

1 Brain endothelial cells are exquisite sensors of age- 2 related circulatory cues

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18 19 Highlights

- 20 • Single-cell RNA sequencing of brain endothelial cells (BECs) reveals transcriptional
21 segmentation into distinct arterial, capillary, and venous identities with age and
22 experimental interventions
 - 23 • Changes with age are heterogenous across vessel segments, with aged capillaries
24 enriched in signatures of innate immunity, TGF- β and VEGF signaling, hypoxia and
25 oxidative stress
 - 26 • BECs sense and respond transcriptionally to diverse circulatory cues: inflammatory, pro-
27 aging, or rejuvenating
 - 28 • Aged plasma exposure recapitulates—and young plasma reverses—key transcriptomic
29 signatures of normal BEC aging
 - 30 • BEC response to aged and young plasma reveals cell non-autonomous mechanisms of
31 blood-brain-barrier aging
- 32

33 **SUMMARY**

34 Brain endothelial cells (BECs) are key elements of the blood-brain barrier (BBB), protecting the
35 brain from pathogens and restricting access to circulatory factors. Recent studies have
36 demonstrated that the circulatory environment can modulate brain aging, yet, the underlying
37 processes remain largely unknown. Given the BBB's intermediary position, we hypothesized that
38 BECs sense, adapt to, and relay signals between the aging blood and brain. We sequenced single
39 endothelial cells from the hippocampus—a brain region key to learning, memory, and
40 neurogenesis— of healthy young and aged mice as well as post-exposure to inflammatory and
41 age-related circulatory factors. We discovered that aged capillary BECs, compared with arterial
42 and venous cells, exhibit the greatest transcriptional changes, upregulating innate immunity,
43 antigen presentation, TGF- β signaling and oxidative stress response pathways. Remarkably,
44 short-term infusions of aged plasma into young mice recapitulated key aspects of this aging
45 transcriptome, while infusions of young plasma into aged mice reversed select aging signatures,
46 essentially rejuvenating the BBB endothelium transcriptome. We identify candidate pathways
47 mediating blood-borne brain rejuvenation by comparing age-upregulated genes with those
48 modulated by plasma exposure. Together, these findings suggest that the transcriptional age of
49 BECs is exquisitely sensitive to age-related circulatory cues and pinpoint the BBB itself as a
50 promising therapeutic target to treat brain disease.

51

52 **Keywords: brain endothelial cells, aging, rejuvenation, blood-brain barrier, single cell**

53 **RNAseq**

54

55 INTRODUCTION

56 Aging drives the deterioration of brain structure and function, increasing susceptibility to
57 neurodegenerative disease and cognitive decline (Andrews-Hanna et al., 2007; Bishop et al.,
58 2010; Mattson and Magnus, 2006). While the cell-intrinsic hallmarks of aging, from stem cell
59 exhaustion to loss of proteostasis are established aspects of brain aging (López-Otín et al., 2013),
60 recent studies have demonstrated cell non-autonomous mechanisms of brain aging via
61 heterochronic parabiosis or blood plasma infusions (Wyss-Coray, 2016). Specifically, old plasma
62 appears to impair and young plasma revitalizes cognitive function and hippocampal neurogenesis
63 (Castellano et al., 2017; Katsimpardi et al., 2014; Khrimian et al., 2017; Villeda et al., 2011, 2014).
64 Recently, infusion of aged plasma into young mice results in upregulation of vascular cell
65 adhesion molecule 1 (VCAM1) in brain endothelial cells (BECs) and blocking via antibodies
66 strongly reduces neuroinflammation and improves learning and memory function in aged mice
67 (Yousef et al., 2019). Specific mouse and human proteins have recapitulated the effects of
68 plasma, such as the pro-aging B2M and CCL11, and the rejuvenating TIMP2 (Castellano et al.,
69 2017; Smith et al., 2015; Villeda et al., 2011). Nevertheless, while these studies show systemic
70 effects on the brain, the exact mechanisms mediating these effects are largely unclear.

71 This is especially so considering that the brain is partitioned from the periphery via
72 specialized vasculature—the blood-brain barrier (BBB) (Abbott et al., 2006; Broadwell, 1989;
73 Daneman and Prat, 2014; Reese and Karnovsky, 2004). Relative to peripheral endothelium, the
74 BBB exhibits limited permeability to macromolecules by employing unique tight junctions and low
75 rates of transcytosis (Andreone et al., 2017; Ben-Zvi et al., 2014; Chow and Gu, 2015). These
76 special properties are induced in development and maintained in adulthood by surrounding
77 pericytes, smooth muscle cells, astrocytes, and neurons that form a functional ‘neurovascular
78 unit’ (Armulik et al., 2010; Daneman et al., 2010). Dysfunction and breakdown of this unit have
79 been implicated in age-related neurodegeneration and manifest in reduced cerebral blood flow,
80 leakage of toxic factors, and a general inability to maintain an optimal environment for neuronal
81 and stem cell function (Iadecola, 2013; Sweeney et al., 2018; Zhao et al., 2015; Zlokovic, 2008).

82 Though age-related BBB dysfunction has been probed with a diverse toolkit of tracers, the
83 transcriptional heterogeneity of the BBB and vessel segment-specific responses to the
84 parenchymal or systemic environment has been largely unexplored (Bien-Ly et al., 2015; Marques
85 et al., 2013; Montagne et al., 2015; Mooradian, 1988; Vanlandewijck et al., 2018). Here, we study
86 normal brain endothelial aging—and its response to inflammatory and age-related circulatory
87 cues—by profiling hippocampal BECs using single-cell RNA sequencing. We characterize
88 significant transcriptional changes across arterial, capillary, and venous cells, discovering a

89 surprising malleability to age-related plasma factors, and a heterogenous distribution of age-
90 related receptors and signaling pathways across vessel segments. This suggests the BBB
91 endothelium is positioned to and capable of mediating reversible, non-autonomous mechanisms
92 of brain aging.

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112 RESULTS

113 Brain endothelial cells exhibit segmental identities

114 We rapidly isolated and pooled CD31+CD45-Cd11b- BECs from mouse hippocampi and analyzed
115 their transcriptomes using single-cell RNA sequencing as previously described (**Figure 1A**,
116 **Figure S1A-C**)(Yousef et al., 2019). Cells passing QC had at least 50,000 reads, with a median
117 of ~700,000 reads and ~1,800 expressed genes per cell (**Figure SI 1D-E**). All cells expressed at
118 least one pan-BBB/endothelial marker at the mRNA level (*Cldn5*, *Cdh5*, *Pecam1*, *Ocln*, *Flt1*,
119 *Esam*). Few cells exhibited both high mitochondrial and ribosomal gene counts, typical features
120 of poor cell quality or health during the isolation and collection phase (Butler et al., 2018) (Figure
121 SI 1F).

122 We first characterized the range of distinct cell populations within heterogenous
123 hippocampal BECs from young (3 month-old) mice via transcriptome clustering of the top 2,500
124 over-dispersed genes. Specifically, we searched for BEC populations defining segmental
125 identities of arterioles, capillaries, and venules, as previously shown at a single-cell level
126 (Vanlandewijck et al., 2018). Principal component analyses did not yield clear segmental or other
127 phenotypic signatures, with venous (V) (*Slc38a5*, *Nr2f2*) and capillary (C) (*Slc16a1*) markers
128 showing a generally diffuse distribution along the first 10 PCs, and arterial (A) (*Bmx*, *Efnb2*)
129 markers being slightly more biased (**Figure 1B, top panel**). Upon further inspection, we found
130 that FACS sorting via CD31+/CD45- alone yielded low numbers of arterial and venous cells (<6%
131 per population), which were defined by a non-zero expression of at least 2/3 classical A and V
132 gene markers (Arterial: *Bmx*, *Efnb2*, *Vegfc*, Venous: *Nr2f2*, *Slc38a5*, *Vwf*) (**Figure S2A**). Vascular
133 cell adhesion molecule (*Vcam1*), a cell surface receptor that facilitates endothelial-immune cell
134 interactions, has previously been shown to be highly enriched in arterial and venous cells and we
135 established a method to isolate and enrich primary venous and arterial BECs using this marker
136 (Vanlandewijck et al., 2018; Yousef et al., 2019). Taking advantage of the surface expression of
137 VCAM1, we infused a fluorescently labeled anti-VCAM1 mAb retro-orbitally prior to mouse
138 perfusion and tissue dissection which allowed us to enrich VCAM1+BECs using FACS. Addition
139 of VCAM1+ sorted cells to the original dataset (~25% of all cells) resulted in a more biased (yet
140 still continuous) distribution of the expression of known A-C-V markers, and an increase in A and
141 V cell identities (**Figure 1B-C**). VCAM1 protein levels were highly correlated with mRNA content,
142 and, nearly all *Vcam1* mRNA+ cells were co-positive for and highly correlated to either A or V
143 markers, and largely absent in capillaries (**Figure SI 2B**). Not all arterial and venous cells defined
144 were *Vcam1*+, suggesting that *Vcam1* is only expressed in a subset of arterial and venous cells,

145 Indeed, differential expression tests between *Vcam1*^{+/-} arterial or venous populations show a
146 basally more transcriptionally activated subset of BECs (**Figure SI 2C**) that are confined within A
147 and V populations. Clarity of A-C-V populations was improved due to the increase in number of
148 A and V cells (**Figure SI 2D**), which allows for previously small populations of arterial and venous
149 cells, some of which expressed gene signatures more similar to capillaries on the zoned A-C-V
150 gene expression axis, to emerge (Vanlandewijck et al., 2018).

