Intergenerational metabolic priming by sperm piRNAs

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20 Summary: Preconception parental environment can reproducibly program offspring phenotype 21 without altering the DNA sequence, yet the mechanisms underpinning this 'epigenetic inheritance' 22 remains elusive. Here, we demonstrate the existence of an intact piRNA-pathway in mature 23 Drosophila sperm and show that pathway modulation alters offspring gene transcription in a 24 sequence-specific manner. We map a dynamic small RNA content in developing sperm and find 25 that the mature sperm carry a highly distinct small RNA cargo. By biochemical pulldown, we 26 identify a small RNA subset bound directly to piwi protein. And, we show that piRNA-pathway 27 controlled sperm small RNAs are linked to target gene repression in offspring. Critically, we find 28 that full piRNA-pathway dosage is necessary for the intergenerational metabolic and 29 transcriptional reprogramming events triggered by high paternal dietary sugar. These data provide 30 a direct link between regulation of endogenous mature sperm small RNAs and transcriptional 31 programming of complementary sequences in offspring. Thus, we identify a novel mediator of 32 paternal intergenerational epigenetic inheritance.

34 Introduction

35 Current data suggest obesity as one of the world's chief socioeconomic challenges of our day, 36 impacting ~1 billion individuals worldwide. The dramatic rise in metabolic disease incidence in 37 the last decades, particularly in children, suggests a prominent role for epigenetic mechanisms, in 38 particular, a role for intergenerational epigenetic mechanisms where physiological effects in 39 parents (e.g. diet, hyperglycemia, obesity) trigger disease-predisposing shifts in the offspring 40 through non-DNA-sequence-based mechanisms. To date, the mechanisms mediating 41 intergenerational epigenetic programming in response to physiological state remain poorly 42 understood.

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44 PIWI-interacting RNAs (piRNAs) are 24-32 nucleotide, PIWI-bound small RNAs that are best 45 known for silencing transposable elements and thereby limiting their mutagenic potential¹⁻³. This 46 canonical function of piRNAs is essential for germline genome integrity and is active in most animals⁴. The piRNA-pathway differs from other small RNA (sRNA) pathways (miRNA, siRNA) 47 48 in three key aspects: 1) piRNA-pathway protein expression is mainly restricted to reproductive 49 organs; 2) piRNAs are generated through a Dicer-independent mechanism; and 3) piRNAs are 50 processed from single stranded precursor transcripts, making mRNAs theoretical sources and 51 substrates for piRNA generation and amplification.

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53 Canonical piRNAs are derived from genome regions called piRNA clusters, which harbor ancient 54 transposon fragments. Accumulating evidence in both flies and mice suggests that piRNAs can also be produced from genic mRNAs⁵⁻¹⁰. In male mice, about 20% of the piRNA population in 55 56 pre-pachytene germ cells for example, is derived from the exons of hundreds of mRNAs⁵. piRNAs 57 derived from 3'UTRs have also been found in follicle cells of fly ovaries and Xenopus eggs^{6,7,10}. Although piRNAs were first identified in *Drosophila* testis¹¹, much of the pioneering work in flies 58 59 has focused on the female germline¹². In general, the sRNA content of the male Drosophila germline is ill characterized. Specifically, piRNA populations, their dynamics during 60 61 spermatogenesis and their potential functional roles, remain poorly understood.

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In *C. elegans*, piRNAs have been implicated in the multigenerational inheritance of foreign DNA triggered epigenetic silencing¹³. In these contexts, once piRNA-seeded silencing states are initially

established, their long-term memory is independent of the original piRNA trigger, and instead relies on nuclear RNAi and chromatin pathways. Notable, maternal piRNAs have been shown to buffer against DNA sequence incompatibility between maternal and paternal genomes, in particular at transposons, a phenomenon known as hybrid dysgenesis¹⁴. Here, we identify an intact mature sperm piRNA pathway and provide evidence for its involvement in both encoding and decoding intergenerational inheritance effects.

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72 Dynamic sRNA expression in the male *Drosophila* germline

73 The tube-shaped *Drosophila* testis has contributed significantly to our understanding of stem cell 74 maintenance and germ cell differentiation¹⁵. To understand the dynamics of sRNA populations 75 during spermatogenesis we performed sRNA sequencing on testes manually dissected into four 76 parts: 1) testis tip (T1) containing stem cells and primary spermatocytes, 2) the apical portion (T2) 77 containing meiotic and developing spermatogonia, 3) the distal portion (T3) containing late-stage 78 spermatocytes undergoing individualization, and 4) mature sperm (Sperm) isolated from seminal 79 vesicles (Fig. 1A-C). Principal component analysis revealed high technical reproducibility. 80 Interestingly, the greatest variation (PC1) separated sperm from testis samples; PC2 separated the 81 three stages of testis development (Fig. 1B). These data indicate that the mature sperm sRNA 82 repertoire is highly distinct from that of the developing germ cells. Relative to T1-T3, sperm 83 showed an *increase* in sRNAs mapping to protein coding genes (3' UTRs and exons) and tRNAs, 84 and a *decrease* in repeat-associated sRNAs (piRNA clusters, complex and simple repeats) (Fig. 85 1C). These results resemble findings in the male mouse germline, where a loss of piRNAs and a 86 gain of tRNA and mRNA fragments was shown for the transition from testicular to caput sperm¹⁶. 87 Sperm sRNAs mapping to protein coding exons exhibited a high correlation with sperm mRNA-88 seq datasets (r=0.92, p<0.0001; Fig. 1D), consistent with the mRNA degradation that occurs in late spermatogenesis. Fly and human sperm¹⁷ sRNA (Fig. 1E and F) repertoires showed critical 89 90 similarity at the biotype level, sharing for instance seven of the ten most highly expressed tRNA 91 genes (Fig. 1G), thus highlighting the evolutionary conservation. These results comprise the first 92 in-depth analysis of sRNA dynamics in *Drosophila* spermatogenesis; they demonstrate a highly 93 specific sperm sRNA population relative to the developing germline; and, they show conservation 94 in sRNA composition between Drosophila and mammals.

