1 Serological evidence of dengue fever and associated factors in health facilities

- 2 in Borena Zone, Southern Ethiopia
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7 Abstract

8 **Background:** Dengue fever is a re-emerging public health threat in Ethiopia. Yet, little is

9 known about the epidemiology and risk factors. In this study the seroprevalence and associated

10 risk factors of dengue virus infection were assessed in Borena Zone health facilities.

Methods: An institution based cross-sectional study was conducted from May to August, 2016. A total of 519 consecutive acute febrile patients attending the outpatient departments of Teltelle health Center, Yabello and Moyale Hospital were enrolled. Data on socio-demographic and environmental risk factors were collected using structured questionnaire. Three to five milliliter blood samples were collected from all participants and screened for dengue virus exposure using indirect immunofluorescent assay.

Result: The overall prevalence of anti-DENV IgG and IgM was 22.9% and 7.9% respectively.

18 The relatively higher IgM versus IgG, absence of trend with age and little or no correlation with

19 the assessed possible risk factors except being male (AOR=1.72; 95%CI 1.01-2.94), place of

residence (AOR=0.37;95%CL 0.21-0.64) that had higher rate of exposure and recall of a recent

21 mosquito bite (AOR=2.98; 95%CI 1.51-5.89) probably imply recent and/or ongoing active

22 transmission.

Conclusion: This study showed dengue fever could potentially emerge as public health threat in the study area. On top, the observed low awareness of participants underline the urgent need for further systematic studies to determine the environmental, and host factors that determine the extent of exposure to dengue virus infection in the area for appropriate control and prevention planning.

28 Key words: Borena, Dengue Virus, Indirect Immunofluorescent Assay, Ethiopia

29 Author summary

30 Dengue fever is a mosquito-borne viral disease of global health problem where Aedes aegypti mosquitoes are the main vector. It is endemic in most tropical and sub-tropical countries with an 31 estimated 96 million infections resulting in clinical disease annually. It is unrecognized and 32 underreported in Africa, particularly in Ethiopia. So, the current study were conducted among 33 febrile patients who were attending health institutions to document seroprevalence and 34 associated risk factors of DENV infection in the southern part of the country. The study stated 35 the presence of antibodies against DENV infection in study areas, the ringing bell message for 36 those who were involved in health sectors. Gender and residence were significantly associated 37 with the prevalence of anti-DENV IgG seropositivity. In addition, individuals who have 38 experience of recent mosquito bite were identified as the risk factors of DENV infection. 39 Therefore, I recommend that preventive measures should be considered and nationwide 40 surveillance should be carried out at nationwide. 41

42 Introduction

Dengue fever (DF) is the most rapidly spreading mosquito-borne disease and the major public 43 health problem on the world [1]. Dengue is a viral disease caused by dengue virus serotypes 44 (DENV1-4) of the genus Flavivirus. Dengue virus is a non-segmented, positive-sense, single-45 stranded, enveloped RNA virus; transmitted primarily by the bite of Aedes aegypti and Aedes 46 47 albopictus [2, 3]. Infections can also be transmitted through blood transfusion, organ transplantation and possibly vertically from mother to child [4, 5]. The virus distributed in more 48 than 100 countries in tropical and subtropical areas; across the Americas, East Mediterranean, 49 Western Pacific, Africa, South-East Asia and Europe [6]. The dengue infection has been 50 51 reported in most African countries, especially in Eastern Africa including Ethiopia [3, 7, 8]. More than 390 million people are exposed to DENV each year resulting in 96 million annual 52 cases of viral associated disease globally [9]. The World Health Organization (WHO) has 53 reported 500,000 people develop severe disease each year, and about 1,250 die [10]. Although 54 55 dengue has a global distribution, the majority of cases were from WHO South-East Asia region together with Western Pacific region bears nearly 75% of the global disease burden [11]. 56 Recently, there were few dengue infection reports in Ethiopia, specifically eastern parts of the 57 country Dire Dawa and Somali regions [3, 8, 12]. Several factors are related to the increase of 58

dengue incidence in the Ethiopia. Among the most important ones are uncontrolled urbanization
and absence of standardized public services such as water supply, sewage, and waste disposal
[3].

