1   10/7/2020

2

3   PloSOne

4

5

6

7

8

9

10   **A protease protection assay for the detection of internalized alpha-synuclein pre-formed fibrils**

11   Timothy S. Jarvela, Kriti Chaplot and Iris Lindberg*

12   Department of Anatomy and Neurobiology

13   University of Maryland-Baltimore, Baltimore MD 21201

14

15   Keywords: synuclein, Parkinson's disease, TEV, endocytosis, neurodegeneration

16

17

18   *To whom correspondence should be directed:

19   Iris Lindberg, Ph.D.

20   Department of Anatomy and Neurobiology

21   20 Penn St., HSF2, S218

22   University of Maryland-Baltimore

23   Baltimore, MD 21201

24   Email: ilindberg@som.umaryland.edu

25   Phone: 410 706 4778

ABSTRACT

Alpha-synuclein pre-formed fibrils (PFFs) represent a promising model system for the study of cellular processes underlying cell-to-cell transmission of α-synuclein proteopathic aggregates. However, the ability to differentiate the fate of internalized PFFs from those which remain in the extracellular environment remains limited due to the propensity for PFFs to adhere to the cell surface. Removal of PFFs requires repeated washing and/or specific quenching of extracellular fluorescent PFF signals. In this paper we present a new method for analyzing the fate of internalized α-synuclein. We inserted a tobacco etch virus (TEV) protease cleavage site between α-synuclein and green fluorescent protein. As the TEV protease is highly specific, non-toxic, and active under physiological conditions, we are able to use protection from TEV cleavage to distinguish internalized PFFs from those which remain attached to the cell surface. Using this experimental paradigm, downstream intracellular events can be analyzed via live or fixed cell microscopy as well as by Western blotting. We suggest that this method will be useful for understanding the fate of PFFs after endocytosis under various experimental manipulations.

INTRODUCTION

Cell-to-cell transmission of proteopathic aggregates is increasingly understood to represent the underlying cause of the stereotypical spread of α-synuclein pathology observed in Parkinson's disease [1]. A variety of model systems have been developed to replicate this process *in vivo* [2-7] as well as in primary and immortalized cell culture [8-10]. Taken together, these experimental models have identified specific cellular components responsible for the internalization and transmission of α-synuclein.

Pre-formed fibrils (PFFs) represent a molecular form of α-synuclein thought to represent a good proxy for the cytotoxic species produced *in vivo* (reviewed in [10]). However, it has been difficult to develop experimental methods that permit the biochemical discrimination of intracellular PFFs from those remaining extracellularly, for example PFFs coating the cell surface. This problem is especially difficult to overcome given the known stickiness of synuclein aggregates. While trypan blue treatment of GFP-tagged synuclein has been used to quench the GFP signal from surface-attached PFFs [10], this method cannot be used in concert with immunocytochemical or biochemical analyses, or with prolonged chase periods following the quench. Because of the limitations of the current cell biology toolkit, our knowledge of the key processes and molecular players involved in the fate of pathological extracellular α-synuclein seeds following binding and internalization remains limited.

We here present a method for the specific detection of internalized α-synuclein PFFs. The assay provides an intact *vs* cleaved protein readout in response to incubation with or without TEV protease. With this method, intracellular α-synuclein PFFs are protected against cleavage due to the impermeability of the plasma membrane. The ability of membranes to block protease cleavage of target proteins has frequently been used to determine the subcellular localization and topology of transmembrane domain-containing proteins ([11]; reviewed in [12]). Here, we employ GFP-tagged α-synuclein PFFs containing an engineered TEV-P cleavage site to efficiently discriminate between intracellular and extracellular PFFs.

METHODS

Plasmids

pET21a- α-synuclein, encoding human α-synuclein, was a gift of the Michael J. Fox Foundation (Addgene plasmid #51486). The pRK172-mouse α-synuclein-GFP plasmid was a kind gift of Dr. Virginia Lee

66 (University of Pennsylvania) [10]. The tobacco etch virus protease (TEV) site (ENLYFQˇG) was inserted
67 following the 6x His tag, in frame with the start of the GFP sequence. A forward primer (5'-TAT TTT CAG
68 GGC ATG GTG AGC AAG GGC GAG-3') and reverse primer (5'- AAG ATT CTC GAG ATG GTG ATG GTG ATG
69 G-3') were combined using the Q5 site-directed mutagenesis protocol (New England Biolabs, Ipswitch,
70 MA). The resulting plasmid, pRK172-α-syn-TEV-GFP, was sequenced and transformed into competent
71 BL21(DE3) cells (Thermo Fisher Scientific, Waltham, MA, Cat# EC0114) for protein production.

72 **Protein Expression and Purification**
73 Protein production was performed using a protocol adapted from [13]. A 5 ml starter culture of
74 transformed bacteria was incubated in LB broth (Sigma, St. Louis, MO) with ampicillin (50 ug/ml) at 37°C
75 overnight. One liter of autoinduction media (10 g tryptone, 5 g yeast extract, 2 ml 1 M $MgSO_4$, H_2O to 930
76 ml) was autoclaved and completed by adding 50 ml of filter-sterilized 20x NPS (20x NPS: 0.5 M $(NH_4)_2SO_4$;
77 1 M KH_2PO_4, 1 M Na_2HPO_4) and 20 ml of filter-sterilized 50x 5052 (50x 5052: 50 g glycerol, 5 g glucose, 20
78 g lactose; H_2O to 200 ml) prior to inoculating autoinduction media with starter culture. The culture was
79 then grown in a shaking incubator at 30°C for 24 h. Cells were harvested by centrifugation at 4000 x *g* at
80 4°C for 20 min and the pellet frozen at -20°C for later use.

81 Pellets were thawed at room temperature and resuspended in a 10% volume of osmotic shock buffer (100
82 ml per 1000 ml culture; 30 mM Tris pH 7.2, 2 mM EDTA, 40% sucrose). The suspension was centrifuged at
83 9000 x g at 20°C for 20 min. The supernatant was discarded (a small amount of α-synuclein-GFP remains
84 in the supernatant at this point and can be recovered by dialysis into buffer A) and the pellet was
85 resuspended in 40 ml of ice-cold H_2O. A saturated $MgCl_2$ solution was added to the resuspension at a
86 1:1000 dilution (40 μl). The mixed suspension was incubated on ice for 3 min, and then centrifuged at 4°C
87 for 30 min at 9000 x g. The visibly green supernatant was collected; at this point, it was highly fluorescent
88 under UV light. The supernatant was loaded onto a 1 ml HiTRAP DEAE column (GE Healthcare, Boston,
89 MA) for ion exchange chromatography using an GE Akta Purifier (buffer A: 20 mM Tris-HCl, pH 7.4 (at 4°C),
90 buffer B: 20 mM Tris, 1 M NaCl, pH 7.4 (at 4°C)). The purification protocol was as follows: 1 column volume
91 (CV) buffer A; 2 CV 5% buffer B; 2 CV ramp to 10% buffer B; 2 CV 10% buffer B; 18 CV ramp to 80% buffer
92 B, 2.5 ml fractions; 2 CV ramp to 95% buffer B; and 3 CV at 95% buffer B to finish washing. Eluted fractions
93 can be identified using a hand-held UV-A light (wavelength 315-400 nm); fractions containing GFP appear
94 yellow under normal light and fluoresce green under ultraviolet light. Alternatively, the elution peak can
95 be determined by measuring absorbance at 488 nm. An aliquot of each fraction was analyzed by SDS
96 polyacrylamide electrophoresis (SDS-PAGE; see below) followed by Coomassie staining, and fractions with
97 strong α-syn-TEV-GFP bands were combined and further purified by His-tag affinity chromatography.
98 Human untagged α-synuclein used for *in vitro* fibrillation assays was prepared in a similar manner.

