

1 **Class A GPCRs use the membrane potential to increase their sensitivity** 2 **and selectivity**

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25 **Abbreviations**

26 cAMP, 3'-5'-cyclic adenosine monophosphate; GPCR, G-protein coupled receptor, MR, microbial
27 rhodopsin, RMSD, root-mean-square deviation; TM, transmembrane, NR - Na-translocating microbial
28 rhodopsin, ChR2 - channelrhodopsin 2.

29

30 **Abstract**

31 The human genome contains about 700 genes of G protein-coupled receptors (GPCRs) of
32 class A; these seven-helical membrane proteins are the targets of almost half of all known
33 drugs. In the middle of the helix bundle, crystal structures revealed a highly conserved
34 sodium-binding site, which is connected with the extracellular side by a water-filled tunnel.
35 Sodium ions are observed in GPCRs crystallized in their inactive conformations, but not in
36 GPCRs that were trapped in agonist-bound active conformations. The escape route of the
37 sodium ion upon the inactive-to-active transition and its very direction, either into the
38 cytoplasm or back outside the cell, hitherto remained obscure. We modeled sodium-binding
39 GPCRs as electrogenic carriers of sodium ions. In this model the sodium gradient over the
40 cell membrane would increase the sensitivity of GPCRs if their activation is
41 thermodynamically coupled to the translocation of the sodium ion into the cytoplasm, while
42 decreasing it if the sodium ion retreats into the extracellular space upon receptor activation.
43 The model quantitatively describes the available data on both activation and suppression of
44 distinct GPCRs by membrane voltage. The model also predicts selective amplification of the
45 signal from (endogenous) agonists if only they, but not their (partial) analogs, could induce
46 sodium translocation. Comparative structure and sequence analyses of sodium-binding
47 GPCRs indicate a key role for the conserved leucine residue in the second transmembrane
48 helix (Leu2.46) in coupling sodium translocation to receptor activation. Hence, class A
49 GPCRs appear to utilize the energy of the transmembrane sodium potential to increase their
50 sensitivity and selectivity.

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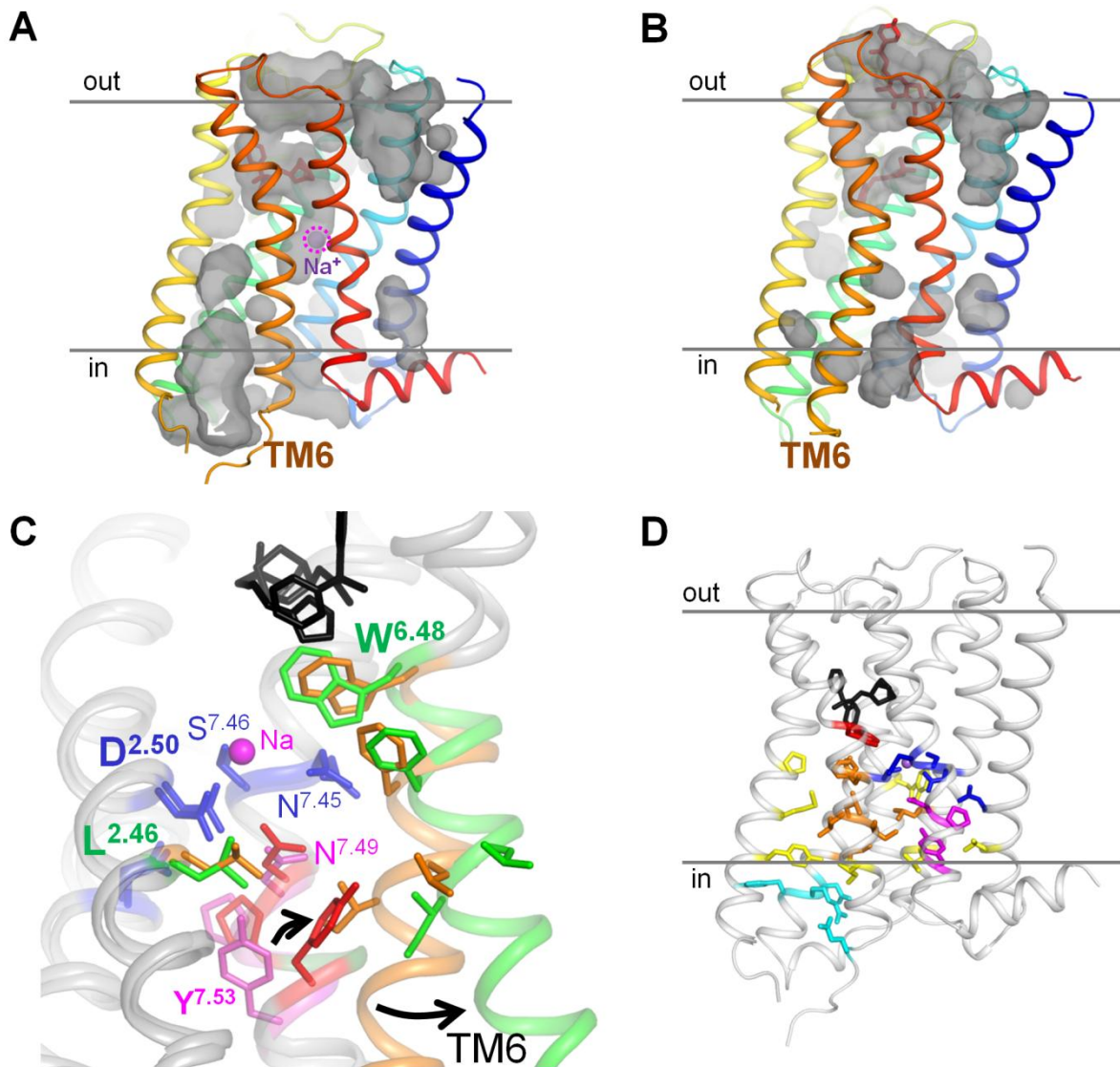
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53 Introduction

54 G-protein coupled receptors (GPCRs) are integral membrane proteins that consist of seven
55 transmembrane (TM) helices surrounding a relatively polar core [1-4] (Fig. 1A-C). In most
56 GPCRs, binding of the endogenous ligand (agonist) by the "inactive" form of protein causes a
57 conformational change of the helical bundle (Fig. 1). The activated GPCR interacts with a G
58 protein, which then triggers the intracellular signaling cascade. GPCRs are divided into
59 several classes: rhodopsin-like receptors (class A), secretin receptors (class B), glutamate
60 receptors (class C), fungal mating pheromone receptors (class D), cAMP receptors (class E),
61 and frizzled receptors (class F). Sequence and structure comparisons of GPCRs support the
62 notion that most, if not all, of them have a common evolutionary origin [5-7].

63 GPCRs are widespread among eukaryotes and are intensively studied for their ability to
64 regulate various cellular processes. Different classes of GPCRs are unevenly represented in
65 sequenced genomes from various eukaryotic lineages. In humans, class A GPCRs are the
66 largest protein family with about 700 genes, whereas all other classes of GPCRs together
67 have only about 150 representatives [6]. Human GPCRs serve as targets for about half of all
68 known drugs [1].

69 The recent avalanche of high-resolution X-ray structures of GPCRs in ligand-free, agonist-
70 bound, and antagonist-bound forms revealed many important features of their functioning [4,
71 8-16]. The major feature is that activation of GPCRs is associated with a large displacement
72 of the cytoplasmic half of helix 6. A conserved Trp residue in the middle of this helix
73 (Trp6.48 according to the Ballesteros–Weinstein numeration for class A GPCRs as modified
74 by Isberg et al. [17, 18], used hereafter) serves as the pivot of this motion, see Fig. 1C and [2,
75 9, 19-25]. Another feature uncovered by these structures was the presence of Na⁺ ions in the
76 vicinity of the ligand-binding sites in several class A GPCRs [12, 15, 16, 26-28]. The Na⁺
77 binding site is connected to the extracellular side through a clearly visible tunnel, but
78 separated from the cytoplasmic side by a cluster of hydrophobic residues (Fig. 1A, B and [25,
79 26]). Analysis of the crystal structures of GPCRs in the active state (bound with agonists)
80 shows that the Na⁺-binding pocket collapses from ~200 to 70 Å³ due to the movements of
81 TM helices upon activation [26]. There is no space for the Na⁺ ion in the active state,
82 suggesting that it leaves the receptor upon activation [12].



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84

85 **Fig. 1. Active and inactive conformations of GPCRs.** **A, B,** conformations of the muscarinic
86 acetylcholine receptor M₂ in the inactive state (A, PDB 3UON [14]) and active state (B, PDB
87 4MQT [13]) with cavities shown; the lines indicate the boundaries of the membrane hydrophobic
88 layer as taken from OPM database [29], “out” indicates the extracellular side, “in” indicates the
89 cytoplasmic side. **C.** Superposition of the structures of M₂ receptor in the inactive state (the first layer
90 of hydrophobic residues around the Na⁺-binding site colored ochre and residues of the NPxxY motif
91 colored magenta) and in the active state (the first layer of hydrophobic residues around the Na⁺-
92 binding site colored green and residues of the NPxxY motif colored red). The protein is shown as a
93 gray cartoon, the agonist LY2119620 and antagonist 3-quinuclidinyl-benzilate are in black, Na⁺-
94 coordinating residues are colored dark blue. **D,** Overall location of the conserved motifs and
95 hydrophobic residue clusters in GPCRs, shown on the structure of M₂ receptor in the inactive state
96 (PDB 3UON). The Trp6.48 residue is colored red, the second layer of hydrophobic residues is colored
97 yellow, the residues of the DRY motif and the ionic lock are in light blue. Otherwise the color code as
98 on panel C.

99 The Na⁺ binding residues are highly conserved among class A GPCRs [26, 28], indicating
100 that the Na⁺ ion must be functionally important. Indeed, replacement of the key Na⁺-binding
101 Asp2.50 residue in helix 2 (see Fig. 1) facilitates binding of agonists by increasing the
102 association constants by 2-3 orders of magnitude in many, albeit not all, cases [26, 28, 30-
103 32]. In many cases, Na⁺ depletion increased the basal activity of the respective receptor in the
104 absence of an agonist, suggesting that the Na⁺ ion stabilizes the inactive state of the receptor
105 [26, 30, 32, 33]. This interpretation is consistent with the structural data that show that the
106 Na⁺ ion is not observed in GPCRs in an active conformation [13, 26, 28, 34, 35].

107 Several years ago, Katritch and colleagues made a seminal suggestion that the Na⁺ ion does
108 not return into the extracellular medium but instead gets released into the cytoplasm upon
109 GPCR activation [26]. The suggested mechanism, however, would require a transient
110 opening of a conduit for the Na⁺ ion. Although the available structures of activated, Na⁺-
111 lacking GPCRs [13, 34, 35] show no such a conduit, several computer simulations indicated a
112 possibility of a transient water-filled channel connecting the Na⁺-binding site with the
113 cytoplasm [24, 36, 37]. The proposed ability for the Na⁺ ion to traverse the GPCR molecule
114 is also supported by the structural similarity between GPCRs and Na⁺-translocating bacterial
115 rhodopsins (Fig. S1), which suggests their common origin [7] and a common ability to
116 translocate the Na⁺ ion.

117 Since the cytoplasm is negatively charged relatively to the extracellular medium, transfer of
118 the Na⁺ cation into the cell could give an energy boost for the GPCR activation [26].
119 Depolarization of the membrane would thus prevent the GPCR activation. This kind of
120 behavior has been, indeed, observed with many GPCRs. Still, some GPCRs, by contrast,
121 were activated by depolarization, whereas some others were insensitive to it; see [38, 39] for
122 reviews. Hence, the relation between the transmembrane gradient of sodium ions and GPCR
123 activation deserves further clarification.