Dengue virus infection produces a spectrum of clinical illness, ranging from an asymptomatic or 62 mild febrile illness to classic DF to the most severe form of illness, dengue hemorrhagic fever 63 (DHF) and dengue shock syndrome (DSS) [13]. DHF and DSS cases have also been increasingly 64 65 recognized in South Asia, Latin America and the Pacific [14, 15], with pediatric cases being more common. Also DF and DHF/DSS have become more common in adults [16]. Dengue fever 66 is clinically difficult to diagnose, especially in developing countries with no established dengue 67 diagnostic techniques and could easily be mistaken for malaria, typhoid or unknown febrile 68 69 illnesses [17]. The studies have reported that human antibody responses after dengue virus infection were highly cross-reactive with other arboviruses like Zika virus [18, 19]. 70

Few studies of dengue infection have been carried out in Ethiopia: even though unknown causes 71 72 of acute febrile illnesses are common. A confirmed DF case was reported for the first time in Ethiopia in Dire Dawa city in 2013 [8]. Later studies were conducted in somali region and north-73 western parts of the country [3, 12]. However, data are not available on the DF in Southern 74 Ethiopia. Thus, the aim of this study was to generate baseline data on the prevalence of DF and 75 associated risk factors in acute febrile patients in health facilities with catchments from the 76 Borena Zone. This study will be helpful in providing information on DENV infection to 77 healthcare authorities for better clinical management of patients and to design and implement 78 appropriate control measures. 79

80 Materials and Method

81 Ethical consideration

Ethical clearance was obtained from the Institutional review board of Hawassa University College of Medicine and Health Sciences, Oromia Regional Health Bureau Ethics Review Committee and AHRI/ALERT Ethics Review Committee. Before data collection, patients were informed about the objective and purpose of the study, about their right not to participate on the study or withdraw at any point in time. Personal privacy and dignity was respected. Data was collected after obtaining participants'/guardians' informed written consent. Assent was also

sought in cases the study participants were children under 18 years old. All samples and forms
containing patient information had no name or information that can identify a particular
participant; and data was analyzed and interpreted in aggregate.

91 Study Site, design, period and patient's characteristics

A health facility based cross-sectional study was carried out from May to August 2016 in Borena Zone: Yabello Hospital, Moyale Hospital and Teltelle Health center. A Zone is located in southern part of Ethiopia, bordering Kenya. The climate of the area is arid; mean annual rain fall of 400-700 mm in two rainy seasons (spring and autumn), and mean annual temperature ranging from 25-37°C. The study population consisted of all consecutive patients presenting with acute febrile illness at the outpatient departments during the study period. The sample size was 519.

98 Data collection and Laboratory test

Data collectors interviewed the study participants using pretested structured questionnaire on 99 100 socio-demographic and other risk factors such as use of bed net, trees around compound, use of mosquito repellent, presence of stagnant water around compound, and stay outside at night time. 101 102 A 3-5 ml blood samples were collected, clotted and centrifuged at 1300r/minute. Separated sera 103 were transported using liquid nitrogen (-170°c) to Hawassa University Referral Hospital, and 104 stored in deep freezer (-80°c). Sera were transported using dry ice and screened at AHRI laboratory for DENV IgG and IgM using EUROIMMUN biochips indirect immunofluorescent 105 assay (IIFA) kit (Medizinische Labordiagnostika AG-Germany) according to the manufacturer's 106 manual [20]. 107

108 **Data analysis**

Data was analyzed using SPSS version-20 window. Results were summarized using descriptive statistics and bivariate analysis. To control for possible effect of confounding, variables found to have an association with the outcome variable at P-value of 0.25 were entered into multivariable logistic regression model. Associations between independent and outcome variables were assessed and its strength was described using odds ratio with its 95% confidence intervals. Pvalue <0.05 was accepted as statistically significant.

115 **Results**

116 Socio-demographic characteristics

A total of 519 participants were investigated during the study period. Two hundred six (39.7%) of the study participants were from Teltelle health center, 36.6% were from Moyale hospital, and the remaining study participants (23.7%) were from Yabello hospital. The mean age of the participants was 25.5 years (range, 1 to 80 years, standard deviation 1.54), and those in the age range 15-29 years accounted 49.3%. Male participants accounted 51.3% with male to female ratio of 1:0.95. Substantial proportion of the study participants were rural residents (51.6%), illiterate (60.7%), and farmers by occupation (33.9%) (Table1).

124 Seroprevalence of DENV infection

The overall prevalence of exposure to DF was found to be 22.9% and 7.9% for IgG and IgM 125 126 respectively. Male participants (67.2%) had higher rate of DENV IgG compared to females (32.8%). With respect to age, the prevalence of DENV IgG was highest (46.2%) in age group 15-127 29 years and lowest (11.8%) in age group greater than 45 years. Further, the rate of DENV 128 infection IgG exposure was higher among urban residents (60.5%), animal keeper (22.7%) and, 129 130 illiterate individuals (58.8%), and Teltelle health center (40.3%) (Table1). Overall, 20 of 119 (48.8%) age group 15-29 years and 11 of 119 (26.8%) age group 1-14 years had IgM antibodies 131 which suggest that recent infections with DENV were occurring (Table 3). In bivariate analysis, 132 the association that yielded a p-value less than 0.25 with DENV IgG was gender and place of 133 134 residence while age, study area, occupation and educational status of the study participants were 135 not significantly associated. In multivariable logistic regression analysis male participants were at higher odds of having DENV IgG infection (AOR 2.68, 95% CI 1.66- 4.31) compared to 136 females. Those study participants who lived in urban areas were 0.37 times (AOR = 0.37: 95% 137 0.21-0.64) more likely to have anti-DENV IgG seropositivity than those who lived in rural areas 138 139 (Table 1). The prevalence of DENV-3 IgG was highest (19.8%) and DENV-1 was lowest (8.3). Regarding IgM, both DENV-2 and DENV-3 were equally the highest (Table 2). 140

