

1 **Cytoprotective effects of (E)-N-(2-(3, 5-dimethoxystyryl) phenyl) furan-2-**
2 **carboxamide (BK3C231) against 4-nitroquinoline 1-oxide-induced damage in**
3 **CCD-18Co human colon fibroblast cells**

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25 **Abstract**

26

27 Stilbenes are a group of chemicals characterized with the presence of 1,2-diphenylethylene. Previously,
28 our group has demonstrated that synthesized (E)-N-(2-(3, 5-dimethoxystyryl) phenyl) furan-2-
29 carboxamide (BK3C231) possesses potential chemopreventive activity specifically inducing
30 NAD(P)H:quinone oxidoreductase 1 (NQO1) protein expression and activity. In this study, the
31 cytoprotective effects of BK3C231 on cellular DNA and mitochondria were investigated in normal
32 human colon fibroblast, CCD-18Co cells. The cells were pretreated with BK3C231 prior to exposure
33 to the carcinogen 4-nitroquinoline 1-oxide (4NQO). BK3C231 was able to inhibit 4NQO-induced
34 cytotoxicity. Cells treated with 4NQO alone caused high level of DNA and mitochondrial damages.
35 However, pretreatment with BK3C231 protected against these damages by reducing DNA strand
36 breaks and micronucleus formation as well as decreasing losses of mitochondrial membrane potential
37 ($\Delta\Psi_m$) and cardiolipin. Interestingly, our study has demonstrated that nitrosative stress instead of
38 oxidative stress was involved in 4NQO-induced DNA and mitochondrial damages. Inhibition of
39 4NQO-induced nitrosative stress by BK3C231 was observed through a decrease in nitric oxide (NO)
40 level and an increase in glutathione (GSH) level. These new findings elucidate the chemopreventive
41 potential of BK3C231 specifically its cytoprotective effects in human colon fibroblast CCD-18Co cell
42 model.

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49 **1. Introduction**

50 Cancer-related mortality has tremendously increased and is expected to further increase despite
51 emerging medical improvements [1]. The global cancer burden is estimated to have risen in 2018 with
52 colorectal cancer being the third most commonly diagnosed cancer and is ranked second in terms of
53 mortality due to poor prognosis worldwide [2]. In Malaysia, cancer is the third most common cause of
54 death after cardiovascular diseases and respiratory diseases. According to Malaysia National Cancer
55 Registry (MNCR) Report 2007-2011, colorectal cancer is the second most common cancer among
56 Malaysian residents [3].

57 Advances in costly surgical and medical therapies for primary and metastatic colorectal cancer
58 have had limited impact on cure rates and long-term survival [4,5]. Local recurrences after surgery,
59 treatment-induced long-term complications and toxicities, chemotherapy-induced adverse effects as
60 well as cancerous cell resistance towards chemotherapy due to development of multidrug resistance
61 phenotypes and tumour heterogeneity become major reasons for chemoprevention to gain momentum
62 [6-8].

63 Chemopreventive approaches have effectively decreased cancer incidence rates such as for lung
64 cancer and cervical cancer [2], thus strengthening the need to prevent or limit the disease to occur in
65 the first place. Cancer chemoprevention is an essential approach which uses nontoxic natural or
66 synthetic pharmacological agents to prevent, block or reverse the multistep processes of carcinogenesis
67 [9,10]. Chemopreventive agents inhibit the invasive development of cancer by affecting the three
68 defined stages of carcinogenesis namely initiation, promotion and progression which are induced by
69 carcinogens through genetic and epigenetic mechanisms [11,12].

70 Exposure of cells to carcinogen causes DNA mutation and leads to accumulation of additional
71 genetic changes through sustained cell proliferation. This rapid and irreversible process is known as
72 tumour initiation, the first stage of carcinogenesis. Tumour promotion, which is referred to as the

73 lengthy and reversible second stage of carcinogenesis, involves the selective clonal expansion of
74 initiated cells to produce preneoplastic lesion which allows for additional mutations to accumulate. The
75 final stage of carcinogenesis, tumour progression, involves neoplastic transformation after
76 accumulating chromosomal aberrations and karyotypic instability resulting in metastatic malignancy
77 [13,14].

78 Altered cellular redox status and disrupted oxidative homeostasis play a key role towards cancer
79 development by enhancing DNA damage and modifying key cellular processes such as cell
80 proliferation and apoptosis [15]. Oxidative/nitrosative stress is the result of disequilibrium between
81 reactive oxygen species (ROS)/reactive nitrogen species (RNS) and antioxidants [16]. If
82 oxidative/nitrosative stress persists, this may lead to modification of signal transduction and gene
83 expression, which in turn lead to mutation, transformation and progression of cancer [17,18].

84 Stilbenes are a group of phenylpropanoids produced in the skin, seeds, leaves and sapwood of
85 a wide variety of plant species including dicotyledon angiosperms such as grapevine (*Vitis vinifera*),
86 peanut (*Arachis hypogaea*) and Japanese knotweed (*Fallopia Japonica*); monocotyledons like sorghum
87 (*Sorghum bicolor*) and gymnosperms such as several *Pinus* and *Picea* species [19-21]. They are a well-
88 known class of naturally occurring phytochemicals acting as antifungal phytoalexins, providing
89 protection against UV light exposure and also involved in bacterial root nodulation and coloration
90 [19,22-24]. These compounds bear the core structure of 1,2-diphenylethylene in which two benzene
91 rings are separated by an ethanyl or ethenyl bridge [25].

92 Despite being known as plant defense compounds, stilbenes have an enormous diversity of
93 effects on biological and cellular processes applicable to human health, particularly in chemoprevention.
94 Resveratrol, as the biosynthetic precursor of most oligostilbenoids, has been known to possess a myriad
95 of biological activities such as anticancer, antioxidant, anti-aging, antimicrobial, cardioprotection, anti-
96 diabetes, anti-obesity, and anti-inflammation [26-33]. However, low water solubility and poor
97 bioavailability are the major setbacks to the exploitation of these biological activities [34,35].

98 Our group has previously demonstrated that synthetic stilbene BK3C231 (Fig 1) potently
99 induced antioxidant gene NQO1 as a detoxifying mechanism in human embryonic hepatocytes, WRL-
100 68 cells [36]. Therefore in this study, we proposed to elucidate the chemopreventive effects specifically
101 the cytoprotective effects of BK3C231 using normal human colon fibroblast CCD-18Co cells. We
102 anticipate this study will accelerate the development of BK3C231 as a potential drug for
103 chemoprevention.

104

105 **Fig 1. Chemical structure of BK3C231 [36].**

106

107 **2. Materials and methods**

108 **2.1 Test compounds**

109 (E)-N-(2-(3, 5-Dimethoxystyryl) phenyl) furan-2-carboxamide (BK3C231) was synthesized and
110 contributed by Dr. Noel Francis Thomas and Dr. Kee Chin Hui from Department of Chemistry, Faculty
111 of Science, University of Malaya (Kuala Lumpur, Malaysia). 4-Nitroquinoline 1-oxide (4NQO) (Cas.
112 No: 56-57-5, $\geq 98\%$ purity) was purchased from Sigma-Aldrich (St. Louis, MO, USA). Stock solution
113 of BK3C231 at 100mM and 4NQO at 25mg/mL were prepared by dissolving the compounds in solvent
114 dimethyl sulfoxide (DMSO, Thermo Fisher Scientific, Waltham, MA, USA).

115

116 **2.2 Cell culture**

117 The normal human colon fibroblast CCD-18Co cell line (ATCC CRL-1459) was obtained from the
118 American Type Culture Collection (ATCC, Manassas, VA, USA). CCD-18Co cells were grown in
119 Minimum Essential Medium (MEM, Gibco, Grand Island, NY, USA) supplemented with 10% fetal
120 bovine serum (FBS, Biowest, Nuaille, France) and 1% 100x Antibiotic-Antimycotic solution (Nacalai

121 Tesque, Kyoto, Japan). All cells were between passages 3–5 for all experiments and maintained at 37°C
122 with 5% CO₂.

123

124 **2.3 MTT cytotoxicity assay**

125 CCD-18Co cells were seeded in 96-well microplate (Nest Biotechnology, Jiangsu, China) at the
126 concentration of 5 x 10⁴ cells/mL in a volume of 200 µL per well. The seeded cells were incubated
127 under 5% CO₂ at 37°C for 24 hours prior to respective compound treatments at different timepoints.
128 After incubation, 20 µL of MTT (Sigma-Aldrich, St. Louis, MO, USA) solution (5mg/mL in PBS) was
129 added to the treated cells and further incubated for 4 hours at 37°C. Subsequently, the total medium in
130 each well was discarded and the crystalline formazan was solubilised using 200 µL DMSO. For
131 complete dissolution, the plate was incubated for 15 minutes followed with gentle shaking for 5 minutes.
132 The cytotoxicity of BK3C231 and 4NQO was assessed by measuring the absorbance of each well at
133 570 nm. Mean absorbance for each compound concentration was expressed as a percentage of vehicle
134 control absorbance and plotted versus compound concentration. Inhibitory concentration that kills 50%
135 of cell population (IC₅₀) represents the compound concentration that reduced the mean absorbance at
136 570 nm to 50% of those in the vehicle control wells.

137

138 **2.4 Alkaline comet assay**

139 Seeded cells (5 x 10⁴ cells/mL) in 6-well plate (Nest Biotechnology, Jiangsu, China) were pretreated
140 with BK3C231 at 6.25 µM, 12.5 µM, 25 µM and 50 µM for 2 hours prior to 4NQO treatment at 1 µM
141 for 1 hour. Following incubation, detached cells in the medium were collected and added back to
142 trypsinised cells. Then, the suspension was transferred to tube for centrifugation (450 x g/5 minutes at
143 4°C). The supernatant was removed and pellet was washed with Ca²⁺- and Mg²⁺-free PBS and re-
144 centrifuged. The pellets left at the bottom were mixed thoroughly with 80 µl of 0.6% w/v LMA (Sigma-

145 Aldrich, St. Louis, MO, USA). The mixture was then pipetted onto the hardened 0.6% w/v NMA
146 (Sigma-Aldrich, St. Louis, MO, USA) as the first layer gel on the slide. Cover slips were placed to
147 spread the mixture and slides were left on ice for LMA to solidify. Following removal of the cover
148 slips, the embedded cells were lysed in a lysis buffer containing 2.5M NaCl (Merck Milipore,
149 Burlington, MA, USA), 1 mM Na₂EDTA (Sigma-Aldrich, St. Louis, MO, USA), 10 mM Tris (Bio-
150 Rad, Hercules, CA, USA) and 1% Triton X-100 (Sigma-Aldrich, St. Louis, MO, USA) overnight at
151 4°C. After lysis, the slides were soaked in electrophoresis buffer solution for 20 minutes for DNA
152 unwinding before electrophoresis at 300 mA, 25V for 20 minutes. Subsequently, the slides were rinsed
153 with neutralising buffer for 5 minutes and stained with 30 µL of 50 µg/mL ethidium bromide (EtBr,
154 Sigma-Aldrich, St. Louis, MO, USA) solution. Slides were left overnight at 4°C before analyzing with
155 Olympus BX51 fluorescence microscope (Tokyo, Japan) equipped with 590 nm filter. DNA damage
156 scoring was performed on 50 cells per slide whereby tail moment representing the product of tail length
157 and fraction of total DNA in tail was quantified using Comet Score™ software (TriTek Corp,
158 Sumerduck, VA, USA).

159

160 **2.5 Cytokinesis-block micronucleus (CBMN) assay**

161 Seeded cells (5×10^4 cells/mL) in 6-well plate were pretreated with BK3C231 at 6.25 µM, 12.5 µM,
162 25 µM and 50 µM for 2 hours prior to 4NQO treatment at 1 µM for 2 hours. After incubation, cells
163 were treated with 4.5 µg/mL Cytochalasin B (Sigma-Aldrich, St. Louis, MO, USA) for 24 hours to
164 block cytokinesis. The cells were then harvested and centrifuged (450 x g/5 minutes at 4°C). The
165 supernatant was removed and pellet was resuspended with 300 µL of 0.075M KCl solution for 5
166 minutes. The cells were then fixed with Carnoy's solution consisting of acetic acid (Sigma-Aldrich, St.
167 Louis, MO, USA) and methanol (HmbG Chemicals, Hamburg, Germany) prepared at the ratio of 1:3
168 and spreaded on glass slides which were placed on a slide warmer. The slides were dried overnight and
169 stained with 30 µL of 20 µg/mL acridine orange (AO, Sigma-Aldrich, St. Louis, MO, USA) prior to

170 fluorescence microscopic observation. The number of viable mononucleated, binucleated and
171 multinucleated cells per 500 cells were scored to derive Nuclear Division Index (NDI) and frequency
172 of micronucleus in 1,000 binucleated cells was measured.

173

174 **2.6 Mitochondrial membrane potential ($\Delta\Psi_m$), mitochondrial mass** 175 **and ROS assessment**

176 The treated cells (5×10^4 cells/mL) were collected by centrifugation ($450 \times g/5$ minutes at 4°C). The
177 supernatant was discarded and pellet was resuspended with 1 mL fresh prewarmed FBS-free MEM
178 with addition of 1 μL of 50 μM tetramethylrhodamine ethyl ester (TMRE, Thermo Fisher Scientific,
179 Waltham, MA, USA), 5 mM nonyl acridine orange (NAO, Sigma-Aldrich, St. Louis, MO, USA), 10
180 mM hydroethidine (HE, Thermo Fisher Scientific, Waltham, MA, USA) or 10 mM 2',7'-
181 dichlorodihydrofluorescein diacetate (DCFH-DA, Thermo Fisher Scientific, Waltham, MA, USA). The
182 cells stained with TMRE or NAO were incubated for 15 minutes at 37°C whereas cells stained with HE
183 and DCFH-DA were incubated for 30 minutes at 37°C in the dark. After incubation, the cells were
184 centrifuged ($450 \times g/5$ minutes at 4°C) and pellet was washed with 1 mL chilled PBS solution. The
185 supernatant was discarded and 500 μL of chilled PBS was used to resuspend the pellets. The stained
186 cell suspension was transferred to flow tubes and analyzed using FACSCanto II Flow Cytometer (BD
187 Biosciences, San Jose, CA, USA).