96 Evidence for a functional piRNA-pathway in mature sperm

97 One key outstanding question about sperm sRNAs in the context of intergenerational control is 98 how the minimal RNA load of a single sperm cell can reprogram the developmental trajectory of 99 a whole organism. The amplification mechanism of the piRNA-pathway provides one possibility 100 by which quantal differences in sRNAs might trigger reproducible next-generation effects as well 101 as a range of penetrance distributions. piRNAs were originally identified and characterized based 102 on their direct binding to PIWI proteins ¹⁸⁻²². If piRNAs were involved in epigenetic inheritance, 103 we reasoned that they would be loaded onto the appropriate protein machinery in mature sperm. 104 Previous work showed that Piwi protein is stably expressed in somatic and early germ-cells in the apical testis ²³. Consistent with those reports, we found Piwi immunoreactivity in the nuclei of 105 106 multiple germline and somatic cell types in the tip of the testis (Supplemental Fig. 1A). 107 Interestingly, we also found piwi protein in individualizing, late stage spermatids at the distal end 108 of the testis, and in washed and purified sperm isolated from the sperm sack when using anti-Piwi 109 antibody raised against a peptide from the middle of the protein (Fig. 2A left; see Materials and 110 Methods for antibody details;). Piwi immunoreactivity appeared both as puncta along the sperm 111 tail (Fig. 2A center) and as a highly reproducible single body at the base of each compacted sperm 112 nucleus (Fig. 2A right, and secondary antibody control in Supplemental Fig. 1B). This result is in agreement with results from mouse showing PiwiL1 protein presence in mature sperm²⁴. Western 113 114 blots confirmed our result by detecting the full-length Piwi protein in isolated sperm and ovaries 115 (~97 kDa; Western blot, Fig. 2B left and middle panel). Samples containing empty seminal 116 vesicles showed no evidence of Piwi protein, which argues against possible contribution of somatic 117 cell contamination to the signal in sperm. Further, we isolated protein lysates from ovaries, testis, 118 and purified sperm of flies carrying a BAC Piwi-GFP transgene. In contrast to wild-type, Western 119 blot of Piwi-GFP transgenic sperm revealed two bands, matching the sizes of GFP-tagged and 120 wild-type Piwi protein (Fig. 2C). Thus, both wild-type and transgenic Piwi protein are found in 121 sperm, confirming the specificity of the antibody.

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Seeking to leverage an antibody-independent technique, we performed targeted mass spectrometry on protein extracts of purified sperm (Supplemental Fig. 1C). For Piwi, we found signals for all possible targetable Piwi peptides after tryptic digestion. Importantly, peptides were also detected for the remaining two PIWI proteins known to be necessary for amplification of silencing

127 competent piRNAs, namely aubergine (Aub) and argonaute 3 (AGO3)(Supplemental Fig. 1C).

128 Thus, intact PIWI pathway proteins are consistently expressed in mature sperm and may therefore

- 129 serve as facilitators of intergenerational inheritance of functional piRNAs.
- 130

131 To identify piwi-associated sRNAs we used the sperm specific Piwi antibody to develop and 132 optimize a biochemical pulldown and sequencing approach (Piwi-RIP-seq) applicable to the 133 minute amounts of Piwi protein and RNA available in dissected Drosophila sperm. After rounds 134 of protocol optimization, we profiled the Piwi-bound sRNA content in sperm from 4 replicates 135 each of ~750 hand-dissected seminal vesicles (Piwi-RIP-seq). Piwi-pulldown enriched sRNAs 136 showed a peak length of ~25nt (Fig. 2D left) and an A-bias at the first nucleotide position (Fig. 2D 137 right), consistent with published data from ovaries¹⁸. Using a stringent mapping and hierarchical 138 annotation approach and rRNA exclusion (see methods), we found enrichment for sRNAs from 139 piRNA clusters, repeats and transposons, and to a lesser extent those from protein coding exons, 140 5'UTRs and ncRNAs (Fig. 2F, top). By contrast, sRNAs not associated with piwi protein in the 141 pull-down experiment showed a peak length of \sim 21-23 nt (Fig. 2E) and were enriched for miRNAs, 142 tRNAs, snRNAs, snoRNAs pseudogenes and 3'UTRs (Fig. 2F, bottom). Importantly, Piwi-bound 143 RNAs exhibited an anti-correlation with total sRNA content of sperm (Fig. 2G). These data 144 indicated highly specific loading of sRNAs onto Piwi and also argued against non-specific 145 pulldown effects in the Piwi-RIP-seq results. Pathway analysis of protein coding exon-derived 146 sRNAs showed enrichments for genes involved in phosphorylation, metabolism, gametogenesis, 147 development and cilium organization (Fig. 2I). To test for potential chromatin state associated 148 enrichment we next mapped our Piwi-RIP-seq dataset to published Drosophila chromatin state 149 annotations derived from genome-wide binding analysis of over 50 functional chromatin-binding proteins²⁵. Interestingly, this intersection showed a striking enrichment for sRNAs from transcripts 150 151 that map to chromatin states with clear repressive signatures. These enriched states were described 152 as Lamin / H1-associated, "Black" chromatin and Polycomb-associated, "Blue" chromatin in 153 embryonic cells (Fig. 2H and Fig S1 D). Thus, mature sperm harbors a highly specific complement 154 of Piwi-bound sRNAs (piRNAs).

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156 Piwi controlled sperm RNAs regulate offspring gene transcription

157 Working from the hypothesis that sperm piRNAs might regulate offspring transcription, we 158 examined the effect of parental heterozygous aub mutation (aub^{Het}) on next-generation 159 transcriptional output (embryos, stage 17). Aub participates in the ping-pong cycle of the PIWI 160 pathway and is necessary for amplification of silencing competent piRNAs and robust gene repression^{26,27}. We compared mRNA transcriptional changes elicited in offspring from two parallel 161 mutant crosses (Fig. 3A and B): *aub^{Het}* mothers x WT fathers (maternal *aub^{Het}* offspring); and WT 162 163 mothers x *aub^{Het}* fathers (paternal *aub^{Het}* offspring)(data expressed relative to wildtype offspring) 164 from parallel WT x WT crosses; WT offspring). In order to ensure comparable genetic 165 backgrounds, we prepared for the experiment by backcrossing *aub^{Het}* flies to our own highly inbred 166 w1118 background (WT) (see supplemental methods for details). The mRNA transcriptional 167 response in maternal *aub*^{*Het*} offspring revealed a strong correlation with our RIP-seq defined sperm 168 piRNAs (Fig. 3C), specifically, derepression of piRNA-sequence matching 'targets'. These data 169 suggested that wild-type Piwi-bound sperm RNAs directly or indirectly trigger silencing of 170 sequence-matching loci in the next-generation (zygote). This conclusion agrees with previous 171 findings that maternal depletion of Piwi impacts heterochromatin formation in the offspring²⁸. In reciprocal crosses, the paternal *aub^{Het}* mutation failed to trigger a similar piRNA dependent 172 173 offspring transcriptional response (Fig. 3D) indicating a parent-of-origin directionality to the 174 system. Thus, offspring transcription is modulated in a parent-specific manner by piRNA-pathway 175 dosage.

