

1 **Inhibition of phosphodiesterase - 10A by Papaverine protects human cortical neurons**
2 **from quinolinic acid induced oxidative stress and synaptic proteins alterations**

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31 **Abstract**

32 Phosphodiesterase-10A (PDE10A) hydrolyse the secondary messengers cGMP and cAMP
33 which play critical role in neurodevelopment and brain functions. PDE10A is linked to
34 progression of neurodegenerative diseases like Alzheimer's, Parkinson's, Huntington's
35 diseases etc and a critical role in cognitive functions. The present study was undertaken to
36 determine the possible neuroprotective effects and the associated mechanism of papaverine
37 (PAP) against quinolinic acid (QUIN) induced excitotoxicity using human primary cortical
38 neurons. Cytotoxicity potential of PAP was analysed using MTS assay. Reactive oxygen
39 species (ROS) and mitochondrial membrane potential were measured by DCF-DA and JC10
40 staining, respectively. Caspase 3/7 and cAMP levels using ELISA kits. Effect of PAP on the
41 CREB, BDNF and synaptic proteins such as SAP-97, synaptophysin, synapsin-I, PSD-95
42 expression was analysed by Western blotting technique. Pre-treatment with PAP increased
43 intracellular cAMP and nicotinamide adenine dinucleotide (NAD⁺) levels, restored
44 mitochondrial membrane potential ($\Delta\Psi_m$), and decreased ROS and caspase3/7 content in
45 QUIN exposed neurons. PAP up-regulated CREB and BDNF, and synaptic proteins
46 expression. In summary, these data indicate that PDE10A involves in QUIN mediated
47 neurotoxicity and its inhibition can elicit neuroprotection by reducing the oxidative stress and
48 protecting synaptic proteins via upregulation of cAMP signalling cascade.

49 **Keywords:** Phosphodiesterase-10A, cAMP, papaverine, quinolinic acid, oxidative stress,
50 synaptic proteins

51

52 **Introduction**

53 Phosphodiesterase-10A (PDE10A) is a key enzyme involved in hydrolysis of intracellular
54 second messengers cyclic adenosine monophosphate (cAMP) and cyclic guanosine
55 monophosphate (cGMP) in brain (Niccolini et al., 2015). cAMP activates protein kinase A
56 (PKA), resulting in the phosphorylation of the transcription factor cAMP response element
57 binding protein (CREB) which in turn induces the protein expression of brain-derived
58 neurotrophic factor (BDNF) and put together these protein regulate a wide range of biological
59 functions, such as synaptic plasticity, learning and memory etc. (Kowiański et al., 2018).
60 Imbalance in cAMP level is implicated in the various neurodegenerative diseases (Roush et
61 al., 2020). Dysregulation of tryptophan metabolism leads to the production of kynurenine
62 metabolites. Quinolinic acid (QUIN) is a neuro- and gliotoxic metabolite produced in

63 kynurenine pathway (KP) (Guillemin, 2012). QUIN causes neurotoxicity by overactivation of
64 N-methyl-D-aspartate (NMDA) receptors and by forming a coordination complex with iron
65 and copper resulting in excessive intracellular Ca^{2+} overload (Chen et al., 2010). It triggers
66 oxidative stress by increasing neuronal nitric oxide synthase (nNOS) and lipid peroxidation
67 (Braidy et al., 2009a). It also impairs mitochondrial oxygen consumption and causes
68 mitochondrial complex (I, II, III and IV) dysfunction (Mishra and Kumar, 2014). Higher
69 levels of QUIN have been found in Alzheimer's disease (AD) (G. J. Guillemin et al., 2005),
70 Parkinson's disease (PD) (Zinger et al., 2011), multiple sclerosis (MS) (Lim et al., 2017;
71 Sundaram et al., 2014), Huntington's disease (HD) (Sumathi et al., 2018). QUIN exposure
72 increases poly (ADP-ribose) polymerase (PARP) activity, depletes NAD^+ and adenosine
73 triphosphate (ATP) production in human primary neurons (Braidy et al., 2010). Depletion of
74 ATP causes mitochondrial membrane potential ($\Delta\psi_m$) collapse in turn the release of
75 cytochrome c (cyt c) and neuronal death (Cao et al., 2011). QUIN intoxication is shown to
76 decrease the synapse number in hippocampus region of the rat via down-
77 regulating expression of synaptic proteins such as PSD-95 and reduced phosphorylation of
78 CREB and BDNF expression in rats (Rahman et al., 2018).

79 Oxidative stress and excitotoxicity suppresses expression of synaptic markers such as
80 synapsin I, synaptophysin, BDNF, calcium-calmodulin dependent protein kinases II and
81 Calcineurin A which hinders brain development and function (Ansari et al., 2008a). PDE10A
82 is an isoenzyme distributed in various brain regions (cerebellum, thalamus, hippocampus, and
83 spinal cord etc); but it is highly expressed in frontal cortex (Heckman et al., 2016). Synaptic
84 density increases in cortical regions after birth in humans (Huttenlocher and Dabholkar,
85 1997). Interestingly, synaptic proteins are highly expressed in the cortical region and play a
86 vital role in the cortical development (Azir et al., 2018; Valtschanoff et al., 2000). Interaction
87 of pre and postsynaptic proteins facilitate synapse development, communication, long term
88 potentiation and memory formation (Abraham et al., 2019). Alterations in the cortical
89 synaptic proteome is a prominent pathological feature in AD (Counts et al., 2006). Cortical
90 neurons are more vulnerable to ROS attacks which affect synaptic proteins as well (Ansari et
91 al., 2008b). Studies in knockout mice suggests that PDE10A is involved in regulating basal
92 ganglia circuit which governs motor, emotional, and cognitive functions, maintains the
93 energy homeostasis and has a thermoregulatory role (Giampà et al., 2010; Hankir et al., 2016;
94 Siuciak et al., 2006). Its involvement in neurological disorders such as schizophrenia
95 (Persson et al., 2020) and HD (Giralt et al., 2013) is well documented. Papaverine (PAP), a

96 PDE10A isoenzyme inhibitor, is a major alkaloid obtained from the opium latex of *Papaver*
97 *somniferum*, family: Papaveraceae (Han et al., 2010) (Fig.1). PAP is clinically used as a
98 vasodilator and smooth muscle relaxant which mediates its action via cAMP (Kim et al.,
99 2014; Wilson and White, 1986). Phosphodiesterase (PDE) inhibitors are being increasingly
100 considered as therapeutic class for neurological disorders (Bhat et al., 2020). PAP is a potent
101 PDE10A inhibitor with an EC₅₀ value of 36 nM, devoid of any narcotic properties and with
102 lesser side effects as compared to PDE4 inhibitors (Boswell-Smith et al., 2006; Heckman et
103 al., 2016). Understanding the physiological role of PDE10A and advantages of its inhibitor
104 particularly in brain functions, in the present study we investigated the potential effects of
105 PAP against QUIN induced neurotoxicity in human primary cortical neurons. We
106 investigated the effects of PAP on oxidative stress, NAD⁺/NADH production, Caspase
107 activity, cAMP signaling cascade and synaptic proteins expression in QUIN exposed human
108 neurons.

