1	MMP12 Knockout Prevent Weight and Muscle Loss Induced by Cancer Cachexia
2	Lingbi Jiang ¹ , Mingming Yang ^{1,3} , Shihui He ¹ , Zhengyang Li ¹ , Haobin Li ¹ , Ting Niu ¹ , Dehuan Xie ³ , Yan
3	Mei ³ , Xiaodong He ¹ , Lili Wei ⁴ , Pinzhu Huang ⁴ , Mingzhe Huang ⁴ , Rongxin Zhang ^{2,1} , Lijing Wang ^{1*} ,
4	Jiangchao Li ^{1*}
5	Authors' affiliations:
6	1. Institute of Basic Medical Sciences, School of Life Sciences and Biopharmaceuticals, Guang-
7	dong Pharmaceutical University, Guangzhou, 510006, China.
8	2. Guangdong Province Key Laboratory for Biotechnology Drug Candidates, Guangdong Phar-
9	maceutical University, Guangzhou, 510006, China.
10	3. The State Key Laboratory of Oncology in South China, Collaborative Innovation Center for
11	Cancer Medicine, Sun Yat-Sen University Cancer Center, Guangzhou 510060, China.
12	4. The Sixth Affiliated Hospital, Sun Yat-sen University, Guangzhou 510060, China.
13	*Corresponding author
14	Jiangchao Li, Associate Prof. or Prof. Lijing Wang
15	Institute of Basic Medical Sciences, School of Life Sciences and Biopharmaceuticals, Guangdong Phar-
16	maceutical University, Guangzhou, 510006, China.
17	Address: No. 280 Waihuan Rd. E, Higher Education Mega Center, Guangzhou 510006, China.
18	Office Phone: 86-20-39352126; E-mail: <u>lijiangchao@gdpu.edu.cn</u> or <u>wanglijing@gdpu.edu.cn</u>
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22 Abstract

23	Weight loss and muscle wasting can have devastating impacts on survival and quality of life of patients
24	with cancer cachexia. Here, we have established a hybrid mouse of $Apc^{Min/+}$ mice and MMP12 knockout
25	mice (Apc ^{Min/+} ; MMP12 ^{-/-}) and found that knockout MMP12 can suppress the weight and muscle loss of
26	Apc ^{Min/+} mice. In detail, we found that interleukin 6 was highly upregulated in the serum of cancer pa-
27	tients and MMP12 was increased in muscle of tumor-bearing mice. Interestingly, the interleukin 6 se-
28	creted by tumor cells led to MMP12 overexpression in the macrophages, which further resulted in deg-
29	radation of insulin and insulin-like growth factor 1 and interruption of glycolipid metabolism. Notably,
30	depletion of MMP12 prevented weight loss of ApcMin/+ mice. Our study uncovers the critical role of
31	MMP12 in controlling weight and highlights the great potential of MMP12 in the treatment of cancer
32	cachexia.
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34	Keywords:
35	MMP12; Macrophage; IL-6; Weight and Muscle loss; Cancer cachexia; ApcMin/+; MMP12-/-
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37	Running title:
38	Interleukin-6 Derived from Cancer Cells Increased MMP12 of Macrophage Aggravated Cancer Cachexia
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43 1. Introduction

44	Many studies have shown that rapid skeletal muscle mass loss is a characteristic of cancer cachexia (CAC)
45	in colorectal cancer (CRC) patients with advanced cancer stages, which cannot be completely reversed
46	by conventional nutritional support or drugs therapy (Bonetto et al., 2016; Pettersen et al., 2017; Song et
47	al., 2019; Yang et al., 2018; Yang et al., 2019; Yuan et al., 2015). Muscle loss caused by tumor develop-
48	ment or growth would occur in various cancers, such as pancreatic cancer, esophageal cancer, gastric
49	cancer, lung cancer, liver cancer and CRC. According to the statistics, nearly 80% of cancer patients
50	have skeletal muscle loss as a late outcome, and the mortality rate is as high as 30% (Baracos et al., 2018;
51	Herremans et al., 2019; Tisdale and Michael, 2002). 2018 estimates of global cancer data show that CRC
52	is the third most common malignant tumor in the world, and its incidence and mortality are increasing
53	year by year (Bray et al., 2018; Brody, 2015; Lin et al., 2016; Siegel et al., 2014), and cachexia muscle
54	loss induced by CRC is an important cause of death. Although more and more attention has been paid to
55	CAC in recent years and great progress has been made in the diagnosis and treatment of CRC, the mor-
56	tality rate of CRC has not decreased and has been younger (Brody, 2015; Center et al., 2009). The key
57	is that the mechanism of how the inflammatory environment of tumor causes muscle loss is still not clear,
58	and CAC involves a variety of immune cells, a variety of cytokines, and metabolic disorders(Daou, 2020).
59	The tumor-induced pro-inflammatory response plays an important role in the progression of CAC. This
60	metabolic dysfunction is caused by changes in glucose, lipid and protein metabolism, and may lead to
61	the loss of skeletal muscle and adipose tissue when maintained for a long time (Fonseca et al., 2020;
62	Lobato et al., 2018; Patel and Patel, 2017). To date, although several drugs have had positive clinical
63	effects in increasing lean body mass, their effects on body function are limited. There are no effective

64	medical interventions or approved drug therapies that can completely reverse muscle loss caused by CAC,
65	which brings difficulties to the treatment of chemotherapy drugs (Daou, 2020) (Fonseca et al., 2020).
66	MMP12 is a matrix protein metalloenzyme, also named macrophage metalloenzyme, from a family of
67	endoproteolytic enzymes whose activities depend on metal ions such as calcium and zinc and can degrade
68	extracellular matrix. It was discovered in a study of tadpole morphological changes during development
69	and is necessary for monocyte recruitment, and it is mainly secreted by inflammatory cells such as mon-
70	ocyte macrophages(Bauters et al., 2013). MMP12 is mainly secreted by M2 macrophages(Han et al.,
71	2018; Hotary et al.; Lee et al., 2016). Reports have demonstrated that MMP12 can decompose most
72	extracellular matrix and vascular components, and has obvious effects on elastic fiber-rich blood vessels,
73	lung, embryonic development, reproduction, and tissue remodeling(Atlı, 2017; Kraen et al., 2019;
74	Langlois et al.; Wagner et al., 2016; Wang et al., 2019; Wetzl et al.). MMP12 is associated not only with
75	smoking-induced emphysema(Kraen et al., 2019) but also with the typing of bone marrow cells and
76	myeloid derived suppressor cells(Qu et al., 2011). As early as 1981, studies reported that MMP12 can
77	specifically degrade insulin(Kettner et al.). In 2014, researchers of Washington University confirmed
78	that MMP12 regulates insulin sensitivity and is positively correlated with insulin resistance(Lee et al.,
79	2016). In 2016, MMP12 was identified as a target for insulin-related treatment of metabolic diseases,
80	and MMP12 promotes insulin resistance and prevents fat expansion under high-fat conditions(Amor and
81	Moreno-Viedma; Bauters et al., 2013).
82	In recent years, some inflammatory cytokines, such as Interleukin 6 (IL-6), monocyte chemoattractant
83	protein-1, tumor necrosis factor, zinc- α 2-glycoprotein and pancreatic enzymes, have been shown to be
84	related to muscle loss (Bing, 2011; Han et al., 2018; Pettersen et al., 2017; Talbert et al., 2018a; Yarla et

85	al., 2018). IL-6, a multi effect proinflammatory cytokine, is secreted by normal human monocytes, fi-
86	broblasts, endothelial cells, Th2 cells, vascular endothelial cells. And a variety of tumor cells also secrete
87	IL-6 (Carson and Baltgalvis, 2010b; Han et al., 2018; Pettersen et al., 2017). It targets macrophages,
88	hepatocytes, resting T cells, activated B cells and plasma cells (Han et al., 2018; Utsumi et al., 1990).
89	The IL-6 level has been proposed to be high in patients with skeletal muscle loss (Peixoto da Silva et al.,
90	2020a). IL-6 levels were increased in tumor tissue and involved in skeletal loss progression in cancer
91	patient (Narsale et al., 2014). IL-6 can directly induce alternative macrophage activation(Ayaub et al.;
92	Hopkins et al.). And systemic overexpression of IL-6 accelerates CAC muscle loss in ApcMin/+ mice
93	(Baltgalvis et al., 2010). A high level of IL-6 in serum is considered to be an important contributor to the
94	progression of muscular dystrophies, including muscle loss induced by CAC and duchenne muscular
95	dystrophy. Blocking IL-6 receptor may inhibit dystrophic muscle loss and lipolysis by suppressing the
96	downstream Janus kinase/signal transducer and transcription activator (JAK/STAT) pathway to promote
97	muscle regeneration(Hu et al., 2019; Wada et al., 2017). Ville Wallenius et al found that centrally acting
98	IL-6 exerts anti-obesity effects in rodents but does not increase energy expenditure(Franckhauser et al.,
99	2008; Wallenius et al., 2002). IL-6 has been shown to induce insulin resistance(Liaqat et al., 2017). It is
100	well known that insulin affects glucose uptake through the PI3K-AKT-mTOR pathway by binding to
101	insulin receptors(Hopkins et al.). Skeletal muscle is the primary tissue involved in insulin-stimulated
102	glucose uptake. IL-6 mediates glucose intolerance and promotes insulin resistance in skeletal muscle
103	(Deshmukh et al.; Han et al., 2018; Nicholson et al., 2019). Moreover, insulin resistance can promote
104	muscle wasting(Peixoto da Silva et al., 2020b). IL-6 suppresses insulin action through the Signal trans-
105	ducer and activator of transcription 3 (STAT3) pathway, which then may affect the insulin receptor by

