

1 **Exposure of mammary cells to lipid activates gene expression changes associated with ER-**
2 **negative breast cancer via chromatin remodeling**

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4 **Short title: Lipids, ER-negative breast cancer and chromatin**

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45 **Abstract**

46 Improved understanding of local breast biology that favors the development of estrogen receptor
47 negative (ER-) breast cancer (BC) would foster better prevention strategies. We have previously
48 shown that overexpression of specific lipid metabolism genes is associated with the development
49 of ER- BC. We now report results of exposure of MCF-10A cells and mammary organoids to
50 representative medium- and long-chain polyunsaturated fatty acids. This exposure caused a
51 dynamic and profound change in gene expression, accompanied by changes in chromatin packing
52 density, chromatin accessibility and histone posttranslational modifications (PTMs). We
53 identified 38 metabolic reactions that showed significantly increased activity, including reactions
54 related to one-carbon metabolism. Among these reactions are those that produce S-adenosyl-L-
55 methionine for histone PTMs. Utilizing both an *in-vitro* model and samples from women at high
56 risk for ER- BC, we show that lipid exposure engenders gene expression, signaling pathway
57 activation, and histone marks associated with the development of ER- BC.

58

59

60 **Introduction**

61 Breast cancer is a heterogeneous disease with different molecular subtypes that are characterized,
62 at a minimum, by the expression of the estrogen receptor (ER), progesterone receptor (PR) and
63 Human epidermal growth factor receptor 2 (HER2)/neu (1). Although multiple statistical tools
64 have been developed to quantify breast cancer risk (2), they do not predict breast cancer subtypes.
65 Current breast cancer prevention with selective estrogen receptor modulators (SERM) and
66 aromatase inhibitors decreases the risk of estrogen-receptor (ER) positive breast cancer sub-types,
67 but not those without ER expression (3-5). Thus, determining the etiologic/biologic factors that
68 favor the development of ER-negative breast cancer will potentially enable the development of
69 both strategies to identify women at risk for ER-negative disease as well as targeted preventive
70 and therapeutic agents.

71 Given the poor understanding of the genesis of sporadic ER-negative breast cancer, we set out to
72 study this using the contralateral, unaffected breast of patients with unilateral breast cancer as a
73 model. Studies of metachronous contralateral breast cancer show a similarity in the ER status of
74 the contralateral cancer to the index primary (6-8). Therefore, the contralateral unaffected breast
75 (CUB) of women undergoing surgical therapy for newly diagnosed unilateral breast cancer can be
76 employed as a model to discover potential markers of subtype-specific risk. In a previous study,
77 we performed Illumina expression arrays on epithelial cells from the CUB of breast cancer
78 patients, and identified a lipid metabolism (LiMe) gene signature which was enriched in the CUBs
79 of women with ER- breast cancer (9). Among these are genes that control critical steps in lipid and
80 energy metabolism. We validated this signature in an independent set of 36 human samples and
81 re-confirmed the above results in fresh frozen tissues obtained from a new set of ER+ and ER-
82 breast cancer patients, each time using laser capture microdissection (LCM) to obtain epithelial

83 cells from tumor and CUB samples (10). Again, we found significantly higher expression of LiMe
84 genes in CUBs from women with ER- breast cancer, compared to both CUBs from women with
85 ER+ breast cancer, and breast epithelium from a control group of women undergoing reduction
86 mammoplasty. However, the specific genes comprising this overexpressed set had no specific
87 function or group of functions in common and did not suggest specific mechanistic explanations
88 as to why lipid metabolism pathways would aid ER- breast cancer development. In the present
89 study, we address possible mechanistic explanations for our previous observations.

90 Cellular metabolism is a complex sequence of reactions in response to a cell's microenvironment
91 that have profound effects on cellular function (11). Major reprogramming of cellular energetics
92 is one of two emerging hallmarks of cancer (11). Metabolic re-wiring is required to provide the
93 energy required to enable continuous growth and proliferation of the cancer cells. The past century
94 has witnessed intensive investigation of metabolic pathways in cancer, in particular that of aerobic
95 glycolysis commonly called as the Warburg effect (12). However, this is not the singular anomaly
96 in the metabolically altered cancer cell. In addition to glucose and glutamine, fatty acids are an
97 extremely important energy source (13). Altered lipid metabolism is posited to be a driver of
98 carcinogenesis in various cancers, including ovarian (14), prostate (15, 16), liver (17) and triple
99 negative breast cancer (18, 19). Increased lipid metabolism has also been shown to serve as a
100 survival signal that enables tumor recurrence and has been suggested as an Achilles heel for
101 combating breast cancer progression (20). Despite this recognition of the importance of fatty acid
102 metabolism, its role of in the transformation of a normal cell to the malignant state is largely
103 unknown. Metabolomic studies of the concentrations of several free fatty acids in primary breast
104 tumors, including linoleate, palmitate, and oleate, as a function of breast cancer subtype have
105 revealed significant differences across the subtypes, with the highest concentrations in basal-like

106 breast cancer (21). Conjugation of long-chain fatty acids to carnitine for transport into the
107 mitochondria and subsequent fatty acid oxidation (FAO) was observed to be highest in basal-like
108 breast cancers, followed by luminal B ~HER2-enriched, with luminal A tumors displaying the
109 lowest levels (21). Another study, which utilized Raman spectroscopy to interrogate tissue,
110 revealed that histologically normal breast tissue centimeters removed from the breast malignancy
111 have significantly higher polyunsaturated fatty acid levels compared with normal tissue from
112 cancer-free subjects (22).

113 Metabolites from intermediate metabolism are the substrates used to generate chromatin
114 modifications, underlining a complex relationship between metabolism and epigenetics. Key to
115 the crosstalk between metabolism and chromatin structure, is that the kinetic and thermodynamic
116 properties of the chromatin modification reactions are commensurate with the dynamic range of
117 the physiological concentrations of the corresponding intermediates in metabolism (23). For
118 example, the substrates for histone methylation and acetylation reactions often have cellular
119 concentrations that are commensurate with enzyme K_m values, and thus are sensitive and
120 responsive to changes in metabolism. Historically, glucose-derived carbon has been considered
121 the primary source of acetyl-coA for histone acetylation. In the nucleus, acetate may be a minor
122 source. Recently, however, data from McDonnell and colleagues has revealed that lipids
123 reprogram metabolism to become a major carbon source for histone acetylation (24). This
124 reprogramming was shown to have significant effects on gene expression. Therefore, we sought
125 to determine if the LiMe signature we observed in the CUBs of ER- patients is associated with
126 chromatin modifications and histone PTMs secondary to changes in metabolism fostered by
127 exposure to medium and long chain fatty acids.

128 Results

129 Lipid facilitates transcriptional reprogramming in non-transformed mammary cells

130 We established an *in vitro* model by exposing estrogen and progesterone receptor (PR) negative
131 MCF10A cells to octanoate, a medium chain eight-carbon fatty acid. Due to its small size and
132 lipophilic nature octanoate does not depend on fatty acid transport proteins to traverse cell
133 membranes and is readily oxidized in the mitochondria to form acetyl-CoA (25, 26). We performed
134 RNA-seq to determine the effects of octanoate treatment on gene expression in the MCF10A cells.
135 RNA-seq analysis revealed that 24 hours of octanoate treatment produces a transcriptional profile
136 that is completely distinct from vehicle-treated controls (**Fig. 1A, Fig. S1A-B**). Genes with
137 initially low expression (negative values of $\ln(E_{ctrl}/E_{ctrl,avg})$) are upregulated (corresponding to
138 positive values of $\ln(E_{oct}/E_{ctrl})$) while genes with initially high expression (positive values of
139 $\ln(E_{ctrl}/E_{ctrl,avg})$) are downregulated upon octanoate treatment (corresponding to negative
140 values of $\ln(E_{oct}/E_{ctrl})$)(27). More specifically, there is a clear trend for initially highly
141 expressed genes in the control condition to be downregulated upon octanoate treatment while
142 genes with initial low expression in the control condition were upregulated. Differential expression
143 analysis revealed a total of 2132 upregulated and 632 downregulated genes (FDR=0.01) in the
144 octanoate treated cells (**Supplementary Fig. 1C**). Pathway enrichment analysis of the
145 differentially expressed genes induced by the 5mM octanoate treatment was performed and the top
146 25 upregulated and downregulated pathways are shown in Fig. 1B. Specifically, this analysis
147 revealed that among the top altered biological processes are second messenger mediated signaling,
148 the Notch signaling pathway, adenylate cyclase-activating adrenergic receptor signaling, cell
149 morphogenesis and differentiation. In contrast, downregulated genes are involved in cell cycle
150 processes, transcriptional regulation of tumor suppressor genes such as p53, and cell cycle

151 checkpoints (**Fig. 1B**). Additional gene set enrichment analysis (GSEA) investigating top
152 pathways with coordinated upregulation or downregulation of genes demonstrated that the top
153 pathways associated with octanoate treatment included positive regulation of cell morphogenesis,
154 a process involved in differentiation, as well as several oncogenic pathways associated with breast
155 tumorigenesis, including *ERBB*, *WNT*, and *NOTCH* signaling pathways (**Fig. 1C**). Subsequent
156 leading-edge analysis of these top upregulated signaling pathways- Lipid storage pathways (I),
157 Wnt pathway (II), Notch signaling (III) and ERBB pathway (IV) shows clear association of core
158 enrichment genes with octanoate treatment across replicates (**Fig. 1D**). Network analysis of
159 octanoate-associated pathways identified by GSEA analysis revealed linked clusters involved with
160 the nervous system and a second, separate group of linked clusters involved with growth factor
161 stimulation, regulation of the *MAPK* cascade, and *ERBB* signaling (**Fig. 1E**). Finally, using real-
162 time qPCR we validated the expression of a number of genes that GSEA analysis determined were
163 significantly upregulated with octanoate treatment (**Fig. 1F**). Thus, treatment with medium chain
164 fatty acids induces significant changes in transcription (28).

165 **Evaluating the lipid composition of the serum of ER- and ER+ BC patients** Next, we
166 investigated whether dietary lipids, which are mainly long chain fatty acids (LCFAs), have a
167 similar effect on the gene transcriptional profile to that of MCF10A cells. In order to determine
168 the specific lipid(s) to evaluate experimentally, we sought to determine the differences in the
169 percent composition of lipid species as a function of ER expression in serum from patients who
170 had donated CUB samples for our original studies (9, 10). A comprehensive lipid profile of these
171 serum samples was performed by the Northwest Metabolic Research Center at University of
172 Washington, with measurement of more than 700 lipids. For each of the measurements, the
173 association between the measured value and ER status was evaluated using regression models,

174 adjusting for BMI, age, and menopausal status. ER was a categorical variable used to describe
175 subjects having ER + or ER – cancers, or controls undergoing reduction mammoplasty. As the
176 purpose of this experiment was to identify a lipid for ensuing experiments, lipid species were
177 ranked for effect size comparing serum from patients subjects with ER- disease to those with ER+
178 disease. Three of the top four lipid species with the largest effect size were noted to contain
179 linoleic acid: cholesterol ester (CE) 18:2, phosphatidyl choline (PC)16:0/18:2 and triacylglycerol
180 (TAG) 54:6-FA18:2. Linoleic acid as a free fatty acid ranked 11th in the analysis. Linoleic acid is
181 the most highly consumed polyunsaturated fatty acid in the human diet (29), its presence in serum
182 CE has been strongly correlated with intake (30), and its concentration in adult adipose tissue has
183 more than doubled in the past half century (31). Therefore, all subsequent studies were carried out
184 using linoleic acid (LA).

185 **Linoleic acid influences chromatin packing behavior**

186 The state of chromatin is intimately linked with the regulation of gene transcription, undergoing
187 dynamic changes between transcriptionally active and inactive states. Thus, our next step was to
188 explore the changes in chromatin structure of fatty acid treated MCF10A cells by employing partial
189 wave spectroscopic (PWS) microscopy, which quantifies chromatin packing scaling (D) in live
190 cells (32). D represents the power-law scaling relationship between the 1-D size of the chromatin
191 polymer i.e. the number of nucleotides and the 3-D space the chromatin polymer occupies. Recent
192 evidence indicates that higher chromatin packing scaling is associated with increased intercellular
193 and intra-network transcriptional heterogeneity as well as increased malignancy and
194 chemoresistance in cancer cells (27, 33, 34). PWS was used to evaluate the effect of LA on
195 chromatin packing scaling in live MCF10A cells. Images were obtained every 6 hours over a 24-
196 hour period. Our results showed significant increases in chromatin packing scaling upon exposure

197 to LA, in a manner similar to that of octanoate, suggesting that there is an increase in the dynamic
198 range of gene expression and transcriptional gene network heterogeneity following lipid treatment
199 (**Fig. 2A-B**). Thus, LA treatment results in changes in chromatin packing structure which are
200 associated with a more malignant phenotype. Such significant changes in chromatin packing
201 behavior also indicate significant changes in chromatin accessibility, which is directly associated
202 with chromatin structure (35).