188

189 **2.7 Intracellular nitric oxide (NO) assessment using BD Pharmingen™** 190 **Orange Nitric Oxide (NO) Probe staining**

191 The seeded cells (5×10^4 cells/mL) were pre-stained with 1 μL Orange NO probe (BD Biosciences,
192 San Jose, CA, USA) per 500 μL cell suspension for 30 minutes. The cells were then pretreated with
193 BK3C231 at 50 μM for 2 hours, 4 hours, 6 hours, 12 hours and 24 hours prior to 4NQO treatment at 1

194 μM for 1 hour. The stained and treated cells were centrifuged ($450 \times g/5$ minutes at 4°C) and pellet was
195 washed with 1 mL chilled PBS solution. The supernatant was discarded and 500 μL of chilled PBS was
196 used to resuspend the pellets. The stained cell suspension was transferred to flow tubes and analyzed
197 using FACSCanto II Flow Cytometer (BD Biosciences, San Jose, CA, USA).

198

199 **2.8 Extracellular nitric oxide (NO) assessment using Griess reagent**

200 CCD-18Co cells were seeded in culture dish (60×15 mm) at the concentration of 5×10^4 cells/mL.
201 The seeded cells were incubated under 5% CO_2 at 37°C for 24 hours. The cells were then pretreated
202 with BK3C231 at 50 μM for 2 hours, 4 hours, 6 hours, 12 hours and 24 hours prior to 4NQO treatment
203 at 1 μM for 1 hour. Subsequently, 100 μL of culture medium from each sample was collected and mixed
204 with the same volume of Griess reagent (1% sulfanilamide in 5% phosphoric acid and 0.1% N-(1-
205 naphthyl)ethylenediamine (NNED) hydrochloride in distilled water, Merck Milipore, Burlington, MA,
206 USA) in 96-well microplate. Absorbance of the mixture in each well was determined at 570 nm. The
207 concentration of nitrite accumulated in the culture was determined in comparison to the sodium nitrite
208 standards.

209

210 **2.9 Glutathione (GSH) assessment using Ellman's reagent**

211 The treated cells (5×10^4 cells/mL) were detached, collected and centrifuged ($450 \times g/5$ minutes at
212 4°C). The supernatant was discarded and pellet was resuspended in 100 μL ice-cold lysis buffer (50
213 mM K_2HPO_4 , 1 mM EDTA, pH 6.5 and 0.1 % v/v Triton X-100, Sigma-Aldrich, St. Louis, MO, USA).
214 The cells were incubated on ice for 15 minutes with gentle tapping from time to time. The crude lysates
215 were cleared by centrifugation ($10000 \times g/15$ minutes at 4°C). At this point, the lysates were used
216 immediately or stored at -80°C for a day or two. Then, 50 μL of lysates and GSH standards (two fold
217 dilution from 1.25 mM to 0 mM dissolved in reaction buffer consisting of 0.1 M $\text{Na}_2\text{HPO}_4 \cdot 7\text{H}_2\text{O}$ and

218 1 mM EDTA, pH 6.5, Sigma-Aldrich, St. Louis, MO, USA) were pipetted into designated wells in a
219 96-well microplate. After adding 40 μ l of reaction buffer (0.1 M $\text{Na}_2\text{HPO}_4 \cdot 7\text{H}_2\text{O}$ and 1 mM EDTA, pH
220 8), 10 μ l of 4 mg/ml 5,5'-dithiobis(2-nitrobenzoic acid) (DTNB, Sigma-Aldrich, St. Louis, MO, USA)
221 in reaction buffer pH 8 was added to wells containing samples and standards. The plate was incubated
222 for 15 minutes at 37°C. Absorbance of each well was measured at 405 nm using microplate reader (Bio-
223 Rad, Hercules, CA, USA). The concentration of free thiols in samples was calculated based on GSH
224 standard and expressed as nmol/mg protein after protein concentration was quantified using Bradford's
225 method.

226

227 **2.10 Statistical analysis**

228 The data are expressed as the mean \pm standard error of mean (S.E.M.) from at least three independent
229 experiments. The statistical significance was evaluated using one-way ANOVA with the Tukey post
230 hoc test used to assess the significance of differences between multiple treatment groups. Differences
231 were considered statistically significant with a probability level of $p < 0.05$.

232

233 **3. Results**

234 **3.1 Cytotoxic assessment of BK3C231 and 4NQO**

235 The non-cytotoxic concentrations of BK3C231 and 4NQO were determined using MTT cytotoxicity
236 assay. BK3C231 did not show evidence of cytotoxicity up to 50 μ M treatment, however an IC_{50} value
237 of 99 μ M was observed (Fig 2A). Therefore a series of BK3C231 concentrations ranging from 6.25
238 μ M till 50 μ M was used for subsequent experiments. On the other hand, 4NQO treatment exerted no
239 cytotoxicity at 1 hour. However, reduction in cell viability was significant with IC_{50} values observed
240 starting from 2 hours till 24 hours (Fig 2B). Hence, 4NQO concentration at 1 μ M was selected to induce
241 genotoxicity and mitochondrial toxicity in subsequent experiments as used by previous studies as well

242 [37,38]. Interestingly, in comparison to 4NQO-treated cells whereby cell viability greatly reduced
243 especially at higher concentrations, BK3C231 was able to suppress 4NQO-induced cytotoxicity by
244 increasing cell viability up to 8-fold with no IC₅₀ value observed (Fig 2C).

245

246 **Fig 2. Effect of BK3C231 and 4NQO on the viability of CCD-18Co cells as assessed by MTT**

247 **assay. (A)** Cells were treated with BK3C231 from 6.25 μM till 100 μM for 24h. An IC₅₀ value of 99

248 μM was observed. **(B)** Cells were treated with 4NQO from 3.125 μM till 50 μM for 1h (no IC₅₀ value),

249 2h (IC₅₀ value was 41 μM), 4h (IC₅₀ value was 24 μM), 12h (IC₅₀ value was 34 μM) and 24h (IC₅₀

250 value was 13 μM). **(C)** Cells were pretreated with BK3C231 at 50 μM for 2h prior to 4NQO treatment

251 from 3.125 μM till 50 μM for subsequent 22h (no IC₅₀ value) in comparison to BK3C231-treated (no

252 IC₅₀ value) and 4NQO-treated cells (IC₅₀ value was 13 μM). Each data point was obtained from three

253 independent experimental replicates and expressed as mean ± SEM of percentage of cell viability.

254 * p<0.05 against negative control.

255

256 **3.2 BK3C231 protection against 4NQO-induced DNA microlesions**

257 Significant DNA damage as indicated by the comet tail which represents DNA strand breaks can be

258 observed in cells treated only with 4NQO. Untreated control cells and BK3C231-treated cells showed

259 intact round nuclear DNA and no DNA strand break was observed at all treated concentrations (Fig

260 3A). There was also a decrease in comet tail in cells pretreated with BK3C231 when compared with

261 that of cells treated only with 4NQO (Fig 3B). This was further confirmed by quantification of tail

262 moments obtained from comet scoring. Tail moment increased significantly up to 48-fold in 4NQO-

263 treated cells at 28.79 ± 1.02 (p<0.05) over control and BK3C231-treated cells ranging from 0.59 ± 0.11

264 to 0.68 ± 0.06 (Fig 4A). On the other hand, BK3C231 pretreatment showed a 0.8-fold decrease of

265 4NQO-induced DNA strand breaks in a concentration-dependent manner, significantly at 50 μM with

266 a tail moment value of 7.21 ± 0.34 (p<0.05) (Fig 4B).

267

268 **Fig 3. DNA microlesion assessment in CCD-18Co cells using Alkaline Comet assay. (A)**

269 Fluorescence microscopic images with EtBr staining of untreated cells (i), cells treated with BK3C231
270 at 6.25 μ M (ii), 12.5 μ M (iii), 25 μ M (iv) and 50 μ M (v) for 24h and cells treated with 4NQO at 1 μ M
271 for 1h (vi). **(B)** Fluorescence microscopic images of untreated cells (i), cells treated with BK3C231 at
272 6.25 μ M (ii), 12.5 μ M (iii), 25 μ M (iv) and 50 μ M (v) for 2h prior to 4NQO induction at 1 μ M for 1h
273 and cells treated with 4NQO at 1 μ M for 1h (vi). Each data represents at least three independent
274 experimental replicates.

275

276 **Fig 4. Tail moments obtained from comet scoring in CCD-18Co cells. (A)** Screening for DNA

277 damage expressed as tail moment in cells treated respectively with BK3C231 from 6.25 μ M till 50 μ M
278 for 24h and 4NQO at 1 μ M for 1h. **(B)** Cells were pretreated with BK3C231 from 6.25 μ M till 50 μ M
279 for 2h prior to 4NQO induction at 1 μ M for 1h. Each data point was obtained from three independent
280 experimental replicates and expressed as mean \pm SEM of tail moment. * $p < 0.05$ against negative control,
281 CON (A) and # $p < 0.05$ against positive control, 4NQO only (B).

282

283 **3.3 Inhibition of 4NQO-induced DNA macrolesions by BK3C231**

284 The protective role of BK3C231 against 4NQO-induced micronucleus formation was assessed using
285 CBMN assay. In untreated control cells, a micronucleus frequency level as low as 0.23 ± 0.03 was
286 observed. Cells treated with 4NQO significantly demonstrated up to 93-fold increase in frequency of
287 micronucleus in binucleated cells at 21.56 ± 1.36 ($p < 0.05$). However, pretreatment of cells with
288 BK3C231 was shown to cause a maximum of 0.8 fold decrease of 4NQO-induced micronucleus
289 formation in a concentration-dependent manner, significantly at 25 μ M with a frequency level of 6.58
290 ± 0.52 and 50 μ M with a frequency level of 3.80 ± 0.47 ($p < 0.05$) (Fig 5B). In addition, the NDI values
291 measured in control, 4NQO-treated cells and BK3C231-treated cells were 1.78 ± 0.01 , 1.68 ± 0.03 and

292 1.79 ± 0.01 respectively. As for cells pretreated with BK3C231 prior to 4NQO induction, the average
293 NDI value measured was 1.72 ± 0.01 (data not shown). All NDI values obtained in this assay indicated
294 normal cell proliferation [39].

295

296 **Fig 5. DNA macrolesion assessment in CCD-18Co cells using CBMN assay. (A)** Fluorescence
297 microscopic images with acridine orange staining of mononucleated cell (i), binucleated cell (ii) and
298 binucleated cell with micronucleus (iii). Cellular nucleus was stained green while cytoplasm was
299 stained orange in this assay. **(B)** Cells were pretreated with BK3C231 from 6.25 µM till 50 µM for 2h
300 prior to 4NQO induction at 1 µM for 2h. Each data point was obtained from three independent
301 experimental replicates and expressed as mean ± SEM of frequency of micronucleus in binucleated
302 cells. * p<0.05 against positive control, 4NQO only.

303

304 **3.4 Cytoprotective role of BK3C231 in 4NQO-induced loss of** 305 **mitochondrial membrane potential ($\Delta\Psi_m$)**

306 The cytoprotective role of BK3C231 was further investigated at the mitochondrial level through flow
307 cytometric assessment of $\Delta\Psi_m$ loss using TMRE staining. Significant loss of $\Delta\Psi_m$ (p<0.05) as
308 indicated by a 1.2-fold increase of TMRE-negative cells from 15.63 ± 1.09 % in control cells to 34.77
309 ± 1.29 % in 4NQO-treated cells was observed. However, BK3C231 pretreatment was shown to reduce
310 the amount of TMRE-negative cells significantly to 22.13 ± 2.51 % (p<0.05) at 50 µM, thereby
311 protecting the cells against 4NQO-induced $\Delta\Psi_m$ loss (Fig 6).

312

313 **Fig 6. Flow cytometric assessment of $\Delta\Psi_m$ level using TMRE staining.** Cells were pretreated with
314 BK3C231 from 6.25 µM till 50 µM for 2h prior to 4NQO induction at 1 µM for 2h. Each data point

315 was obtained from three independent experimental replicates and expressed as mean \pm SEM of TMRE-
316 negative cells (%). * $p < 0.05$ against positive control, 4NQO only.

317

318 **3.5 Suppression of 4NQO-induced cardiolipin loss by BK3C231**

319 In a bid to further establish the protective role of BK3C231 in mitochondria, cardiolipin level was
320 assessed through flow cytometric analysis using NAO staining. Our study demonstrated significant
321 cardiolipin loss ($p < 0.05$) as indicated by a 2.8-fold increase of NAO-negative cells from 5.07 ± 0.52 %
322 in control cells to 19.33 ± 0.94 % in 4NQO-treated cells. However, BK3C231 pretreatment was shown
323 to induce up to 0.4-fold decrease of 4NQO-induced cardiolipin loss in a concentration-dependent
324 manner (Fig 7).

