

1 **Lower brain pH as a shared endophenotype of psychotic disorders**

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3 Hideo Hagihara, PhD<sup>1</sup>; Vibeke S Catts, PhD<sup>2,3</sup>; Yuta Katayama, PhD<sup>4</sup>; Tsuyoshi Takagi, PhD<sup>5,6</sup>;  
4 Freesia L Huang, PhD<sup>7</sup>; Kuo-Ping Huang, PhD<sup>7</sup>; Shunsuke Ishii, PhD<sup>6</sup>; Isabella A Graef, PhD<sup>8</sup>;  
5 Gerald R Crabtree, MD, PhD<sup>8</sup>; Keiichi I Nakayama, MD, PhD<sup>4</sup>, Cynthia Shannon Weickert, PhD<sup>2,3</sup>;  
6 Tsuyoshi Miyakawa, PhD<sup>1,9</sup>

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8 <sup>1</sup>Division of Systems Medical Science, Institute for Comprehensive Medical Science, Fujita Health  
9 University, Kutsukake-cho, Toyoake, Aichi 470-1192, Japan

10 <sup>2</sup>Schizophrenia Research Laboratory, Neuroscience Research Australia, Randwick, NSW 2031,  
11 Australia

12 <sup>3</sup>School of Psychiatry, University of New South Wales, Sydney NSW 2052, Australia

13 <sup>4</sup>Department of Molecular and Cellular Biology, Medical Institute of Bioregulation, Kyushu  
14 University, Higashi-ku, Fukuoka, Fukuoka 812-8582, Japan

15 <sup>5</sup>Institute for Developmental Research, Aichi Human Service Center, Kamiya-cho, Kasugai, Aichi  
16 480-0392, Japan

17 <sup>6</sup>RIKEN Tsukuba Institute, Koyadai, Tsukuba, Ibaraki 305-0074, Japan.

18 <sup>7</sup>Program of Developmental Neurobiology, NICHD, NIH, Bethesda, MD 20892

19 <sup>8</sup>Department of Pathology, Stanford University of Medicine, Stanford, CA 94305-5323

20 <sup>9</sup>Section of Behavior Patterns, Center for Genetic Analysis of Behavior, National Institute for  
21 Physiological Sciences, Myodaiji-cho, Okazaki, Aichi 444-8787, Japan

22

23 **Correspondence**

24 Tsuyoshi Miyakawa

25 Professor, Division of Systems Medical Science, Institute for Comprehensive Medical Science,

26 Fujita Health University

27 Phone: +81-562-93-9375; Fax: +81-562-92-5382

28 E-mail: miyakawa@fujita-hu.ac.jp

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30 **Conflict of interest**

31 Dr. Tsuyoshi Miyakawa and Dr. Cynthia Shannon Weickert both receive research grants from

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34

35 **Running title**

36 Lower brain pH in psychotic disorders

37 **Abstract**

38 Lower pH is a well-replicated finding in the postmortem brains of patients with schizophrenia and  
39 bipolar disorder. Interpretation of the data, however, is controversial as to whether this finding  
40 reflects a primary feature of the diseases or is a result of confounding factors such as medication,  
41 postmortem interval, and agonal state. To date, systematic investigation of brain pH has not been  
42 undertaken using animal models, which can be studied without confounds inherent in human studies.  
43 In the present study, we first confirmed that the brains of patients with schizophrenia and bipolar  
44 disorder exhibit lower pH values by conducting a meta-analysis of existing datasets. We then  
45 utilized neurodevelopmental mouse models of psychiatric disorders in order to test the hypothesis  
46 that lower brain pH exists in these brains compared to controls due to the underlying  
47 pathophysiology of the disorders. We measured pH, lactate levels, and related metabolite levels in  
48 brain homogenates from three mouse models of schizophrenia (*Schnurri-2* KO, forebrain-specific  
49 *calcineurin* KO, and *neurogranin* KO mice) and one of bipolar disorder (*Camk2a* HKO mice), and  
50 one of autism spectrum disorders (*Chd8* HKO mice). All mice were drug-naïve with the same  
51 postmortem interval and agonal state at death. Upon postmortem examination, we observed  
52 significantly lower pH and higher lactate levels in the brains of model mice relative to controls.  
53 There was a significant negative correlation between pH and lactate levels. These results suggest  
54 that lower pH associated with increased lactate levels is a pathophysiology of such diseases rather  
55 than mere artifacts.

56

## 57 **Introduction**

58 Schizophrenia, bipolar disorder, and autism spectrum disorders (ASD) are highly heritable  
59 psychiatric conditions, with clinical features transcending diagnostic categories<sup>1,2</sup>. Accumulating  
60 evidence indicates that some genetic influences<sup>3-6</sup>, gene expression abnormalities<sup>7,8</sup>, and neuronal  
61 dysfunctions<sup>9,10</sup> associated with these conditions overlap, suggesting a common underlying  
62 biological basis. However, the shared neurobiological alterations among the three conditions remain  
63 largely unknown.

64  
65 A number of postmortem studies have indicated that pH is lower in the brains of patients with  
66 schizophrenia and bipolar disorder<sup>8,11-19</sup>. Lower brain pH has also been observed in patients with  
67 ASD<sup>20</sup>. In general, pH balance is considered critical for maintaining optimal health, and low pH has  
68 been associated with a number of somatic disorders<sup>21-23</sup>. Therefore, it is reasonable to assume that  
69 lower pH may exert a negative impact on brain function and play a key role in the pathogenesis of  
70 various psychiatric disorders. However, lower brain pH has largely been considered as an  
71 artifact<sup>11,24-27</sup> rather than a pathophysiology of such disorders<sup>13,28</sup> for two main reasons. One is that  
72 chronic treatment with antipsychotics may affect brain pH by increasing lactate levels in rats<sup>11</sup>, and  
73 most patients with these disorders receive chronic antipsychotics treatment throughout their lives.  
74 Another is that the agonistic state experienced before death decreases brain pH<sup>25-27</sup> and this state  
75 could be different in patients with psychiatric disorders in comparison to controls. In human  
76 postmortem studies, it is technically difficult to exclude such confounding factors and to determine  
77 whether lower pH and increased lactate levels are indeed artifacts.

