

1 Post-mortem molecular profiling of three psychiatric disorders reveals  
2 widespread dysregulation of cell-type associated transcripts and refined  
3 disease-related transcription changes

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## 1 **Abstract**

## 2 **Background**

3 Psychiatric disorders are multigenic diseases with complex etiology contributing  
4 significantly to human morbidity and mortality. Although clinically distinct, several  
5 disorders share many symptoms suggesting common underlying molecular changes  
6 exist that may implicate important regulators of pathogenesis and new therapeutic  
7 targets.

## 8 **Results**

9 We compared molecular signatures across brain regions and disorders in the  
10 transcriptomes of postmortem human brain samples. RNA sequencing was performed  
11 on tissue from the anterior cingulate cortex, dorsolateral prefrontal cortex, and nucleus  
12 accumbens from three groups of 24 patients each diagnosed with schizophrenia, bipolar  
13 disorder, or major depressive disorder, and from 24 control subjects and result were  
14 validated in the independent cohort. The most significant disease differences were  
15 observed in the anterior cingulate cortex of schizophrenia samples compared to controls  
16 and biochemical consequences of gene expression changes were assessed with  
17 untargeted metabolomic profiling. We detected significant transcriptional heterogeneity  
18 within schizophrenia and bipolar disorder samples and find no evidence this  
19 heterogeneity is linked to any known clinical phenotypes or technical variables, however  
20 it does appear to be highly correlated with transcripts previously identified as specific to  
21 brain cell types. We also present evidence that altered expression of the transcription  
22 factor *NPAS4* in schizophrenia patients is robust to the effects of cell-type heterogeneity

1 and that *NPAS4* regulates the expression of several genes implicated by previous  
2 schizophrenia GWAS analyses.

### 3 **Conclusions**

4 We provide a set of high confidence, independently validated genes differentially  
5 expressed between schizophrenia and control patients and propose a refined list of  
6 putative cell-type independent transcription changes, including *NPAS4*, which may  
7 particularly warrant further investigation.

### 8 **Keywords**

9 Schizophrenia, Bipolar Disorder, Major Depression Disorder, RNA sequencing,  
10 metabolomics, *NPAS4*

### 11 **Background**

12 Schizophrenia (SZ), bipolar disorder (BPD), and major depression disorder (MDD) are  
13 multigenic diseases with complex etiology and are large sources of morbidity and  
14 mortality in the population. All three disorders are associated with high rates of suicide,  
15 with ~90% of the ~41,000 people who commit suicide each year in the U.S. having a  
16 diagnosable psychiatric disorder [1]. Notably, while clinically distinct, these disorders  
17 also share many symptoms, including psychosis, suicidal ideation, sleep disturbances  
18 and cognitive deficits [2]. This phenotypic overlap suggests potential common genetic  
19 etiology, which is supported by recent large-scale genome-wide association studies [3–  
20 6]. However, this overlap has not been fully characterized with functional genomic  
21 approaches. Current therapies for these psychiatric disorders are ineffective in many  
22 patients and often only treat a subset of an individual patient's symptoms [7].

1 Approaches targeting the underlying molecular pathologies within and across these  
2 types of disorders are necessary to address the enormous psychiatric component of  
3 global disease burden and improve care for the millions of people diagnosed with these  
4 conditions.

5 Previous studies [8–10] analyzed brain tissue with RNA sequencing (RNA-seq) in SZ  
6 and BPD, and identified altered expression of GABA-related genes in the superior  
7 temporal gyrus and hippocampus, as well as differentially expressed transcripts related  
8 to neuroplasticity and mammalian circadian rhythms. Our study focused on the anterior  
9 cingulate cortex (AnCg), dorsolateral prefrontal cortex (DLPFC), and nucleus  
10 accumbens (nAcc) regions, which are often associated with mood alterations, cognition,  
11 impulse control, motivation, reward, and pleasure – all behaviors known to be altered in  
12 psychiatric disorders [11,12]. To assess gene expression changes associated with  
13 psychiatric disease in these brain regions, we performed RNA-seq on macro-dissected  
14 postmortem tissues in four well-documented cohorts of 24 patients each with SZ, BPD,  
15 MDD and 24 controls (CTL) (96 individuals total) across these three brain regions.  
16 Additionally, we conducted metabolomic profiling in AnCg tissue from the same  
17 subjects. RNA-seq analysis revealed common expression profiles in SZ and BPD  
18 patients supporting the notion that these disorders share a common molecular etiology.  
19 Interestingly, SZ and BPD samples contained a high degree of heterogeneity that  
20 appears to be correlated with differences in cell-type composition. We validated this  
21 result with RNA-seq data from an independent cohort of 35 cases each of SZ, BPD, and  
22 CTL postmortem cingulate cortex samples from the Stanley Neuropathology  
23 Consortium Integrative Database (SNCID; <http://sncid.stanleyresearch.org>) Array

1 Collection. We present a set of validated genes differentially expressed between SZ and  
2 CTL patients, propose a short list of priority gene targets identified by a novel  
3 computational approach, and investigate the downstream regulatory network of the  
4 most robust gene target, *NPAS4*.

## 5 **Results**

### 6 **Region-specific gene expression in control and psychiatric brain tissue**

7 We collected postmortem human brain tissue and associated clinical data, including  
8 age, sex, brain pH, and postmortem interval (PMI) (Table S1) for matched cohorts of 24  
9 patients each diagnosed with SZ, BPD, or MDD, as well as 24 control individuals with  
10 no personal history of, or first-degree relatives diagnosed with, psychiatric disorders.  
11 Importantly, we included only patients with an agonal factor score of zero and a  
12 minimum brain pH of 6.5 to minimize expression differences due to those confounders  
13 [13]. Using RNA-seq [14], we profiled gene expression in three macro-dissected brain  
14 regions (AnCg, DLPFC, nAcc). After quality control, we analyzed 48,956 ENSEMBL  
15 transcripts in a total of 281 brain samples (Table S2).

16 To examine heterogeneity across brain regions and subjects, we performed a principal  
17 component analysis (PCA; Figure S1A) of all transcripts. The first principal component  
18 (PC1, 26% of the variation) separates cortical AnCg and DLPFC samples from  
19 subcortical nAcc samples. Examination of the second principal component (PC2)  
20 reveals a separation of some SZ and BPD samples from all other samples (Figure  
21 S1B). Subsequent principal components did not associate with clinical covariates (Table  
22 S3).

## 1 **Disease-specific gene expression in control and psychiatric brains**

2 We next sought to identify whether transcript profiles could differentiate patient tissues  
3 from controls. PCA within each brain region revealed some separation of SZ and BPD  
4 samples from CTL and MDD patients (Figure 1A-C). We applied DESeq2 [15], a  
5 method for differential analysis of sequence read count data, to identify genes  
6 differentially expressed across disorders within each brain region. The largest number  
7 of significant expression changes occurred in AnCg between SZ and CTL individuals  
8 (1,203 transcripts, FDR<0.05). The most striking transcriptional changes were also  
9 confirmed by microarray analysis performed in a subset of patients ( $r^2=0.71$ ; Figure S2).  
10 Pathway enrichment analysis of differentially expressed genes between SZ and CTL  
11 patients revealed 610 GO terms with an FDR<0.05 (Table S4). Significant GO terms  
12 fall into the broad categories of: neuronal structure, neuronal function (e.g.,  
13 neurotransmitter transport, synaptic transmission, behavior), immune response, and  
14 energy metabolism (Figure S3). Additionally, seven transcripts were differentially  
15 expressed between SZ and CTL individuals in DLPFC. Three of these were also  
16 identified in AnCg: *SST*, *KLHL14* and *SERPINA3*. No transcripts had an FDR<0.05  
17 when comparing BPD or MDD samples to CTLs in any brain region, or comparing SZ  
18 and CTL tissues in nAcc (Table S5). To examine potential common gene expression  
19 patterns between the psychiatric disorders, we performed pair-wise correlation  
20 calculations of all transcript  $\log_2$  fold changes for each disorder versus controls in each  
21 brain region. Of the nine case-control comparisons (for three regions and three  
22 diseases), a particularly strong correlation is observed between BPD and SZ compared  
23 to either SZ or BPD and MDD in each brain region (Figure 2A). In the AnCg, BPD and

1 SZ share 2,606 common genes differentially expressed at a relaxed threshold of  
2 uncorrected p-value<0.05 compared to only 248 and 85 genes shared between MDD  
3 and SZ or BPD respectively (Figure 2B). This strong overlap between BPD and SZ  
4 (Fisher's exact p-value<0.001) indicates that although expression changes are weaker  
5 in BPD they are similar to those involved in SZ.

6 Because previous postmortem analyses have been limited by, and are particularly  
7 vulnerable to, biases inherent to examining a single patient cohort, we sought to  
8 generate a robust set of SZ associated transcripts by validating our observed  
9 expression changes in an independent cohort. To accomplish this, we examined gene  
10 expression differences between SZ and CTL samples in the SNCID RNA-seq validation  
11 dataset, revealing 129 high confidence genes differentially regulated in the same  
12 direction in both datasets with an FDR<0.05 (Table S6). The magnitude and direction of  
13 change in significant transcripts in the Pritzker dataset were highly correlated with  
14 SNCID dataset ( $r^2=0.66$ ), particularly in transcripts that met an FDR<0.05 cutoff  
15 ( $r^2=0.89$ ; Figure 2C). We performed hierarchical clustering of SZ and CTL samples  
16 using the 129 transcripts differentially expressed between SZ and CTL in both datasets  
17 (Figures 2D, 2E), and two clusters emerged. In the Pritzker dataset, one consists of  
18 only SZ (100% SZ) and the other contains both CTL and SZ (36.8% SZ), suggesting  
19 that a subset of SZ individuals could be driving observed gene expression changes  
20 between SZ and CTL samples.

21 In both datasets, one of the largest observed gene expression changes between SZ  
22 and CTL was *SERPINA3* (serpin peptidase inhibitor, clade A, member 3), an  
23 inflammation marker previously shown to be elevated in SZ in four postmortem cohorts,

1 including this SNCID dataset [16–19]. GABA pathway genes have also been repeatedly  
2 implicated in SZ and BPD [20–22], and we also observed significant expression  
3 changes indicating reduction of GABA levels, including decreased expression of *GAD1*  
4 and *GAD2* (enzymes catalyzing the rate-limiting step in GABA synthesis) and *SLC32A1*  
5 (the vesicular inhibitory amino acid transporter). Interestingly, *SLC32A1* was identified  
6 in a recent GWAS meta-analysis [3]. *EGR1*, *MDK*, and *CLU*, also identified in this  
7 GWAS analysis, were significant in both the Pritzker and the SNCID dataset.

### 8 **Altered metabolite levels recapitulate transcriptomic changes**

9 To confirm the biochemical consequences of expression changes, we used 2D-GCMS  
10 to measure metabolite levels in 86 of the AnCg samples (sufficient tissue was  
11 unavailable for 10 samples). This included 20 SZ (6 tissues from clustered subset), 22  
12 BPD (8 tissues from clustered subset), 22 CTL and 22 MDD individuals. We measured  
13 and identified 100 unique metabolites (Table S7). Similar to our transcript analysis,  
14 metabolite levels (Table S8) successfully differentiated SZ and BPD patients from CTLs  
15 (Figures 3A-B), while MDD metabolite profiles were very similar to CTLs. Several of the  
16 most significant metabolites, including GABA, were also implicated by RNA-seq and are  
17 known to be relevant to BPD and SZ [23]. PCA analysis of metabolite data revealed the  
18 second principle component (11% of variance explained) separated SZ and BPD from  
19 CTL patients (Figure 3C, p-value < 0.001) and was correlated with the first principle  
20 component of our RNA-seq analysis (Figure 3D,  $r^2=0.16$ , p-value < 0.001). Furthermore,  
21 GABA/glutamate metabolite ratios also correlate strongly with average *GAD1* and  
22 *GAD2* expression levels ( $r^2 = 0.19$ , p-value < 0.001). This metabolite-gene relationship

1 is consistent with previous multi-level phenomic analyses [24] and demonstrates  
2 realized biochemical consequences from altered gene expression.