325

326 **Fig 7. Flow cytometric assessment of cardiolipin level using NAO staining.** Cells were pretreated
327 with BK3C231 from 6.25 μ M till 50 μ M for 2h prior to 4NQO induction at 1 μ M for 2h. Each data
328 point was obtained from three independent experimental replicates and expressed as mean \pm SEM of
329 NAO-negative cells (%). * $p < 0.05$ against positive control, 4NQO only.

330

331 **3.6 4NQO-induced DNA and mitochondrial damages independent of**

332 **ROS production**

333 Flow cytometric assessment of ROS namely superoxide and hydrogen peroxide levels using HE and
334 DCFH-DA staining was performed to determine the role of ROS in 4NQO-induced DNA and
335 mitochondrial damages. Interestingly, as shown in Fig 8A-B, there were no inductions of superoxide
336 and hydrogen peroxide levels in 4NQO-treated cells as compared to control cells. Hydroquinone (HQ),
337 which was used as positive control, had significantly increased ROS level in CCD-18Co cells ($p < 0.05$).
338 This suggested that ROS was not involved in DNA and mitochondrial damages caused by 4NQO.

339

340 **Fig 8. Flow cytometric assessment of superoxide level using HE staining (A) and hydrogen**
341 **peroxide level using DCFH-DA staining (B).** Cells were treated with 4NQO at 1 μ M for 1h. HQ
342 treatment at 50 μ M for 2h was used as positive control in this assay. Each data point was obtained from
343 three independent experimental replicates and expressed as mean \pm SEM of percentage of HE- or DCF-
344 stained cells. * $p < 0.05$ against negative control, CON.

345

346 **3.7 Inhibition of 4NQO-induced nitrosative stress by BK3C231**

347 Intracellular nitric oxide (NO) level was assessed using BD Pharmingen™ Orange NO Probe staining
348 whereas extracellular NO level was assessed using Griess assay to determine the involvement of RNS
349 in 4NQO-induced DNA and mitochondrial damages. Our study demonstrated a significant 0.98-fold
350 increase of intracellular NO level, 15.7 ± 0.19 % and 2.4-fold increase of extracellular NO level, 5.15
351 ± 0.17 μ M ($p < 0.05$) in 4NQO-treated cells over control cells, at 7.63 ± 0.19 % and 1.51 ± 0.26 μ M
352 respectively, thereby demonstrating the involvement of NO in 4NQO-induced DNA and mitochondrial
353 damages. Moreover, BK3C231 significantly inhibited 4NQO-induced NO production from as early as
354 2 hours up till 24 hours of pretreatment ($p < 0.05$) (Fig 9A,B). In addition to that, antioxidant GSH level
355 was assessed using Ellman's reagent. 4NQO-treated cells showed a reduced GSH level at $194.70 \pm$
356 23.83 nmol/mg as compared to untreated control cells at 245.96 ± 12.44 nmol/mg (Fig 9C). Overall,
357 the simultaneous increase in NO level and decrease in GSH level by 4NQO further confirmed the
358 involvement of nitrosative stress in 4NQO-induced DNA and mitochondrial damages. However, no
359 induction of GSH level was observed in cells pretreated with BK3C231 for 2 hours, 4 hours, 6 hours
360 and 12 hours. BK3C231 was only able to significantly increase GSH level, 313.97 ± 27.83 nmol/mg
361 ($p < 0.05$) at 24 hours of pretreatment as compared to that of 4NQO-treated cells (Fig 9C). This
362 suggested that BK3C231 inhibited 4NQO-induced nitrosative stress through early reduction of NO
363 production and late induction of GSH level in CCD-18Co cells.

364

365 **Fig 9. Nitrosative stress assessment through determination of intracellular NO level using**
366 **Orange NO probe staining (A), extracellular NO level using Griess assay (B) and GSH level using**
367 **Ellman's reagent (C) in CCD-18Co cells.** Cells were pretreated with BK3C231 at 50 μ M for 2h, 4h,
368 6h, 12h and 24h prior to 4NQO induction at 1 μ M for 1h. Each data point was obtained from three
369 independent experimental replicates and expressed as mean \pm SEM of NO level and concentration of
370 free thiol. * $p < 0.05$ against positive control, 4NQO only.

371

372 **4. Discussion**

373 Epidemiological studies have shown that consumption of fruits particularly rich in stilbenes led to a
374 reduced risk of colorectal cancer, which is one of the most commonly diagnosed cancer worldwide
375 [40,41]. Furthermore, cytoprotection of DNA and mitochondrial function limits the occurrence of
376 cancer. Since DNA is the repository of hereditary material and genetic information in every living cell,
377 the maintenance of its stability is pivotal as unrepaired DNA damages caused by diverse assaults from
378 the environment, nutrition and natural cellular processes lead to cancer [42,43]. As for mitochondria,
379 impairments and alterations of mitochondrial structure and functions, including morphology and redox
380 potential, are associated with cancer transformation and have been frequently reported in human
381 cancers [44-46]. In agreement with this, our study showed that BK3C231 was able to inhibit 4NQO-
382 induced cytotoxicity as well as protect against DNA damage and mitochondrial dysfunction in the
383 normal human colon fibroblast CCD-18Co cell line.

384 Firstly, we sought to understand the carcinogenic actions of 4NQO. Studies have demonstrated
385 that 4NQO elicited carcinogenicity through its proximate carcinogenic metabolite namely 4-
386 hydroxyaminoquinoline 1-oxide (4HAQO) produced by the enzymatic four-electron reduction of
387 4NQO's nitro group [47,48]. Being a potent chemical carcinogen and as a UV-mimetic agent, 4NQO

388 is often used as positive control in various genotoxicity studies due to its well characterized metabolic
389 processes [49]. Though a study by Brüsehafer et al. [50] reported that 4NQO predominantly induces
390 mutagenicity more than clastogenicity and that the latter depends on cell types, our study has proved
391 that 4NQO significantly caused DNA damage via DNA strand breaks and chromosomal damage via
392 micronucleus formation. Also, our study was in agreement with previous studies which demonstrated
393 that 4NQO caused damage to mitochondrial membrane as characterized by loss of mitochondrial
394 membrane potential ($\Delta\Psi_m$) and cardiolipin [51].

395 As 4HAQO's carcinogenic effect is mainly based on DNA adduct formation, our study
396 investigated 4NQO's other carcinogenic mechanism of action through generation of ROS and RNS and
397 its involvement in the cytoprotective role of BK3C231 [52-54]. Interestingly, our study which revealed
398 no superoxide and hydrogen peroxide production by 4NQO at 1 μ M for 1 hour in CCD-18Co cells
399 contradicts the study by Arima et al. [37] which reported ROS formation in human primary skin
400 fibroblast by 4NQO using the same treatment concentration and timepoint. The discrepancy is likely
401 due to the difference in the origin of fibroblast used. Hence, our study is the first to elucidate such
402 findings on 4NQO mechanism which has never been shown in other studies thus far.

403 In addition, our study demonstrated an increased NO level and a depleted GSH level by 4NQO.
404 This is possibly due to formation of 4NQO-GSH conjugates leading to generation of nitrite, a stable
405 end product of NO, which inactivated γ -glutamylcysteine synthase and therefore suppressed
406 intracellular synthesis of GSH [37,54-56]. Our data was also in agreement with previous studies that
407 NO could be the main culprit in 4NQO-induced DNA and mitochondrial damages in CCD-18Co cells
408 as NO has been demonstrated to induce genotoxicity and damage to mitochondria via multiple
409 mechanisms directly or indirectly [57,58]. NO also plays an important role in tumour biology and
410 overproduction of NO can promote tumour growth [59]. Moreover, the concurrent increase in NO level
411 and decrease in GSH level postulates the occurrence of nitrosative stress which may contribute to
412 4NQO-induced DNA and mitochondrial damages [60,61].

413 More importantly, BK3C231 was shown in our study to protect against 4NQO-induced DNA
414 and mitochondrial damages by decreasing DNA strand breaks and micronucleus formation as well as
415 reducing loss of mitochondrial membrane potential ($\Delta\Psi_m$) and cardiolipin. Our study further revealed
416 that BK3C231 exerted these cytoprotective effects in CCD-18Co cells by suppressing 4NQO-induced
417 nitrosative stress through reduction in NO level and late upregulation of GSH level. The role of stilbene
418 derivatives as potential antioxidants has been a conventional fact proven by many studies such as
419 resveratrol, a well-known stilbenoid, attenuated nitrosative stress in small intestine of rats [62].
420 Piceatannol and isorhapontigenin, which are natural occurring stilbenes, have also been demonstrated
421 to scavenge NO and nitrogen dioxide (NO₂) radicals as well as increasing GSH/GSSG ratio [63,64].

422 Kee et al. [36] has reported chemopreventive activity of BK3C231 involving upregulation of
423 detoxifying enzyme NQO1 due to the presence of methoxy group and furan carboxamide. Therefore,
424 it is possible that the depletion of NO level is mediated directly by BK3C231 most likely due to the
425 presence of methoxy group that enables BK3C231 to act as free radical scavenger which donates
426 electron to scavenge NO. Besides that, the upstream Keap1-Nrf2 signaling pathway, which is a major
427 regulator of phase II detoxification and cytoprotective genes, is postulated to be involved through
428 upregulation of detoxifying enzymes which may lead to NO suppression. Stilbene derivatives
429 particularly resveratrol have been playing substantial role in activation of Nrf2-related gene
430 transcription which induces expression of cytoprotective enzymes such as NQO1, glutathione S-
431 transferase (GST), glutamate-cysteine ligase catalytic subunit (GCLC) and heme oxygenase-1 (HO-1)
432 thus leading to protection against cancer [65]. Therefore, our study warrants further investigation on
433 the role of BK3C231 in the Keap1-Nrf2 pathway.

434

435

436

437

438 **5. Conclusion**

439 In conclusion, this study has provided a better insight into 4NQO-induced carcinogenicity in CCD-
440 18Co cells. Our findings also served as a stepping stone for further elucidation of BK3C231
441 chemopreventive potential against both genetic and epigenetic bases of cancer development. Through
442 these findings, we aim to design BK3C231 as an ideal chemopreventive agent in hopes of reducing the
443 gap between understanding molecular mechanism occurring in cancer carcinogenesis and instigating
444 successful adoption of chemoprevention.

445

446 **Fig 10. Schematic representation of BK3C231-induced cytoprotection against 4NQO damage in**
447 **CCD-18Co human colon fibroblast cells.** 4NQO caused DNA strand breaks and micronucleus
448 formation as well as mitochondrial membrane potential ($\Delta\Psi_m$) and cardiolipin losses in CCD-18Co
449 cells through NO formation. BK3C231 inhibited these 4NQO-induced DNA and mitochondrial
450 damages by decreasing NO level and increasing GSH level.

451

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455

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459 **Formal Analysis:** Huan Huan Tan

460 **Funding Acquisition:** Kok Meng Chan

461 **Investigation:** Huan Huan Tan

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467 **Visualization:** Huan Huan Tan

468 **Writing – Original Draft Preparation:** Huan Huan Tan

469 **Writing – Review & Editing:** Huan Huan Tan, Kok Meng Chan

470

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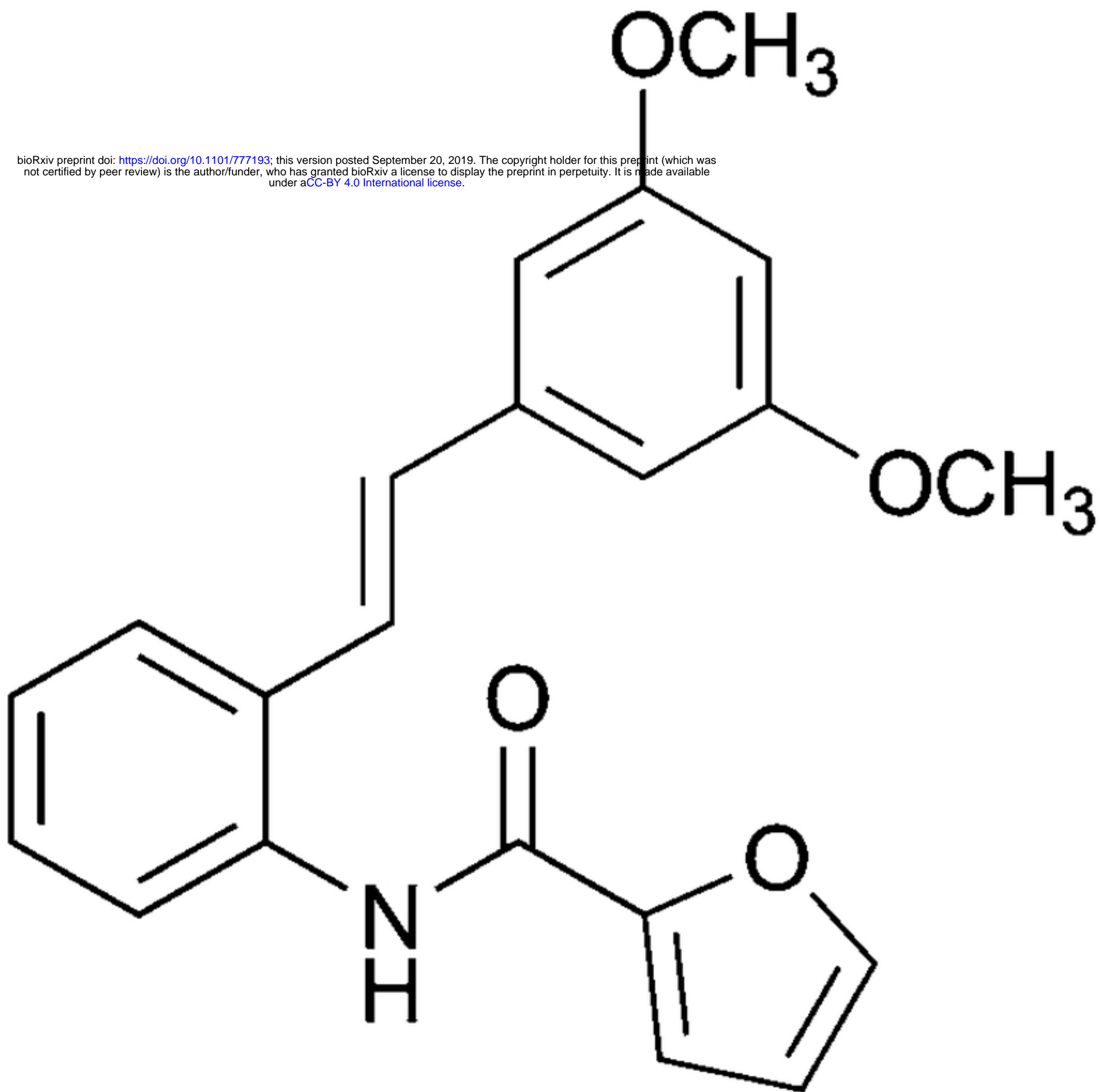


