

1 **CELL SPECIFIC REACTIVATION OF EPICARDIUM AT THE ORIGIN OF**
2 **FIBRO-FATTY REMODELING OF THE ATRIAL MYOCARDIUM**

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4 **Running title: Suffee et al.; Epicardium and atrial cardiomyopathy**
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1 **Abstract**

2 Epicardium, the mesothelium covering the heart, is composed of multipotent cells and is
3 reactivated following myocardial injury in adults. Herein, we provide evidence for activation
4 of atrial epicardium in aged patients with diseased atria and in murine models of atrial
5 remodeling. Epicardial activation contributed to fibro-fatty infiltration of sub-epicardium that
6 contained a number of cells co-expressing markers of epicardial progenitors and fibroblasts.
7 Indeed, using genetic lineage tracing of adult epicardium, we demonstrate the epicardial origin
8 of fibroblasts within fibro-fatty infiltrates. A subpopulation of adult epicardial-derived cells
9 (aEPDCs) expressing PDGFR α , niched in the sub-epicardium, were isolated and differentiated
10 into myofibroblast in the presence of angiotensin-II. Furthermore, single cell RNA-seq analysis
11 identified several clusters of aEPDCs and revealed transition from adipogenic to fibrogenic
12 cells. In conclusion, a subset of aEPDCs, pre-programmed towards a specific cell fate,
13 contributes to fibro-fatty infiltration of sub-epicardium of diseased atria.

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1 **Introduction**

2 The epicardium plays a major role in the formation of embryonic heart. This outer mesothelial
3 layer of the heart contains multipotent progenitors, giving rise to smooth muscle cells of
4 coronary vessels as well as to cardiac fibroblasts that provide a stroma that drives formation
5 and alignment of myocardial fibers¹. The epicardium is quiescent in healthy adult heart, but can
6 be reactivated following massive and acute injury. It thickens, expresses fetal genes, and
7 triggers differentiation of epicardial progenitors that can migrate into subjacent myocardium.
8 Hence, it has been shown that the epicardium can be a source of fibroblasts contributing to
9 fibrosis of the adult ventricular myocardium in response to acute ischemia². In addition, we and
10 Yamaguchi *et al* have reported that atrial epicardial cells undergo epithelial-to-mesenchymal
11 transition (EMT), delaminate from the epicardium and differentiate into adipocytes contributing
12 to the accumulation of epicardial adipose tissue (EAT) both at the external face of the
13 epicardium and in the sub-epicardium^{3,4}.

14 In the atria, EAT is a common component of atrial histology. It is a source of free fatty
15 acid and of adipokines that can regulate the metabolism of the redox state of neighboring
16 myocardium^{5,6}. However, both expansion and fibrotic remodeling of EAT are associated with
17 an increased risk of atrial fibrillation (AF), the most frequent cardiac arrhythmia in clinical
18 practice⁷. One mechanism linking fibro-fatty infiltration of the subepicardium and AF is that
19 this remodeling process contributes to the electrical dissociation between subepicardium and
20 subendocardium areas favoring focal fibrillation waves as recorded in patients with
21 longstanding AF^{8,9}. Hence, fibro fatty infiltration of the subepicardium is considered as an
22 important determinant of AF substrate. However, the underlying biological mechanisms are
23 still largely unknown.

24 The natriuretic peptide secreted by stretched atrial myocytes is a potent adipogenic
25 factor for adult epicardium progenitor-derived cells (aEPDCs) which might favor EAT

1 expansion in the context of increased atrial workload⁴. EAT can contribute to the fibrotic
2 remodeling of the subepicardium by secreting adipo-fibrokinases such as activin-A that freely
3 diffuse into the neighboring myocardium¹⁰. In addition, the adipose tissue depot commonly
4 seen in the subepicardium can be replaced by fibrosis through an immune process mediated by
5 CD8⁺ T lymphocytes¹¹. Altogether these results suggest a balance between EAT expansion and
6 fibrosis of the subepicardium.

7 In the present study, we tested the hypothesis that the atrial epicardium can be a source
8 of fibroblasts contributing to the fibro-fatty infiltration of the subepicardium. We found that a
9 subset of aEPDCs are programmed towards fibroblast or adipocyte differentiation, and
10 contribute to fibro-fatty infiltration of the subepicardium in response to various stimuli. Our
11 results provide novel insight into the role played by the epicardium in the slow process of atrial
12 remodeling and the formation of AF substrate.

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1 **Methods**

2 **Study approval.** All animal experiments were conformed to the Guide for the care and use of
3 laboratory animals, according to the Directive 2010/63/EU of the European Parliament
4 approved by the local committee of animal care (agreement A751315).

5 Human tissue samples were obtained from patients that had undergone heart surgery.
6 Data and samples were obtained in accordance with French Law "loi Huriet-Sérusclat" and with
7 the approval of the Ethical Committee (Comité de protection du personnel Ile-de-France VI) of
8 Pitié-Salpêtrière Hospital non-opposition to the research was obtained from each patient.
9 Personal Data treatment necessary to the research was declared to the National Commission for
10 Data Protection and Liberties (CNIL-France) under the Data Protection Act number 78-17.
11 Clinical parameters are indicated in Supplementary Table 1.

12 **Murine model.** Both, eight-week-old male mice and rats were maintained under 12 h light/ 12
13 h dark cycle at constant temperature (21°C) with free access to food and water. Embryos were
14 staged as E11.5 or E16.5 days. WT1Cre^{ERT2+/-} and Rosa26^{tdTomato+/+} on a C57BL/6J background
15 were purchased from The Jackson laboratories (L'arbresle, France). WT1Cre^{ERT2+/-} mice were
16 bred with Rosa26^{tdT+/+} mice as described previously⁴. In order to label adult epicardium, 6
17 week-old WT1Cre^{ERT2+/-};Rosa26^{tdT+/-} mice were administered tamoxifen (70mg/kg bw) for 5
18 consecutive days. Wistar rats were purchased from Janvier (200-220 g, CERJ, Laval, France).
19 WT1Cre^{ERT2+/-};Rosa26^{tdT+/-} transgenic mice (n=10) and Wistar rats (n=50) were anesthetized
20 with Isoflurane 2 %. Mice and rats underwent thoracotomy and definitive occlusion of the left
21 anterior descending coronary artery was either left intact (sham) or occluded with a 5.0 nylon
22 monofilament suture at 1 mm from its origin to cause myocardial infarction (MI).

23 **Clinical study of experimental models.** Cardiomyopathy development in rat and mouse was
24 monitored under 1.5-2 % isoflurane anesthesia by transthoracic echocardiography as previously

1 described¹², using a Vivid 7 dimension cardiovascular ultrasound system equipped with a probe
2 of 9-14 MHz frequency (GE Healthcare, Vélizy, France). Bi-dimensional (B) and time-motion
3 (TM) mode views were recorded along the parasternal long axis from mitral and aortic valves
4 to apex and in a short axis at the level of the mid papillary muscles. Left atrial area (LAA) was
5 measured using B-mode. TM-mode was used for measurements of left atrial diameter and left
6 ventricle parameters such as diameter (Vd) and volume (Vd) at end diastole, diameter (Ds) and
7 volume (Vs) at end systole. The percentage of left ventricular fractional shortening (FS) in the
8 long-axis view was calculated as $(Dd - Ds)/Dd \times 100$. The left ventricle ejection fraction
9 percentage (EF) was calculated as $(Vd-Vs)/Vd \times 100$. All measurements were performed and
10 averaged over five consecutive cardiac cycles by one single blinded operator. Reproducibility
11 was assessed by triplicate measurements.

12 Atrial fibrillation episodes were induced by atrial burst pacing. Under anesthesia, a 4-
13 French stimulation catheter (Saint Jude medical) was inserted into the esophagus down to the
14 level of the left atria. Left atrial was then stimulated for 3 seconds at 10 Hz and an
15 electrocardiogram (ECG) was recorded. AF duration was calculated as the time between the
16 end of stimulation and recovery of sinus rhythm.

17 **Human tissue.** Appendage samples of human atrial tissue were obtained for secretome studies
18 (n=10), fixed and embedded in paraffin (n=109) for histology and immunofluorescence analysis
19 or were used for the isolation of epicardial progenitor cells (n=15) as previously described
20 (Supplementary Table 1)⁴.

21 **Histology.** Mouse and rat hearts were removed, perfused through the aorta with PBS, fixed in
22 4 % paraformaldehyde (PFA) overnight. Mouse hearts were then dehydrated overnight in
23 sucrose and embedded in OCT and frozen as described previously⁴. Human atrial appendage
24 samples or rat hearts were fixed, dehydrated and paraffin embedded. Seven- μ m-thick sections

1 atria samples were stained with Masson's trichrome according to manufacturer's instructions
2 (Sigma-aldrich). Bright field images were acquired with a Nikon DS-Ri1 camera coupled to
3 Eclipse-Ti Nikon microscope and Nis-Element software (Nikon France S.A.) and analyzed with
4 Image J software.

5 **Histomorphometry.** Seven- μ m-thick sections of human or murine atrial samples were stained
6 with PicroSirius red according to manufacturer's instructions (Sigma-aldrich). Bright images
7 were acquired with a Nikon DS-Ri1 camera coupled to Eclipse-Ti Nikon microscope and Nis-
8 Element software (Nikon France S.A.) and analyzed with Histolab software (Evry, France).
9 Collagen type I and III were visualized with polarization microscopy. The identification of
10 fibers was based on the birefringence of collagen that was modulated by the binding of
11 PicroSirius molecules. Polarization images were acquired with a Zeiss AxioObserver Z1 (Carl
12 Zeiss, Germany) microscope, using a 20x NA 0.8 oil immersion objective and a Zeiss HRc
13 camera. For image acquisition we used ZEN Blue software (Carl Zeiss, Germany).

14 **Differentiation of aEPDCs.** Human aEPDCs were culture in basal DMEM/M199 (1:1) and
15 were differentiated into adipocytes with ANP (10 pM) for 21 days as described previously⁴. To
16 induce human aEPDC-derived fibroblasts, progenitors were incubated in basal medium
17 supplemented with Ang-II (10 nM) or TGF- β (10 nM) (Sigma-Aldrich) for 7 or 21 days. A
18 fibrogenic medium was used as a positive control, composed of DMEM/F12 (Invitrogen)
19 supplemented with L-glutamin (2 mM), FCS (10 %) (Sigma-Aldrich), b-FGF (10 ng/ml), TGF-
20 β (10 nM) and penicillin-streptomycin (1%) (ThermoFisher Scientific)¹³⁻¹⁵. All media were
21 changed twice per week.

22 **Immunofluorescence assay.** Adult EPDC-derived fibroblasts, human or murine atria tissue
23 sections were incubated overnight with antibodies against collagen-1 (ab34710), α SMA
24 (ab7817), PDGFR α (ab5460), DDR2 (ab126773), FSP-1 (ab27957), WT1 (ab96792), Pref1

1 (ab119930), fibronectin (ab2413), Perilipin (ab3526), AGTR1 (ab124505), NPRA (ab70848)
2 or Tcf21 (ab32981) purchased from Abcam and vimentin (#5741) or CD44 (#3570) purchased
3 from Ozyme. Then antibodies were revealed using Alexa-Fluor 488 or Alexa-Fluor 594
4 secondary antibodies (Thermo Fisher Scientific). Sections also were incubated with DAPI
5 solution (Sigma-Aldrich). Images were acquired with a Nikon DS-Ri1 camera coupled to an
6 Eclipse-Ti Nikon microscope and Nis-Element software (Nikon France S.A.) or Zeiss LSM800
7 (Carl Zeiss, Germany) and analyzed with Image J software.

8 **Oil red O staining.** Adult EPDC-derived cells were fixed with PFA (4 %) and stained with oil-
9 red-O as described previously⁴. All images were acquired with a Nikon DS-Ri1 camera coupled
10 to an Eclipse-Ti Nikon microscope and Nis-Element software (Nikon France S.A.), and
11 analyzed with Image J software.

12 **Flow Cytometry and cell sorting.** Characterization of human aEPDCs was assessed by using
13 1.10^6 cells/mL. Cells were passaged using TrypLE (Applied Biosystems) and were washed with
14 PBS containing 5 % (vol/vol) FCS as described previously.

15 Human aEPDCs were incubated with specific membrane antibodies against PDGFR α
16 (ab5460), DDR2 (ab126773), Pref1 (ab21682; Abcam), Perilipin (ab3526; Abcam), AGTR1
17 (ab124505) or NPRA (ab70848) purchased from Abcam, and their specific isotype controls for
18 30 min at room temperature. Cells then were incubated with Alexa-Fluor 650, washed, fixed
19 with 0.1 % PFA, and analyzed by flow cytometry using a MACSQuant analyzer (Miltenyi
20 Biotech, Paris, France), and FlowJo software (FlowJo LLC). Cells sorting was performed with
21 coupled antibodies against PDGFR α -FITC or Pref1-APC. Cells were sorted by ASTRIOS
22 (Beckman Coulter, Villepinte, France) and were cultured in aEPDC culture medium.

23 **Single cell RNA-sequencing.** Adult EPDCs from sham or HF rats were isolated from atrial
24 epicardium explants and passaged once in culture. Epicardial cells and aEPDC in culture were

1 dissociated with trypsin into a single cell suspension in the presence of 100 nM thiazovivin,
2 filtered through a 40 μm mesh and 10 000 cells were processed with the SingleCell3 Reagent
3 Kit on the Chromium platform as described by the manufacturer (10X genomics). cDNA
4 libraries were sequenced with a Next-seq Illumina sequencer. A first analysis was performed
5 with cell Ranger and C-loop 10X genomics softwares. Clusters and subclusters were defined
6 using genes differentially expressed in cell clusters in comparison with all other cells with a
7 threshold of Log2 equal to at least 2. Then a secondary analysis was done using the computational
8 workflow ScshinyHub (<https://github.com/baj12/scShinyHub>), developed by B. Jagla at
9 Pasteur Institute, Paris. A total number of 16 400 genes were detected and an average of
10 3400 genes was expressed in all cells. Trajectory inference was performed using SCORPIUS
11 package within ScshinyHub.

