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1 Deep Learning Shows Cellular Senescence Is a Barrier to Cancer

2 **Development**

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18 Abstract

19

20	Cellular senescence is a critical component of aging and many age-related diseases, but
21	understanding its role in human health is challenging in part due to the lack of exclusive or
22	universal markers. Using neural networks, we achieve high accuracy in predicting senescence
23	state and type from the nuclear morphology of DAPI-stained human fibroblasts, murine
24	astrocytes and fibroblasts derived from premature aging diseases in vitro. After generalizing this
25	approach, the predictor recognizes an increasing rate of senescent cells with age in H&E-
26	stained murine liver tissue and human dermal biopsies. Evaluating corresponding medical
27	records reveals that individuals with increased senescent cells have a significantly decreased
28	rate of malignant neoplasms, lending support for the protective role of senescence in limiting
29	cancer development. In sum, we introduce a novel predictor of cellular senescence and apply it
30	to diagnostic medical images, indicating cancer occurs more frequently for those with a lower
31	rate of senescence.

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34 Introduction

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36	Cellular senescence is widely recognized as a fundamental process in aging, both as a primary
37	causal factor in the decline of tissue homeostasis and as a consequence of other aging
38	processes such as inflammation and DNA damage ^{1–3} . Due to its critical role in disease etiology,
39	senescence is increasingly recognized as a target for pharmaceutical intervention ⁴ . It also
40	serves as a biomarker for aging ⁵ , possibly providing a more nuanced measure of age-related
41	health in model organisms beyond simple chronological age. However, the role of senescence
42	in human health is not clearly understood. Senescent cells present a complex and diverse
43	phenotype, which varies significantly by cell type and source ^{6,7} . There is considerable overlap
44	between molecular factors that associate with senescence, DNA damage repair, inflammation,
45	and other processes ⁸ . Some of the most common markers of senescence are beta-
46	galactosidase, produced by increased expression from lysosome activity, and the cell cycle
47	inhibitors p16 and p21. Nevertheless, there is no single marker that reliably and consistently
48	identifies senescence ^{9–11} . Importantly, senescent cells often exhibit an altered morphology,
49	including expanded nuclei and an irregular, flattened appearance ^{12,13} , making senescence
50	amenable to analysis with computer vision and machine learning methods ¹⁴ .
51	

We present deep learning models that can predict cellular senescence with high accuracy based on nuclear morphology. These methods can further distinguish between multiple types of senescence, including radiation-induced damage and replicative exhaustion. Notably, predicted senescence correlates substantially with DNA damage markers γ H2AX and 53BP1 foci counts. Our senescence predictor was developed using normal human fibroblast lines, but it also identifies increased senescence when applied to multiple types of premature aging diseases, including Hutchinson-Gilford progeria syndrome (HGPS), ataxia telangiectasia (AT), and

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59 Cockavne syndrome (CS). We also evaluated the predictor on mouse astrocytes and found it 60 indicated increased senescence in cells subjected to ionizing radiation, confirming its relevance 61 to different cell types and organisms. These methods were applied to H&E-stained mouse liver 62 tissue, where we found an increasing rate of senescence with age. Further, these methods 63 were applied to H&E-stained human tissue sections and predict an age-dependent increase in 64 senescence. Using the National Patient Register, which records all ambulatory and in-patient 65 contacts with Danish hospitals, we investigated how predicted senescence relates to human 66 disease. We found a highly statistically significant relationship between malignant neoplasm 67 incidence and fewer predicted senescent cells, which fits the hypothesis that senescence is a mechanism to limit cancer^{15,16}. In our study of 169 individuals, we found that a predicted 68 69 senescent cell load above the age-dependent average correlated with reduced incidence of 70 malignant skin-diagnosis at 33.3%, compared to 48.9% for patients with predicted senescence 71 below average. Further, a predicted senescent cell load above the age-dependent average 72 correlated with reduced incidence of non-skin related cancer at 16.0% compared to 29.5% for 73 patients with predicted senescence below average. While oncogenic events are associated with 74 the formation of senescent cells¹⁵, we speculate that individuals with higher propensity toward 75 developing senescent cells have reduced formation of malignant neoplasm and are at lower risk 76 of cancer.

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78 **Results**

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Several fibroblast cell lines, maintained in cell culture, were treated to induce senescence by
ionizing radiation (IR) or passaged until they reach replicative senescence (RS) (Fig. S1a, b, c).
After fluorescent staining with DAPI to highlight the nuclear DNA, the cells were imaged with a
high content microscope. Nuclei were detected using a deep convolutional neural network

based on U-net, which produced output images containing the detected nuclear regions. Each
detected nucleus was extracted into a cutout for subsequent analysis. We applied several
methods to normalize features in images, such as removing the background, standardizing the
size of the nuclei, and even masking inner details of the nuclei (Fig. 1a, b).

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90 Senescent Cells Display Altered Nuclear Morphology

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92 A morphological analysis of the detected nuclei was performed to compare control cells to those 93 that were senescent. There was a significant difference in nuclear area for each of the three groups with increased nuclear area as previously reported¹². In addition, IR senescent cells 94 95 were significantly larger than RS cells (Fig. 1c). Aging and certain premature aging diseases have been associated with greater irregularities or folds in the nuclear envelope^{17,18}. We 96 97 therefore evaluated convexity, which is a ratio of nuclear area to convex hull area, as a measure 98 of the nuclear envelope regularity. Convexity showed the shape of control cells were more 99 regular compared to both IR and RS, which had a more irregular boundary (Fig. 1d). RS has 100 the lowest convexity value, indicating the highest irregularity (or lowest regularity). This indicates 101 convexity is another measure of senescence, with lower values corresponding to increased 102 senescence. In addition, we looked at aspect ratio, a measure of width compared to height 103 (measured as the longest compared to shortest dimensions of a minimized rectangle around 104 each nucleus) and found that both IR and RS had higher values compared to controls (Fig. 1e). 105 We compared area and convexity per nuclei, observing overlapping clusters for the three states 106 with area of RS overlapping both control and IR, and convexity of RS and IR overlapping (Fig. 107 1f). Interestingly, the distribution of the area of the IR senescent cells was bimodal, with the 108 lower mode matching RS and a higher mode at almost twice the area of the RS, perhaps 109 suggesting IR induced aneuploidy or stalling at the G2 checkpoint of the cell cycle (Fig. 1f,