Figure 1

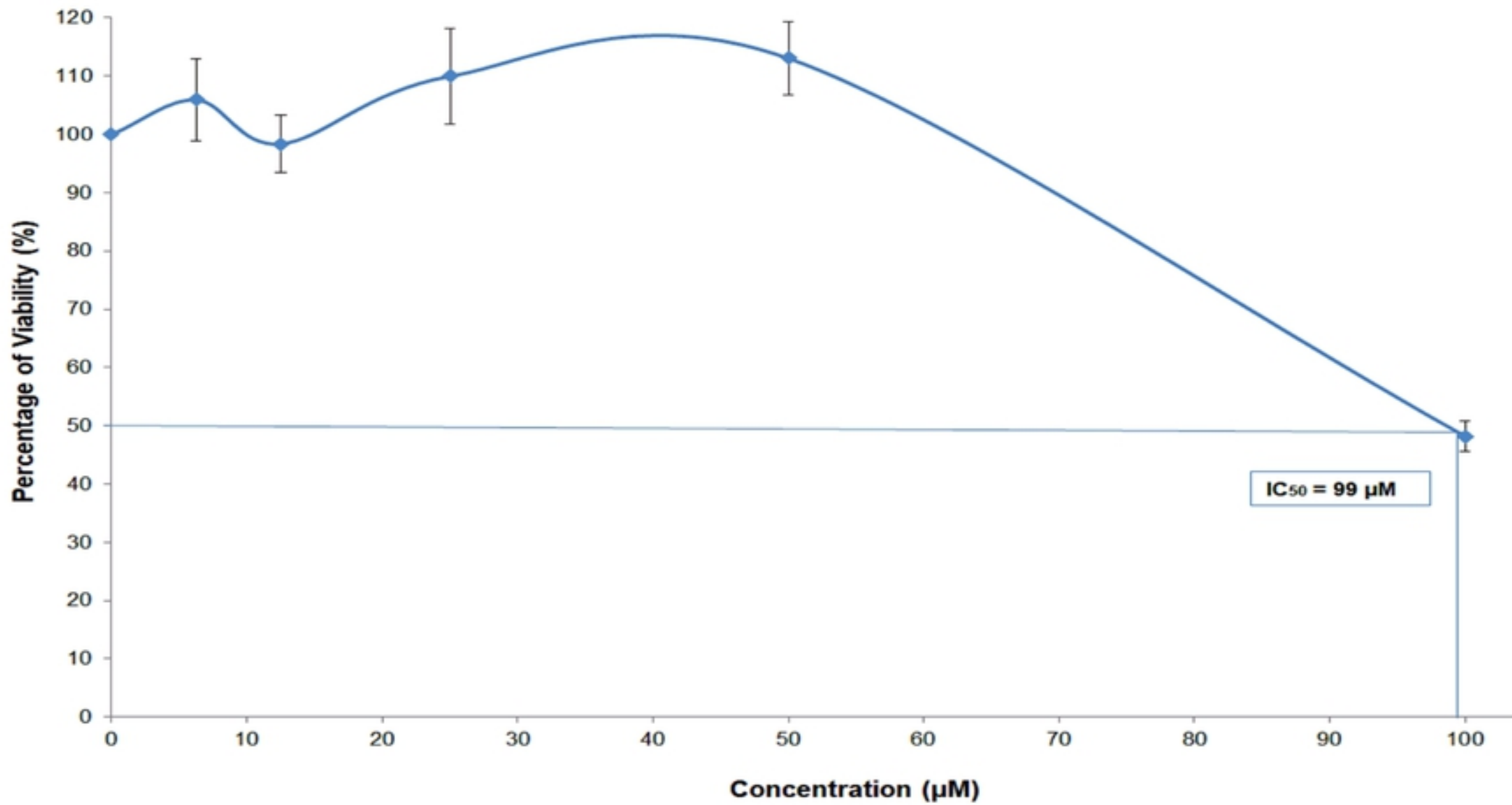


Figure 2A

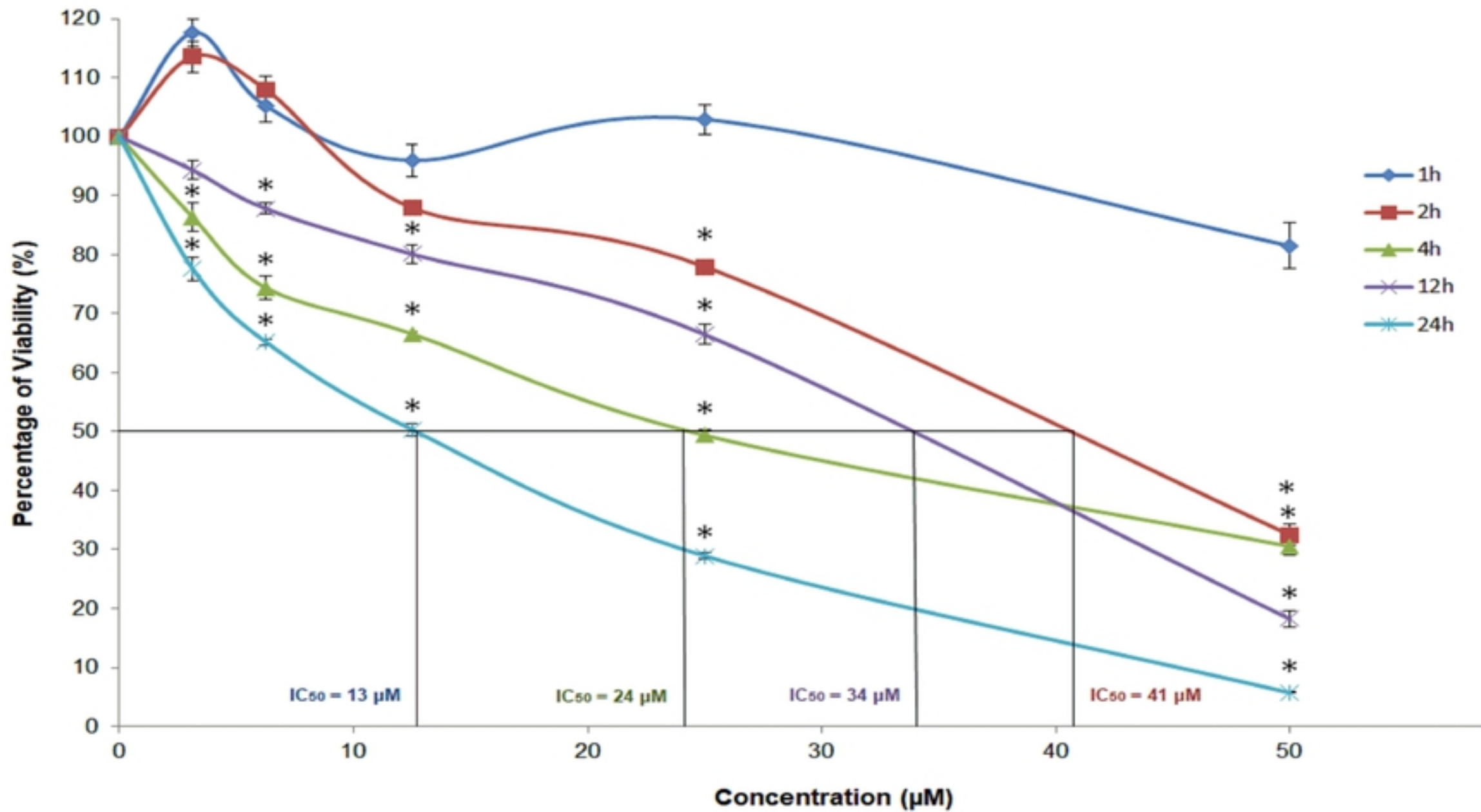


Figure 2B

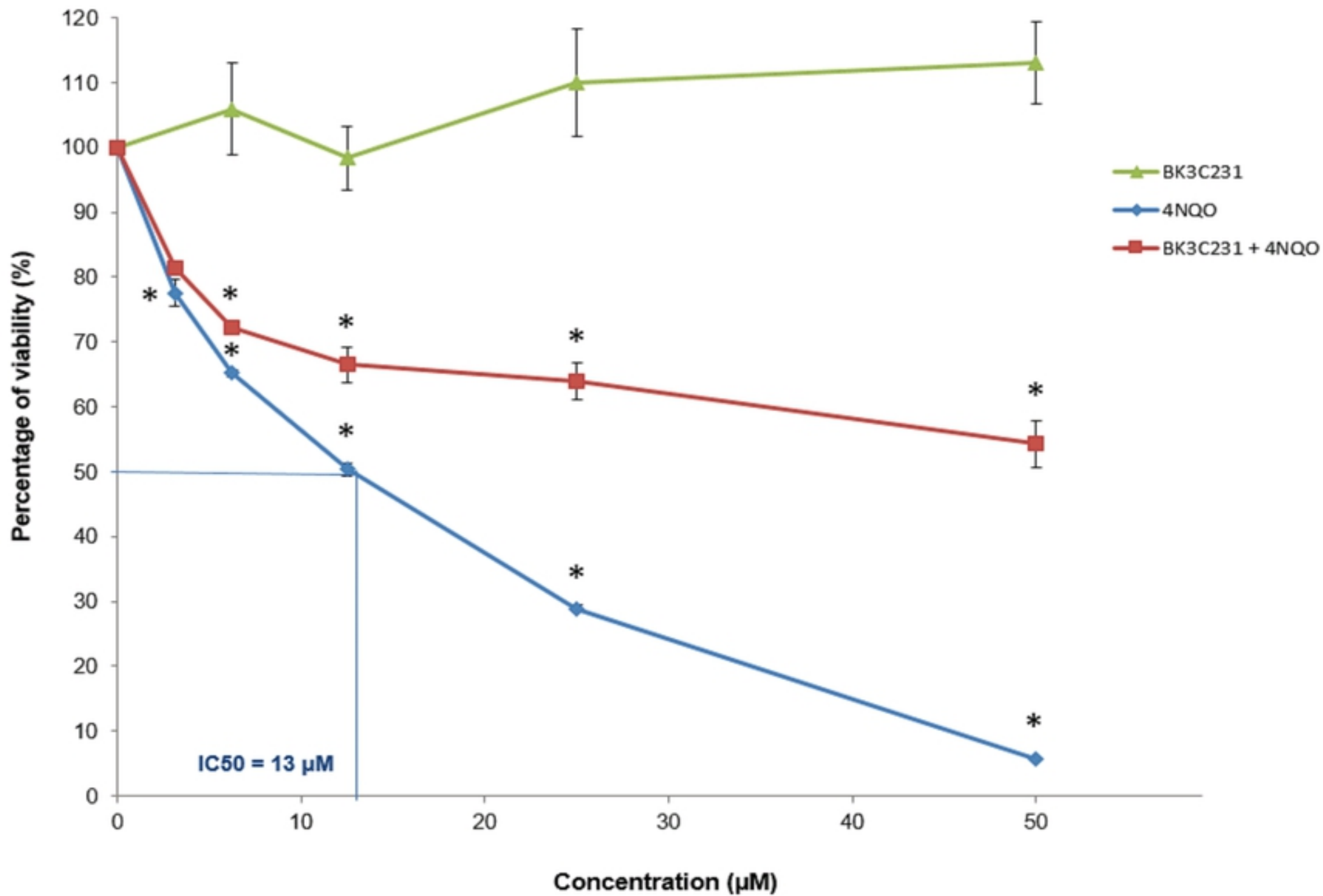
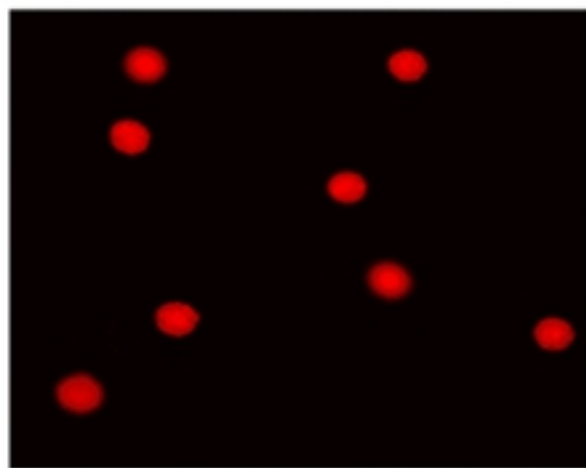
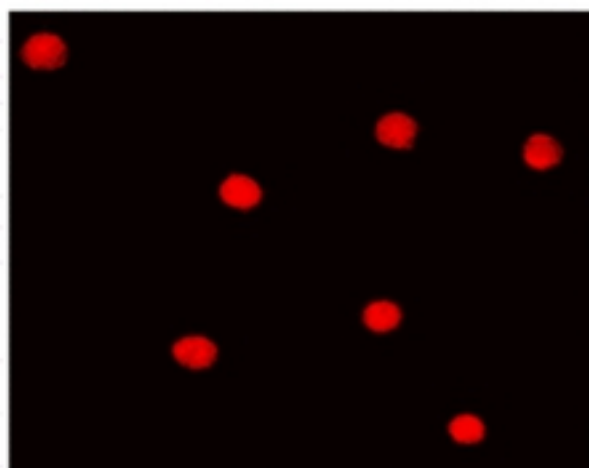