109 **Materials and Methods**

110 **Reagents and antibodies**

111 Papaverine, quinolinic acid, 2',7'-dichlorofluorescein diacetate (DCFDA) were purchased from
112 Sigma Aldrich (Castle-Hill, Australia). CellTiter 96® Aqueous One Solution cell
113 proliferation assay kit and ApoTox-Glo™ Triplex Assay kit was obtained from Promega,
114 Australia. JC-10 staining kit was obtained from AAT Bioquest, Australia. NAD/NADH
115 Assay Kit, cAMP Elisa kit (ab234585), Rabbit Anti-PSD95 (ab18258), Rabbit Anti-SAP97
116 (ab3437), Mouse Anti-Synaptophysin (ab8049), Rabbit Anti-BDNF (ab108319) were
117 procured from Abcam, USA. Rabbit Anti-CREB, Rabbit Anti-Synapsin I was obtained from
118 Sigma Aldrich, USA. All other reagents and chemicals used were of analytical grade.

119 **Primary cortical neuronal culture**

120 Human neuronal cell culture was generated from the 17- to 20-week-old foetal brain tissue
121 collected after therapeutic termination following written informed consent obtained from the
122 participant. Approval for this study was taken from Human Research Ethics Committee of
123 Macquarie University (**Ethics approval: 5201300330**). The cortical neuronal cultures were
124 prepared and maintained according to the method described by Guillemain et al. (2005b).
125 Cells were plated in 96 well and 12-well culture plates coated with Matrigel (1/20 in
126 Neurobasal) and maintained in Neurobasal medium supplemented with 1% B-27 supplement,
127 1% Glutamax, 1% antibiotic/antifungal (Penicillin G 200 IU/mL, streptomycin sulphate 200

128 $\mu\text{g/mL}$), 0.5% HEPES buffer, and 0.5% glucose. The cells were maintained at 37°C in a
129 humidified atmosphere containing 95% air/5% CO_2 (Guillemin et al., 2007).

130 **Cell viability assay**

131 Cell viability of papaverine was evaluated using CellTiter 96® AQueous One Solution
132 Reagent (Promega) based on mitochondrial dehydrogenase activity. Neuronal cells were
133 seeded in Matrigel (1/20 in Neurobasal) coated 96 well plate and incubated with a range of
134 PAP concentrations (0.5, 1, 2, 5, 10, 20 μM) at 37°C for 72 hours. Twenty microliters of [3-
135 (4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium
136 (MTS) solution was added to each well. Absorbance was read at 490 nm in a microplate
137 reader (PHERAstar FS) at 24, 48 and 72 hours after PAP exposure.

138

139 **Treatment protocol**

140 Human primary neurons were pre-treated for 24 h with papaverine (2 and 5 μM ; doses were
141 fixed based on cytotoxicity assay results) followed by 48 hours exposure with QUIN (2 μM)
142 at 37°C .

143 **Reactive Oxygen Species detection using 2-7-Dichlorofluorescein Diacetate Assay**

144 Intracellular reactive oxygen species levels in primary human neurons was estimated using 2-
145 ,7-dichlorofluorescein (DCF)-DA assay. (Kim et al., 2012). After completing the treatment,
146 cells were washed with ice cold phosphate-buffered saline (PBS). DCF-DA (20 μM) was
147 added and incubated for 30 minutes. Fluorescence intensity was measured using a microplate
148 reader (PHERAstar FS, BMG Labtech) (excitation wavelength of 495 nm and emission
149 wavelength of 515 nm). ROS production was calculated as a percentage of the control.

150 **Mitochondrial membrane potential ($\Delta\Psi_m$) assessment**

151 Mitochondrial membrane potential was determined by using highly sensitive JC-10
152 (tetraethyl benzimidazolylcarbocyanide iodine) staining as per the manufacturer's
153 instructions (Li et al., 2016). The accumulation of the JC-10 dye is proportional to the
154 mitochondrial membrane potential. JC-10 gives green and red to orange fluorescence in low
155 and high $\Delta\Psi_m$, respectively. Following the pre-treatment with PAP, cells were washed with
156 ice cold PBS. 100 μL of JC-10 stain (30 μM) added and incubated for 20 minutes. JC-10
157 staining in the culture media was removed and 100 μL of HEPES buffer was added. The

158 change in fluorescence intensity was measured using microplate reader (PHERAstar FS) at
159 Ex/Em = 490/525 nm and 540/590nm. The shift from green to red indicates depolarisation.

160 **Measurement of caspase 3/7 activity**

161 Caspase 3/7 activity in primary neuronal cells was measured using ApoTox-Glo Triplex
162 Assay kit (Promega, Madison, WI, USA) as per the manufacture's instruction. Cells were
163 treated with PAP and QUIN as mentioned in the treatment protocol. 50 μ L of caspase Glo 3/7
164 reagent was added to each well and incubated for 2 hours at room temperature with constant
165 shaking. Caspase 3/7 activity was analysed by measuring luminescence using a microplate
166 reader (PHERAstar FS).

167

168

169 **Estimation of intracellular NAD⁺/NADH levels**

170 Intracellular NAD⁺/NADH ratio were measured using NAD/NADH Assay Kit (Abcam, Inc.,
171 Cambridge, MA, USA) as per the instructions (Ren et al., 2010, p. 2). Cells were washed
172 with ice cold PBS following the completion of treatment protocol. The cells were lysed with
173 400 μ L of NAD⁺/NADH extraction buffer containing a cocktail of protease inhibitor (Roche
174 Diagnostic, Castle Hill, NSW, Australia) and centrifuged at 10000 \times g for 5 min at 4°C. To
175 measure NAD⁺, 200 μ L aliquot of cell lysate was heat quenched at 60°C for 30 min. An
176 equal volume of NAD⁺/NADH reaction mixture was added to each well with cell lysate,
177 incubated at room temperature for 60 min, and absorbance was read at 450 nm using a
178 microplate reader (PHERAstar FS). The concentration of NAD⁺ or NADH was calculated
179 using a standard calibration curve.

180 **Measurement of cAMP concentration**

181 Cells were seeded in 12 well plate and were pre-treated with vehicle or PAP (2 and 5 μ M) for
182 24 hours and then exposed to QUIN (2 μ M) for 48 hours. At the end of the treatment protocol,
183 cells were washed with ice cold PBS and lysed using 0.1 M HCl for 20 minutes and
184 centrifuged for 10 minutes. Cell lysate was collected, and cAMP concentration was measured
185 using a direct immunoassay kit (Abcam, MA) following the manufacturer's instruction. In
186 brief, standards and samples were added to wells coated with an IgG antibody. A cAMP
187 conjugated to alkaline phosphatase was then added, followed by a rabbit polyclonal antibody
188 against cAMP. The antibody binds to cAMP in the sample or to the conjugate in a

189 competitive manner. The plate was washed, leaving only bound cAMP. para-Nitrophenyl
190 phosphate (pNpp) substrate solution was added and produced a yellow color when catalyzed
191 by the alkaline phosphatase on the cAMP conjugate. The stop solution was then added, and
192 the yellow color was read at 405 nm using a microplate reader (PHERAstar FS), and
193 concentration of cAMP was calculated using a standard calibration curve.

