

16 **Abstract (150 words limit)**

17 1300-nm three-photon calcium imaging has emerged as a useful technique to allow calcium
18 imaging in deep brain regions. Application to large-scale neural activity imaging entails a careful
19 balance between recording fidelity and tissue heating. We calculated and experimentally verified
20 the excitation pulse energy to achieve *the minimum photon count* required for the detection of
21 calcium transients in GCaMP6s-expressing neurons for 920-nm two-photon and 1320-nm three-
22 photon excitation, respectively. Brain tissue heating by continuous three-photon imaging was
23 simulated with Monte Carlo method and experimentally validated with immunohistochemistry.
24 We observed increased immunoreactivity with 150 mW excitation power at 1.0- and 1.2-mm
25 imaging depths. Based on the data, we explained how three-photon excitation achieves better
26 calcium imaging fidelity than two-photon excitation in the deep brain and quantified the imaging
27 depth where three-photon microscopy should be applied. Our analysis presents a translatable
28 model for the optimization of three-photon calcium imaging based on experimentally tractable
29 parameters.

30 Introduction

31 Multiphoton microscopy (MPM) combined with genetically encoded calcium indicators (GECIs) is a
32 powerful functional imaging technique widely applied to *in vivo* neurophysiological recordings (Lin
33 and Schnitzer, 2016; Yang and Yuste, 2017). In the mouse brain, 2-photon microscopy (2PM) has
34 enabled activity recording from thousands of neurons with single-cell resolution (Sofroniew et al.,
35 2016; Stirman et al., 2016; Weisenburger et al., 2019). Although 2-photon excitation (2PE) can
36 effectively reduce out-of-focus fluorescence, the background intensity eventually becomes
37 comparable to the signal in non-sparsely labeled samples, as the excitation power grows
38 exponentially with imaging depth. The background not only reduces image contrast but also
39 introduces additional noise inseparable from the true calcium transient signal, which irreversibly
40 reduces imaging quality. In the mouse neocortex, 2PM signal-to-background ration (SBR)
41 decreases to 1 at ~ 4.7 attenuation lengths with a labeling density of $\sim 2\%$ (Kobat et al., 2011;
42 Theer et al., 2003; Theer and Denk, 2006)

43
44 3-photon microscopy (3PM) has emerged as a useful tool for imaging in deep brain regions that
45 are typically inaccessible to 2PM. Although deep calcium imaging with 2PM has been
46 demonstrated with red-shifted calcium indicators using 1100 nm excitation, these methods suffer
47 from limitations such as staining only a single layer of the cortical neurons (Tischbirek et al., 2015),
48 or in the hippocampus of young mice less than 6 weeks old (Inoue et al., 2019; Kondo et al., 2017).
49 Furthermore, the best red-shifted GECIs are currently less bright and robust than their green
50 counterparts (e.g., $< 40\%$ the cross section of GCaMP6s and $< 50\%$ sensitivity of jGCaMP7 (Dana et
51 al., 2019, 2016)), which further limits their application to large-scale recordings. Compared to the
52 red GECIs, the shorter 2PE wavelength (900-960 nm) for GCaMP results in more tissue scattering

53 (Jacques, 2013). Consequently, 2-photon imaging with GCaMP faces more technical challenges in
54 the deep brain, and usually requires the removal of the superficial cortex or the insertion of
55 penetrating optical elements (Attardo et al., 2015; Dombbeck et al., 2010; Low et al., 2014; Pilz et
56 al., 2016). In comparison, 1300-nm 3PM has enabled activity imaging with GCaMP6 of the entire
57 densely labeled cortex (Takasaki et al., 2019b; Yildirim et al., 2019) and the hippocampus in intact
58 *adult* mouse brains (8-16 weeks old) (Ouzounov et al., 2017; Takasaki et al., 2019a; Weisenburger
59 et al., 2019), because of the background suppression by 3-photon excitation (3PE) and the
60 reduced tissue attenuation by the longer excitation wavelength (Ouzounov et al., 2017).

61
62 Since the first demonstrations of 3PM for *in vivo* brain imaging (Horton et al., 2013; Ouzounov et
63 al., 2017), a number of research groups have successfully adopted and developed the technology
64 (Chen et al., 2018; Escobet-Montalbán et al., 2018; Odríguez, 2018; Perillo et al., 2017; Rowlands
65 et al., 2017; Takasaki et al., 2019b; Weisenburger et al., 2019; Yildirim et al., 2019), propelled by
66 the commercially available lasers and microscopes. To facilitate 3PM applications, here we
67 provide a quantitative characterization of three-photon deep-brain calcium imaging, with a side-
68 by-side comparison to 2PM with 920 nm excitation. Our results show that 1320-nm 3PM is
69 advantageous in terms of both signal strength and imaging contrast in the deep cortex and
70 beyond. Furthermore, by optimizing the important imaging parameters (e.g., pulse energy and
71 repetition rate) to meet the signal-to-noise ratio within the power constraints, we provide a
72 scalable strategy to push the limits of 3PM for large penetration depth and field-of-view (FOV).

73

74 **Results**

75 **Photon count provides the fundamental metric for calcium imaging quality.**

76 High-quality calcium imaging enables reliable detection of calcium transients in the presence of
77 noise. With a photomultiplier tube as the fluorescence detector, calcium imaging can be
78 performed at the photon shot noise limit, where the photon fluctuation noise (N) and the signal
79 (S) obey the relation: $N=S^{1/2}$. Therefore, quantifying the fluorescence signal with photon counts
80 provides the noise statistics, and allows probabilistic inference of the true underlying signal.

81 Assuming exponential decay of calcium transients, a single discriminability index (d'), as defined
82 by equation (1), has been derived in the past to assess the recording fidelity of a calcium transient
83 (Wilt et al., 2013):

$$d' \approx \frac{\Delta F}{F} \sqrt{\frac{F_0 \tau}{2}} \quad (1)$$

84 where τ is the decay time, $\Delta F/F$ is the peak fluorescence change of a single-action-potential-
85 induced calcium spike, and F_0 is the baseline brightness of the neuron. This expression holds as
86 long as the frame rate is high enough to sample the exponential decay of the fluorescence
87 intensity, and a higher d' value indicates better calcium transient detection accuracy. In fact, the
88 fidelity of calcium imaging is determined by the signal photon counts of each neuron. The
89 *minimum photon counts* required to detect a calcium transient induced by a single action
90 potential can be calculated at any given confidence level: using the parameters for GCaMP6s ($\Delta F/F$
91 $\sim 30\%$ and $\tau \sim 2s$) (Chen et al., 2013), F_0 is calculated to be ~ 100 photons/second to achieve $d'=3$,
92 which allows 93% true detection and 7% false-positive detection rate. For large calcium transients
93 induced by a short burst of multiple action potentials, F_0 can be significantly lower since $\Delta F/F$ is
94 larger by the accumulation of single-action-potential $\Delta F/F$ (Wilt et al., 2013). Given $\Delta F/F$ and τ of a

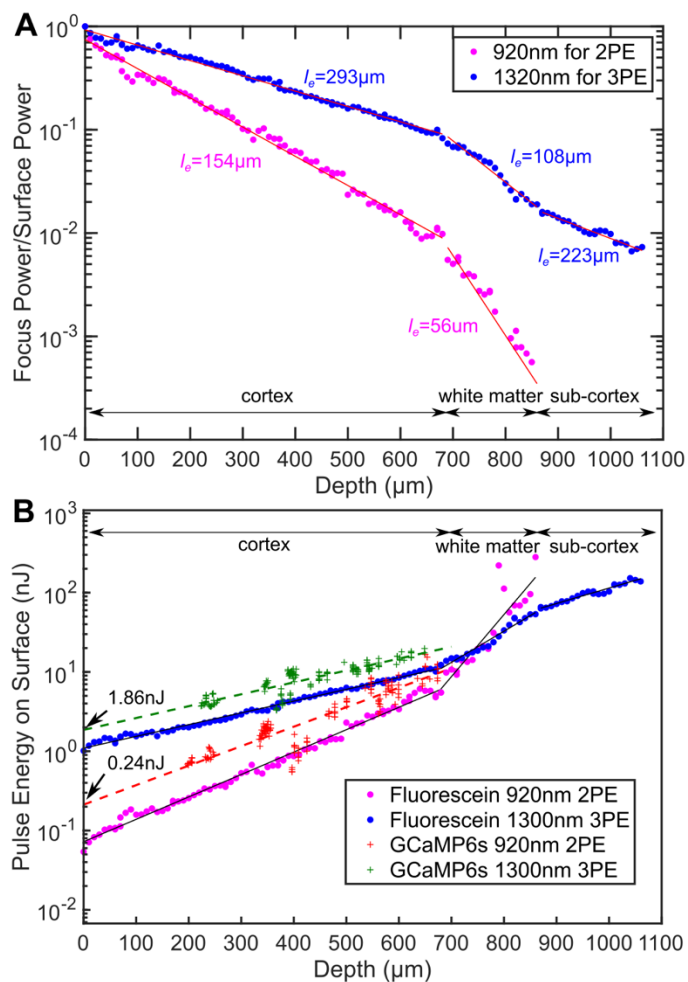
95 calcium indicator are fixed, the quality of calcium imaging can only be improved by increasing the
96 baseline neuron brightness F_0 , which can be achieved by varying the imaging parameters, e.g.,
97 excitation repetition rate, pulse duration, pulse energy, focal spot size and laser dwell time on
98 each neuron. It is clear from the above analysis that extremely high sampling rates in either pixel
99 or frame do not improve the overall calcium transient detection accuracy since the number of
100 photons per neuron per second is conserved regardless of the sampling scheme.

101

102 **1320-nm 3PE is more power-efficient in signal generation than 920-nm 2PE in the deep**
103 **cortex and beyond.**

104 In general, due to the higher-order nonlinear excitation, 3PE requires higher excitation intensity at
105 the focus in order to generate the same amount of fluorescence as 2PE. For deep tissue imaging,
106 however, the pulse energy at the brain surface can be less for 3PE than 2PE because photons at
107 the longer wavelength used for 3PE experience less attenuation. To quantify the difference in
108 tissue attenuation caused by the wavelength, we imaged mouse brain vasculature uniformly
109 labeled with fluorescein dextran and measured fluorescence signal decay as a function of depth.
110 We centered the 3PE and 2PE excitation spectra at 1320 nm and 920 nm, respectively, since they
111 are nearly optimal for GCaMP6 imaging, which is the focus of this study (Ouzounov et al., 2019).
112 Through simultaneous 2PM and 3PM imaging of the same blood vessel with the same fluorescent
113 label, we ensured the same signal collection efficiency for the two imaging modalities, and any
114 sample fluctuation over time is eliminated. As shown in Figure 1A, the effective attenuation length
115 (EAL) at 1320 nm in the mouse cortex is almost twice that at 920 nm ($297 \pm 11 \mu\text{m}$ vs. $153 \pm 10 \mu\text{m}$,
116 mean \pm standard deviation, $n=4$, >12 weeks old mice, all males, Figure 1A and Figure 1 - figure
117 supplement 1).

