1 Title: Neocortical activity tracks syllable and phrasal structure of self-produced speech

2 during reading aloud

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27 Highlights

- The brain tracks phrasal and syllabic rhythmicity of self-produced (read) speech.
- Tracking of phrasal structures is attenuated during reading compared with listening.
- Speech rhythmicity mainly drives brain activity during reading and listening.
- Brain activity drives syllabic rhythmicity more during reading than listening.

33 Abstract

34 To gain novel insights into how the human brain processes self-produced auditory information during reading aloud, we investigated the coupling between neuromagnetic 35 36 activity and the temporal envelope of the heard speech sounds (i.e., speech brain tracking) in a group of adults who 1) read a text aloud, 2) listened to a recording of their own speech (i.e., 37 38 playback), and 3) listened to another speech recording. Coherence analyses revealed that, during reading aloud, the reader's brain tracked the slow temporal fluctuations of the speech 39 40 output. Specifically, auditory cortices tracked phrasal structure (<1 Hz) but to a lesser extent 41 than during the two speech listening conditions. Also, the tracking of syllable structure (4-8)42 Hz) occurred at parietal opercula during reading aloud and at auditory cortices during 43 listening. Directionality analyses based on renormalized partial directed coherence revealed 44 that speech brain tracking at <1 Hz and 4-8 Hz is dominated by speech-to-brain directional coupling during both reading aloud and listening, meaning that speech brain tracking mainly 45 entails auditory feedback processing. Nevertheless, brain-to-speech directional coupling at 4-46 47 8 Hz was enhanced during reading aloud compared with listening, likely reflecting speech monitoring before production. Altogether, these data bring novel insights into how auditory 48 verbal information is tracked by the human brain during perception and self-generation of 49 50 connected speech.

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52 Keywords

Reading; speech perception; speech production; connected speech; speech brain tracking;
magnetoencephalography

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58 1. Introduction

To produce understandable speech, humans rely on self-monitoring of speech output. Such monitoring is based on neural integration of self-generated sensory information, which links speech production to speech perception (for a review, see Hickok, 2012). Still, how this self-produced sensory information is used to control speech remains unclear.

63 Current theories of language production consider a feedback monitoring system that monitors speech output to correct errors during production (for reviews, see Hickok, 2012; 64 65 Houde and Chang, 2015). Evidence about the importance of such a system comes from 66 adaptations of the speaker's speech output to compensate for sensory (i.e., auditory and 67 somatosensory) feedback manipulations (Bauer et al., 2006; Burnett et al., 1998; Guo et al., 68 2017; Houde, 1998; Liu et al., 2018; Shiller et al., 2009; Tremblay et al., 2003). But such 69 feedback monitoring system cannot account for extremely fast self-corrections of speech 70 observed in humans (Blackmer and Mitton, 1991; Nozari et al., 2011), as they require 71 extended neural processing time. Hence, most of the current models of language production 72 additionally include an internal speech monitoring system, which monitors speech before production. Consensus about the neural bases of such an internal system is however lacking 73 74 (Gauvin et al., 2016). Indeed, some authors consider that internal speech is monitored via 75 sensory networks similar to those involved in monitoring feedback speech (Hickok, 2012; 76 Indefrey, 2011), while others consider that it recruits distinct neural structures such as, e.g., 77 brain structures involved in conflict monitoring (Hickok, 2012; Nozari et al., 2011).

A potential way to gain insights into the neuronal bases of internal and feedback speech monitoring systems is to study the coupling between the speaker's voice and its own brain activity during connected speech production. Previous magnetoencephalography (MEG) studies focusing on connected speech listening demonstrated speech-sensitive coupling between the slow modulations of the speaker's voice and listeners' (mainly auditory)

83 cortex activity (Bourguignon et al., 2013; Clumeck et al., 2014; Ding et al., 2016; Gross et al., 2013; Molinaro et al., 2016; Peelle et al., 2013; Vander Ghinst et al., 2016). This coupling 84 henceforth referred to as speech brain tracking, mainly occurs at syllable (4-8 Hz) and 85 86 phrasal/sentential (<1 Hz) rates. It is considered to play a pivotal role in parsing connected speech into smaller units (i.e., syllables or phrases/sentences) to promote subsequent speech 87 88 recognition (Park et al., 2018; Zion Golumbic et al., 2012). Additionally, it might help predict the precise timing of events in the speech stream such as syllables and phrases/sentences 89 (Zion Golumbic et al., 2012). Such predictions probably facilitate speech comprehension as 90 91 well as coordination of turn-taking transitions during verbal conversation (Friston and Frith, 2015; Zion Golumbic et al., 2012). It is then sensible to hypothesize that similar speech brain 92 93 tracking is also at work during connected speech production and contribute to self-produced 94 speech monitoring systems. If confirmed, this could bring unprecedented insights into how humans handle self-generated auditory information during language production. Additionally, 95 investigating coupling directionality (i.e., speech \rightarrow brain vs. brain \rightarrow speech coupling) 96 during connected speech production could bring critical information about the neural bases of 97 speech production monitoring systems in humans: feedback (speech \rightarrow brain coupling) vs. 98 internal (brain \rightarrow speech coupling). 99

100 To address these issues, the present MEG study relied on the comparison of speech 101 brain tracking while subjects listened to recordings of texts read aloud (by a reader or 102 themselves) and while they read themselves a text aloud. This approach was first chosen 103 because previous studies from our group that investigated speech brain tracking during listening relied on live (Bourguignon et al., 2013; Clumeck et al., 2014) or recorded 104 105 (Clumeck et al., 2014; Destoky et al., 2019; Vander Ghinst et al., 2019, 2016) voices 106 continuously reading a text aloud. Second, it was also based on the shared neurocognitive 107 processes between natural speech production and reading aloud (Sulpizio and Kinoshita,

108 2016). Indeed, reading aloud is recognized as a type of speech production such as, e.g., spontaneous narrative, narrative recalls, conversation, picture description (see, e.g., Bóna, 109 110 2014). The last stages of language production in those different speech situations are similar: 111 all include phonological encoding (i.e., assigning a segment to a position in a metrical frame), phonetic encoding (i.e., retrieving the motor plans required for articulation), and articulation 112 113 (i.e., producing the gestures leading to an acoustic sound) (Kawamoto et al., 2015). Settling 114 on reading aloud also makes it possible to control speech content and linguistic form, which 115 are two speech features previously reported to affect brain rhythms (Alexandrou et al., 2017). 116 Reading aloud decreases the subjects' need to focus on semantic/lexical access, other 117 cognitive processes or speech style, which can potentially bias speech brain tracking and 118 directionality assessments during language production (Bóna, 2014). Finally, comparing the 119 neural processes at play during listening to somebody reading aloud and during reading aloud 120 allows relying on auditory verbal information that shares common rhythmicity and prosody.

