

# Fitness costs in spatially structured environments

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**Running title** Space and fitness costs

**Article type** Brief Communication

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## Word count

Abstract 169 words

Main text 2722 words

Legends 230 words.

## Key index words

Fitness costs | Spatial moment equations | Viscous population | Kin Competition | Host defence  
| Adaptationism.

## Data Archival Location

The R codes used to generate the results are available on figshare,  
<http://dx.doi.org/10.6084/m9.figshare.1183435>

## Abstract

The clustering of individuals that results from limited dispersal is a double-edged sword: while it allows for local interactions to be mostly among related individuals, it also results in increased local competition. Here I show that, because they mitigate local competition, fitness costs such as reduced fecundity or reduced survival are less costly in spatially structured environments than in non spatial settings. I first present a simple demographic example to illustrate how spatial structure weakens selection against fitness costs. Then, I illustrate the importance of disentangling the evolution of a trait from the evolution of potential associated costs, using an example taken from a recent study investigating the effect of spatial structure on the evolution of host defence. In this example indeed, the differences between spatial and non-spatial selection gradients are entirely due to differences in the fitness costs, thereby undermining interpretations of the results made in terms of the trait only. This illustrates the need to consider fitness costs as proper traits in both theoretical and empirical studies.

## Introduction

Most populations in nature exhibit some form of spatial structure; this can be because their habitat is fragmented, but also, even in the absence of patchiness, because there are limits to the distances an individual can disperse and because ecological interactions are usually local (Tilman and Kareiva, 1997). Theoretical models have shown that limited dispersal and localised interactions influence demographic processes, such as population growth (Law et al., 2003), epidemiological processes such as the invasion threshold of parasites (Sato et al., 1994; Keeling, 1999), and evolutionary processes, such as the evolution of dispersal (Hamilton and May, 1977; Ferrière and Le Galliard, 2001), altruistic behaviour (Lehmann and Keller, 2006; Lehmann and Rousset, 2010), reproductive effort (Pen, 2000; Lion, 2010), parasite virulence (Boots and Sasaki, 1999; Lion and Boots, 2010) and host defence (Frank, 1998; Best et al., 2011; Débarre et al., 2012). When dispersal is spatially limited, individuals aggregate within clusters (Lion and van Baalen, 2008) and related individuals tend to live next to one another. This clustering can be beneficial and is for instance key to the evolution of altruism, but it also results in increased local competition, which can annihilate

30 the beneficial effects of clustering (Wilson et al., 1992; Taylor, 1992; Taylor et al., 2011;  
31 Débarre et al., 2014). Consequently, traits able to alleviate this local competition can be  
32 selected for.

33 It is usually assumed that new or improved traits come with fitness costs, because of  
34 pleiotropic effects or metabolic costs. This is for instance the case for traits of defence  
35 against natural enemies. Mounting a defence against parasites can involve the diversion of  
36 resources that would otherwise have been used for another purpose (Sheldon and Verhulst,  
37 1996); the chemicals used in the defence can also harm the host (auto-toxicity, Purrington,  
38 2000). In addition to these direct costs, defence traits may also have indirect costs, such  
39 as the deterrence of mutualists, or a reduced competitive ability (Strauss et al., 2002). It is  
40 therefore common in theoretical studies to assume that the trait of interest is costly. Fitness  
41 costs are often considered as a logical necessity to avoid the evolution of Darwinian demons  
42 (Reznick et al., 2000) (a situation which, from a theoretical point of view, has a limited  
43 interest), but are seldom considered as traits under selection themselves.