118 We measured the pulse energy required for the typical multiphoton signal strength of 0.1 photons
119 detected per excitation pulse (Figure 1B). To generate the same amount of signal in fluorescein-
120 labeled blood vessels located at the brain surface, 3PE requires about 15 times the pulse energy of
121 2PE (1.1 ± 0.03 nJ vs. 0.07 ± 0.004 nJ, mean \pm 95% confidence interval). As the imaging depth
122 increases, to maintain the same signal strength, the 2PE pulse energy delivered to the brain
123 surface has to increase more rapidly than that for 3PE since 920-nm photons experience more
124 tissue attenuation than 1320-nm photons. Eventually, 3PE becomes more power-efficient than
125 2PE at a depth of around 750 μ m, which is defined here as the cross-over depth. The same trend
126 can be observed in GCaMP6s labeled neurons. At the brain surface, 3PE at 1320 nm requires \sim 8
127 times the pulse energy as 2PE at 920 nm (1.86 ± 0.27 nJ vs. 0.24 ± 0.05 nJ, mean \pm 95% confidence
128 interval), while in cortical layers at depth around 700 μ m, the pulse energy required for 3PE
129 becomes comparable to that of 2PE at the brain surface. The measured ratio of the 3PE to 2PE
130 pulse energy and the cross-over depth are in good agreement with the calculation based on
131 typical 2PE and 3PE cross sections (Appendix 1). Our data show that, with the same repetition rate
132 and pulse duration, 3PM is more power-efficient than 2PM when imaging in the deep cortex and
133 beyond. In other words, even if 2PM were used to image at the same depth (e.g., \sim 1 mm), its
134 repetition rate will have to be reduced to the same level as 3PM (typically \sim 1 MHz) to avoid tissue
135 heating by the average power. This result is consistent with previous studies on deep brain two-
136 photon imaging, where the repetition rates were reduced to below 1 MHz at \sim 1 mm imaging
137 depth (Theer et al., 2003; M. Wang et al., 2018). Although our data were measured with
138 fluorescein and GCaMP6s, the conclusion is likely applicable to other green fluorescent dyes.



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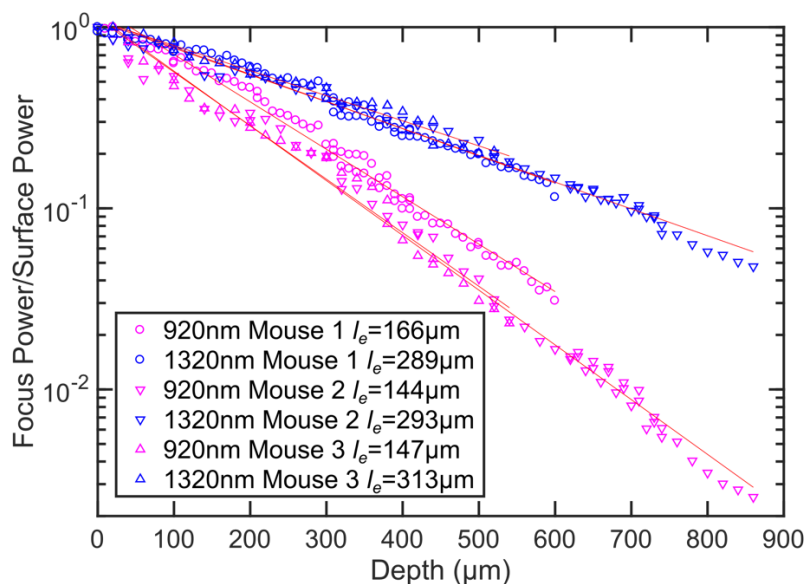
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Figure 1. Comparison of the power attenuation of 1320-nm and 920-nm excitation lights and their respective 3-photon and 2-photon excitation efficiency in the mouse brain. (A) Power attenuation of 920-nm and 1320-nm excitation light in the mouse brain. The mouse brain vasculature was *uniformly* labeled with fluorescein dextran and imaged *simultaneously* by 920-nm 2PM and 1320-nm 3PM at precisely the same location. The fraction of excitation power reaching the focus from the brain surface (Focus Power/Surface Power) was calculated based on the attenuation of 2PE and 3PE signal with the imaging depth (Materials and Methods). (B) The pulse energy required at the brain surface to generate the *same* 2PE and 3PE signal strength (0.1 signal photons detected per laser pulse) at different imaging depths, measured in fluorescein-labeled blood vessels (n=1

149 shown) and GCaMP6s-labeled neurons (CamKII-tTA/tetO-GCaMP6s; n=5 mice). The signal strength
150 is scaled to 60 fs pulse duration for both 2PE and 3PE.



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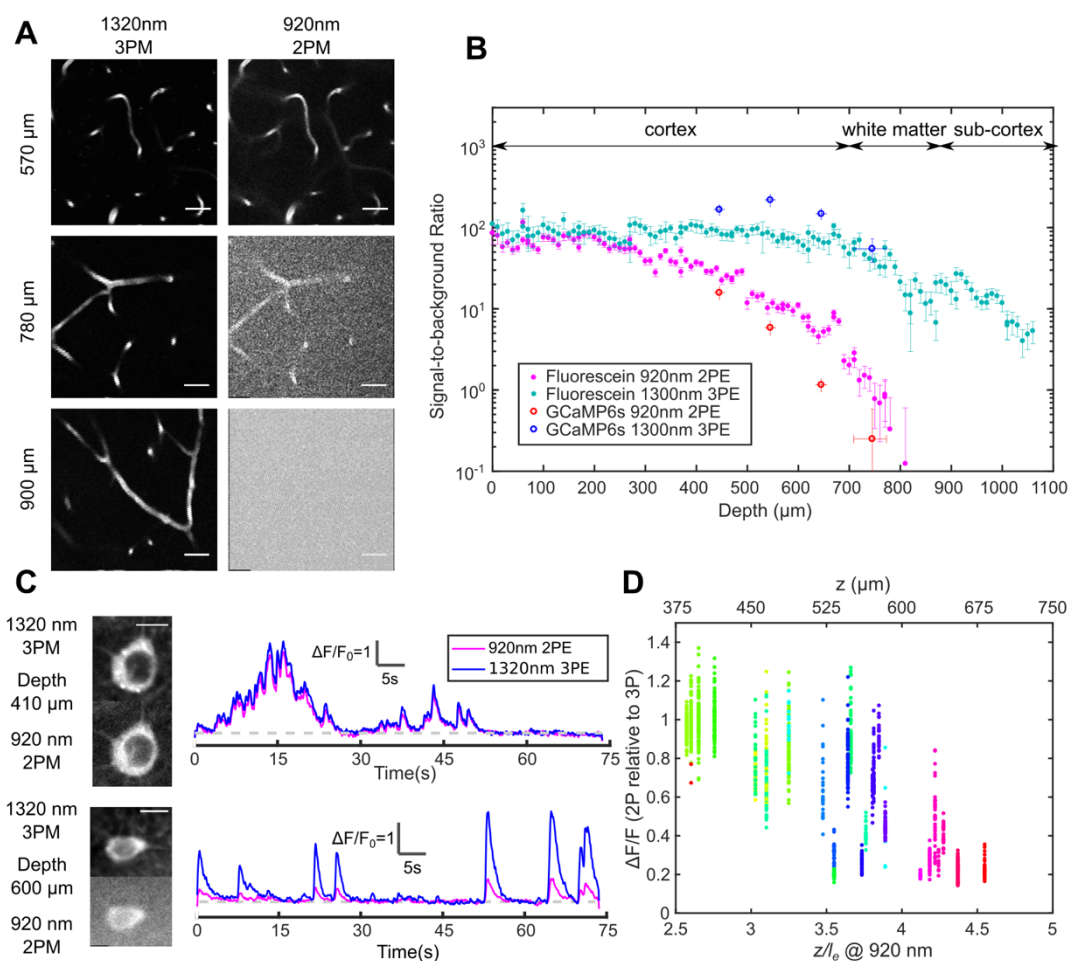
152 Figure 1 - figure supplement 1. Additional power attenuation curves of 920-nm and 1320-nm
153 excitation light in the mouse neocortex (n=3, >12 weeks old mice, all males).

154

155 **1320-nm 3PM has orders of magnitude higher SBR than 920-nm 2PM for deep imaging in the**
156 **non-sparsely labeled mouse brain.**

157 The imaging depth of 2PM is limited by the out-of-focus background in non-sparsely labeled
158 samples (Theer and Denk, 2006). The SBR of an image is quantified as follows: the background is
159 measured as the fluorescence intensity in structures not labeled, and the signal is the fluorescence
160 signal within the labeled structures minus the background. For both 2PM and 3PM, the
161 background is negligible at the sample surface, with SBR ~100 in fluorescein-labeled blood vessels
162 (Figure 2A and Figure 2B). As the imaging depth increases beyond 600 μm in the cortex, 920-nm
163 2PM background starts to increase rapidly, accompanied by apparent degradation of image
164 quality (Figure 2A and Figure 2C lower panel). Since the SBR of 2PM depends on the staining

165 density of the sample, we quantified the fractional vascular volume ($2 \pm 1\%$, mean \pm standard
166 deviation) and staining inhomogeneity (~ 50) of the labeled blood vessels (Figure 2-figure
167 supplement 1 – Materials and Methods). According to the theoretical calculation, the SBR of 2PM
168 reaches 1 at ~ 4.7 EALs at such a staining inhomogeneity (Theer and Denk, 2006), which is in close
169 agreement with our *in vivo* measurement (Figure 2B). In contrast, 1320-nm 3PM does not show
170 any increase in the background until in the white matter (Figure 2A and Figure 2B). The
171 background reduction by 3PE was contributed by the larger EAL of the long wavelength that
172 reduces the normalized imaging depth (z/EAL), and the higher order of nonlinearity of 3PE that
173 suppresses background generation in the out-of-focus volume, which plays a critical role when the
174 2PE and 3PE used the same wavelength and have the same EAL (T. Wang et al., 2018). Large SBRs
175 (> 40) were reported on 3-photon imaging of mouse brain vasculature at an imaging depth of
176 greater than 5 attenuation lengths (Liu et al., 2019). However, for the depths beyond the white
177 matter, our measured SBR of 3PM is lower than the theoretical prediction, which may be caused
178 by the deterioration of the point spread function due to the strong aberration introduced by the
179 white matter. Similar behavior was also observed in through-skull imaging (T. Wang et al., 2018).