194 **Western blot analysis**

195 Cells were lysed with radioimmunoprecipitation assay (RIPA) buffer (50 mM Tris, pH 7.4,
196 150 mM NaCl, 1% NP-40, 5 mM EDTA, 0.5% sodium deoxycholate, 0.1% SDS, 50 nMNaF,
197 1 mM sodium vanadate) containing a cocktail of protease inhibitor (Roche Diagnostic, Castle
198 Hill, NSW, Australia). Total protein concentration was determined by BCA protein assay
199 (Bio-Rad Laboratories, Hercules,CA, USA), cell lysate samples were aliquoted and stored at
200 -80°C till used. Proteins (20 μg) were separated by using 12% bis-tris -SDS-PAGE (NuPAGE,
201 Invitrogen, Carlsbad CA, USA) by electrophoresis. Resolved proteins in the gels were
202 transferred onto nitrocellulose membranes (Biorad) and electroblotted. Membranes were
203 blocked with 5% non-fat skimmed milk in Tris-Buffered Saline and Tween 20 (TBST) for 1
204 hour followed by overnight incubation with the primary antibodies CREB (1:1000), BDNF
205 (1:1000), PSD-95 (1:1000), Synapsin (1:1000), Synaptophysin (1:1000), SAP 97 (1:1000) at
206 4°C . The membranes were rinsed with TBST (3 washings for 10 minutes), incubated with the
207 secondary antibodies (HRP conjugated anti-mouse or anti-rabbit IgG) for 1 h at room
208 temperature followed by 3 washings for 10 mins with TBST. The bands were visualised by
209 Odyssey Infrared Imaging System; Li-Cor, Lincoln, NE

210 **Statistical analysis**

211 Data were presented as mean \pm SEM. Group mean differences were analysed using one-way
212 ANOVA test followed by Tukey's multiple comparison test as post hoc test. Results were
213 analysed using GraphPad Prism version 7.04 with probability value of $p \leq 0.05$ considered as
214 significant.

215

216 **Results**

217 **Cell viability**

218 Cell viability was tested using CellTiter 96® AQueous One Solution Reagent (Promega) after
219 24-, 48 and 72-hour treatment with papaverine at concentrations 0.5, 1, 2, 5, 10 and 20 μ M.
220 **(Fig.2)**. We did not observe time or concentration dependent neuronal death in cell viability
221 assay

222 **Papaverine reduces QUIN induced reactive oxygen species (ROS) generation in human** 223 **cortical neurons**

224 QUIN exposed neurons showed significant ($p < 0.01$) increase in ROS production compared
225 to vehicle treated cortical neurons. Pre-treatment with PAP reduced ROS production in QUIN
226 intoxicated neurons. But a significant ($p < 0.01$) decrease in ROS production was observed at
227 5 μ M concentration **(Fig. 3)**. This shows that PAP has the potential to reduce oxidative stress.

228 **Papaverine restores mitochondrial membrane potential ($\Delta\Psi_m$) in QUIN exposed** 229 **human neurons**

230 Mitochondrial oxidative stress and $\Delta\Psi_m$ are involved in the neurodegeneration. Amelioration
231 of mitochondrial dysfunction is proposed as an effective way for slowing down the
232 progression of neurodegeneration (Wu et al., 2019). Increased production of ROS affects
233 mitochondrial structure and function, we assessed $\Delta\Psi_m$ by using JC10 staining.
234 Mitochondrial depolarization results in dye release and unquenching, increasing the
235 fluorescence signal is proportional to $\Delta\Psi_m$ values. In QUIN exposed human neurons we
236 found that fluorescence intensity increased significantly ($p < 0.01$) when compared with
237 vehicle treated neurons, indicating increased mitochondrial depolarisation. Pre-treatment with
238 PAP decreased mitochondrial depolarization in QUIN intoxicated neurons with a significant
239 ($p < 0.05$) protection recorded at 5 μ M **(Fig. 4)**.

240

241 **Papaverine suppressed QUIN induced caspase 3/7 activity in human neurons**

242 Neurons primarily use the intrinsic apoptotic pathway to undergo cell death and role of
243 caspase-3 and caspase 7 in progression of neurodegeneration is well studied using knockout
244 mouse model (D'Amelio et al., 2010). Increase in the oxidative stress elicits
245 neurodegeneration by activating the early apoptosis cascade (Dos Santos et al., 2018). We
246 found that QUIN significantly ($p < 0.01$) increased caspase3/7 activity in neurons when
247 compared to vehicle treated cells. Pre-treatment with papaverine reduced QUIN induced
248 caspase 3/7 activity with a significant ($p < 0.01$) decrease at 5 μ M concentration when
249 compared with QUIN alone exposed cells **(Fig.5)**.

250 **Papaverine increases intracellular NAD⁺/NADH level in human neurons**

251 We also investigated the effects of PAP on NAD/NADH content in QUIN treated cells.
252 Human neurons exposed to QUIN showed significant ($p < 0.01$) decrease in intracellular
253 NAD⁺/NADH content when compared with the vehicle treated cells. Papaverine pre-
254 treatment showed dose dependent increase in NAD⁺/NADH content and a significant ($p <$
255 0.01) increase was found at 5 μ M when compared with QUIN exposed human neurons (**Fig.**
256 **6**).

257 **Papaverine increases intracellular cAMP content in QUIN exposed human neurons**

258 Next, we investigated the effects of PAP on cAMP content in human neurons using ELISA
259 kit. QUIN exposed neurons were found to have a significant ($p < 0.05$) decrease in cAMP
260 levels as compared to vehicle treated neurons. Pre-treatment with PAP increased the cAMP
261 levels when compared with QUIN exposed neurons with a significant ($p < 0.01$) increase at 5
262 μ M concentration (**Fig.7**).

263 **Papaverine upregulated CREB/ BDNF expression in primary human neurons**

264 Further we investigated the effects of PAP on the expression of CREB and BDNF in QUIN
265 exposed human cortical neurons. CREB is an important cellular transcription factor
266 regulating the expression of neurotrophic factors such as BDNF are important for synaptic
267 plasticity and memory (Wang et al., 2018). QUIN was shown to significantly ($p < 0.05$)
268 reduce the expression of CREB in human neurons. Pre-treatment with papaverine
269 significantly increased ($p < 0.05$) the expression of CREB in human neurons (**Fig.8A**). Brain-
270 derived neurotrophic factor (BDNF) is reported to play an important role in the survival of
271 neurons (Miranda et al., 2019). A significant decrease ($p < 0.05$) in BDNF expression was
272 found in QUIN exposed human neurons. Pre-treatment with papaverine significantly ($p <$
273 0.01) reversed the QUIN induced decline in BDNF expression in human neurons as
274 compared to QUIN exposed cells (**Fig.8B**).

