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Establishment of *Wolbachia* strain *wAlbB* in Malaysian populations of

3

***Aedes aegypti* for dengue control**

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21 **Abstract**

22 Dengue has enormous health impacts globally. A novel approach to decrease dengue incidence
23 involves the introduction of *Wolbachia* endosymbionts that block dengue virus transmission
24 into populations of the primary vector mosquito, *Aedes aegypti*. The *wMel* *Wolbachia* strain
25 has previously been trialed in open releases of *Ae. aegypti*; however the *wAlbB* strain has been
26 shown to maintain higher density than *wMel* at high larval rearing temperatures. Releases of
27 *Ae. aegypti* mosquitoes carrying *wAlbB* were carried out in 6 diverse sites in greater Kuala
28 Lumpur, Malaysia, with high endemic dengue transmission. The strain was successfully
29 established and maintained at very high population frequency at some sites, or persisted with
30 additional releases following fluctuations at other sites. Based on passive case monitoring,
31 reduced human dengue incidence was observed in the release sites when compared to control
32 sites. The *wAlbB* strain of *Wolbachia* provides a promising option as a tool for dengue control,
33 particularly in very hot climates.
34

35

36 **Introduction**

37 There are around 90 million symptomatic cases of dengue each year [1] with severe disease in
38 around 1% of cases, including life-threatening haemorrhage or shock syndrome. Reducing
39 abundance of the primary vector mosquito *Aedes aegypti* using insecticides and breeding site
40 reduction remain the main strategies for dengue control, but are relatively ineffective. The
41 introduction of *Wolbachia* endosymbionts into *Ae. aegypti* and demonstration of dengue
42 transmission-blocking [2-6] has been followed by the use of the *wMel* strain (from *Drosophila*
43 *melanogaster*) for ‘population replacement’, resulting in this strain reaching and maintaining a
44 high and stable frequency in north Queensland [7-9], where there has been a near-cessation of
45 imported dengue outbreaks [10].

46 *Wolbachia* replacement involves the induction of cytoplasmic incompatibility (CI), a
47 reproductive manipulation imposing a pattern of crossing sterility that provides an advantage
48 to *Wolbachia*-carrying females. CI enables rapid spread to high frequency in insect populations
49 once a threshold frequency has been exceeded, depending on host fitness parameters and CI /
50 maternal transmission rates [7, 11, 12]. Different *Wolbachia* strains vary considerably in their
51 effects on *Ae. aegypti* fitness parameters [13-16], and thus their population invasion /
52 maintenance capacity (indeed strain *wMelPop*, a higher-replicating variant of *wMel* with high
53 fitness cost, was unable to maintain itself in *Ae. aegypti* populations [15]).

54 Recent reports suggested that *wMel* may show reduced density and cytoplasmic
55 incompatibility when *Ae. aegypti* larvae are reared at high temperatures [13-14, 16], which also
56 matched temperatures previously recorded in wild *Ae. aegypti* larval sites elsewhere [17];
57 larvae in containers exposed to sunlight for part of the day would experience even higher
58 temperatures than the recorded ambient air temperatures. However, *wAlbB* proved to be much
59 less susceptible to the effects of similar high rearing temperatures [14, 16]. This suggests that
60 *wAlbB* might be well suited for population replacement in hot environments, given its ability
61 to effectively block transmission of dengue and other arboviruses [5]; *wAlbB* has not
62 previously been deployed in this way.

63 The primary aim of these field trials was to assess whether *wAlbB* can be established /
64 maintained at high frequency in urban *Ae. aegypti* in greater Kuala Lumpur, Malaysia, and
65 what conditions are most conducive to establishment. In Malaysia over 100,000 dengue cases
66 were reported in 2016, with an annual cost estimated at \$175 million [18, 19]. Extended periods
67 with daily peak temperatures exceeding 36°C occur in Kuala Lumpur. In light of *Wolbachia*
68 strain difference in temperature responses, which may impact both the *Wolbachia* population

69 frequency and the efficacy of dengue blocking in wild populations, this hot tropical
70 environment provides an opportunity to test whether *wAlbB*-carrying *Ae. aegypti* with different
71 effects on host fitness components to *wMel* [14, 16] can invade an area where dengue is
72 endemic. Information was also collected on dengue incidence in release areas and in matched
73 control sites.

74

75 **Results**

76 *Site selection*

77 Intervention sites with persistent occurrence of dengue over the previous four years were
78 selected (Table 1), in accordance with a WHO-recommended criterion for dengue intervention
79 trial design [20]. Four primary intervention sites were chosen in Selangor State to represent
80 different building types in order to explore *Wolbachia wAlbB* spread and maintenance
81 dynamics in different settings (Table 1; Fig. S1): high-rise (18 floor) apartment buildings, 4/5-
82 floor flats, 5 floor combined shop and flat buildings, landed terraces, and landed houses (Fig.
83 1). For two of the sites, releases were also conducted at adjacent smaller secondary sites with
84 different building type. Where possible, boundaries to mosquito movement on at least a portion
85 of the perimeter were incorporated in order to minimize immigration from surrounding areas -
86 highways of six lanes and above / rivers / grassland and park areas [21]. Estimates of *Aedes*
87 species composition and population size over time were obtained using ovitraps (Figs. 2, S2,
88 S3). *Ae. albopictus* is present at all the sites (Fig. S3) (the latter is to be targeted subsequently
89 for replacement releases using dengue-blocking strains [22, 23]. Community engagement is a
90 very important component of *Wolbachia* transmission-blocking programs, given that biting
91 female mosquitoes must be released into the environment; community consent and strong
92 support for releases was obtained in all sites (see Materials and Methods).

93 *Releases*

94 In order to obtain a fit, locally adapted and competitive *Ae. aegypti wAlbB* line for release [16],
95 four generations of backcrossing to field-collected local material were carried out. An
96 important factor in relative fitness is insecticide resistance, given increasing levels of resistance
97 [24] (particularly to pyrethroids). Susceptibility was compared between F1 adults from field-
98 collected individuals and the release line using bioassays and found to be similar for
99 pyrethroids, as well as to the organophosphates fenitrothion and pirimiphos (Fig. S4). The
100 backcrossed *Ae. aegypti wAlbB* line was mass reared in preparation for releases. Wing
101 measurements taken from mass-reared adults were in the range expected to produce fit,
102 competitive release mosquitoes based on studies with Australian *Ae. aegypti* [25, 26] (average
103 (SD) for males 2.28 (0.10) mm, females 2.96 (0.11) mm).

104 *Wolbachia* invasion depends on it exceeding a frequency dictated by fitness effects,
105 incompatibility and maternal transmission; this was used to estimate required release rate with
106 the ovitrap index (traps positive for *Ae. aegypti* divided by total traps per site) providing an
107 estimate of population size [7]. Adult mosquitoes were released weekly in the morning on a
108 pre-determined grid (with one cup of 50 mosquitoes released on a grid on ground / second
109 floors in Section 7 and on every third floor in Mentari Court). After around 4 weeks of releases,
110 *Wolbachia* frequency monitoring commenced using ovitraps, with the resulting eggs returned
111 to the laboratory, raised to adults and a selection of the *Ae. aegypti* samples from each trap used
112 for *Wolbachia* qPCR analysis [27]. In one of the sites, Section 7 Commercial Centre, eggs
113 rather than adults were released: covered containers to which approximately 200 eggs in 400
114 mL water with larval food had been added (Fig. S5) were left out for 2 weeks for the adults to
115 emerge on site.

116 *Changes in Wolbachia and mosquito numbers*

117 *Wolbachia* frequency rose rapidly to over 80% at all sites (Fig. 3). Following the cessation of
118 releases, the *Wolbachia* frequency has remained stable and high (98% 12 months after releases
119 ceased) in Mentari Court. At the AU2 and Section 7 Flat sites, the frequency exceeded 95%
120 but subsequently fluctuated following cessation of releases. Immigration of *Wolbachia*-free
121 mosquitoes from surrounding untreated areas can reduce *Wolbachia* frequency where there is
122 a low population size and relatively weak boundary barriers to mosquito population movement
123 [21] which occurred at these locations; also in Section 7 Flats a 29-hectare construction site
124 ('i-City'), 159 m from the release zone, likely provided larval breeding sites and a source of
125 wildtype *Wolbachia*-free migrants. Therefore, it was decided to resume releases at a lower
126 release rate, whereupon *Wolbachia* frequencies rapidly rose again (Fig. 3).

127 Population size monitoring before and during the releases (Fig. 2) also confirmed that there
128 were no major population spikes associated with the release phase in the sites; this is expected
129 given that mating between released males and wild females result in embryo death due to
130 cytoplasmic incompatibility, balancing the population-increasing effects of female releases. In
131 fact, in some sites post-*Wolbachia* establishment *Ae. aegypti* population density appeared to be
132 lower than previously recorded based on ovitrap index (Fig. 2). More data are needed to support
133 this observation, but the trend is consistent with a population suppressing effect caused by the
134 fitness cost associated with *wAlbB*, particularly with respect to a steadily increasing mortality
135 over time of desiccated eggs when added to water for hatching [16]. Areas with a higher
136 proportion of temporary rather than permanent breeding sites, where periodic flushing of
137 quiescent eggs is important, are predicted to experience a higher level of population
138 suppression following invasion. Post-release community surveys revealed that a majority of
139 residents did not notice any increase in mosquito biting (Fig. S6).

140 *Dengue incidence*

141 Human dengue incidence from 2013-2019 were compared between release sites and matched
142 control sites, based on data recorded by the Malaysian National Dengue Surveillance System.
143 Control sites were selected for comparable dengue incidence to the release sites in the period
144 from 2013 to the start of releases (Table 1); within the same District as the release site where
145 possible, to ensure similar non-*Wolbachia* dengue control activities (except that a wider area
146 was used for some of the Mentari Court sites, in order to ensure that some sites with similar or
147 higher incidence compared to the release site could be identified); and building type of the
148 'primary' site in each location, to meet similar mosquito and human population characteristics
149 (size, movement, etc.) (Table 1). Dengue incidence was reduced following releases in all
150 intervention sites (Figs. 4, S7). A Bayesian time series model [28-30] produced an estimate of
151 dengue case reduction of 40.3% over all intervention sites (95% credible interval 5.06 – 64.59)
152 (Fig. S8), with posterior probability of a reduction in intervention sites post-release of 0.985.