99 **PFF Generation**
100 Lyophilized α-syn-TEV-GFP protein was resuspended in a small volume of Dulbecco's PBS (dPBS), filtered
101 through a 0.45 μm filter, and diluted to 7.5 mg in a final volume of 1 ml in dPBS diluted 1/3 with water, as
102 described in [10]. The suspension was then shaken for 7 days at 37 °C in a 1.5 ml microcentrifuge tube
103 [10]. After 2 days the mixture became turbid. On day 7, the mixture was vortexed vigorously to create a
104 homogeneous suspension that was then aliquoted into 50 μl single-use aliquots and frozen at -80. For
105 experiments, one aliquot was rapidly thawed and kept at room temperature. Ten μl of fibril suspension
106 were added to 490 μl dPBS and sonicated using a Branson sonicator with a 0.125 inch microtip, 10%
107 power, 50% duty cycle, for 90 sec at room temperature. PFFs were not placed on ice, as that has been
108 shown to lead to dissociation of fibrils [14].

3

Cell Culture

Neuro2A cells (ATCC #CCL-131; Gaithersburg, MD) were grown at 37° C at 5% CO2 in OptiMEM/F12 (50/50; ThermoFisher Scientific) with 5% fetal bovine serum (Atlanta Biologicals, Flowery Branch, GA).

Protease Protection Assay

TEV protease (TEV-P) was purchased from NEB (Cat#P8112S). PFFs were prepared as above and premixed 1:10 (for a final concentration of 15 µg/ml) into OptiMEM (ThermoFisher Scientific). The PFF/OptiMEM mixture was then added to cells in various volumes of OptiMEM (10 µl for microwell inserts, 100 µl for 48-well plates) and incubated for approximately 1 h. TEV-P (10,000 units/ml stock) was diluted 1:10 in OptiMEM; this TEV-P/OptiMEM mixture was then diluted a further ten-fold into each well to a final concentration of 100 units/ml (1 µl for microwell inserts, 10 µl for 48-well plates). Controls were treated similarly, but using enzyme storage buffer (50 mM Tris-HCl, 250 mM NaCl, 1 mM EDTA, 50% glycerol) in place of TEV-P. The cells/PFFs were incubated in the presence of TEV-P or buffer for either 30 min (imaging experiments) or 60 min (Western blot experiments).

Lysotracker Experiment

Cells were grown and treated with PFFs as in the protease protection assay with the following additions. During the TEV-P treatment incubation, LysoTracker® Red DND-99 (Molecular Probes, Life Technologies) was added at 50 nM final concentration. At the end of TEV-P and Lysotracker incubation, cells were rinsed 1x in prewarmed media without TEV-P or Lysotracker, fresh media were added to the cells, and images were acquired as described below.

Primary Neuron Experiment

Primary hippocampal neurons were prepared as described [15]. Twenty thousand cells were plated on poly-L-lysine coated coverslips placed in a 24-well plate and allowed to differentiate in NeuroBasal medium containing 1X Glutamax, 20 µg/ml gentamycin and the B27 supplement (Sigma) for 7 days (all reagents were obtained from Sigma). The cells were then treated with 5 µg/ml GFP-TEV-α-syn PFFs for 1 h, followed by treatment with TEV-P for 30 min, with rinsing with culture medium after each step. After 4 more days of incubation in culture, cells were fixed in 4% paraformaldehyde for 15 min. Samples were stained with chicken anti-GFP antibody (AVES, Cat#GFP-1010, 1:1000) overnight at 4 C, followed by anti-chicken IgY Alexa fluor 647 (Invitrogen, Cat#A32933, 1:1000) and Hoescht stain for 1 h at room temperature. Samples were imaged using a Leica SP8 40X oil immersion objective.

Confocal Microscopy

Neuro2A cells were grown in 4-well micro-inserts (Ibidi, Planegg, Germany; #80409) attached to µ-Dish 35-mM gridded polymer cover-slipped dishes (Ibidi, #81166) to allow concurrent imaging of multiple conditions as well as to minimize the volume of reagents required. Cells were seeded at approximately 2×10^4 cells per well, in 10 µl of media, one day prior to PFF treatment. Excess media was added around the micro-insert as an evaporation barrier, as per the manufacturer's protocol. PFFs and TEV-P were added as described above. Post-TEV-P treatment images of GFP fluorescence were acquired (EX:488 nm, EM: 500-550 nm) and 10 µl of 2 mM trypan blue in dPBS was then added to each microwell to quench extracellular fluorescence. After 1 min a post-quench image was acquired both for GFP fluorescence and for trypan blue fluorescence (excitation: 561 nm; emission: 570-640 nm). For Lysotracker experiments, Lysotracker red images were acquired with a 561 nm excitation laser and a 570-640 nm emission filter. Live cell confocal microscopy was performed on a Nikon W1 spinning disk confocal system (Nikon Ti2 inverted microscope; Hamamatsu sCMOS camera), at the Confocal Microscopy Core Facility, University of

152   Maryland-Baltimore. Acquisition was controlled using Nikon Elements software. Cells were incubated at
153   37°C and under 5% CO_2 in Opti-MEM during imaging. Image analysis was performed with ImageJ using the
154   "Analyze Particles" plugin to measure total fluorescence signal for a 3D image stack.

155   **Viability Analysis**

156   Neuro2A cells were plated at 4000 cells/ well in complete medium in a 96-well plate. Twenty-four h later,
157   the culture medium was removed and replaced with 50 μl of OptiMEM. Fifty μl of OptiMEM containing
158   either TEV-P, Triton-X, or TEV-P buffer (final concentrations 100 U/ml, 1%, and 2% respectively) were then
159   added to the appropriate wells in quadruplicate, and the plate incubated at 37 C for 30 min. Buffer-treated
160   and untreated cells were used as controls. The cells were rinsed once with OptiMEM, the medium
161   replaced with complete Neuro2A medium, and the cells allowed to recover in the incubator for 24 h. The
162   culture medium was then removed and replaced with 50 μl of fresh Neuro2A medium. Fifty μl of Neuro2A
163   medium containing 10 μl of WST-1 reagent (Sigma) were then added to each well and the plate incubated
164   at 37 C for 2 h. The absorbance of 100 μl of the medium was then measured in a 96-well plate using a
165   BenchmarkPlus microplate spectrophotometer (Biorad). The absorbance at 690 nm, and the absorbance
166   of the medium-only blank, were subtracted from the absorbance at 450 nm. The percent survival was
167   computed by normalizing the absorbance values for each well with the average values from untreated
168   wells. One-way ANOVA and Tukey's multiple comparisons tests were performed to determine statistical
169   significance.

