1	Title: Prescribing of different antibiotics, rates of sepsis-related mortality and bacteremia
2	in the US and England, and the utility of antibiotic replacement vs. reduction in prescribing
3	
4	Short title: Antibiotic prescribing and rates of bacteremia and sepsis-related mortality
5	
6	Author: Edward Goldstein
7	
8	Affiliation: Center for Communicable Disease Dynamics, Department of Epidemiology, Harvard
9	TH Chan School of Public Health, Boston, MA 02115 USA. Email: <u>egoldste@hsph.harvard.edu</u>
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11	Author contributions: Designed study, performed inference, wrote paper (EG).
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## 26 Abstract

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28	Background: Antibiotic use contributes to the rates of bacteremia, sepsis and associated
29	mortality, particularly through lack of clearance of resistant infections following antibiotic
30	treatment. At the same time, there is limited information on the effects of prescribing of some
31	antibiotics vs. others on the rates of outcomes related to severe bacterial infections.
32	
33	Methods: We looked at associations (univariate, as well as multivariable for the US data) between
34	the proportions (state-specific in the US, Clinical Commissioning Group (CCG)-specific in England)
35	of different antibiotic types/classes among all prescribed antibiotics in the outpatient setting
36	(oral antibiotics in the US), and rates of outcomes (mortality with sepsis, ICD-10 codes A40-41
37	present on the death certificate in different age groups of US adults, and <i>E. coli</i> and MSSA
38	bacteremia in England) per unit of antibiotic prescribing (defined as the rate of outcome divided
39	by the rate of prescribing of all antibiotics).
40	
41	Results: In the US, prescribing of penicillins was associated with rates of mortality with sepsis for
42	persons aged 75-84y and 85+y between 2014-2015, while multivariable analyses also shown an
43	association between the percent of individuals aged 50-64y lacking health insurance, as well as
44	the percent of individuals aged 65-84y who are African-American and rates of mortality with
45	sepsis. In England, prescribing of penicillins other than amoxicillin/co-amoxiclav was associated
46	with rates of both MSSA and <i>E. coli</i> bacteremia for the period between financial years 2014/15
47	through 2017/18.
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40	Conclusions. Our results suggest that preserviting of periodiling is appreciated with veter of $F$ and

49 Conclusions: Our results suggest that prescribing of penicillins is associated with rates of *E. coli*50 and MSSA bacteremia in England, and rates of mortality with sepsis in older US adults, which

- agrees with our earlier findings. Those results, as well as the related epidemiological data suggest
  that replacement of certain antibiotics, particularly penicillins should be considered for reducing
  the rates of outcomes related to severe bacterial infections.
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# 56 Introduction

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58 Rates of hospitalization with septicemia and sepsis in the diagnosis, associated mortality, as well 59 as monetary costs of those hospitalizations have been rising rapidly during the past decades in 60 the US [1-4]. A recent estimate from the US CDC suggests that about 270,000 Americans die 61 annually as a result of sepsis [5]. Moreover, that estimate is expected to increase significantly if longer-term, e.g. 90-day mortality following sepsis diagnosis is accounted for [6]. In England, 62 while rates of certain severe infections and related mortality, such as *Clostridium difficile* 63 64 infections and MRSA bacteremia have declined during recent years [7,8], rates of *E. coli* and MSSA 65 bacteremia and associated mortality were increasing [7-9]. 66 67 Bacteremia outcomes in England are laboratory confirmed and there is less uncertainty about the 68 interpretation of the recorded trends for those outcomes compared to trends for 69 septicemia/sepsis hospitalization rates in the US. Part of the reason behind the rapid growth in 70 the rates of hospitalization with septicemia/sepsis in the diagnosis in the US is changes in 71 diagnostic practices, including the implementation of sepsis screening protocols [10,11]. 72 However, changes in diagnostic practices in the US cannot fully explain the rise in the rates of 73 hospitalization with septicemia/sepsis in the diagnosis, particularly prior to 2010 [12]. Indeed, 74 trends in the rates of hospitalizations with any diagnosis of sepsis in the US between 2003-2009 75 closely resemble the trends in the rates of hospitalizations that involved infection and the use of

76 mechanical ventilation (Figure 1 in [12]). Moreover, rates of hospitalization with severe sepsis in 77 the diagnosis were growing robustly between 2008-2012, with the percent of hospitalizations 78 with severe sepsis that involved multiple organ failure also rising during that period [13], 79 suggesting genuine growth in the volume of hospitalization involving severe sepsis. 80 Antibiotic use and resistance can contribute to the rates of bacteremia/sepsis hospitalization and 81 82 mortality through several mechanisms, particularly lack of clearance of resistant 83 infections/colonization following antibiotic treatment, with some of those infections 84 subsequently devolving into bacteremia/sepsis, and lethal outcomes [14-19]. Some of the more 85 direct evidence for the relation between antibiotic resistance and subsequent hospitalization with

86 severe infections, including bacteremia/sepsis is described in [19,18]; evidence about the relation

87 between antibiotic resistance for hospitalized patients with sepsis and mortality, particularly in

the US is presented in [16,17]. Those relations suggest that replacement of certain antibiotics by

89 those antibiotics to which prevalence of resistance is lower is expected to help bring down the

90 rates of severe outcomes associated with bacterial infections. For example, prevalence of co-

92

91 amoxiclav resistance in bacteremia outcomes in England, particularly *E. coli* bacteremia is very

93 urinary tract infections [21]), and use of co-amoxiclav [22], both in the hospital and the primary

high [20] (e.g. more than twice as high as prevalence of co-amoxicalv resistance in *E. coli*-related

94 care settings, and possibly the use of related penicillins may contribute to the incidence of co-

amoxiclav resistant *E. coli* infections/colonization and associated bacteremia outcomes. We note
that guidelines for replacement of certain antibiotics by certain others are relatively less common
compared to the recommendation for overall reduction in antibiotic use issued by public health
entities in different countries, e.g. [23]. However, reduction in antibiotic prescribing (rather than
antibiotic replacement) is less likely to bring down the rates of bacteremia/sepsis in the short

100 term as lack of treatment is generally worse than no treatment in relation to bacteremia/sepsis

101 outcomes. For example, rates of bacteremia kept growing rapidly in England [21] while the rates 102 of antibiotic consumption in the UK dropped by 7.3% from 2014 to 2017 [23]. Moreover, 103 reduction in prescribing, even a relatively modest one, may potentially contribute to increases in 104 the volume of certain outcomes such as pneumonia [24,25]. At the same time, reduction in 105 prescribing may help bring down the rates of severe bacterial infections in the longer term 106 through decrease in antibiotic resistance (e.g. [9]) as antibiotic use is an important driver of the 107 prevalence of antibiotic resistance [26-29,9]. Moreover, antibiotic use may contribute to the 108 prevalence of resistance not only to the drug class used, but to other drugs as well as resistance to 109 different drug classes tends to cluster in bacterial populations, leading to the phenomenon of co-110 selection [30,31]. For example, fluoroquinolone use was found to be associated with methicillin-111 resistant *S. aureus* (MRSA) infections [32-34], while amoxicillin use was found to be associated 112 with trimethoprim resistance in Enterobacteriaceae in England [26], with trimethoprim 113 resistance in urinary tract infections (UTIs) being positively associated with bacteremia outcomes 114 [27].