### 3 **Heterogeneity within schizophrenia and bipolar disorder**

4 Examination of RNA-seq-based PCA plots reveals a subset of SZ and BPD patients are  
5 intermixed and cluster separately from the remaining patients and controls in both  
6 cohorts and across platforms (Figure 1 and 4A; Figure S4A). This suggests these  
7 disorders may be particularly heterogeneous and is further supported by widespread  
8 increases in transcript level variance across SZ and BPD patients in both cohorts  
9 (Figure 4B-C). Transcript heterogeneity was highly concordant between cohorts as  
10 transcript loading values of the first principle components were strongly correlated  
11 ( $\rho=0.58$ ,  $p$ -value  $< 0.001$ , Figure 4D). To explore further this relationship and bin  
12 samples in an unbiased manner, we performed consensus clustering (an unsupervised  
13 method for establishing group membership) on cingulate cortex samples from both  
14 cohorts [25]. This analysis defined a subset of primarily BPD and SZ patients that  
15 display expression profiles distinct from the remaining samples and controls (Figure  
16 S4B-C). GO term enrichment of genes driving consensus clusters revealed 730 GO  
17 terms with  $FDR < 0.05$ , including a large network of up-regulated immune signaling and  
18 down-regulated neuronal structure and signaling genes (Figure 3E; Table S9).

19 To identify drivers of this observed expression pattern, we first sought to eliminate any  
20 technical artifacts or clinical differences among patients that might lead to this result.  
21 This consensus cluster grouping of patients in the Pritzker cohort is not significantly  
22 associated with any known clinical covariates (age, sex, race, number of  
23 hospitalizations, blood alcohol level, age of onset, PMI), and the agonal factor was 0 for

1 all subjects (Table S10). Fisher's exact testing for major drug classes identified in  
2 postmortem cytotoxicology analysis also failed to associate drug use with either patient  
3 cluster (Table S11). Examination of medical records, including patient prescription  
4 history, symptoms, and severity, was also not linked to observed expression patterns.  
5 Previous studies [13] have shown a key role for brain pH in gene expression patterns,  
6 and we found brain pH to be decreased when comparing between BPD individuals  
7 across the two consensus cluster groups ( $p=0.02$ ), but not between SZ individuals  
8 across groups ( $p=0.66$ ; Figure S5A). However, pH was only a small contributor to  
9 heterogeneity in SZ and BPD and after normalizing to pH, the original sample  
10 distribution largely remains (Figure S5B). We also considered whether dissection  
11 differences could contribute to this result. Our data indicate that this is not the source of  
12 variability, as a majority of sample heterogeneity was confined to BPD and SZ in both  
13 cohorts, which were dissected by independent groups, and the BPD/SZ-associated  
14 expression patterns were observed across multiple brain regions.

15 If the identified clusters are not a technical artifact or explained by any available clinical  
16 variables, then, given the large number of genes affected and GO term enrichments  
17 observed, one possible explanation for these changes is that cell-type differences are  
18 driving the observed disease heterogeneity. Virtual microdissection, particularly in the  
19 use of tissue-based transcriptomic datasets, is a rapidly emerging field of investigation  
20 that has proven useful for identifying cell-type related and independent patterns in case-  
21 control studies [26]. Darmanis et al. recently published a survey of human brain  
22 transcriptome diversity in single cells [27]. Their results included a panel of transcripts  
23 capable of classifying individual cells into the major neuronal, glial, and vascular cell-

1 types in the brain. We generated cell-type indices using the median of normalized  
2 counts for each cell-type specific transcript set. Examining cell-type indices in a  
3 previously published RNA-seq analysis of purified brain cells reveals high specificity of  
4 each index to the appropriate cell type and accurate deconvolution of transcriptomes  
5 mixed *in silico* [28,29] (Figure S6A-F). Moreover, median values from 10,000 randomly  
6 sampled transcript sets are not able to deconvolute mixed cell transcriptomes,  
7 demonstrating that predictive power is relatively unique to the Darmanis et al. transcript  
8 sets (Figure S6G-I). Examining AnCg cell-type composition in the context of the patient  
9 clustering patterns, we found that the subset of BPD and SZ patients that cluster  
10 separately from CTLs is enriched for astrocyte- (p-value < 0.001) and endothelial-  
11 specific expression (p-value < 0.001), but depleted of neuron-specific expression (p-  
12 value < 0.001) (Figure 5A). The correlation between PC1 in the cingulate cortex and  
13 the neuron/astrocyte ratio is strong in both the Pritzker dataset ( $\rho=0.41$  p-value <  
14 0.001) and the SNCID dataset ( $\rho=0.64$ , p-value < 0.001, Figures 5B-C). Interestingly,  
15 normalizing potential cell-type differences in our previous SZ/CTL differential expression  
16 analysis by adding the neuron/astrocyte ratio as an additional covariate in our DESeq2  
17 regression model reduces the number of significant transcripts from 1,203 to 3 and  
18 dramatically shifts the p-value distribution of our SZ case-control comparison in both  
19 datasets (Figure 5D-E). The remaining, putatively cell-type independent, significant  
20 transcripts are *IGKC*, *IGHG1*, and the transcriptional regulator *NPAS4*, which has been  
21 previously linked to schizophrenia-like symptoms [30] (Table S12).

22 ***NPAS4* regulates previously implicated SZ genes**

1 We further investigated the potential relevance of *NPAS4*, whose decreased expression  
2 in SZ patients is the most significant transcriptional alteration after normalizing to cell-  
3 type heterogeneity, by performing replicate ChIP-seq experiments in the neuroblastoma  
4 cell line, IMR-32. We observed strong concordance between replicate experiments and  
5 the 2,832 high-confidence binding sites common to both replicates were enriched for  
6 derivatives of the previously reported canonical *NPAS4* motif [31,32] (Figure S7). Genes  
7 previously implicated in SZ by GWAS analyses were enriched for close proximity to  
8 observed *NPAS4* binding sites compared to the background transcriptome (p-value <  
9 0.001) with transcription start sites of 13 transcripts found within 1 kb of an *NPAS4*  
10 binding site (Figure 6A, Table S13). To confirm the regulatory role of *NPAS4* for  
11 previously associated SZ genes we performed shRNA-mediated knock down of *NPAS4*  
12 and observed a concordant decrease in expression of three of five genes tested that  
13 contain a neighboring *NPAS4* binding site (Figure 6B, Table S13).

## 14 **Discussion**

15 Here, we have described a large transcriptomic dataset across three brain regions  
16 (DLPFC, AnCg, and nAcc) in SZ, BPD, and MDD patients, as well as CTL samples  
17 matched for agonal state and brain pH. In MDD, we do not identify any transcripts that  
18 meet genome-wide significance for differential expression between cases and controls  
19 in any brain region. This finding agrees with previous postmortem RNA-seq studies [33],  
20 however sample size and the choice of brain regions examined likely contributed to our  
21 inability to replicate results from previous non-sequencing-based approaches comparing  
22 MDD to CTL in postmortem brain [34].

1 The most dramatic gene expression signals were brain region-specific. The majority of  
2 disease-associated expression differences were seen in the AnCg of SZ compared to  
3 CTL patients. The AnCg has been associated with multiple disease-relevant functions,  
4 including cognition, error detection, conflict resolution, motivation, and modulation of  
5 emotion [35–37]. We observed a striking overlap in SZ- and BPD-associated expression  
6 changes consistent with previous findings [23,38]. We also observed significant  
7 heterogeneity within SZ and BPD samples with a subset of patients exhibiting gene  
8 expression profiles that differed significantly from both the larger subset of SZ and BPD  
9 patients and from the MDD and CTL cohorts. We find no evidence that this disease  
10 heterogeneity is linked to any known clinical phenotypes or technical variables, however  
11 it does appear to be highly correlated with transcripts previously identified as specific to  
12 brain cell types. Specifically, we see evidence for depletion of neuron-specific  
13 transcripts and increased levels of endothelial and astrocyte-specific transcripts in a  
14 subset of SZ and BPD patients. Insufficient tissue remains from our patient cohort to  
15 validate computational cell-type predictions immunohistochemically, however our data  
16 strongly suggests that future postmortem studies should be cognizant of cell-type  
17 heterogeneity across patient samples. We recommend future studies use robust  
18 techniques for assessing tissue composition to examine potential cell-type proportion  
19 differences between disease cohorts and to identify which transcriptional changes occur  
20 in conjunction with, and independent of, those differences. After normalizing for  
21 potential cell-type associated differences between samples a refined list of  
22 transcriptional changes remain that may merit further investigation. Of particular interest  
23 is the transcription factor *NPAS4* (14-fold decreased expression in SZ compared to

1 CTL), which is highly expressed in the brain, has been previously characterized as an  
2 important regulator of neuronal inhibitory pathways, and whose dysregulation may be  
3 implicated in psychiatric disease [39]. Intriguingly, *NPAS4* knockout mice display  
4 several characteristics common to SZ including sensorimotor gating deficits,  
5 hyperactivity and social anxiety, thus it may play an important role in driving relevant  
6 disease pathophysiology [40]. Our characterization of *NPAS4*'s genome-wide binding  
7 events and regulation of previously implicated schizophrenia genes further supports  
8 *NPAS4*'s potential importance as a driver of disease, however a comprehensive  
9 analysis of *NPAS4*'s gene regulatory network and the mechanisms by which *NPAS4*  
10 targets may contribute to patient phenotypes remains of great interest and an active  
11 area of investigation. Other genes significant after cell-type correction include *IGKC* and  
12 *IGHG1* (6-fold and 4-fold increased expression in SZ compared to CTL, respectively),  
13 both immunoglobulin components. Immune response has been extensively implicated  
14 as playing a role in psychiatric disease [16,18,33], however, a specific role for either of  
15 these two genes in psychiatric disease pathology remains to be characterized.

## 16 **Conclusions**

17 Our study provides several meaningful and novel contributions to the understanding of  
18 psychiatric disease. First, we have conducted one of the most extensive  
19 characterizations of the molecular overlap between SZ and BPD at the transcript and  
20 metabolite level across multiple brain regions. Second, we provide a high confidence  
21 set of genes differentially expressed between SZ and CTL patients utilizing two  
22 independent cohorts. Third, we demonstrate that a disproportionate amount of  
23 molecular heterogeneity occurs within SZ and BPD patient cohorts, and that this may

1 drive a significant proportion of observed case-control differences. We also establish  
2 that a majority of variation within SZ and BPD cohorts is strongly correlated with  
3 expression changes in previously identified cell-type specific transcripts. Finally, we  
4 propose several putative cell-type independent transcriptional changes that may warrant  
5 future investigation and highlight *NPAS4*, a transcription factor that may regulate  
6 several genes important for the development of disease.