In practice, this MEG study investigates, using coherence and directionality analyses, speech brain tracking in subjects who (i) read a text aloud, (ii) listened to a recording of a different text, and (iii) listened to a recording of their own speech while reading aloud (i.e., playback). It was specifically designed to (i) identify cortical areas that track the slow fluctuations of self-produced speech, (ii) determine the causal nature of this tracking, and (iii) assess tracking differences between reading aloud and listening.

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128 **2. Methods**

129 2.1. Participants

Eighteen healthy native Spanish speakers without any history of neuropsychiatric disease or language disorders were studied. One participant was excluded from the study due to excessive artifacts in the data. The study therefore reports on 17 participants (range 20–32 years; mean age 23.9 years; 9 females and 8 males). Sixteen participants were right-handed according to Edinburgh handedness inventory (score range 40–100 %; mean \pm SD, 70.6 \pm 19.1 %) (Oldfield, 1971). Handedness appraisal was missing from the last participant. Thirteen participants had a university degree, 1 was a master student, and 3 were trained professional with high school or secondary school degree (degree obtained at age ~18 or ~16 respectively when no grade is repeated). The study was approved by the BCBL Ethics Committee. Participants were included in the study after written informed consent.

140 2.2. Experimental paradigm

The experimental stimuli were derived from 2 narrative texts of ~1000 words. The topics of the texts were maximally neutral: the first elaborated on the origin of life and human spirituality, while the second was an attempt to define what is a "discourse". Both texts were read aloud by a male and a female native Spanish speaker and recorded with a high quality microphone. Reading pace was of 152 ± 35 words/min (mean \pm SD across the four recordings).

Participants underwent four experimental conditions (*read, listen, playback, and rest*) 147 lasting ~5 minutes each while they were sitting in the MEG chair with their head inside the 148 149 MEG helmet. During the *read* condition, participants continuously read aloud one of the two texts printed on A4 pages. During the *listen* condition, they listened to the audio recording of 150 151 the other text read by the reader of their gender. Texts were assigned to conditions in a counterbalanced manner. During the *playback* condition, participants listened to their own 152 voice recorded (see 2.3. for recording data acquisition details) earlier during the read 153 154 condition. Obviously, *playback* condition was performed in all subjects after the *read* condition. This *playback* condition was used (i) to assess the impact of possible sensory 155 prediction about upcoming speech (as subjects had some hints about speech content and 156 157 production from the prior *read* condition) on speech brain tracking and on tracking

158 directionality, and (ii) to control for potential differences in speech rhythm between *listen* and 159 *read.* For both *listen* and *playback* conditions, sounds were played with VLC running on a MacBook pro and delivered at 60 dB (measured at ear-level in every participant) through a 160 161 front-facing flat-panel loudspeaker (Panphonics Oy, Espoo, Finland) placed ~2 m from the participants. During *rest* condition, participants were asked to fixate the gaze at a point on the 162 163 wall of the magnetically shielded room (MSR) and try to reduce blinks and saccades to the minimum. The order of the conditions was either read-listen-rest-playback or listen-read-164 165 rest-plavback.

166 2.3. Data acquisition

Neuromagnetic signals were recorded at the Basque Centre on Cognition, Brain and 167 168 Language (BCBL) with a whole-scalp-covering neuromagnetometer installed in a MSR (Vectorview & MaxshieldTM; MEGIN Elekta Oy, Helsinki, Finland). The 306-channel MEG 169 sensor layout consisted in 102 sensor triplets, each comprising one magnetometer and two 170 171 orthogonal planar gradiometers characterized by different patterns of spatial sensitivity to right beneath or nearby cortical sources. The recording pass-band was 0.1-330 Hz and the 172 signals were sampled at 1 kHz. The head position inside the MEG helmet was continuously 173 174 monitored by feeding current to five head-tracking coils located on the scalp and observing the corresponding coil-induced magnetic field patterns by the MEG sensors. Head position 175 176 indicator coils, three anatomical fiducials, and at least 150 head-surface points (covering the 177 whole scalp and the nose surface) were localized in a common coordinate system using an electromagnetic tracker (Fastrak, Polhemus, Colchester, VT, USA). 178

An optical fiber microphone was placed inside the MSR to record participants' voice during the *read* condition. To maximize sound quality, the microphone was taped to the edge of the MEG helmet, ~5 cm away from subjects' mouth. Sound signals were recorded with *Audacity* at a sampling rate of 44.1 kHz. Electrooculograms (EOG) monitored vertical and

horizontal eye movements, and electrocardiogram (ECG) recorded heartbeat signals. Allthese signals were recorded time-locked to MEG signals.

185 High-resolution 3D-T1 cerebral magnetic resonance images (MRI) were acquired on a
186 3 Tesla MRI scan (Siemens Medical System, Erlangen, Germany).

187 2.4. Data preprocessing

As reading aloud is typically associated with many sources of high-amplitude artifacts in electrophysiological signals (e.g., head movements, muscle artifacts, eye movements, etc.), special care was taken during data preprocessing to subtract as much as possible these artifacts from raw MEG data.

Continuous MEG data were first preprocessed off-line using the temporal signal space 192 193 separation (tSSS) method (correlation coefficient: 0.9 and the segment length of the temporal 194 projection set equal to the file length) to subtract external interferences, to correct for head 195 movements, and to dampen movement artifacts induced by reading aloud (Taulu et al., 2005; 196 Taulu and Simola, 2006). To further suppress heartbeat, eve-blink, and eve-movement artifacts, 30 independent components were evaluated from the MEG data low-pass filtered at 197 25 Hz using FastICA algorithm (dimension reduction, 30; non-linearity, tanh) (Hyvärinen et 198 199 al., 2001; Vigario et al., 2000). Independent components displaying a correlation exceeding 200 0.15 with any EOG or ECG signals were subtracted from MEG data. The mean \pm SD of 201 rejected components was 7.2 ± 1.4 (read), 5.1 ± 1.8 (listen), 4.9 ± 2.0 (rest), and 5 ± 2.0 202 (playback). Finally, when the maximum MEG amplitude exceeded 5 pT (magnetometers) or 1 pT/cm (gradiometers), data within one second before and after the excessive amplitude 203 204 were marked as artifact-contaminated to avoid analysis of MEG data compromised by any 205 other artifact source that would not have been removed by the temporal signal space 206 separation or independent component analysis.