106	suppressing insulin receptor substrate-1 and downstream targets(Puppa et al., 2012). In short, various
107	studies have proven that IL-6 can induce insulin resistance, thereby indirectly exacerbating muscle loss
108	in CAC. In our study, we found that IL-6 secreted by tumors would target muscle macrophages, and then
109	MMP12 in these activated macrophages will be upregulated, degrading insulin and insulin-like growth
110	factor 1. So, we thought one molecular crosstalk may exist in bearing mice. Increased expression of IL-
111	6 derived from cancer cells up-regulates MMP12 in macrophages, which affects skeletal glycolipid me-
112	tabolism over a long period of time, may resulting in loss of skeletal muscle for a long time.
113	To date, for patients with muscle and weight loss induced by CAC, multimodal interventions including
114	drugs, nutritional support and physical exercise may be a reasonable approach for future research to
115	better understand and prevent loss of muscle (Fonseca et al., 2020). Although several drugs have had
116	positive clinical effects in increasing lean body mass, their effects on body function are limited. There
117	are no effective medical interventions or approved drug therapies that can completely reverse muscle
118	loss caused by CAC, which brings difficulties to the treatment of chemotherapy drugs (Daou, 2020)
119	(Fonseca et al., 2020). Taken together, the combination of MMP12 inhibitors and chemotherapy drugs
120	may bring new challenges and ideas for the treatment of cancer cachexia to improve the quality of life.
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127 **2. Materials and Methods**

- 128 2.1 Mice
- 129 B6.129X-MMP12tm1Sds/J macrophage metalloelastase-deficient (MMP12^{-/-}) mice (no. 004855), with
- 130 a C57BL/6 background were purchased from the Jackson Laboratory, USA(<u>https://www.jax.</u>
- 131 <u>org/strain/004855</u>). Apc^{Min/+} mice (no. T001457) were obtained from Gem Pharmatech, China (<u>http:</u>
- 132 //www.gempharmatech.com/cn/index.php/searchinfo/59/17.html). Wild-type (WT/ C57BL/6J) mice
- 133 were purchased from Guangdong Medical Laboratory Animal Center (China). The production license
- 134 number was SCXK (Guangdong) 2017-0125. Apc^{Min/+}; MMP12^{-/-} mice were obtained by crossing
- 135 Apc^{Min/+} mice and MMP12^{-/-} mice (Figure 1-figure Supplement 1A). All mice were housed in specific
- pathogen–free conditions. All mice studies complied with the Guangdong Pharmaceutical University,
- 137 and all protocol was approved by the animal experimental ethics committee of Guangdong Pharmaceu-
- tical University.
- 139 2. 2 Genotype identification
- 140 We established crossbred mice and genotyped the 3-week-old mice. The polymerase chain reaction prod-
- 141 ucts were subjected to gel electrophoresis (1.2%), and a gel imaging system (GboxGyngene system, UK)
- 142 was used to obtain electrophoresis images (Figure 1-figure Supplement 1B). The details of genotype
- identification can be found on the website of the Jackson Laboratory <u>https://www.jax.org/strain/004855</u>.
- 144 2. 3 Mice experiments and Tissue collection
- 145 Mice were anesthetized by inhalation of carbon dioxide anesthesia, marrow, blood, epididymal white fat,
- 146 gastrocnemius and soleus muscle and brown back fat were collected. For immunohistochemistry Mice
- 147 were anesthetized by inhalation of carbon dioxide anesthesia, marrow, blood, epididymal white fat,

148	gastrocnemius and soleus muscle and brown back fat were collected. For immunohistochemistry stain-
149	ing analysis, we obtained muscle tissues wax tissue blocks from clinical surgery patients. For serum
150	detection, all fresh clinical blood samples were obtained from the Sun Yat-Sen University Cancer Center,
151	Guangzhou, China. all fresh clinical blood samples were taken individuals undergoing a clinical health
152	individuals and colorectal cancer patients (30-60 years, excluding individuals with diabetes and hyper-
153	thyroidism) and frozen at -80°C until the experiments were performed.
154	2. 4 Antibodies and Reagents:
155	An anti-F4/80 anti-body (Cat: 14-4801-81) was purchased from eBioscience and anti-MMP12 (MA5-
156	24851) were purchased from Thermo Fisher (Thermo Fisher Scientific, Cambridge, Massachusetts,
157	USA). An anti-GAPDH (5174P) and anti- β -actin (4970S) were purchased from Cell Signaling Technol-
158	ogy Inc (CST). Recombinant mouse MMP-12 protein (3467-MPB-020) was purchased from R&D Sys-
159	tems, Inc. The MMP12 inhibitor MMP408 (444291) was purchased from Merck Millipore Company.
160	Alexa Fluor-488 donkey antibody (P/N SA11055S) was purchased from Invitrogen (Thermo Fisher Sci-
161	entific, Cambridge, Massachusetts, USA).
162	2. 5 Total RNA extraction and Real-time polymerase chain reaction
163	All tissues from mice were quick-frozen in liquid nitrogen and stored at -80°C until they were dissolved
164	with Trizol (TaKaRa, Guangzhou, China, A161050A). RNA extraction was performed according to the
165	manufacturer's instruction, and the total extracted RNA was reverse-transcribed into cDNA for polymer-
166	ase chain reaction amplification using the real-time polymerase chain reaction SYBR Green kit (TaKaRa,
167	Guangzhou, China). The reverse transcription steps were as follows: denaturation at 94°C for 5 minutes;
168	40 cycles of denaturation at 94°C for 30 seconds, annealing at 60°C for 30 seconds, and extension at
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169 7	2°C for 30 seco	nds: 72°C for	5 minutes.	The mRNA sam	ples were c	uantified in triplicate.	The house-
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- 170 keeping gene GAPDH was used as an internal control to normalize the real-time polymerase chain reac-
- 171 tion data for each sample of mRNA. All real-time polymerase chain reaction primers were synthesized
- 172 by Shanghai Sangon Biotechnology Inc., China, and the primer sequences are listed in S Table 1.
- 173 2. 6 Histological analysis and Hematoxylin and eosin staining
- 174 Formalin-fixed (10% neutral buffered formalin), gradient dehydration and paraffin-embedded to obtain
- 175 3-µm tissue sections from mice were subjected to perform the experiments of hematoxylin and eosin
- 176 staining, immunohistochemical staining and immunofluorescence staining in accordance with the proto-
- 177 cols. To assess the cross-sectional area of muscle, image J software was used after hematoxylin and eosin
- 178 staining
- 179 2. 7 Immunohistochemistry
- 180 Tissue sections were dewaxed and incubated with 30% hydrogen peroxide in methanol and blocked with
- 181 10% bovine serum albumin diluted with phosphate buffered saline (PBS). The sections were incubated
- 182 with primary antibodies against MMP12 (1:100) at 4°C overnight. Finally, the primary antibody-treated
- 183 sections were incubated with secondary antibody (1:100) horseradish peroxides (HRP) (goat anti-rabbit
- 184 IgG) conjugated with HRP at 37°C for 1hour, stained with 3,3-diaminobenzidine, and counterstained
- 185 with hematoxylin.
- 186 2. 8 Double immunofluorescence staining
- 187 Tissue sections were dewaxed and blocked with 10% bovine serum albumin diluted with PBS. The sec-
- tions were incubated with a mixture of primary antibodies against MMP12(1:100) and F4/80 (1:100)
- 189 overnight at 4°C. The next day, the primary antibody-treated sections were incubated with mixtures of

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secondary antibodies conjugated Alexa Fluor 488 (1:100) and Alexa Fluor 555 (1:100) for 1 hour at room

temperature. Immunostaining signals and DAPI-stained nuclei were visualized under a confocal micro-

192 scope.

- 193 2. 9 Enzyme-linked immunosorbent assay
- 194 The enzyme-linked immunosorbent assay (ELISA) was performed with kits with serum samples from

195 patients and mice according to the manufacturer's protocol. The human-IL6 kit (EHC007), mouse

- 196 JE/MCP1/CCL2 (EMC113) kit, mouse IL-6 ELISA kit (EMC004), and mouse KC/IL-8/CXCL1 ELISA
- 197 kit (EMC104) were purchased from NeoBioscience Technology Company (ShenZhen, China). The
- 198 rat/mouse insulin kit (EZRMI-13K) was purchased from EMD Millipore Corporation. A mouse MMP12

199 ELISA kit (ARG81803) was purchased from Arigobiolaboratories company. The human CXCL1/KC kit

200 (EK-196) was purchased from Multi Science Company. The data of ELISA was analyzed by using Curve

Expert1.4 software.