## 7 **Methods**

8 See supplemental methods for additional detail.

### 9 **Patient Sample Collection and Preparation**

10 Sample collection, including human subject recruitment and characterization, tissue  
11 dissection, and RNA extraction, was described previously [13,41] as part of the Brain  
12 Donor Program at the University of California, Irvine, Department of Psychiatry and  
13 Human Behavior (Pritzker Neuropsychiatric Disorders Research Consortium) under IRB  
14 approval. In brief, all samples were diagnosed by psychological autopsy, which included  
15 collection and analyses of medical and psychiatric records, toxicology, medical  
16 examiners' reports, and 141-item family interviews. Controls were selected based upon  
17 absence of severe psychiatric disturbance and mental illness within first-degree  
18 relatives. We obtained fastq files from RNA-seq experiments for our validation cohort  
19 from the Stanley Neuropathology Consortium Integrative Database (SNCID;  
20 <http://sncid.stanleyresearch.org>) Array Collection comprising 35 cases each of SZ, BPD,  
21 and CTL of postmortem cingulate cortex with permission on June 30, 2015. For our  
22 analysis, we included the 27 SZ, 26 CTL, and 25 BPD SNCID samples that were

1 successfully downloaded and represented unique samples. SNCID RNA-seq  
2 methodology and data processing is described in detail in a previous publication that  
3 makes use of the data [8].

#### 4 **RNA-seq and Data Processing**

5 Total RNA was extracted from 20 mg of postmortem brain tissue (350  $\mu$ L tissue  
6 homogenate; 281 total tissue samples) using the Norgen Animal Tissue RNA  
7 Purification Kit (Norgen Biotek Corporation). We made RNA-seq libraries from 250 ng  
8 total RNA using polyA selection (Dynabeads mRNA DIRECT kit, Life Technologies) and  
9 transposase-based non-stranded library construction (Tn-RNA-seq) as described  
10 previously [14]. The pooled libraries were sequenced on an Illumina HiSeq 2000  
11 sequencing machine using paired-end 50 bp reads and a 6 bp index read, resulting in  
12 an average of 48.2 million reads per library. To quantify the expression of each gene in  
13 both Pritzker and SNCID datasets, we used TopHat v1.4.1 [42] to align RNA-seq read  
14 pairs with GENCODE version 9 as a transcript reference. Raw read counts were  
15 calculated for each GENCODE transcript with Cufflinks 1.3.0 [43] and BEDTools[44].  
16 Transcripts expressed from the X and Y chromosomes were omitted from the study.

#### 17 **Sequencing Data Analysis**

18 All data analysis in R was performed with version 3.1.2.

##### 19 *Differential Expression Analysis and Normalization*

20 To examine gene expression changes, we employed the R package DESeq2 [15]  
21 (version 1.6.3), using default settings, but employing likelihood ratio test (LRT)  
22 hypothesis testing, and removing non-convergent transcripts from subsequent analysis.

1 Genes differentially expressed between each disorder and CTL samples, by brain  
2 region, were identified with DESeq2 (adjusted p-value<0.05), including age, brain pH,  
3 and PMI as covariates. For downstream heatmap visualization, PCA, consensus  
4 clustering, and cell-type analysis, transcripts were normalized using DESeq2's  
5 varianceStabilizingTransformation function unless otherwise specified.

#### 6 *PCA, Hierarchical, and Consensus Clustering*

7 PCA analysis was performed in R on normalized data using the prcomp() command.  
8 Hierarchical clustering of normalized transcript data was done in R with the hclust  
9 command (method="ward", distance="euclidean"). Consensus clustering was performed  
10 on normalized transcript data using the ConsensusCluster Plus [25] package in R  
11 (version 1.20.0) with *k*-means clustering from *k*=2 to *k*=4 (Euclidean distance) for 1000  
12 repetitions of 80% of the data. Examination of the cumulative distribution function  
13 (CDF) revealed group optimization at *k*=2 for each analysis.

#### 14 *Pathway Enrichment Analysis*

15 Pathway analysis was conducted using the web-based tool LRPath [45] using all GO  
16 term annotations, adjusting to transcript read count with RNA-Enrich, including  
17 directionality and limiting maximum GO term size to 500 genes. GO term visualization  
18 was performed using the Cytoscape Enrichment Map plug-in [46]. The Genesetfile  
19 (.gmt) GO annotations from July 24, 2015 were downloaded from  
20 [http://download.baderlab.org/EM\\_Genesets/](http://download.baderlab.org/EM_Genesets/). Mapping parameters were; p-value cutoff  
21 = 0.005, FDR cutoff = 0.05 and overlap coefficient = 0.5. Resulting networks were  
22 exported as PDFs.

## 1 *Cell-Specific Enrichment Analysis*

2 Sets of transcripts uniquely expressed by several brain cell-types were obtained from  
3 figure 1B in Darmanis et. al [27]. An index for each cell-type was created by finding the  
4 median normalized expression value for each cell-type associated transcript set. Index  
5 values were compared across patient clusters by non-parametric rank sum tests and  
6 spearman correlation with top principle components. Ultimately, the neuron/astrocyte  
7 index ratio for each patient was included as a covariate in our DESeq2 regression  
8 model to normalize putative differences due to changes in these cell populations. To  
9 validate our method, we calculated cell-type specific indices from an independent cohort  
10 of previously published purified brain cells [28,29]. FPKM-normalized transcript data  
11 was obtained from supplemental table 4 of Zhang et. al. (2014) and cell-type indexes  
12 were calculated as described above. To examine index performance in mixed cell  
13 populations, we obtained fastq files for neuron and astrocyte-purified brain samples  
14 from GEO accession GSE73721 and generated raw count files as described above. We  
15 next mixed expression profiles *in silico* by performing random down-sampling of neuron  
16 and astrocyte count levels and summing the results such that mixed populations  
17 containing specific proportions of counts from neuron- and astrocyte-purified tissue  
18 were generated. For example, to generate an 80/20 neuron to astrocyte mixture, neuron  
19 and astrocyte count columns (which started at an equivalent number of 5,759,178  
20 aligned reads) were randomly down-sampled to 4,607,342 and 1,151,836 counts  
21 respectively and summed across each gene to result in a proportionately mixed  
22 population of aligned count data simulating heterogeneous tissue. Then we calculated a  
23 neuron/astrocyte index ratio capable of predicting the *in silico* mixing weights. Briefly,

1 we assumed index values for mixed cell populations were directly proportional to mixing  
2 weights of their respective purified tissue, thus the predicted cell proportion for a given  
3 cell type was simply calculated as:

4 
$$\text{predicted cell proportion} = \text{observed index value} / \text{purified tissue index value}$$

5 To insure cell-type predictive power was unique to indices derived from Darmanis et. al  
6 transcripts, we generated indices from 10,000 randomly sampled transcript sets of  
7 equivalent size and examined their performance in predicting *in silico* mixing weights.  
8 Mean squared prediction errors (MSE) were calculated for each of the 10,000 null  
9 indices and compared to the MSE of Darmanis et. al.-derived indices.

## 10 **Metabolomics**

### 11 *Sample preparation*

12 Sections of approximately 100mg of frozen tissue were weighed and homogenized for  
13 45 seconds at 6.5M/s with ceramic beads in 1mL of 50% methanol using the MP  
14 FastPrep-24 homogenizer (MP Biomedicals). A sample volume equivalent to 10mg of  
15 initial tissue weight was dried down at 55°C for 60 minutes using a vacuum concentrator  
16 system (Labconco). Derivatization by methoximation and trimethylsilylation was done as  
17 previously described [47].

18 We analyzed technical replicates of each tissue sample, in randomized order.

### 19 *GCxGC-TOFMS analysis*

20 All derivatized samples were analyzed on a Leco Pegasus 4D system (GCxGC-  
21 TOFMS), controlled by the ChromaTof software (Leco, St. Joseph, MI). Samples were  
22 analyzed as described previously [47] with minor modifications in temperature ramp.

## 1 *Data analysis and metabolite identification*

2 Peak calling, deconvolution and library spectral matching were done using ChromaTOF  
3 4.5 software. Peaks were identified by spectral match using the NIST, GOLM [48], and  
4 Fiehn libraries (Leco), and confirmed by running derivatized standards (Sigma). We  
5 used Guineu for multiple sample alignment [49].

## 6 **NPAS4 Analysis**

7 IM-32 cells were obtained from ATCC and grown under recommended cell culture  
8 conditions using EMEM media containing 10% fetal bovine serum (FBS) and 1%  
9 penicillin/streptomycin. ChIP-seq was performed as previously described [50] and the  
10 antibody for *NPAS4* was obtained from Abnova (H00266743-M09). ChIP-seq peaks  
11 were identified using MACS 2.1.0 and motif analysis was performed on all called peaks  
12 using MEME [51,52]. Only reproducible binding sites identified by replicate ChIP-seq  
13 experiments were used for downstream analysis. The SZ-implicated GWAS gene list  
14 was obtained from Ripke et. al [53]. Stable IM-32 knockdown cell lines were made with  
15 three independent shRNAs targeting *NPAS4* (SCHLNG-NM\_178864) and a GFP  
16 (SHC002) targeting control shRNA (Sigma). Lentiviral packaging of shRNAs was  
17 performed as previously described [54,55]. One million IM-32 cells were transduced  
18 with packaged shRNAs and cells were selected with puromycin for one week. RNA was  
19 extracted the using a total RNA purification kit (Norgen) according to manufacturer  
20 protocol. Reverse transcription was performed using a high capacity cDNA reverse  
21 transcription kit (Applied Biosystems) and qPCR performed with taqman probsets  
22 (*NPAS4*:Hs00698866\_m1, *WBPL1*:Hs00740771\_s1, *ABCB9*:Hs00608640\_m1,

1 CHRNA3:Hs01088199\_m1, EDC4:Hs01089874\_g1, NDUFA6:Hs00899690\_m1) to  
2 genes of interest (ThermoFisher).

### 3 **List of abbreviations**

4 RNA-seq – RNA sequencing

5 GABA – gamma-Aminobutyric acid

6 GWAS – genome-wide association study

7 SZ – schizophrenia

8 BPD – bipolar disorder

9 MDD – major depression disorder

10 CTL – control

11 AnCg – anterior cingulate gyrus

12 DLPFC – dorsolateral prefrontal cortex

13 nAcc – nucleus accumbens

14 GO – gene ontology

15 ChIP-seq – chromatin immunoprecipitation with DNA sequencing

16 shRNA – short hairpin RNA

17 PCA – principle component analysis

### 18 **Declarations**

19 **Ethics approval and consent to participate**

1 Sample collection, including human subject recruitment and characterization, was  
2 conducted as part of the Brain Donor Program at the University of California, Irvine,  
3 Department of Psychiatry and Human Behavior (Pritzker Neuropsychiatric Disorders  
4 Research Consortium) under IRB approval (UCI 88-041, UCI 97-74).

#### 5 **Consent for publication**

6 Not applicable

#### 7 **Availability of data and materials**

8 The datasets supporting the conclusions of this article are available in the GEO  
9 repository, GSE80655.

#### 10 **Competing interests**

11 The authors declare that they have no competing interests.

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#### 16 **Author's Contributions**

17 HA, SJW, AFS, WEB, JDB, HK, SJC and RMM conceived of study

18 KMB, RCR, BNL, SJC, and RMM designed the experiments

19 EGJ performed brain dissections

20 PMC procured the brain tissue samples

21 MPV analyzed pH on all cases and matched the 4 cohorts

- 1 DWM obtained demographic and clinical data on all subjects through analyses of
- 2 medical records and next-of-kin interviews
- 3 NSD, JG, and KMB collected RNAs and performed Tn-RNA-seq library construction
- 4 RCR and BNL analyzed the RNA-seq data
- 5 MH and JZL conducted array experiments and analysis
- 6 RCR and SJC performed and analyzed metabolomics experiments
- 7 RCR and AAH performed and analyzed *NPAS4* ChIP-seq experiments
- 8 RCR performed and analyzed qPCR experiments
- 9 KMB, RCR, and BNL wrote the first draft of the paper
- 10 JZL, BGB, WEB, SJW, SJC, HA and RMM contributed to the writing of the paper
- 11 All authors read and approved the final manuscript.