78

79 In the present study, we first confirmed that patients with schizophrenia and bipolar disorder exhibit  
80 lower postmortem brain pH by conducting a meta-analysis of publicly available datasets. We then  
81 measured brain pH in multiple mouse models of psychiatric disorders, which are devoid of such  
82 confounding factors, in order to test the hypothesis that lower brain pH is a pathophysiology or an  
83 endophenotype rather than an artifact in a subgroup of psychiatric disorders. We also measured  
84 lactate levels, increases in which have frequently been linked to lower pH in the brains of patients  
85 with psychiatric disorders<sup>11,13,29</sup>. To our knowledge, the present study is the first to systematically  
86 evaluate pH and lactate levels in mouse models of psychiatric disorders which eliminate the  
87 confounds inherent in the human studies.

88

89 For the mouse models of psychiatric disorders, we focused on the ones reported to have  
90 neurodevelopmental abnormalities in the brain, a part of which stay at pseudo-immature status<sup>30-33</sup>.  
91 Specifically, we measured pH, lactate, and related metabolite levels in the postmortem brains of the  
92 following mouse models: *schnurri-2* (*Shn2*) knockout (KO) mice<sup>34</sup>, forebrain-specific *calcineurin*  
93 (*Cn*) KO mice<sup>35-38</sup> and *neurogranin* (*Nrgn*) KO mice<sup>39-41</sup> as a model of schizophrenia; mice with  
94 heterozygous knockout of the calcium/calmodulin-dependent protein kinase II alpha (*Camk2a* HKO  
95 mice)<sup>42,43</sup> as a model of bipolar disorder; and mice with heterozygous knockout of the long isoform  
96 of chromodomain helicase DNA-binding protein 8 (*Chd8* HKO mice)<sup>33</sup> as a model of ASD.  
97 These mouse strains have mutations in the genes implicated in the respective disorders and exhibit  
98 molecular and behavioral abnormalities relevant to each condition, indicating good construct and

99 face validities, respectively (as described in detail in Materials and Methods).

100

## 101 **Materials and Methods**

### 102 **Human data**

103 Nine publicly available datasets were utilized in the present study (Supplementary Table 1): four  
104 schizophrenia datasets (GSE17612, GSE21935, GSE21138; NSWBTRC-SC<sup>44</sup>), one bipolar  
105 disorder dataset (GSE5392), and three combined schizophrenia and bipolar disorder datasets  
106 (Stanley Medical Research Institute [SMRI] Collection A, SMRI Collection C, GSE35977,  
107 GSE53987). We obtained data regarding postmortem interval and age from these studies and data  
108 regarding medication from SMRI Collection A and SMRI Collection C.

109

### 110 **Animals**

111 We measured pH, lactate, and related metabolite levels in *Shn2* KO mice<sup>34</sup> (n = 5, 6 [controls,  
112 mutants]), *Cn* KO mice<sup>35–38</sup> (n = 6, 5), *Nrgn* KO mice<sup>39–41</sup> (n = 6, 5), *Camk2a* HKO mice<sup>42,43</sup> (n = 5,  
113 5) and *Chd8* HKO mice<sup>33</sup> (n = 5, 5), and their corresponding control mice. Both male and female  
114 mice were used in the present study, as no difference in pH between genders has been observed<sup>45</sup>.  
115 All mice were between 19 and 45 weeks of age, and no significant difference in age was observed  
116 between controls and mutants within each strain. All animal experiments were approved by the  
117 Institutional Animal Care and Use Committee of Fujita Health University, based on the Law for the  
118 Humane Treatment and Management of Animals and the Standards Relating to the Care and  
119 Management of Laboratory Animals and Relief of Pain. Every effort was made to minimize the

120 number of animals used.

121

122 *Shn2* was originally identified as a nuclear factor- $\kappa$ B (NF- $\kappa$ B) site-binding protein that tightly binds  
123 to the enhancers of major histocompatibility complex (MHC) class I genes and acts as an  
124 endogenous inhibitor of NF- $\kappa$ B.<sup>46</sup> Its deficiencies in *Shn2* may cause mild chronic inflammation in  
125 the brain and confer molecular, neuronal, and behavioral phenotypes relevant to schizophrenia in  
126 mice<sup>34</sup>. Genome-wide association studies (GWASs) have identified a number of single nucleotide  
127 polymorphisms (SNPs) in the MHC region associated with schizophrenia<sup>47-49</sup>. *Shn2* KO mice  
128 exhibit multiple abnormal behaviors related to schizophrenia, including increased locomotor  
129 activity, deficits in working memory, abnormal social behavior and impaired prepulse inhibition,  
130 which are commonly observed in *Cn* KO mice<sup>35,36</sup> and *Nrgn* KO mice<sup>39-41</sup> as well.