110 upper histogram distribution of joint scatter plot). Simple nuclear morphologica	al measures
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- 111 appear to be a viable method for assessing cellular senescence *in vitro*.
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114 A Deep Learning Classifier Accurately Predicts Senescence Based on DAPI staining

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116 Given the rich structure of nuclei and potentially broad set of features, we applied deep neural 117 networks to better assess senescence. A custom convolutional neural network was trained 118 using 80% of the samples, while 20% was held out for validation. After seeing accuracy 119 converge to a steady level, the model was applied to validation data. We also compared our 120 custom network to Xception, one of the top performing models for image classification that has 121 been often applied to biomedical classification^{19,20}. Xception achieved superior results with an 122 f1-score of 94%, accuracy of 95%, and AUC of 0.99 with validation data (Fig. 1g, h, i). To 123 eliminate any potential overfitting on the experimental context and cell lines, we evaluated the 124 model on an independent data set of two additional cell lines, which were prepared and imaged 125 separately. This achieved an f1-score of 92%, accuracy of 94%, and AUC of 0.96 (Fig. S2a, b, 126 c). The mean probability of senescence per nuclei is 0.18 for controls, 0.86 for RS, and 0.91 for 127 IR (Fig. 1j), indicating senescence for 12.7% of controls, 92.0% of RS, and 95.6% for IR using 128 the standard threshold (Fig. 1k).

129

In another experiment, deep neural networks were trained to detect control compared to
different senescent types, IR and RS. Xception, trained similar to the dual state experiment
above, produced a mean class accuracy of 78.6% in detection of the three states, with 83.3%
for controls, 75.7% for RS, and 76.8% for IR (Fig. S2d, e). It achieved a relatively high AUC of
0.9 for RS and 0.95 for IR. In sum, nuclear morphology represents a strong predictor of both
replicative and DNA damage induced senescence.

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138 Nuclear Shape Is A Central Predictive Feature in Senescent Cells

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140 Nuclei images contain several features that could be used for classification; however, it is 141 unclear what the deep neural network is using as its basis for assessment. Nuclear area, 142 staining intensity and even the image background itself could contain a signal that the neural 143 network is picking up on. To provide some insight into how much these potential factors 144 contribute to senescence classification, we trained several models based on reduced forms of 145 the cutout library. Our base model already includes brightness standardization. First, the 146 background of the nuclei was masked, by excluding all areas outside of the U-Net detected 147 nuclear region. Next, we applied size normalization, such that the greater of the width and 148 height was set to a standard pixel size. Finally, we converted the interior of nuclei to a single-149 color value, essentially masking all internal structure. With each reduction, we observed a slight 150 decrease in classification accuracy when applied to independent test lines (Fig. 1). The 151 background masking produced 86% for the f1-score and 88% for accuracy, a small reduction 152 indicating limited reliance of the background. With background masked and size normalized, a 153 trained model produced 87% for f1-score and 88% for accuracy, showing area and size played 154 little role in senescent detection. This model was further reduced by completely masking the 155 internal structure of the nuclei, which led to an f1-score of 80% and accuracy of 78% (Fig. S2f, 156 g). While masking was a significant reduction in accuracy, it is remarkable that so much 157 information could be removed from nuclear images and still obtain a relatively accurate 158 classification of senescence. These experiments suggest that classification is largely based on 159 the overall shape of the nuclei. We explored this further by evaluating Pearson correlation 160 between predicted senescence and several morphological metrics, finding that area was 161 moderately correlated but both convexity and aspect ratio were weaker (Fig. 1m). The deep

162 learning model appears to be picking up on the nuclear shape in a more sophisticated manner163 than simply aspect ratio or convexity.

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165 The final reduced model yields an overall accuracy of 78%, and it shows an imbalanced per 166 class accuracy of 73.9% for control, 69.3% for RS, and 91.4% for IR. It maintains a good AUC 167 of 0.88. With similar reductions, the three-state senescent type detector model shows overall 168 accuracy of only 58% (Fig. S2h, i). The RS state has poor accuracy at 31.3%, but 87.7% for 169 controls and 56.1% for IR. The AUC has declined to 0.71 for RS and 0.6 for IR. Despite 170 lowering accuracy, the feature standardization and reduction makes the model less influenced 171 by a large number of technical variations such as image intensity, choice of staining method. 172 magnification and others that could impact the utility of the predictor. 173 174 175 **Classification with Confidence** 176 177 While overall accuracy per-nuclei was relatively high, a sizable number of nuclear images were 178 ambiguous, which can be interpreted as the model being uncertain in its prediction. Extending 179 neural networks with Bayesian properties has several advantages, most notably providing a measure of confidence for predictions²¹. The Bayesian Neural Networks (BNN) allows for the 180 181 construction of a posterior probability distribution which can be used for interval estimation, 182 compared to a single prediction from a classic neural network. Samples can be filtered to 183 reduce the ambiguous cases by requiring higher mean probability from the BNN. Using 184 Tensorflow Probability, we developed several BNNs. Our custom model converted to a BNN 185 performed adequately for raw cutouts, but it would not train well for the masked/normalized nuclei. We partially converted Xception to utilize Flipout nodes²², leaving the separable 186

187 convolutions as point estimate nodes. We also fully converted InceptionV3 as an alternative