44 Still, when comparing the evolution of a costly trait in spatial *vs.* non-spatial (well-  
45 mixed) environments, it is crucial to consider the costs as correlated traits that are also  
46 under selection. Indeed, this article shows that spatial structure mitigates fitness costs, and  
47 that this result may affect the way we interpret differences in the evolution of specific traits  
48 in spatial *vs.* non-spatial contexts, highlighting the limits of adaptationist interpretations.  
49 I first consider a simple model of a population living in a lattice, where reproduction is  
50 density-dependent. The decomposition of a selection gradient shows why selection against  
51 a reduced fecundity (or against a decreased survival) is less strong in a spatial context than  
52 in a non-spatial context. I then assume that individuals can be infected by a directly trans-  
53 mitted parasite, and I study the evolution of reduced susceptibility to the disease, using  
54 the same model as Best et al. (2011). Again, I decompose the selection gradient, identify-  
55 ing terms due to the trait itself and terms due to the associated cost, a reduced fecundity.  
56 This decomposition reveals that spatial structure does not influence the evolution of reduced  
57 susceptibility itself: the change in the evolved level of host susceptibility in spatial *vs.* non-  
58 spatial environments is instead a by-product of selection on its associated cost.

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## Demographic model

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In this first example, we follow the density dynamics of a population of clonally reproducing individuals, when reproduction is density dependent. We assume that there is a large number of breeding sites in the population, and that each site can host at most one individual. Each site is therefore either empty ( $\circ$ ) or occupied ( $S$ ).

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We denote by  $b$  individual fecundity (notation is summarised in table 1). An individual can only reproduce if there are empty sites available to host its offspring. With probability  $1 - g_R$ , reproduction is local, meaning that the offspring can only be sent to the neighbouring breeding sites; with probability  $g_R$ , reproduction is global: the offspring can be sent to any empty breeding site in the environment (see figure 1). Death, on the other hand, is density independent, and occurs at a rate  $d$ ; this is the rate at which an occupied site ( $S$ ) becomes empty again ( $\circ$ ). We denote by  $p_S$  the global density of occupied sites (number of occupied sites divided by the total number of sites in the environment); the global density of empty sites is  $p_\circ = 1 - p_S$ . The quantity  $q_{\circ|S}$  is the local density of empty sites around an occupied site, that is, the probability of finding an empty site in the neighbourhood of an occupied site. With this, the density dynamics of the density of occupied sites can be written using the following spatial moment equation (Rand, 1999; van Baalen, 1998, 2002):

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$$\frac{dp_S}{dt} = b \left( (1 - g_R) q_{\circ|S} + g_R p_\circ \right) p_S - d p_S. \quad (1)$$

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This population, called the “resident” population, is assumed to be at equilibrium, and we denote by  $q_{\circ|S}^*$  and  $p_\circ^*$  the equilibrium values of the local and global densities of empty sites, respectively. Setting equation (1) equal to zero, we obtain (Lion, 2010)

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$$R^* \equiv b \left( (1 - g_R) q_{\circ|S}^* + g_R p_\circ^* \right) - d = 0. \quad (2)$$

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We then assume that a mutant appears, with a different fecundity ( $b'$ ) and/or death rate ( $d'$ ). The mutant is initially rare, and the invasion dynamics of this rare mutant are given by:

$$\frac{dp_{S'}}{dt} = b' \left( (1 - g_R) q_{\circ|S'} + g_R p_\circ^* \right) p_{S'} - d' p_{S'}. \quad (3)$$

82 The mutant can establish in the population when  $R' > 0$ , with

$$R' = b' \left( (1 - g_R) q_{\circ|S'} + g_R p_{\circ}^* \right) - d'. \quad (4)$$

83 We assume that mutant and resident individuals are phenotypically close: the muta-  
 84 tion is of small phenotypic effect, so that we can write  $b' = b + \partial b$  and  $d' = d + \partial d$ .  
 85 Consequently, the local density of empty sites seen by a mutant individual is also not  
 86 too different from the local density of empty sites seen by a resident individual, so that  
 87  $q_{\circ|S'} = q_{\circ|S}^* + \partial q_{\circ|S'}$ . Using the definitions of  $R'$  and  $R^*$  (equations (2) and (4)), we can  
 88 express the selection gradient  $\partial R'$  as follows:

$$\partial R' = R' - R^* = \underbrace{\partial b \frac{d}{b}}_{\partial R'_{\text{self}}} - \underbrace{\partial d}_{\partial R'_{\text{demo}}} + \underbrace{(1 - g_R) b \partial q_{\circ|S'}}_{\partial R'_{\text{demo}}}. \quad (5)$$