151 Furthermore, by finding genes which are most enriched in arterial and venous clusters,
152 we were able to identify potential new segmental markers for BECs (**Figure 1D**). Venous cells
153 exhibited more shared genes with capillaries, than arterial cells. Arterial cells were enriched in
154 *Mgp*, *Clu*, *Stmn2*, *Cdh13*, while venous cells were enriched in *Il1r1*, *Cfh*, *Ctsc* and *Tmsb10*. In
155 fact, in contrast to classical venous (*Nr2f2*) and arterial (*Efnb2*) markers, these new markers were
156 expressed across a significantly larger number of cells in their respective segment populations.
157 In addition, these genes are not restricted to expression in *Vcam1*⁺ subpopulations, making them
158 more suitable markers for pan-arterial/venous cell identification (**Figure SI 2C**). Of note, gene
159 products of *Cdh13* (Cadherin-13) and *Il1r1* (Interleukin 1 Receptor Type 1) are known to be
160 expressed on the cell surface and confirmed to be enriched in the hippocampus, making them
161 potential candidates for FACS enrichment of arterial or venous cells (**Figure 1E**).

162

163 **Systemic LPS administration activates common transcriptional programs across segment** 164 **identities**

165 To understand whether BECs can act as sensors of organismal-level perturbations, we
166 administered LPS systemically in young mice to induce an acute inflammatory response. LPS
167 serves as an acute perturbation, where dramatic organismal-wide changes are expected, and
168 thus facilitates a preliminary study of BEC response to systemic cues. Out of 10,955 expressed
169 genes across all BECs, a total of 1,610 differentially expressed genes (DEGs) were identified
170 (FDR<0.05 threshold) between LPS-treated and untreated mice, with 865 DEGs in capillaries,
171 881 in venous, and 956 in arterial identities. 357/1610 (22%) DEGs are shared between all three
172 segments, while some are unique to one or two segment identities. Fairly even numbers of up-
173 and down-regulated genes are observed with LPS, for all three segments (**Figure 2A**).
174 Furthermore, LPS stimulation did not seem to change the native compositions of A-C-V identities
175 (**Figure SI 3A**). GO pathway analyses of both up- and down-regulated DEGs reveal largely
176 common pathways between vessel segments, including the upregulation of interleukin and
177 interferon signaling, cytoskeletal remodeling, cell-matrix adhesion, and TGF- β signaling

178 pathways, as well as the downregulation of EC proliferation, lipid and lipoprotein metabolism, and
179 adherens junctions maintenance (**Figure 2B**). LPS induced large fold changes in expression
180 levels of DEGs, with many genes exhibiting on-off responses such as the innate immunity genes
181 *Lcn2*, *Icam1*, *Cebpd*, *Irf7*, *Litaf*, *Ifit3* (**Figure 2C**). *Lcn2* (Lipocalin2), a neutrophil-associated
182 lipocalin that plays roles in innate immunity, was the most highly upregulated gene following LPS
183 treatment in all A-C-V segments, while *Cd14*, a receptor for LPS was significantly upregulated in
184 venous cells.

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186 **Acquisition of aging BEC transcriptomic signatures is distinct across vessel segments**

187 Aging results in prominent changes in brain function and the hippocampus appears particularly
188 vulnerable, showing the first signs of degeneration in Alzheimer's disease (Wyss-Coray, 2016).
189 Because BECs are responsible for nutrient transport into the brain and communication between
190 peripheral immune cells and the CNS, understanding how they age is crucial to understanding
191 brain aging and neurodegeneration. We sequenced CD31+/CD45-/CD11b- BECs from the
192 hippocampi of young (3 month-old) (981 cells) and aged (19 month-old) (1053 cells) disease-free
193 mice. Approximately 20% of BECs were enriched for VCAM1 expression by FACS to increase
194 the collection of arterial and venous BECs. Unbiased transcriptome clustering of all young and
195 aged cells combined revealed 3 continuous subpopulations with transcriptional signatures of A-
196 C-V identities, illustrated by the gradual zonation of *Gja4*, *Bmx*, *Slc16a1*, *Slc38a5*, *Nr2f2*, and
197 *Vcam1* (**Figure 3A-B**, **Figure SI 4**). Aged and young BECs did not appear to show clear
198 distinguishing signatures within the first 10 PCs (**Figure SI 5**), indicating that age does not
199 obviously alter segmental identity.

200 Comparisons of aged and young BECs within A-C-V populations results in a total of 642
201 unique DEGs (FDR<0.1, capillary: 443, venous: 207, arterial 182 DEGs). Interestingly, the degree
202 of overlap in DEGs within vessel segments was much less compared to LPS treatment (**Figure**
203 **2**), with only 40/642 (6%) DEGs shared between all three vessel segments. The majority of DEGs
204 were found to be increased (86%) rather than decreased, suggesting a general upregulation of
205 transcriptional programs (**Figure 3C**). Capillary cells exhibited higher numbers of DEGs than
206 arterial or venous cells, with 298/443 (67%) of their DEGs being unique to the segment only
207 (**Figure 3C-D**). Interestingly, aged cells exhibited a slightly higher number of expressed genes
208 (mean=1,801 compared to 1,474), while capillaries expressed ~25% fewer genes than arterial
209 and venous cells (mean=1,465 compared to A: 1,899 and V: 1,928) (**Figure SI 6A-B**).

210 Aged capillaries reveals strong upregulation in genes including stem-cell antigen 1 and 2
211 (*Ly6e*, *Ly6a*), innate immunity (*Vwf*, *Cxcl12*, *Dusp3*, *Ifi27*, *Ifnar1*, *Il10rb*), antigen-processing

212 (*B2m*, *H2-K1*, *H2-D1*, *Tapbp*, *H2-T23*), VEGF-signaling (*Kdr*, *Flt1*, *Flt4*), matrix assembly (*Vim*,
213 *Vwa1*, *Spock2*), cell adhesion (*Itga1*, *Itga6*, *Esam*), TGF- β signaling (*Eng*, *Acvr11*, *Ltbp4*), hypoxia
214 response (*Ldha*, *Pkm*, *Aldoa*, *Nos3*), and oxidative stress (*Sod1*, *Apoe*, *App*, *Prnp*, *Alpl*) (**Figure**
215 **3E-F**). We also find a strong and consistent upregulation of genes encoding ribosomal subunits
216 across all segments (e.g. *Rpl37*, *Rpl31*, *Rpl21*, *Rpl35*, *Rplp2*, *Rpl37a*, *Rps20*, *Rps27a*) (**Figure**
217 **3E**). Changes in gene expression levels between aged and young BECs are subtler than those
218 after LPS treatment. A comparison of DEGs in disease-free aging and with LPS treatment reveals
219 few commonly shared DEGs, however several involved in innate immunity were commonly
220 upregulated, including *B2m*, *H2-K1*, *H2-D1*, as well as some involved in ribosomal biogenesis
221 and rRNA processing (*Rpl23*, *Rps12*, *Rps27*, *Rpl10*, *Rpsa*) (**Figure SI 3B**).

222 To ensure that the DEGs were not a consequence of differing cell numbers between tested
223 groups or biological noise, we performed two sets of stringent tests. A permutation test was
224 conducted on all DEGs (FDR<0.1) to ensure that the true average log fold change of each DEG
225 fell beyond the 95th percentile of a randomly shuffled distribution (**Figure SI 6C**). In addition,
226 DEGs were calculated within each of the four biological replicates (one biological replicate
227 consisting of 4 pooled mice hippocampi), and only those found to be differentially expressed in 3
228 out of 4 replicates passed the criteria. Altogether, we find that each vessel segment ages
229 differentially, and that aged capillaries exhibit the greatest degree of change, upregulating
230 signatures such as innate immunity, antigen processing, TGF- β signaling, and oxidative stress
231 response.

232

233 **Systemic injection of young mice with aged plasma recapitulates key signatures of aging** 234 **in BECs**

235 An aged circulatory environment, including changes in plasma or CSF proteomes, can promote
236 brain dysfunction (Silva-Vargas et al., 2016; Villeda et al., 2011). However, the cellular and
237 molecular mechanisms involved in relaying circulatory signals into the brain are unclear. We
238 hypothesized that BECs play an intermediary role in sensing and responding to an aged
239 circulatory proteome. Thus, we measured the transcriptional response of young BECs to soluble
240 factors in the plasma of aged mice. We injected young mice with pooled plasma from aged mice
241 (AMP) or PBS (150 μ l per injection) retro-orbitally, twice-daily for 4 days (Yousef et al., 2019) and
242 collected CD31⁺/CD45⁻ as well as CD31⁺/CD45⁻/VCAM1⁺ cells from the hippocampus (**Figure**
243 **4A**). Single cell RNA sequencing and dimensionality reduction of AMP (n=333 cells) and PBS
244 (n=206) treated young BECs revealed the same arteriovenous zonation found in normal aged
245 mice, with segmental identity, rather than plasma treatment, being the main driver of

246 heterogeneity (within the first 15 PCs) (**Figure 4B-C, Figure SI 7A**). Interestingly, BECs again
247 respond differentially to plasma treatment depending on the vessel segment identity, with
248 capillaries exhibiting a strikingly larger number of DEGs compared to arterial and venous cells,
249 even when they are downsampled to match sample powers in other groups. Out of 12042
250 detected genes, 829 genes were found to be differentially regulated in capillaries (FDR<0.1) and
251 most are up-regulated (692 – 83% of DEGs). Importantly, only a small subset (<10%) of these
252 DEGs were also found differentially perturbed by injecting aged-matched young plasma into
253 young mice, indicating that most of the effects of AMP in young mice are specific to the age of
254 the plasma (SI Table 1). Thus, capillaries are highly responsive to factors in the exogenous aged
255 plasma, inducing activation of existing or new transcriptional programs (**Figure 4D-E, Figure SI**
256 **7D**).

