

1 **Self-fertilization and inbreeding limit the scope for sexual antagonism**

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26 Abstract

27 Sexual antagonism occurs when there is a positive intersexual genetic correlation in
28 trait expression but opposite fitness effects of the trait(s) in males and females. As
29 such, it constrains the evolution of sexual dimorphism and may therefore have
30 implications for adaptive evolution. There is currently considerable evidence for the
31 existence of sexually antagonistic genetic variation in laboratory and natural
32 populations, but how sexual antagonism interacts with other evolutionary phenomena
33 is still poorly understood in many cases. Here we explore how self-fertilization and
34 inbreeding affect the maintenance of polymorphism for sexually antagonistic loci. We
35 expected *a priori* that selfing should reduce the region of polymorphism, since
36 inbreeding reduces the frequency of heterozygotes and speeds fixation. Although this
37 expectation was supported, our results show that there is an interactive effect between
38 the degree of selfing and dominance such that those segregating sexually antagonistic
39 loci that do exist are more likely to be partially dominant. In addition, inbreeding
40 effects may influence population persistence and genomic location of sexually
41 antagonistic loci in separate-sexed organisms.

42

43 Introduction

44 Sexual antagonism occurs when there is a positive intersexual genetic correlation in
45 trait expression but opposite fitness effects of the trait(s) in males and females
46 (Bonduriansky & Chenoweth, 2009; it is also known as intralocus sexual conflict
47 when the intersexual genetic correlation is for the same trait in both sexes). As such, it
48 constrains the evolution of sexual dimorphism and may therefore have implications
49 for adaptive evolution. Sexual antagonism has often been considered a relatively
50 transient phenomenon which will eventually be resolved by the evolution of sex-
51 specific modifiers (Stewart *et al.*, 2010), but recent research suggests that pleiotropic
52 effects can constrain the evolution of sex-limitation (Mank & Ellegrén, 2009), and
53 that even the evolution of sexual dimorphism need not resolve the conflict (Cox &
54 Calsbeek, 2009; Harano *et al.*, 2010). Some authors have even suggested that sexual
55 antagonism is inevitable in any species with separate sexes (Connallon & Clark,
56 2014). The study of sexual antagonism has now matured to a point where its
57 taxonomic ubiquity and potential importance in natural populations can no longer be
58 questioned (Bonduriansky & Chenoweth, 2009; Cox & Calsbeek, 2009). The time has
59 therefore come when we can no longer study sexual antagonism as an isolated
60 phenomenon; it must now be integrated with broader evolutionary theory. To this end,
61 we have constructed a model that investigates how self-fertilization and inbreeding
62 affect the maintenance of polymorphism at sexually antagonistic loci.

63 Our motivation was to begin formalizing recent speculations about the nature
64 and relevance of sexually antagonistic variation in hermaphroditic species (Abbott,
65 2011; Bedhomme *et al.*, 2009). All else being equal, sexually antagonistic alleles in
66 hermaphrodites should exhibit the same dynamics as autosomal sexually antagonistic
67 loci in separate-sexed organisms. This implies that selection must be strong and

68 approximately equal in magnitude across the sexes in order for polymorphism to be
69 maintained (Kidwell *et al.*, 1977). However hermaphrodites have a number of
70 properties that set them apart from species with separate sexes, one of which is the
71 fact that many hermaphrodites are partially or completely selfing (Goodwillie *et al.*,
72 2005; Jarne & Auld, 2006). Selfing should reduce the region of polymorphism, since
73 inbreeding reduces the frequency of heterozygotes and speeds fixation (Lynch &
74 Walsh, 1998). One might therefore expect *a priori* that partially selfing
75 hermaphrodites should exhibit lower levels of sexually antagonistic genetic variation
76 compared to separate-sexed species or obligate outcrossers. However recent work by
77 Fry (2009) demonstrates that dominance effects can have considerable influence on
78 the region of parameter space permitting polymorphism. We therefore extended the
79 framework developed by Kidwell *et al.* (1977) and Fry (2009) to investigate how
80 proportion selfing and dominance interact to affect the maintenance of sexually
81 antagonistic loci. We found that although inbreeding reduces the region of parameter
82 space permitting polymorphism overall, it can offset some of the effects of dominance
83 demonstrated by Fry (2009).