153 In the 18-floor apartment buildings of Mentari Court, prior to *Wolbachia* releases dengue cases
154 were high since at least 2013 (Fig. 4) despite intensive control efforts involving repeated rounds
155 of clean-up 'source reduction' coupled with community engagement, and repeated thermal
156 fogging (Fig. 5), none of which proved effective in reducing dengue incidence. The
157 introduction of *Wolbachia wAlbB* has, in contrast, reduced dengue cases to a point where
158 insecticide fogging by the local health authorities was no longer considered necessary (Figs.
159 4,5).

160

161 **Discussion**

162 The results indicate the successful introduction of *wAlbB Wolbachia* into release sites in
163 Selangor. The frequency of *wAlbB* has remained high at two sites following invasion (Mentari
164 Court, Commercial Centre) and the frequency at Mentari Court is currently still >90%, two
165 years after releases were terminated. An important consideration with respect to achieving

166 stable high *Wolbachia* frequency is *Ae. aegypti* population size versus movement; in Mentari
167 Court there is a relatively high population per unit ground area compared to the Section 7 zones,
168 given *Ae. aegypti* were collected in ovitraps all the way up to the 18th floor. This will need to
169 be incorporated into the design of wider strategy roll-out; for example buffer release zones
170 should be incorporated around the perimeter of high-transmission localities that have small
171 area, low *Ae. aegypti* population size or no clear natural boundaries to *Ae. aegypti* movement.
172 The importance of area size in successful invasions has previously been recognized for wMel
173 introductions in Cairns, Australia, where *Wolbachia* failed to establish at one small site
174 following releases despite successfully establishing at larger nearby release sites [21].

175 The successful deployment of egg containers for release at the Commercial Centre site has
176 proven to be logistically much less laborious than adult releases and will also greatly facilitate
177 wider roll-out. This reflects the fact that eggs produced in the laboratory can be easily cut into
178 strips and transported to the field, where water and food can be added to containers. In contrast,
179 adult releases require transfer of larvae to release containers where they can pupate and eclose,
180 which requires additional handling of the immature stages by laboratory personnel. Egg
181 containers were previously used in releases of wMel in Townsville, Australia, where they also
182 proved successful [10]. However, if density-dependent processes occur in such containers it
183 could slow the rate of *Wolbachia* invasion [31].

184 The dengue incidence data points to a reduction in incidence at release sites following
185 *Wolbachia* introductions when compared to control sites. Reduction to zero cases would not
186 be an expected outcome even if the strategy is 100% efficient, given that *Ae. aegypti* bite during
187 the daytime and thus dengue can be acquired outside of the place of residence (for example at
188 work or school) during the day, and also given that *Ae. albopictus* is abundant at these sites
189 (Fig. S3) and has yet to be targeted using *Wolbachia* replacement. Both factors make the effect
190 of the intervention more difficult to detect with passive surveillance as was used here; only the
191 effects of *Wolbachia* on local transmission of dengue by *Ae. aegypti* in the release zone are
192 being detected in these comparisons. Nevertheless, clear differences in incidence between
193 intervention and control sites were observed. The overall effect size produced by the Bayesian
194 model of 40% dengue case reduction is thus a conservative estimate; active surveillance using
195 seroconversion of naïve pre-school children would provide a more accurate measure of the
196 effect of the releases on local transmission, given a much higher proportion of locally acquired
197 cases are expected in this cohort [20], but this was beyond the budget and scope of the current
198 study.

199 In summary, the results clearly demonstrate the capacity of *Wolbachia* strain wAlbB in urban
200 *Ae. aegypti* to become established and maintain itself at high frequency in *Ae. aegypti*
201 populations. Releases in a larger number of diverse intervention sites are now being undertaken
202 in conjunction with the Malaysian Ministry of Health to comprehensively evaluate wAlbB
203 effects on dengue transmission in different settings. The cessation of fogging in the release
204 zones due to reduced dengue cases also points to the economic sustainability of the approach,
205 given that large sums are spent annually on insecticides for dengue control [19]. Longer periods
206 of dengue monitoring post-release will further increase the accuracy of the estimated effect
207 size of the intervention on dengue incidence, and as more areas become *Wolbachia*-positive
208 the proportion of imported cases will also fall. The establishment of wAlbB under high
209 temperature conditions as reported here points to it being a promising option for deployment
210 in very hot tropical climates. Transmission blocking for other viruses including Zika,
211 chikungunya, and yellow fever could also be achieved using *Wolbachia* [4, 32, 33].

212

213 **Materials and Methods**

214 *Backcrossing and mass rearing*

215 To maximize the fitness and competitiveness of the mosquitoes to be released, backcrossing to
216 freshly field-collected material was carried out. A total of 100 3-5 day-old females from the
217 *wAlbB Wolbachia* line [16] were placed into 24 x 24 x 24 cm cages, together with the same
218 number of 3-5 day-old males per cage of F1 / F2 mosquitoes from Shah Alam. After being left
219 for mating for 2-3 days, they were allowed to blood feed on mice (Malaysian National Institute
220 of Health approval number NMRR-16-297-28898). F1 females were then crossed to males of
221 the field strain, again F1 / F2, to obtain the backcross one (B1) generation. The process was
222 repeated twice to obtain generation B3. The presence of *Wolbachia* at 100% frequency was
223 confirmed in the B3 generation by qPCR as described below.

224 Eggs were weighed on paper in 0.225 g lots (approx. 15000 eggs) and submerged in tap water
225 (after 1 week of desiccation) in plastic containers (16 x 16 x 8 cm), after being exposed to an
226 air vacuum to stimulate hatching. Eggs were then transferred to a 36 x 26 x 5.5 cm trays
227 containing 1 L of tap water. Two days after hatching, L2 larvae from the 15000 eggs were
228 sieved and transferred into 500 mL beakers filled with seasoned water (tap water stored
229 overnight to dechlorinise). Aliquots of larvae were taken from the beaker using 10 mL plastic
230 pipette tips (50 larvae per aliquoted mL). Ten aliquots (1 mL each) were placed into 36 x 26 x
231 5.5 cm trays filled with 1 L seasoned water. Cow liver powder (Difco, Becton, Dickinson and
232 Co, Sparks, MD USA) and half-cooked cow liver were supplied to larvae daily at rates of .06,
233 .08, .16, .31, .64, .32, .32, .32, .16, .08 and .06 mg per larva from days 1 to 11.

234 Pupae were transferred into small plastic containers with seasoned water and transferred into a
235 mosquito cage (approximately 1000 pupae per cage). The mosquitoes were supplied with 10%
236 sucrose solution with vitamin B complex. For blood feeding, two laboratory-reared mice were
237 left in the cage overnight. Two days post-feeding, ovitraps (diameter 7 cm, height 9 cm) lined
238 with A4 paper and with 200 mL of seasoned water were left for egg laying for four days. The
239 paper was dried and then sealed in a plastic bag until use.

240 Wing measurements were carried out periodically on 15 mass reared males and 15 females for
241 quality control. Both left and right wings of individual mosquitoes were dissected and measured
242 under saline using DIMAS Professional version 5.0 (2) and an SSZ-T-3.5x mm graticule.

243 *Insecticide susceptibility assays*

244 Adult bioassays for insecticide resistance were carried out using strains from field *Ae. aegypti*
245 from Shah Alam and *Wolbachia*-carrying *Ae. aegypti*, together with a susceptible Kuala
246 Lumpur laboratory strain that has been in culture for over 1000 generations. One commonly-
247 used pyrethroid (permethrin) and two organophosphates (fenitrothion and pirimiphos methyl)
248 were tested. For the field-derived samples, 20-100 larvae were sourced from ovitraps and reared
249 for 1-5 generations in the lab. The *Wolbachia* mosquito colony was also derived from Shah
250 Alam (see above). Larvae were raised on liver powder and 3-5 day-old adult females were
251 tested.

252 The bioassays followed the WHO resistance test (WHO, 2016) using insecticide impregnated
253 papers (Vector Control Research Unit, Universiti Sains Malaysia, Penang). 10-20 adult females
254 were used for each of the three biological replicates. The adults were exposed to papers
255 impregnated with permethrin 0.25%, pirimiphos methyl 0.25% and fenitrothion 1.0%. Two
256 controls were also set up for each treatment. Knockdown was scored every 5 min during a 1 hr
257 exposure period. After exposure, the mosquitoes were transferred into paper cups with cotton
258 soaked in 10% sugar solution. Mortality was recorded after 24 hrs. Tests were repeated during
259 the period that the colony was used for releases, except in the case of pirimiphos methyl that
260 was tested twice.

261 *Community engagement*

262 This strategy requires community engagement and consultation: acceptance and support of the
263 community are essential for the releases. Printed educational materials containing clear
264 information (e.g. leaflets, posters, buntings and banners) on *Wolbachia* were displayed and
265 distributed. A website was established for the *Wolbachia* Malaysia Project linked at
266 www.imr.gov.my/wolbachia. The target group to engage was the head of household and
267 communities. To engage the public, interactions were initiated with local government / political
268 / religious and community leaders, using information kits, workshops / roadshows, meetings /
269 briefings, carnivals and home visits. A total of 40 stakeholders and community engagement
270 activities were conducted in places of worship and community halls. Communities and Ahli
271 Dewan Undangan Negeri (State Assemblyman) were also invited to the Institute for Medical
272 Research to experience first-hand the science of *Wolbachia*. These activities were designed so
273 that the communities would possess a sense of belonging to the programme, and feel that their
274 involvement was recognized. Public meetings reinforced the ground-level support for the trials
275 as reflected by a willingness of community members to participate in the program. This high
276 level of support continued throughout the release periods.

277 Engagement by a team from IPTK (Institute for Health Behavioural Research) in all 6 release
278 sites was conducted by undertaking lectures / talks, using brochures, undertaking advertised
279 discussions with resident groups, posting banners & bunting, providing information on a
280 website, as well as by sending messages to resident through WhatsApp, and SMS. There were
281 between 4 and 17 activities at a release site including meetings, briefings, dialogue, carnivals
282 and home visits (fewer activities were carried out at sites that were used later in releases as
283 information about the releases spread). All activities involved local political leaders,
284 community leaders and residents. The aim was to get the community's trust in *Wolbachia*
285 releases and the target of the community engagement team was at least 80% of the population
286 having been exposed to the *Wolbachia* program through one or more of these approaches. The
287 majority of the resident populations in three sites were tenants (65-70% Flat PKNS Section 7,
288 60-70% Mentari Court, and 80% in Section 7 Commercial Centre); tenants were in general less
289 responsive and less involved in lecture activities and group discussion compared to
290 homeowners. In the AU2 Landed, Section 7 Landed and AU2 Flats sites, none of the residents
291 were tenants.