170   **SDS-PAGE and Western Blotting**
171   Neuro2A cells were seeded at approximately $1x10^5$ cells per well in a 48-well tissue culture plate (Corning).
172   After 24 h, media were replaced with prepared PFF media (as above, 100 μl per well) and returned to
173   incubate for 1 h. TEV-P treatment was performed as described above, and cells were incubated for 1 h.
174   Cells were then quickly denatured by adding 100 μl of 2X sample buffer (100 mM Tris-HCl, 8% SDS, 4% β-
175   mercaptoethanol, 24% glycerol, 0.02% bromophenol blue, pH 6.8) to the wells. Samples were then heated
176   at 95°C for 10 min prior to SDS-PAGE electrophoresis. Electrophoresis using Mini-PROTEAN AnykD precast
177   gels (BioRad, Richmond, CA) was performed using 15 μl of the lysis solution. The proteins were transferred
178   to nitrocellulose using a Trans-Blot Turbo Transfer System (BioRad), using the mixed MW protocol (7 min,
179   1.3 amps). Membranes were blocked in 5% blotting grade non-fat dry milk blocker (BioRad) in Tris-
180   buffered saline (TBS) containing 0.1% Tween 20 for 30 min and then incubated with mouse anti-α-
181   synuclein antibody (BD Biosciences, San Jose, CA, cat. #610787) (1:2000 dilution from stock, in blocking
182   buffer) and rocked overnight at 4°C. Blots were washed 3x for 5 min each in TBS without Tween and
183   incubated with goat anti-mouse IgG coupled to horseradish peroxidase (BioRad, #170656) at a 1:3000
184   dilution in blocking buffer for 1 h. Blots were washed again 3x in TBS, and incubated in Clarity ECL (BioRad)
185   prior to imaging using a BioRad Gel Doc Imager and quantification using Image Lab 6.0 software (BioRad).

186   **Electron Microscopy**
187   EM preparation was performed as described in [16] . Copper grids were floated on a droplet of water for
188   1 min and excess water was wicked away; this wash was repeated once. The grid was then floated on a
189   suspension containing α-synuclein monomers, fibrils, or sonicated PFFs (each at 150 μg/ml in dPBS) for 1
190   min. Excess liquid was wicked away and the grid was floated twice in 2% uranyl acetate for one min each.
191   Excess uranyl acetate was wicked away and grids were allowed to dry. Grids were examined in a Tecnai
192   T12 transmission electron microscope (ThermoFisher Scientific; formerly FEI Co.; Hillsboro, OR) operated
193   at 80 kEV. Digital images were acquired using a bottom-mounted CCD camera (Advanced Microscopy

194   Techniques, Corp, Woburn, MA) and AMT600 software. Quantification of fibril length was performed
195   using ImageJ.

Thioflavin T Assay (ThT)

197   Seeding was performed by adding 5 µl of 150 ng/µl sonicated PFFs or monomers in Dulbecco's PBS (dPBS)
198   to each individual fibrillation reaction. Fibrillations were performed as previously described [17]. Briefly,
199   in a round bottom 96-well polypropylene dish (Falcon), untagged human α-synuclein—purified as
200   previously described [17]—(100 µg/well) and 10 µM ThT in dPBS (Sigma-Aldrich, St. Louis, MO) were
201   combined in a final volume of 95 µl of dPBS. Seeds (5 µl PFF or monomer, in dPBS at 150 µg/ml) or an
202   equivalent volume of PBS (non-seeded control) were added to each well, and then a single 3/32inch
203   polytetrafluoroethylene bead (McMaster-Carr, Atlanta, GA) was added to each well and the plate sealed
204   with foil. The plate was then incubated at 37°C while pulse shaking at 1000 RPM on a Microplate Genie
205   Pulse Digital Mixer (Scientific Industries, Bohemia, NY). The plate fluorescence was measured at the
206   indicated time points using a SpectraMAX M2 spectrophotometer (Molecular Devices, San Jose, CA), with
207   an excitation peak at 450 nm and emission peak at 485 nm, and a 475 nm band pass cutoff, with reads
208   from the bottom. For each time point, three independent reads were taken at 20 sec intervals and values
209   were averaged together. Each condition had 4 technical replicates, and the experiment was repeated
210   once.

Statistical Analysis

212   GraphPad Prism 8 (GraphPad Software, La Jolla, USA) was used for statistical analysis and figure
213   preparation; statistical details are given in figure legends.

RESULTS

215   To generate the construct used in this assay, a seven-residue TEV protease consensus site linker
216   (ENLYFQG) was inserted after a 6x His-tag C-terminally attached to a-synuclein and N-terminal to the GFP
217   tag (α-syn-TEV-GFP) (**Figure 1A**). The general strategy of the assay involves incubation the generation of
218   α-syn-TEV-GFP fibrils, which are freshly sonicated to form pre-formed fibrils (PFFs) to permit
219   internalization. After a short incubation, TEV protease (TEV-P) is added and cells are incubated to permit
220   cleavage of GFP from alpha-synuclein (**Figure 1B**). As proof-of-concept, purified α-syn-TEV-GFP PFFs were
221   incubated with TEV-P *in vitro*. The GFP in these PFFs can be readily cleaved from α-synuclein, as evidenced
222   by a single band of high molecular weight (approximately 45 kDa) in untreated wells and smaller bands of
223   GFP (25 kDa) and α−synuclein (17 kDa) visible in TEV-P treated lanes (**Figure 1C**).

224   **FIGURE 1. Creation and schematic design of a TEV protease-sensitive α-synuclein-GFP fusion
225   protein.**
226   **(A)** A schematic diagram of the construct: mouse α-synuclein, 6x His, TEV protease site, and the GFP
227   fusion protein. **(B)** Schema of the protease protection assay. Pre-formed fibrils (black) containing GFP
228   (green) are incubated with cells for 1 h to permit endocytosis into cells. TEV protease (orange) is
229   added and incubated with cells for 30-60 min for optimal fusion protein cleavage. GFP is cleaved
230   from PFFs exposed to TEV protease within the media and on cell surfaces. Internalized α-syn-TEV-
231   GFP PFFs are protected from TEV cleavage. **(C)** Coomassie-stained gel showing α-syn-TEV-GFP PFFs
232   incubated *in vitro* with and without TEV protease for 30 min.