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116 There is geographic variability in overall antibiotic prescribing rates within different countries 117 including the US and England, with that variability being associated with variability in the 118 prevalence of underlying health conditions and certain demographic factors [35,36], as well as 119 variability in the rates of severe outcomes associated with bacterial infections [14] – see also 120 Tables 1 and 5 in this paper. However, less is known about the effect of using some antibiotics vs. 121 others in the treatment of various syndromes on the rates of bacteremia, septicemia/sepsis, and 122 associated mortality. Our earlier work [14] studied the relation between the use of different 123 antibiotics and rates of septicemia hospitalization in US adults. In this paper, we examine how the 124 proportions of overall antibiotic prescribing that are for different antibiotic types/classes are 125 related to the rates of *E. coli* and MSSA bacteremia in England, and the rates mortality with sepsis

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126	in different age groups of US adults. Those analyses are based on state-level US CDC data on
127	outpatient antibiotic prescribing and mortality between 2014-2015 in [37,38], and on the Clinical
128	Commissioning Groups (CCG)-level English data (from Oxford U/PHE) on GP antibiotic
129	prescribing and bacteremia [39,40]. Additionally, we use a multivariable framework to relate the
130	proportions of overall outpatient antibiotic prescribing that are for fluoroquinolones, penicillins,
131	cephalosporins and macrolides to rates of mortality with sepsis in different age groups of US
132	adults, adjusting for additional covariates and random effects. We hope that such ecological
133	analyses would lead to further work on the effect of antibiotic prescribing, including replacement
134	of some antibiotics by others and reduction in antibiotic prescribing (as well as the comparison
135	between the effect of antibiotic replacement vs. reduction in prescribing – see Discussion) on the
136	rates of bacteremia, sepsis and associated mortality.
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	Materials and Methods
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138 139	Materials and Methods Data: All the data used in this study are publicly available and accessible through refs. [37-40,42-
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138 139 140 141	<i>Data:</i> All the data used in this study are publicly available and accessible through refs. [37-40,42-
138 139 140 141 142	<i>Data:</i> All the data used in this study are publicly available and accessible through refs. [37-40,42-
138 139 140 141 142 143	<i>Data:</i> All the data used in this study are publicly available and accessible through refs. [37-40,42-45] as described below.
138 139 140 141 142 143 144	<ul> <li><i>Data:</i> All the data used in this study are publicly available and accessible through refs. [37-40,42-45] as described below.</li> <li><i>1. US.</i> Data on annual state-specific mortality with sepsis (ICD-10 codes A40-A41.xx representing</li> </ul>
138 139 140 141 142 143 144 145	Data: All the data used in this study are publicly available and accessible through refs. [37-40,42-45] as described below.         1. US. Data on annual state-specific mortality with sepsis (ICD-10 codes A40-A41.xx representing either the underlying or a contributing cause of death) between 2014-2015 for different age

149 contributing rather than the underlying cause of death on the death certificate [41]. Data on the

150 annual state-specific per capita rates of outpatient prescribing for four classes of oral antibiotics:

151	fluoroquinolones, penicillins, macrolides, and cephalosporins, as well as overall antibiotic
152	prescribing in different states in 2014 and 2015 were obtained from the US CDC Antibiotic
153	Patient Safety Atlas database [37]. Annual state-specific population estimates in each age group of
154	adults (overall, as well as the number of African-Americans) were obtained as the yearly July 1
155	population estimates in [42]. Data on median household income for US states between 2014-2015
156	were extracted from [43]. Data on average daily temperature for US states were obtained from
157	[44]. Data on the percent of state residents in different age groups who lacked health insurance
158	were extracted form the US Census Bureau database [45].
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160	2. <i>England</i> . We've considered the following nine antibiotic types/classes:
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162	1. Amoxicillin (British National Formulary (BNF) code 0501013B0)
163	2. Co-amoxiclav (Amoxicillin/Clavulanic acid) (BNF code 0501013K0)
164	3. Penicillins (BNF section 5.1.1) excluding amoxicillin/co-amoxiclav
165	4. Tetracyclines (BNF section 5.1.3)
166	5. Macrolides (BNF section 5.1.5)
167	6. Cephalosporins + other beta-lactams (BNF section 5.1.2)
168	7. Fluoroquinolones (BNF section 5.1.12)
169	8. Trimethoprim (BNF code 0501080W0)
170	9. Urinary Tract Infection antibiotics (BNF 5.1.13
171	nitrofurantoin/fosfomycin/methenamine)
172	
173	For each antibiotic type/class above, we've extracted data for the different Clinical
174	Commissioning Groups (CCGs) on the proportion of that antibiotic type/class among all General
175	Practitioner (GP) antibiotic prescriptions (BNF classes 5.1.1 through 5.1.13) in the given CCG for

176	each of the financial years (April through March) 2014/15 through 2017/18 [39]. We've also
177	extracted CCG/year specific data on the prescribing of all antibiotics per 1,000 residents, as well
178	as per 1,000 STAR-PUs [39,46]. In addition to prescribing data, we've extracted CCG/year-specific
179	data on the (population-adjusted) rates of <i>E. coli</i> and MSSA bacteremia for each of the financial
180	years 2014/15 through 2017/18 [40]. We note that mergers of certain CCGs took place during the
181	study period, and not all CCGs reported all the data needed for our analyses. For the 197 CCGs
182	that reported data in [41], we have included data on 189 CCGs that reported both annual data on
183	<i>E. coli</i> and MSSA bacteremia, as well as data on prescribing of the nine antibiotic types/classes
184	above for each of the financial years 2014/15 through 2017/18.
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# 186 Univariate Correlations (US and England)

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The contribution of prescribing of a given antibiotic type/class to the rates of severe outcomes 188 189 associated with bacterial infections (e.g. bacteremia, or mortality with sepsis) is expected to be 190 proportional to the rate of prescribing of that antibiotic type/class. One of the factors that 191 modulates the relationship between the rates of antibiotic prescribing and rate of severe 192 outcomes is the rate of infection that affects both prescribing and severe outcomes. 193 Correspondingly, associations between rates of antibiotic prescribing and rates of severe 194 outcomes associated with bacterial infections are often positive (e.g. Tables 1 and 5 in this paper). 195 Moreover, the use of certain antibiotics may have a stronger association with severe outcomes 196 than the use of certain other antibiotics, e.g. due to differences in the prevalence of resistance to 197 different antibiotics. If a unit of prescribing of a given antibiotic type/class has a stronger 198 association with the rate of a given severe outcome compared to prescribing of an average 199 antibiotic dose (e.g. as a result of high prevalence of resistance to a given antibiotic), the 200 association between the *proportion* of given antibiotic type/class among all antibiotics prescribed

201 and the rate of a given severe outcome *per unit of antibiotic prescribing* (defined as the rate of 202 severe outcomes divided by the rate of prescribing of all antibiotics) is expected to be positive. 203 We note that such disproportionate effects of prescribing of a unit of a given antibiotic can be the 204 result not only of treatment of infections leading to a given outcome by a given antibiotic, but also 205 of the contribution of the use of a given antibiotic to the rates of infection/colonization with 206 different bacteria, and the prevalence of resistance to other antimicrobials (see Introduction). 207 Additionally, correlations between proportions of a given antibiotic type/class among all oral 208 antibiotics prescribed and the rates of severe outcomes per unit of antibiotic prescribing can also 209 be affected by patterns of antibiotic prescribing in different locations, including changes in those 210 patterns resulting from increases in resistance, introduction of new prescribing guidelines, etc. 211 Correspondingly, we studied correlations between the proportions (state-specific in the US, CCG-212 specific in England) of a given antibiotic type/class among all prescribed antibiotics in the 213 outpatient setting, and rates of outcome (mortality with sepsis in different age groups of adults in 214 the US, and *E. coli*, as well as MSSA bacteremia in England) per unit of antibiotic prescribing, with 215 the caveats above regarding the causal relations underlying those correlations. The US analysis is 216 done for the 2014-2015 period; given the ongoing changes in antibiotic prescribing patterns in 217 England [23], correlations for the English data were computed for each financial year between 218 2014/15 through 2017/18.

