

1 Identification of the relative timing of infectiousness 2 and symptom onset for outbreak control

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8 **In an outbreak of an emerging disease the epidemiological characteristics of**
9 **the pathogen may be largely unknown. A key determinant of ability to control**
10 **the outbreak is the relative timing of infectiousness and symptom onset. We**
11 **provide a method for identifying this relationship with high accuracy based**
12 **on data from household-stratified symptom-onset data. Further, this can be**
13 **achieved with observations taken on only a few specific days, chosen optimally,**
14 **within each household. This constitutes an important tool for outbreak re-**
15 **sponse. An accurate and computationally-efficient heuristic for determining**
16 **the optimal surveillance scheme is introduced. This heuristic provides a novel**
17 **approach to optimal design for Bayesian model discrimination.**

18 **Keywords:** Bayesian model discrimination; epidemiology; optimal experimental design;
19 random forests.

20 **Introduction**

21 The timing of infectiousness relative to symptom onset has been identified as a key factor in
22 ability to control an outbreak (*11*). The explanation is intuitive: If symptoms appear before
23 infectiousness, then contact tracing and isolation strategies will be effective, whereas for post-
24 infectiousness symptom presentation, broader, non-symptom based strategies must be adopted.

25 Consequently, identifying the relative timing as early as possible in an outbreak is imperative to
26 assessing potential for control and selecting a measured response.

27

28 Severe acute respiratory syndrome (SARS) is a prime example of a disease in which symp-
29 toms foreshadow significant levels of infectiousness (2). This played a critical role in limiting
30 mortality and morbidity in outbreaks during 2003, via simple public health measures such as
31 isolation and quarantining (2, 8, 11, 14, 16, 18). Smallpox is most similar to SARS in this respect,
32 but must be contrasted with HIV, where a large proportion of secondary infections occur before
33 symptoms (11). For influenza, the relationship is less clear, with symptoms and infectiousness
34 likely coinciding closely, with some transmission possible before symptom onset (17, 21). This
35 relationship will not be known in an outbreak of an emerging pathogen, and one must turn to
36 early outbreak surveillance data for insights.

37

38 Many jurisdictions organize their emerging disease monitoring policies around households.
39 As an example, First Few Hundred studies are proposed as a first response surveillance scheme
40 following the identification of a novel disease and/or strain as part of national pandemic plans (3,
41 12, 19). Following the observation of a first symptomatic individual, their household is enrolled
42 in an intensive surveillance program, so that day of symptom onset for subsequent cases within
43 that household are recorded. Methods have recently been developed to characterise transmis-
44 sibility and severity of a novel pathogen – other factors influencing ability to control an out-
45 break (11) – based on such data. Currently lacking is a method for accurate determination of
46 relative timing of infectiousness and symptom onset using this data.

47

48 Here we introduce, and demonstrate through a simulation study, a method for identifying
49 with high accuracy the timing of infectiousness relative to symptom onset from household-
50 stratified symptom surveillance data. Remarkably, we show this is achievable with observations
51 taken on only a few specific days, chosen optimally, within each household. Our approach to
52 determining the optimal surveillance scheme is based on an efficient heuristic. This heuristic
53 provides a general, computationally-efficient approach to optimal design for Bayesian model
54 discrimination.

55 **Bayesian model discrimination for outbreak control**

56 We model disease dynamics within each household as a continuous-time Markov chain (15),
57 that counts the number of household members that are susceptible (S), exposed (E), infectious
58 (I), or recovered (and immune; R). Under this model, the timing of symptom onset relative to in-
59 fectionousness is mapped to which transition is observed: symptoms appear either upon infection,
60 infectiousness, or recovery. The challenge is to determine which of these three (observation)
61 models best describes the household-stratified symptom-onset data (Figure 1a).

62
63 There is a relatively rich literature on Bayesian model discrimination (1, 7, 10, 29), and opti-
64 mal design for such (6, 28), which are the most appropriate tools and framework to address this
65 question. A general difficulty with this theory is that practical implementation is at best diffi-
66 cult, and often infeasible. This has led to methods based on approximate Bayesian computation
67 (ABC), which requires only simulation of realisations from each model, and is computationally
68 feasible for a wide range of models. Unfortunately, there exists ‘a fundamental difficulty’ in
69 establishing robust methods based upon summary statistics (25, 26); however, see the recent
70 work of Dehideniya *et al.* (9).

71
72 Another approach to model discrimination in an ABC framework has been proposed by
73 Pudlo *et al.* (22). They treat model discrimination as a classification problem, for which ma-
74 chine learning methods are ideal, and in particular propose the use of random forests to perform
75 this task. This approach provides a highly-efficient, and importantly, robust method for model
76 discrimination. Hainy *et al.* (13) expand on this approach as specifically applied to optimal
77 design for model discrimination.