233   While Karpowitz *et al.* have shown that mouse α-synuclein with a C-terminal GFP-tag can form fibrils, and
234   that GFP-tagged PFFs are able to spread pathology [10], we verified that the addition of a TEV cleavage

6

235   site did not reduce the ability of the fusion construct to form fibrils. Using electron microscopy, we first
236   confirmed the morphology of the α-syn-TEV-GFP monomers, fibrils, sonicated PFFs, and TEV-incubated
237   PFFs (**Figure 2A**). These data support the efficacy of the sonication procedure and show that TEV
238   treatment does not grossly alter PFF morphology. These data are quantified in **Figure 2B**, in which PFF
239   lengths of TEV-treated and non-TEV-treated PFFs are compared. Others have noted that using PFFs with
240   an average size of <50 nm is important to improve seeding both *in vivo* and *in vitro* [18]. The new α-syn-
241   TEV-GFP PFFs were also capable of seeding fibril formation. The insertion of the TEV protease consensus
242   site does not interfere with the seeding of untagged human α-synuclein when assayed using a thioflavin
243   T fibrillation assay. When 100 µg of α-synuclein monomers were seeded with 750 ng of α-syn-TEV-GFP
244   PFFs, the lag phase was reduced compared to wells seeded with monomers or unseeded control wells
245   (**Figure 2C).** These data confirm that α-syn-TEV-GFP PFFs made from the construct shown in **Figure 1A** are
246   fully competent in initiating the fibrillation of monomeric α-synuclein, a prerequisite for serving as a
247   model system for α-synuclein transmission experiments.

248   FIGURE 2. **Characterization of α-syn-TEV-GFP pre-formed fibrils and seeding efficacy.**
249   **(Panel A)** Electron microscopy images of negatively-stained α-synuclein monomers, intact fibrils,
250   sonicated fibrils, and sonicated fibrils following TEV treatment. (Scale bar = 200 nm). **(Panel B)**
251   Histogram of fibril size distribution after sonication with and without TEV treatment (bin size 20 nm;
252   >200 fibrils counted for each condition). **(Panel C)** α-syn-TEV-GFP PFFs are competent to seed the
253   fibrillation of α-synuclein monomers. Thioflavin T fluorescence, generated following fibril formation,
254   is shown. (*P<0.05, two-way ANOVA, Tukey post-test)

255   Following these successful proof-of-concept and quality control assays, we tested the ability of TEV-P to
256   cleave PFFs attached to cells. Since surface-associated PFFs are exposed to medium TEV-P, while
257   internalized PFFs are not, treatment of cells with TEV-P can be used to distinguish internalized α-synuclein
258   forms. We confirmed internalization of α-syn-TEV-GFP using the trypan blue quench technique, which
259   employs this dye to quench extracellular surface-associated GFP [10]. α-syn-TEV-GFP PFFs were added
260   to cells grown in imaging-polymer bottom dishes at 15 µg/ml , and cells incubated for 1 h at 37 C to permit
261   endocytosis. Cells were then either treated with TEV-P or with buffer for 30 min. Following cleavage by
262   TEV-P, free GFP is capable of freely diffusing away from the plasma membrane, greatly reducing the
263   membrane-bound GFP signal. **Figure 3A** depicts confocal images of N2A cells incubated with buffer (*top
264   panel*) or TEV-P (*bottom panels*), either before (*left side*) or after (*right side*) trypan blue quenching. To
265   control for heterogeneity in GFP signal across differing treatments, the total amount of GFP fluorescence
266   signal prior to trypan blue addition was normalized to the post-quench GFP signal in each image. Surface
267   fluorescence in the TEV-P-treated cells is clearly reduced as compared to images obtained prior to trypan
268   blue quenching, with little additional loss of fluorescence after quenching. Overall, the level of GFP signal
269   in control-treated cells prior to quenching is approximately 1.9-fold higher than post-trypan blue
270   quenching (*p=0.036*), whereas in TEV-P treated wells, the signal prior to the quench is not significantly
271   higher than the post-quench signal (**Figure 3B**). We conclude that TEV-P treatment removes extracellular
272   GFP signal as effectively as trypan blue quenching.

273   **FIGURE 3. Incubation with TEV protease selectively removes GFP fluorescence from the cell
274   surface.**
275   **(Panel A)** Confocal images of Neuro2A cells after incubation with α-syn-TEV-GFP PFFs (*green*) for 1
276   h, followed by incubation with (*top*) or without (*bottom*) TEV protease for 30 min. Images are
277   presented as the average of 3 slices from the middle of a confocal Z-stack (Scale bar = 5 µm).

278   **(Panel B)** Quantification of the percent of fluorescence remaining after trypan blue quenching. The
279   total fluorescence signal in the 3D confocal images was measured both pre- and post-trypan-blue
280   treatment in four independent experiments; the average for each experiment is shown as a single
281   data point. Data are presented as a ratio of final post-trypan blue-quenched fluorescence to pre-
282   trypan blue fluorescence for each individual experiment. (*$p=0.36$, Sidak's multiple comparison test*)

283   **Figure 4** presents quantitative Western blotting data which indicate the utility of the technique in
284   measuring the amount of internalized PFFs. Neuro2A cells were exposed to PFFs for 60 min to allow
285   endocytosis; this was then followed by incubation of cells with TEV-P or buffer control for 60 min. In order
286   to detect total $\alpha-$syn-TEV-GFP protein levels, preheated 2x sample buffer was added to the wells without
287   washing and wells were heated at 95°C for 10 min to efficiently monomerize remaining α-syn-TEV-GFP
288   PFFs for SDS-PAGE. These results, showing large quantities of the 45 kDa fusion protein, support the idea
289   that the majority of the GFP seen in fluorescent images derives from surface-associated α-syn-TEV-GFP
290   PFFs (as in **Figure 3**). Exposure of cells to TEV-P removes 95% of this signal (**Figure 4B**), corroborating the
291   efficacy of extracellular TEV treatment and providing a quantitative measure of PFF internalization.

292   **FIGURE 4. Western blotting provides a quantitative index of internalized intact PFFs.**
293   **(Panel A)** Anti-α-synuclein Western blot, showing the total level of intact α-syn-TEV-GFP per well
294   when α-syn-TEV-GFP PFF-treated cells were incubated with or without TEV protease.
295   **(Panel B)** Quantification of Western blot (triplicate samples, mean $\pm$ SD).

296   While intracellular expression of TEV-P does not appear to be toxic (reviewed in [12]), we were not able
297   to find any published data on extracellular use of this enzyme. In order to determine the suitability of this
298   technique for longer-term experiments, we assessed the potential cytotoxicity of TEV-P treatment using
299   a WST-1 cytotoxicity assay. We found that cellular viability after 30 min of TEV-P treatment and 24 h of
300   recovery was comparable to cells treated only with buffer and to untreated cells (**Figure 5**). These data
301   clearly indicate that exposure to TEV-P is not harmful to cell viability.