89 This selection gradient is the sum of two terms. The first term,  $\partial R'_{\text{self}}$ , represents the  
 90 direct effects of the mutation on a mutant's own fitness; it does not depend on whether  
 91 reproduction is local or not. The second term,  $\partial R'_{\text{demo}}$ , accounts for the changes in the  
 92 demographic structure of the population due to the mutation, via the term  $\partial q_{\circ|S'}$ , which  
 93 is the change in the local density of empty sites around a mutant individual, compared  
 94 to around a resident individual, at equilibrium. This second term vanishes in a non-spatial  
 95 model, in which  $g_R = 1$ .

96 In this model, how spatial structure affects the invasion of the mutant is exclusively con-  
 97 trolled by  $\partial R'_{\text{demo}}$ . Compared to a non-spatial setting, spatial structure favours the invasion  
 98 of the mutant if  $\partial q_{\circ|S'} > 0$ , *i.e.*, if mutants see more empty sites around themselves than  
 99 residents do. This is the crucial point of our argument.

100 Let us consider a mutant that has a reduced fecundity, a feature that will later be quali-  
 101 fied as a fitness cost (the argument goes the same way if we consider changes in the death  
 102 rate). In a spatial setting, reproduction is mostly local, and related individuals tend to cluster.  
 103 Mutants have a lower fecundity ( $\partial b < 0$ ), hence have more empty sites in their neighbour-  
 104 hood than residents do:  $\partial q_{\circ|S'} > 0$ , so that  $\partial R'_{\text{demo}} > 0$ . In both cases, though,  $\partial R'_{\text{self}}$   
 105 is negative and is the leading term of the selection gradient, so that the mutant is eventu-  
 106 ally counter-selected. But it is less strongly counter-selected in a spatial context than a a

107 non-spatial context: spatial structure mitigates the fitness cost. Conversely, a mutant with  
108 an increased fecundity ( $\partial b > 0$ ) sees a lower local density of empty sites ( $\partial q_o|_{S'} < 0$ ),  
109 yielding  $\partial R'_{\text{demo}} < 0$ ; it is therefore less strongly favoured in a spatial context than in a  
110 non-spatial context.

111 Figure 2 illustrates this result; the selection gradients are calculated numerically, using  
112 the pair approximation (Matsuda et al., 1992; Nakamaru et al., 1997) to evaluate local den-  
113 sities. The R codes to run the model are available on figshare, [http://dx.doi.org/  
114 10.6084/m9.figshare.1183435](http://dx.doi.org/10.6084/m9.figshare.1183435).

115 Spatial structure therefore affects the magnitude of the effect of the fitness cost: it makes  
116 fitness costs less costly. We will now see why this matters.

## 117 Evolution of host susceptibility

118 We now consider the evolution of a trait of defence against parasites, namely, the evolution  
119 of avoidance (or reduced susceptibility), as studied by Best et al. (2011). I use the same  
120 model and the same assumptions as Best et al., but with the notation of (Débarre et al.,  
121 2012), where the decomposition of the selection gradient used in this study was introduced.  
122 As in Best et al. (2011), we will assume that defence is costly, and that a reduced suscepti-  
123 bility to the infection comes at the cost of a reduced fecundity.