202 2. 10 Western blotting

203 Tissue samples (50-80 mg) or cells were homogenized and lysed with radio immunoprecipitation assay 204 buffer (Thermo Scientific, 89900) containing with protease and phosphatase inhibitors, and then the su-205 pernatants were clarified by centrifugation. Quantitative analysis based on the bicinchoninic acid (BCA) 206 protein assay was used to detect the protein concentration. Denatured proteins in the supernatant were 207 separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and transferred to polyvinyli-208 dene difluoride (Millipore Corporation, Billerica, MA, USA) membranes, blocked with 5% nonfat milk 209 powder at room temperature, and then incubated with the primary antibodies (1:1000) overnight at 4°C. 210 The next day, the protein strips were further incubated with HRP-conjugated anti-rabbit secondary

211	antibodies (1:5000) and the bands were visualized after exposure to film after incubated with enhanced
212	chemiluminescence detection reagents. These bands were visualized after exposure to film. We used
213	imageJ software to analyze the optical density of the protein band. All experiments were repeated three
214	times.
215	2. 11 Cytokine antibody assay
216	Qualitative assessment of 38 cytokines in the supernatants from media for culture (+MC38) or non-cul-
217	ture with MC38 (-MC38) cells was performed with the Ray Bio Mouse Cytokine Antibody Array 5
218	(AAM-INF-1-2, Ray Biotech) according to the provided manufacturer's protocol. The detection proce-
219	dure was as follows: The membranes were blocked by incubation with the blocking buffer. Diluted bio-
220	tin-conjugated anti-cytokine antibodies and HRP-conjugated streptavidin were detected to immuno-
221	complexes. The visualized X-ray film was exposed to chemiluminescence for quantification with ECL
222	chemiluminescence. Semiquantitative data analysis was performed for signal intensity ImageJ, and
223	positive controls were used to normalize the results. Every cytokine to positive control ratio (cytokine
224	density/positive control density) is used to represent the relative content of every cytokine. The cyto-
225	kines and their abbreviations are shown in (Figure 3-figure Supplement 7).
226	2. 12 Oral glucose tolerance test, Insulin tolerance test and Blood glucose level measurement
227	Mice were fasted for 8 hours and then housed overnight. And then, they were given either oral glucose
228	(2 g/kg body weight or an intraperitoneal insulin injection (0. 75 IU/kg). The tail vein blood glucose level
229	of mice was measured for tail blood glucose at 0, 15, 30, 45, 60, 90, and 120 minutes after treatment.
230	Blood samples were collected at 0, 15, 30 and 60, 90, and 120 minutes for glucose measurement in tail

- vein blood with a blood glucose meter (Johnson & Johnson) at the specified time points. All blood glu-
- cose levels were performed using the glucose meters.
- 233 2. 13 Serum lipid composition assay
- 234 The levels of total cholesterol (TC), total triglycerides (TG), high density lipoprotein cholesterol (HDL-
- 235 C) and low density lipoprotein cholesterol (LDL-C) were determined according to the manufacturer's
- protocols. The assay kits all were purchased from Jiancheng (Nanjing, China).
- 237 2. 14 Cell culture
- 238 The RAW264.7 cell line, MC38 cell line and CT26 cell line were purchased from the American Typical
- 239 Culture Collection (ATCC) and cultured according to international standard protocols. All cell lines were
- 240 maintained in Dulbecco's Modified Eagle's Medium (DMEM, Thermo Scientific HyClone, Beijing,
- 241 China) +10% fetal bovine serum (FBS, HyClone) + 1% penicillin (HyClone)/streptomycin (HyClone).
- 242 The RAW 264.7 cell line, MC 38 cell line and CT26 cell line were cultured in DMEM. All cell lines in
- 243 the experiments were incubated with a mixture of 95% air and 5% CO_2 .
- 244 2. 15 Co-culture experiment
- All cells were grown in DMEM+10% FBS+10% penicillin-streptomycin. The co-culture of RAW264.7
- and MC38/CT26 cells was seeded into performed using a chamber with filter inserts (pore size,0.4 µm)
- 247 in 6-well dishes (Corning, NY, USA). All cell lines could not pass to the filter because the pore size of
- the filter was smaller than the diameter of cell lines. RAW264.7 cells non co-cultured with MC38/CT26
- cell lines (-MC38/CT26) were used as the negative controls. MC38/CT26 cell lines (control, $1x10^{4}$, $3x10^{4}$,
- 250 5x10⁴) were seed in upper chamber, while RAW264.7cells (1-2×10⁵) were seed in the lower chamber.
- 251 We can separate physically RAW264.7 cells or MC38/CT26 cell lines to obtain RAW264.7
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252 (+MC38/CT26) cells in lower chamber. The RAW264.7 cells were homogenized and lysed with radio

- 253 immunoprecipitation assay buffer to quantitative analysis and then subjected to western bloting.
- 254 2. 16 Interleukin 6 treatment of macrophages
- 255 The Interleukin 6 (IL-6) freeze-dried powder was purchased from Pepertech (216-16) and was dissolved
- in trehalose-bovine serum albumin aqueous solution. RAW264.7 cells $(1-2\times10^5)$ were seeded into 6-well
- 257 plates and treated with increasing different doses of IL-6 (+IL-6, 0, 2, 5 10,30ng/ ml) for 72hours. Next,
- 258 RAW264.7 cells $(1-2\times10^5)$ were treated continuously with IL-6(+IL-6, 30 ng/ml) for 0, 3, 6, and 9hours.
- 259 Cells incubated with fresh media were used as the untreated (-IL-6) negative controls. Finally, western
- 260 blotting was used to quantify MMP12 in RAW264.7 cells under different conditions.
- 261 2. 18 Isolation of primary peritoneal macrophages
- 262 24-week-old WT and Apc^{Min/+} mice were sterilized with 75% ethanol after cervical dislocation. The
- 263 mouse abdomen was opened from the peritoneum, and 5 mL fatal bovine serum was injected with a
- syringe, which was allowed to remain inside the abdomen for 5 minutes, with gentle massaging for 30 s.
- 265 The peritoneal fluid was collected, and this fluid was transferred to a 15 mL sterile tube to obtain perito-
- 266 neal macrophages. After centrifugation (4°C, 1000 rpm) for 10 minutes, the supernatant was removed,
- and the collected cells were resuspended in Dulbecco's Modified Eagle's Medium. The resuspended cells
- 268 were cultured in a petri dish for 2 hours (37°C), and the primary peritoneal macrophages were prepared
- from the remaining adherent cells after the medium was removed.
- 270 2.19 MMP12 and Peptide experiments:
- 271 Recombinant mouse MMP-12 protein (3467-MPB-020) was purchased from R&D Systems, Inc. Ac-
- 272 cording to the instructions, dissolve MMP12 in a buffer containing 50mM Tris, 10 mM CaCl₂, 150 mM

- 273 NaCl, 0.05% (w/v) Brij-35, 5 μM ZnCl₂, pH 7.5 at a concentration of 250ug/ml. Insulin polypeptide
- and insulin-like factor polypeptide were synthesized by ChinaPeptides Co., Ltd.
- 275 The fluorescent peptide sequence:
- 276 (1) Insulin:5-FAM-NQHLCGSHLVEALYLVCGERGFFYTPK(Dabcyl);
- 277 (2) insulin-like growth factor 1: 5-FAM-GPETLCGAELVDALQFVCGDRGFYFNK(Dabcyl). Ac-
- 278 cording to the instructions, the peptide freeze-dried powder was dissolved in 25% ACN and 75%
- ddH₂O solvent at a concentration of 1 mg/ml.
- 280 The two experiments are as follows: (1) Fluorescence intensity: After mixed incubation of MMP12 and
- 281 peptide (37°C, 2hours), the fluorescence intensity was measured with a fluorescence microplate reader.

(2) MS Analysis Report: After the MMP12 and peptide were mixed and incubated, the lower liquid af-

- ter being filtered by a 34KD filter is subjected to Electrospray Ionization Mass Spectrometry (IMS) to
- 284 detect its characteristic peaks. The experimental conditions are: Ion Source: ESI, Capillary (KV): ±
- 285 (2500~3000), Desolvation(L/hr):800, Desolvation Temp:450°C, Cone(V): 30~50, Run Time: 1min.
- 286 2. 20 Mice administration
- All 17-week-old Apc^{Min/+} mice were randomly divided into three groups (five mice in each group). A
- 288 group of Apc^{Min/+} mice were administered intragastric with MMP12 inhibitor (MMP408) at a dose of
- 289 5mg/kg, and the other group was intraperitoneally administered with 5-FU (30mg/kg) combined with a
- dose of intragastric administration of MMP408. At the same time, Apc^{Min/+} mice injected with normal
- saline intraperitoneally served as a control group. The body weight was weighed by the administration
- every 2 days and after this continued for 10 days, the final weight change from the initial body weight
- was calculated.
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- 294 2. 21 Data calculation and Statistical analysis
- All mouse organ ratios represented the percentage of the organs/tissues weight compared to the body
- 296 weight. The skeletal muscle to weight ratio was (Gastrocnemius +Soleus muscle)/body (%). All data
- 297 were processed with GraphPad Prism 8.0 software and are presented as the means ± standard deviation
- (SD). A two-tailed test was used. Statistically significant differences were set at *P < 0.05, **P < 0.01,
- 299 ***P<0.001, ****P<0.0001. All schematic images were created with BioRender.com.