203 **ATAC Sequencing reveals increased chromatin accessibility in regulatory regions of genes**
204 **in the MAPK and cAMP signaling pathways in lipid treated mammary cells** To acquire more
205 detailed insight into the specific regions of open chromatin that were made accessible by LA
206 treatment, we proceeded with ATAC sequencing on LA treated MCF-10A cells. We examined
207 the genomic locations of ATAC-seq peaks, representing open chromatin sites, and discovered
208 1704 open chromatin sites. Open chromatin regions were overrepresented within 1 kb of
209 transcription start sites (TSSs) by 40-fold relative to the whole genome (**Fig. 2C**). Further, KEGG
210 pathway analysis revealed 326 open chromatin regions with a log fold change ≥ 1.5 and FDR $<$
211 0.05 compared to vehicle treated cells. Among the top pathways that were upregulated
212 significantly upon LA treatment are MAPK signaling pathway, PI3K-AKT signaling pathway, and
213 the cAMP adenylate cyclase pathway. Additionally, motif analysis conducted using
214 ‘HOMER’(36) showed that chromatin regions made accessible/inaccessible by LA treatment have
215 binding motifs for a number of transcription factors (**Fig. 2E**). These data reveal that linoleic acid
216 affects chromatin heterogeneity and increases/decreases the accessibility of specific regions that
217 include transcription factor binding sites.

218 **Notch pathway genes are overexpressed in patients at high risk of ER- disease**

219 Next, we sought to determine whether the genes, or sets of genes/pathways that we identified in
220 our *in vitro* study were also differentially expressed *in vivo* in tissue of patients at risk for ER- and
221 ER+ breast cancer. We took advantage of RNA from the contralateral unaffected breast (CUB) of
222 breast cancer cases utilized in our previous studies, which revealed the association of LiMe genes
223 in the CUBs of women with unilateral ER- breast cancer (9, 10). We combined the data from the
224 RNA and ATAC sequencing experiments and collated a list of 44 genes of interest and 3
225 housekeeping genes. The list consists of the genes from the *HEDGEHOG*, *NOTCH*, *WNT*, *EMT*,
226 *PPAR γ* and adenylate cyclase pathways (**supplementary file S1**). TaqMan low density arrays
227 were utilized to measure expression of these genes in CUBs of ER- and ER+ cases compared with
228 the reduction controls. The study population included 84 women, with participants comprised of
229 28 matched triplets of women with ER-positive breast cancer, ER-negative breast cancer, and
230 reduction mammoplasty controls. The three groups were matched by age, race and menopausal
231 status as shown in **Fig. S2A**. As noted in our original publication, ANOVA revealed a significant
232 difference in BMI across the three groups with BMI in the reduction mammoplasty control group
233 (30.0 ± 5.8) notably higher than in ER-negative cases (25.3 ± 6.3 , $p=0.015$), but not significantly
234 higher than in the ER-positive group (26.7 ± 5.5 , $p= 0.136$) (10). There was no significant
235 difference in HER2 status between ER-positive and ER-negative cases. The majority of the
236 selected genes had higher expression in high risk CUB specimens than the controls, irrespective
237 of the ER status of the index tumor (**Fig. S2B**). The comparison between the ER- and ER+ CUBs
238 revealed that in the ER- CUBS there is increased expression of genes that function in the Notch
239 pathway: *NOTCH1* (1.7-fold, $p=0.002$, BH_adjP=0.07), *NOTCH4* (1.7-fold, $p=0.04$,
240 BH_adjP=0.3), *DLL4* (2.5-fold, $p=0.7$, BH_adjP=0.8) and *HEY 1* (1.5-fold, $p=0.05$,
241 BH_adjP=0.3), in addition to the *SMO* gene (1.47-fold, $p= 0.05$, BH_adjP=0.3), which is a key

242 component of the hedgehog signaling pathway (**Fig. 3**). Altogether, these data reveal upregulation
243 in *NOTCH* signaling in benign breast tissue samples from women at risk for ER- disease,
244 suggesting that dysregulation of these pathways may play a role in the early stages of ER- cancer
245 development.

246 **LA increases the expression of Notch pathway genes and specific genes involved in fatty acid**
247 **oxidation *in vitro*** The increased expression of Notch pathway genes we discovered in the ER-
248 CUBs, along with the similar findings in MCF10A cells exposed to octanoate (described above),
249 led us to test the hypothesis that long chain fatty acids have similar effects on gene expression.
250 We therefore investigated whether an increased LA environment influences the expression of
251 Notch pathway genes and specific genes involved with fatty acid oxidation *in vitro*. We treated
252 MCF-10A cells and mammary organoids from reduction mammoplasty patient samples with LA
253 for 24 hours and then quantified changes in gene expression using RT-qPCR. To begin with, we
254 assayed the genes involved in the activation of fatty acid oxidation. Upon entering cells, free fatty
255 acids are converted into a fatty acyl-CoA molecules by the enzymes of the acyl-CoA synthetase
256 (ACS) family (37). Notably, acyl-CoA synthetase long chain (*ACSL3*) is one of the LiME genes
257 found to be upregulated in high risk ER- CUBs samples. Generation of acetyl-CoA occurs through
258 a cyclical series of reactions in which a fatty acid is shortened by two carbons per cycle, eventually
259 generating acetyl co-A. Acetyl co-A is a substrate for ketogenesis, which is initiated by the
260 mitochondrial enzyme 3-hydroxy-3-methylglutaryl-CoA synthase 2 (*HMGCS2*), another of the
261 previously identified LiMe genes. The mechanism for LCFAs oxidation is slightly more complex
262 than for MCFAs, as this is regulated primarily via the enzyme carnitine palmitoyltransferase 1
263 (*CPT1*), the rate limiting enzyme of FAO which enables transport into the mitochondria. As shown
264 in **Fig. 4A**, the expression of *HMGCS2*, *ACSL3*, and *CPT1B* were increased by LA exposure in

265 MCF-10A cells and mammary organoids. Additionally, we observed a significant increase in
266 *DLL4* expression followed by *HEY1*, *HEY2* and *NOTCH1* in the lipid treated mammary cells (**Fig.**
267 **4A**). We revisited the ATAC sequencing data to examine the effect of LA on chromatin
268 architecture near key genes in the *DLL4/NOTCH* signaling pathway, and observed increased
269 accessibility around the transcription start sites of *DLL4*, *NOTCH1* and *HEY1* showing significant
270 lowered chromatin density with p-values of 1.62e-17, 0.017 and 0.03 respectively (**Fig. 4B & Fig.**
271 **C**).

272
273 **Fatty acids drive flux through metabolic reactions resulting in increased histone methylation**

274 While most of the experiments reported by McDonnell et al. were performed in AML 12 liver
275 cells, these investigators also demonstrated increased H3K9 acetylation in octanoate-exposed
276 MCF7 and MDAMB-231 breast cancer cells (24). Therefore, we sought to determine if these same
277 experimental conditions would lead to H3K9 acetylation in a non-malignant MCF-10A cells. We
278 exposed MCF-10A non-transformed ER - breast epithelial cell line to 5mM octanoate (C8) for 24
279 hours in medium containing both glucose (1.441 g/L) and glutamine (0.292 g/L). Western blot
280 analysis demonstrated that octanoate exposure of MCF-10As resulted in increased acetylation at
281 both H3K9 and H3K14 (**Fig. 5A**). To demonstrate that this was a fatty acid-specific effect, we
282 treated the cells with 1,4-Cyclohexanedimethanol (1,4-CHDM), an alcohol with the same formula
283 as octanoate; no acetylation was observed consequent to the alcohol exposure (**Fig. S3A**). To
284 validate the specificity of the antibody against the acetylated histone lysines, we treated MCF-10A
285 cells with sodium butyrate, a histone deacetylase (HDAC) inhibitor. Sodium butyrate treatment
286 increased the acetylation of H3K9 and H3K14 as shown in **Fig. S3B**.

287 To exhaustively explore the impact of octanoate treatment on metabolic pathways, we used flux
288 balance analysis (FBA) (38). FBA makes use of genome-scale metabolic network models that

289 contain all known metabolic reactions in a cell or tissue based on evidence from the published
290 literature (39). Genome-scale metabolic models have been widely used to predict the metabolic
291 behavior of various mammalian cell types (40-44). Here we used the Recon1 human network
292 model that maps the relationship between 3744 reactions, 2766 metabolites, 1496 metabolic genes,
293 and 2004 metabolic enzymes (45). This model was augmented with biochemical reactions
294 corresponding to histone acetylation and methylation (40, 46), allowing us to predict the
295 consequences of octanoate-induced metabolic changes on histone modifications by tracking the
296 flux through the substrates for the histone modifications. These models were previously used to
297 predict bulk histone acetylation levels in various cell lines based on the nuclear flux of acetyl-coA
298 directed towards histone acetylation (46). Similarly, bulk histone methylation levels can be
299 predicted based on the nuclear flux of S-adenosyl-L-methionine (SAM) (40). The model predicted
300 octanoate treatment would result in increased histone methylation levels, with a more modest
301 increase in histone acetylation levels (**Fig. 5C**). As a comparison, we repeated this analysis with
302 immortalized hepatocyte cells used by McDonnell *et al*; they found a significant increase in histone
303 acetylation after octanoate treatment (24). We calculated metabolic flux in these hepatocytes using
304 the transcriptomics data from McDonnell *et al* and found a much larger increase in histone
305 acetylation after octanoate treatment (**Fig. S3C**). These results suggest that the impact of metabolic
306 alterations on histone acetylation is cell-type specific, as observed in prior studies (47, 48). Overall,
307 out of the 3759 reactions in the model, we identified 38 that showed significant increased activity
308 after octanoate treatment (p-value < 0.01; **Fig. S3C**). As expected, reactions involved in lipid and
309 fatty acid metabolism, specifically triacyl glycerol synthesis and glycerophospholipid metabolism
310 were upregulated. Interestingly, among the up-regulated reactions were several reactions related
311 to the one-carbon metabolic pathway, which links folate, SAM, methionine, glycine and serine

312 metabolism (**Fig. 5D**). The reactions methionine adenosyltransferase, methionine synthase,
313 adenosyl homocysteinase, 5,10-methylene-tetrahydrofolatereductase, glycine N-
314 methyltransferase, and formyltetrahydrofolate dehydrogenase were all predicted to have increased
315 activity after treatment (p-value < 0.01). Increased activity of the one-carbon pathway is associated
316 with increased H3K4 trimethylation in stem cells and cancer cell lines (40, 49). These reactions
317 likely support increased histone methylation by providing one carbon units.

318 **Lipid exposure eventuates in histone methylation.** In order to profile the specific histone marks
319 significantly changed by the octanoate treatment we performed liquid chromatography/mass
320 spectrometry on tryptic peptides isolated from the nuclei of treated and control MCF10A cells.
321 Increased methylation was observed in various histone proteins including H3K9me1/2/3,
322 H3.1K27me2/3, H3.3K36me2/3, H3K79me1/2 and H3K4 (**Fig. 5F**) together with increased
323 acetylation of H3K14 and H4K16 (Fig. 5E). Notably, the GSEA analysis showed a significant
324 correlation of H3K27 methylation (NES = 2.47, FDR q-value =0.05) and H3K4 methylation
325 (NES= 1.24, FDR q-value = 0.1) with octanoate treatment (**Fig. S3 D-E**) suggesting this lipid rich
326 environment eventuates in histone methylation in mammary epithelial cells.

327 **Discussion**

328 The known determinants of risk for ER-negative breast cancer are genetic (either specific racial
329 inheritance, germline mutations in genes such as BRCA1) or systemic/behavioral factors
330 (premenopausal obesity (50), absence of a breastfeeding (51)). In contrast, few if any local factors
331 in the breast environment serve to identify women at risk for ER negative tumors. Local in-breast
332 factors are of great interest however, since they may be more specifically targetable for breast
333 cancer prevention than systemic factors. Of note, the two strongest risk factors for breast cancer
334 overall (other than high penetrance germline mutations) are local: atypical proliferative lesions ,

335 and (52) extremely dense breast tissue (53) . This reasoning motivated us to investigate the local
336 breast biology that may promote the development of ER negative rather than ER positive breast
337 cancer, using the contralateral unaffected breast (CUB) of women undergoing surgery for a
338 unilateral primary breast cancer as a model for ER-specific breast cancer risk (7, 54). In our initial
339 study, we identified a highly correlated lipid metabolism (LiMe) gene signature, which was
340 enriched in the CUBs of women with ER- breast cancer.