124 Unfortunately, the anticipated translocation of only one Na⁺ ion per activation event
125 translates into a very weak electric current, which hampers the experimental tracking of this
126 process. In the absence of direct experimental data on the Na⁺ ion translocation, we have
127 addressed it through modeling and comparative structural analyses.

128 Building on their similarity with Na⁺-translocating microbial rhodopsins, we modeled class A
129 GPCRs as facultative sodium carriers. The model implies that the bound Na⁺ ion, upon
130 activation, can either slip in into the cytoplasm via a transiently opened passage (the carrier-

131 on mode) or return to the extracellular side (the carrier-off mode). Just by varying the
132 dissociation constants for the agonist and the sodium ion, our model quantitatively describes
133 the available data on both activation and suppression of GPCRs by membrane voltage. In
134 addition, by combining evolutionary analyses with structural comparisons of GPCRs, we
135 have identified the strictly conserved leucine residue in the second transmembrane helix
136 (Leu2.46 in class A GPCRs) as the key player in coupling sodium translocation to receptor
137 activation.

138 In summary, this study proposes a mechanism that links GPCR activation, via Na^+
139 translocation, with the energy of membrane potential thereby offering an explanation for the
140 high sensitivity and selectivity of class A GPCRs.

141

142 **Results**

143 **1. Modeling Na^+ translocation in GPCRs**

144 We developed a model of GPCR activation that is analogous to earlier approaches to
145 modeling energy-converting enzymes [40] and GPCRs [41-44] but takes into account the
146 possibility of electrogenic translocation of a single Na^+ ion by a GPCR concomitantly with its
147 activation.

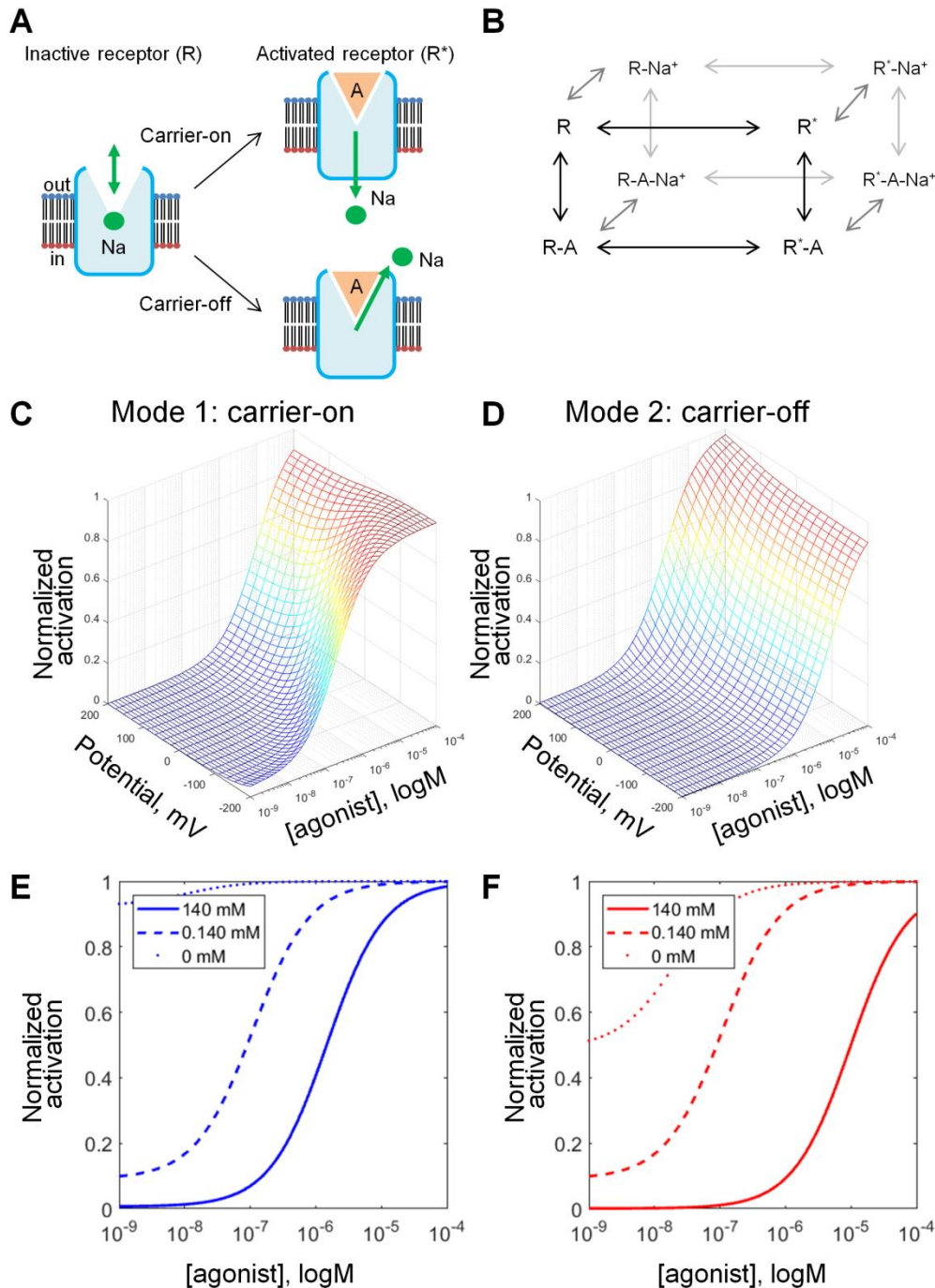
148 The model considers a GPCR ensemble large enough for thermodynamic modeling. Each
149 receptor exists in a steady state balance between its active and inactive states; agonists shift
150 the distribution towards the active state, whereas Na^+ binding stabilizes the inactive state
151 (Fig. 2A). Both the inactive and active states were shown to exist as series of fast exchanging
152 conformation sub-states [2, 45-47]; for simplicity, we do not consider these sub-states in the
153 model. Also for simplicity it is just assumed that an activated GPCR triggers the signaling
154 cascade; the interaction of the active state with any other component (G-protein or arrestin) is
155 not modeled. The model includes three binary transitions: (i) activation of the receptor, (ii)
156 binding of the Na^+ ion, and (iii) binding of a signaling molecule (e.g. an agonist). These three
157 transitions can be presented as a cubic graph with 8 separate states (Fig. 2B). Each of the
158 transitions is determined by its equilibrium constant: the receptor activation constant L, the
159 Na^+ association constant M, and the agonist association constant N (Table 1).

160 As shown in Fig. 2A, a GPCR has two operation modes: in the carrier-on mode (mode 1), the
161 Na^+ -binding site can communicate with the cytoplasm, whereas in the carrier-off mode

162 (mode 2), the Na⁺-binding site communicates only with the extracellular side. If the receptor
163 operates in the carrier-off mode, all its eight states are in a thermodynamic equilibrium, and
164 we can apply to them the principle of detailed balance (the forward and backward rates of
165 transitions match each other). If the GPCR can translocate a Na⁺ ion across the membrane
166 (carrier-on mode), then, under conditions of a nonzero transmembrane electrochemical
167 sodium potential difference (sodium gradient), the slowest transitions in Fig. 2B are not in
168 equilibrium (the forward and backward rates of these transitions do not match each other).

169 Our model assumes that the rate-limiting step is the slow "activating" conformational
170 transition from the R state to the final R* state [44]. The ligand binding to the initial
171 encounter state R, binding/release of the Na⁺ ion, and conformational transitions within
172 inactive and active states are considered rapid as compared to the R to R* transition, which
173 appears to be coupled with the pivotal movement of helix 6 in most class A GPCRs [2, 9, 19-
174 25]. In the case of opsin, the pivotal movement occurred slower than at 10⁻⁴ s with the
175 activation energy as high as 60 kJ/mol [20, 48]. The slowness of the transition was also
176 confirmed by NMR data [22, 46]. The assumption of the slow activating transition is in
177 agreement with both the induced-fit model [43, 44, 47] and the conformational selection
178 model [46]; these two models appear to describe the operation of most GPCRs. Then, at
179 equilibrium, receptor activation is determined by the changes in the free energy of particular
180 states and can be described using the principle of detailed balance, according to which each
181 elementary process should be equilibrated by its reverse process at equilibrium. Since
182 activation of the receptor is much slower than any other transitions in the model, the detailed
183 balance principle can be applied separately to all inactive and all active receptor states (the
184 left-hand and right-hand sides of the cubic diagram in Fig. 2B, respectively).

185



186

187 **Figure 2. Kinetic models describing the behavior of the Na⁺ ion upon GPCR activation.**

188 **A.** Schematic representation of GPCR activation in carrier-on and carrier-off modes. In both modes,
189 the binding of a Na⁺ ion by a GPCR is much more likely in the inactive state than in the active state.
190 When activation of the receptor is triggered by the agonist binding, Na⁺ leaves its binding site. In
191 mode 1 (carrier-on), Na⁺ escapes to the cytoplasm, thus penetrating the membrane. In mode 2 (carrier-
192 off), Na⁺ escapes back into the extracellular space. **B.** General scheme of the model that describes the
193 effect of the agonist and Na⁺ as allosteric modulators on the distribution of the receptor between the
194 active (R*) and inactive (R) states. **C, D.** Effect of the membrane potential on the concentration-
195 response curves of GPCR activation as calculated for the mode 1 (carrier-on) (C) and mode 2 (carrier-
196 off) (D). The curves were plotted with constant allosteric coefficients ($\alpha, \beta, \gamma, \delta$) from Table 1, $M=10^5$,
197 $N=10^5$, and $\theta=0.65$; **E, F,** Effect of $[Na^+]_{out}$ on the concentration-response curves of GPCR activation,
198 membrane voltage was set to -90 mV, other parameters as in Table 1.

199 In the absence of a ligand, the fraction of receptors in the R^* state is determined by the
200 equilibrium constant L . Generally, L should be about 1, otherwise the receptor will be
201 blocked in one of the two states. The exact value of L , however, is unknown; its
202 determination requires experimental data on the distribution of active and inactive states in
203 the absence of both Na^+ ions and ligands, which are difficult to obtain. In this study, we set
204 the value $L=1$. This value was chosen to produce very little activity at low concentrations of
205 the agonist in the presence of Na^+ ions, but also to exhibit some activity in their absence,
206 since this would most closely mimic the behavior of experimental systems [26, 27, 30, 32,
207 33]. Specifically, β_2 -adrenergic receptors were biased towards inactive conformation both
208 when studied by ^{19}F -NMR and double electron-electron resonance spectroscopy (detergent-
209 stabilized samples, 100 mM NaCl) [2] and by single-molecule monitoring of fluorescent
210 probes (nanodisc-embedded receptors, 150 mM NaCl) [45].

211 The initial values of the agonist and sodium association constants were set to $N=10^7 \text{ M}^{-1}$ and
212 $M=10^3 \text{ M}^{-1}$, respectively, in accordance with the physiologically relevant agonist and sodium
213 concentrations, see [27, 49, 50].