78
79 We apply these tools, first for accurate, robust characterisation of relative timing of symp-
80 toms and infectiousness, and second, for optimal design of early outbreak surveillance for accu-
81 rate model discrimination. Specifically, the aim of the latter is to select an optimal surveillance
82 scheme, consisting of a fixed number of observations, in order to discriminate three differ-
83 ent timings of symptom onset relative to infectiousness, within a household-stratified epidemic
84 model. We evaluate the impact of assumptions and summary statistics. Additionally, we pro-
85 pose a new, computationally-efficient and highly-accurate heuristic for optimal design choice,
86 which in this application determines the optimal days upon which to perform surveillance in

87 households.

88

89 **Methods**

90 **Epidemic model**

91 We demonstrate using an example system of a novel infectious disease, spreading in a popu-
92 lation structured into households. We assume that the population is large and mixing between
93 households is random, such that after a household is initially infected, the remaining transmis-
94 sion within the household is independent of transmission outside the household (5, 27). There-
95 fore, transmission dynamics within households can be modelled independently (4). Given this
96 novel etiological agent, we wish to determine if symptom onset occurs at the time of infection,
97 infectiousness, or recovery (i.e., these are the three candidate models we wish to discriminate).
98 The model behaviours are otherwise assumed identical. To be emphatic, the underlying disease
99 dynamics is identical in all three models, each differing only in when observations are made,
100 corresponding to different timings of symptom onset (Figure 1a).

101

102 We model the epidemic dynamics in households as a continuous-time Markov chain (Figure
103 1a) (15). Individuals transition from susceptible (S) to exposed (E), then to infectious (I), and
104 finally to recovered (R), with rates as described in Table 1.

Table 1: Events, transitions and rates within a household.

Description	Transition	Rate
Infection	$(S, I) \rightarrow (S - 1, E + 1)$	$\beta SI / (N - 1)$
Infectiousness	$(E, I) \rightarrow (E - 1, I + 1)$	σE
Recovery	$(I, R) \rightarrow (I - 1, R + 1)$	γI

105 We assign a distribution to each parameter (Supplemental Figure S1), based on physical
106 quantities to reflect the assumed prior knowledge of the etiological agent:

- 107 • $\frac{1}{\sigma} \sim \text{Gamma}(6, 1/2)$, representing a mean exposed duration of 3 days (mode at approxi-
108 mately 2.5 days);

- 109 • $\frac{1}{\gamma} \sim \text{Gamma}(6, 1/2)$, representing a mean infectious duration of 3 days (mode at approx-
110 imately 2.5 days); and,
- 111 • $R_0 \sim 1 + \text{Gamma}(2, 1/2)$, representing a mean R_0 (the expected number of secondary
112 cases caused by an infectious individual in a fully susceptible population) of 2 (mode at
113 approximately 1.5).

114 These distributions are sampled per-simulation, i.e., sampled parameters are kept constant across
115 all households within a given epidemic. We also test the accuracy of model discrimination when
116 these parameters are known, fixed quantities ($\beta = \frac{2}{3}$, $\sigma = \gamma = \frac{1}{3}$; see Supplemental Figure S3
117 for results).

118
119 Following the first symptomatic case in a household, the number of symptomatic cases
120 within the household is observed daily; i.e., the instant that the first individual in a household
121 shows symptoms is time zero. Then, the number of cases seen before time 1 constitutes the first
122 observation, between time 1 and 2 the next observation, and so on. This proceeds for 14 days,
123 with any symptoms occurring after time 14 not observed.

124
125 When testing the effect of asymptomatic infections on model discrimination, we sample an
126 additional parameter, p_{obs} , the probability that an individual shows symptoms at the time they
127 would in the model in question. We explored two scenarios: (1) $p_{\text{obs}} \sim \text{Beta}(5, 5)$ (i.e., a mean
128 p_{obs} of 0.5), and (2) $p_{\text{obs}} \sim \text{Beta}(7.5, 2.5)$ (i.e., a mean p_{obs} of 0.75).

129 **Random forest model selection**

130 To attempt to discriminate models, we use the approximate Bayesian random forest approach
131 of Pudlo *et al.* (22). This proceeds as follows:

- 132 • Select a number of simulations, N_s , and a number of households, N_h .
- 133 • For each model:
 - 134 – Sample a set of parameters $\theta = (R_0, \sigma, \gamma)$ from the (prior) distributions.
 - 135 – Simulate N_h households given these parameters.
 - 136 – Repeat this process N_s times.

- 137 • Given the N_s simulations from each model, extract the data corresponding to the consid-
138 ered design.
- 139 • Construct a random forest that predicts the model label, given the simulations.
- 140 • Assess the accuracy of the process on a left-out test set.