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315 **3 Results**

316 **3. 1 Knockout MMP12 can suppress weight and muscle loss in Apc^{Min/+} mice**

- 317 To investigate the weight dynamics of the mice, we determined the mouse body weight by retroactive
- 318 examination of the body weight from 5-week to 24-weeks old. The current weight curves have shown
- that compared with the weight gain in wild type (WT) mice over time, the weight of Apc^{Min/+} mice
- 320 reached its maximum peak at 12-week-old and then declined until to die at approximately 24-week-old
- 321 (Figure 1A). Surprisingly, in comparison to the Apc^{Min/+} mice control, the body weight of Apc^{Min/+};
- 322 MMP12^{-/-} mice increased by approximately 70% at the same age (Figure 1B). While, there were no sig-
- 323 nificant differences between WT mice and MMP12^{-/-} mice in body weight (Figure 1C). As well known,
- 324 the Apc^{Min/+} mouse is a model of muscle loss with cancer cachexia (CAC) and intestinal tumor burden.
- 325 Because weight loss induced by CAC may be related to the wasting of skeletal muscle weight and fat
- 326 weight (Peixoto da Silva et al., 2020a), here, we verified whether the weight gain of Apc^{Min/+}mice
- 327 caused by MMP12 knockout was due to reduction of fat and skeletal muscle loss at 24-week-old CAC
- 328 stage in Apc^{Min/+} mice. We assessed the histologic white adipose tissue (WAT), compared with that in
- 329 WT mice, the WAT-to-body weight ratio in Apc^{Min/+} mice decreased and the weight ratio of Apc^{Min/+};
- 330 MMP12^{-/-} mice tended to increase compared with that of Apc^{Min/+} mice but the increase was not statisti-
- cally significant (Figure 1D). However, a significant increase of approximately 4.5% in the muscle-to-
- body weight ratio was observed in Apc^{Min/+}; MMP12^{-/-} mice compared with Apc^{Min/+} mice (Figure 1E).
- 333 To further confirm the histological changes of WAT (Figure 1F) and muscle area (Figure 1H) in the
- four mice group at 24-week-old, we performed hematoxylin and eosin staining to assess the histologi-
- cal area by the ImageJ software (Figure 1F, H). We observed the fat area is larger in MMP12^{-/-} mice

336	compared with WT mice, but there has no difference between Apc ^{Min/+} mice and Apc ^{Min/+} ; MMP12 ^{-/-}
337	mice (Figure 1G). The H&E staining of muscle to show that the area of Apc ^{Min/+} ; MMP12 ^{-/-} mice is es-
338	timated to be approximately 1-2-fold larger than Apc ^{Min/+} mice (Figure 11). Meanwhile, no difference in
339	food intake was observed between Apc ^{Min/+} and Apc ^{Min/+} ; MMP12 ^{-/-} mice (Figure 1-figure Supplement_
340	<u>3A</u>). Taken together, knocking out MMP12 prevents muscle from wasting in tumor-burden (Apc ^{Min/+})
341	mice at CAC stage, but not in WT mice.
342	3. 2 MMP12 is upregulated in muscle tissue and peritoneal macrophages of $\mathbf{Apc}^{\mathrm{Min/+}}$ mice
343	To confirm whether MMP12 is expressed in muscle tissue, we use immunohistochemical staining, im-
344	munofluorescence staining and western immunoblotting to detect the expression of MMP12 in muscle.
345	The immunohistochemistry results proved that MMP12 positive staining was expressed not only in
346	skeletal muscles from clinical individuals (Figure 2A, Figure 2 -figure Supplement 3B), but also in WT
347	mice (Figure 2B). In order to investigate why the reduction in muscle loss caused by knocking out
348	MMP12 only occurred after tumor-bearing mice and not in WT mice, furthermore, we used immuno-
349	histochemistry methods to detect MMP12 expression in muscle from 24-week-old WT mice and
350	Apc ^{Min/+} mice (Figure 2C). The results of immunohistochemical staining showed that MMP12-positive
351	staining was increased in the muscle of Apc ^{Min/+} mice compared with that in WT mice at 24-weeks old
352	by image J (Figure 2D). Because MMP12 is mainly secreted by macrophages (Lee et al., 2014a; Lee et
353	al., 2014b), next, we performed double immunofluorescence (IF) to detect the expression of macro-
354	phages and MMP12 in muscle and found that the F4/80 and MMP12 markers were colocalized in mice
355	(Figure 2E). Quantitative PCR (qPCR) revealed that a tendency towards higher MMP12 mRNA levels
356	in peritoneal macrophages (as described in the Materials) was seen in Apc ^{Min/+} mice (Figure 2F), which
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357 was consistent with immunohistochemistry results. We detected the dynamic circulating serum

- 358 MMP12 level by enzyme-linked immunosorbent assay and found that the MMP12 levels in 9-, 15-, and
- 359 24-week-old WT mice and Apc^{Min/+} mice did not differ (Figure 2G). Taken together, MMP12 is ex-
- 360 pressed in muscle tissue and co-localized with macrophage. In comparison to the WT mice control,
- 361 MMP12 is increased in skeletal muscle tissue and peritoneal macrophages of Apc^{Min/+} mice, but no dif-
- 362 ference in serum was witnessed between the two groups.
- 363 3. 3 Tumor cells can secrete IL-6

- 364 Previous studies have shown that interleukin 6 (IL-6) is one of the cytokines predictive muscle loss in-
- 365 duced by CAC(Bonetto et al., 2012; Kim et al., 2013; Mahadik and Sujata, 2013; Mauer et al., 2014), it
- can accelerate muscle loss indued by CAC. And tumor cells are an important source of IL-6(Carson and
- 367 Baltgalvis, 2010b; Han et al., 2018; Pettersen et al., 2017). The clinical literature data also suggested that
- 368 among many CAC-muscle loss patients who lost weight and were close to death, IL-6 was almost the
- 369 only increased cytokine among many factors. Therefore, we mainly focus on whether IL-6, which is
- 370 related to muscle loss, is caused by tumors (Carson and Baltgalvis, 2010b). We observed that the clinical
- 371 colorectal cancer patients had significantly higher serum IL-6 levels than the normal healthy group (Fig-
- ure 3A). In vivo, a similar trend was found in Apc^{Min/+} mice, and serum IL-6 levels in Apc^{Min/+} mice were 372
- 373 significantly increased compared with WT mice at 15-24-week-old (Figure 3B). We demonstrated that
- 374 the IL-6 mRNA levels were higher in intestinal tumors of Apc^{Min/+} mice than in normal intestinal epithe-
- 375 lium of WT mice by qPCR (Figure 3C). Previous study reported MC38 cells and CT26 cells all can secret
- 376 IL-6(Li et al., 2018). Therefore, tumor cells can be the source of IL-6. In vitro, we used protein microar-
- 377 rays to detect inflammatory factors in the supernatant of mouse colorectal carcinoma MC38 cell lines

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- 378 and the results showed that IL-6 expression was higher in the supernatant after cultured with MC-38 cells
- 379 (Figure 3D, E). So, tumor cells can secrete IL-6.

380 **3. 4 Tumor-derived IL-6 can upregulate MMP12 in macrophage**

- 381 Because some previous studies reported that IL-6 may not directly lead to muscle loss in CAC(Carson 382 and Baltgalvis, 2010a; Franckhauser et al., 2008). IL-6 in the tumor microenvironment may be an im-383 portant determinant of alternative macrophage activation and induce macrophage M2 polarization and 384 M2 macrophages can produce MMP12(Suzuki et al., 2017; Wang et al., 2018). Taken together, we spec-385 ulated whether tumors regulate macrophage MMP12 by secreting IL-6 to affect muscle loss. To uncover 386 the underlying mechanism communication between tumor-derived IL-6 and macrophages, we performed 387 cell experiments in vitro (as described in the Materials). Mouse macrophage RAW264.7 cells co-cultured 388 with mouse colorectal cancer MC38 cells (CT 26 cells) for 72hours to detect macrophage MMP12 by 389 western blotting (Figure 4A) and the results confirmed that RAW264.7 cells exhibited increased MMP12 390 expression as the number of MC38 cells increased, with RAW264.7 cells cultured alone as the negative 391 control group (Figure 4B, C). Similar trends were observed in CT26 cells (Figure 4D, E). We further 392 treated RAW264.7 cells with IL-6 in different methods. RAW264.7 cells were seeded into 6-well plates 393 and treated with increasing doses of IL-6 (0, 2, 5 10,30ng/ mL) for 72h. Next, RAW264.7 cells were 394 treated continuously with IL-6 (30 ng/ml) for 0, 3, 6, and 9hours. Cells incubated with fresh media were 395 used as the untreated negative controls (Figure 4F). We found that within a certain concentration range 396 (<30ng/ml), as the IL-6 dose increased, the expression of MMP 12 in RAW264.7 cells also increased 397 when treated with IL-6 (Figure 4G, H). Next, the expression of MMP12 in RAW264.7 increased as the 398 stimulation time prolonged when the RAW264.7 cells treated with IL-6(30ng/ml) (Figure 4I, J).
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399	Meanwhile, immune gene data proved that IL-6 receptor (IL-6R) is highly expressed on myeloid cells,
400	including F480 ⁺ macrophages (Figure 4K). The previous studies proved that IL-6 can be derived from
401	MC38 and CT26 tumor cells (Li et al., 2018). Taken together, these findings suggest that tumor-derived
402	IL-6 can stimulate macrophages and up-regulate MMP12 in macrophages.
403	3. 5 MMP12 can degrade insulin and insulin-like growth factor-1
404	The present results have proved that tumor-derived IL-6 can up-regulate MMP12 in macrophages.
405	Knockout of MMP12 can reduce muscle loss in Apc ^{Min/+} mice. Recently, it has been demonstrated that
406	insulin and insulin-like growth factor 1(IGF-1) have complex anabolic effects and are important regula-
407	tors of muscle remodeling that can mediate muscle atrophy(Baker Rogers et al., 2020; Dev et al., 2019;
408	Han et al., 2019; Masi and Patel, 2020; Takayama, 2019). Moreover, Jung-Ting Lee proposed that
409	MMP12 expression significantly promoted insulin resistance and that insulin may be regulated by resi-
410	dent macrophages(Lee et al., 2014a). To understand the molecular mechanism underlying muscle loss
411	by macrophage MMP12, we further examined the relationship between MMP12 and insulin (IGF-1)
412	which affects muscle loss. Firstly, after the labeled insulin polypeptide is incubated with serum, the ab-
413	sorbance increases (λ =488nm) (<u>Figure 5A</u>). Because IGF-1 is similar in structure to insulin, further-
414	more, we verified the relationship between fluorescently labeled insulin (IGF-1) and MMP12, and
415	measured its fluorescence intensity and characteristic peak changes (Figure 5B). We found that when
416	the dose of insulin fluorescent peptide is constant, the more MMP12 protein, the stronger the fluores-
417	cence intensity. Similar Tendencies were observed in the IGF-1(Figure 5C). The qualitative results of
418	electrospray ionization mass spectrometry showed that the characteristic peak of insulin fluorescent
419	peptide (m/z = 436.99) disappeared after incubation with MMP12 protein (Figure 5-figure Supplement_