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188	model. Our partial BNN of Xception produced an f1-score of 84%, accuracy of 86%, and AUC of
189	0.92 (Fig. S2j, k). The full BNN for InceptionV3 gave an f1-score of 79%, accuracy of 80%, and
190	AUC of 0.87 (Fig. S2I, m). The BNN models can be thus be used to understand the probability
191	distribution of the data but at a lower accuracy.
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194	A Deep Neural Network Ensemble Increases Predictive Power
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196	After training the senescent classifier through different sessions, we saw variance in the
197	predictions for a subset of samples. Exploring a large multidimensional solution space during
198	training, neural networks select a relatively good solution that is often biased to favor certain
199	classes ²³ . Using an ensemble of deep models, the predictions can be combined as though
200	consulting a collection of experts (or interpreted as the "wisdom of the crowd"). To achieve this,
201	we trained an ensemble with random initial weights, potentially allowing convergence to different
202	local minima. We found that there is consistent agreement for the majority of samples, however,
203	there is a significant percent of edge cases with a high variance in predictions among the model
204	instances (Fig. 2a).
205	
206	We therefore speculate that using an ensemble of deep models for inference and aggregating

the results provides predictions with less bias and higher confidence (**Fig. 2b**). Evidently, some models balance the accuracy of each class in the middle of the range (75-80%), while other models skew toward one class at the expense of the other (for example, obtaining ~85% on one but ~70% on the other). While ensembles have benefits like a BNN, they can be less biased since each ensemble member can specialize around a solution, while a BNN is confined to a single local minima in solution space. Accordingly, we obtained good results with the ensemble method, with an f1-score of 91%, accuracy of 94%, AUC of 0.98 (**Fig. 2c, d**). More importantly,

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the ensemble provides a higher confidence and less biased approach by combining multiplemodels that specialize in predicting different classes.

216

217 An ensemble of neural networks outperforms Bayesian neural networks.

218 We also tried Bagging, where bootstrapping with replacement selects a subset of the samples 219 to use in training independent models. This method did not provide a significant improvement 220 over the basic deep ensemble method (Fig. 2e). The BNN models can be used to improve 221 confidence but sacrifice performance, while the ensemble models provide both (Fig. 2e). We 222 therefore further evaluated the deep ensemble method with masked and normalized samples. 223 This produced an f1-score of 80%, accuracy of 82%, and AUC of 0.89 (Fig. 2f, q), which 224 improved upon the single model. The ensemble method was also applied to the tri-state model 225 to distinguish senescent type, which achieved overall accuracy of 66% and AUC of 0.81 for RS 226 and 0.92 for IR (Fig. 2h, i). While this is lower accuracy, it is an overall improvement of 23.64% 227 compared to the single normalized tri-state model. With all states well above the 33.3% 228 accuracy expected from random predictions, this model is capable of recognizing type of 229 senescence given an adequate sample size.

230

Due to the lower performance of senescent type prediction, we trained deep models on each type of senescence exclusively, training for control vs RS-only or control vs IR-only. This left the other state undefined, assessing each type of senescence separately. Both models classified IR with high accuracy, but the RS-only model recognized RS with ~13% higher accuracy, while the IR-only misclassified those as control (**Fig. 2j, k**). Ensembles of deep neural networks clearly allow for greater accuracy for senescence prediction.

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240 Modifying Thresholds Increases the Accuracy of Prediction and Improves Confidence

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242 Deep neural networks utilizing one-hot node outputs with the softmax function are trained to 243 produce numerical values that are sometimes treated as the probability for each state. They 244 should not be interpreted as model confidence, but by sampling from a BNN or deep ensemble, we can utilize the distribution to determine uncertainty²¹. We evaluated the predictions for the 245 246 BNN and deep ensemble (Fig. S3a, b). Correct predictions are indeed oriented toward the 247 lower and higher range of the softmax output, representing greater certainty about a sample's 248 state. In both cases, the incorrect predictions are clustered toward the center with the 0.5 249 threshold. Different models could be biased toward either state by shifting those ambiguous 250 samples across the threshold.

251

252 We can assume higher confidence in a model's predictions by raising the classification 253 threshold (of both one-hot states, thereby filtering the predictions in the middle). We therefore 254 evaluated the accuracy using a range of thresholds from 0.5 up to 0.95 in the single model, the 255 Xception BNN, the ensemble of models, and the ensemble of fully normalized models (Fig. S3c, 256 d, e, f). In all cases, we see a significant increase in accuracy as the threshold is raised, due to 257 the ambiguous samples being discarded. By raising the threshold, the Xception-based BNN 258 goes from 85.6% to 96.0%, while the ensemble of normalized models goes from 81.6% 259 accuracy to 97.2%. A similar approach was applied to other models, including the IR-only and 260 RS-only models (Fig. S3g, h). Raising the threshold, these also showed a gain in accuracy of 261 10-15%. Unfortunately, this led to a significant reduction in the number of samples considered. 262 There is a tradeoff between number of predictions and accuracy, which must be balanced for 263 each application to ensure suitable power for analysis.

265	The tri-state model, which distinguishes between IR and RS, showed lower accuracy, especially
266	when applied to the fully normalized samples (Fig. S2h, i). As a deep ensemble, we see
267	accuracy of 86.8% for control, 50.3% for RS, and 61.7% for IR. Since there are three states,
268	even the 50.3% accuracy with RS places the majority of its samples in the correct category, with
269	40.3% a FN appearing as control and 9.4% as IR. It's ROC curve has AUC of 0.81 and 0.92 for
270	IR. Applying threshold adjustments, we see the overall accuracy go from 80% up to 95%.
271	Maintaining a majority of samples, a threshold of 0.8 exceeds 90% accuracy.
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274	DNA Damage Foci and Area Correlates with Senescent Prediction
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276	Senescent cells are associated with permanent increase in nuclear foci of the DNA damage
277	markers γ H2AX and 53BP1 ^{24,25} . We characterized the DNA damage response (DDR) foci for our
278	cell lines and investigated how these foci relate to predicted senescence. Our base data set
279	including control, RS, and IR lines were examined for damage foci. Using high content
280	microscopy, we counted DNA damage foci per nuclei and found the mean count of γ H2AX and
281	53BP1 foci to be below 1 each (0.9 and 0.6, respectively) for controls, while RS had 4.0 $\gamma H2AX$
282	and 2.0 53BP1 foci and IR had 3.4 Hγ2AX and 3.0 53BP1 foci (Fig. 3a, b, S4a). To study how
283	the presence of damage foci relates to predicted senescence we calculated the Pearson
284	Correlation between predicted senescence and γ H2AX and 53BP1 foci counts. We found that
285	across all conditions there is a moderately strong correlation of around 0.5 (Fig. 3c). This
286	association is also visible when simply plotting foci counts and senescence prediction which
287	shows predicted senescence flipping from low to high, along with shifts in foci counts (Fig. S4b).
288	The same pattern applies to area, with shifts in the concentration of area along with shifts in the
289	predicted senescence, aligning well with cell conditions. Within senescent subtypes RS and IR,

the correlation is slightly weaker, perhaps indicating that the senescent probability score for each subtype has some correlation with foci count. Our feature reduction including masking means that internal nuclear structure was not used in assessment, but it is nonetheless notable that senescence prediction (overall and by subtype) correlates with foci count. We also compared the correlation between predicted senescence and area. Here too, we see a correlation of around 0.5, and slightly weaker for the subtypes. In sum, there is a considerable correlation between foci counts and senescence.