124 The basic assumptions are the same as previously (one individual per site, density-  
125 dependent reproduction), but we now assume that the individuals can be infected by a  
126 parasite. Infected individuals cannot reproduce nor recover: the infected state is a dead-  
127 end, and we denote by  $\nu$  the additional mortality due to the infection (also called virulence  
128 (Read, 1994)). With a probability  $1 - g_T$ , an infected individual can only infect its (healthy)  
129 neighbours; with probability  $g_T$ , transmission is global: an infected individual can infect  
130 any healthy individual in the population. A parameter  $\beta$  denotes the transmissibility of the  
131 parasite, while a parameter  $\alpha$  denotes the susceptibility of a healthy host. With these as-  
132 sumptions, the dynamics of the density of sites occupied by healthy ( $p_S$ ) and infected ( $p_I$ )  
133 individuals are given by the following system (notation is recapitulated in table 1):

$$\frac{dp_S}{dt} = [b ((1 - g_R) q_{\circ|S} + g_R p_{\circ}) - d] p_S - \alpha \beta ((1 - g_T) q_{I|S} + g_T p_I) p_S, \quad (6a)$$

$$\frac{dp_I}{dt} = \alpha \beta ((1 - g_T) q_{I|S} + g_T p_I) p_S - (d + \nu) p_I. \quad (6b)$$

134 As previously, we assume that the population (called the “resident” population) is at  
 135 equilibrium and we use a star \* to denote global and local densities evaluated at this equi-  
 136 librium. We assume that a mutant appears, with a different susceptibility to the infection  
 137  $\alpha' = \alpha + \partial\alpha$ , and different fecundity,  $b' = b + \partial b$  (the product  $\partial\alpha \cdot \partial b$  is positive). The sign  
 138 of the selection gradient  $\partial R'$  indicates whether these mutants can establish; Débarre et al.  
 139 (2012) have shown that the selection gradient can be expressed as follows:

$$\begin{aligned} \partial R' = & \underbrace{\frac{1}{H^*} \left[ \partial b \left( (1 - g_R) q_{\circ|S}^* + g_R p_{\circ}^* \right) - \frac{B^*}{H^*} \partial \alpha \beta \left( (1 - g_T) q_{I|S}^* + g_T p_I^* \right) \right]}_{\partial R'_{\text{self}}} \\ & + \underbrace{\frac{1}{H^*} (1 - g_R) \partial q_{\circ|S'} b}_{\partial R'_{\text{demo}}} - \underbrace{\frac{B^*}{H^*} \frac{1}{H^*} (1 - g_T) \partial (q_{I'|S'} + q_{I|S'}) \alpha \beta}_{\partial R'_{\text{epi}}}. \end{aligned} \quad (7)$$

140 where

$$\begin{aligned} B^* &= b \left( (1 - g_R) q_{\circ|S}^* + g_R p_{\circ}^* \right) - d, \text{ and} \\ H^* &= \alpha \beta \left( (1 - g_T) q_{I|S}^* + g_T p_I^* \right). \end{aligned}$$

141 [The method to derive equation (7) is detailed in Débarre et al. (2012, Appendix C). The  
 142 derivation uses a next-generation approach (Diekmann et al., 1990; van den Driessche and  
 143 Watmough, 2002; Hurford et al., 2010) and techniques developed in Lion and van Baalen  
 144 (2007).]

145 We note that the expression of  $B^*$  is identical to the expression of  $R^*$  in the demographic  
 146 model (equation (2)), except that this quantity is not equal to zero anymore, for the density  
 147 of healthy individuals is also affected by infection dynamics (see equation (6a)).

148 The interpretation of the first two terms of the selection gradient (7) is the same as in the  
 149 previous section:  $\partial R'_{\text{self}}$ , corresponds to the direct effects of the mutation on the mutants’

150 own fitness, and  $\partial R'_{\text{demo}}$  takes into account changes in the demographic structure of the pop-  
151 ulation. A third term,  $\partial R'_{\text{epi}}$ , corresponds to changes in the epidemiological structure of the  
152 population, via the terms  $\partial q_{I'|S'}$  and  $\partial q_{I|S'}$ , whose sum corresponds to the changes in the  
153 density of infected individuals (resident or mutant) in the neighbourhood of a healthy mu-  
154 tant individual. Both  $\partial R'_{\text{demo}}$  and  $\partial R'_{\text{epi}}$  vanish in a non-spatial context, when reproduction  
155 and transmission are purely global ( $g_R = g_T = 1$ ).