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### 220 Multivariable model (US data)

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In this section, we apply a mixed-effect multivariable model to adjust for various factors that
affect the relation between prescribing of different antibiotics and rates of severe outcomes
(including mortality) associated with bacterial infections. The relevant data for a multivariable

model were only available for the US. For each age group of adults, (18-49y, 50-64y, 65-74y, 75-

226 84y, 85+y), we applied mixed effect models to relate the average annual state-specific outpatient 227 prescribing rates (per 1,000 state residents) for oral fluoroquinolones, penicillins, macrolides, 228 and cephalosporins between 2014-2015 to the average annual state-specific rates of sepsis 229 mortality per 100,000 individuals in a given age group between 2014-2015 (dependent variable). 230 Besides the antibiotic prescribing rates, the other covariates were the state-specific median 231 household income, percentages of state residents in a given age group who were African 232 American, those who lacked health insurance (in the non-elderly age groups, as health insurance, 233 particularly Medicare coverage levels in the elderly are very high), as well as the state-specific 234 average annual temperature. We note that sepsis mortality rates in African Americans are 235 elevated [47]. We also note that temperature may influence bacterial growth rates and/or 236 transmission mediated effects [48], which in turn may affect both the prevalence of antibiotic 237 resistance [48], and the acquisition/severity of bacterial infections. To adjust for additional 238 factors not accounted for by the covariates used in the model, we include random effects for the 239 ten Health and Human Services (HHS) regions in the US. Specifically, for each state s, let *MR*(s) be 240 the average annual state-specific rate of mortality (per 100,000) with sepsis in the given age group between 2014-2015,  $A_i(s)$  (i = 1, ..., 4) be the average annual state-specific outpatient 241 242 prescribing rates, per 1,000 state residents (of all ages), for the four studied classes of antibiotics 243 between 2014-2015 (thus  $A_1(s)$  denotes the rate of prescribing of oral fluoroquinolones, etc.); 244 I(s) be the median state-specific household income between 2014-2015; T(s) be the state-245 specific average annual temperature (°F) between 2002-2011; *AA*(*s*) be the age-specific percent 246 of state residents between 2014-2015 who were African American; *LHI*(*s*) be the average annual 247 age-specific percent of state residents who lacked health insurance between 2014-2015 (for non-248 elderly age groups);  $\alpha(s)$  be the random effect for the corresponding HHS region, and  $\varepsilon$  be the 249 residual. Then

$$MR(s) = \beta_0 + \sum_{i=1}^{4} \beta_i \cdot A_i(s) + \beta_5 \cdot I(s) + \beta_6 \cdot T(s) + \beta_7 \cdot AA(s) + \beta_8 \cdot LHI(s) + \alpha(s) + \varepsilon$$
(1)

250

251

252 We note that is we divide eq. 1 by the state-specific rates of overall outpatient prescribing of oral 253 antibiotics, the resulting equation expresses (models) a linear relation between proportions of 254 the overall antibiotic prescribing that are for fluoroquinolones, penicillins, macrolides, and 255 cephalosporins, and other covariates and sepsis mortality rates per unit of antibiotic prescribing. 256 Thus, eq. 1 can be thought of as a multivariable model for the relation between proportions of 257 overall oral antibiotic prescribing that are for given antibiotic types/classes and rates of 258 outcomes associated with bacterial infections per unit of oral antibiotic prescribing, with a 259 univariate model for those relations studied in the previous subsection of the Methods. 260 261 262 Results

263

264 *1.US* 

265Table 1 shows, for each age group of adults, the mean (standard deviation) for the state-specific266average annual rates of mortality with sepsis per 100,000 individuals in that age group between2672014-2015, as well as the linear correlation between those rates and state-specific rates of268outpatient prescribing of all oral antibiotics. The latter correlations are high, ranging from2690.59(0.37,0.74) for ages 85+y to 0.77(0.62,0.68) for ages 65-74y. Additionally, annual rates of270mortality with sepsis increase rapidly with age, from the state-specific mean of 8.31/100,000 for271persons aged 18-49y to a mean of 750/100,000 for persons aged 85+y.

	Mean	Linear correlation with rate of
	(standard deviation)	prescribing of all oral antibiotics
Sepsis mortality rate,	8.31 (2.98)	0.66(0.47,0.79)
ages 18-49y		
Sepsis mortality rate,	55.8 (17.3)	0.74(0.59,0.84)
ages 50-64y		
Sepsis mortality rate,	143.4 (36.5)	0.77(0.62,0.68)
ages 65-74y		
Sepsis mortality rate,	330.8 (75.6)	0.67(0.48,0.80)
ages 75-84y		
Sepsis mortality rate,	750 (161.9)	0.59(0.37,0.74)
ages 85+y		

273

Table 1: State-specific rates of mortality with sepsis (ICD-10 codes A40-41.xx present as either
underlying or contributing causes on a death certificate) per 100,000 individuals in different age
groups between 2014-2015 (mean + standard deviation), and the linear correlation between
those rates and state-specific rates of outpatient prescribing of all oral antibiotics.

278

Table 2 shows correlations (both linear and Spearman) for each pair of antibiotic classes between
the state-specific percentages of all outpatient oral antibiotic prescriptions that were for each
antibiotic class between 2014-2015, as well as the mean (standard deviation) for the statespecific percentages of all outpatient oral antibiotic prescriptions that were for each antibiotic
class between 2014-2015. There is a strong negative correlation between the percentages of
outpatient prescribing of oral antibiotics that are for fluoroquinolones and that are for penicillins;
the Spearman correlation between percentages of antibiotic prescribing that are for penicillins

286	and that are for cephalosporins is also negative. Those negative correlations suggest competition
287	between certain antibiotics in outpatient prescribing for various syndromes. We also note that on
288	average, 66.2% of all outpatient oral antibiotic prescriptions in different states were for the four
289	studied classes of antibiotics. Additionally, proportions of different antibiotic classes among all
290	oral antibiotics prescribed in the outpatient setting in the US are notably different from the
291	corresponding proportions in England (compare Table 2 with Table 6). Those differences,
292	particularly for fluoroquinolones and cephalosporins may be related to differences in the rates of
293	severe bacterial infections, particularly <i>Clostridium difficile</i> (C. difficile) infections between the
294	two countries [49], with reduction in fluoroquinolone and cephalosporin prescribing found to be
295	associated with reduction in the incidence of C. difficile infection in both countries [50,51].
296	