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8

## 9 **Figure Legends**

10 **Figure 1.** Brain region-specific gene expression in psychiatric disorder and control  
11 postmortem brains. PCA of all 48,956 gene transcripts across psychiatric disorders and  
12 controls in (A) AnCg, (B) DLPFC, and (C) nACC. CTL (gray squares), BPD (blue  
13 triangles), MDD (green circles), SZ (red triangles).

14 **Figure 2.** (A) Pairwise spearman correlations of  $\log_2$  fold gene expression changes  
15 between each disorder and CTL in each brain region. Circle sizes are scaled to reflect  
16 Spearman correlations. (B) Venn diagram showing overlap of genes differentially  
17 expressed between SZ (red), BPD (blue), MDD (green) vs. CTL at a  $p$ -value $<0.05$ . (C)  
18  $\log_2$  fold change of 1,203 genes with  $FDR<0.05$  comparing SZ and CTL (AnCg) in the  
19 Pritzker dataset (open circles), with transcripts also significant in the Stanley Cohort  
20 ( $n=129$ , Spearman coefficient=0.89,  $p$ -value $<0.0001$ ) identified with red circles. (D)  
21 Hierarchical clustering of 24 SZ and 24 CTL tissues in the Pritzker dataset and (E) 27  
22 SZ and 26 CTL tissues in the SCNID dataset using variance-stabilized expression of  
23 129 significant genes between SZ and CTL in the AnCg identified by DESeq2

1 (FDR<0.05) in both datasets. CTL (dark gray), SZ (red), low gene expression (blue  
2 pixels), high gene expression (yellow pixels).

3 **Figure 3.** Metabolomic analysis of SZ, BPD, MDD, and CTL in AnCg Hierarchical  
4 clustering of (A) the 25 most different metabolite levels between SZ and CTL, (B) the 25  
5 most different metabolite levels between BPD and CTL. (C) Metabolite PC2  
6 distinguishes BPD and SZ patients from CTL and is correlated with RNA-seq PC1 (D)  
7 demonstrating a subset of SZ and BPD patients differ from CTL, MDD and a majority of  
8 SZ and BPD patients.

9 **Figure 4.** Heterogeneity within psychiatric disorders. (A) PCA of SNCID cingulate  
10 cortex gene expression data. CTL (gray squares), BPD (blue triangles), SZ (red  
11 triangles). (B-C) Smooth loess fit of coefficient of variation (CV) for each transcript with  
12 95% confidence intervals in each disorder in Pritzker (B) and SCNID (C) datasets. (D)  
13 Correlation of PC1 loadings in the Pritzker and SCNID datasets. (E) GO term analysis  
14 of differentially expressed genes between the two consensus clusters in the Pritzker  
15 dataset. Up-regulation (red circles), down-regulation (blue circles).

16 **Figure 5.** Cell-type gene expression changes in AnCg of clustered subset of patients  
17 (consensus cluster 2) compared to the remaining patients (consensus cluster 1) (A)  
18 Glial cells (oligodendrocytes, astrocytes, and microglia) and endothelial cells are  
19 increased in cluster 2, whereas neurons are decreased. (B) The ratio of astrocytes to  
20 neurons correlates strongly with PC1 in the Pritzker dataset and (C) the SNCID dataset.  
21 Histogram of p-value distribution in SZ vs. CTL (AnCg) before (red) and after (purple)  
22 neuron/astrocyte correction in both (D) the Pritzker dataset and (E) the SNCID dataset.

1 **Figure 6.** (A) Cumulative distribution function (CDF) plot indicating *NPAS4* binds near  
2 previously implicated SZ genes (red) compared to a background containing all genes  
3 (black). (B) Relative expression of *NPAS4* and previously implicated SZ genes within 1  
4 Kb of an *NPAS4* binding site in triplicate transduction of non-targeting shRNAs (blue)  
5 and *NPAS4* targeting shRNAs (red).

6

## 7 **Supplementary Figure Legends**

8 **Figure S1.** Brain region-specific gene expression in psychiatric disorder and control  
9 postmortem brains. A) Principal components analysis of all 281 brain tissues and  
10 48,956 gene transcripts. AnCg (red squares), DLPFC (blue triangles), nAcc (green  
11 circles). B) Principal components analysis of all 281 brain tissues and 48,956 gene  
12 transcripts. CTL (gray squares), BPD (blue triangles), MDD (green circles), SZ (red  
13 triangles).

14 **Figure S2.** Correlation between RNA-seq and microarray analysis in AnCg, SZ vs. CTL  
15 ( $R^2=0.71$ ,  $p\text{-value}<0.0001$ ).  $FDR<0.1$  in both datasets (red circles).

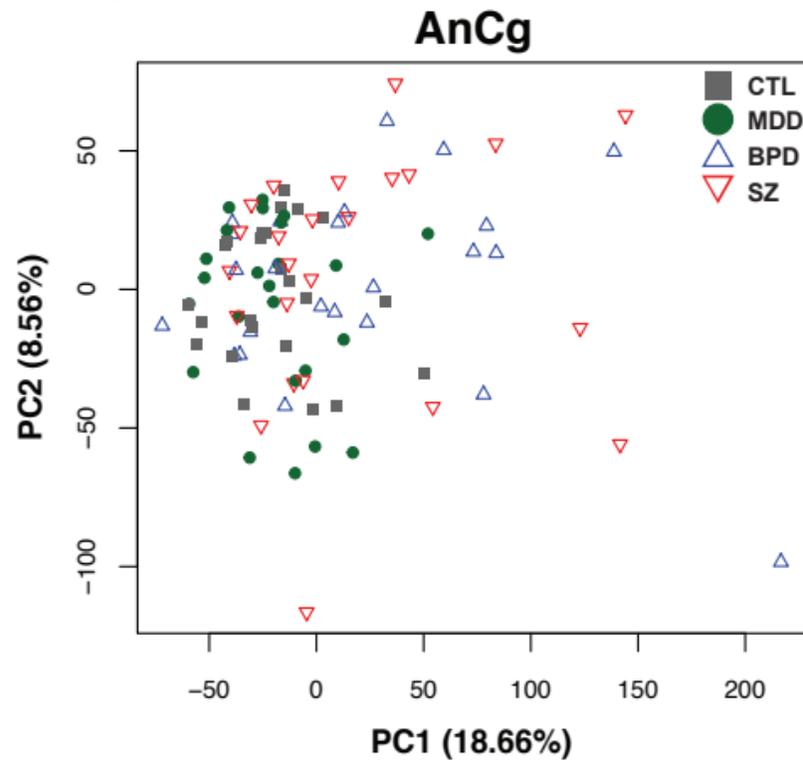
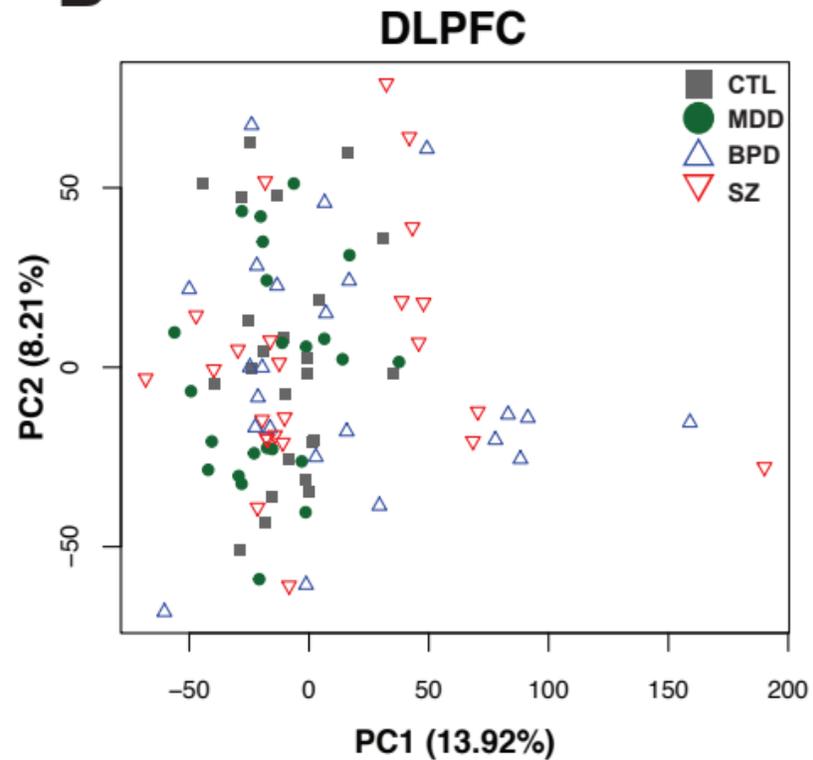
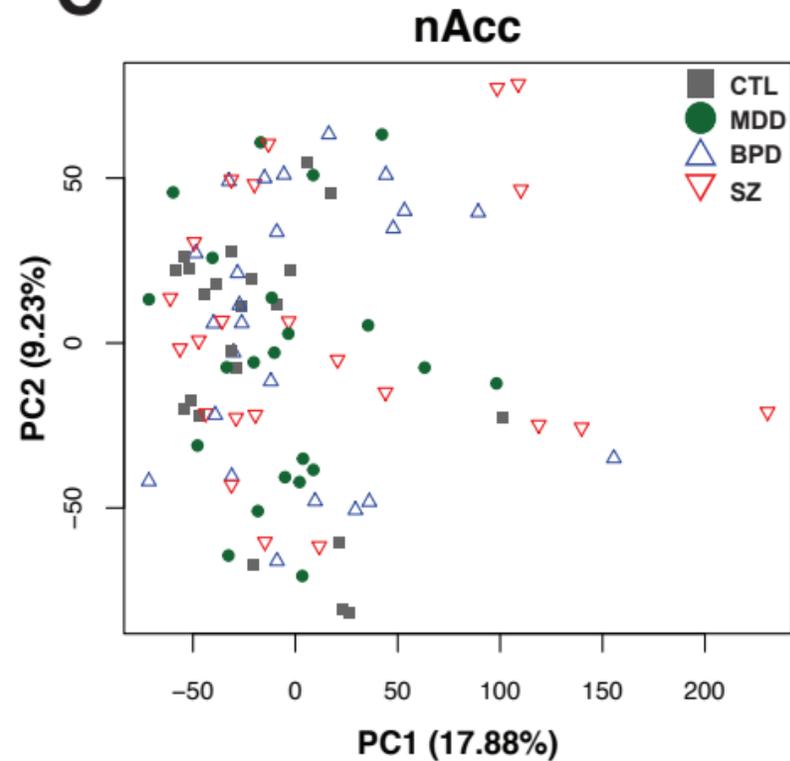
16 **Figure S3.** GO-term analysis for transcripts differentially expressed in SZ vs. CTL in  
17 AnCg ( $FDR<0.05$ ). Up-regulation (red circles), down-regulation (blue circles).