275 **Papaverine increased the expression of synaptic associated proteins like Synapsin-I,**
276 **Synaptophysin, PSD-95 and SAP-97**

277 Next, we investigated the effects of PAP against QUIN mediated synaptic damage in human
278 neurons. QUIN exposure significantly reduced the expression of Synapsin I ($p < 0.05$),
279 synaptophysin ($p < 0.01$), PSD-95 ($p < 0.01$) and SAP-97 ($p < 0.05$) in human neurons. Pre-
280 treatment with PAP significantly upregulated the expression of Synapsin I ($p < 0.01$),

281 synaptophysin ($p < 0.01$), PSD-95 ($p < 0.01$) and SAP-97 ($p < 0.01$) when compared with
282 QUIN exposed neurons (**Fig. 9**). Taken together, these results indicate that inhibition of
283 PDE10A with papaverine was enough to induce both presynaptic and postsynaptic
284 remodelling and instigate the expression of synapsis associated proteins in QUIN exposed
285 human neurons.

286 **Discussion**

287 The present study is the first of its kind to show the protective effects of papaverine against
288 QUIN induced excitotoxicity in human neurons. Our results showed that PAP alleviates
289 oxidative stress by upregulating cAMP and enhances the expression of synaptic proteins.
290 PDE10A is highly expressed in the hippocampus and cortex which are highly vulnerable to
291 excitotoxicity (Heckman et al., 2016). PDE10A plays a pivotal role in these neurons as it
292 regulate cAMP cascade and its inhibition is shown to activate and phosphorylate CREB and
293 other neurotrophic factors (Steffan et al., 2000). Increased expression of PDE10A precipitates
294 NMDA receptors and increased dopamine D₁- and D₂ receptor activity which alters
295 cognitive and motor functions by disrupting the integration of information from cortical
296 projections (Smith et al., 2013). Several studies have shown that PDE10A is implicated in the
297 progression of neurodegenerative diseases such as HD (Cardinale and Fusco, 2018; Harada et
298 al., 2017), PD (García et al., 2014; Lee et al., 2019a), MS (Suzumura et al., 1999)
299 schizophrenia (Schmidt et al., 2008) and cognitive dysfunctions (Rodefer et al., 2012) which
300 is due to overexcitation of NMDA receptors and disruption of mitochondrial bioenergetics
301 (Bading, 2017).

302 Oxidative stress causes destruction of genetic materials, lipids and proteins (Birben et al.,
303 2012) and also linked to the pathogenesis of many neurodegenerative diseases (Islam, 2017).
304 Recently we compiled the data that sleep deprivation alters tryptophan metabolism and the
305 neurotoxic KP metabolites produced impairs the cognitive functions (Abid, 2020). In this
306 study we used QUIN to induce oxidative stress in human neurons and observed that PAP, a
307 cAMP specific PDE10A inhibitor, has promising neuroprotective effects via improving
308 cAMP signalling and synaptic proteins expression. QUIN increases PARP activity, depletes
309 NAD⁺ (Braidy et al., 2009b), ATP production and activates apoptotic cascade resulting in
310 neuronal death (Gilles J Guillemin et al., 2005). Inhibition of PDE class of enzymes have
311 been found to reduce the apoptosis in neuronal cells (Mizuno et al., 2004). In the present
312 study QUIN exposure induced ROS production, caused mitochondrial membrane

313 depolarization, increased Caspase3/7 activity, and reduced NAD⁺/NADH content in human
314 primary neurons. Papaverine administration have been found to reduced Caspase-3
315 expression (Yurtsever Kum et al., 2018) and lipid peroxidation in rats (Chandra et al., 2000).
316 Papaverine is reported to restore mitochondrial respiration (Benej et al., 2018) by inhibiting
317 ROS production via supressing the expression of p47phox and improving Nrf2/ARE
318 signalling cascade in PD mouse model (Lee et al., 2019b). Consistently, in the present study,
319 we also observed a decrease in the production of ROS, restoration of mitochondrial
320 membrane potential, decrease in caspase3/7 activity and increased production of NAD⁺ in
321 human neurons treated with papaverine, which reveals the crucial role of PDE10A on
322 oxidative stress and apoptosis. cAMP signalling cascade contributes in reducing
323 inflammation and oxidative stress (Jung et al., 2010). Upregulation of PKA/CREB is closely
324 linked with the ROS neutralising, reducing neuroinflammation and increasing mitochondrial
325 biogenesis (Fernandez-Marcos and Auwerx, 2011). PAP improved cognitive function in HD
326 mice by upregulating the expression of cAMP/CREB in hippocampal region (Giralt et al.,
327 2013). It is reported to increase the expression of neurotrophic factors like BDNF and GDNF
328 which are necessary for the neuronal survival (Lee et al., 2019b). Increased expression of
329 BDNF facilitates long term potentiation and enhances memory consolidation in mice
330 (Radiske et al., 2017). Earlier we showed that PDE4 inhibition upregulates CREB/BDNF
331 expression in renovascular hypertensive rats (Jabaris et al., 2015). Similarly, PDE10A
332 inhibition with PAP shown to exert neuroprotective effect by supressing microglial activation
333 via nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κB) signaling pathway
334 and proinflammatory mediators and upregulates peroxisome proliferator-activated receptor
335 gamma (PPAR γ) signaling in mice (Dang et al., 2016; Lee et al., 2019b).

336 The current study adds evidence that PDE10A inhibition also increases cAMP/CREB and
337 BDNF expression in the QUIN intoxicated human neurons. Further, cAMP is shown to
338 influences the expression of synaptic proteins which are necessary for synaptic transmission
339 and release of neurotransmitters (Leenders and Sheng, 2005). Activation of
340 cAMP/PKA/CREB cascade enhances synaptic transmission in hippocampal neurons
341 (Leenders and Sheng, 2005). Furthermore, BDNF upregulates the expression of presynaptic
342 and postsynaptic proteins such as PSD-95, SAP-97, synaptophysin in cortical neurons of
343 Sprague-Dawley rats (Jourdi and Kabbaj, 2013). We have also recorded a significant increase
344 in the expression of presynaptic and postsynaptic proteins like SAP-97, synaptophysin,
345 synapsin-I and PSD-95 with PAP pre-treatment in QUIN exposed human cortical neurons.

346 Thus it can be inferred that PAP produces neuroprotection by upregulating cAMP signalling
347 cascade which combats the oxidative stress and synaptic dysfunction. Further in vivo studies
348 are in progress in our lab to study the effects of papaverine on synaptic proteins expression
349 and cognition in sleep deprived mice, wherein altered kynurenine metabolism and increased
350 QUIN level produces neurotoxicity.

351

352 **Conclusion**

353 The present study reports the neuroprotective effects of papaverine, a PDE10A inhibitor,
354 against quinolinic acid induced excitotoxicity in human neurons. Our study suggests that
355 upregulation of cAMP cascade by papaverine plays a key role in reducing oxidative stress
356 and increasing the expression of synaptic proteins. Therefore, papaverine may be considered
357 a promising therapeutic candidate for further studies aiming to improve synaptic function in
358 neurodegenerative diseases.