84

85 Model

86 Our model is based on a classic framework for the investigation of sexually
87 antagonistic alleles (Kidwell *et al.*, 1977). Our population is made up of a large
88 number of diploid hermaphroditic individuals. We focus on a single locus, at which
89 there are two alleles, denoted *A* and *a*. This means that every individual is one of three
90 genotypes: *AA*, *Aa*, or *aa*. Each genotype confers a different fitness; there are assumed
91 to be no other differences between individuals.

92 We model generations as being discrete and non-overlapping. Within each
93 generation, the life cycle goes as follows. We first census the genotypes in the
94 population, and denote the frequency of genotype AA by p , and the frequency of
95 genotype aa by q . Then the frequency of heterozygote Aa types is $1 - p - q$.

96 After censusing, random mating occurs. A proportion F of matings are self-
97 fertilisation, while the remaining $1 - F$ matings are outbreeding events. For the self-
98 fertilisation events there is no effect of genotype on offspring production. The
99 genotypes of the offspring from self-fertilisation will depend on the parental
100 genotype. Homozygous AA or aa individuals will produce their own genotypes for
101 offspring, while heterozygous Aa individuals will have $\frac{1}{4}$ of their offspring of
102 genotype AA , $\frac{1}{2}$ genotype Aa , and $\frac{1}{4}$ genotype aa (Table 1). Thus the frequency of
103 each genotype in the next generation due to offspring from inbreeding events is as
104 follows. $AA: F(p + \frac{1}{4}(1 - p - q))$; $Aa: \frac{1}{2}F(1 - p - q)$; $aa: F(q + \frac{1}{4}(1 - p - q))$.

105 Because we are assuming random mating we can model each outbreeding
106 event as being the result of the combination of sperm and eggs from randomly drawn
107 individuals, with the probability of drawing a given genotype in a given sex role being
108 proportional to the frequency of that genotype, and to its fitness in that sex role.
109 Fitness differs across genotypes and across each sex role, as summarised in Table 2.
110 The A allele is female-beneficial, male-deleterious, so that bearing an A allele makes a
111 hermaphroditic individual better at the female role but worse at the male role.
112 Conversely, the a allele is female-deleterious, male-beneficial, so that bearing an a
113 allele makes an individual worse at the female role but better at the male role. These
114 deleterious and beneficial effects are summarised by the parameters s_f and s_m , which
115 represent the selection coefficients, and h_f and h_m , which represent the dominance
116 coefficients (Table 2).

117 Since we assume that there are a large number of outbreeding events, the
118 frequency of each genotype in the next generation due to offspring from inbreeding
119 events is as follows. The frequency of *AA* individuals is

$$120 \quad (1 - F) \frac{\left(p + \frac{1}{2}(1 - p - q)(1 - h_f s_f) \right) \left((1 - s_m) p + \frac{1}{2}(1 - p - q)(1 - h_m s_m) \right)}{\bar{W}_f \bar{W}_m},$$

121 the frequency of *aa* individuals is

$$122 \quad (1 - F) \frac{\left(\frac{1}{2}(1 - p - q)(1 - h_f s_f) + q(1 - s_f) \right) \left(\frac{1}{2}(1 - p - q)(1 - h_m s_m) + q \right)}{\bar{W}_f \bar{W}_m},$$

123 where \bar{W}_f and \bar{W}_m are respectively the mean fitness in the female and male roles,

$$124 \quad \begin{aligned} \bar{W}_f &= p + (1 - p - q)(1 - h_f s_f) + q(1 - s_f), \\ \bar{W}_m &= p(1 - s_m) + (1 - p - q)(1 - h_f s_f) + q. \end{aligned}$$

