

1 **Increased theta/alpha synchrony in the habenula-prefrontal network with negative**
2 **emotional stimuli in human patients**

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21

22 **Abstract**

23 Lateral habenula is believed to encode negative motivational stimuli and plays key roles in the
24 pathophysiology of psychiatric disorders. However, how habenula activities are modulated
25 during the perception and processing of emotional information is still poorly understood. We
26 recorded local field potentials from bilateral habenula areas with simultaneous cortical
27 magnetoencephalography in nine patients with psychiatric disorders during an emotional
28 picture viewing task. Oscillatory activity in the theta/alpha band (5-10 Hz) within the
29 habenula and prefrontal cortical regions, as well as the coupling between these structures, are
30 increased during the perception and processing of negative emotional stimuli compared to
31 positive emotional stimuli. The evoked increase in theta/alpha band synchronization in the
32 frontal cortex-habenula network correlated with the emotional valence not the arousal score of
33 the stimuli. These results provide direct evidence for increased theta/alpha synchrony within
34 the habenula area and prefrontal cortex-habenula network in the perception of negative
35 emotion in human participants.

36

37 **Keywords:** habenula, prefrontal cortex-habenula network, emotional stimuli, theta / alpha
38 oscillations, deep brain stimulation

39

40 **Introduction**

41 The habenula is an epithalamic structure that functionally links the forebrain with the
42 midbrain structures that are involved in the release of dopamine (i.e., the substantia nigra pars
43 compacta and the ventral tegmental area) and serotonin (i.e., raphe nucleus) (Wang and
44 Aghajanian, 1977; Herkenham and Nauta, 1979; Hikosaka *et al.*, 2008; Hong *et al.*, 2011;
45 Proulx *et al.*, 2014; Hu *et al.*, 2020). As a region that could influence both the dopaminergic
46 and serotonergic systems, the habenula is thought to play a key role in not only sleep and
47 wakefulness but also in regulating various emotional and cognitive functions. Animal studies
48 showed that activities in lateral habenula increased during the processing of aversive
49 stimulus events such as omission of predicted rewards and stimuli provoking anxiety, stress,
50 pain, and fear (Matsumoto and Hikosaka, 2007; Hikosaka, 2010; Yamaguchi *et al.*, 2013; Hu
51 *et al.*, 2020).

52 Hyperexcitability and dysfunction of the lateral habenula (LHb) have been implicated in the
53 development of psychiatric disorders including depressive disorder and bipolar disorders
54 (Fakhoury, 2017; Yang *et al.*, 2018b). In rodents, LHb firing rate and metabolism is elevated
55 in parallel with depressive-like phenotypes such as reduction in locomotor and rearing
56 behaviors (Caldecott-Hazard *et al.*, 1988), and also increases during acquisition and recall of
57 conditioned fear (Gonzalez-Pardo *et al.*, 2012). High-resolution magnetic resonance imaging
58 in patients has also revealed smaller habenula volume in patients with depressive and bipolar
59 disorders (Savitz *et al.*, 2011). Other evidence suggests that dysfunction of the LHb is
60 involved in different cognitive disorders, such as schizophrenia (Shepard *et al.*, 2006) and

61 addiction (Velasquez *et al.*, 2014). More direct evidence of the involvement of the LHb in
62 psychiatric disorders in humans comes from deep brain stimulation (DBS) of the LHb that has
63 potential therapeutic effects in treatment-resistant depression, bipolar disorder, and
64 schizophrenia (Sartorius *et al.*, 2010; Zhang *et al.*, 2019; Wang *et al.*, 2020). However, how
65 habenula activities are modulated during the processing of emotional information in humans
66 is still poorly understood.

67 The processing of emotional information is crucial for an individual's mental health and has a
68 substantial influence on social interactions and different cognitive processes. Dysfunction and
69 dysregulation of emotion-related brain circuits may precipitate mood disorders (Phillips *et al.*,
70 2003b). Investigating the neural activities in response to emotional stimuli in the cortical-
71 habenula network is crucial to our understanding of emotional information processing in the
72 brain. This might also shed light on how to modulate habenula in the treatment of psychiatric
73 disorders. In this study, we utilize the unique opportunity offered by DBS surgery targeting
74 habenula as a potential treatment for psychiatric disorders. We measured local field potentials
75 (LFPs) from the habenula area using the electrodes implanted for DBS in patients during a
76 passive emotional picture viewing task (Fig. 1; Materials and Methods). Whole brain
77 magnetoencephalography (MEG) was simultaneously recorded. This allowed us to investigate
78 changes in the habenula neural activity and its functional connectivity with cortical areas
79 induced by the stimuli of different emotional valence. The high temporal resolution of the
80 LFP and MEG measurements also allowed us to evaluate how local activities and cross-region
81 connectivity change over time in the processing of emotional stimuli. Previous studies on
82 rodent models of depression showed that, during the depression-like state in rodents, LHb

83 neuron firing increased with the mean firing rate at the theta band (Li *et al.*, 2011) and LHb
84 neurons fire in bursts and phase locked to local theta band field potentials (Yang *et al.*,
85 2018a). Therefore, we hypothesize that theta band activity in the habenula LFPs in humans
86 would increase in response to negative emotional stimuli.

87

88 **Results**

89 **Spontaneous oscillatory activity in the habenula during rest includes theta/alpha** 90 **activity**

91 Electrode trajectories and contact positions of all recorded patients in this study were
92 reconstructed using the Lead-DBS toolbox (Horn and Kuhn, 2015) and shown in Fig. 2A. The
93 peak frequency of the oscillatory activities during rest for each electrode identified using the
94 Fitting Oscillations and One-Over-F (FOOOF) algorithm (Haller *et al.*, 2018; Donoghue *et*
95 *al.*, 2020) is presented in Table 1. We detected the power of oscillatory activities peaking in
96 the theta/alpha frequency range (here defined as 5-10 Hz) in 13 out of the 18 recorded
97 habenula during rest, compared to 7 of the 18 recorded habenula with peaks in beta band (12-
98 30 Hz). The average peak frequency was 8.2 ± 1.1 Hz for theta/alpha, and 15.1 ± 1.8 Hz for
99 beta band (Fig. 2B). Three out of the 18 recorded habenula showed oscillatory activities in
100 both theta/alpha and beta bands. Fig. 2D-F shows the position of the electrodes with only
101 theta/alpha band peaks, with only beta peaks in both sides (Case 3), with both theta/alpha and
102 beta band peaks during rest (Case 6), respectively. The electrodes from which only alpha/theta
103 peaks were detected are well placed in the habenula area.

104

105 **Habenular theta/alpha activity is differentially modulated by stimuli with positive**
106 **and negative emotional valence**

107 The power spectra normalized to the baseline activity (-2000 to -200 ms) showed a significant
108 event-related synchronization (ERS) in the habenula spanning across 2-30 Hz from 50 to 800
109 ms after the presentation of all stimuli ($p_{\text{cluster}} < 0.05$, Fig. 3A-C). Permutation tests was
110 applied to the power-spectra in response to the negative and positive emotional pictures from
111 all subjects. This identified two clusters with significant difference for the two emotional
112 valence conditions: one in the theta/alpha range (5-10 Hz) at short latency (from 100 to 500
113 ms, Fig. 3D and 3E) after stimulus presentation and another in the theta range (4-7 Hz) at a
114 longer latency (from 2700 to 3300 ms, Fig. 3D and 3F), with higher increase in the identified
115 frequency bands with negative stimuli compared to positive stimuli in both clusters. The
116 power of the activity at the identified frequency band for the neutral condition sits between
117 the values for the negative condition and positive condition in both identified time windows
118 (Fig. 3G-H).