341 To explain the biologic basis for this association, we developed an *in vitro* model wherein we
342 exposed either MCF10A, an ER negative, non-tumorigenic epithelial cell line, or breast organoids
343 derived from reduction mammoplasty samples to an extracellular milieu rich in medium or long
344 chain fatty acids. This model system has now enabled us to demonstrate that the exposure of
345 breast epithelial cells to these fatty acids results in a dynamic and profound change in gene
346 expression, accompanied by changes in chromatin packing density, chromatin accessibility and
347 histone PTMs. The histone modifications, in turn, are the result of both the lipid-engendered
348 increased expression of the requisite enzymes and the increased production of their substrates. Our
349 metabolic flux analysis revealed the upregulation of several reactions related to the one-carbon
350 metabolic pathway, which links folate, SAM, methionine, glycine and serine metabolism. This
351 insight was not evident upon analysis of differential gene expression, which is not surprising as
352 gene expression changes often do not reflect the flux of metabolic reactions (40).

353 Our proteomics data reveal increased methylation at H3K27me_{2/3}, H3K36me₃ and H3K9me_{2/3}
354 in cells treated with octanoate; GSEA analysis showed that genes with ontologies related to histone
355 methylation at H3K27 and H3K4 exhibit changes in expression in the lipid-treated cells.
356 Methylation of H3K27 is carried out by *EZH2*, which showed a 1.65-fold increase in expression

357 (p=0.001) following exposure to octanoate. *EZH2* expression is sensitive to the level of oxidative
358 phosphorylation. Our metabolic flux data demonstrated increased oxidative phosphorylation
359 following exposure to octanoate; specifically flux through the electron transport chain (ETC).
360 Inhibition of oxidative phosphorylation via complex I of the ETC by the biguanide phenformin
361 markedly reduces *EZH2* and *SUZ12* protein expression (55). This suggests that increased H3K27
362 methylation may be a consequence of increased flux through the ETC increasing *EZH2* expression
363 in concert with increased production of its substrate SAM. Several studies have revealed a
364 significant association of *EZH2* overexpression with ER negative breast cancer (56) or ER negative
365 luminal progenitor cell expansion (57). *EZH2* is the enzymatic subunit of Polycomb Repressive
366 Complex 2, which catalyzes the trimethylation of H3K27. However, *EZH2*'s actions are not be
367 limited to its methyltransferase activity. *EZH2* has been shown to bind to the *NOTCH 1* promoter
368 resulting in increased *NOTCH1* transcription, stem cell expansion and accelerated tumor initiation
369 (58). The effect of *NOTCH1* expression on mammary cell-lineage fate determination was
370 recognized shortly after the identification of the mammary stem cell (59). Mammary stem cell
371 differentiation is a hierarchical organization, and lineage tracing experiments have determined that
372 *NOTCH1* expression exclusively generates ER- luminal cells (60). A subsequent study by these
373 investigators revealed that during mammary embryogenesis Notch signaling prevents the
374 generation of basal precursors, and cells expressing active *NOTCH1* exclusively give rise to the
375 ER- (*Sca1*-/*CD133*-) lineage at any developmental stage from mouse embryonic day 13.5 to
376 postpartum day 3 (61). Even more interesting given our focus on the origins of ER negative breast
377 cancer was their observation that pubertal cells retain plasticity. Ectopic activation of Notch1 in
378 basal cells at puberty was able to completely switch their identity to ER negative luminal cells.

379 Additional clues regarding the association of our experimental findings with ER negative breast
380 cancer comes from GWAS data. A study that included 21,468 ER-negative cases and 100,594
381 controls identified independent associations of ten single nucleotide polymorphisms (SNPs) with
382 the development of ER- breast cancer (62). Pathway analysis was performed by mapping each
383 SNP to the nearest gene. This identified several pathways implicated in susceptibility to ER-
384 negative, but not ER+ breast cancer. Included among these was the adenylylase (AC)
385 activating pathway. One of the significantly altered biologic processes that we identified by RNA
386 sequencing of the octanoic acid treated cells is adenylylase-activating adrenergic receptor
387 signaling. Adenylylase signals via cyclic AMP. Regions of chromatin with increased
388 accessibility are associated with increased gene expression; our ATAC-Seq results show that
389 linoleic acid exposure significantly increased accessibility to genes in the cAMP signaling
390 pathway. In their discussion of ER- GWAS results, Milne et al. suggest that stimulation of the beta
391 2 adrenergic-adenylylase-cAMP- β -arrestin-Src-ERK pathway may play a role in the genesis
392 of ER- breast cancer. MetaCore analysis of our RNA-sequencing data reveals similar pathway
393 activation, however, it is the beta1 adrenergic receptor that demonstrates increased expression in
394 the octanoate treated cells. In addition, our ATAC-seq data showed increased RAP1 signaling
395 pathway accessibility. Adenylylase signaling also functions via Epac-Rap1-B-raf-MEK-
396 ERK, with this signaling shown to be responsible for sustained *ERK* activation that occurs at a
397 later time points (10-30 minutes) after cAMP activation (63). The MAPK (ERK) pathway can be
398 stimulated by means other than adrenergic receptor ligand binding. Activation of this pathway by
399 overexpression of *EGFR+EGF*, *c-erbB-2*, *RAF1* or *MEK* in MCF7 cells leads to estrogen-
400 independent growth and down-regulation of ER α expression (64). These results suggest that
401 hyperactivation of the MAPK(ERK) pathway plays a role in the generation of the ER- phenotype

402 in breast cancer. We observed *MAPK* activation in our analysis of differentially expressed genes,
403 i.e., “positive regulation of the *MAPK* cascade,” and in the analysis of regions of chromatin with
404 significantly increased chromatin.

405 Using stratified LD score regression, a statistical method for identifying functional enrichment
406 from GWAS summary statistics, SNPs associated with the H3K4me3 histone mark were
407 determined to be contributing to the heritability of ER-negative breast cancer, (2.4-fold, $P =$
408 0.0005) (62). Increased activity of the one-carbon pathway is associated with increased H3K4
409 trimethylation in stem cells and cancer cell lines (40, 49). Restriction of methionine with
410 consequent modulation of SAM and S-Adenosyl-L-homocysteine (SAH) levels affects
411 methylation at H3K4me3, H3K27me3 and H3K9me3, with H3K4me3 exhibiting the largest
412 changes (45). Interestingly, this restriction leads to loss of H3K4me3 at the promoters of colorectal
413 cancer (CRC)-associated genes, with resulting decreased expression ($p = 0.02$, Fisher’s exact test).
414 A computational model developed to identify the direct influences on methionine concentrations
415 in humans suggests that dietary intake explains about 30% of the variation in methionine
416 concentration, and fats (arachidic acid in this model) are among the foods contributing to higher
417 methionine levels (49).

418 One-carbon metabolism has multiple other functions in addition to producing SAM; one of which
419 is to maintain redox homeostasis by producing NADPH. One of the earliest steps in breast
420 tumorigenesis is the filling of the duct/acinar lumen with malignant cells. The viability of ECM-
421 detached cells is dependent on combating the generation of reactive oxygen species (ROS) (65).
422 For example, shuttling flux through the pentose phosphate pathway (PPP) promotes NADPH
423 production and consequent reduction of ECM detachment-induced reactive oxygen species. It
424 appears, however, that the process that produces the reducing equivalent is immaterial as cells can

425 also utilize NADPH-regenerating enzymes in the folate pathway as in metastasizing melanoma
426 (66). Therefore, the one-carbon metabolism initiated by FAs may facilitate early tumorigenesis
427 and the survival of matrix detached cells by the production of NADPH.

428 In conclusion, we have demonstrated in the present study that exposure of breast epithelial cells *in*
429 *vitro* to fatty acids results in epigenetic effects that produce dynamic and profound changes in the
430 expression of genes that have been associated with the development of ER- breast cancer. Next
431 steps include demonstrating that these same changes are observed *in vivo*. As mentioned in the
432 introduction, polyunsaturated fatty acids are present in normal breast tissue. Although we
433 measured lipid species in the serum of the donors of the CUB specimens, fatty acids can also be
434 mobilized from adjacent adipose tissue; adipocytes have been shown to be a reservoir of lipids for
435 breast cancer stem cells (67). We hypothesize that the expression of genes associated with the
436 development of ER- breast cancer is consequent to lipid stimulation of one-carbon metabolism
437 with resultant changes in histone methylation. Important roles for glycolysis, glutaminolysis,
438 lipogenesis and mitochondrial activity have been demonstrated in oncogenesis; the one-carbon
439 pathway has comparatively received less attention and the insights we provide here generate new
440 questions regarding lipid metabolism and ER negative breast cancer, to be pursued in future
441 investigations.

442 **Materials and Methods**

443 **Cell culture**

444 MCF10A cell line was obtained from American Type Culture Collection (ATCC) and cultured in
445 mammary epithelial cell growth basal medium with single quotes supplements and growth factors
446 (#Lonza CC-4136). Cells were treated with the medium-chain fatty acids (Sigma) sodium

447 octanoate (C8) dissolved in PBS, and long-chain fatty acids (Sigma) Linoleic acid (C18)
448 complexed with fatty acid free BSA (Roche 10775835001). PBS and BSA were used as the vehicle
449 control in experiments containing C8 and C18 respectively. Cells were counted using an Invitrogen
450 Countess automated cell counter using Trypan blue exclusion method and seeded at the indicated
451 densities. All experiments were done in complete MEBM media with fatty acids or vehicle.

452 **CUB Samples**

453 Patients diagnosed with unilateral breast cancer and undergoing contralateral prophylactic
454 mastectomy at Prentice Women's Hospital of Northwestern Medicine were recruited under an
455 approved protocol (NU11B04), with exclusions for neoadjuvant treatment, prior endocrine therapy
456 or pregnancy/lactation during the prior 2 years. A group of reduction mammoplasty (RM) patients
457 were also recruited as standard risk controls. The fresh tissues were frozen and stored in liquid
458 nitrogen. Tissue samples from 56 bilateral mastectomy cases (28 ER+ and 28 ER-) and 28 healthy
459 RM controls were used in this study. The ER+ cases, ER- cases and controls were matched by
460 age, race, and menopausal status.

461 **Mammary Organoids Preparation**

462 Tissues were collected from the non-obese, premenopausal women coming for the reduction
463 mammoplasty. Transfer the breast tissue to be processed into a sterile petri dish. Chop big breast
464 tissue mass into small pieces. Transfer the minced tissue to a sterile 50ml tube and add 30ml of
465 Kaighn's Modification media (Gibco #21127022) containing collagenase from Clostridium
466 histolyticum (Sigma Aldrich, catalog no. C0130), final collagenase concentration is 1 mg/mL.
467 Media containing collagenase is filtered using 0.22 μ m filter. The falcon is sealed with parafilm
468 and tissue is gently dissociated on a shaker at 100 rpm and 37°C, overnight (16 hours). Following

469 day, organoids are collected by the centrifugation of the suspension at 800 rpm for 5 min. Discard
470 the supernatant and wash the organoid pellet two-three times with PBS. Organoids with a size
471 between 40-100µm are collected and resuspended in the fresh media (3mL) and added to a 6 well
472 plate (Ultra-Low Attachment Surface plate, Corning # CLS3471). Organoids are allowed to
473 stabilize for 24 hours before using it for the experiments.

474 **Fatty acid preparation**

475 Sodium octanoate (C8) was dissolved in PBS. To bind linoleic acid (Sigma # L8134) to BSA, they
476 were initially dissolved in water to yield a 50 mM final concentration. Dissolve 0.12g of BSA in
477 1.2 ml of water resulting a 10% BSA solution. Combine 0.2 ml aliquot of the Na linoleate solution
478 to the 10% BSA solution. After 15 min of slow stirring at 37°C, 0.6 ml of water was added to bring
479 the final concentration of Na linoleate to 5 mMol/L (Pappas et al, 2001).

480 **Lipid analysis**

481 LC-MS grade methanol, dichloromethane, and ammonium acetate were purchased from Fisher
482 Scientific (Pittsburgh, PA) and HPLC grade 1-propanol was purchased from Sigma-Aldrich (Saint
483 Louis, MO). Milli-Q water was obtained from an in-house Ultrapure Water System by EMD
484 Millipore (Billerica, MA). The Lipidizer isotope labeled internal standards mixture consisting of
485 54 isotopes from 13 lipid classes was purchased from Sciex (Framingham, MA).