12 **RNA Extraction and Reverse Transcription and qPCR Assay.** Total RNA was isolated from
13 1.10^4 aEPDCs-derived fibroblasts and qPCR was performed using a TaqMan Gene Expression
14 Assay as described previously⁴ (Supplementary Table 2). Expression relative to GAPDH was
15 calculated using the $2^{-(\Delta\Delta\text{Ct})}$ method. Gene expression levels were expressed in arbitrary units
16 (AU) and were normalized to control.

17 **Western Blot Analysis.** Human aEPDCs were cultured in six-well plates and were treated with
18 fibrogenic medium or Ang-II (10 nM) for 7 days. Cellular lysis was performed as described
19 previously⁴. Proteins (10 μg) were separated on 10 % (vol/vol) SDS-polyacrylamide gels
20 followed by electrophoretic transfer of protein to nitrocellulose membrane (Thermo Fisher
21 Scientific). Membranes were incubated overnight with antibodies against Smad2/3 (#8685 and
22 #3122) or p38-MAPK (#4511 and #9212) (Ozyme). Expression levels relative to GAPDH (#
23 2118; Ozyme) were expressed in arbitrary units and were normalized to control. Membranes
24 were revealed using streptavidin-HRP-conjugated secondary antibody solution (Thermo Fisher

1 Scientific). Membranes were exposed to an Image Quant LAS4000 camera (GE Healthcare)
2 and were analyzed with Image J software.

3 **Statistics.** Data obtained are expressed as means \pm S.E.M. Differences were investigated using
4 un-paired 2-tailed Student's *t*-test or a one-way analysis of variance (ANOVA) with
5 Bonfferoni's post-hoc test, considered significant at $P < 0.05$. Statistical analysis was performed
6 with Prism GraphPad 6.0 (Software Inc.).

7 Before any statistical analyses of histomorphometry, log-transformation was applied to
8 reduce any skewness in the distribution of the epicardial adipose tissue and epicardial fibrosis
9 variables. Pearson correlation coefficients were computed between biological and
10 anthropometric variables while adjusting for age, gender and BMI when appropriate.
11 Association of biological parameters with clinical outcomes was assessed using logistic
12 regression adjusted for age and gender. The statistical threshold used for declaring statistical
13 association was fixed to 0.05. Analyses were performed using the R statistical computing
14 software.

15

1 **Results**

2 **Evidence for epicardium activation and remodeling in human atria**

3 In human right atrial tissue sections, the epicardium presented various histological aspects.
4 These included a thin cell monolayer separated from adjacent myocardium (Fig. 1a, (i)) or
5 adipose tissue (Fig. 1a, (ii)) by a regularly arranged basal extracellular matrix (ECM) mainly
6 composed of collagen-1 (Fig. 1a, (iii)). Alternatively, it constituted a thick layer (47.43 ± 17.7
7 mm^2) in continuity with dense fibrosis (Fig. 1a, (iii,iv)). Under polarized light, extracellular
8 matrix of the thin epicardium was mainly composed of regularly arranged yellow-red strong
9 birefringence collagen-1 (Fig. 1b, (ii)), whereas in thick and fibrotic epicardium, collagen-1 and
10 -3 (yellow-green birefringence) fibers were disorganized (Fig. 1b, (iii,iv))¹⁶. A number of cells
11 co-expressing mesenchymal cell markers αSMA ($8.4 \pm 0.9\%$) or $\text{PDGFR}\alpha$ ($10.3 \pm 2.1\%$) were
12 present in the thick and fibrotic epicardium (Fig. 1c, Supplementary Table 3a).

13 The percentage of fatty infiltrates correlated negatively with the epicardium thickness
14 (-0.52 , $P < 0.01$, $n = 109$) suggesting a mutual exclusion of the two histological components.
15 Hence, the ratio of adipose tissue to epicardial fibrosis (EAT/epi Fibrosis) was used as a marker
16 of epicardial area remodeling. Looking deeply into these data revealed that EAT/epi Fibrosis
17 tended to differentially associate with clinical outcomes according to patient age. Indeed, in
18 patients over 70 years-old (which corresponds to the median age in our population), we
19 observed that the EAT/epi Fibrosis ratio significantly decreased in atrial sections from patients
20 with valve mitral diseases (0.33 vs 0.84 , $p < 0.05$) and that there was a tendency to decrease in
21 patients with permanent AF (0.32 vs 0.86 , $p = 0.211$) with no overlap between both groups
22 (Supplementary Table 4). These histological observations suggest that low grade activation of
23 the epicardium can contribute to the remodeling of the atrial myocardium.

24

25 **Recruitment of epicardial progenitors into the subepicardium of human atria**

1 We previously reported the presence of cells expressing the marker of epicardial progenitors
2 Wilm's tumor (WT)-1 and of pre-adipocytes in the subepicardium of human atria⁴. Here, we
3 found that WT-1 positive cells expressing markers of myofibroblasts (α SMA) or fibroblasts
4 (PDGFR α) too were detected in the subepicardium of human atria (Fig. 1d) (Supplementary
5 Table 3a).

6 These data raised the question as to the presence of subset of cells derived from
7 epicardial progenitors and that could differentiate into distinct mesenchymal cell lines *i.e*
8 adipocyte or fibroblasts. This idea was further supported by the observation that atrial aEPDCs
9 showed distinct behavior in culture when treated with a myocardial secretome from human
10 atria. After 21 days in culture, one-third of the cells presented fibroblast phenotypes including
11 an elongated shape and expression of ECM proteins such as collagen-1 and fibronectin together
12 with fibroblast markers such as vimentin, α SMA, PDGFR α and DDR2. The remaining two-
13 thirds showed an adipocyte phenotype, expressing perilipin and containing lipid droplets (Fig.
14 2a-c).

15 Next, aEPDCs were sorted based on the expression of Pref1 or PDGFR α (Fig. 2d). After
16 21 days of culture in the presence of a fibrogenic medium, only PDGFR α ⁺ cells presented
17 fibroblast phenotypes with α SMA labeling (Fig. 2e,f). In contrast, in the presence of an
18 adipogenic medium, only Pref1⁺ cells became round-shaped and contained oil red-O stained
19 lipid droplets and expressed perilipin typical of adipocytes (Fig. 2e,f). In addition, fibrogenic
20 gene expression was observed in PDGFR α ⁺ cells when cultured in fibrogenic medium, whereas
21 Pref1⁺ cells cultured under adipogenic medium induced expression of adipocyte transcripts
22 (Fig. 2g). These results suggest that distinct populations of aEPDCs can differentiate into
23 fibroblast or adipocytes in response to various hormonal stimulations.

24 **Distinct signaling pathways regulate differentiation of subsets of human aEPDCs.**

1 Next, we attempted to identify if distinct signaling pathways could regulate aEPDC fate.
2 Following our previous finding of the presence of the adipogenic factor ANP in myocardial
3 secretome (MYO-S)⁴, we hypothesized that fibrogenic factors were also present in the
4 secretome. Several candidates were detected in MYO-S such as TGF- β or Angiotensin (Ang)-
5 II⁴. Interestingly, *in vitro*, aEPDCs acquired a fibroblast phenotype in the presence of Ang-II or
6 TGF- β , as indicated by the up-regulation of PDGFR α and DDR2 (Fig. 3a, Supplementary Fig.
7 1a). In addition, at the transcript level, expression of the various ECM and fibroblast genes were
8 up-regulated (*COL1A1*, *CTGF*, *TGFB*, *PDGFR α* and *FSP1*) whereas that of adipogenic
9 (*CEBP α* , *PPAR γ* , *PERILIPIN-1*) genes were down-regulated in Ang-II treated cells compared
10 with ANP treated cells (Fig. 3b,c, Supplementary Fig. 1b). Moreover, Ang-II inhibited
11 perilipin-1 protein expression compared to ANP (Fig. 3d) and a subset of aEPDCs remained
12 Pref-1⁺ (Fig. 3e). Finally, the fibrogenic canonic Smad2/3 and p38-MAPK signaling pathways
13 were activated in this culture condition (Fig. 3f)^{17,18}.

14 Interestingly, both transcript levels and the plasma membrane expression of
15 Angiotensin-II receptor 1 (AGTR1) were induced by Ang-II in aEPDCs, whereas the ANP
16 receptor, NPRA, was undetectable (Fig. 3d,e). The opposite result was obtained in cells treated
17 with ANP *i.e* up-regulation of NPRA and down regulation of AGTR1 expression were observed
18 (Fig. 3d,e). Flow cytometry showed that Ang-II increased the fraction of cells expressing
19 PDGFR α and the pre-adipocyte marker, Pref1, whereas cell expressing perilipin, *i.e.* mature
20 adipocytes, could not be detected (Fig. 3a, 3e). These results indicate that distinct signaling
21 pathways regulate aEPDC differentiation.

22

23 **Adult EPDC are recruited at early stage of experimental atrial remodeling**

24 To examine whether the epicardium is activated during the atrial remodeling, we studied a well-
25 characterized model of atrial remodeling secondary to ischemic HF in rats¹⁹. Two months

1 following the onset of the ischemic cardiopathy, all animals were in HF with dilated atria (Fig.
2 4a,b, and Supplementary Fig. 2a-c). They showed a vulnerability to AF as indicated by a longer
3 duration of triggered episodes of AF compared to shams (Supplementary Fig. 2d,e). After
4 sacrifice, histological analysis revealed a hypertrophied and fibrotic myocardium in dilated atria
5 of HF rats compared to sham (epicardial fibrosis area in atria $70.3 \pm 8.3\%$ vs $42.8.2 \pm 7.9\%$,
6 $P < 0.001$) (Fig. 4a,b). In addition, collagen-1 and collagen-3 were also disorganized and
7 irregularly arranged (Fig. 4c).

8 Interestingly, the epicardium was thick (epicardial fibrosis area in atria $78.95 \pm 1.6\%$
9 vs $56.61 \pm 4\%$, $p < 0.001$) and a packed fibrosis composed of collagen and fibronectin depots
10 was observed in the subepicardium of dilated atria of HF rat (Fig. 4d). Both fibroblasts
11 expressing PDGFR α and myofibroblasts expressing α SMA were detected in the subepicardial
12 fibrosis (Fig. 4d,e). In addition, adipocytes were observed (epicardial adipocyte area in atria
13 $37.72 \pm 6.13\%$, $P < 0.05$) (Fig. 4a). Expansion of the epicardium was observed already one
14 week after MI ($80.12 \pm 8.6\%$ vs $55.25 \pm 7.1\%$, $p < 0.01$), and reached a plateau with
15 progression of the cardiomyopathy (Fig. 4a,b). Some cells were double-positive for α SMA and
16 WT1 or PDGFR α and Tcf21, a transcription factor involved in fibroblast cell fate acquisition²⁰
17 (Fig. 4e,f, Supplementary Table 3b). Interestingly, some WT1(+); Pref-1(+) cells were localized
18 in epicardial monolayer (Fig. 4e,f, Supplementary Table 3b). These results indicate that
19 epicardium expansion is an early event in the development of atrial cardiomyopathy and that
20 fibroblasts derived from activated epicardium could contribute to the remodeling of the atrial
21 subepicardium.

22

23 **Evidence for epicardial progenitor origin of fibroblasts in the atrial subepicardium**

24 In order to obtain direct evidence that epicardium could be a source of fibroblasts during atrial
25 remodeling, we reproduced the model of atrial cardiomyopathy secondary to ischemic HF in

1 the WT1Cre^{ERT2+/-};ROSA26^{tdT+/-} mice, allowing genetic lineage tracing of WT1-positive
2 epicardial progenitor cells in adult heart^{2,4,21,22}. As in rats, two months after surgical MI, mice
3 had developed HF with dilated and remodeled atria (Supplementary Fig. 2f-h). Furthermore,
4 the epicardium was thick and remodeled (epicardial fibrosis area in atria 78.13 ± 5.5 vs 53.46
5 ± 4.5 , $p < 0.001$) with packed and dense fibrosis (Fig. 5a,b).

6 As expected tdT⁺-WT1⁺ cells predominated in the epicardial layer in both sham and HF
7 mice (Fig. 5c). In contrast, only in the latter group, tdT⁺ cells were seen in the sup-epicardium
8 of the atria indicating epicardial activation and aEPDC migration (Fig. 5c). Some of the WT1-
9 positive cells of sup-epicardium expressed either α SMA or PDGFR α (Fig. 5c). Atrial epicardial
10 progenitors in WT1Cre^{ERT2+/-};Rosa26^{tdT+/-} mice also expressed the fibroblast marker Tcf21 (Fig.
11 5d). More limited numbers of adult epicardium derived PDGFR α ⁺ fibroblasts were found in the
12 subepicardium of the atria (Fig. 5e). Of note, epicardial-derived myofibroblasts were observed
13 associated only with atrial epicardium but not with ventricular epicardium outside of the
14 infarcted area (Fig. 5e). Interestingly, we observed heterogeneous expression of PDGFR α and
15 Pref1 in embryonic and adult atrial epicardium, suggesting that epicardial cell heterogeneity
16 may underlie aEPDC composite (Supplementary Fig. 3a). In embryo at E11.5, both Pref-1(+)
17 and PDGFR α (+) cells were located in epicardium monolayer (Supplementary Fig. 3a).
18 Interestingly, after EMT process (E16.5)²³, only Pref1(+) cells were observed in epicardium
19 whereas PDGFR α (+) were in sub-epicardium similar to sham adult atria (Supplementary Fig.
20 3a). In addition, in embryos, epicardium contained Pref1(+) cells was co-expressed with NPRA
21 and PDGFR α (+) cells was co-expressed with AGTR1 (Supplementary Fig. 3b,c). These results
22 indicate that resident atria epicardial progenitor cells reactivate to differentiate into fibroblasts
23 or adipocyte during atrial remodeling.