214 The allosteric coefficients α , β , γ , and δ describe the extent of coupling between the
215 transitions, i.e. their interdependence, see Table 1. The coefficient α reflects the effect of Na^+
216 ion binding on the receptor activation. Based on experimental evidence, Na^+ ions inhibit
217 receptor activation [26, 28, 30-32], thus this coefficient should be $\ll 1$. The coefficient β
218 reflects the effect of agonist binding on the activation of the receptor. As agonist binding
219 stimulates receptor activation, this value was expected to be $\gg 1$. The coefficient γ reflects
220 the effect of agonist binding on the Na^+ ion binding. Available crystal structures of GPCR
221 with Na^+ ion bound usually do not contain an agonist molecule, whereas the structures of the
222 same proteins with agonist bound have no space for a Na^+ ion [26]; therefore, the value of γ
223 was expected to be $\ll 1$. The triple allosteric interaction coefficient δ reflects the coupling
224 between all three processes. Probabilities of individual states are also affected by Na^+
225 concentrations, which were set at physiological values of $[\text{Na}]_{\text{out}}= 140 \text{ mM}$ and $[\text{Na}]_{\text{in}}=10$
226 mM (Table 1). Further details of the model and its solution are described in **Methods**.

227

228 **Table 1. Initial parameters of the model**

Parameter	Value	Description ^a
M	10^3 M^{-1}	Association constant of the sodium ion (initial value)
N	10^7 M^{-1}	Association constant of the agonist (initial value)
L	1	Receptor activation constant
α	10^{-3}	Intrinsic efficacy of sodium: ratio of affinity of sodium for R* and R
β	10^3	Intrinsic efficacy of the agonist: ratio of affinity of the agonist for R* and R
γ	10^{-2}	Binding cooperativity between the sodium ion and the agonist: ratio of affinity of A for R-Na and R, or of Na for R-A and R
δ	10^2	Activation cooperativity between the sodium ion and the agonist: ratio of affinity of A for R*-Na and R-Na, or of Na for R*-A and R-A
Na^+_{out}	140 mM	$[\text{Na}^+]$ in the extracellular medium
Na^+_{in}	10 mM	$[\text{Na}^+]$ in the cell cytoplasm

229

230 ^a The names of parameters are taken from ref. [42].

231

232 Fig. S2 shows how the shape of activation curves varies with variation of parameters α , β , γ ,
 233 and δ in the carrier-on mode. These concentration - response curves report the sensitivity of
 234 the receptor: they show how much agonist is needed to activate the receptor. Fig. S2 shows
 235 that increasing the value of δ , which characterizes the coupling between the (i) binding of
 236 agonist, (ii) release of the Na^+ ion into the cytoplasm and (iii) activation of the receptor,
 237 increases the sensitivity of the receptor (less agonist is needed for activation, see Fig. S2D).

238 Based on comparison of the fit curves (Fig. S2) with experimentally measured typical
 239 activation curves for several GPCRs, we set the initial values of α , β , and γ to 1000, 0.001,
 240 and 0.01, respectively (Table 1). Then the product $\alpha\beta\gamma$ equals 0.01, which means that the
 241 concurrent binding of the Na^+ ion and agonist shifts the receptor into the inactive state. Such
 242 an inactivation could be avoided by setting δ , the triple allosteric interaction coefficient that
 243 reflects the coupling between all three processes, at $\gg 1$. The value of δ was initially set to
 244 100, so that the product of multiplication of all coefficients was 1, see Methods for details.

245 Because of the charge of the Na^+ ion, the probabilities of states in Fig. 2B would also be
 246 affected by membrane voltage. Since cell cytoplasm is charged negatively relative to the
 247 extracellular medium, membrane voltage pushes the Na^+ ion from the extracellular side to the
 248 cytoplasmic side of the membrane. Hence, membrane voltage favors the translocation of the
 249 Na^+ ion (i) from the outside into the Na^+ -binding site and (ii) from the Na^+ -binding site into
 250 the cytoplasm. In contrast, the retreat of the Na^+ ion to the extracellular site would be

251 hampered by membrane voltage. The energy gap imposed by membrane voltage can be then
252 defined as:

$$253 \quad F_1 = e^{\theta \cdot e \cdot \Delta\psi / k_B T} \quad (1).$$

254 where $\Delta\psi$ is the membrane voltage, e is the cation charge, and the coefficient θ reflects the
255 depth of the Na^+ -binding site in the membrane, with $\theta = 0$ corresponding to the Na^+ ion on
256 the extracellular side of the membrane and $\theta = 1$ corresponding to the Na^+ ion on the
257 cytoplasmic side of the membrane.

258 Based on the actual position of the Na^+ ion in available crystal structures (Fig. 1) and
259 assuming a symmetrical distribution of dielectric permittivity value along the transmembrane
260 axis, we have set $\theta=0.65$ for the Na^+ -binding site in class A GPCRs.

261 Hence, in the inactive conformation, the membrane voltage promotes Na^+ binding from the
262 extracellular medium by pushing the cation inside the membrane with the force F_1 (see Eq.
263 1). In the carrier-on mode, membrane voltage could push the Na^+ ion from its binding site in
264 the middle of the membrane into the cytoplasm with the force of

$$265 \quad F_2 = e^{(\theta-1) \cdot e \cdot \Delta\psi / k_B T} \quad (2).$$

266 As shown in Fig. 2C and 2B, the same initial parameters from Table 1 yield different
267 activation curves and different dependence on the membrane voltage depending on the
268 operation mode. In the carrier-on mode, the receptor displays the highest sensitivity at the
269 membrane voltage of -200 mV, while neutral and positive voltage values lead to weaker
270 activation, with more agonist required to reach the same activation level. In the carrier-off
271 mode, the dependence of activation on the membrane voltage is opposite: the receptor is
272 more efficient at positive voltage values; here the difference in activation curves at different
273 voltage values is much less pronounced than in the carrier-on mode.

274 The curves in Fig. 2C, D and Fig. S2 were calculated at fixed physiological concentrations of
275 Na^+ ions in the external medium and in the cytoplasm (Table 1). In Fig. 2, panels E and F
276 show the activation curves as a function of external Na^+ concentration. Decreasing the Na^+
277 levels increases both the sensitivity of the receptor and the probability of receptor activation
278 in the absence of agonists, in agreement with experimental observations [26, 28, 30-32].

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281 **Comparison with experimental data**

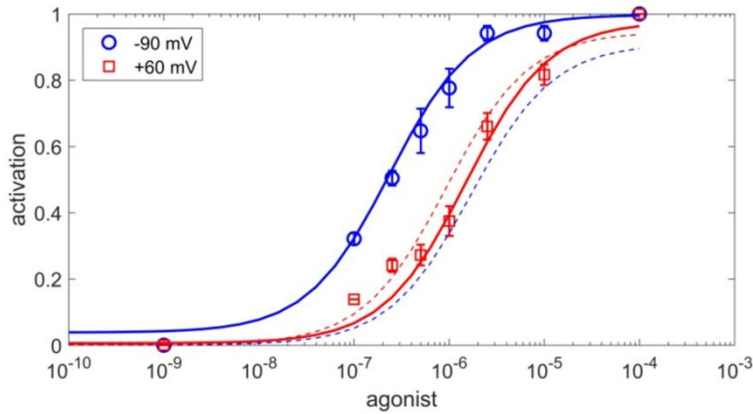
282 Several studies have reported voltage-dependent signaling in different GPCRs, see Table S1
283 and [38, 39] for reviews. The membrane voltage of physiological sidedness (with cytoplasmic
284 side negatively charged) usually activated GPCRs, although in some cases, e.g. in the
285 muscarinic acetylcholine receptor M_1 , membrane voltage decreased the activity of the
286 receptor [49, 51, 52]. In early studies of voltage-dependent behavior of GPCRs, their
287 activation was followed via downstream reactions, e.g. by measuring the conductance of the
288 GPCR-regulated ion channels [38, 39]. However, the potential voltage-dependence of the
289 channels themselves could make the data interpretation ambiguous. Therefore we limited our
290 scope to the data on voltage dependence of GPCR activation as obtained by using FRET-
291 based biosensors that responded to the outward movement of the transmembrane helix 6
292 which is directly linked to receptor activation [34, 49, 50]. Using this technique, Rinne and
293 colleagues showed that membrane voltage increased the sensitivity of the α_{2A} adrenoreceptor
294 to norepinephrine [50]. In addition, membrane voltage increased the sensitivity of muscarinic
295 acetylcholine receptors M_3 and M_5 to their full agonists acetylcholine and carbachol, but
296 decreased the sensitivity to the same full agonists in the case of the muscarinic acetylcholine
297 receptor M_1 [49].

298 We tested whether our model could describe the data of Rinne and colleagues [49, 50]. To
299 perform the fitting, experimental data points were extracted from respective publications. In
300 each case, fits were separately performed for the carrier-on and carrier-off modes,
301 respectively (Fig. 2). For each mode, two sets of data points (as measured at two voltage
302 values, e.g. -90 and +60 mV) were fitted. The two fit curves were calculated with the same
303 parameter sets (see Table 1), with the only difference being the voltage values that were taken
304 from respective experimental data. Both curves were fitted simultaneously by varying only
305 two parameters, namely the Na^+ binding constant M and agonist binding constant N , which
306 were kept the same for both voltage values in each case. All other parameters were as in
307 Table 1. In addition, we performed separate fits with $\beta=100$, see Table 2.

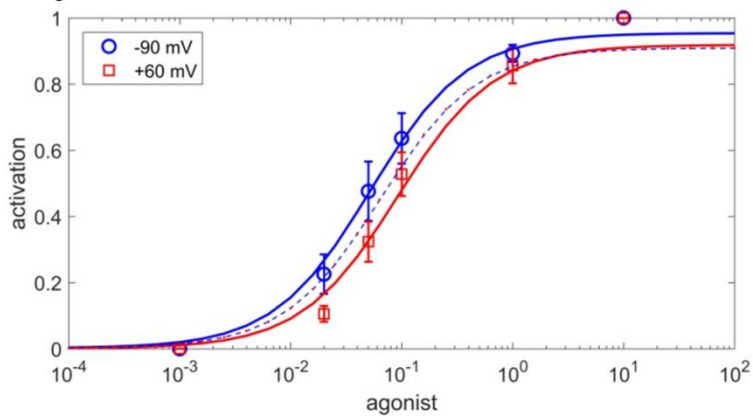
308 The fit curves are shown in Fig. 3 and the fit parameters are listed in Table 2. In each case,
309 one of the two tested modes provided a good fit. In cases when the membrane voltage
310 increased the sensitivity of the receptor, the experimental data could be fit by the model in
311 carrier-on mode. For the data in Fig. 3C, where the sensitivity was decreased by membrane
312 voltage, the carrier-off mode provided a good fit. Varying the θ value, which was initially
313 determined from structure analysis, did not lead to notable fit improvements (data not

314 shown). It is noteworthy that the agonist association constants in Table 2 correspond to the
315 so-called intrinsic association constants (K_a), which could be much smaller than the
316 observable association constants (K_{obs}), see [44, 53].