125 The frequency of *Aa* individuals is the balancing expression so that these three
126 frequencies add to $(1 - F)$.

127 Putting together both self-fertilisation and outbreeding events, we can derive
128 expressions for the change in frequency of genotypes *AA* and *aa* from one generation
129 to the next, denoted Δp and Δq respectively, as

$$130 \quad \begin{aligned} \Delta p &= F \left(p + \frac{1}{4}(1 - p - q) \right) \\ &\quad + (1 - F) \frac{\left(p + \frac{1}{2}(1 - p - q)(1 - h_f s_f) \right) \left(p(1 - s_m) + \frac{1}{2}(1 - p - q)(1 - h_m s_m) \right)}{\bar{W}_f \bar{W}_m} - p \\ \Delta q &= F \left(\frac{1}{4}(1 - p - q) + q \right) \\ &\quad + (1 - F) \frac{\left(\frac{1}{2}(1 - p - q)(1 - h_f s_f) + q(1 - s_f) \right) \left(\frac{1}{2}(1 - p - q)(1 - h_m s_m) + q \right)}{\bar{W}_f \bar{W}_m} - q \end{aligned} \tag{1}$$

131 Using equations (1) we can establish whether the *A* and *a* alleles are protected from
132 extinction when rare, and consequently whether polymorphism is protected or not

134 (Appendix), depending on the values of parameters F , s_f , s_m , h_f , and h_m . When $F = 0$,
135 we recover the classic results for this model (Fry, 2009; Kidwell *et al.*, 1977).
136 Therefore in our analysis here we focus on the effect of F on the region admitting
137 polymorphism.

138

139 Results

140 We can use (1) to calculate expressions a^* and A^* corresponding to protection when
141 rare of a and A , respectively. The female-deleterious, male-beneficial allele a is
142 protected from extinction where rare if

$$143 s_m > a^* = \frac{(F + 2h_f(1 - F))s_f}{2 - F(1 - s_f) + 2(1 - F)(h_f s_f - h_m)},$$

144 while the female-beneficial, male-deleterious allele A is protected from extinction
145 when rare if

$$146 s_m < A^* = \frac{(F + 2(1 - h_f)(1 - F))s_f}{(2h_m + F(1 - 2h_m))(1 - s_f)}.$$

147 We want to know the effect of F on these thresholds. Thus, we calculate

$$148 \frac{\partial a^*}{\partial F} = \frac{2(1 - h_f - h_m)s_f}{(2 - F(1 - s_f) + 2(1 - F)(h_f s_f - h_m))^2},$$
$$\frac{\partial A^*}{\partial F} = \frac{2(h_f + h_m - 1)s_f}{(2h_m + F(1 - 2h_m))^2(1 - s_f)}.$$

149 If $\partial a^*/\partial F < 0$, and $\partial A^*/\partial F > 0$, then increasing F increases the region of parameter
150 space that leads to polymorphism. This is true if $h_f + h_m > 1$, and false if $h_f + h_m < 1$. If
151 $h_f + h_m = 1$ (for example if both alleles are additive in their effects), changes in the
152 proportion of inbreeding make no difference to whether or not there is a
153 polymorphism.

154 Interestingly, this result relates to a previous finding, which showed that in the
155 absence of inbreeding, the higher the value of $h_f + h_m$, the smaller the region of
156 parameter space admitting polymorphism (Fry, 2009). For any fixed value of F this
157 remains the case in our model. However, this dominance effect is weakened by
158 inbreeding, because inbreeding results in fewer heterozygotes, and consequently the
159 effect of h_f and h_m is weakened (Figure 1). The results when $F = 1$ are identical to the
160 case when $h_f = h_m = 0.5$.

161 For weak selection (e.g. parameter values $0 < s_f, s_m < 0.1$) there is very little
162 scope for polymorphism when $h_f + h_m > 1$ (Figure 2, see also Fry (2009)) regardless of
163 the value of F . However, when $h_f + h_m < 1$, the range of parameter values for which
164 there can be a sexually antagonistic polymorphism due to weakly selected alleles is
165 severely curtailed by self-fertilisation (Figure 2).