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299 Progeria Cell Lines Display Increased Senescence

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301 Patients suffering from premature aging, or progeria, represent genetically well-defined models to understand the molecular basis of aging^{26,27}. To test if cell lines from progeria patients display 302 303 accelerated aging in vitro, we applied the senescent classifier to primary fibroblasts isolated 304 from Hutchinson-Gilford progeria syndrome (HGPS), ataxia telangiectasia (AT) and Cockayne 305 syndrome (CS) (Fig. 3d). Evaluating the area of the nuclei of progeria cells, we found that in 306 general their mean is significantly larger than controls. Notably ataxia-telangiectasia cells have 307 the largest nuclei at 25% higher than controls, while Hutchinson-Gilford progeria and Cockayne 308 syndrome are both 15% higher (Fig. 3e). We also investigated DNA damage foci and observe 309 that most prematurely aged lines have higher γ H2AX and 53BP1 foci counts (Fig. 3f, g and Fig. 310 **S4c**). Further, despite diverse mechanisms, the classifier recognized these cell lines having 311 significantly greater probability of senescence (Fig. 3h). All progeria lines have high mean 312 probability of senescence at 0.7, indicating that the average cell in each group is considered 313 senescent, while controls are below the standard threshold at 0.3. These observations suggest 314 that our classifier may be able to discriminate rates of aging in vitro.

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316 The senescent classifier translates across species and cell types

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318 To broaden the applicability of our classifier we speculated that it might apply to nuclei from 319 other cell lines and species. We therefore evaluated the model on mouse astrocytes, which 320 were treated with IR (Fig. 3i). We first compared the nuclei area and found that the IR treated 321 astrocytes had slightly but significantly larger nuclei than controls (Fig. 3j). To test if senescence 322 classification is based on area, we calculated the Pearson Correlation Coefficient between 323 these two measures. With a PCC=0.12 and p-value 4.6x10⁻⁶⁹, we find only a weak relationship 324 between area and senescence. Evaluating DNA damage foci, we see that IR treated astrocytes 325 have substantially higher foci count as expected (Fig. 3k, I, and S4d). We next applied the 326 ensemble of deep models (without normalization) and found that the IR treated cells had a 9% 327 higher probability of senescence than controls (Fig. 3m).

328

329 We also applied the model to H&E stained liver tissue from C57Bl6 mice at taken at 48, 58, and 330 78 weeks of age. After imaging the tissue sections at 20x, we used a deep learning 331 segmentation model trained on 18 tiles to extract nuclei from 16,187 tiles (Fig. 3n). We first 332 analyzed morphological metrics, finding an insignificant increase in nuclear area (Fig. 3o). 333 However, we saw a significant decrease in convexity and increase in aspect ratio, both 334 indicating increased senescence with age (Fig. 3p, q). Nuclei were evaluated for senescence 335 using the normalized RS-only and IR-only models, of which the RS model indicated increasing 336 senescence with age while the IR model did not significantly increase (Fig. S4e, f). Using the 337 probability, we calculated the percent of senescent cells, finding ~36% for RS and ~99% for IR. 338 The predictor is trained on *in vitro* DAPI stained fibroblasts representing a considerable 339 difference in context, it is therefore likely that the algorithm should be tuned to evaluate other 340 data sources. Applying thresholds of 0.8 and 0.94 for RS and IR, respectively, the percent was brought down to roughly 1-2% each to match the reported senescent rate in the liver²⁸. With 341

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these thresholds, the percent of senescent cells per mouse increased with age (Fig. 3r,s).
Given the differences in human and mouse nuclei as well as between cell types, it is notable
that the senescent state can be captured through the relative difference in assessed probability.
It therefore appears that our predictor may be able to determine senescence across cell types
and species.

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349 The human dermis shows age-dependent increase in senescent nuclei

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351 To further investigate if the predictor could be applied in a clinical context, we tested the 352 algorithm on human skin samples of 169 individuals aged 20-86 years. The senescent classifier 353 was evaluated on the dermal nuclei from biopsy samples stained with H&E and imaged in a 354 slide scanner at 20x. We applied U-Net to detect nuclei, extracted nuclear regions, and 355 converted the nuclei to the normalized and masked form (Fig. 4a). We first evaluated several 356 morphological metrics, including area, convexity, and aspect ratio. Across age, we see no 357 change in area (Fig. 4b), an insignificant change in convexity (Fig. 4c), and a significant change 358 in aspect ratio (Fig. 4d). Applying the senescent predictor, the probability of senescence 359 increases with age of patients for RS but is relatively flat for IR (Fig. S5a, b). We applied the 360 standard softmax threshold and evaluated the percent of cells considered senescent, which 361 yielded means of 25% for RS and 40% for IR. The percent was significantly higher than we'd 362 expect for human dermal nuclei, ranging from mean of $\sim 1\%$ in young to $\sim 15\%$ in old²⁸. Our fully 363 normalized model has a relatively high FP rate (20% for RS and 12% for IR), and human dermal 364 nuclei are disproportionately non-senescent, likely exaggerating the predicted senescence. We 365 therefore adjusted the threshold to reduce false positives and attempt to compensate for the 366 large biological difference. To calibrate the model to the level of senescence expected for 367 dermal nuclei, we set the cutoff to 0.7 for RS and 0.85 for IR, which lowered the percent for all