24

1 **Single cell RNA-sequencing analysis and the evidence for subset of aEPDC recruited** 2 **during atrial remodeling**

3 Explants of rat atria from healthy (sham) or HF rat were cultured until epicardial cells migrated
4 outside the explants. Cells were then sub-cultured for one passage and used for single cell RNA-
5 sequencing.

6 We used a non-linear dimensionality reduction method (t-stochastic neighbor
7 embedding t-SNE) to plot the data. In rat atria epicardium, ten clusters were defined in
8 differentially expressed genes in aEPDCs (Fig. 6a, Supplementary Table 5). Two major
9 populations expressing *WT1*⁺ and *PDGFRβ*⁺, respectively, were clearly identifiable in both
10 healthy and HF samples (Fig. 6b). Interestingly the *WT1*⁺ population expressed *PDGFRα* and
11 *ATGRI* (Fig. 6b). Some cells at the border of the fibroblast cluster facing the epicardial *WT1*⁺
12 cluster highly expressed both *ATGRI* and *PDGFRα* (Fig. 6b). No significant difference in
13 expression of *WT1*, *ATGRI*, *FSTLI* or *NPRA* is detected in epicardial cells from healthy or
14 diseased rat hearts (Supplementary Fig. 4). 3D Tsne1 revealed a segregation of cells between
15 sham and HF samples (Fig. 6c).

16 On the other hand, comparison by t-SNE of the aEPDC populations in both healthy and
17 diseased atria revealed major differences. A heatmap of five modules of differentially expressed
18 fibrosis-relevant genes (*SI00A4*, *COL1A1*, *COL3A1*) plotted from healthy and remodeled rat
19 atria aEPDCs revealed major differences in the extent of fibrosis in each cell population
20 (Supplementary Fig. 5). Violin plots of *COL1A1* and *-3A1*, two markers of fibroblast ECM
21 confirmed fibrosis in HF aEPDCs (Fig. 6e, Supplementary Fig. 5).

22 Next, we further investigated the fibrosis process in HF aEPDCs. Clustering of HF
23 EPDCs showed the heterogeneity of the cell population (Fig. 6a). We first applied a linear
24 inference trajectory analysis to both sham and HF rat aEPDCs. This analysis revealed that cell
25 transcriptomic profiles segregated the two aEPDCs populations (Supplementary Fig 6). In order

1 to track the fibro-fatty pathological process of diseased atria, we thus performed linear
2 trajectory inference on the HF rat aEPDCs (Fig. 7a,b). This analysis revealed that few aEPDCs
3 at the starting point of the trajectory (cluster 10, mesothelial cells) still expressed mesothelial
4 markers such as *MSLN*. Then, aEPDCs transitioned from adipogenic (*BMP4*, *LUM*, *UCP2*) to
5 fibrotic (*COL1A1*, *COL3A1*, *FNI*) cell types (Fig. 7b,c, Supplementary Fig. 7, Supplementary
6 Fig. 8). Adipogenic markers *RACK1* has been reported as an inducer of PPAR- γ and C/EBP-
7 β , and both *RACK1* and *BMP4* are involved in adipogenesis^{24,25} as well as the elongation factor
8 *EEF2* reported to be a mediator of adipogenesis²⁶ (module 1, Fig. 7c, Supplementary Fig 7, and
9 Supplementary Table 5). Modules 2 and 3, included cells undergoing the pathological process
10 of adipocyte to fibroblast transition that takes place under hypoxia in the likely presence of an
11 inflammatory phenomenon²⁷ (Fig. 7c, Supplementary Fig 7, and Supplementary Table 5).
12 Interestingly, *CTGF*, an inhibitor of adipogenesis²⁸, was increased in module 2, an index of the
13 transition from adipose to fibrotic tissue. Finally, module 4 pointed to a feedback loop leading
14 to a *de novo* engagement of remaining epicardial mesothelial *MSLN6+* cells through a process
15 of EMT (*MFAP5*) toward adipogenesis (*COL6*, *CLMP*) and inflammatory fibrosis (*CCL2*,
16 *CCL7*, *IL33*) (Fig. 7c, Supplementary Fig 7, and Supplementary Table 5).

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1 **Discussion**

2 The accumulation of adipose and fibrosis tissue in the subepicardium has been recognized as
3 an important determinant of the formation of the substrate of AF and understanding how the
4 disease substrate develops is a key clinical issue. Herein, we found that following epicardial
5 EMT, adult EPDCs maintain an adipogenic potential in epicardial layer and that they can transit
6 to a fibrotic phenotype in response to various stimuli.

7 The origin of myofibroblasts and fibroblasts involved in extracellular matrix remodeling
8 of the myocardium is still debated^{22,29}. In adult mouse ventricles, challenged by transaortic
9 constriction or ischemia, most fibroblasts expand from developmentally-derived resident
10 fibroblasts^{22,29-31}. Furthermore, following acute myocardial ischemia, epicardium is also
11 activated and directly contributes to fibroblasts in the subepicardial area². We provide evidence
12 that in the atria too, epicardial expansion results in *de novo* fibroblast generation. First, cells co-
13 expressing markers of epicardial progenitors and fibroblasts can be detected in the
14 subepicardium of human and rat diseased atria, in agreement with a recent study¹⁷. Second, a
15 number of fibroblasts proximal to the remodeled adult atrial epicardium of WT1^{CreERT2+/-}
16 ;ROSA26^{tdT+/-} mice was labelled, pointing to their epicardial origin. Along these lines, it has
17 been reported that resident epicardial precursors from the right atrial appendages can
18 differentiate into fibroblasts, especially when obtained from AF patients¹⁸.

19 Distinct signaling pathways could operate as a switch to regulate the recruitment and
20 fate of these epicardial progenitor cells. Indeed, several growth factor signaling pathways have
21 been implicated in the induction of EMT, the recruitment of epicardial cells and their
22 differentiation into mesenchymal cell lines. For instance, PDGF acts on the transcription factor
23 Sox9 as a downstream target of PDGF stimulated EMT²³. We reported previously that ANP is
24 a potent adipogenic factor for aEPDCs⁴. Here, we show that during embryonic development the
25 epicardium contains adipocyte and fibroblast precursors. Following EMT, adipocyte precursors

1 expressing NPRA are localized in epicardium layer and AGTR1⁺ fibroblast precursors are
2 found in sub-epicardium layer. In adult, we found that Ang-II induced differentiation of
3 aEPDCs into fibroblasts by up-regulating its receptor, AGTR1, and by activating the canonical
4 Smad2/3 pathway^{32,33}. Similarly, ANP up-regulated NPRA, and activated signaling resulting in
5 adipocyte differentiation of aEPDCs⁴. Our data further suggested a positive feedback of the
6 agonists on their signaling pathway by regulating expression of their own receptors to secure a
7 long-lasting response of cells to the agonists. Opposite effects of Ang-II and ANP on
8 fibrogenesis and adipogenesis, respectively, have been already reported. For instance, Ang-II
9 inhibited differentiation of human pre-adipocyte cells³⁴. An anti-fibrogenic effect of ANP has
10 been described and attributed to the inhibition by the peptide of myofibroblast differentiation
11 and fibroblasts activation³⁵. Finally, Ang-II down regulates NPR1 expression at the
12 transcription level³⁶. These data suggest that from the embryo the epicardium progenitors could
13 be pre-defined into different fates and their re-activation is depend of local stimuli.

14 Using scRNA-seq, we were able to provide novel insight into aEPDC heterogeneity and
15 the relationships between aEPDC populations. Single cell RNA-seq analysis revealed six
16 clusters of atrial epicardial cells and aEPDCs, including two predominant epicardial *WT1*⁺ and
17 *PDGFRβ*⁺ clusters, and identified adipogenic and fibrogenic potential of these cells. Another
18 major result provided by the scRNA-seq analysis of aEPDCs from diseased atria, is the process
19 of a transition of epicardial cells from adipose and then fibrotic tissue. Our scRNA-seq data
20 confirmed that a *de novo* EMT of remaining more resistant epicardial cells in the culture could
21 be triggered by hypoxia and inflammatory processes (module 4, Fig 7c), giving rise to adipose
22 tissue and further fibrosis as reported during obesity³⁷. Indeed, linear trajectory inference
23 suggested a progression of the disease from transient accumulation of fat tissue towards fibrosis.
24 However, our data do not exclude that EPC undergoing EMT directly differentiate into
25 fibroblasts.

1 This self-help mechanism originating from the epicardium and resulting in the
2 generation of fibroblasts could explain why thin epicardial layer co-exists with thick and
3 fibrotic epicardial area. This histological observation suggests that local mechanisms regulate
4 the activation the epicardium resulting in focal accumulation of adipocytes and fibroblasts. An
5 additional argument for local activation of the epicardium is that aEPDC-derived fibroblasts
6 are observed only in the atria but not in the ventricle of WT1^{CreERT2+/-};Rosa26^{tdT+/-} mice.
7 Moreover, the thick and fibrotic remodeled epicardium predominates in atria from aged patients
8 during clinical setting associated with atrial dilatation suggest that activation of the epicardium
9 is a low grade process that contributes with time to the progression of atrial remodeling and the
10 formation of AF substrate. Taken together, these histological and biological findings point to
11 the presence of a subpopulation of aEPDCs that are pre-engaged in adipogenic or fibrogenic
12 lineages, in the subepicardium and ready to be recruited in response to various stimuli, resulting,
13 with time, in different degrees of fibro fatty infiltrates.

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1 **Conclusion**

2 We found that subsets of cells derived from epicardial progenitors and confined into the
3 subepicardium regulate, the balance between AT expansion and fibrosis accumulation in the
4 atrial myocardium. Multiple factors coupled to signaling pathways can contribute to the
5 recruitment of these “post EMT EPC” from their subepicardial “niche”. Our study provides a
6 biological basis for the slow and low noise remodeling of the atrial subepicardium which
7 progresses with time or during chronic cardiac diseases. It remains to determine when this
8 apparent aging phenomenon becomes pathological and can contribute to the substrate of AF.

9

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4

5 **Disclosures**

6 None

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15 S.N.H.).

16

17 **Contributions:**

18 N.S. contributed to the design of the experiments, conducted the experiments, analyzed data
19 and was involved in writing of the manuscript. T.M-M. contributed to WT1Cre^{ERT2+/-}
20 ;ROSA26^{tdT+/-} transgenic mice, to the design of the experiments, conducted the experiments,
21 analyzed data and was involved in writing of the manuscript. N.M. contributed to realize and
22 characterize experimental models and analyze data. G.D. and M.B. contributed to perform
23 histological research. B.J. contributed to analyze scRNA-seq. J.P. contributed to perform

1 research. P.L.P. contributed to perform research and provide human samples. D.A.T
2 contributed to analyze data. M.P. contributed to the design of the experiments, conducted the
3 experiments, analyzed data and was involved in writing of the manuscript. S.N.H contributed
4 to the design of the experiments and supervised and wrote of the manuscript.

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- 18

1 **Legend**

2 **Fig. 1 Epicardium progenitor profile in human atrial epicardium expansion. (a,b)** Seven-
3 μm -thick sections of human atrial tissue (n=109) stained with Masson's trichrome and observed
4 by transmitted light or (a) or PicroSirius red observed with polarized light microscopy (b)
5 (collagen-1, Col1, red-yellow; collagen-3, Col3, green). Scale bar, 50 μm , 25 μm , inset 10 μm .
6 (b-d) Immunofluorescence staining of human atrial tissue sections (n=6) for Perilipin-1 (a),
7 Col1 (a,c), αSMA (c,d), PDGFR α (c,d) and WT1 (d). Scale bar, 100 μm , 25 μm , 10 μm . M,
8 myocytes; A, adipocytes.

9 **Fig. 2 Fibrogenic or adipogenic fates of aEPDCs. (a)** Representative images of aEPDCs
10 incubated with MYO-S stained in oil-red-O and counterstained with hematoxylin (n=10). Scale
11 bar, 100 μm . Black arrows indicate elongated shape cells. (b) Flow cytometry analysis of
12 aEPDCs treated with MYO-S (n=10). (c) Immunofluorescence staining in aEPDCs treated with
13 MYO-S for Perilipin, αSMA , Vimentin, Fibronectin, CD44 and Collagen-1. Scale bars, 100
14 μm , 50 μm . (d) Analysis of PDGFR α and Pref1 expression in aEPDCs by flow cytometry
15 (n=10). (e) Representative images and histogram of sorted PDGFR α^+ or Pref1 $^+$ aEPDCa
16 incubated with adipogenic medium or fibrogenic medium and stained with oil-red-O and
17 counterstained with hemalun (n=10). Scale bars, 100 μm , 50 μm . (f) Perilipin or αSMA
18 immunofluorescence staining of PDGFR α^+ or Pref1 $^+$ sorted aEPDCs cultured with adipogenic
19 medium or fibrogenic medium. Scale bar, 50 μm . (g) Transcript expression levels of adipogenic
20 and fibrogenic markers in PDGFR α^+ or Pref1 $^+$ aEPDCs treated with fibrogenesis (left) or
21 adipogenesis (right) medium.