141 Once a design has been chosen, to employ this process when an outbreak is observed it would be
142 input to the (trained) random forest, to obtain a prediction of which model it is most consistent
143 with.

144 Random forests were constructed using the Python scikit-learn RandomForestClassifier al-
145 gorithm (23), with 200 trees.

146 **Summary statistics**

147 To more effectively use the household data in training the random forest, we summarize raw
148 household data as daily histograms of incidence, as in Figure 1c. That is, we count the propor-
149 tion of households that, on day d , observed an incidence of i , and then use the resultant (design
150 size) \times (household size + 1) data vector as the new random forest predictors. For example,
151 with designs of size 5, households of size 5, and 200 households, the raw data would consist
152 of $5 \times 200 = 1000$ predictors, whereas the histogram summaries would consist of $5 \times 6 = 30$
153 predictors.

154 **Optimal sampling design**

155 Conducting a First Few Hundred-style study can be extremely labour intensive. Consequently,
156 we wish to assess the potential for model discrimination when sampling is only performed on a
157 subset of days, rather than every day. If we choose to only sample on $D < 14$ days, within the
158 first 14 days following the first symptomatic case in each household, we must necessarily also
159 choose the optimal days on which to sample. We choose those days that produce the highest
160 classification accuracy on a left-out test set. This design problem is small, with only $\binom{14}{D}$ designs
161 of size D (or $2^{14} = 16,384$ total designs) to evaluate, so we apply exhaustive search in this case;
162 however a combinatorial optimisation algorithm could be applied and would likely be necessary
163 in a more complex design problem to search for the optimal design.

164 **Heuristic solution**

165 Rather than evaluating the full set of possible designs, or applying an optimisation algorithm,
166 we propose a heuristic for efficiently finding high-quality designs of a given size. This heuristic
167 is to perform random forest model selection on the largest possible design, extract the random
168 forest feature importance (Figure 1b), and use this random forest feature importance to rank
169 design points. Specifically, days are ranked on their maximum feature importance; the sum of
170 the importance of features from a day was also tested, but had inferior performance. A design
171 of size d uses the highest-ranked d design points. The random forest feature importance metric
172 we use is the mean decrease in Gini impurity (24) of a feature across the trees in the random
173 forest (this metric is easily extracted from the python scikit-learn random forest algorithm (23)).

174 **Results**

175 Random forest-based Bayesian model discrimination was able to accurately discriminate rela-
176 tive timing of symptoms and infectiousness for simulated household-stratified symptom-onset
177 data: with 200 households of size 5, accuracy was 0.923 (with random parameters, and 10,000
178 training simulations per model). Accuracy was reduced with fewer households: to 0.853 with
179 100 households, and 0.657 with only 25 households (Figure 1d). These results were robust with
180 respect to variation in household size, with accuracy ranging from 0.892 with 200 households
181 of size 3 to 0.935 with 200 households of size 7.

182

183 Remarkably, model discrimination remained accurate when only a small subset of daily
184 household data were observed, when the observations were from an optimal design: a design of
185 size 5 and 190 households was sufficient to produce a classification accuracy of ≥ 0.90 (Figure
186 1d, Figure 2a). Accuracy increased as the design size (i.e., number of days of surveillance) and
187 the number of households increased. The heuristic produced the exact optimal design at design
188 sizes 4 and 5 (Figure 2b), and an effectively indistinguishable level of accuracy compared to
189 the optimal for larger design sizes (Figure 1d). The heuristic ensured a substantial reduction
190 in computation time: to produce Figure 1d, 39 random forests were required when using the
191 heuristic, compared to 49,107 random forests to produce the optimal results. We also explored
192 the impact of varying household size, the amount of training data used, and of using fixed,
193 known parameters rather than parameters sampled from a distribution: larger households and
194 more training points produced small increases in accuracy (Supplemental Figures S2, S3), and

195 known epidemic parameters produced substantial increases in accuracy (Supplemental Figure
196 S3).

197 The key design points (i.e., sampling days) for optimal designs were consistently the first
198 day (Figure 2b), followed by other days early in the outbreak (i.e., days 2–4), and the final
199 sampling day (day 14). Days 6–13 typically had little impact on model discrimination accuracy
200 (i.e., optimal Accuracy consistently levelled off as design size increased beyond 5; Figure 1d,
201 Supplemental Figure S3), and the optimal combination of these days varied due to stochasticity
202 in both training and test data. This is consistent with the feature importance used to develop
203 the heuristic (Figure 1b), i.e., those days that were consistently optimal were those with highest
204 feature importance.

205

206 To assess the impact of asymptomatic infections on model discrimination, we repeated the
207 analysis, except with each individual only being symptomatic (at the point that they otherwise
208 would) with probability p_{obs} (again, sampled from a prior distribution). This partial observation
209 made model discrimination substantially more challenging: with designs of size 5 and 200
210 households (Figure 2a), accuracy was 0.796 when p_{obs} had a mean of 0.75, and accuracy was
211 0.653 when p_{obs} had a mean of 0.5 (compared to 0.908 with complete observation).