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368	patients to a mean of ~6% each and showed an age-dependent increase in percent of
369	senescence (Fig. 4e, f). We also evaluated the correlation between morphological metrics and
370	predicted senescence and found moderate correlation for several metrics, but RS was more
371	correlated with convexity while IR was more correlated with area and aspect ratio, perhaps
372	indicating morphological aspects of each type of senescence in vivo (Fig. S5c). Interestingly,
373	we found that area was anti-correlated with both forms of predicted senescence and predicted
374	probability of IR was inverse to aspect ratio (Fig. S5c, d). This again emphasizes the difference
375	between senescence in vitro and in tissue and also affirms that the IR and RS model are picking
376	up on different aspects of senescence.
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378	
379	Senescent dermal nuclei are inversely associated with neoplasms
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381	Given the large variation in predicted senescence, we speculated that these values could
382	represent meaningful health outcomes. To investigate, we retrieved ICD-10 diagnosis codes
383	collected in the Danish National Patient Register from 1977 to 2018 for all the individuals in the
384	study (Fig. 4g). We looked for associations between individuals with diagnosed conditions and
385	predicted senescence above or below the age-dependent mean (those above or below the
386	trendline in Fig. S5a, b, specifically using residuals from linear regression of RS versus age or
387	IR versus age), using the chi-square test for the frequency of occurrence between the two
388	groups (Fig. 4h, i). Remarkably, we found a significant correlation between a rate of
389	senescence below the age-matched mean and the presence of ICD-10 Chapter II Neoplasm
390	diagnosis codes for both RS and IR, with p-values of 0.0002 and 0.002, respectively (Fig. 4j).
391	Narrowing down the analysis we determined the association was based on malignant (versus
392	benign or unknown) codes within ICD-10 Chapter II Neoplasm with IR p-value at 0.037 and RS
393	at 0.018 (Fig. 4k). Furthermore, grouping specific cancer codes together, we determined that
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RS is significant for both skin and non-skin cancer, with p-values at 0.041 and 0.037 respectively (Fig. 4I, m). IR was non-significant for non-skin and on the edge of significance for skin with p-value at 0.053. Notably, RS better represents replicative senescence which occurs naturally with age, while IR better represents DNA damage, although there is considerable overlap in predictions between the two with this model. Overall, we found that high assessed senescence corresponds to fewer neoplasms and malignancies, including both skin and nonskin.

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402

403 **Discussion**

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405 In this paper we present a neural network that can predict cellular senescence based on nuclear 406 morphology. Trained on fibroblasts maintained in cell culture, the classifier achieves very 407 accurate results, which was confirmed by applying it to independent cell lines. We also trained 408 models to correctly distinguish between senescence caused by radiation induced damage and 409 replicative exhaustion. By training additional models on samples with reduced features, we infer 410 that the shape of the nucleus alone provides a significant signal to indicate senescent state. 411 DAPI-stained nuclei with background removed, size normalized, and internal structure masked 412 are still classified with high accuracy. These feature reduction methods serve a secondary 413 purpose, making a model robust to technical variation - our neural network trained on reduced 414 samples can make predictions on nuclei that were prepared in other experimental and imaging 415 contexts. Indeed, the predictor distinguished senescent astrocytes, predicted an age-related 416 increase in senescent liver cells, and confirmed senescence in cell lines from patients suffering 417 from premature aging. Although it is still debated if universal markers of senescence exist, our

findings suggest that at least morphological alterations in nuclei may be common across sometissues and species.

420

421 Our data shows that individuals with a predicted higher rate of senescent cells have reduced 422 neoplasms and malignant cancer, in comparison to those with a lower rate of senescence. 423 This is highly consistent with the notion that senescence is a likely mechanism to control cancer development by limiting uncontrolled proliferation²⁹. Further, premalignant tumors express 424 425 markers of senescence, which are absent in malignancies, and malignant tumors can regress and undergo senescence by switching off oncogenes¹⁵, supporting the protective role of 426 427 senescence in blocking the progression of neoplasms to malignancies. In addition, loss of central senescence inducers such as p16 are very common in many cancer types³⁰. Of note, 428 429 there is also evidence suggesting that cellular senescence promotes malignancy through the 430 inflammatory senescence associated secretory phenotype (SASP)³¹, that senescent cells may appear in areas where tumors tend to subsequently develop³², and that senescent cells and 431 SASP induced by cancer treatment led to worse survival and healthspan³³. While the role of 432 433 senescence in cancer is highly complex, our results based on clinical data support the overall 434 protective role for senescence in human health.

435

436 We also investigated how our deep learning predictor results correspond to other measures of senescence. Nuclear area is known to expand during senescence^{12,34,35}, and we confirmed this 437 438 in our in vitro data set, with significant differences in IR and RS senescent cells. On a per nuclei 439 basis, we found a moderate correlation between area and predicted senescence. However, due 440 to our size normalization, it is unlikely this classic feature is the primary signal for our deep 441 learning model (at least for the size-normalized version). We also identified convexity and 442 aspect ratio as key morphological properties that differ between control and senescent cells in 443 vitro and found moderate correlation between each of these properties and predicted

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444	senescence. Interestingly, we found no increase in area with age in the human dermis, but a
445	significant increase in aspect ratio and significant decrease in convexity, indicating nuclei
446	becoming stretched and irregular with advancing age in humans. These observations confirm
447	that size normalization is necessary to generalize our neural network classifier. It also
448	demonstrates the value of our feature-neutral approach, where the neural network is trained to
449	identify senescence from rich image data, and it is only later reduced through feature removal.
450	
451	In sum, our deep neural network model is capable of accurately predicting the senescent state
452	and type from nuclear morphology using several imaging techniques and has been
453	demonstrated with several diverse applications. We applied the predictor to human skin
454	samples and observed an age dependent increase in senescence. Remarkably, individuals who
455	appear to have higher rates of senescent cells show reduced incidence of malignant
456	neoplasms. This supports the long-standing hypothesis that senescence is a mechanism to limit
457	cancer.
458	
459	Methods
460	
461	Cell culture
462	All human-derived primary skin fibroblast cells were purchased from Coriell Institute (USA).
463	Control fibroblasts included AG08498 (male, 1 year), GM22159 (male, 1 day), GM22222 (male
464	1 day), GM03349 (male, 10 years) and GM05757 (male, 7 years). Cells were cultured at 37C
465	and 5% CO2 either in 1:1 mix of DMEM GlutaMAX (Gibco, 31966047) and F-12 media (Gibco,
466	31765068) for AG08498, GM22159 and GM22222 or in EMEM media (Biowest, L0415-500) for
467	GM03349 and GM05757. Fibroblasts derived from Hutchinson-Gilford progeria syndrome
468	patients included AG06917 (male, 3 years), AG06297 (male, 8 years) and AG11513 (female, 8