	Mean	Linear (Pearson) correlation with				
	(standard	proportions of other antibiotic classes				
	deviation)	Proportion Proportion Proportion				
		penicillins cephalosporins Macrolides				
Proportion	11.81%	-0.563	-0.141	0.123		
fluoroquinolones	(1.22%)	(-0.73,-0.34)	(-0.4,0.14)	(-0.16,0.39)		
Proportion	22.57%		-0.262	-0.235		
Penicillins	(1.64%)		(-0.5,0.01)	(-0.48,0.04)		
Proportion	13.56%			-0.164		
cephalosporins	(1.75%)			(-0.42,0.12)		
Proportion	18.22%					
macrolides	(1.21%)					
		•				

	Mean	Spearman correlation with proportions of						
	(standard	other antibiotic classes						
	deviation)	Proportion	Proportion Proportion Proportion					
		penicillins cephalosporins Macrolic						
Proportion	11.81%	-0.436	-0.069	0.114				
fluoroquinolones	(1.22%)	<b>(0.0015)</b> (0.63)		(0.42)				
Proportion	22.57%	-0.306		-0.192				
penicillins	(1.64%)		(0.03)	(0.18)				
Proportion	13.56%			-0.197				
cephalosporins	(1.75%)			(0.16)				

298

Table 2: Correlations (both linear (Pearson, with 95% confidence intervals) and Spearman (with p-values)) between state-specific proportions of prescriptions for each antibiotic class among all outpatient oral antibiotic prescriptions in the state for different pairs of antibiotic classes, as well as the mean (standard deviation) for the average annual state-specific percentages of all antibiotic prescriptions that were for each antibiotic class between 2014-2015.

304

305 Table 3 shows correlations (both Spearman and linear), for each antibiotic class and age group, 306 between average annual state-specific proportions of a given antibiotic class among the overall 307 outpatient oral antibiotic prescriptions and average annual state-specific rates of mortality with 308 sepsis in a given age group per unit of prescribed antibiotics (Methods) between 2014-2015. The 309 Spearman correlations are positive for penicillins for persons aged 75-84y and over 85y, and for 310 fluoroquinolones for persons aged 50-64v; the Spearman correlations are negative for 311 cephalosporins for persons aged 75-84y and over 85y, and for penicillins for persons aged 18-312 49y. Among those six significant Spearman correlations, all the corresponding linear correlations

- 313 are also significant save for penicillins and mortality with sepsis in persons aged 75-84y (see also
- 314 Table 4).
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- 316

		Proportion fluoroquinolones	Proportion penicillins	Proportion cephalosporins	Proportion macrolides	
Age	Spearman	0.219	-0.36	0.262	0.235	
18-49y		(0.12)	(0.01)	(0.064)	(0.097)	
	Linear	0.142	-0.349	0.168	0.269	
		(-0.14,0.4)	(-0.57,-0.08)	(-0.11,0.42)	(-0.01,0.51)	
Age	Spearman	0.419	-0.233	-0.063	0.185	
50-64y		(0.002)	(0.1) (0.66)		(0.19)	
	Linear	0.35	.35 -0.183 -0.		0.205	
		(0.08,0.57)	(-0.44,0.1)	(-0.41,0.13)	(-0.07,0.46)	
Age	Spearman	0.274	0.003	-0.247	0.092	
65-74y		(0.052)	(0.98)	(0.08)	(0.52)	
	Linear	0.258	-0.011	-0.306	0.109	
		(-0.02,0.5)	(-0.29,0.27)	(-0.54,-0.03)	(-0.17,0.37)	
Age	Spearman	0.081	0.292	-0.418	-0.004	
75-84y		(0.57)	(0.038)	(0.002)	(0.98)	
	Linear	0.028	0.229	-0.411	0.028	
		(-0.25,0.3)	(-0.05,0.47)	(-0.62,-0.15)	(-0.25,0.3)	

Age	Spearman	-0.023	0.416	-0.422	-0.048
85+y		(0.87)	(0.003)	(0.002)	(0.74)
	Linear	-0.04	0.354	-0.442	-0.024
		(-0.31,0.24)	(0.09,0.57)	(-0.64,-0.19)	(-0.3,0.25)

317

318 **Table 3**: Correlations (both Spearman (p-value) and linear (Pearson, 95% CI)) between average 319 annual state-specific percent of overall outpatient oral antibiotic prescribing that is for a given 320 antibiotic class and average annual state-specific rates of mortality with sepsis in a given age 321 group per unit of prescribed oral antibiotics (Methods) between 2014-2015.

322

323 Table 4 shows the results of the multivariable model given by eq. 1. Table 4 suggests positive 324 associations (with largest effect size in the corresponding age groups) between rates of 325 outpatient prescribing of oral penicillins and sepsis mortality rates in individuals aged 75-84v 326 and 85+y, and a negative association between rates of outpatient prescribing of oral penicillins 327 and sepsis mortality rates in individuals aged 18-49y, all of which agree with the univariate 328 results in Table 3. Table 4 also suggests a positive association between the rates of outpatient 329 prescribing of oral cephalosporins and sepsis mortality rates in individuals aged 18-49y (with the 330 corresponding association failing to reach statistical significance in the univariate model), as well 331 as positive associations between the percent of individuals aged 50-64y lacking health insurance, 332 as well as the percent of individuals aged 65-74y and 75-84y who were African-American and 333 rates of mortality with sepsis.

334

335

	Aged	Aged	Aged	Aged	Aged
	18-49y	50-64y	65-74y	75-84y	85+y
Fluoroquinolones					
(prescription per	0.01	0.15	0.26	-0.16	-0.61
1000 residents/y)	(-0.04,0.07)	(-0.15,0.45)	(-0.4,0.92)	(-1.77,1.45)	(-4.52,3.3)
Penicillins					
(prescription per	-0.03	0.08	0.11	0.95	2.97
1000 residents/y)	(-0.07,0)	(-0.1,0.25)	(-0.28,0.5)	(0.02,1.88)	(0.72,5.22)
Cephalosporins					
(prescription per	0.05	0.07	0.13	-0.06	-0.76
1000 residents/y)	(0.02,0.09)	(-0.11,0.25)	(-0.28,0.55)	(-1.04,0.93)	(-3.09,1.58)
Macrolides					
(prescription per	0.02	0.06	0.21	0.45	0.71
1000 residents/y)	(-0.02,0.06)	(-0.15,0.26)	(-0.26,0.69)	(-0.69,1.58)	(-2.03,3.45)
Median household	-0.06	-0.17	-0.09	0.54	1.95
income (\$1000)	(-0.13,0.01)	(-0.55,0.2)	(-0.9,0.73)	(-1.4,2.49)	(-2.7,6.59)
Average minimal daily	-0.04	0.16	0.33	0.6	4.07
temperature (°F)	(-0.11,0.03)	(-0.19,0.51)	(-0.44,1.1)	(-1.26,2.46)	(-0.55,8.7)
Percent African	0.03	0.28	1.25	2.68	3.02
Americans	(-0.05,0.11)	(-0.06,0.63)	(0.41,2.1)	(0.76,4.6)	(-1.63,7.66)
Percent lacking health	0.05	0.95			
insurance	(-0.1,0.2)	(0.01,1.89)	ND	ND	ND

337

**Table 4:** Regression coefficients for the different covariates in the model given by eq. 1 for

339 different age groups. The coefficients for the different antibiotic classes estimate the change in the

annual sepsis mortality rates (per 10,000 individuals in a given age group) when the annual rate
of outpatient prescribing of oral antibiotics in the corresponding class (per 1,000 residents)
increases by 1. ND=not done because persons aged >64 years old are eligible for Medicare.

