1 Lay summary

- 2 Damage-inducing reactive oxygen species (ROS) are a by-product of oxygen-based energy
- 3 production, and are only quenched by energetically expensive antioxidants. Male sexual coloration
- 4 requires investment of energy and resources, which may compromise other functions like
- 5 antioxidant production or spermatogenesis. Here we tested whether the energy stores of colourful
- 6 male lizards reflected their investment in antioxidants, reduced ROS, and affected sperm
- 7 performance. We found that drab males in better condition had more antioxidants, which in turn
- 8 decreased ROS their effects on sperm. Colourful males had lower levels of antioxidants and their
- 9 sperm performed poorly at higher ROS levels. These results suggest a trade-off between color
- 10 maintenance and sperm performance.

11 Title

- 12 Condition-dependent SOD activity attenuates morph-specific superoxide effects on sperm
- 13 performance
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- 25 Running headline
- 26 Condition-dependent sperm performance

27 Abstract

- 28 Sperm competition theory predicts a negative correlation between somatic investment in traits that
- 29 aid in pre- and postcopulatory sexual selection. Sperm performance is critical for postcopulatory
- 30 success but is susceptible to damage by free radicals such as superoxide radicals generated during

31 mitochondrial respiration (mtSOx). Males can ameliorate damage to spermatozoa by investing in the 32 production of antioxidants, such as superoxide dismutase (SOD), which may be act as a mechanistic link for pre and postcopulatory trade-offs. Some male Australian, color-polymorphic painted dragon 33 34 lizards (Ctenophorus pictus) possess a yellow throat patch (bib) that females prefer over non-bibbed 35 males and are also more likely to win male-male contests indicating that males with bibs are better 36 at monopolizing females. We tested whether the sperm performance in non-bibbed males was 37 superior to that of bibbed males as predicted by sperm competition theory. We show that blood cell 38 mtSOx levels are negatively correlated with SOD activity in the plasma in all males early in the 39 breeding season but SOD was lower in bibbed males. Non-bibbed males maintain a positive 40 correlation between body condition and SOD activity over time while bibbed males do not. Overall 41 sperm performance was not different between the bib-morphs, however, mtSOx levels negatively 42 affect sperm performance in bibbed males, but not of non-bibbed males. Together these data 43 suggest physiological links between body condition, SOD activity and sperm performance are specific 44 to the expression of a yellow gular patch, which may be related to intrinsic differences in 45 metabolism of bibbed versus non-bibbed males.

46 Keywords

47 Sperm performance, oxidative stress, polymorphism, body condition, condition dependence, lizard48

49 Introduction

50 Theoretical models of ejaculate investment under sperm competition predict an allocation trade-off between pre- and postcopulatory traits generating a negative correlation between these 51 52 two types of traits (Parker, 1970; Parker et al., 2013; Parker and Pizzari, 2010; Tazzyman et al., 2009). 53 Among individuals of the same species, nutritional resources and energy allocation—quality or 54 condition—is especially likely to mediate pre- and postcopulatory trade-offs (Tuni et al., 2018). 55 Indeed, empirical results indicate investment in precopulatory traits is often negatively correlated 56 with testes size, predominantly in species where males are able to monopolise females (Dines et al., 57 2015; Dunn et al., 2015; Fitzpatrick et al., 2012; Kahrl et al., 2016; Lupold et al., 2014; Simmons and 58 Emlen, 2006). However, in addition to size, other testicular adaptations may also be important for 59 postcopulatory sexual selection (Ramm and Schärer, 2014). A critical function of the testis is to 60 protect sperm from oxidative damage during spermatogenesis and subsequent storage (Aitken and 61 Roman, 2008; Ko et al., 2014; Ramm and Schärer, 2014). Oxidative damage of functionally critical 62 macromolecules (membrane lipids, cellular proteins, and DNA) by reactive oxygen species (ROS) 63 adversely affects whole organism physiological performance, health and lifespan (Finkel and 64 Holbrook, 2000). ROS are free radicals naturally, and principally produced in mitochondria during oxidation-reduction reactions occurring in the electron transport chain (ETC) during oxidative-65 66 phosphorylation generating ATP and therefore tightly linked to energy production (Murphy, 2009; 67 Turrens, 2003). Spermatozoa are particularly vulnerable to oxidative damage because their 68 membranes are composed of a high proportion of easily oxidized polyunsaturated fatty acids 69 (Sanocka and Kurpisz, 2004). Therefore, selection on energetically expensive mechanisms to reduce 70 oxidative damage is important both for life-history evolution and sexually selected traits, potentially 71 generating condition dependent soma-germline trade-off (Dowling and Simmons, 2009; Metcalfe 72 and Alonso-Alvarez, 2010; Monaghan et al., 2009; von Schantz et al., 1999).

73 As they are terminally differentiated and transcriptionally inactive with limited antioxidative 74 defenses, spermatozoa are unable to repair molecular damage (Tremellen, 2008). Consequently, 75 ROS production and damage are self-perpetuating in spermatozoa leading to reduced sperm 76 function, velocity and percent of progressively motile sperm, which are strongly associated with 77 male infertility in humans (Aitken et al., 1989; Aitken and Graves, 2002; Koppers et al., 2008; 78 Tremellen, 2008). Intuitively, sperm performance is conjoined with male reproductive success so 79 oxidative stress at the organismal level should have important implications in postcopulatory sexual 80 selection (Firman and Simmons, 2010; Fitzpatrick and Lupold, 2014; Møller, 1988; Simmons and 81 Fitzpatrick, 2012). Sperm competition puts males in a double bind. The production of more sperm 82 requires increased metabolic activity in the testes (Gomendio et al., 2011; Parapanov et al., 2008; 83 Tourmente et al., 2011), which may then be accompanied by a concomitant increase in ROS 84 production and adaptations to ameliorate the associated costs (delBarco-Trillo and Roldan, 2014; 85 Ribou and Reinhardt, 2012). Even in species with relatively short-term sperm storage and with 86 limited opportunity for sperm competition, such as humans (Simmons et al., 2004; van der Horst and 87 Maree, 2014), oxidative damage strongly influences sperm performance and male reproductive success (Aitken et al., 2014). Allocating resources for protecting sperm from oxidative damage to 88 89 maintain high sperm performance is even more vital in the context of sperm competition (Dowling 90 and Simmons, 2009).