292 The IPTK team carrying out engagement continuously sought community feedback throughout
293 the period and found that the 80% exposure target was not reached in some release sites. Hence
294 the IPTK team, after discussing with the head of the blocks and apartments as well as Joint
295 Management Board (JMB), decided at these release sites to obtain agreement for project
296 implementation from community leaders and each community Joint Management Board.

297 In Shah Alam Section 7 Flats and Section 7 Landed sites, the vast majority of residents
298 surveyed agreed to be involved in the *Wolbachia* mosquito release project: 99.6% (650 of 652)
299 of responding households gave their approval for the project. In AU2 Landed and AU2 Flats,
300 98.4% (501 of 509) of responding households gave their approval to the project. In Shah Alam,
301 of those responding to the survey 62.9% were male and 27.5% female, while in AU2 Keramat,
302 50.7% were male and 33.2% female; those responding by WhatsApp and URL were
303 unidentified and accounted for 9.7% and 16.1% from Shah Alam and AU2, respectively. In
304 Mentari Court, the target group involved 20 community leaders rather than residents because
305 attendance at resident meetings was low. All community leaders agreed to the release of
306 *Wolbachia* in all the blocks and car parks in Mentari Court. The community engagement in
307 Section 7 Commercial Centre involved briefing community leaders on the *Wolbachia* project
308 by the IPTK team. After engagement, all 14 community leaders agreed for Commercial Centre
309 Section 7 to be included in the project. The community leaders requested *Wolbachia* videos
310 and health promotion materials for distribution to businesses, shops, houses and other premises,
311 and this was provided.

312 For all release sites, the *Wolbachia* mosquito release progress was shared with the communities
313 by inviting community representatives to the Institute on several occasions. An engagement
314 activity in the community was also run where the development of *Wolbachia* carrying *Aedes*
315 *aegypti* larvae were monitored in egg release breeding containers directly exposed to sunlight,
316 partially shaded areas and shaded areas.

317 Feedback surveys on *Wolbachia* interventions were conducted prior to and after releases.
318 Questions included the public perceptions to *Wolbachia* releases and dengue, the perception of
319 the mosquito population size before, during and after the releases, the level of confidence in
320 *Wolbachia* reducing dengue cases, opinions on breeding sites reduction after *Wolbachia*
321 releases and level of concern about dengue transmission. Approximately a year after release
322 initiation, the communities from the release sites were again invited four times for briefings
323 and updates on the progress of the programme.

324 *Mosquito releases*

325 A risk assessment was completed and permission was obtained for *Wolbachia* releases after
326 being examined by NIH and unconditionally approved by the Malaysian Medical Research and
327 Ethics Committee (MREC) (reference number KKM/NIHSEC/P16-566).

328 The areas of the 6 release sites are provided in Table 1 and maps of the sites are provided in
329 Fig. 1. The dates for releases in Section 7 Flats, Section 7 Landed, Mentari Court, and
330 Commercial Centre were 13 May 2017, 13 May 2017, 16 October 2017 and 20 November 2017
331 respectively, while the dates for AU2 Landed and AU2 Flats were 28 March 2017 and 13
332 September 2017 respectively. The 1st monitoring was conducted after 4 weeks of adult releases.
333 However, for the egg releases in the Commercial Centre, the first monitoring was conducted
334 after 4 egg releases, after 8 weeks on 15 January 2018.

335 Two days prior to the initial releases of *Wolbachia*-carrying *Ae. aegypti* in each site, fogging to
336 suppress the wild populations was carried out using ultra low volume spray (ULV) of
337 pyrethroids or organophosphates, in accordance with the Standard Operative Procedures of the
338 Ministry of Health. During the trial release period, no fogging or space spraying activities were
339 conducted within the release sites. GIS maps of release sites were prepared in order to construct
340 release point grids, using the GIS software ArcGIS v10.5 and QGIS 3.2.3 Bonn. Release site
341 maps were sketched based on the topography and cadastral map provided by the Department of
342 Survey and Mapping Malaysia and with reference to Google Maps and 1MalaysiaMap
343 (<http://1malaysiamap.mygeoportal.gov.my/>).

344 Mosquitoes were transported to the field sites in a van kept at ambient temperature. At Mentari
345 Court, a total of 40,800 *Wolbachia*-carrying adult mosquitoes were released weekly in blocks
346 A to G including indoor parking areas. The mosquitoes were released on every third level in
347 each block at 4 release points, except for block G which had 6 release points. For the indoor
348 parking building, there were 4 release points on the ground floor and 2nd floor. Four paper cups
349 (diameter 8 cm, height 11 cm), each with 50 mosquitoes (mixed sex) were released. Following
350 each release 10 containers were brought back to the laboratory and survival of adults was
351 monitored; very little mortality (never > 5%) was observed. Releases were conducted for 20
352 weeks and terminated when the *Wolbachia* frequency reached >90% on 3 consecutive
353 monitoring periods. At the final monitoring period 98% were *Wolbachia*-carrying, as assessed
354 through ovitraps. At Section 7 Flats, 20,400 *Wolbachia*-carrying adults were released weekly
355 in blocks 1 to 51. There were 8 release points across 2 levels (ground floor and 2nd floor), with
356 1 cup per release point. Releases were initially conducted across 26 weeks when *Wolbachia*
357 frequencies exceeded >90% on 3 consecutive monitoring periods. Releases ceased for 4
358 months, and then a second release period was undertaken for 31 weeks at a lower rate (10,200).

359 At the Section 7 Commercial Centre, releases involved eggs rather than adults. Egg containers
360 (14.5 cm x 12.5 cm) contained 150 *Wolbachia*-carrying eggs in 400 mL of water with 180 mg
361 liver powder. A single release hole (2 cm) was covered with a stopper. Egg containers were

362 placed at a release point in the shade, on mailboxes or near staircases. Containers were left for
363 2 weeks. After 5 days, the stopper was removed to allow mosquitoes to emerge. Hatching rate
364 was assessed on 5 containers by placing them in a sealed container left in the field house. Adults
365 were counted (75-80% of the eggs produced adults).

366 *Monitoring mosquito population size and Wolbachia frequency*

367 Ovitrap were used to assess *Wolbachia* frequencies and to monitor numbers of *Ae. aegypti* and
368 *Ae. albopictus*. Each ovitrap consisted of a plastic container (96 mm height, 67 mm diameter)
369 with 150 mL water and a wooden paddle (2 cm x 7 cm). In Mentari Court, 100 ovttraps were
370 set up on the ground. In the apartment buildings, these were placed on the ground floor, the 2nd,
371 5th, 8th, 11th, 14th and 17th floors. For the car park building, the 1st floor and 3rd floors were
372 monitored. Ovttraps were collected after a week and the paddle+water was transferred to a
373 plastic container (12 x 12 cm). All emerging mosquitoes were identified to species and a
374 maximum of 10 *Ae. aegypti* per trap were used for *Wolbachia* screening.

375 In Section 7 Shah Alam, monitoring was done after 4 weeks from the first release using 183
376 ovttraps, with 3 ovttraps set up per block on the ground, 3rd and 5th floors. Initially, monitoring
377 in Mentari Court and Section 7 Shah Alam was conducted every two weeks and later every
378 month. In Section 7 Commercial Centre, 100 ovttraps were set on the ground, middle and top
379 floors as evenly as possible across the release zone. Monitoring was initiated after the 4th egg
380 release on a monthly basis.

381 Adults from ovttraps were stored in absolute ethanol at -80°C. DNA was extracted from
382 individual mosquitoes using the Chelex® 100 resin (Bio-Rad Laboratories) method.
383 Mosquitoes were homogenised in 175 µL of 5% Chelex® solution using TissueLyser II
384 machine (Qiagen) and with 5 µL of proteinase K (20 mg/mL) (Bioron Life Science). The
385 extraction was incubated in thermocycler at 65°C for 1 hour, followed by incubation for 10
386 minutes at 90°C¹⁶. *Wolbachia* was detected by high-resolution melting polymerase chain
387 reaction (qPCR-HRM) [27] with 1:10 diluted DNA using the following *wAlbB1*-specific
388 primers: *wAlbB1-F* (5'-CCTTACCTCCTGCACAACAA) and *wAlbB1-R* (5' –
389 GGATTGTCCAGTGGCCTTA), as well as universal mosquito primers: *mRpS6_F* (5'-
390 AGTTGAACGTATCGTTTCCCGCTAC) and *mRpS6_R* (5'-
391 GAAGTGACGCAGCTTGTGGTCGTCC), which target the conserved region of the *RpS6*
392 gene, and *Ae. aegypti* primers *aRpS6-F* (5'-ATCAAGAAGCGCCGTGTCG) and *aRpS6-R* (5'-
393 CAGGTGCAGGATCTTCATGTATTTCG), which target the *Ae. aegypti*-specific
394 polymorphisms within *RpS6* and do not amplify *Ae. albopictus*.

395 Reactions were run as 384-well plates in a LightCycler 480 II (Roche). qPCR-HRM was
396 performed in 10 µL reactions containing 2 µL of DNA, 0.08 µL of 50 µM forward+reverse
397 primer, 2.92 µL Milli-Q water and 5 µL Ronald's Real-Time Buffer (3.28 µL Milli-Q water,
398 0.4 µL MgCl₂ (50 mM), 1.0 µL ThermoPol Reaction Buffer with 20 mM Magnesium (10x),
399 0.25 µL HRM Master (Roche), 0.064 µL dNTPs (25 mM) and 0.01 µL Immolase™ (20 U/µL).
400 qPCR was run following cycling conditions: 95°C for 10 min, followed by 50 cycles of 95°C
401 for 10 seconds, 58°C for 15 seconds, 72 °C for 15 seconds. High resolution melting was
402 performed by heating the PCR product to 95°C, and then cooling to 40°C. Then the temperature
403 was increased to 65°C. Samples were considered positive for *Wolbachia* when the T_m for the
404 amplicon produced by the *Ae. aegypti* primers was at least 84°C and the T_m for the *Wolbachia*-
405 primer amplicon was around 80°C.

406 *Dengue control activities*

407 In Mentari Court, many different control activities and education programmes have been
408 carried out to suppress dengue. Fig. 5 shows that various activities such as source reduction,
409 thermal fogging and Ultra Low Volume space spraying were conducted. Despite this activity,
410 dengue cases remained high in this site. After the introduction of *Wolbachia*, there was a
411 decrease in other activities undertaken to suppress dengue following a decrease in cases.