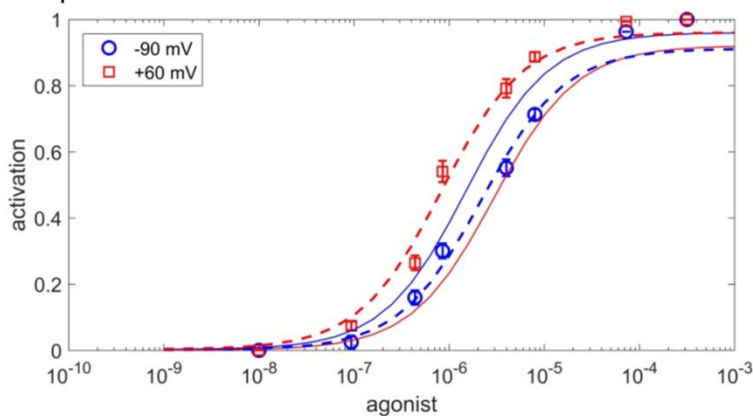
A. α_{2A} AR with norepinephrine



B. M_3 R with carbachol



C. M_1 R with carbachol



317
318 **Figure 3. Fitting experimental data of voltage-sensitive GPCR activation.**
319 The fits for the carrier-on mode 1 are shown by solid lines, the fits for the carrier-off mode 2 are
320 shown by dashed lines. **A.** α_{2A} adrenoceptor activation by full endogenous agonist norepinephrine,
321 experimental data from [50]. **B.** Muscarinic M_3 receptor activation by full agonist carbachol
322 experimental data from [49]. **C.** Muscarinic M_1 receptor activation by full agonist carbachol,
323 experimental data from [49].

324 **Table 2. Sodium ion and agonist binding constants as obtained from fitting experimental data**

Receptor – agonist pairing	Mode	$\beta=1000$		$\beta=100$	
		Na ⁺ association constant, M ⁻¹	Agonist association constant, M ⁻¹	Na ⁺ association constant, M ⁻¹	Agonist association constant, M ⁻¹
α_{2A} -AR with norepinephrine	1, carrier-on	$2.4 \cdot 10^4$	$2.6 \cdot 10^5$	$8.7 \cdot 10^3$	$1.1 \cdot 10^6$
M ₃ muscarinic receptor with carbachol	1, carrier-on	$3.5 \cdot 10^5$	8.4	$3.1 \cdot 10^5$	87.9
M ₁ muscarinic receptor with carbachol	2, carrier-off	$2.1 \cdot 10^7$	$6.4 \cdot 10^5$	$2.2 \cdot 10^5$	$2.6 \cdot 10^6$

325

326 By using essentially the same set of parameters from Table 1 and varying only the values M
 327 and N, it was possible to quantitatively fit also the previously obtained experimental data on
 328 the influence of membrane voltage on the activation of GPCRs as traced via downstream
 329 reactions (Table S1). An example of such a fit is presented in Fig. S3.

330 Our modeling of experimental data speaks against the obligatory coupling between the
 331 activation of a GPCR and transmembrane translocation of a Na⁺ ion into the cytoplasm. It
 332 appears that in some GPCRs, the Na⁺ ion can retract, upon activation, into the extracellular
 333 medium. In most studied cases, however, the experimental data are better described by the
 334 carrier-on operation mode where binding of an agonist is mechanistically coupled to the
 335 voltage-driven translocation of the Na⁺ ion into the cytoplasm.

336 **Discussion**

337 **1. Modeling the behavior of GPCRs**

338 Here, staying in the traditional bioenergetics framework, we considered Na⁺-dependent
 339 GPCRs as potential electrogenic Na⁺ carriers. The ability of GPCRs to provide a passage for
 340 a Na⁺ ion follows from (i) the results of molecular dynamics simulations [24, 36, 37], (i) the
 341 evolutionary relatedness of GPCRs to, and structural similarity with, such dedicated
 342 transporters as Na⁺-dependent bacterial rhodopsin (NR) and channelrhodopsin [7], see the
 343 discussion below and Fig. S1, S5; and (iii) the data on voltage-driven charge displacements
 344 within GPCRs [52, 54]. Vichery and colleagues argued that the so-called "gating currents" or
 345 "sensory currents", measured in response to imposed membrane voltage with some GPCRs
 346 [52, 54], may reflect the movement of a Na⁺ ion from its binding site into the cytoplasm [39].

347 To clarify the benefits from Na⁺ translocation, let us consider the thermodynamics of a
 348 membrane receptor. An "ultimately sensitive" receptor should stay inactive in the absence of

349 agonists and get activated (e.g. by changing its conformation from R to R*) in response to the
350 very first arriving molecule(s) of agonist. In such a system, the free energy needed to drive
351 the conformational change is provided by the binding of agonist; the amount of this free
352 energy is, however, small when the concentration of agonist is comparable with its
353 dissociation constant. Indeed, the free energy of binding can be determined as

$$\Delta G = RT \ln \frac{Kd}{[L]}$$

354 where Kd is the dissociation constant of the ligand (e.g. agonist) and $[L]$ is the concentration
355 of the ligand. Then, if the dissociation constant of an agonist is 10^{-7} M, the free energy of its
356 binding will be zero at 10^{-7} M of agonist and only -6 kJ/mol at 10^{-6} M of agonist. With such a
357 small energy input, the activation would be possible only if the equilibrium constant between
358 R and R* is small (i.e. close to unity, as in our modeling). Then, however, because the energy
359 of thermal fluctuations is 2.5 kJ/mol (one kT) at room temperature, 10% of receptors would
360 stay constantly activated even in the absence of agonist and produce spurious noisy signal.

361 Selective stabilization of receptors in their inactive state by Na^+ ions, which are abundant
362 outside the cell, would help to silence the intrinsically noisy GPCRs in the absence of agonist
363 molecules. However, such a noise reduction, at the same time, would decrease the sensitivity
364 of GPCRs. To activate a Na^+ -blocked receptor, proportionally higher levels of agonists would
365 be needed. This conundrum can be solved only by invoking an external source of free energy
366 and coupling it to the receptor activation. The data on voltage dependence of some GPCRs in
367 Fig. 3A,B and S3 indicate that these GPCRs use the energy of transmembrane electric field to
368 increase their sensitivity. At physiological membrane voltage of about -100 mV, the strength
369 of the electric field that pushes the Na^+ ion across the membrane is approx. 10^7 V/m. The
370 energy of this field could be, however, used only if the receptor activation is mechanistically
371 coupled to the displacement of the ion.

372 How much free energy could be gained this way *in vivo*? In experiments where the voltage
373 was varied by 150 mV (between -90 mV and 60 mV, see Fig. 3, S3), only the membrane
374 voltage, but not the Na^+ concentrations, were varied. *In vivo*, the movement of the Na^+ ion
375 would be driven both by the voltage on the cellular membrane $\Delta\psi$ (~ -100 mV) and
376 concentration difference of Na^+ (140 mM outside *versus* < 10 mM inside). By analogy with
377 the proton-motive force introduced by Mitchell for describing the proton-motive energy
378 conversion [55], the corresponding sodium-motive force (*smf*), in the case of Na^+ -
379 translocating membrane enzymes, could be defined as

380

$$381 \quad smf = -\Delta\psi + \frac{2.3RT}{F} \lg \frac{[Na^+]_{out}}{[Na^+]_{in}} = -\Delta\psi + \frac{2.3RT}{F} \Delta pNa,$$

382

383 where $2.3RT/F$ is 59.1 mV at 298°K [56].

384 In case of GPCRs, the value of smf would depend on the extent of the coupled
385 transmembrane charge transfer. After the escape of the Na^+ ion into the cytoplasm, the
386 Asp2.50 residue is unlikely to stay deprotonated and negatively charged in the middle of the
387 membrane, it would rather accept a proton from the external medium [37]. The corresponding
388 displacement of a proton would be driven by membrane voltage; it, however, could be either
389 coupled to the activation of the receptor or not. If proton displacement uncoupled (e.g.
390 because protonation of Asp2.50 is slow and happens after the activation of the GPCR), the
391 amount of free energy derived from the Na^+ translocation could be estimated as ($\sim -\Delta\psi(1 -$
392 $\theta) + \frac{2.3RT}{F} \Delta pNa$) or ~ 120 meV. As it follows from Fig. 2C, the smf of 120 meV, at $\delta \gg 1.0$,
393 would increase the receptor sensitivity up to an order of magnitude. If the reprotonation of
394 Asp2.50 is coupled to the activation, as argued by Vickery and colleagues [37], the respective
395 smf of ~ 170 mV ($\sim -\Delta\psi + \frac{2.3RT}{F} \Delta pNa$) could increase the sensitivity by almost two orders of
396 magnitude (see Fig. 2C). Furthermore, reprotonation of Asp2.50 could be productive in some
397 GPCRs and futile in other GPCRs contributing to the variations of voltage effects, as
398 reviewed in [37, 39].

399 Our modeling of experimental data (Fig. 3 and S3) supports the idea that Na^+ -translocating
400 GPCRs, when operating in the carrier-on mode, could use the energy of the transmembrane
401 electric field to amplify the signal. Devices that use the energy of external electric field to
402 amplify a weak signal are called field effect transistors.

403 Additionally, the same electric field, by preventing the escape of the bound Na^+ ion to the
404 extracellular side and stabilizing the inactive conformation, would decrease the noise in the
405 absence of agonist. Hence, Na^+ -dependent GPCRs can work as electrochemical field effect
406 transistors in which the electric field is additionally used to suppress the noise.

407 There are even more benefits from coupling translocation of the Na^+ ion with receptor
408 activation. Since the equilibrium constant between the active and inactive states of GPCRs is
409 low (Table 1), the equilibrium, in principle, could be shifted towards the active state in
410 multiple ways in response to binding of various ligands to different patches in the ligand-
411 binding pocket. The above-described amplification mechanism, however, would be involved

412 only when the binding of an agonist molecule would prevent the retreat of the Na⁺ ion into
413 the extracellular media upon activation [26]. The Na⁺ binding site is connected with the
414 extracellular space by a polar cavity (Fig. 1A, B), so that the retreat of a Na⁺ ion through this
415 cavity upon activation is mechanistically easier than its corkscrewing in the opposite
416 direction through the layer of hydrophobic residues - unless the agonist binds in such a
417 specific way that the retreat of the Na⁺ ion is blocked and it is forced to escape in the opposite
418 direction. Apparently, only some specific modes of agonist binding would prevent the retreat
419 of the Na⁺ ion and thus enable the coupling between its electrogenic translocation into the
420 cell and the receptor activation. The signal of such agonist molecules would be amplified by
421 electric field (carrier-on mode), whereas the signal of other, e.g. partial agonists would be
422 weakened by the field (carrier-off mode), which would dramatically increase the chemical
423 selectivity of the receptor.

424 It could be anticipated that the endogenous agonists of studied GPCRs should be among those
425 effectors whose signals are amplified by membrane voltage. Indeed, in the muscarinic
426 acetylcholine receptor M₂, the membrane voltage potentiated the signal from the endogenous
427 full agonist acetylcholine, but decreased the signal from the drug pilocarpine, a partial
428 agonist, see Table S1, Fig. S3 and [57, 58]. Additionally, the voltage sensitivity of the M₂
429 receptor was shown to be altered by mutations in the orthosteric ligand-binding site,
430 indicating a direct connection between the agonist binding and voltage effects [57].

431 In the case of the muscarinic acetylcholine receptor M₃, the membrane voltage increased the
432 sensitivity to full agonists acetylcholine (endogenous) and carbachol (artificial), but
433 decreased the sensitivity to choline or pilocarpine, see Table S1, Fig. 3B and [49]. In support
434 of their suggestion that voltage-sensitivity is defined by the specific binding mode of each
435 signaling molecule to the receptor, Rinne and coworkers have shown that the replacement of
436 Asn6.52 in the M₃ receptor by Gln reversed the voltage effect in case of the artificial agonist
437 carbachol but did not affect the behavior of the endogenous agonist acetylcholine [49]. The
438 authors concluded that their data buttress the importance of the 6th helix for the mechanics of
439 acetylcholine receptors.

440 Similarly, membrane voltage increased the sensitivity of dopamine D_{2S} receptor to its native
441 agonist dopamine, but decreased the sensitivity to β-phenethylamine, *p*- and *m*-tyramine, see
442 Table S1 and [59-61].