166

167 Discussion

168 In hermaphrodites, the ability to self-fertilise will affect the maintenance or otherwise
169 of sexually antagonistic polymorphisms. We expected *a priori* that selfing should
170 reduce the region of polymorphism, since inbreeding reduces the frequency of
171 heterozygotes and speeds fixation (Lynch & Walsh, 1998). Although this expectation
172 was supported, our results show that there is an interactive effect between the degree
173 of selfing and dominance. In species in which there is no self-fertilisation (e.g.
174 separate-sexed organisms and obligate outcrossers) the more an allele that is
175 deleterious to one sex is dominant in that sex, the smaller the region of parameter
176 space that will admit polymorphism (Fry, 2009). However, this effect is weakened by
177 self-fertilisation (Figure 1), so that in partially selfing hermaphrodites we would
178 expect more dominant sexually antagonistic alleles remaining at polymorphism (and

179 fewer recessive alleles) than if there were no selfing. In particular, for weakly selected
180 sexually antagonistic alleles which are on average partially recessive in their
181 deleterious state, the range of parameter space allowing for a polymorphic equilibrium
182 is strongly restricted in the case where there is inbreeding (Figure 2); if the alleles are
183 on average partially dominant in their deleterious state, the region of parameter space
184 allowing for polymorphism is increased by inbreeding, but remains small. Overall,
185 therefore, the more self-fertilisation occurs in hermaphrodites, the fewer sexually
186 antagonistic polymorphisms we would expect (assuming that most sexually
187 antagonistic selection is weak).

188 Our result is clear and simple, and shows how the ability to self-fertilise can
189 have a strong effect on the genetics of a species. However, the effect of inbreeding is
190 not strong enough to completely cancel out the effect of dominance: for a given
191 frequency of inbreeding, it will still be the case that the more dominant the alleles are
192 in their deleterious context, the smaller the region of parameter space in which they
193 can exist at polymorphism.

194 It is of course well-established that selfing can lead to inbreeding depression,
195 but that in habitually selfing organisms the benefits of selfing should outweigh the
196 costs of inbreeding depression (Goodwillie *et al.*, 2005). We have therefore not
197 explicitly modelled inbreeding depression, and have assumed that selfed gametes do
198 not experience selective effects of the sexually antagonistic alleles. The logic behind
199 this assumption was that because selfing is usually considered a form of reproductive
200 assurance (Goodwillie *et al.*, 2005), this assurance will be ineffective if selfed
201 gametes are subject to the same selection pressures as outcrossed gametes. This
202 assumption is realistic if most of the cost of outcrossing is due to extrinsic factors,
203 such as sexual conflicts with the mating partner (Anthes & Michiels, 2007; Koene,

204 2006; Koene *et al.*, 2005) or energetic or predation costs of finding a mate (Jennions
205 & Petrie, 1997). It becomes less realistic if the sexually antagonistic alleles cause
206 intrinsic fitness differences (e.g. poor survival of gametes). Sperm (or pollen)
207 limitation is unlikely to be a major limiting factor in fecundity when selfing (but see
208 Hodgkin & Barnes, 1991), but it is not unlikely that mutations affecting egg
209 quality/survival would have an effect even on the production of selfed offspring. If
210 sperm are accompanied by toxic seminal fluid used in sperm competition when
211 outcrossing, then this could also contribute to lower egg survival, even when selfing
212 (Koene *et al.*, 2010; Schärer *et al.*, 2014). On the other hand, positive selection of
213 alleles with a negative impact on egg production should be weak in species with high
214 levels of selfing, because there is limited scope for fitness gain via sperm donation
215 during outcrossed matings. We therefore believe that this assumption is reasonable.