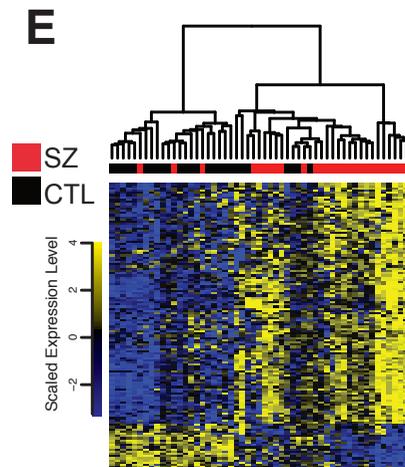
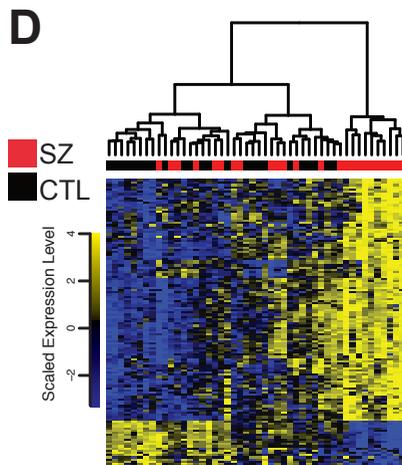
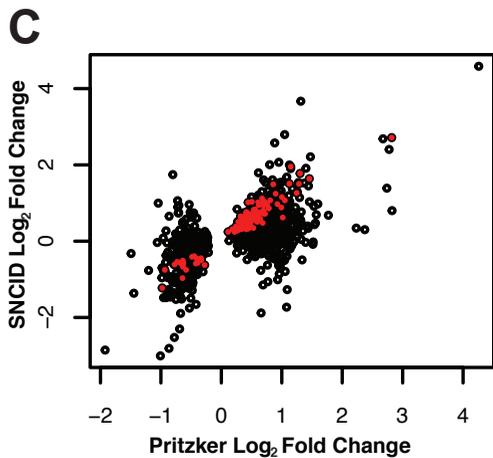
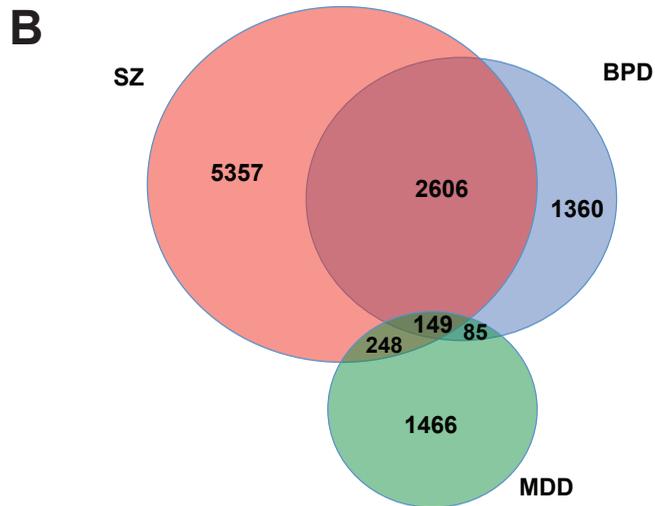
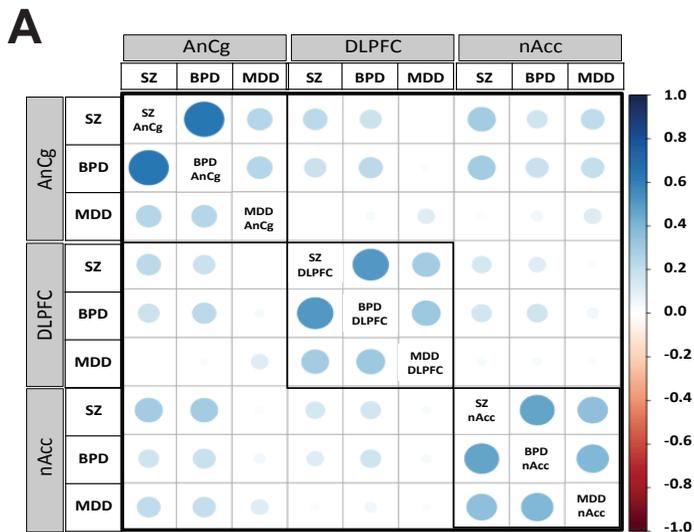
18 **Figure S4.** SZ and BPD expression signature overlap in a subset of patients. (A) PC1 in  
19 RNA-seq vs. microarray data. CTL (gray squares), BPD (blue triangles), MDD (green  
20 circles), SZ (red triangles). Heatmap of consensus matrix on all transcripts for (B)  
21 Pritzker (Cluster 1: 16 BPD, 16 SZ, 23 MDDs, 23 CTL; Cluster 2: 8 BPD, 8 SZ, 1 MDD,  
22 1 CTL) and (C) SCNID (Cluster 1: 19 BPD, 25 CTL, 18 SZ; Cluster 2: 6 BPD, 1 CTL, 9  
23 SZ).

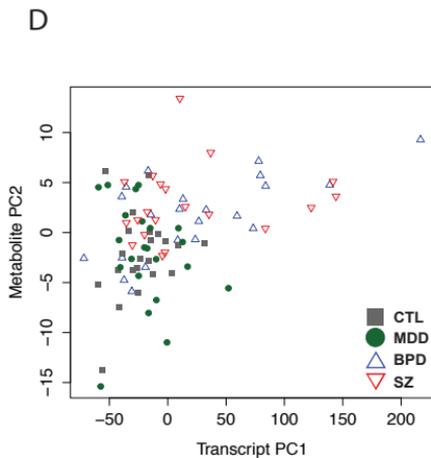
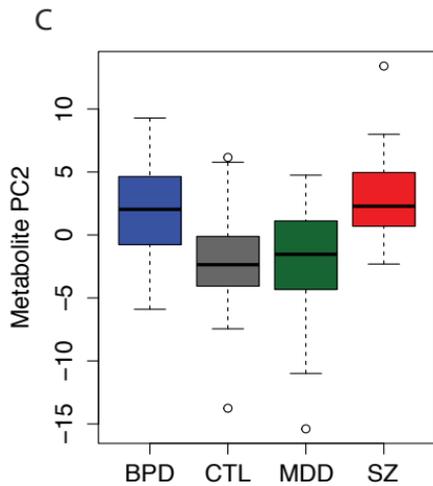
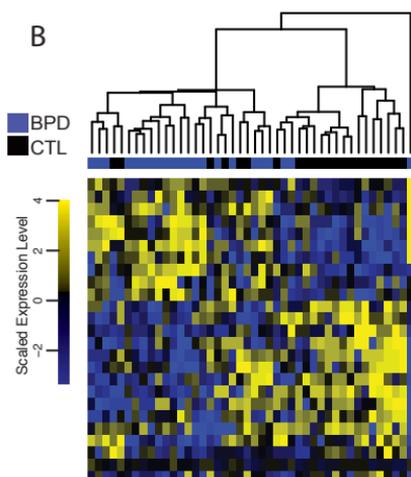
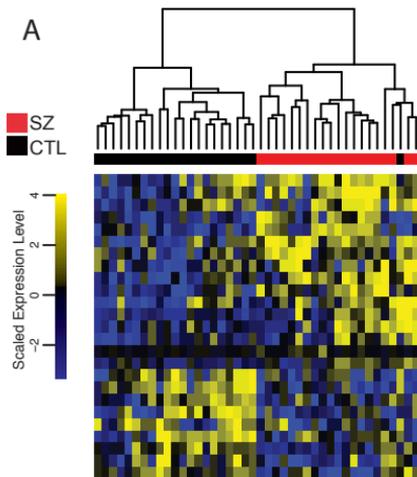
1 **Figure S5.** (A) Boxplots of brain pH by cluster for SZ and BPD cohorts. Outlier patients  
2 are represented as cluster 2 in pink. (B) PCA of all patient transcript residuals after pH  
3 normalization in all brain regions colored by cluster (pink outlier subset, gray – the rest  
4 of patients).

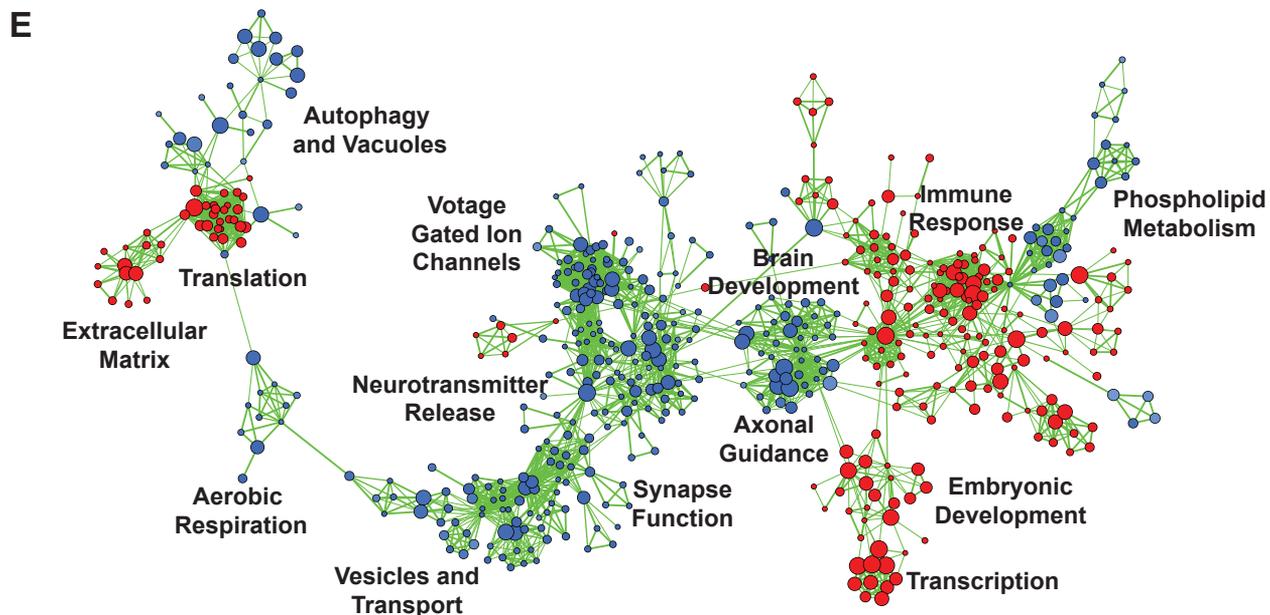
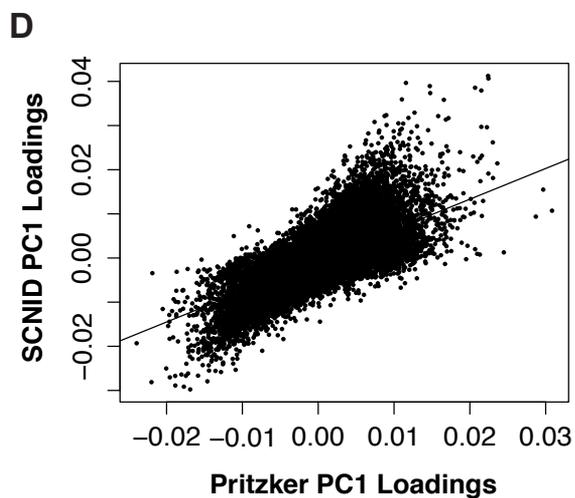
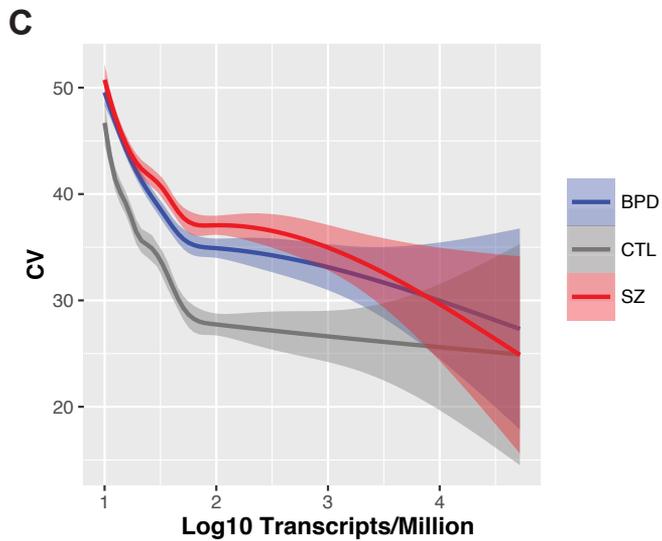
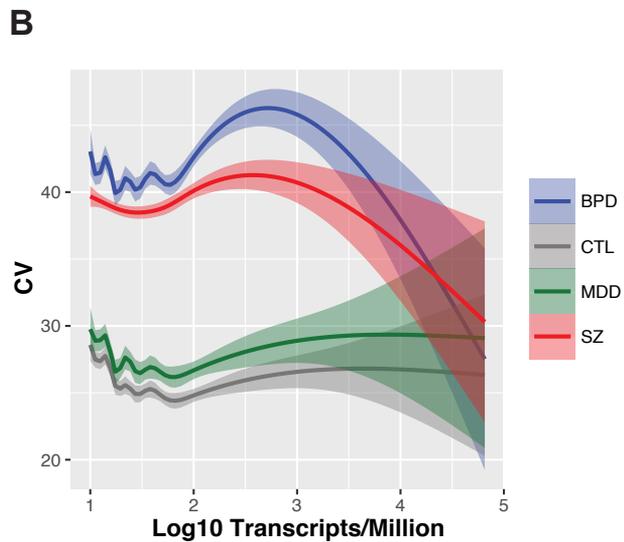
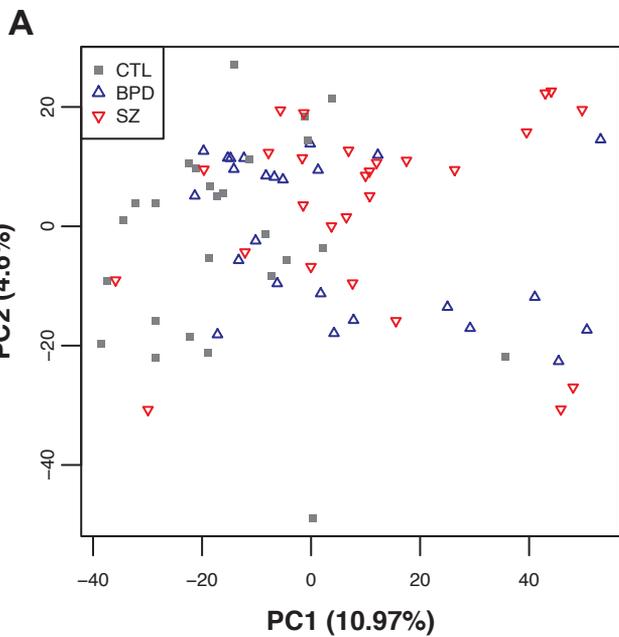
5 **Figure S6.** Examination of cell-type specific index in purified (A) neuron, (B) astrocytes,  
6 (C) oligodendrocytes, (D) microglia, and (E) endothelial cells from brain tissue. (F)  
7 Neuron and astrocyte indices are capable of predicting *in silico* mixed cell-type  
8 proportions. (G) Mean values with standard deviation for predictions of indices  
9 generated on 10,000 randomly sampled, null transcript sets. (H, I) Histogram of mean  
10 squared error of null index cell-type proportion predictions for mixed neuron and  
11 astrocyte transcriptomes with Darmanis et al. transcript performance indicated in red.