443 By contrast, activation of the muscarinic acetylcholine receptor M_1 both by endogenous
444 agonist acetylcholine and artificial agonist carbachol was depressed by membrane voltage,
445 see Fig. 3C and Table S1. This behavior could be better described by the carrier-off mode,
446 where the Na^+ ion retreats into the extracellular medium upon activation. It appears that the
447 M_1 receptor does not translocate Na^+ even in the presence of its endogenous agonist, which
448 may have sense if the activity of this receptor is suppressed by membrane voltage.

449 Finally, Table S1 also reports several cases where receptors were insensitive to membrane
450 voltage. Mechanistically, this could happen if the displacement of the Na^+ ion - in either
451 direction - is uncoupled from the activation ($\delta \ll 1.0$). For instance, Na^+ ion could retreat
452 before the major conformational change/activation occurs.

453 In summary, the suggested model allowed us to qualitatively describe the data on voltage
454 dependence of several Na^+ -dependent GPCRs by using the same set of fixed parameters for
455 receptor activation and by varying only the affinities to the agonist and the Na^+ ion. It appears
456 that the translocation of a Na^+ ion across the membrane and into the cytoplasm concomitantly
457 with the receptor activation increases both the sensitivity and selectivity of GPCRs.

458

459 *2. Structural elements of the coupling mechanism*

460 Here we argue that the Na^+ ion serves as the physical moiety that couples the GPCR with the
461 external electrochemical gradient by pushing, as a cannon ball, through the layer of
462 hydrophobic residues and promoting the conformational change in the receptor. To identify
463 the structural aspects of the coupling mechanism, we superposed crystal structures of the
464 muscarinic acetylcholine receptor M_2 in its inactive state (PDB entry 3UON [14]) and in the
465 active state (PDB: 4MQT [13]), see Fig. 1C. This pair of structures was chosen because of
466 the clear-cut differences between the inactive and active structures [13, 62] and the reported
467 voltage dependence of muscarinic receptors, see Table S1, Fig. S3 and [51, 52, 63]. The
468 results of our analysis, however, should also be applicable to other Class A GPCRs because
469 of the high sequence identity of the regions surrounding the sodium ion among the members
470 of this class [26]. They share, for example, motifs LxxxD in helix 2, DRY in helix 3, WxP in
471 helix 6, and NPxxY in helix 7, see Fig. 1C,D and [64-66]. Fig. 1D shows the positions of
472 these motifs, whereas Table 3 reports the extent of their conservation.

473

474 **Table 3. Conservation of functionally important residues in Class A GPCRs.**

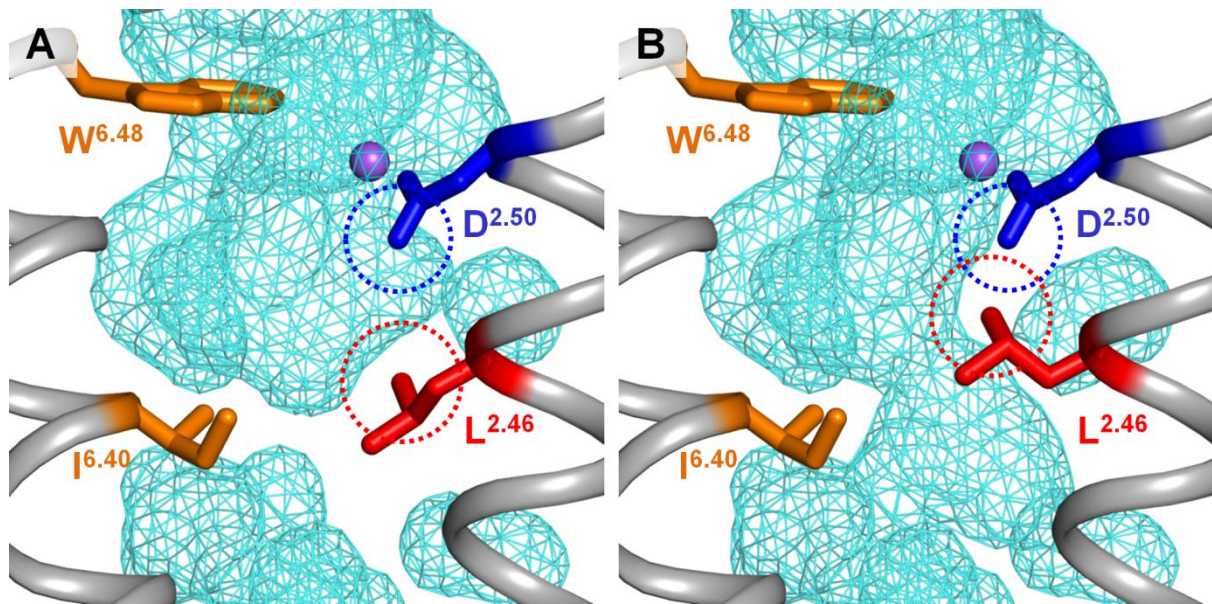
Residue in M ₂ muscarinic acetylcholine receptor (PDB: 3UON)	Generic number	Most common residue		Second most common residue		Residue type, %
		AA	%	AA	%	
Na ⁺ coordination						
Asn41	1.50	N	98	S	1	Polar, 100
Asp69	2.50	D	92	N	3	Polar, 98
Ser110	3.39	S	72	T	8	Polar, 83
Trp400	6.48	W	68	F	16	Aromatic, 87
Asn432	7.45	N	67	S	11	Polar, 93
Ser433	7.46	S	64	C	13	Polar, 72
WxP motif						
Thr399	6.47	C	71	S	10	Small, 86
Trp400	6.48	W	68	F	16	Aromatic, 87
Pro402	6.50	P	99	N/A	N/A	Helix kink, 99
Hydrophobic shell around the Na ⁺ pocket						
Leu65	2.46	L	90	M	4	Hydrophobic, 99
Val111	3.40	I	40	V	24	Hydrophobic, 88
Leu114	3.43	L	73	I	10	Hydrophobic, 98
Ile117	3.46	I	56	L	16	Hydrophobic, 99
Ile392	6.40	V	37	I	28	Hydrophobic, 93
Leu393	6.41	V	41	L	20	Hydrophobic, 91
Phe396	6.44	F	75	V	4	Hydrophobic, 92
Second hydrophobic shell						
Val44	1.53	V	65	A	14	Hydrophobic, 92
Ile62	2.43	L	36	I	35	Hydrophobic, 97
Trp148	4.50	W	96	F	1	Hydrophobic, 99
Pro198	5.50	P	79	V	5	Hydrophobic, 95
Met202	5.54	I	33	M	30	Hydrophobic, 90
Tyr206	5.58	Y	72	S	5	Hydrophobic, 86
Ile389	6.37	L	38	V	21	Hydrophobic, 91
NPxxY motif						
Asn436	7.49	N	72	D	20	Polar, 98
Pro437	7.50	P	94	A	2	Hydrophobic, 98
Tyr440	7.53	Y	89	F	4	Aromatic, 93
DRY motif (ionic lock)						
Asp120	3.49	D	64	E	21	Polar, 97
Arg121	3.50	R	95	H	1	Polar, 98
Tyr122	3.51	Y	66	F	10	Aromatic, 87

475 Residue conservation is calculated from the alignment of human Class A (Rhodopsin-like) GPCRs in the
 476 GPCRdb database [67] (not including olfactory receptors). Locations of the functionally relevant residues in the
 477 protein structure are shown in Fig. 1.

478 The crystal structures of the muscarinic acetylcholine receptor M_2 in the active and inactive
479 state (Fig. 1A-C) differ in the conformation of helix 6 and, specifically, positions of Trp400
480 (6.48), Leu65 (2.46) and the residues of the NPxxY motif (Fig. 1C, residue numbers for the
481 PDB entry 4MQT). In the inactive state of the M_2 receptor, a large cavity above the sodium
482 site connects it with the extracellular space, while the cytoplasmic cavity protracts only up to
483 the residues of the NPxxY motif. As discussed earlier [24, 36, 37, 68, 69], the connection
484 between the two cavities is blocked by a layer of hydrophobic residues. In Fig. 1, this
485 hydrophobic layer contains Leu65 (2.46), Leu114 (3.43), Val111(3.40), Ile117(3.46),
486 Ile392(6.40), Leu393(6.41) and Phe396(6.44) (Fig. 1C,D). These hydrophobic residues in
487 helices 2, 3 and 6 were previously implicated in controlling the activation-related
488 conformational changes [24, 36, 37, 68, 69]. Most of these residues are conserved in class A
489 GPCRs (Table 3). The above-listed residues of the hydrophobic barrier are supported
490 structurally by a second shell of conserved hydrophobic residues: Val44(1.53), Ile62(2.43),
491 Trp148(4.50), Pro198(5.50), Met202(5.54), Tyr206(5.58), and Ile389(6.37). These residues
492 appear to be functionally important: their positions are almost always taken by hydrophobic
493 residues in the class A GPCRs, and in many cases not just the hydrophobic nature, but even
494 the specific residue types are highly conserved (see Table 3).

495 In Fig. 1, the hydrophobic layer is centered on Leu65 (Leu2.46) of the conserved LxxxD
496 motif. Leucines in a helix generally prefer one of two rotamers [70], and a rotamer search for
497 Leu2.46 reveals two clearly preferred rotamers at this position (Fig. S4A). After
498 reinterpretation of the X-ray data of the PDB entry 3UON by the PDB_REDO team [71],
499 Leu2.46 adopts the conformation shown in Fig. 4A and S4B, which corresponds to the lower
500 of the two preferred rotamers in Fig.S4A. The upper of the two rotamer positions is not
501 available to Leu2.46 in the 3UON structure because the Leu side chain would clash with
502 Asp2.50 and Tyr7.53. Notably, in the active structure of the same receptor (PDB: 4MQT),
503 Leu2.46 is observed in the upper rotamer, see Fig. 1C, S4C. If Leu2.46 is placed in the upper
504 rotamer in the structure of the inactive receptor as envisioned in Fig. 4B and S4D, the two
505 cavities get connected, indicating that water and small ions could freely traverse the GPCR
506 helix bundle. Hence, formation of a passage for a Na^+ ion requires releasing the steric
507 hindrances by Asp2.50 and Tyr7.53, which prevent rotation of Leu2.46 into the upper
508 rotamer position.

509



510

511 **Figure 4. Suggested pathways of Na⁺ escape to the cytoplasm upon GPCR activation in the**
512 **muscarinic acetylcholine receptor M₂.**

513 The protein is shown in gray, Na⁺ ion is in purple, solvent-accessible surface with solvent radius 1.12
514 Å (corresponding to the Na⁺ ion) is shown as blue mesh. **A.** Sodium-binding cavity in the M₂ receptor
515 in the antagonist-bound inactive state (PDB 3UON). **B.** A minor rotameric transition of Leu2.46 alone
516 is enough to open the connection between two inner cavities, allowing the Na⁺ ion passage through
517 the layer of conserved hydrophobic residues (see also Fig. S4). The dashed circles mark the Van der
518 Waals radii as calculated by the PyMol v 1.7 software [72].