486 **Sample Preparation**

487 Frozen plasma samples were thawed at room temperature (25 °C) for 30 min, vortexed; 25 µL of
488 plasma was transferred to a borosilicate glass culture tube (16 x 100 mm). Next, 0.475 mL of
489 water, 1.45 mL of 1:0.45 methanol:dichloromethane, and 25 µL of the isotope labeled internal
490 standards mixture were added to the tube. The mixture was vortexed for 5 sec and incubated at

491 room temperature for 30 min. Next, another 0.5 mL of water and 0.45 mL of dichloromethane
492 were added to the tube, followed by gentle vortexing for 5 sec, and centrifugation at 2500 g at 15
493 °C for 10 min. The bottom organic layer was transferred to a new tube and 0.9 mL of
494 dichloromethane was added to the original tube for a second extraction. The combined extracts
495 were concentrated under nitrogen and reconstituted in 0.25 mL of the mobile phase (10 mM
496 ammonium acetate in 50:50 methanol:dichloromethane).

497 **Mass Spectrometry**

498 Quantitative lipidomics was performed with the Sciex Lipidyzer platform consisting of Shimadzu
499 Nexera X2 LC-30AD pumps, a Shimadzu Nexera X2 SIL-30AC autosampler, and a Sciex
500 QTRAP® 5500 mass spectrometer equipped with SelexION® for differential mobility
501 spectrometry (DMS). 1-propanol was used as the chemical modifier for the DMS. Samples were
502 introduced to the mass spectrometer by flow injection analysis at 8 uL/min. Each sample was
503 injected twice, once with the DMS on (PC/PE/LPC/LPE/SM), and once with the DMS off
504 (CE/CER/DAG/DCER/FFA/H CER/LCER/TAG). The lipid molecular species were measured
505 using multiple reaction monitoring (MRM) and positive/negative polarity switching. Positive ion
506 mode detected lipid classes SM/DAG/CE/CER/DCER/H CER/DCER/TAG and negative ion mode
507 detected lipid classes LPE/LPC/PC/PE/FFA. A total of 1070 lipids and fatty acids were targeted
508 in the analysis.

509 **Data Processing:**

510 Data was acquired and processed using Analyst 1.6.3 and Lipidomics Workflow Manager 1.0.5.0.
511 For statistical analysis, we evaluated the lipid species enrichments in the ER+, ER-, and control
512 groups. The different groups were compared in pair-wise and the log-fold changes of lipid

513 enrichment were derived, along with the effect sizes and p-values inferred from the regression
514 models using the lipid measurement as an input variable and group information as the output
515 variable.

516 **Library preparation and RNA Sequencing:**

517 RNA was isolated with Qiagen RNeasy Plus Mini Kit (# 74134) as per the manufacturer's protocol.
518 The concentration and quality of total RNA in samples were assessed using Agilent 2100
519 Bioanalyzer. RNA Integrity Number (RIN) of the vehicle and octanoate sample was 9.9 and 9.8
520 respectively. Sequencing libraries were prepared from a total of 100ng of RNA using KAPA RNA
521 HyperPrep Kit. Single-Indexed adapters were obtained from KAPA (Catalog# KK8701). Library
522 quality was assessed using the KAPA Library Assay kit. Each indexed library was quantified and
523 its quality assessed by Qubit and Agilent Bioanalyzer, and 6 libraries were pooled in equal
524 molarity. 5 μ L of 4nM pooled libraries were denatured, neutralized and a final concentration of 1.5
525 pM of pooled libraries was loaded to Illumina NextSeq 500 for 75b single-read sequencing.
526 Approximately 80M filtered reads per library was generated. A Phred quality score (Q score) was
527 used to measure the quality of the sequencing. More than 88% of the sequencing reads reached
528 Q30 (99.9% base call accuracy). Single-end FASTQ reads from RNA-seq measurements were
529 aligned and mapped to hg38 ENSEMBL genome using STAR alignment (68).

530 **Gene Ontology Analysis of Differentially Expressed Genes**

531
532 Transcriptions per million (TPM) from mapped reads were estimated using RSEM from the STAR
533 aligned reads (69). The *DESeq2* R package (70) was employed to determine differentially
534 expressed genes for the octanoate treatment group compared to the vehicle-treated controls with
535 FDR cutoff = 0.01 and $|\log_2 FC| \geq 2$ to identify a reasonable number of differentially expressed

536 genes, on the order of several thousands of genes total, for subsequent analysis. Gene ontology
537 pathway analysis for biological processes was performed on each set of differentially expressed
538 genes using *Metascape* (71).

539 **GSEA Analysis**

540 Raw counts were first estimated using *HTSeq* from STAR aligned reads (72). Next, replicates for
541 control cells and treated cells were merged and normalized using modules from the GenePattern
542 software package (73). Gene set enrichment analysis (GSEA) (74, 75) was performed on these
543 DESeq-normalized reads using annotations from online databases, including KEGG, Hallmark,
544 Reactome, BioCarta, and Canonical Pathways. The normalized enrichment score (NES) of these
545 top 20 pathways associated with the control and the octanoate-treated condition are shown with
546 nominal p-value = 0.0. *Metascape* was employed to perform network analysis on these top 20
547 pathways associated with each treatment condition.

548 **ATAC Seq Library preparation and sequencing**

549 1×10^6 cells were pelleted and lysed in ATAC-resuspension buffer as described (76). Extracted
550 nuclei was processed for TN-5 mediated tagmentation using the Illumina Tagment DNA Enzyme
551 and buffer kit (Nextera Illumina # 20034210) : Transposon reaction mix as 2X TD Buffer-25 μ l,
552 Tn5 Transposase – 2.5 μ l, 1X PBS containing nuclei- 16.5 μ l, 10% Tween-20- 0.5 μ l (Sigma #
553 P9416), 1% Digitonin-0.5 μ l (Promega # G9441) and water at 37°C, 1000rpm for 30mins.
554 Tagmented DNA was isolated by Nucleospin PCR clean-up (Takara Bio USA, Inc # 740609.250).
555 Libraries were amplified for 8 cycles and purified using AMPure XP (Agencourt # A63880).
556 Fragment sizes were determined using 106 LabChip GXII Touch HT (PerkinElmer), and 2 \times 50
557 paired-end sequencing performed on NovaSeq S1 6000 flow cell (Illumina) flow to yield 100M
558 reads per sample.

559 **ATAC-seq data sequencing and peak calling**

560 Illumina adapter sequences and low-quality base calls were trimmed off the paired end reads with
561 Trim Galore v0.4.3. Sequence reads were aligned to human reference genome hg38 using bowtie2
562 with default settings. Duplicate reads were discarded with Picard. Reads mapped to mitochondrial
563 DNA together with low mapping quality reads were excluded from further analysis. MACS2 was
564 used to identify the peak regions with options -f BAMPE -g hs --keep-dup all -B -q 0.01. Peaks for
565 samples in the same condition were merged using the function 'merge' of bedtools and peaks for
566 samples in different conditions were intersected using the function of 'intersect' of bedtools.

567 **Differential chromatin accessibility analysis**

568 The number of cutting sites of each samples were counted using the script dnase_cut_counter.py
569 of pyDNase. The raw count matrix was normalized by CPM. R package edgeR was used to conduct
570 the differential accessibility analysis for all 66,853 common peaks. Significant different accessible
571 chromatin regions under different conditions were defined as the threshold 0.05 for FDR. With the
572 cutoff 1 for the absolute value of fold change, comparing treatment group with vehicle control
573 group, we got 1,704 significant increased peaks and 3,340 significant decreased peaks.

574 **Motif analysis**

575 Motif analysis were conducted for significant changed chromatin regions using
576 'findMotifsGenome.pl' script of HOMER with default settings. The principal component analysis
577 was conducted to detect the important motifs using the relative enrichment of motifs. Biplot was
578 used to visualize the principal component analysis results.

579 **Genomic distribution of open chromatin regions**

580 We calculated the overall genomic distribution of open chromatin regions, comparing the
581 treatment to the vehicle, based on the methods as described (77). We used the hg38 refseq genes
582 annotation from UCSC genome browser to define the genomic features. All TSSs were considered
583 in the analysis if a gene had multiple TSSs. The formula for reported enrichment is $(a/b)/(c/d)$. a
584 is the number of peaks overlapping a given genomic feature, b is the number of total peaks, c is
585 the number of regions corresponding to the feature, and d is the estimated number of discrete
586 regions in the genome where the peaks and feature could overlap. Specifically, d is equal to
587 $(\text{genome size})/(\text{mean peak size} + \text{mean feature size})$, following the implementation in the bedtools
588 fisher.

589 **Pathway analysis for open chromatin regions**

590 For the 326 open chromatin regions with $\log_{2}FC \geq 1.5$ and $FDR < 0.05$ comparing the treatment
591 with the vehicle, we used R package ‘clusterProfile’ to conduct KEGG pathway analysis.

592 **Validation of candidate genes qRT-PCR:**

593 Treated cells and organoids were washed with PBS and RNA was isolated with Qiagen RNeasy
594 plus mini Kit (# 74134) as per the manufacturer’s protocol. cDNA was synthesized using the
595 SuperScript VILO cDNA synthesis kit (#11755250). Real-time qPCR was performed using
596 Applied biosystem Quant studio 5 real time PCR System (Thermo Scientific). Expression data of
597 the studied genes was normalized to RPLP1 to control the variability in expression levels and were
598 analyzed using the $2^{-\Delta\Delta CT}$ method described by Livak and Schmittgen (78). TaqMan gene
599 expression assays were purchased from ThermoFisher Scientific and the list of the assays is
600 provided in supplemental file S1.

601 **qRT-PCR based TaqMan low density array assays**

602 Based on histological diagnosis atypical hyperplasia benign breast epithelium was identified and
603 captured by laser capture microdissection (LCM). RNA was isolated with Qiagen RNeasy plus
604 mini Kit (# 74134) as per the manufacturer's protocol. RNA quality was checked for integrity
605 using Bioanalyzer 2100 by Agilent. 100ng RNA was reverse transcribed using High Capacity
606 RNA-to-cDNA Master Mix (#4388950) and preamplified for 14 cycles using TaqMan PreAmp
607 Master Mix 2X((#4488593) and pooled assay mix for the genes in which we were interested. Pre-
608 amplified cDNA were diluted to 1:20 with 1X TE buffer and mixed with Fast advanced master
609 mix (# 4444965) Each sample was loaded in duplicate in 384- well microfluidic cards
610 customized with 47 genes of interest including three housekeeping genes (GAPDH, RPLP0 and
611 RPLP1). TaqMan assays with best coverage attribution were used for the TLDA study as
612 recommended by the manufacturer. A list of the genes and the Assay ID for the primers obtained
613 from ThermoFisher is provided in supplemental file S2. Real Time PCR reactions were carried
614 out in Quant studio 7 Flex system for 40 cycles using comparative Ct ($\Delta\Delta C_t$) method. Results were
615 analyzed using Expression suite software.

616 **Live cell PWS Imaging:**

617 Before treatment and imaging, MCF-10A cells were seeded in 6 wells black culture plate at least
618 35% confluency and allowed to adhere overnight before the treatment with 500 μ M LA (C18:2)
619 and 5mM Octanoate. We based the concentration of LA used in the experiment on the range in
620 human plasma: 0.2 to 5.0 mmol/L (79). For chromatin study experiments, live-cell PWS images
621 were acquired at room temperature (22 °C) and in trace CO₂ (open air) conditions. Imaging was
622 performed using the commercial inverted microscope (Leica DMIRB) Hamamatsu Image-EM
623 CCD camera C9100-13 coupled to a liquid crystal tunable filter (LCTF; CRi Woburn, MA) to
624 acquire mono-chromatic spectrally resolved images that range from 500–700 nm at 1 nm intervals

625 produced by a broad band illumination provided by an Xcite-120 LED Lamp (Excelitas, Waltham,
626 MA) as previously described (33, 34). Briefly, PWS measures the spectral interference resulting
627 from internal light scattering structures within the cell, which captures the mass density
628 distribution. To obtain the interference signal directly related to refractive index fluctuations in the
629 cell, we normalized measurements by the reflectance of the glass medium interface, i.e., to an
630 independent reference measurement acquired in an area without cells. PWS measures a data cube
631 (spatial coordinates of a location within a cell and the light interference spectrum recorded from
632 this location). The data cube then allow to measure spectral SD (Σ), which is related to the spatial
633 variations of refractive index within a given coherence volume. The coherence volume was defined
634 by the spatial coherence in the transverse directions (~ 200 nm) and the depth of field in the axial
635 direction (~ 1 mm). In turn, the spatial variations of refractive index depended on the local
636 autocorrelation function (ACF) of the chromatin refractive index. Finite-difference time-domain
637 simulations have shown that PWS is sensitive to ACF within the 20- to 200-nm range. According
638 to the Gladstone-Dale equation, refractive index is a linear function of local molecular crowding.
639 Therefore, S depends on the ACF of the medium's macromolecular mass density. Small molecules
640 and other mobile crowdors within the nucleus are below the limit of sensitivity of PWS, and PWS
641 is primarily sensitive to chromatin conformation above the level of the nucleosome. To convert S
642 for a given location within a nucleus to mass fractal dimension D, we modeled ACF as a power
643 law $B_{\chi}(r) = \delta r^{\phi} \frac{1}{4} s^2 \phi r r m i _ _ D _ 3$, where ϕ is the variance of CVC (60). In general, S is a sigmoidal
644 function of D. However, for fractal structures such as a chromatin packing domain where within
645 physiological range $2 < D < 3$, S can be approximated as a linear function of D by the relationship
646 $D \approx D_0 + aS$, where $D_0 = 1.473$ and is comparable to the minimal fractal dimension that an
647 unconstrained polymer can attain and constant $a \sim 7.6$. The measured change in chromatin packing

648 scaling between treatment conditions was quantified by first averaging D within each cell's
649 nucleus and then averaging nuclei from over 100 cells per condition.