119

120 **Theta/Alpha oscillations in the prefrontal cortex are also differentially modulated**
121 **by stimuli with positive and negative emotional valence**

122 For cortical activities measured using MEG, we first computed the time-frequency power
123 spectra normalized to the baseline activity (-2000 to -200 ms) averaged across all MEG
124 frontal sensors highlighted in the Fig. 4A for different stimulus emotional valence conditions

125 for each recorded participant. The average power spectra across all participants for different
126 valence conditions are shown in Fig. 4B. Permutation test applied to the power-spectra in
127 response to the negative and positive emotional pictures from all subjects identified clusters
128 with significant differences ($p_{\text{cluster}} < 0.05$) in the theta/alpha range at short latency (from 100
129 to 500 ms after stimulus onset) (Fig. 4C). Subsequent analysis of power changes over the
130 identified frequency band (5-10 Hz) and time window (100-500 ms) confirmed significantly
131 increased activity with negative stimuli in frontal sensors only (Fig. 4D).

132 Next, we used a frequency domain beamforming approach to identify the source of the
133 difference in theta/alpha reactivity within the 100-500 ms time window at the corrected
134 significance threshold of $p < 0.05$. We found two main significant source peaks with one in
135 the right prefrontal cortex (corresponding to Brodmann area 10, MNI coordinate [16, 56, 0]; t-
136 value = 4.14, $p = 0.046$, corrected) and the other in the left prefrontal cortex (corresponding
137 to Brodmann area 9, MNI coordinate [-32, 38, 28]; t-value = 3.21, $p = 0.046$, corrected) (Fig.
138 5). No voxels within identified areas in Figure 5 showed any significant difference in the pre-
139 cue baseline period, suggesting that the observed difference in the theta/alpha power reactivity
140 was not due to difference in the baseline power between the two emotional valence
141 conditions.

142

143 **Cortical-habenular coherence is also differentially modulated by stimuli with**
144 **positive and negative emotional valence**

145 In addition, we asked how the coupling between habenula and cortex in the theta/alpha

146 activity are modulated over time in the task and how the coupling changes with the valence of
147 the presented stimuli. The time-varying coherence between each MEG sensor and the
148 habenula LFP was first calculated for each individual trial, and then averaged across all MEG
149 sensors and across trials in each emotional valence condition for each habenula. Comparing
150 the time-varying cortical-habenula coherence for the negative and positive emotional valence
151 conditions across all recorded habenula showed increased coherence with negative stimulus in
152 the theta/alpha band (5-10 Hz) in the time window of 800-1300 ms ($N = 16$, Fig. 6A).
153 Subsequent statistical analysis of the coherence changes in this frequency band and selected
154 time window (800-1300 ms) across the scalp revealed significant increased coherence with
155 negative stimuli over right frontal and temporal areas (Fig. 6B). Linear mixed-effect
156 modelling confirmed significant effect of the increase in the theta/alpha band prefrontal cortex
157 (PFC)-habenular coherence (relative to the pre-stimulus baseline) during this time window
158 (800-1300 ms) on the theta activity increase in the habenula at the later time window (2700-
159 3300 ms after stimuli onset) ($k = 0.2434 \pm 0.1031$, $p = 0.0226$, $R^2 = 0.104$; Fig. 6C).
160 Source localization of the theta/alpha habenula-cortical coherence difference for negative and
161 positive stimuli revealed that theta/alpha coherence was higher with negative stimuli in right
162 frontal regions, indicated in Fig. 6D. The location of the peak t-statistic (t-value = 5.73, $p =$
163 0.001, uncorrected) corresponds to MNI coordinate [10, 64, 12] and the region encompasses
164 right medial prefrontal cortex.

165

166 **Increased theta/alpha synchrony in the PFC-habenula network correlated with**

167 **emotional valence, not arousal**

168 It should be noted that there was co-variation between emotional valence and arousal in the
169 stimuli presented (Fig. 1B), and previous studies have shown that some neural activity
170 changes in response to the viewing of affective pictures can be mediated by the effect of
171 stimulus arousal (Huebl *et al.*, 2014; Huebl *et al.*, 2016). Therefore, we used linear mixed-
172 effect modelling to assess whether the increased theta/alpha oscillations we observed in the
173 habenula, the prefrontal cortex (PFC) and in the PFC-habenula coherence in response to the
174 viewing of negative compared to positive emotional pictures should be attributed to the
175 emotional valence or the stimulus arousal. The models identified significant fixed effects of
176 valence on all the reported changes in the PFC-habenula network, but there was no effect of
177 arousal (Table 2 for the modelling and results). The negative effects of valence indicate that
178 the lower the emotional valence score (more negative) of the presented stimuli, the higher the
179 theta/alpha increase within the habenula, the PFC and in the PFC-habenula theta band
180 coherence.

181

182 **Discussion**

183 This study has showed that oscillatory activities in the theta/alpha frequency band within the
184 habenula and prefrontal cortical regions, as well as the connectivity between these structures
185 in the same frequency band, are modulated in an emotional picture viewing task in human
186 participants. Compared with positive emotional stimuli, negative emotional stimuli were
187 associated with higher increase in theta/alpha oscillation in both habenula and bilateral frontal

188 cortex with a short latency (from 100 to 500 ms) after stimulus onset. Furthermore, higher
189 theta/alpha coherence between habenula and right prefrontal cortex was observed at 800 –
190 1300 ms after the stimulus onset, which was correlated with another increase in theta power in
191 the habenula with a long latency (from 2700 to 3300 ms) after stimulus onset. These changes
192 correlated with the emotional valence but not with the stimulus arousal of the presented
193 figures. These activity changes at different time windows may reflect the different
194 neuropsychological processes underlying emotion perception including identification and
195 appraisal of emotional material, production of affective states, and autonomic response
196 regulation (Phillips *et al.*, 2003a). This is the first study, to our knowledge, implicating
197 increased theta band activities in the habenula-PFC network in negative emotions in human
198 patients.

199

200 **Habenula theta/alpha oscillations in negative emotional processing and major** 201 **depression**

202 The lateral habenula (LHb) has shown consistent hyperactivity in multiple animal models of
203 depression-like phenotypes (Hu *et al.*, 2020). Increased LHb activities have been observed
204 during omission of a predicted reward, depressive-like phenotype, fear or stress (Matsumoto
205 and Hikosaka, 2009; Bromberg-Martin and Hikosaka, 2011; Wang *et al.*, 2017). Furthermore,
206 manipulations enhancing or suppressing LHb activity in rodents lead to depressive-like or
207 antidepressant effects, respectively (Li *et al.*, 2013; Lecca *et al.*, 2016; Cui *et al.*, 2018; Yang
208 *et al.*, 2018a). Increased activation of the lateral habenula inhibits dopamine neurons (Ji and

209 Shepard, 2007; Hikosaka, 2010) and allows avoidance of threatening or unpleasant
210 confrontations (Shumake *et al.*, 2010; Friedman *et al.*, 2011). In accordance with findings in
211 animal models, several studies have provided evidence for habenula hyperactivity in human
212 subjects with depressive disorders (Morris *et al.*, 1999; Lawson *et al.*, 2017).