519

520 A minor rotameric transition of the strictly conserved Leu2.46 can open a conduit for
521 voltage-driven translocation of Na⁺ ion into the cell (Fig. 4, S4). Leu2.46 and Asp2.50 form
522 the highly conserved motif LxxxD in helix 2, (Table 3, Fig. 6) where Asp2.50, owing to its
523 negative charge, is the strongest ligand of the Na⁺ ion. While Asp2.50 serves as a Na⁺ ligand,
524 Leu2.46 controls the interface between helices 2 and 3. In the NR, the transmembrane ion
525 passage is formed by helices 3, 6 and 7 [7, 73, 74] and is likely to be contributed by same
526 helices in GPCRs [7, 24, 26]. Based on the structure analysis (Fig. 4, S4), we suggest that the
527 rotameric change of Leu2.46 upon GPCR activation plays a key role in coupling the voltage-
528 driven Na⁺ translocation into the cell with the activation of GPCRs.

529 Numerous alanine screening experiments, performed on different GPCRs, showed an altered
530 function in Leu2.46 mutants, see e.g. [75]. The results of such experiments, however, are
531 difficult to interpret. If Leu2.46 is indeed, as we suspect, involved in the coupling of GPCR
532 activation with Na⁺ translocation, then its replacement would affect both these processes with
533 an unpredictable outcome for the function. More informative is the observation, obtained
534 upon alanine scanning of the human adenosine A_{2A} receptor, that the mutation of Leu2.46 to

535 Ala (L48A) dramatically increased the thermostability of the receptor [76]. The temperature
536 T_m at which 50% of the solubilized receptor could bind ligand after 30 min thermo-
537 incubation increased from 28.5°C in the wild-type protein to 42.5°C in the Leu2.46Ala
538 mutant. The two second-best mutations increased T_m only to 34.5°C. The L48A mutation
539 apparently fixed the human adenosine A_{2A} receptor in a (thermo)stable, active conformation
540 [76].

541 Poor stability is a common property of GPCRs, which hindered their crystallization for
542 several decades. This instability is an intrinsic property; the sensitivity of GPCRs is
543 determined by their ability to switch between two different conformations with similar
544 energies. Dramatic stabilization of the active conformation of A_{2A} receptor after replacing
545 Leu2.46 by the smaller Ala indicates that the conformation of the bulky hydrophobic side
546 chain of Leu2.46 is indeed keeping the balance between the active and inactive
547 conformations by serving as an important "weak spot" [77]. At the same time, Leu2.46
548 appears to control the Na^+ path (see Fig. 4, S4), which points to this strictly conserved residue
549 as the key coupling moiety in GPCRs.

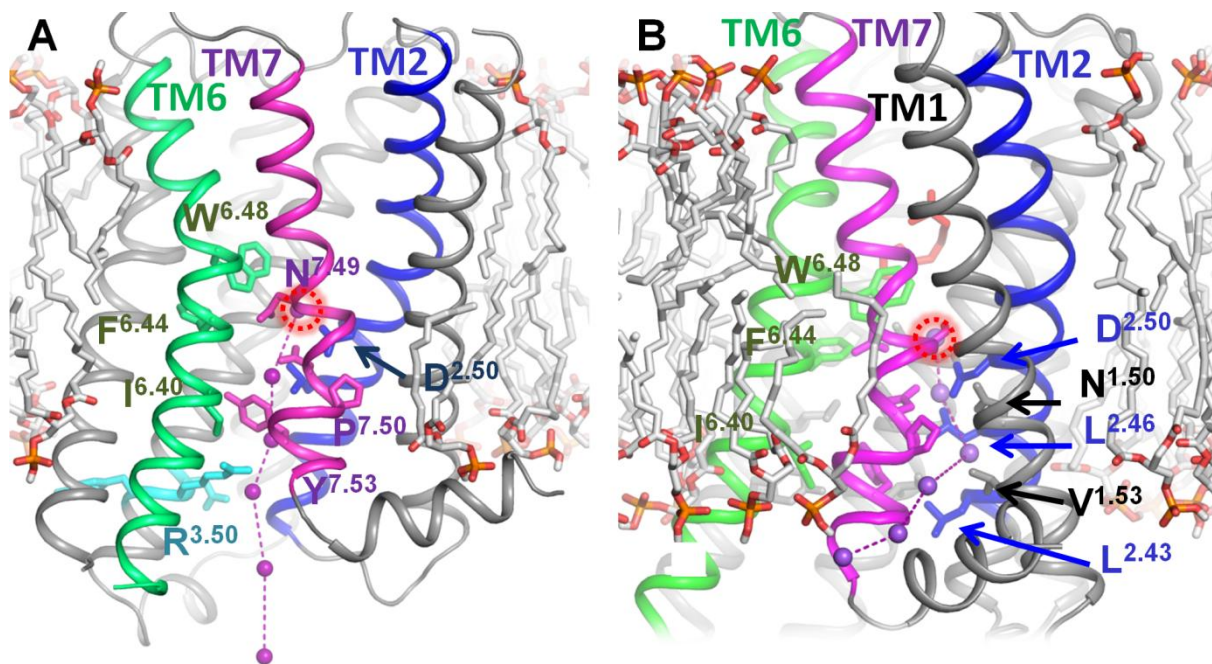
550 The coupling between the electrogenic Na^+ translocation and GPCR activation would be
551 achieved if the agonist binding decreases the affinity of GPCR for the Na^+ ion. Indeed,
552 keeping the Na^+ ion in the middle of the hydrophobic membrane is energetically very
553 demanding because of the high desolvation penalty for a positively charged small cation [78].
554 In the well-studied Na^+ -dependent ATP synthases, binding of the Na^+ ion in the middle of the
555 membrane requires six ligands [79, 80]; a loss of even one of them transforms a Na^+ -
556 translocating enzyme into a proton-translocating one [79, 81]. The detachment of Na^+ from
557 its binding site could be mediated by Trp6.48. This residue is strictly conserved in most class
558 A GPCRs (Table 3) and changes its conformation in response to agonist binding, see Fig. 1C
559 and [2, 9, 19-25]. Specifically, in the structure of the δ -opioid receptor (PDB: 4N6H)
560 Trp274(6.48) interacts with the Na^+ ion via a water molecule [7, 15]; same interaction can be
561 seen in structures of A_{2A} adenosine receptor (PDB 4EIY) and β_1 -adrenoceptor (PDB 5A8E).
562 In all likelihood, Trp6.48 participates in a hydrogen-bonded network also in other class A
563 GPCRs. If the system of bonds around the Na^+ ion gets destabilized in response to the ligand
564 binding, the further stay of the Na^+ ion in the middle of the membrane would not be possible.
565 If the retreat path is blocked by the bound agonist, the Na^+ ion would swing in the pocket
566 until, being pushed by electric field, it enforces the twist of Leu2.46 residue into the upper
567 rotamer. This rotameric transition demands, however, to resolve the steric clash with Asp2.50

568 that is located just one helix turn away (Fig. 4B). Asp2.50 is engaged in binding of Na⁺ ion
569 and would not get aside as long as the Na⁺ ion stays bound. Hence, the breakage of the bond
570 between the Na⁺ ion and Asp2.50 is a precondition of the isomeric transition of Lys2.46 and
571 opening of the cytoplasmic Na⁺ conduit (carrier-on operation mode, Fig. 2C, 3A, B).
572 Alternatively, the Na⁺ ion could retreat, against the electric field, into the extracellular space.
573 In this case, the electric field would prevent, rather than promote, the GPCR activation
574 (carrier-off mode, Fig. 2D, 3C). After the escape of the Na⁺ ion, Tyr7.53 makes a new
575 hydrogen bond, via a water bridge (with Tyr5.58 in mammals), whereas the Asn7.49 residue
576 of the NPxxY motif turns towards Asp2.50 and forms a new, alternative hydrogen bond
577 network, which is seen in the "active" crystal structures (Fig. 1B, 1C) [22-24]. These new
578 hydrogen bonds prevent the return of the Na⁺ ion and stabilize the active conformation of the
579 receptor, which is accompanied by displacement of several TM helices and closing of the
580 Na⁺-binding pocket and of the cytoplasmic Na⁺ path (Fig. 1B, S4C). As a result, the escape of
581 the Na⁺ ion gets thermodynamically coupled with the GPCR activation.

582 Our structural inspection of cavities in GPCRs showed that the Na⁺ ion might escape from
583 the helical bundle of GPCR either after reaching the water phase from the cytoplasmic side
584 (dashed line in Fig. 5A) or, even earlier, by slipping between helices 2 and 3 at the level of
585 the DRY motif (dashed line Fig. 5B). In the latter case, the Na⁺ ion would be released into the
586 layer of phosphate groups of phospholipids. Their negative charges, serving as potent
587 alternative Na⁺ ligands, could attract the Na⁺ ion and help it to slide between the helices. For
588 the Na⁺ ion, in fact, there is no need to get any further. Molecular dynamics simulations of
589 phospholipid membranes showed that Na⁺ ions reside among the phosphate groups and
590 compensate their negative charges [82].

591 We have observed a continuous path for the Na⁺ ion only when the GPCR is in the *inactive*
592 conformation and Leu2.46 is in the upper rotamer typical for the *active* conformation (Fig.
593 4B, S4D), which explains why the path is not seen either in the active or in inactive structures
594 (Fig. 1, 4A, S4B, C). Owing to the constriction by the second shell of hydrophobic residues
595 (Table 3, Fig. 1D), the probability of a spontaneous opening of the path should be low, which
596 might explain the relatively high activation energy of the conformational change in GPCRs
597 [20, 47, 48]. Otherwise, Na⁺ ions would constantly leak through GPCRs. While the
598 importance of Asp2.50, Trp6.48 and Tyr7.53 for activation of GPCRs and formation of a
599 Na⁺-translocating passage has been widely discussed, see e.g. [2, 22-24, 36, 37], the control
600 function of Leu2.46, to our knowledge, has not been specifically addressed until now.

601



602

603

Figure 5. Suggested pathways of Na⁺ escape to the cytoplasm upon GPCR activation, based on the structure of the M₂ receptor (PDB: 4MQT).

604

A. Putative exit pathway for the Na⁺ ion via the center of the heptahelical bundle. **B.** An alternative

606 exit pathway via the pocket between helices 1, 2, and 7. Hypothetical intermediate positions of the

607 Na⁺ ion are shown as purple spheres; the initial position, inferred from the position of Na⁺ in the

608 structures of inactive GPCRs, is indicated by the red dashed circle. Helices 2, 6, and 7 are colored

609 blue, green and purple, respectively; conserved residues listed in Table 3 are shown as sticks. The

610 ionic lock residues are shown in cyan. CHARMM-GUI software [83] was applied to construct the

611 lipid molecules of the membrane surrounding the receptors (shown as grey sticks).

612

613

614 3. Evolutionary considerations:

615 Earlier, the structure superposition of the Na⁺-translocating rhodopsin from *Dokdonia eikasta*

616 (NR), and Na-bound GPCRs allowed us to produce a structure-guided alignment of MRs and

617 GPCRs and to suggest the emergence of GPCRs from Na⁺ translocating MRs [7]. Here we

618 have updated this alignment by including the natural (not chimeric) channelrhodopsin 2, the

619 structure of which was recently resolved [84] (ChR2, Fig. S5). As seen in Fig. S5, the Na⁺-

620 coordinating residues of GPCRs correspond to the ion-coordinating residues from both NR

621 and ChR2. The pivot Trp6.48 residue of the conserved WxP motif remains the only

622 conserved residue between GPCRs and MRs, in agreement with the movement of the

623 cytoplasmic half of helix 6 as the major conformational change both in MRs [85-87] and

624 GPCRs [2, 9, 10, 20]. In addition to the previously reported similarities with NR, the updated

625 alignment shows that Asp2.50 of GPCRs corresponds to a glutamate residue in helix 2 of

626 ChR2, whereas the strictly conserved Trp4.50 of GPCRs is matched by a Trp residue in

627 ChR2 (Fig. S5). The conservation patterns for functionally important residues between NR
628 and GPCRs, on one hand, and ChR2 and GPCRs, on the other hand, overlap only partially
629 (Fig. S5). It appears that the Na⁺-translocating, MR-type ancestors of GPCRs could have
630 combined features of NR and ChR2.