91 Protection from and repairing damage caused by ROS during spermatogenesis is potentially 92 costly and may be condition dependent (Costantini, 2008, 2014; Monaghan and Costantini, 2014). 93 There is increasing evidence of the conditional dependence of sperm production (e.g. numbers and 94 morphology Dávila and Aron, 2017; Kahrl and Cox, 2015) and sperm velocity, motility and 95 fertilization success (Mitre et al., 2004; Rakitin et al., 1999). Male condition dependence of oxidative 96 status affects sperm quality, and there is increasing evidence that male coloration often reflects 97 antioxidant status (Helfenstein et al., 2010; reviewed in, Svensson and Wong, 2011; von Schantz et 98 al., 1999) and studies indicate coloration and sperm quality can be correlated (Locatello et al., 2006;

99 Peters et al., 2004; Pitcher et al., 2007; Rowe et al., 2010). For example, Helfenstein et al. (2010) 100 showed that male great tits (Parus major) with paler carotenoid-based breast plumage subjected to 101 experimentally elevated workloads had higher lipid peroxidation (an indicator of oxidative damage) 102 as well as reduced sperm motility and 'swimming ability'; these effects were ameliorated with 103 supplementation of dietary carotenoid antioxidants. Age-related declines in the innate antioxidant 104 capacity of red junglefowl (Gallus gallus), was associated with an increase in oxidative damage, and a 105 decline in sperm quality (Noguera et al., 2012). Decreased endogenous antioxidant expression 106 translates to lower sperm competitiveness as Garratt et al. (2013) show that mice deficient in the 107 endogenous antioxidate superoxide dismutase (SOD) had no fertilization success in sperm 108 competition trials. Thus, the role of oxidative stress in sperm performance and/or fertilization 109 success in vivo, preferably in wild populations, merits attention (Dowling and Simmons, 2009). Such 110 analyses would be particularly interesting in intraspecific studies on males with divergent 111 reproductive strategies characterized by trade-offs between pre- and postcopulatory sexually 112 selected traits (Lupold et al., 2014).

113 Color-polymorphic species can be a useful tool in determining the selective forces that drive 114 sexually selected trait expression in wild populations. Heritable color morphs often have divergent 115 behaviours and physiology, with associated differences in reproductive tactics in animals with an 116 otherwise common genetic background (Healey et al., 2007; Huxley, 1955; Olsson et al., 2007b; 117 Olsson et al., 2009a; Pryke et al., 2007; Pryke and Griffith, 2006; Sinervo and Lively, 1996; reviewed 118 in Wellenreuther et al., 2014).

Here we assess the relationship between an important mitochondrial ROS—antioxidant pair, a measure of resources (body condition: BCI) and sperm performance in a wild color-polymorphic lizard, the Australian painted dragon (*Ctenophorus pictus*). Primary ROS production in mitochondria begins with the single reduction of molecular oxygen (O₂) to form superoxide (O^{•-}), which is the rate limiting step in the subsequent damaging cascade of ROS production (Andreyev et al., 2015; Turrens, 124 2003). On its own, superoxide is a relatively weak oxidizer of macromolecules; however, superoxide 125 reduces iron (Fe^{2+}) which may then catalyse the disproportionation of hydrogen peroxide (H_2O_2) to 126 produce the hydroxyl radical (*OH), which is the strongest oxidizing agent in biological systems 127 (Fridovich, 1995; Turrens, 2003). So we will focus on superoxide and its elimination by the action of 128 an endogenous enzyme, superoxide dismutase (SOD), which, at sufficiently high concentrations, 129 eradicates O⁻ at the rate of diffusion (MnSOD in the mitochondrial matrix, and Cu/ZnSOD in the 130 intermembrane space; Fridovich, 1995; Turrens, 2003). Thus, although there are other important 131 endogenous antioxidants (e.g., catalase and various isoforms of glutathione peroxidase), the balance 132 between superoxide and SOD is a significant mediator of incipient oxidative stress during energy (ATP) production. 133

134 Oxidative stress and sexual selection biology of painted dragons have been the subject of 135 extensive investigations. For example, aggressive morphs have higher testosterone (T) superoxide 136 levels when their mitochondria are maximally active than in less aggressive with lower T (Olsson et 137 al., 2007a; Olsson et al., 2009c). Experimental lowering of superoxide levels using exogenous doses 138 of SOD mimetic (EUK 134) reduces color fading over the breeding season (Olsson et al., 2012b). 139 Although color is in part carotenoid-based, a potential exogenous antioxidant, dietary manipulation 140 of carotenoids does not mediate a relationship between superoxide and bright coloration (Olsson et 141 al., 2008). Males in better body condition (residuals of mass-length regression) have enhanced 142 morph-specific color maintenance despite higher net ROS levels (Friesen et al., 2017b) indicating 143 that investment in endogenous antioxidants may be condition-dependent. Together these studies 144 suggest that there are evolutionarily important links between body condition, SOD and superoxide 145 levels, and sexual coloration in painted dragons.

In this paper we exploit natural variation in a color trait, the presence or absence of a yellow gular patch (henceforth, bib **Fig 1**), which is an important, but costly, sexually selected color-trait in painted dragons. Bibbed male painted dragons have greater declines in body condition in the wild 149 than non-bibbed males (Healey and Olsson, 2009a; Olsson et al., 2009a), greater telomere attrition 150 (Rollings et al., 2017) and higher resting metabolic rate through the breeding season than non-151 bibbed males (Friesen et al., 2017a). These costs of bearing a bib, must come with potential fitness 152 benefits, to explain the trait's persistence in the population. Indeed, bibbed males are more 153 attractive to females in staged preference trials and win male-male competition trials when pitted 154 against non-bibbed rivals indicating there is a precopulatory mating advantage for bibbed males 155 (McDiarmid et al., 2017). Bibbed males are less likely than non-bibbed males to lose paternity to 156 neighbouring males in the wild (Healey and Olsson, 2009a; Olsson et al., 2009a), which may be due 157 to mate monopolization. McDiarmid et al. (2017), hypothesized that this precopulatory advantage of bibbed males is an evolutionarily (reduced selection for sperm performance) sperm motility and 158 159 velocity did not differ between bibbed and non-bibbed males. However, McDiarmid et al. (2017) did 160 not analyse the effects of body condition and superoxide and SOD were not measured. We make 161 three straightforward predictions: 1) SOD and superoxide level should be negatively correlated, 2) 162 sperm performance and superoxide levels should be negatively correlated, and 3) if SOD is indeed 163 costly, body condition should be positively correlated with SOD levels. If there is a resource allocation trade-off, then bibbed males should have lower sperm performance after accounting for 164 165 SOD and body condition than non-bibbed males.