213 To our knowledge, this is the first study showing increased oscillatory activity in the habenula
214 in the theta/alpha frequency band with perception of negative emotion in human participants.
215 This is consistent with previous findings that LHb neurons in rodents in the depressive-like
216 state showed increased firing with a mean firing rate in the theta frequency band (Li *et al.*,
217 2011), and that ketamine reversed both the increase in theta activity in the habenula and
218 depressive-like behavior in rodents (Yang *et al.*, 2018a). The results in this study are also
219 consistent with recent research showing that acute 5 Hz deep brain stimulation of the lateral
220 habenula is associated with depressive-like behavior such as increased duration of immobility
221 in a forced swim test in rodents (Jakobs *et al.*, 2019). Possibly due to the limited sample size,
222 we didn't observe any correlation between the habenula theta/alpha activities and the Beck
223 Depression Inventory score or Hamilton Depression Rating Scale score measured before the
224 surgery across patients in this study. It therefore remains to be established whether hyper-
225 synchrony in the theta band in habenula might be associated with the development of
226 depressive symptoms in human patients.

227

228 **Prefrontal cortex-habenular coherence in negative emotional processing**

229 Apart from increased theta/alpha band synchronization within the bilateral habenula and

230 prefrontal cortex, our data showed that negative emotional stimuli induced increased
231 theta/alpha coherence between the habenula and the right prefrontal cortex. The increased
232 rPFC-habenular coherence correlated with further increase of theta activities within the
233 habenula at a later latency. These results suggest a specific role of the theta/alpha
234 synchronization between habenula and frontal cortex in the perception of negative emotional
235 valence. Previous studies have showed that LHb receives input from cortical areas processing
236 information about pain, loss, adversities, bad, harmful or suboptimal choices, such as the
237 anterior insula and dorsal ACC (dACC) and the pregenual ACC (pgACC) (Vadovicova,
238 2014). Our data is consistent with the hypothesis that PFC-to-habenular projections provide a
239 teaching signal for value-based choice behavior, helping to learn to avoid potentially harmful,
240 low valued or wrong choices (Vadovicova, 2014).

241 Our data also showed that the increase of PFC-habenular coherence during the presentation of
242 negative emotional stimuli were mainly located in the right frontal cortex. Many studies have
243 investigated how both hemispheres have a role in emotional processing. The Right
244 Hemisphere Hypothesis (RHH) suggests that the right hemisphere would be involved, more
245 than the left hemisphere, in the processing of all emotional stimuli, irrespective of their
246 emotional valence (Gainotti, 2012). On the other hand, the Valence Hypothesis (VH) posits
247 that the left and the right hemispheres would be specialized in processing positive and
248 negative emotions, respectively (Davidson, 1992; Wyczesany *et al.*, 2018). The latter
249 hypothesis has also been supported by studies of brain lesion (Starkstein *et al.*, 1987; Morris
250 *et al.*, 1999), electroencephalography (EEG) (Davidson, 1992; Wyczesany *et al.*, 2018),
251 transcranial magnetic stimulation (TMS) (Pascual-Leone *et al.*, 1996) and functional

252 neuroimaging (Canli *et al.*, 1998; Beraha *et al.*, 2012) in the prefrontal cortex. Our findings
253 suggest a more important role of the functional connectivity between the right frontal cortex
254 and habenula for the processing of negative emotions.

255

256 **Implications for the development of DBS therapy**

257 Although the exact underlying physiological mechanism of DBS remains elusive, high
258 frequency DBS delivered to STN and GPi can reduce the firing rates of local neurons (Boraud
259 *et al.*, 1996; Welter *et al.*, 2004) and suppress the hypersynchrony of oscillatory activities in
260 the beta frequency band in the network leading to symptom alleviation (Kuhn *et al.*, 2008;
261 Oswal *et al.*, 2016) for Parkinson's disease. In addition, high frequency DBS may also
262 dissociate input and output signals, resulting in the disruption of abnormal information flow
263 through the stimulation site (Chiken and Nambu, 2016). This is supported by recent studies
264 showing that patient specific connectivity profiles between the stimulation target and area of
265 interest in the cortex can predict clinical outcome of deep brain stimulation for Parkinson
266 disease (Horn *et al.*, 2017), major depressive disorder (MDD) (Riva-Posse *et al.*, 2014) and
267 obsessive-compulsive disorder (Baldermann *et al.*, 2019). Our results suggest that increased
268 theta oscillatory activity in the habenula and increased theta/alpha coherence between
269 prefrontal cortex and habenula are associated with negative emotional valence in human
270 patients. High frequency DBS targeting habenula may be beneficial for treatment-resistant
271 MDD by inhibiting possible hyperactivity and theta band over-synchrony of neuronal
272 activities in the habenula, and by disrupting the information flow from the prefrontal cortex to

273 other midbrain areas through the habenula. It remains to be explored whether theta band
274 synchronization can be used as a biomarker for closed loop habenula deep brain stimulation
275 for better treatment of MDD.

276

277 **Limitations**

278 The response to emotional tasks is likely to be altered in patients with pathological mood
279 states compared to healthy subjects. This study cannot address whether the emotional valence
280 effect we observed is specific to psychiatric disorders or is a common feature of healthy
281 emotional processing. Another caveat we would like to acknowledge is that the human
282 habenula is a small region compared to the size of the electrode contact used for recording
283 (Fig. 2A). Considering that the location of habenula is adjacent to the posterior end of the
284 medial dorsal thalamus, we may have captured activities from the medial dorsal thalamus. In
285 addition, it should also be noted that a post-operative stun effect cannot be excluded, which
286 could interfere with neural recordings, considering that the experiment took place only a few
287 days after electrode implantation.

288

289 **Conclusion**

290 In this study, we exploited the high temporal resolution of LFP and MEG measurements and
291 observed an emotional valence effect in local activities and in cross-region coherence in the
292 cortical-habenula network in different time windows. Our results provide evidence for the role

293 of oscillatory activity in the theta/alpha frequency band within the habenula and prefrontal
294 cortical regions, as well as of theta/alpha coherence between these structures in the processing
295 and experiencing of negative emotions in human patients.

296

297 **Materials and Methods**

298 **Participants**

299 Nine patients (6 males, aged 16 – 44, more details in Table 1) were recruited for this study,
300 who underwent bilateral DBS surgery targeting the habenula as a clinical trial for treatment-
301 resistant major depression (ClinicalTrials.gov Identifier: NCT03347487) or as a pilot study
302 for intractable schizophrenia or bipolar disorders. All participants gave written informed
303 consent to the current study, which was approved by the local ethics committee of Ruijin
304 hospital, Shanghai Jiao Tong University School of Medicine in accordance with the
305 declaration of Helsinki. The surgical procedure has been previously described (Zhang *et al.*,
306 2019). The electrode position, stimulation parameters and clinical outcome in Case 1 have
307 been separately reported (Wang *et al.*, 2020).