631 As discussed previously [7], the original Na⁺-translocating MR could have evolved into an
632 ancestral GPCR after losing its retinal moiety. A bound Na⁺ ion could stabilize the helical
633 bundle after the loss of the retinal. Formation of a permanent binding site for the Na⁺ ion
634 within an MR is quite feasible. Balashov and colleagues, by substituting Glu for Asp251 in
635 the NR of *Gillisia limnaea* (which approx. corresponds to the Na⁺ ligand Asn7.45 of GPCRs,
636 see Fig. 1, 4, S4 and Table 3), were able to create a high-affinity binding site for the Na⁺ ion
637 in the middle of the membrane [88].

638 The structural similarity between GPCRs and ChR2 implies possible similarities in their
639 mechanisms. It was shown that photoactivation of ChR was coupled not only with the motion
640 of helix 6, but also with a rotation of helix 2 [87]. Hence, the functional mobility of helix 2,
641 which carries the LxxxD motif, may also have been inherited from MRs.

642 The elements of above-described coupling machinery, including an Asp residue in the middle
643 of the helix 2, could be seen already in representative GPCR-like proteins of early-branching
644 eukaryotes, such as Protozoa, primitive Metazoa and plants, which are aligned in Fig. 6.
645 Here, an Asp residue in the position that corresponds to Asp2.50 of class A GPCRs can be
646 considered an indication of the presence of a Na⁺-binding site. Otherwise, maintaining an
647 Asp residue in the middle of the membrane would be energetically costly and this Asp would
648 be prone to be lost in the course of evolution, as discussed below. As follows from Fig. 6,
649 early-branching GPCR-like proteins with a counterpart of Asp2.50 often have potential Na⁺
650 ligands also in the positions of other Na⁺ ligands of class A GPCRs.

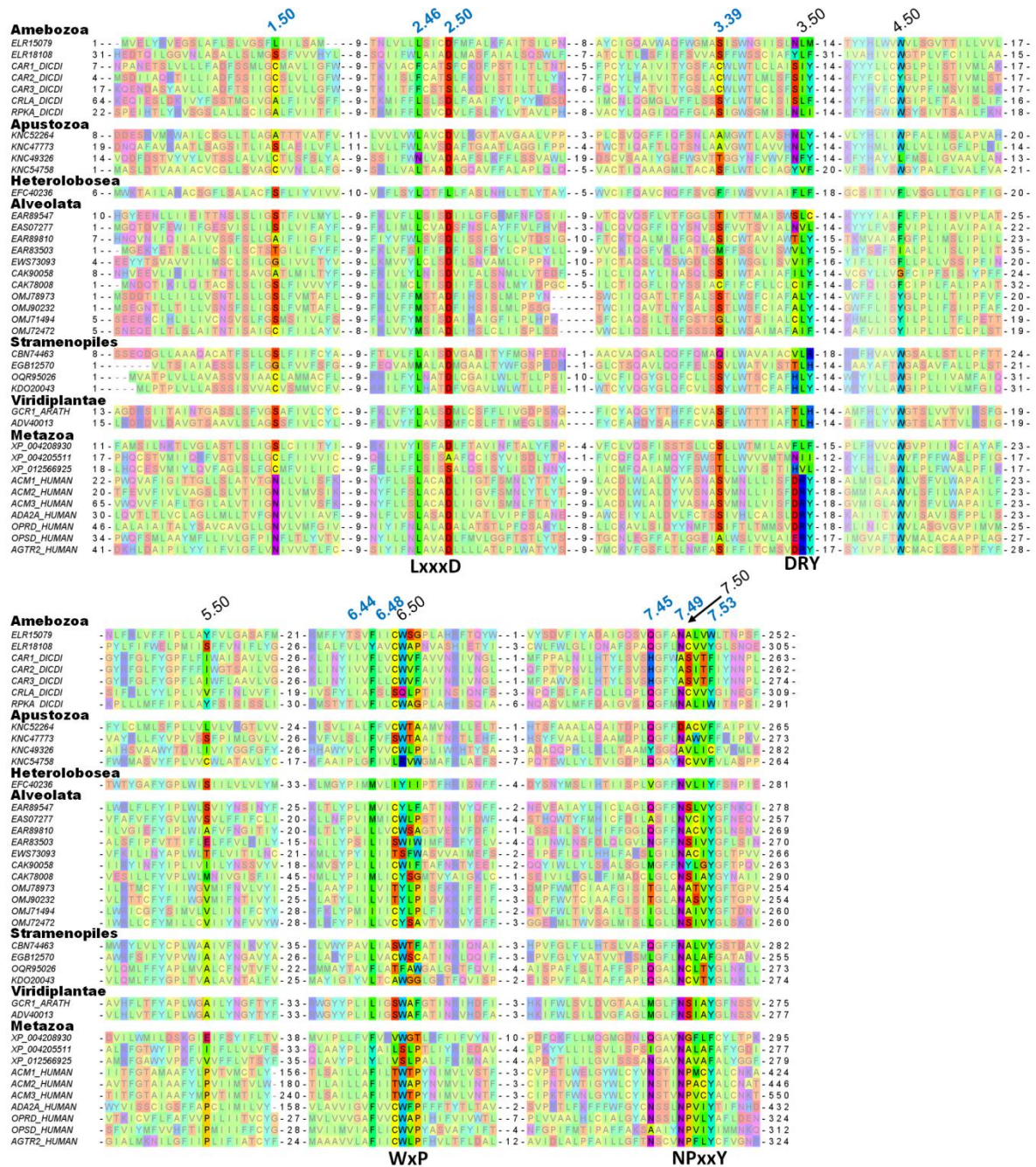
651 The suggested key role of Leu2.46 in controlling GPCR activation is supported not only by
652 its already mentioned high degree of conservation within class A GPCRs (90%, see [36, 64]
653 and Table 3), but also by its conservation within all GPCR-like proteins, even those lacking
654 Asp2.50 (Fig. 6), which is unusual for a hydrophobic residue and indicates that the shape of
655 the side chain of Leu2.46 is particularly important. Trp6.48, the only residue that is conserved
656 between MRs and GPCRs (Fig. S5), is highly but not universally conserved within GPCRs: it
657 is replaced by Tyr in some Alveolata and by Phe in the protease-activated receptor 1 (PAR1)
658 of Metazoa. In addition to Leu2.46, hydrophobic/aromatic residues are well conserved in the

659 positions 3.40, 3.46, 6.40 and 6.44, which correspond to the hydrophobic core of class A
660 GPCRs, see Table 3 and *cf.* Fig. 1D and 6. Residues Asn7.49 and Tyr7.53 from the NPxxY
661 motif are all highly conserved. Finally, the characteristic motif DRY of the TM3 is absent in
662 plants and most protozoa.

663 Hence, sequence comparisons of animal class A GPCRs with evolutionarily oldest, Na⁺-
664 binding, GPCR-like proteins (Fig. 6) support our suggestion on the importance of Leu2.46,
665 Asp2.50, Trp6.48, Asn7.49, Tyr/Phe7.53 and the set of tightly packed, conserved
666 hydrophobic residues for the function of Na⁺-binding GPCRs and, specifically, for the
667 coupling between their activation and Na⁺ translocation. In contrast, the DRY motif is absent
668 from the sequences of GPCRs from plants and Alveolata and appears to be a somewhat later
669 acquisition.

670 Our inspection showed that eukaryotic genomes contain numerous GPCR-like sequences,
671 both with and without counterparts of Asp2.50. The latter sequences (some are shown in Fig.
672 6) most likely belong to GPCRs that cannot bind the Na⁺ ion. Presence of other Na⁺ ligands
673 in many such sequences suggests that they could have lost their Na⁺ binding capability in the
674 course of their evolution. Loss of Na⁺ binding in the course of GPCR evolution would not
675 necessarily lead to the loss of function; the ability to shift between the active and inactive
676 conformation in response to agonist binding could still be retained. Those residues that
677 appear to form the mechanistic core of the coupling/activating mechanism in GPCRs are
678 mostly conserved also in those GPCRs lacking a counterpart of Asp 2.50. Even without a
679 bound Na⁺ ion, a GPCR could be driven by voltage if its activation is coupled with proton
680 translocation across the membrane [89], e.g. via former Na⁺ ligands. However, in the absence
681 of a Na⁺-binding site, such GPCRs would be unable to (i) suppress the noise by binding a Na⁺
682 ion, (ii) exploit the concentration gradient of Na⁺ ions for increasing their sensitivity and (iii)
683 boost their selectivity by specifically amplifying the signal in response to endogenous
684 agonists.

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Figure 6. Alignment of diverse GPCRs with human class A GPCR. The top line shows Ballesteros–Weinstein numbering of the residues [17, 18] as given in GPCRdb [67] for the Class A GPCRs. Generic numbers of residues involved in the Na⁺ ion binding pocket are shown in blue. Sequences are listed under their GenBank, UniProt or RefSeq accessions and are as follows: Amebozoa: phosphatidylinositol 4-phosphate 5-kinase protein from *Acanthamoeba castellanii* (GenBank: ELR15079); cAMP receptor protein from *Acanthamoeba castellanii* (GenBank: ELR18108); cAMP receptor 1 from *Dictyostelium discoideum* (UniProt: CAR1_DICDI); cAMP receptor 2 from *Dictyostelium discoideum* (UniProt: CAR2_DICDI); cAMP receptor 3 from *Dictyostelium discoideum* (UniProt: CAR3_DICDI); cAMP receptor-like protein from *Dictyostelium discoideum* (UniProt: CRLA_DICDI), and G-protein-coupled receptor family protein from *Dictyostelium discoideum* (UniProt: RPKA_DICDI). Apustozoa: hypothetical protein MSG_01092 from *Thecamonas trahens* (GenBank: KNC52264); hypothetical protein MSG_04000 from *Thecamonas trahens* (GenBank: KNC47773); hypothetical protein MSG_02398 from *Thecamonas trahens* (GenBank: KNC54758); PPK-1 protein from *Thecamonas trahens* (GenBank: KNC49326); hypothetical protein MSG_01609 from *Thecamonas trahens* (GenBank: KNC54758). Heterolobosea: predicted protein NAEGRDRAFT_72027 from *Naegleria gruberi* (GenBank: EFC40236). Alveolata: G protein coupled glucose receptor from *Tetrahymena thermophila* (GenBank: EAR89547); TTM secretin family protein from *Tetrahymena thermophila* (GenBank: EAR89547); TTM secretin family protein from *Tetrahymena thermophila* (GenBank: EAR89547).