166 Methods

167 Animal collection/housing and mating trials

168 The Australian painted dragon (*Ctenophorus pictus*, Peters 1866) is a small (adult: mass 8 – 18g;

snout-to-vent length [SVL] 55-75mm) agamid lizard native to arid parts of central New South Wales

- to Western Australia (Cogger, 2014). All research was conducted with the approval of the University
- 171 of Sydney Animal Ethics Committee Project Number: 2013-2016/6050 and were collected under
- 172 NSW National Parks and Wildlife Service Scientific licence number SL100352. Lizards were caught at

173	Yathong Nature Reserve, New South Wales (145°35'; 32°35') and were brought back to holding
174	facilities at the University of Sydney (14, October: N = 40 females; N = 56 males; 20 bibbed and 36
175	non-bibbed males). The animals were sampled at random at the study site and, hence,
176	approximately represent natural frequencies in the wild at the time. Males were kept individually in
177	tanks (60 × 60 × 50cm) on a 12:12h (light:dark) light regime with a basking light for
178	thermoregulation. They were watered daily, and fed crickets and mealworms to satiation every

second day.

180 After a three-week acclimation period, we conducted mating trials on five different days in 181 the period between 6-Nov.-4 Dec (5-8 matings per day). This period corresponds with the middle 182 third of the breeding season in the wild (late September-late December). We obtained 5-8 matings 183 on any given day which allowed for timely processing of both sperm and blood samples with minimal 184 temporal separation. Each male was observed continuously after the introduction of a receptive 185 female to his own cage. Males usually mated within 10 minutes of the female's introduction, and 186 trials were terminated if mating did not occur after 1 hour. Only those males that mated were 187 included in this study (N = 31 of 56 males mated; 12 bibbed and 19 non-bibbed males). Although not all males mated, the ratio of bibbed/non-bibbed males was the same as those brought back to the 188 189 lab ($X^{2}_{df 1}$ = 0.077, P = 0.781). Females were used only once during the receptive phase of their 3 week 190 reproductive cycle (Olsson et al., 2009b).

Subsequent to copulation, semen was collected from the female's cloaca by pulling the
ejaculate into a 1mL syringe (Olsson, 2001) preloaded with 100µL Hams F-10 medium (Cat # 99175,
Irvine Scientific, Santa Ana, CA, USA; 21 mM HEPES buffer, 4 mM sodium bicarbonate, 1 mM calcium
lactate, 0.5 mM magnesium sulfate, 5 mg mL–1 (0.5%) human albumin; e.g., (Friesen et al., 2013;
Friesen et al., 2014; Mattson et al., 2007; McDiarmid et al., 2017). Sperm samples were kept at
35±1°C in an incubator until they were analysed using computer-assisted sperm analysis (CASA, see

below) ≤ 30 minutes after collection; 35°C is the preferred body temperature of this species (Melville
and Schulte II, 2001). A pilot study (N = 6) showed no significant decline in sperm motility or velocity
60 minutes, and was verified in the full data set presented in this paper (see results below). We
collected a blood sample in a capillary tube from a vessel in the corner of the mouth, the *vena angularis*, after it was nimbly punctured with an 18ga syringe needle. Each blood sample was taken
within 5 min of semen collection for mitochondria superoxide and superoxide dismutase analysis
(below). Body mass and snout-to-vent length (SVL) were recorded the same day as mating trials.

204 Sperm performance—Computer aided sperm analysis (CASA)

205 The ejaculate was diluted to 1×10^6 /mL with Hams F-10 medium and slowly pipetted (10.0µL) into the 206 chamber of a pre-warmed sperm analysis slide (Hamilton-Thorne 2X-CEL®; Beverly, MA, USA; 207 warmed to 35°C on a slide warmer). Sperm were examined using CASA at a frame rate set to 60hz 208 (Hamilton-Thorne, IVOS-II; Beverly, MA, USA). Sperm motility was determined for a minimum of 300 209 sperm per individual. In pilot work, we found it impossible to eliminate all particulates from the 210 ejaculate without negatively affecting sperm motility with excessive washing. Therefore, we 211 modified CASA factory settings to classify sperm as motile only if its velocity was $\geq 5 \ \mu$ m/s with no 212 constraints on path straightness. In addition, we visually inspected each sperm track to verify that 213 only sperm were included in the analysis and to confirm accurate tracking of multiple sperm with 214 intersecting paths at the time of analysis. In addition to providing proportion of motile sperm (MOT), 215 we used the following standard average measures of sperm kinematics data generated by CASA for 216 each sample for PCA analysis (see "statistics" below): straight-line velocity (VSL), curvilinear velocity 217 (VCL), average path velocity (VAP), amplitude of lateral head displacement (ALH), beat cross 218 frequency (BCF), linearity of movement (LIN), and proportion of progressively motile sperm (PMOT). 219 Progressively motile sperm (i.e., sperm that were 'going somewhere' and not merely convulsing or 220 turning in place) were defined as sperm with an average path velocity (VAP) of ≥50µm/s and a 221 straightness index (STR) of 70% (VSL/VAP \geq 70%).

222 Mitochondrial Superoxide—Flow-cytometry fluorescence-activated cell sorting (FACS)

223 We followed previously published protocols for measuring mitochondrial superoxide (Ballen et al., 224 2012; Friesen et al., 2017b; Giraudeau et al., 2016). Briefly, an aliquot of a single sample of whole 225 peripheral blood (10 μ l) was diluted immediately with 9 volumes of phosphate buffered saline (PBS; 226 137 mM NaCl, 2.7 mM KCl, 1.5 mM KH2PO4, 8 mMNa2HPO4, pH 7.4) and stored on ice prior to FACS 227 analyses that were completed within 2 hours of sampling. The remainder of the blood sample was 228 kept on ice until centrifugation for plasma collection and subsequence storage at -80°C (3 hours 229 after blood sampling) for later quantification of SOD. Prior to staining blood cells for mt-superoxide, 230 the diluted blood was further diluted 50-fold in PBS and then centrifuged (300 g for 5 min) to pellet 231 blood cells. Cells were resuspended in 100 μ l of PBS containing 5 μ M MitoSOX Red (MR; Molecular 232 Probes, Invitrogen, Life Technologies, Sydney, Australia). MR was added from stock solutions in 233 dimethylsulfoxide (DMSO); the final concentration of DMSO was 0.2% (v/v) or less. Cells were 234 subsequently incubated at 35°C for 30 min then washed with PBS by centrifugation as described 235 above and held on ice until analysed by flow cytometry; 50,000 events (cells) were acquired for all 236 samples. Flow cytometry was performed using an Accuri C6 flow cytometer (BD Accuri Cytometers, 237 Ann Arbor, MI, USA) with excitation at 488 nm and emitted fluorescence collected using band pass 238 filters of 575 ± 13 nm. Data were acquired and analyzed using BD Accuri C6 Software. On the basis of 239 forward angle laser scatter and side angle laser scatter, a number of blood cell populations were 240 discerned; the results obtained were similar for all these populations. For each sample, the 241 arithmetic mean fluorescence for all 50,000 cells acquired was determined using Accuri C6 software 242 and used to compare between samples and treatments. (A pilot experiment determined that the 243 particulate matter in the semen samples precluded measurement of mitochondrial superoxide 244 production in sperm with flow cytometry).