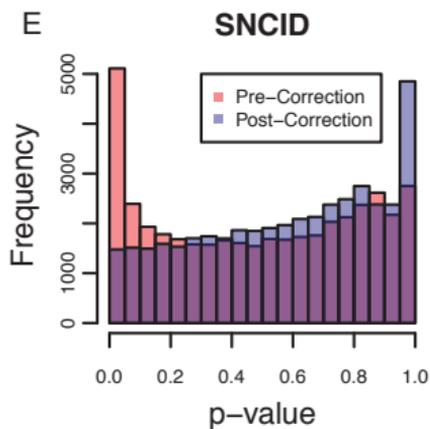
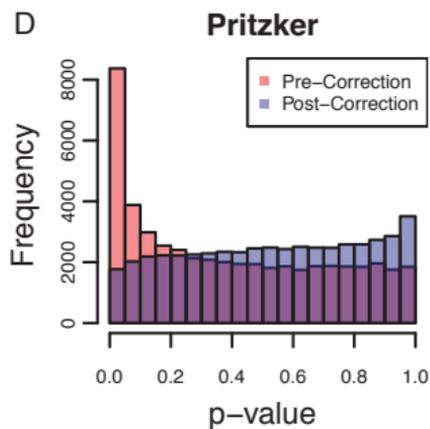
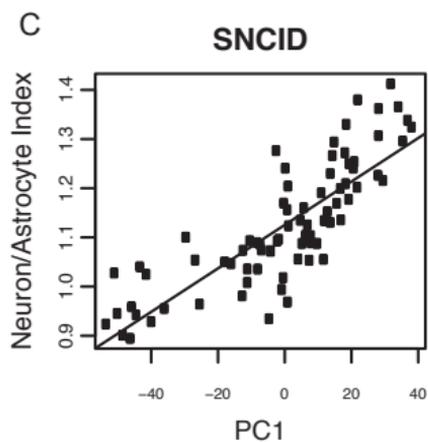
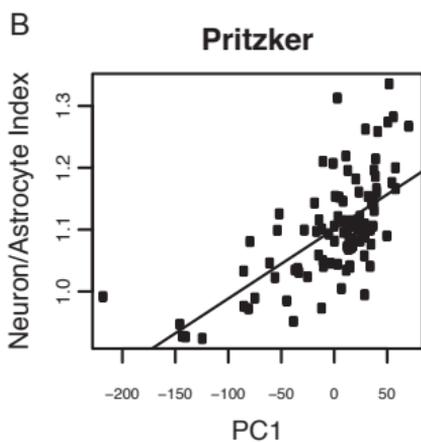
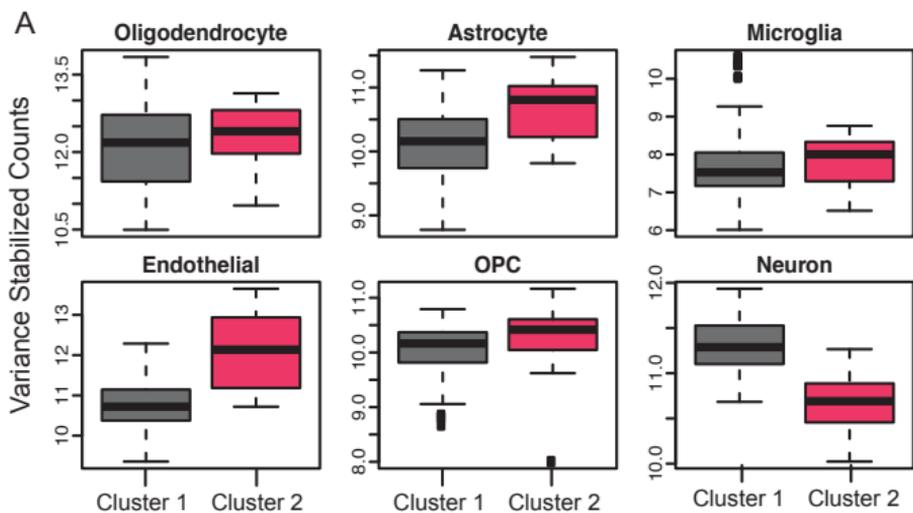
12 **Figure S7.** (A) Venn diagram of binding sites between *NPAS4* ChIP-seq replicates. (B)  
13 Correlation of fold enrichment over reverse cross-link controls of each *NPAS4* ChIP-seq  
14 replicate. (C) Significant motifs close to *NPAS4* canonical motifs identified from MEME  
15 analysis of high confidence ChIP-seq binding sites.

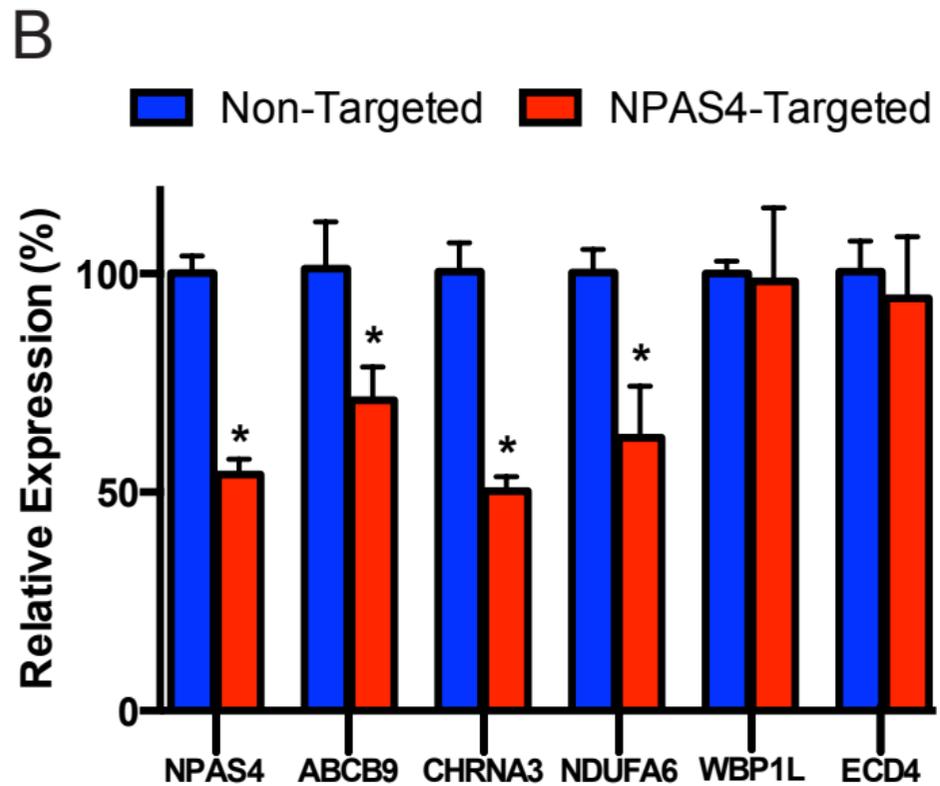
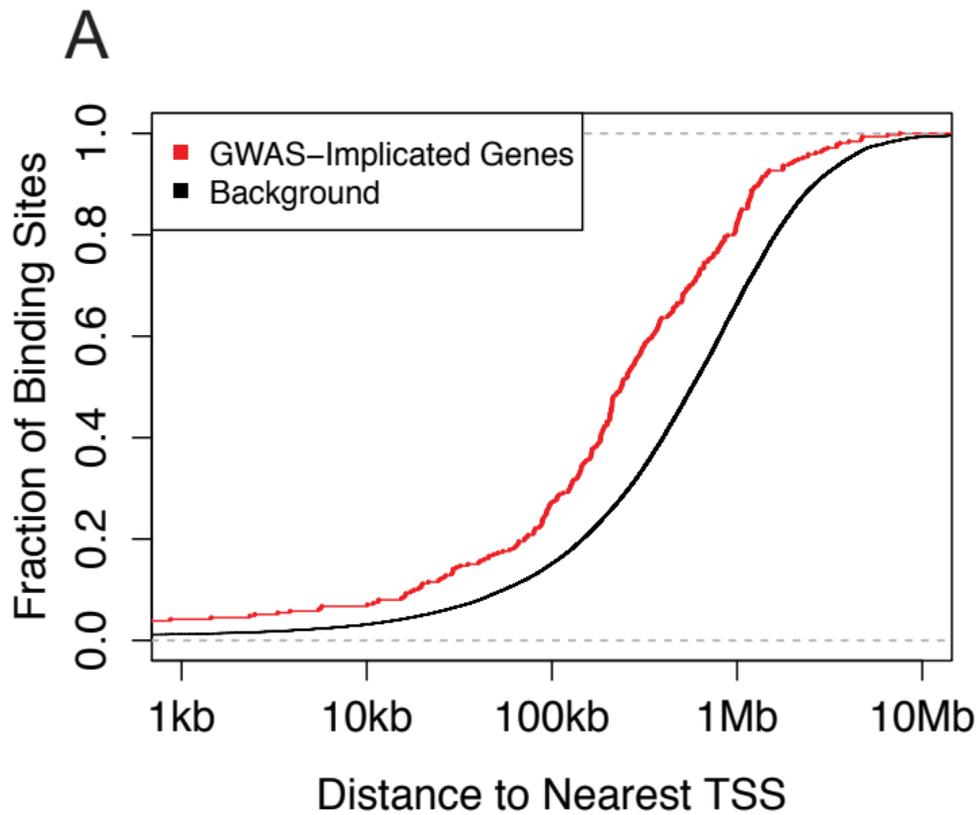
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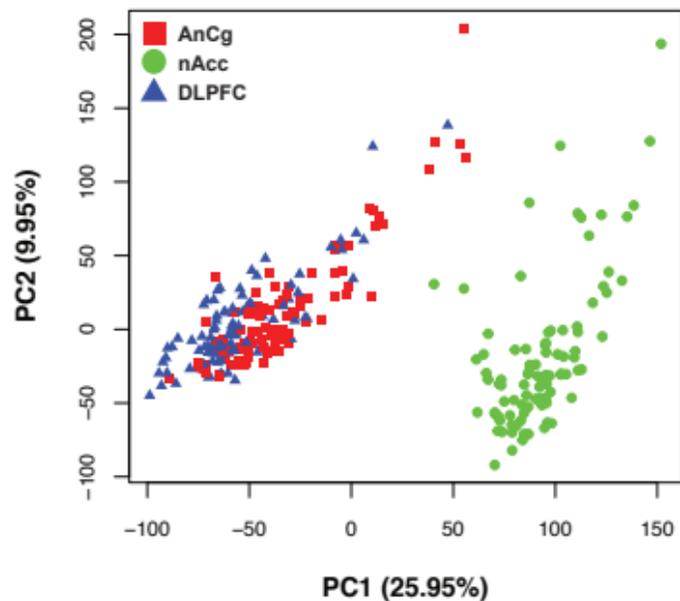
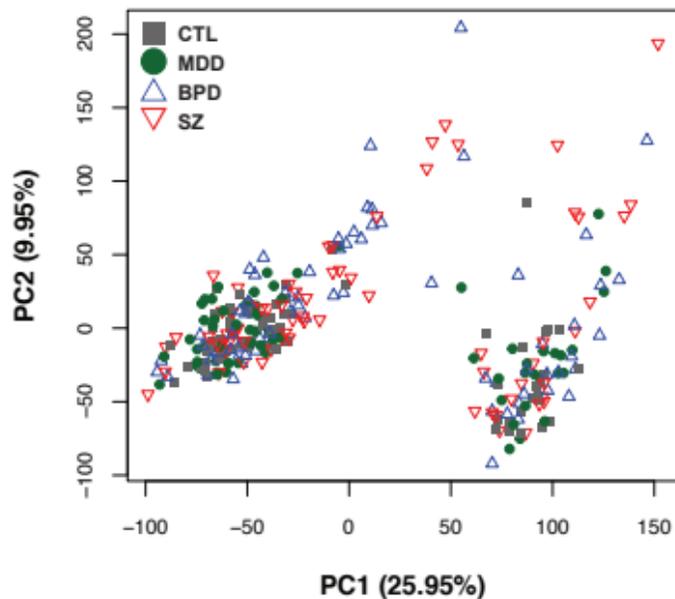