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365

366 **Conflicts of interest**

367 Authors declare no conflicts of interest.

368 **Informed Consent**

369 Written informed consent was obtained from the parents (5201300330).

370 **Abbreviations**

371 AD: Alzheimer's diseases; ALS: Amyotrophic lateral sclerosis; ANOVA: Analysis of
372 variance; A β : Amyloid beta; ARE: Antioxidant response element; ATP: Adenosine
373 triphosphate; BDNF: Brain-derived neurotrophic factor; cAMP: Cyclic adenosine
374 monophosphate; cGMP: Cyclic guanosine monophosphate; CREB: cAMP response element-
375 binding protein; Cyt c: Cytochrome c; DCFDA: 2',7'-Dichlorofluorescein Diacetate; EDTA:
376 Ethylenediaminetetraacetic acid; HEPES: 4-(2-hydroxyethyl)-1-piperazineethanesulfonic
377 acid; HD: Huntington's disease; JC-10:5,5,6,6'-tetrachloro-1,1',3,3' tetraethylbenzimi-
378 dazolylcarbocyanine iodide; KP: Kynurenine pathway; MS: Multiple sclerosis; MTS: 3-(4,5-

379 dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide; NAD: Nicotinamide adenine
380 dinucleotide; NMDA: N-methyl-D-aspartate; NF-Kb: Nuclear factor kappa-light-chain-
381 enhancer of activated B cells; nNOS: Neuronal nitric oxide synthase; Nrf2: Nuclear erythroid
382 2-related factor 2; PAP: Papaverine; PARP: Poly (ADP-ribose) polymerase; PBS:
383 Phosphate-buffered saline; PD: Parkinson's disease; PDE: Phosphodiesterase; PDE10A:
384 Phosphodiesterase-10A; PKA: Protein kinase A; pNpp: para-Nitrophenyl phosphate; PPAR γ :
385 Peroxisome proliferator-activated receptor gamma; PSD-95: Post synaptic density protein-95;
386 QUIN: Quinolinic acid; RIPA: Radioimmunoprecipitation assay; ROF: Roflumilast; ROS:
387 Reactive oxygen species; SAP 97: Synapse-associated protein 97; SDS: Sodium dodecyl
388 sulphate; SYN1: Synapsin- I; TBST; Tris-Buffered Saline and Tween 20; $\Delta\Psi_m$:
389 mitochondrial membrane potential

390

391

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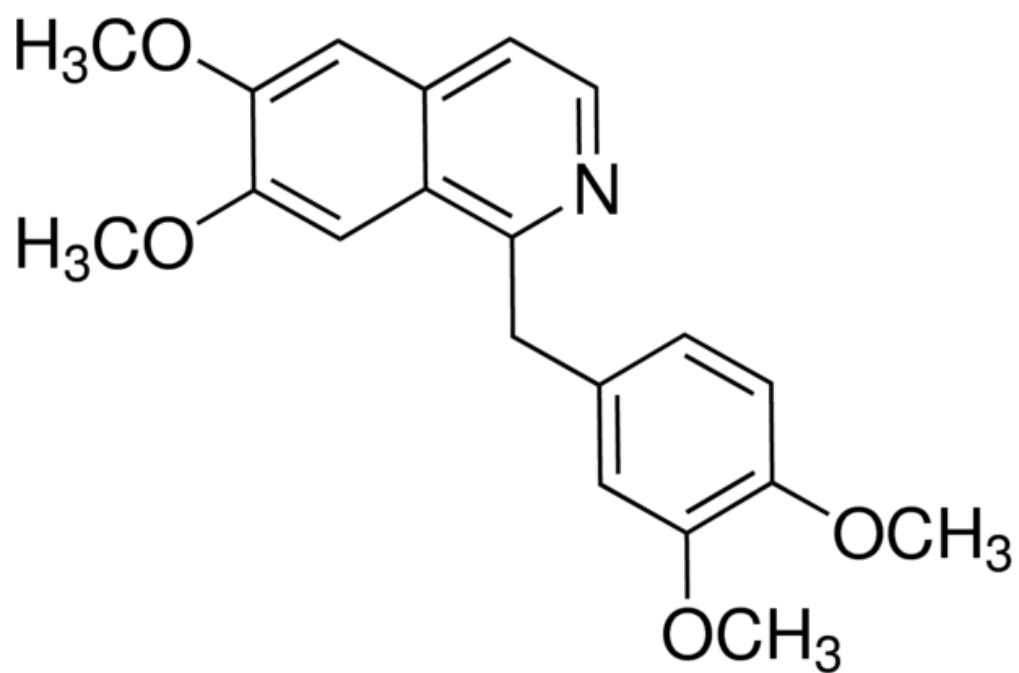


Figure 1: Chemical structure of Papaverine drawn with ChemBioDraw Ultra 12.