207 Speech temporal envelopes were obtained from all sound recordings as the rectified 208 sound signals low-pass filtered at 50 Hz. Speech temporal envelopes were further resampled 209 at 1000 Hz time-locked to MEG signals.

210 2.5. Coherence analysis

To perform frequency and coherence analyses, continuous data obtained in all conditions (*listen, playback, read and rest*) were split into 2-s epochs with 1.6-s epoch overlap, leading to a frequency resolution of 0.5 Hz (Bortel and Sovka, 2014). MEG epochs containing periods marked as artifact contaminated were discarded from further analyses. Also, for each participant, only the minimum amount of epochs across all conditions was used for subsequent analyses. These steps led to 703±45 artifact-free epochs of MEG and voice envelope signals for each participant and condition.

Coherence is an extension of Pearson correlation coefficient to the frequency domain that determines the degree of coupling between two signals, providing a number between 0 (no linear dependency) and 1 (perfect linear dependency) for each frequency (Halliday, 1995). Coherence was previously used to assess the coupling between voice and brain signals at the frequencies corresponding to phrasal/sentential (<1 Hz) and syllable (4–8 Hz) rates (Bourguignon et al., 2013; Luo and Poeppel, 2007; Molinaro and Lizarazu, 2017; Peelle et al., 2013; Poeppel, 2003; Vander Ghinst et al., 2016).

Coherence was first estimated at the sensor level. Data from gradiometer pairs were combined in the direction of maximum coherence as done in Bourguignon et al. (2015). Coherence at phrasal/sentential level was taken at the frequency bin corresponding to 0.5 Hz, and coherence at syllable level was taken as the mean across coherence at frequency bins comprised in 4–8 Hz.

Coherence was also evaluated at the source level using a beamformer approach sincethis method has a high sensitivity to activity coming from locations of interest while

232 attenuating external interferences such as reading-induced head movement, eye movements, 233 or muscle artifacts (Hillebrand et al., 2005). To do so, individual MRIs were first segmented 234 using Freesurfer software (Martinos Center for Biomedical Imaging, Massachusetts, USA; 235 Reuter et al., 2012). Then, the MEG forward model was computed for three orthogonal tangential current dipoles placed on a homogeneous 5-mm grid source space that covered the 236 237 entire brain (MNE suite; Martinos Center for Biomedical Imaging, Massachusetts, USA; Gramfort et al., 2014) and further reduced to its two first principal components. Finally, 238 coherence maps were produced within the computed source space at 0.5 Hz and 4–8 Hz using 239 240 Dynamic Imaging of Coherent Sources (DICS) (Gross et al., 2001), and further interpolated 241 onto a 1-mm grid. Both planar gradiometers and magnetometers were used for inverse 242 modeling after dividing each sensor signal by its noise variance. Despite the fact that raw 243 magnetometer signals are considered noisier than planar gradiometers, in the framework of signal space separation, signals from both sensor types are reconstructed from the same inner 244 components, corresponding to the magnetostatic multipole expansion, and have therefore 245 246 similar levels of residual interference after suppression of signals from external sources (Garcés et al., 2017). This explains why both sensor types were used for source 247 248 reconstruction. The noise variance was estimated from the continuous rest MEG data band-249 passed through 1–195 Hz, for each sensor separately. As the analyses described in a further paragraph require extracting the time course of some sources, we used the additional 250 251 constraint that beamformer weight coefficients are real-valued. This constraint is sensible 252 since one can easily argue that electrical currents in the brain are real--valued. Practically, it leads to using the real part of the cross-spectral density matrix in DICS beamformer 253 computation. 254

To compute group-level coherence maps, a non-linear transformation from individual MRIs to the standard Montreal Neurological Institute (MNI) brain was first computed using

the spatial-normalization algorithm implemented in Statistical Parametric Mapping (SPM8, Wellcome Department of Cognitive Neurology, London, UK; Ashburner et al., 1997; Ashburner and Friston, 1999) and then applied to individual MRIs and coherence maps. This procedure generated a normalized coherence map in the MNI space with 1-mm cubic voxels for each subject, condition and frequency of interest (i.e., 0.5 Hz and 4–8 Hz). Group-level maps were obtained by averaging the normalized coherence maps across participants and conditions.

264 2.6. Directionality assessment

The directionality of the coupling between the voice signals and the activity within 265 brain areas displaying a significant local maximum of coherence (see 2.8.), was assessed with 266 267 renormalized partial directed coherence (rPDC) (Schelter et al., 2009, 2006). To this aim, the time-course of brain electrical activity within these brain areas was estimated with the 268 269 beamformer described in 2.5., in the direction maximizing the coherence with speech 270 temporal envelope. Source and voice signals were low-pass filtered at 10 Hz and downsampled at 20 Hz. Then, for each source separately, a vector autoregressive (VAR) model of 271 272 order 40 was fitted to the source and the voice data using the ARfit package (Schneider and 273 Neumaier, 2001). The rPDC was then estimated based on the Fourier transform of the VAR model coefficients. This enabled for estimating rPDC at frequencies from 0 to 10 Hz with 0.5 274 275 Hz resolution.

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7 2.7. Partial coherence to control for artifacts

In the *read* condition, there was a discrepancy between sensor and source-level results (see Results section). In the sensor space, strong artifacts at the edge of the sensor array obscured the 4–8-Hz speech brain tracking. In the source space, artifacts were present but genuine speech brain tracking in auditory cortices was clearly visible thanks to the use of the beamformer approach. To verify that this discrepancy pertained to that beamformer did effectively dampen artifacts—and hence strengthen results derived from source-space data—, we estimated the coherence between speech temporal envelope and MEG signals while partialling out the contribution of MEG signals recorded at sensors on the edge of the sensor array.

The following analysis was performed separately at 0.5 Hz and 4-8 Hz. For each 287 288 gradiometer pair on the edge of the sensor array (23 in total), we estimated the orientation in 289 the 2-d space spanned by both gradiometer signals (Bourguignon et al., 2015) yielding the 290 maximum coherence with speech temporal envelope. Partial coherence was then estimated 291 between speech temporal envelope and all gradiometer signals (again optimizing on the 292 orientation within all pairs) while partialling out edge gradiometer signal in its optimal 293 orientation (Halliday, 1995). This led to as many sensor distribution of partial coherence as 294 there are edge gradiometer pairs. For each sensor, we retained the minimum partial coherence 295 value across all these edge gradiometer pairs.

296 2.8. Statistical analyses

297 2.8.1 Reading pace

The word per minute rate produced in the *read* condition by the participants was compared to the one of the texts used in the *listen* condition with a paired *t*-test.