343

# 344 2. England

Table 5 shows summary statistics (mean + standard error) for the annual rates of *E. coli* and

346 MSSA bacteremia for the different CCGs for the 2014/15 through the 2017/18 financial years, as

347 well as the correlation between those rates and the rates of GP antibiotic prescribing, both per

348 1,000 residents and per 1,000 STAR-PUs [46]. Table 5 suggests an ongoing increase in the rates of

349 MSSA bacteremia [7], with the long-term growth in the rates of *E. coli* bacteremia [9,7,21,40]

350 stalling in 2017/18. Table also 5 shows that for each of the 4 years in the data, for both the *E. coli* 

and MSSA bacteremia rates, estimates of the correlation between those rates and antibiotic

352 prescribing per 1,000 residents are higher than the estimates of the correlation between those

353 rates and antibiotic prescribing per 1,000 STAR-Pus, suggesting that rates of severe bacterial

354 infections are reflected better by the actuality of antibiotic prescribing in England rather than by

355 the recommendations set by the STAR-PU system.

Outcome		2015/16	2016/17	2017/18	2017/18
	Annual rate	67.72	71.76	75.81	76.15
		(16.2)	(16.4)	(16.2)	(16.1)
E. coli	Correlation with antibiotic	0.362	0.458	0.489	0.489
bacteremia	prescribing per 1,000 residents	(0.23,0.48)	(0.34,0.56)	(0.37,0.59)	(0.37,0.59)
	Correlation with antibiotic	0.311	0.417	0.443	0.435
	prescribing per 1,000 STAR-PUs	(0.18,0.43)	(0.29,0.53)	(0.32,0.55)	(0.31,0.54)

	Annual rate	18.39	19.84	21.01	21.86
		(5.3)	(6.0)	(5.8)	(5.9)
MSSA	Correlation with antibiotic	0.246	0.459	0.449	0.389
bacteremia	prescribing per 1,000 residents	(0.11,0.38)	(0.34,0.56)	(0.33,0.56)	(0.26,0.5)
	Correlation with antibiotic	0.202	0.444	0.424	0.388
	prescribing per 1,000 STAR-PUs	(0.06,0.34)	(0.32,0.55)	(0.3,0.53)	(0.26,0.5)

357

Table 5: Annual rates of *E. coli* and MSSA bacteremia for the different CCGs (mean + standard
error) for the 2014/15 through the 2017/18 financial years; correlations between those
bacteremia rates and rates of overall GP antibiotic prescribing, both per 1,000 residents and per
1,000 STAR-PUs [46].

362

363 Table 6 shows the mean + standard error for the annual CCG-specific rates of GP prescribing of 364 different antibiotic types/classes per 1,000 residents, as well as for the annual CCG-specific 365 proportions of those antibiotic types/classes among all prescribed antibiotics for the 2014/15 366 through the 2017/18 financial years. Table 6 suggests substantial temporal reduction in the 367 rates/proportions of prescribing for trimethoprim, co-amoxiclav and cephalosporins/other beta 368 lactams, as well as reduction in the rates/proportions of amoxicillin, fluroquinolone and 369 macrolide prescribing. Prescribing of UTI antibiotics (BNF 5.1.13 --370 nitrofurantoin/fosfomycin/methenamine) increased markedly (with a good amount of replacement of trimethoprim by nitrofurantoin in the treatment of UTIs taking place during the 371 372 study period, [20]), with proportions of penicillins other than amoxicillin/co-amoxiclav and 373 tetracyclines among all prescribed antibiotics also increasing. Additionally, significant reduction 374 in trimethoprim prescribing took place in 2017/2018 compared to 2016/17, and the growth in 375 the rate of *E. coli* bacteremia had also stalled then (Tables 6 and 5).

	2014/15		2015/16		2016/17		2017/18	
	Percent	Rate	Percent	Rate	Percent	Rate	Percent	Rate
	of all abx	per						
		1,000		1,000		1,000		1,000
Amoxicillin	28.35%	187.6	26.8%	162.9	26.75%	161.1	26.04%	150
	(3.8%)	(36.3)	(3.7%)	(32.5)	(3.5%)	(31.4)	(3.4%)	(29.7)
Co-amoxiclav	5.44%	35.4	4.8%	28.8	4.28%	25.4	4.16%	23.6
	(2.2%)	(14.6)	(1.9%)	(11.4)	(1.5%)	(9.4)	(1.4%)	(8.4)
Penicillins except	17.67%	116.7	18.41%	111.8	18.6%	111.8	19.18%	110.4
amoxicillin/co-amoxiclav	(1.5%)	(18.1)	(1.6%)	(17.9)	(1.7%)	(18.4)	(1.8%)	(18.9)
Tetracylines	11.59%	77.5	12.24%	75.4	12.74%	77.9	13.12%	77
	(2.9%)	(23.7)	(2.9%)	(23)	(3%)	(24.1)	(3%)	(24)
Macrolides	12.66%	83.9	12.3%	75.1	12.19%	73.7	11.94%	69.1
	(1.6%)	(16.6)	(1.5%)	(15.3)	(1.5%)	(15.4)	(1.4%)	(14.8)
Cephalosporins + other	3.3%	21.9	2.96%	18.1	2.7%	16.4	2.6%	15.2
beta-lactams	(1.4%)	(10.3)	(1.2%)	(8.1)	(1.1%)	(7.5)	(1.1%)	(7.2)
Fluoroquinolones	1.96%	12.8	1.9%	11.4	1.87%	11.1	1.89%	10.8
	(0.6%)	(3.8)	(0.5%)	(3.3)	(0.5%)	(3.1)	(0.5%)	(3)
Trimethoprim	10.33%	68.9	10.48%	64.5	9.8%	59.9	7.3%	42.8
	(1.7%)	(16.6)	(1.9%)	(17)	(2.1%)	(17.7)	(1.8%)	(14.3)
UTI antibiotics	5.77%	38	7.01%	42.3	8.05%	48.1	10.67%	61.1
	(1.4%)	(9.7)	(1.7%)	(10.3)	(2%)	(12.1)	(2.1%)	(13.9)

Table 6: Annual CCG-specific proportions (percentages) of a given antibiotic type/class among all
GP antibiotic prescriptions (mean + standard error), and annual CCG-specific rates of GP
prescribing per 1,000 individuals (mean + standard error) for nine antibiotic types/classes
(Methods) during the 2014/15 through the 2017/18 financial years in England.