650 **Flux based analysis (FBA)**

651 We calculated the relative activity of reactions in MCF-10A cells by interpreting gene expression
652 data using the Recon1 human metabolic model augmented with histone modifications (46, 80).
653 We then identified a metabolic flux state that is most consistent with gene expression data in
654 control and octanoate treatment. This was achieved by maximizing the activity of reactions that
655 are associated with up-regulated genes and minimizing flux through reactions that are down-
656 regulated in a condition, while simultaneously satisfying the stoichiometric and thermodynamic
657 constraints embedded in the model using linear optimization (46, 80). The glucose, fatty acid, and
658 glutamine levels in the simulations were adjusted based on the growth media used for culturing
659 the cells. All p-values were corrected for multiple comparisons.

660

661 **Statistical analysis**

662 Prior to performing the analyses, the log₂-transformed relative (log₂RE) amounts of mRNA
663 expression normalized to GAPDH and expressed as $\log_2 2^{-(CtX - CtGAPDH)} = -(CtX - CtGAPDH)$ where
664 Ct is threshold cycle. Mann-Whitney test was performed to identify genes with pairwise
665 differences between ER+ and ER- samples. The analyses were adjusted for multiple testing, 34
666 genes, using the Benjamini-Hochberg (BH) adjustment in order to control the false discovery rate
667 at the two-sided 0.05 level. Boxplots were used to visualize differences in log₂RE by group. The
668 log₂RE analyses were conducted using the R statistical environment [R] version 3.5.1.

669 **Supplementary Materials**

670 **S1 List of primers used for qRT-PCR validation of candidate genes.** List of Assay ID
671 (ThermoFisher) of primers utilized in qRT-PCR of candidate genes (Fig. 4A).

672 **S2 List of genes assayed by TaqMan low density array (TLDA) and their corresponding**
673 **primers.** List of genes and the corresponding Assay ID (ThermoFisher) of primers used for TLDA
674 assays.

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851 **Acknowledgments**

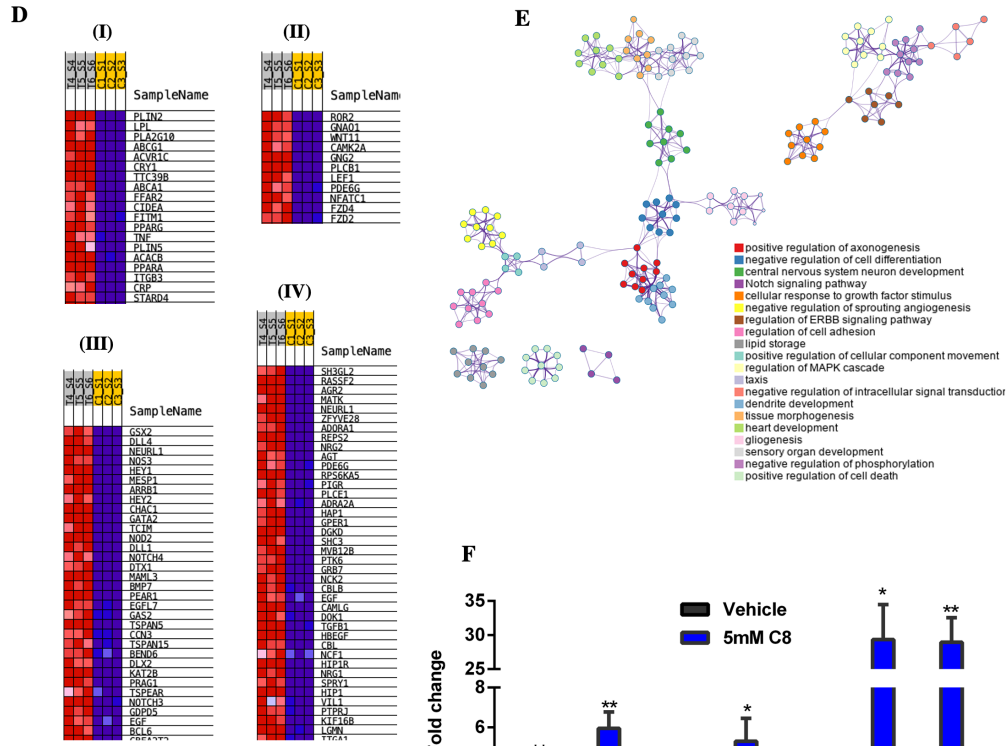
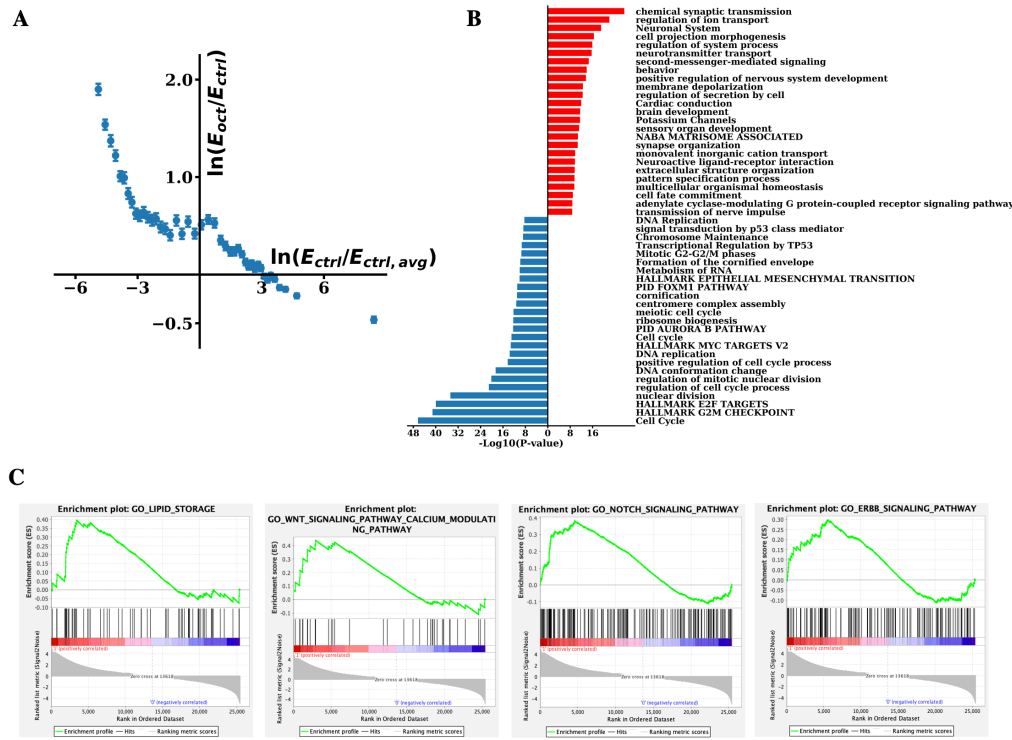
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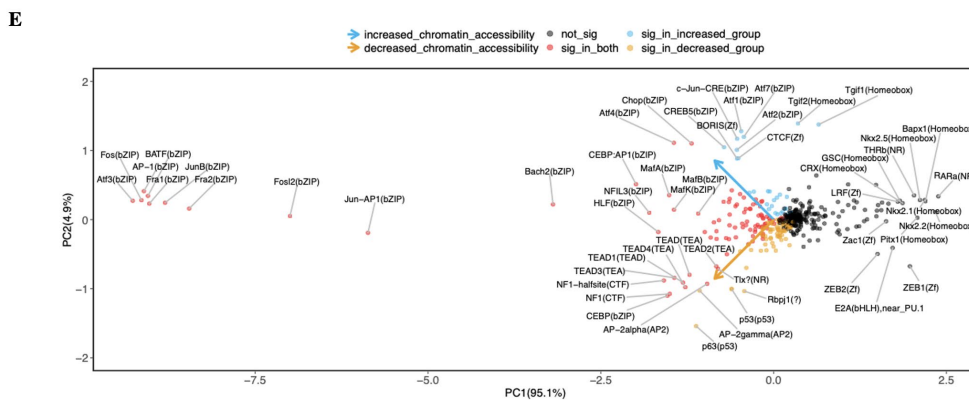
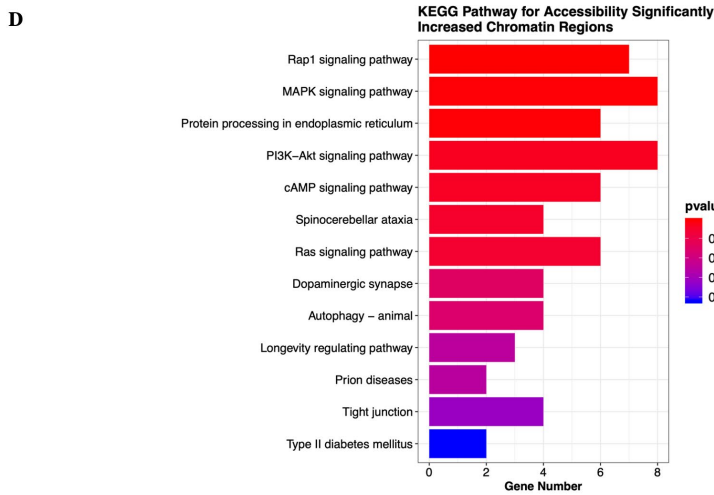
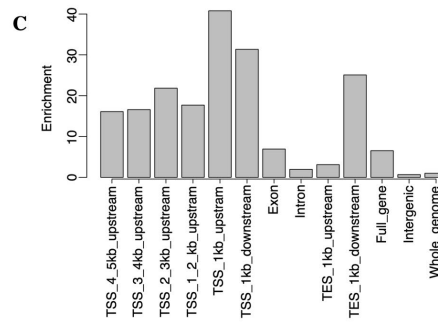
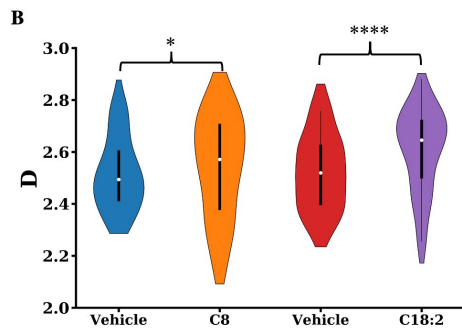
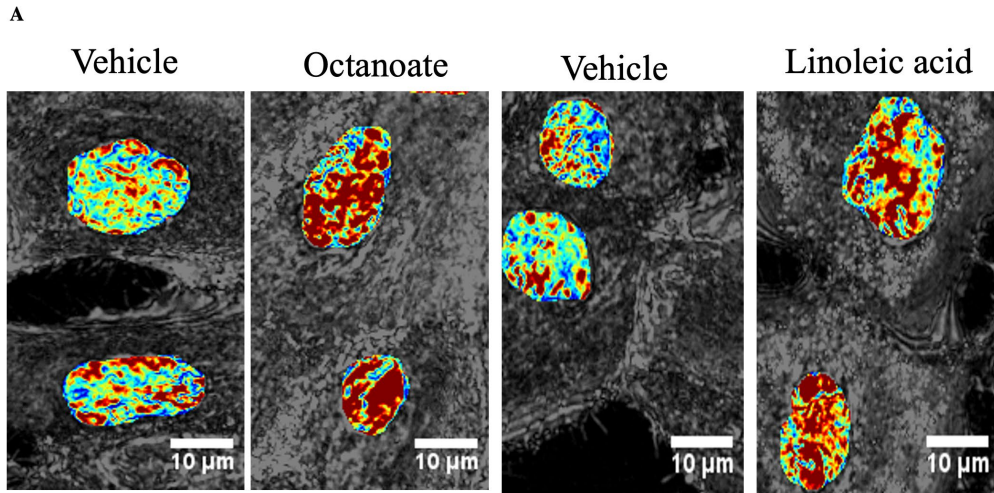
867 **Competing interests:** The authors declare that they have no conflict of interests.