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To gain further insights into the nature of parent-specific transcriptional changes in offspring, we compared the changes triggered in maternal-*aub*^{*Het*} offspring to those of paternal-*aub*^{*Het*} offspring, and identified three classes of intergenerationally-responsive transcripts and associated sRNAs:

180 Class I transcripts (Fig. 3B Purple; n=1046) were upregulated in offspring of both maternal and paternal aub^{Het} crosses (Log₂FC > 0.5). Class I transcript sequence matching sRNAs were enriched 181 182 in our Piwi-RIP-seq indicating these transcripts are 'targets' of bona fide Piwi-bound sperm 183 piRNAs (Fig. 3F). Class I transcripts were enriched for transposons (Supplemental Fig. 2A) which 184 is in agreement with the canonical role of piRNAs in transposon silencing. Together, these data 185 indicate that Class I genes in the embryo are targets of paternal piRNAs and their repression in the 186 offspring requires zygotic aub activity. They identify a novel intergenerational sequence-specific 187 gene regulatory axis.

188 **Class II** transcripts (n=494), by contrast, were upregulated *only* in offspring of paternal aub^{Het} 189 crosses (Fig. 3B, Green; paternal $Log_2FC > 0.5$; maternal $Log_2FC < -0.5$). sRNAs mapping to 190 Class II transcripts were depleted in the Piwi-IP (Fig. 3E) and, interestingly, were highly and 191 specifically expressed in sperm (Fig. 3G). Further experiments revealed that sRNAs mapping to 192 Class II transcripts were sensitive to both aub and piwi dosage in the male germline (reduced 193 expression in *aub^{Het}* (Fig. 3E) and in *piwi^{Het}* (Supplemental Fig. 2B) sperm sRNAseq). These data 194 identify a novel subclass of highly expressed sRNAs in sperm whose abundance is sensitive to aub 195 and piwi dosage. Thus, Class II genes are intergenerationally regulated transcripts responsive to 196 paternally inherited, piRNA-pathway sensitive sRNAs.

197 Class III transcripts (n=1036) were down regulated in offspring of both maternal and paternal 198 aub^{Het} crosses (Fig. 3B, **Dark Grey**; Log₂FC < -0.5). The Class III genes had no detectable 199 signatures associated with transposon content (Supplemental Fig. 2A), Piwi-binding (Fig. 3F), or 200 piRNA-pathway sensitivity (Fig. 3E and Supplemental Fig. 2B). There were only 20 Class IV 201 transcripts that were specifically upregulated in maternal crosses (and only six with sequence-202 matching sperm sRNA reads, Fig. 3B, Light Grev: paternal $Log_2FC < -0.5$; maternal $Log_2FC >$ 203 (0.5). Importantly, to rule out potentially confounding influences of the arbitrary expression change 204 cutoffs used above we repeated the analysis using a threshold free stratified Rank-Rank 205 Hypergeometric Overrepresentation (RRHO) approach ²⁹(Right side of Fig. S2). RRHO validated 206 the interpretations above and the existence of Class I, II, and III transcripts (Fig. S2C) and their 207 associated sRNA signatures (Fig. S2 D-F).

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209 Gene set over-representation analysis showed enrichment in signaling and neuronal pathways (Fig. 210 S2G top) for Class I (purple) genes. Class II (green) genes were enriched for metabolic, hydrolase 211 activity and neuronal pathways (Fig. S2 middle), and Class III genes (dark gray) were enriched for 212 cell cycle pathways (Fig. S2G bottom) genes. Consistent with the enrichments observed in our 213 sperm Piwi-RIP-seq data (Fig. 3F), Class I genes were mostly positioned in "Black" Lamin / H1-214 and "Blue" Polycomb-associated repressive chromatin annotations (Fig. 3H, Class I). 215 Interestingly, while not enriched in the IP, Class II genes also showed similar chromatin state 216 association (Fig. 3H, Class II). Both of these annotations have been suggested to include 217 enrichments for developmentally naive chromatin compartments and the data are therefore 218 coherent with a mechanism for modulation of early embryo development. No such enrichment was

- found for Class III genes (Fig. 3H, Class III). These data are consistent with a mechanism whereby
- 220 Class I and Class II *sRNAs* promote targeted, chromatin state specific silencing of offspring gene
- transcription. Thus, paternal Piwi-bound sRNAs and paternal PIWI-sensitive sRNAs, respectively,
- are necessary for next-generation repression of Class I & II genes.
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224 The piRNA-pathway is required for paternal inheritance of metabolic state

225 We previously identified similar chromatin-state and metabolic pathway signatures in offspring of 226 a paternal diet-induced model of InterGenerational Metabolic Reprogramming (IGMR)³⁰. In that 227 model (depicted in Fig. 4A), a two-day dietary sugar intervention in fathers before mating leads to 228 obesity in adult offspring ($\sim 10\%$ increase in adult fat content), and in embryos, to transcriptional 229 changes reminiscent of chromatin silencer deficiency. Guided by the similarities we tested for 230 evidence of piRNA-pathway dependency in IGMR. We compared expression of the different 231 Classes identified above (Fig. 3) to datasets from IGMR offspring. Intriguingly, while Class I 232 genes showed no evidence of regulation in IGMR, Class II (piRNA-pathway dosage sensitive) 233 genes showed significant upregulation in offspring of high sugar fed fathers (green; Fig. 4B), 234 including strong enrichment of the most upregulated IGMR genes (upper bulge in the green violin; 235 rank analysis, Fig. 4C). Embryonic transcription of Class II genes is thus sensitive to paternal 236 dietary sugar; from a different point-of-view, diet-triggered intergenerational responses mimic those induced by aub and piwi heterozygosity in the male germline (paternal-aub^{Het} and -piwi^{Het}). 237 238 Signed rank correlation (Fig. 4D) and RRHO (Fig. S3A) analysis validated these findings genome-239 wide. Comparing IGMR and maternal-aub^{Het}-induced intergenerational responses did not show 240 the same trend (Fig. 4D and S3B). The converse analysis, examining the most up- and down-241 regulated IGMR genes, confirmed these findings: Genes most upregulated in high sugar sired 242 embryos showed the same signatures as Class II genes described above: they were upregulated in paternal, but downregulated in maternal *aub*^{*Het*} crosses (Fig S3C), and sRNAs mapping to these 243 244 genes were downregulated in *aub^{Het}* mutant sperm and depleted from the Piwi pulldown (Fig S3D). 245 Thus, paternal dietary sugar and piRNA-pathway deficiency trigger comparable intergenerational 246 transcriptional rewiring in offspring. This indicates that IGMR is dependent on the dosage of sperm 247 piRNA-pathway-regulated sRNAs.