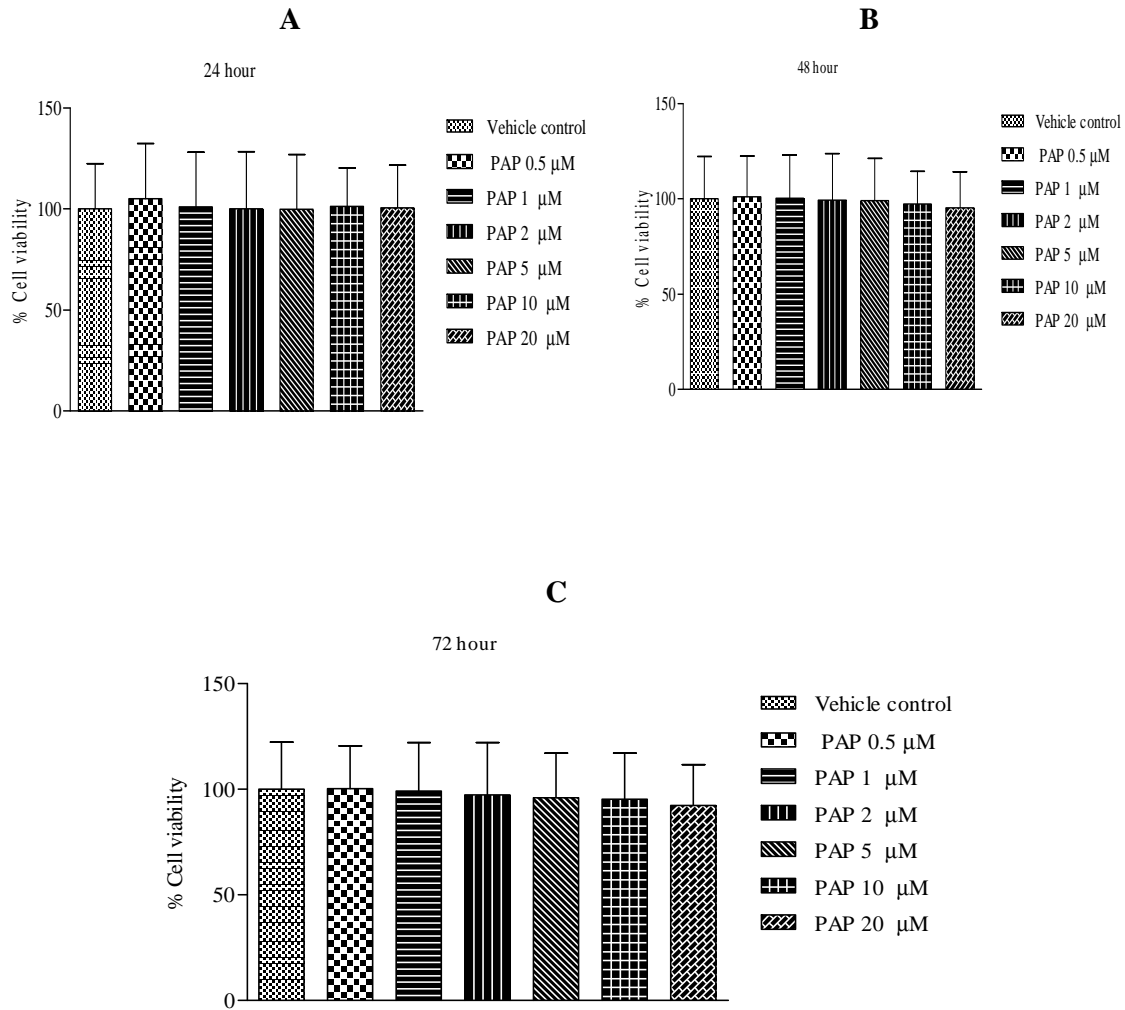


Figure 2: Papaverine did not show toxic effects at the tested concentration in human cortical neurons. (A) Human cortical neurons were treated with various concentrations of PAP and assessed for cell viability at 24 (A), 48 (B) and 72 h (C) using MTS solution.

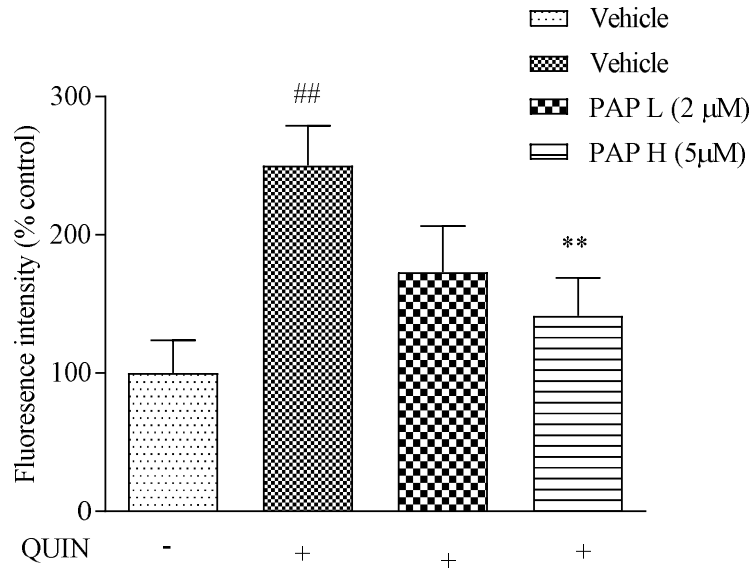


Figure 3: Papaverine reduces QUIN-induced ROS production in human neurons. Neurons were pre-treated with PAP (2 μM & 5 μM) for 24 hours, followed by 48-hour exposure with QUIN (2 μM). Data are presented as mean ± SEM (n = 3) and represent three independent experiments. ## denotes $p < 0.01$ vs vehicle, ** denotes $p < 0.01$ vs QUIN exposed neurons

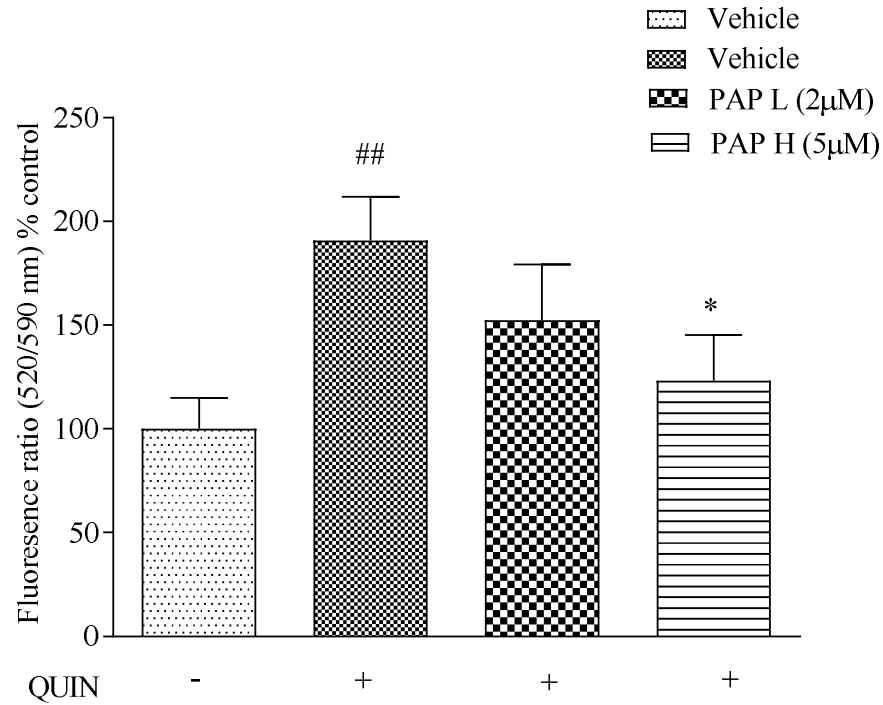


Figure 4: Papaverine restores mitochondrial membrane potential in QUIN exposed human cortical neurons. Neurons were pretreated with PAP (2μM & 5 μM) for 24 hours, followed by 48-hour exposure with QUIN (2μM). Neurons were incubated with JC-10 (30 μM) for 20 min. Data are presented as mean ± SEM (n = 3) and represent three independent experiments. ## denotes $p < 0.01$ vs vehicle, * denotes $p < 0.05$ vs QUIN exposed neurons