131

132 Calcineurin (Cn) is a calcium-dependent protein phosphatase and has been implicated in synaptic  
133 plasticity<sup>50</sup>. *CN* has been reported to be associated with schizophrenia<sup>51-53</sup>, and altered expression of  
134 calcineurin has been observed in the postmortem brains of patients with schizophrenia<sup>54,55</sup>.  
135 Forebrain-specific *Cn* KO mice exhibit behavioral and cognitive abnormalities related to  
136 schizophrenia<sup>35,36</sup>. Deficits in synaptic transmission in the frontal cortex have been suggested to be  
137 the underlying mechanism of working memory impairment in these mice<sup>38</sup>. In addition, *Cn* KO  
138 mice exhibit disruption in ripple-associated information processing in the hippocampal CA1, which  
139 is implicated in cognitive impairments associated with schizophrenia<sup>37</sup>.

140

141 Neurogranin (*Nrgn*) is a calmodulin-binding protein that modulates activity of the *Camk2* protein  
142 downstream of *N*-methyl-d-aspartic acid (NMDA) receptors, and is implicated in synaptic  
143 plasticity<sup>39</sup>. GWAS revealed significant association with SNPs located upstream of the *NRGN*<sup>49</sup>, a  
144 finding recently confirmed by a large-scale GWAS<sup>56</sup>, strongly suggesting that *NRGN* is a  
145 susceptibility gene for schizophrenia. *Nrgn* KO mice exhibit behavioral phenotypes related to  
146 schizophrenia<sup>39-41</sup>.

147

148 *Camk2* is a major downstream molecule of the NMDA receptor and is thought to play an essential  
149 role in synaptic plasticity. A recent study demonstrated genetic association of *CAMK2A* with  
150 bipolar disorder<sup>57</sup>, and decreased mRNA expression has been observed in the frontal cortex of  
151 patients with bipolar disorder<sup>58</sup>. In addition, the *Camk2a* gene was identified as one of the top  
152 candidate genes for bipolar disorder by a meta-analysis that integrated genetic and genomic data  
153 from both human and animal studies<sup>59</sup>. At cellular level, neuronal hyperexcitability, which we  
154 previously detected in the hippocampal granule cells of *Camk2a* HKO mice<sup>42</sup>, was also found in the  
155 granule cell-like neurons differentiated from induced pluripotent stem cells (iPSCs) derived from  
156 patients with bipolar disorder<sup>60</sup>. *Camk2a* HKO mice exhibit abnormal behaviors, such as deficits in  
157 social activity and working memory, which are analogous to those in patients with bipolar  
158 disorder/schizophrenia<sup>42</sup>. In addition, these mutant mice exhibit infradian cyclic activity levels,  
159 which may reflect infradian oscillation of mood substantially observed in patients with bipolar  
160 disorder<sup>43</sup>. These findings suggest that *Camk2a* HKO mice have construct and face validity as a  
161 model of psychiatric disorders, especially of bipolar disorder.

162

163 *Chd8*, a member of the chromodomain helicase DNA-binding family of proteins, is known to act as  
164 a chromatin-remodeling factor. Recent exome sequencing analyses have identified a number of *de*  
165 *novo* mutations in a variety of genes in individuals with ASD, further revealing that *CHD8* is the  
166 most frequently affected gene<sup>61-64</sup>. *Chd8* HKO mice exhibit behavioral abnormalities reminiscent of  
167 ASD in humans, including increased anxiety, increased persistence and abnormal social  
168 interaction<sup>33</sup>. *Chd8* deficiency induces aberrant activation of RE1 silencing transcription factor  
169 (REST), a molecular brake of neuronal development, resulting in neurodevelopment abnormalities  
170 in mice<sup>33</sup>.

171

172 Collectively, these findings indicate that the mouse models used in the present study exhibit good  
173 construct and face validities for their respective disorders.

174

### 175 **Measurement of pH**

176 Mice were sacrificed by cervical dislocation followed by decapitation, following which whole  
177 brains were removed. The brains were immediately frozen in liquid nitrogen and stored at  $-80^{\circ}\text{C}$   
178 until use. We measured brain pH basically as previously described<sup>11</sup>. Briefly, the brains were  
179 homogenized using the tissue homogenizer attached with a conical pestle in ice-cold distilled  $\text{H}_2\text{O}$   
180 (5 mL per 500 mg of tissue). The pH was measured using a pH meter (LAQUA F-72, Horiba  
181 Scientific, Kyoto, Japan) after a three-point calibration at pH 4.0, pH 7.0 and pH 9.0. The pH of the  
182 samples from control and mutant mice were read in triplicate for each sample. After pH

183 measurement, homogenates were immediately frozen and stored at  $-80^{\circ}\text{C}$  until required for further  
184 analyses.

185

### 186 **Lactate and glucose measurements**

187 The concentration of lactate in the brain homogenates was determined using a multi-assay analyzer  
188 (GM7 MicroStat; Analox Instruments, London, UK) according to manufacturer's instructions. In  
189 our prior tests using several samples, we loaded 5  $\mu\text{l}$ , 10  $\mu\text{l}$  and 20  $\mu\text{l}$  of supernatants to the  
190 instrument, observing that the measurements increased linearly in a volume-dependent manner ( $r^2 >$   
191 0.99). Based on these results, we used 20  $\mu\text{l}$  of supernatants for each sample for lactate  
192 measurements. Likewise, glucose concentrations in 20  $\mu\text{l}$  supernatant samples were determined  
193 using a multi-assay analyzer following calibration with 10 mmol/ml glucose standard solution. To  
194 normalize the effects of differences among strains, such as genetic background and age,  $z$ -scores for  
195 pH and lactate levels were calculated within each strain and used for the correlation analysis.

196

### 197 **Pyruvate measurement**

198 Pyruvate concentrations in 20  $\mu\text{l}$  supernatant samples were determined using a pyruvate assay kit  
199 (BioVision, Mountain View, CA, USA). The fluorescence intensities were measured using a  
200 microplate reader equipped with a spectrofluorometer (ARVO X, PerkinElmer).