412 Therefore, community engagement around *Wolbachia* decreased rather than increased other
413 control activities at this site. At the other release sites, there was no increase in non-*Wolbachia*
414 dengue suppression activities following the initiation of releases.

415 *Dengue incidence*

416 Matched control sites were selected based on similarity of constituent buildings (at least 7
417 blocks of 12-20 floors for Mentari Court controls, at least 35 blocks of 4-7 floors for Shah Alam
418 Flat controls, at least 15 blocks of 5-7 floors for Commercial Centre controls); and comparable
419 dengue incidence between 2013 and the start of intervention periods. Notified dengue cases in
420 release and control sites were recorded daily from local clinics and hospitals. All notified cases
421 were confirmed using NS1 and IgM/IgG Combo Rapid Test Kits (RVR Diagnostics Sdn. Bhd.,
422 Subang Jaya, Malaysia) according to manufacturer's protocols, based on the established
423 Malaysian Dengue Clinical Practice Guidelines (CPG), available on <http://www.moh.gov.my>.

424 All notified dengue cases are recorded into the National e-dengue database at the District
425 Health Office. Dengue cases in the population residing at the study sites were detected via this
426 National Dengue Surveillance System. All cases were diagnosed using the National case
427 definition guidelines (Case Definitions for Infectious Diseases in Malaysia 2017). A confirmed
428 case of dengue was defined as fulfilling the clinical criteria for dengue infection with the
429 following laboratory confirmation: detection of Dengue Non-Structural Protein 1 (NS1) from
430 serum; and, detection of dengue IgM and /or IgG from a single serum sample. While there are
431 limitations to all laboratory diagnostic tests for dengue, the dengue rapid test kits (RTK)
432 applied in this National Surveillance System represent the most cost-effective point of care
433 diagnostic testing at a population level. The standardized diagnostic criteria applied through
434 this system ensures no biases in test results between the intervention and control sites.

435

436 *Bayesian time series model*

437 A Bayesian time series model was used to estimate the reduction in dengue cases resulting from
438 releases. The model structure was as follows:

$$\begin{aligned} 439 \quad & y_{i,t} \sim \text{Poisson}(\lambda_{i,t} N_i) \\ 440 \quad & \ln(\lambda_{i,t}) = \alpha_i + \gamma_{i,t} + \beta x_i \\ 441 \quad & \gamma_{i,t} = \rho \gamma_{i,t-1} + \epsilon_{i,t}; \gamma_{i,0} = 0 \end{aligned}$$

$$445 \quad r \sim N^+(0, 100); \epsilon_{i,t} \sim N(0, \sigma^2); \rho \sim U(-1, 1); \sigma \sim N^+(0, 100); \alpha_i \sim N(0, 100)$$

442 where the number of cases y at each site i and week t were assumed to follow a Poisson
443 distribution, with the expected count given by the product of population at that site, and the per-
444 capita incidence which varied varying through time and between sites. Each site had a separate
445 time series of log-incidences $\alpha_i + \gamma_{i,t}$ with temporal correlation driven by an autoregressive
446 model of order one, with parameters ρ and σ^2 shared by all sites. Each observation therefore
447 had a separate (temporally-correlated) random effect on the log scale, to account for extra-
448 Poisson dispersion and temporal correlation. The intervention effect was represented by a
449 parameter β and an indicator variable x_i for whether the observation was post-release at a
450 release site. Model parameters were assigned vague normal; positive-truncated normal; or
451 uniform priors. The model was used both to estimate the impact of the releases, and to assess
452 the evidence from the dengue case data that releases lead to a reduction in incidence - quantified
453 as the posterior probability that β is negative, in the absence of prior knowledge about the
454 direction of the effect.

456 Posterior samples of model parameters were simulated by Hamiltonian Monte Carlo in greta
457 [29] with 4 chains, each yielding 4000 posterior samples of model parameters after a warmup
458 period of 1000 iterations during which period the leapfrog step size and diagonal mass matrix
459 parameters were tuned. The number of leapfrog steps was sampled uniformly from between 30

460 and 40 throughout. Convergence was assessed by the Gelman-Rubin \hat{R} diagnostic, using the
461 coda R package [30] ($\hat{R} \leq 1.01$ for all parameters) and visual assessment of trace plots. Model
462 fit was assessed by posterior predictive simulation: a random dataset of $y_{i,t}$ values was
463 generated according to each posterior sample of $p_{i,t}$ and r , and the distributions of the simulated
464 $y_{i,t}$ values were compared with the observed $y_{i,t}$. The analysis code is freely available online
465 (code attached with submission and archive URL to be provided here on acceptance).

466

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471

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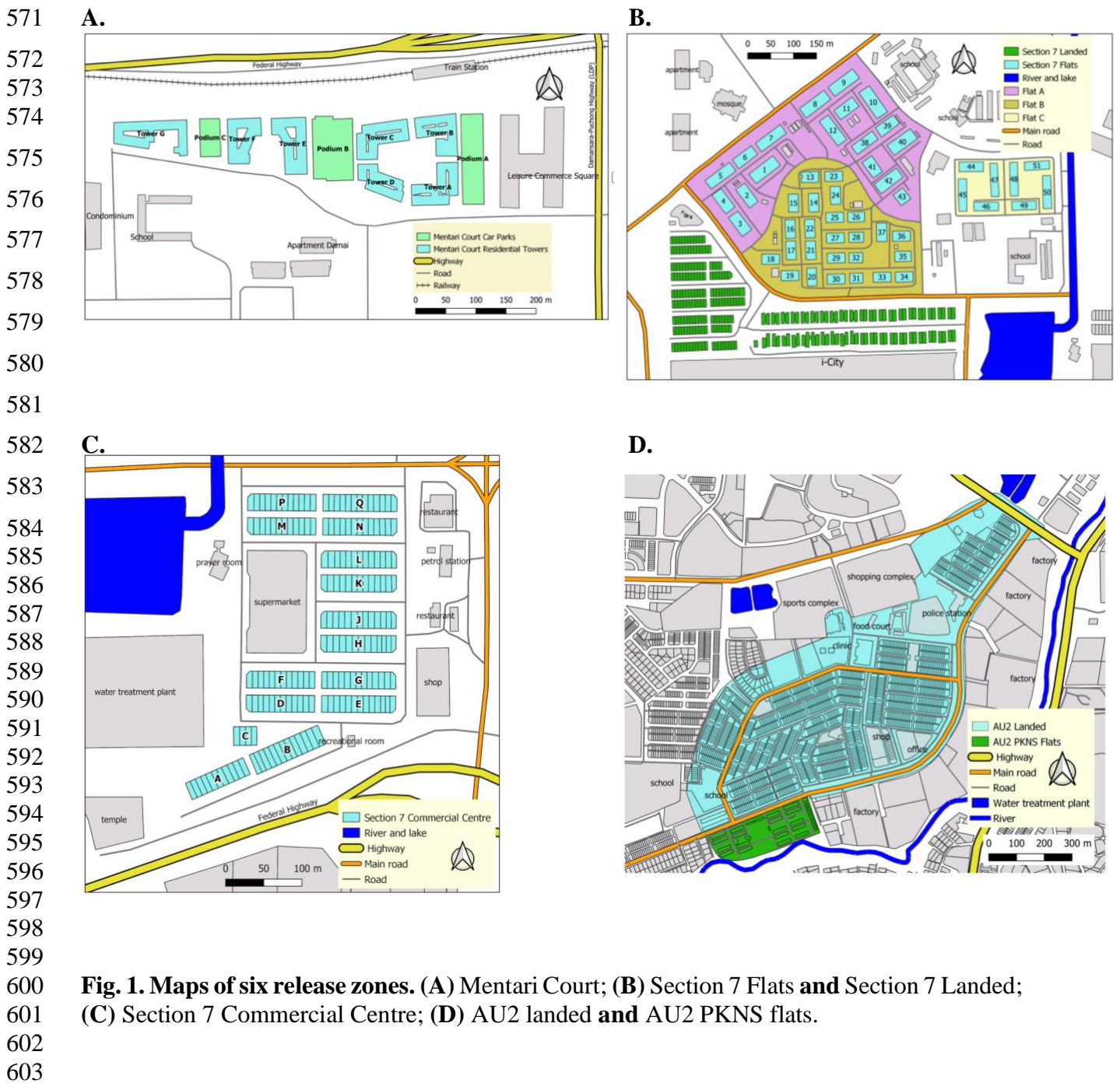
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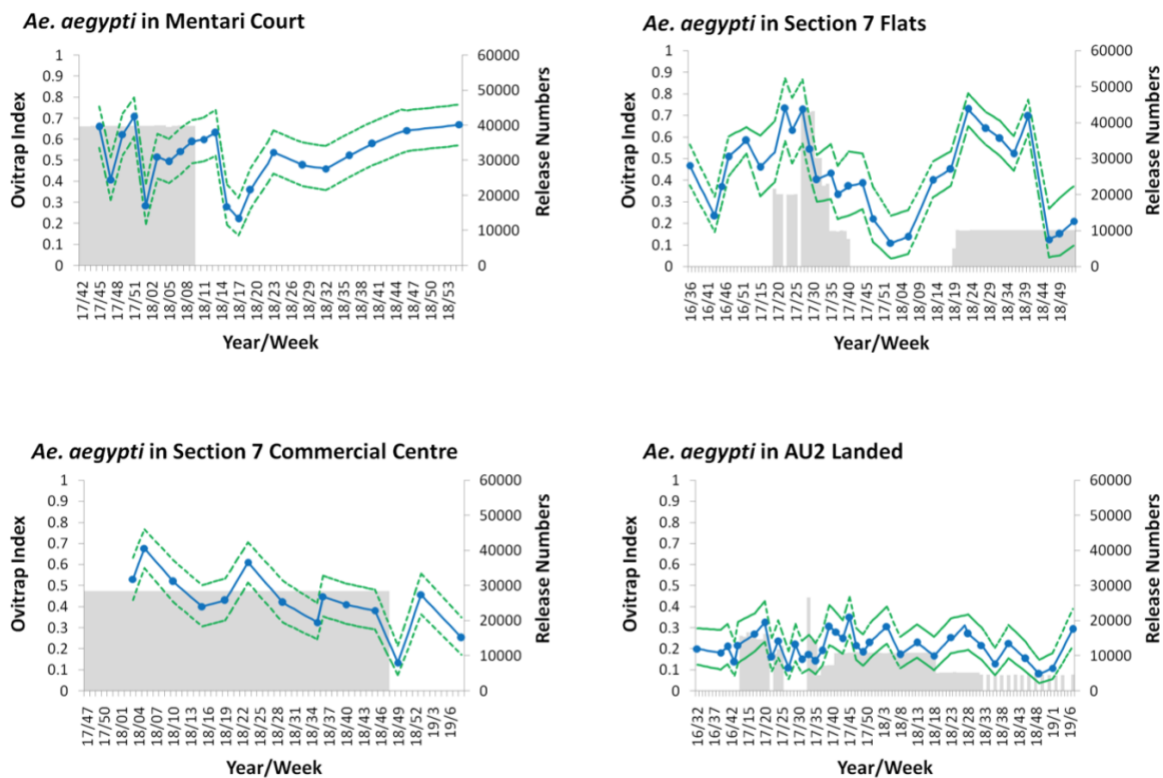
561 **Author contributions:** S.P.S., A.A.H. conceived the study; W.A.N., A.N.A., Y.L.C.,