257 Excitingly, we discovered a significant overlap between transcriptional changes in BECs
258 as a result of normal aging and exposure to AMP. This overlap was most striking in capillaries
259 and less pronounced in venous and arterial cells (**Figure SI 7B-C**). Out of 443 DEGs in aging and
260 829 DEGs in AMP treatment, 149 (up-regulated) and 4 (down-regulated) transcripts were found
261 to be shared, and these intersecting DEGs comprised ~34% and 18% of total DEGs in each
262 comparison, respectively (**Figure 4F**). This overlap is significant as the intersecting number is
263 above the 99th percentile of the distribution of intersects if genes were randomly chosen from each
264 group. Surprisingly, nearly all of the intersecting genes are expressed at higher levels in AMP
265 treated cells compared to normal aging (**Figure SI 7E-F**) suggesting that factors in AMP are
266 powerful inducers of key aspects of BEC aging. Indeed, pathway analysis of the 149 commonly
267 up-regulated transcripts pointed to similar pathways enriched in normal aging, including innate
268 immunity (*Dusp3, Ifi27, Ifnar1, Il10rb, Vim, H2-T23, Icam2, Calm1, Myo10, Anxa2, Canx*), cellular
269 senescence (*Uba52, Sod1, Rbx1, Elob, Fkbp4*), TGF- β signaling (*Nedd8, Bmpr2, Id1, Pdgfb*),
270 hypoxia and stress (*Hspa1a, Hspb1*), and ribosomal processing (*Rpl10, Rpl10a, Rpl13, Rpl18a,*
271 *Rpl26, Rpl28*) (**Figure 4G**).

272

273 **Systemic injections of aged mice with young plasma reverses key transcriptional** 274 **changes of aging in BECs**

275 The plasma of young mice can exert rejuvenating effects on the brains of aged mice after
276 intravenous delivery, resulting in increased neurogenesis, memory and learning, dendritic spine
277 density, and decreased neuro-inflammation and microglial activity (Wyss-Coray, 2016). To test if
278 aged BECs are similarly responsive to acute injections of young mouse plasma (YMP), we

279 injected aged mice with pooled YMP or PBS, isolated hippocampal BECs, and sequenced RNA
280 from individual cells as described above (**Figure 5A**). Dimensionality reduction of all YMP (n=256)
281 and PBS control treated cells (n=121) resulted in distinct ACV populations, with no obvious
282 separation between treatment conditions (PCs 1 to 15) (**Figure 5 B-C**). Again, capillaries
283 responded most significantly to plasma injections but, unlike BECs exposed to AMP, the great
284 majority of transcripts were downregulated with YMP infusion (206/257 DEGs – 80%
285 downregulated) (**Figure 5D**). Prominently down-regulated pathways include antigen processing
286 and presentation via MHC Class 1 (*H2-D1*, *H2-Q6*, *H2-Q7*, *H2-T22*, *H2-T23*, *B2m*, *H2-K1*,
287 *Tapbp*), innate immune response and cytokine (interferon) signaling (*Icam2*, *Ifi27*, *Ifitm3*, *Ifih1*,
288 *Ifit3*, *Vwf*,) metabolic processes, and ribosomal biogenesis and rRNA processing (*Rpl13*, *Rpl38*,
289 *Rpl41*, *Rps27*, *Rps27a*, *Rps29*, *Rps8*) (**Figure SI 8A**).

290 These findings suggest that YMP infusions are capable of reversing certain BEC aging
291 signatures. Indeed, in capillaries, 89 DEGs increase with normal aging and decrease following
292 YMP infusion, which comprises 12% and 31% of DEGs in normal aging and YMP infusions,
293 respectively (**Figure 5E**). Strikingly, these 89 genes are enriched in key aging signature pathways
294 (**Figure 3E**) including ribosomal biogenesis/rRNA processing (*Rpl13*, *Rpl31*, *Rpl36*, *Rpl38*, *Rpl41*,
295 *Rps13*, *Rps21*, *Rps27*, *Rps28*, *Rps8*), immune system and cytokine signaling (*Vwf*, *Ifi27*, *Ifitm3*,
296 *Ifitm2*, *Ifit3*), antigen processing and presentation (*B2m*, *H2-K1*, *H2-D1*, *H2-T23*, *Psmb9*, *Psmc2*),
297 and response to oxidative stress (*Ndufb4*, *Apoe*, *Sod1*, *Nostrin*) (**Figure 5D**).

298

299 **Young plasma reverses select transcriptional changes of aging induced by AMP**

300 To determine whether young plasma factors could specifically reverse transcriptional changes in
301 BECs induced by aged circulatory factors, we compared the 149 shared DEGs between
302 Aged/Young and AMP/PBS (**Figure 4F**) and 89 shared DEGs between Aged/Young and
303 YMP/PBS (**Figure 5E**) using GeneAnalytics software to identify commonalities in pathways and
304 directionality (**Figure 6A-B**, **Figure SI 9**). Pathways represented in both datasets include TGF- β
305 signaling, cellular senescence, respiratory electron transport, innate immunity, interferon
306 signaling, cholesterol biosynthesis, response to oxidative stress, and rRNA processing. It is
307 important to note that genes enriched in each common pathway do not entirely intersect,
308 suggesting that upregulation and then attenuation of pathways may not necessarily involve the
309 same full set of genes. 42 DEGs lie in the “triple-intersect”, representing various pathways such
310 as immune response signaling, with antigen processing (*H2-T23*), immune cell adhesion (*Icam2*),
311 and interferon (*Ifi27*) amongst the top genes upregulated by aging and AMP and downregulated
312 by YMP (**Figure 6C**). Strikingly, oxidative stress response was strongly enriched in aging and

313 AMP-treated BECs and reduced by YMP, with *ApoE*, *Sod1*, *Ndufa6*, *Nostrin*, and *Selenow* being
314 differentially regulated in all three datasets.

315 To further explore whether the transcriptional changes in response to YMP and AMP may
316 be the result of BEC sensing of peripheral plasma factors, we identified those genes among the
317 42 intersecting genes (**Figure 6A**) which encoded for receptors or membrane proteins (**Figure**
318 **6D**). We then matched the resulting 15 BEC external membrane proteins with putative ligands
319 based on a published resource for receptor-ligand pairs (Ramilowski et al., 2015) and highlighted
320 those ligands which we detected in mouse plasma. Interestingly, we identified *Bmpr2* (ligands:
321 *BMP7*, *GDF9*), *Flt4* (ligand: *FN1*), *lfnar1* (ligand: *IFNA10*), *Igf1r* (ligand: *CDH1*, *GPC3*, *INS*), and
322 *Lsr* (Ligand: *APOB*) were not only genes upregulated both with aging and AMP, but some of their
323 ligands were increasing with age in mouse plasma, and have also been reported to increase in
324 human plasma with age (Sun et al., 2018; Tanaka et al., 2018).

325

326 **DISCUSSION**

327 Aging is characterized by the gradual decline in physiological integrity and organ function. In the
328 brain, aging is a key risk factor for cognitive decline, neurodegeneration and diseases such as
329 Alzheimer's disease. With growing evidence that systemic factors, and those in the circulation in
330 particular, can modulate brain aging and function (Wyss-Coray2016), the brain vasculature
331 becomes an obvious putative receiver and transmitter of such circulatory cues to the brain. With
332 this in mind, we characterize here the transcriptome of aging BECs and demonstrate that
333 capillaries are especially sensitive to changes in aging factors in blood.

334 Single cell RNA sequencing in young mice revealed unique transcriptional signatures for
335 BECs composing arterial, capillary, and venous vascular segments, confirming recent findings by
336 Vanlandewijck and colleagues (Vanlandewijck et al., 2018) and our own lab (Yousef et al., 2019).
337 Importantly, we report here this zonation is not perturbed with age even though significant gene
338 expression changes can be found between ages. Moreover, BEC zonation does not change
339 following systemic exposure of mice to a strong inflammatory trigger, LPS, in spite of several
340 hundred genes changing in unison across the BEC subtypes. Lastly, BEC zonation does not
341 change in mice injected systemically with heterochronic plasma. Together, these observations
342 suggest segmental identity at the transcriptional level is rather stable in response to circulatory
343 environmental cues and possibly defined by more proximal, cellular interactions and signals in
344 the BBB. Additional studies will be necessary to identify these determinants of BEC identity.

345 While LPS injection induced a concerted upregulation of inflammatory and downregulation
346 of metabolic pathways across all BEC subtypes, aging induced largely zonation specific changes,

347 except a prominent increase in genes involved in translation and RNA biogenesis. Overall,
348 capillary transcriptomes are most responsive to aging as well as intravenous heterochronic
349 plasma administration. Capillary BECs are by far the most abundant segmental subtype in the
350 brain vasculature and while the hemodynamic conditions are different in capillaries than in
351 arterioles and venules, it seems unlikely that this is the cause of their differential response to
352 circulatory cues. It will thus be interesting to determine if capillary BECs are transcriptionally wired
353 to respond to systemic changes and whether this is the result of their interaction with pericytes,
354 other mural cells, glia, and neurons. Equally interesting will be to study the implications of the
355 observed age-related capillary changes on BBB function and neuro-vascular coupling and to
356 endothelial-CNS parenchyma communication in general.