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420 <u>2A</u>). When the IGF-1 polypeptide was incubated with MMP12, its characteristic peak (m/z = 436.68)

- 422 IGF-1. It seems that the degradation of MMP 12 to IGF-1 is stronger than that of insulin.
- 423 **3.6 MMP12 inhibitor can rescue weight loss of Apc**^{Min/+} mice

424	It is reported that insulin and insulin-like growth factor 1 can indeed affect the muscle loss caused by
425	cachexia and exacerbate weight loss(Baker Rogers et al., 2020; Dev et al., 2019; Han et al., 2019; Masi
426	and Patel, 2020; Takayama, 2019). Therefore, we are concerned about whether the inhibition of MMP12
427	that degrades insulin and insulin-like growth factor 1 affects the weight change of cachexia mice. To
428	investigate the effect of inhibiting MMP12 on colorectal cancer Apc ^{Min/+} mice, we combined the MMP12
429	inhibitor (MMP408) and a classic clinical anti-colon cancer drug (5-FU) (Figure 6A). After 2 weeks of
430	administration in Apc ^{Min/+} mice, at 17-week-old, the results showed that the weight loss in the MMP12
431	inhibitor group (+MMP408) only accounted for 5% of the basal body weight and was only one third of
432	that of the control normal saline group (+Control). There was a significant difference between the two
433	groups. In the MMP12 inhibitor and anticancer drug combination group (+MMP408+5-FU), the weight
434	change was decreased by approximately 8% of the basal body weight and was half that of the normal
435	saline group (+Control). Unfortunately, there were no changes in body weight in the anticancer drug
436	combination group (+MMP408+5-FU), when compared with the MMP12 inhibitor group alone (+
437	MMP408) (Figure 6B). In summary, the above experiments proved that specifically inhibiting MMP12
438	at the CAC stage of weight loss in Apc ^{Min/+} mice can reduce weight loss.

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⁴²¹ disappeared (Figure 5-figure Supplement 2B). Taken together, MMP12 can indeed degrade insulin and

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441 4 Discussion

442	Researches on weight loss have received more and more attention in many fields, such as diabetes, ab-
443	normal thyroid metabolism, weight control, etc, among which, muscle loss caused by malnutrition sim-
444	ilar to cancer cachexia (CAC) is more worrying. More than four-fifths of patients with CAC die from
445	extreme loss of body weight and skeletal muscle. Our study suggested that MMP12 plays a new role in
446	controlling weight and muscle loss and inhibiting MMP12 can reverse the body weight reduction with
447	CAC. In details, the major findings of our study are as follows: (1) MMP12 promotes weight loss and
448	accelerates the deterioration of CAC. The loss of weight and muscle induced by CAC was reduced in
449	Apc ^{Min/+} by MMP12 knockout. (2) In vivo, MMP12-positive immunostaining was found in muscle of
450	human and mice. MMP12 was co-labeled with macrophages in the muscle tissue in situ. Importantly,
451	MMP12 positive staining was substantially increased in the muscle and peritoneal macrophages from
452	Apc ^{Min/+} mice compared with those from wild type (WT) mice. (3) Clinically, serum interleukin 6 (IL-
453	6) increased in cancer patients. A similar increasing trend was found in serum and tumor tissues of
454	Apc ^{Min/+} mice compared to those from WT mice. Crucially, IL-6 has been shown to be directly secreted
455	by MC38 tumor cells. (4) In vitro, we proved that tumor cells have a positive relationship with MMP12
456	secreted by macrophages. At the cellular level, we found for the first time that macrophages can be
457	stimulated and regulated by IL-6, and the level of MMP12 in macrophages was up-regulated. (5) Un-
458	derlying mechanism, MMP12 can degrade insulin and insulin-like growth factor 1. In our study, the
459	degradation effect of MMP12 on insulin-like growth factor 1 was proved for the first time, and it was
460	found that the degradation effect of MMP12 was stronger than that of insulin. (6) Inhibiting MMP12
461	prevent weight loss in Apc ^{Min/+} mice at CAC stage. In summary, the present study uncovered a novel

462	mechanism that MMP12 promotes weight and muscle loss. The crosstalk between tumor cells and mac-
463	rophages is that MMP12 is upregulated by tumor cell-derived IL-6 and MMP12 can degrade insulin
464	and insulin-like growth factor 1, affecting glycolipid metabolism, resulting in weight loss (Figure 7).
465	Weight and muscle loss induced by CAC is main cause of death in cancer patients worldwide. The clin-
466	ical definition of CAC by Fearon criteria includes the following characteristics: weight loss $> 5\%$ or
467	weight loss > 2% and a BMI < 20 kg/m ² or sarcopenia(van der Werf et al., 2018). In our study, 15-24-
468	weeks old Apc ^{Min/+} mice with weight loss > 15%, as well as muscle (gastrocnemius and soleus) loss, and
469	certain other symptoms such as anemia, were considered as the characteristics of CAC. Our data exhib-
470	ited that muscle weight and muscle cross-sectional area increased in Apc ^{Min/+} ; MMP12 ^{-/-} mice compared
471	with Apc ^{Min/+} mice, which indicating that knocking out MMP12 may suppress the decrease of skeletal
472	muscle.
473	As a kind of matrix metalloproteinase family, MMP12 is also called macrophage elastase. It was previ-
474	ously reported that MMP12 can decompose various extracellular matrix components and vascular com-
475	ponents, and MMP12 is involved in tumor cell invasion and metastasis. In 2014, Lee Jung-Ting had
476	explored the role of MMP12 in white adipose tissue expansion on high-fat feeding(Jung-Ting et al.,
477	2014), while the function of MMP12 under the lack of nutrition yielded has not been studied. We firstly
478	tried to build a model with tumor-bearing environment lacking nutrition in Apc ^{Min/+} mice hybridized with
479	MMP12 ^{-/-} mice. Unexpectedly, under the condition of tumor-bearing mice, knocking out MMP12 caused
480	a decrease in muscle loss, but not affect white adipose tissue.
481	A mRNA analysis of the data got from The Cancer Genome Atlas (TCGA) for GTEx, Illumina, Bi-
482	oGPS and SAGE of MMP12 gene in normal human tissues (Figure 1-figure Supplement 3C). In our

483	study, we focus on the liver, muscle and fat tissues. We weighed these mice tissues at 24-weeks old,
484	and performed histological evaluation using H&E staining. The liver weight has difference between
485	Apc ^{Min/+} mice and Apc ^{Min/+} ; MMP12 ^{-/-} mice (Figure 1-figure Supplement 4 A), however, H&E staining
486	showed that knocking out MMP12 had no more histology effect on the WT mice and ApcMin/+ mice
487	(Figure 1-figure Supplement 4B). Similarly, knocking out MMP12 in Apc ^{Min/+} mice did not cause
488	changes in white fat, even though knocking out MMP12 in the wild background can indeed cause white
489	fat increase and expansion, which in agreement with Lee Jung-Ting, who showed in 2014 that knock-
490	ing out MMP12 can increase fat expansion when performing high-fat feeding in WT mice(Jung-Ting et
491	al., 2014). Notably, the ratio of brown adipose tissue-to-body weight decreased in ApcMin/+ mice com-
492	pared with Apc ^{Min/+} ; MMP12 ^{-/-} mice (Figure 1-figure Supplement 4C), and the area of brown adipose
493	tissue in MMP12 ^{-/-} mice expansion, and serving the Apc ^{Min/+} mice as the control group, the same ten-
494	dency showed in Apc ^{Min/+} ; MMP12 ^{-/-} mice (Figure 1-figure Supplement 4D), suggesting there may be a
495	tendency to convert to white adipose tissue. However, the reasons have not been extremely explored in
496	the current research. We hypothesized that MMP12 may play an important role in the conversion of
497	brown adipose tissue and white adipose tissue. and it may be associated with a CAC energy consump-
498	tion and even as useful for researcher focusing on weight loss drug. MMP12 is mainly derived from
499	macrophages. In view of the fact that I have found that knocking out MMP12 can increase muscle
500	weight and cross-sectional area, we conducted related experiments on whether MMP12 is expressed on
501	muscles. Studies have shown that MMP12 is existed and co-labeling with macrophages in our study.
502	Notably, MMP12 levels increase in muscle tissues and peritoneal macrophages not in serum.