562 M.V.M., M.R.G.K., A.K.M.A., H.T., H.S.N.S., M.Z.N.Z.A., M.M.N.R., A.S.N.S., A.F.,
563 M.N.F.R.I., S.R., N.N., M.M.N.N., M.S.M., N.M.E-H., V.L.W., T.H.A., C.H., H.A.H.,
564 R.A.B., M.D.H., K.K., D.K., S.C.L., M.P., K.F. performed the experimental work; A.A.H.,
565 Y.L.C., N.G., B.S.G., M.V.M., S.P.S. analysed the data; A.A.H., S.P.S., W.A.N., H.L.L.
566 supervised the project; S.P.S., A.A.H. wrote the manuscript; all authors reviewed the
567 manuscript.

568 The authors declare no competing interests.

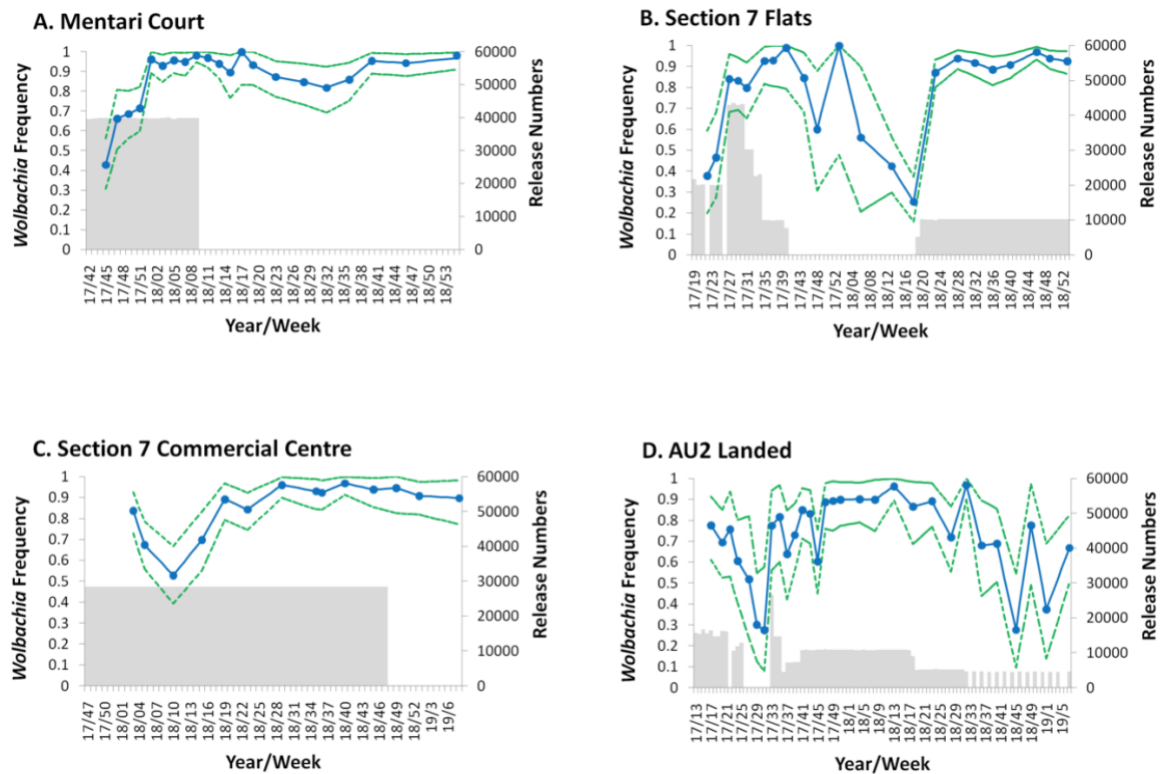
569 **Correspondence** should be addressed to steven.sinkins@glasgow.ac.uk,
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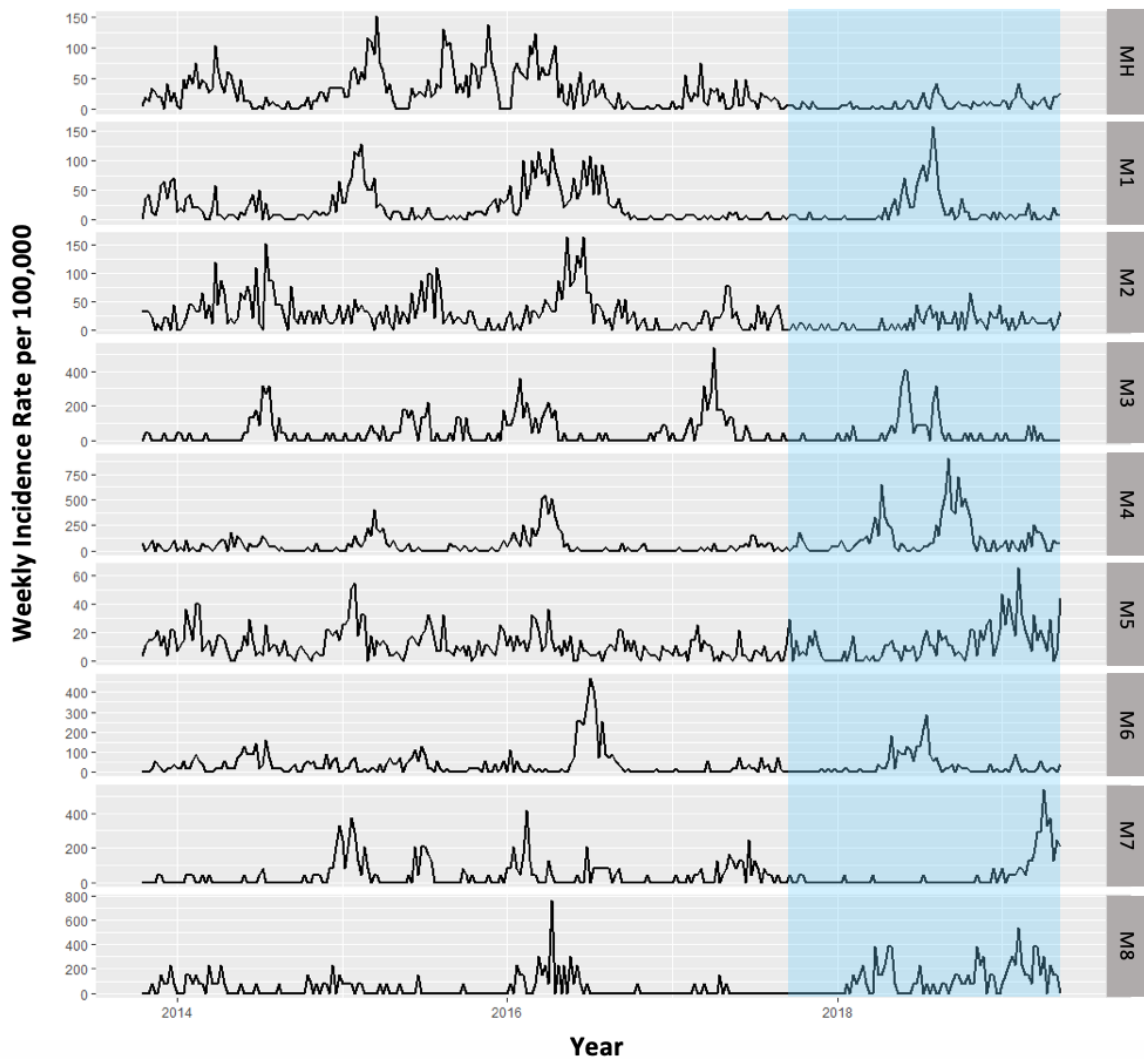
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Fig. 2. *Ae. aegypti* population size estimates at release sites. Ovitrap index (*Ae. aegypti*-positive traps divided by total number of traps) measured during the release/monitoring period. Grey shaded areas represent release periods; 95% confidence intervals are shown as dotted lines.