Figure 2C

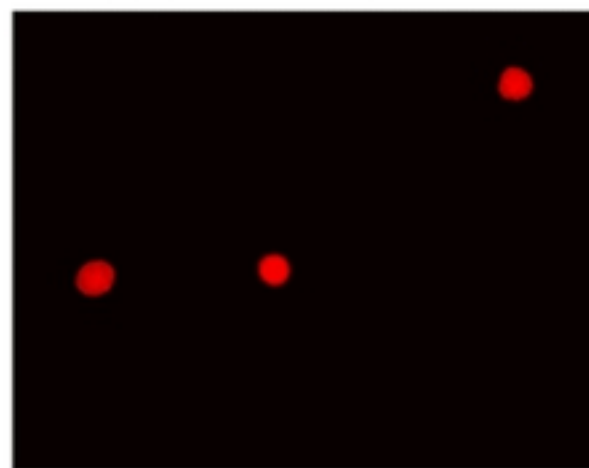
A



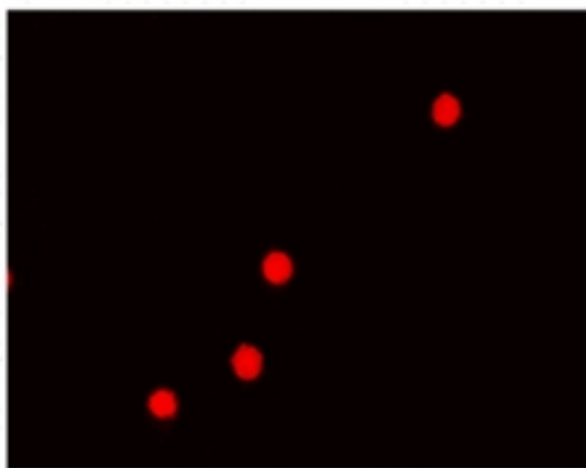
(i)



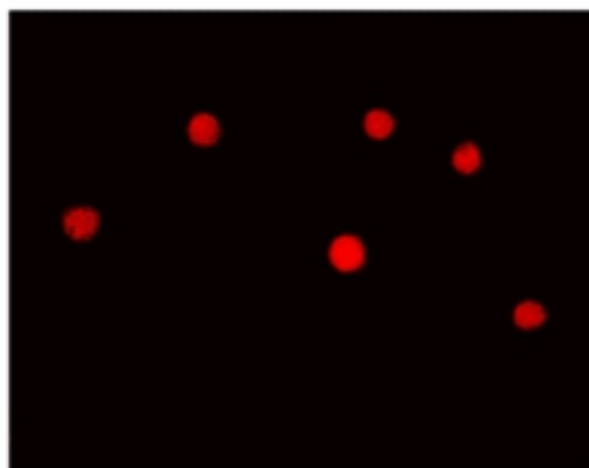
(ii)



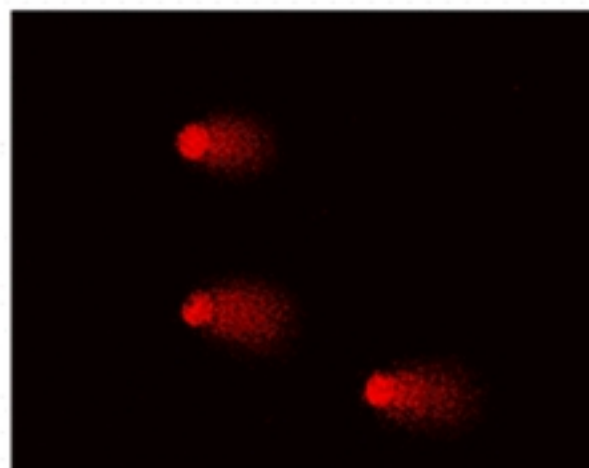
(iii)



(iv)



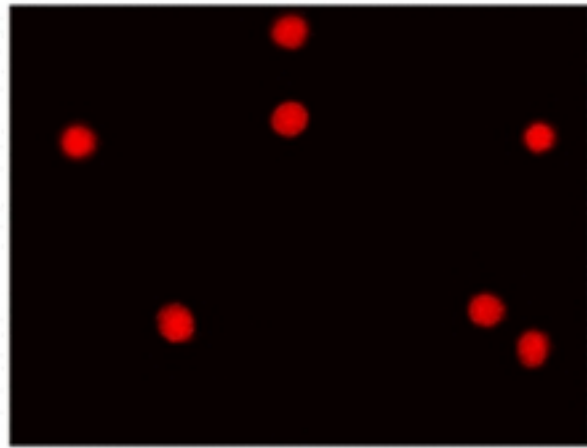
(v)



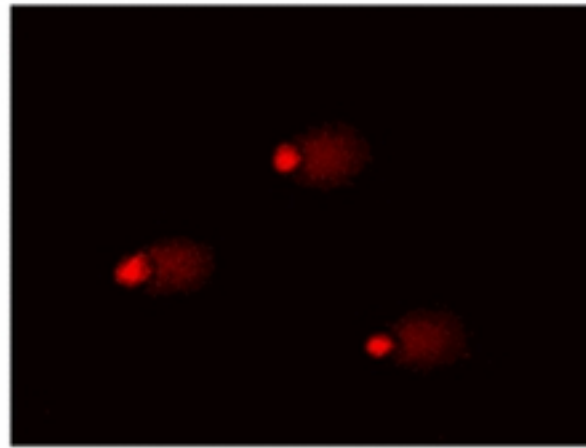
(vi)

Figure 3A

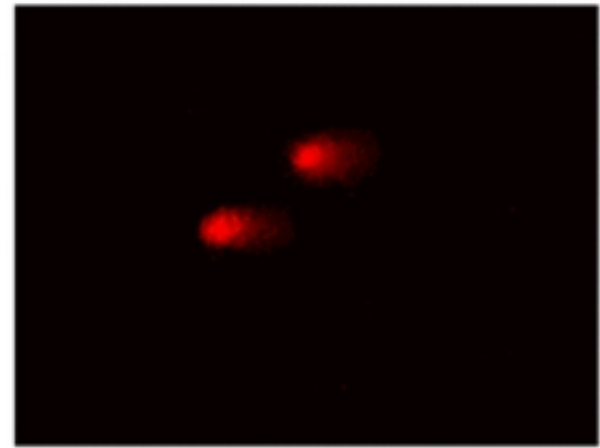
B



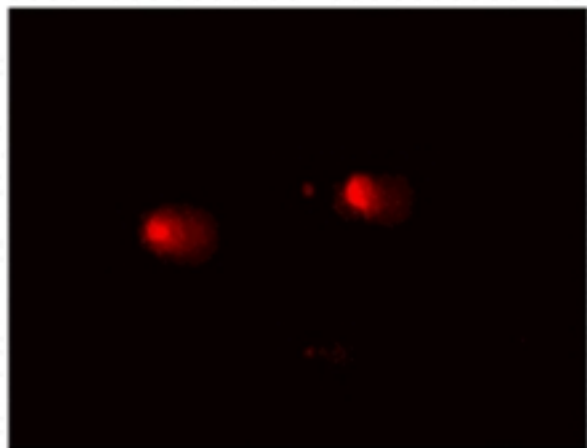
(i)



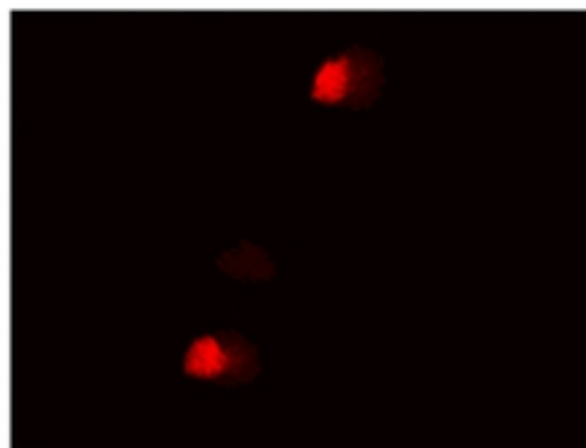
(ii)



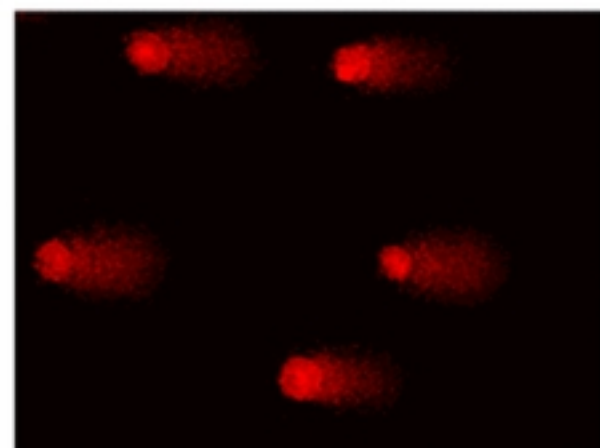
(iii)



(iv)



(v)



(vi)