212 Discussion

213 Identifying the relative timing of symptom onset and infectiousness in an emerging epidemic is
214 critical to outbreak control. We have demonstrated that it is not only possible to accurately iden-
215 tify the relative timing based upon household-stratified data available early in an outbreak, but
216 that it can be done without observing each household every day. Moreover, we can use random
217 forest feature importance to inform a heuristic that vastly reduces the computation necessary to
218 choose high-accuracy designs.

219

220 It is remarkable that it is possible to discriminate models so accurately, given that they share
221 identical epidemic dynamics, and only differ in observation. The non-parametric nature of the
222 random forest is able to use small but clear differences between models (e.g., Figure 2c) to
223 extract sufficient information to discriminate them. Combining the raw household data to form
224 summary statistics is critical to this: if the raw household data is used rather than the summary

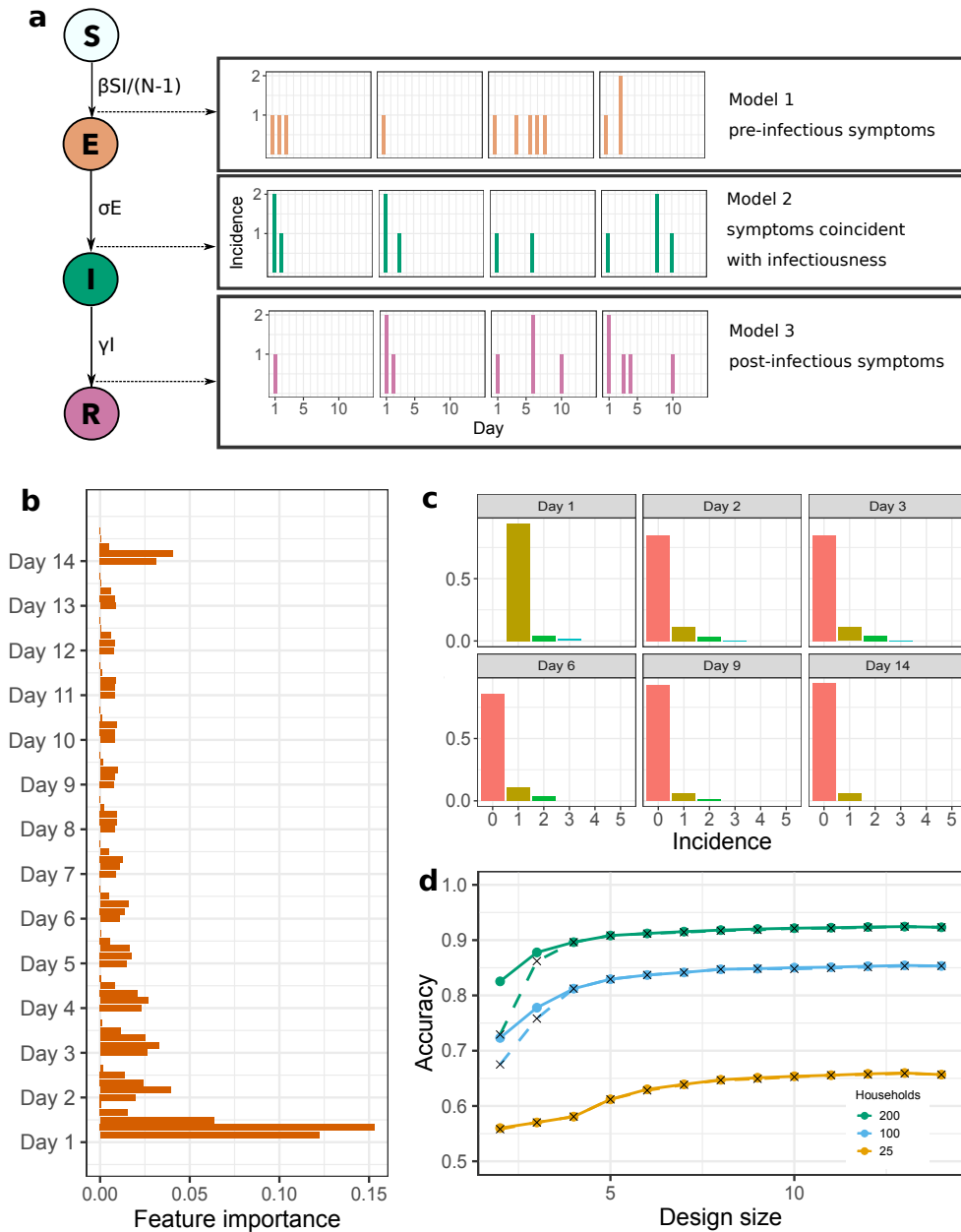


Figure 1: (a) Model schematic describing: transitions between states within each household continuous-time Markov chain; the three observation models being discriminated between; and, the way that these household-level data are observed. (b) Random forest feature importance for the full 14-day design, used to construct the heuristic for smaller designs. (c) Histogram summaries of the daily household-level data under a given design, used as predictors in the random forest. (d) Resulting random forest accuracy as design size increases, for the true optimal design (solid lines) and heuristic solution (crosses with dashed line). These results correspond to households of size 5, with 10,000 training samples from each model, each with parameters drawn from the distributions displayed in Supplemental Figure S1.