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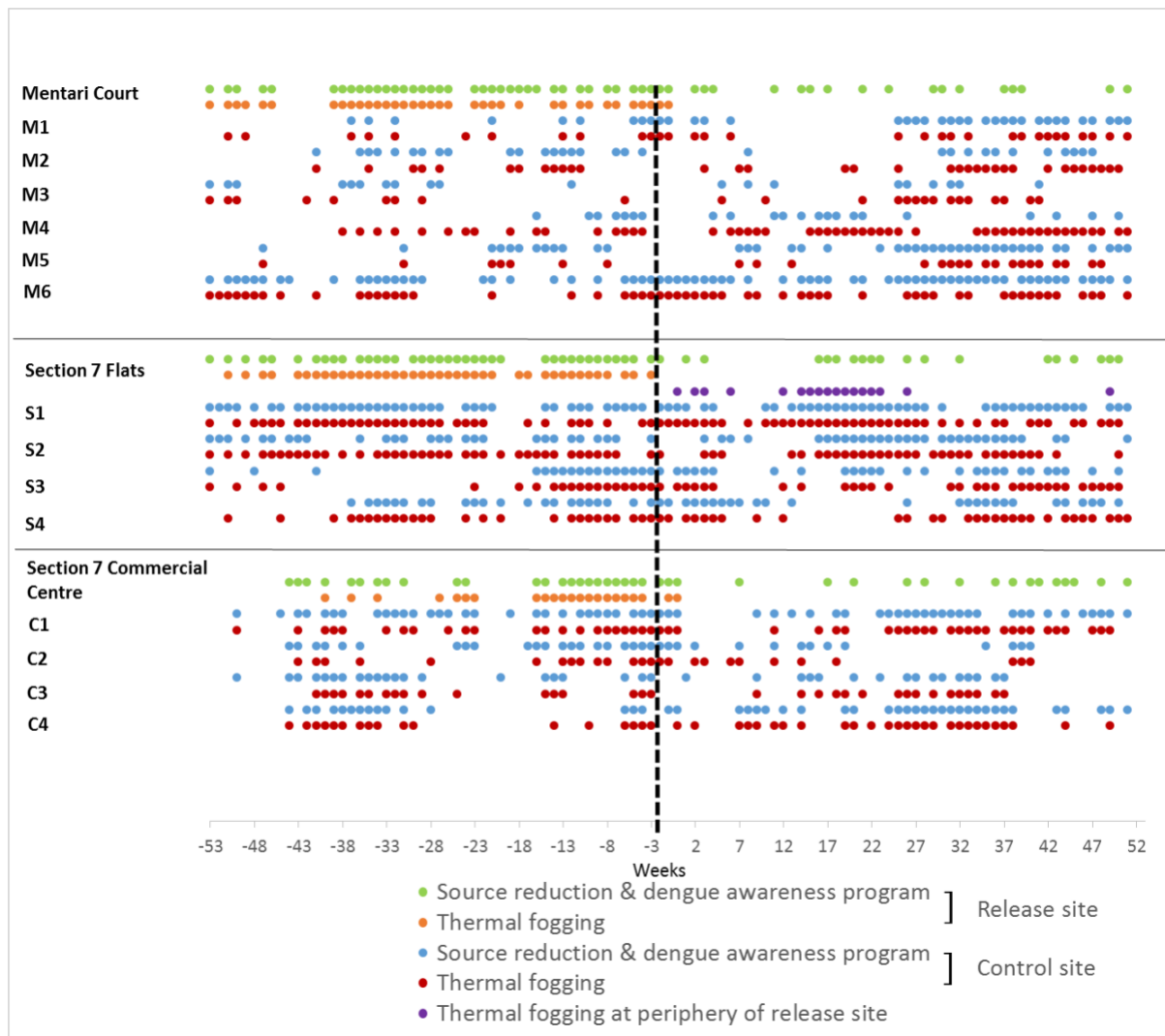
613 **Fig. 3. *Wolbachia* frequency during and after releases at six sites.** Monitoring was
614 conducted using ovitrapping and qPCR. **(A)** Mentari Court; **(B)** Shah Alam Section 7 Flats;
615 **(C)** Shah Alam Section 7 Commercial Centre; **(D)** AU2 Landed. Release numbers are shown
616 in grey shading; 95% confidence intervals are shown as dotted lines.



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Fig. 4. Dengue incidence from 2013 in Mentari Court (MH) and matched control sites (M 1-8). The period during and after commencement of *wAlbB*-carrying *Ae. aegypti* releases are indicated by blue (for other sites and their matched controls see Fig. S7). Incidence is calculated as total confirmed dengue cases per total population * 100,000.

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Fig. 5. Dengue control activities (other than *Wolbachia* release) at the Section 7 Commercial Centre, Mentari Court and Section 7 PKNS Flats in release and matched control sites. The date of first *Wolbachia* releases is indicated by the black dashed line, and activities carried out in the year before and year after this date are shown. Data were only available for three release sites. Thermal fogging at the periphery refers to fogging done at nearby construction sites.

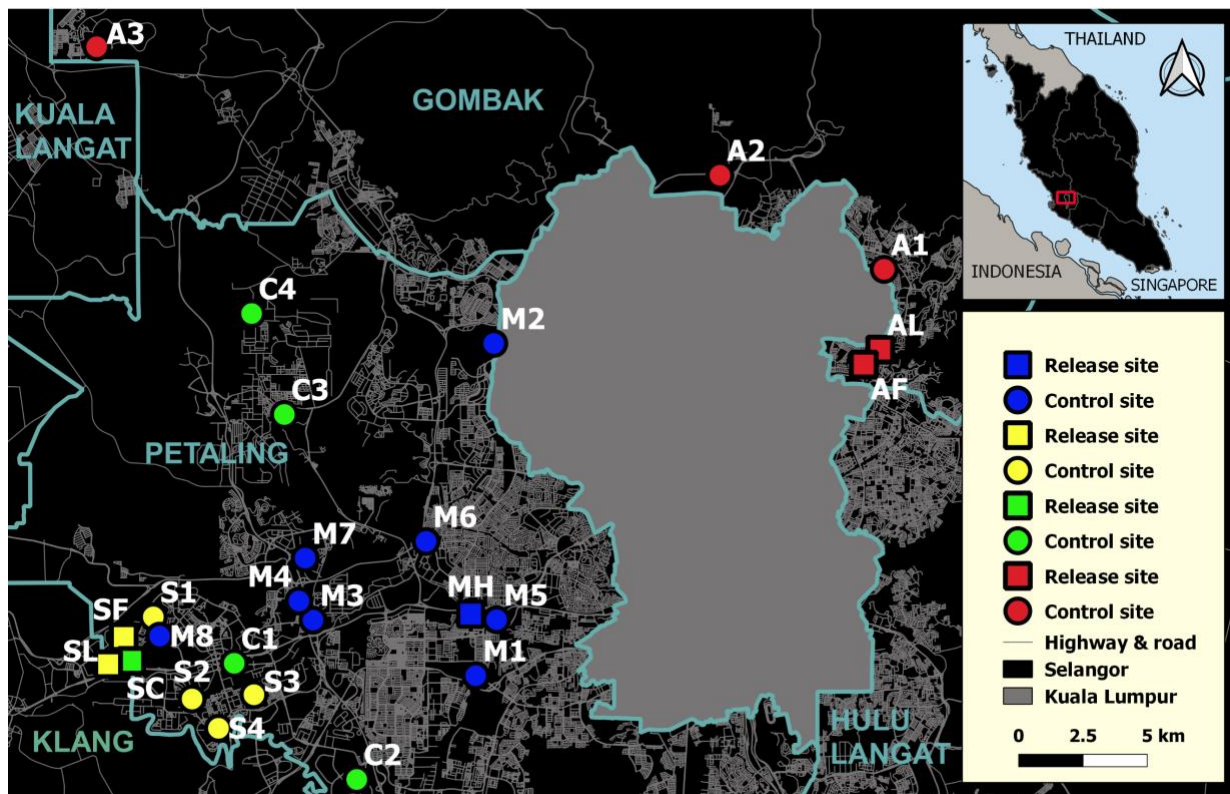
633 **Table 1.** Information on release and control sites identified from criteria discussed in main
 634 text. *rate per 100,00, from Jan 2013 until start of intervention. Release sites are in bold.
 635

Type of site	Site name	Blocks (bl), floors (f)	Dengue Incidence*	Approx. no. households	Area (m ²)
Release-MH	Mentari Court	7bl, 18f	7,371.41	3,469	90,267
Control-M1	Lagoon Perdana	7bl, 18f	4,974.05	3,322	46,713
Control-M2	PJU 8 Apartment Flora Damansara	8bl, 24f	6,937.23	2,200	74,726
Control-M3	Seksyen 13 Apart. Brunsfield Riverview	3bl, 14f	11,725.74	532	10,329
Control-M4	Seksyen 13 Apartment Perdana	4bl, 5-10f	11,977.35	656	28,486
Control-M5	Desa Mentari	11bl, 12-18f	2,566.06	6,560	54,126
Control-M6	Kelana Puteri & Putera Condominium	11bl, 16-20f	7,726.39	1,322	56,586
Control-M7	Section U2 Apartment Ilham	4 bl, 18f	9,176.59	576	16,366
Control-M8	Section 7 Apartment Baiduri	4 bl, 9-10f	8,547.01	312	21,000
Release-SF	Section 7 Flats	51bl, 5f	11,539.09	2,930	276,261
Release-SL	Section 7 Landed	landed houses	14,592.93	248	113,817
Control-S1	Flat Section 6, 7 (BI52-58) & 8	42bl, 5f	6,850.23	1,790	154,060
Control-S2	Flat Section 16, 17 & 18	68bl, 4-5f	6,341.79	1,712	167,197
Control-S3	Flat Section 19, 20	37bl, 5f	6,196.28	1,806	170,790
Control-S4	Flat Section 24	77bl, 5f	3,504.36	4,260	151,620
Release-SC	Section 7 Commercial Centre	15bl, 4-5f shop apartment	13,325.22	1,408	119,025
Control-C1	Section 15 (Dataran Otomobil)	18bl, 4-5f	9,042.88	1,406	76,048
Control-C2	Flat Section 27	31bl, 4-8f	4,715.82	3,100	157,364
Control-C3	Flat & Apartment Section U3	17bl, 5f	3,677.25	1,800	104,763
Control-C4	Apartment Section U5	23bl, 5-7f	3,681.08	2,736	139,404
Release-AL	AU2 Landed, Keramat	landed houses	4,170.03	1,239	727,548
Release-AF	AU2 PKNS Flats	18bl, 4f	1,452.66	672	50,598
Control-A1	AU5 Landed, Keramat	landed houses	4,176.53	724	585,476
Control-A2	Taman Samudera & Taman Sunway, Batu Caves	landed houses	4,270.45	1996	759,719
Control-A3	Bandar Tasik Puteri Fasa 6 & 7, Rawang	landed houses	3,482.59	1675	841,977

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638 **Supporting Information**

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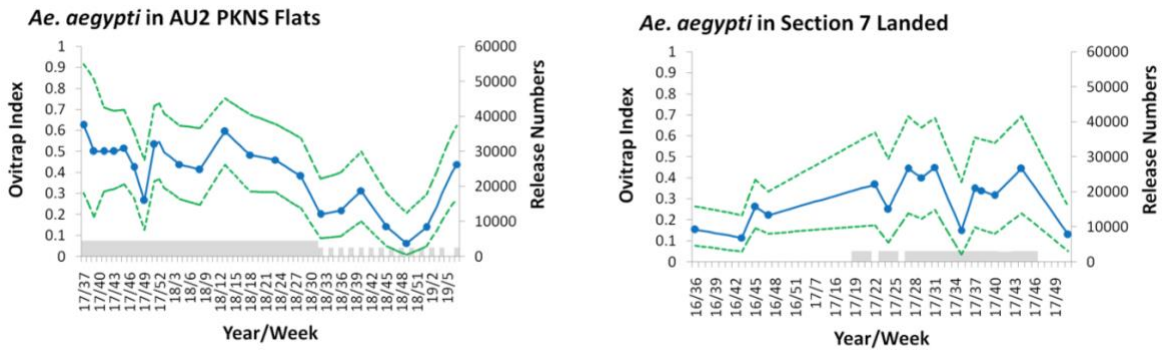
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Fig. S1. Maps of all six release zones and controls in the Petaling and Gombak Districts of Selangor: Mentari Court high rise (MH) and controls (M1-M8); S7 Flats & Landed (SF & SL) and controls (S1-S4); S7 Commercial (SC) and controls (C1-C4); AU2 landed & AU2 PKNS Flats (AL & AF) and controls (A1-3). Table 1 contains additional details about release and controls sites. Map constructed using MapCruzin.com, OpenStreetMap.org under the Open Database License (<http://opendatacommons.org/licenses/odbl/1.0/>).