22 **Fig. 3 Angiotensin-II induces fibrogenic differentiation of aEPDCs.**

23 (a) Flow cytometry and histogram analysis of aEPDCs treated with Ang-II (10 nM) for 7 days.
24 (b,c) Transcript expression levels of fibrogenic (b), adipogenic, ANP or Angiotensin-II

1 receptors markers (c) in aEPDC treated with Ang-II (10 nM) (b,c) or ANP (10 pM) for 21 days
2 (c). (d,e) Flow cytometry analysis and quantification of aEPDCs treated with Ang-II (10 nM)
3 or ANP (10 pM). (f) Immunoblots and relative quantification of Smad2/3 or p38-MAPK
4 signaling pathways in aEPDCs treated with Ang-II (10 nM) for 21 days. Data are expressed as
5 mean \pm SEM of n=4 independent experiments. *, P < 0.05, **, P < 0.01, *** P < 0.001, one-way
6 ANOVA with Bonferroni's post hoc test.

7 **Fig. 4 Epicardium remodeling is an early event during atrial remodeling in rat model of**
8 **heart failure.** (a) Masson's trichrome staining of 7- μ m-thick sections of rat atrial tissue at 1
9 week, 2 weeks or 2 months post-MI and Sham (n=5, each group) observed by transmitted light
10 microscopy. Scale bar, 50 μ m, 25 μ m. (b) Histomorphometry assay quantification in rat atrial
11 tissue post-MI (n=5, each group) and Sham (n=5, each group). (c) PicroSirius red of 7- μ m-thick
12 sections of rat atrial tissue at 1 week or 2 months post-MI and Sham (n=3, each group) is
13 observed under polarized light microscopy, collagen-1 (Col1, red-yellow), collagen-3 (Col3,
14 green). Scale bar, 60 μ m. (d,e) Immunofluorescence staining in rat atrial tissue sections at 2
15 months post-MI (d), 1 week post-MI (e) or Sham for Col1, α SMA, PDGFR α (d,e), fibronectin
16 (FNT) (d), WT1, Pref1 and Tcf21 (e). Scale bars, 200 μ m, 100 μ m, 50 μ m. (f) Scatter plots
17 represent number of cell per field in sub- or epicardium of rat atria tissue. Data are expressed
18 as mean \pm SEM of at least n=4 independent experiments. *, P < 0.05, **, P < 0.01, *** P
19 <0.001, one-way ANOVA and Bonferroni's post hoc test. Epi., epicardium; A, adipocytes; M,
20 Myocytes.

21 **Fig. 5 Epicardium is a source of fibroblasts during atrial remodeling in mouse model of**
22 **heart failure.** (a) Masson's trichrome staining of 7- μ m-thick sections of WT1CreERT2^{+/-}
23 /Rosa-tdT^{+/-} mouse atrial tissue at 2 months post-MI or Sham (n=5, each group). Scale bar, 200
24 μ m, 100 μ m. (b) Histomorphometry assay quantification in WT1CreERT2^{+/-}/Rosa-tdT^{+/-} mice
25 atrial tissue at 15 days, 1 months or 2 months post-MI (n=5) or Sham (n=5). (c-e)

1 Immunofluorescence staining of WT1CreERT2^{+/-}/Rosa-tdT^{+/-} mice atrial tissue sections at 2
2 months post-MI or Sham for α SMA or PDGFR α (c,e), Tcf21 (d). PDGFR α ⁺ fibroblasts derived
3 from adult epicardium are indicated by arrows (e). Scale bars, 200 μ m, 100 μ m, 50 μ m. Data
4 are expressed as the mean \pm SEM of n=4 independent experiments. *, P < 0.05, *** P < 0.001,
5 one-way ANOVA and Bonferroni's post hoc test. Epi., epicardium; Sup-Epi., sup-epicardium;
6 LV, left ventricle; LA, left atria.

7 **Fig. 6 Differential transcriptional signatures aEPDCs at a single cell level between sham**
8 **and diseased atria. (a)** 3D Tsne Plots of sham and heart failure (HF) rat aEPDCs. **(b)** Tsne
9 plots of sham or diseased (HF) epicardial (EPC) and epicardial-derived (aEPDCs) cells for the
10 four genes (*WT1*, *PDGFR β* , *PDGFR α* , and *AGTR1 α*). **(c)** 3D tsne plot of sham and HF rat
11 aEPDCs. **(d)** Heatmap of the sham and HF aEPDCs expressing *TCF21*, *POSTN*, *COL1A1* and
12 *COL3A1*. **(e)** Violin plots of *COL1A1* and *COL3A1* expressing cells in sham and HF aEPDCs.
13

14 **Fig. 7: Single cell analysis of aEPDCs trajectory during atrial remodeling in rat model of**
15 **heart failure (HF). (a)** Tsne plots of clusters processed by Cell Ranger (10x Genomics). **(b)**
16 Tsne inference trajectory of cells within the diseased aEPDC clusters (Scorpius algorithm). The
17 pseudo-temporal ordering computational method allowed to track the fatty-fibrosis transition
18 of cells together with an inflammatory process. **(c)** Heatmap of Inference trajectory of cells
19 within the HF aEPDC (Scorpius algorithm). Genes are indicated on the right and colored
20 according to the biological process indicated on the left boxes. Lines without genes (module 1)
21 are genes without names just annotated in Ensembl (<http://www.ensembl.org/index.html>).
22

23 **Supplementary Fig. 1 TGF- β induces fibrogenic differentiation of aEPDCs. (a)**
24 Representative images of aEPDCs treated with TGF- β (10 nM) for 7 days and stained with oil-
25 red-O and counterstained with hemalun or immuno-labeled for perilipin or α SMA (n=5). Scale

1 bar, 100 μm . **(b)** Expression of fibrosis genes in aEPDCs treated with TGF- β (10 nM) for 7
2 days compared to untreated (UT) control. Data are expressed as mean \pm SEM of n=4
3 independent experiments. *, P < 0.05, **, P < 0.01, one-way ANOVA with Bonferroni's post
4 hoc test.

5 **Supplementary Fig. 2 Vulnerability of AF in rat or mouse model of atrial remodeling**
6 **associated with HF.** In rat 2-months post-MI (n=34) or sham (n=12) **(a-e)** or in mouse 2-
7 months post-MI (n=6) or sham (n=10) **(f-h)**, histograms represent left atria area (LAA) **(a)**,
8 ejection fraction (EF) **(b,g)**, fractional shortening (FS) **(c,h)** or arrhythmia duration **(d,f)**. **(e)**
9 Paroxysmal atrial fibrillation episodes in rats 2-months post-HF. Each data are expressed as the
10 mean \pm SEM of independent experiments. **, P < 0.01, *** P < 0.001, unpaired Student's t test.

11 **Supplementary Fig. 3 Heterogeneity of atria epicardium in mouse model of atrial**
12 **remodeling associated with HF.** Representative images of heterogeneity of Pref1 and
13 PDGFR α **(a)**, NPRA **(b)** or ATR1 **(c)** expression in E11.5, E16.5, adult sham or HF atrial
14 epicardium **(a)**, Scale Bar, 10 μm , 50 μm .

15 **Supplementary Fig. 4: gene profile of rat epicardial cells from healthy and diseased (HF)**
16 **rat atria.** Left panel: Heat map of epicardium specific genes in both sham and HF dataset.
17 Right panel: co-expression violin plot of 5 genes in both sham and HF dataset.

18 **Supplementary Fig. 5: Heat map of fibrotic genes in healthy (Sham) and diseased (HF)**
19 **rat atria aEPDCs.**

20 **Supplementary Fig. 6: Trajectory from healthy (Sham) to diseased (HF) rat atria**
21 **aEPDCs.**

22 **Supplementary Fig. 7: Trajectory influence heat map of healthy (Sham) and diseased**
23 **(HF) rat atria aEPDC.** Data are analyzed with Scorpius logarithm.

- 1 **Supplementary Fig. 8 Heat map of adipogenic and fibrotic genes expression in both**
2 **healthy and diseased (HF) rat atria aEPDCs.** Data are analysed wit Scorpius logarithm.
- 3 **Supplementary Table 1. Clinical parameters of patients.** BMI, body mass index; LVEF, left
4 ventricular ejection fraction; AF, Atrial fibrillation; VMR, Mitral valve replacement.
- 5 **Supplement Table 2.** Taqman Human gene probes.
- 6 **Supplementary Table 3. (a)** Cell number per field in human atrial tissue. **(b)** Cell number
7 per field in rat atrial tissue.
- 8 **Supplementary Table 4. Association of biological parameters with clinical outcomes.**
9 LVEF, left ventricular ejection fraction; AF, Atrial fibrillation; VMR, Mitral valve
10 replacment; (ye), years.
- 11 **Supplementary Table 5.** Dataset from scRNAseq analysis.
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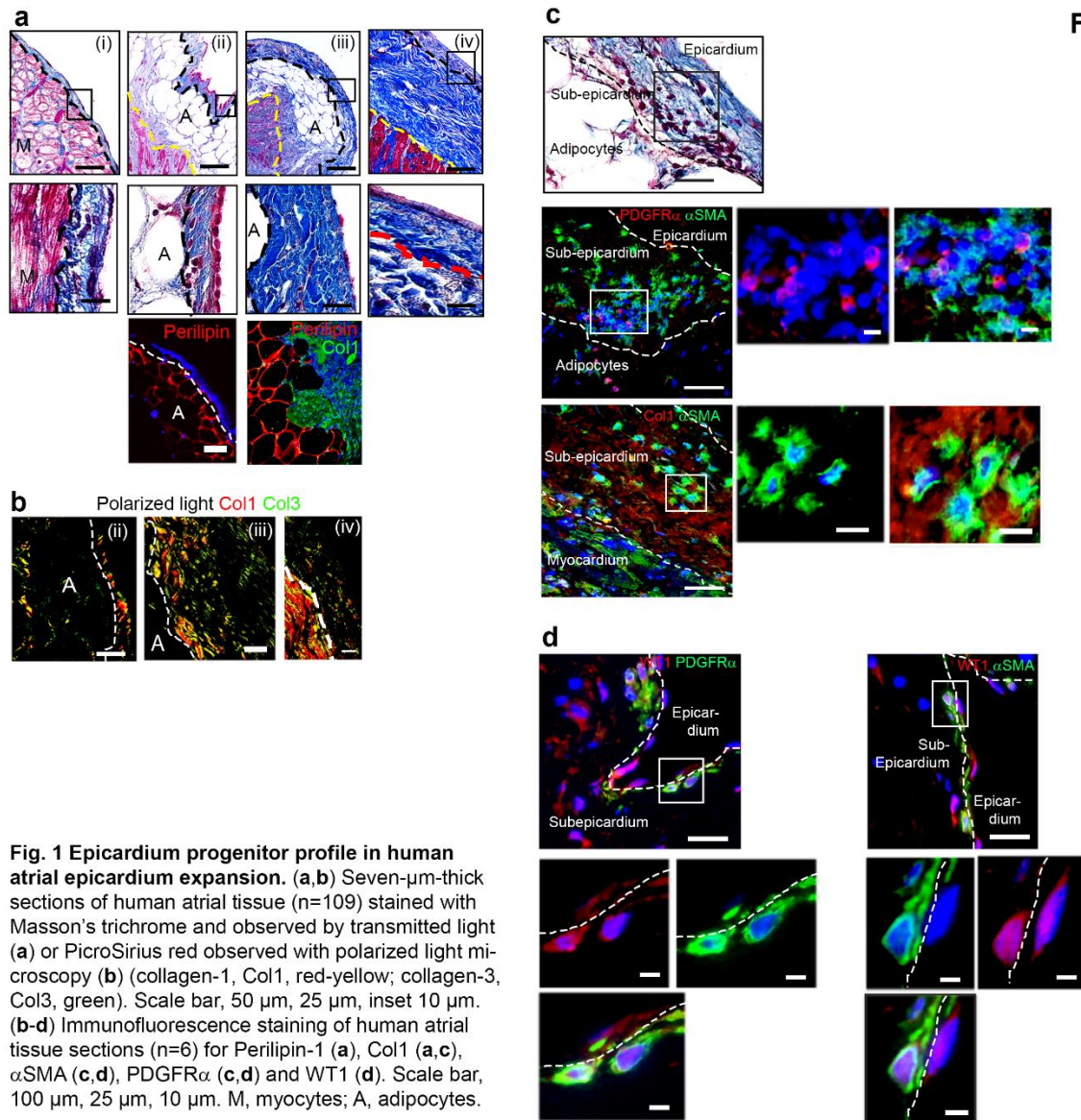


Fig. 1

Fig. 1 Epicardium progenitor profile in human atrial epicardium expansion. (a,b) Seven- μ m-thick sections of human atrial tissue (n=109) stained with Masson's trichrome and observed by transmitted light (a) or PicroSirius red observed with polarized light microscopy (b) (collagen-1, Col1, red-yellow; collagen-3, Col3, green). Scale bar, 50 μ m, 25 μ m, inset 10 μ m. (b-d) Immunofluorescence staining of human atrial tissue sections (n=6) for Perilipin-1 (a), Col1 (a,c), α SMA (c,d), PDGFR α (c,d) and WT1 (d). Scale bar, 100 μ m, 25 μ m, 10 μ m. M, myocytes; A, adipocytes.