years). Fibroblasts sampled from ataxia telangiectasia and Cockayne syndrome patients were
GM03395 (male, 13 years) and GM01428 (female, 8 years), correspondingly. Cells were
cultured at 37C and 5% CO2 in MEM media (Lonza, BE12-662F). Freshly isolated primary
mouse astrocytes were kindly provided by the Department of Drug Design and Pharmacology,
University of Copenhagen. Cells were cultured at 37C and 5% CO2 in DMEM GlutaMAX (Gibco,
31966047). All used media were supplemented with 10% fetal bovine serum (Sigma-Aldrich,
F9665) and 100 U/mL penicillin-streptomycin (Gibco, 15140163).

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- 477

478 Senescence induction

479 To achieve replicative senescence control fibroblasts at early passages were seeded in T25 cell 480 culture flasks (200 000 cells) and cultured over 32 weeks. After each splitting cell number was 481 recorded and population doubling level (PDL) was calculated as Log₂(cell number during 482 harvesting/cell number during seeding). Experiment was terminated when PDL reached zero. DNA damage-induced senescence was performed according to reference³⁶. Briefly, control 483 484 fibroblast cells at yearly passages were seeded in 96 well plates (Corning, 3340) in a density of 485 2 000 cells per well. Day after cells were exposed to 10Gy of ionizing radiation and cultured for 486 the next nine days. Medium was replaced every two days. Three days before radiated cells 487 reached senescence state, fibroblast cells from the same stock were seeded (2 000 cells/well) 488 as mock-irradiated control.

489

490 Immunocytochemistry, SA-bGAL detection and image preparation

491 For detection of persistent DNA damage foci, fibroblast cells were washed once with warm PBS,

492 fixed in 4% paraformaldehyde (PFA) for 15 min followed by permeabilization step with

493 incubation for 10 min in PBS-0.1% Triton X100. Blocking was performed in 1% BSA-PBS-0.1%

494 Tween 20 overnight at 4C. Next day cells were incubated with primary antibodies (γH2AX,

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495 1:1000. Millipore, 05-636 and 53BP1, 1:2000, Novus, NB100-304) for 1h at RT, washed three 496 times with PBST and incubated with secondary antibodies (1:200 Alexa-Flour 488, Invitrogen, 497 10424752 and 1:200 Alexa-Flour-568, Invitrogen, 10348072) for 1h at RT. Cells were incubated 498 with DAPI solution (AppliChem, A4099) for 10 min and stored in PBS at 4C until the analysis. 499 SA-bGAL was detected using senescence cells histochemical staining kit (Sigma-Aldrich, 500 CS0030) according to manufacturer's protocol. Cell colonies were imaged using INcell analyzer 501 2200 high content microscopy at 20x magnification to produce 1199 images with 2048x2048 502 pixel resolution. Due to system constraints for object detection, each image was split into four 503 tiles of 1024x1024 pixel resolution. 504 505

506 Nuclei Detection

507 A base library was prepared using controls, irradiated (IR), and cells serially passaged until they 508 reached senescence (replicative senescence, RS). A deep neural network model was applied to 509 detect DAPI-stained nuclei. The samples were used to build a training set for nuclei recognition. 510 Several images were selected arbitrarily from each group for a total of ~20 samples, and using 511 custom software all nuclei in the training samples were annotated by selecting the nuclear 512 region. U-NET, a 23-layer fully convolutional network for image segmentation, was trained using 513 the samples, learning to associate the DAPI images with annotation masks indicating nuclear regions. Our implementation of U-NET is largely based on the original U-NET³⁷, but includes a 514 515 dropout layer after each of the convolutional and deconvolutional layers to reduce overfitting. After training for 1000 epochs, the U-NET model was used to detect nuclei for all 4796 tiles 516 517 (1199 images x 4 tiles/image), producing output images of predicted nuclei regions. The images 518 with predicted nuclei were scanned for recognition regions of area between 500 and 15,000 519 pixels. Each detected nucleus was extracted along with its surrounding context as a centered 520 128x128 pixel region and used to assemble a base library of 95,152 nuclei. In addition, the

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- 521 recognition region itself was cutout, providing a two-color reduction of the detected nuclei, and
- assembled into a secondary library of nuclei masks.
- 523
- 524

525 Nuclear Morphology

526 An analysis of the nuclei was performed to assess morphological properties. The cutout nuclei 527 were analyzed using image processing methods, such as Gaussian blur and Otsu thresholding. 528 While these methods generally performed well for DAPI-stained nuclei, it was unsuitable for 529 related data sets (H&E-stained histology images). Instead, the two-color masks library was 530 used, since it provided a universal representation of the detected nuclei (with U-NET detector 531 models that have good coverage of the nuclei region). Nuclear morphology was assessed using 532 several metrics, including area, perimeter, moments, convexity, and aspect ratio. Convexity is 533 the ratio of perimeter to convex hull perimeter, which provides a size-neutral measure of 534 boundary regularity. The convex hull is a polygon that connects the outer edges of nuclei like an 535 envelope.