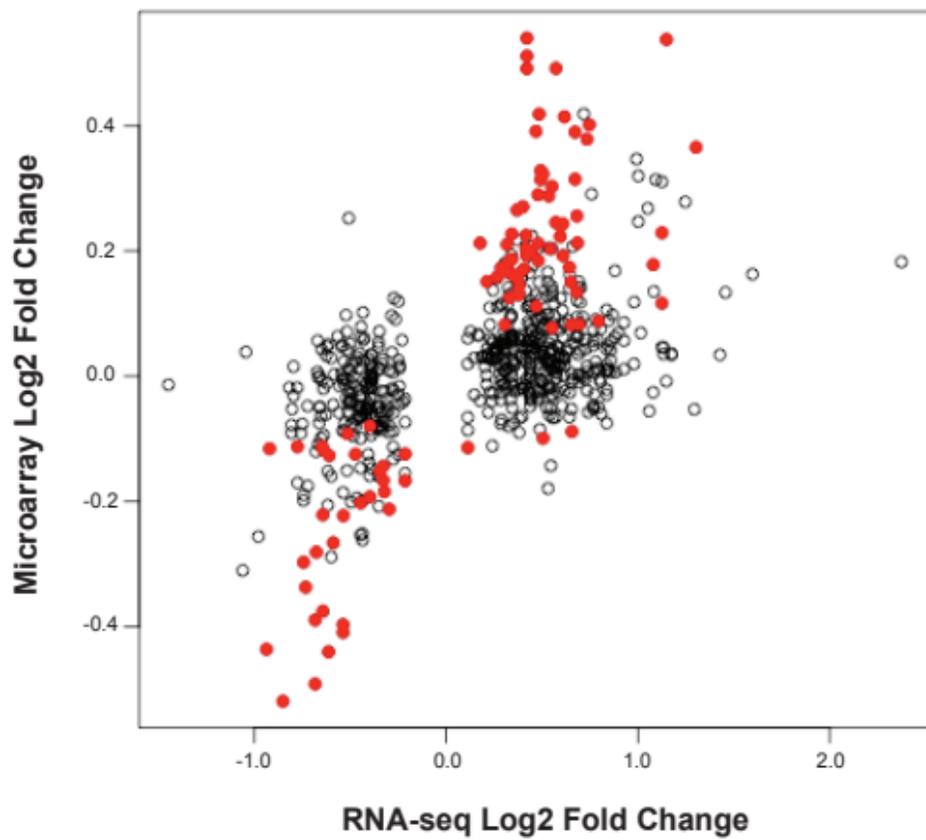


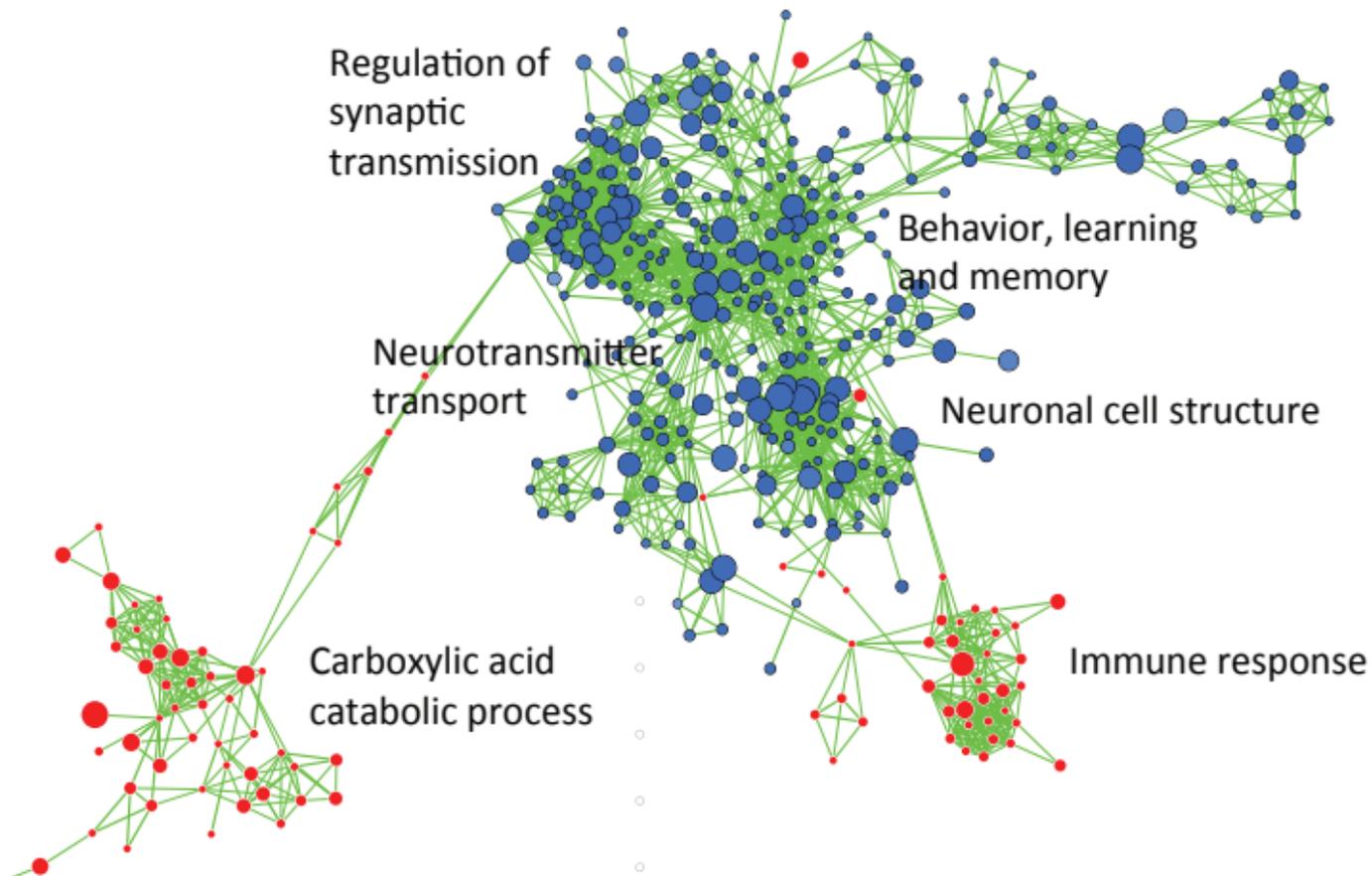


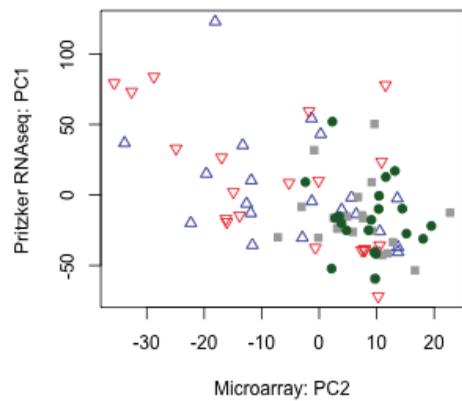
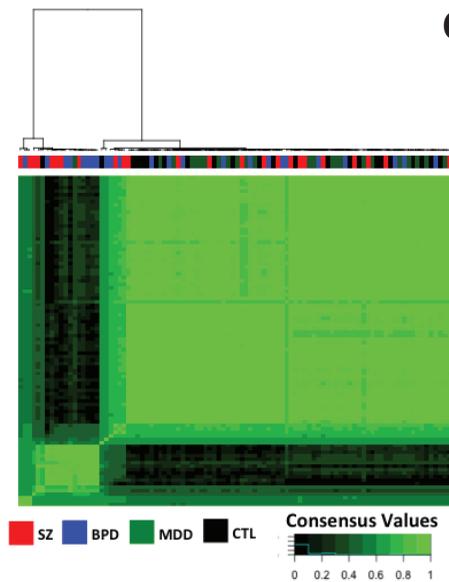
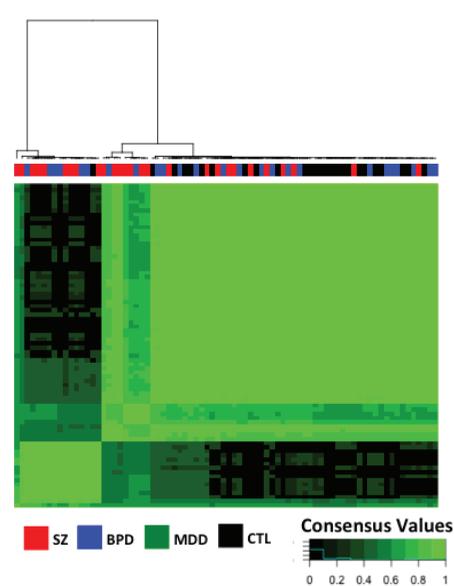


