1	Higher concentrations of bacterial enveloped virus Phi6 can protec		
2	the virus from environmental decay		
3	by		
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21 ABSTRACT

22 Phage Phi6 is an enveloped virus considered as a possible non-pathogenic surrogate for SARS-23 CoV-2 and other viral pathogens in transmission studies. Higher input amounts of bacteriophage 24 Phi6 are shown to delay and protect the phage from environmental decay, both when the phage are 25 dried in plastic tubes, and when they are stored in saline solution at 4°C. When bacteriophage Phi6 26 are placed in LB (Luria-Bertani) growth medium prior to placement on the plastic surface, viral 27 recovery is not influenced by the starting concentration. The protection is reflected in longer half-28 lives of the phage at higher concentrations compared to lower. Because experiments supporting the 29 possibility of fomite transmission of SARS-CoV-2 and other viruses rely upon survival of 30 infectious virus following inoculation of various surfaces, high initial amounts of input virus on a 31 surface may generate artificially inflated survival times compared to realistic lower levels of virus 32 that a subject would normally encounter. This is not only because there are extra half-lives to go 33 through at the higher concentrations, but also because the half-lives themselves are extended at the 34 higher virus concentrations. It is important to design surface drying experiments for pathogens with 35 realistic levels of input virus, and to consider the role of the carrier and matrix if the results are to be 36 clinically relevant.

38 IMPORTANCE

39	During the COVID-19 pandemic, a lot of attention has been paid to the environmental decay of
40	SARS-CoV-2 due to proposed transmission of the virus via fomites. However, published
41	experiments have commenced with very high virus titer inoculums, an experimental design not
42	representative of real-life conditions. The study described here evaluated the impact of initial virus
43	titer on environmental decay of an enveloped virus, using a non-pathogenic surrogate for SARS-
44	CoV-2, enveloped bacteriophage Phi6. We establish that higher concentrations of virus can protect
45	the virus from environmental decay, depending on conditions. This has important implications for
46	stability studies of SARS-CoV-2 and other viruses. Our results point to a limitation in the
47	fundamental methodology that has been used to attribute fomite transmission for almost all
48	respiratory viruses.

49 INTRODUCTION

50	Early in the COVID-19 pandemic, there was an intense focus on fomites (i.e., inanimate objects and	
51	surfaces), as possible conduits for transmission of the causative agent, SARS-CoV-2. This was	
52	because of a widely repeated contention that a person touching a freshly contaminated surface, not	
53	washing hands, then quickly touching their mouth, nose or eyes, would lead to self-inoculation of	
54	this respiratory virus. Consequently, considerable effort has been made to determine how long the	
55	virus remains infectious after being deposited on various surfaces, and what conditions favor or	
56	disfavor viability of the virus on these surfaces (Aboubakr et al, 2020; Biryukov et al., 2020; Bonil	
57	et al., 2021; Chan et al, 2020; Chin et al, 2020; Kasloff et al., 2021; Kwon et al., 2021; Pastorino e	
58	al., 2020; Paton et al., 2021; Riddell et al, 2020; van Doremalen et al, 2020).	
59		
60	In parallel to these studies, workers tested for the presence of viral RNA on surfaces in hospitals	
61	treating COVID-19 patients (Chia et al., 2020; Guo et al., 2020; Ong et al., 2020; Piana et al., 2021;	
62	Santarpia et al., 2020). These RT-PCR tests found viral RNA to be present on many surfaces (but	
63	did not test for infectious virus, with one exception), and reinforced the perception that fomites	
64	were indeed a significant risk factor for transmission of the disease.	
65		
66	In July 2020, one of us published (online) a Comment arguing that the risk of transmission of	
67	SARS-CoV-2 by fomites was exaggerated (Goldman, 2020). New information that appeared since	
68	then has strengthened this conclusion (Goldman, 2021). The basis for the argument was that the	
69	amounts of virus used in experiments for determining how long infectious virus remains viable on	
70	surfaces were orders of magnitude too large compared to what someone would actually encounter	

71 in a real-world situation. Since the virus decays with a defined half-life depending on the surface,

the larger the inoculum, the more half-lives have to be gone through before there is less than one infectious virus particle remaining on the surface. Smaller, more realistic inoculums would survive through fewer half-lives, and therefore much less time would pass before the surface would be free of infectious virus.