300 2.8.2. Significance of subject-level coherence in the sensor space

We evaluated the statistical significance of sensor-space coherence values, using surrogate-data-based statistics (Faes et al., 2004). For each participant, condition, and frequency range of interest (i.e., 0.5 Hz and 4–8 Hz), we extracted the maximum across gradiometer pairs of the mean coherence across the frequency range of interest. This

maximum genuine coherence was then compared to a distribution of 1000 surrogate values computed in the same way, but with speech temporal envelope replaced by its Fourier transform surrogate (Faes et al., 2004). Fourier transform surrogate preserves the power spectrum but destroys the phase information by replacing the phase of Fourier coefficients by random numbers in the range $[-\pi; \pi]$ (Faes et al., 2004). Genuine maximum coherence values were deemed significant when they exceeded the 95th percentile of their surrogate distribution.

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313 2.8.3. Significance of group-level coherence in the source space

314 The statistical significance of group-level coherence maps was assessed with nonparametric permutation test. First, participant- and group-level rest coherence maps at the 315 frequencies of interest (i.e., 0.5 Hs and 4-8 Hz) were computed with rest MEG and voice (of 316 317 read and listen conditions) signals. Group-level difference maps were obtained by subtracting f-transformed genuine (read, listen or playback) and rest group-level coherence maps for 318 319 each frequency of interest. Under the null hypothesis that coherence maps are the same 320 whatever the experimental condition, the labeling genuine or *rest* are exchangeable prior to 321 difference map computation (Nichols and Holmes, 2002). To reject this hypothesis and to compute a significance threshold for the correctly labeled difference map, the sample 322 323 distribution of the maximum of the difference map's absolute value within the preselected 324 brain areas was computed from a subset of 1000 permutations. The threshold at p < 0.05 was 325 computed as the 95 percentile of the sample distribution (Nichols and Holmes, 2002). All supra-threshold local coherence maxima were interpreted as indicative of brain regions 326 showing statistically significant coupling with the produced (read) or heard (listen and 327 328 *playback*) sounds.

329 2.8.4. Comparison of source location between conditions

The coordinates of significant local coherence maxima were statistically compared 330 331 between conditions (listen vs. playback, listen vs. read, and playback vs. read) using the location-comparison approach proposed by Bourguignon et al. (2017). This method uses a 332 bootstrap procedure (Efron, 1979) to estimate the sample distribution of coordinates of the 333 334 two local coherence maxima under comparison and tests the null hypothesis that the distance between them is zero. Briefly, we generated 1000 group-level maps of the conditions under 335 assessment by random bootstrapping from the individual maps, and identified the coordinates 336 337 of the local maxima closest to the genuine maxima location. The resulting sample distribution of coordinate difference was then submitted to a multivariate location test evaluating the 338 probability that this difference is zero (Bourguignon et al., 2017). That test tightly relates to 339 the multivariate T^2 test (Hotelling, 1931) and assumes that the sample distribution of 340 341 coordinates difference is normal.

For one local maximum, we further tested the-a posteriori-hypothesis that its 342 343 bootstrap coordinate distribution was bimodal rather than unimodal, suggesting that two 344 separate sources would contribute to that single local maximum. As a first step, we built a map of bootstrap source density with 1-mm cubic voxels, which we will denote D(r) with r =345 (x,y,z) indexing voxels. D(r) was initially set to be uniformly 0, and for each bootstrap source 346 347 coordinate, we added a value 1 at the corresponding voxel. D(r) was further smoothed with a 5-mm FWHM gaussian kernel. We then used matlab *fminsearch* function to fit two models to 348 D(r): a Gaussian distribution, and a mixture of 2 Gaussian distributions. Formally, the first 349 model was 350

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$$M_1(r) = G(r|A_1, \mu_1, \Sigma_1)$$

and the second model was

353 $M_2(r) = G(r|A_1, \mu_1, \Sigma_1) + G(r|A_2, \mu_2, \Sigma_2),$

354 where

$$G(r|A, \mu, \Sigma) = A \exp(-\frac{1}{2}(r-\mu)\Sigma^{-1}(r-\mu))$$

is a 3-d Gaussian distribution with A its amplitude, $\mu = (\mu_x, \mu_y, \mu_z)$ its center, and

$$\Sigma = \begin{pmatrix} \sigma_x & c_{xy} & c_{xz} \\ c_{xy} & \sigma_y & c_{yz} \\ c_{xz} & c_{yz} & \sigma_z \end{pmatrix}$$

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its—symmetric—covariance matrix. Hence, there were $df_1 = 10$ parameters in $M_1(r)$ and $df_2 =$ 358 20 in $M_2(r)$. We then used a Fisher test to compare statistically the proportion of variance 359 models. These proportions 360 explained by these two written can be as $r_i = \|D(\cdot) - M_i(\cdot)\|^2 / \|D(\cdot)\|^2$, with $i \in [1, 2]$ and $\|\cdot\|^2$ the sum of squares across all 361 362 voxels. Under the null hypothesis that M_2 does not do any better than M_1 , the quantity

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$$F = \frac{r_2 - r_1}{df_2 - df_1} \Big/ \frac{r_2}{df_2}$$

follows a *F* distribution with df_1 and df_2 degrees of freedom. This null hypothesis can be disproved if *F* exceeds the percentile 95th of $F_{10,20}$.

366 2.8.5. Significance of individual subjects' rPDC values and comparison between coupling367 directions

We evaluated the number of participants showing statistically significant rPDC, using 368 surrogate-data-based statistics (Faes et al., 2010). Statistical analyses were performed on 369 rPDC at 0.5 Hz or 4-8 Hz depending on whether the source was identified on 370 371 phrasal/sentential- or syllable-level coherence map. For each participant, selected brain area, 372 and coupling direction, the genuine rPDC value (at 0.5 Hz or the mean across 4–8 Hz) was 373 compared to a distribution of 1000 surrogate rPDC values derived from causal Fourier 374 transform surrogate data (Faes et al., 2010). Causal Fourier transform surrogate data were generated with the estimated VAR model wherein coupling in the specific causal direction 375

being tested is abolished by setting to 0 the associated coefficients. Genuine rPDC values
were deemed significant when they exceeded the 95th percentile of their surrogate
distribution.

379 Values of rPDC were compared between speech \rightarrow brain and brain \rightarrow speech 380 directions using paired t-tests across participants.