156 The selection gradient (7) conflates the effects of changes in the trait of interest ( $\alpha$ ) and  
157 the associated cost ( $b$ ), but we can disentangle these effects, by noting that

$$\partial R' = \partial R'^{(\text{trait})} + \partial R'^{(\text{cost})}, \quad (8)$$

158 where  $\partial R'^{(\text{trait})}$  is the selection gradient that we would obtain if the trait under selection had  
159 no associated cost ( $b' = b$ ), while  $\partial R'^{(\text{cost})}$  is the selection gradient obtained when mutants  
160 only carry the cost, but have the same trait as the residents ( $\alpha' = \alpha$ ). Both can be further  
161 subdivided into direct, demographic and epidemiological components, as in equation (7).

162 Let us compare the global selection gradient in a purely spatial setting ( $\partial R'_S$ , when  
163  $g_R = g_T = 0$ ) and purely non-spatial setting ( $\partial R'_{NS}$ , when  $g_R = g_T = 1$ ). Figure 3(a)  
164 shows that  $\partial R'_S < 0 \leq \partial R'_{NS}$ : lower susceptibility to the disease (an avoidance defence  
165 mechanism) evolves in a spatially structured environment, while a non-spatial environment  
166 selects for a higher susceptibility to the disease. A dissection of the selection gradient is  
167 going to tell us where this difference comes from.

168 Let us start with the effect of the cost, a reduced fecundity, because this effect is similar  
169 to the situation studied in the demographic model (see figure 3(c)), except that the  $\partial R'_{\text{self}}$   
170 terms now differ between the spatial and non-spatial settings (in figure 3(c), the thick grey  
171 curve and thin black curve are not exactly superimposed anymore), and there is an additional  
172  $\partial R'_{\text{epi}}$  term in the spatial setting (dot-dashed curve). The argument however remains: the  
173 cost is less costly in a spatial setting.

174 Let us now turn to the effect of the trait itself, in the absence of cost. Figure 3(b)  
175 illustrates the fact that  $\partial R'^{(\text{trait})}_{NS}$  and  $\partial R'^{(\text{trait})}_S$  are almost identical: the thick grey and thick  
176 black curves are almost on top of each other. In the spatial context, the effects of the  
177 demographic and epidemiological structures ( $\partial R'_{\text{demo}}$  and  $\partial R'_{\text{epi}}$ , dashed and dot-dashed

178 thin black curves) compensate each other. The overall effect of spatial structure on the  
179 evolution of susceptibility to the disease is negligible.

180 Now going back to the global selection gradient, encompassing the trait and its asso-  
181 ciated cost (figure 3(a)), we now understand that the difference between the spatial and  
182 non-spatial settings are in fact almost entirely driven by the fitness cost, and not by the trait  
183 of interest itself.

## 184 Discussion

185 While evolutionary studies commonly assume that a change in trait of interest comes with  
186 an associated cost, the cost itself is seldom considered as a trait in its own right. In this  
187 article, I show that overlooking that a cost is a jointly evolving, correlated trait can lead to  
188 erroneous interpretations. I use an example taken from a recent study by Best et al. (2011),  
189 investigating the effect of spatial structure on the evolution of host susceptibility to a disease.  
190 Assuming that a lower susceptibility to a disease is associated to a lower host fecundity, Best  
191 et al. (2011) found that higher levels of host susceptibility evolve in a non-spatial setting  
192 than in a spatial setting. Decomposing selection gradients into terms due to the trait (host  
193 susceptibility) and the cost (fecundity), and dissecting these terms into a direct effect (effect  
194 of the change on the individual itself), as well as demographic and epidemiological effects  
195 (changes in the spatial structure of the population), I show that spatial structure actually  
196 almost does not influence the evolution of host susceptibility strictly speaking. Instead,  
197 spatial structure makes fitness costs less costly, which indirectly leads to lower levels of  
198 host susceptibility to the disease in a spatial setting.