Figure 3B

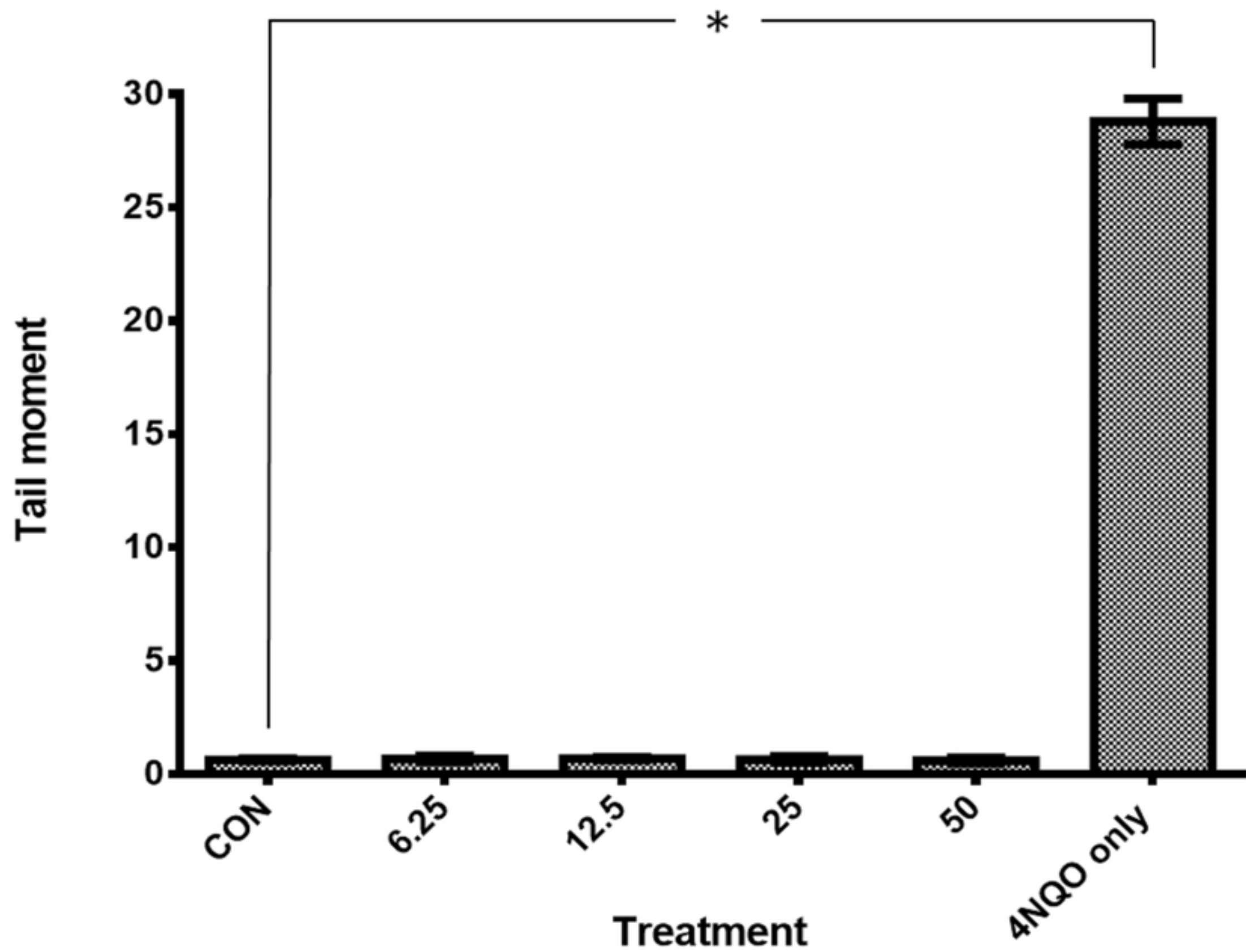


Figure 4A

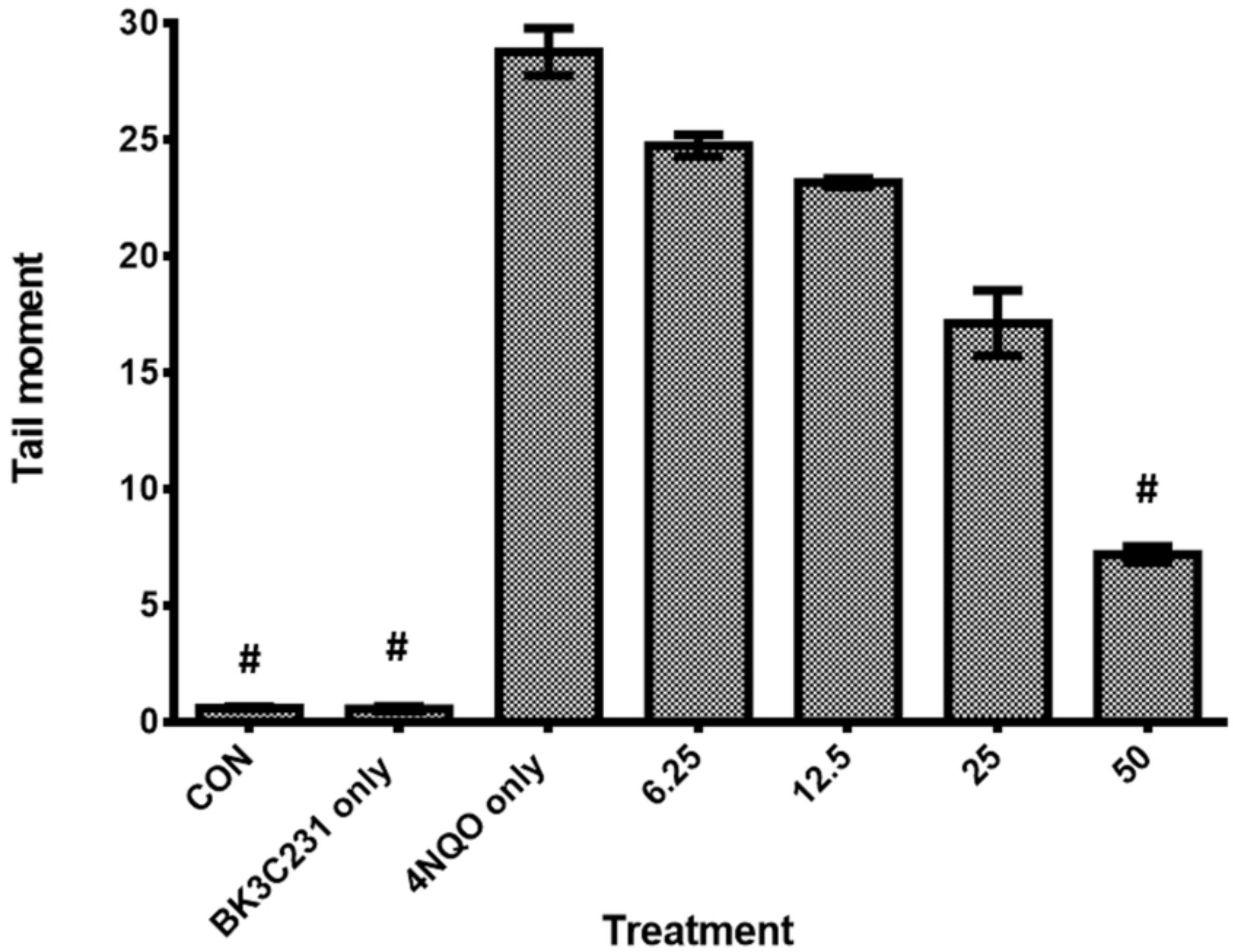


Figure 4B

A

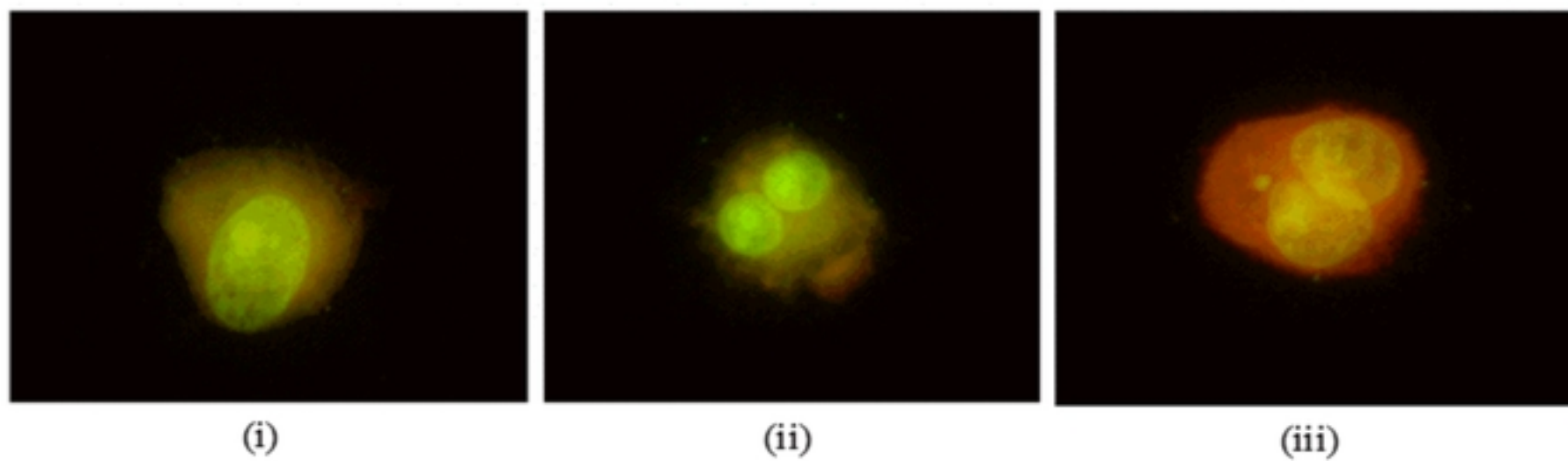


Figure 5A

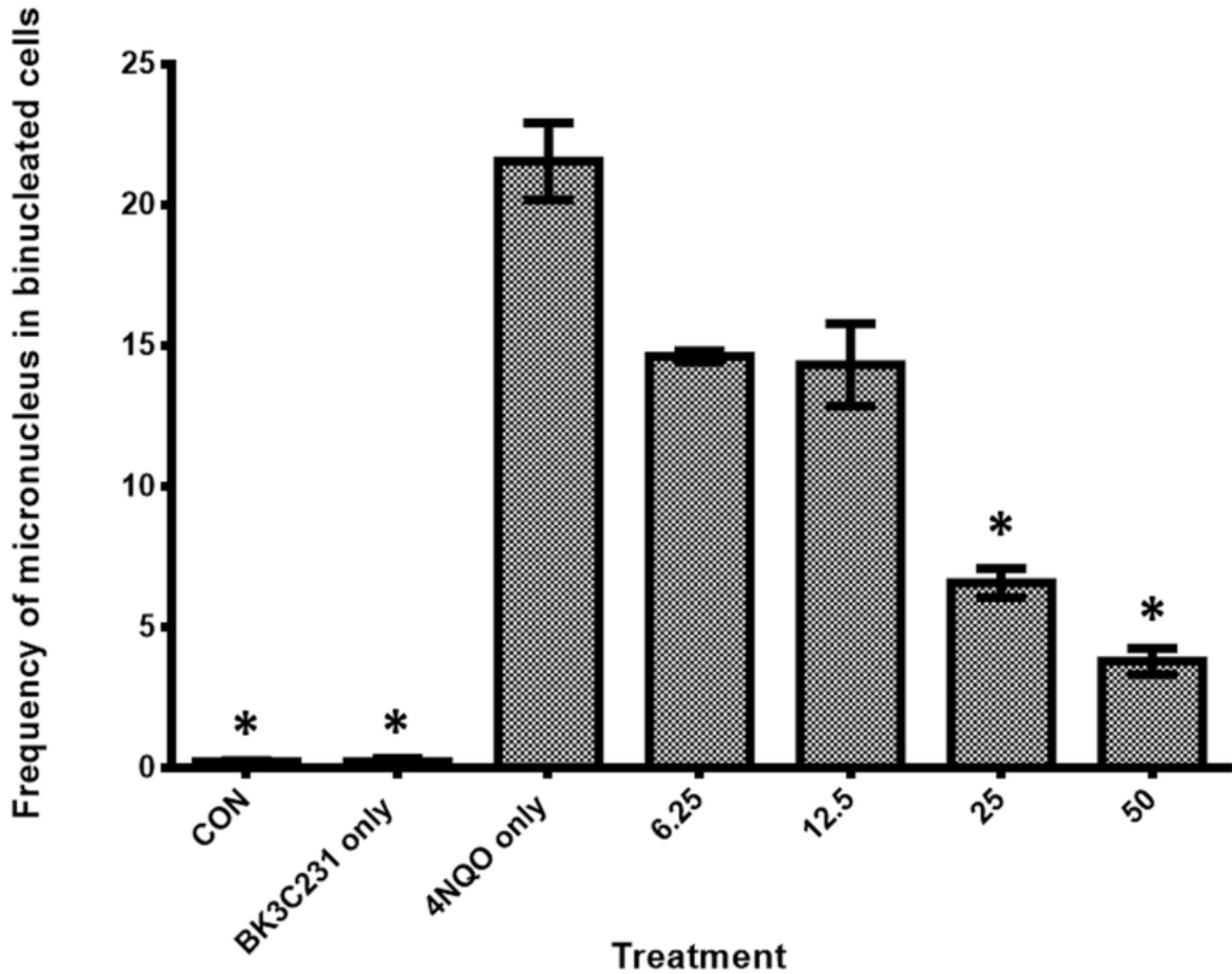


Figure 5B