245 Superoxide dismutase activity

We followed the same protocol described in (Olsson et al., 2012a; Olsson et al., 2012b) to assay SOD
in blood plasma samples collected within five minutes of semen collection. Briefly, we used the

248 Superoxide Dismutase Assay Kit II (catalogue no. 574601, Calbiochem, supplied by Merck Pty Ltd., 249 Victoria, Australia). This kit is designed to generate superoxide radicals with xanthine oxidase and 250 hypoxanthine. The superoxide radicals are dismutated by SOD in the plasma sample to molecular 251 oxygen and hydrogen peroxide and detected by tetrazolium salt. This SOD assay measures all three 252 types of SOD (Cu/Zn-, Mn- and Fe-SOD). Absorbance measurements were taken using a microplate 253 reader (Pherastar®FSX, BMG Labtech, Mornington, Victoria, Australia). The optimal plasma sample 254 dilution was determined to be a factor of 48 in previous studies (Olsson et al., 2012b). Standards and 255 samples were run in duplicate and were placed randomly on the plates for intra-assay precision. The 256 correlation coefficient between two samples from the same individual was r = 0.883, P < 0.0001. One unit of SOD activity is defined as the amount of enzyme needed to exhibit 50 % dismutation of the 257 258 superoxide radical to hydrogen peroxide. 259 Statistical analysis

260 Data preparation

261 We calculated body condition (BCI) as the standardized residuals (mean = 0; standard deviation =1)

from linear regressions of ln(body mass) as a function of ln(SVL) in all males not just those that

263 mated (Olsson et al., 2009a).

After inspection of a normal Q-Q plot and the failure of Shaprio-Wilk tests of normality,
mean fluorescence values of mitochondrial superoxide (henceforth "mtSOx": W = 0.858, P < 0.001)
and superoxide dismutase activity (SOD: W = 0.883, P = 0.003) were ln-transformed to improve
normality (mtSOx: W = 0.961, P = 0.317; SOD: W = 0.993, P = 0.999) and reduce heteroscedasticity.
Hereafter, mtSOx and SOD refer to these transformed variables unless otherwise stated.
A priori, we wanted to assess proportions of motile (MOT) and progressively motile (PMOT)
sperm. MOT is one of the most commonly reported sperm performance parameters while PMOT is a

271 useful holistic indicator of efficient mitochondrial function, membrane integrity and fertilization

272 success in most species studied to date, including for example, humans, horses, ram, rabbit and

poultry (De Graaf et al., 2006; Froman and Feltmann, 2000; Froman and Kirby, 2005; Johinke et al.,
2014; Quintero-Moreno et al., 2003; Rickard et al., 2014; Simon and Lewis, 2011). PMOT captures
both velocity and path straightness and also scales to the relative population size of progressively
motile sperm in the ejaculate. However, it is unclear how these two variables and the other six
kinematic parameters generated by CASA are related.

278 Initial data exploration of MOT, VSL, VCL, VAP, ALH, BCF, LIN, and PMOT showed they are 279 indeed correlated (|r| range: 0.276-0.973). Rather than run multiple separate analyses with each 280 sperm kinematics parameter, following Helfenstein et al. (2010), we chose to reduce these eight 281 dimensions into one variable using principle component analysis with varimax orthogonal rotation in 282 SPSS 24. The first axis (PC1), which we call "sperm performance" and Helfenstein et al. (2010a) call 283 "swimming ability", explained 69.73% of the variance in the kinematic parameters. All kinematic 284 parameters were significantly correlated with PC1 after rotation (Listed here in order of increasing 285 strength of positive correlation with PC1: LIN, ALH, MOT, PMOT, VCL, VAP, VSL; r ranged 0.663-286 0.994, all p <0.0001; BCF (beat frequency) had a significantly negative correlation with PC1 r = -287 0.578, P< 0.0001). Thus, individuals with relatively large and positive values of PC1 can be described 288 as having proportionally more sperm that swim relatively fast and straight and were more efficient 289 given the negative correlation with beat frequency.

290 Significance tests

291 We report basic comparisons of mass, SVL and body condition between bib-morphs at time of 292 capture and at mating. We fit separate models including one covariate of interest (BCI, mtSOx, SOD) 293 and its interaction with bib-morph. Therefore, we chose to conduct significance tests on three 294 separate relationships using restricted maximum likelihood (REML) estimated Generalized Linear 295 Models (GLM; normal distribution, identity link function) with Satterthwaite approximated degrees 296 of freedom and robust covariance estimation to manage unbalanced sample sizes in IBM® SPSS® 297 version 24. All models reported here initially included main effects of bib-morph and the covariate of 298 interest as well as their interaction.

299 Figures

- 300 We included separate regression lines for each 'morph' in all plots regardless of significance. All plots
- 301 and R² values (when reported) for these simple linear regressions (SLR) were generated in
- 302 SigmaPlot[®] 13.0 (Systat Software, Inc. San Jose CA, USA).
- 303 Results
- 304 Of the males that mated and were used for sperm collection, bibbed males were slightly but
- significantly longer than non-bibbed males (at capture SVL: $F_{1,29} = 5.578$, P = 0.025); SVL did not
- 306 change in the acclimation period. Bibbed and non-bibbed males did not differ significantly in mass or
- body condition at the time of capture or mating (all $P \ge 0.119$) although all males gained an average
- 308 \pm se of 0.626 \pm 0229g or 4.95% (5.9 \pm 202%) in this period (F_{1,29} = 6.820, P = 0.014).