180

181 Figure 2. Comparison of signal-to-background ratio for 1320-nm 3PM and 920-nm 2PM in the non-

182 sparsely labeled mouse brain and its effect on calcium imaging sensitivity. (A) Comparison of 3PM

183 and 2PM images of fluorescein-labeled blood vessels at different depths. Scale bar 30 μm. (B) SBR

184 measured *simultaneously* by 1320-nm 3PE and 920-nm 2PE on fluorescein-labeled blood vessels

185 and GCaMP6s-labeled neurons, respectively. Each set of 3PE and 2PE comparison was performed

186 in the same mouse. All vertical error bars denote the standard deviation of SBR caused by feature

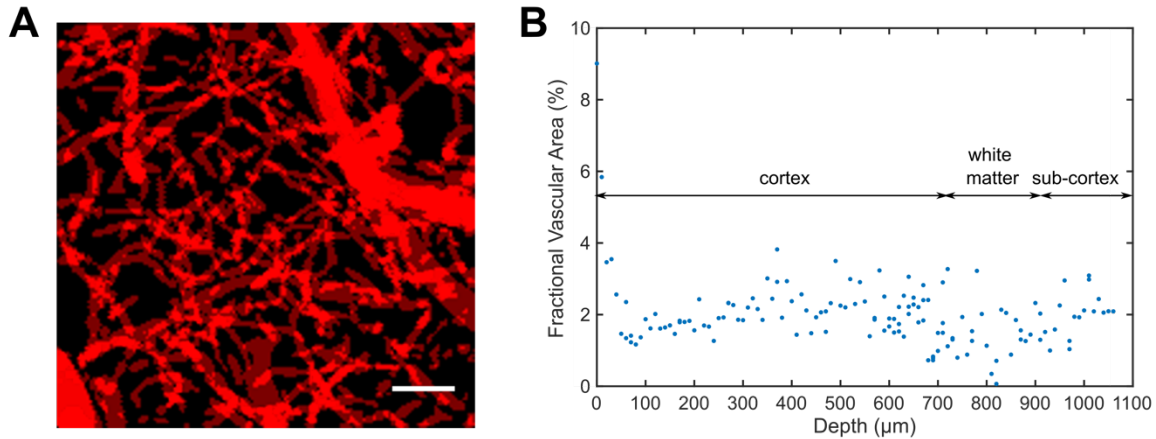
187 brightness variation, and horizontal error bars represent the depth range of the measurement. (C)

188 Images and corresponding calcium traces of a cortical L4 neuron (410 μm) and a L5 neuron (600

189 μm), simultaneously recorded by 920-nm 2PM and 1320-nm 3PM. Both traces were low-pass

190 filtered with a hamming window of a time constant 0.37 s. Scale bar, 10 μm. (D) The ratio of ΔF/F

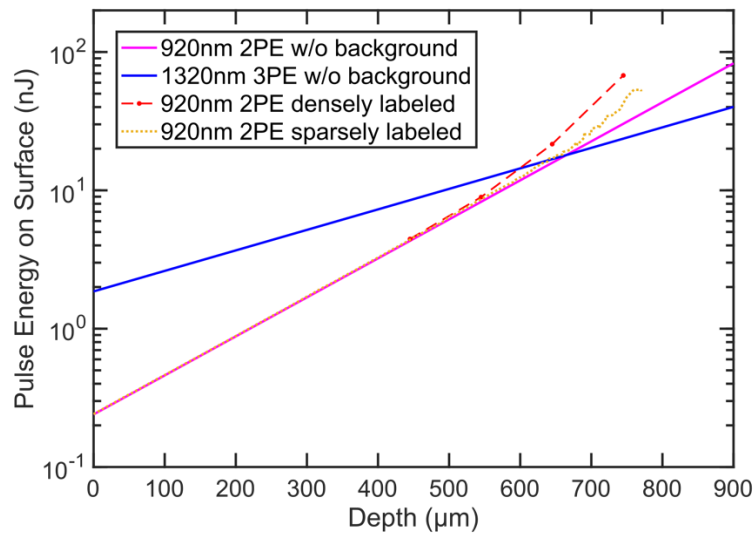
191 calculated on simultaneously recorded 3PM and 2PM calcium traces (CamKII-tTA/tetO-GCaMP6s;
192 n=3 mice). Each point was measured on a single calcium transient. The depth was normalized by
193 the 2PM attenuation length at 920 nm of each animal to collapse the data better onto a single
194 trendline. Data points from different neurons at the same depth are colored differently.



196 Figure 2-figure supplement 1. Measurement of the staining density in uniformly labeled vasculature.

197 (A) Z-projection of the identified blood vessels by summing all the XY-images in a vertical image stack
198 (0-400 μm deep, with 10 μm step size). Scale bar, 30 μm .

199 (B) The fractional vascular area in each XY-image at various depths.



201 Figure 2-figure supplement 2. The pulse energy required at the brain surface to generate *the same* d'
202 per pulse sampling the neuron for 2PE and 3PE of GCaMP6s at different imaging depths. In the

203 absence of the background fluorescence, d' is entirely determined by signal photon counts: when a
204 neuron is sampled by 1000 excitation pulses in 1s, it generates $F_0 = 1000 \text{ pulses} \times 0.1 \text{ photons/}$
205 $\text{pulse} = 100 \text{ photons/s}$, which gives $d' \sim 3$. Therefore, Group '920nm 2PE w/o background' and
206 '1320nm 3PE w/o background' exactly reproduce the pulse energy curves for *the same signal* of 0.1
207 photons/excitation pulse (Figure 1B). Group '920nm 2PE densely labeled' and '920nm 2PE sparsely
208 labeled' are calculated based on the SBR measured in GCaMP6s-labeled neurons and fluorescein-
209 labeled blood vessels, respectively (Figure 2B). 1320-nm 3PE is assumed to be background-free in the
210 mouse cortex.

211

212 **3PM has higher calcium imaging sensitivity and discriminability than 2PM in the deep brain.**

213 The performance of 1320-nm 3PM calcium imaging was compared to 920-nm 2PM using a time-
214 division multiplexing scheme, which allows the essentially simultaneous recording of calcium
215 dynamics from the same region of interest (ROI) with pixel-wise multiplexed 2PE and 3PE signals
216 (Ouzounov et al., 2017) (Materials and Methods). From the neurons in the shallow mouse cortical
217 layer 2/3 and 4, we obtained nearly identical calcium traces with 2PM and 3PM (Figure 2C upper
218 panel), with a Pearson's correlation factor of 0.98 ± 0.01 (mean \pm standard error, calculated from
219 60 traces, each 75s from neurons located from 200 to 400 μm in depth). The relative $\Delta F/F$ of
220 GCaMP6s measured by 1320-nm 3PM is close to that of 920-nm 2PM, with the ratio
221 $(\Delta F/F)_{2P}/(\Delta F/F)_{3P} = 1.0 \pm 0.25$ (mean \pm standard deviation, $n=904$ calcium transients from cells
222 located from 240-450 μm), in close agreement to previous studies (Ouzounov et al., 2019, 2017;
223 Takasaki et al., 2019a).

224

225 As the imaging depth increases, however, the 2PM background contributes to the increase of
226 baseline fluorescence of neurons as $F'_0 = F_0(1 + 1/SBR)$, which reduces the apparent $\Delta F/F$ to
227 $(1 + 1/SBR)^{-1}$ (assuming time-invariant background). A typical comparison of 3PM and 2PM
228 calcium traces in the deep cortex is shown in Figure 2C lower panel, and the ratios of 2PM to 3PM
229 $\Delta F/F$ are shown in Figure 2D. In the transgenic mouse brain (CamKII-tTA/tetO-GCaMP6s) at ~ 4
230 EALs at 920 nm, the apparent $\Delta F/F$ measured by 2PM is approximately half of 3PM, indicating SBR
231 ~ 1, which corroborates with the direct SBR measurement in Figure 2B. The 2P $\Delta F/F$ deteriorates
232 rapidly with even larger imaging depth, due to the rapid decline of SBR (e.g., Figure 2B). Similar
233 results have been observed in other densely labeled transgenic lines (Slc17a7/ai162) by
234 independent studies (Takasaki et al., 2019b, 2019a). The cell-to-cell variation of the ratio of 2PM
235 to 3PM $\Delta F/F$ is mainly caused by the difference in GCaMP expression level (i.e., dimmer cells have
236 lower SBR than brighter cells at the same depth). Therefore, the decreasing SBR is particularly
237 detrimental for measuring the neuronal activity of the dimmer neurons for deep brain 2PM. Even
238 at 3 EALs (~450 μm), some dimmer neurons already show lower $\Delta F/F$ for 2PM than that for 3PM
239 (Figure 2D).

240

241 In addition to the loss of contrast, the noise accompanied by the 2PM background reduces the
242 calcium transient detection accuracy, which is quantified by modifying the expression of d' to
243 include the fluorescence background:

$$d' \approx \frac{\Delta F}{F_0(1 + 1/SBR)} \sqrt{\frac{F_0(1 + 1/SBR)\tau}{2}} = \frac{1}{\sqrt{1 + 1/SBR}} \frac{\Delta F}{F} \sqrt{\frac{F_0\tau}{2}} \quad (2)$$

244 For the same calcium sensitivity ($\Delta F/F$) and baseline cell brightness (F_0), the discriminability d' of
245 calcium transients is reduced by a factor of $(1 + 1/SBR)^{1/2}$ in the presence of the background.

246 For example, when $SBR = 1$, the d' value is reduced by a factor of 1.4, resulting in a lower true-
247 positive or higher false-positive rate for spike detection. To compensate for the reduced d' , F_0
248 needs to be increased by a factor of $(1 + 1/SBR)$, which can only be achieved by increasing the
249 excitation pulse energy by a factor of $(1 + 1/SBR)^{1/2}$ (since 2PE fluorescence $\propto P^2$) or increasing
250 the dwell time on each neuron by a factor of $(1 + 1/SBR)$. Consequently, the cross-over depth
251 between 1320-nm 3PM and 920-nm 2PM for achieving the same d' with the same excitation pulse
252 energy is at a shallower depth ($\sim 600 \mu\text{m}$) than that based only on the signal strength ($\sim 700 \mu\text{m}$),
253 see Figure 1B and Figure 2-figure supplement 2. The SBR of 2PM drops even faster with depth
254 than the exponential decay of the fluorescence signal because, in addition to the decrease of the
255 signal, the background also increases with depth (Figure 2-figure supplement 2) (Theer et al.,
256 2003). Therefore, 2PM imaging significantly beyond the depth where $SBR = 1$ is impractical.

257

258 **Tissue heating and excitation saturation limit the average and peak power.**

259 Laser-induced tissue damage can be categorized into thermal and nonlinear damage, with distinct
260 mechanisms and dependence on imaging parameters. Continuous heating damages the brain
261 tissue through high temperature, which disturbs various biophysical processes (Podgorski and
262 Ranganathan, 2016). Heating-induced damage happens in the bulk tissue and depends on the
263 average power per illumination volume. On the other hand, nonlinear damage is caused by the
264 strong electric field at the focal point, which is related to focal spot size, pulse energy, and pulse
265 duration.