If these piRNA sensitive genesets were causal with respect to intergenerational reprogramming,
we reasoned that piRNA-pathway mutant fathers should fail to trigger an IGMR response. To this

end, we tested whether piRNA-pathway heterozygote fathers (*piwi^{Het}* and *aub^{Het}*) were capable of eliciting a full IGMR obesity response using our previously published intergenerational dietary model. We performed the intergenerational diet experiment using WT and *piwi^{Het}* and *aub^{Het}* fathers. Despite normal fertility and reproductive function in *piwi^{Het}* and *aub^{Het}* fathers, we found that both heterozygote lines failed to elicit increased triglyceride accumulation in the next generation (Fig. 4F). Thus, full piRNA-pathway dosage is necessary for paternal diet-induced intergenerational obesity (IGMR).

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258 In summary, we describe a highly dynamic sRNA repertoire during *Drosophila* spermatogenesis. 259 We find that sperm contains full-length piRNA-pathway proteins, and, using pulldown 260 approaches, prove the existence of Piwi-bound piRNAs in sperm. Heterozygous mutations in 261 piRNA-pathway member proteins lead to changes in sperm sRNAs indicating that mild pathway 262 disruption is sufficient to alter the sperm sRNA load transferred to the zygote and to alter 263 transcription in the next generation early life. Significant correlation between paternal Piwi bound 264 (Class I) and Piwi sensitive (Class II) sRNAs and offspring gene transcription indicates that 265 paternal sRNAs are involved in intergenerational inheritance by targeting sequence-matched genes 266 for silencing in the next generation. Indeed, using paternal sugar triggered IGMR as a test case, 267 we confirm this hypothesis and provide genetic evidence that a fully intact piRNA-pathway is 268 necessary for intergenerational inheritance of paternal metabolic state (Summarized in Fig. 4G).

269 Fig. 1:



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Fig. 1: Dynamic sRNA expression in the male *Drosophila* germline

A) A schematic of the *Drosophila* testis indicating segments used for sRNA sequencing; B) PCA
plot of sRNA sequencing data; C) % read distribution across biotypes and across testis segments;
biotype color legend applies to panels C, E and F; D) correlation of sRNA sequencing results with

previously published mRNA sequencing³⁰ results from mature sperm and showing Peason's r; E)

275 previously published mRNA sequencing^{-*} results from mature sperm and showing Peason's r, E)

- 276 Drosophila sperm and F) human sperm sRNA biotype distributions; G) 10 most enriched tRNA
- 277 features in *Drosophila* and human sperm¹⁷ sRNA sequencing.
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Fig. 2: Presence of Piwi bound RNAs in mature *Drosophila* sperm A) immunofluorescence staining of sperm with Piwi (ab5207) and tubulin antibodies; B) left panel shows western blot with Piwi antibody (ab5207) for ovary, sperm and empty seminal vesicle, right panel shows Ponceau staining to show protein content per lane. C) sperm, testis and ovaries from GFP-Piwi flies, the upper band shows the GFP fusion protein, lower band shows WT Piwi; D-E) length distribution

- 286 (left) and 1st nucleotide bias (right) of sense reads mapping to all features displayed as percentages
- 287 of all reads between the length of 20-50nt for significantly enriched (D) and for significantly
- 288 depleted features in Piwi-IP (piwi-antibody ab5207)(E); F) GSEA analysis of sRNA results using
- 289 custom pathways for the individual biotypes used for annotation; G) average counts per million
- 290 (CPM) in input samples versus Log₂FC in Piwi pulldown samples H) enrichment of reads mapping
- 291 to features embedded in different chromatin states. I) Pathway overrepresentation analysis
- 292 (WebGestalt)³¹ of protein coding features significantly enriched in Piwi pulldown.

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Fig. 3: Paternal piRNAs reprogram offspring

A) crossing scheme: B) comparison of mRNA expression changes induced by paternal vs 296 maternal *aub^{Het}*, coloring and numbering is kept consistent throughout manuscript; C) correlation 297 298 between Piwi pulldown enrichment and mRNA expression changes in maternal *aub^{Het}* offspring; D) correlation between Piwi pulldown enrichment and mRNA expression changes in paternal 299 *aub^{Het}* offspring: E) Log₂FC of sperm sRNAs in *aub^{Het}* vs WT males, each boxplot represents 300 genes present in a different quadrants (Class) in D, random gene set in white F) Enrichment 301 302 (Log₂FC IP/Input) of sequence matching sRNAs in Piwi pulldown (Piwi-RIP-seq), each boxplot 303 represents sequences matching genes present in a different quadrant (Class/color) from E; G) 304 normalized counts in sRNA testis samples (as shown in Fig. 1) mapping to features in different quadrants in D, all genes in white; H) chromatin state annotations of Class I-III genes compared 305 to all genes (right). Paternal *aub^{Het}* offspring n=5, WT offspring n=5, maternal *aub^{Het}* offspring 306 n=2 with each replicate containing a pool of 20 embryos. 307