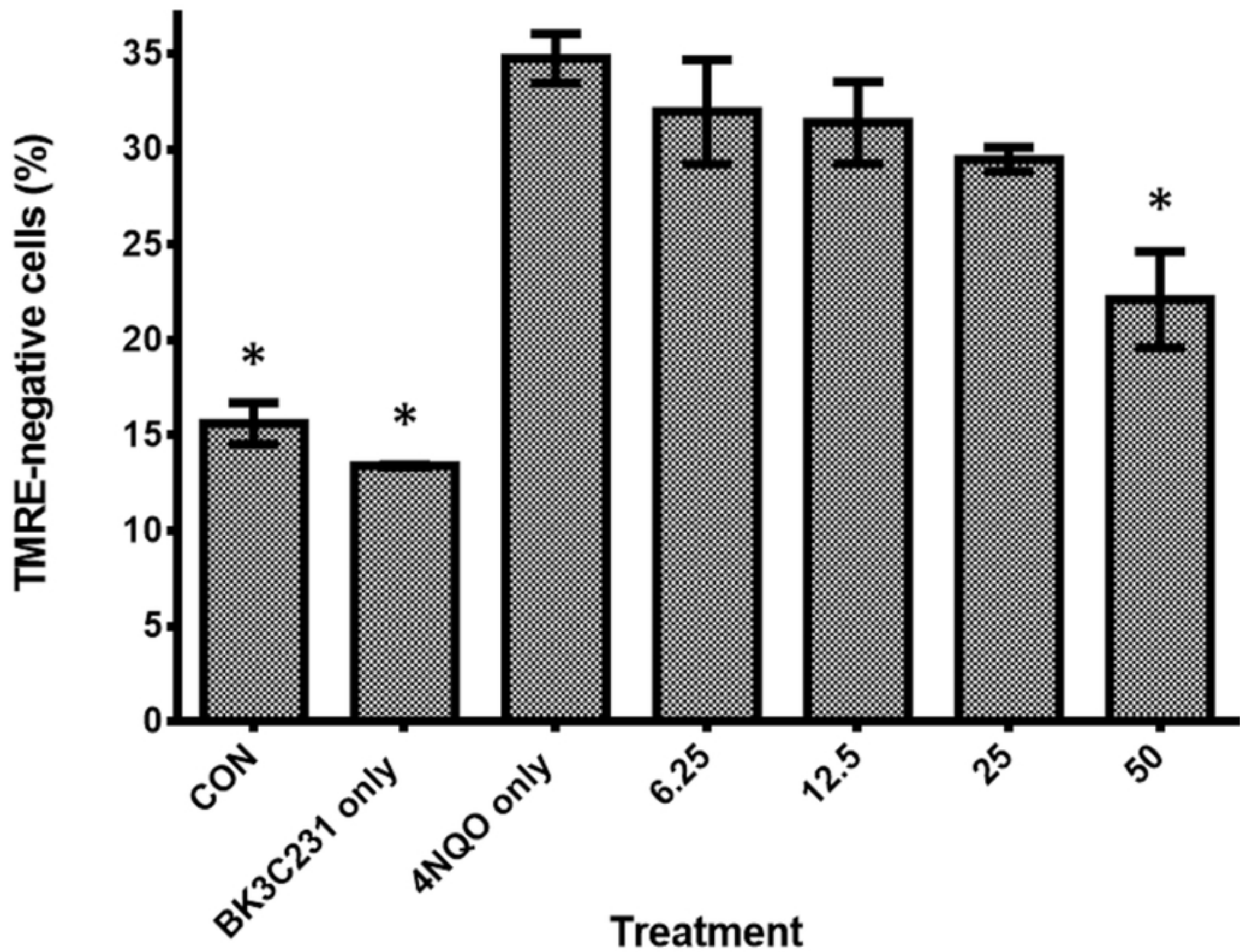


Figure 6

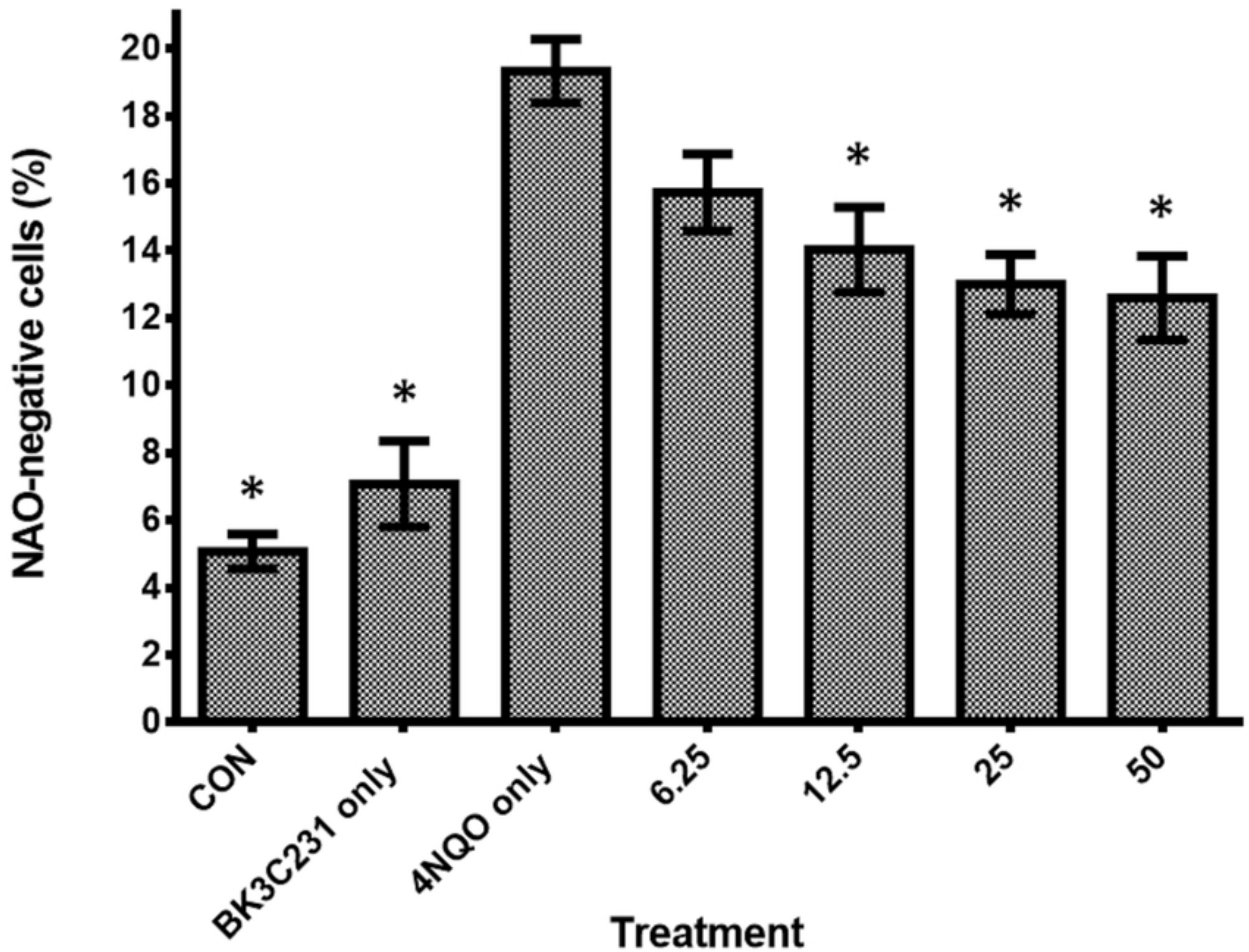


Figure 7

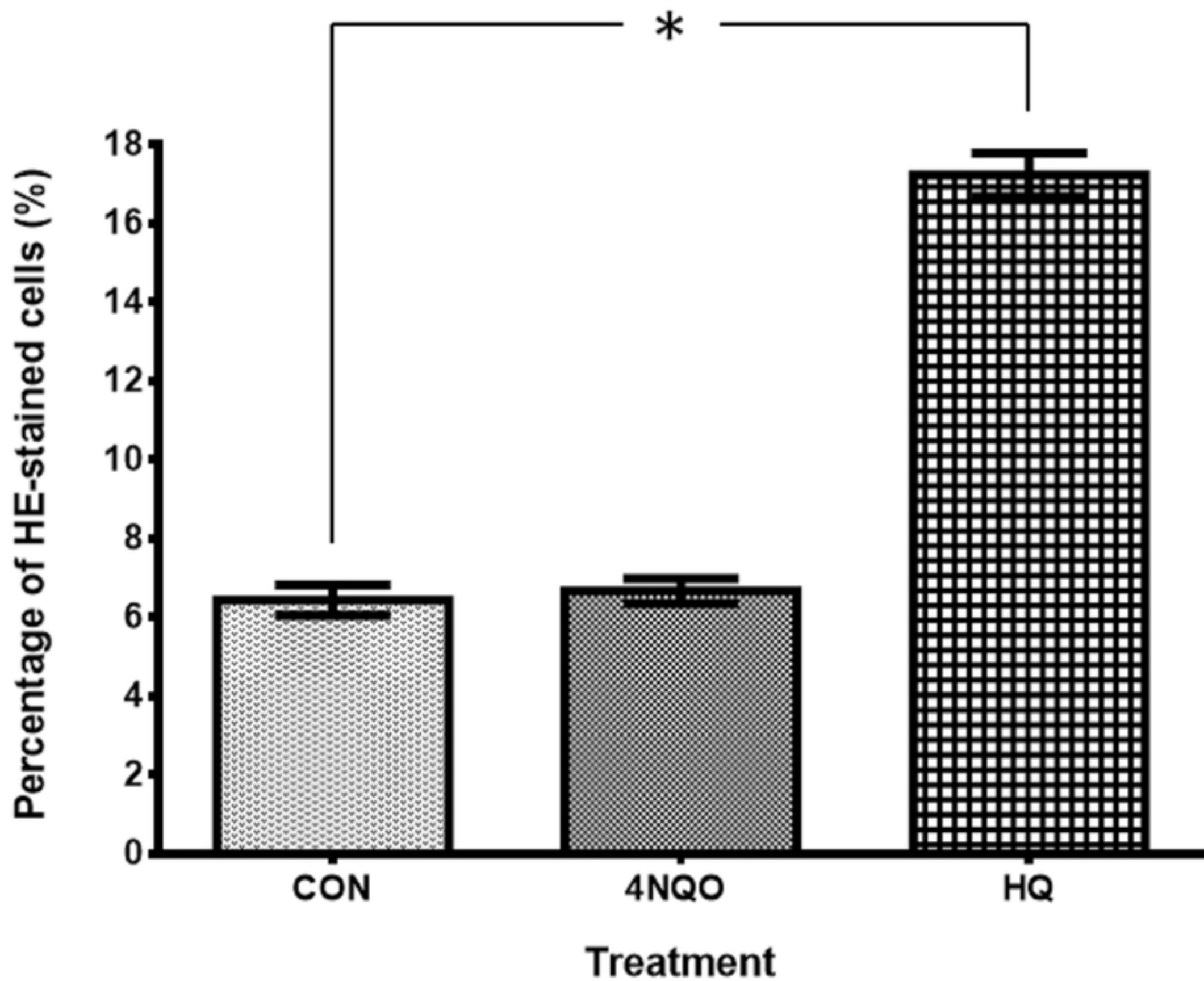


Figure 8A

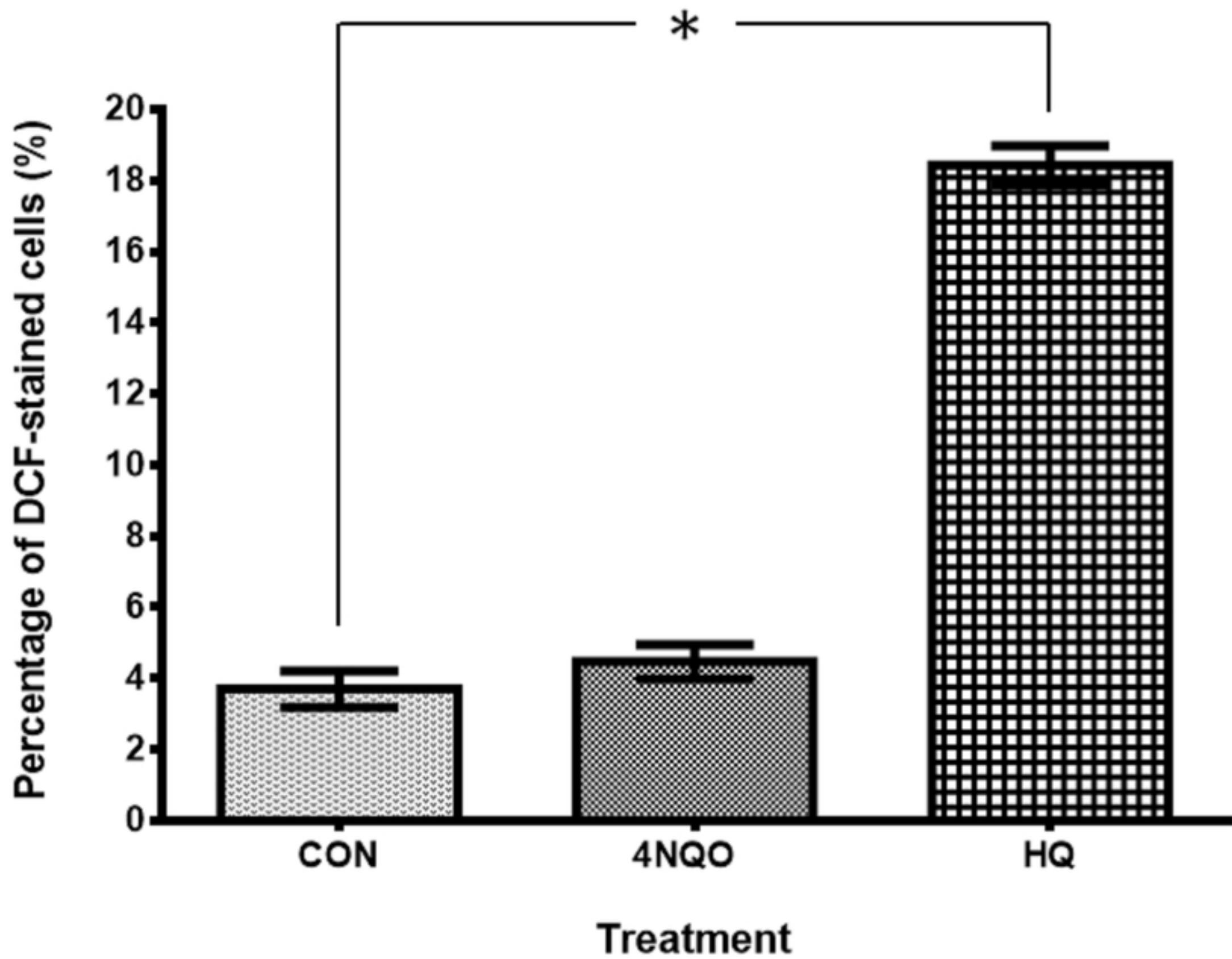


Figure 8B

Percentage of Orange NO probe-stained cells (%)