302   **FIGURE 5. Exposure of cells to TEV protease is not cytotoxic**.
303   Neuro2A cells were exposed to TEV-P and cell viability measured following an overnight growth
304   period using the WST-1 cytotoxicity assay. Percent survival is plotted for treatment with TEV-P, 1%
305   Triton X-100, 1X TEV-P buffer, as well as for untreated cells, by normalizing TEV-treated cell
306   absorbance values to untreated cell absorbance values. TEV-P treatment does not result in significant
307   cell death when compared to buffer-treated or untreated cells (one-way ANOVA and Tukey's
308   multiple comparisons tests).

309   **Figure 6A** presents an example of the use of the TEV-P technique to examine co-localization of internalized
310   GFP with the lysosomal dye Lysotracker. In the absence of TEV-P treatment, the intense fluorescence
311   contributed by surface-associated PFFs makes it impossible to detect the signal arising from internalized
312   PFFs, and thereby, their colocalization with Lysotracker. Following TEV-P treatment, sparse colocalization
313   of Lysotracker (*red*) with α-syn-TEV-GFP PFFs (*green*) is seen (**Figure 6A**). In **Figure 6B,** imaging of
314   differentiated primary hippocampal neurons exposed to α-syn-TEV-GFP PFFs and then treated with TEV-P
315   specifically reveals internalized PFFs, as shown by co-localization of GFP fluorescence and GFP
316   immunoreactivity (assessed 4 days after PFF treatment). We conclude that our method can be readily
317   coupled with post-treatment cell experimentation.

318   **FIGURE 6. TEV -P-treated cells can be used for fluorescent imaging of internal markers.**

8

319   **(Panel A) Neuro2A cells.** TEV-P-treated Neuro2A cells exhibit greatly enhanced detection of
320   internalized α-syn-TEV-GFP PFFs colocalized with Lysotracker; *white arrows* indicate colocalization.
321   (**Panel B**) **Differentiated primary hippocampal neurons**. Primary hippocampal cells were fixed and
322   stained with anti-GFP antiserum (*red*) 4 days post-treatment with 5 µg/ml α-syn-TEV-GFP PFFs
323   (*green*) and 100 U/ml TEV-P. Images taken at 40X. Scale bar, 20 µm. Magnified insert corresponds to
324   10 µm.
325

DISCUSSION

327   Mounting evidence suggests that toxic forms of α-synuclein are propagated throughout the peripheral
328   and central nervous systems (reviewed in [1]); thus, the uptake and cellular disposition of α-synuclein is
329   a topic of increasing research interest. At present, it is difficult to establish the cellular location of added
330   PFFs, even when tagged with GFP, because PFFs adsorb so efficiently to cell surfaces. While trypan blue
331   has been successfully used to quench fluorescence arising from surface-associated GFP-PFFs [10], the
332   trypan blue method does not permit further analysis of PFF-treated cells, for example, to establish the
333   cellular itinerary of internalized fluorescent PFFs. The data presented here show that Lysotracker can be
334   used to follow internalized fluorescent GFP-tagged $\alpha-$synuclein. Additionally, our data show that
335   immunohistochemical staining of intracellular GFP (as a proxy for synuclein PFFs), and likely other
336   intracellular markers, can be performed on TEV-treated cells; this is not possible with the trypan blue
337   method. Lastly, while our Western blotting experiment included only a single time point, the
338   disappearance of the internalized intact fusion product over time can potentially be used as a quantitative
339   measure of intracellular PFF turnover.

340   A key limitation of our method is the fact that TEV treatment removes the fluorescent label but leaves α-
341   synuclein still attached to the cell surface; thus, α-synuclein may still continuously enter the cell while the
342   internalized fluorescent species is under examination. This is also a limitation of the trypan blue technique:
343   while outside fluorescence is quenched, GFP-PFFs still remain on the cell surface and are presumably
344   continuously internalized.

345   The TEV protease method to specifically examine internalized fluorescent GFP can potentially be
346   expanded to include a variety of applications. One example is the use of internal split TEV systems [19] to
347   remove fluorescent signal from internalized PFFs under defined cellular conditions. In addition, while we
348   used a GFP label in this technique as a proof-of-concept, a broad spectrum of protein tags are equally
349   amenable to similar TEV protease protection assays. Fluorophores that are pH-sensitive,
350   photoactivatable, or other biological sensors could theoretically be used in place of the GFP tag (although
351   the efficacy of each tagged synuclein in seeding fibrillation assays would initially need to be tested). In
352   another possible application, affinity tags could be added to permit selective co-immunoprecipitation of
353   intracellular PFFs to screen for intracellular interacting partners (reviewed in [12]). The biocompatibility
354   and specificity of the TEV protease lends itself to a wide variety of potential extensions of this technique.
355   Interestingly, our use of extracellular TEV appears to be a novel application of the use of this protease.

356   In sum, new tools are required to adequately address the challenges in understanding the cellular events
357   that underlie intercellular α-synuclein spreading. α-Synuclein pathology is based on templated mis-folding
358   of native monomers; a stable seed drastically increases the rate of α-synuclein fibrillation/pathology, and
359   thus the ability to accurately identify the subcellular locations of PFFs during and following the cellular
360   uptake process is critical. Our technique, which permits further biochemical analysis and continued

361 examination of both fixed and live cells after exposure to fluorescent PFFs, represents a strong
362 complement to trypan blue quenching.

References

368 1.   Uemura N, Uemura MT, Luk KC, Lee VM, Trojanowski JQ. Cell-to-Cell Transmission of Tau and α-
369 Synuclein. Trends Mol Med. 2020. Epub 2020/05/07. doi: 10.1016/j.molmed.2020.03.012. PubMed PMID:
370 32371172.
371 2.   Hansen C, Angot E, Bergstrom AL, Steiner JA, Pieri L, Paul G, et al. alpha-Synuclein propagates
372 from mouse brain to grafted dopaminergic neurons and seeds aggregation in cultured human cells.
373 Journal of Clinical Investigation. 2011;121(2):715-25. Epub 2011/01/20. doi: 10.1172/JCI43366