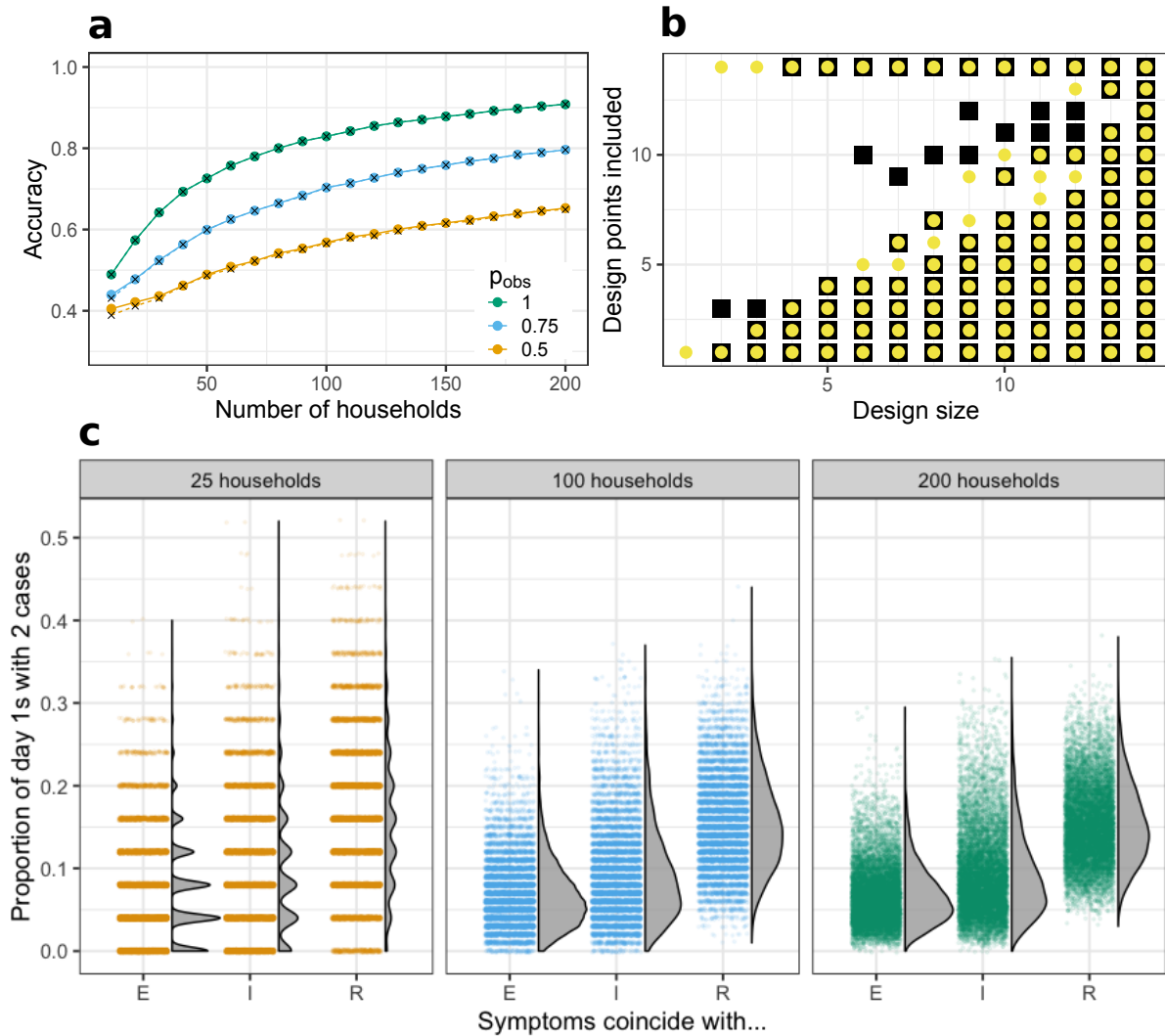


Figure 2: (a) Accuracy of model discrimination in designs of size 5, as the number of households increases, and under partial observation. Note that p_{obs} is not a fixed parameter but is sampled from a distribution; the listed value is its mean. The case with mean p_{obs} of 0.5 was sampled from a Beta(5,5) distribution, and a mean p_{obs} of 0.75 from a Beta(7.5,2.5) distribution. (b) Difference between heuristic designs (coloured points) and optimal designs (black boxes) as the design size increases. Note that the heuristic selects the optimal design at design sizes 4, 5, 13, and 14. (c) Distribution of training sample observations (under each model and number of households) for the most important feature under the heuristic: the proportion of households with 2 cases observed on day 1. These results correspond to households of size 5, with 10,000 training samples from each model, each with parameters drawn from the distributions that appear in Supplemental Figure S1.