357 It seems maybe surprising that administration of relatively small amounts of heterochronic
358 plasma (<10% of blood volume per injection) over just 4 days induces robust transcriptional
359 changes in BECs in hundreds of genes. This was particularly evident in capillary BECs of young
360 mice treated with aged plasma (828 DEGs) but also significant in aged mice treated with young
361 plasma (206 DEGs), supporting the notion that capillary BECs are exquisitely and acutely
362 sensitive to changes in the circulation. More importantly, heterochronic plasma injections are
363 sufficient for inducing signatures of aging according to the age of the injected plasma. Aged
364 plasma infusions into young mice strongly induces signatures identified with normal BEC aging
365 including ribosomal RNA processing, hypoxia response, innate immunity, cellular senescence,
366 and TGF- β signaling. The latter may be particularly interesting as increased TGF- β signaling in
367 the vasculature has been linked to age-related basement membrane thickening and cerebral
368 amyloid angiopathy (Wyss-Coray et al., 1997) and to inhibit neural progenitor cell proliferation in
369 the hippocampus (Buckwalter et al., 2006; Yousef et al., 2015a;). Conversely, young plasma
370 administered systemically to aged mice results in a strong downregulation of normal BEC aging
371 signatures including oxidative stress response, innate immunity (via MHC-1), interferon signaling
372 and antigen presentation. *B2m*, which is upregulated by aging and reversed by YMP, is a critical
373 component of major histocompatibility class 1 (MHC-1) molecules (e.g. *H2-K1* and *H2-D1*), which,
374 enabled by the *Tap1* transporter, allow the recognition of pathogenic antigens by cognate T-cells.
375 These functions can be further augmented by interferons such as *Ifi27* and *Ifnar1*, which is also
376 increased with aging. Not only has soluble *B2m* previously been found at higher levels in human
377 patients with HIV-associated dementia and Alzheimer's disease (Carrette et al., 2003), it also
378 exerts negative effects on hippocampal neurogenesis and cognition following systemic injection
379 (Smith et al., 2015). Strikingly, young plasma exposure upregulates β -catenin in aged BECs. Wnt/
380 β -catenin signaling is necessary for maintaining specialized BBB properties, such as tight junction

381 expression and low expression of leukocyte adhesion molecules, but is compromised upon injury,
382 inflammation, and likely during aging (Lengfeld et al., 2017; Liebner et al., 2008; Tran et al., 2015;
383 Zhou and Nathans, 2014). Recently, β -catenin expression alone has been found sufficient to
384 convert leaky vessels in circumventricular organs to a barrier-type state, with stabilized junctions
385 and decreased tracer permeability (Benz et al.; Wang et al., 2019). This suggests factors in young
386 plasma may hold restorative properties for an aged BBB, and could be partly modulated by Wnt/
387 β -catenin signaling programs.

388

389 The 42 genes which mimic an aging transcriptome in young AMP-infused mice and whose
390 expression is reversed (“rejuvenated”) in aged YMP-infused mice are of particular interest.
391 Several of these genes (*Sod1*, *ApoE*, *Selenow*, *Ndufa6*, *Nostrin*) have established roles in
392 oxidative stress response. Increases in reactive oxygen species (ROS) have been consistently
393 observed in aging and accumulation of oxidative damage to macromolecules is a hallmark of
394 aging, contributing to cellular senescence, loss of proliferation, and secretion of chemokines,
395 interleukins and MMPs (Balaban et al., 2005; Liguori et al., 2018). Interestingly, transcript levels
396 of superoxide dismutase (*Sod1*), an antioxidant shown to increase lifespan, decrease the rate of
397 telomere shortening (Serra et al., 2003) and protect AD model mice (Murakami et al., 2011), are
398 increased in BECs with aging and AMP infusion. Similarly, selenoprotein W (*Selenow*), an
399 antioxidant that protects cells from peroxide-mediated damage (Jeong et al., 2004) and eNOS
400 traffic inducer (*Nostrin*), an endothelial-specific attenuator of vascular oxidative stress
401 (Förstermann, 2010) are upregulated with aging and AMP infusions, possibly reflecting a
402 protective response induced by factors present in aged plasma. We also find a similar expression
403 pattern in *Rps27* and *Rpl38*, genes involved in ribosomal biogenesis, and *ApoE*, a gene
404 consistently associated with longevity and AD (Kim et al., 2009) and exerting antioxidant
405 properties as well (Jofre-Monseny et al., 2008). Importantly, however, the number of non-
406 intersecting genes between the AMP/normal aging and YMP/normal aging datasets suggests that
407 some aspects of AMP and YMP treatments are not directly antagonistic. YMP treatments can
408 possibly result in the rejuvenation of aging signatures that are not consequences of factors in
409 aged blood but due to other mechanisms of aging. For instance, YMP infusion reduces the
410 expression of genes involved in antigen presentation (*B2m*, *H2-K1*, *H2-D1*, *H2-T23*) and most of
411 these genes are only increased with normal aging and not with AMP infusions. Conversely,
412 expression of regulators of cell death (*Txn*, *Lmna*, *Pim1*, *Ndr1*) increase with aging and AMP
413 infusion but they are not significantly affected by YMP infusion.

414 It is likely that many of the changes in BEC gene expression observed with AMP or YMP
415 involve direct receptor-ligand interactions at the luminal surface of these cells. We identified 15
416 BEC genes - which are not only increased with age but also significantly perturbed by AMP or
417 YMP exposure - that encode for luminal membrane proteins and matched them with their known
418 ligands based on a draft receptor-ligand network in humans (Ramilowski et al., 2015) and our
419 own database of the circulating mouse plasma proteome. Standing out in this list is the IGF1
420 receptor (Igf1r), which not only increases in expression with aging and aged plasma infusion but
421 its corresponding ligands insulin (INS), glypican 3 (GPC3) and cadherin 1(CDH1) are also
422 increased in aged plasma. Single mutations or deletions of IGF1R homologues increase lifespan
423 in *C.elegans* (Kimura et al., 1997) and *Drosophila* (Tatar et al., 2001) and may affect longevity in
424 humans as well (Milman et al., 2016). Other possible mediators of BEC aging are interferons
425 binding to *Ifnar1*, and BMP or GDFs binding to *Bmpr2*, all increasing in levels in aged mice plasma
426 and BECs, respectively and linked to aging (Katsimpardi et al., 2014; Loffredo et al., 2013; Yousef
427 et al., 2015a).

428

429 **ACKNOWLEDGEMENTS**

430 We thank S. Kolluru and D. Henderson for assistance in library preparation; N. Neff and J.
431 Okamoto for assistance with sequencing; W. Wang, D. Croote, F. Zanini, R. Jones for helpful
432 discussions and computational assistance. This work was funded by the Department of Veterans
433 Affairs (T.W.-C.), the National Institute on Aging (F32-AG051330 to H.Y., R01-AG059694 and
434 DP1-AG053015 to T.W.-C.), the D. H. Chen Foundation (T.W.-C.), The Glenn Foundation for
435 Aging Research (T.W.-C), a SPARK grant to H.Y. through the Stanford Clinical and Translational
436 Science Award (CTSA) to Spectrum (UL1 TR001085) and the Big Idea Brain Rejuvenation Project
437 from the Wu Tsai Neurosciences Institute (T.W.-C.). S.R.Q. is a Chan Zuckerberg Investigator.

438 **AUTHOR CONTRIBUTIONS**

439 M.B.C., H.Y., A.Y., T.W.-C. designed the research. H.Y. and D.L. performed mouse
440 experiments and provided samples for young/aged healthy mice and AMP treated young mice.
441 A.Y. performed mouse experiments and provided samples for healthy mice and YMP-treated
442 mice. M.B.C. performed single cell library preparation and sequencing pipeline and performed
443 all data analysis, with input from A.Y., H.Y., and T.W.-C. B.L. and N.S. provided data on the
444 mouse aging plasma proteome. M.B.C. and B.L. generated figures. M.B.C., A.Y., T.W.-C. wrote
445 the manuscript with revisions by H.Y and B.L. T.W.-C. and S.R.Q. oversaw the project.

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609 **FIGURE LEGENDS**

610

611 **Fig 1. Brain endothelial cells segment into arterial, capillary, and venous identities**

- 612 a. Schematic of experimental protocol for single-cell analyses of BEC transcriptome.
- 613 b. (Top panel) tSNE of a subset (179) of 3 m.o. BECs collected in an unbiased manner
614 (CD31+) and non-discrete expression pattern (*logcpm*) of key A-C-V genes including *Bmx*
615 (arterial), *Slc16a1* (capillary), *Nr2f2* (venous), and *Vcam1* (arterial & venous). Note the low
616 number of *Vcam1* + cells and the absence of a clear venous EC population. (Bottom panel)
617 Addition of a subset of *Vcam1*+ cells into PCA analysis (62, as collected by FACs enrichment)
618 significantly improves A-C-V identification.
- 619 c. Calling of arterial, venous and capillary populations after the addition of *Vcam1*+ cells.
620 Pie charts of the proportion of ACV cells in unbiased CD31 sorts, in VCAM1+/CD31+ sorts, and
621 unbiased with 25% of VCAM1+ cell enrichment (final condition).
- 622 d. Heatmap of the top 25 most enriched genes per A-C-V population (which were identified
623 via unbiased whole transcriptome clustering) in young BECs.
- 624 e. Barplots of the expression level of top genes which may act as novel markers for A and
625 V identities. Genes encoding for cell surface receptors are indicated by *R. Expression levels in
626 A-C-V segments are validated for the full set of 981 3 m.o. BECs (over 4 biological replicates).
627

628 **Fig 2. Systemic LPS administration activates common transcriptional programs across**
629 **segment identities**

- 630 a. Venn diagram showing the number of DEGs (FDR<0.05) shared between each vessel
631 segment. Heatmap showing the distribution of up- and down-regulated genes per vessel
632 segment. Dotted heatmap of top 60 DEGs ranked by $\text{avg_logFC} \cdot -\log_{10}(\text{FDR})$. Color indicates
633 the average log fold change of LPS/untreated, while the dot size represents degree of statistical
634 significance. Only genes with FDR<0.05 for at least one vessel segment is listed, and
635 hierarchical clustering is performed (dot size = 0 indicates FDR>0.05).
- 636 b. GO enrichment analysis of the list of DEGs (FDR<0.05) up- and down- regulated in LPS
637 treated A, C and V cells. Left hand side (red) indicates pathways that are over-represented by
638 DEGs upregulated with LPS, right hand side (blue) indicates pathways over-represented by
639 DEGs down-regulated with LPS treatment. Exemplary genes contributing to pathway
640 enrichment in the upregulated DEG set is listed on the side.