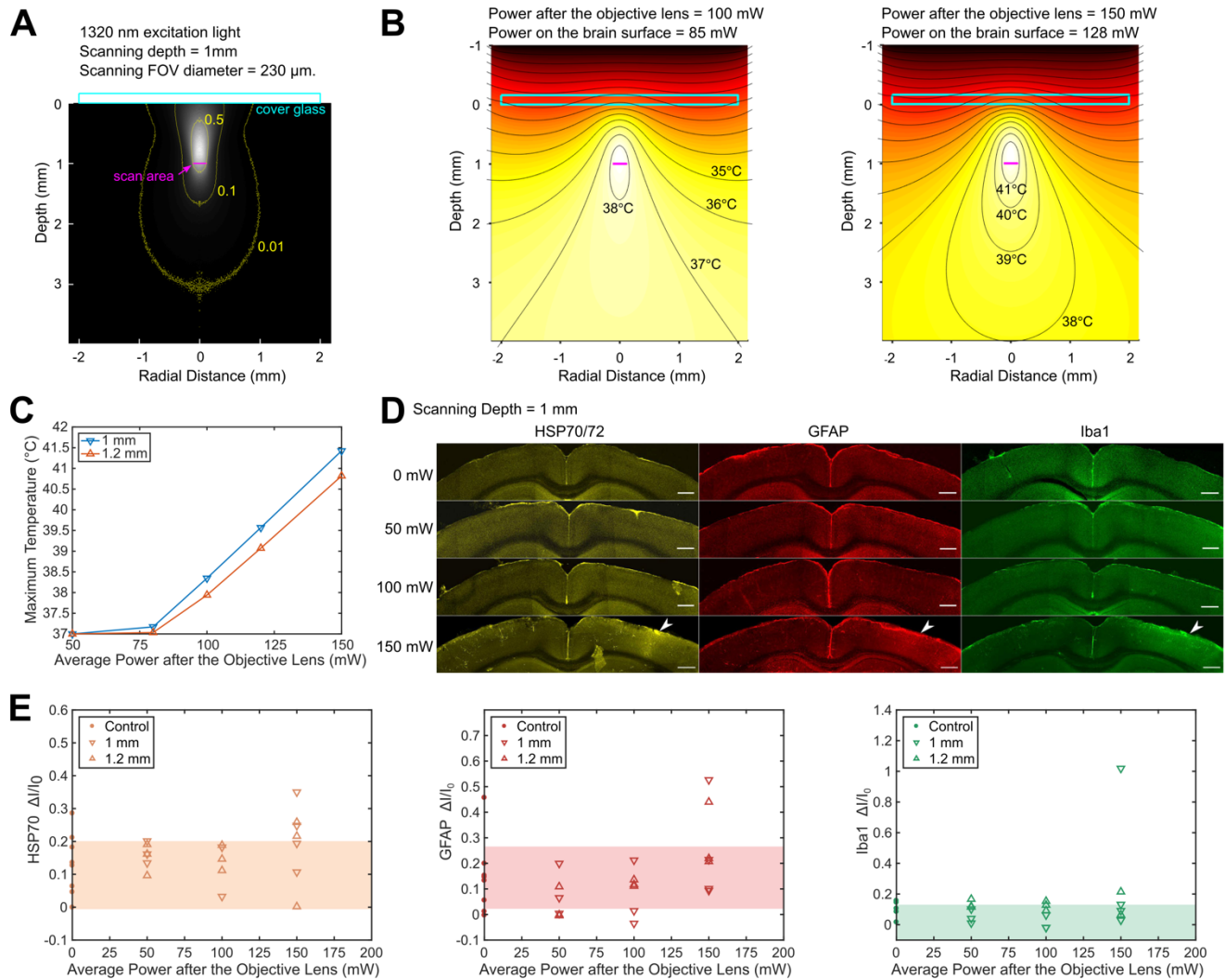
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267 We used Monte Carlo method to calculate light intensity distribution and temperature rise caused
268 by 1320-nm illumination and compared the simulation to immunohistochemistry results, following

269 previous works on 2PM brain heating assessment. The previous works showed that brain tissue
270 damage was observed at >250 mW average power of continuous 920-nm illumination in both
271 anesthetized and awake mice with cranial windows (NA=0.8; Linear FOV=1 mm; focal depth=250
272 μm) (Podgorski and Ranganathan, 2016). In comparison, 1320-nm light experiences stronger
273 water absorption and weaker scattering, which implies higher heat generation in a smaller
274 volume, and therefore tissue temperature is expected to rise faster with input power (Table 2).
275 According to our simulation, at 1 mm imaging depth, the maximum brain temperature starts to
276 rise above the normal body temperature of 37 °C at 80 mW average power immediately after the
277 an objective lens of 2-mm work distance (or 68 mW at the brain surface) with continuous scanning
278 (Figure 3B and C; NA~0.75; FOV=230 μm). For power higher than 80 mW, the peak temperature
279 rises at a rate of ~3 °C per 50 mW after the objective lens (Figure 3C). At low imaging power, light
280 absorption does not raise the maximum tissue temperature but makes up for part of the heat loss
281 through the cranial window (Podgorski and Ranganathan, 2016). As the input power keeps
282 increasing, the temperature rises almost linearly with input power. The reason to distinguish the
283 average power after the objective lens from that at the brain surface is that the absorption of
284 1320-nm light by immersion water is not negligible. For objective lenses with different work
285 distances, the average power at the brain surface needs to be re-calibrated according to the
286 actual thickness of immersion water (Figure 3- figure supplement 1-Materials and Methods).
287
288 To experimentally determine the tissue heating at various average power, we immunolabeled
289 *post mortem* brain slices of mice after the exposure to 20-minute continuous scanning with 1320-
290 nm 3PM at two imaging depths (1 mm and 1.2 mm, Figure 3D). According to the
291 immunohistochemistry results, no tissue response was detected by measuring heat shock protein

292 (anti HSP-70/72), microglial (anti-GFAP), or astrocytic activation (anti-Iba1) at 100 mW average
293 power in anesthetized mice (NA=0.75; Linear FOV = 203 μm ; n=5 mice, Figure 3- figure
294 supplement 5); however, there is a non-zero chance (1 in 4 mice at 1 mm depth and 1 in 3 mice at
295 1.2 mm depth) of detectable tissue response with 150 mW imaging power, based on visual
296 inspection of the brain slices (Figure 3D) and the quantification of immunolabeling intensity
297 (Figure 3E). The variation in the levels of activation measured at the same average power in
298 different mice may result from several factors, including the variation in attenuation length and
299 the level of tissue growth 3 weeks after window implantation. Relating to the temperature
300 calculation in Figure 3C, the immunohistochemistry results at 150 mW illumination suggest the
301 upper bound of peak temperature should not exceed 41 $^{\circ}\text{C}$, which is the peak temperature at an
302 illumination power of 150 mW, according to our simulation (Figure 3C). Based on this estimated
303 criterion, the maximum allowable imaging power can be interpolated for different imaging depths
304 and FOV, according to Figure 3- figure supplement 3 and Figure 3- figure supplement 4. In general,
305 the maximum brain temperature is lower with larger imaging depth or scanning FOV for the same
306 excitation power.

307
308 In addition to 1320 nm, we also simulated brain heating with 1280 nm excitation light since the
309 water absorption coefficient at 1280 nm is $\sim 65\%$ of that at 1320 nm (Table 2). As a result, 3PE
310 with 1280 nm allows almost 50% more average power than 1320 nm with similar EAL (Kobat et al.,
311 2009), which is potentially beneficial for maximizing imaging depth or FOV. However, the GCaMP6
312 sensitivity ($\Delta F/F$) with 1280-nm 3PE *in vivo* is only half of that with 1320 nm, which favors 1320 nm
313 for three-photon calcium imaging (Ouzounov et al., 2019).



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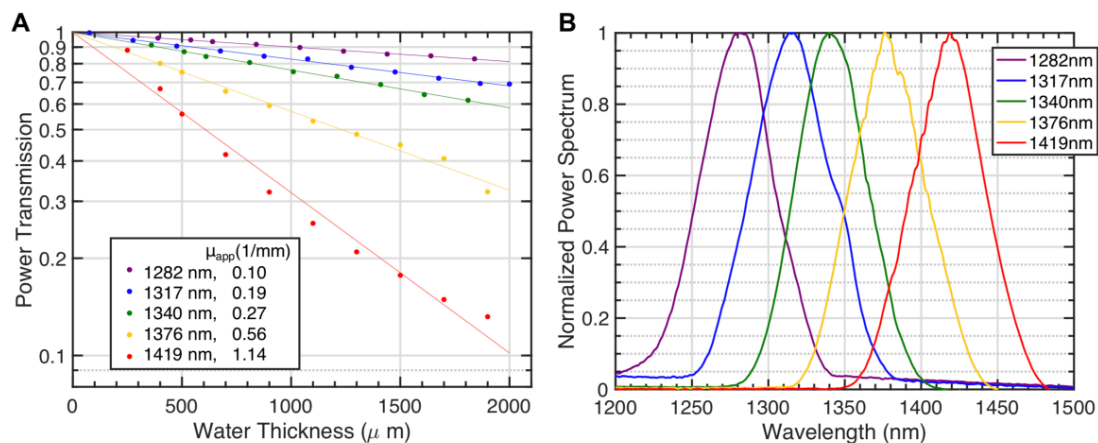
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Figure 3. Brain heating and thermal damage induced by continuous scanning by 1320-nm 3PM. (A) Monte Carlo simulation of light intensity of 1320-nm excitation light. The excitation light is focused at 1 mm below the brain surface in the cortex by an objective of 1.05 NA at \sim 75% filling of its back aperture and scanned telecentrically in a 230- μ m diameter FOV (the horizontal magenta line segment). Three iso-contour lines (from inside to outside) correspond to 0.01, 0.1, and 0.5 of the maximum intensity. (B) Temperature maps under 1320-nm illumination calculated from the power absorption per unit volume in (A) after 60 s of continuous scanning with 100 and 150 mW average power after the objective lens. Temperature is color-coded with isotherms plotted at 1 $^{\circ}$ C increment with the highest 4 temperature levels labeled. The average imaging power is listed at the top of each

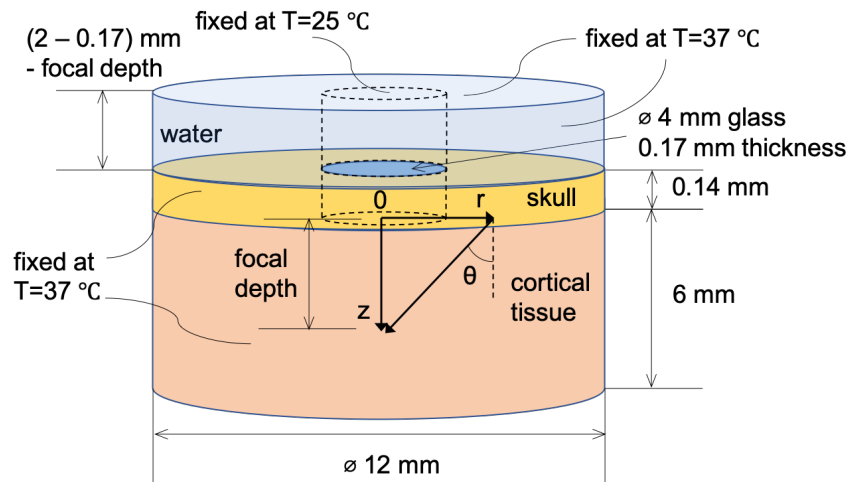
324 plot. (C) The maximum temperature versus imaging power for 1 mm and 1.2 mm focal depth, with
325 other imaging parameters the same as in (A) and (B). The maximum temperature is calculated as the
326 average in the hottest volume around the scan area ($\sim 10^7 \mu\text{m}^3$). The power at the brain surface can be
327 obtained by multiplying the power after the 2-mm working distance objective lens with 0.85 for 1 mm
328 imaging depth, and 0.89 for 1.2 mm imaging depth. (D) Immunolabeled brain slices of mouse brains
329 after 3PM at 1320 nm with 0, 50 mW, 100 mW, and 150 mW average power (1 mouse is shown for
330 each power). The brain was scanned for 20 minutes continuously at 1 mm below the surface, with 230
331 $\mu\text{m} \times 230 \mu\text{m}$ FOV and 2-Hz frame rate. The location of the damage is indicated by the white
332 arrowheads. Scale bar, 0.5 mm. (E) Quantification of heating-induced damage by the fractional
333 change of immunolabeling intensity relative to the region in the contralateral hemisphere. Shaded
334 areas denote 95% confidence interval of the control group mean (n=4 mice for control; n=6 mice for
335 50 mW; n=5 mice for 100mW; n=7 mice for 150 mW).