308

309 **Deep Brain Stimulation Operation**

310 Implantation of the quadripolar DBS electrodes (model 3389 (contact: 1.5 mm, distance:
311 0.5mm, diameter: 1.27 mm); Medtronic, Minneapolis, MN, USA) was performed under
312 general anesthesia bilaterally using a MRI-guided targeting (3.0 T, General Electric,

313 Waukesha, WI, USA). The MRI was co-registered with a CT image (General Electric,
314 Waukesha, WI, USA) with the Leksell stereotactic frame to obtain the coordinate values
315 (Zhang *et al.*, 2019). The electrode leads were temporary externalized for one week.

316

317 **Paradigm**

318 Patients were recorded in an emotional picture viewing task (Kuhn *et al.*, 2005; Huebl *et al.*,
319 2016) 2 – 5 days after the first stage of the surgery for electrode implantation and prior to the
320 second operation to connect the electrode to the subcutaneous pulse generator. During the
321 task, participants were seated in the MEG scanner with a displaying monitor in front of them.
322 Pictures selected from the Chinese Affective Pictures System (CAPS) (Bai *et al.*, 2005) were
323 presented on the monitor in front of them. The emotional valence (1=unpleasant \Rightarrow 5=neutral
324 \Rightarrow 9=pleasant) and arousal (1 = calm \Rightarrow 9 = exciting) of the pictures were previously rated by
325 healthy Chinese participants (Bai *et al.*, 2005). The figures can be classified into three valence
326 categories (neutral, positive and negative) according to the average score on emotional
327 valence. In our paradigm, each experiment consisted of multiple blocks of 30 trials, with each
328 block including 10 pictures of each valence category (neutral, positive and negative) in
329 randomized order. Each trial started with a white cross ('+') presented with a black
330 background for 1 second indicating the participants to get ready and pay attention, then a
331 picture was presented in the center of the screen for 2 seconds. This was followed by a blank
332 black screen presented for 3 to 4 second (randomized). The task was programmed using
333 PsychoPy (<https://www.psychopy.org/>) with the timeline of each individual trial shown in Fig.

334 1A. The participants were reminded to pay attention to the pictures displayed on the monitor
335 and they were instructed to try to experience the emotions the pictures conveyed. An
336 additional neutral picture was presented randomly three times per block, upon which the
337 patients were supposed to press a button to ensure constant attention during the paradigm. All
338 participants completed 2 to 4 blocks of the paradigm and none of them missed any response to
339 the additional figure indicating that they kept focus and that their working memory required
340 for the task is normal. Pictures displayed to different participants are overlapped but not
341 exactly the same, the average valence and arousal values of the displayed pictures are as
342 shown in Fig. 1B. There were significant differences in the emotional valence scores, as well
343 as in the arousal scores for the presented figures of the three emotional valence categories
344 (one-way ANOVA followed by Bonferroni post hoc test, $F_{2,24} = 14642.02$, $p < 0.0001$ for the
345 valence score, and $F_{2,24} = 2102.55$, $p < 0.0001$ for the arousal score). The positive figures
346 have the highest valence scores and highest arousal scores; the negative figures have the
347 lowest valence scores; whereas the neutral figures have lowest arousal scores.

348

349 **Data Acquisition**

350 Whole-brain MEG and LFP were simultaneously recorded at a sampling frequency of 1000
351 Hz using a 306-channel, whole-head MEG system with integrated EEG channels (Elekta Oy,
352 Helsinki, Finland). LFPs from all individual contacts (0, 1, 2, and 3, with 0 being the deepest
353 contact) of the DBS electrodes were measured in monopolar mode with reference to a surface
354 electrode attached to the earlobe or one of the most dorsal DBS contact. The MaxFilter

355 software (Elekta Oy, Helsinki, Finland) was used to apply the temporally extended signal
356 space separation method (tSSS) to the original MEG data for removing the magnetic artefacts
357 and movement artefacts (Taulu and Simola, 2006). The MEG and LFP recordings were
358 synchronized with the timing of the onset of each picture stimuli through an analogue signal
359 sent by the laptop running the picture viewing paradigm. The voltage of the analogue signal
360 increased at the onset of the presentation of each picture and lasted for 500 ms before going
361 back to zero. The voltage increase was different for pictures of different emotional valence
362 category.

363

364 **Reconstruction of Electrode Locations in the Habenula**

365 We used the Lead-DBS toolbox (Horn and Kuhn, 2015) to reconstruct the electrode
366 trajectories and contact locations for all recorded patients (Fig. 2A). Post-operative CT was
367 co-registered to pre-operative T1 MRI using a two-stage linear registration as implemented in
368 Advanced Normalization Tools (ANT) (Avants *et al.*, 2008). CT and MRI were spatially
369 normalized into MNI_ICBM_2009b_NLIN_ASYM space (Fonov *et al.*, 2011). Electrodes
370 were automatically pre-localized in native and template space using the PaCER algorithm
371 (Husch *et al.*, 2018) and then manually localized based on post-operative CT (Horn and Kuhn,
372 2015).

373

374 **LFP and MEG Data Analysis**

375 All data were analyzed using Matlab (R2013b) with FieldTrip (version 20170628)
376 (Oostenveld *et al.*, 2011) and SPM8 toolboxes. Bipolar LFP recordings were constructed
377 offline by subtracting the monopolar recordings from neighboring contacts on each electrode.
378 One bipolar LFP channel within or closest to the habenula was selected from each recorded
379 hemisphere for final analysis based on the post-operative imaging data and the location
380 reconstruction based on Lead-DBS (Fig. 2A). Artefacts due to movement, flat and jump
381 artefacts were visually inspected and manually marked during the pre-processing with
382 FieldTrip. All the selected bipolar LFPs and MEG recordings were high-pass filtered at 0.3
383 Hz, notch-filtered at 50 Hz and higher-order harmonics, low pass filtered at 100 Hz and then
384 down-sampled to 250 Hz before further analysis. Eye blink and heartbeat artefacts in the
385 MEG signals were identified by ICA and the low frequency, high amplitude components were
386 removed from all MEG sensors. The MEG data of one subject (case 4) had to be discarded
387 due to severe artefacts across all MEG channels. Hence, all reported results with MEG data
388 are based on eight subjects.

389 The oscillatory activities in the habenula LFPs during rest were first investigated. The power
390 spectra were calculated using the Fast Fourier Transform (FFT). We then applied the Fitting
391 Oscillations and One-Over-F (FOOOF) algorithm (Haller *et al.*, 2018; Donoghue *et al.*, 2020)
392 to separate the LFP power spectral densities into aperiodic (1/f-like component) and periodic
393 oscillatory components which are modelled as Gaussian peaks. With this algorithm, a periodic
394 oscillatory component is detected only when its peak power exceeds that of aperiodic activity
395 by a specified threshold. In this study, the algorithm was applied to the 2-40 Hz range of the
396 raw power spectra of the LFPs from each recorded hemisphere. We set the maximal number

397 of power peaks (`max_n_peaks`) to be four, the width of the oscillatory peak
398 (`peak_width_limits`) to be between 1 and 15, and the threshold for detecting the peak
399 (`peak_threshold`) to be 2. The goodness of fit was visually inspected for recordings from each
400 hemisphere to make sure that the parameter settings worked well. After removing the
401 aperiodic component, the periodic oscillatory components in the LFP power spectra were
402 parameterized by their center frequency (defined as the mean of the Gaussian), amplitude
403 (defined as the distance between the peak of the Gaussian and the aperiodic fit), and
404 bandwidth (defined as two standard deviations of the fitted Gaussian) of the power peaks.