312 Fig. 4: An intact piRNA-pathway is necessary for the intergenerational inheritance of a 313 physiological phenotype A) crossing scheme for paternal diet-induced intergenerational 314 metabolic reprogramming (IGMR); B) mRNA-seq of IGMR offspring embryos, Log₂FC control vs paternal high-sugar for different Classes as introduced in Fig. 3 B (R = random gene set); C) 315 same as B but rank analysis instead of Log₂FC; D) rank analysis comparing mRNA-seq of IGMR 316 offspring embryos to paternal aub^{Het} offspring E) rank analysis comparing mRNA-seq of IGMR 317 318 offspring embryos to maternal *aub^{Het}* offspring, p value and pearson r are depicted in D and E; F) whole body triglycerides of IGMR offspring as % of control-sugar matched value using wildtype 319 320 (WT) or PIWI pathway heterozygous mutant (piwi, aub) fathers n=12-25 individual triglyceride 321 assays of groups of 5 flies from at least 3 independent experiments; G) proposed model and 322 summary for the data presented

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Fig. S1: Presence of Piwi bound RNAs in mature sperm A) immunofluorescence staining of testis with Piwi (sc-390946) and tubulin antibodies; B) secondary antibody control staining for Piwi (ab5207) staining in Fig. 2A; C) results of targeted mass spectrometry experiment identifying

- 330 peptides in isolated sperm; D) pie chart representation of chromatin state distribution of reads
- 331 mapping to features embedded in different chromatin states.



333 334

335 Fig. S2: Paternal piRNAs reprogram offspring

A) comparison of transposon expression changes induced by paternal and maternal aub^{*Het*}; B) 336 Log₂FC of sperm sRNAs piwi^{*Het*}/WT, each boxplot represents genes present in a different 337 quadrants (Class) from Fig. 3B, random gene set in white; C) Rank Rank Hypergeometric test of 338 expression changes induced by paternal and maternal aub^{Het} confirms three Classes, different 339 scales were applied to Class I/III and Class II/IV as depicted by the scale on the right; D) Log₂FC 340 341 of sperm sRNAs *aub^{Het}*/WT, each boxplot represents genes present in a different quadrants from RRHO analysis in C, random gene set in white; E) Enrichment (Log₂FC IP/Input) in piwi pulldown 342 experiment, each boxplot represents genes present in a different quadrants from RRHO analysis 343 in C, random gene set in white; F) Log₂FC of sperm sRNAs *piwi^{Het}*/WT, each boxplot represents 344 345 genes present in a different quadrants from RRHO analysis in C, random gene set in white; G) 346 over representation analysis of different Classes depicted in Fig. 3B using WebGestalt on gene 347 ontology terms included in Biological Processes noRedundant





351 Fig. S3: An intact piRNA-pathway is necessary for the intergenerational inheritance of a 352 physiological phenotype. Rank Rank Hypergeometric test of expression changes in embryos induced by paternal diet intervention and A) paternal *aub^{Het}* B) maternal *aub^{Het}*; C) Log₂FC 353 354 mRNA expression changes of the 300 most upregulated genes in IGMR offspring in paternal (green, left) and maternal (green, right) aub^{Het} offspring; D) Log₂FC changes of sperm sRNA 355 356 abundance in *aub^{Het}* sperm (green, left) and IP/Input (green, right), for those sRNAs mapping to

357 the 300 most upregulated genes in IGMR offspring random gene set in black.

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- 462 463

464 Author Contributions:

- 465 A.L., A.Ö. and J.A.P. conceived, designed and supervised the study. A.L. and J.A.P wrote the
- 466 manuscript with feedback from all authors. A.L., L.E., A.G.M, O.L., M.S, U.K., M.I., L.Ö., M.G.L.R,
- 467 E.B., performed fly work and dissections. U.K. perform library preparation for small RNA
- 468 sequencing. L.E. and M.I. optimized and performed piwi RIP-seq. A.L. performed
- 469 immunostaining. A.G.M. performed western blot analysis. T.R. prepared samples for mass
- 470 spec. E.B. performed embryo mRNA sequencing. E.C., I.B., D.N., A.L., D.P. performed
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477 Supplementary Materials:

- 478 Materials and Methods
- 479 <u>Fly Food</u>
- 480 Standard food: Agar 12 g/l, yeast 18 g/l, soy flour 10 g/l, yellow commeal 80 g/l, molasses 22 g/l,
- malt extract 80 g/l, Nipagin 24 g/l, propionic acid 6,25 ml/l. Holidic diet was prepared according
 to ³².
- 483
- 484 Fly stocks
- 485 $\overline{\text{w1118: used as WT stock}}$
- 486 aub^{Qc42} BDSC #4968: used for genetic crosses
- 487 piwi¹ BDSC #43637: used for genetic crosses
- 488 T(2;3)TSTL, CyO: TM6B, Tb[1] BDSC #42713: double balancer used for back-crossing
- 489
- 490 <u>Fly Husbandry</u>
- 491 Fly stocks were maintained on standard-diet at 25 °C on a 2-week generation cycle. To ensure a
- 492 common parental larva density and epigenetic background, 0-4 days old flies were manually sorted
- 493 to 15 males and 15 females per vial (or 45+45 in bottles) and allowed to lay eggs for 4 days. In
- 494 practice, flies were crossed on Thursday, flipped out on Monday and virgins collected the
- 495 following Monday. On Thursday flies were crossed again fulfilling a 2-week generation cycle.
- 496
- 497 <u>Generation of flies for genetic crosses</u>
- 498 To equalize the genetic background between mutant and WT strains we crossed the mutant lines
- 499 over double balancer lines so chromosomes can be followed using a visible marker. These flies
- 500 were then crossed to the WT strain and all chromosomes were replaced with WT chromosomes
- 501 except the one carrying the mutation and the respective balancer. Flies from the above cross were
- 502 crossed with WT and the resulting offspring without the balancer chromosome, was used for the for the paternal and maternal mut^{Het} areas
- 503 for the paternal and maternal mut^{*Het*} crosses.
- 504
- 505 Testis, sperm sack and ovary dissection
- 506 The reproductive tract of separated male and female flies was dissected in a drop of TC-100 insect
- 507 medium (Sigma) and connective tissue and other contaminating tissues were removed. Ovaries
- 508 were transferred to a tube containing insect medium. Testes with attached seminal vesicles (sperm
- sacks) were transferred to a fresh drop of insect medium, where the sperm sack was separated from
- 510 the rest of the testis. Testes were further separated into three parts and transferred to different tubes
- 511 containing insect medium. Mature sperm was removed from the sperm sacks by puncturing them
- 512 and spooling the sperm onto clean forceps and transferred to a tube containing insect medium.
- 513 After a maximum of 30 min of dissection, collected tissues were snap frozen in liquid nitrogen.
- 514 When enough samples were collected the tissues were pelleted, the supernatant was discarded, and
- 515 the sperm pellet was re-suspended in 250µl of Trizol (Invitrogen).
- 516
- 517 <u>Collection of staged D. melanogaster embryos</u>
- 518 Virgin female flies were kept in egg-laying cages with apple-juice plates supplied with fresh yeast
- 519 paste for three days. Female virgin flies were crossed to male virgin flies in egg-laying cages at 25
- 520 °C in the morning and apple juice plates were changed approximately every 30 min until 2pm.
- 521 Subsequent apple juice plates were used for collection of embryos. To obtain stage 17 embryos
- 522 pates were left on the cage for 2 h and incubated for 16 h at 25 °C. Embryos on apple juice plates