309 Relationship between body condition and superoxide dismutase activity

310 SOD activity and body condition given previous studies on morph-specific decreases in body

- 311 condition (Healey and Olsson, 2009a; Olsson et al., 2009a), and body condition and SOD should be
- related to somatic maintenance (Friesen et al., 2017b; Olsson et al., 2018; Rollings et al., 2017). Is
- 313 there a positive relationship between body condition and SOD activity related to body condition in a
- 314 morph-specific manner?

315 Superoxide dismutase activity, measured at the time of mating, was positively related to body 316 condition at time of capture (SOD \sim BIC_{capture}: r = 0.336, F_{1,29} = 4.465, P = 0.043) suggesting that SOD 317 activity is influenced by condition early in the breeding season Figure 2. Although BCI increased 318 from time of capture to time of mating in the lab, SOD activity decreased over the sampling period 319 (SOD ~ date: r = -0.355, $F_{1,29} = 4.193$, P = 0.050). At the time of each individual male's mating, BCI did 320 not have an significant main effect on SOD activity, however, SOD activity increased with BCI in non-321 bibbed males, but not in bibbed males (Bib x BCI_{matiing}, P =0.015; Table 1), and non-bibbed males had 322 higher SOD activity than bibbed males (P = 0.041).

323 Relationship between mitochondrial superoxide (mtSOx) and SOD

- 324 Oxidative stress is caused by an imbalance between free radical production and antioxidant
- defences (Monaghan et al., 2009), and bib-morphs may differ in allocation strategies with
- 326 downstream effects on regulation and expression of SOD or SOD isozymes. Does SOD activity
- 327 effectively reduce mtSO levels in a morph-specific manner?
- 328 We modelled mtSOx levels as a function of SOD and bib as main effects and the interaction between
- them. Overall, mtSOx tended to decrease with increasing SOD activity (P = 0.012) Table 2; Figure 3.
- 330 Superoxide levels increased significantly over the course of the sampling period (r = 0.564, F_{1,29} =
- 331 13.526, P = 0.001).

332 Relationship between mitochondrial superoxide and sperm kinematic parameters

333 Sperm are particularly sensitive to free radical damage (Gomendio et al., 2011; Koppers et al., 2008;

334 Tremellen, 2008). Does mtSO negatively affect sperm movement (MOT) and performance (PC1 and

- 335 PMOT) in a morph-specific manner?
- 336 We constructed GLMs with bib, superoxide levels and their interaction as independent variables and
- three different kinematic parameters as response variables: MOT, PMOT and PC1 or "sperm

338 performance" Tables 3a-c. Sperm motility was significantly and negatively related to superoxide

- levels (P = 0.001), but motility did not differ between bib-morphs (P = 0.358) Figure 4. Superoxide
- 340 levels (mtSOx) negatively affected both sperm performance (PC1) and the proportion of PMOT (P \leq
- 0.014). Progressive motility of sperm declined in both morphs, but more steeply in bibbed males (bib
- 342 x mtSOx P = 0.036: **Figure 5a**). While sperm performance (PC1) declined with increasing mtSOx levels
- in bibbed males (bib x mtSOx, P = 0.038 Figure 5b), no such decline occurred in non-bibbed males.

344

345 Discussion

346 We investigated prospective links between body condition, antioxidant defences (SOD), whether

347 antioxidant levels affected ROS levels (mtSOX) and finally whether ROS levels affected sperm

348 performance of bib- and non-bibbed male painted dragon lizards. Our results suggest that somatic 349 levels of ROS production and antioxidant protection are associated with sperm performance. 350 Mitochondrial superoxide (mtSOx), measured in blood cells (somatic), is negatively associated with 351 the proportion of motile sperm (MOT) and the proportion of progressively motile sperm (PMOT) in 352 both bib-morphs (Figure 3). Similar to McDiarmid et al. (2017), we did not find bib-morph specific 353 differences in sperm kinematic parameters. Nevertheless, there were differences in the association 354 of blood cell superoxide level on progressive sperm motility between bib-morphs. The negative 355 effect of superoxide levels was more pronounced in bibbed males and overall progressive motility 356 was lower in bibbed males at the highest levels of blood mtSOx (Figure 5a) and are greatest on 357 overall sperm performance (represented by PC1, Figure 5b). Sperm performance seems to be 358 strongly affected by oxidative status in bibbed males, but not in non-bibbed males, which may 359 indicate that the sperm of bibbed males were more sensitive to mtSOx or their superoxide 360 dismutase activity was able to keep pace and quench excess mtSOx. Indeed, superoxide dismutase 361 (SOD) levels were highest in non-bibbed males (Table 1) and SOD activity was negatively related with 362 mtSOX (Table 2). The link between SOD activity and body condition suggests a trade-off between the 363 allocation of resources to aggressive behaviour and bib maintenance on one hand and buffering 364 against the negative effect of superoxide on sperm performance in non-bibbed males on the other.

As predicted, SOD activity, in both bibbed and non-bibbed males, was positively related to body condition (BCI) at the time of capture. Thus, SOD activity measured a ~month after body condition measures were taken had a lingering positive indicating that SOD activity may depends available resources at the time of production. However, the relationship of SOD activity and BCI measured at the time of mating is more complex. In non-bibbed males, BCI at mating was positively related to SOD activity, but not in bibbed males. Indeed, SOD levels were significantly lower in bibbed males than non-bibbed males even after accounting for body condition at the time of mating. 372 Positive links between color traits, oxidative stress and sperm performance have been 373 demonstrated in a few species, such as Helfenstein et al. (2010) work on great tits and the positive 374 association between color, immunocompetence and sperm performance demonstrated by Peters et 375 al. (2004) in mallards. However, other comprehensive studies find clear links between oxidative 376 stress and color. Rojas Mora et al. (2016) found that the ratio of oxidised over reduced glutathione 377 (an endogenous antioxidant that quenches hydrogen peroxide, a downstream product of superoxide 378 dismutation by SOD) in the ejaculate of house sparrows (Passer domesticus) was negatively 379 correlated with the size of a melanin-based breast badge, thus indicating an allocation trade-off 380 between badge size and ejaculate antioxidants. Nevertheless, ejaculate quality in the house sparrow 381 was not directly related to any oxidant or antioxidant measurement (Rojas Mora et al., 2016). In a 382 follow up paper, experimental increases in oxidative stress in the same species of sparrow (dosing 383 males with the pro-oxidant, diquat) increased antioxidant levels in the ejaculate but diquat dosing 384 still reduced sperm velocity with the least aggressive/dominant birds being the most strongly 385 affected, probably due to socially mediated decreases in access to food resources—or condition 386 dependence (Rojas Mora et al., 2017a). In this same study superoxide dismutase was also correlated 387 with sperm motility in this species and social status consistent with a trade-off between dominance 388 and sperm competitiveness (Rojas Mora et al., 2017b). Initiating aggression is a critical determinant 389 of winning male-male contests in painted dragons and bibbed males are the more aggressive of the 390 bib-morphs (McDiarmid et al., 2017). Thus, our results suggest an opposite trend to that of the wild 391 house sparrows as relative superoxide levels most strongly affect the sperm performance of the 392 more aggressive bibbed males. In house sparrows, aggressive and dominant individuals also have 393 greater access to resources which may have generated a soma-germline trade off that strongly 394 reduced sperm velocity in the least dominant males, but was less prevalent in dominate males due 395 to increased resources which reduced the strength of the trade-off (Rojas Mora et al., 2017a). 396 However, in our study, males were not allowed to interact and were fed to satiety every other day 397 so socially mediated differential in resource limitation is not a plausible explanation of our results.