405 In the next step, we investigated the event-related power changes in the habenula LFPs and
406 MEG signals in response to the presentation of figures of different emotional valence
407 categories. All LFP and MEG signals were divided into event-related epochs aligned to the
408 stimuli onset (-2500 to 4500 ms around the stimulus onset) and visually inspected for artefacts
409 due to movement and other interferences. Trials with artefacts were removed from final
410 analysis, leaving a mean number of 27 trials (range 18 – 30) for each valence category for
411 each subject. A time-frequency decomposition using the wavelet transform-based approach
412 with Morlet wavelet and cycle number of 6 was applied to each trial. We used a 500 ms buffer
413 on both sides of the clipped data to reduce edge effects. The time-frequency representations
414 were then averaged across trials of the same valence condition and baseline corrected to the
415 average of pre-stimulus activity (-2000 to -200 ms) for each frequency band. Thus, resulting
416 time-frequency values were percentage changes in power relative to the pre-stimulus baseline.

417

418 **MEG-specific Data Analysis**

419 Statistical comparison of power over a determined frequency band and time window between
420 stimulus conditions across the group of subjects was performed to find topographical space
421 difference. MEG source localization was conducted using a frequency domain beamforming
422 approach. The dynamic imaging of coherent sources (DICS) beamformer in SPM8 with a
423 single-shell forward model was used to generate maps of the source power difference between
424 conditions on a 5 mm grid co-registered to MNI coordinates (Gross *et al.*, 2001). In this study,
425 we focused our source analysis on the frequency band and time window identified by
426 previous sensor-level power analysis to locate cortical sources of significant difference in the
427 power response to negative and positive emotional stimuli.

428

429 **Cortical-Habenular Connectivity**

430 The functional connectivity between habenula and cortical areas was investigated using
431 coherence analysis, which provides a frequency domain measure of the degree of co-
432 variability between signals (Litvak *et al.*, 2010; Neumann *et al.*, 2015). First, time-resolved
433 coherence in the theta/alpha frequency band between the habenula LFP and each MEG
434 channel at sensor level were calculated using the wavelet transform-based approach with
435 Morlet wavelet and cycle number of 6. Secondly, we determined the time window of interest
436 by statistically comparing the sensor-level coherence between stimulus conditions. Third,
437 cortical sources coherent with habenula-LFP activity in the determined frequency band and
438 time window were located using DICS beamformer for each stimuli condition (Gross *et al.*,

439 2001; Litvak *et al.*, 2011).

440

441 **Statistics**

442 A non-parametric cluster-based permutation approach (Maris and Oostenveld, 2007) was
443 applied to normalized time-frequency matrices to identify clusters (time window and
444 frequency band) with significant differences in the power changes induced by the presentation
445 of pictures of different emotional valence. To achieve this, the original paired samples were
446 randomly permuted 1000 times such that each pair was maintained but its assignment to the
447 condition (negative or positive) may have changed to create a null-hypothesis distribution.
448 For each permutation, the sum of the z-scores within suprathreshold-clusters (pre-cluster
449 threshold: $p < 0.05$) was computed to obtain a distribution of the 1000 largest suprathreshold-
450 cluster values. If the sum of the z-scores within a suprathreshold-cluster of the original
451 difference exceeded the 95th percentile of the permutation distribution, it was considered
452 statistically significant. The average powers in the determined frequency band and time
453 window identified by the cluster-based permutation method between different valence
454 conditions were further compared using post-hoc paired t-test. A one-tailed dependent-sample
455 t statistics and cluster-based permutation testing was applied to statistically quantify the
456 differences in DICS source for power or source coherence between negative and positive
457 emotional stimuli. In addition, linear mixed-effect modelling ('fitlme' in Matlab) with
458 different recorded subjects as random effects was used to investigate the correlations between
459 the observed changes in the neural signals and to investigate whether any changes we

460 observed in the neural activities were related to the ratings of the emotional valence or
461 stimulus arousal of the stimuli. The estimated mean value and standard error of the fixed
462 effect and associated p values, as well as the R^2 value of the model were reported.

463

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473

474 **Competing interests**

475 The authors report no biomedical financial interests or potential conflicts of interest.

476

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643

644

645

646 **Tables and Table Legends**

647 **Table 1. Characteristics of enrolled subjects.**

Patient	Sex	Age (years)	Duration (years)	Disease	HAMD score	BDI score	Resting oscillation peaks	
							L	R
1	M	21	5	Schiz	NA	32	9.1 Hz	9.8 Hz
2	M	21	5	Dep	12	10	7.9 Hz	8.4 Hz
3	M	44	10	Bipolar	23	22	14.3 Hz	15.9 Hz
4	F	19	4	Schiz	NA	NA	10 Hz	8.1 Hz
5	M	21	3	Dep	24	38	7.1 Hz	16.9 Hz
6	M	16	2	Schiz	NA	34	9.2 Hz; 13.0 Hz	7.2 Hz; 12.5 Hz
7	F	30	8	Bipolar	21	33	6.1 Hz	7.8 Hz
8	F	28	13	Dep	28	37	No peak	8.0 Hz
9	M	35	20	Dep	25	34	16.2 Hz	7.9 Hz; 16.0 Hz

648 Hab, habenula; F, female; M, male; Dep, depressive disorder; Bipolar, bipolar disorder; Schiz,
649 schizophrenia; HAMD, Hamilton Depression Rating Scale (17 items); BDI, Beck Depression Inventory.
650 Both HAMD and BDI were acquired before the surgery. NA, not available.

651

652 **Table 2. Linear mixed effect modelling details.**

ID	Model	Fixed Effect of Valence		Fixed Effect of Arousal		R ²
		k-Value	p-Value	k-Value	p-Value	
1	<i>HabTheta1</i> ~	-2.8044 ±	0.0063	-2.5221 ±	0.3247	0.6191
	<i>Valence + Arousal + 1 SubID</i>	0.9840		2.5363		
2	<i>HabTheta2</i> ~	-4.4526 ±	0.0004	0.1975 ±	0.9483	0.2557
	<i>Valence + Arousal + 1 SubID</i>	1.1753		3.0295		
3	<i>PFC_Theta</i> ~	-2.8921 ±	0.0069	-3.6237 ±	0.1743	0.4368
	<i>Valence + Arousal + 1 SubID</i>	1.0221		2.6252		
4	<i>rPFC_Hab_Coh</i> ~	-6.1031 ±	0.0007	3.5242 ±	0.4180	0.2766
	<i>Valence + Arousal + 1 SubID</i>	1.6785		4.3112		

653 HabTheta1: Theta/Alpha band (5-10 Hz) in habenula LFPs at 100-500 ms

654 HabTheta2: Theta band (4-7 Hz) in habenula LFPs at 2700-3300 ms

655 PFC_Theta: Theta/Alpha band (5-10 Hz) averaged across frontal sensors at 100-500 ms

656 rPFC_Hab_Coh: Theta/Alpha band (5-10 Hz) coherence between right PFC and habenula at 800-1300 ms