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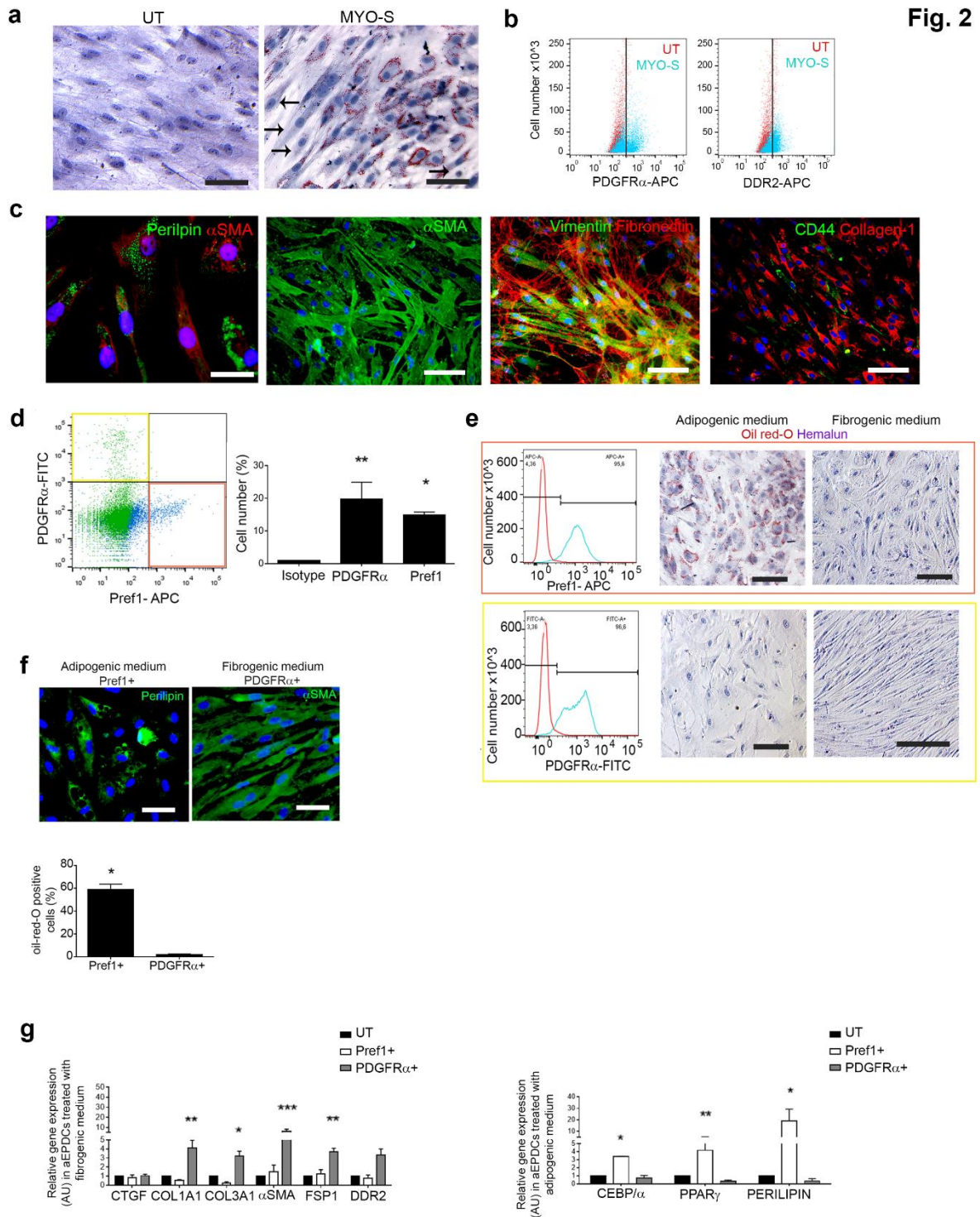


Fig. 2 Fibrogenic or adipogenic fates of aEPDCs. (a) Representative images of aEPDCs incubated with MYO-S stained in oil-red-O and counterstained with hematoxylin (n=10). Scale bar, 100 μ m. Black arrows indicate elongated shape cells. (b) Flow cytometry analysis of aEPDCs treated with MYO-S (n=10). (c) Immunofluorescence staining in aEPDCs treated with MYO-S for Perilipin, α SMA, Vimentin, Fibronectin, CD44 and Collagen-1. Scale bars, 100 μ m, 50 μ m. (d) Analysis of PDGFR α and Pref1 expression in aEPDCs by flow cytometry (n=10). (e) Representative images and histogram of sorted PDGFR α + or Pref1+ aEPDCs incubated with adipogenic medium or fibrogenic medium and stained with oil-red-O and counterstained with hemalun (n=10). Scale bars, 100 μ m, 50 μ m. (f) Perilipin or α SMA immunofluorescence staining of PDGFR α + or Pref1+ sorted aEPDCs cultured with adipogenic medium or fibrogenic medium. Scale bar, 50 μ m. (g) Transcript expression levels of adipogenic and fibrogenic markers in PDGFR α + or Pref1+ aEPDCs treated with fibrogenesis (left) or adipogenesis (right) medium.

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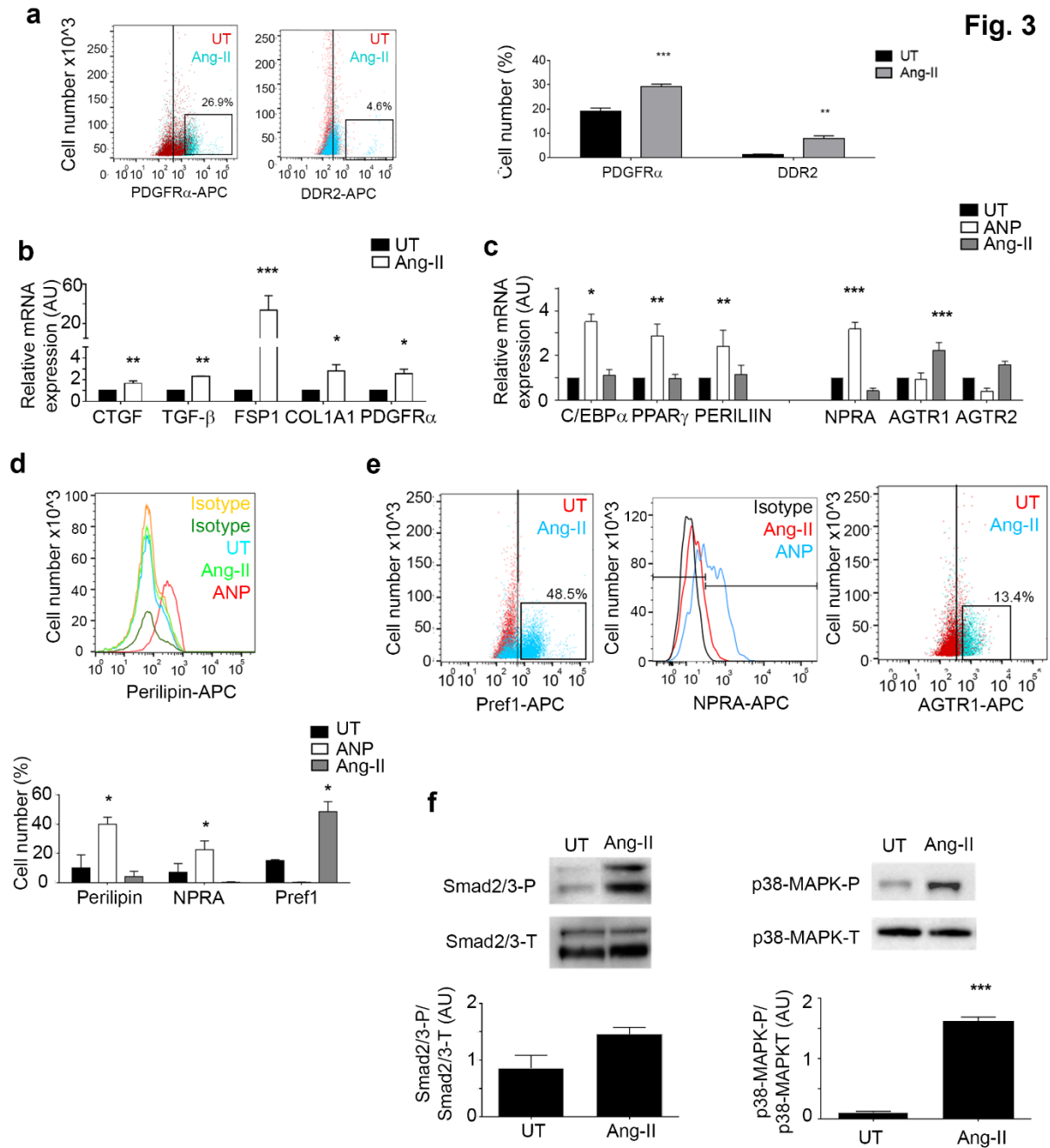


Fig. 3 Angiotensin-II induces fibrogenic differentiation of aEPDCs. (a) Flow cytometry and histogram analysis of aEPDCs treated with Ang-II (10 nM) for 7 days. Data are expressed as mean \pm SEM of independent experiments. *, $P < 0.05$, **, $P < 0.01$, *** $P < 0.001$, one-way ANOVA with Bonferroni's post hoc test. (b,c) Transcript expression levels of fibrogenic (b), adipogenic, ANP or Angiotensin-II receptors markers (c) in aEPDC treated with Ang-II (10 nM) (b,c) or ANP (10 pM) for 21 days (c). (d,e) Flow cytometry analysis and quantification of aEPDCs treated with Ang-II (10 nM) or ANP (10 pM). (f) Immunoblots and relative quantification of Smad2/3 or p38-MAPK signaling pathways in aEPDCs treated with Ang-II (10 nM) for 21 days. Data are expressed as mean \pm SEM of $n=4$ independent experiments. *, $P < 0.05$, **, $P < 0.01$, *** $P < 0.001$, one-way ANOVA with Bonferroni's post hoc test.

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Fig. 4

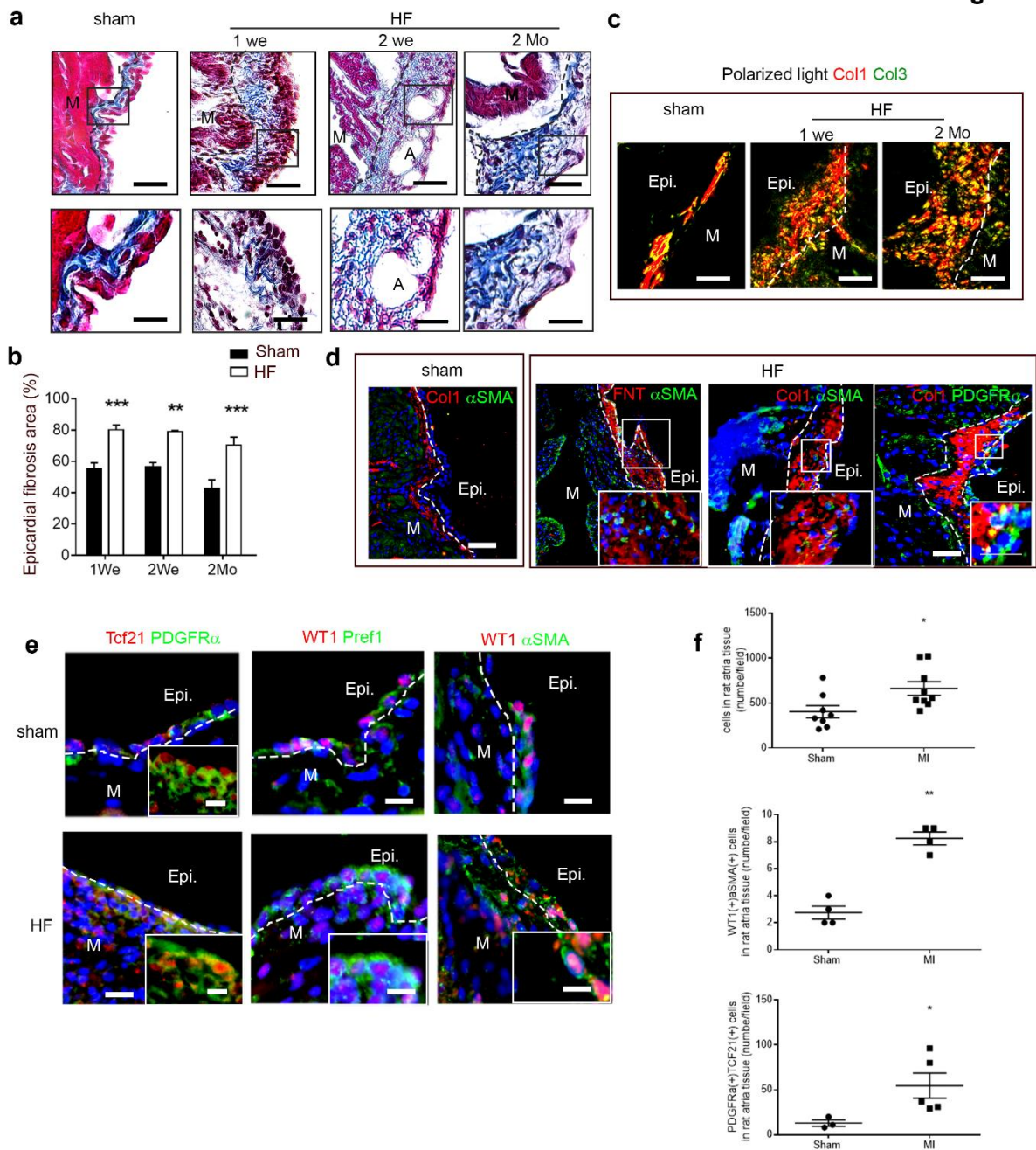


Fig. 4 Epicardium remodeling is an early event during atrial remodeling in rat model of heart failure. (a) Masson's trichrome staining of 7- μ m-thick sections of rat atrial tissue at 1 week, 2 weeks or 2 months post-MI and Sham (n=5, each group) observed by transmitted light microscopy. Scale bar, 50 μ m, 25 μ m. (b) Histomorphometry assay quantification in rat atrial tissue post-MI (n=5, each group) and Sham (n=5, each group). Data are expressed as the mean \pm SEM of independent experiments. **, P < 0.01, *** P < 0.001, one-way ANOVA and Bonferroni's post hoc test. (c) PicroSirius red of 7- μ m-thick sections of rat atrial tissue at 1 week or 2 months post-MI and Sham (n=3, each group) is observed under polarized light microscopy, collagen-1 (Col1, red-yellow), collagen-3 (Col3, green). Scale bar, 60 μ m. (d,e) Immunofluorescence staining in rat atrial tissue sections at 2 months (d), 1 week post-MI (e) or Sham for Col1, α SMA, PDGFR α (d,e), fibronectin (FNT) (d), WT1, Pref1 and Tcf21 (e). Scale bar, 200 μ m, 100 μ m, 50 μ m. (f) Plots represent number of total cells (top), WT1+ cells (middle) or PDGFR α + cells in atria epicardium in sham or MI rat model. Data are expressed as the mean \pm SEM of independent experiments. *P < 0.05, ** P < 0.01 unpaired t test. Epi., epicardium; A, adipocytes; M, Myocytes.