225 statistics, accuracy is substantially lower (Supplemental Figure S4). While it can be difficult
226 to interpret the classifications made by a random forest-classifier, interrogating key individual
227 predictors (as in Figure 2c) provides clarity, and elucidates why feature importance provides a
228 useful heuristic for choosing optimal designs (20).

229

230 The accuracy of model discrimination decreases substantially as the proportion of cases that
231 are asymptomatic increases. However, this can be compensated by increasing the number of
232 households. The outbreaks in which early control is most critical are likely to be those in which
233 most individuals are symptomatic, due to symptoms being strongly correlated with severity, for
234 example hospitalisations and deaths.

235

236 In some situations it may be necessary to consider more complicated surveillance schemes,
237 in which case it may not be possible to evaluate the exact optimal design by exhaustive search.
238 However, the heuristic proposed here should remain effective in more complicated design
239 spaces, provided they have a similar form, i.e., designs of a given size are a subset of designs of
240 larger sizes upon which the random forest can be trained to extract feature importance.

241

242 Assumptions impact any model-based study. Here assumptions include: a constant house-
243 hold size; enrolling each household in the study at the instant its first member shows symptoms;
244 and, most critically, assuming that the underlying epidemic model is true. It is possible to select
245 between models that differ in addition to observation process; however any increase in the num-
246 ber of models to classify will likely result in increased computation and potentially decreased
247 accuracy.

248

249 In the future, the aim is to combine Bayesian model discrimination and parameter estimation
250 in an online manner. Improving estimates of parameters improves the ability to discriminate
251 models, and, more certainty regarding the model likely reduces variance in parameter estimates.
252 This would allow for unified characterisation of all factors influencing the ability to control an
253 outbreak.

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338 **Supplemental Information**

339 The supplemental information contains:

- 340 • Plots of the prior distribution for each epidemic parameter used to generate the household
341 data (Fig. S1).
- 342 • A comparison of the accuracy of model discrimination as the size of households in the
343 model varies from 3 to 7. This includes both the complete observation scenarios, and the
344 scenarios wherein $p_{\text{obs}} = 0.5$ (Fig. S2).
- 345 • A comparison of the accuracy of model discrimination when parameters are known (fixed)
346 values versus values sampled from the prior distributions; and of the impact of using 1,000
347 versus 10,000 training samples (Fig. S3).
- 348 • Model discrimination accuracy when the random forests are trained on the raw, unsum-
349 marised data rather than the histogram summaries that appear in the main text (Fig. S4).