868 **Data and materials availability:** The datasets generated and analyzed during the current study
869 are publicly available in the Gene Expression Omnibus: accession number GSE126799 (RNA-
870 seq) and XXX (ATAC-seq)



872 **Fig. 1. Lipid-rich environment enables transcriptional reprogramming in mammary**
873 **epithelial cells.** (A) 24-hour treatment of MCF10A cells with 5mM octanoate results in a
874 completely distinct transcriptional profile compared to untreated controls. E_{ctrl} is the expression
875 of genes in the control condition across all 3 control replicates, $E_{ctrl,avg}$ is the average expression
876 for the control condition across all genes and replicates, E_{oct} is the expression of genes across all
877 3 octanoate replicates. $E_{ctrl}/E_{ctrl,avg}$ represents the ratio of expression of a particular gene to the
878 average expression across all control cells. Thus, a positive value of $\ln\left(\frac{E_{ctrl}}{E_{ctrl,avg}}\right)$ corresponds to
879 genes that are highly expressed in the control conditions while a negative value of $\ln\left(\frac{E_{ctrl}}{E_{ctrl,avg}}\right)$
880 corresponds to genes that have an initial lower expression in the control condition. E_{oct}/E_{ctrl}
881 represents the ratio of expression of a particular gene for octanoate-treated versus vehicle control-
882 treated cells. Genes with initially low expression are upregulated while genes with initially high
883 expression are downregulated upon octanoate treatment. (B) Gene ontology analysis of
884 differentially expressed genes induced by octanoate treatment. Upregulated and downregulated
885 genes were first identified using DESeq2 (FDR < 0.01, $|\log_{2}FC| = 2$) for 5mM octanoate treated
886 cells compared to vehicle-treated control cells. Pathway enrichment analysis was performed on
887 identified differentially expressed genes with annotations from online pathway databases (KEGG,
888 Hallmark, Canonical Pathways, Reactome, BioCarta) and Gene Ontology Biological Processes.
889 Pathway enrichment was ranked by p-value on a $-\log_{10}$ scale and a selection from the top 25
890 pathways associated with upregulated genes (in red) and downregulated genes (in blue) are shown.
891 (C) GSEA analysis of Gene Ontology Biological Processes showing top pathways associated with
892 octanoate treatment with FDR < 0.1 related to differentiation, cell signaling, and metabolic
893 processes. (D) List of core enrichment genes differentially expressed in treated replicates -T4, T5,
894 T6 versus control replicates- C1, C2, C3 (I) Lipid storage pathways (II) Wnt pathway (III) Notch

895 pathway (IV) ERBB pathway each pathway as identified by GSEA leading edge analysis. (E)
896 Network analysis of pathways associated with the octanoate phenotype in GSEA analysis of Gene
897 Ontology Biological Processes. (F) qPCR analysis of genes associated with the NOTCH pathway.
898 Two genes, NOTCH3 and DLL4 show significant upregulation upon 5mM octanoate treatment
899 compared to other identified genes such as NOTCH1. Statistical significance was determined by
900 the unpaired t-test with Welch's correction.



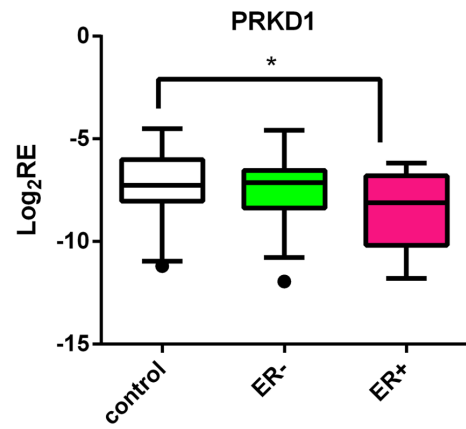
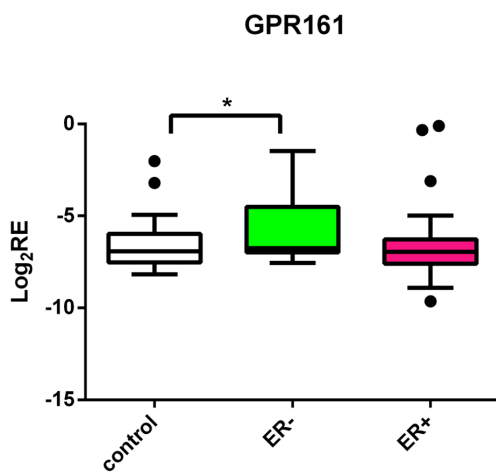
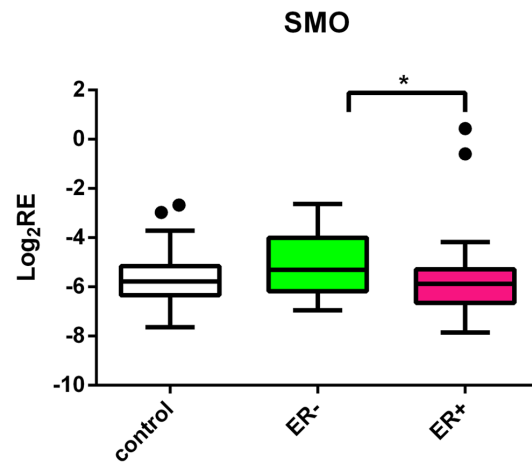
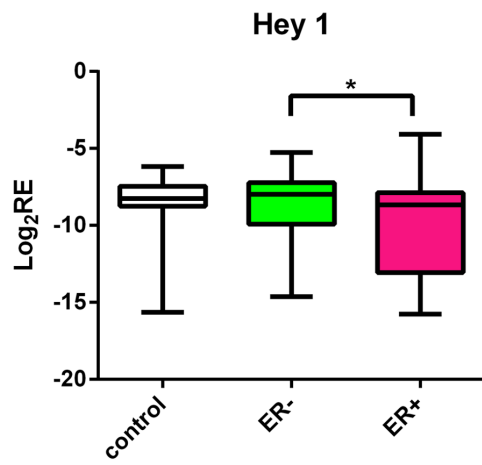
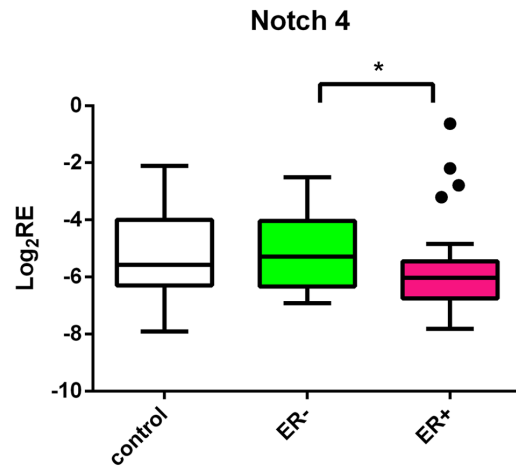
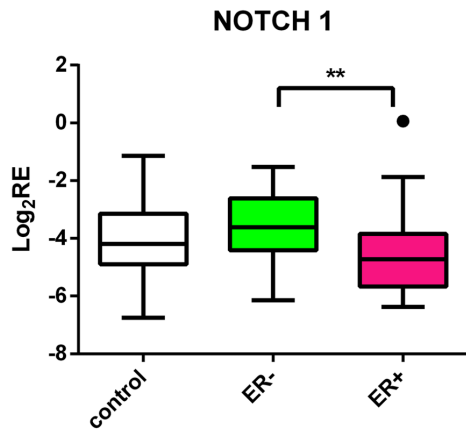
902 **Fig. 2. Linoleic acid alters large-scale chromatin packing behavior in MCF-10A cells.**

903 (A) Representative PWS microscopy images of MCF-10A cell nuclei at 24 hours after
904 treatment with vehicle controls and lipids – octanoate and linoleic acid. Scale bars, 10 μ m.
905 Chromatin packing scaling (*D*) map of nuclei shows an increase in chromatin packing
906 scaling upon lipid treatment as demonstrated by an increase in red regions.

907 (B) Changes in average chromatin packing scaling among MCF-10A cells upon treatment with
908 vehicle controls and lipids compared to untreated cells. Significance was determined using
909 unpaired Kolmogorov-Smirnov *t*-test (*****P* < 0.0001, **P* < 0.05). Bar graphs show the
910 mean change in intranuclear *D* across cell populations for N = 88 cells PBS (vehicle for
911 octanoate), N = 110 cells Octanoate (C8), N = 103 cells BSA (vehicle for linoleic acid),
912 and N = 94 Linoleic acid (C18:2). (C) Enrichment of genomic locations for 1704 open
913 chromatin regions (FDR < 0.05, logFC > 1) in LA treated MCF-10A cells. The enrichment
914 of peaks in each type of genomic region relative to the whole genome is shown on the y-
915 axis. Two ATAC-seq libraries were used for the analysis. (D) Pathway analysis for the
916 regions with increased chromatin accessibility in linoleic acid treated cells identified using
917 the KEGG database. (E) Biplot showing changes in chromatin accessibility for specific
918 regions identified by HOMER analysis. Motifs with a significant increase in the chromatin
919 accessibility are shown in blue and those with a significant decrease in accessibility are
920 shown in yellow (FDR < 0.05 and |logFC| > 1).

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925 **Fig. 3. Notch pathway is overexpressed in CUB samples of patients at high risk of ER- disease**

926 Expression of genes from various pathways in matching CUBs from ER negative, ER positive
927 patients and controls. The log₂-transformed relative (log₂RE) amounts of mRNA expression
928 normalized to the housekeeping gene and expressed as $\log_2 2^{-(CtX - CtGAPDH)} = -(CtX - CtGAPDH)$
929 where Ct is threshold cycle and X is gene of interest. IGF2 and GPR161 were significantly higher
930 in ER negative versus normal whereas ER positive showed significant increase in PRKD1 versus
931 normal. Genes from the Notch pathway were significantly higher in ER negative CUBs in
932 comparison to ER positive patients. Mann-Whitney test was used to test the pairwise differences
933 between the samples (ER+, ER-, Control) * p < 0.05; **p < 0.01.