76

77	Among conditions favoring virus survival on surfaces was the observation that Bovine Serum	
78	Albumin (BSA) protected the virus from environmental decay, and extended the time that the virus	
79	remained viable (Pastorino et al., 2020). Similar observations with Bovine Serum Albumin were	
80	also noted in experiments assessing viability of bacteriophage MS2, and enveloped bacteriophage	
81	Phi6 in droplets (Lin et al., 2020). Bacteriophage Phi6 has been considered as a potential non-	
82	pathogenic surrogate for enveloped viral pathogens like SARS-CoV-2 and Ebola virus (Fedorenko	
83	et al., 2020; Whitworth et al., 2020).	

84

The fact that Bovine Serum Albumin protected at least three viruses (SARS-CoV-2, phage MS2 and phage Phi6) from environmental decay made us wonder if higher concentrations of a virus itself might similarly protect the virus from decay. Indeed, Marr and coworkers suggested the value of "investigating the role of viral titer, which might affect aggregation and other characteristics, on virus survival" (Lin et al., 2020).

90

There was already a suggestion that this might be the case for SARS-CoV-1. Table 1 in Lai et al (2005) indicated that survival of SARS on paper, cotton gowns, and disposable gowns was much greater for a 10^6 inoculum compared to 10^4 . At a 10^4 inoculum, infectious virus was not detectable after 5 minutes, but with a 10^6 inoculum, infectious virus remained detectable for 24 hours. This

95 result suggested that the virus half-life was greatly extended with higher amounts of input virus.

96

97	In the work reported here, we have investigated the role of initial virus concentration on		
98	environmental decay of phage Phi6. We assayed survival of virus samples dried in plastic tubes for		
99	various lengths of time after drying. We show that higher input virus concentrations do indeed		
100	exhibit significantly larger percent survival and longer half-lives compared to lower virus input,		
101	however this effect is influenced by the inoculating matrix. The protective effect of higher virus		
102	concentrations also was observed for virus samples kept in solution at 4°C. This protective effect		
103	was not found for virus placed in Luria-Bertani (LB) growth medium (which contains Tryptone and		
104	Yeast Extract) before being placed in plastic tubes for drying.		
105			
106	MATERIALS AND METHODS		
107	Phage preparation		
108	Bacteriophage Phi6, and a bacterial host strain that it grows in, Pseudomonas syringae var		
109	phaseolicola HB10Y, were generous gifts of Lenny Mindich (now retired) of the Public Health		
110	Research Institute of Rutgers University. Cells grown overnight in LB medium in tubes shaken at		
111	25°C were used in plaque assays with serial dilutions of virus to obtain countable numbers of		
112	plaques. Plaques assays were performed as described in Goldman (2015) except that the plates were		
113	incubated at room temperature (approximately 20°C). Luria-Bertani (LB) medium contained 10 g/l		
114	Tryptone, 5 g/l yeast extract, 10 g/l NaCl, and NaOH to adjust pH to 7.0		
115	(https://asm.org/getattachment/5d82aa34-b514-4d85-8af3-aeabe6402874/LB-Luria-Agar-protocol-		
116	<u>3031.pdf</u>).		

