonatal
22	heart even after the regeneration period. Furthermore, we administered BITC to adult mice in
23	parallel with mild hypoxia (10% O2) treatment and showed that a combination of BITC
24	administration and mild hypoxia exposure induces cell cycle reentry in the adult heart. The present
25	study suggests that pharmacological activation of the CDK pathway with BITC concurrently with
26	the activation of hypoxia-related signaling pathways may enable researchers to establish a novel
27	strategy to induce cardiac regeneration in patients with heart disease.
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29	Main

Mammalian cardiomyocytes have the ability to proliferate from the embryonic stage until early neonatal stage, with most of them being arrested from the cell cycle shortly after birth¹. Therefore, adult mammalian heart cannot regenerate myocardial injury, resulting in the fact that ischemic heart disease is the biggest cause of death in the world. As such, enhancement of cell cycle reentry for endogenous cardiomyocytes is of great interest for the replacement of the injured fibrotic scar tissue with healthy myocardium². However, despite much attention, pharmacological approaches for the induction of cardiomyocyte proliferation and heart regeneration have yet to be successful. 37 To induce cardiomyocyte proliferation by drug administration, we focused on benzyl 38 isothiocyanate (BITC), which is known to regulate the cell cycle in a dose-dependent manner³. First, 39 we subcutaneously administered 20 mg/kg/day of BITC to neonatal mice from postnatal day 0 (P0) 40 to P6, and examined the number of proliferating cardiomyocytes at P7. The number of 41 phosphorylated histone H3 (pH3)-positive cardiomyocytes was significantly increased at P7 in the 42 BITC-treated mice compared with control DMSO-treated ones (Figure A). Interestingly, 43 cardiomyocyte proliferation did not change upon treatment with 50 or 100 mg/kg/day of BITC (data 44 not shown), suggesting that BITC promotes cell proliferation of neonatal cardiomyocytes in a 45 dose-dependent manner. Next, in an attempt to identify the target of BITC, we examined 46 cyclin-dependent kinases (CDKs) because a previous study revealed that CDKs are important for cardiomyocyte proliferation⁴. Phosphorylated CDK1 in myocardial nuclei was increased in the 47 48 BITC-administered heart at P7, indicating that BITC induces the activation of CDK1, which may 49 well contribute to cell cycle progression. Furthermore, after treatment with 50 µM BITC, about 70% 50 of neonatal murine ventricular cardiomyocytes (NMVCs) were positive for pH3 compared with 51 control (Figure C). Similarly, the same treatment with BITC on human iPS cell-derived 52 cardiomyocytes (hiPSC) resulted in a tendency toward increased cell proliferation compared with 53 control, although this enhanced proliferation was not statistically significant, most likely due to a 54variability among hiPSC batches (Figure C). These results indicate that BITC directly induces cell 55 proliferation in cardiomyocytes, rather than via an indirect systemic effect.

56Based on these results, we hypothesize that BITC treatment enables heart regeneration 57 after myocardial infarction (MI) through enhanced cardiomyocyte proliferation. To test this 58hypothesis, we induced MI in P7 mice by permanent ligation of the left anterior descending coronary 59artery (LAD), and subsequently administered 20 mg/kg/day of BITC or control DMSO (Figure D, 60 upper panel) from P8 to P14. At P28, BITC-treated mice showed significantly recovered ejection 61 fraction (EF) as well as significantly decreased fibrotic scar compared with DMSO-treated mice 62 (Figure D), suggesting that BITC administration induces cardiomyocyte proliferation, thereby 63 allowing heart regeneration after MI in neonatal mice even after the regenerative period. From a 64 therapeutic standpoint, it is important to know whether cell cycle reentry is induced by BITC 65 administration in the adult heart. In order to evaluate the effect of BITC treatment on adult 66 cardiomyocytes, we administered 20 mg/kg/day of BITC intraperitoneally to 2-month-old ICR mice 67 for 14 days. In parallel, we placed these mice in a 10% O₂ environment based on findings from a 68 previous study showing that a hypoxic environment aids cell cycle reentry in the adult heart³. 69 pH3-positive cardiomyocytes were almost absent in the DMSO- or BITC-treated heart under the 70 normal oxygen condition, nor were they present in the DMSO-injected heart in the 10% O₂ condition 71 in consistent with previous findings (Figure E). In contrast, pH3-positive cardiomyocytes were 72 significantly increased after BITC administration in the hypoxic environment (Figure E), indicating that a combination of BITC administration and mild hypoxia exposure induces cell cycle reentry inthe adult heart.