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Changeteristics	Number(%)	Number(%)	COD(059/ CL)	A OD (050/ CI)	Devalue
Characteristics	tested	positive	COR(95% CL)	AOR(95%CL)	P-value
Sex	266(51.2)	80(67.2)		0 (0)(1 ((1 01)))	0.00
Male	266(51.3)	80(67.2)	2.36(1.53-3.63)*	2.68(1.66-4.31)**	0.00
Female	253(48.7)	39(32.8)	1	1	
Age					
1-14	103(19.8)	26(21.8)	1.13(0.54-2.36		
15-29	256(49.3)	55(46.2)	0.92(0.47-1.79)		
30-45	99(19.1)	24(20.2)	1.07(0.51-2.28)		
>45	61(11.8)	14(11.8)	1		
Residence					
Rural	268(51.6)	47(39.5)	1	1	
Urban	251(48.4)	72(60.5)	1.89(1.25-2.87)*	0.37(0.21-0.64)**	0.001
Education level					
Illiterate	315(60.7)	70(58.8)	1.5(0.49-4.51)		
Primary	140(27)	34(28.6)	1.68(0.54-5.25)		
Secondary College and	39(7.5)	11(9.2)	2.06(0.57-7.39)		
above	25(4.8)	4(3.4)	1		
Occupation					
Farmer Animal	176(33.9) 137(26.4)	40(33.6)	0.76(0.29-1.94)		
keeper	`` ,	27(22.7)	0.63(0.24-1.66)		
Employee	57(11)	10(8.4)	0.55(0.18-1.66)		
Student	67(12.9)	22(18.5)	1.26(0.46-3.46)		
House wife	57(11)	13(10.9)	0.76(0.26-2.22)		
Others	25(4.8)	7(5.9)	1		
Study sites					
Yabello	123(23.7)	33(27.7)	1		
Moyalle	190(36.6)	38(31.9)	0.68(0.40-1.16)		
Teltelle	206(39.7)	48(40.3)	0.83(0.49-1.38)		
NB: COR; Cr	rude Odd Ratio	AOR; Adjus		ners: merchants, day la	borer

Table 1. Dengue virus IgG seropositivity relation to socio-demographic characteristics of
 respondents attending health facilities in Borena Zone, Southern Ethiopia, 2016

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	IgG	IgM	
Dengue virus serotypes	Pos No (%)	Pos No (%)	
DENV-1	43(8.3)	28(5.4)	
DENV-1 DENV-2	71(13.7)	34(6.6)	
DENV-2 DENV-3	103(19.8)	34(6.6)	
DENV-4	66(12.7)	31(6)	

Table 2. Distribution of Dengue infection antibodies by serotypes

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Regarding the general awareness about DF, 38.2% of the participants had heard about this virus 153 154 infection, and 9.6% responded DENV is transmitted by mosquito. Respondents were asked about the environmental exposures associated with mosquito-borne illnesses in their dwelling areas. 155 156 Those who reported the existence of stagnant water and trees nearby their dwelling were 31.2% and 64.2%, respectively. Above 57% of respondents reported recent mosquito bites while they 157 stayed outside during night time (47.8%). Three hundred thirty three (63.6%) of the study 158 participants reported they slept under mosquito nets; of which 20.2 and 41.4% used bed net 159 160 always and sometimes, respectively. However, only 4.1% used mosquito repellents on day or night time (Table 4). 161

The seropositivity of DENV IgG was 43.7% in those who heard about the virus and 13.4% in 162 163 those who responded mosquito transmits the infection. The rate of exposure was observed 52.1% and 68.1% among those who responded they had a habit of staying outside during night and used 164 bed net. A recent experience of having a mosquito bite (70.6%) was the only factor that 165 significantly influenced the rate of DENV IgG exposure in bivariate analysis. However, use of 166 167 mosquito repellant, awareness of DF, knowledge of transmission route, presence of tree around 168 compound, habit of staying out side home in night time and a use of bed net were not significantly associated (p-value > 0.05). The association between recent mosquito bite and 169 DENV IgG infection was found to be statistically significant in a multivariable logistic 170 regression analysis (AOR=2.23; 95%CI, 1.39-3.56, p=0.001) (Table 4). 171

