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| 4  | ASSESSMENT OF ANESTHESIA ON PHYSIOLOGICAL STABILITY AND BOLD SIGNAL RELIABILITY   |
| 5  | DURING VISUAL OR ACOUSTIC STIMULATION IN THE CAT  |
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# 29 Abstract:

Background: Neuroimaging methods including fMRI provide powerful tools to observe whole-30 31 brain functional networks. This is particularly powerful in animal models, allowing these networks to be probed using complementary methods. However, most animals must be 32 33 anesthetized for neuroimaging, giving rise to complications resulting from anesthetic effects on 34 the animal's physiological and neurological functions. For example, an established protocol for feline neuroimaging involves co-administration of ketamine and isoflurane – the latter of which 35 36 is known to suppress cortical function. 37 New Method: Here, we compare this established protocol to alfaxalone, a single-agent 38 anesthetic for functional neuroimaging. We first compare the two in a controlled environment 39 40 to assess relative safety and to measure physiological stability over an extended time window. We then compare patterns of auditory and visually-evoked activity measured at 7T to assess 41

42 mean signal strength and between-subjects signal variability.

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44 <u>Results in Comparison with Existing Methods:</u> We show that alfaxalone results in more stable 45 respiratory rates over the 120 minutes testing period, with evidence of smaller between 46 measurements variability within this time window, when compared to ketamine plus 47 isoflurane. Moreover, we demonstrate that both agents evoke similar mean BOLD signals 48 across animals, but that alfaxalone elicits more consistent BOLD activity in response to sound 49 stimuli across all ROIs observed.

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<u>Conclusions:</u> Alfaxalone is observed to be more physiologically stable, evoking a more
 consistent BOLD signal across animals than the co-administration of ketamine and isoflurane.
 Thus, an alfaxalone-based protocol may represent a better approach for neuroimaging in
 animal models requiring anesthesia.

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56 Keywords: anesthesia, fMRI, physiological stability, animal models, stimulus-evoked, BOLD

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# 58 1. Introduction

Experiments in animal models continue to be critical for understanding the structure 59 60 and function of the brain. For decades, cats have been successfully used as an animal model to study sensory systems, largely due to the remarkable similarities that they share with human 61 62 cell types, neural pathways, and cytoarchitecture (Blake, 1979). Electrophysiological (Hubel and 63 Wiesel, 1962; Liu et al., 2010), neuroanatomical (Lomber et al., 1995; Wong et al., 2015; Butler et al., 2016), behavioral (Heffner and Heffner, 1988; Wong et al., 2018), and imaging studies 64 (Brown et al., 2014; Butler et al., 2015; Stolzberg et al., 2018) undertaken in the cat have played 65 66 a critical role in advancing our knowledge of neural processing within visual and auditory systems, and the interactions between the two. 67

68 Recently, there has been increased interest in non-invasive neuroimaging methods like 69 functional magnetic resonance imaging (fMRI) for the study of sensory system function in 70 animal models. This approach offers several advantages, including the ability to examine perception at the whole-brain level, and the ability to undertake longitudinal, within-animal 71 studies of sensory system development (which in turn aids in reducing the number of animals 72 required to power meaningful comparisons). This offers a distinct advantage over other 73 methods such as electrophysiological studies, which are highly invasive and are limited in their 74 capacity to evaluate processes occurring over spatially disparate neural networks. fMRI 75 76 measures changes in the ratio of oxygenated to deoxygenated blood, or blood-oxygen-level-77 dependent (BOLD) signals (Ogawa et al., 1990). An increase in this BOLD signal is thought to reflect increased neuronal activity compared to a baseline measurement (Buxton and Frank, 78 1997; Logothetis et al., 2001; Ferris et al., 2006). Moreover, by measuring the temporal 79 coherence of the BOLD signal across spatially disparate areas of the brain, it is possible to 80 estimate the degree to which these areas are functionally connected into networks that 81 support perception and associated behaviors. 82

Modern fMRI scanners can provide spatial resolution with 1 mm precision, but the accuracy of these measures depends critically on minimizing subject movement within the scanner. While most human participants can be instructed to remain still during imaging sessions, this is not possible in most other animals, and meaningful measurements must thus

be taken under anesthesia. Anesthetic agents help minimize potential stress and fluctuations in 87 behavior that can affect the quality of data retrieved. However, the use of anesthetics during 88 89 fMRI necessitates due consideration be given to the effects of the drugs themselves (Ueki et al., 90 1992; Biermann et al., 2012), as these agents can influence neurovasculature by changing cerebral blood flow, blood volume, and rate of oxygen metabolism (Gao et al., 2017), and can 91 92 suppress neuronal activity by reducing excitatory synaptic transmission or increasing inhibitory 93 transmission (Richards, 1983). Further complications may include physiological variability based on the drug type, concentration, and route of administration (Peng et al., 2010; Nagore et al., 94 95 2013; Aksenov et al., 2015; Ros et al., 2017). Therefore, there is a need to establish a robust and reliable anesthetic protocol that will facilitate bridging the gap between animal and human 96 97 neuronal organization and function.