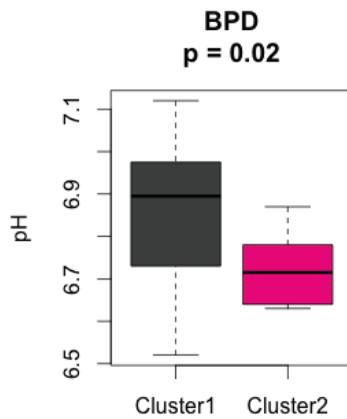
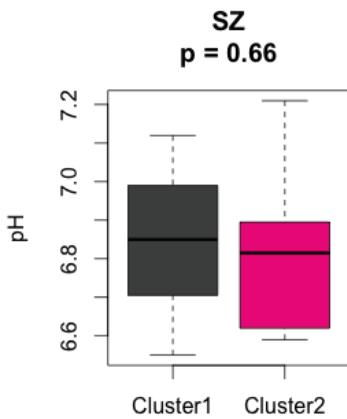
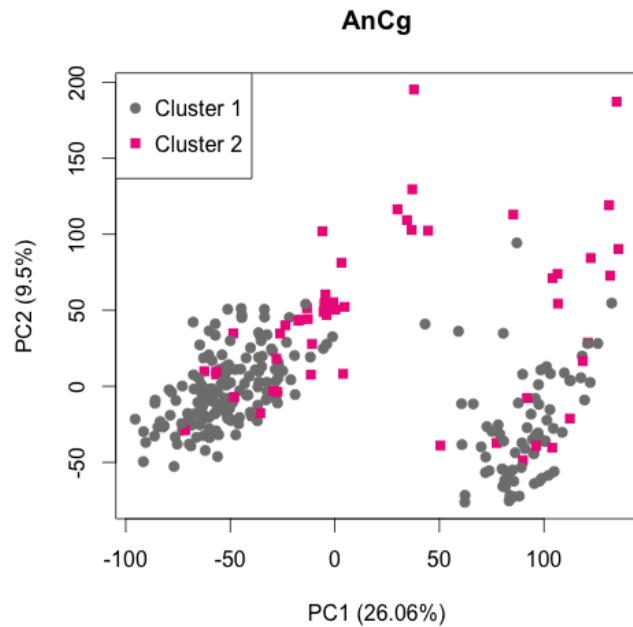


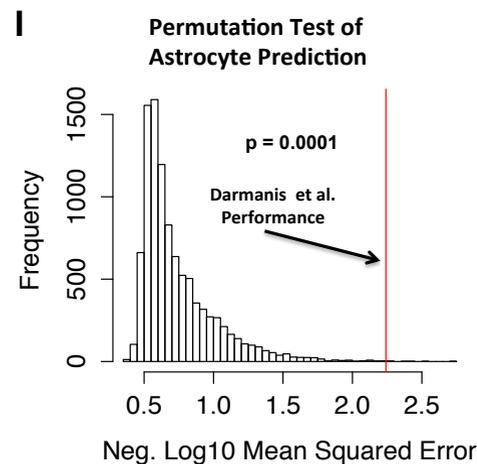
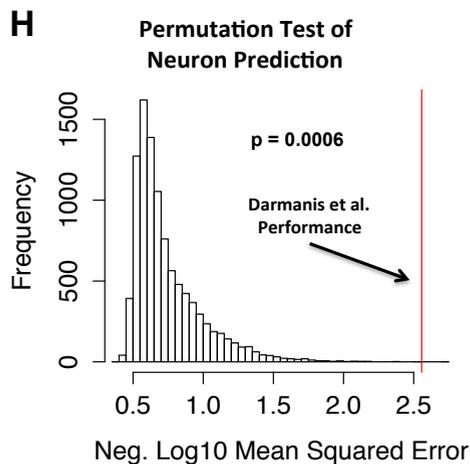
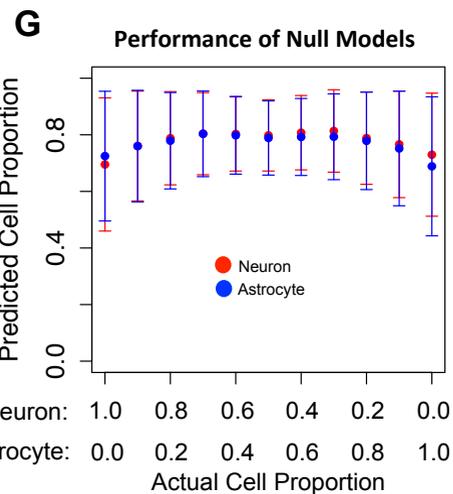
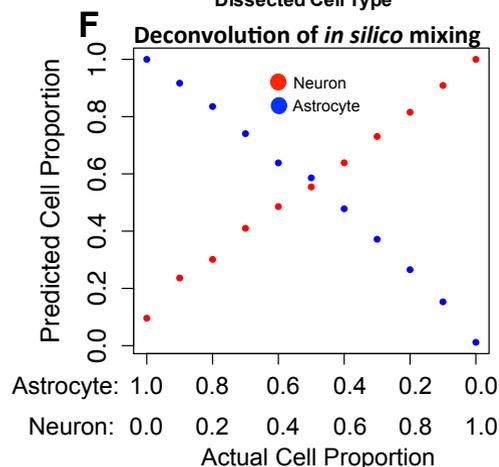
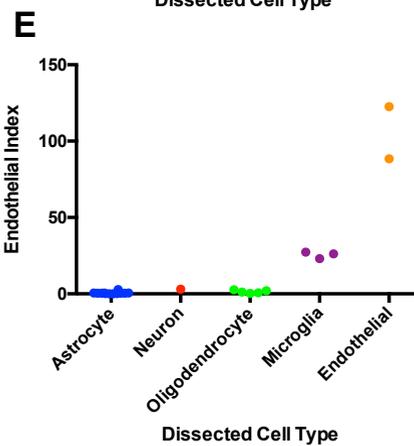
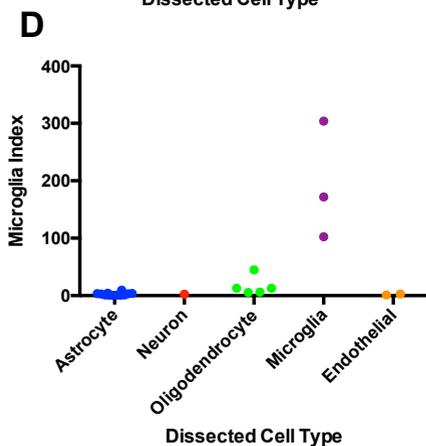
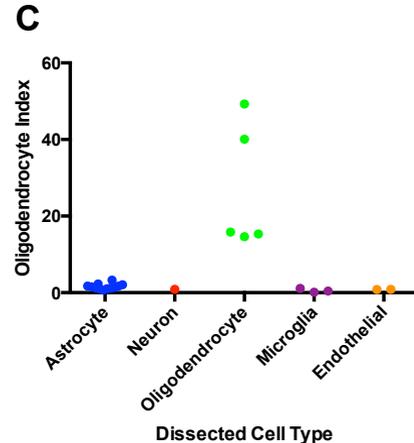
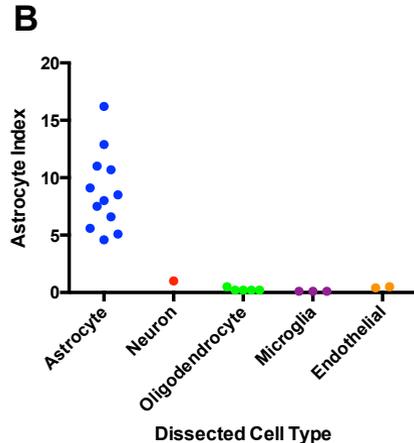
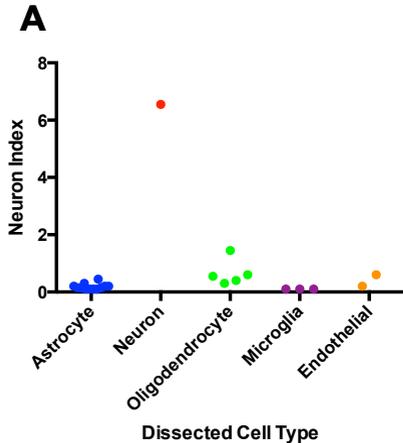
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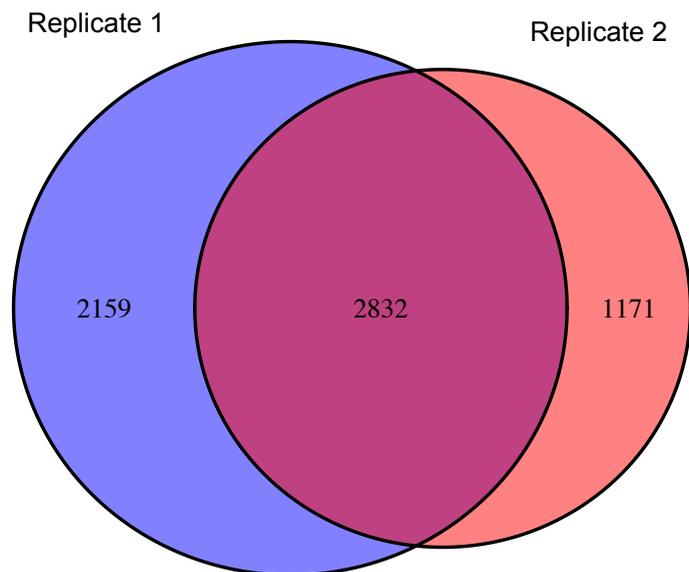
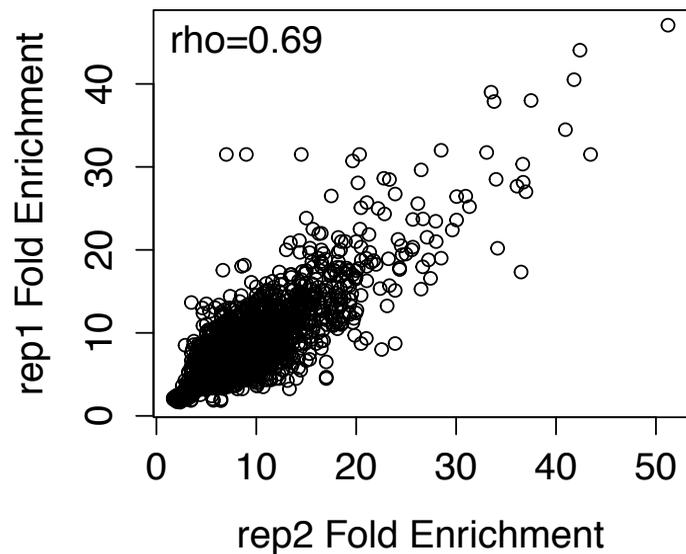




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