118	Phage stocks were obtained by harvesting the top agar (6.5 g/l in LB) from one or two petri dishes		
119	(containing 10 g/l agar in LB) exhibiting confluent lysis of the bacterial lawn. Saline solution (9 g/l		
120	NaCl), 1 ml per plate, was added to the top agar, which was transferred to centrifuge tubes and		
121	centrifuged at 20,000 x g for 5 minutes to remove agar and debris. This supernatant, stored at 4° C,		
122	comprised the initial phage stock.		
123			
124	Preparation of phage stock in saline solution		
125	An Amicon Ultra 100K filter device from Millipore was pre-rinsed with 4 ml of distilled water,		
126	followed by subsequent washes with 70% ethanol and sterile saline solution, using centrifugation a		
127	4°C in a fixed angle rotor at 5000 x g. Up to 4 ml of Phi6 initial phage stock was loaded on this		
128	filter unit and centrifuged such that 200 μ l volume remained above the filter (typical spin time 15-		
129	20 min). Fluid below the filter was discarded, the filter unit was refilled with 3.8 ml of sterile saline		
130	solution and the same centrifugation steps were repeated 5 times. The sample (saline stock) was		
131	recovered in 200-400 µl volume and virus titer was determined by plaque assay.		
132			
133	Phage survival following drying in polypropylene tubes		
134	An aliquot from the saline stock was subjected to a sequential series of 10-fold dilutions in saline.		
135	Five μ l of the stock, and 5 μ l of each of the 10-fold dilutions, were placed near the bottom of 1.5 ml		
136	capacity conical polypropylene Eppendorf microcentrifuge tubes (Corning). In our early		
137	experiments, we allowed samples to air dry but switched to desiccation to save time. Samples were		
138	desiccated under house vacuum (approximately 20 mm-Hg) and removed from the desiccator when		
139	visually dry. Generally, this took between 15-20 minutes, with higher concentrations of phage		
140	exhibiting shorter drying times, except for samples dried in LB medium where all samples took 19-		

141 20 minutes to dry. We observed that there were no significant differences in patterns of phage
142 survival between air drying and desiccation. The data reported here were obtained from desiccated
143 samples.

145	Ambient room humidity was not controlled and varied in the building with a range between 10% to		
146	45% over a period of six months, depending on the weather. However, for most of the experiments		
147	reported here, humidity was around 15-25%. Humidity was monitored on a Holmes HHG-150		
148	Comfort Check Hygrometer & Thermometer. Although humidity is known to significantly affect		
149	environmental decay of Phi6 (Fedorenko et al, 2020; Lin et al, 2020; Whitworth et al, 2020), all		
150	samples within a given experiment were subject to the same humidity, and our interest was only to		
151	ascertain effects of initial viral concentration. Also, experiments measuring virus survival in real		
152	world conditions, as has been done for SARS-CoV-2 (e.g., Mondelli et al, 2020; Ben-Shmuel et al,		
153	2020), do not control for humidity, which is variable. Ambient room temperature was also not		
154	controlled, but generally was maintained around 20°C.		
155			
156	Dried samples were reconstituted with 100 μ l saline added to the Eppendorf tubes and vortexed.		
157	The titer of viable virus remaining in each tube was then determined by plaque assay. Half-life for		
158	the virus in a particular sample was calculated using the tool at:		
159	https://www.calculator.net/half-life-calculator.html?type=1&nt=25&n0=2300&t=60&t12=&x=45&y=11		
160			
161	All experiments were repeated $1 - 3$ times; representative experiments are shown in the tables.		
162	Because of variations in conditions from experiment to experiment (such as humidity and initial		
163	titer of phage stock), we did not pool results to obtain averages. However, the relative percent		
164			

165 reproducible within experimental limits.

166

- 167 For experiments with LB medium, the initial phage stock was subjected to a sequential series of 10-
- 168 fold dilutions in LB medium. The remainder of the protocol was the same as above.
- 169

170 Phage survival in solution

- 171 The serial dilutions used for the dry time experiments were stored at 4°C in the dark for later
- 172 testing. After the number of days as shown in the tables, the titer of the phage in each dilution was
- 173 determined by plaque assay, and compared to the initial titers as measured on day 1.
- 174

175 RESULTS AND DISCUSSION

176 <u>Survival of Phi6 dried on plastic is increased at higher phage concentrations</u>

177 Table 1 shows survival of Phi6 dried in plastic tubes and left for various lengths of times as a

178 function of initial virus concentration. The simple act of drying the phage led to loss of nearly all

179 viable phage at the lower phage input concentrations (lines 3 and 4), while having no significant

180 effect (93% recovery) on the highest phage concentration tested (line 1), and a small effect (70%

181 recovery) on a 10-fold lower initial phage concentration (line 2).

182

183 Similar patterns of protection by higher initial phage concentrations were also seen for all

184 subsequent lengths of time the phage remained dry in the tube. At 15 minutes dry time, we began to

- 185 see some loss of survival from the most concentrated initial virus input (line 5, 83% recovery)
- 186 compared to a 10-fold lower virus input (line 6, 27% recovery), As was seen for the samples dried
- and assayed immediately, the lowest virus inputs led to loss of almost all viable phage (line7, 11%

188 recovery, line 8, none recovered).