382

383 Tables 7 and 8 show correlations (both linear and Spearman) between CCG-specific proportions 384 of different antibiotic types/classes among all GP antibiotic prescriptions and rates of *E. coli* 385 (Table 7) and MSSA (Table 8) bacteremia per unit of antibiotic prescribing (Methods) for the 386 2014/15 through 2017/18 financial years. For penicillins other than amoxicillin/co-amoxiclay, 387 correlations with rates of MSSA bacteremia were positive for all years, and correlations with rates 388 of *E. coli* bacteremia were positive for the 2014/15 through 2016/17 financial years. For 389 macrolides and fluoroquinolones, the corresponding correlations were generally negative. 390 Correlations with bacteremia rates increased with time for proportions of UTI antibiotics. 391 cephalosporins, and, to a smaller extent, amoxicillin prescribing; the corresponding correlations 392 declined for proportions of trimethoprim and co-amoxiclav prescribing, with all those relative 393 changes presumably related more to changes in prescribing patterns rather than changes in the 394 causal relation between the use of a unit of those antibiotics and bacteremia outcomes. In 395 particular, Tables 7 and 8 suggest that relative reductions in trimethoprim and co-amoxiclav 396 prescribing were greater in places with higher bacteremia rates compared to places with lower 397 bacteremia rates. Finally, we note that positive correlations with bacteremia rates for proportions 398 of prescribing for penicillins other than amoxicillin/co-amoxiclay, but not for proportions of co-399 amoxiclay or amoxicillin prescribing need not suggest that penicillins other than amoxicillin/co-400 amoxiclav have a stronger relative impact on bacteremia rates than co-amoxiclav or amoxicillin; 401 those differences may also have to do with geographic/demographic variation in the choice of 402 different antibiotics, particularly penicillins.

403

	2014/15		2015/16		2016/17		2017/18	
	Linear	Spear	Linear	Spear	Linear	Spear	Linear	Spear
		man		man		man		man
Amoxicillin	-0.058	-0.048	0.017	0.036	0.01	0.017	0.02	-0.007
	(-0.2,0.09)	(0.5)	(-0.13,0.16)	(0.62)	(-0.13,0.16)	(0.82)	(-0.12,0.16)	(0.93)
Co-amoxiclav	-0.056	-0.056	-0.118	-0.146	-0.14	-0.169	-0.14	-0.175
	(-0.2,0.09)	(0.44)	(-0.26,0.03)	(0.044)	(-0.28,0)	(0.02)	(-0.28,0)	(0.016)
Penicillins except								
amoxicillin/	0.256	0.201	0.204	0.167	0.15	0.117	0.09	0.06
co-amoxiclav	(0.12,0.38)	(0.006)	(0.06,0.34)	(0.02)	(0,0.28)	(0.11)	(-0.05,0.23)	(0.41)
Tetracylines	0.171	0.201	0.095	0.115	0.09	0.104	-0.03	0.02
	(0.03,0.31)	(0.006)	(-0.05,0.23)	(0.12)	(-0.06,0.23)	(0.15)	(-0.17,0.11)	(0.78)
Macrolides	-0.208	-0.248	-0.14	-0.156	-0.13	-0.153	-0.07	-0.091
	(-0.34,-0.07)	(0.0006)	(-0.28,0)	(0.03)	(-0.27,0.01)	(0.035)	(-0.21,0.08)	(0.22)
Cephalosporins +	-0.029	0.023	0.03	0.115	0.02	0.039	0.12	0.15
other beta-lactams	(-0.17,0.11)	(0.75)	(-0.11,0.17)	(0.11)	(-0.12,0.16)	(0.59)	(-0.02,0.26)	(0.039)
Fluoroquinolones	-0.276	-0.306	-0.207	-0.242	-0.18	-0.203	-0.12	-0.162
	(-0.4,-0.14)	(0.00002)	(-0.34,-0.07)	(0.0008)	(-0.32,-0.04)	(0.005)	(-0.26,0.02)	(0.026)
Trimethoprim	-0.089	-0.076	-0.279	-0.26	-0.28	-0.235	-0.26	-0.273
	(-0.23,0.05)	(0.30)	(-0.41,-0.14)	(0.0003)	(-0.41,-0.15)	(0.001)	(-0.39,-0.12)	(0.0002)
UTI antibiotics	0.038	-0.065	0.153	0.044	0.21	0.135	0.19	0.164
	(-0.1,0.18)	(0.38)	(0.01,0.29)	(0.55)	(0.07,0.34)	(0.063)	(0.05,0.33)	(0.024)

404

Table 7: Correlations (both linear, with 95% CI, and Spearman, with p-value) between annual
proportions of different antibiotic types/classes among all GP antibiotic prescriptions and annual
rates of *E. coli* bacteremia per unit of antibiotic prescribing (Methods) for the different CCGs in
England, 2014/15 through 2017/18 financial years.

	2014/15		2015/16		2016/17		2017/18	
	Linear	Spear	Linear	Spear	Linear	Spear	Linear	Spear
		man		man		man		Man
Amoxicillin	-0.071	-0.121	-0.047	-0.076	-0.04	-0.081	0.03	-0.009
	(-0.21,0.07)	(0.10)	(-0.19,0.1)	(0.30)	(-0.18,0.1)	(0.27)	(-0.11,0.17)	(0.90)
Co-amoxiclav	-0.114	-0.112	-0.177	-0.193	-0.26	-0.313	-0.29	-0.282
	(-0.25,0.03)	(0.13)	(-0.31,-0.04)	(0.008)	(-0.39,-0.12)	(0.00001)	(-0.42,-0.16)	(0.00009)
Penicillins except								
amoxicillin/	0.259	0.261	0.218	0.172	0.2	0.196	0.26	0.232
co-amoxiclav	(0.12,0.39)	(0.0003)	(0.08,0.35)	(0.018)	(0.06,0.33)	(0.007)	(0.12,0.39)	(0.001)
Tetracylines	0.135	0.157	0.223	0.253	0.14	0.234	0	0.057
	(-0.01,0.27)	(0.032)	(0.08,0.35)	(0.0005)	(0,0.28)	(0.001)	(-0.14,0.15)	(0.43)
Macrolides	-0.155	-0.183	-0.183	-0.217	-0.17	-0.206	-0.13	-0.151
	(-0.29,-0.01)	(0.012)	(-0.32,-0.04)	(0.003)	(-0.31,-0.03)	(0.005)	(-0.27,0.01)	(0.038)
Cephalosporins +	-0.044	-0.01	-0.046	-0.024	0	0.028	0.04	0.075
other beta-lactams	(-0.19,0.1)	(0.89)	(-0.19,0.1)	(0.74)	(-0.14,0.15)	(0.71)	(-0.1,0.18)	(0.31)
Fluoroquinolones	-0.1	-0.084	-0.206	-0.232	-0.12	-0.18	-0.12	-0.148
	(-0.24,0.04)	(0.25)	(-0.34,-0.07)	(0.001)	(-0.26,0.02)	(0.01)	(-0.26,0.03)	(0.04)
Trimethoprim	0.005	0.017	-0.166	-0.132	-0.16	-0.101	-0.21	-0.214
	(-0.14,0.15)	(0.82)	(-0.3,-0.02)	(0.07)	(-0.3,-0.02)	(0.17)	(-0.34,-0.07)	(0.003)
UTI antibiotics	0.001	-0.029	0.09	0.022	0.16	0.069	0.12	0.111
	(-0.14,0.14)	(0.69)	(-0.05,0.23)	(0.77)	(0.02,0.3)	(0.35)	(-0.02,0.26)	(0.13)