199 Why are fitness costs less costly in a spatial setting? The model assumes that repro-  
200 duction is density-dependent: there is a fixed (but large) number of breeding sites, and an  
201 individual can only reproduce if it has access to empty sites. When reproduction is local, an  
202 individual can only reproduce in the nearby sites (see figure 1). A mutant who reproduces  
203 less will have more empty sites nearby, which is beneficial to the individual and its neigh-  
204 bours, also likely to be mutants themselves. This effect disappears in a non-spatial setting,  
205 where an individual can send its offspring to any empty site in the entire environment. In  
206 both cases, a lower fecundity remains directly detrimental, and is therefore not selected for,

207 but selection against a lower fecundity is weaker in a spatial setting (see figure 2).

208 Best et al. (2011)'s result happens to almost be entirely due to weaker selection against  
209 the cost in a spatial setting; interpretations of the result should therefore be in terms of  
210 the cost, instead of being in terms of the trait only. There is no effect of kin selection  
211 on the evolution of host susceptibility in this model, therefore no need for an adaptationist  
212 explanation of the result, because it is the product of correlated selection on another trait,  
213 the fitness cost (Gould and Lewontin, 1979).

214 And yet, in a seminal model, Frank (1998) showed that increased relatedness led to  
215 more disease avoidance, equivalent to a lower host susceptibility. How does Frank's result  
216 compare to ours? Importantly, Frank's kin selection model lacks two features that are key to  
217 our model. First, there are not any explicit epidemiological dynamics in Frank's model: the  
218 probability of future attack (parameter  $a$  in his model) is a constant. In other words, the force  
219 of infection is constant, meaning that the dynamics of parasite densities are not affected by  
220 the availability of hosts in the population: there are no epidemiological feedbacks (Boots  
221 et al., 2009). Second, and more importantly, there is no density-dependence in Frank's  
222 model: the fitness of individuals does not depend on the local or global density of hosts—in  
223 other words, the host population is exponentially growing, and there are no demographic  
224 feedbacks. The absence of density-dependence has two consequences. First, the fitness  
225 cost ( $c$  in Frank's model) is not less costly in a spatial setting, because there is no local  
226 competition for space that the cost could alleviate. Second, the demographic term of the  
227 selection gradient, that compensated the epidemiological term, disappears, as if we removed  
228 the dashed curve in figure 3(b): the selection gradient in the spatial setting changes and  
229 becomes in favour of a lower susceptibility.

230 To conclude, our study shows that, when reproduction is density-dependent, fitness costs  
231 are less costly in a spatial setting than in a non-spatial setting. This highlights the need to  
232 consider costs as jointly evolving correlated traits in both empirical and theoretical studies,  
233 and whenever possible, to study the effects of the trait and the costs independently, to  
234 disentangle their relative contributions. On a positive note finally, the finding that spatial  
235 structure actually almost does not directly influence the evolution of host susceptibility un-  
236 dermines Best et al. (2011)'s dramatic conclusion that a more globalized world could lead

237 to lower levels of host defence against parasites.

238 **Acknowledgements**

239 I thank Sébastien Lion, François Blanquart and Mike Boots for comments on various ver-  
240 sion of this work. Funding was provided by an NSF grant DMS 0540392, a Natural Sci-  
241 ences and Engineering Research Council CREATE Training Program in Biodiversity, and a  
242 fellowship of the Wissenschaftskolleg zu Berlin.