189

190 After 30 or 60 minutes of dry-time, the highest initial phage inputs began to show significant

environmental decay, with just 43% recovery after 30 minutes (line 9), and 38% recovery at 60

192 minutes (line 13). But even more substantial environmental decay was observed for the lower input

193 virus samples (Lines 10-12 for 30-minute dry time, lines 14-16 for 60 minutes).

194

For those samples with measurable virus survival, we were able to calculate the half-lives of virus in those samples (Table 1), which were commensurate to the percent survival observed. That is, at the higher phage initial input levels, half-lives were much longer than the half-lives at lower initial phage input, e.g., compare line 5 (57 minute half-life) to line 6 (8 minute half-life), or line 9 (24 minute half-life) to line 11 (6 minute half-life), or line 13 (42 minute half-life) to line 14 (13 minute half-life).

201

202 The results in Table 1 show that the higher phage input concentrations delay and protect dried 203 phage from environmental decay compared to lower phage input concentrations. This effect is also 204 visualized in Figure 1A. The black circles show the relationship between the log PFU (plaque 205 forming units) inoculated onto the surface versus the level recovered. The dashed line represents the 206 best fit regression line. The solid line represents a relationship where all inoculated viruses would 207 be recovered (i.e., 100% recovery). It's clear from the difference between the slopes of the two lines 208 that recovery is progressively lower as the inoculation level declines. In those experiments where 209 inoculated virus was not recovered, no recovery (0 PFU) is visualized in the figure at $-1 \log PFU$.

210

211 Survival of Phi6 in saline at 4°C is increased at higher phage concentrations

212 We decided to test whether there was an effect of phage concentration on virus stability in solution, 213 as was seen for phage dried on surfaces. Table 2 shows little decay of phage in solution at 4°C at 214 the highest concentrations tested after 20 days (line 1), or about half decay after 56 days (line 4). 215 But as the input concentration is reduced, decay increases at both time points (lines 2 and 5), with 216 percent recovery in single digits for the lowest input phage samples (lines 3 and 6). These results 217 can also be visualized in Figure 1B. As in Figure 1A, the black circles show the relationship 218 between the log PFU inoculated onto the surface versus the level recovered. The dashed line 219 represents the best fit regression line, and the solid line represents a relationship where all 220 inoculated viruses would be recovered (i.e., 100% recovery). As in Figure 1A, it's clear from the 221 difference between the slopes of the two lines that recovery is progressively lower as the 222 inoculation level declines. These experiments had no trials where inoculated virus was not 223 recovered.

224

225 Protection of Phi6 from decay by LB medium

In our earliest experiments, we used the "initial phage stock" (see Materials and Methods), which did show protection from decay at the higher phage concentrations. But we realized that this stock also had some level of LB medium present, derived from the soft top agar layer containing the lysate in phage preparation. Therefore, dilutions of the initial phage stock also diluted part of the medium the phage had been grown in, which is what prompted us to develop the filtration method described in the Materials and Methods. This allowed the phage to be tested without residual components of the growth medium, which could affect phage survival.

233

234 Nevertheless, we wondered whether growth medium itself might also protect the phage from decay, 235 similar to observations with BSA (Lin et al., 2020). Table 3 shows that this is indeed the case. 236 When phage samples were diluted in LB medium instead of saline, phage were essentially 237 completely protected from decay following a half hour dry time (lines 1-5). This is in marked 238 contrast to the results when phage were diluted in saline (Table 1). After extending the dry time for 239 LB-containing samples to 24 hours, environmental decay was now evident in the samples, with 240 recoveries of phage ranging between 16-39% (lines 6-10). There was no effect of varying the 241 amount of initial input phage, showing that LB medium delays and protects even lower 242 concentrations of phage from environmental decay. This is evident from Figure 1C, which shows 243 that as the level of log PFU inoculated declines, the log PFU declines proportionally, and the slope 244 of the regression line (dashed line) is essentially parallel to the line of 100% recovery (solid black 245 line). The regression lies slightly under the line of 100% recovery, which indicates that most, but 246 not all the virus inoculated was recovered with the same rate of environmental decay, but this varied 247 slightly from experiment to experiment. These experiments also had no trials where inoculated 248 virus was not recovered.