201

### 202 **Adenosine diphosphate/adenosine triphosphate (ADP/ATP) ratio**

203 An ADP/ATP Ratio Assay Kit (BioVision) was used to measure the ADP and ATP concentrations

204 according to the manufacturer's instructions.

205

## 206 **Bioinformatics analysis of transcriptome data**

207 We used the following mouse brain transcriptome data: frontal cortex and hippocampal dentate  
208 gyrus of *Shn2* KO mice (microarray)<sup>34</sup>, hippocampal dentate gyrus of *Camk2a* HKO mice  
209 (microarray)<sup>65</sup>, and whole brains of *Chd8* HKO mice (RNA-sequencing)<sup>33</sup>. Gene expression  
210 patterns of the frontal cortex of *Camk2a* HKO mice (n = 6, 6) and hippocampal DG of *Cn* KO mice  
211 (n = 6, 6) were analyzed via microarray (Mouse Genome 430 2.0 Array; Affymetrix, Santa Clara,  
212 CA, USA), as previously described<sup>34</sup>. Gene expression patterns of the frontal cortex and  
213 hippocampal DG of *Nrgn* KO mice (n = 5, 5) were analyzed via RNA-sequencing using the HiSeq  
214 platform basically according to the manufacturer's instructions (Illumina, San Diego, CA, USA).  
215 Genes with an absolute fold change > 1.2 and a *t*-test *P*-value < 0.05 (mutants vs. controls; without  
216 correction for multiple testing) were imported into the bioinformatics tool BaseSpace (Illumina),  
217 with which the gene expression data obtained from different platforms can be matched. Genes with  
218 altered expression in at least four out of the eight datasets (yielding 80 features; Supplementary  
219 Table 2) were selected based on the criteria of the BaseSpace tool and assessed for enrichment in  
220 biological themes using the DAVID functional annotation clustering tool, ADGO, and GOToolBox,  
221 in which the default feature listings and algorithm settings were used.

222

## 223 **Results**

### 224 **Meta-analysis of human brain pH studies**

225 We first re-evaluated the results of postmortem studies of brain pH in patients with schizophrenia  
226 and bipolar disorder by conducting a meta-analysis of publicly available datasets. We searched the  
227 National Center for Biotechnology Information Gene Expression Omnibus (NCBI GEO),  
228 ArrayExpress, and Stanley Medical Research Institute (SMRI) databases, and found nine studies  
229 that included individual brain pH data from patients with schizophrenia, bipolar disorder, or both as  
230 well as from healthy control participants (Supplementary Table 1). A two-way analysis of variance  
231 (ANOVA) revealed a significant effect of condition ( $F_{2,645} = 3.35$ ,  $P = 3.09 \times 10^{-10}$ ) and study ( $F_{8,645}$   
232  $= 10.00$ ,  $P = 2.00 \times 10^{-16}$ ) as well as between the two factors ( $F_{11,645} = 47.66$ ,  $P = 0.043$ ) (Figure 1).  
233 *Post hoc* comparisons with Tukey's honest significant difference test indicated a lower brain pH in  
234 both patients with schizophrenia ( $P < 1.0 \times 10^{-7}$ ) and bipolar disorder ( $P = 0.00036$ ) compared to  
235 healthy controls, and no significant difference between the two conditions ( $P = 0.56$ ). The results of  
236 our meta-analysis therefore support the finding of lower brain pH in patients with schizophrenia and  
237 bipolar disorder.

238

239 Brain pH was not correlated with lifetime use of antipsychotics (measured as fluphenazine  
240 equivalents) in a schizophrenia group (Pearson's  $r = -0.27$ ,  $p = 0.12$ ), a bipolar disorder group ( $r =$   
241  $-0.27$ ,  $P = 0.13$ ), or a group including both conditions ( $r = -0.15$ ,  $P = 0.23$ ) from the SMRI  
242 Collection A cohort (Supplementary Figure 1a). No correlation between pH and antipsychotics was  
243 replicated in a separate cohort from SMRI Collection C (schizophrenia:  $r = 0.16$ ,  $P = 0.58$ ; bipolar  
244 disorder:  $r = 0.036$ ,  $P = 0.90$ ; both:  $r = 0.090$ ,  $P = 0.64$ ) (Supplementary Figure 1b). These suggest  
245 that antipsychotics treatment may not affect pH in the postmortem brains of patients with

246 schizophrenia and bipolar disorder. On the other hand, in the combined data, pH was positively  
247 correlated with postmortem interval ( $r = 0.13$ ,  $P = 0.0010$ ; Supplementary Figure 1c) and negatively  
248 correlated with age ( $r = -0.13$ ,  $P = 0.00092$ ; Supplementary Figure 1d), suggesting that these factors  
249 may contribute to the changes in the pH of postmortem brains.