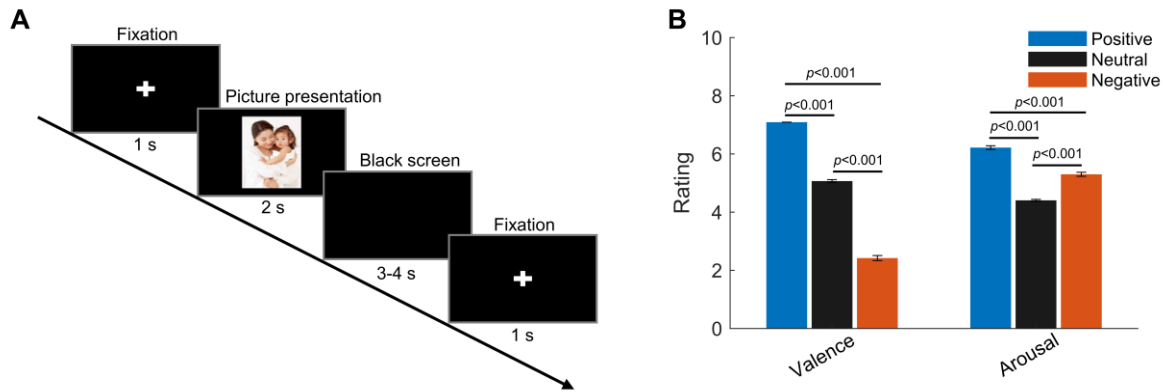
657 Valence: valence value for the displayed pictures (1 = unpleasant -> 5 = neutral -> 9 = pleasant)

658 Arousal: arousal value of the displayed pictures (1 = calm -> 9 = exciting)

659

660 **Figures and Figure Legends**

661



662

663 **Figure 1. Experimental paradigm and ratings (valence and arousal) of the presented**

664 **pictures.** (A) Timeline of one individual trial: Each trial started with a white cross ('+')

665 presented with black background for 1 second indicating the participants to get ready and pay

666 attention; then a picture was presented in the center of the screen for 2 seconds. This was

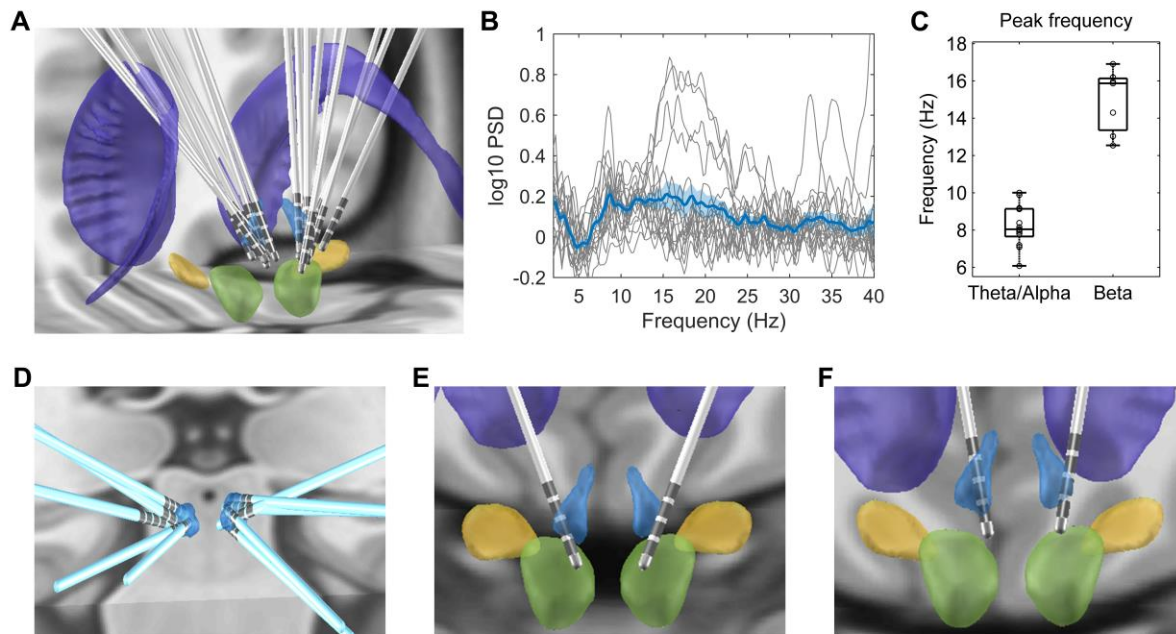
667 followed by a blank black screen presented for 3 to 4 second (randomized). (B) Valence and

668 arousal ratings for figures of the three emotional categories presented to the participants.

669 Valence: 1 = very negative; 9 = very positive; Arousal: 1 = very clam, 9 = very exciting. Error

670 bars indicate the standard deviation of the corresponding mean across participants (N = 9).

671



672

673 **Figure 2. Electrode location and spectral characteristics of LFPs from recorded habenula**

674 **at rest.** (A) Electrode locations reconstructed using Lead-DBS, with the structures colored in

675 light blue for the habenula, purple for the caudate nucleus, light green for the red nucleus, and

676 yellow for subthalamic nucleus. (B) The log-transformed oscillatory power spectra fitted using

677 *foof* method (after removing the non-oscillatory 1/f components). The bold blue line and

678 shadowed region indicates the mean ± SEM across all recorded hemispheres and the thin grey

679 lines show measurements from individual hemispheres. (C) Boxplot showing the peak

680 frequencies at theta/alpha and beta frequency bands from all recorded habenula. (D) Positions