216 It is also worth noting that our model, although originally constructed with
217 hermaphrodites in mind, is equally applicable to separate-sexed organisms with
218 respect to inbreeding instead of selfing (Appendix). This generates some interesting
219 predictions, especially for populations with high levels of inbreeding, such as island
220 populations (e.g. Grant *et al.*, 2003), or populations with low dispersal levels due to
221 habitat fragmentation (e.g. Andersen *et al.*, 2004).

222 Firstly, species or populations with high levels of inbreeding should exhibit
223 reduced levels of sexual antagonism compared to outbred populations, because the
224 gain in polymorphism in dominant alleles is more than offset by the loss in
225 polymorphism in recessive alleles, for a given level of inbreeding (Figure 1). A recent
226 model suggests that sexual antagonism and demography can interact to cause
227 extinction of populations located in patches that are beneficial to male fitness and
228 detrimental to female fitness (Harts *et al.*, 2014). This is because populations collapse

229 if there are too few reproducing females. However populations which are declining in
230 numbers should also become more inbred, as a result of the decreasing effective
231 population size. Our results therefore suggest that the negative effect of sexually
232 antagonistic alleles on population growth may be mitigated by inbreeding. This could
233 reduce the chance of population collapse.

234 Secondly, we should expect a higher proportion of sexually antagonistic
235 alleles to be located on the X- or Z-chromosomes in inbred populations relative to
236 outbred populations. Heteromorphic sex chromosomes have long been held to be
237 likely hotspots for sexual antagonism. In a seminal paper, Rice (1984) argued that the
238 X-chromosome should harbour increased levels of sexually antagonistic genetic
239 variation because male-benefit loci that are recessive in females will be expressed in
240 hemizygous males, but largely escape counter-selection in females at low to
241 intermediate frequencies. Conversely, dominant female-benefit loci will also be more
242 common on the X than on the autosomes, despite their deleterious effect in males,
243 because the X spends more time in females than the autosomes (2/3 versus 1/2) and
244 therefore experiences stronger total female-specific selection. Our results suggest that
245 the heteromorphic sex chromosomes should harbour higher levels of sexually
246 antagonistic genetic variation in inbred populations, independent of the direction of
247 the fitness effect (i.e. female-benefit/male-detriment versus male-benefit/female-
248 detriment). This is because any X- or Z-linked locus that is not completely recessive
249 in the homogametic sex will be partially dominant overall (i.e. $h_f + h_m > 1$ will always
250 hold true when $h_{homogametic} > 0$ because $h_{heterogametic} = 1$), and therefore subject to an
251 increased range of polymorphism with increasing inbreeding level.

252 In sum, we show that although inbreeding reduces the region of parameter
253 space permitting polymorphism overall, it can offset some of the effects of dominance

254 demonstrated by Fry (2009). This means that although hermaphrodites with high
255 levels of inbreeding are unlikely to harbour significant sexually antagonistic genetic
256 variation, those segregating sexually antagonistic loci that do exist are more likely to
257 be partially dominant. In addition, inbreeding effects may influence population
258 persistence and genomic location of sexually antagonistic loci in separate-sexed
259 organisms.

260

261

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267

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346

347 **Figure legends**

348 **Figure 1**

349 The effect of inbreeding and dominance on the maintenance of sexually antagonistic
350 polymorphisms in hermaphrodites. The area between two matching curves is where
351 polymorphism is admitted. The green curves correspond to the case where $h_f = h_m =$
352 0.1, so that the allele that is deleterious in each sex is partially recessive in that sex.
353 The orange curves correspond to the case where $h_f = h_m = 0.6$, so that the allele that is
354 deleterious in each sex is partially dominant in each sex. The dashed curves represent
355 where $F = 0$, the situation where there is no inbreeding. The solid curves represent the
356 case where $F = 0.75$, so that three quarters of matings are self-fertilisation. For the
357 green curves, this results in a smaller area of polymorphism, while for the orange
358 curves, it results in a larger area of polymorphism. The black dotted line is the
359 asymptotic limit $F = 1$. It exactly corresponds to the case in which $F = 0$ and $h_f = h_m =$
360 0.5.