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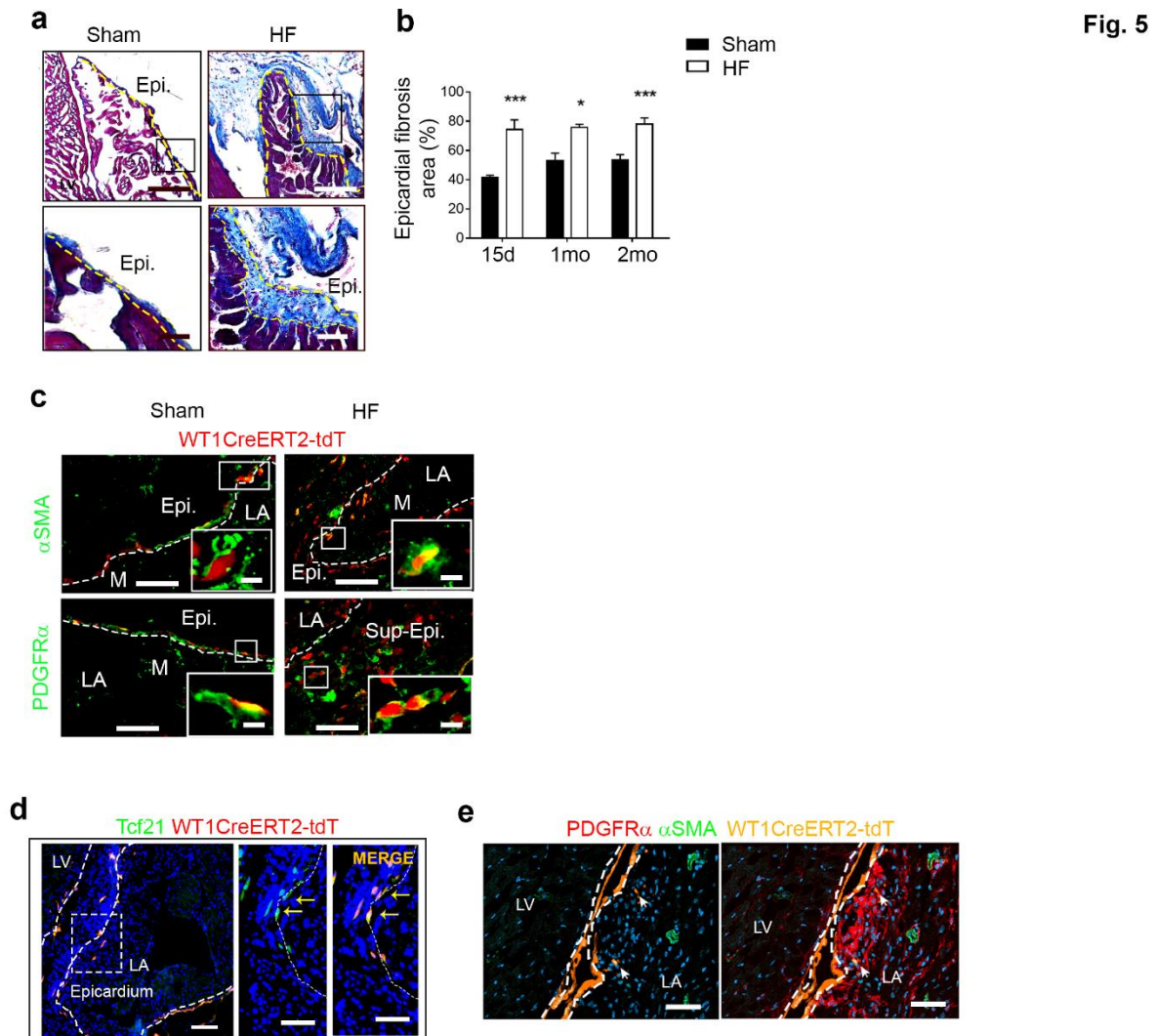


Fig. 5 Epicardium is a source of fibroblasts during atrial remodeling in mouse model of heart failure. (a) Masson's tri-chrome staining of 7- μ m-thick sections of WT1CreERT2^{+/-}/Rosa-tdT^{+/-} mouse atrial tissue at 2 months post-MI or Sham (n=5, each group). Scale bar, 200 μ m, 100 μ m. (b) Histomorphometry assay quantification in WT1CreERT2^{+/-}/Rosa-tdT^{+/-} mice atrial tissue at 15 days, 1 months or 2 months post-MI (n=5) or Sham (n=5). (c-e) Immunofluorescence staining of WT1CreERT2^{+/-}/Rosa-tdT^{+/-} mice atrial tissue sections at 2 months post-MI (n=3) or Sham (n=3) for α SMA or PDGFR α (c,e), Tcf21 (d). Scale bar, 200 μ m, 100 μ m, 50 μ m. Data are expressed as the mean \pm SEM of independent experiments. *, P < 0.05, *** P < 0.001, one-way ANOVA and Bonferroni's post hoc test. Epi., epicardium; Sup-Epi., sup-epicardium; LV, left ventricle; LA, left atria.

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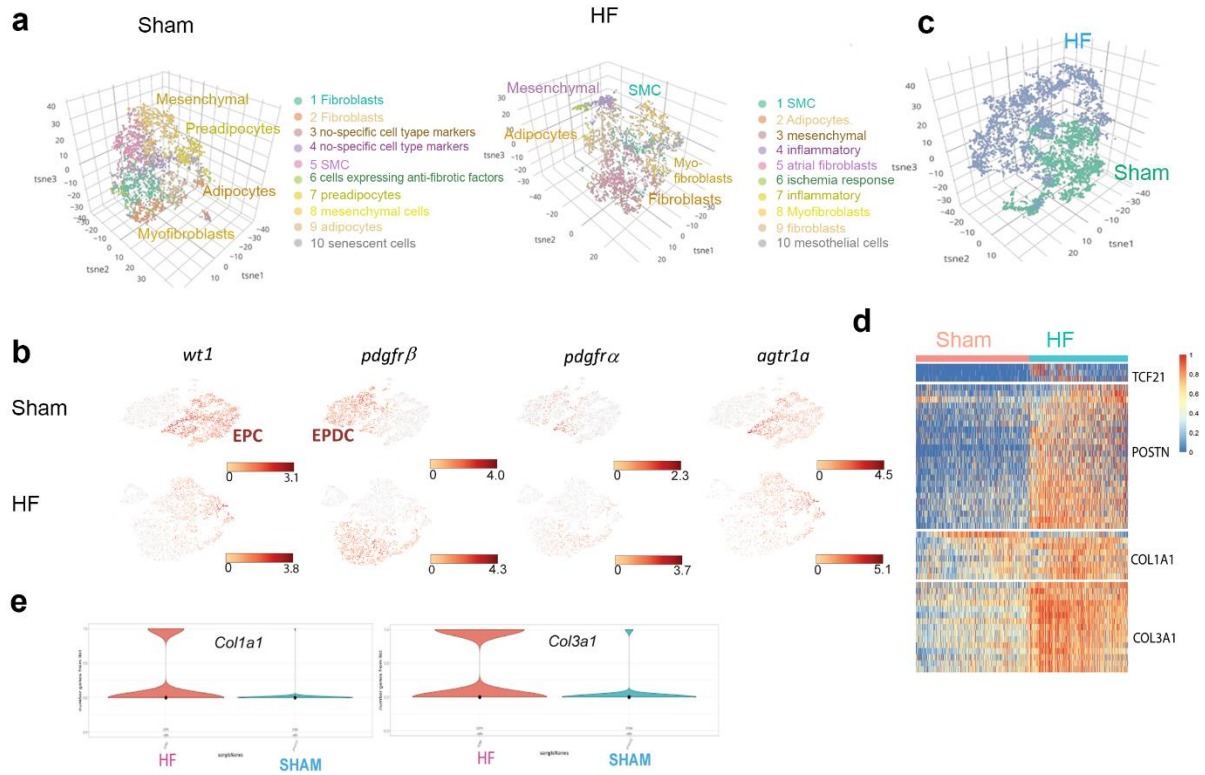


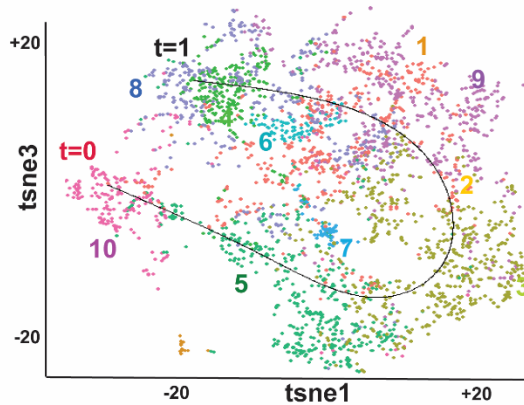
Fig. 6 Differential transcriptional signatures aEPDCs at a single cell level between sham and diseased atria. (a) 3D Tsn Plots of sham and heart failure (HF) rat aEPDCs. **(b)** Tsn plots of sham or diseased (HF) epicardial (EPC) and adult epicardial-derived (aEPDCs) cells for the four genes (WT1, PDGFR β , PDGFR α , and AGTR1 α). **(c)** 3D tsn plot of sham and HF rat aEPDCs. **(d)** Heatmap of the sham and HF aEPDCs expressing TCF21, POSTN, COL1a1 and COL3a1. **(e)** Violin plots of COL1a1 and COL3a1 expressing cells in sham and HF aEPDCs.

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Fig. 7



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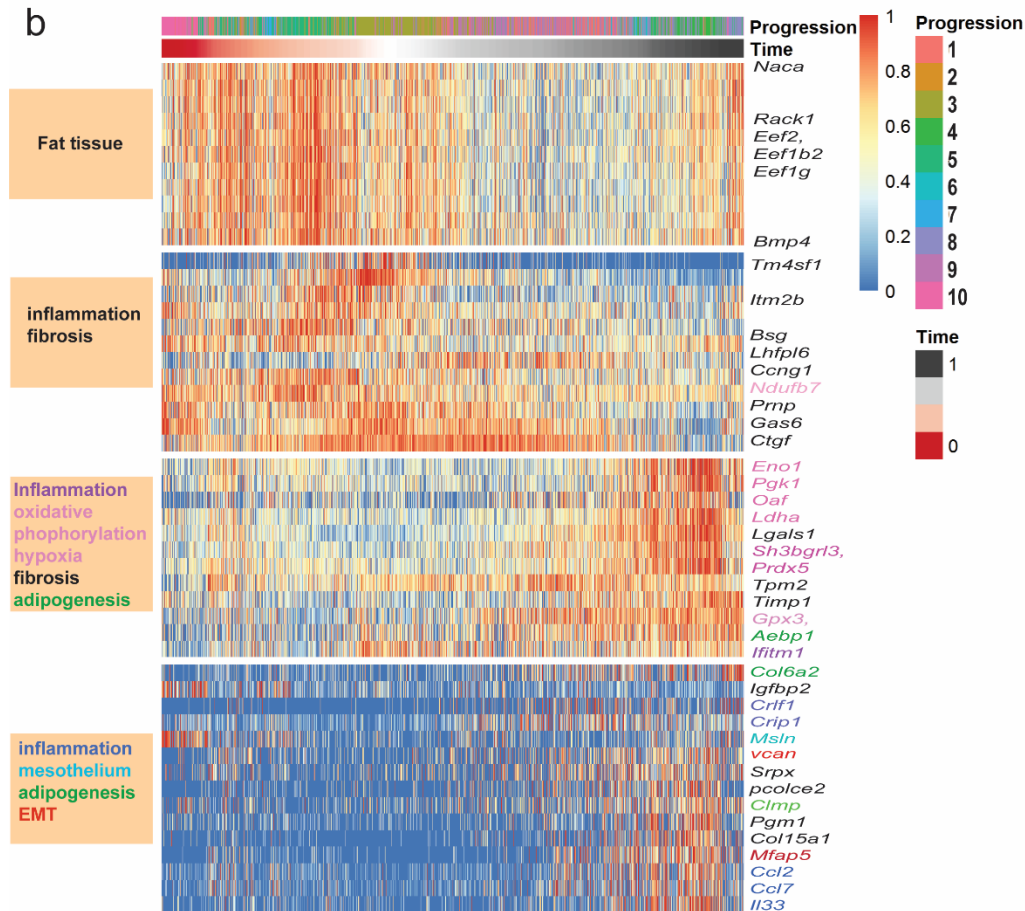
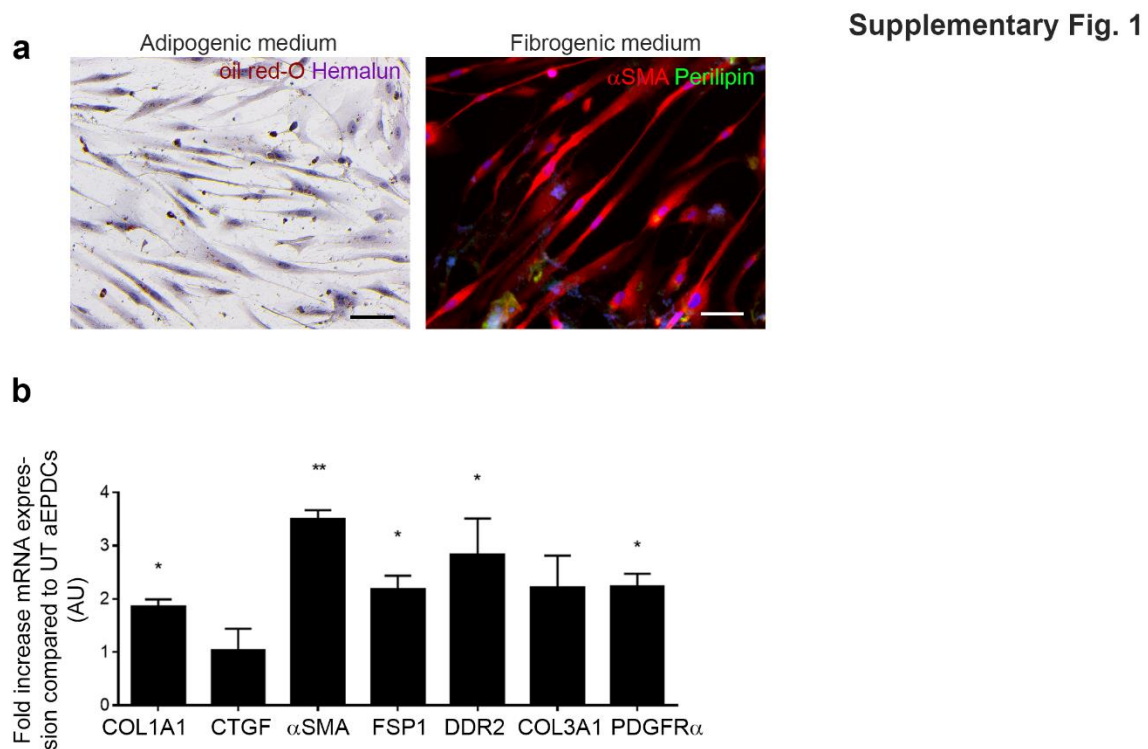