Taken together, our data reveal a beneficial effect of BITC on heart regeneration. BITC treatment enhances cardiomyocyte proliferation through the activation of CDK1 in the neonatal heart. In addition, BITC administration in combination with mild hypoxia in adult mice is sufficient to induce cardiomyocyte cell cycle reentry. The present study suggests that pharmacological activation of the CDK pathway with BITC concurrently with the activation of hypoxia-related signaling pathways may enable researchers to establish a novel strategy to induce cardiac regeneration in patients with heart disease.

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83 Figure legends

- (A) To quantify the number of pH3-positive cardiomyocytes, BITC- (SIGMA 252492, 20 mg/kg) or
 DMSO-administered heart sections were stained with pH3 (green, Thermo Fisher 06-570,
 1:100) and cardiac troponin T (cTnT, red, Thermo Fisher MS295P, 1:100) antibodies (N=3
 each).
- (B) To quantify the number of pCDK1-positive cardiomyocyte nuclei, we used
 immunofluorescence of pCDK1 (red, abcam ab201008, 1:400) and cTnT (green) in BITC- or
 DMSO-administered heart at P7 (N=3 each).
- 91 (C) Primary culture of NMVCs (left) and hiPSC (right) were treated with 50 μM BITC or DMSO,
 92 and the number of pH3-positive cardiomyocytes was quantified.
- 93 (D) After MI surgery at P7, BITC or DMSO was administered intraperitoneally once a day from P8
 94 to P14, and the ejection fraction (EF) was measured by echocardiography blindly at P28 (top
 95 and bottom left panel). Representative images of the histological sections of MI heart stained
 96 with Masson's trichrome staining (SCY TRM-1) and quantification of fibrotic area are shown
 97 (N=3 each).
- 98 (E) Adult ICR mice were exposed to 10 % O₂ or normal conditions and injected with BITC or
 99 DMSO once a day for two weeks. pH3 positive cardiomyocytes were quantified as shown in the
 100 right panel.
- 101 All protocols were approved by the Institutional Animal Care and Use Committee of RIKEN Kobe
- 102 Branch. All experiments were performed on age-matched mice. Data are means \pm SEM, the *P* values
- 103 were determined with student's t test, and one-way ANOVA was applied for multiple comparison.
- 104 All scale bars represent 20 μ m.
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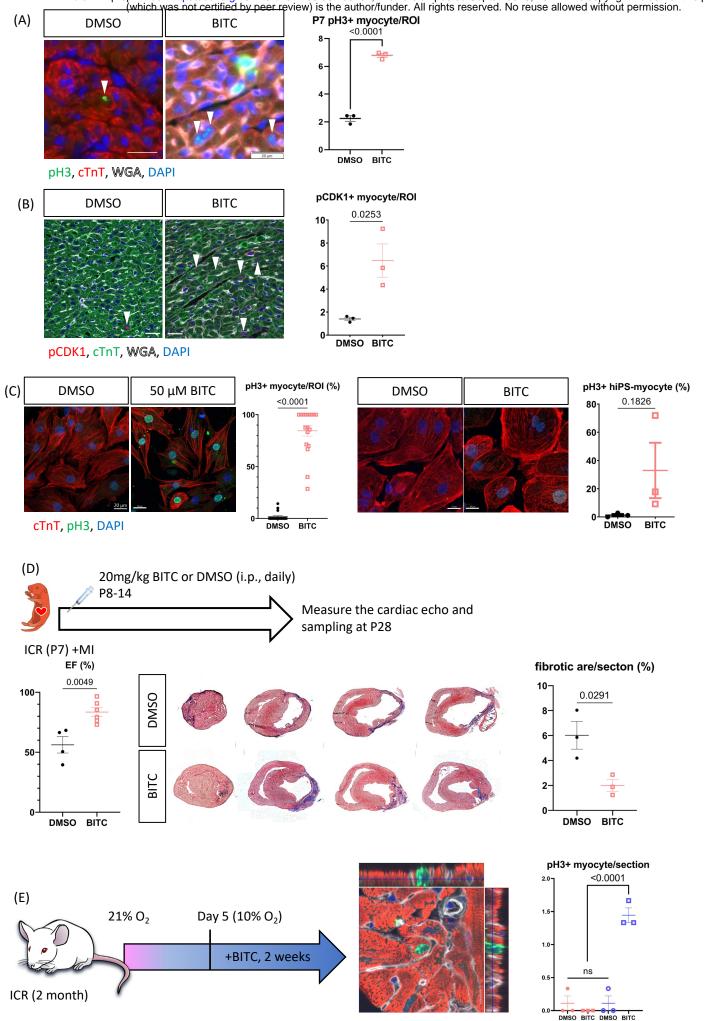
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pH3, cTnT, WGA, DAPI

10 % O₂

Normoxia