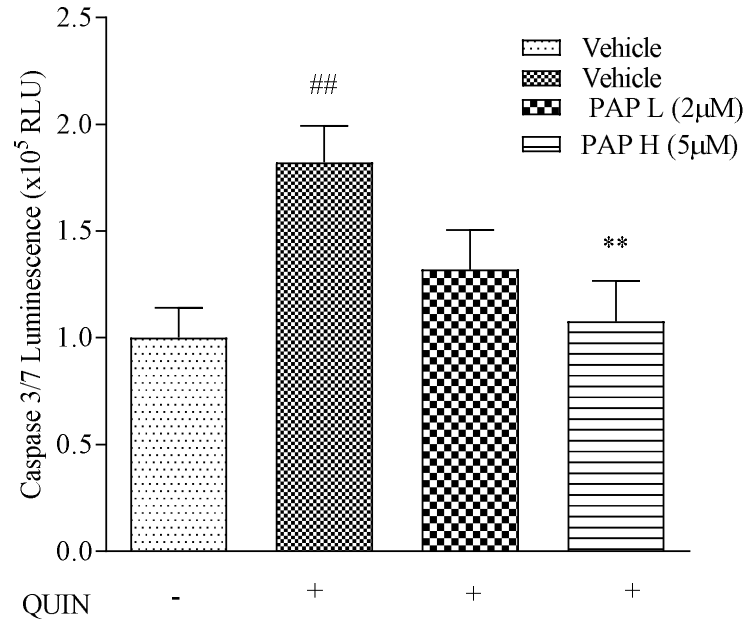


Figure 5: Papaverine decreases Caspase 3/7 activity in QUIN exposed human neurons. Neurons were pre-treated with PAP (2μM & 5 μM) for 24 hours, followed by 48-hour exposure with QUIN (2μM). Caspase 3/7 activity was assessed using ApoTox-Glo Triplex Assay kit (Promega, Madison, WI, USA). Data are presented as mean ± SEM (n = 3) and represent three independent experiments. ## denotes $p < 0.01$ vs vehicle, **denotes $p < 0.01$ vs QUIN exposed neurons

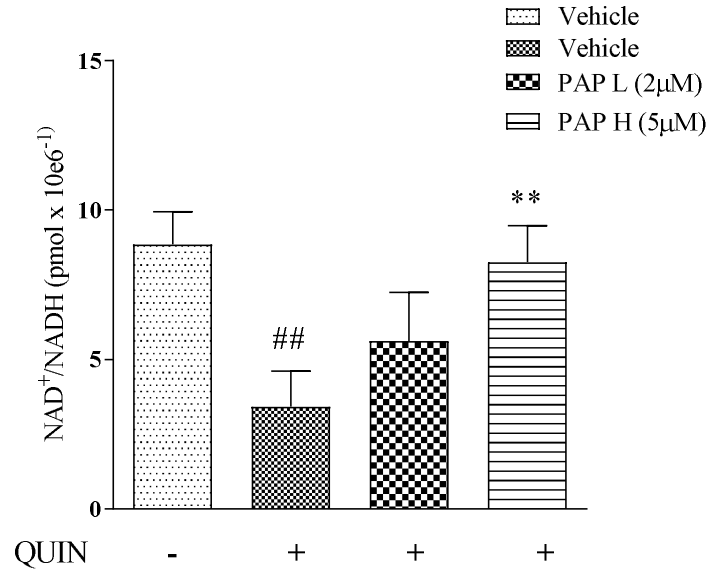


Figure 6: Papaverine increases NAD⁺/NADH levels in QUIN exposed human neurons. Neurons were pre-treated with PAP (2 μM & 5 μM) for 24 hours, followed by 48-hour exposure with QUIN (2μM). NAD⁺/NADH concentration were measured in accordance with the manufacturer's instruction (Abcam, Inc., Cambridge, MA, USA). Data are presented as mean ± SEM (n = 3) and represent three independent experiments. ## denotes $p < 0.01$ vs vehicle, ** denotes $p < 0.01$ vs QUIN exposed neurons

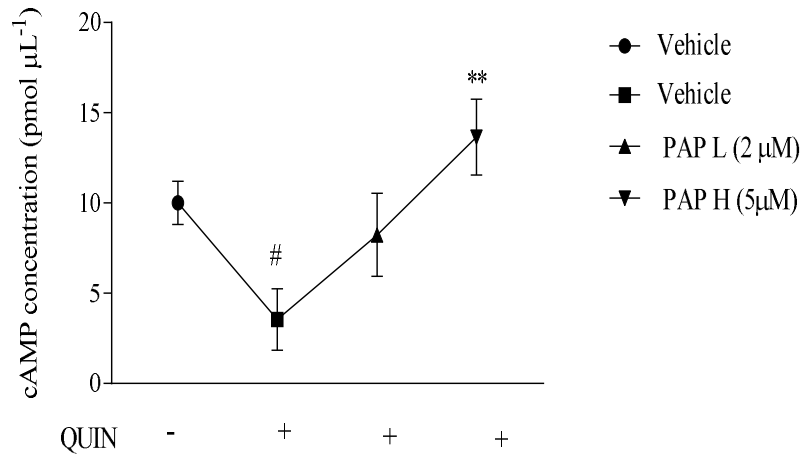


Figure 6: Effect of PAP on cAMP concentration in QUIN exposed human neurons

Pre-treatment with PAP increased cAMP concentration in QUIN exposed human neurons. Data are presented as mean \pm SEM ($n = 3$) and represent three independent experiments. # denotes $p < 0.05$ vs vehicle, **denotes $p < 0.01$ vs QUIN exposed neurons

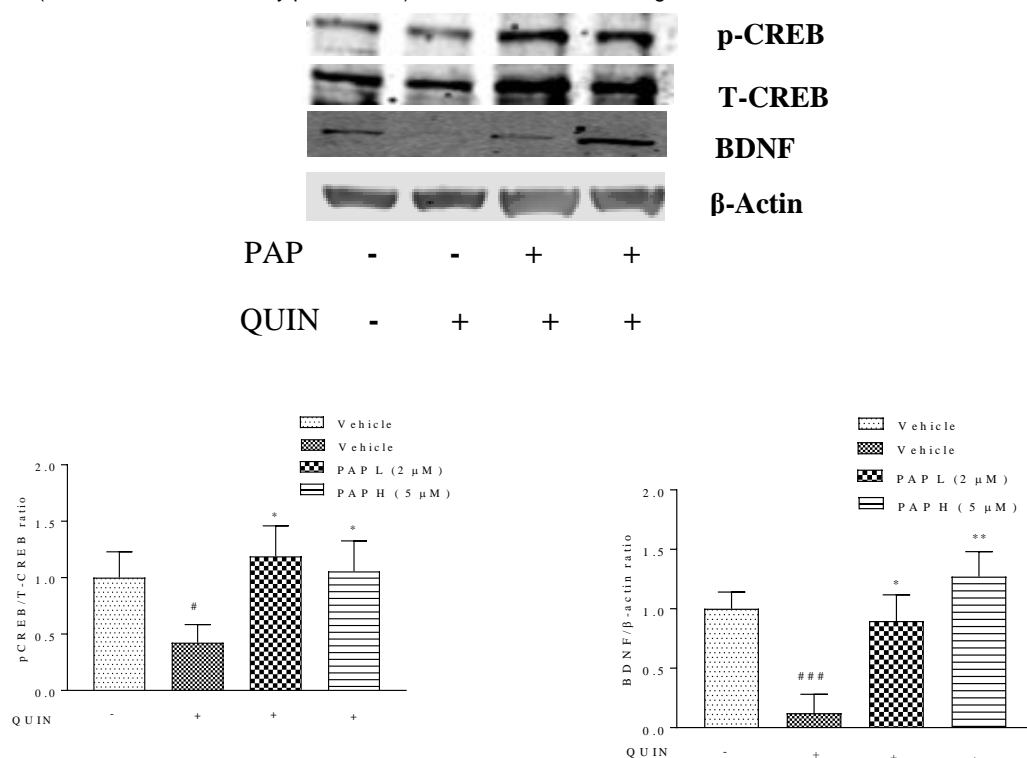


Figure 7: PAP upregulates the expression of CREB and BDNF in QUIN exposed neurons.