374 43366 [pii]. PubMed PMID: 21245577; PubMed Central PMCID: PMC3026723.
375 3.   Luk KC, Kehm V, Carroll J, Zhang B, O'Brien P, Trojanowski JQ, et al. Pathological alpha-synuclein
376 transmission   initiates   Parkinson-like   neurodegeneration   in   nontransgenic   mice.   Science.
377 2012;338(6109):949-53. Epub 2012/11/20. doi: 10.1126/science.1227157. PubMed PMID: 23161999;
378 PubMed Central PMCID: PMC3552321.
379 4.   Paumier KL, Luk KC, Manfredsson FP, Kanaan NM, Lipton JW, Collier TJ, et al. Intrastriatal injection
380 of pre-formed mouse alpha-synuclein fibrils into rats triggers alpha-synuclein pathology and bilateral
381 nigrostriatal   degeneration.   Neurobiol   Dis.   2015;82:185-99.   Epub   2015/06/21.   doi:
382 10.1016/j.nbd.2015.06.003. PubMed PMID: 26093169; PubMed Central PMCID: PMC4640952.
383 5.   Peelaerts W, Bousset L, Van der Perren A, Moskalyuk A, Pulizzi R, Giugliano M, et al. α-Synuclein
384 strains   cause   distinct   synucleinopathies   after   local   and   systemic   administration.   Nature.
385 2015;522(7556):340-4. Epub 2015/06/11. doi: 10.1038/nature14547. PubMed PMID: 26061766.
386 6.   Recasens A, Dehay B, Bové J, Carballo-Carbajal I, Dovero S, Pérez-Villalba A, et al. Lewy body
387 extracts from Parkinson disease brains trigger α-synuclein pathology and neurodegeneration in mice and
388 monkeys. Ann Neurol. 2014;75(3):351-62. Epub 2013/11/19. doi: 10.1002/ana.24066. PubMed PMID:
389 24243558.
390 7.   Kim S, Kwon SH, Kam TI, Panicker N, Karuppagounder SS, Lee S, et al. Transneuronal Propagation
391 of Pathologic α-Synuclein from the Gut to the Brain Models Parkinson's Disease. Neuron.
392 2019;103(4):627-41.e7. Epub 2019/07/01. doi: 10.1016/j.neuron.2019.05.035. PubMed PMID: 31255487;
393 PubMed Central PMCID: PMCPMC6706297.
394 8.   Holmes BB, DeVos SL, Kfoury N, Li M, Jacks R, Yanamandra K, et al. Heparan sulfate proteoglycans
395 mediate internalization and propagation of specific proteopathic seeds. Proc Natl Acad Sci U S A.
396 2013;110(33):E3138-47. Epub 2013/07/31. doi: 10.1073/pnas.1301440110. PubMed PMID: 23898162;
397 PubMed Central PMCID: PMCPMC3746848.
398 9.   Volpicelli-Daley LA, Gamble KL, Schultheiss CE, Riddle DM, West AB, Lee VM. Formation of alpha-
399 synuclein Lewy neurite-like aggregates in axons impedes the transport of distinct endosomes. Mol Biol
400 Cell. 2014;25(25):4010-23. Epub 2014/10/10. doi: 10.1091/mbc.E14-02-0741. PubMed PMID: 25298402;
401 PubMed Central PMCID: PMC4263445.
402 10.   Karpowicz RJ, Jr., Haney CM, Mihaila TS, Sandler RM, Petersson EJ, Lee VM. Selective imaging of
403 internalized proteopathic alpha-synuclein seeds in primary neurons reveals mechanistic insight into
404 transmission of synucleinopathies. J Biol Chem. 2017;292(32):13482-97. Epub 2017/06/15. doi:
405 10.1074/jbc.M117.780296. PubMed PMID: 28611062; PubMed Central PMCID: PMCPMC5555207.