336
337 Figure 3- figure supplement 1 Light attenuation by immersion water for various excitation
338 wavelengths.

339 (A) Power transmission versus immersion water thickness under the objective (Olympus
340 XLPLN25XWMP2, 25X, NA=1.05, $\sim 75\%$ filling of the back aperture) for 5 spectra centered from 1280

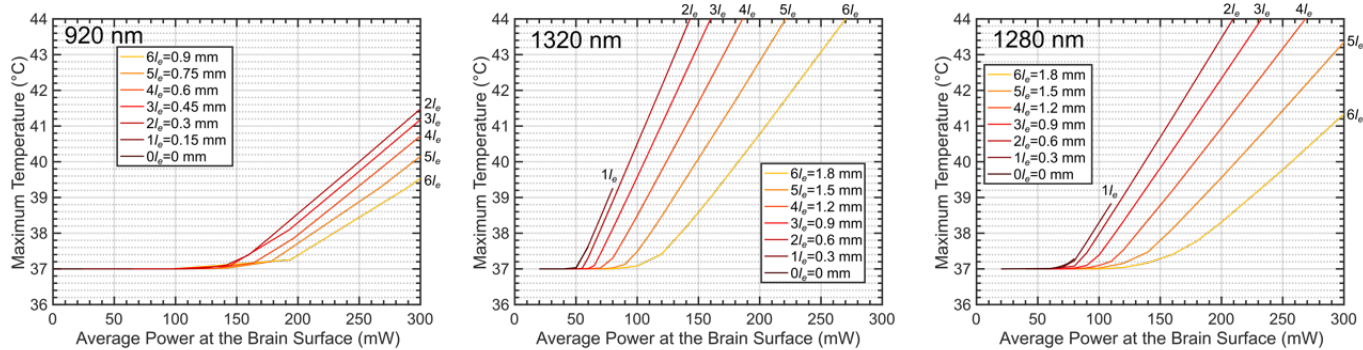
341 nm to 1420 nm using broadband pulses from the NOPA. Each transmission curve is fitted with a single
 342 exponential function to calculate the apparent attenuation coefficient (μ_{app}). The inset lists these
 343 coefficients. (B) The spectra of the pulses for the transmission measurement in (A).



344

345 Figure 3- figure supplement 2. Spatial dimension, coordinate system, and boundary conditions for

346 Monte Carlo and heat conduction simulation.



347

348 Figure 3- figure supplement 3. The maximum brain temperature as a function of the average power at

349 the brain surface, shown for different imaging depths at 920 nm, 1320 nm, and 1280 nm.

350 The imaging depth grows in the increment of the nominal effective attenuation length of the cortex

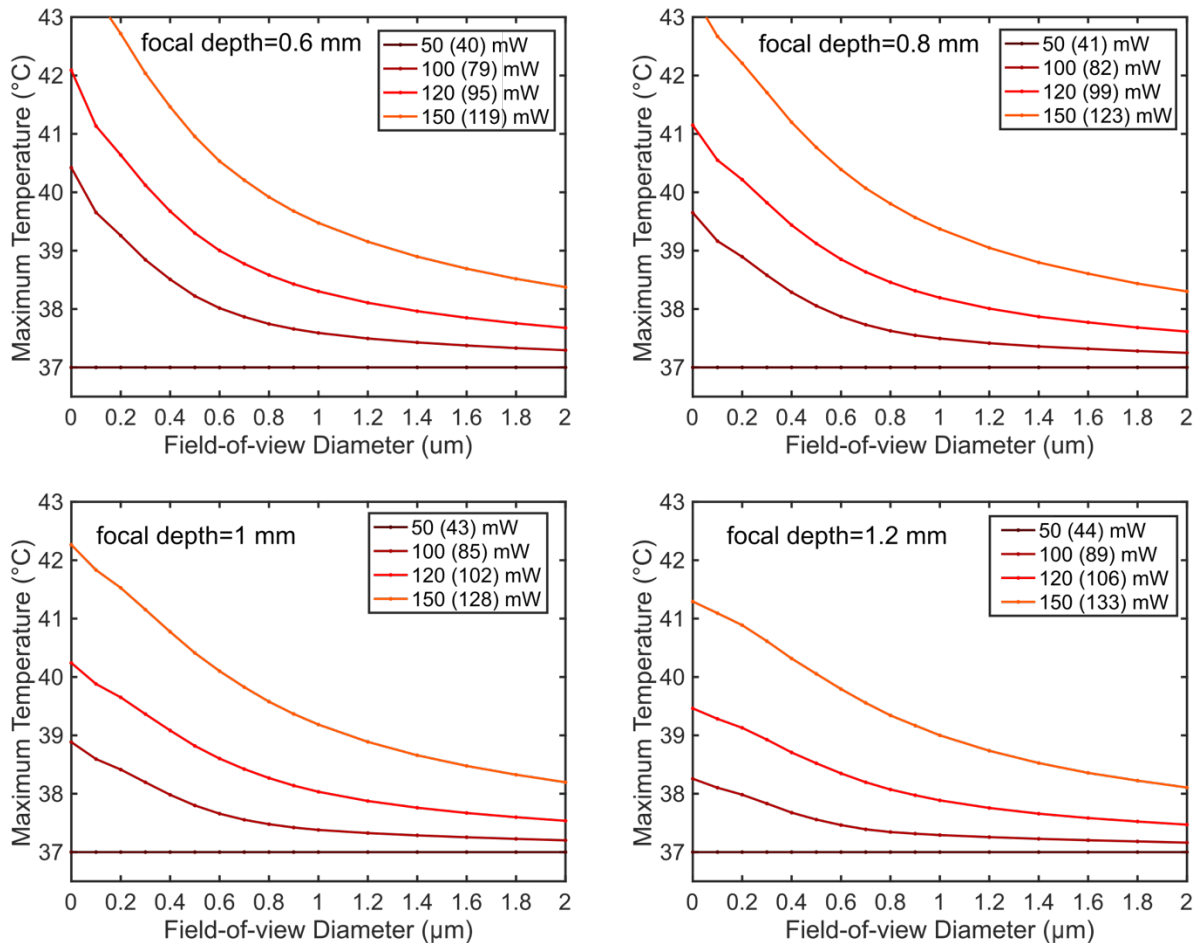
351 (l_e), which is 150 μm for 920 nm and 300 μm for both 1320 nm and 1280 nm. The linear scanning FOV

352 diameter is 300 μm , and other parameters used for the simulation are listed in Table 2 and Table 3.

353 For 1320 nm, the power immediately after the objective lens can be calculated by multiplying the

354 power at the brain surface with a factor to correct for immersion water absorption: 1.42, 1.33, 1.27,
355 1.20, 1.13, 1.07, and 1.01 (from 0 to 6 l_e). For 1280 nm, the correction factors are: 1.20, 1.17, 1.13,
356 1.10, 1.07, 1.03, and 1.00 (from 0 to 6 l_e).

357

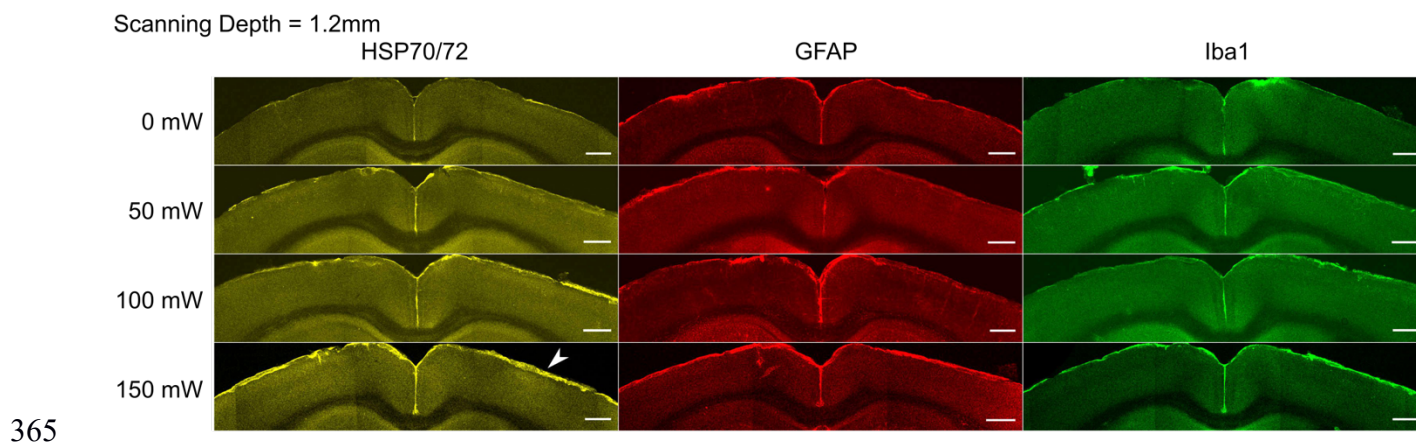


358

359 Figure 3- figure supplement 4. The maximum brain temperature decreases with the scanning field-of-
360 view.

361 The simulation was performed for 1320-nm excitation wavelength at 1- and 1.2-mm imaging depth
362 with various average powers after the objective lens. The NA and the back-aperture beam size remain
363 the same as in Figure 3A. Each legend key indicates the power immediately after the objective lens,

364 followed by the power at the brain surface after immersion water absorption (in the bracket).



366 Figure 3- figure supplement 5. Immunostaining reveals brain tissue damage by 1320-nm 3PM with
367 150 mW imaging power after the objective lens at 1.2-mm imaging depth.

368 The scanning was performed with 230 μm FOV for 20 minutes at various average powers in the
369 mouse brain. The window and scanning area are on the right side of each brain slice, and the location
370 of heating is indicated with white arrowheads. Scale bar, 500 μm .

Table 1. Percentage of Excitation Photons for Various Final Destinations.

	920 nm	1320 nm	1280 nm
Contributing to heating	20	63	49
Back scattered to window	25	9	10
Back scattered to skull	20	9	11
Escaped*	35	19	30

371 *Photons escape the simulation volume by traveling too far (>6 mm) from the center of the cranial
372 window or too deep (>6 mm) from the tissue surface.