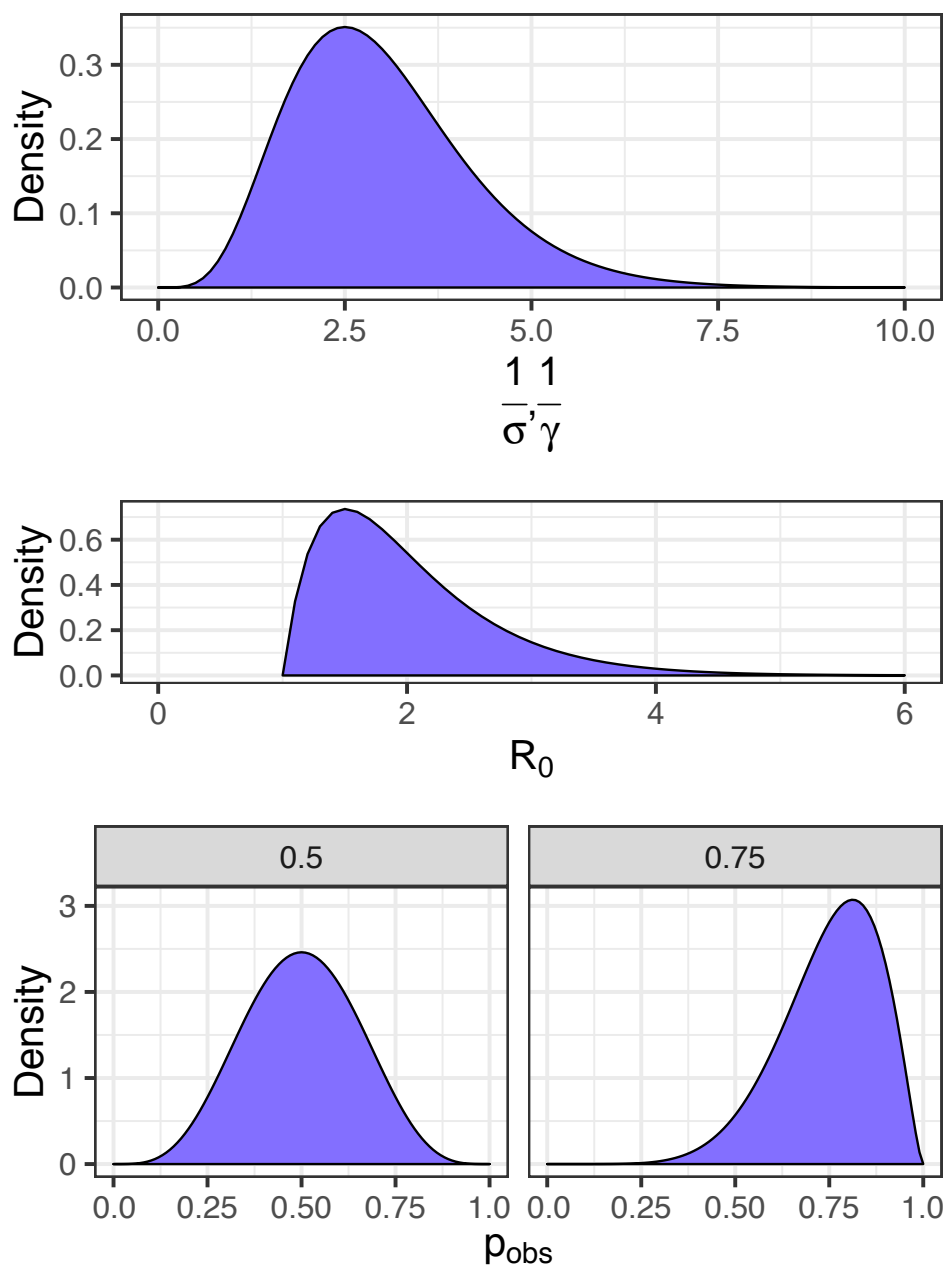


Figure S1: Distributions for model parameters.

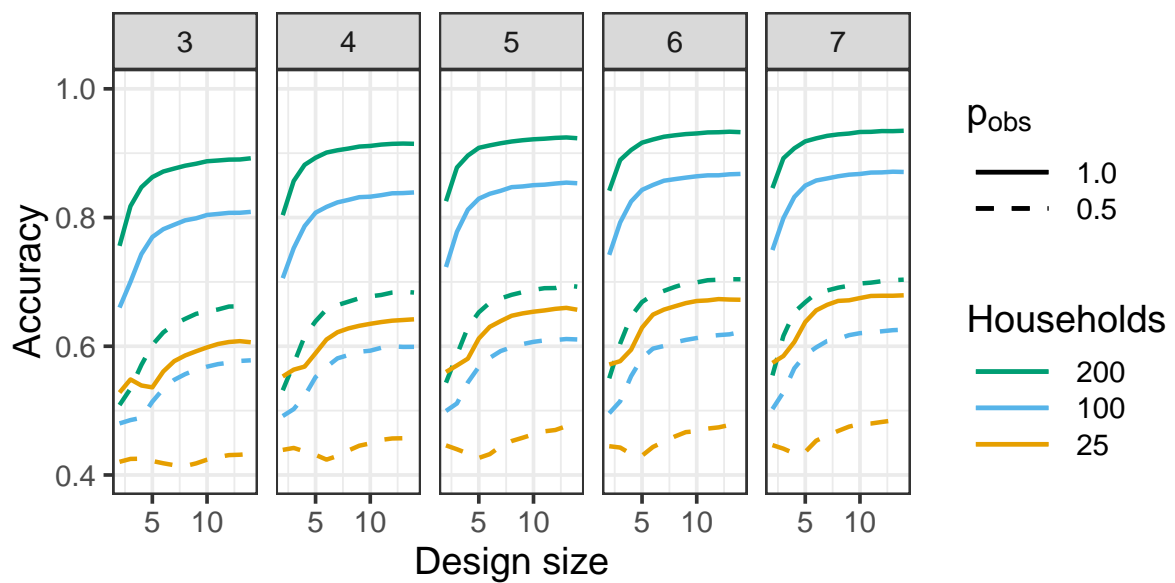


Figure S2: Change in accuracy of optimal designs as household size increases from 3 to 7, under complete observation and mean $p_{obs} = 0.5$. Based on 10,000 training simulations and parameters sampled from distributions.