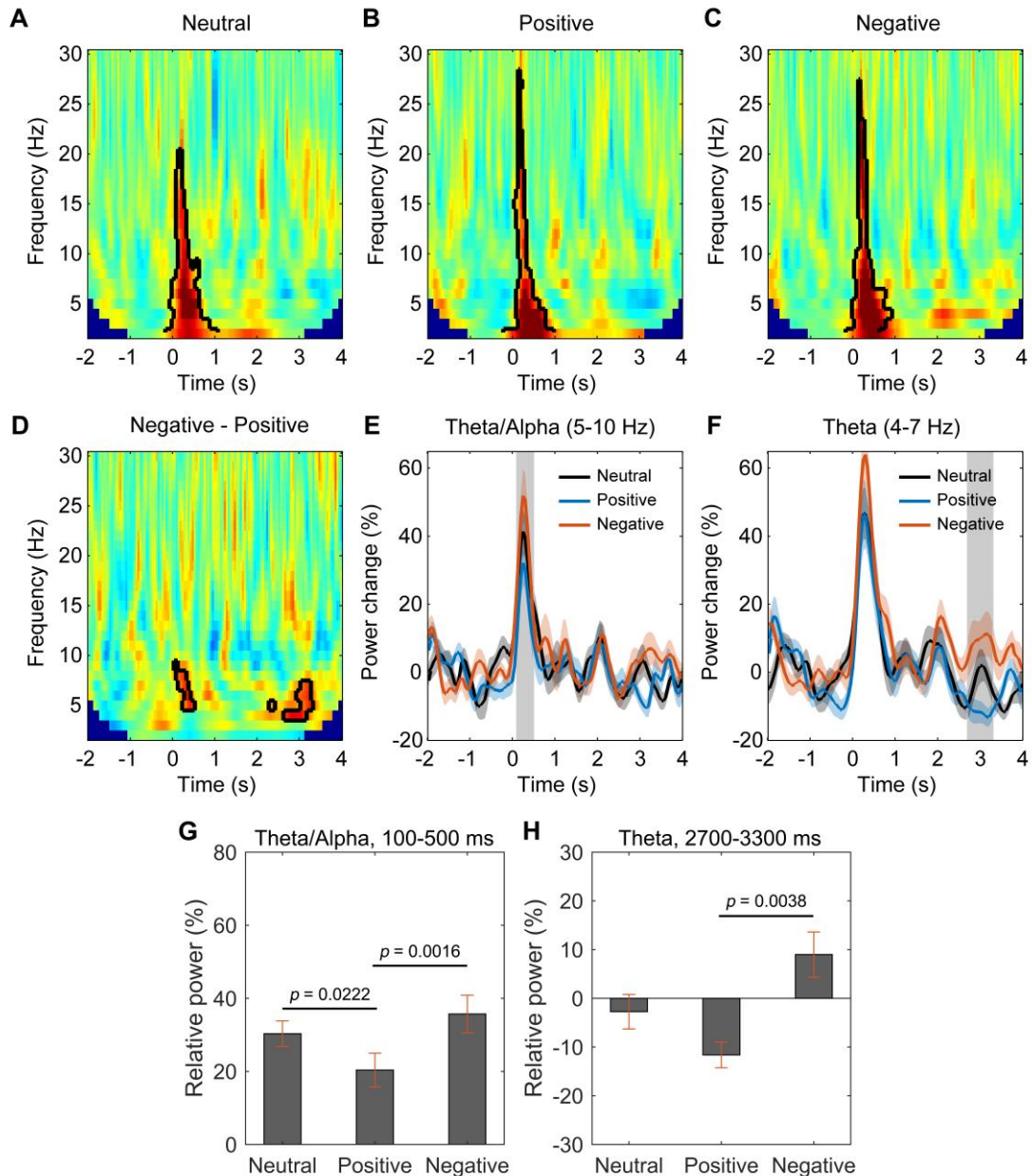
681 of the electrodes with theta peaks only during rest. (E) Electrode positions for Case 3, in whom

682 only beta band peaks were detected in the resting activities from both sides. (F) Electrode

683 positions for Case 6, in whom both theta and beta band peaks were present in resting activities

684 from both sides.

685

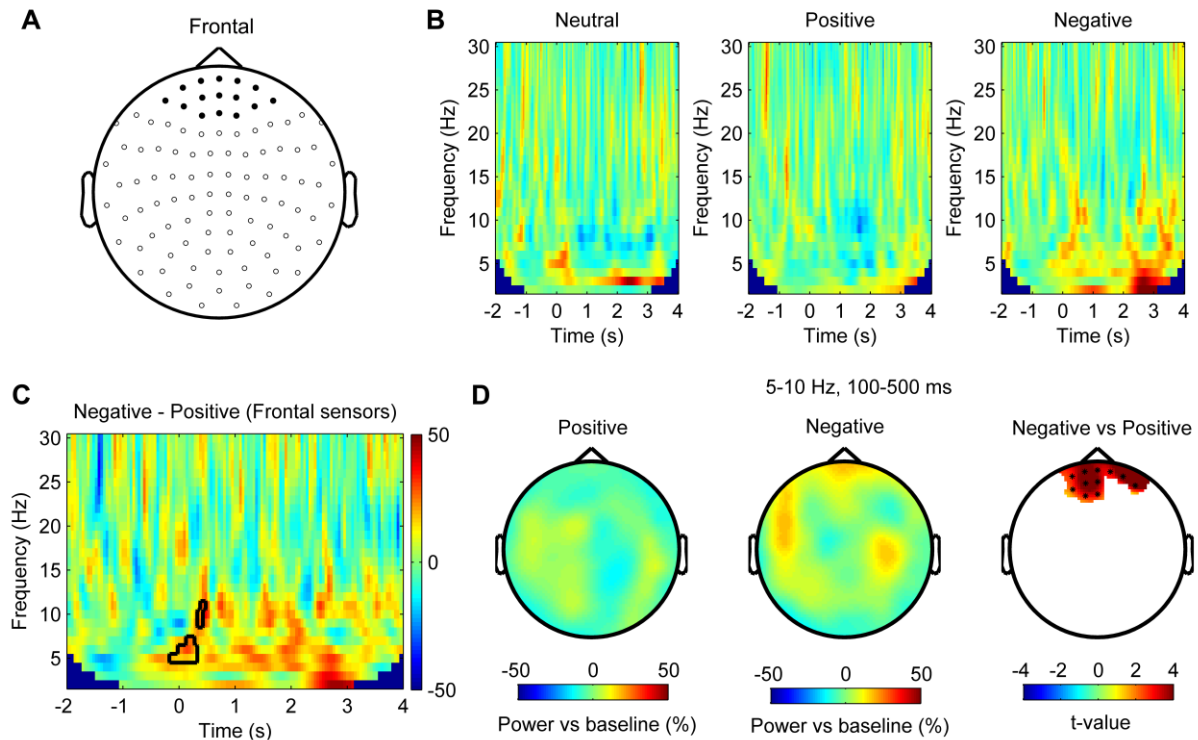


686

687 **Figure 3. Habenuular theta/alpha activity is differentially modulated by stimuli with**
688 **positive and negative emotional valence (N = 18).** (A-C) Time-frequency representations of
689 the power response relative to pre-stimulus baseline (-2000 to -200 ms) for neutral (A), positive
690 (B), and negative (C) valence stimuli, respectively. Significant clusters ($p < 0.05$, non-
691 parametric permutation test) are encircled with a solid black line. (D) Time-frequency
692 representation of the power response difference between negative and positive valence stimuli,

693 showing significant increased activity the theta/alpha band (5-10 Hz) at short latency (100-500
694 ms) and another increased theta activity (4-7 Hz) at long latencies (2700-3300 ms) with negative
695 stimuli ($p < 0.05$, non-parametric permutation test). (E-F) Normalized power of the activities at
696 theta/alpha (5-10 Hz) and theta (4-7 Hz) band over time. Significant difference between the
697 negative and positive valence stimuli is marked by a shadowed bar ($p < 0.05$, corrected for
698 multiple comparison). (G-H) The average spectral power relative to baseline activity in the
699 identified time period and frequency band for different emotional valence conditions (5-10 Hz,
700 100-500 ms; 4-7 Hz, 2700-3300 ms).