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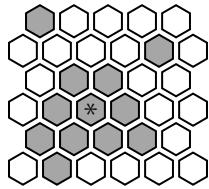
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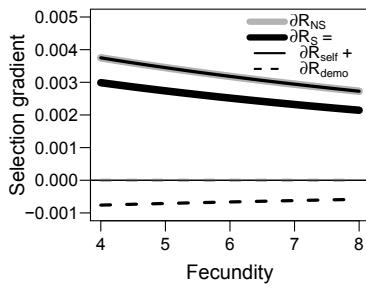
## Tables and figures

$b$	Fecundity of healthy individuals
$d$	Death rate
$\beta$	Disease transmissibility
$\alpha$	Susceptibility to the disease
$\nu$	Additional death rate due to the disease
$g_R$	Probability of global reproduction
$g_T$	Probability of global transmission
$p_x$	Global density of sites of type $x$
$q_{x y}$	Local density of sites of type $x$ around a site of type $y$

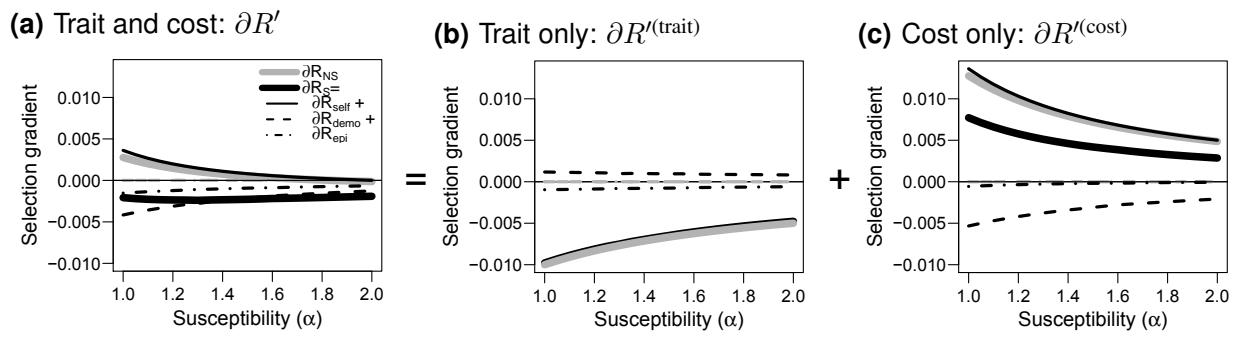
**Table 1:** Notation



**Figure 1:** Density-dependent reproduction and limited dispersal lead to increased local competition. Empty sites are in white, occupied sites in grey. With purely local reproduction ( $g_R = 0$ ), the individual in the starred site cannot reproduce, because there is currently no empty site in its neighbourhood. With purely global reproduction ( $g_R = 1$ ), on the contrary, this individual can reproduce because it has already access to 21 empty sites.



**Figure 2:** Selection gradients (thick curves) and their decomposition (thin curves) in the demographic model, when only individual fecundity evolves. In grey: selection gradient in a non-spatial model,  $\partial R'_{NS}$  (when  $g_R = 1$ ); in black, selection gradient in the spatial model,  $\partial R'_S$  (when  $g_R = 0$ ). The thin full curve is  $\partial R'_\text{self}$ ; it is the same in both the spatial and non spatial models and appears on top of the thick grey curve; the thin dashed black curve is  $\partial R'_\text{demo}$ . Both  $\partial R'_{NS}$  and  $\partial R'_S$  are positive: higher values of the fecundity parameter  $b$  are favoured by selection, but  $\partial R'_S < \partial R'_{NS}$ . Parameters:  $d = 1$ , and each individual has  $n = 4$  neighbours in the spatial model.



**Figure 3:** Selection gradients (thick curves) and their decomposition (thin curves), in the non-spatial (grey;  $g_R = g_T = 1$ ) and spatial (black;  $g_R = g_T = 0$ ) models. In (a), both the trait (susceptibility to the disease,  $\alpha$ ) and the cost (fecundity,  $b$ ) evolve jointly. In (b), only the trait evolves, mutants have the same fecundity as residents; in (c), only the cost evolves, mutants have the same susceptibility as residents. Parameters: same as in figure 2a in Best et al. (2011):  $d = 0.1$ ,  $\beta = 1$ ,  $\nu = 0.1$ ,  $b(\alpha) = 4 * (-0.2 + 1.2\alpha)/(0.9 + 0.1\alpha)$ , and  $n = 4$  neighbours in the spatial model.