406   11.   Guédin S, Willery E, Tommassen J, Fort E, Drobecq H, Locht C, et al. Novel topological features of
407   FhaC, the outer membrane transporter involved in the secretion of the Bordetella pertussis filamentous
408   hemagglutinin. J Biol Chem. 2000;275(39):30202-10. Epub 2000/07/25. doi: 10.1074/jbc.M005515200.
409   PubMed PMID: 10906141.
410   12.   Cesaratto F, Burrone OR, Petris G. Tobacco Etch Virus protease: A shortcut across biotechnologies.
411   J Biotechnol. 2016;231:239-49. Epub 2016/06/18. doi: 10.1016/j.jbiotec.2016.06.012. PubMed PMID:
412   27312702.
413   13.   Paslawski W, Lorenzen N, Otzen DE. Formation and Characterization of α-Synuclein Oligomers.
414   Methods Mol Biol. 2016;1345:133-50. Epub 2015/10/11. doi: 10.1007/978-1-4939-2978-8_9. PubMed
415   PMID: 26453210.
416   14.   Ikenoue T, Lee YH, Kardos J, Saiki M, Yagi H, Kawata Y, et al. Cold denaturation of α-synuclein
417   amyloid fibrils. Angew Chem Int Ed Engl. 2014;53(30):7799-804. Epub 2014/06/13. doi:
418   10.1002/anie.201403815. PubMed PMID: 24920162.
419   15.   Scott DB, Blanpied TA, Swanson GT, Zhang C, Ehlers MD. An NMDA receptor ER retention signal
420   regulated by phosphorylation and alternative splicing. J Neurosci. 2001;21(9):3063-72. Epub 2001/04/20.
421   doi: 10.1523/jneurosci.21-09-03063.2001. PubMed PMID: 11312291; PubMed Central PMCID:
422   PMCPMC6762585.
423   16.   Patterson JR, Polinski NK, Duffy MF, Kemp CJ, Luk KC, Volpicelli-Daley LA, et al. Generation of
424   Alpha-Synuclein Preformed Fibrils from Monomers and Use In Vivo. Journal of visualized experiments :
425   JoVE. 2019;(148). Epub 2019/06/18. doi: 10.3791/59758. PubMed PMID: 31205308.
426   17.   Jarvela TS, Lam HA, Helwig M, Lorenzen N, Otzen DE, McLean PJ, et al. The neural chaperone
427   proSAAS blocks alpha-synuclein fibrillation and neurotoxicity. Proc Natl Acad Sci U S A.
428   2016;113(32):E4708-15. Epub 2016/07/28. doi: 10.1073/pnas.1601091113. PubMed PMID: 27457957;
429   PubMed Central PMCID: PMC4987805.
430   18.   Polinski NK, Volpicelli-Daley LA, Sortwell CE, Luk KC, Cremades N, Gottler LM, et al. Best Practices
431   for Generating and Using Alpha-Synuclein Pre-Formed Fibrils to Model Parkinson's Disease in Rodents. J
432   Parkinsons Dis. 2018. Epub 2018/02/06. doi: 10.3233/jpd-171248. PubMed PMID: 29400668.
433   19.   Wintgens JP, Wichert SP, Popovic L, Rossner MJ, Wehr MC. Monitoring activities of receptor
434   tyrosine kinases using a universal adapter in genetically encoded split TEV assays. Cell Mol Life Sci.
435   2019;76(6):1185-99. Epub 2019/01/10. doi: 10.1007/s00018-018-03003-2. PubMed PMID: 30623207;
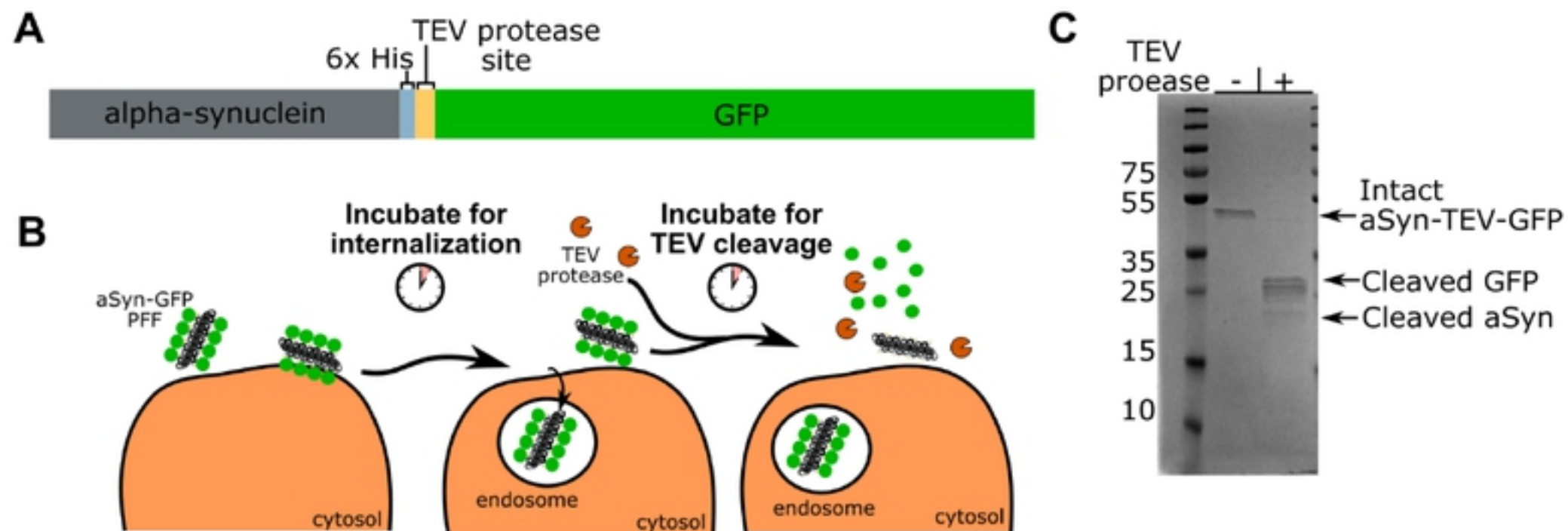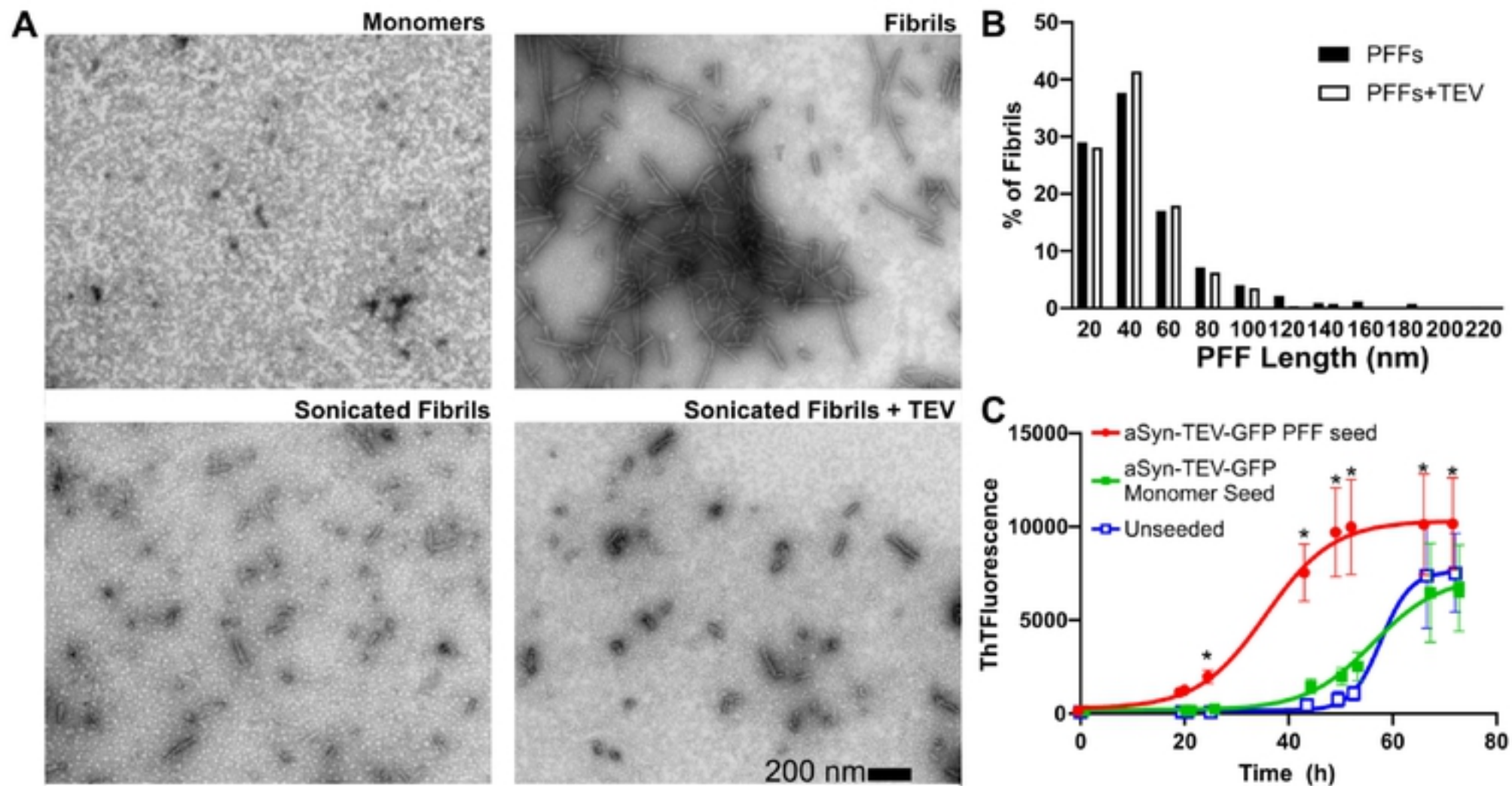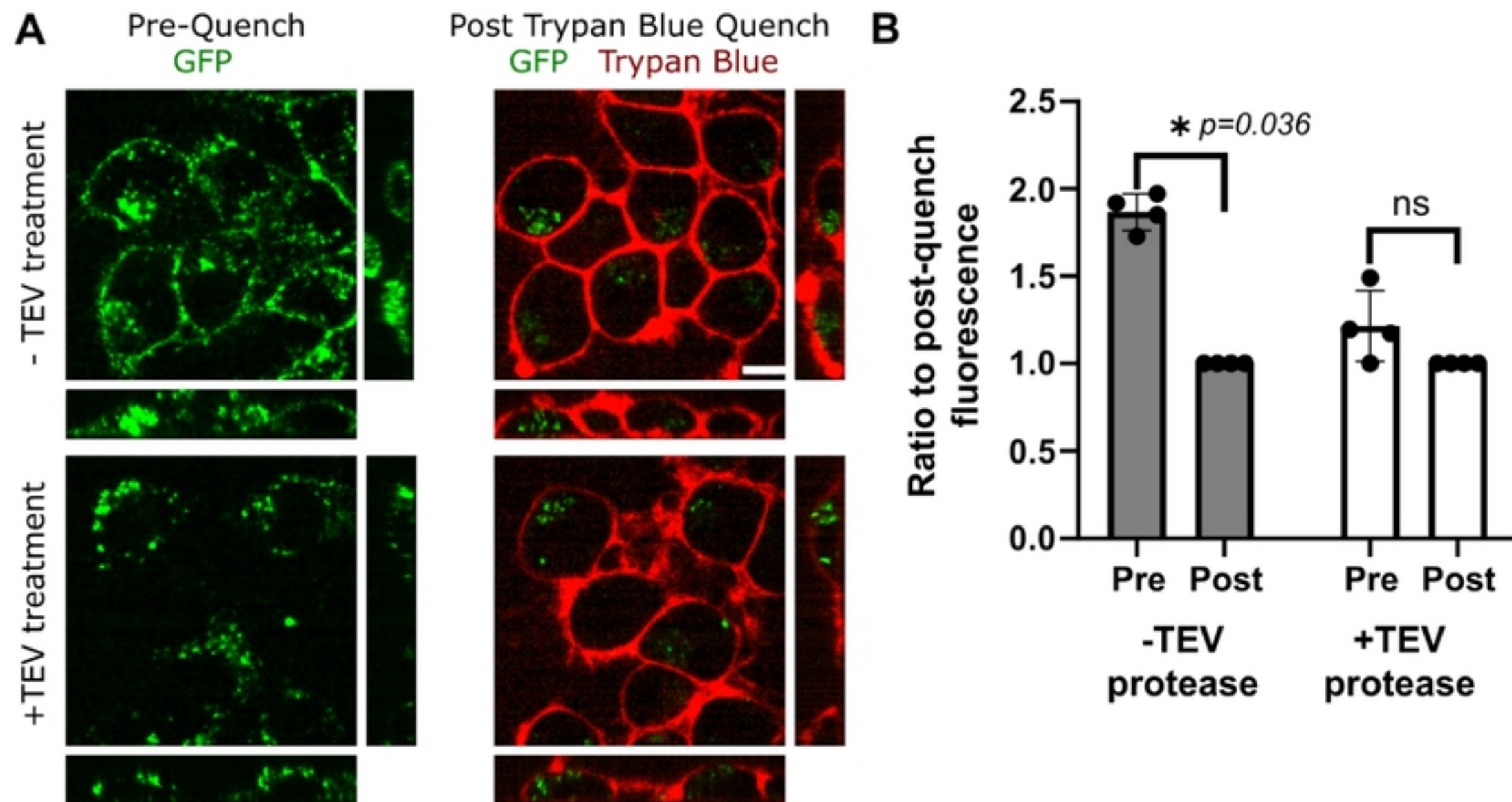436   PubMed Central PMCID: PMCPMC6675780.