398 Below we consider non-mutually exclusive hypotheses that may better explain this result 399 suggesting further avenues of study. First, the temporal difference in these two condition dependent 400 relationships with SOD, and the morph-specific differences in SOD may be related to the decrease in 401 SOD and increase in mtSOx over the course of our sampling period. Second, morph-specific SOD 402 turnover rates due to initial condition having a lasting effect on SOD activity may also explain the 403 breakdown in the relationship between BCI and SOD at the time of mating. Indeed, bibbed-morphs 404 have higher metabolic rates than non-bibbed morphs (Friesen et al., 2017a). Thermal effects, with its 405 affects metabolic rate, on SOD turnover rates may explain the relatively high variability of mtSOx 406 levels previously described in male painted dragons subjected to "hot-long and cold-short" basking 407 regimes (Ballen et al., 2012), where "cold" treatment males reduced mtSOx levels more during 408 activity than "hot" basking males. Regrettably, data on SOD turnover rates in animal taxa other than 409 mammals (i.e., mice, rats and humans) are sparse and temperature dependent rates in ectotherms is 410 in need of further research. However, we can estimate turnover rates in these dragons because 411 metabolic rate is linked to stoichiometry of protein and other macromolecular turnover across taxa 412 (Hulbert and Else, 2000).

413 Some mammalian cellular proteins like histones (H3.1) and nuclear pore complex proteins 414 (Nup205) persist nearly a year in vivo (Toyama et al., 2013), but most proteins have half-lives of only 415 45 minutes to 22.5 hours (Eden et al., 2011). Among proteins, superoxide dismutase is relatively 416 long-lived (Valentine et al., 2005) with a half-life of 45-80 hours for SOD expressed in mice kidneys 417 (Crisp et al., 2015; Hoffman et al., 1996). Nevertheless, the standard/basal metabolic rate of a 13g 418 mouse (e.g., Mus spp.) is nearly 5.5x higher than that of a 13 g painted dragon, (0.09ml/min*60 = 419 5.4ml/hr; Friesen et al., 2017a; mouse 29.78mlO2/hr; Withers, 1992, pg 95). Furthermore, non-420 specific protein synthesis rates in mice are ~4.8x faster than in lizards (Sayegh and Lajtha, 1989; 421 Warne et al., 2010) and isotopic nitrogen turnover rates yield similar values (Vander Zanden et al., 422 2015; Warne et al., 2010). Assuming that this inter-taxonomic factorial adjustment is reasonable, the 423 degradation rate of SOD in a lizard is probably 4.8-5.5x slower than in a mouse, which translates to a

SOD half-life of 9-18 days in painted dragons. Given the upper end of this half-life range, BCI taken at
capture could plausibly influence SOD activity 21-50 days later, which might explain the effect of
early season condition on later SOD activity. As bibbed males have higher resting metabolic rates
than non-bibbed males (Friesen et al., 2017a), they might have had faster degradation of SOD, which
could explain the disappearance of the positive relationship between SOD and BCI at mating in
bibbed males, but not non-bibbed males.

430 Another, albeit more speculative and interesting, hypothesis is that different variants of SOD 431 or mitochondrial genes may be linked to bib expression. For example, amyotrophic lateral sclerosis 432 (ALS) is associated with oxidative damage of neuronal axons (Oeda et al., 2001), and mutations in 433 SOD (>100 functional ALS mutations) are linked with 20-25% of ALS cases in humans (Valentine et 434 al., 2005). Thus, bibbed and non-bibbed males may have different genetic variants of SOD genes that 435 affect oxidative status and is linked to condition. Nutrition and condition may also affect 436 mitochondrial function (Ballard and Youngson, 2015) and exogenous antioxidants could certainly 437 play a role (Monaghan et al., 2009). However, in painted dragons, supplementation with vitamin E 438 (an antioxidant) does not increase longevity in the wild (Healey and Olsson, 2009b) and 439 supplementation with dietary carotenoids does not reduce the effects of ROS on color maintenance 440 (Olsson et al., 2008). Nevertheless, dietary antioxidants may affect sperm function and this merits 441 further research. Supplementation with a SOD mimetic, EUK 134, reduces age-related color fading 442 associated with oxidative stress (Olsson et al., 2012b). We did not measure color in this study so we 443 cannot directly assess the link between bib color saturation and sperm performance. McDiarmid et 444 al. (2017), however did not find a significant relationship between bib saturation and two measures 445 of sperm function, motility (MOT) and velocity (VAP,) which is consistent with the meta-analysis of Mautz et al. (2013) that found no significant correlations between color traits and sperm kinematic 446 447 performance, but may be manifest if males were allowed to socially interact within the natural 448 "mating system" in the wild (Lupold et al., 2014).

449 Bibbed males have higher metabolic rates (Friesen et al., 2017a) and shorter telomeres than 450 non-bibbed males (Rollings et al., 2017), and telomere shortening is linked with oxidative stress 451 (Monaghan, 2010; Olsson et al., 2018; Olsson et al., 2017). Perhaps the different nuclear genetic 452 backgrounds of bibbed and non-bibbed males create different mitonuclear interactions that might 453 explain the greater metabolic rates and generation of superoxide (Ballard and Melvin, 2010; Hill et 454 al.), which affects ageing and sperm performance in bibbed males. Different mtDNA haplotypes in 455 mice (Mus sp.) with common nuclear background have similar respiration rates but differ in their 456 production of reactive oxygen species (Moreno-Loshuertos et al., 2006). In humans, reduced sperm 457 motility is associated with particular mtDNA haplotypes and oxidative damage (Ruiz-Pesini et al., 458 2000) as is metabolic rate, health and ageing (Latorre-Pellicer et al., 2016; Tranah et al., 2011). 459 Mitochondrial DNA (mtDNA), which 'codes' for important protein subunits in all complexes

of the ETC, is prone to ROS damage because it is not protected by histones (Ballard and Whitlock,
2004). Over time, damage to mtDNA by oxidative stress or replication errors can affect the efficiency
of electron transfer and increase superoxide production in mitochondria, and many age related
human diseases are associated with lesions on mtDNA that accumulate throughout life. Thus, the
increases in superoxide production and depletion of SOD documented in this study may also indicate
aging (Balaban et al., 2005).