641 c. Density plots of key genes from (a) showing the single cell distributions of expression
642 levels in A, C and V segments. Dotted lines indicate median of the LPS or untreated sample
643 distributions. All comparisons shown between LPS and untreated are significant ($p < 0.05$).
644

645 **Fig 3. Healthy aging of BECs results in transcriptome changes that are distinct across**
646 **segment identities**

647

648 a. tSNE after aligning healthy aged and young datasets via Canonical Correlation Analysis
649 (CCA), using the top 9 correlation components. Aged and young cells show comparable
650 distribution of A, C, and V identities along the A-C-V axis. Note that segmental identity largely
651 drives cluster formation, rather than age group.

652 b. Distribution of key A-C-V marker genes in tSNE-space.

653 c. Venn diagram showing the numbers of DEGs (FDR <0.1) shared between different
654 vessel segments. Heatmap of the union of all DEGs up- and down- regulated in aged A, C, or V
655 cells, illustrating the degree of overlap of DEGs between each segment.

656 d. Dotted heatmap of top 80 DEGs ranked by $\text{avg_logFC} \cdot \text{-log}_{10}(\text{FDR})$ (a subset of genes
657 in (c). Color indicates the average log fold change of Aged/Young, while the dot size represents
658 degree of statistical significance. Any gene with FDR <0.1 for at least one vessel segment is
659 listed, and hierarchical clustering is performed (dot size = 0 indicates FDR >0.1).

660 d. GO analysis of all DEGs (FDR <0.1) up- and down- regulated in aged A, C and V cells.
661 Left hand side (red) indicates pathways over-represented by genes upregulated with aging, right
662 hand side (blue) indicates pathways over-represented by genes down-regulated with aging.
663 Exemplary genes contributing to pathway enrichment in the upregulated DEG set is listed on the
664 side.

665 e. Density plots of key genes from (d) showing the single cell distributions of expression
666 levels in A, C and V segments. Dotted lines indicate median of the young or aged distribution.
667 * $p < 0.1$, ** $p < 0.01$, *** $p < 0.001$.

668

669 **Fig 4. BECs sense cues in the circulatory milieu - aged plasma recapitulates signatures**
670 **of healthy aging**

671 a. Schematic of the AMP acute infusion into young mice paradigm.

- 672 b. tSNE after aligning AMP and PBS treated datasets via Canonical Correlation Analysis
673 (CCA), using the top 9 correlation components (CCs). AMP and PBS treated cells show
674 comparable distribution of A, C, and V identities along the A-C-V axis, suggesting plasma
675 infusions do not significantly alter native segmental identities.
- 676 c. Barplot of expression level of canonical A-C-V marker genes in all AMP and PBS treated
677 BECs, with segmental identity defined by unbiased clustering in (b).
- 678 d. Volcano plot depicting up- and down-regulated genes with AMP treatment in capillaries
679 only (compared to PBS control). Genes marked in red are significant ($FDR < 0.1$). FDR values
680 are calculated only with genes showing an $avg_logFC > 0.1$. Genes labeled red are $FDR < 0.1$.
- 681 e. Dotted heatmap of top 60 DEGs ranked by $avg_logFC * -log_{10}(FDR)$ (a subset of genes
682 in (c). Color indicates the average log fold change of AMP/PBS, while the dot size represents
683 degree of statistical significance. Any gene with $FDR < 0.1$ for at least one vessel segment is
684 listed, and hierarchical clustering is performed (dot size = 0 indicates $FDR > 0.1$).
- 685 f. Scatterplot of genes and their log fold change in both healthy Aged/Young and
686 AMP/PBS treatment in capillaries. The 153 genes that are commonly up- (blue) or
687 downregulated (green) in both groups (and satisfy $FDR < 0.1$ in both), are labeled. These genes
688 are more likely ones that are modulated by aged plasma factors in a normal aged milieu, rather
689 than ones specifically upregulated by plasma treatment, and unrelated to normal aging. Inset
690 shows the same genes (red) on a plot of the signed-FDR value (sign of $logFC * -log_{10}(FDR)$).
- 691 g. Top pathways represented by the genes which are both upregulated in healthy aging
692 and AMP treatment (149 intersecting DEGs).
- 693

694 ***Fig 5. YMP plasma infusion reverses select signatures of normal BEC aging***

- 695 a. Schematic of the YMP acute infusion into aged mice paradigm.
- 696 b. tSNE after aligning YMP and PBS treated datasets via Canonical Correlation Analysis
697 (CCA), using the top 9 correlation components (CCs). YMP and PBS treated cells show
698 comparable distribution of A, C, and V identities along the A-C-V axis, suggesting plasma
699 infusions do not significantly alter native segmental identities.
- 700 c. Barplot of expression level of canonical A-C-V marker genes in all YMP and PBS treated
701 BECs, with segmental identity defined by unbiased clustering in (b).
- 702 d. Volcano plot of DEGs up- and down- regulated with YMP treatment (vs PBS control).
703 FDR values are calculated only with genes showing an $avg_logFC > 0.1$. Genes labeled red are
704 $FDR < 0.1$.

705 e. Scatterplot of genes and their log fold change in both healthy Aged/Young and
706 YMP/PBS treatment in capillaries. The 89 genes that are upregulated with age (Aged/Young),
707 but decreased with YMP (YMP/PBS) and vice-versa (and satisfy $FDR < 0.1$ in aging and
708 $FDR < 0.1$ in YMP), are labeled. It is likely that these genes upregulated in normal aging are able
709 to be modulated and/or reversed with exposure to YMP. Inset shows the same genes (red) on a
710 plot of the signed-FDR value (sign of $\log FC * -\log_{10}(FDR)$).

711 f. Top pathways represented by the genes which are upregulated in healthy aging and
712 downregulated with YMP treatment (89 intersecting DEGs).

713

714 **Fig 6. Young plasma administrations can rejuvenate BECs aging signatures that are**
715 **induced by aged plasma**

716

717 a. Venn diagram depicting the number of DEGs shared between each treatment condition
718 (Aged/Young, AMP/PBS, YMP/PBS). Of all DEGs, 42 genes are differentially expressed in all
719 three treatment groups (that is, increasing with both normal aging and AMP, and decreasing
720 with YMP).

721 b. Bar plot of the top selected biological pathways that are enriched when analyzing either
722 the intersecting DEGs between aging and AMP (149 DEGs) or the intersecting DEGs between
723 aging and YMP (89). Score is derived from GeneAnalytics software. Several pathways affected
724 are shared, suggesting that YMP can reverse some transcriptional consequences of AMP
725 treatment and normal aging. Select genes involved in each pathway are depicted, with DEGs
726 intersecting in all three treatments labeled in red.

727 c. Bar plot of the log fold change of top DEGs that intersect in all three treatments
728 (Aged/Young, AMP/PBS, YMP/PBS). These genes are most likely to be those that are
729 modulated by aged plasma factors in a normal aged milieu, and that this effect can be reversed
730 with exposure to young plasma factors.

731 d. Sankey plot depicting relationships between DEGs which code for BEC surface receptor
732 or membrane proteins, and their corresponding ligands. Directionality of BEC surface protein
733 coding genes in each condition (normal aging, AMP, YMP) are denoted with arrows.
734 Corresponding ligands found significantly up (red) or down (blue) regulated with age in mouse
735 plasma as measured by SOMALogic are highlighted.

736

737

738 **METHODS**

739

740 *Animals*

741 Aged C57BL6J males were obtained from the National Institute on Aging (NIA), and young
742 C57BL6J males (2-4 months of age) were purchased from Charles River. Mice were housed
743 under a 12-hour light-dark cycle in pathogenic-free conditions, in accordance with the Guide for
744 Care and Use of Laboratory Animals of the National Institutes of Health.

745

746 Plasma collection, dialysis and processing

747 Mouse: Approximately 500 µl of blood was drawn from the heart in 250 mM EDTA (Sigma Aldrich,
748 CAS Number: 60-00-4) and immediately transferred to ice. Blood was centrifuged at 1000g for 10
749 min at 4°C with a break set to 5 or less. Plasma was collected and immediately snap frozen on
750 dry ice and stored at -80°C until further processing. Plasma was dialyzed in 4L of 1X PBS (51226,
751 Lonza) stirred at room temperature. Plasma was transferred to a fresh 4L of 1 X PBS after 45 min
752 and then again 20 min later. After the second transfer, plasma was dialyzed overnight at 4°C in 4
753 L of stirred 1X PBS. Plasma from 7-9 mice was pooled for injections.