250

### 251 **Lower pH and increased lactate levels in the postmortem brain of mouse models of** 252 **schizophrenia, bipolar disorder, and ASD**

253 The confounding factors identified in previous studies<sup>11,26</sup> are beyond investigator's control in  
254 human postmortem brain studies. We therefore measured pH and lactate levels in the brains of  
255 mouse models of schizophrenia (*Shn2* KO, *Cn* KO, *Nrgn* KO mice), bipolar disorder (*Camk2a*  
256 HKO mice), and ASD (*Chd8* HKO mice). All the mice used were drug-naïve and sacrificed by  
257 cervical dislocation (controlling for agonal state differences). The removed brains were snap-frozen  
258 within a few minutes (controlling for postmortem interval differences). Brain pH was significantly  
259 lower in all five mutant strains examined relative to the corresponding controls (*Shn2* KO,  $7.17 \pm$   
260  $0.0060$ , controls [Con],  $7.20 \pm 0.056$ ,  $P = 0.0083$ ; *Cn* KO,  $7.08 \pm 0.0057$ , Con,  $7.13 \pm 0.0080$ ,  $P =$   
261  $0.0014$ ; *Nrgn* KO,  $7.10 \pm 0.017$ , Con,  $7.16 \pm 0.0080$ ,  $P = 0.0090$ ; *Camk2a* HKO,  $7.14 \pm 0.0093$ ,  
262 Con,  $7.21 \pm 0.0090$ ,  $P = 0.0014$ ; *Chd8* HKO,  $7.08 \pm 0.0066$ , Con,  $7.12 \pm 0.0031$ ,  $P = 0.00080$ )  
263 (Figure 2a).

264

265 Significantly higher levels of lactate were observed in the postmortem brains of all mutant mice  
266 strains compared to corresponding controls (*Shn2* KO,  $2.98 \pm 0.080$  mM, Con,  $2.55 \pm 0.076$  mM,  $P$

267 = 0.0038; *Cn* KO,  $3.24 \pm 0.051$  mM, Con,  $2.90 \pm 0.073$  mM,  $P = 0.0052$ ; *Nrgn* KO,  $2.98 \pm 0.11$   
268 mM, Con,  $2.58 \pm 0.054$  mM,  $P = 0.0080$ ; *Camk2a* HKO,  $2.86 \pm 0.024$  mM, Con,  $2.58 \pm 0.037$  mM,  
269  $P = 0.00024$ ; *Chd8* HKO,  $3.04 \pm 0.081$  mM, Con,  $2.58 \pm 0.086$  mM,  $P = 0.0046$ ; Figure 2b).  
270 Analysis of the combined data expressed as the *z*-score revealed that pH was significantly  
271 negatively correlated with lactate levels (Pearson's  $r = -0.65$ ,  $P = 1.19 \times 10^{-7}$ ; Figure 2c).

272

273 Lactate is formed from pyruvate during glycolysis. We therefore measured pyruvate levels in  
274 mutant mouse brains and observed that levels were significantly increased in *Shn2* KO ( $P = 0.011$ ),  
275 *Cn* KO ( $P = 0.046$ ), *Nrgn* KO ( $P = 0.011$ ) and *Chd8* HKO mice ( $P = 0.0036$ ) and showed increased  
276 tendency in *Camk2a* HKO mice ( $P = 0.068$ ) (Figure 2d). Glucose levels remained unchanged in  
277 mutant mice relative to controls (Figure 2e), suggesting glucose supply/demand ratio in the brain  
278 may be comparable in these mouse models. The ADP/ATP ratio was decreased in *Nrgn* KO mice ( $P$   
279 = 0.035) and increased in *Chd8* HKO mice ( $P = 0.047$ ) (Figure 2f), suggesting a contrasting energy  
280 consumption ratio in mouse models of schizophrenia and ASD.

281

282 We then analyzed transcriptome data (Supplementary Table 2) in order to investigate the potential  
283 underlying molecular mechanisms of increased lactate levels in mutant mouse brains. The  
284 transcriptome data from five mouse strains revealed an enrichment in Wnt- and epidermal growth  
285 factor (EGF)-related pathways when analyzed with DAVID software (Supplementary Table 3).  
286 Enrichment in Wnt-related pathways was replicated in the analyses using other bioinformatics tools  
287 (ADGO and GOToolBox) using different statistical methods (Supplementary Table 3).

288

289 Since lactate is produced via glycolytic pathways in astrocytes in the brain<sup>66</sup>, we analyzed the  
290 transcriptome data of mutant mice with particular focus on glycolysis-related genes (Gene Ontology  
291 Consortium database), as well as those related to pyruvate metabolism. The results of the targeted  
292 gene expression analyses suggest that elevated glycolysis and pyruvate metabolism shifting toward  
293 lactate synthesis occurs in the brains of mutant mice, especially in *Shn2* KO and *Camk2a* HKO  
294 mice (Supplementary Table 4; Supplementary Figure 2).

295

## 296 **Discussion**

297 In the present study, we confirmed lower pH in the postmortem brains of patients with  
298 schizophrenia and bipolar disorder by conducting a meta-analysis of existing datasets. Lower pH  
299 was also observed in five different mouse models of psychiatric disorders, all of which were  
300 drug-naïve and were controlled for other confounding factors, such as agonal state and postmortem  
301 interval. We also observed increased lactate levels in the brains of mutant mice, as well as a highly  
302 significant negative correlation between pH and lactate levels, which is consistent with the findings  
303 of previous human postmortem studies<sup>11</sup>. These results suggest that lower pH and increased lactate  
304 levels represent components of the underlying pathophysiology of the diseases rather than mere  
305 artifacts.

306

307 Researches have revealed that brain acidosis influences a number of brain functions, such as anxiety,  
308 mood, and cognition<sup>67</sup>. Acidosis may affect the structure and function of several types of brain cells,

309 including the electrophysiological functioning of GABAergic neurons<sup>68</sup> and morphological  
310 properties of oligodendrocytes<sup>69</sup>. Alterations in these types of cells have been well-documented in  
311 the brains of patients with schizophrenia, bipolar disorder, and ASD<sup>70,71</sup> and may underlie some of  
312 the cognitive deficits associated with these disorders. Deficits in GABAergic neurons and  
313 oligodendrocytes have been identified in the mouse models of the disorders, including *Shn2* KO  
314 mice<sup>30,34</sup>. Brain acidosis may therefore be associated with deficits in such cell types in  
315 schizophrenia, bipolar disorder, and ASD.