503	IL-6 is mainly secreted by a variety of immune cells and is also highly expressed in a variety of cancer
504	cells(Mauer et al., 2015). Our in vitro studies proved that MC38 cell lines can secrete IL-6. Our animal
505	experiments in vivo confirmed that the serum IL-6 of Apc ^{Min/+} mice was also higher than that of WT
506	mice at 15 weeks and 24 weeks, which is consistent with the previous study(Baltgalvis et al., 2008). IL-
507	6 mRNA levels in intestinal tumors are increased compared with normal intestinal epithelial tissue,
508	which echoes our data with the increased serum IL-6 in clinical tumor patients(Nikiteas et al., 2005). In
509	short, maybe, the increased IL-6 in the tumor then circulates into the blood. Of course, the cytokines
510	secreted by MC38 cells also include monocyte chemoattractant protein1(MCP1) and keratinocyte-de-
511	rived chemokine (KC) which can recruit macrophages(Barcelos et al., 2004; Engin, 2017; Wang et al.,
512	2011). But unfortunately, our experiments have shown that only increased at mRNA levels of intestinal
513	tumors in Apc ^{Min/+} mice at CAC stage but serum MCP1did not change at the CAC stage in Apc ^{Min/+}
514	mice (Figure 3-figure Supplement 5A, B). There was no difference in serum KC and KC mRNA levels
515	in late tumors in mice (Figure 3-figure Supplement 5C, D). Similarly, clinically, serum KC did not dif-
516	fer between normal healthy individuals and colorectal cancer patients (Figure 3-figure Supplement 5E).
517	In summary, we suspected that there may be a possibility that MCP1 and KC can also cooperate with
518	IL-6 to recruit macrophages, thereby activating alternative macrophages to polarize M2 macrophages,
519	resulting in MMP12 secretion. The above results suggested that in the period of CAC, the key is that
520	IL-6 secreted by tumor cells plays a major role(Baltgalvis et al., 2008). In <u>Table 2</u> .
521	we summarized the research on IL-6 on body weight and muscle loss, which mostly demonstrated that
522	IL-6 may have indirect effect on body weight and muscle. Especially, Kristen A Baltgalvis pointed out
523	knocking out IL-6 can reduce muscle consumption in Apc ^{Min/+} mice(Baltgalvis et al., 2008).

524	The crosstalk between tumors and inflammatory factors is well known(Talbert et al., 2018b; Zhang et
525	al., 2008). We use co-culture experiments in MC38 cell lines and CT26 with RAW264.7 cell lines to
526	demonstrate that macrophage MMP12 increase treatment with IL-6. We speculated that this is caused by
527	the IL-6 secreted by tumor cells, and we firstly proved that IL-6 can directly upregulate macrophage
528	MMP12. However, we did not determine whether the IL-6 produced by macrophages acts on macro-
529	phages themselves. Similarly, we have not explored whether other cytokines secreted by tumors or mac-
530	rophages themselves play a synergistic or indirect role along with IL-6.
531	In present study, we used fluorescence intensity measurement and ionization mass spectrometry meth-
532	ods to prove that insulin and IGF-1 can indeed be degraded by MMP12, but the specific sites and
533	amino acids where insulin and IGF-1 were broken have not been further proved. At the same time, we
534	could not prove to completely rule out whether MMP12 itself generates characteristic peaks from frac-
535	ture (<u>Figure 5-figure Supplement 2A, B</u>).
536	MMP12, as a macrophage matrix metalloproteinase, has been repeatedly reported to degrade insulin
537	and affect insulin sensitivity. We verified MMP12 can degrade insulin or IGF-1 in vitro, which is con-
538	sistent with the previous study(Kettner et al.). As the two key hormones in tumor microenvironment,
539	insulin resistance is correlated with in insufficient insulin, lack of insulin receptor, or decreased insulin
540	sensitivity, which will reduce the uptake of glucose in organs, which suggests that MMP12 is closely
541	related to glycolipid metabolism, leading to the loss of skeletal muscle and adipose tissue(Baker Rogers
542	et al., 2020; Dev et al., 2019; Han et al., 2019; Masi and Patel, 2020; Takayama, 2019). The insulin kits
543	and insulin tolerance test and oral glucose tolerance test results showed that the knocking out MMP12
544	in Apc ^{Min/+} mice may reduce insulin levels or increase insulin sensitivity, reversing insulin resistance

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545	(Figure 5-figure Supplement 6A-H), but is not related to basic function of islets according to H&E
546	staining and IHC staining (Figure 5-figure Supplement 4E-H). We tested four blood lipid levels with
547	the kit, and the results showed that when Apc ^{Min/+} mice were knocked out MMP12, total triglycerides
548	decreased in the early and middle stages, but high density lipoprotein cholesterol increased in all age
549	groups, total cholesterol and low density lipoprotein cholesterol not changed across the 4 groups (Fig-
550	ure 5-figure Supplement 6I-L). So, does IL-6 regulating MMP12 help restore muscle loss caused by
551	cachexia? Clinical inhibiting IL-6 may reduce CAC patients with weight loss. However, long-term
552	treatments with high-dose IL-6 may cause additional side effects, such as exacerbating CAC resulting
553	in more muscle loss(Wada et al., 2017). After all, IL-6 acts on muscles indirectly. Surprisingly,
554	MMP12, as the downstream of IL-6, can significantly suppress weight loss when being specifically in-
555	hibited in mice, although the effect is not more obvious after combined treatment with the classic colo-
556	rectal cancer chemotherapy drug 5-FU. Clinically, suppressing MMP12 may reduce the possibility of
557	insulin degradation, suggesting that our findings may as a method to treat directly glucose deficiency,
558	CAC and complications of CAC. It will not only provide a new direction for reducing the blood glu-
559	cose and blood lipid levels of cancer patients but also bring new research ideas for the clinical treat-
560	ment of diabetes caused by insulin deficiency.
561	In summary, our results identified that knocking out MMP12 in Apc ^{Min/+} mice significantly reduced mus-
562	cle loss caused by CAC. We determined a positive correlation with between tumor-derived IL-6 and
563	macrophage MMP12 in colorectal cancer. MMP12 can degrade insulin and IGF-1, reversing the insulin

resistance in CAC to regulate tumor glycolipid metabolism. Therefore, MMP12 is a double-edged sword

- 565 for tumor microenvironment, but, inhibiting MMP12 may represent a new potential targeting for the
- treatment of clinical patients with weight loss.

567 Authors' Contributions

- 568 Conceptualization: Jiangchao Li, Lijing Wang, Lingbi Jiang
- 569 Methodology: Jiangchao Li, Lijing Wang, Lingbi Jiang,
- 570 Software: Lingbi Jiang
- 571 Validation: Lingbi Jiang, Mingming Yang, Ting Niu
- 572 Formal analysis: Jiangchao Li, Lingbi Jiang
- 573 Investigation: Jiangchao Li, Lingbi Jiang,
- 574 Resources: Zhengyang Li, Lili Wei, Haobin Li, and Ting Niu, Mingzhe Huang, Pinzhu Huang
- 575 Data curation: Lingbi Jiang, Jiangchao Li
- 576 Writing original draft preparation: Lingbi Jiang, Jiangchao Li,
- 577 Writing review & editing: Visualization; Jiangchao Li, Lijing Wang, Yan Mei, Rongxin Zhang, Dehuan
- 578 Xie, Yan Mei
- 579 Supervision; Jiangchao Li, Lijing Wang,
- 580 Project administration; Lingbi Jiang and Shihui He, Zhengyang Li, Xiaodong He
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- 584 collection and interpretation, and now it is decided to submit the work for publication.
- 585

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- 590 experiments.

591 Ethics Statement for Human Subjects Research or Animal Experimentation

- All mouse experimental protocols were approved by the animal experimental ethics committee of Guang-
- dong Pharmaceutical University. The animal ethics approval number was gdpulac2019019. All tests were
- 594 carried out with the approval of the Guangdong Medical Laboratory Animal Center, Guangzhou, China.
- All experiments for clinical patients in this study were obtained by the approval of the Guangzhou Human
- 596 Research Ethics Committee, Provincial First Affiliated Hospital of Guangdong Pharmaceutical Univer-
- 597 sity, China. The clinical ethics approval number was EC-AF-019.
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Figure legends



841 Figure 1. Knockout of MMP12 in Apc^{Min/+} mice prevents weight and muscle loss

- $(A-C) Plots of the body weight of wild-type (WT), Apc^{Min/+}, Apc^{Min/+}; MMP12^{-/-} and MMP12^{-/-} mice from$
- 843 5 to 24 weeks (***P<0.001; **P<0.01; *P<0.05; data are shown as the means ± SD; n = 6 per group).
- (D) The ratio of white adipose tissue to body weight (***P<0.001; **P<0.01, n=5). (E) The ratio of
- skeletal muscle to body weight (*P < 0.05, n=5). (F) Hematoxylin and eosin staining of white adipose
- tissue in WT, Apc^{Min/+}, Apc^{Min/+}; MMP12^{-/-} and MMP12^{-/-} mice at 24 weeks of age. Scale bars, 5 μ m. (G)
- Evaluation of the white adipose tissue across 4 groups by ImageJ software(40X) (***P<0.001; **P<
- 848 0.01, data are shown as the means \pm SD; n = 5 mice each group). (H) Hematoxylin and eosin staining of
- 849 muscle in Apc^{Min/+}, Apc^{Min/+}; MMP12^{-/-} at 24 weeks of age. Scale bars, 5µm. (I) Evaluation of the cross-
- 850 sectional area of the gastrocnemius from Apc^{Min/+} mice and Apc^{Min/+}; MMP12^{-/-}mice by ImageJ software
- 851 (40X) (*P < 0.05; data are shown as the means \pm SD; n = 3 mice each group).