98 Fortunately, decades of electrophysiological work in the cat has revealed a great deal about the effects of different anesthetic agents on recorded neural function. A common 99 protocol involves the continuous infusion of ketamine alongside other agents such as sodium 100 101 pentobarbital, xylazine, or diazepam to induce and maintain anesthesia (e.g. Heil and Irvine, 1998; Miller et al., 2002; Pienkowski and Eggermont, 2009). This protocol has evolved over 102 103 time; for example, early studies found that ketamine infusion reduces spontaneous and peak 104 firing rates in auditory cortex (Zurita et al., 1994), possibly due to altered sensory perception and reduced cortical glucose metabolism (Crosby et al., 1982; Oye et al., 1992). To reduce the 105 106 amount of ketamine required for anesthesia (and reduce these suppressive effects, 107 accordingly), Jezzard et al. (1997) proposed to pre-medicate with ketamine but maintain 108 sedation with isoflurane (1-2%, gas). However, other studies showed that isoflurane redirected cerebral blood flow, and reduced neural activity recorded in various visual brain regions by up 109 to 50% (Harel et al., 2002; Olman et al., 2003; White & Alkire, 2002). Isoflurane has recently 110 been shown to suppress resting-state connectivity in the primary somatosensory cortex of non-111 human primates as well (Wu et al., 2016). Therefore, when establishing the protocol for initial 112 fMRI experiments in the cat, Brown et al. (2013) reduced isoflurane concentrations to the 113 minimum level required to maintain sedation (0.4-0.5%) and supplemented with a continuous 114 115 rate infusion of ketamine (0.6-0.75 mg/kg/hr). Under this protocol, the authors were able to

record BOLD signal changes up to 6% in some but not all auditory regions. The protocol was
used in subsequent auditory-evoked studies (Hall et al., 2014; Butler et al., 2015) and in an
examination of resting-state connectivity using fMRI (Stolzberg et al., 2018).

119 In spite of successive revisions, the combination of isoflurane and ketamine is known to 120 result in widespread cortical deactivation in other animals (e.g. Hodkinson et al., 2012). 121 Moreover, these effects appear to differ by brain region/sensory modality such that the coadministration of ketamine and isoflurane may limit the ability to study sensory processes 122 123 beyond audition (Oye et al., 1992; Ries & Puil, 1999; Hoflich et al., 2017). Thus, there remains a 124 need to develop an anesthetic protocol that can induce and maintain a light anesthetic plane sufficient to suppress movement, without drastic reductions in cortical activity across multiple 125 brain regions. 126

127 Several potential agents were considered in the current study with important limitations 128 in mind. In addition to the complications related to isoflurane described above, ketamine is known to be a dissociative agent, disrupting the central nervous system and causing a cataleptic 129 130 state with dose-dependent hallucinations; thus, some protocols in routine use (e.g. ketamine plus diazepam/midazolam/xylazine) were deemed suboptimal for sensory-evoked 131 neuroimaging. Moreover, a single-agent approach was considered practical in order to avoid 132 complications inherent to maintaining a stable level of anesthesia during dynamic and complex 133 drug interactions (an assumption critical to interpreting neuroimaging data averaged over 134 135 extended time periods). In addition, many agents were excluded because their mechanism of action was deemed not conducive for measuring BOLD signals (Table 1). Others were 136 137 eliminated in consultation with veterinary care staff due to concerns with respect to physiological effects. As a result, alfaxalone was considered to be the strongest candidate 138 protocol to serve as an alternative to the coadministration of ketamine and isoflurane as a 139 primary anesthetic agent for fMRI. Alfaxalone: i) has dose-dependent effects on 140 cardiovasculature, respiration, neuronal activity, and neuromusculature (Warne et al., 2015; 141 142 Whittem et al., 2008; Muir et al., 2009; Taboada and Murison, 2010; Baldy-Moulinier et al., 1975) which may allow for more predictable changes in BOLD response; ii) has been found to 143 sufficiently maintain a stable level of anesthesia for up to 2-hours as a stand-alone agent 144