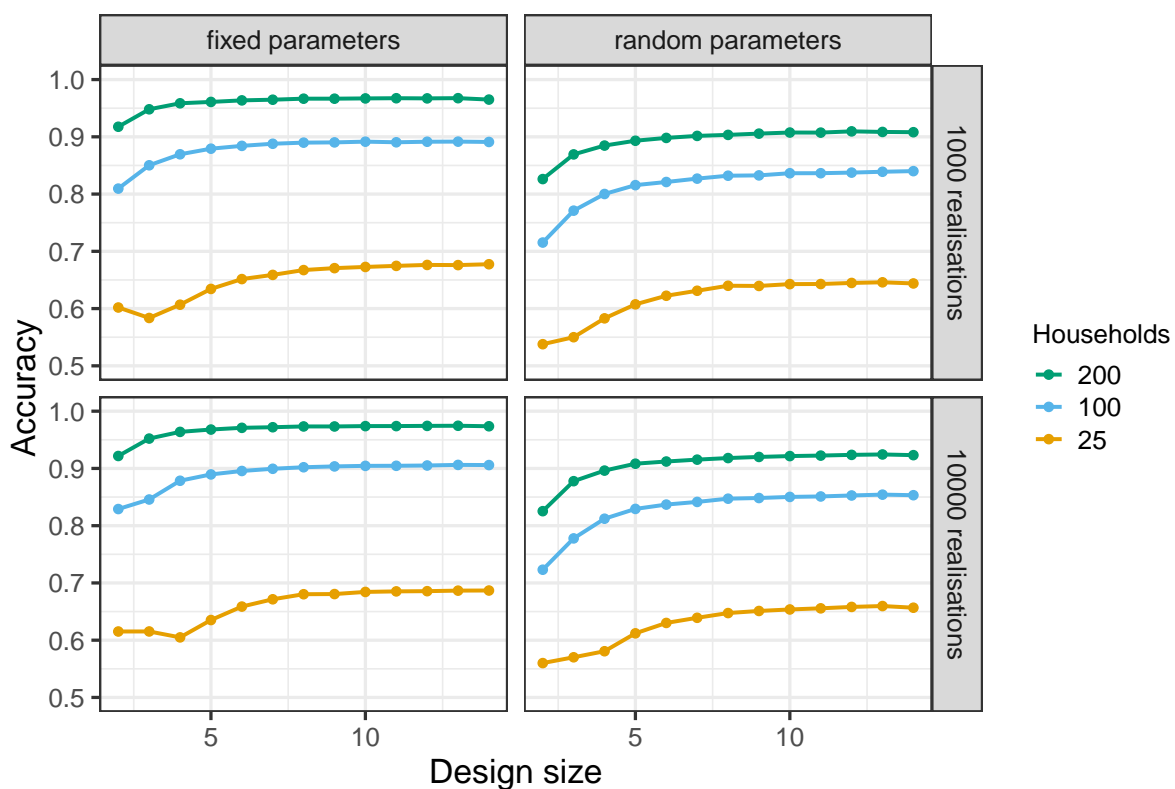


Figure S3: Impact on accuracy of optimal designs as with fixed parameters vs. parameters sampled from distributions, and with 1,000 vs. 10,000 training samples. Based on households of size 5.

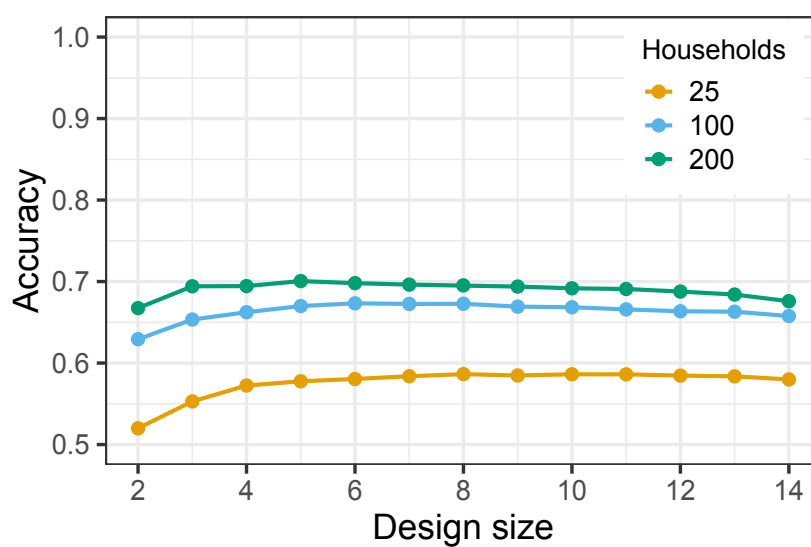


Figure S4: Performance of random forest model discrimination when raw data were used as predictors, rather than histogram summaries (with results in Figure 1d). Based on households of size 5, with 10,000 training points, and random parameters.