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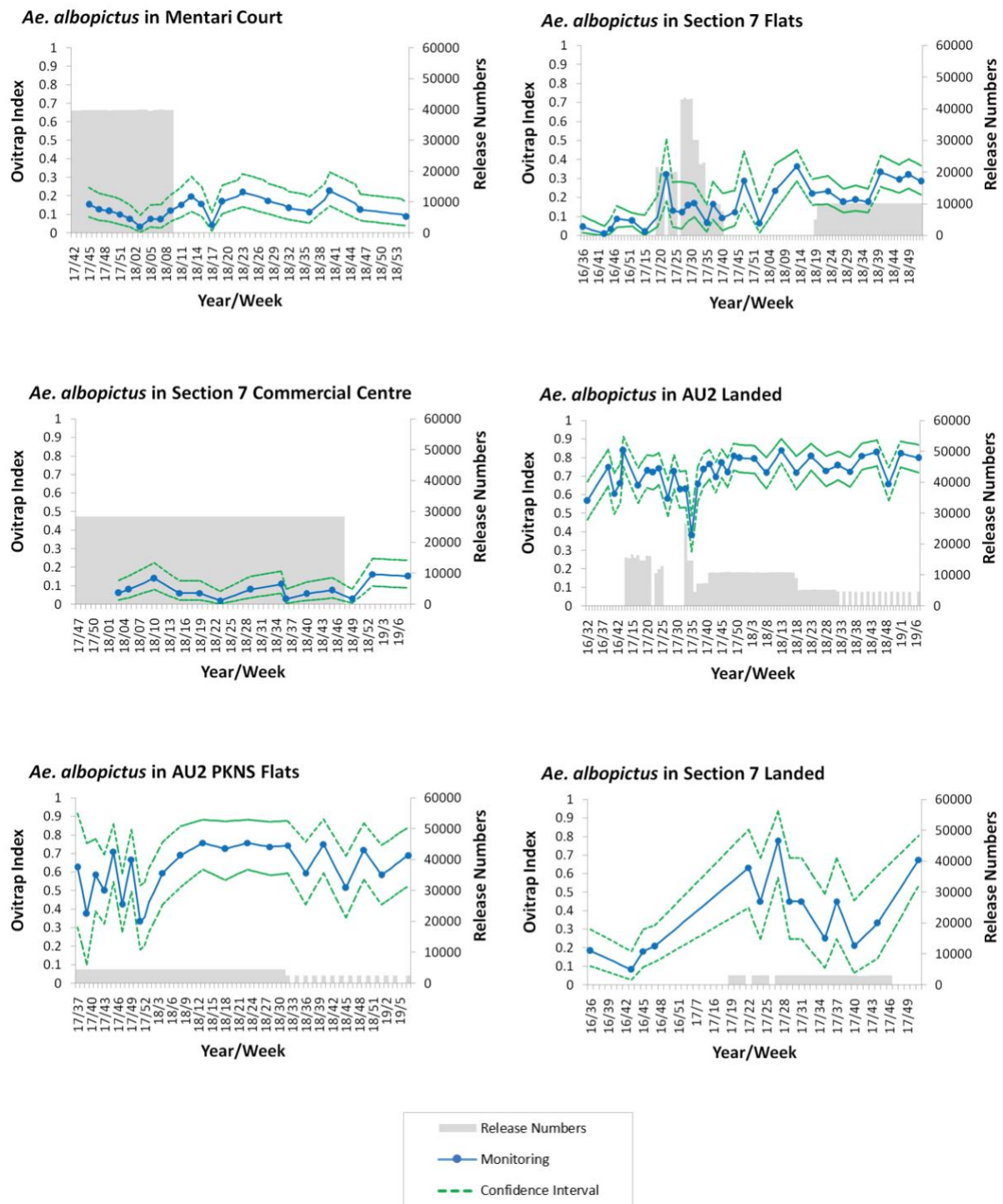
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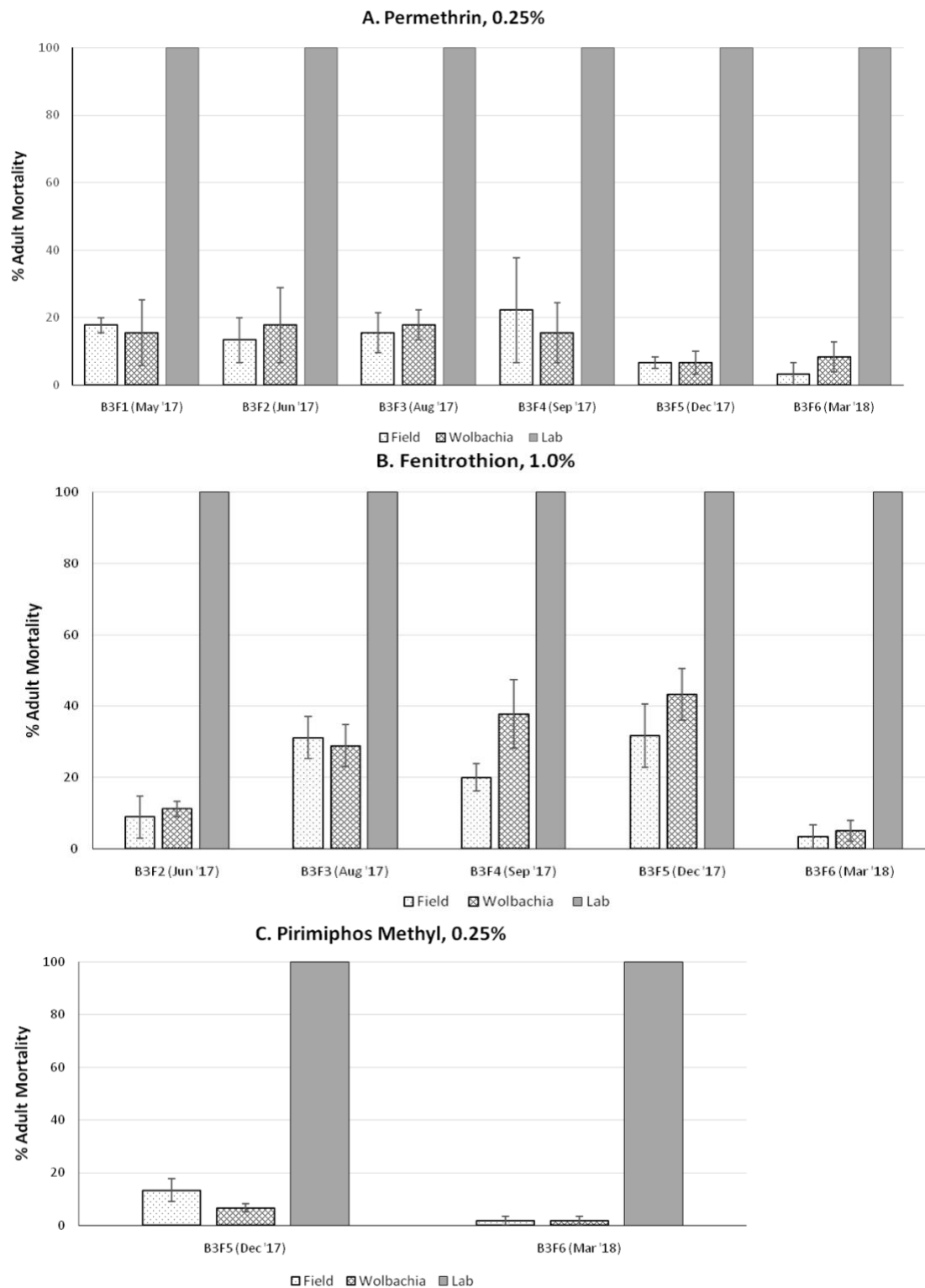
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Fig. S2. *Aedes aegypti* population size estimates for two smaller secondary release sites through ovitrap index (*Ae. aegypti*- positive traps divided by total number of traps) during the release/monitoring period. Grey shaded areas represent release periods; 95% confidence intervals are shown as dotted lines.



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Fig. S3. *Aedes albopictus* population size estimates at release sites measured by ovitrap index (*Ae. albopictus*-positive traps divided by total number of traps) during the release/monitoring period. Grey shaded areas represent release periods; 95% confidence intervals are shown as dotted lines.



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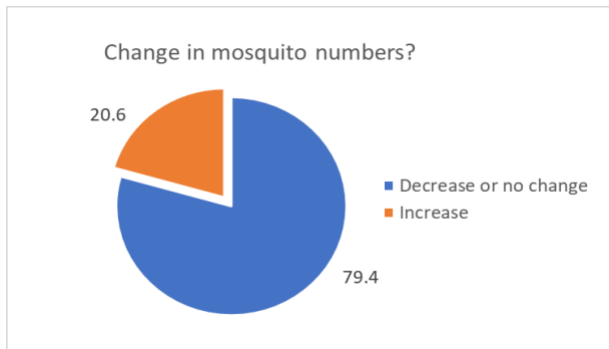
Fig. S4. Insecticide susceptibility of the release line (“Wolbachia”) compared with the field-derived wild-type population of *Ae. aegypti* (“Field”) and a laboratory insecticide susceptible line (“Lab”) tested against three pesticides: permethrin, fenitrothion, and pirimiphos methyl. Bioassays measured adult mortality at discriminating doses. Error bars represent standard errors.