Fig. 7: Single cell analysis of aEPDCs trajectory during atrial remodeling in rat model of heart failure (HF). (a) Tsne inference trajectory of cells within the diseased aEPDC clusters (Scorpius algorithm). Clusters are numbered as Fig.6a (HF). The pseudo-temporal ordering computational method allowed to track the fatty-fibrosis transition of cells together with an inflammatory process. (b) Heatmap of Inference trajectory of cells within the HF aEPDC (Scorpius algorithm). Genes are indicated on the right and colored according to the biological process indicated on the left boxes. Lines without genes (module 1) are genes without names just annotated in Ensembl (<http://www.ensembl.org/index.html>).

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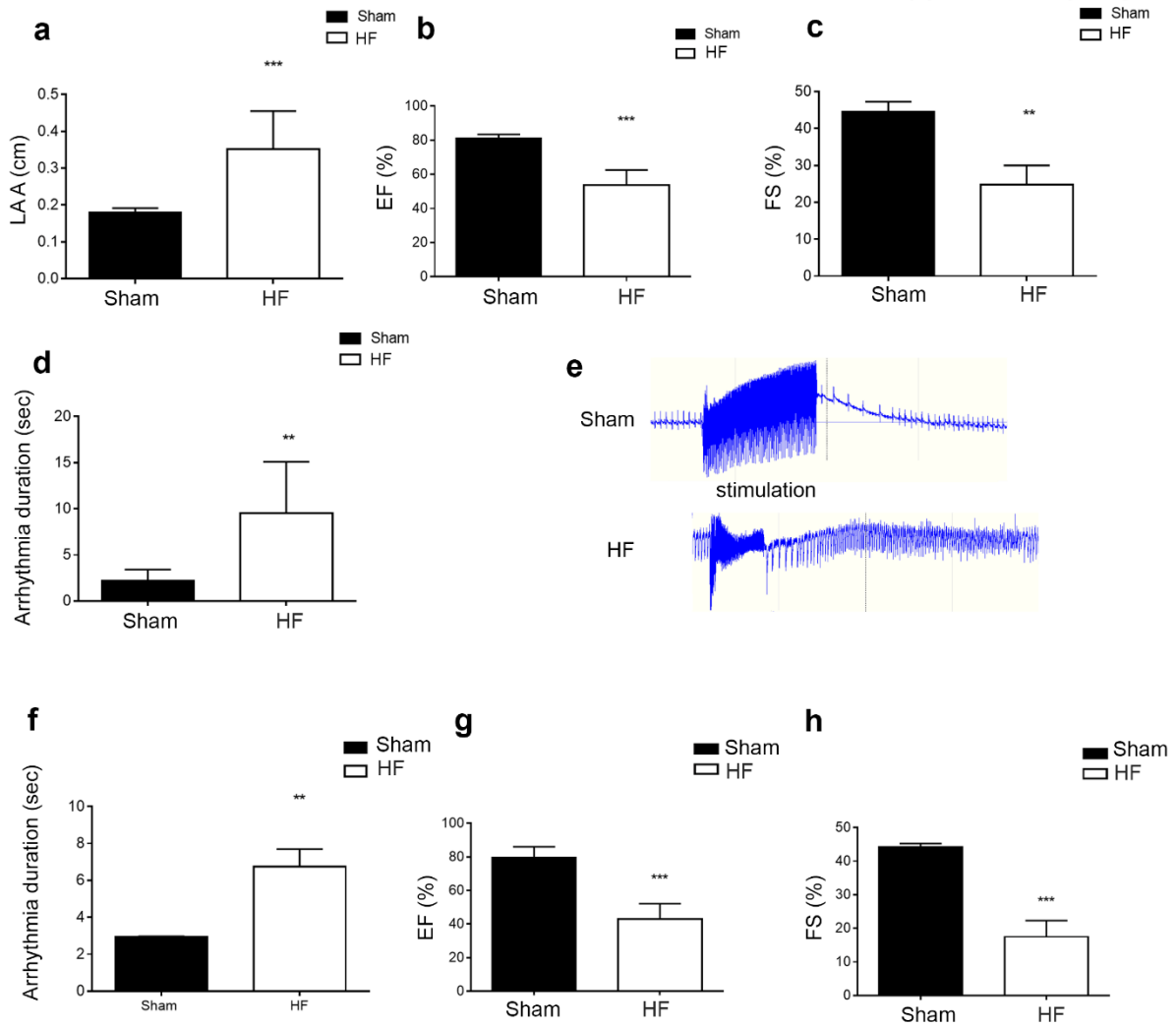


Supplementary Fig. 1 Fibrogenic peptides are released in human MYO-S. (a) Representative images of aEPDCs treated with TGF- β (10 μ M) for 7 days and stained with oil-red-O and counterstained with hemalun or immuno-labeled for perilipin or α SMA (n=5). Scale bar, 100 μ m. (b) Expression of fibrogenic genes in aEPDCs treated with TGF- β (10 μ M) for 7 days compared to untreated (UT) control. Data are expressed as the mean \pm SEM of n=3 independent experiments. *, P < 0.05, **, P < 0.01, one-way ANOVA with Bonferroni's post hoc test.

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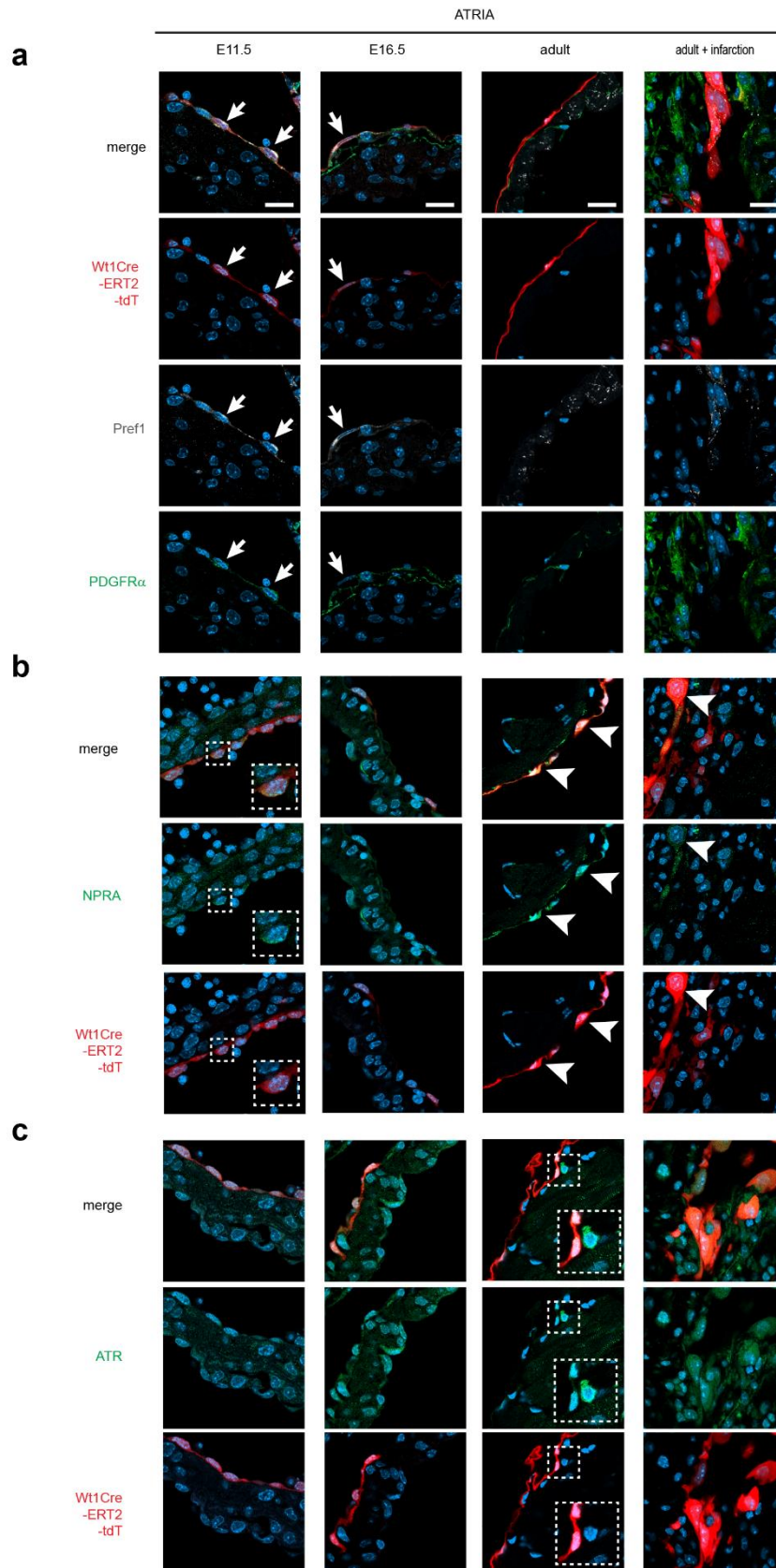
Supplementary Fig. 2



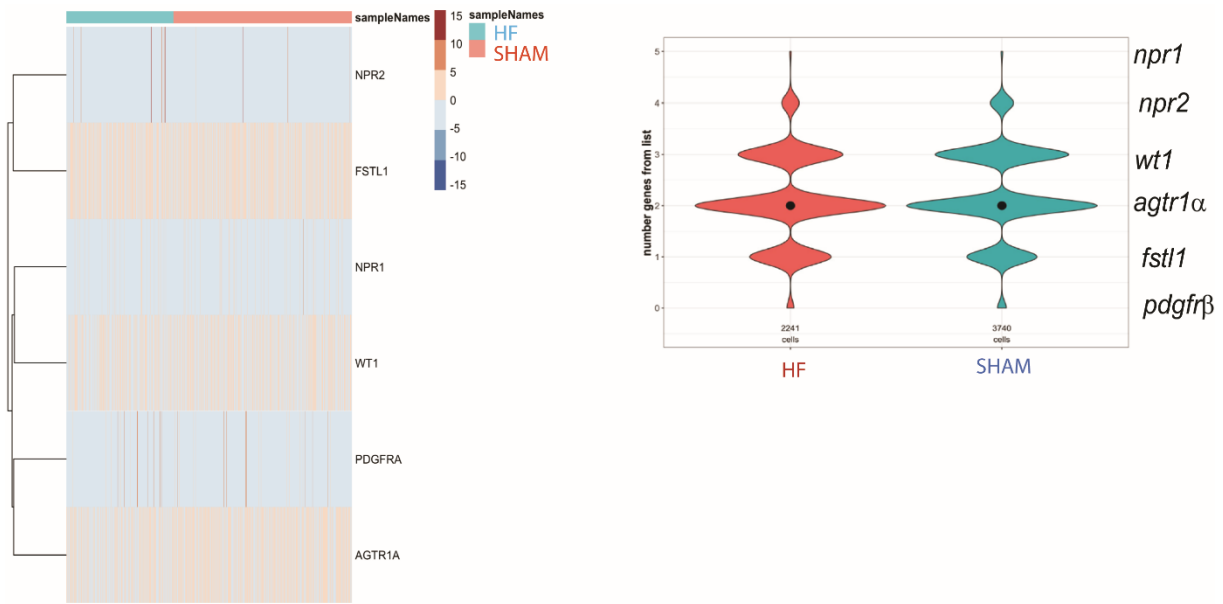
Supplementary Fig. 2 Vulnerability of AF in rat or mouse model of HF. In rat 2-months post-MI (n=34) or sham (n=12) (a-e) or in mouse 2-months post-MI (n=6) or sham (n=10) (f-h), histograms represent left atria area (LAA) (A), ejection fraction (EF) (b,g), fractional shortening (FS) (c,h) or arrhythmia duration (d,f). Data are expressed as the mean ± SEM of independent experiments. **, P < 0.01, *** P < 0.001, unpaired Student's t test. (e) Paroxysmal atrial fibrillation episodes in rats 2-months post-HF.