754

755 Plasma injections in young and aged mice

756 Young (3-month-old) C57BL6J male mice were treated with 7 injections of aged (18-month-old)
757 or young (3-month-old) dialyzed and pooled mouse plasma (150 uL, r.o.), coming from 8-10 mice
758 per pooled plasma sample as recently described (Yousef et al., 2019). Mice were treated acutely
759 over 4 days, with 2 injections per day spaced 10-12 hours apart. Mice received a 7th plasma
760 injection on day 4 followed by perfusion 3 hours after the last injection. Aged (19-month-old)
761 C57BL6J mice were treated with young (3-month) plasma in the same manner.

762

763 LPS Injections

764 Mice were injected with Lipopolysaccharide (LPS) derived from Salmonella enterica Serotype
765 Typhimurium (Sigma, L6511), i.p. 1 mg LPS/kg body weight at three successive time points: 0h,
766 6h, and 24h ⁸⁵. Control mice were injected with bodyweight corresponding volumes of PBS.
767 Experimental mice received i.p. and s.c. injections of sterile 0.9% saline with 5% glucose to ensure
768 hydration and stable glucose levels during the procedure. Two hours after the last LPS injection
769 (26h) mouse brains were harvested for BEC isolation and flow analysis.

770

771 *Primary BEC isolation and enrichment of CD31+VCAM1+ cells:*

772 BEC isolation was based on a previously described procedure(Yousef et al., 2018b). Briefly, mice
773 were anesthetized with avertin and perfused following blood collection. After thoroughly dissecting
774 the meninges, hippocampi were collected, minced and digested using the neural dissociation kit
775 according to kit instructions (Miltenyi, 130-092-628). Brain homogenates were filtered through 35
776 μm in HBSS and centrifuged pellets were resuspended in 0.9 M sucrose in HBSS followed by
777 centrifugation for 15 min at 850xg at 4°C in order to separate the myelin. This step was repeated
778 for better myelin removal.

779
780 Cell pellets were eluted in FACs buffer (0.5% BSA in PBS with 2mM EDTA) and blocked for ten
781 min with Fc preblock (CD16/CD32, BD 553141), followed by 20 minute staining with anti-CD31-
782 APC (1:100, BD 551262), anti-CD45-FITC or anti-CD45-APC/Cy7 (1:100, BD Pharmingen Clone
783 30-F11 553080; Biolegend, 103116), and anti-Cd11b-BV421 (1:100, Biolegend Clone M1/70
784 101236). Dead cells were excluded by staining with propidium iodide solution (1:3000, Sigma,
785 P4864). Flow cytometry data and cell sorting were acquired on an ARIA II (BD Biosciences) with
786 FACSDiva software (BD Biosciences). FlowJo software was used for further analysis and
787 depiction of the gating strategy. Gates are indicated by framed areas. Cells were gated on forward
788 (FSC = size) and sideward scatter (SSC = internal structure). FSC-A and FSC-W blotting was
789 used to discriminate single cells from cell doublets/aggregates. PI+ dead cells were excluded.
790 CD11b+ and CD45+ cells were gated to exclude monocytes/macrophages and microglia.
791 CD31+CD11b-CD45- cells were defined as the BEC population and were sorted directly into lysis
792 buffer in 96 or 384 well plates (Biorad), containing RNAase inhibitor, oligodT, dNTPs and ERCC
793 spike-ins (Picelli et al, 2016), and stored at -80 for further processing. If mice were injected with
794 fluorescently labeled anti-mouse VCAM1- DyLight™488 as described above, CD45 was stained
795 in the APC/Cy7 channel, and CD31+VCAM1+ cells were also gated in the APC and FITC
796 channels.

797
798 *Anti-VCAM1 antibody in vivo retro-orbital injections to label CD31+VCAM1+ BECs*

799 Enrichment and gating of VCAM1+ cells was done as previously described(Yousef et al., 2018b).
800 Mice were injected with LPS as described above. When mice received a third LPS injection (24
801 h), it was followed by retro-orbital injections of either 100 μg fluorescently labeled (DyLight™488,
802 Thermo Scientific, 53025) InVivoMAb anti-mouse CD106 (VCAM-1, clone M/K-2.7, Bioxell,
803 BE0027) or fluorescently labeled Rat IgG1 Isotype antibody (Clone HRPN, Bioxell, BE0088). Two
804 hours after the last LPS injection (26h) mouse brains were harvested for BEC isolation and flow
805 analysis.

806 Healthy young (3-month-old), aged (19-month-old), or plasma injected (r.o.) young mice were
807 similarly injected (r.o.) with fluorescently labeled anti-VCAM1 mAb and gated for flow cytometry
808 analysis of CD31+VCAM1+ cells from hippocampi. Gates are based on positive LPS-stimulated
809 mice injected (r.o.) with anti-VCAM1 or IgG control.

810

811 *FACs enrichment of VCAM1 positive BECs*

812 4 young (3-month-old) or 4 aged (19-month-old) C57BL6/J males were injected (r.o.) with
813 fluorescently labeled anti-VCAM1 mAb 2 hours prior to sacrifice and gated for single cell isolation
814 of CD31+VCAM1+ cells from pooled hippocampi following perfusion. Gates are based on positive
815 LPS-stimulated mice injected with fluorescently labeled (DL488) anti-VCAM1 mAb or IgG-DL488
816 control antibody.

817 Four hippocampi (from both hemispheres) were pooled together from 4 young (3-month-old) or 4
818 aged (19-month-old) C57BL6/J males and sorted into lysis buffer in 96-well plates then snap
819 frozen and stored at -80 degrees Celsius until RNA extraction and library preparation. Two, 96-
820 well plates per group contained BECs that were 50% enriched for VCAM1 high expression based
821 on flow cytometry gating; unbiased CD31+ cells were also collected into two, 96-well plates per
822 group.

823

824 *Single cell RNA-sequencing*

825 Cell lysis, first-strand synthesis and cDNA synthesis was performed using the Smart-seq-2
826 protocol as described previously (Picelli et al., 2014) in both 96-well and 384-well formats, with
827 some modifications. After cDNA amplification (23 cycles), cDNA concentrations were determined
828 via capillary electrophoresis (96-well format) or the PicoGreen quantitation assay (384-well
829 format) and wells were cherry-picked to improve quality and cost of sequencing. Cell selection
830 was done through custom scripts and simultaneously normalizes cDNA concentrations to ~0.2
831 ng/uL per sample, using the TPPLabtech Mosquito HTS and Mantis (Formulatrix) robotic
832 platforms. Libraries were prepared and pooled using the Illumina Nextera XT kits or and in-house
833 Tn5, following the manufacturer's instructions. Libraries were then sequenced on the Nextseq or
834 Novaseq (Illumina) using 2 x 75bp paired-end reads and 2 x 8bp index reads with a 200 cycle kit
835 (Illumina, 20012861). Samples were sequenced at an average of 1.5M reads per cell.

836

837

838

839

840 *Bioinformatics and data analysis*

841

842 Sequences from the Nextseq or Novaseq were demultiplexed using bcl2fastq, and reads were
843 aligned to the mm10 genome augmented with ERCC sequences, using STAR version 2.5.2b.
844 Gene counts were made using HTSEQ version 0.6.1p1. All packages were called an run through
845 a custom Snakemake pipeline. We applied standard algorithms for cell filtration, feature selection,
846 and dimensionality reduction. Briefly, genes appearing in fewer than 5 cells, samples with fewer
847 than 100 genes, and samples with less than 50,000 reads were excluded from the analysis. Out
848 of these cells, those with more than 30% of reads as ERCC, and more than 10% mitochondrial
849 or 10% ribosomal were also excluded from analysis. Counts were log-normalized then scaled.

850

851 Next, the *Canonical Correlation Analysis* function from the Seurat package (Butler et al., 2018)
852 was used to align raw data from multiple experiments, data from aged vs young mice, AMP vs
853 YMP treated young mice, and LPS treated vs untreated mice. Only the first 10 Canonical
854 Components (CCs) were used. After alignment, relevant features were selected by filtering
855 expressed genes to a set of ~3000 with the highest positive and negative pairwise correlations.
856 Genes were then projected into principal component space using the robust principal component
857 analysis (rPCA). Single cell PC scores and genes loadings for the first 20 PCs were used as
858 inputs into Seurat's (v2) *FindClusters* and *RunTsne* functions to calculate 2-dimensional tSNE
859 coordinates and search for distinct cell populations. Briefly, a shared-nearest-neighbor graph was
860 constructed based on the Euclidean distance metric in PC space, and cells were clustered using
861 the Louvain method. Cells and clusters were then visualized using 3-D t- distributed Stochastic
862 Neighbor embedding on the same distance metric. Differential gene expression analysis was
863 done by applying the Mann-Whitney U-test of the BEC clusters obtained using unsupervised
864 clustering. Raw p-values were adjusted via the false discovery rate (FDR). Permutation tests were
865 then performed on all genes of interest. All graphs and analyses were generated and performed
866 in R. GeneAnalytics and GeneCards- packages offered by Gene Set Enrichment Analysis (GSEA)
867 tool was used for GO/KEGG/REACTOME pathway analysis and classification of enriched genes
868 in each subpopulation.