316

317 A previous study indicated that chronic treatment with antipsychotics increases lactate levels in the  
318 rat cerebral cortex<sup>11</sup>, suggesting that such increases may be medication-related. The authors of the  
319 report, however, found no significant correlation between lactate levels and history of antipsychotic  
320 use (which was represented by chlorpromazine equivalents) in the postmortem brains of patients  
321 with schizophrenia<sup>11</sup>. In addition, increased lactate levels have been observed in the anterior  
322 cingulate of medication-free patients with bipolar disorder in *in vivo* spectroscopic imaging  
323 studies<sup>72</sup>. Furthermore, studies utilizing animal models of psychiatric disorders—including the  
324 current study—have identified increased lactate levels in mutant mouse brains<sup>73</sup>. In addition,  
325 increased lactate levels were associated with lower pH in the brains of mutant mice, consistent with  
326 findings from previous studies on patients with schizophrenia<sup>11,13</sup>. Lower brain pH has also been  
327 observed in the medication-free patients with bipolar disorder<sup>28</sup>. Although it remains possible that  
328 antipsychotic treatment increases lactate levels and lowers pH in the brain, the aforementioned  
329 findings suggest that such changes may occur as primary features of schizophrenia and bipolar

330 disorder.

331

332 Interestingly, we observed that Wnt- and EGF-related pathways, which are highly implicated in  
333 somatic and brain cancers<sup>74</sup>, are enriched in the genes whose expressions were altered among the  
334 five mutant mouse strains. It is known that cancer cells display high rates of glycolysis, resulting in  
335 high lactate and pyruvate levels, even in normoxia<sup>75</sup>; this phenomenon has been referred to as the  
336 Warburg effect. Genes whose expression is known to positively regulate the Warburg effect, such  
337 as *Hk2*<sup>76</sup>, *Hif1a*<sup>75</sup>, and *Pfkfb3*,<sup>77</sup> were increased in the brains of any of mouse models examined in  
338 the present study, while expression of *Prkaal1*, a negative regulator of the Warburg effect<sup>78</sup>, was  
339 decreased (Supplementary Table 2). These findings raise the possibility that elevated glycolysis  
340 underlies the increased lactate and pyruvate levels in the brains of the mouse models of  
341 schizophrenia, bipolar disorder, and ASD. The results of the targeted gene expression analyses  
342 conducted in the present study also support the hypothesis. Glycolysis is also stimulated by the  
343 uptake of glutamate in astrocytes following neuronal excitation<sup>79</sup>. Dysregulation of the  
344 excitation-inhibition balance has been proposed as a candidate cause of schizophrenia, bipolar  
345 disorder, and ASD<sup>80,81</sup>. A shift in the balance towards excitation would result in increased energy  
346 expenditure and may lead to increased glycolysis. Indeed, *Shn2* KO mice exhibit higher glutamate  
347 levels in the hippocampus<sup>34</sup>. *In vivo* metabolite measurements have indicated that increased  
348 glycolysis occurs in the brains of patients with bipolar disorder<sup>29,72</sup>, while gene ontology analysis of  
349 microarray data has indicated that decreased glycolysis occurs in the brains of patients with  
350 schizophrenia<sup>13</sup>. Further studies are required to determine whether altered glycolysis rate is

351 associated with increased lactate levels.

352

353 It has been indicated that lactate levels in the mouse brain rapidly increase after at least 1 min of  
354 decapitation as compared to *in vivo* fixation by focused microwave irradiation, which is regarded as  
355 a consequence of enhanced glycolysis under oxygen-deprived conditions<sup>82</sup>. While the current  
356 findings may differ from those obtained under physiological conditions, they may reflect functional  
357 changes, such as the activation of astrocytes<sup>34,40</sup>, which represent the main source of lactate  
358 production in the brain.

359

360 Brain pH is associated with notable changes in gene expression<sup>16,26,45,83</sup> and has hence been  
361 considered as a confound for investigating changes in gene expression related to the  
362 pathophysiology of psychiatric disorders. Therefore, substantial effort has been made to match the  
363 tissue pH between patients and controls. Given that lower brain pH is a pathophysiology of certain  
364 conditions, pH-dependent changes in gene expression would not be negligible when attempting to  
365 elucidate the molecular basis of the conditions. It has been known that gene expression patterns are  
366 partially similar across diseases such as schizophrenia, bipolar disorder, and ASD<sup>7,8</sup>. Lower pH may  
367 underlie the similarities of gene expression patterns. Thus, pH may be an important factor in the  
368 elucidation of molecular alternations in the brains of patients with these psychiatric conditions.

369

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377

### 378 **Author contributions**

379 Conceived and designed the experiments: HH and TM. Contributed materials: VC, YK, TT, FH,  
380 KH, SI, IG, GC, KN and CW. Analyzed the data: HH and TM.

381

### 382 **Conflict of interest**

383 Dr. Tsuyoshi Miyakawa and Dr. Cynthia Shannon Weickert both receive research grants from  
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385 Other authors have no conflict of interests to declare.

386

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615

616

617 **Figure legends**

618 **Figure 1. Lower pH in the postmortem brains of patients with schizophrenia and bipolar**  
619 **disorder revealed by meta-analysis of publicly available data**

620 Box plot of pH in the brain of control participants (*white box*), patients with schizophrenia (*red box*)  
621 and patients with bipolar disorder (*blue box*). # $P = 0.017$ ; One-way analysis of variance  
622 (ANOVA)/Tukey's honest significant difference test. \* $P = 8.0 \times 10^{-6}$ , \* $P = 1.3 \times 10^{-4}$ , \* $P =$   
623  $0.027$ ; Student's *t*-test. The boxes represent the interquartile range between first and third quartiles,  
624 the whiskers the maximum and minimum values and the circles population outliers.