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Supplementary Fig. 3 Heterogeneity of atria epicardium in mouse model of atrial remodeling associated with HF. Representative images of heterogeneity of Pref1 and PDGFR α (a), NPRA (b) or ATR1 (c) expression in E11.5, E16.5, adult sham or HF atrial epicardium (a), Scale Bar, 10 μ m, 50 μ m

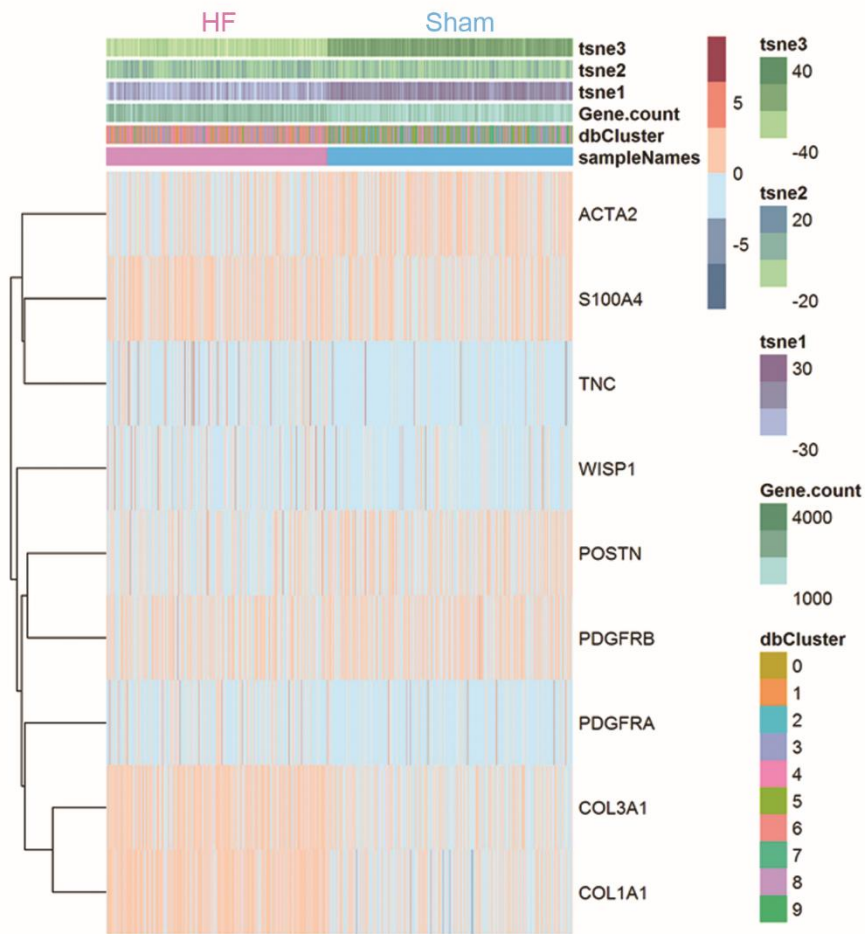


Supplementary Fig. 4 Gene profile of rat epicardial cells from healthy (Sham) and diseased (HF). Left panel: Heat map of epicardium specific genes in both sham and HF dataset. Right panel: co-expression violin plot of 5 genes in both sham and HF dataset.

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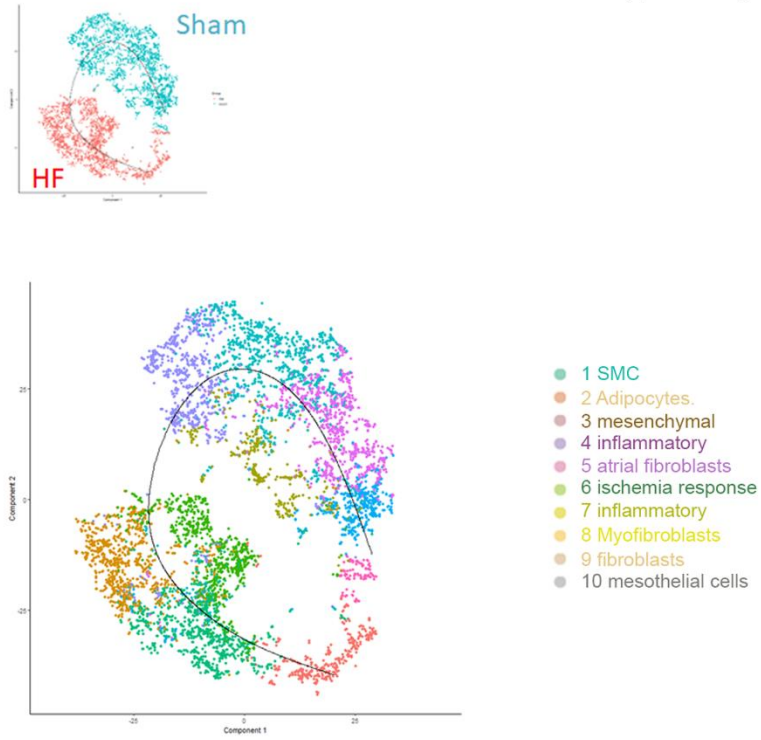
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Supplementary Fig. 5



Supplementary Fig. 5 Heat map of fibrotic genes in healthy and diseased (HF) rat atria aEPDCs.

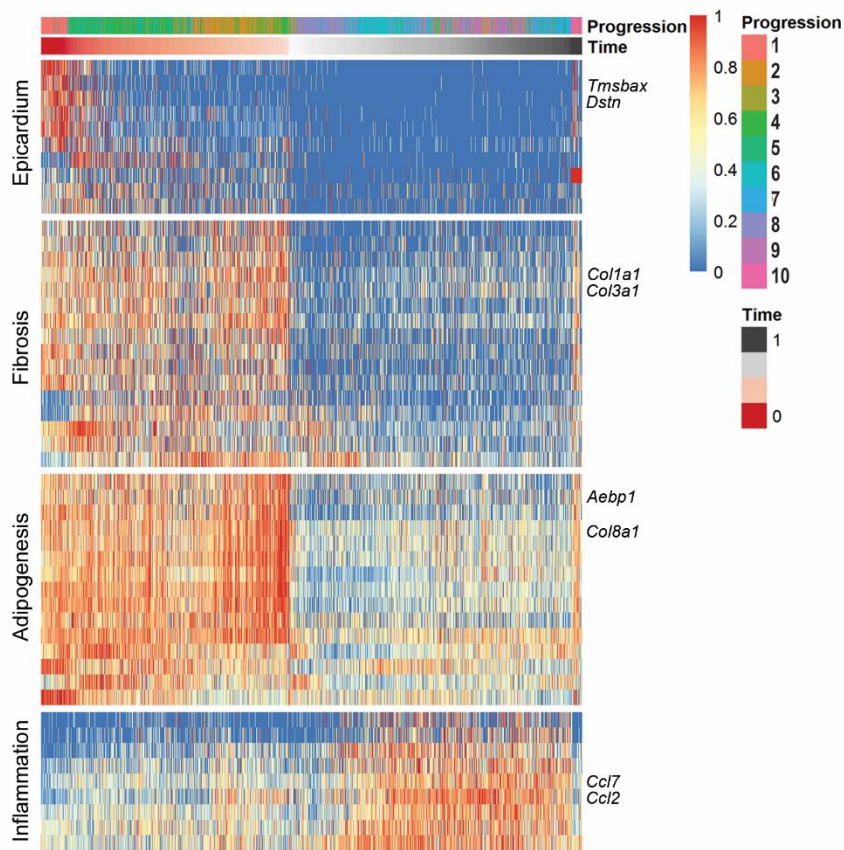
Supplementary Fig. 6



Supplementary Fig.6 Trajectory from healthy (Sham) to diseased (HF) rat atria aEPDCs.

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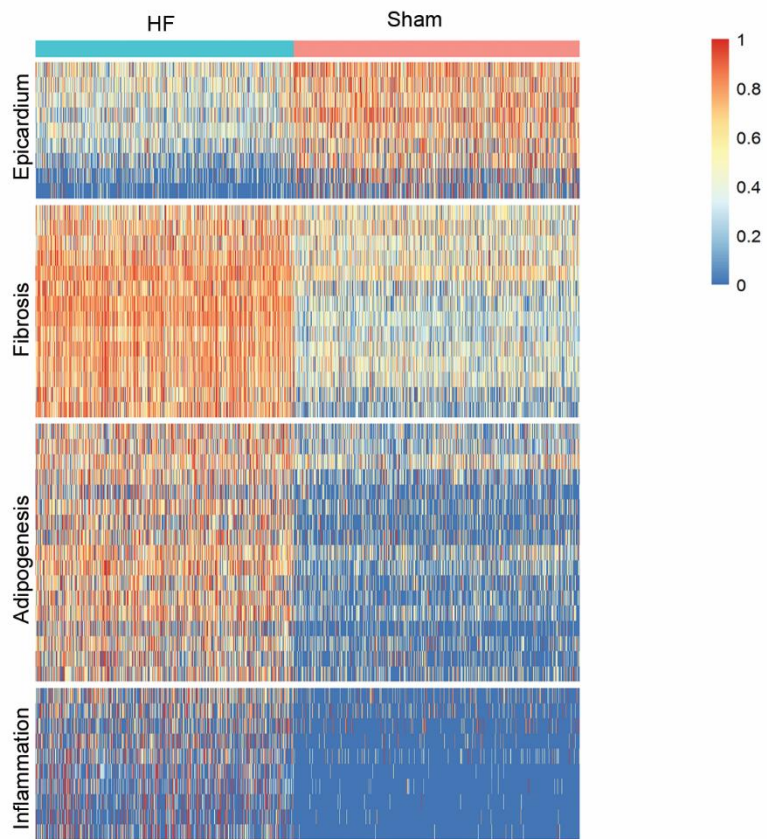
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Supplementary Fig. 7 Trajectory inference heat map of disease in both healthy (Sham) and disease (HF) rat aEPDCs. Data are analyzed with SCORPIUS logarithm.

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Supplementary Fig. 8 Heat map of adipogenic and fibrotic genes expression in both healthy and diseased (HF) rat atria aEPDCs. Data are analysed with SCORPIUS.

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1 Supplementary Table 1. Clinical parameters of patients

Clinical outcomes for	Histology	EPDCs	Secretome
Number of subjects, n	109	15	10
Age, y (mean \pm SD)	69 \pm 8.5	67 \pm 9	66 \pm 6
Sex, M/F	64/45	8/7	2/8
BMI, kg/m ² (mean \pm SD)	26 \pm 3	25.5 \pm 4.2	27.3 \pm 1.2
AF	31	4	3
LVEF <50%, n	84	2	2
Coronary bypass, n	41	7	6
VMR, n	20	8	4

2 BMI, body mass index; LVEF, left ventricular ejection fraction; AF, Atrial fibrillation;
 3 VMRMitral valve replacement

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7 Supplement Table 2. Taqman Human gene probes

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Gene	Assay ID
Colla1	HS00164004_m1
Col3a1	Hs00943809_m1
TGF β	HS00998133_m1
PDGFR α	HS01001343_g1
ACTA1	Hs05032285_s1
CTGF	Hs01026927_g1
FSP1	Hs00243202_m1
C/EBP α	Hs00269972_s1
PPAR γ	Hs01115513_m1
Perilipin	Hs00160173_m1
NPRA	Hs01099745_m1
AGTR1	Hs00258938_m1
AGTR2	Hs02621316_s1
GAPDH	Hs02758991_g1

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1 Supplementary Table 3. (a) Cell number per field in human atrial tissue

Cells, (n)	Mean \pm SEM	Percent (%)	<i>P value</i>
Dapi	306 \pm 120.9	100	-
WT1(+)	46 \pm 19.5	15 \pm 2	P<0.0001
PDGFR α (+)	44 \pm 12	10.3 \pm 2.1	P<0.0001
α SMA(+)	15 \pm 4.5	8.4 \pm 1.1	P<0.0001
PDGFR α (+)WT1(+)	25 \pm 11	8.4 \pm 0.4	P=0.0579
α SMA(+) WT1(+)	9 \pm 5	3.1 \pm 0.1	P=0.103

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12 (b) Cell number per field in rat atrial tissue

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Cells, (n) Mean \pm SEM	MI	Sham	<i>P value</i>
Dapi	804 \pm 237	580 \pm 205	P<0.05
WT1(+)	80 \pm 26	31 \pm 9	P<0.05
PDGFR α (+)	100 \pm 29	26 \pm 8	P<0.05
TCF21(+)	150 \pm 40	74 \pm 31	P=0.0714
Pref-1(+)	11 \pm 2	17 \pm 6	P=0.2460
PDGFR α (+)TCF21(+)	55 \pm 17	13 \pm 5	P<0.05
Pref-1(+) WT1(+)	11 \pm 2	15 \pm 6	P=0.5317

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Supplementary Table 4. Association of biological parameters with clinical outcomes

	Adipose tissue/ Epicardial Fibrosis		
	LVEF<50	LVEF>50	P value
age (ye)			
< 70	0.52	0.55	0.8289
≥ 70	2.53	0.59	0.0389
	VMR ⁻	VMR ⁺	P value
age (ye)			
< 70	0.48	0.75	0.595
≥ 70	0.84	0.33	0.0425
	Bypass ⁻	Bypass ⁺	P value
age (ye)			
< 70	0.96	0.47	0.323
≥ 70	0.44	0.96	0.219
	AF ⁻	AF ⁺	P value
age (ye)			
< 70	0.59	0.19	0.764
≥ 70	0.86	0.32	0.2119

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LVEF, left ventricular ejection fraction; AF, Atrial fibrillation; VMR, Mitral valve replacement; (ye), years