373

374 High peak excitation intensity has several adverse effects on brain imaging, including fluorophore
375 saturation, bleaching, and nonlinear tissue damage. For GCaMP6s, we calculated that
376 fluorescence saturation (i.e., ground-state depletion) occurs at 4-5 nJ under 3PE under our
377 imaging conditions (Materials and Methods). Laser-induced nonlinear damage can be observed in

378 cells as a sudden but irreversible elevation to extraordinary brightness, which is caused by the
379 rapid ionization and recombination of molecules followed by pressure increase (Tsai et al., 2009).
380 In general, the damage threshold for the peak intensity increases with wavelength (Fu et al., 2006;
381 König et al., 1999; Olivié et al., 2008). Since the area of the focal spot scales as λ^2 , where λ is the
382 excitation wavelength, the long wavelength used for 3PM allows higher pulse energy than 2PM.
383 Our previous work showed that neurons remain healthy and viable for weeks after hours of
384 exposure to 1.5 nJ pulses (60 fs and NA~0.75) at the 1300-nm wavelength (Ouzounov et al., 2017).
385 As an estimate of the upper bound of pulse energy, we observed that ~10 nJ at the focus causes
386 tissue ablation, in agreement with another independent study (Yildirim et al., 2019). In addition, it
387 was shown that 1 to 2 nJ pulse energy at the focus (~ 40 fs, NA ~ 1.0) does not appear to alter the
388 physiological response of the neurons under visual stimulation (Yildirim et al., 2019). Based on
389 these results, 1 to 2 nJ pulse energy at the focus is reasonable for 3PM to achieve sufficient signal
390 strength while avoiding nonlinear photodamage and fluorophore saturation.

391

392 Discussion

393 In this study, we quantitatively compared 1320-nm 3PM and 920-nm 2PM for deep tissue
394 GCaMP6 imaging. The 1320-nm 3PM has the benefit of more efficient signal generation and
395 substantially higher SBR for calcium imaging in the deep mouse brain cortex. We find that 1320
396 nm 3PM outperforms 2PM in signal generation efficiency at a depth beyond ~ 700 μm in mouse
397 neocortex regardless of the labeling density. In the densely labeled mouse brain, e.g., CaMKII
398 GCaMP6s transgenic mouse, 1320-nm 3PM is preferred beyond the depth where SBR ~ 1 (e.g., ~4
399 EALs or 600 μm in mice neocortex). In practice, depending on the labeling density and expression

400 nonuniformity, 3PM might be considered at an even shallower depth to prevent recording bias
401 against neurons with lower expression levels, e.g., ~3 EALs or ~450 μm (Figure 3D).

402

403 Based on our results, it is clear that the laser repetition rate should be optimized at different
404 depths to maximize the FOV or the number of neurons recorded. In the shallow region of the
405 brain, the repetition rate should be high for strong signal generation, with the pulse energy kept
406 low to avoid nonlinear damage. For deeper imaging in the brain, where the thermal damage by
407 average power becomes predominant, the repetition rate should be reduced while keeping the
408 average power constant, since the 3PE signal is proportional to $P^3/f^2\tau^2$. For example, when
409 imaging GCaMP6s-labeled at 600 μm depth using 1320 nm 3PE, ~15 nJ pulse energy on the brain
410 surface is required for 0.1 photons/pulse detected (Figure 1B), and the maximum repetition rate
411 to avoid substantial tissue temperature rise is $100\text{mW}/15\text{nJ} = 6.7\text{ MHz}$, where 100 mW is
412 predicted as a safe power to avoid thermal damage at this imaging depth, given a large enough
413 scanning FOV (Figure 3- figure supplement 3 and Figure 3- figure supplement 4). When imaging
414 the hippocampus at ~ 1 mm depth, the maximum repetition rate has to be reduced to 120
415 mW/100 nJ = 1.2 MHz, since the pulse energy delivered to the brain surface has to increase
416 exponentially with depth and the white matter has a much smaller attenuation length than the
417 grey matter (Horton et al., 2013; M. Wang et al., 2018).

418 **Materials and Methods**

419 **Simultaneous 1320-nm 3PM and 920-nm 2PM Imaging with Time Division Multiplex Scheme**

420 The excitation source for 1320-nm 3PM was a noncollinear optical parametric amplifier (NOPA,
421 Spectra-Physics) pumped by an ultrafast amplifier (Spirit, Spectra-Physics). The excitation source
422 for 920-nm 2PM was a mode-locked Ti:Sapphire laser (Tsunami, Spectra-Physics). The two
423 excitation beams were launched into a custom-built microscope, described in our previous works
424 (Ouzounov et al., 2019, 2017). The 3PE wavelength was centered at 1320 nm and 2PE at 920 nm
425 for the optimal d' (Ouzounov et al., 2019). The two excitation beams were verified to have similar
426 spatial resolution well below the size of neurons or blood vessels such that their excitation
427 volumes are almost identical (Ouzounov et al., 2019).

428
429 Time-division multiplex (TDM) achieves nearly simultaneous 2PM and 3PM imaging by alternating
430 between spatially overlapped 920-nm and 1320-nm laser beams on a microsecond time scale. 2PE
431 and 3PE fluorescence signals were separated according to the recorded laser clock. More details
432 about the setup can be found in (Ouzounov et al., 2017). The calcium activities were recorded
433 with a 13.6 Hz frame rate. The excitation power for 3PM and 2PM were adjusted to yield similar
434 photon count per frame to yield about the same noise level, and the FOV was reduced to increase
435 the laser dwell time on neuron bodies.

436

437 **Photon Counting Schemes**

438 The microscope was first tested for shot-noise limited performance by photon counting the signal
439 generated by stationary 1320-nm or 920-nm beam focused in fluorescein solution ($\sim 40 \mu\text{M}$ and
440 $\text{pH}=10$). The laser power was chosen ($\sim 0.3 \text{ mW}$ for both wavelengths) to ensure the photon

441 counts per second is lower than 5% of the laser repetition rate of the NOPA, which limits the
442 photon stacking error to within 2.5% of the total counts. According to Poisson statistics, photon
443 stacking error causes a fraction of $1 - (1 - e^{-\lambda})/\lambda$ underestimation in photon counts, where λ is
444 the average count per second divided by the laser repetition rate. For Ti:Sapphire, the photon
445 stacking error is negligible since the typical photon counts are below 1% of its repetition rate
446 (80MHz). In this experiment, the PMT (Hamamatsu H7422-40) anode current was first amplified
447 with a 10MHz bandwidth pre-amplifier (C9999, Hamamatsu), and then counted by a photon
448 counter (SR400, Stanford Research). Shot-noise limited performance was confirmed for our
449 imaging system.

450

451 During imaging, the photon counts of neurons were obtained by converting pixel values to photon
452 counts according to a conversion factor. The calibration was done by parking a 920-nm or 1320-
453 nm focus in a fluorescein sample and then perform photon counting and imaging consecutively.
454 Linearity between pixel values and photon counts were tested by changing the laser power, and
455 the ratio between them was used as the conversion factor. In fact, recording analog value is a
456 better way to measure high photon counts, since there is no photon stacking error and the
457 voltage signal can simply be summed. The conversion factor was further confirmed by observing
458 the first mode in a pixel value histogram. The zeroth mode of a pixel histogram peaks at PMT
459 offset value, and the first mode is larger than that, representing pixels receiving exactly one
460 photon. Higher-order modes can also be observed, representing pixels receiving multiple photons.
461 For all simultaneous 2P and 3P imaging, the sampling frequency was 5 MHz, so that direct photon
462 counting based on images could also be performed, which showed consistent results in
463 comparison to analog recordings.

464 **Measurement of Excitation light Attenuation in the Brain Tissue Based on Fluorescence Signal**

465 The vasculature imaging was performed simultaneously with 2PM and 3PM using the TDM
466 scheme. The image stack was taken with 10 μm step size in depth, and the imaging power was
467 increased with imaging depth to keep the signal level approximately constant. The signal of each
468 frame was calculated as the average of the brightest 0.5% pixel values and then converted to
469 photon counts per excitation pulse according to the method described in the previous section.
470 The fraction of excitation power reaching the focus from the brain surface (Focus Power/Surface
471 Power) was calculated as the square (cubic) root of the ratio of the 2PE (3PE) signal at the imaging
472 depth and at the brain surface.

473

474 **Measurement of the Pulse Energy Required per 0.1 Photon Detection**

475 To have a fair comparison on the excitation efficiency of 920-nm 2PM and 1320-nm 3PM, we
476 controlled all the parameters regarding 2PE and except for the wavelength. For both wavelengths,
477 the axial resolution was made equal by adjusting the beam size at the back aperture of the
478 objective separately. The point spread functions of both wavelengths were also overlapped
479 laterally (by fine-tuning the 920-nm beam pointing direction) and axially (by changing the field
480 curvature of the 920-nm beam at the objective lens back aperture by slight adjustment of the
481 distance between the lenses of a 1:1 telescope). For both wavelengths, the pulse durations were
482 scaled to 60 fs (measured pulse durations were 60-70 fs in FWHM for 1320-nm, and 180-200 fs for
483 920-nm. All pulses were assumed to have sech^2 profile). Light absorption by the immersion water
484 was taken into account when calculating the pulse energy for 1320 nm on the brain surface. As we
485 show in Figure 3- figure supplement 1, it is important to distinguish the pulse energy on the brain
486 surface and after the objective lens for 1320 nm excitation.

487 Based on the fluorescence signals derived from simultaneous 2P and 3P imaging, Figure 1B was
488 plotted using the following equations (Xu and Webb, 1997):

$$S_{2P}/f = C_2(P/f)^2/\tau \quad (3)$$

$$S_{3P}/f = C_3(P/f)^3/\tau^2 \quad (4)$$

489
490 where S_{nP}/f is the n-photon-excited signal yield in the unit of detected photons/pulse, P is the
491 average power at the brain surface, f is the repetition rate, τ is the pulse duration, and C_n ($n=2$
492 and 3) are the coefficients to be determined. For vasculature imaging, S_{nP}/f is calculated as the
493 average of the brightest 0.5% pixel values per frame, converted to photon counts. For GCaMP6s-
494 labeled neurons, S_{nP}/f was calculated from the sum of time-averaged pixel values in cell bodies
495 (averaging time = 75 s, on 37 different cells in 5 animals). Given that P/f and τ are already
496 measured during the experiment, C_n can be solved. To produce Figure 1B, we plugged C_n into the
497 equations and set the signal yield (i.e., S_{nP}/f) to 0.1 photons per pulse, pulse duration to 60 fs,
498 and then solve for pulse energy P/f on the sample surface according to Equations 2 and 3.
499 To account for the EAL variation recorded from different animals in Figure 1B, we measured the
500 effective attenuation length (EAL) of the cortical layers of each animal by imaging fluorescein-
501 labeled blood vessels immediately after calcium imaging. The depths of neurons were rescaled by
502 dividing the measured EAL and then multiplying with the nominal EAL (i.e., 293 μm for 1320 nm
503 3PE and 154 μm for 920 nm, as measured by the vasculature data). The logarithm of the neuron
504 signal was plotted against depth, and then fitted with a linear model for the slope and intercept
505 (Figure 1B). The slope equals $\ln(10)/\text{EAL}$, and the intercept equals to the pulse energy required
506 to yield 0.1 detected photon per pulse on the sample surface (i.e., zero imaging depth).