437

Figure 1

A

	6x His	TEV protease site	
alpha-synuclein			GFP

B

Incubate for internalization

TEV protease

Incubate for TEV cleavage

aSyn-GFP PFF

cytosol

endosome   cytosol

endosome   cytosol

C

TEV proease   - | +

75
55

Intact aSyn-TEV-GFP

35
25

Cleaved GFP
Cleaved aSyn

15

10

Figure 2

A
Monomers
Fibrils
Sonicated Fibrils
Sonicated Fibrils + TEV
200 nm

B
% of Fibrils
PFF Length (nm)
■ PFFs
□ PFFs+TEV

C
ThTFluorescence
Time (h)
aSyn-TEV-GFP PFF seed
aSyn-TEV-GFP Monomer Seed
Unseeded

Figure 3

A

Pre-Quench
GFP

Post Trypan Blue Quench
GFP Trypan Blue

− TEV treatment

+TEV treatment

B

Ratio to post-quench fluorescence

* *p=0.036*

ns

-TEV protease

+TEV protease

Pre Post Pre Post

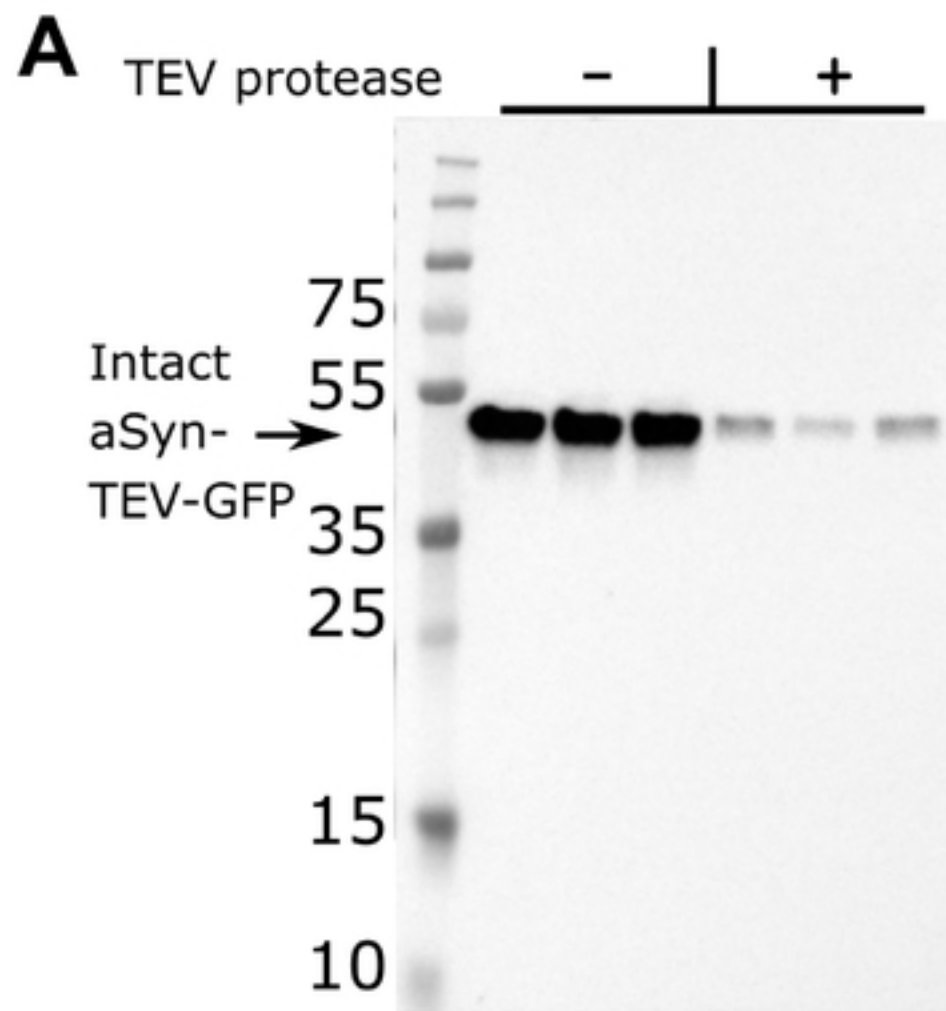# Figure 4

A

TEV protease   −   +

Intact aSyn-TEV-GFP →

75
55
35
25
15
10

B

Figure 5

Figure 6A

Figure 6B