625

626 **Figure 2. Negative correlation between lower pH and increased lactate levels in the**  
627 **postmortem brains of mouse models of psychiatric disorders**

628 Bar graphs of pH (**a**), lactate levels (**b**), pyruvate levels (**d**), glucose levels (**e**), and ADT/ATP ratio  
629 (**f**) in the brains of *Shn2* KO, *Cn* KO, *Nrgn* KO, *Camk2a* HKO, and *Chd8* HKO mice and their  
630 corresponding controls (average  $\pm$  SEM). Each plot represents individual mouse values. (**c**) Scatter  
631 plot showing correlations between pH and lactate levels in the mouse brain. \* $P < 0.05$ , \*\* $P < 0.01$ ;  
632 Student's *t*-test. SEM: standard error of the mean. ADP: adenosine diphosphate; ATP: adenosine  
633 triphosphate.

634

635

636 **Supplementary information**

637 **Supplementary Figure 1. Correlations between pH and lifetime antipsychotic use,**  
638 **postmortem interval, and age**

639 Scatter plots showing correlations between pH and lifetime antipsychotic (fluphenazine equivalents)  
640 use in the SMRI collection A **(a)** and SMRI collection C **(b)** datasets. Scatter plots showing the  
641 correlation between pH and postmortem interval (controls:  $r = 0.027$ ,  $P = 0.66$ ; schizophrenia:  $r =$   
642  $0.27$ ,  $P = 2.1 \times 10^{-5}$ ; bipolar disorder:  $r = 0.14$ ,  $P = 0.085$ ; Total:  $r = 0.13$ ,  $P = 0.0010$ ) **(c)**, and age  
643 (controls:  $r = -0.14$ ,  $P = 0.021$ ; schizophrenia:  $r = -0.22$ ,  $P = 0.00075$ ; bipolar disorder:  $r = 0.14$ ,  $P =$   
644  $0.096$ ; Total:  $r = -0.13$ ,  $P = 0.00092$ ) **(d)**. SMRI: Stanley Medical Research Institute.

645

646 **Supplementary Figure 2. Potentially elevated glycolysis in the brains of mouse models of**  
647 **psychiatric disorders**

648 Glycolysis-related genes whose expression was altered in the brains of mouse models of psychiatric  
649 disorders were mapped in a schematic of the glycolysis pathway.

650

651 **Supplementary Table 1. Patient characteristics**

652 Antipsychotic dose (mg) is measured as fluphenazine equivalents. M, male; F, female; na, not  
653 available.

654

655 **Supplementary Table 2. Genes whose expression was altered in the brains of mouse models of**  
656 **psychiatric disorders**

657 Genes whose expression was altered in at least four out of eight mouse datasets were processed for  
658 pathway analyses.

659

660 **Supplementary Table 3. Pathway analyses of the genes whose expression was altered in the**  
661 **brains of mouse models of the psychiatric disorders using DAVID, ADGO, and GoToolBox**

662 The top 20 pathways (ranked based on the *P*-value) are shown for each analysis.

663

664 **Supplementary Table 4. Expression patterns of genes encoding enzymes related to glycolysis**  
665 **pathway in the brains of mouse models of psychiatric disorders**