- 145 (Tamura et al., 2015; Deutsch et al., 2017) which in our experience is the typical amount of time
- required for neuroimaging in cats; and iii) has been successfully administered intravenously to
- 147 maintain anesthesia in cats during surgical procedures in our own laboratory, and by others
- 148 (Beths et al., 2014; Nagakubo et al., 2017) with minimal physiological side effects.
- **Table 1.** Studies examining cardiovascular, respiratory, and neural effects of anesthetic agents.

| Anesthetic      | Primary Mechanism            | First Author and    | Reason for Exclusion              |
|-----------------|------------------------------|---------------------|-----------------------------------|
|                 |                              | Year                |                                   |
| Pentobarbital   | GABA <sub>A</sub> Agonist    | Kaitin (1985)       | Suppressed cortical activity      |
|                 |                              | Morin-Surun et al.  | Inhibition of respiratory neurons |
|                 |                              | (1984)              |                                   |
| Propofol        | GABA <sub>A</sub> Agonist    | Lahti et al. (1999) | Decreased BOLD signal intensity   |
|                 |                              | Bonhomme et al.     | Reduced cerebral blood flow       |
|                 |                              | (2000)              |                                   |
|                 |                              | Dueck et al. (2005) | Decreased BOLD signal intensity   |
| Butorphanol     | Opioid (κ-type)              | Paddleford (1999)   | Long-acting (up to 4-hours)       |
| Fentanyl        | Opioid (µ-type)              | Peng et al. (2010)  | Suppressed cortical activity      |
|                 |                              | Freeman et al.      | Reduced cortical blood flow       |
|                 |                              | (1967)              |                                   |
| Dexmedetomidine | Adrenergic (α <sub>2</sub> ) | Fukuda et al., 2013 | Reduced cerebral blood flow       |
|                 | Agonist                      |                     |                                   |

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151 Here, we compare an alfaxalone (Alf) protocol with a previously established protocol consisting of a combination of isoflurane and ketamine (Iso+Ket), providing detailed measures 152 of physiological stability as well as evoked activity in cats during fMRI. The investigation is 153 154 separated into two parts; in the first study, we evaluate the physiological stability of each 155 protocol in an operating suite. A light anesthetic plane was maintained for a minimum of 2hours while cats were exposed to mock scanner noises at 90 dB and vital signs (heart rate, 156 respiratory rate, end-tidal  $CO_2$ , blood pressure, etc.) were recorded. In the second study, both 157 158 protocols were employed in the scanner while BOLD signal changes were recorded in response to visual and auditory stimuli. This study is the first to evaluate different anesthetic protocols in

160 cats by directly comparing BOLD signal responses. Quantification of these signals will provide

161 insight into the contribution of different anesthetics on neural activity, and potentially offer an

alternative option to the combination of isoflurane and ketamine.

# 163 **2. Methods**

# 164 2.1 Animals

165 Two healthy adult domestic short-hair cats were used in study one, and a total of 12 166 cats were compared in the second study. Animals were born to pregnant queens obtained from 167 a commercial laboratory animal breeding facility (Liberty Labs, Waverly, NY), and were housed 168 as a clowder. Normal hearing status was confirmed at approximately 3 months of age using 169 auditory brainstem responses. All procedures were conducted in accordance with the Canadian 170 Council on Animal Care's Guide to the Care and Use of Experimental Animals and were 171 approved by the University of Western Ontario Animal Use Subcommittee of the University Council on Animal Care. 172

173 2.2 Study 1: Physiological Stability during Anesthesia

# 174 2.2.1 Anesthesia

175 The first study was conducted in a surgical suite in order to evaluate the safety and 176 stability of the selected protocols. In the Alf protocol, the animal was first pre-medicated with dexdomitor (0.04 mg/kg, i.m.) prior to catheter placement. Sedation was confirmed after 10 177 178 minutes by the absence of a paw-pinch reflex. Ophthalmic ointment was applied to prevent 179 drying of the eyes, body temperature was maintained at 37°C using a circulating warm water 180 pad, and an indwelling 22g catheter was placed in the cephalic vein to facilitate maintenance of anesthesia. A bolus dose of alfaxalone (0.3-0.5 ml, i.v.) was administered to achieve deeper 181 anesthesia and the animal's larynx was sprayed with xylocaine prior to intubation. The animal 182 was placed in a sternal position on the surgical table, and anesthesia was maintained through 183 continuous infusion of alfaxalone (7 mg/kg/hr, i.v.), while 100% oxygen was provided at a rate 184 of 1.0L/min. Finally, a bolus dose of atipamezole (0.27 ml, i.m.) was administered to reverse any 185 186 residual effects of the dexdomitor.