381 2.8.6. ANOVA assessment of coherence, rPDC, and partial coherence values

Source-level coherence, rPDC and sensor-level partial coherence values were 382 analyzed with 2-way repeated measures ANOVAs. In these assessments, the factors were the 383 384 condition (listen, playback, and read), and the sensor/source location. ANOVAs were run separately for 0.5 Hz and 4–8 Hz coupling, and for speech \rightarrow brain and brain \rightarrow speech 385 directions in case of rPDC assessment. This is justified by that coupling values within these 386 two classes had relatively different variances. Analysing data together would have violated 387 388 the homoscedasticity assumption of the ANOVA. For source-level coherence values, the dependent variable was the maximum coherence across a 10-mm sphere centered on 389 390 significant local maxima of group-level coherence maps. For sensor-level partial coherence 391 values, the dependent variable was the maximum partial coherence across subsets of 392 gradiometer pairs showing the peaks of coherence. Formally, these subsections comprised the 393 9 gradiometers of maximum coherence averaged across participants and conditions. There 394 were 2 selections, one for the left and one for the right hemisphere.

395

2.9. Data and software availability

396 Data and analysis scripts are available upon reasonable request to the corresponding397 author.

399 3. Results

400 *3.1 Reading pace*

401 In the *read* condition, participants read at a pace of 158 ± 17 words per min (mean \pm 402 SD). This pace was not significantly different from the one they heard in the *listen* condition 403 ($t_{16} = 1.26, p = 0.23$).

404 *3.2 Coherence results*

405 3.2.1 Coherence in the sensor space

406 Figure 1 illustrates the results of speech brain tracking quantified with coherence in the sensor space. The maximum coherence between MEG signals and speech temporal 407 envelope peaked at 0.5 Hz and at 4-8 Hz. These frequency ranges match the supra-second 408 409 phrasal/sentential time-scale (0.5 Hz) and the 150–300-ms syllable time-scale (4–8 Hz). In 410 both listening conditions (listen & playback), the topography of the coherence was 411 characterized by clusters over bilateral posterior temporal sensors. In the *read* condition, 412 coherence topographies were suggestive of the presence of strong artifacts but also of genuine bilateral activity arising from posterior temporal sensors (more convincingly so at 413 0.5 Hz than at 4–8 Hz). 414

Coherence in the sensor space was significant in all participants and conditions at 0.5 Hz, and in 13 (*listen*), 12 (*playback*), and 17 (*read*) out of 17 participants at 4–8 Hz. Note that the detection rate of significant coherence in the *read* condition has likely been inflated by the presence of artifacts inherent to speech production.

419 3.2.2 Coherence in the source space

420 Figure 2A presents the source-space coherence maps obtained with DICS at 0.5 Hz421 and 4–8 Hz separately.

422 Table 1 presents the MNI coordinates of significant local coherence maxima observed423 in source-space maps.

In both listening conditions (*listen & playback*) significant local coherence maxima localized in bilateral cortex around posterior superior temporal sulcus (pSTS) at 0.5 Hz and in bilateral supratemporal auditory cortex (STAC) at 4–8 Hz. The location comparison test revealed no statistically significant difference in location between these two conditions (*ps* > 0.5; 4 comparisons: 2 frequencies × 2 hemispheres).

In the *read* condition, source reconstruction results emphasized the presence of genuine speech brain tracking. Some artifacts remained that peaked nearby the pons (0.5 Hz, MNI [-1 -1 -35], coherence 0.049; 4–8 Hz, MNI [2 -14 -36], coherence 0.028), but they did not overshadow coherence local maxima related to genuine speech brain tracking (see Figure 2A and Table 1 for peak coordinates and coherence values).

The speech brain tracking elicited by the *read* condition appeared to be different from that during listening conditions at both 0.5 Hz and 4–8 Hz. We focus below on the comparison between *read* and *listen*, but similar results were obtained from the comparison between *read* and *playback*.

At 0.5 Hz, right-hemisphere local coherence maxima in read and listen were distant 438 of only 3 mm, a distance that was not statistically significant ($F_{3.998} = 0.052$, p = 0.98). In the 439 left hemisphere, they were distant of 19 mm, which, surprisingly, was not deemed 440 statistically significant either ($F_{3,998} = 1.41$, p = 0.24). Detailed analyses revealed that this 441 lack of significance pertained to that coordinates of local coherence maxima in the listen 442 condition had a bimodal — rather than unimodal — distribution, which hampered the 443 location-comparison test. Indeed, maps of source density revealed that coherence in the *listen* 444 condition peaked mainly at pSTS ([-66 -27 1]) but also at STAC ([-64 -13 6]). Also, a 445 model with 2 Gaussian distributions explained 99.90% of the variance of the source density 446

447 map, which was significantly better than the 95.76% explained by a model based on a single Gaussian distribution ($F_{10,20} = 7.40$, p < 0.0001). In the 2-Gaussian model, individual 448 distributions were centered on [-66.3 -27.5 1.1] and [-64.0 -15.1 5.5]. Relative 449 importance of the two Gaussian distributions $(||G(\cdot|A_1, \mu_1, \Sigma_1)|| / ||G(\cdot|A_2, \mu_2, \Sigma_2)||)$ was 450 451 5.3, indicating that group-level coherence in the listen condition peaked ~5.3 times more often in the first than in the second cluster. Also, the center of this second cluster was only 452 8.6 mm away from the maximum in the *read* condition. Of notice, there was only one peak in 453 454 the source density map of the *read* condition. These results indicate that reading aloud elicits speech brain tracking only in STAC while speech listening also recruits the cortex around the 455 pSTS. 456

At 4–8 Hz, local coherence maxima in the *read* condition localized in bilateral parietal operculum, i.e., more dorsally (above the sylvian fissure) than those in the *listen* condition by 19 mm (left hemisphere) and 11 mm (right hemisphere). The locationcomparison test confirmed that this difference in location between *read* and *listen* conditions was statistically significant (left hemisphere, $F_{3,998} = 10.10$, p < 0.0001; right hemisphere, $F_{3,998} = 3.49$, p = 0.015).

463 3.2.3 Effect of conditions on the coherence strength

464 Speech brain tracking values quantified with coherence at condition-specific 465 dominant sources were compared with repeated measures ANOVA, separately at 0.5 Hz and 466 4–8 Hz.

467 At 0.5 Hz there was a main effect of condition on coherence level ($F_{2,32} = 8.10$, p =468 0.0014), no significant main effect of hemisphere ($F_{1,16} = 0.20$, p = 0.66), and no significant 469 interaction ($F_{2,32} = 1.95$, p = 0.16). Post-hoc t-tests revealed that coherence values in *listen* 470 (0.092 ± 0.039, mean ± SD of the mean coherence across hemispheres) and *playback* (0.090 471 ± 0.046) did not differ significantly ($t_{16} = 0.21$, p = 0.84), while values in *read* (0.057 ±

472 0.022) were significantly lower than those in *listen* ($t_{16} = 3.95$, p = 0.0012) and *playback* (t_{16} 473 = 3.47, p = 0.0031).