249

Our data demonstrate that bacteriophage Phi6, an enveloped virus that has been considered a potential non-pathogenic surrogate for SARS-CoV-2 transmission studies, exhibits a slower loss of infectivity from environmental decay by higher initial virus concentrations, depending upon the carrier. This slower loss of infectivity is true both when the phage are dried on plastic surfaces, and when the phage are left in saline solution in the refrigerator. The protection at higher phage concentrations is reflected in longer half-lives compared to lower phage concentrations.

256

257	Phage survival on dried surfaces can be greatly affected by the type of surface, by temperature and		
258	humidity, and by the medium containing the phage (Lin et al., 2020; Fedorenko et al., 2020;		
259	Whitworth et al., 2020). Indeed, we observed dramatic delay and protection of phage by LB growth		
260	medium, which superseded the effects of initial phage concentration. Thus, an important limitation		
261	of our results is that we do not know what effect (if any) on phage survival would result from other		
262	natural additions, such as mucous for example, which has been tested for SARS-CoV-2 (Matson e		
263	al., 2020).		
264			
265	A recent study compared environmental stability of dried SARS-CoV-2 for two different initial		
266	virus inocula (4 x 10^5 versus 4 x 10^3) on stainless steel, and did not observe additional protection in		
267	the rate of decay at the higher concentration (Paton et al., 2021). The SARS-CoV-2 samples used in		
268	this study were in growth medium including fetal bovine serum, which may be more comparable to		
269	our results for Phi6 in LB medium. Also, their lower tested concentration (4×10^3) may still have		
270	been too high to observe accelerated decay at lower virus concentrations.		
271			
272	Our results have implications for experiments measuring SARS CoV-2 survival on surfaces as		
273	purported sources of transmission. High initial amounts of input virus on a surface may generate		
274	artificially inflated survival times compared to realistic lower levels of virus that a subject would		
275	normally encounter, not only because there are extra half-lives to go through at the higher		
276	concentrations, but also because the half-lives themselves are extended at the higher virus		
277	concentrations.		
278			
279	The implications of our findings are also relevant for experiments supporting transmission of		

280 respiratory viruses by fomites in general. With the exception of Respiratory Syncytial virus, the 281 belief that most, if not all, of these viruses can be spread by fomites is based solely on dried virus 282 stability experiments (e.g. Kutter et al, 2018). In the case of rhinovirus, the major cause of the 283 common cold, an early report demonstrating experimental fomite transmission used unrealistic 284 conditions (Gwaltney and Hendley, 1982). A subsequent study closer to real-life conditions 285 disproved this route of transmission, at least to a first approximation (Dick et al, 1987). Apparent 286 low efficiency of virus transfer by fingers also needs to be considered when assessing the 287 possibility of fomite transmission, as contact with hands might inactivate some viruses (Weber and 288 Stilianakis, 2021).

289

290 We do not know why higher concentrations of input Phi6 protect the virus from decay, or why it is 291 influenced by the carrier. It could just be a result of higher protein levels in the phage solution 292 buffering the phage particles from the effects of drying out. Marr and coworkers pointed out that as 293 liquid evaporates, the concentration of solutes (in our case, salt) increases in the microenvironment 294 (Lin et al., 2020), which may affect survival. Further, virus aggregation at higher concentrations is 295 likely, and such aggregates may be protective (Gerba and Betancourt, 2017), or simply manifest as 296 protective because clusters of viruses will be counted as single PFU, but behave kinetically as more 297 resistant viruses. Whatever the cause for this protection, it is even more imperative to design 298 surface drying experiments for pathogens with realistic levels of input virus, and account for the 299 effects of carrier and matrix if the results are to be clinically relevant.