187 For the Iso+Ket protocol, animals were pre-medicated with a combination of dexdomitor (0.022 mg/kg, i.m.), ketamine (4 mg/kg, i.m.), and acepromazine (0.05 mg/kg, i.m.). 188 189 Sedation was confirmed, the animal's core temperature was maintained, ophthalmic ointment 190 was applied, and a catheter was placed for anesthetic maintenance as above. The animal was placed in a sternal position on the surgical table, and a continuous infusion of ketamine (5 191 192 ml/kg/hr, i.v.), combined with gaseous isoflurane (0.5% in oxygen provided at a rate of 1.0L/min) was used to maintain anesthesia. The reversal of dexdomitor was not necessary in 193 this protocol as premed volume was lower and consequently would not be expected to have 194 195 effects lasting into the experimental period. Approximately 60 minutes into the session, the rate of ketamine infusion was increased to 6.25 ml/kg/hr (i.v.) and isoflurane was reduced to 196 197 0.25% in order to mimic the protocol developed previously for imaging, in which these changes 198 are required prior to functional image acquisition to optimize BOLD signal.

199 At the end of each session, anesthesia was discontinued, and animals were monitored until they recovered fully from anesthetic effects. Animals anesthetized with alfaxalone 200 201 received a bolus dose of butorphanol (0.2 mg/kg, s.c.; opioid analgesic) to counteract hyperkinesia, a side-effect commonly observed during post-anesthetic recovery from prolonged 202 203 IV administration of alfaxalone in cats (Whittem et al., 2008). The intubation tube was removed 204 when the animal exhibited a gag reflex and increased jaw tone, and following recovery, the 205 indwelling catheter was removed and the animal was returned to their clowder. Each agent was tested twice in each animal for a total of 4 sessions per agent. 206

# 207 2.2.2 Data Recording

208 To mimic conditions in the scanner, the animal was presented with previously recorded 209 scanner noise through foam insert earbuds (Sensimetric S14) at 90 dB SPL for the duration of 210 experimental sessions. Each agent's ability to induce anesthesia, maintain a lightly sedated state for 2-hours, and to allow for uneventful recovery was noted. Anesthetic and physiological 211 212 stability was evaluated by monitoring and recording parameters including autonomic reflexes (e.g. paw-pinch, gag, palpebral) and vital signs (e.g. heart rate, end-tidal CO<sub>2</sub>, respiratory rate, 213 214 peripheral capillary oxygen saturation, blood pressure, and mean arterial pressure) in 5-minute 215 intervals.

216

#### 217 2.3 Study 2: fMRI

The second study sought to compare the auditory- and visually- evoked BOLD signals recorded while animals were anesthetized with each candidate agent. A group of 6 cats were scanned while anesthetized with alfaxalone, and results were compared to a group of 6 sexand age-matched animals scanned previously using the exact same equipment and experimental procedure.

# 223 2.3.1 Animal Preparation and Anesthesia

For both the Iso+Ket and Alf protocols, anesthesia was induced and maintained as 224 described for Study 1 above. Once anesthetized, the animal was placed in a sternal position 225 within a custom-built Plexiglass sled. Phenylephrine hydrochloride and atropine sulfate 226 ophthalmic solutions were applied to both eyes to dilate the pupils and retract the nictitating 227 228 membranes. Lubricated contact lenses were placed in both eyes (a blackout lens in the left eye, 229 and a clear lens in the right eye). This permitted visual stimuli to be brought into focus on the retina and have visual signals preferentially sent to the left hemisphere. MRI-compatible foam 230 insert earphones (Sensitmetrics S14) were inserted in each ear to allow for the presentation of 231 auditory stimuli, and the animal's head was stabilized within a custom 8-channel radio-232 233 frequency (RF) coil. Vital signs (heart rate, respiratory rate, end-tidal CO<sub>2</sub>, inspiratory CO<sub>2</sub>, percent oxygen saturation, systolic/diastolic and mean blood pressure, and rectal body 234 235 temperature) were monitored throughout the scanning session. At the conclusion of the 236 imaging session, anesthesia was discontinued and animals were recovered as outlined in Study 237 1 above.