At 4–8 Hz there was a main effect of condition on coherence level ($F_{2,32} = 16.6, p < 0.0001$), no significant main effect of hemisphere ($F_{1,16} = 2.23, p = 0.15$), and no significant interaction ($F_{2,32} = 0.06, p = 0.94$). Post-hoc t-tests revealed that coherence values in *listen* (0.0183 ± 0.0052) and *playback* (0.0191 ± 0.052) did not differ significantly ($t_{16} = 0.58, p = 0.57$), while values in *read* (0.0294 ± 0.0086) were significantly higher than those in *listen* ($t_{16} = 4.28, p = 0.0006$) and *playback* ($t_{16} = 4.37, p = 0.0005$).

480 *3.3. Directionality results*

rPDC was used to separate the relative contributions to speech brain tracking of
signals reacting to speech (i.e., external feedback monitoring system) and signals preceding
speech (i.e., internal speech monitoring system).

484 Figure 3 presents rPDC values in all conditions.

Table 2 details the number of participants displaying significant rPDC in allconditions, directions and frequency of interest.

Paired t-tests revealed that rPDC was systematically higher in the speech \rightarrow brain direction than in the brain \rightarrow speech direction (*ps* < 0.05) except at 0.5 Hz in the left hemisphere in the *read* condition ($t_{16} = 1.61, p = 0.13$).

The ANOVA assessment of rPDC values was performed with factors condition (*listen*, *playback* and *read*) and hemisphere (left and right) separately at 0.5 Hz and 4–8 Hz, and for the two coupling directions. There was a significant main effect of condition on speech \rightarrow brain rPDC at 0.5 Hz ($F_{2,32} = 4.66$, p = 0.017) explained by that values in *read* (10.8 ± 7.2, mean ± SD of the mean rPDC across hemispheres) were lower than those in *listen* (16.9 ± 7.9; $t_{16} = 2.70$, p = 0.016) and *playback* (17.0 ± 11.9; $t_{16} = 3.45$, p = 0.0033), while the two latter did not differ significantly ($t_{16} = 0.063$, p = 0.95). There was also a 497 significant effect of condition on brain → speech rPDC at 4–8 Hz ($F_{2,32} = 8.43$, p = 0.0011) 498 explained by that values in *read* (2.75 ± 0.74) were higher than those in *listen* (2.06 ± 0.38; 499 $t_{16} = 2.90$, p = 0.011) and *playback* (2.02 ± 0.38; $t_{16} = 3.50$, p = 0.0030), while two latter did 500 not differ significantly ($t_{16} = 0.30$, p = 0.77). There were no other significant main effects or 501 interactions (ps > 0.1).

As it is unclear how artifacts contributed to these results, we repeated the rPDC analysis between speech temporal envelope and signals from a sensor that picked up strong artifacts (left hemisphere: MEG153*; right hemisphere: MEG263*). The ANOVA assessment of these rPDC values revealed in all 4 instances (2 coupling directions \times 2 frequency ranges) a significant effect of condition (*ps* < 0.05) explained by higher values in *read* than in *listen* and *playback*.

508

509 *3.4. Partial coherence*

Figure 4 illustrates speech brain tracking in sensor space controlled for artifacts in edge sensors using partial coherence. It is noteworthy that in *read* condition, artifacts were substantially suppressed by using partial coherence, while coherence at bilateral auditory cortices was essentially preserved. Moreover, partial coherence values were quite faithful to the source-space coherence values, as can be seen in group-level values displayed in Table 1 (similarity in source coherence and sensor partial coherence values).

Partial coherence levels were compared with repeated measures ANOVA with factors condition (*listen*, *playback* and *read*) and hemisphere (left and right) separately at 0.5 Hz and 4–8 Hz. At 0.5 Hz, there were no significant effects nor interaction (ps > 0.5). At 4–8 Hz there was a main effect of condition ($F_{2,32} = 18.3$, p < 0.0001), no significant main effect of hemisphere ($F_{1,16} = 1.27$, p = 0.28), and no significant interaction ($F_{2,32} = 0.57$, p = 0.57). Partial coherence values in *read* (0.0292 ± 0.0106 , mean \pm SD of the mean coherence across

522 hemispheres) were higher than those in *listen* (0.0157 \pm 0.0049; $t_{16} = 4.38$, p = 0.0005) and 523 *playback* (0.0158 \pm 0.0046; $t_{16} = 4.41$, p = 0.0004), while two latter did not differ 524 significantly ($t_{16} = 0.14$, p = 0.89).

525

526 4. Discussion

527 This study demonstrates that during reading aloud, the speaker's brain tracks the slow 528 temporal fluctuations of speech output. The auditory cortex tracks sentence/phrase structure 529 (<1 Hz) while parietal operculum tracks syllable structure (4–8 Hz). It also brings novel 530 insights into the neural bases of speech production monitoring systems while reading aloud.

531

532 4.1. Speech brain tracking at frequencies <1 Hz

533 We found that <1-Hz speech brain tracking was attenuated during self-produced speech compared with listening to external speech. A control analysis, however, failed to 534 535 corroborate this finding as it indicated similar rather than lower level of <1-Hz tracking 536 during reading compared with listening. An attenuation would be well in line with the literature. Indeed, auditory cortical responses (i.e., N100/M100 evoked response) to self-537 produced speech are typically attenuated or suppressed compared with those obtained during 538 539 listening to a playback recording of the same sounds or during silent reading of a text (Curio et al., 2000; Houde et al., 2002; Numminen et al., 1999; Numminen and Curio, 1999). Such 540 541 attenuation is absent when the auditory feedback is altered (e.g., pitch-shifted or alien speech feedback) (Heinks-Maldonado et al., 2006, 2005). 542

543 Our results also indicate that <1-Hz speech brain tracking while reading aloud is 544 dominated by the speech feedback monitoring system. Indeed, both reading and listening 545 gave rise to similarly low level of <1-Hz brain \rightarrow speech coupling, which we posit, is the 546 hallmark of reliance on forward models. Note that the significant brain \rightarrow speech coupling

observed in ~30% of the subjects was most likely spurious, i.e., related to the fact that, in
directionality assessment, strong coupling in one direction generates spurious coupling in the
other direction (Faes et al., 2010).