701



702

703 **Figure 4. Theta/Alpha oscillations in the prefrontal cortex are differentially modulated**

704 **by stimuli with positive and negative emotional valence (N = 8).** (A) Layout of the MEG

705 sensor positions and selected frontal sensors (dark spot). (B) Time-frequency representation of

706 the power changes relative to pre-stimulus baseline for neutral, positive and negative stimuli

707 averaged across frontal sensors (time 0 for stimuli onset). (C) Non-parametric permutation

708 test showed clusters in the theta/alpha band at short latency after stimuli onset with significant

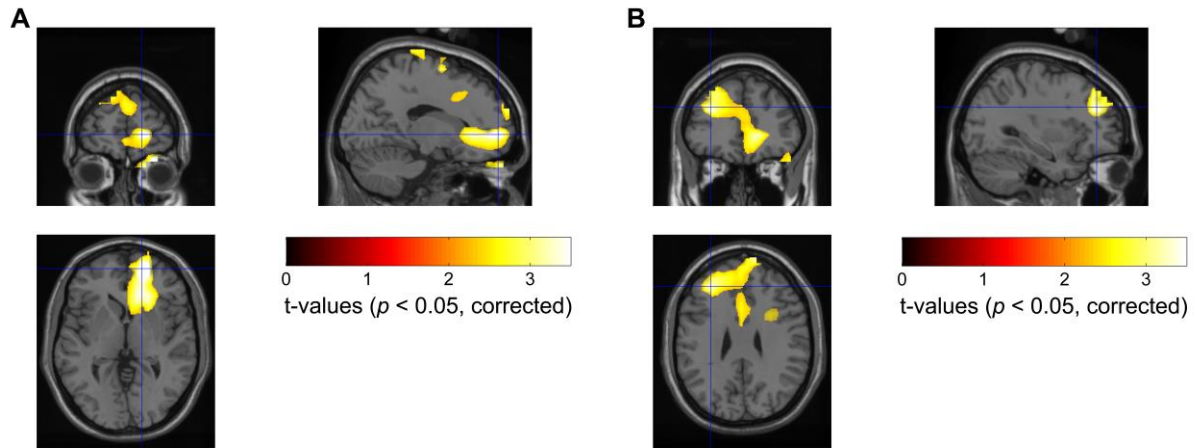
709 difference ($p < 0.05$) comparing negative and positive stimuli across frontal sensors. (D) Scalp

710 plot showing the power in the 5-10 Hz theta/alpha band activity at 100-500 ms after the onset

711 of positive (left), negative (middle) stimuli, and statistical t-values and sensors with

712 significant difference (right) at a 0.05 significance level (corrected for whole brain sensors).

713



714

715 **Figure 5. Statistical source maps of t-values ($p < 0.05$; corrected for whole brain) for the**

716 **comparison of theta/alpha band (5-10 Hz) power reactivity to negative vs. positive**

717 **emotional valence stimuli across subjects (N = 8). DICS beamformer was applied to the**

718 average theta/alpha band power changes from 100 to 500 ms after stimulus onset. The image

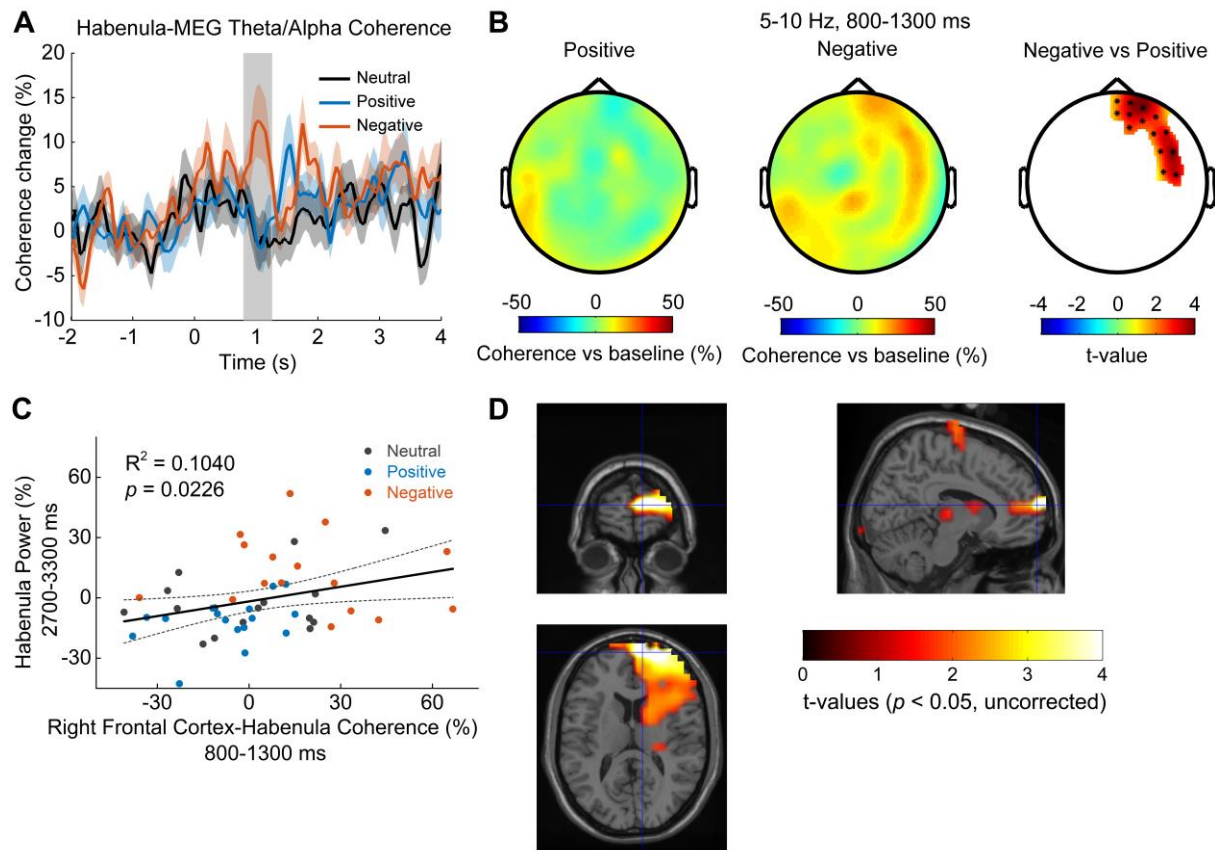
719 was transformed to MNI template space and overlaid on the template structural image. The

720 peak emotional valence induced differences in the theta/alpha power were localized in the right

721 Brodmann area 10, MNI coordinate [16, 56, 0] and left Brodmann area 9, MNI coordinate [-32,

722 38, 28].

723



724

725 **Figure 6. Cortical-habenular coherence in the theta/alpha band is also differentially**

726 **modulated by stimuli with positive and negative emotional valence (N = 16). (A) Time-**

727 **varying theta (5-10 Hz) habenula-cortical coherence changes relative to pre-cue baseline**

728 **averaged across all MEG channel combinations for each recorded habenula. The thick colored**

729 **lines and shaded area show the mean and standard error across all recorded habenula. The**

730 **coherence was significantly higher at 800-1300 ms after the onset of negative emotional stimuli**

731 **compared to positive stimuli (rectangular shadow showing the time window with $p < 0.05$). (B)**

732 **Scalp plot showing the cortical-habenula coherence in the theta band during the identified time**

733 **window (800-1300 ms) for positive stimuli (left), negative stimuli (middle), and statistical t-**

734 **values and sensors with significant difference (right) masked at $p < 0.05$ (corrected for whole**

735 **brain sensors). (C) The increase in the theta band coherence between right frontal cortex and**

736 habenula at 800-1300 ms correlated with the theta increase in habenula at 2700-3300 ms after
737 stimuli onset; (D) Statistical source maps of t-values ($p < 0.05$; uncorrected) for the comparison
738 of theta/alpha coherence response in the time window of 800 to 1300 ms between negative
739 stimuli with positive stimuli. The peak coherence differences were mainly localized in the right
740 Brodmann area 10, MNI coordinate [10, 64, 12].