#### 238 *2.3.2 Stimuli*

Visual stimuli were generated with PsychoPy (Peirce, 2007; 2009) and presented
through a Dell laptop to an Avotec SV-6011 Rear Projector. From their sternal position within
the bore of the magnet, the animals eyes were located approximately 75 cm from an acrylic
screen (H = 14.5 cm, W = 19cm), which was viewed through a custom-built mirrored periscope.
The stimulus extended 14.5 visual degrees horizontally and 11 degrees vertically and consisted
of a black and white flickering checkerboard (8 ring-segments of 16 wedges) on a grey
background (100% luminance contrast, 50% luminance background), counter-phase flickering at

5Hz. The stimulus was arranged in a simple ON/OFF block design, where the OFF block
consisted of a blank grey screen, each block lasting 30s. The animal's gaze was assessed visually
through the scanner bore before the acrylic screen was placed at the end of the bore.

Auditory stimuli were generated using Audacity<sup>®</sup> recording and editing software 249 (Audacity Team, 2019), and consisted of a 30s stimulus consisting of 400ms broadband noises 250 251 separated by 100ms silent gaps. This stimulus was arranged in an ON/OFF block design, where the OFF block consisted of a 30s period of silence. Sounds were presented diotically from a Dell 252 253 laptop through an external Roland Corporation soundcard (24-bit/96 kHz; Model UA- 25EX), a 254 PylePro power amplifier (Model PCAU11), and Sensimetrics MRI-compatible ear inserts (Model S14). All stimuli were calibrated to 80-90 dB SPL using an ear simulator (Bruel & Kjaer, Model # 255 4157). 256

#### 257 2.3.3 Scanning Parameters

258 Data were collected using an ultra-high-field 7T Siemens MRI human head-only scanner 259 located at the Centre for Functional and Metabolic Mapping at the Robarts Research Institute 260 operating at a 350 mT/m/s slew rate. An automated 3D mapping procedure (Klassen & Menon, 261 2004) was used to optimize the magnetic field (B<sub>0</sub> shimming) over the specific volume of 262 interest.

263 High-resolution structural T1-weighted MP2RAGE images were acquired prior to 264 functional scanning with the following parameters: isotropic voxel size of 0.5mm<sup>3</sup>, 80 slices, 265 FoV=96mm, TE=3.95ms, TR= 6000ms, TI =800ms, and a flip angle of 4. Functional images were 266 acquired over the whole brain in axial orientation with a single shot echo-planar imaging (EPI) 267 acquisition with grappa acceleration and the following parameters: isotropic voxels 1mm<sup>3</sup>, 38 268 slices (interleaved), FoV=72mm, TE=22.0ms, TR= 2000ms and a flip angle of 60 degrees. Each 269 functional scan (visual- and auditory-evoked) lasted six minutes, and consisted of alternating 30 second blocks of stimulus and baseline conditions. 270

#### 271 2.3.4 Image Analysis

T1-weighted structural images were processed with a combined approach of automated and manual processing. The structural images were skull-stripped with use of MRIcron (NITRC;

274 Rorden & Brett, 2000) and FSLmath functions (FMRIB's toolbox, Oxford, UK; Smith et al., 2004,
275 http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/).

First-level statistical analysis of each animal's functional data was carried out using FEAT processing in FSL (Woolrich et al., 2001). The functional images were skull stripped using FSL's Brain Extraction Tool (BET). Preprocessing began with the removal of the first 2 volumes (4s) of the scan to allow for the scanner magnetic field to stabilize and reach magnetic saturation.

The following were also applied: motion correction (MCFLIRT; though the movement is nearly non-existent during these procedures), spatial smoothing (Gaussian, FWHM, 2mm) and a temporal high-pass filter cut off (0.01Hz/60s). First-level general linear model analysis (FILM) was then carried out, where regressors for each condition-block were convolved with a gamma hemodynamic response function (phase = 0, standard deviation = 3s, mean lag = 6s; the BOLD signal time course in cats has been shown to closely resemble that observed in humans and non-human primates [Brown et al., 2013]).

Each individual EPI sequence underwent time series pre-whitening (Smith et al., 2004), 287 288 allowing us to carry through contrasts for higher-level analysis to test for group effects; 289 individual animal GLM results were co-registered to the coordinate space of the high-resolution 290 structural image for each participant using FMRIBs Linear Image Registration Tool (FLIRT; Jenkinson et al., 2002). Further analysis compared differences in average BOLD signal change 291 292 under each anesthetic agent across all voxels within a given region of interest. Visual ROIs included primary visual cortical areas 17, 18 and 19, as well as the lateral geniculate nuclei 293 (LGN) of the thalamus. Auditory ROIs included primary (A1) and second (A2) auditory cortex 294 295 and the medial geniculate nuclei (MGN) of the thalamus.