- 523 were dechorionated using 50% PBS-TX (PBS-T containing 0.3 % Triton X-100) and 50 % bleach
- for ~ 2 min. Dechorionated and detached embryos were collected and rinsed under a stream of
- 525 water. Embryos were then staged according to their morphology to maximize homogeneity in the
- 526 sample and immediately transferred to 250 μl of Trizol solution for RNA isolation.
- 527
- 528 <u>RNA isolation for sRNA-seq</u>
- 529 Samples prepared in Linkoping: Frozen samples were homogenized in Qiazol with 0.15 g 0.2 mm
- 530 steel beads, Tissue Lyser 2 min 40 osc. RNA extraction was done using miRNeasy Micro kit
- 531 (Qiagen, Venlo, the Netherlands) and performed according to the manufacturer instructions, RNA
- 532 was eluted in 14 μ l of water and stored at -70 °C until library preparation.
- 533

534 Samples prepared in Freiburg: Dried RNA were shipped on dry ice and kept in -70 °C. Dried and 535 washed once with 80% ethanol and dried, dissolved in 20 ul water, extraction was done using 536 miRNeasy Micro kit (Qiagen, Venlo, the Netherlands) and performed according to the 537 manufacturer instructions. RNA was eluted in 14 μ l of water and stored at -70 °C until library 538 preparation. Bioanalyzer confirmed the quality of the RNA.

- 539
- 540 Library preparation for sRNA-seq

541 Library preparation was done with NEBNext Small RNA Library Prep Set for Illumina (New 542 England Biolabs, Ipswich, MA) according to the manufacturer instructions with the following 543 minor customizations. All testicle samples, but not sperm samples, were downscaled to half 544 volume, using 3 µl of input RNA instead of 6 µl as recommended. In all steps the primers in the 545 kit were diluted 1:3 prior to use. 2S rRNA was blocked by adding anti-sense oligos (5'-TAC AAC 546 CCT CAA CCA TAT GTA GTC CAA GCA372 SpcC3 3'; 10 µM) and set to hybridized in the 547 same step as NEBNext SR RT primer (pink). Amplification was made during 16 cycles and 548 amplified libraries were cleaned using Agencourt AMPure XP (Beckman Coulter, Brea, CA) and 549 size selected for 130 to 165 nt fragments on a pre-casted 6% polyacrylamide Novex TBE gel 550 (Invitrogen, Waltham, MA). Gel extraction was done using Gel breaker tubes (IST Engineering, 551 Milpitas, CA) in the buffer provided in the NEBNext kit. Disintegrated gels were incubated at 37 552 °C for 1 hour on a shaker, quickly frozen for 15 minutes at -80 °C, followed by another incubation 553 for 1 hour. Any remaining gel debris was removed by Spin-X 0.45 µm centrifuge tubes (Corning 554 Inc., Corning, NY) as recommended by the NEBnext protocol. The libraries were precipitated 555 overnight at -80 °C by adding 1 µl of GlycoBlue (Invitrogen) as co-precipitant, 0.1 times the 556 volume of Acetate 3M (pH 5.5), and 3 times the volume of 100% ethanol. Library concentrations 557 were estimated using QuantiFluor ONE ds DNAsystem on a Quantus fluorometer (Promega, 558 Madison, WI). Pooled libraries were sequenced on NextSeq 500 with NextSeq 500/550 High 559 Output Kit version 2, 75 cycles (Illumina, San Diego, CA). All pooled libraries passed Illumina's 560 default quality control.

- 561
- 562 <u>Immunostaining</u>

563 Immunostaining of whole mount testis and dissected sperm was carried out according to³³ in short:

- testes were dissected in insect medium (Sigma, TC-100) and all incubation and washing steps were
- 565 carried out using home-made baskets in 96 well plates on an orbital shaker. Fixation was carried
- out in 4% formaldehyde (methanol-free) in PBST (PBS and 0.2% Triton X-100) for 10 min at
- room temperature. After three 5 min washing steps in PBST testes were permeabilized twice in 0.3% sodium-deoxycholate in PSTX for 30 min at room temperature. This was followed by three

569 5 min washing steps in PBSTX and 1h of blocking with 5% BSA in PBSTX at room temperature.