550 Our results also shed light on the neural network involved in monitoring <1-Hz 551 fluctuations in speech temporal envelope. During speech listening, this network seems to 552 include the STAC and cortex around pSTS, while it only involves the STAC during reading 553 aloud. This suggests that during self-generated speech, sensory feedback at phrasal/sentential 554 level is mainly processed at early auditory cortices.

555

556 4.2. Speech brain tracking at 4–8 Hz

At 4–8 Hz, speech brain tracking was stronger when reading aloud than during passive listening and it peaked in different cortical areas, i.e., STAC during listening and parietal operculum during reading aloud. Tracking was mainly driven by the speech \rightarrow brain contribution during reading aloud similarly to the listening conditions. There was however a significant enhancement in brain \rightarrow speech coupling during reading compared with listening conditions.

In humans, speech temporal envelope essentially fluctuates at 2-10 Hz, peaking at ~ 5 563 564 Hz (Ding et al., 2017). This corresponds to the mean syllable rate of speech (5–8 Hz) across many languages (Pellegrino et al., 2011). These findings led some authors to consider that 565 this frequency range likely indicates universal rhythmic properties of human speech 566 567 constrained by the neural dynamics of speech production/perception and the biomechanical properties of human articulator (Ding et al., 2017). Interestingly, a previous MEG study 568 demonstrated the existence of significant coupling between ventral primary sensorimotor 569 570 (SM1) cortex (i.e., mouth area) and orbicular oris muscle activities during silent mouthing of a syllable (/pa/) periodically repeated at different frequencies (i.e., 0.8–5 Hz) (Ruspantini et 571

572 al., 2012). This coupling phenomenon was driven by the mouth movement repetition rate 573 during syllable mouthing and peaked at the individual spontaneous movement rate (i.e., selfpaced rate of syllable articulation: $\sim 2-3$ Hz). It is therefore probably analogous (for a detailed 574 575 discussion, see Bourguignon et al., n.d.) to the previously described cortico-kinematic coherence (CKC) phenomenon, which is the coupling between the kinematics of finger or toe 576 577 movements and the activity in the SM1 cortex corresponding to the moved limb (Bourguignon et al., 2012, 2011; Marty et al., 2015; Marty et al., 2015; Piitulainen et al., 578 2015). CKC indeed occurs at movement frequency (and harmonics), which is rather similarly 579 580 visible in the rectified surface electromyogram and other kinematic-related signals such as acceleration, force and pressure (Piitulainen et al., 2013). Of note, CKC is mainly driven by 581 582 proprioceptive afferents to SM1 cortex (Bourguignon et al., 2015; Piitulainen et al., 2013). 583 Accordingly, our data suggests that during connected speech production, self-generated proprioceptive and auditory information resulting from syllable production are monitored in 584 ventral SM1 cortex. In particular, the multimodal (i.e., somatosensory and auditory) nature of 585 586 such speech-related sensory monitoring at SM1 cortex is supported by the rather low correlation between rhythmical lip movement and auditory speech temporal envelope during 587 speech production (see, e.g., Bourguignon et al., 2018; Chandrasekaran et al., 2009; Park et 588 589 al., 2016). The observed frequency-specific auditory feedback monitoring at SM1 cortex is in agreement with the external feedback monitoring system and the sensorimotor transformation 590 theories of speech (Cogan et al., 2014; Hickok, 2012; Houde and Chang, 2015). Critically, 591 592 the present study suggests that the neocortical areas involved in 4–8 Hz speech brain tracking are different during speech perception and production, which brings novel major insights into 593 the neural bases of speech external feedback monitoring systems. Finally, the fact that the 4-594 595 8-Hz brain \rightarrow speech coupling was significantly enhanced during reading (compared to listening) also suggests that the brain does generate internal representations of self-produced 596

syllabic sounds, as put forward by the predictive coding theory (Friston, 2010). Importantly,
the motor origin of this effect supports the notion that, in this frequency band, the brain
computes the time-course of the to-be-produced articulation.

600

601 4.3. Methodological considerations

First, there was no difference between *listen* and *playback* conditions in any of the tested aspects of speech brain tracking. This implies that the effects we uncovered (i) were not influenced by priming about upcoming speech content (intrinsic to *playback*) and (ii) not linked to a difference in speech rhythm between *listen* and *read*.

606 Second, neurophysiological mechanisms involved in overt language production are 607 typically difficult to explore using MEG due to multiple sources of high-amplitude artifacts 608 (e.g., head and jaw movements, muscular activity, etc.) that contaminate brain signals (see, e.g., Simmonds et al., 2014). Here, we used tSSS, ICA and threshold-based artifact rejection 609 610 to remove these artifacts from brain signals. We then reconstructed brain activity with a 611 minimum variance beamformer, an approach that specifically passes activity coming from 612 locations of interest while cancelling external interferences (Hillebrand et al., 2005). Still, 613 sensor and source speech brain tracking in the production condition indicated the presence of 614 remaining movement artifacts characterized by coherence values comparable to genuine 615 speech brain tracking/coherence values. It is therefore probable that these artifacts were mild 616 and hence not suppressed by tSSS, ICA or beamforming.

Beyond attempting to suppress artifacts, we conducted two control analyses designed to evaluate the impact of remaining artifacts on our results. First, by computing the rPDC between speech signals and MEG signals at sensors with high amplitude artifacts, we could demonstrate that reading-induced artifacts spuriously inflate rPDC values in both directions. This supports our two main findings since reading (compared with listening) was associated

622 with decreased <1 Hz tracking (rather than increased), and specifically increased 4-8 Hz 623 tracking in the brain \rightarrow speech direction (rather than in both directions). Finally, we used 624 partial coherence analysis in sensor space wherein we subtracted the contribution of MEG 625 signals at sensors on the edge of the sensor array to support our source-level results. This second control analysis corroborated the finding that 4-8 Hz tracking is enhanced during 626 627 reading compared with listening. However, it suggested similar rather than lower level of <1-Hz tracking during reading compared with listening. Further studies based on artifact free 628 629 electrophysiological signals (e.g., intracranial recording; Cogan et al., 2014) will be required 630 to confirm source-space results. Also, we cannot exclude that the sources of 4-8 Hz tracking 631 in the reading condition may have been shifted by the artifacts remaining in sensor data. 632 Invasive electrophysiological recordings are warranted to identify the exact cortical network 633 involved in tracking of self-produced speech, and specifically, to determine the relative contribution of STAC and parietal operculum. 634

635 Despite these limitations that warrant to take the results of this study with some 636 caution, we demonstrate that the speech brain tracking observed at <1 Hz during *listen* and read is rather similar in terms of brain areas and tracking level. Furthermore, the results 637 obtained at 4-8 Hz during *read* are in line with those previously reported by Ruspantini et al. 638 639 (2012) during syllable production. These data therefore suggest the existence of common speech brain tracking phenomena during self-generated speech production accompanying 640 641 reading aloud and perception while listening to somebody reading a text aloud. The generalization of these findings to production and perception of natural speech (e.g., during 642 natural conversation) warrants further investigations. Still, this study represents a first step 643 644 towards the understanding of the neural bases and functional aspects of speech brain tracking 645 during speech production.