296 Mean BOLD signal changes (relative to baseline) evoked by visual and auditory stimuli 297 were extracted for each ROI of each animal, using FEATquery (FMRIB toolbox in FSL). To carry 298 this out, FEATquery takes each participant's high-resolution structural scan and co-registers it 299 to the feline template space (CATLAS, Stolzberg et al., 2017) using FLIRT multi-registration, in 300 which all the predefined functional ROIs are defined (Fig. 1).



301

Figure 1. Visual and auditory regions of interest (ROIs) used in analysis displayed in
 feline template space (CATLAS; Stolzberg et al., 2017). Visual ROIs (LGN, 17/18/19)
 contralateral to the open eye were isolated for analysis.

- 305
- 306 **3. Results**
- 307 3.1 Study 1 Physiology

Two animals were observed two times under each anesthetic protocol in the operating 308 309 suite to evaluate the stability of heart and respiratory rates across anesthetics. These physiological measures are commonly volked; in practice, respiratory rate is used as an 310 311 indicator of anesthetic depth where high rates are more representative of an awake state (Myles, 2007). The data from the present evaluation, averaged across animals and runs for each 312 anesthetic agent tested, are presented in Figure 2A. To examine the variability in heart and 313 respiratory within a test session, the change in each measure between successive timepoints 314 (i.e. the change in heart/respiratory rate across each 5-minute interval; values presented in 315 Figure 2B) was calculated, and a Wilcoxon rank-sum test with continuity correction was 316 317 conducted. On this time scale, changes in heart rate were not different across anesthetics (W = 3466.5, p = 0.0843); however, the respiratory rate differed significantly (W = 1937.5, p < 0.001) 318 suggesting greater within-session stability under alfaxalone compared to the coadministration 319 320 of ketamine and isoflurane.



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Figure 2. A) Normalized respiratory rates (breaths per min) and heart rates (beats 323 per min) under alfaxalone and co-administered ketamine and isoflurane. Data were 324 325 normalized to the mean rate for an individual run, and then normalized values were averaged across animals and runs. Shaded regions represent the standard error of 326 327 the mean. The first 10 minutes of each measurement period were omitted from analysis to account for setup of monitoring/recording devices. B) A histogram 328 representing change magnitude in successive measurements of respiratory and 329 heart rate under each anesthetic tested. Lower values indicate relative stability in 330 the variable measured, while larger values indicate increased variability over time. 331

332

333 It is important to note that increased variability under ketamine plus isolflurane is not 334 entirely due to the drugs per se; imaging under this protocol requires that the rate of ketamine 335 infusion be increased and the concentration of isoflurane reduced approximately 60 minutes 336 into a testing session in order to acquire functional images with measurable BOLD signal (Brown 337 et al., 2013; Stolzberg et al., 2018). As a result, physiological measures such as heart rate and respiratory rate often change dramatically at this point in time (observable in Figure 2A). As described above, these shifts indicate drift towards a lighter anesthetic plane, as is necessary to provide increased BOLD signal in the presence of isoflurane. However, this also increases the risk of the animal becoming alert, which should be avoided. In contrast, the rate of alfaxalone infusion can remain unchanged for the duration of the session, resulting in more stable vital signs throughout.

344 3.2 Study 2 - fMRI

345 3.2.1 BOLD signal strength

To examine whether a global difference in BOLD signal amplitude exists between anesthetics, normalized percent BOLD signal changes (hereafter referred to as BOLD signals) were extracted from all selected ROIs, in each animal.

As an initial test, a mixed ANOVA was performed on these BOLD signals, where 349 350 anesthetic protocol (Iso+Ket/Alf) was treated as a between-subjects factor, and within-subject 351 factors included two stimulus types (auditory/visual) and seven ROIs (auditory cortical areas A1 and A2, the MGN, visual cortical areas 17, 18, and 19, and the LGN). A significant interaction 352 353 was observed between stimulus type and ROI (F[11, 110] = 13.505, p < 0.001) demonstrating 354 that across anesthetic protocols, the BOLD signal observed in a given ROI depended on the 355 nature of the stimulus presented. The comparison of between-subjects effects across all 356 regions and conditions revealed no significant effect of anesthetic protocol (F[1, 10] = 1.108, p =357 0.337). Overall, these results indicate that, as expected, auditory and visual stimuli evoke 358 different patterns of activity across sensory brain regions. Moreover, the patterns of evoked 359 activity are similar across the anesthetics tested. While this suggests that both alfaxalone and 360 co-administered ketamine and isoflurane may be appropriate for imaging experiments, this 361 analysis provides little insight into the consistency and stability of the BOLD signal measured under each. We thus conducted planned post-hoc tests investigating the variability of these 362 363 signals.