410

411 **Table 8**: Correlations (both linear, with 95% CI, and Spearman, with p-value) between annual

412 proportions of different antibiotic types/classes among all GP antibiotic prescriptions and annual

- 413 rates of MSSA bacteremia per unit of antibiotic prescribing (Methods) for different CCGs in
- 414 England, 2014/15 through 2017/18 financial years.
- 415
- 416

#### 417 **Discussion**

#### 418

419 Rates of mortality related to septicemia/sepsis in the US, as well as rates of *E. coli* bacteremia and 420 associated mortality in England are high [1-3,5,7,8,21,40], and antimicrobial use may affect those 421 rates through a variety of mechanisms (Introduction). At the same time, our understanding of the 422 effect of the use of certain antibiotics vs. others for various indications on the rates of bacteremia, 423 septicemia/sepsis and associated mortality is still limited. Additionally, use of certain antibiotics 424 may affect the rates of severe outcomes associated with syndromes for which a given antibiotic is 425 rarely prescribed as use of antibiotics may affect prevalence of infection/colonization and 426 resistance to different antibiotics in different bacterial pathogens that subsequently cause various 427 syndromes (Introduction). In this paper, we relate the proportions of different antibiotic 428 types/classes among the overall volume of outpatient antibiotic prescription in different US 429 states and English Clinical Commissioning Groups (CCGs) [37,39] to rates of mortality with sepsis 430 in different age groups of US adults [38] and rates of *E. coli* and MSSA bacteremia in England [40]. 431 Our results suggest, among other things, that prescribing of penicillins is associated with rates of *E. coli* and MSSA bacteremia in England, and rates of mortality with sepsis in older US adults, with 432 the latter finding supporting our earlier results on the association between the use of penicillins 433 434 and rates of septicemia hospitalization in older US adults [14]. We also note the high prevalence 435 of resistance to penicillins in both the Gram-negative and Gram-positive infections [52-54]. 436 Additionally, multivariable analyses of the US data suggest a positive association between the 437 percent of individuals lacking health insurance and rates of mortality with sepsis in persons aged 50-64v, as well as the percent of individuals who are African-American and rates of mortality 438 439 with sepsis in persons aged 65-84y, supporting the fact that rates of mortality with sepsis in 440 African Americans are elevated [47]. While our results lend support for the replacement of 441 penicillins by other antibiotics with the aim of reducing the rates of bacteremia/sepsis and

442	associated mortality, more granular analyses, particularly individual-level studies relating
443	prescribing of different antibiotics in the treatment of a given syndrome to subsequent outcomes
444	are needed to inform guidelines for antibiotic, particularly penicillin replacement, as well as for
445	reduction in antibiotic prescribing, as explained further in the next two paragraphs.
446	

Our findings about the positive associations between the use of penicillins and mortality with 447 sepsis in older US adults are in agreement with the fact that prevalence of resistance to 448 449 penicillins, particularly in older adults, is high for a variety of infections with both Gram-negative 450 and Gram-positive bacteria [52-54]. Negative associations between the proportion of 451 cephalosporins among all antibiotic prescriptions and rates of sepsis mortality in older US adults 452 (Table 3) may be related to the competition in prescribing with other antibiotic classes, 453 particularly penicillins and fluoroquinolones for which prevalence of resistance in the key 454 syndromes leading to sepsis is higher than prevalence of resistance to cephalosporins, e.g. 455 [52,55]. We note that those negative associations do not reach statistical significance in the 456 multivariable model (Table 4). Moreover, prevalence of cephalosporin resistance and the 457 frequency of extended-spectrum beta-lactamase (ESBL) production, including in Gram-negative 458 bacteria is growing [56], and replacement of other antibiotics by cephalosporins might 459 potentially lead to negative effects in the long run. Finally, we found no associations between the 460 proportion of macrolides among all antibiotic prescriptions in the US and rates of mortality with 461 sepsis in adults, which agrees with our earlier findings regarding septicemia hospitalizations [14]. 462 While macrolides are used relatively infrequently in the treatment of urinary tract and 463 gastrointestinal infections, macrolides are commonly prescribed in the treatment of other 464 sources of sepsis, particularly respiratory illness, both chronic [57] and acute, including 465 pneumonia [58], with high prevalence of macrolide resistance in the corresponding infections 466 [59].

467

468 In England, prevalence of resistance to trimethoprim in urinary tract infections (UTIs) is high 469 [21], and trimethoprim use was found to be associated with UTI-related *E. coli* bacteremia [27]. 470 Major reductions in trimethoprim prescribing in England took place in the recent years. 471 particularly in 2017/2018 ([20]: Table 6 in this paper): moreover, prescribing of trimethoprim 472 appears to have declined disproportionately in places in England with higher rates of *E. coli* and 473 MSSA bacteremia (Results). All those changes might have played a role in the fact that growth in 474 the rates of *E. coli* bacteremia in England has stalled in 2017/2018 after many years of robust 475 increases (Table 5; [9,21,7,40]). Prevalence of co-amoxiclav resistance in *E. coli* bacteremia in 476 England exceeds 40% [20,21], more than twice as high as the prevalence of co-amoxiclav 477 resistance in *E. coli*-related urinary tract infections [21], suggesting that the use of co-amoxiclav 478 and possibly of related penicillins is likely in the causal pathway for bacteremia outcomes. GP 479 prescribing of co-amoxiclav was reduced significantly during the recent years ([20]; Table 6 in 480 this paper), disproportionately in places with higher rates of bacteremia (Results). At the same 481 time, prevalence of co-amoxiclav resistance in *E. coli* bacteremia and rates of the corresponding 482 bacteremia outcomes are affected not only by GP prescribing of co-amoxiclav but also by other factors including the use of co-amoxiclav in secondary care, which is widespread [20,21], and 483 484 possibly the use of related penicillins, with penicillin prescribing in secondary care increasing 485 during the recent years [20]. We also note that amoxicillin use is associated with trimethoprim 486 resistance [26], which in turn affects the rates of *E. coli* bacteremia [27], while use of different 487 penicillins may also affect prevalence of resistance to piperacillin/tazobactam in *E. coli* 488 bacteremia, which is sizeable [20]. Additionally, penicillins are widely prescribed in England. 489 accounting for about half of all antibiotic prescriptions in primary care (e.g. Table 6), and 490 penicillin use/resistance to penicillins is therefor expected to affect prevalence of 491 infection/colonization with different bacterial pathogens that subsequently lead to bacteremia

492 outcomes. While positive correlations between rates of bacteremia and rates of prescribing for 493 penicillins other than amoxicillin/co-amoxiclay, but not for amoxicillin or co-amoxiclay were 494 found in this paper, it is uncertain which penicillins (including co-amoxiclav and amoxicillin) have 495 a greater relative impact on rates of bacteremia, with the results of the correlation analyses in 496 this paper potentially affected by patterns of prescribing of different antibiotics related to 497 different geographic locations, as well as demographic factors. Overall, our results support some 498 replacement of penicillins in England by other antibiotics, presumably ones for which prevalence 499 of antimicrobial resistance is lower, as well as reduction in penicillin prescribing with the aim of 500 reducing bacteremia rates. Additionally, we have found that prescribing of metronidazole for skin 501 infections (BNF 1310012K0) as a proportion of the overall GP antibiotic prescribing is correlated 502 with the CCG-specific rates of both *E. coli* and MSSA bacteremia per unit of antibiotic prescribing 503 for the four years in the data. This suggests the possibility that demographic/geographic 504 differences result in differences in transmission of infections/colonization with bacterial 505 pathogens such as *S. aureus* and *E. coli* (including transmission through skin infections), which in 506 turn may affect the rates of severe bacterial infections, including bacteremia. Further work is 507 needed to better understand those differences in transmission, including the feasibility of 508 mitigation efforts aimed at preventing infections.