507

508 **Measurement of Signal-to-background Ratio**

509 The signal of each frame was measured as the average of the brightest 0.1% pixel values. For
510 vasculature data, the background was measured as the average pixel values of regions
511 surrounding the blood vessels (i.e., not labeled). For GCaMP6 neural data, the background was
512 measured as the pixel value in the shadow of big blood vessels. The pixel values of cortical tissue
513 surrounding the neurons cannot be used as background since it contains densely labeled neuronal
514 processes except for area within the blood vessels. SBR was calculated as the signal divided by the
515 background.

516 **Quantification of Vasculature Volume Fraction and Staining Inhomogeneity**

517 The SBR limit of 2PM depends on the spatial inhomogeneity of staining (Theer and Denk, 2006).
518 We quantified the staining inhomogeneity of fluorescein-labeled vasculature in order to compare
519 the *in vivo* SBR measurement to the theory and *ex vivo* fluorescent beads measurement (Theer
520 and Denk, 2006). The volume fraction of the vasculature can be estimated by the fraction of the
521 stained blood vessel area in each xy image frame. Figure 2-figure supplement 1 shows the
522 fractional vascular area vs. imaging depth, derived from the same 3PM dataset, as in Figure 2B.
523 The segmentation of blood vessel regions was performed with *graythresh* function in MATLAB and
524 then inspected manually for correctness. We concluded that the labeled vascular volume accounts
525 for $2 \pm 1\%$ (mean \pm standard deviation) in the imaged column of the mouse cortex (\sim 2mm lateral
526 and 2mm caudal to the Bregma point, Figure 2B). Our result is in close agreement with other
527 studies quantifying the fractional vascular volume by imaging sliced brains *ex vivo* (\sim 2% for blood
528 vessels of 20 μ m or less diameter in the primary somatosensory cortex) (Wang et al., 2019; Xiong
529 et al., 2017). We noticed that most of the blood vessels in the imaged volume has a diameter of
530 less than 20 μ m, except for a few on the brain surface (Figure 2-figure supplement 1A). The blood

531 vessel density is lower in the white matter (~750-850 μm) than that in the cortex (Figure 2-figure
532 supplement 1B). The staining inhomogeneity is defined as $\chi = \hat{C}/\langle C \rangle$, where $C = C(x, y, z)$
533 denotes the spatial distribution of dye concentration in the entire imaged volume, \hat{C} is the
534 maximum concentration, and $\langle C \rangle$ is the average concentration (Theer and Denk, 2006). Staining
535 inhomogeneity can be estimated as $1/(\text{fractional vascular volume})$ with the assumption that all the
536 labeled blood vessels are equally bright ($C=1$ for all vasculature), and the rest of tissue is
537 completely unstained ($C=0$ for the rest). Our experiments show that 2PM reaches SBR of 1 at
538 about $4.7 l_e$, i.e., 730 μm with $l_e = 154 \mu\text{m}$ (Figure 2B). This result is in close agreement to the $4.7 l_e$
539 predicted by theoretical calculation with a staining inhomogeneity of 50 (Theer and Denk, 2006).

540

541 **Analysis of the Calcium Traces of Neurons**

542 Sample motion in the original images, if any, was corrected by TurboReg plug-in in ImageJ.
543 Regions of interest (ROIs) were generated by manual segmentation of neuron bodies. The pixel
544 values of ROIs were exported to MATLAB 2016b for further processing. All the pixels in the ROI
545 were summed and converted to photon counts. Spikes were inferred by thresholding the Poisson-
546 distribution-based likelihood function derived from each trace (Wilt et al., 2013). The
547 discrimination threshold was chosen to be $C = \ln((1-r)/r)$, where r is the estimated firing rate, which
548 was estimated for each individual trace as the fraction of the trace that is more than 1.5 standard
549 deviation above its mean. The baseline (F_0) was determined by averaging trace values, after
550 excluding the spikes and their rising and falling edges. For the processed traces in Figure 1C,
551 fluorescence intensity traces were low-pass filtered with a hamming window of a time constant of
552 0.37 s. Traces (F) were normalized according to the equation $(F - F_0)/F_0$.

553

554 **Measurement of $\Delta F/F$ ratio from Simultaneously Recorded 3PM and 2PM Calcium Traces**

555 Based on the low-pass-filtered and normalized calcium traces described in the section above, the
556 peaks of spikes were detected by finding local maxima that are larger than 30% $\Delta F/F$ in 3PM traces
557 and have corresponding spike peaks detectable in 2PM traces. To produce the plot of Figure 2D,
558 the ratios of 2PM and 3PM $\Delta F/F$, i.e., $(\Delta F/F)_{2P}/(\Delta F/F)_{3P}$, of the same calcium transients were taken,
559 and the depth of each neuron was normalized with the EAL of each animal.

560

561 **Monte Carlo Simulation of Light Propagation and Validation of Tissue Optical Parameters**

562 We used Monte Carlo simulation to calculate light propagation in the brain tissue, following the
563 algorithm described previously (Stujenske et al., 2015). Podgorski *et al.* adapted the same
564 numerical recipe to predict tissue temperature change during two-photon imaging, which agreed
565 well with experimental measurements at the wavelengths of 800 nm, 920 nm, and 1064 nm
566 (Podgorski and Ranganathan, 2016). In order to simulate for 1320 nm and 1280 nm excitation, we
567 measured and estimated brain optical parameters as follows: For excitation wavelength longer
568 than 1200 nm, water accounts for the majority of the light absorption in brain tissue *in vivo*
569 (Jacques, 2013). Therefore, tissue absorption coefficients μ_a was approximated with 75% of the
570 spectrum-weighted water absorption coefficient (defined in Section Measurement of Optical
571 Absorption by Immersion Water), and the 75% is based on the water content of brain tissue
572 (Jacques, 2013; Tschöp et al., 2013). Tissue scattering coefficients μ_s were then calculated from
573 our measured effective attenuation lengths according to $l_e = 1/(\mu_a + \mu_s)$, with $l_e = 150 \mu\text{m}$ at 920 nm,
574 and $300 \mu\text{m}$ at 1320 nm and 1280 nm. As cross-validation, the calculated scattering coefficient at
575 1320 nm is close to that measured by Gebhart *et al.* (i.e., 3.0 mm^{-1}) (Gebhart et al., 2006). We
576 assumed an anisotropy factor $g = 0.9$ and tissue refractive index $n = 1.36$ for 920 nm, 1280 nm,

577 and 1320 nm, since their variation in the wavelength range of interest is negligible. All the tissue
578 optical parameters are summarized in Table 2.

Table 2. Optical Parameters of Grey Matter.

Variable	Parameter	Wavelength	Value	Units
μ_a	absorption coefficient	920	0.039	1/mm
		1280	0.078	1/mm
		1320	0.12	1/mm
μ_s	scattering coefficient	920	6.7	1/mm
		1280	3.2	1/mm
		1320	3.2	1/mm
g	anisotropy coefficient	All	0.9	dimensionless
n	refractive index	All	1.36	dimensionless

579

580 To simulate underfilling of the objective back aperture, we initialized random photon distribution
581 incident to the brain surface according to the relations:

$$\begin{aligned}w &= w_0 \sqrt{-1/2 \ln(X)} \\ \theta &= \sin^{-1}(w/n_0 f) \\ r &= \tan(\theta) z\end{aligned}\tag{5}$$

582

583 where X is a random variable drawn from a uniform distribution from 0 to 1, w_0 is the $1/e^2$ beam
584 radius of the Gaussian beam at the objective back aperture, w is the radial distance to the
585 objective optical axis of a randomly generated photon conforming to the Gaussian beam profile
586 mentioned above, f is the objective focal length, n_0 is the refractive index of immersion water, z is
587 the imaging depth in the sample. r and θ define, respectively, the radial coordinate of photon
588 position and the polar angle of propagation direction, both with respect to the objective optical
589 axis (Figure 3- figure supplement 2). The objective (Olympus XLPLN25XWMP2, 25X, NA=1.05, f=7.2
590 mm) is under-filled, with 70% of its back aperture matched to the $1/e^2$ beam diameter of a

591 Gaussian beam, which gives an effective NA of ~ 0.75 (Theer and Denk, 2006). The geometry of
 592 the simulation volume and boundary conditions are shown in Figure 3- figure supplement 2.

593

594 Heat Diffusion Model with Bio-heat Equation

595 Using the light intensity as the heat source, we calculated the temperature distribution by solving
 596 numerically the bio-heat equation (6), identical to that used previously by Stujenske *et al.*

597 (Stujenske *et al.*, 2015):

$$\rho c \frac{\partial T(\vec{r}, t)}{\partial t} = k \nabla^2 T(\vec{r}, t) + \rho_b c_b w_b (T_A - T(\vec{r}, t)) + S_h(\vec{r}) + q_m \quad (6)$$

598 where $T(\vec{r}, t)$ is the spatial-temporal temperature distribution, $S_h(\vec{r})$ is the radiative heat
 599 generation from Monto Carlo simulation, and the rest of the parameters and their values are
 600 listed in Table 3, which are the same as in ref. (Stujenske *et al.*, 2015).

Table 3. Thermal and Mechanical Properties of Grey Matter (Stujenske *et al.*, 2015).

Variable	Parameter	Value	Units
ρ	density	1.04×10^{-3}	g/mm^3
c	Brain specific heat	3.65×10^3	$\text{mJ/g}^\circ\text{C}$
k	Thermal conductivity	0.527	$\text{mW/mm } ^\circ\text{C}$
ρ_b	Blood density	1.06×10^{-3}	g/mm^3
c_b	Blood specific heat	3.6×10^3	$\text{mJ/g}^\circ\text{C}$
w_b	Blood perfusion rate	8.5×10^{-3}	/s
q	Metabolic heat	9.5×10^{-3}	mW/mm^3
T_A	Arterial temperature	36.7	$^\circ\text{C}$

601

602 We calculated steady-state temperature distribution at various imaging depths (0-6 attenuation
 603 lengths) and average powers for 920 nm, 1320 nm, and 1280 nm. Figure 3- figure supplement 3
 604 shows the maximum tissue temperature as a function of the average input power on the brain

605 surface. The maximum temperature is evaluated as the average temperature in a volume of $\sim 10^7$
606 μm^3 (Figure 3- figure supplement 3), or equivalent to a cylinder of $\sim 120\text{-}\mu\text{m}$ radius and $\sim 210\text{-}\mu\text{m}$
607 height enclosing the hottest region of the tissue. The power at the brain surface is calculated from
608 the power immediately after the objective lens by taking account of the absorption by immersion
609 water.