364 3.2.2 BOLD signal variability

365 Figure 3 shows the BOLD signals recorded in each ROI broken down by stimulus type (auditory, visual) and anesthetic protocol for each animal tested. Doing so allows BOLD signal 366 variability to be observed across all ROIs (bilateral MGN, A1, & A2; LGN, 17, 18, & 19 367 368 contralateral to the opened eye) and individual subjects. Across regions of interest, betweensubjects variability in the BOLD signal evoked by stimuli to which a region is typically responsive 369 370 (i.e. the signal recored in A1/A2 in response to sound) was greater under ketamine plus isoflurane than under alfaxalone. Further, signals recorded in response to stimuli to which an 371 ROI is not typically responsive (i.e. the signal recorded in areas 17/18/19 in response to sound), 372 were also far more variable under Iso+Ket. This latter analysis provides a measure of signal 373 variability in the absence of evoked activity (i.e. a measure of background activity under a given 374 375 anesthetic agent).



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Figure 3 Individual z-scores of BOLD signal changes within all regions of interest in
 response to visual (a & b) and auditory (c & d) stimulation under coadministration
 of ketamine and isoflurane (a & c) or alfaxalone (b & d). Data are thresholded using
 clusters determined by Z>2.3 and a corrected cluster significance threshold of
 p=0.05 (Worsley, 2001).

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383 To quantify variability in more detail, the range of the normalized BOLD signal across 384 animals for each region of interest and anesthetic protocol is presented in Figure 4. With respect to visually-evoked activity, the between-subjects variability in BOLD activity was highly
similar across all ROIs. In response to sound, the signal recorded was less variable under
alfaxaolone than under co-administered ketamine and isolflurane across all ROIs. Thus, while
both anesthetics evoke similar mean BOLD signal amplitudes (as evidenced by the absence of a
statistically significant effect of anesthetic protocol, as described above), between-subjects
variability is decreased under alfaxalone, notably in response to sounds.





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Figure 4 Range (max-min) of z-scored percent BOLD signal change across animals for
 each region of interest studied, in response to auditory and visual stimuli under
 alfaxalone (blue) and co-administered ketamine and isoflurane (red).

# 397 4. Discussion

This study was undertaken to compare and contrast potential anesthetic protocols for functional neuroimaging with a focus on 1) physiological stability and 2) optimizing BOLD signal across stimulus modalities. While all anesthetics affect neural function, their use remains necessary in most animal models to minimize movement and stress, and to ensure animal safety within the magnet. Thus, it is important to establish a regime that strikes a balance between achieving and maintaining safe and stable anesthesia, while optimizing cortical activity. Previous studies have used a variety of anesthetic agents in an attempt to optimize 405 responses; one common protocol involves the co-administration of ketamine and isofluranean approach that has been shown to allow for the observation of sound-evoked BOLD activity 406 407 (Brown et al., 2013; Hall et al., 2014; Butler et al., 2015; Stolzberg et al., 2018). However, this 408 combination can produce physiological instability and has suppressive effects on cortical activity (Zurita et al., 1994; Harel et al., 2002; Olman et al., 2003; Hodkinson et al., 2012). It 409 410 therefore remains important to explore alternative and perhaps more reliable protocols. Here, we provide physiological and neuroimaging evidence that supports the use of alfaxalone as a 411 stable and consistent anesthetic agent for neuroimaging. 412

# 413 *4.1 Anesthesia and Physiology*

The primary goal of the physiological pilot described above, was to determine the safety 414 415 and stability of candidate protocols using heart and respiratory rates as indicators. Importantly, 416 these measures have been shown to reflect anesthetic depth (Musizza & Ribaric, 2010; Thomas 417 & Lerche, 2011). Moreover, fluctuations in either heart or respiratory rate have been shown to interfere with neural signals measured by fMRI (Gao et al., 2017; Birn et al., 2003; Abbott et al., 418 419 2005; Kastrup et al., 1999). In part, the instability of co-administered ketamine and isoflurane 420 reflects a simultaneous increase in ketamine infusion rate and decrease in isoflurane 421 concentration approximately 60 minutes into an imaging session that is necessary to allow for 422 BOLD signal visualization (Brown et al., 2013; Hall et al., 2014; Butler et al., 2015; Stolzberg et 423 al., 2018). Thus, this previously established protocol includes a trade-off between measurable BOLD responses and increased risk of the animal becoming alert in the scanner. Conversely, the 424 425 alfaxalone protocol described here maintains a constant infusion rate for the duration of the 426 experimental session, and thus results in only small-scale changes in heart and respiratory rate 427 over time, consistent with previous examinations of the anesthetic properties of alfaxalone for other applications (Beths et al., 2014; Muir et al., 2009). In addition to long-term stability, 428 respiratory rate under alfaxalone was also shown to be more stable across shorter duration 429 430 measurement intervals (5 min; Figure 2B). Both protocols examined attained safe levels of anesthetic depth for functional imaging; however, alfaxalone resulted in greater respiratory 431 stability across individuals and sessions when compared to the co-administration of isoflurane 432 433 and ketamine.