- 570 Primary antibody incubation (anti-Piwi antibody ab5207 1:500 dilution; anti-acetylated α-tubulin
- 571 (Lys40) antibody 1:500, anti-Piwi antibody sc-390946 1:500 dilution) was carried out in
- 572 PBSTX+3% BSA at 4 °C overnight followed by one 20min wash with 300 mM NaCl in PBSTX
- and three 5 min washes with PBSTX at room temperature. Secondary anti-Mouse Alexa Fluor 488 (1:1000; Molecular Probes) and anti-rabbit Alexa Fluor 555 (1:1000; Molecular Probes),
- 575 incubation lasted for 6h in PBSTX + 3% BSA at 4 °C samples were washed with 300 mM NaCl
- 576 in PBSTX for 20 min at room temperature, all steps were repeated for the second primary and
- 577 secondary antibodies and samples were mounted with Vectashield with DAPI (Vector Labs).
- 578 Confocal images were taken with a Zeiss LSM510 confocal scanning microscope with a C-
- 579 Apochromat \times 63, 1.4 NA oil immersion objective, using the diode 405 nm, the argon 488 nm, the
- 580 helium–neon 543 nm laser for excitation of DAPI, Alexa Fluor® -488, -555, respectively.
- 581
- 582 <u>Triglyceride Determination</u>
- 583 Groups of five flies (7-12 days old males) were crushed thoroughly in 100 μ l RIPA buffer, 584 sonicated and the homogenates were used for 96-well based colorimetric determination of
- 585 triglycerides (GPO Trinder, Sigma). Before absorbance measurement, plates were centrifuged, and
- 586 supernatants transferred to a new plate.
- 587
- 588 Mass Spectrometry (MS/MS) analysis
- 589 Sperm sack and pure sperm samples were analyzed by nanoLC-MS. Cells were lysed with lysis
- 590 Buffer (4% SDS, 100mM DTT,50 mM Tris-HCl buffer pH 7.5, plus protease inhibitors (Roche)).
- 591 Then the extract was heated to 90°C for 3 min followed by residual chromatin shearing in 592 Bioruptor. Before MS-MS analysis samples were analyzed by SDS-PAGE followed by silver
- 592 Bioruptor. Before MS-MS analysis samples were analyzed by SDS-PAGE followed by silver 593 staining (Thermofisher).
- 595 594
- 595 <u>Western blotting</u>
- 596 For protein extraction tissue were lysate adding 50 ml of Laemmli sample buffer 2x, heated at 597 95°C for 2 min and sheared in Biorupter (30sec/hard). Protein lysates were loaded on NUPAGE 598 4-12% precast gel (Life Technologies) in NUPAGE 1xMOPS buffer (Invitrogen). PageRuler Plus 599 Prestain Protein Ladder (Thermo Scientific) was used to indicate protein size. Proteins were 600 subsequently transferred to PVDF membranes. Before blocking, membranes were stained with 601 Ponceau solution (Sigma) and images were recorded. Membranes were blocked in phosphate 602 buffered saline plus 0,05% Tween 20 (PBST) and 5% BSA for 1 h at room temperature. 603 Membranes were incubated with primary Anti-Piwi antibody (ab5207) at 1:500 dilution overnight 604 at 4 °C, washed in PBST, and incubated with horseradish peroxidase (HRP) coupled secondary 605 antibodies (Anti-rabbit IgG, HRP-linked Antibody #7074) in the washing buffer with 1% skimmed 606 milk in PBST for 1 h at room temperature. Membranes were developed using SuperSignal[™] West
- 607 Femto Maximum Sensitivity Substrate (Thermofisher).
- 608
- 609 <u>Ribonucleoprotein Immunoprecipitation (RIP)</u>
- 610 All steps were performed on ice or at 4 °C unless indicated otherwise. Samples with magnetic
- 611 beads were placed on magnetic rack for 30sec to ensure beads were pelleted. Dissected tissues
- 612 were thawed on ice and resuspended in PBS-T (0.05% Tween 20) supplemented with cOmplete,
- 613 mini EDTA-free protease inhibitor cocktail (Roche Diagnostics, GmbH, Germany) and RNase
- 614 inhibitor. Samples were transferred to a 60mm cell culture dish (on ice) and placed in a Bio-

LinkTMBLX 365 UV-crosslinker. Samples were crosslinked with UV light at 400 mJ/cm2. 615 616 Samples were then transferred to a fresh 1.5 ml Eppendorf tube. 60 mm dish was then washed once 617 with 500 µl PBS-T and the wash was added to sample. Samples were then centrifuged 8000 x g at 618 4 °C for 5 min. Supernatant was carefully discarded and samples were resuspended in 250 µl-500 619 ul RIPA buffer (50mM Tris-HCl pH 7.5, 150 mM NaCl, 1% Triton-X 100, 0.1% SDS, 0.1% Na-620 deoxycholate, 1mM EDTA, 1x cOmplete, mini EDTA-free protease inhibitor cocktail, RNase 621 inhibitor) and transferred to a Wheaton dounce tissue homogenizer chilled on ice. Samples were 622 homogenized 10x with a loose pestle and then 50x with a tight pestle to ensure complete tissue 623 homogenization. The homogenized samples were transferred to a fresh 1.5 ml Eppendorf tube and 624 kept on ice. The homogenizer was rinsed with 250 µl -500 µl IP dilution buffer (50 mM Tris-HCl 625 pH 7.5, 150 mM NaCl, 1x cOmplete, mini EDTA-free protease inhibitor cocktail, RNase inhibitor) 626 so as to dilute RIPA buffer 1:1 and the wash solution transferred to same tube as homogenized 627 sample. A 5% aliquot was taken of the lysate to be used as either input for IP-western blot 628 experiments or input for small RNA sequencing experiment. Sample stored at -20 °C.

629

630 Meanwhile, Diagenode CHiP-kit protein A magnetic beads were washed before use with 500ul 631 PBS-T and then 500 µl IP buffer (1:1 RIPA buffer and IP dilution buffer). Samples were pre-632 cleared with pre-washed 25 µl Diagenode CHiP-kit protein A magnetic beads at 4 C with end-to-633 end rotation for 2 hrs. A second batch of pre-washed Diagenode CHiP-kit protein A magnetic 634 beads were pre-loaded with rabbit-@-PIWI (ab5207) or IP control rabbit IgG: either 4 µg antibody 635 for 25 µl bead slurry for IP-Western blot experiments or with 8 µg antibody for 50 µl bead slurry 636 for IP-targeted proteomics experiment/smallRNA library preparation in 500 µl IP buffer (1:1 RIPA 637 buffer and IP dilution buffer). The bead/antibody solution was incubated at 4 °C for 4-6 hours 638 with end-to-end rotation. Pre-cleared samples were then pelleted on a magnetic rack and 639 supernatant transferred to the preloaded beads (following the disposal of the supernatant). 640 Antibody/preloaded beads/pre-cleared lysate mixture was incubated at 4 °C overnight with end-641 to-end rotation. The following day, samples were washed 7 x 1 ml wash buffer (50 mM Tris-HCl 642 pH 7.5, 150 mM NaCl, 2 mM MgCl2, 10% glycerol, 1% Empigen, RNase inhibitor) ³⁴. Each wash 643 was carefully removed using vacuum suction. Samples used for IP-western blot or IP-targeted 644 proteomics experiments were eluted with 30 µl Bolt LDS sample buffer (Novex, Life 645 Technologies) supplemented with Bolt sample reducing agent (Novex, Life Technologies) at 95 646 °C, 1000 rpm for 5min then chilled on ice. Samples were stored at -20 °C until needed. If RNA 647 was needed following PIWI immunoprecipitation, beads were incubated with 100 µl TRI 648 Reagent® for 10 min at room temperature. Input samples were incubated with 10 volumes of TRI 649 Reagent® for 10 min at room temperature.