509

The epidemiological situation related to bacteremia/sepsis in England and the US brings about the question regarding the relative utility of antibiotic replacement vs. reduction in antibiotic prescribing for reducing the rates of bacteremia/sepsis and the associated mortality. A key mechanism relating antibiotic use to the rates of severe outcomes associated with bacterial infection is lack of clearance of resistant infections following antibiotic treatment, with some of those infections subsequently devolving into bacteremia/sepsis and lethal outcomes. While replacement of antibiotics (particularly penicillins) by those to which prevalence of resistance is

517 lower should decrease the scale of this phenomenon, reduction in antibiotic prescribing without 518 antibiotic replacement is not expected to bring down the rates of severe outcomes associated 519 with bacterial infections, at least in the short term, as no treatment should generally be worse 520 compared to antibiotic treatment with regard to sepsis-related outcomes. We note that several 521 vears of decreases in outpatient antibiotic prescribing in England before 2017/18 [23] did not 522 seem to have an effect on the long term growth in the rates of both *E. coli* and MSSA bacteremia 523 (Tables 6 and 5; [21,9,40]); at the same time, major replacement of trimethoprim by 524 nitrofurantoin in 2017/18 (Table 6) following the issue of the corresponding guidelines for the 525 treatment of UTIs ([21], p. 6) was accompanied by the stalling in the growth of the rates of *E. coli* 526 bacteremia in England (Table 5 and [40]). Moreover, reduction in antibiotic prescribing has 527 potential detrimental effects such as an increase in the volume of pneumonia hospitalization 528 [24,25]. Reduction in antibiotic prescribing may contribute to decreases in the rates of severe 529 outcomes associated with bacterial infections in the longer term through decreases in antibiotic 530 resistance. While overall recommendations for reduction in antibiotic use are commonly issued 531 by public health entities in different countries, e.g. [23], recommendations for replacement of certain antibiotics by certain others in the treatment of certain syndromes (like the 532 recommendation for the replacement of trimethoprim by nitrofurantoin in England) are generally 533 534 less common. Such recommendations related to penicillin use (e.g. in-hospital co-amoxiclav 535 prescribing in England) should have a notable effect on the rates of bacteremia/sepsis and 536 associated mortality, both in England and the US. Finally, we note that recently, US FDA has 537 recommended the restriction of fluoroquinolone use for certain conditions (such as 538 uncomplicated UTIs) due to potential adverse effects [60]. At the same time, no indications for 539 antibiotics serving as replacement of fluoroquinolones were suggested in the FDA guidelines [60]. 540 Such indications are needed to optimize the effect of those guidelines on the rates of severe 541 outcomes associated with bacterial infections rather than possibly contribute to increases in the

rates of such outcomes (e.g. increases in the rates of septicemia/sepsis through increases in theprescribing of penicillins).

544

545 Our paper has some limitations. Associations between proportions of different antibiotic 546 types/classes (particularly penicillins) and rates of severe outcomes associated with bacterial 547 infections may be affected not only by the relative contributions of the use of a unit of different 548 antibiotics to the rates of those severe outcomes but also by patterns of antibiotic prescribing in 549 different locations. We note that penicillins are prescribed for a wide variety of indications, both 550 in England and the US, affecting prevalence of infection/colonization with different bacterial 551 pathogens, and that there is high prevalence of resistance to penicillins in both the Gram-negative 552 and Gram-positive bacteria in the US (e.g. [52-54]), and high prevalence of co-amoxiclav 553 resistance in *E. coli* bacteremia in England [20], all of which supports our results about the 554 relation between prescribing of penicillins and rates of severe outcomes associated with bacterial 555 infections. The antibiotic-sepsis mortality associations that we found in the multivariable model 556 estimate causal effects only if the model is well-specified and all confounders are accounted for in the analysis. To adjust for potential effects of unmeasured and residual confounding, we included 557 558 random effects for the ten US Health and Human Services regions, which led to an improvement 559 in the model fits. Moreover, results of the univariate and the multivariable analyses generally 560 agree on the direction of the effect of different antibiotics on the rates of mortality with sepsis in 561 the US (Tables 3 and 4). Further work involving more granular data, particularly individual-level 562 analysis relating prescribing of different antibiotics in the treatment of a given syndrome to 563 subsequent outcomes is needed to better ascertain the strength of the associations found in this 564 paper. No hospital antibiotic prescribing data were available for this study, and in-hospital 565 antibiotic prescribing is expected to have a significant impact on the rates of outcomes associated 566 with severe bacterial infections. For example, given the very high prevalence of co-amoxiclay

567	aCC-BY-NC-ND 4.0 International license. resistance in <i>E. coli</i> bacteremia and the high levels of co-amoxiclav prescribing in the secondary
568	care setting in England [20,21], it is likely that co-amoxiclav prescribing in the secondary care has
569	a significant effect on the incidence of <i>E. coli</i> bacteremia in England, both co-amoxiclav resistant
570	and overall. Coding practices for sepsis on death certificates may vary by US state [61].
571	Additionally, data on outpatient antibiotic prescribing in the whole population [37] were related
572	to age-specific rates of mortality with sepsis in the US [38], while in England, no age-specific
573	prescribing or bacteremia data were available for this study. We expect that those sources of
574	noise/incompatibility should generally reduce precision and bias the correlations towards null
575	rather than create spurious associations.
576	
577	We believe that despite those limitations, our results suggest that prescribing of certain
578	antibiotics, particularly penicillins is associated with rates of <i>E. coli</i> and MSSA bacteremia in
579	England and rates of mortality with sepsis in older US adults, with the latter result supporting our
580	earlier findings about the association between the rates of prescribing of penicillins and rates of
581	hospitalization with septicemia in older US adults [14]. Additionally, there is high prevalence of
582	resistance to penicillins for a variety of bacterial infections both in the US and England [52-
583	54,20,21]. While these findings support the potential utility of replacement of penicillins by other
584	antibiotics with the goal of reducing the rates of bacteremia/sepsis and associated mortality,
585	further studies, including individual-level analyses are needed to better understand the effect of
586	replacement of certain antibiotics, particularly penicillins by other antibiotics in the treatment of
587	different syndromes, well as the effect of reduction in antibiotic prescribing in the treatment of
588	certain conditions on the rates of severe outcomes associated with bacterial infections.
589	

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- 592
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