856 Figure 2. MMP12 was upregulated in muscle tissues and macrophages of Apc^{Min/+} mice

857 (A) Immunostaining of MMP12-positive in muscle of clinical individuals and WT mice. Scale bar, 2µm. 858 (B) Immunostaining of MMP12-positive in muscle tissue of WT mice. Scale bar, 2µm (C) Immunostain-859 ing of MMP12-positive in muscle (gastrocnemius) from WT mice and Apc^{Min/+} mice at 24 weeks of age. 860 Scale bar, 5µm. (D) Quantification of MM12-positive in gastrocnemius tissues was performed by ImageJ 861 software (40X) (*P < 0.05, data are shown as the means \pm SD; n = 4 per group). (E) Representative 862 images of double immunofluorescent staining of macrophages (F4/80 in green) and MMP12 (in red) in 863 WT mice are shown. The yellow areas in the merged images indicate overlapping localization of the red 864 and green signals, indicated by the white arrows. Scale bars, 2µm. (F) Quantification of MMP12 mRNA expression level in peritoneal macrophages isolated from WT mice and Apc^{Min/+} mice by qPCR (*P< 865 866 0.05; data are shown as the means \pm SD; n = 3 per group). (G) The serum MMP12 levels detected in WT 867 and Apc^{Min/+} mice at 9-,15-, and 24 weeks by enzyme-linked immunosorbent assay (P > 0.05; data are 868 shown as the means \pm SD; n = 6 per group).



869

870 Figure 3. Tumor cells can secrete interleukin 6

871 (A)Serum interleukin 6 (IL-6) levels in normal individuals and patients with colorectal cancer aged 30-872 50 years detected by enzyme-linked immunosorbent assay (***P<0.001; data are shown as the means ± 873 SD; n = 26 per group). (B) The IL-6 levels in serum in WT mice and Apc^{Min/+} mice were detected at 9-, 874 15-, and 24 weeks old by enzyme-linked immunosorbent assay (*P < 0.05; data are shown as the means 875 \pm SD; n = 5 per group). (C) IL-6 mRNA expression was validated in normal intestinal epithelium isolated from Apc^{Min/+}mice versus that in intestinal tumors isolated from WT mice by qPCR (*P < 0.05; data are 876 877 shown as the means \pm SD; n =4 per group). (D) Cytokine array detects inflammatory cytokines in fresh 878 untreated medium (-MC38 cells) and cultured MC-38 cells (+MC38 cells); arrows indicate the signifi-879 cantly increased cytokines. (E) The relative quantification of the significantly upregulated cytokine to 880 positive quality control density ratio by ImageJ software. The positive quality control density was deter-881 mined for normalization purposes (**P < 0.01, *P < 0.05; data are shown as the means \pm SD). 43



886 Figure 4. Tumor-derived IL-6 can upregulate MMP12 in macrophages.

887	(A)Schematic diagram of tumor cells (MC38/CT26 cell lines) coculture with macrophage cells
888	(RAW264.7 cell lines). All quantifications use image J software grayscale statistics. (B, C) Representa-
889	tive western blots showing the secreted MMP12 protein levels from RAW264.7 cell lines $(1-2\times10^5)$ cul-
890	tured alone or cocultured with MC38 cell lines (control, $1x10^4$, $3x10^4$, $5x10^4$). β -Actin was used as the
891	internal control for normalization purposes. (D, E) Representative western blots showing the secreted
892	MMP12 protein levels from RAW264.7 cell lines $(1-2\times10^5)$ cultured alone or cocultured with CT26 cell
893	lines (control, $1x10^4$, $3x10^4$, $5x10^4$). GAPDH was used as the internal control for normalization purposes.
894	(F) Schematic diagram of IL-6 treated macrophages. RAW264.7 cells incubated with fresh media were
895	served as untreated negative controls. Using western bloting to detect MMP12 in RAW 264.7 cells and
896	GAPDH was used as the internal control. (G, H) RAW264.7 cells (1-2×10 ⁵) were seeded into 6-well
897	plates and treated with increasing doses of IL-6 (0, 2, 5 10,30ng/ mL) for 72hours. (I, J) RAW264.7 cells
898	(1-2×10 ⁵) were treated continuously with IL-6 (30 ng/ml) for 0, 3, 6, and 9hours. (K) Immune gene data
899	proved that IL-6 receptor is expressed on myeloid cells and the red box represents F480 ⁺ macrophages.
900	The colored bars refer to the expression level of IL-6 receptors on macrophages. Red represents high
901	expression of IL-6 receptors, and green represents low expression of IL-6 receptors.



906 Figure 5. MMP12 can degrade insulin and insulin-like growth factor-1

- 907 (A) Representative picture of the peak shift after the insulin polypeptide interacts with serum. (A) The 908 synthetic insulin (or insulin-like growth factor-1) peptide was labeled with FAM and DABCLY as shown; 909 if the insulin (or insulin-like growth factor-1) peptide was degraded, the FAM signal was detected. This 910 is based on fluorescence resonance energy transfer (FRET); Detection of characteristic peaks of insulin 911 alone and the mixture of insulin (or insulin-like growth factor-1) and MMP12 by ionization mass spec-912 trometry. (C)The coexistence of MMP12 and insulin (or insulin-like growth factor-1) peptide led to a 913 fluorescence signal and appeared dose-dependent (***P<0.001, **P<0.01; data are shown as the means 914
 - ± SD).





915

Figure 6. Inhibiting MMP12 in Apc^{Min/+} mice reduces weight loss 916

917 (A)Schematic diagram of the administration process of 17-week Apc^{Min/+} mice. The drug was given every 918 two days (MMP408-5mg/kg, 5-FU-30mg/kg). The saline group was used as a control. (B) Percentage of weight gain compared to the basal weight after administration of drugs in Apc^{Min/+} mice (**P< 0.01, data 919

920 are shown as the means
$$\pm$$
 SD; n = 5 per group).



934 Supplementary data





935

936 **Figure S1** Mouse crossbreeding and genotype identification.

- 937 A. Schematic of the crossbreeding of Apc^{Min/+} mice with MMP12^{-/-} mice to obtain Apc^{Min/+};
- 938 MMP12^{-/-} mice. B. The APC gene mutant PCR product size was 340 bp, and the PCR product size of
- 939 wild-type (WT) mice was 600 bp. The MMP12 knockout (mutation) PCR product size was 460 bp, and
- 940 the WT (WT) PCR product size was 350 bp. In detail, Apc^{Min/+}:1#, 4#, 5#, 9#; MMP12^{-/-}:1#, 2#, 3#, 4#,
- 941 5#, 6#, 10#, 11#; Apc^{Min/+}; MMP12^{-/-}:1#, 4#, 5#.

942



Figure S3





С



953 Figure S3 Knockout of MMP12 does not affect the food intake of Apc^{Min/+} mice and

- 954 MMP12 is expressed in bone marrow, muscle, liver and adipose tissue.
- 955 (A)There was no difference in food intake between Apc^{Min/+} mice and Apc^{Min/+}; $MMP12^{-/-}$ mice. The
- 956 weight of food consumed after fasting for 8 h was measured every day starting on 17-week. Each group
- 957 of mice had three cages, and each cage had 5 mice. (B) Immunostaining of MMP12-positive in muscle
- 958 (gastrocnemius) from the clinical individual. Scale bar, 50µm. (C) A mRNA analysis of the data got
- 959 from The Cancer Genome Atlas (TCGA) for GTEx, Illumina, BioGPS and SAGE of MMP12 gene in
- 960 normal human tissues.



964 **Figure S4** The effect of knocking out MMP12 in Apc^{Min/+} mice on liver, brown adi-

965 **pose tissue and pancreatic islets.**

- 966 (A)The liver-to-body weight ratio. (B) Hematoxylin and eosin staining (H&E) of the liver at 24 weeks.
- 967 Scale bar, $20\mu m$ (*P < 0.05 data are shown as means \pm SD; n = 6 per group). (C)Brown adipose tissue-
- 968 to-body weight ratio was higher in Apc^{Min/+}; MMP12^{-/-} mice than in Apc^{Min/+}mice (*P < 0.05 data are
- shown as means \pm SD; n = 6 per group). (D) The results of H&E indicate that white fat increased
- 970 in brown fat in MMP12 knockout mice. Scale bar, 10µm. (E) The pancreas-to-body weight ratio
- 971 (*P < 0.05 data are shown as means \pm SD; n = 6 per group). (F) The number of islets between WT and
- 972 MMP12^{-/-} mice (P > 0.05; data are shown as the means \pm SD; n = 6 per group). (G) The staining results
- 973 of H&E for pancreas WT and MMP12^{-/-} mice at 24 weeks. Scale bar,20µm. (H)Immunostaining of

974 insulin-positive in WT mice and in MMP12^{-/-} pancreases at 24 weeks of age. Scale bar, 20µm.



Figure S5

975

976 Figure S5 Serum monocyte chemoattractant protein 1 (MCP1) and keratinocyte-de977 rived chemokine(KC) did not change of Apc^{Min/+} mice in cancer cachexia at 24 weeks of
978 age.

979 (A, C) The mRNA expression of MCP1 and KC was validated in normal intestinal epithelium isolated

980 from WT mice versus that in intestinal tumors isolated from Apc^{Min/+}mice by quantitative PCR

981 (***P<0.001 data are shown as means ± SD; n = 4 per group). (B, D) Serum MCP1 and KC in

982 Apc^{Min/+} mice versus WT mice at 9, 15 and 24 weeks (**P< 0.01, *P < 0.05 data are shown as means ±

- 983 SD; n = 6 per group). (E) Serum KC in normal healthy individuals and colorectal cancer patients by
- 984 enzyme-linked immunosorbent assay (P > 0.05; data are shown as the means \pm SD; n = 6 per group).