703 EAS07277); 7TM secretin family protein from *Tetrahymena thermophila* (GenBank: EAR89810); G protein
704 coupled glucose receptor from *Tetrahymena thermophila* (GenBank: EAR83503); cAMP receptor from
705 *Tetrahymena thermophila* (GenBank: EWS73093); unnamed protein product from *Paramecium tetraurelia*
706 (GenBank: CAK90058); hypothetical protein from *Paramecium tetraurelia* (Genbank: CAK78008);
707 hypothetical protein SteCoe_21100 from *Stentor coeruleus* (GenBank: OMJ78973); hypothetical protein
708 SteCoe_30276 from *Stentor coeruleus* (GenBank: OMJ71494); hypothetical protein SteCoe_7430 from *Stentor*
709 *coeruleus* (GenBank: OMJ90232); hypothetical protein SteCoe_29065 from *Stentor coeruleus* (GenBank:
710 OMJ72472). Stramenopiles: G-protein coupled receptor from *Ectocarpus siliculosus* (GenBank: CBN74463);
711 hypothetical protein AURANDRAFT_4432 from *Aureococcus anophagefferens*, partial (GenBank:
712 EGB12570); hypothetical protein ACHHYP_00504 from *Achlya hypogyna* (GenBank: OQR95026);
713 hypothetical protein SPRG_14191 from *Saprolegnia parasitica* (GenBank: KDO20043). Viridiplantae: G-
714 protein coupled receptor 1 from *Arabidopsis thaliana* (UniProt: GCR1_ARATH); G protein coupled receptor
715 from *Oryza sativa* (GenBank: ADV40013). Metazoa: predicted probable G-protein coupled receptor 157 from
716 *Hydra vulgaris*, partial (NCBI RefSeq: XP_004208930); predicted cAMP receptor-like protein A from *Hydra*
717 *vulgaris* (NCBI RefSeq: XP_012566925); predicted G-protein coupled receptor 1-like protein from *Hydra*
718 *vulgaris* (NCBI RefSeq: XP_012566925); human muscarinic acetylcholine receptor M₁ (UniProt:
719 ACM1_HUMAN); human muscarinic acetylcholine receptor M₃ (UniProt: ACM3_HUMAN); human α_{2A}
720 adrenergic receptor (UniProt: ADA2A_HUMAN); human δ -type opioid receptor (UniProt: OPRD_HUMAN);
721 human visual rhodopsin (UniProt: OPSD_HUMAN).

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724 The existence of both Na⁺-dependent and Na⁺-independent GPCRs deserves comparison with
725 rotary ATP synthases, which can be driven either by protons or Na⁺ ions [90]. While Na⁺-
726 translocating ATP synthases are found only in some, mostly anaerobic prokaryotes [91], a
727 comparative analysis has indicated their evolutionary primacy [79]. Apparently, in most
728 lineages, the ability to bind and translocate Na⁺ ions got lost; these enzymes, however,
729 retained the ability to translocate protons, which became particularly beneficial after the
730 oxygenation of atmosphere [92]. As already mentioned, holding a Na⁺ ion in the middle of
731 the membrane is structurally rather demanding. Therefore, it is tempting to speculate that
732 more Na⁺-dependent GPCRs would be seen in organisms that need particularly sensitive and
733 selective receptors for the active exploration of their environment. Indeed, Na⁺-dependent
734 GPCRs are abundant not only in mammalian genomes, but also in genomes of primitive
735 organisms known for their active behavior, such as free swimming, single-celled ciliates
736 *Tetrahymena*, *Paramecium*, or *Stentor* (Fig. 6). For instance, the genome of *Stentor coeruleus*
737 contains dozens of GPCR-encoding genes with a full set of Na⁺ ligands.

738 The Ballesteros-Weinstein nomenclature [17, 18] used in this work attributes the index "50"
739 to the amino acid residue that is the most conserved in each helix among class A GPCRs.
740 Comparison of Table 3 with the multiple alignment in Fig. 6 shows that the "50th" residues,
741 while strictly conserved among class A GPCRs, are often not conserved within a broader set
742 of Na⁺-binding GPCRs. Proline residues 5.50, 6.50 and 7.50, which are strictly conserved
743 within class A GPCRs, are not conserved in receptors of primitive organisms (Fig. 6). It
744 appears that the acquisition of additional proline residues in transmembrane helices could
745 contribute to the success and proliferation of class A GPCRs. These proline residues could

746 form the mechanistic scaffold of class A GPCRs, stabilize the protein fold and serve as pivots
747 upon receptor activation. The existence of such proline scaffold would relieve the steric
748 constrains on other residues and make class A GPCRs more prone to mutations and, hence,
749 more evolutionarily adaptable.

750 In sum, Na⁺-dependent GPCRs, after their emergence in primitive eukaryotes, could be fine-
751 tuned by successive mutations to perform diverse signaling functions. Those mutations would
752 affect their sensitivity, signal-to-noise ratio, chemical selectivity etc. Furthermore, mutations
753 could affect even the voltage/current profiles (where current corresponds to the signal
754 propagation) and determine whether the particular receptor would be sensitized by membrane
755 potential (as the majority of studied GPCRs, see Fig. 3A, 3B and Table S1) or hemmed by it
756 (such as M₁ receptor, see Fig. 3C and Table S1).

757

758 **Conclusions**

759 Na⁺-binding GPCRs are splendid molecular sensors that utilize the energy of the
760 transmembrane sodium potential to increase their (i) sensitivity; (ii) signal-to-noise ratio, and
761 (iii) chemical selectivity. The gift of harnessing energy, in conjunction with high adaptability,
762 might explain the presence of about 700 class A GPCR-coding genes in the human genome.

763

764 **Methods**

765 **Model of Na⁺ translocation by class A GPCRs**

766 Here we present the solution of the model of GPCR activation. The model implies two
767 possible operation modes differing in the Na⁺ ion behavior upon the receptor activation: in
768 the carrier-on mode 1, the cation barges through the membrane into the cytoplasm, while in
769 the carrier-off mode 2 the cation returns into the extracellular space. In each mode, the
770 system is characterized by 8 possible states of the receptor (Fig. 2) whose probabilities are
771 defined as P₁, ..., P₈ (Table 4).

772

773

774 **Table 4.** Probability coefficients for the model of GPCR activation

Receptor state	Probability	Relative probabilities (l)
Inactive receptor	P_1	1
Inactive receptor with Na	P_2	$M \cdot [\text{Na}]^{\text{out}}$
Inactive receptor with agonist	P_3	$N \cdot [\text{A}]$
Inactive receptor with agonist and Na	P_4	$\gamma \cdot M [\text{Na}]^{\text{out}} \cdot N \cdot [\text{A}]$
Active receptor	P_5	$F_{\text{model}} L^a$
Active receptor with Na	P_6	$\alpha \cdot L \cdot M \cdot [\text{Na}]^{\text{model}}$
Active receptor with agonist	P_7	$\beta \cdot L \cdot N \cdot [\text{A}]$
Active receptor with agonist and Na	P_8	$\alpha \cdot \beta \cdot \gamma \cdot \delta \cdot L \cdot M \cdot [\text{Na}]^{\text{model}} \cdot N \cdot [\text{A}]$

775

776 Here, $[\text{Na}]^{\text{model}}$ is the Na concentration available for the receptor in the active state: $[\text{Na}]^{\text{in}}$ in
777 the carrier-on mode and $[\text{Na}]^{\text{out}}$ in the carrier-off mode. F_{model} is the electrostatic term of Na^+
778 ion translocation, which is equal to F_2 (see Eq. 2) in the carrier-on mode and equal to F_1 (see
779 Eq. 1) in the carrier-off mode. The forward and backward transitions between the states m
780 and n occur at different rates l_{1n} and l_{2m} ; the transitions between the inactive (R) and active
781 (R*) states of the receptor are the slowest in the system. The principle of detailed balance was
782 applied separately to all inactive and all active receptor states, whereas the transitions
783 between active and inactive states are treated as thermodynamically nonequilibrium. In the
784 stationary state, the cumulative forward and backward transition probabilities between active
785 and all inactive states match each other:

786

$$787 \quad l_{11}P_1 + l_{12}P_2 + l_{13}P_3 + l_{14}P_4 = l_{25}P_5 + l_{26}P_6 + l_{27}P_7 + l_{28}P_8,$$

788

789 where probabilities P_{1-4} correspond to all inactive states, P_{5-8} – to all active states; l_{1m} and l_{2n}
790 are the respective transition rate constants (see Table 1). The transition rate constants are not
791 independent, they satisfy the thermodynamic relationship $k_{\text{forward}} / k_{\text{back}} = e^{-\Delta G/RT}$, so the latter
792 equation can be rewritten as following:

793

$$794 \quad l_1 \left[P_1 + \alpha^{1/2} P_2 + \beta^{1/2} P_3 + (\alpha\beta\delta)^{1/2} P_4 \right] = l_2 \left[P_5 + \alpha^{-1/2} P_6 + \beta^{-1/2} P_7 + (\alpha\beta\delta)^{-1/2} P_8 \right]$$

795

796 where $l_1 = l_{15}$ and $l_2 = l_{25}$. The effect of the membrane potential on cation translocation was
797 accounted for the equilibrium constants of Na^+ binding in both active (

798 $F_1 = \exp[\theta \Delta \psi F / RT]$) and inactive ($F_2 = \exp[(1 - \theta) \Delta \psi F / RT]$) states, where θ is the
799 depth of the Na^+ -binding site, $\Delta \psi$ is the transmembrane electric potential, and F is the
800 Faraday constant. This leads to the relation:

801 $P_5 = \xi \cdot L \cdot P_1,$

802 where

803
$$\xi = \frac{1 + \alpha^{1/2} F_1 X_{out} + \beta^{1/2} Y + (\alpha \beta \delta)^{1/2} F_1 \gamma X_{out} Y}{1 + \alpha^{1/2} F_2 X_{in} + \beta^{1/2} Y + (\alpha \beta \delta)^{1/2} F_2 \gamma X_{in} Y},$$

804 and $L = l_1/l_2$. In the latter equation we have used $X_{in/out} = M \cdot [Na^+]_{in/out}$
805 and $Y = N \cdot [agonist]$ respectively.

806 To these equations we must add the probabilities normalization requirement:

807

808
$$\sum_{i=1..8} P_i = 1$$

809 and resulting set of equations provides a solution to our model.

810 Suggested models for GPCR activation were implemented as Matlab R2017a functions [93].
811 Experimental data were obtained from respective publications and fitted with model
812 functions using the Matlab' "lsqcurvefit" function. During the fit, the allosteric coefficients α -
813 δ and the depth of the Na^+ -binding site were kept constant. The goal was to find coefficients
814 M (Na^+ -binding constant) and N (agonist-binding constant) that provided the best fit of the
815 experimental data (two sets of data points obtained at different membrane potential) with the
816 two model curves calculated with identical parameters except for the membrane potential
817 values.

818

819 **Structure analysis**

820 Structure superposition and visualization were performed with PyMol v 1.7 [72] and
821 YASARA [94]. Structure analyses were performed with the WHAT IF [95] subset of the
822 YASARA Twinset. Cavities and caves were calculated using the method by Voorintholt et al
823 [96] with a spherical probe of the 1.4 Å radius. These were visualized using a 1 Å resolution
824 grid. Structures were superposed using the method of Vriend and Sander [97]. Rotamer
825 distributions were calculated using the method of China et al. [70]. Briefly, the rotamer
826 distribution software searches the PDB for stretches of five residues that (i) have a very
827 similar backbone as observed in the local structure and (ii) have the same middle residue as

828 the local structure. The obtained database stretches is then superposed on the local structure,
829 but only the side chain of the middle residue is shown.

830

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843 ***Author contributions***

844 AYM designed the study. AYM, DAC and DNS developed the model. DNS calculated the
845 model and fitted experimental data. DNS, AYM, MYG and GV performed the structural
846 analysis. DNS, MYG and AYM performed the evolutionary analysis. DNS, DAC, MYG,
847 GV and AYM wrote the paper.

848

849 ***Competing interests***

850 Authors confirm that there have been no involvements that might raise the question of bias in
851 the work reported or in the conclusions, implications, or opinions stated.

852

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