536

537

538 Senescent Classification

539 After assembling a library of senescent cells, a deep neural network was trained to classify 540 DAPI-stained nuclei as senescent or non-senescent. Training samples were randomized and 541 split into 80% for training and 20% for validation. Due to experimental setup, the sample classes 542 are unbalanced, with 75.2% control, 11.2% RS, and 13.6% IR. The samples were balanced 543 during training by applying class weights with inverse proportion to the class abundance (for 544 example, senescent samples composed of IR and RS were fewer in number and therefore 545 valued 3x higher than controls). Image samples were normalized for brightness/intensity by 546 adjusting each image's mean intensity to 0 and standard deviation to 1. Augmentation was also Page 22 of 34

547 applied during training, randomly modifying samples; adjusting size from 80% to 120%. changing normalized brightness from 70% to 130%, flipping horizontally and vertically, and 548 549 rotating up to 180 degrees. For each epoch, one augmentation cycle was performed. Training 550 was done with Xception, a 48-layer model, initialized with ImageNet weights but set to allow 551 weight adjustment of all layers during training. The top layer was replaced by a layer of one-hot 552 nodes to indicate the state as controls or *senescent* (or as a tri-state model with controls, IR, or 553 RS to indicate the type of senescence). With this minor adjustment, the model provided 554 37.640.234 trainable parameters. Training was done using Adam with the learning rate set to 555 1x10⁻⁴ for 10 epochs, in which time accuracy rapidly converged to a steady level. In addition, a 556 simpler custom model was tested, with three convolutional layers with ReLU activation and two 557 dense layers with L1/L2 regularization of 0.05/0.05 and 30% dropout. This model required 558 713,296 parameters. For both network designs, we trained with raw images along with several 559 modified image sets, where the background was removed, the nuclei were size normalized, and 560 the inner details of nuclei were entirely masked (Fig. 1a). All three techniques were based on 561 the detected nuclei. To remove the background, the area outside of the nuclei was set to 0. Size 562 was normalized by rescaling all nuclei so the larger of the two dimensions was a standard size 563 of 80 pixels. Finally, the size-normalized detection region was used for the masked nuclei set. 564

565

566 Bayesian Neural Network

We used Tensorflow Probability to create a Bayesian neural network (BNN). We first converted the simple custom model, replacing nodes with the comparable FlipOut version²², which assumes that the kernel and bias are drawn from a normal distribution. During a forward pass, kernels and biases are sampled from posterior distribution. Targets were encoded as above,

and the loss function used was cross entropy plus KL divergence divided by number of batches.

572 We also partially converted Xception to a BNN by replacing all dense and convolutional layers

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573	to FlipOut nodes, leaving separable convolutions unconverted since a FlipOut version was not
574	available. In addition, we fully converted InceptionV3 for evaluation. Inference was done by
575	evaluating the model 20 times to produce a distribution of predictions, and then taking the mean
576	probability for each sample.
577	
578	
579	Deep Neural Network Ensemble
580	To improve accuracy and provide a more robust solution, we also worked with an ensemble of
581	deep learning models. This method utilized 10 models of Xception, each trained on the same
582	data set with different random weight initialization. To generate predictions, each model
583	instance was applied, and the results combined by taking the mean prediction. We also tried
584	bagging, also known as bootstrap aggregation. Similar to the deep ensemble, this method trains
585	different model instances with bootstrap selection of samples for n=1-1/e. With each instance
586	trained on a different subset of samples, this method produces multiple models that in theory
587	can specialize to different sets of data.
588	
589	
590	Statistical Methods
591	All comparisons with between groups of samples were made using one-way ANOVA f-tests to
592	evaluate differences in the means, followed by pair-wise tests using Tukey's HSD (Honest
593	Significant Difference) to calculate p-values between groups. Linear regression methods were
594	evaluated with R and p-value statistics. Groups of patients were compared using the chi-
595	squared test to detect significant differences between frequencies. Correlation was evaluated
596	using the Pearson colocalization coefficient.
597	

599 Pathology sample selection

600	The individuals were sampled from patients for whom samples of naevi on non-sun exposed
601	skin had undergone pathology without malignant findings at a major pathology department in
602	Copenhagen. The patient sample was selected to have flat distribution of age. We selected
603	patient samples from the Danish National Register of Pathology requisitioned in 2007-2017 and
604	coded with one or more PatoSNOMED topology code: T02530 (Skin on penis), T76330
605	(Foreskin) ,T80200 (Mons pubis), T02471(Skin on nates), T02480 (Skin on abdomen), T02430
606	(Skin on breasts) and one or more procedure code: P30620 (resect), P306X0 (ectomy
607	preparation), P30611 (excision biopsy) and one or more morphology code: M87400 (junction
608	naevus), M87500 (dermal naevus), M87600 (compound naevus).
609	
610	
611	Senescence and Human Morbidity
612	We collected ICD-10 diagnosis codes from the Danish National Patient Register in the period
613	1977-2018 of each of the patients in this study. We further grouped diagnoses into each of 21
614	ICD-10 chapters. We calculated the linear regression residuals of the relationship between age
615	at pathology examination and the predicted senescent cell load (IR, RS metrics) for each of the
616	patients. We then constructed contingency tables counting the number of patients with and
617	without a specific diagnosis and with a predicted senescent cell load above or below the age-
618	dependent average. We used Pearson's chi-squared test to determine whether patients with a
619	predicted senescent cell load above or below the age-dependent average were associated with
620	a higher or lower incidence of specific diagnosis codes (or diagnosis within a specific ICD-10
621	chapter.)
622	
623	
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625 Animals

626	Male C57BL/6J mice were acquired from Janvier Labs (Le Genest Saint Isle, France). Animals
627	arrived at 5-8 weeks of age and were housed in a controlled environment (12 h light/dark cycle,
628	21 \pm 2 °C, humidity 50 \pm 10%). Stratification and randomization into individual diet groups were
629	based on baseline body weight. Mice had ad libitum access to tap water and chow (2018 Teklad
630	Rodent Diet, Envigo, Madison, WI, United States; Altromin 1324, Brogaarden, Hoersholm,
631	Denmark). The study was approved by The Institutional Animal Care and Use Committee at
632	MedImmune (Gaitherburg, MD, United States) and The Danish Animal Experiments
633	Inspectorate (license: 2017-15-0201-01378) and performed in accordance with internationally
634	accepted principles for the use of laboratory animals.
635	
636	
627	
037	Liver histology
638	Liver histology Terminal liver samples were dissected from the left lateral lobe immediately after sacrificing the
637 638 639	Terminal liver samples were dissected from the left lateral lobe immediately after sacrificing the animal and subsequently fixed overnight in 4% paraformaldehyde. The liver tissue was then
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638 639 640 641	Liver histology Terminal liver samples were dissected from the left lateral lobe immediately after sacrificing the animal and subsequently fixed overnight in 4% paraformaldehyde. The liver tissue was then paraffin-embedded and sectioned at a thickness of 3 µm. Sections were stained with hematoxylin-eosin (HE, Dako, Glostrup, Denmark). Slides were scanned by ScanScope AT
638 639 640 641 642	Liver histology Terminal liver samples were dissected from the left lateral lobe immediately after sacrificing the animal and subsequently fixed overnight in 4% paraformaldehyde. The liver tissue was then paraffin-embedded and sectioned at a thickness of 3 µm. Sections were stained with hematoxylin-eosin (HE, Dako, Glostrup, Denmark). Slides were scanned by ScanScope AT System (Aperio, Vista, CA, United States).
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 637 638 639 640 641 642 643 644 	Liver histology Terminal liver samples were dissected from the left lateral lobe immediately after sacrificing the animal and subsequently fixed overnight in 4% paraformaldehyde. The liver tissue was then paraffin-embedded and sectioned at a thickness of 3 µm. Sections were stained with hematoxylin-eosin (HE, Dako, Glostrup, Denmark). Slides were scanned by ScanScope AT System (Aperio, Vista, CA, United States).
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650