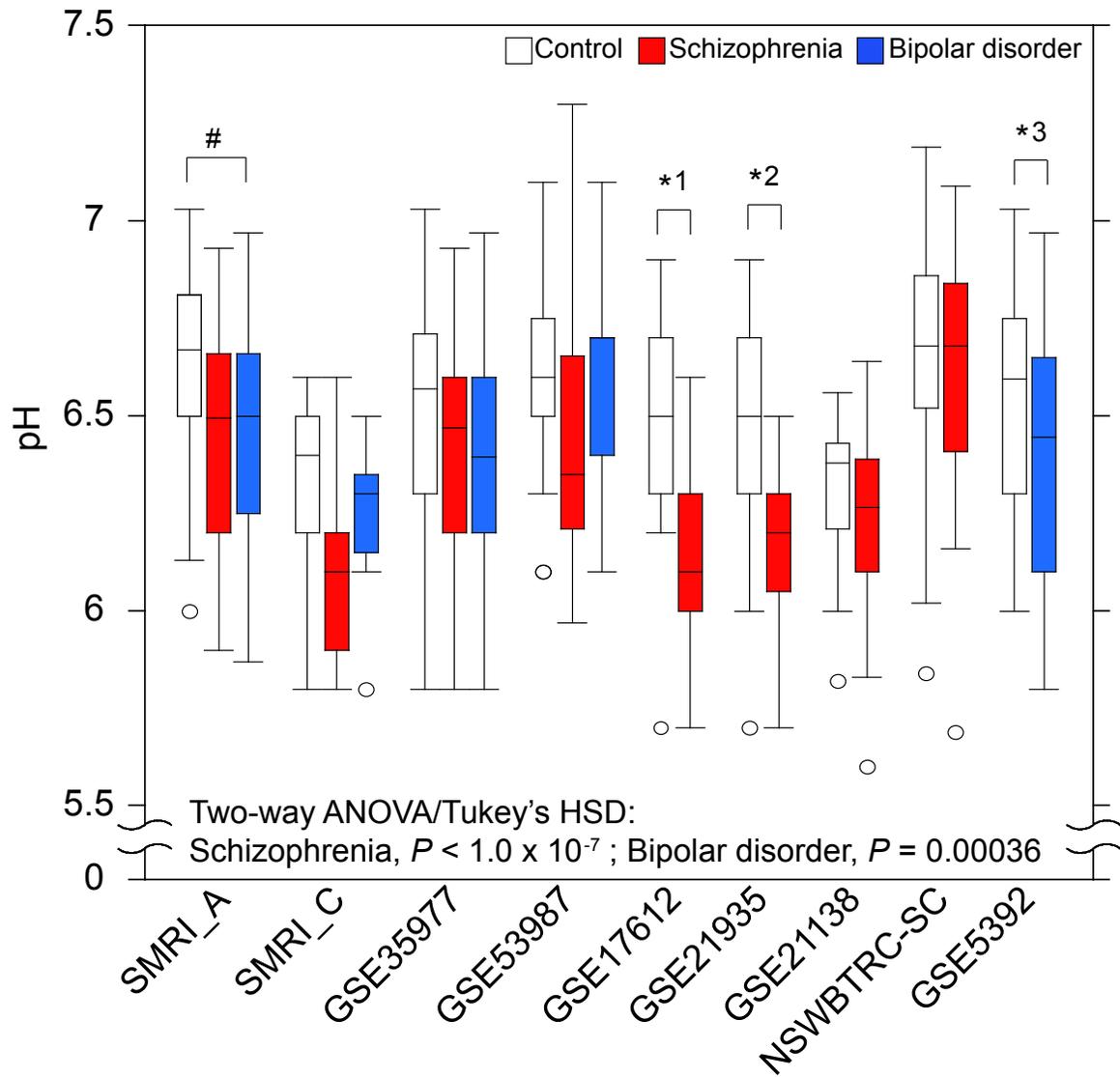


Figure 1

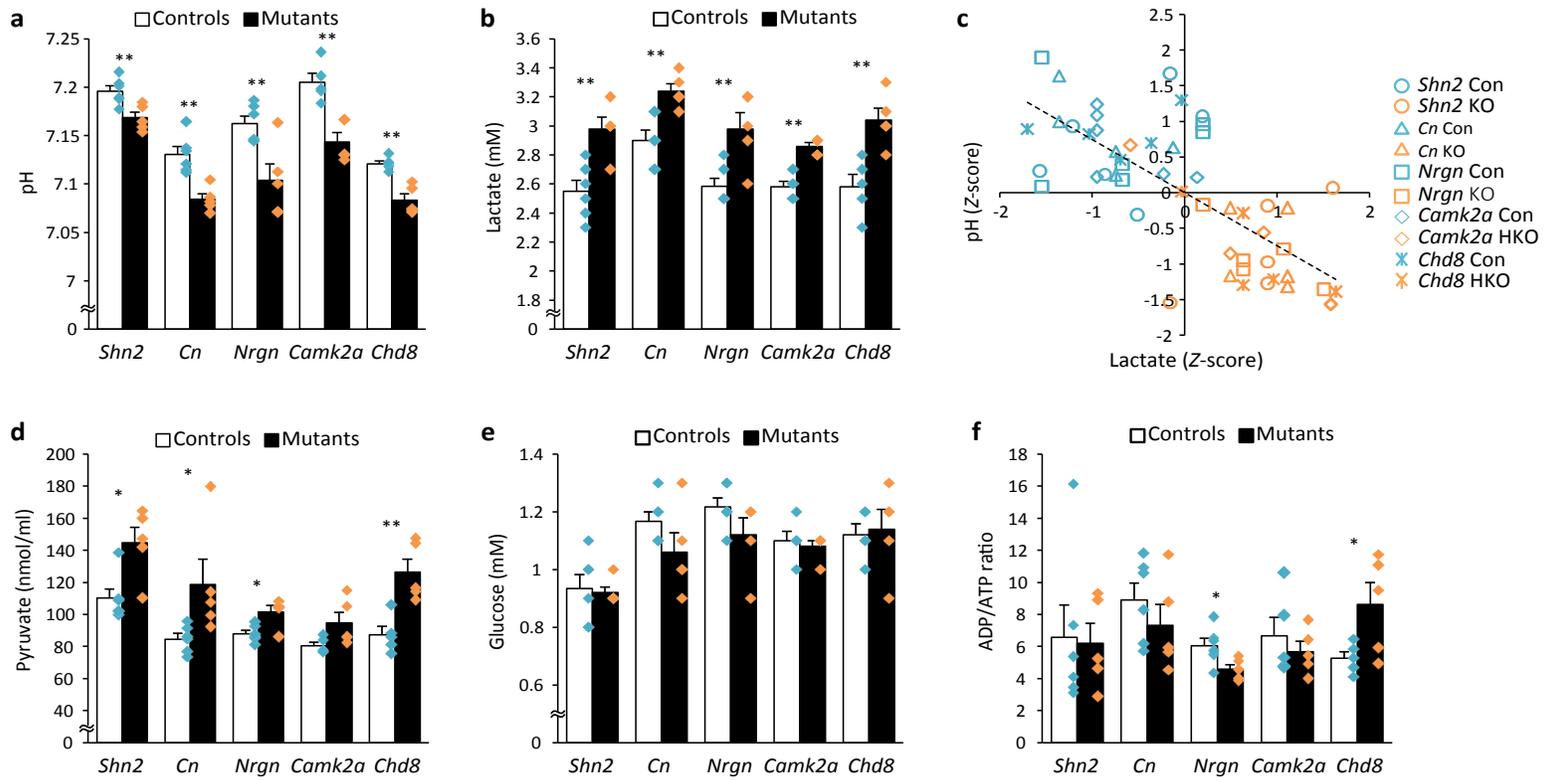


Figure 2