300

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306			
307	AUTHOR CONTRIBUTIONS		
308	RB performed the dry time experiments; EG performed the solution experiments with assistance		
309	from RB. MC assisted in preparation of materials used and developed the filtration method for		
310	generating saline solutions of phage from LB stocks. First draft of the manuscript was prepared by		
311	EG, with input from a report by RB. DS generated the figure, and assisted in interpretation of the		
312	experiments and revisions of the manuscript. All authors reviewed the manuscript, made		
313	corrections, and approved the final version. Overall supervision of the project was under the		
314	direction of EG.		
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441 TABLE 1

Line	Time dry (min)	Inoculum	Recovered	<u>% Recovered</u>	Half-life (min)
1	0	$6 \ge 10^3$	$5.6 \ge 10^3$	93	
2	0	$6 \ge 10^2$	4.2×10^2	70	
3	0	60	1	2	
4	0	6	0	0	
5	15	$1.2 \ge 10^4$	$1 \ge 10^4$	83	57
6	15	$1.2 \ge 10^3$	3.2×10^2	27	8
7	15	$1.2 \ge 10^2$	13	11	5
8	15	12	0	0	
9	30	$4.7 \ge 10^4$	$2 \ge 10^4$	43	24
10	30	4.7×10^3	$7.6 \ge 10^2$	16	11
11	30	$4.7 \ge 10^2$	18	4	6
12	30	47	0	0	
13	60	3.2×10^4	$1.2 \ge 10^4$	38	42
14	60	3.2×10^3	$1.4 \ge 10^2$	4	13
15	60	3.2×10^2	0	0	
16	60	32	0	0	

442 Extent of survival of Phi6 dried on plastic is increased at higher phage concentrations

443

444 Amounts of phage Phi6 as shown in the column "Inoculum" were dried in polypropylene tubes.

445 Samples were reconstituted in 100 µl saline at the times after drying shown in the table. The

amounts of viable phage remaining in the reconstituted samples were determined and shown in the

447 column "Recovered". Half-life was calculated as described in Materials and Methods.

449 TABLE 2

Line	Time (days)	Initial input	Recovered	<u>% Recovered</u>	Half-life (days)
1	20	2×10^4	$1.9 \ge 10^4$	95	270
2	20	2×10^3	2.9×10^2	15	7
3	20	2×10^2	14	7	5
4	56	$1.2 \ge 10^4$	5.4×10^3	45	49
5	56	1.2×10^3	$1.4 \ge 10^2$	12	18
6	56	1.2×10^2	2	2	9

450	Survival of Phi6 in	saline at 4°C is	increased at	higher phage	concentrations

451

452 Amounts of phage Phi6 in saline shown in the column "Initial input" were placed in tubes on day 1

453 and kept at 4° C for the times indicated, at which point the amounts of viable phage remaining in

the tubes were determined and shown in the column "Recovered". Half-life was calculated as

455 described in Materials and Methods.

456

458 TABLE 3

Line	Time dry (hours)	Inoculum	Recovered	<u>% Recovered</u>	Half-life (hours)
1	0.5	$1.8 \ge 10^5$	$1.5 \ge 10^5$	83	
2	0.5	$1.8 \ge 10^4$	$1.5 \ge 10^4$	83	
3	0.5	$1.8 \ge 10^3$	2.2×10^3	122	
4	0.5	$1.8 \ge 10^2$	$1.5 \ge 10^2$	83	
5	0.5	18	18	100	
6	24	$9 \ge 10^4$	$2 \ge 10^4$	22	11
7	24	9×10^{3}	3.5×10^3	39	18
8	24	9×10^2	2.5×10^2	28	13
9	24	90	14	16	9
10	24	9	2	22	11

459 Protection of Phi6 from decay by LB medium dried on plastic

460

461 Samples were generated as in Table 1, except that the serial dilutions of the phage stock were in LB

462 medium instead of saline. Half-life was calculated as described in Materials and Methods.

464 Legend to Figure 1

- 465 Relationship between the log PFU inoculated versus the level recovered (black circles) for (A)
- 466 bacteriophage phi 6 on plastic in saline at room temperature, (B) bacteriophage phi 6 in saline at
- 467 4°C and (C) bacteriophage phi 6 on plastic in Luria-Bertani broth at room temperature. The dashed
- 468 lines represent the best fit regression line for each dataset. The solid line represents the line of
- 469 perfect recovery where all inoculated viruses would be recovered (i.e., 100% recovery). Samples in
- 470 those experiments where inoculated virus was not recovered (0 PFU) are visualized in the figure at
- 471 −1 log PFU.



Figure 1