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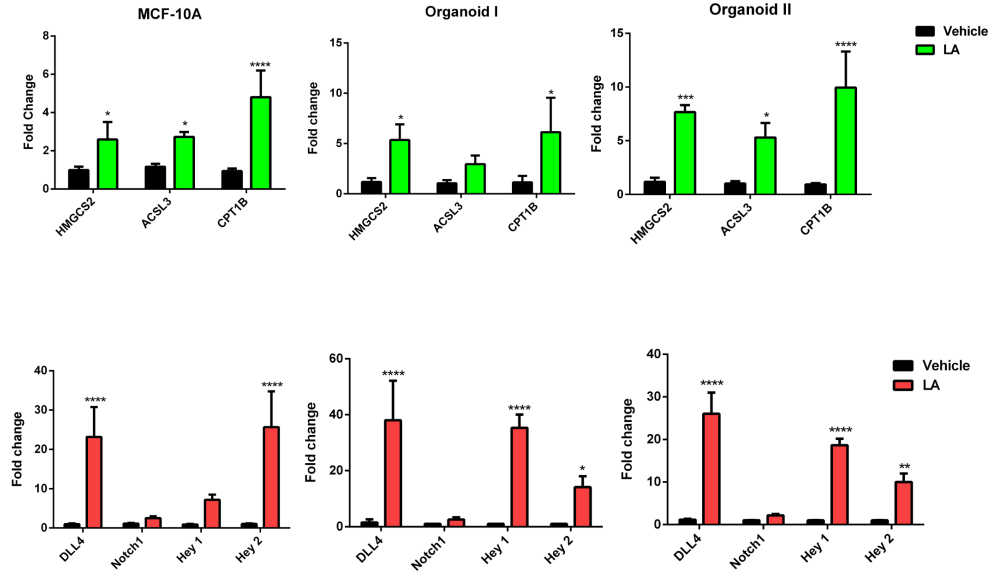
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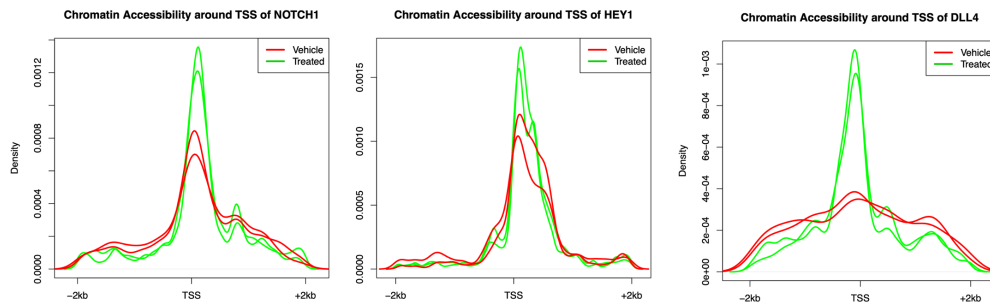
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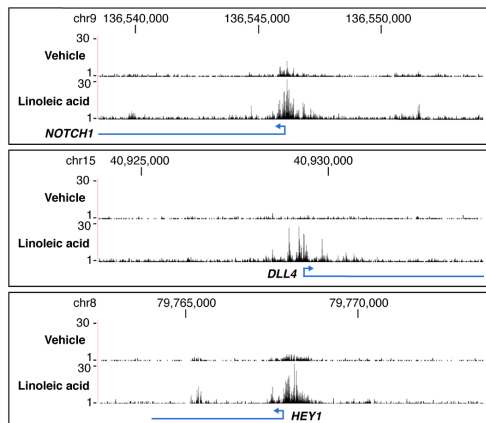
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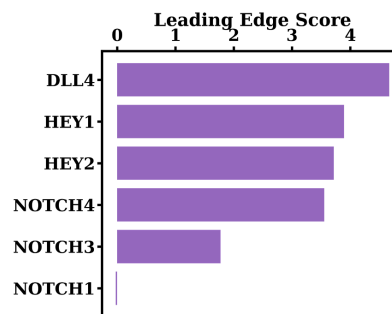
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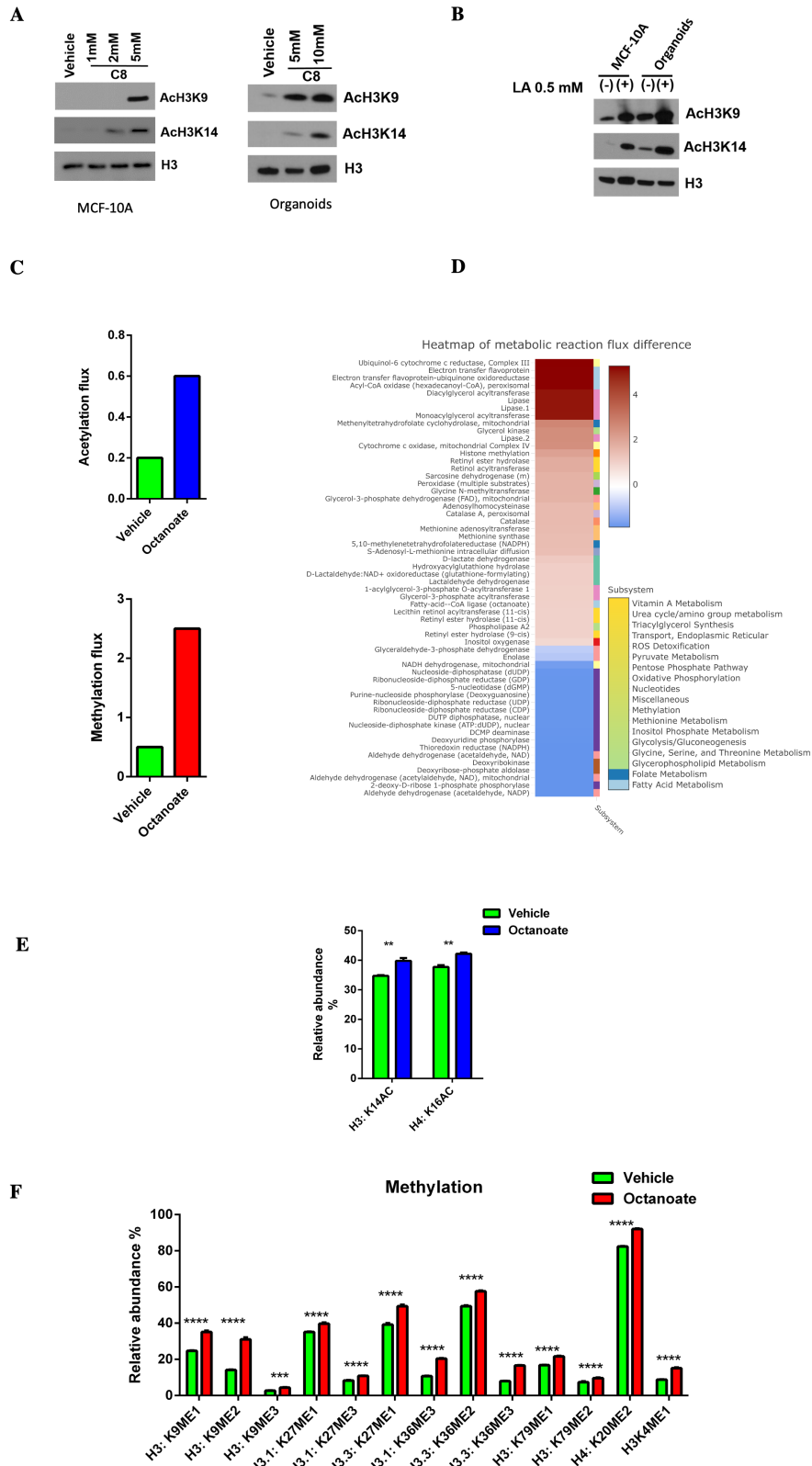


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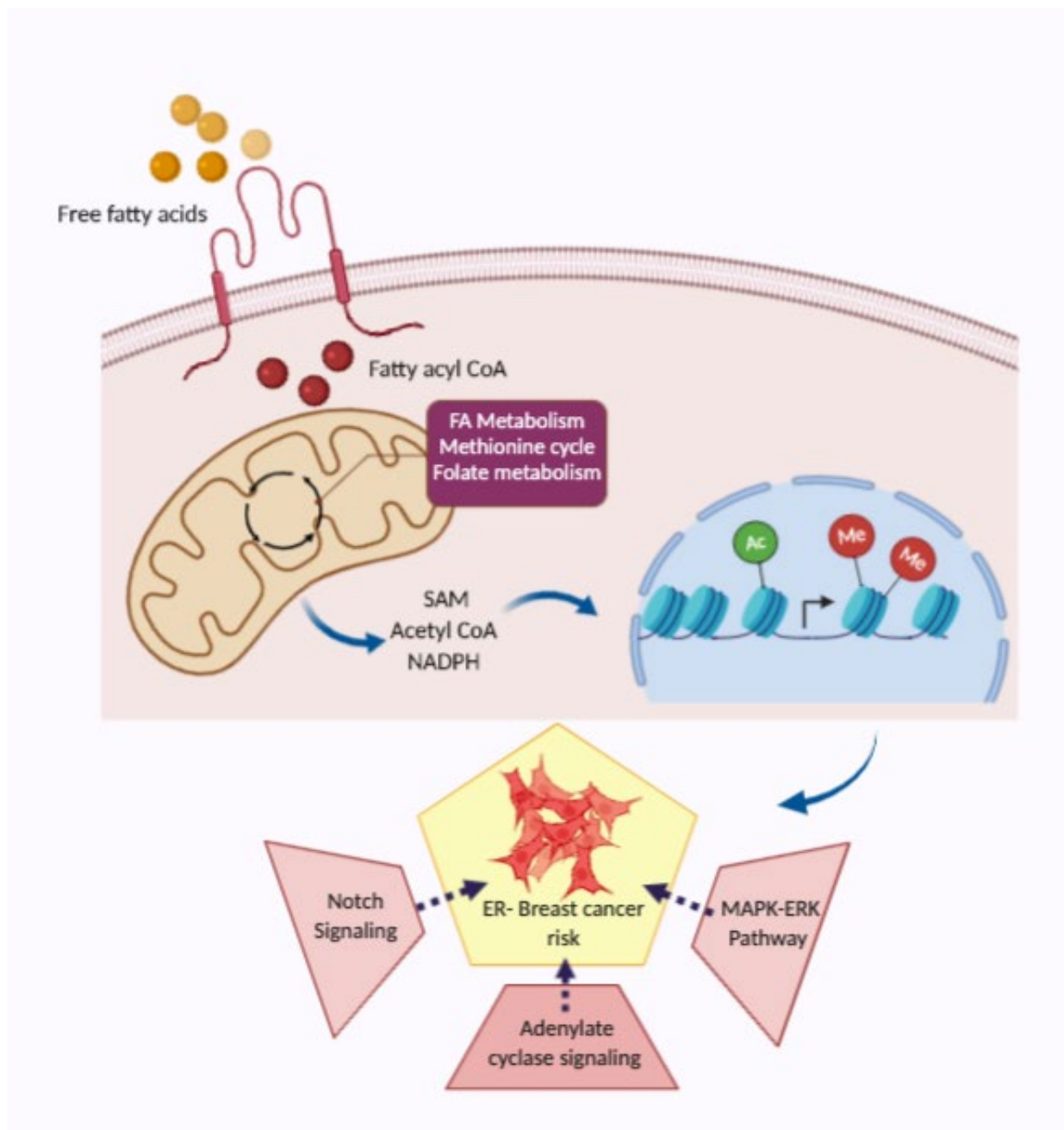
944 **Fig. 4. Increased DLL4/Notch signaling is associated with the stimulated fatty acid oxidation**

945 (A) qPCR data showing increase in lipid metabolism genes (green) and Notch pathway genes (red)
946 after 24-hour linoleate treatment in MCF-10A and mammary organoids. Statistical significance
947 was determined by the unpaired t-test with Welch's correction. (B) Chromatin accessibility in the
948 lipid treated cells around the transcription start site (TSS) of NOTCH1, HEY1 and DLL4
949 (FDR<0.001). (C) Gene tracks and increase in peaks for the Notch genes in LA treated cells with
950 the exact location on the chromosome. (D) Leading edge scores for genes of interest associated
951 with the NOTCH signaling pathway as determined by GSEA leading edge analysis. DLL4, HEY1,
952 HEY2, NOTCH3, and NOTCH4 were identified as core enrichment genes in the NOTCH
953 pathway.



955 **Fig. 5. Fatty acids drive histone modifications and metabolic flux** Western blot of histone
956 acetylation at H3 lysine K9 and K14 in MCF-10A cells and organoids treated with (A) octanoate
957 and (B) linoleic acid. (C) The effect of octanoate treatment on histone acetylation and methylation
958 flux in MCF-10A cells predicted using genome-scale metabolic modeling. (D) Heatmap of
959 reaction flux differences predicted by metabolic modeling to be differentially active (p-value <
960 0.01) between control and treatment. The corresponding pathways (subsystem) that each reaction
961 belongs to is listed in the legend. Proteomic acetylation (E) and methylation (F) profiling measured
962 by mass spectrometry of MCF-10A cells treated in triplicate with 5mM octanoate for 24 hours in
963 a complete media compared to vehicle. Two-way ANOVA was performed to determine the
964 statistical significance and corrected for multiple comparisons using Sidak test.

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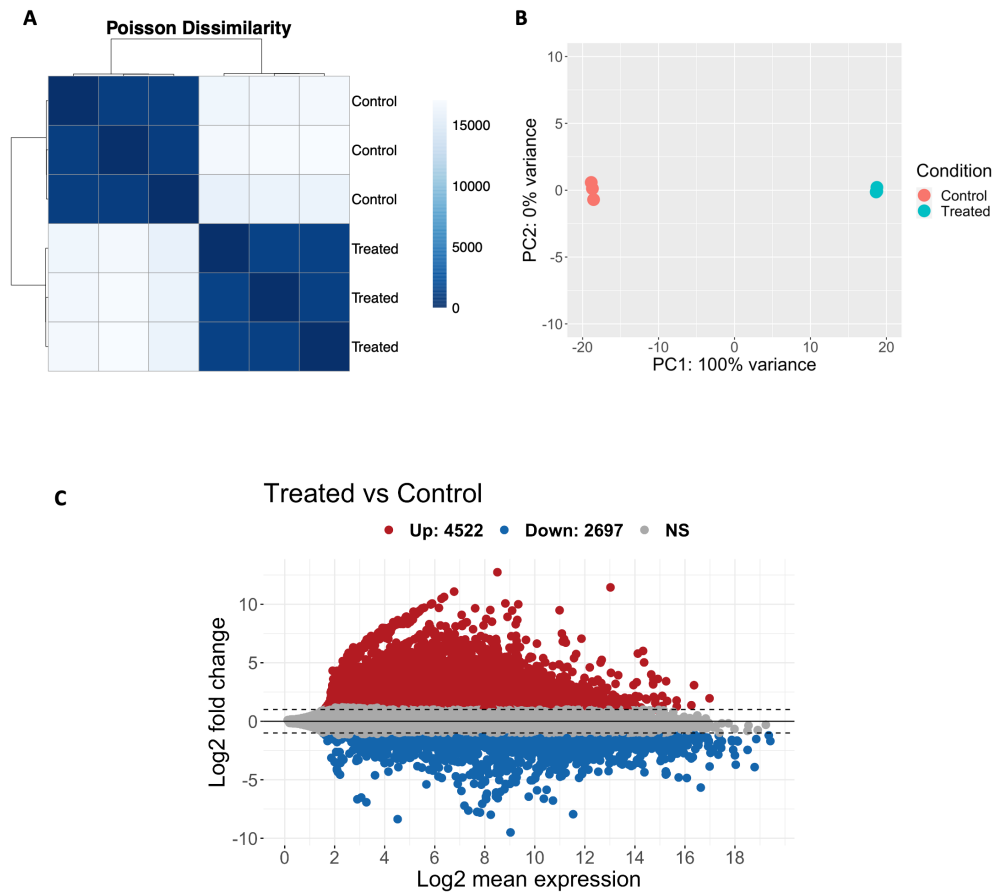
967 **Fig. 6. Proposed model illustrating the orchestration of lipid induced molecular changes**

968 *Sensors*: Senses the fatty acid rich environment and perturb cellular metabolism providing the

969 essential substrate for histone modifications and thereby turning on the *Mediators*- histone PTMs,

970 which consequently activates the *Effectors*- Notch, adenylate cyclase and MAPK-ERK the key

971 protein signaling associated with ER- breast cancer.