647 4.4. Conclusions

648 This study demonstrates that, during reading aloud, the reader's brain tracks the slow temporal structure of the self-generated speech. The auditory cortex tracks phrases/sentences 649 650 and the parietal operculum tracks syllables. Data also suggests that both tracking mainly engage feedback monitoring system, but with increased involvement of internal speech 651 652 monitoring system for syllable tracking at different neocortical areas than those recruited during speech perception. In sum, this study brings unprecedented insights into how the 653 654 human brain tracks the slow-temporal features of the auditory feedback during self-655 generation of speech.

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657

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675 **6. References**

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867 7. Tables and Figures:

868 Table 1.

- 869 MNI coordinates [mm] an coherence values of maximum speech brain tracking, as well as
- 870 corresponding sensor-level coherence values controlled for artifacts in sensors at the edge of871 the sensor array.
- 872

	Left	hemisphere		Right hemisphere								
	MNI coordinate [mm]	Source coherence	Sensor partial coherence	MNI coordinate [mm]	Source coherence	Sensor partial coherence						
Speech brain tracking at 0.5 Hz												
listen	[-66 -25 1]	0.068	0.056	[66 -25 7]	0.070	0.060						
playback	[-67 -28 -3]	0.063	0.046	[66 -24 3]	0.068	0.046						
read	[-62 -10 12]	0.040	0.045	[66 -22 6]	0.043	0.041						
Speech brain tracking at 4–8 Hz												
listen	[-61 -12 7]	0.0159	0.0138	[65 -13 7]	0.0162	0.0133						
playback	[-63 -12 9]	0.0153	0.0122	[65 -11 7]	0.0172	0.0135						
read	[-62 -13 28]	0.0209	0.0174	[65 -10 18]	0.0286	0.0249						

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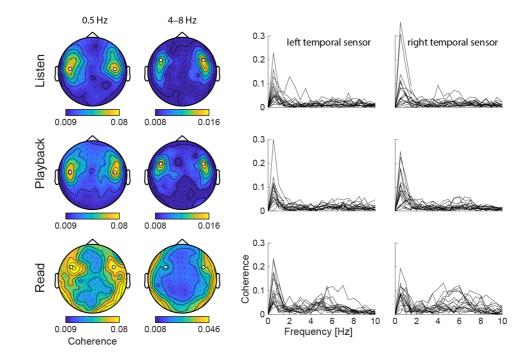
875 Table 2.

876 Number of subjects displaying significant renormalized partial directed coherence (rPDC).

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		listen		playback		read	
		left	right	left	right	left	right
0.5 Hz	speech \rightarrow brain	16	15	14	13	10	12
	brain \rightarrow speech	4	5	5	3	5	4
4–8 Hz	speech \rightarrow brain	10	8	9	9	12	9
	brain \rightarrow speech	0	0	1	1	4	6

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Figure 1. Coherence at the sensor level. *Left*—Sensor distribution of the coherence at 0.5 Hz and 4–8 Hz averaged across subjects. White discs highlight the sensors of maximum coherence, or, in the read condition at 4–8 Hz, the sensors suggestive of the presence of genuine speech brain tracking. *Right*—Individual coherence spectra at the highlighted sensors. Values from 0 to 1.5 Hz are taken from sensors identified in the 0.5 Hz map, and values from 1.5 Hz to 10 Hz from the sensors identified in the 4–8 Hz map.

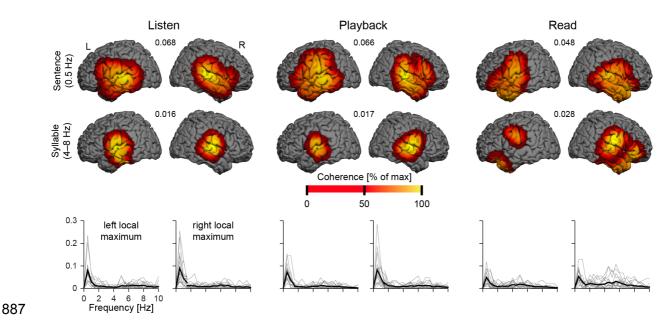
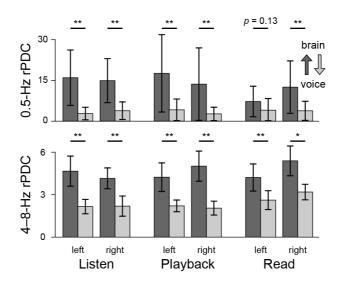


Figure 2. Coherence in the source space. *Top*—Group-level coherence maps at 0.5 Hz and 4–
8 Hz in the 3 conditions (*listen*, *playbach* and *read*) thresholded at statistical significance
level. The color scale is tailored to each coherence map: it ranges from 0 to its maximum
(indicated in between brain images). *Bottom*—Individual (gray) and group-averaged (black)
coherence spectra at the local maxima of coherence.

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Figure 3. Directionality assessment with renormalized partial directed coherence (rPDC). Bars display the mean and SD of rPDC values. There is one bar per conditions (*listen*, *playback* and *read*), frequency range of interest (0.5 Hz and 4–8 Hz), hemisphere (left and right), and direction (speech \rightarrow brain and brain \rightarrow speech). Significance of the comparison between directions are indicated above each pair of bars (* p < 0.05, ** p < 0.01).

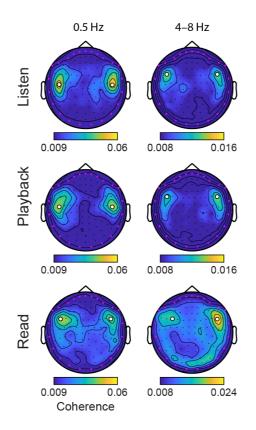




Figure 4. Speech brain tracking at the sensor level assessed with partial coherence to control
for artifacts in edge sensors (highlighted in magenta). Note that topographies at 4–8 Hz are
displayed with a different scale for *read* and listening (*listen* and *playback*) conditions. White
discs highlight the same sensors as those in figure 1. sensors of maximum coherence, or, in
the read condition at 4–8 Hz, the sensors suggestive of the presence of genuine speech brain
tracking.