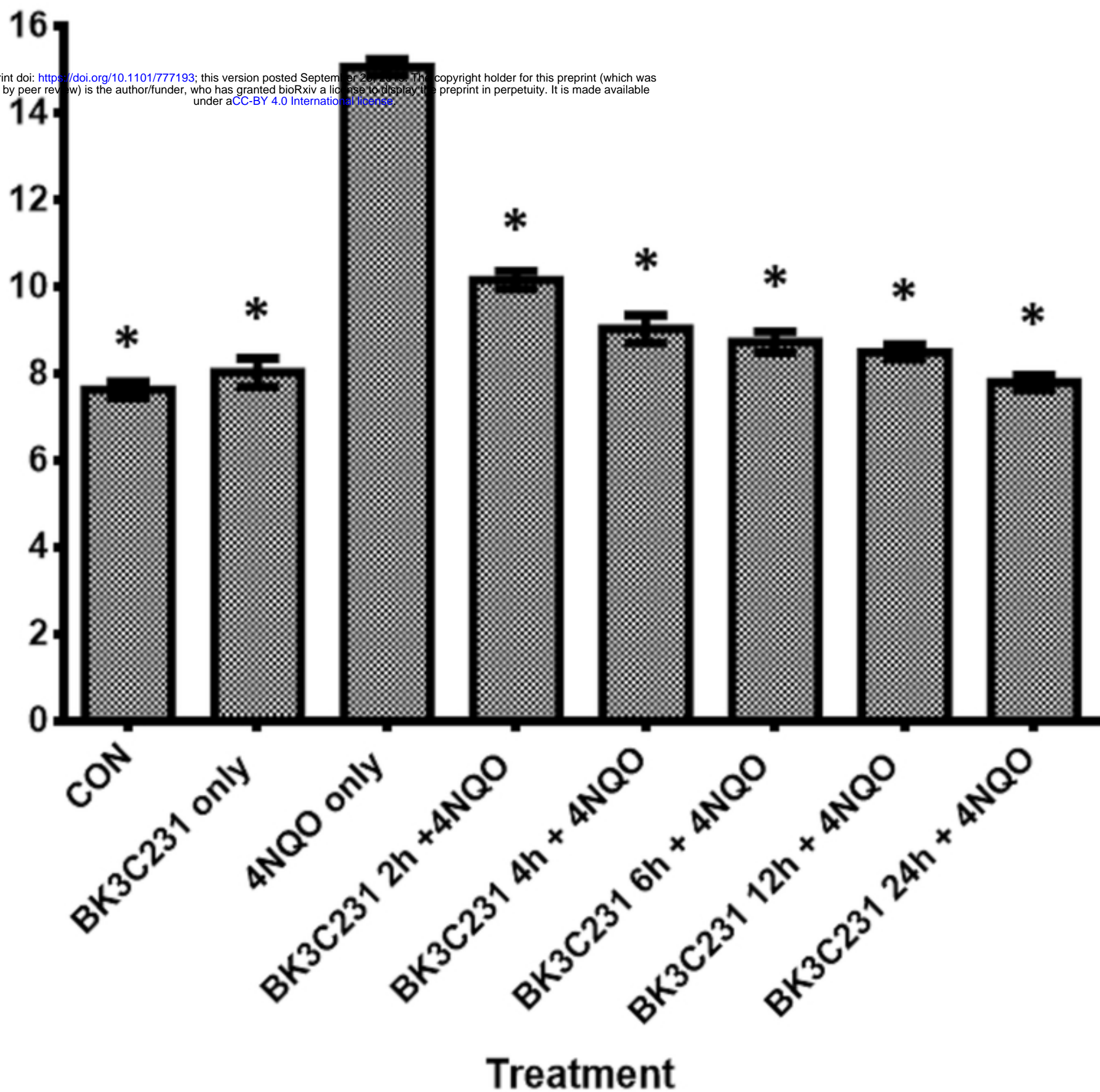


Figure 9A

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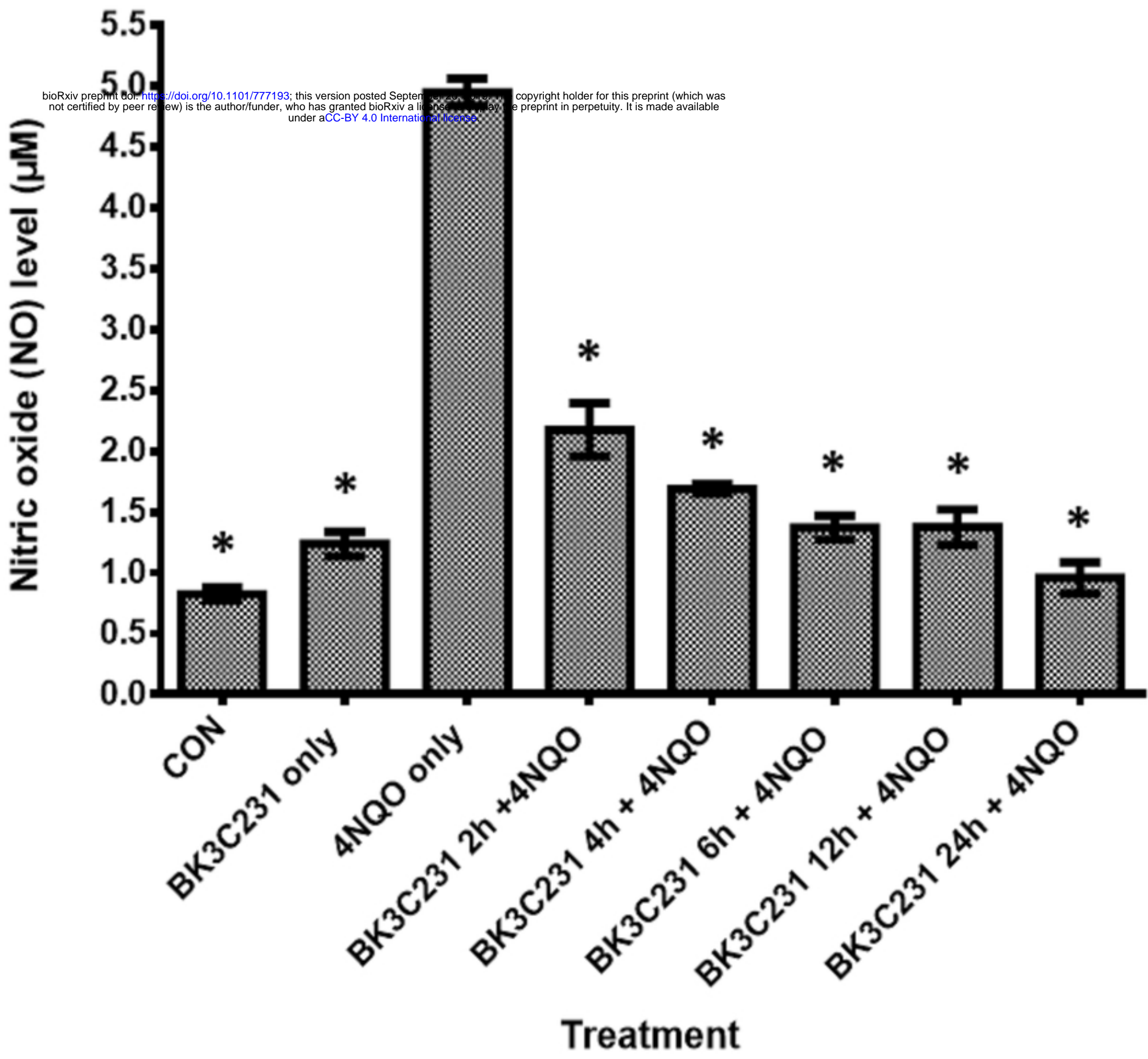


Figure 9B

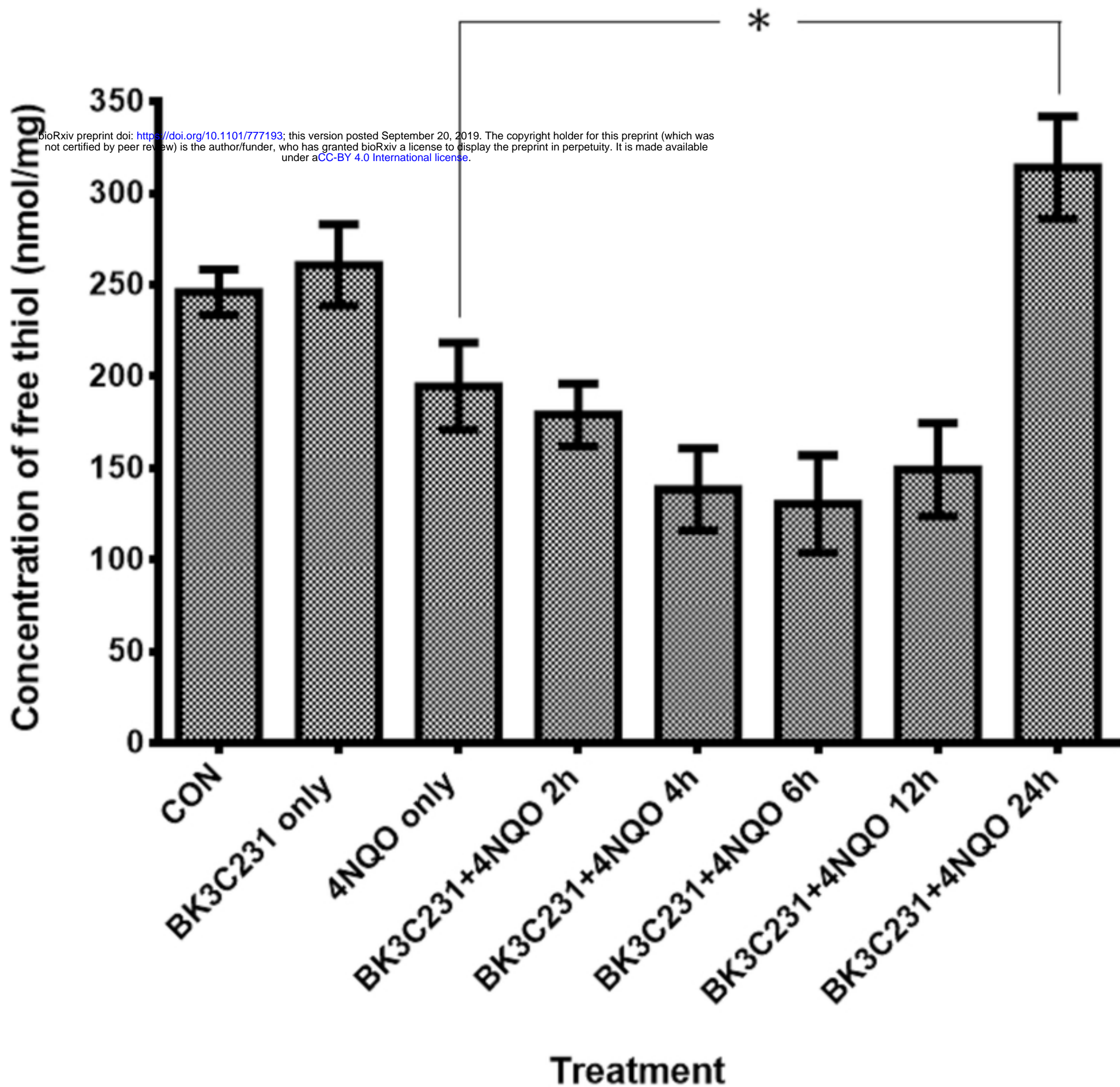


Figure 9C

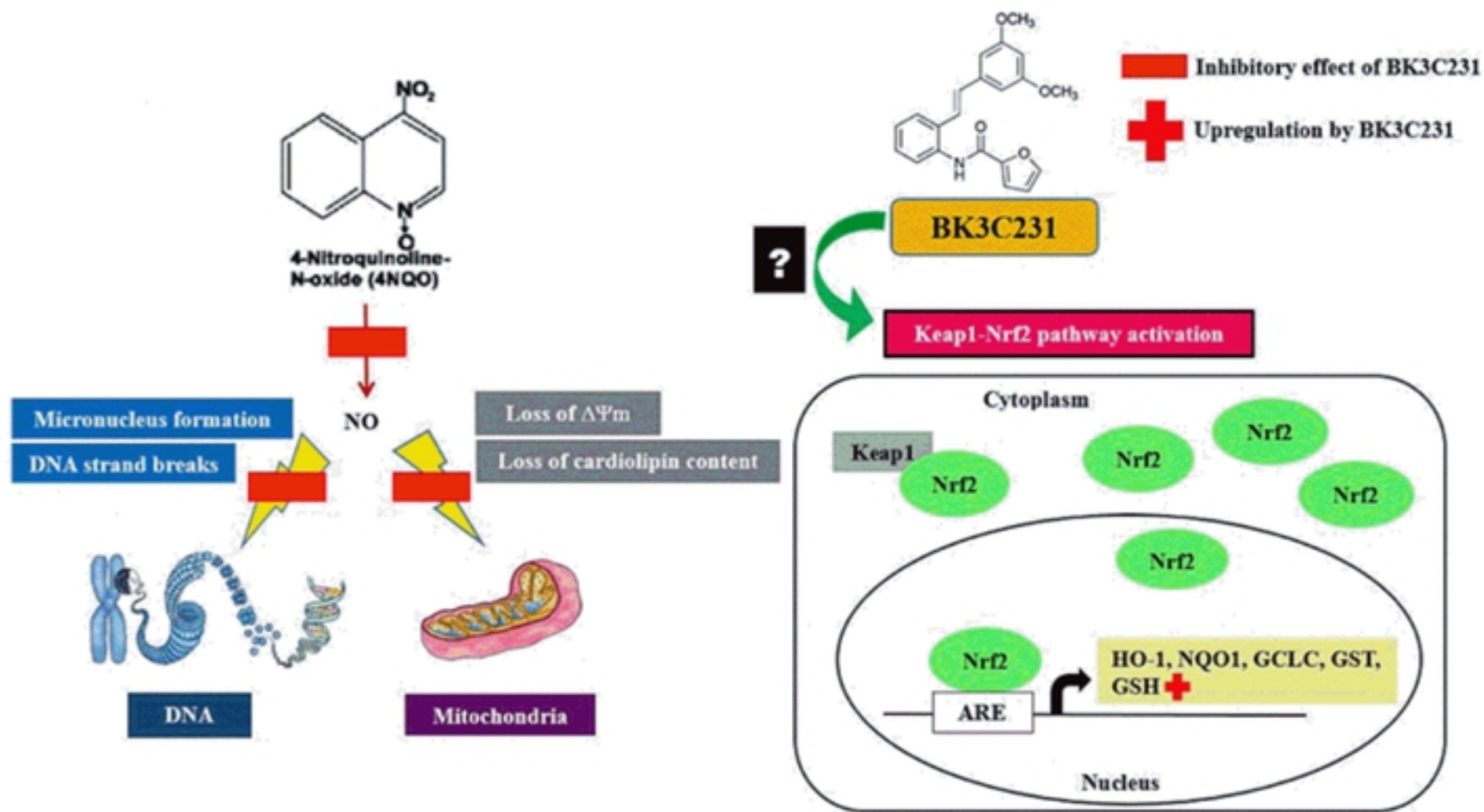


Figure 10