466 In the wild, male painted dragons lose mass through the breeding season which ends in late 467 December to mid-January; 90% of adults do not survive through winter 'hibernation' (beginning in 468 late May) to the next breeding season (in September) (Healey and Olsson, 2009a; Olsson et al., 2007b; Olsson et al., 2009a). The increase in superoxide and decrease in SOD throughout the 469 470 sampling period we describe here is consistent with senescence manifest in weight loss, DNA 471 damage, telomere shortening, and color fading across the breeding season in this species (Giraudeau 472 et al., 2016; Olsson et al., 2012b; Rollings et al., 2017). We tested mtSOx in blood cells, but the 473 mitochondrial proteins in sperm cells are the same as those in blood cells and should generate

474 similar levels of SOx. Mitochondrial function and superoxide production is affected by the stress 475 response (Manoli et al., 2007), and, if bib-morphs differ in their resilience to stress, this may explain 476 different sensitivities of sperm to ROS. Spermatogenesis is ongoing throughout the breeding season 477 in painted dragons, indicated by testicular enlargement persisting August through late December 478 (Niejalke, 2006). Condition earlier in the season during spermatogenesis may have a strong influence 479 on sperm damage and concomitant sensitivity to oxidative damage later in the season as our males 480 were held without access to females prior to mating trials and sperm collection. This would 481 constitute a trade-off between aggression typical of bibbed males and resilient sperm of non-bibbed 482 males.

483 Conclusions

484 In bibbed males, condition seems to be an important factor that relates indirectly to sperm 485 performance via SOD activity. There are multiple functions of testes, and protecting sperm from 486 damage is paramount as sperm are very sensitive to superoxide and sperm performance is critical to 487 male fertilization success. Female painted dragons store and use sperm across clutches (Olsson et 488 al., 2009b), thus there may be a selective advantage for sperm viability and longevity (Dziminski et 489 al., 2009; Fitzpatrick et al., 2009). It is important to consider potentially negative transgenerational 490 effects of sperm damage which strongly affects offspring viability and increased likelihood of disease 491 in humans (Aitken et al., 2014). Female dragons may use sperm storage as a mechanism to 'test'

492 damaged sperm as a form of cryptic female choice.

493 Competing interests statement

- 494 We have no competing interests.
- 495 Author contributions
- 496 All authors contributed materially and intellectually to this experiment and manuscript.

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- 505
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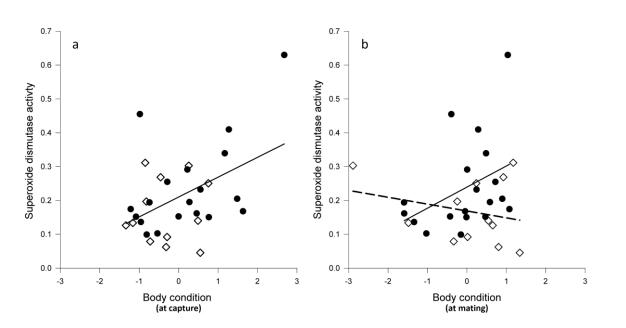
797 Figure legends



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799 Figure 1

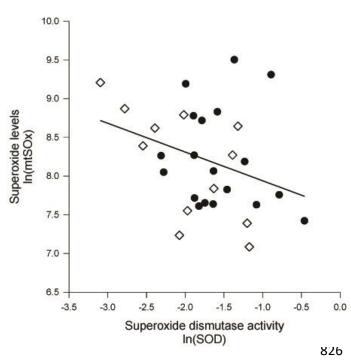
- 800 Male painted dragon lizards. On the left is a male without a yellow throat patch (i.e. a non-bibbed
- male) and on the right is a male with a yellow throat patch (i.e. a bibbed male).



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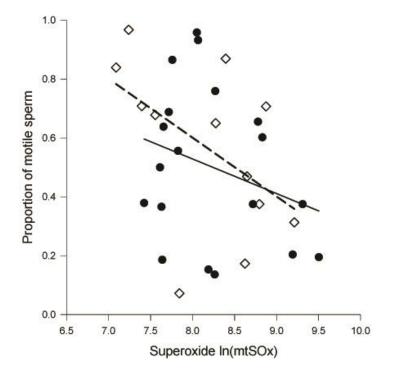
803 Figure 2

Relationship between SOD activity (untransformed data graphed) and body condition (BCI, residual In(body mass) given In(snout to vent length)). In each graph, solid circles (•) represent non-bibbed males and unfilled diamonds (\diamond) represent bibbed males. Panel **a**) SOD activity at mating as a function of body condition *at capture*: R² = 0.213, P = 0.009. Panel **b**) SOD activity at mating as a function of body condition at mating: separate regression lines for each morph are plotted due to the significant morph x BCI interaction (P = 0.015; solid line represents non-bibbed males (R² = 0.149, P = 0.103), dashed line represents bibbed males (R² = 0.066, P = 0.420).



827 Figure 3

- 828 Negative relationship between mitochondrial superoxide levels in blood cells and plasma superoxide
- dismutase activity ($R^2 = 0.107$, P = 0.018). Solid circles (•) represent non-bibbed males and unfilled
- 830 diamonds (\diamondsuit) represent bibbed males.

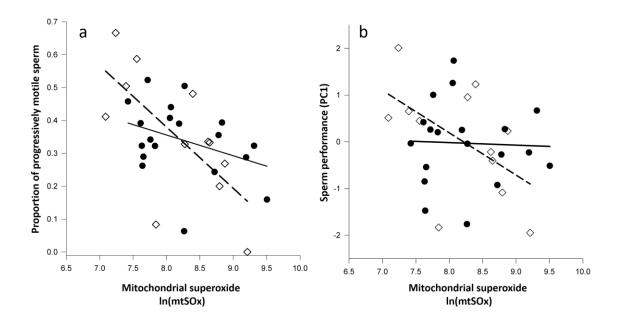


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832 Figure 4

833 Overall negative relationship between sperm motility and mitochondrial superoxide levels (P =

- 834 0.001). We have graphed separate regressions for each bib-morph: Solid circles (•) represent non-
- bibbed males (solid regression line, R^2 =0.080) and unfilled diamonds (\diamondsuit) represent bibbed males
- 836 (dashed regression line, $R^2 = 0.249$).