Figure 1

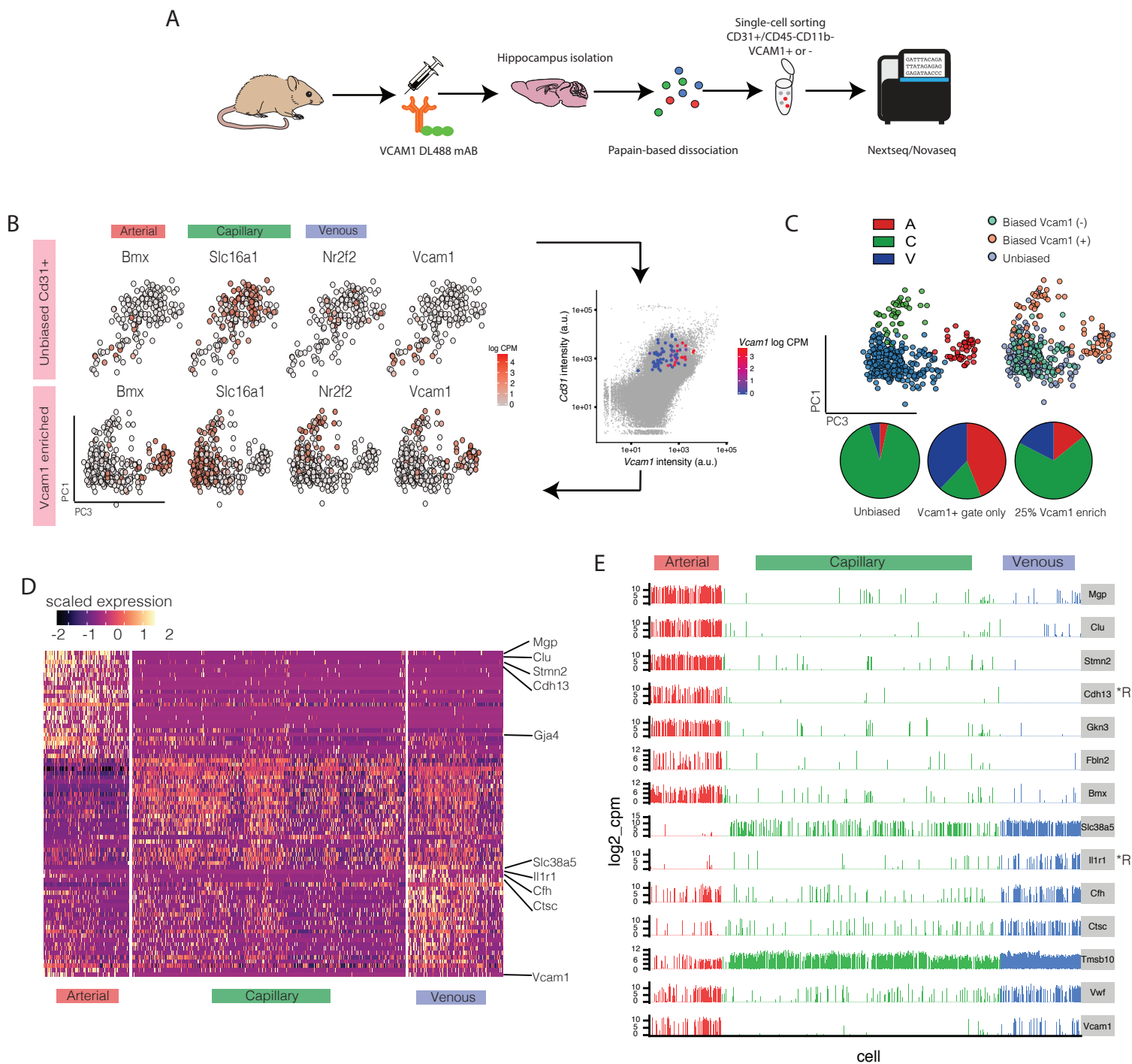


Figure 2

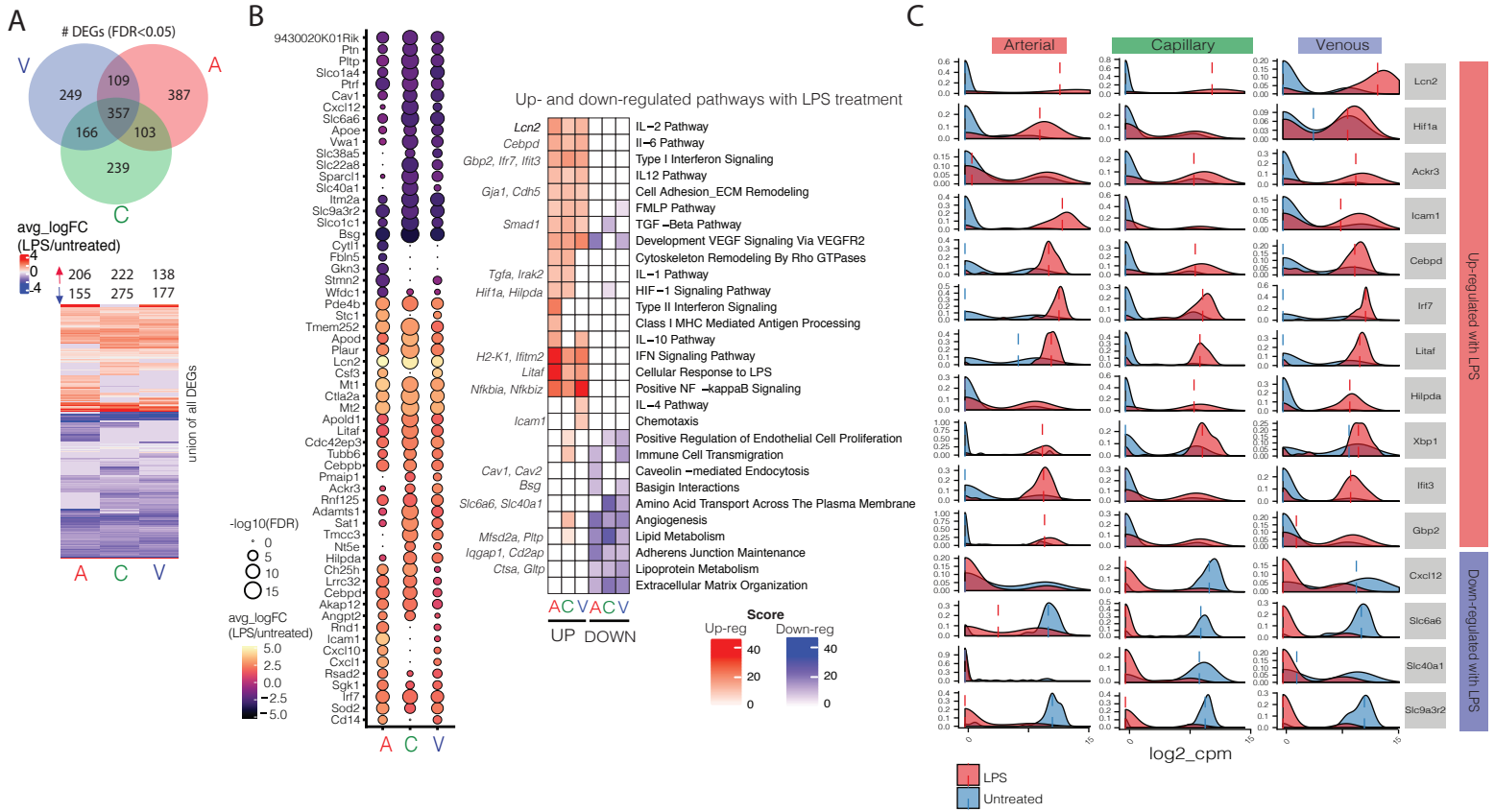


Figure 3

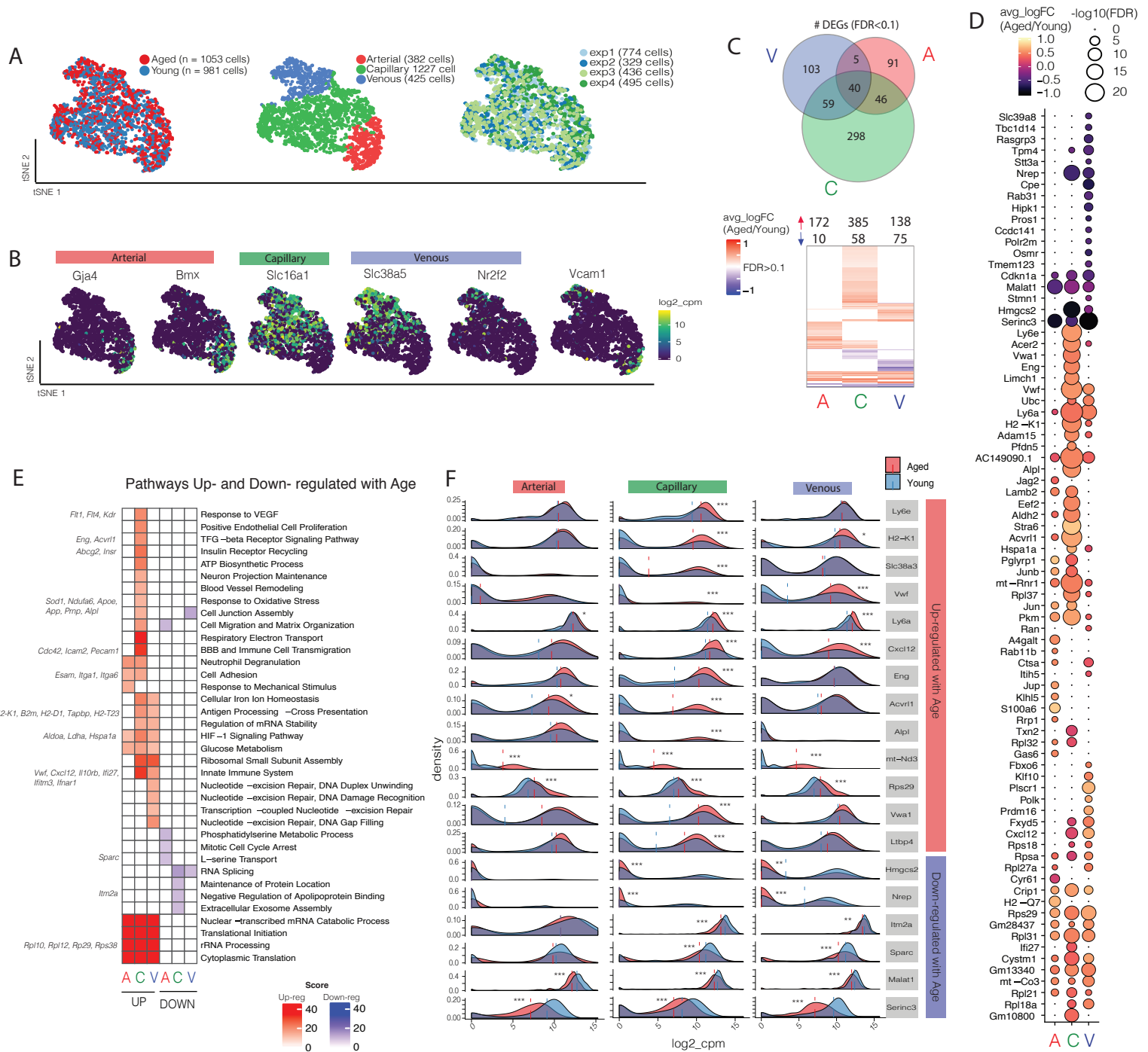