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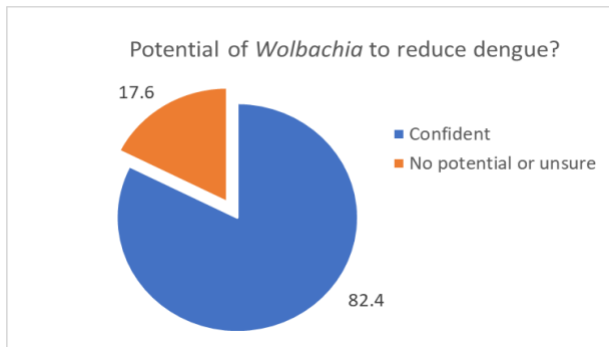
Fig. S5. Example of an egg release container as used in the Section 7 Commercial Centre site; note the 2 cm diameter release holes and plug, removed to allow escape of adult mosquitoes.

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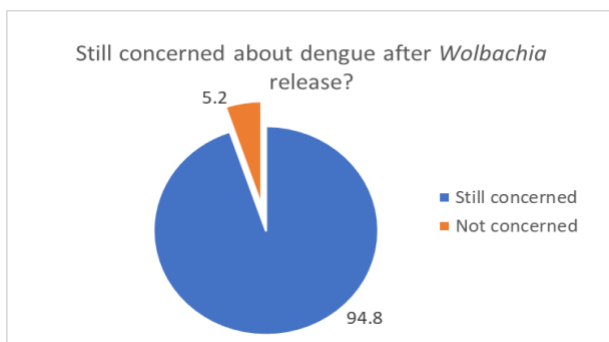
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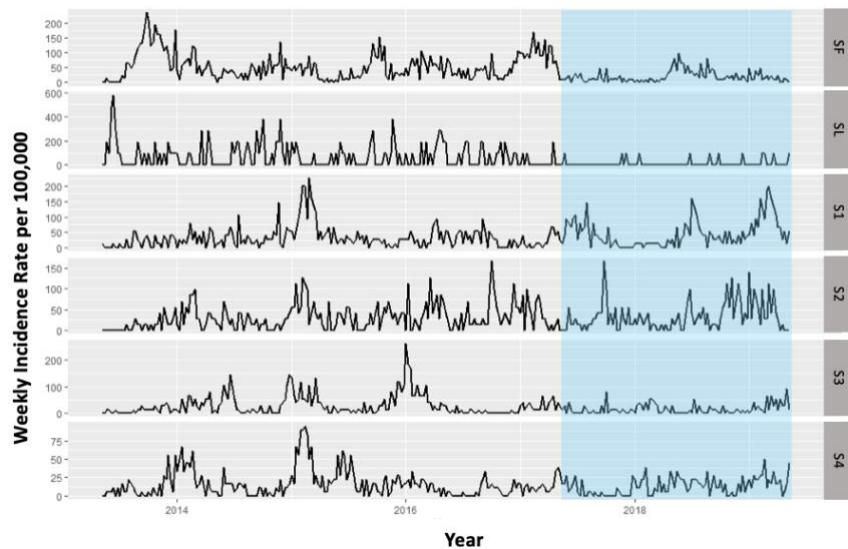
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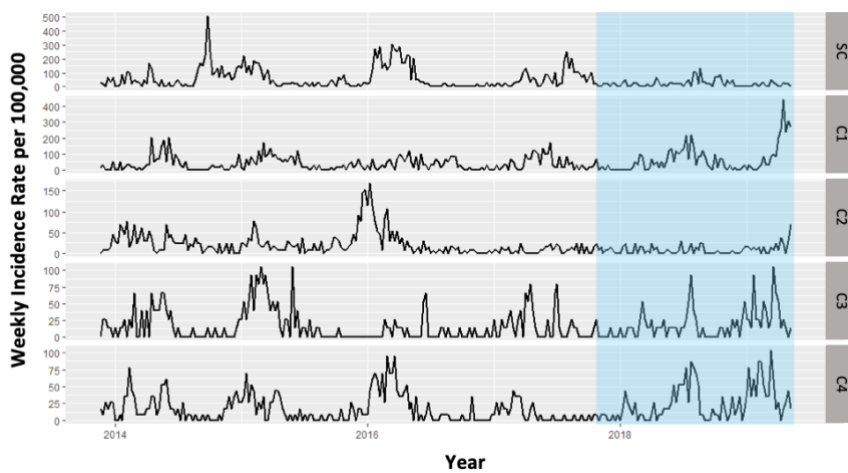
687

Fig. S6. Post-release survey questionnaire results from community engagement activities in Section 7 Flats. Data were collected from a door-to-door survey in the Section 7 Flats release area 2 months after the beginning of the releases. 196 respondents were included, consisting of 40% females, with age classes 29-39 (15%), 40-50 (65%) and >60 (10%).

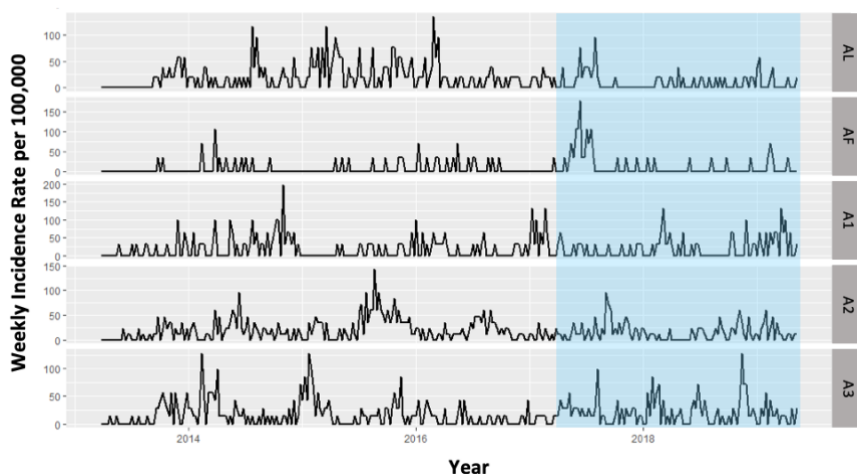
688 **Section 7 Flats / Landed**



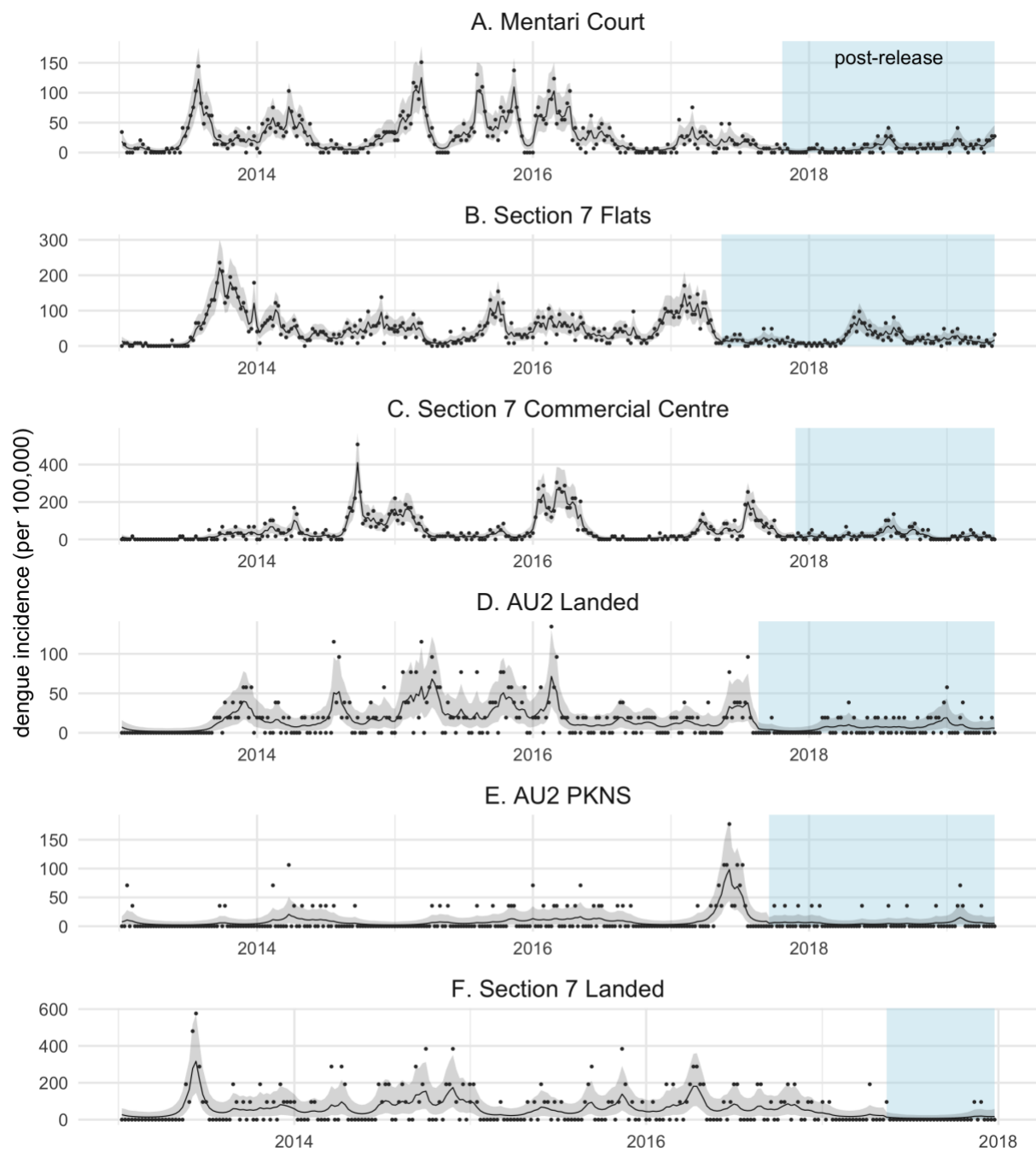
689
690 **Section 7 Commercial Centre**



691
692 **AU2 Landed and AU2 Flats**



693
694 **Fig. S7.** Dengue incidence plots at the Shah Alam Section 7 PKNS flats & Landed, Section 7
695 Commercial Centre, and AU2 Landed / Flats release and matched control sites. SF, SL, SC,
696 AL and AF represents release areas on different sites. See Table 1 for additional details on
697 control sites. The periods during and after commencement of *Wolbachia* releases are
698 indicated by blue regions.



699
700 **Fig. S8. Dengue reduction following *Wolbachia* releases.** Incidence of confirmed human
701 dengue cases for each week of the study period in the release sites. Black lines and grey
702 shaded areas show the posterior mean and 95% credible intervals of the incidence inferred
703 from a Bayesian time series model. Points represent empirical incidences calculated directly
704 from case data. The period during and after commencement of *Wolbachia*-carrying *Ae.*
705 *aegypti* releases are indicated by blue regions.