610

611 **Immunohistology for Assessing Thermal Damage Induced by 1320nm Illumination**

612 The experiment was performed 3 weeks after the window implantation. Anesthetized (2%
613 isoflurane mixed with oxygen) mice were exposed to continuous scanning for 20 min at a 2-Hz
614 frame rate and $230\ \mu\text{m} \times 230\ \mu\text{m}$ FOV, similar to 3PM of neural activity at 1320-nm. After 18
615 hours, mice were perfused with 4% paraformaldehyde, and post fixed in the same solution for 24
616 hours, followed by sucrose solutions immersion (10%, 20%, and 30% incrementally). Scanned
617 brain regions were coronally sectioned into $200\ \mu\text{m}$ sections and blocked at room temperature.
618 Alternating slices were incubated at $4\ ^\circ\text{C}$ overnight, with primary antibodies for heat shock protein
619 (HSP70/72), glial fibrillary acidic protein (GFAP), and Iba1. Primary antibodies used were mouse
620 monoclonal anti-HSP70/72 (C92F3A-5) (ADI-SPA-810-F, Enzo, 1: 400 dilution), mouse anti-GFAP
621 (G3893, Sigma-Aldrich, 1:760 dilution), and mouse anti-Iba1 (SAB2702364, Sigma-Aldrich, 1:
622 1000). Slices were washed and incubated with secondary antibody conjugated to Alexa Fluor 546
623 (A11003, ThermoFisher, 1:500 dilution) at $4\ ^\circ\text{C}$ overnight, washed again, and mounted in
624 VECTASHIELD antifade medium for confocal imaging. Images were analyzed with ImageJ. The
625 intensity (I_0) was determined by the average intensity in the region of interest $\sim 1\ \text{mm}$ wide
626 centered around the illuminated site covering the entire thickness of the neocortex, and the
627 baseline (I_0) was determined in the mirror position in the contralateral hemisphere. The level of

628 tissue response was quantified as the fractional change of immunolabeling intensity relative to the
629 region of contralateral hemisphere: $(I - I_0)/I_0$. The procedures described here follows closely the
630 previous studies on assessing thermal damage caused by 2-photon imaging of mouse brain
631 (Podgorski and Ranganathan, 2016).

632 **Calculation of the Pulse Energy for Fluorophore Saturation under Three-photon Excitation**

633 At high excitation intensity, the excitation probability per pulse per fluorophore can be so high
634 that some fluorophores will not decay to the ground state before the arrival of the next excitation
635 pulse (Xu and Webb, 1997). The excitation probability per pulse for a fluorescent molecule at the
636 center of the focus is calculated as (Xu and Webb, 1997):

$$Pr = 1 - \exp \left[-\frac{g_p^{(3)}}{\tau^2} \sigma_3 \left(\frac{NA^2 \pi}{\lambda_{3P}^2} \right)^3 \left(\frac{P_{3P}}{f} \right)^3 \right] \quad (7)$$

637 Where the definition and values of all the parameters remain the same as in the previous section.

638 Using GCaMP6s 3PE cross section of $3 \times 10^{-82} \text{ cm}^6 \text{ s}^2$, the pulse energy (i.e., $\frac{P_{3P}}{f} \cdot \frac{hc}{\lambda_{3P}}$) required for
639 10% and 63% excitation probability per pulse is 2 nJ and 4.3 nJ, respectively. We note that these
640 pulse energies are much smaller (by $\sim 2\pi$) than those given by Yildirim *et al.* (Yildirim et al., 2019).
641 This factor of 2π error in ref. (Yildirim et al., 2019) is probably due to a typo (the Planck's constant
642 h and \hbar) since the correct equation for 2PE saturation intensity was given by the same authors in
643 earlier work (So et al., 2000).

644

645 **Animal Procedures**

646 Chronic craniotomy was performed on mice according to the procedures described in (Ouzounov
647 et al., 2017). Windows of 5-mm diameter were centered at ~ 2.5 mm lateral and ~ 2 mm caudal

648 from the bregma point over the somatosensory cortex. Vasculature imaging was performed on
649 wild-type mice (8-15 weeks, male, C57BL/6J, The Jackson Laboratory) with retro-orbital injection
650 of fluorescein dextran conjugate (10 kDa, 25 mg dissolved in 200 μ l saline). Calcium imaging was
651 performed on five different transgenic animals with GCaMP6s-labeled neurons (3 males and 2
652 females, 11-17 weeks, CamKII-tTA/tetO-GCaMP6s). The spontaneous calcium activity imaging was
653 performed on awake or lightly anesthetized (0.5-1% isoflurane mixed with oxygen) animals.
654 Thermal damage experiments were performed on wild-type mice (3 to 4 mice for each depth and
655 power combination, for a total of 23 mice, 8-30 weeks, male, C57BL/6J, The Jackson Laboratory).
656 All animal experimentation and housing procedures were conducted in accordance with Cornell
657 University Institutional Animal Care and Use Committee guidance.

658

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665

666 **Competing interests**

667 The authors declare no conflict of interests.

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803

804 **Appendix 1**

805 **Estimation of the Cross-over Depth Based on Fluorophore Cross Section**

806 The number of signal photons generated per excitation pulse at the focus can be calculated
 807 according to equations (8) and (9), for 2PE and 3PE in a Gaussian beam focus respectively (Xu and
 808 Webb, 1997):

$$2\text{PE signal photons per pulse} = \frac{S_{2P}}{f} = \frac{1}{2} \frac{g_p^{(2)}}{\tau} \phi C(\eta\sigma_2) n_0 \frac{\pi}{\lambda_{2P}} \left(\frac{P_{2P}}{f}\right)^2 \quad (8)$$

$$3\text{PE signal photons per pulse} = \frac{S_{3P}}{f} = \frac{1}{3} \frac{g_p^{(3)}}{\tau^2} \phi C(\eta\sigma_3) n_0 \frac{2\pi^2}{3\lambda_{3P}^3} \text{NA}^2 \left(\frac{P_{3P}}{f}\right)^3 \quad (9)$$

809 where $g_p^{(n)}$ is the n th-order temporal coherence factor (we assume a Gaussian temporal profile of
 810 the pulse); τ is the laser pulse width; ϕ is the system collection efficiency; C is the concentration of
 811 the fluorophore; $\eta\sigma_n$ is the n -photon action cross section; n_0 is the refractive index of the medium;
 812 λ is the excitation wavelength in vacuum; NA is the numerical aperture defined by $1/e^2$ beam
 813 diameter at the objective back aperture; P_{2P} and P_{3P} are, respectively, the average power at the
 814 focus for 2PE and 3PE in the unit of photons/s, and f the repetition rate.

815

816 At a typical signal yield for three-photon imaging at 0.1 photons detected per excitation pulse (i.e.

817 $S_{3P}/f = 0.1$), the required pulse energy at the focus (i.e. $\frac{P_{3P}}{f} \cdot \frac{hc}{\lambda_{3P}}$) has been measured to be ~ 2 nJ.

818 For the 2PE signal yield to be the same as 3PE (i.e. $S_{2P}/f = 0.1$), the 2PE pulse energy at the focus

819 can be derived from equations (8) and (9):

$$\frac{P_{2P}}{f} = \sqrt{\frac{4\pi}{9} \frac{1}{\tau} \frac{g_p^{(3)}}{g_p^{(2)}} \frac{\sigma_3}{\sigma_2} \frac{\lambda_{2P}}{\lambda_{3P}^3} \text{NA}^2 \left(\frac{P_{3P}}{f}\right)^3} \quad (10)$$

820 For estimation, we use $10^{-49} \text{ cm}^4 \text{ s/photons}$ and $10^{-82} \text{ cm}^6 \text{ (s/photons)}^2$ for 2PE and 3PE action
 821 cross sections, respectively, based on the typical values of fluorescent dyes and calcium indicators
 822 (Cheng et al., 2014; Macklin and Harris, 2016a, 2016b). Evaluating equation (10) with all the
 823 parameter values listed in Table S1, 2PE pulse energy (i.e. $\frac{P_{2P}}{f} \cdot \frac{hc}{\lambda_{2P}}$) is solved to be 0.2 nJ. In other
 824 words, the ratio of 3PE to 2PE pulse energy resulting in 0.1 photons detected per excitation pulse
 825 is $2 \text{ nJ}/0.2 \text{ nJ} = 10$ times, close to the 8x measured with GCaMP6s (Figure 1B). The ratio measured
 826 with fluorescein is higher (15x) because fluorescein 3PE cross section at $\sim 1320 \text{ nm}$ is noticeably
 827 smaller than $10^{-82} \text{ cm}^6 \text{ (s/photons)}^2$ and 1320 nm is likely not the peak 3PE wavelength for
 828 fluorescein (Macklin and Harris, 2016b).

829 **Table S1. Two- and three-photon Excitation Parameters.**

	Objective Lens Focal Length (mm)	$1/e^2$ Beam Diameter at the Back Aperture (mm)	Effective NA	Pulse Duration τ (fs)	$g_p^{(n)}$
920 nm 2PE	7.2	11	0.75	60	0.66
1320 nm 3PE	7.2	11	0.75	60	0.51

830
 831 The cross-over depth is defined as the imaging depth where an equal amount of signal per pulse is
 832 generated using the same pulse energy at the brain surface for 1320-nm 3PE and 920-nm 2PE.
 833 Based on the ratio of 3PE to 2PE pulse energy and the EALs at 1320 nm and 920 nm, the cross-
 834 over depth can be readily calculated by solving for z in equation (11):

$$\frac{\text{3PE pulse energy at the focus}}{\text{2PE pulse energy at the focus}} = \frac{\text{surface 3PE pulse energy} \times \exp[-z/l_e(1320\text{nm})]}{\text{surface 2PE pulse energy} \times \exp[-z/l_e(920\text{nm})]} \quad (11)$$

835 For example, with l_e (1320nm) = 293 μm , and l_e (920nm) = 154 μm (Figure 1B), and the pulse
836 energy ratio of 8 for GCaMP6s, the cross-over depth z is solved to be 675 μm . If the pulse energy
837 ratio of 15 for fluorescein is used, the cross-over happens at 880 μm .

838

839 The ratio of 3PE to 2PE pulse energy can also be used to calculate the 3PE cross section based on
840 the known 2PE cross section of the same fluorescent molecule. From Eq. (12), the ratio of 3PE to
841 2PE cross section can be expressed as:

$$\frac{\sigma_3}{\sigma_2} = \frac{9}{4\pi} \tau \frac{g_p^{(2)}}{g_p^{(3)}} \frac{(\lambda_{3P})^3}{\lambda_{2P}} \frac{1}{\text{NA}^2} \left(\frac{P_{2P}}{P_{3P}}\right)^2 \left(\frac{P_{3P}}{f}\right)^{-1} \quad (12)$$

842 Eq. (12) shows the advantage of such a ratiometric measurement since there is no need to
843 estimate the intracellular dye concentration C or system collection efficiency ϕ . Given the
844 measured 2PE action cross section of GCaMP6s around 920 nm ($\sim 2 \times 10^{-49}$ cm^4s with saturated
845 Ca^{2+}) (Dana et al., 2016), 3PE action cross section of GCaMP6s at 1320 nm is estimated to be
846 $\sim 3 \times 10^{-82}$ cm^6s^2 . This result is close to the 3PE action cross section of GCaMP6f measured in an
847 independent study (1.9×10^{-82} cm^6s^2 with saturated Ca^{2+}) (Macklin and Harris, 2016b).