# 434 4.2 Anesthesia and BOLD

Having demonstrated the safety of both candidate protocols, the imaging experiment 435 436 (Study 2) sought to compare and contrast BOLD signal changes evoked in auditory and visual thalamic and cortical regions of interest under each anesthetic. To the best of our knowledge, 437 438 this is the first study to provide such a comparison. Here, we demonstrate that both protocols 439 facilitate comparable mean levels of overall evoked BOLD activity across ROIs. These results are in accordance with similar mechanisms of action between alfaxalone and isoflurane (Lambert et 440 al., 2003; Nakahiro et al., 1999). Examining these patterns of evoked activity in more detail, 441 442 more reliable and consistent neural responses were observed under alfaxalone, evidenced by decreased BOLD signal variability across animals (Figures 3 & 4). Interestingly, this effect is most 443 444 evident in sound-evoked activity, while patterns of BOLD activity evoked in response to visual 445 stimuli are gualitatively similar across anesthetics in the current study. The reliability of recorded BOLD signals is highly important, as fMRI analyses often involve averaging or 446 subtractive computations across blocks of data acquired over the duration of an imaging 447 448 session. That the activity recorded under co-administered ketamine and isoflurane is highly 449 variable within a given ROI means these between-block contrasts may be particularly 450 susceptible to anesthetic effects. Interestingly, signals measured in brain regions not 451 traditionally associated with a particular stimulus modality (e.g. BOLD signal estimates from primary visual cortex in response to auditory stimulation) were more variable under co-452 453 administered ketamine and isoflurane than under alfaxalone, suggesting signal variability 454 associated with the former extends well beyond effects on stimulus-evoked activity. This 455 activity may reflect between-subjects differences in non-selective suppression observed under isoflurane (Wu et al., 2016) or the potentially dissociative effects of ketamine (Abel et al., 2003) 456 457 – either of which presents a challenge to the interpretation of stimulus-evoked signals. Substantial differences in evoked BOLD signal were observed in the current study across 458 stimulus type. For example, greater thalamic activity was observed in response to visual stimuli 459 than to sound. This could reflect a number of underlying causes, including differences in the 460 extent to which the visual stimulus (a flashing, whole-field checkerboard) and auditory stimulus 461 462 (white noise bursts) evoke robust activity within their respective ascending pathways.

463 Importantly, while the visual stimulus evoked a greater BOLD signal within the presumptive auditory nucleus of the thalamus (MGN) than did sound, the results suggest that only the 464 465 sound-evoked activity resulted in cortical activation. Thus, while visually-evoked activity in MGN 466 could reflect crossmodal inputs, or spatial spread of the robust activity recorded in the nearby LGN, only sound-evoked thalamic signals appear to be faithfully translated to auditory cortical 467 activity. Increased consistency between individual animals and ROIs under alfaxalone suggests 468 that it may be better suited for fMRI studies than the co-administration of isoflurane and 469 ketamine. 470

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# 472 **5. Conclusion**

473 Anesthetics are important to many experimental approaches in animal research. However, without good, consistently applied protocols for neuroimaging, findings from these 474 studies remain difficult to consolidate, and the degree to which they can be generalized to 475 understand the brain in its natural neural state remains unclear. In addition to the advantages 476 477 described above, there are some practical implications that favor the use of alfaxalone: 1) a single-agent protocol is easier to maintain over extended testing, is preferred by veterinary 478 479 staff, and reduces concerns related to drug interactions; 2) unlike ketamine, alfaxalone in not a 480 controlled substance, and is thus easier to obtain and store; and 3) because anesthetic depth is more consistent across the testing session under alfaxalone, the duration of testing is more 481 predictable and concerns related to the animal waking up within the magnet are reduced. For 482 all of these reasons, we therefore propose that alfaxalone may be a superior anesthetic agent 483 for the safe and reliable collection of fMRI data. 484

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# 496 **7. Competing Interests**

497 Declarations of interest: none

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