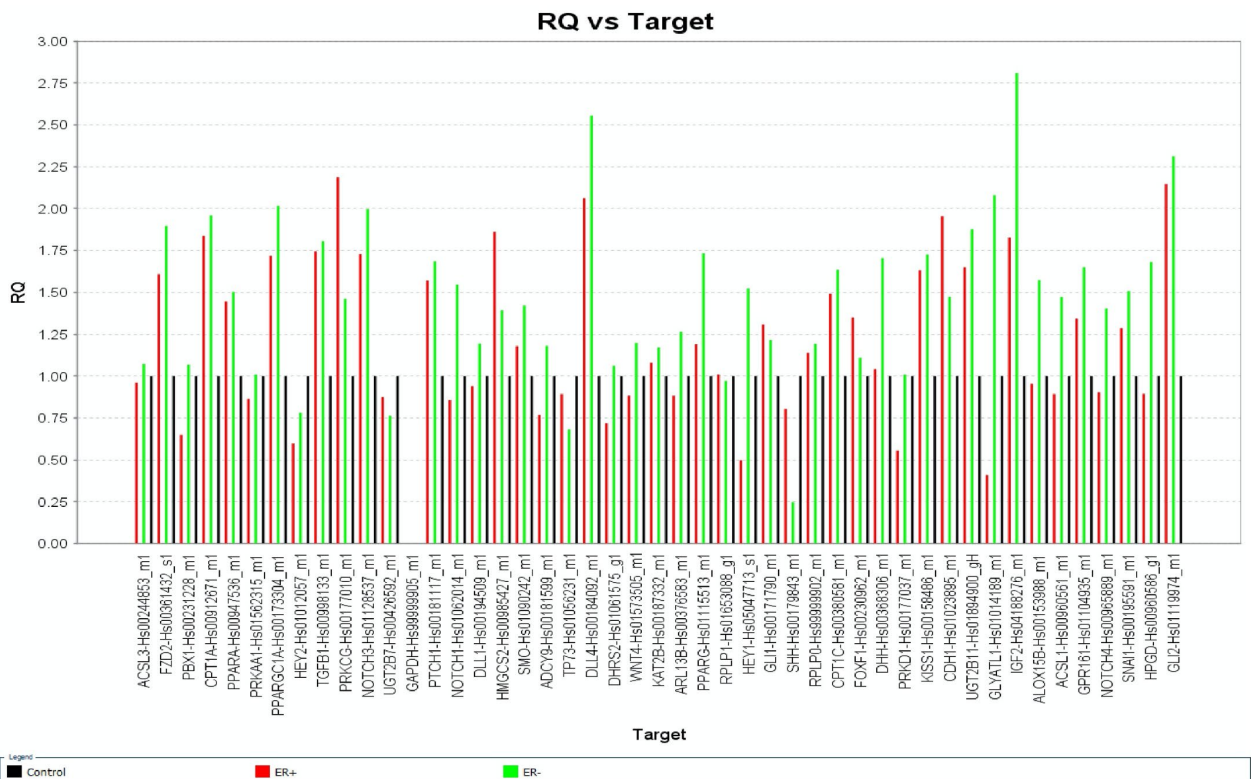
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973 **Fig. S1** (A)Poisson distance clustering to overview the distribution of counts and clustering in the
974 treated versus untreated group. Scalebar represents Poisson distance between samples. (B)
975 Principal component analysis (PCA) of the DESeq2 analysis showing two distinct populations of
976 control and treated group. PCA dimensionality reduction was performed on all samples. Almost
977 100% of the variance is associated with the first principle component, which separates replicates
978 in the vehicle and octanoate treatment conditions. (C) DESeq2 analysis showing 2131 upregulated
979 genes and 632 downregulated genes for octanoate group compared with the vehicle with FDR
980 cutoff = 0.01 and $|\log_2 FC| \geq 2$.

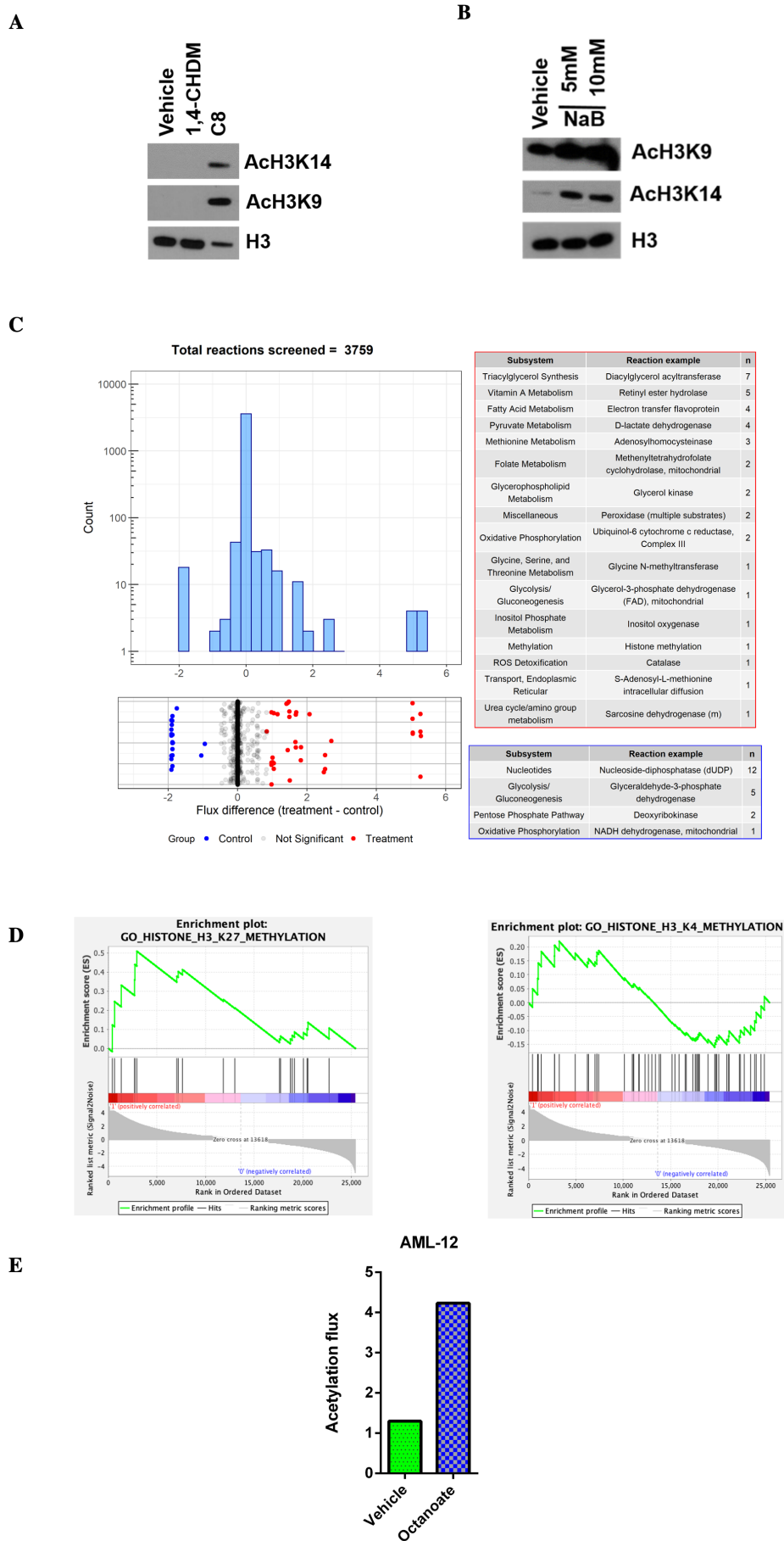
A

	N	Overall Pop: (n=84)	ER+ Pop: (n=28)	ER- Pop: (n=28)	Control Pop: (n=28)
Age	Median	50	51	50	50
	Range	(34-65)	(38-65)	(34-63)	(36-63)
BMI	Median	26	26	23	29
	Range	(17-41)	(18-40)	(17-41)	(21-41)
ER (%)	0	28 (33.33)	0	28 (100)	0
	1	28 (33.33)	28 (100)	0	0
	n/a	28 (33.33)	0	0	28 (100)
MenopauseStatus (%)	post	36 (42.86)	10 (35.71)	15 (53.57)	11 (39.29)
	post (hysterectomy)	13 (15.48)	7 (25)	1 (3.57)	5 (17.86)
	post (medication)	5 (5.95)	1 (3.57)	2 (7.14)	2 (7.14)
	pre	1 (1.19)	0	1 (3.57)	0
	pre(1)	7 (8.33)	1 (3.57)	1 (3.57)	5 (17.86)
	pre(2)	11 (13.1)	4 (14.29)	5 (17.86)	2 (7.14)
	pre(3)	11 (13.1)	5 (17.86)	3 (10.71)	3 (10.71)
MensmenoCode (%)	Early_Follicular	7 (8.33)	1 (3.57)	1 (3.57)	5 (17.86)
	Late_Follicular	11 (13.1)	4 (14.29)	5 (17.86)	2 (7.14)
	Luteal	11 (13.1)	5 (17.86)	3 (10.71)	3 (10.71)
	NA	1 (1.19)	0	1 (3.57)	0
	Post_menopausal	54 (64.29)	18 (64.29)	18 (64.29)	18 (64.29)
obcode (%)	NA	4 (4.76)	0	2 (7.14)	2 (7.14)
	NW	32 (38.1)	12 (42.86)	15 (53.57)	5 (17.86)
	OB	27 (32.14)	8 (28.57)	7 (25)	12 (42.86)
	OW	21 (25)	8 (28.57)	4 (14.29)	9 (32.14)
Race (%)	AA	13 (15.48)	3 (10.71)	3 (10.71)	7 (25)
	Cauc	70 (83.33)	24 (85.71)	25 (89.29)	21 (75)
	Other	1 (1.19)	1 (3.57)	0	0

B



982 **Fig. S2** (A) The difference in age and BMI among three groups was analyzed by ANOVA with
983 Sidak adjustment on pairwise comparison. The difference in menopausal status and race among
984 three groups were analyzed using X^2 test. The difference in HER2 status between ER1 and ER-
985 group was analyzed using X^2 test. (B) Histogram showing fold change or relative quantitation
986 (RQ) for all genes of interest in the ER + (red) and ER- (green) in reference to the controls (black).



988 Figure S3: (A) To verify that the acetylation was specific to exposure to a fatty acid, MCF10A
989 cells were exposed to 1,4-Cyclohexanedimethanol (1,4-CHDM), an alcohol with the same number
990 of carbons, hydrogens and oxygens as octanoic acid. (B) Western blot of MCF-10A cells treated
991 with HDAC inhibitor- sodium butyrate (NaB) 10mM for 24 hours to validate the specificity of the
992 histone antibodies against the acetylated H3K9 and HK14.

993 (C) The histogram and scatter plot show the distribution of flux differences of all 3759 metabolic
994 reactions in the model between octanoate treatment and control. The horizontal x-axis shows the
995 difference in flux of each reaction, while the y-axis of the histogram shows the total number of
996 reactions in each bin. Metabolic pathways and representative reactions that showed the greatest
997 differences in flux (p -value < 0.01) between the treatment and control are highlighted in the scatter
998 plot and listed in the table. (D) GSEA analysis showing H3K27 and H3K4 enrichment in octanoate
999 treated cells with corresponding leading-edge genes. (E) Predicted acetylation flux in octanoate
1000 treated AML-12 cells using FBA model.