361

362 **Figure 2**

363 The effect of inbreeding on the maintenance of weakly sexually antagonistic
364 polymorphisms. The region between any two matching-coloured lines admits a stable
365 sexually antagonistic polymorphism. The pairs of matching lines correspond to the
366 cases where $F = 0, 0.25, 0.5, 0.75$, and 1, respectively, as marked. Here $h_f = h_m = 0.3$;
367 as inbreeding increases, the region admitting polymorphism decreases in size, to the
368 limiting case where $F = 1$. For values of $h_f + h_m > 1$, the region admitting
369 polymorphism is contained within the region for $F = 1$, and consequently for these
370 dominance parameters there is very little scope for polymorphism under weak
371 selection.

372 Tables

373

Parental genotype	Offspring genotype
AA	AA
Aa	$\frac{1}{4} AA, \frac{1}{2} Aa, \frac{1}{4} aa$
aa	aa

374 **Table 1:** Offspring genotype distributions when inbreeding

375

Genotype	Fitness in female role	Fitness in male role
AA	1	$1 - s_m$
Aa	$1 - h_f s_f$	$1 - h_m s_m$
aa	$1 - s_f$	1

376 **Table 2:** Fitness in different sex roles when outbreeding

377

378 Appendix

379 *Stability of equilibria*

380 Using equations (1) we can define the function $g[p, q] = (\Delta p, \Delta q)$, defined for all
381 possible values of p and q (i.e. on the standard 2-simplex). We know that $g[1, 0] = (0,$
382 $0)$ (corresponding to fixation of the A allele), and $g[0, 1] = (0, 0)$ (corresponding to
383 fixation of the a allele). To determine whether either of these two equilibria are stable
384 we consider the Jacobian matrix \mathbf{J} of the function g ,

385
$$\mathbf{J} = \begin{pmatrix} \frac{\partial Dp}{\partial p} & \frac{\partial Dp}{\partial q} \\ \frac{\partial Dq}{\partial p} & \frac{\partial Dq}{\partial q} \end{pmatrix}.$$

386 For each fixed point, we evaluate \mathbf{J} and calculate its eigenvalues. If they are all
387 negative for a given equilibrium point, that point is stable (thus if any of the
388 eigenvalues are positive, the equilibrium point is unstable). If the equilibrium point at
389 $(1, 0)$ is unstable, then a is protected from extinction when rare (corresponding to the
390 condition $s_m > a^*$ given in the main text). If the equilibrium point at $(0, 1)$ is unstable,
391 then A is protected from extinction from rare (corresponding to the condition $s_m < A^*$
392 given in the main text). If both alleles are protected from extinction when they are
393 rare, then we have a protected polymorphism.

394

395 *Applicability of model to separate-sexed species*

396 Although the model was constructed to consider hermaphrodites, it can also apply to
397 separate-sexed species. Because separate-sexed species cannot self-fertilise, the
398 definition of F as the proportion of self-fertilising events cannot be maintained.
399 Instead, F is taken to be a measure of the additional probability with which an
400 individual will mate with a partner sharing the same genotype at the A/a locus of

401 interest (Appendix Table 1). Thus F can be seen as a measure of the level of
402 inbreeding that is occurring in the population.

403

Focal genotype	Mating partner's genotype	Probability of that partner genotype under random mating	Probability of that partner genotype with “self-fertilisation frequency” F
AA	AA	p	$p + F(1 - p)$
	Aa	$1 - p - q$	$(1 - F)(1 - p - q)$
	aa	q	$(1 - F)q$
Aa	AA	p	$(1 - F)p$
	Aa	$1 - p - q$	$1 - p - q + F(p + q)$
	aa	q	$(1 - F)q$
aa	AA	p	$(1 - F)p$
	Aa	$1 - p - q$	$(1 - F)(1 - p - q)$
	Aa	q	$q + F(1 - q)$

404 **Appendix Table 1:** Application of F to separate-sexed species

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