838 Figure 5

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839	a)	Negative relationship between the proportion of progressively motile sperm (PMOT) and
840		mitochondrial superoxide levels in blood cells (In(mtSOx); P < 0.001). Regression lines were
841		calculated and plotted separately for each morph given the significant bib x ln(mtSOx) level
842		interaction (P = 0.036). Solid circles (•) represent non-bibbed males (solid regression line: R ²
843		= 0.130) and unfilled diamonds (\diamondsuit) represent bibbed males (dashed regression line: R ² =
844		0.458).

b) Negative relationship between sperm performance (PC1) and mitochondrial superoxide 845 levels (In(mtSOx), P = 0.019). PC1 is positively correlated with the following sperm kinematic 846 parameters: LIN, ALH, MOT, PMOT, VCL, VAP, VSL see text for definitions (r ranged 0.663-847 0.994, all p <0.0001); BCF (beat frequency) had a significantly negative correlation with PC1 848 (r = -0.578, P< 0.0001). Regression lines were calculated and plotted separately for each 849 morph given the significant bib x ln(mtSOx) level interaction (P = 0.038). Solid circles (•) 850 represent non-bibbed males (solid regression line: $R^2 = 0.002$) and unfilled diamonds (\diamondsuit) 851 represent bibbed males (dashed regression line: $R^2 = 0.288$). 852

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861 Tables

- 862**Table 1**: Model effects of GLM (normal, identity link function) SOD activity as a function of bib and863BCI at the time of mating. Full model: $ln(SOD) \sim Bib + BCI_{mating} + Bib * BCI$. Likelihood ratio $\chi^2_{df3} =$
- 864 8.9166, P = 0.043 vs intercept only model. Bib = 1 (n = 12), Non-bibbed = 0 (n = 19), thus a positive
- 865 coefficient indicates non-bibbed is greater than bibbed. Bold text indicates $P \le 0.05$.

ln(SOD)~		95% Likelihood Cl	Type III Sum of Squares	
Source	β(se)	(lower, upper)	Wald	Sig.
Intercept	-1.951(0.165)	-2.243, -1.658	328.891	<0.001
Bib (0 vs 1)	0.394(0.194)	0.021, 0.768	4.161	0.041
BCI _{mating}	-0.161(0.129)	-0.413, 0.90	1.570	0.210
Bib x BCI _{mating} (0 vs 1)	0.407(0.168)	0.028, 0.786	5.878	0.015

866

- 867 **Table 2**: Model effects of GLM (normal distribution, identity link function) mtSOx levels as a function
- of bib and SOD activity at the time of mating. Full model: ln(mtSOx) ~ Bib + ln(SOD) + Bib * ln(SOD):
- Likelihood ratio χ^2_{df3} = 6.345, P = 0.096 vs intercept only model. Reduced model: mtSOX~ln(SOD)
- 870 Likelihood ratio χ^2_{df1} = 4.646, P = 0.031. Bib = 1 (n = 12), Non-bibbed = 0 (n = 19), thus a positive
- 871 coefficient indicates non-bibbed greater than bibbed. Bold text indicates $P \le 0.05$.

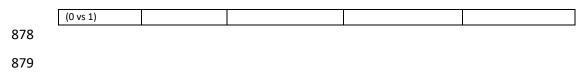
Ln(mtSOx)~		95% Likelihood Cl	Type III Sum of Squares	
Source	β(se)	(lower, upper)	Wald	Sig.
Intercept	6.786(0.470)	5.646, 7.926	445.140	<0.001
Bib (0 vs 1)	1.174(0.699)	0.294, 2.642	2.820	0.093
ln(SOD)	-0.701(0.194)	-1.256, -0.147	6.297	0.012
Bib x ln(SOD) (0 vs 1)	0.527(0.349)	-0.265, 1.318	2.276	0.131

872

- 873 Table 3a: Model effects of GLM (normal distribution, identity link function) sperm motility (MOT) as
- a function of bib and mtSOx level at the time of mating. Full model: MOT ~ mtSOx + bib +
- bib*mtSOx: Likelihood ratio χ^2_{df3} = 5.486, P = 0.139 vs intercept only model. Reduced model: MOT ~
- 876 mtSOX Likelihood ratio χ^2_{df1} = 4.747, P = 0.029. Bib = 1 (n = 12), Non-bibbed = 0 (n = 19), thus a
- positive coefficient indicates non-bibbed greater than bibbed. Bold text indicates $P \le 0.05$.

MOT~		95% Likelihood Cl	Type III Sum of Squares	
Source	β(se)	(lower, upper)	Wald	Sig.
Intercept	220.008(56.382)	48.628, 391.39	21.279	<0.001
Bib (0 vs 1)	-73.048(79.553)	-300.85, 154.754	0.843	0.358
mtSOx	-19.993(6.822)	-40.919, -0932	11.244	0.001
Bib x mtSOx	-8.231(9.470)	-19.485, 35.948	0.755	0.385

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Table 3: Model effects of GLM (normal distribution, identity link function) "sperm performance"

882 (PC1) as a function of bib and mtSOx level at the time of mating. Full model: PC1 \sim mtSOx + bib +

bib*mtSOx: Likelihood ratio χ^2_{df3} = 8.638, P = 0.035 vs intercept only model. Bib = 1 (n = 12), Non-

bibbed = 0 (n = 19), thus a positive coefficient indicates non-bibbed greater than bibbed. Bold text

885 indicates $P \le 0.05$.

Sperm			Type III Sum of Squares	
performance (PC1)	β(se)	95% Likelihood Cl (lower, upper)		
Source			Wald	Sig.
Intercept	20.145(7.202)	6.561, 33.729	6.846	0.009
Bib (0 vs 1)	-17.744(8.617)	-35.799, -0.312	4.240	0.039
mtSOx	-2.456(0.863)	-4.115, -0.798	7.178	0.007
Bib x mtSOx (0 vs 1)	2.157(01.029)	0.040, 4.354	4.398	0.036

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