650

651 RNA isolation for small RNA library preparation

Tubes containing phase lock gel were prepared by the filling the lids of 0.2 ml PCR tubes with 652 653 phase lock gel. The tubes were then quickly spun down. Following incubation with TRI Reagent[®], 654 the beads were pelleted using a magnetic rack and the supernatant was transferred to a tube 655 containing phase lock gel. Subsequently, 20 µl chloroform was added, the tubes mixed by shaking 656 and then centrifuged at 3100 x g for 10 min. The upper phase was transferred to a fresh tube 657 containing 50 µl isopropanol and 15 µg GlycoBlueTM, mixed by shaking and then incubated at -658 20 °C overnight. The samples were then centrifuged at 3100 x g for 10min at 4 °C. The RNA pellet 659 was washed with 100 µl 75% ice cold ethanol, centrifuged at 3100 x g for 10min at 4 °C. 660 Supernatant was carefully decanted off samples and the pellet air dried. The pellet was then

661 resuspended in 4 µl nuclease free water and stored at -80 °C. 5% of lysate used for PIWI IP (25 662 µl out of 500 µl lysate) was reserved to be used as input for small RNA sequencing experiment. 663 These samples were incubated with 250 µl TRI Reagent® for 10min at room temperature. 664 Subsequently, 50 µl chloroform was added, the tubes mixed by shaking and then centrifuged at 665 3100 x g for 10min. The upper phase was transferred to a fresh tube containing 125 µl isopropanol 666 and 15 µg GlycoBlueTM, mixed by shaking and then incubated at -20 °C overnight. The samples 667 were then centrifuged at 3100 x g for 10min at 4 °C. The RNA pellet was washed 1x with 250 µl 668 75% ice cold ethanol, centrifuged at 3100 x g for 10min at 4 °C. Supernatant was carefully 669 decanted off samples and the pellet air dried. The pellet was then resuspended in 6.5 µl nuclease 670 free water and stored at -80 °C.

671

672 IP and Input samples processed the same way from now on: The quality and concentration of the 673 RNA samples was analyzed by Agilent Small RNA kit on the Agilent 2100 Bioanalyzer system 674 and NanoDropTM. The RNA samples were then used to make small RNA libraries using the 675 NEBNext Small RNA Library Prep Kit for Illumina (E7330) according to the manufacturer's 676 instructions. Ligation of the 3'SR adapter was performed at 16 °C for 18 hrs. This longer

- 677 incubation at a reduced temperature increases ligation efficiency of methylated RNAs such as 678 piRNAs. Since *Drosophila* RNA is rich in 2S rRNA, a 2S blocking oligo was also used at a final
- 679 concentration of 0.1 μ M to exclude 2S RNA from any downstream reaction. 12 PCR cycles were used to amplify the libraries.
- 681
- 682 <u>QC and read mapping</u>

683 Small RNA reads were trimmed for sequencing adapters using Trim Galore v0.5.0 684 (https://github.com/FelixKrueger/TrimGalore) in conjunction with Cutadapt v1.11³⁵. Low-quality 685 (Q<20) bases were also trimmed from the ends of reads, and reads were discarded if their length 686 was then less than 20 nucleotides following trimming.

687 Trimmed reads greater than 20 nucleotides in length were then mapped to dm6 genome (FlyBase 688 BDGP6.22 release) using the short-read aligner bowtie v1.2.3 ³⁶, allowing for one mismatch. If 689 there were multiple alignments, then only the highest quality alignment was retained (bowtie 690 options -M 1 --best --strata). Alignment files were sorted and indexed using SAMtools v1.8.

- **691**
- 692 <u>Hierarchical Feature Counting</u>

693 Annotation data was downloaded from FlyBase, release BDGP6.22. The annotations were 694 stratified into 14 ordered feature categories: rRNA, tRNA, snRNA, snoRNA, pre miRNA, simple 695 repeats, complex repeats, Piwi RNA, 5' UTR, 3' UTR, protein coding exon, pseudogene, ncRNA, 696 and mitochondrial genome. The Piwi RNA cluster (n=114) annotations were from piPipes. Next, using featureCounts (subread v2.0.0)³⁷, mapped reads were counted for each of the 13 categories 697 698 independently. A minimum overlap of 15 nucleotides was required, with the fractional counts 699 option was on. This counting was strand-specific and was done for both forward (sense) and 700 reverse (antisense) strands independently. Finally, using a custom script (https://github.com/vari-701 bbc/Piwi RNA pipeline), we did a hierarchical counting for the 13 categories. That is, for any 702 read annotated to multiple features, it was counted only for the feature highest in the category. So, 703 reads mapped to a Piwi RNA cluster within an exon were counted towards the Piwi RNA cluster 704 not the exonic feature. This approach assured that reads were assigned correctly, and ambiguities 705 from reads mapping to rRNA and other small RNA features were not included as Piwi RNAs. This

resulted in a counts file for sense and antisense features.

707

- 708 Differential Expression Analysis
- 709 The sense and antisense counts tables were imported into R v3.6.0. Features with counts of less
- than 10 raw counts in less than 2 samples were removed. In addition, two complex repeat features
- 711 (LSU-rRNA_Dme and SSU-rRNA_Dme) were also removed. Following filtering, individual
- contrasts for differential feature expression were done using edgeR v3.28.0³⁸. For all contrasts, a
- 713 general linear model was fit using appropriate covariates that varied depending on the contrast, but
- 714 included where appropriate treatment, tissue, knock, knock side, and genotype. Statistical
- significance was assessed using a quasi-likelihood F test with multiple testing correction
- 716 performed with the Benjamini-Hochberg procedure.
- 717
- 718 <u>GSEA</u>
- The genes comprising each biotype were used as gene sets to test for enrichment of certain biotypes
- 720 in certain phenotypes. Enrichment testing was done with GSEA as implemented in the
- 721 clusterProfiler v3.14.3 function 'GSEA.' Then thousand phenotype permutations were run ³⁹. The
- biotype annotation was from UCSC for dm6.
- 723
- 724 Overrepresentation Analysis (ORA)
- 725 ORA for RIP enriched transcripts was performed using WebGestalt ³¹ with the following
- parameters for the enrichment analysis: Minimum number of IDs in the category: 5; Maximum
- number of IDs in the category: 500; FDR Method: BH; Significance Level: FDR < 0.05