651 **Contributions**

- 652 I.H. wrote the article, developed and trained deep learning models, and analyzed data. M.B.E.
- analyzed clinical data. G.V.M. performed experiments on the base data set, astrocytes, and
- 654 premature aging disease. J.S.M. developed Bayesian networks and advised the project. M.H.N. and
- D.O. performed animal experiments. L.M. managed clinical images and medical records. E.V.
- advised and edited the project. R.W. advised and edited the project. M.S.K. conceived the idea,
- 657 supervised the project and edited the manuscript.

658

659 Competing Interests

660 All authors declare no competing interests.

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747

749 Figure legends

750 Figure 1 Nuclear morphology is an accurate senescence predictor in vitro. a Analysis 751 workflow. b Sample nuclei for controls, replicative senescence (RS) and ionizing radiation (IR) 752 induced senescent cells. c Area of identified nuclei (n=6,976-68,971, mean ± 95% CI). d 753 Convexity of identified nuclei (n= 6,976-68,971, mean ± 95% CI). e Aspect ratio of identified 754 nuclei (n= 6,976-68,971, mean ± 95% CI). f Scatter plot of individual nuclei, with overall 755 distributions for each to the top and right. g Accuracy of a deep neural network (DNN) predictor 756 on validation data. h Receiver operating characteristics (ROC) curve of the DNN. i 757 Precision/recall curve. j Predicted senescence probability of nuclei for independent cell lines (n= 758 2,504-22,481, mean ± 95% CI). k Percent of nuclei in each state classified as senescent for 759 independent cell lines. I Accuracy of DNNs trained and predicting after different normalization 760 methods. m Correlation between morphological metrics and predicted senescence by class, 761 BG: background. 762

763 Figure 2 Predictions from deep ensembles. a Heatmap of variation in predictions by 764 members of ensemble (500 sample nuclei as rows, ensemble members as columns). Blue is 765 young/control and white is senescent. b Heatmap of per-class accuracy for control and 766 senescent by ensemble model. c Accuracy of deep ensemble. d ROC curve for the deep 767 ensemble. e Accuracy of single model, Bayesian neural networks, deep ensemble, and 768 bagging. f Accuracy of deep ensemble with normalized samples. g ROC curve for the deep 769 ensemble with normalized samples. h Accuracy of three-state senescence ensemble model. i 770 ROC curve for the type ensemble model. j Accuracy of RS-only model. k Accuracy of IR-only 771 model.

772

Figure 3 Senescence can be predicted across tissues and species. a Number of yH2AX
foci by type of senescence (n=1,831-15,560, mean ± 95% CI). b Number of 53BP1 foci by type
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775 of senescence (n= 1.831-15.560, mean $\pm 95\%$ Cl). c Correlation between foci count and 776 predicted senescence. d Representative immunohistochemistry micrographs of premature 777 aging nuclei with DNA damage foci staining. e Nuclear area for premature aging diseases 778 (n=4,340-15074, mean ± 95% CI), HGPS: Hutchinson-Gilford Progeria Syndrome, AT: ataxia 779 telangiectasia, CS: Cockayne Syndrom. f Number of gH2AX foci for premature aging diseases 780 (n= 5,162-17,584, mean ± 95% CI). **q** Number of 53BP1 foci by premature aging diseases (n= 781 5,162-17,584, mean ± 95% CI). h Predicted probability of senescence for premature aging 782 disease (n=5,162-17,584, mean ± 95% CI). i Representative immunohistochemistry 783 micrographs of senescent murine astrocytes with DNA damage foci staining. j Area of murine 784 astrocytes (n=4,888-13,549, mean ± 95% CI). k Number of gH2AX foci for murine astrocytes 785 (n=4,918-13,661, mean ± 95% CI). I Number of 53BP1 foci for murine astrocytes (n= 4,918-786 13,661, mean ± 95% CI). m Predicted senescence for murine astrocytes (n= 4,918-13,661, 787 mean ± 95% CI). n Analysis workflow. o Mean nuclear area per mouse by age (n=5). p Mean 788 nuclear convexity per mouse by age (n=5). **q** Mean nuclear aspect ratio per mouse by age 789 (n=5). r Predicted percent that are RS senescent (n=5). s Predicted percent that are IR 790 senescent (n=5).

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792 Figure 4 Nuclear morphology predict senescence and cancer risk in humans. a Analysis 793 workflow. **b** Mean nuclear area per patient by age (n=148). **c** Mean nuclear convexity per 794 patient by age (n=148). d Mean nuclear aspect ratio per patient by age (n=148). e Predicted 795 percent that are RS senescent (n=169). f Predicted percent that are IR senescent (n=169). g 796 Number of cases for most common cancer conditions. h Volcano plot of conditions based on IR 797 senescence residuals and chi-square p-values. i Volcano plot of conditions based on RS 798 senescence residuals and chi-square p-values. j Contingency table between neoplasms and 799 residuals of predicted senescence. k Contingency table between malignant skin neoplasms and 800 residuals of predicted senescence. I Contingency table between all malignant neoplasms and Page 33 of 34

- 801 residuals of predicted senescence. **m** Contingency table between malignant non-skin
- 802 neoplasms and residuals of predicted senescence.

803

Figure 1



Figure 2





Figure 4