Figure 4

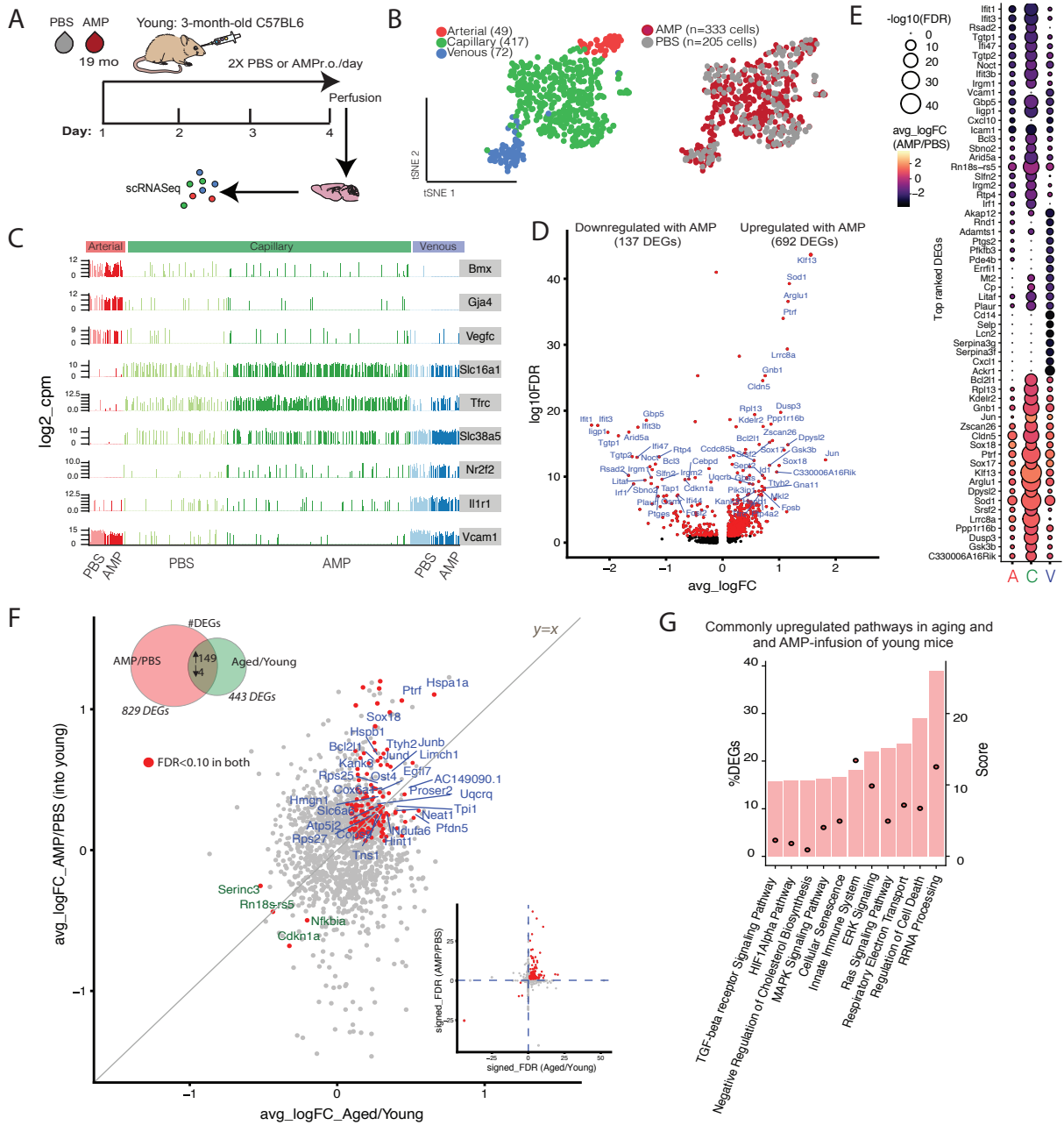


Figure 5

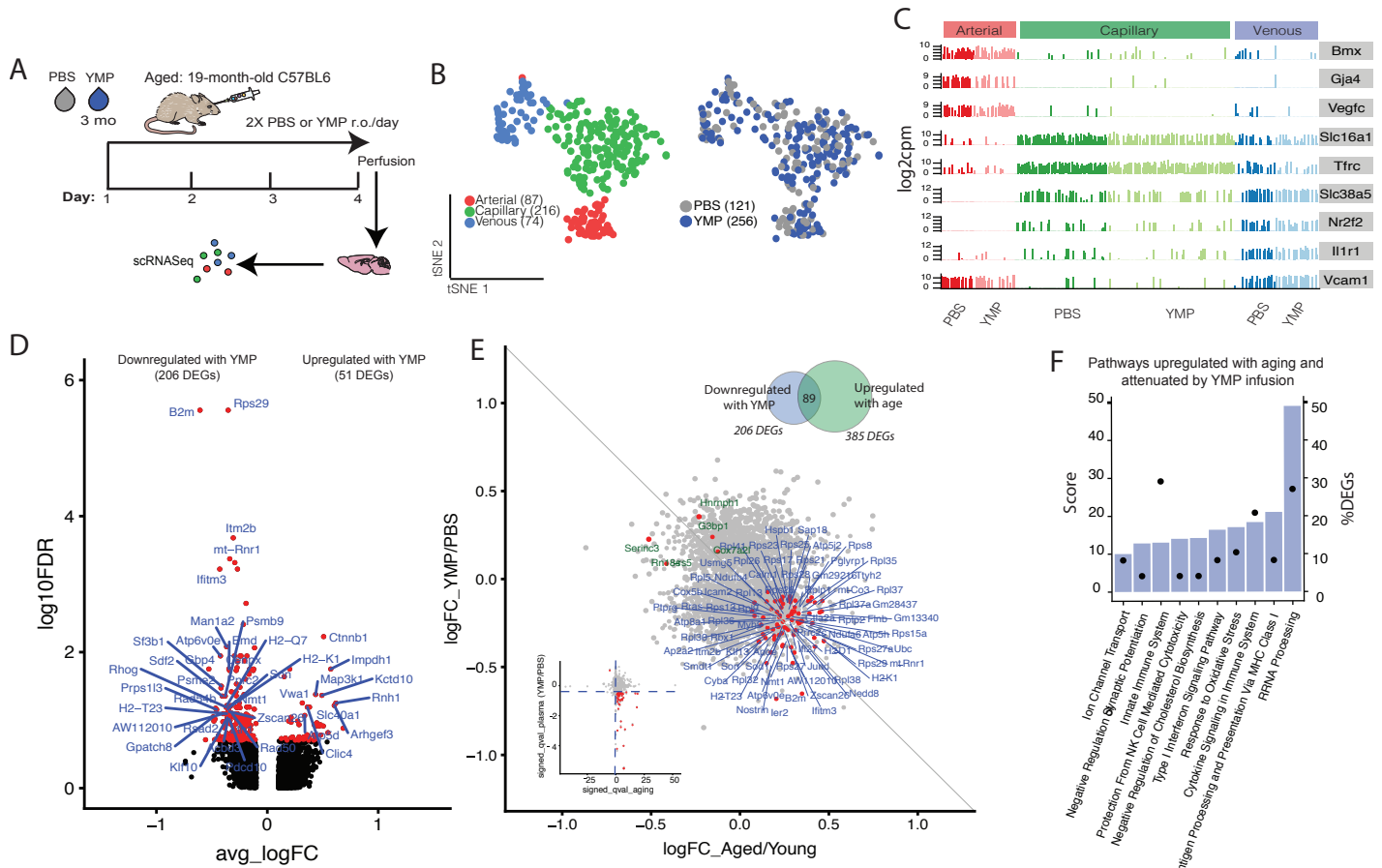


Figure 6