57

988 Figure S6 Knockout MMP12 affects glycolipid metabolism in Apc^{Min/+} mice.

- 989 (A)Fasting plasma glucose levels at 9, 15 and 24 weeks of age in WT mice, MMP12^{-/-} mice, Apc^{Min/+}
- 990 mice and Apc^{Min/+}; MMP12^{-/-} mice (***P<0.001, *P<0.05; data are shown as the means ± SD; n = 4
- 991 per group). (B) Enzyme-linked immunosorbent assay was used to detect fasting serum insulin levels in
- 992 Apc^{Min/+} and Apc^{Min/+}; MMP12^{-/-} mice at approximately 9, 15 and 24 weeks of age (***P<0.001; *P<
- 0.05; data are shown as the means \pm SD; n = 4 per group). (C) Oral Glucose Tolerance Test (OGTT):
- WT, MMP12^{-/-} mice were fasted for 4 h and then administered glucose (75 IU/kg), (*P < 0.05; data are
- shown as the means \pm SD; n = 6 per group). (D) Area under the curves for the OGTT-AUG, which was
- increased in MMP12^{-/-} mice compared with that in WT mice (*P < 0.05 data are shown as means \pm SD;
- 997 n = 6 per group). (E) OGTT: Apc^{Min/+} and Apc^{Min/+}; MMP12^{-/-} mice were fasted for 4 h and then admin-
- 998 istered glucose (75 IU/kg), (**P< 0.01, *P < 0.05 data are shown as means ± SD; n = 6 per group). (F)
- Areas under the curves for the OGTT-AUG, which was significantly increased in Apc^{Min/+}; MMP12^{-/-}
- 1000 mice compared with that in Apc^{Min/+}mice (**P < 0.01, data are shown as means \pm SD; n = 6 per group)
- 1001 (G) Insulin tolerance test (ITT): mice were fasted for 4 hours; Apc^{Min/+} and Apc^{Min/+}; MMP12^{-/-}mice
- 1002 then received an ip injection of insulin (**P< 0.01, data are shown as means ± SD; n = 6 per group).
- 1003 (H) Areas under the curves for the ITT-AUG, which was significantly decreased in Apc^{Min/+}; MMP12^{-/-}
- 1004 mice compared with that in Apc^{Min/+}mice (*P < 0.05 data are shown as means \pm SD; n = 6 per group).
- 1005 (I-L) Quantitative determination of serum total cholesterol (TC), total triglyceride (TG), low density
- 1006 lipoprotein-cholesterol (LDL-C), high density lipoprotein-cholesterol (HDL-C) in WT mice, MMP12^{-/-}
- 1007 mice, Apc^{Min/+} mice and Apc^{Min/+}; MMP12^{-/-} mice by kits at 9, 15 and 24 weeks of age (***P<0.001,

1008 **P < 0.01, *P < 0.05 data are shown as means \pm SD; n = 7 per group).

Figure S7

Cyt	okine Assay				
	BLC (CXCL13)	CD30 Ligand (TNFSF8)	Eotaxin-1 (CCL11)	Eotaxin-2 (MPIF-2/CCL24)	Fas Ligand (TNFSF6)
	Fractalkine (CX3CL1)	GCSF	GM-CSF	IFN-gamma	IL-1 alpha (IL-1 F1)
	IL-1 beta (IL-1 F2)	IL-2	IL-3	IL-4	IL-6
	IL-9	IL-10	IL-12 p40/p70	IL-12 p70	IL-13
	IL-17A	I-TAC (CXCL11)	KC (CXCL1)	Leptin	LIX
	Lymphotactin (XCL1)	MCP-1 (CCL2)	M-CSF	MIG (CXCL9)	MIP-1 alpha (CCL3)
	MIP-1 gamma	RANTES (CCL5)	SDF-1 alpha (CXCL12 alpha)	I-309 (TCA-3/CCL1)	TECK (CCL25)
	TIMP-1	TIMP-2	TNF alpha	TNF RI (TNFRSF1A)	TNF RII (TNFRSF1B)

1010 Figure S7 Specific detection factors in the protein chip. Protein chip contains 40 kinds of

1011 cytokine detection indicators.

59

1019 <u>Table1</u>: Quantitative PCR primers.

S <u>Table1</u> List of quantitative PCR primers			
Gene Name	Accession Number	Forward (5'-3')	Reverse (5'-3')
m-MMP12	nm_001320076.1	GAGTCCAGCCACCAACATTAC	GCGAAGTGGGTCAAAGAC
m-GAPDH	nm.001289726.1	CGTCCCGTAGACAAAATGGT	TCAATGAAGGGGTCGTTGAT
m-IL6	nm.31168	TAGTCCTTCCTACCCCAATTTCC	TTGGTCCTTAGCCACTCCTTC
m-MCP1(CCL2)	nm.11333	TTAAAAACCTGGATCGGAACCAA	GCATTAGCTTCAGATTTACGGGT
m-KC(CXCL1/IL8)	nm.008176	CTGGGATTCACCTCAAGAACATC	CAGGGTCAAGGCAAGCCTC
Note: m, mouse.			

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Table 2 The effect of IL-6 on body weight

S <u>Table 2</u>			
Various studies on IL-6	Highlights of Impact on Body Weight (fat or muscle)	PMID	
	Circulating IL-6 levels were increased and the animals rapidly lost both		
	weight and body fat (often when mice bear tumors); Chronically elevated		
Overexpression IL-6	IL-6 levels lead to hyperinsulinemia, reduced body weight, impaired insu-	<u>18437347;</u>	
	lin-stimulated glucose uptake by the skeletal muscles. Systemic IL-6 over-		
	expression in tumor-bearing Apc ^{Min/+} mice accelerated cachexia develop-	<u>29641213</u>	
	ment, which coincided with suppressed basal and eccentric contraction-in-		
	duced muscle protein synthesis.		
	Mice body weight increase to resistant cancer cachexia. Therapeutic ef-	<u>31002945;</u>	
IL-6 Inhibited (Inhibit the	fects of IL-6R blockade on promoting muscle regeneration. IL-6R block-	<u>11786910</u>	
STAT5/JAK/IL-0K)	ade has therapeutic effects on the dystrophic skeletal muscle.		
Cytokine IL-6 Treatment	Centrally acting IL-6 exerts anti-obesity effects in rodents.	<u>11786910</u> ;	
IL-6 Neutralizing antibody Treatment	IL-6 may indirectly cause muscle wasting.	<u>20871233</u>	
	Centrally acting IL-6 exerts anti-obesity effects in rodents; Apc (Min/+)/IL-		
IL-6 KO under	6(-/-) mice did not lose gastrocnemius muscle mass or epididymal fat pad	<u>11786910</u>	
	mass while overall polyp number decreased compared with Apc $(^{Min/+})$		
tumor-bearing	mice.	<u>18056981</u>	

	Administration of an IL-6 receptor antibody to cachectic male Apc ^{Min/+} mice	<u>25555992;</u>
IL-6 overexpression	can attenuate further cachexia progression to increase body weight. IL-6	<u>22769563;</u>
under tumor-bearing	over-expression in pre-cachectic mice accelerated body weight loss and	18056981
	muscle wasting. IL-6 overexpression did not induce cachexia in non-tumor-	18050781
	bearing mice.	
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Table 3: Abbreviations

Abbreviations	Full name
MMP12	Matrix Metalloproteinases 12
CRC	Colorectal Cancer
CAC	Cancer Cachexia
Apc ^{Min/+} ; MMP12 ⁻	Apc ^{Min/+} ; MMP12 ^{-/-} mice
WAT	White Adipose Tissue
BAT	Brown Adipose Tissue
HRP	Horseradish Peroxides
H&E	Hematoxylin & Eosin
qPCR	Quantitative Polymerase Chain Reaction
IHC	Immunohistochemistry
IF	Immunofluorescence
PBS	Phosphate Buffered Saline
MCP1(CCL2)	Monocyte Chemoattractant Protein 1
KC(CXCL1)	Keratinocyte-derived Chemokine
RANTES	Regulated upon Activation, Normal T Cell Expressed and Presumably Secreted
IL-6	Interleukin 6
IGF-1	Insulin-like Growth Factor 1





Apc^{Min/+}

ApcMin/+; MMP12-/-







WT



* 0.9 MMP12 postive staining 0.8 0.7 0.6 0.5 0.4 Apc^{Min/+} ŴТ

D



Apc^{Min/+}

Merged

















А









В

Tumor-derived IL-6 to MMP12 in Muscle macrophage Metastasis





А







Apc^{Min/+;} MMP12^{-/-}



В



MMP12-/-M 1# 2# 3# 4# 5# 6# 7# 8# 9# 10# 11# 100 200 400 500 700 900 1500

-350bp -460bp

Figure S2









С


Figure S4





Apc^{Min/+}



WWW 12

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0.0

10µm

ApcMin/+: MMP12-/-

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0.

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MMP12-







ns

Apc^{Min/+}

Figure S5

Figure S6



Weeks

Weeks

Figure S7

Cytokine Assay

BLC (CXCL13)	CD30 Ligand (TNFSF8)	Eotaxin-1 (CCL11)	Eotaxin-2 (MPIF-2/CCL24)	Fas Ligand (TNFSF6)
Fractalkine (CX3CL1)	GCSF	GM-CSF	IFN-gamma	IL-1 alpha (IL-1 F1)
IL-1 beta (IL-1 F2)	IL-2	IL-3	IL-4	IL-6
IL-9	IL-10	IL-12 p40/p70	IL-12 p70	IL-13
IL-17A	I-TAC (CXCL11)	KC (CXCL1)	Leptin	LIX
Lymphotactin (XCL1)	MCP-1 (CCL2)	M-CSF	MIG (CXCL9)	MIP-1 alpha (CCL3)
MIP-1 gamma	RANTES (CCL5)	SDF-1 alpha (CXCL12 alpha)	I-309 (TCA-3/CCL1)	TECK (CCL25)
TIMP-1	TIMP-2	TNF alpha	TNF RI (TNFRSF1A)	TNF RII (TNFRSF1B)