Neurons were pre-treated with PAP (2 μ M & 5 μ M) for 24 hours, followed by 48-hour exposure with QUIN (2 μ M). (A) Quantification of pCREB/T-CREB. (B) Quantification of BDNF/ β -actin. Data are presented as mean \pm SEM (n = 3) and represent three independent experiments. # denotes $p < 0.05$, ### denotes $p < 0.001$ vs vehicle, * denotes $p < 0.05$, ** denotes $p < 0.01$ vs QUIN exposed neurons

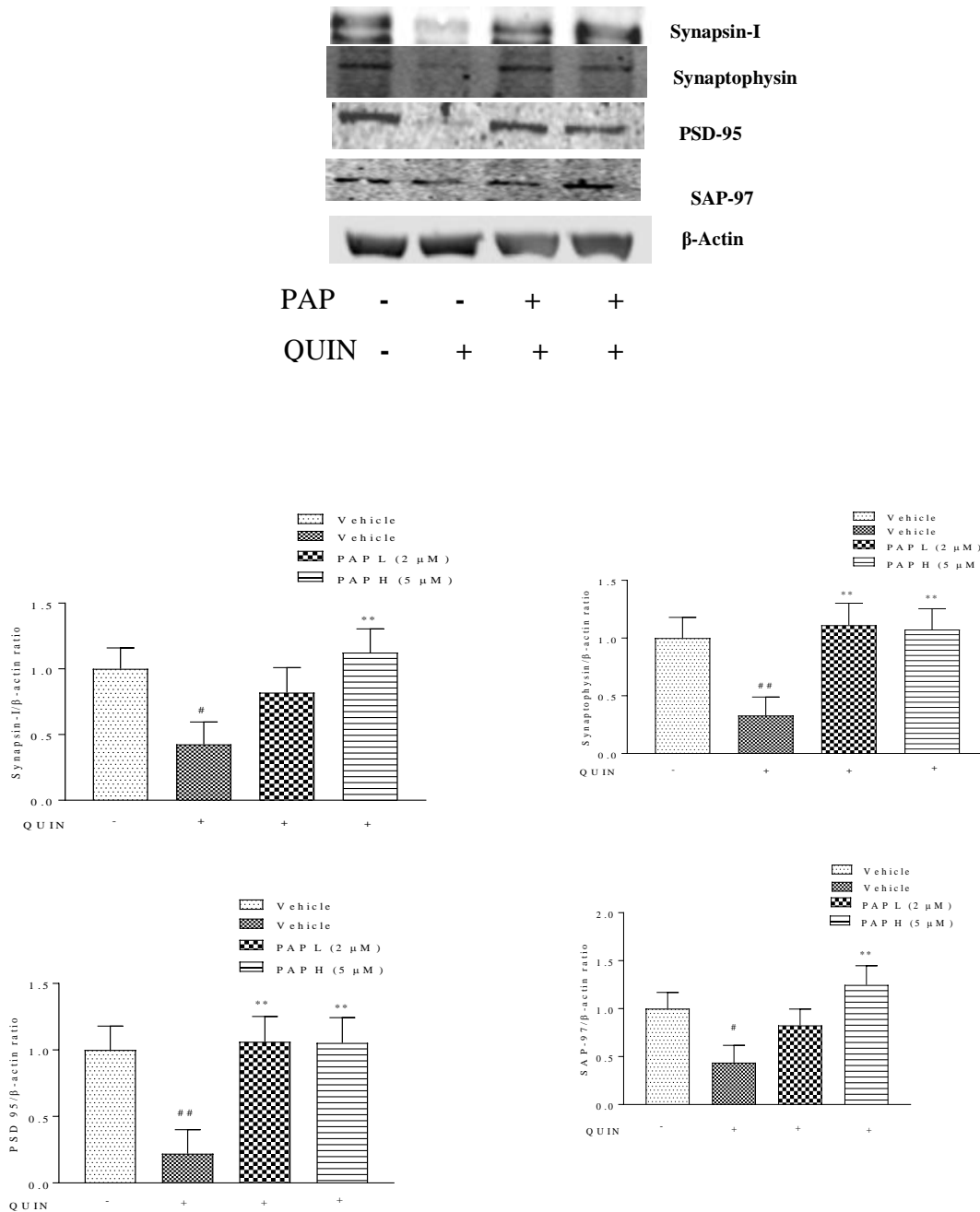
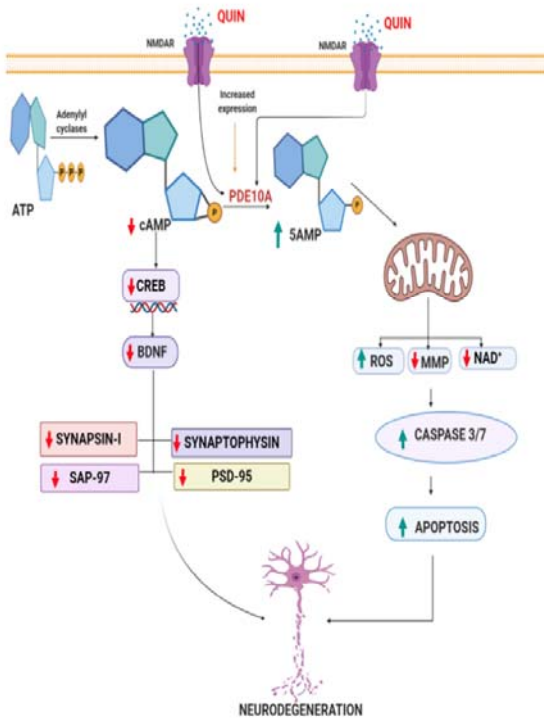


Figure 9: Papaverine increased the expression of Presynaptic and postsynaptic proteins in QUIN exposed neurons. Neurons were pre-treated with PAP (2 μ M & 5 μ M) for 24 hours, followed by 48-hour exposure with QUIN (2 μ M). (A) Quantification of Synapsin-I-97/ β -actin. (B) Quantification of Synaptophysin/ β -actin (C) Quantification of PSD-95/ β -actin (D) Quantification of SAP-97/ β -actin. Data are presented as mean \pm SEM (n = 3) and represent three independent experiments. # denotes $p < 0.05$, ## denotes $p < 0.01$ vs vehicle, ** denotes $p < 0.01$ vs QUIN exposed neurons

Quinolinic Acid Intoxication



Papaverine Pre-treated + Quinolinic acid Intoxication