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Characteristics	Number(%) tested	Number(%) positive	COR(95% CL)	AOR(95%CL)	P-value
Sex					
Male	266(51.3)	16(39)	1		
Female	253(48.7)	25(61)	1.71(0.89-3.29)		
Age					
1-14	103(19.8)	11(26.8)	2.31(0.62-8.64)		
15-29	256(49.3)	20(48.8)	1.64(0.47-5.70)		
30-45	99(19.1)	7(17.1)	1.47(0.36-5.92)		
>45	61(11.8)	3(7.3)	1		
Residence					
Rural	268(51.6)	16(39)	1		
Urban	251(48.4)	25(61)	1.74(0.91-3.35)		
Education level					
Illiterate	315(60.7)	20(48.8)	0.49(0.14-1.80)		
Primary	140(27)	16(39)	0.95(0.25-3.52)		
Secondary College and	39(7.5)	2(4.9)	0.39(0.06-2.56)		
above	25(4.8)	3(7.3)	1		
Occupation					
Farmer Animal	176(33.9) 137(26.4)	10(24.4)	1.45(0.18-11.80)		
keeper		8(19.5)	1.49(0.18-12.45)		
Employee	57(11)	5(12.2)	2.31(0.26-20.84)		
Student	67(12.9)	10(24.4)	4.21(0.51-34.74)		
House wife	57(11)	7(17.1)	3.36(0.39-28.87)		
Others	25(4.8)	1(2.4)	1		
Study sites					
Yabello	123(23.7)	9(22)	1		
Moyalle	190(36.6)	14(34.1)	1.01(0.42-2.41)		
Teltelle	206(39.7)	18(43.9)	1.21(0.53-2.79)		
NB: COR; Cr	ude Odd Ratio		· · · · · · · · · · · · · · · · · · ·	hers: merchants, day la	oorer

Table 3. Dengue virus IgM seropositivity relation to socio-demographic characteristics of
 respondents attending health facilities in Borena Zone, Southern Ethiopia, 2016

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Characteristics	Number(%) tested	Number(%) positive	COR (95% CL)	AOR(95% CL)	P- value
	lesteu	positive	COK (9570 CL)	AOK(9570 CL)	value
Heard about DF	198(38.2)	52(43.7)	1		
Yes	· · · · ·	· /	1		
No	321(61.8)	67(56.3)	0.74(0.49-1.12)		
Mode of transmission					
Mosquito	50(9.6)	16(13.4)	1		
By blood	14(2.7)	5(4.2)	1.18(0.34-4.09)		
Do not know	455(87.8)	98(82.4)	0.58(0.31-1.10)		
Stagnant water					
Yes	162(31.2)	36(30.3)	1		
No	357(68.8)	83(69.7)	1.06(0.68-1.65)		
Trees around comp	ound		, , , , , , , , , , , , , , , , , , ,		
Yes	333(64.2)	80(67.2)	1.19(0.77-1.84)		
No	186(35.8)	39(32.8)	1		
Stay outside at nigh	t				
Yes	248(47.8)	62(52.1)	1.25(0.83-1.88)		
No	271(52.2)	57(47.9)	1		
Recent mosquito bite			-		
Yes	300(57.8)	84(70.6)	2.04(1.32-3.18)*	2.23(1.39-3.56)**	0.001
No	219(42.2)	35(29.4)	1	1	0.001
Bed net use	21)(12.2)		1	I	
Yes	333(63.6)	81(68.1)	1		
No	186(36.4)	38(31.9)	1.25(0.81-1.94)		
Repellent use	100(00.7)	50(51.7)	1.20(0.01 1.94)		
Yes	21(4.1)	6(5)	1		
	498(95.9)	113(95)	0.73(0.28-1.94)		
<u>No</u>	тло(ла.л)	115(75)	0.73(0.26-1.94)		

Table 4. Dengue virus IgG seropositivity relation to knowledge and environmental 179 characteristics of respondents attending health facilities in Borena Zone, Southern Ethiopia, 2016 180

NB: COR; Crude Odd Ratio 182

AOR; Adjusted Odd Ratio

Others: merchants, day laborer

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185 **Discussion**

Recently, dengue fever infection has been considered an emerging public health problem in 186 several African countries with risk of severe infections [21, 22]. Most febrile cases are routinely 187 diagnosed and treated for typhoid and/or malaria without proper investigation for other 188 conditions including viral infections. In Ethiopia where various mosquito-borne diseases are 189 190 common, little is known about the epidemiology of arboviruses including DENV. However, the 2013 and 2014 DF outbreaks in Dire Dawa and Godey [8, 12] that caused many morbidities and 191 mortalities calls for systematic investigations to better describe the epidemiology of DF in 192 various localities. Specially in relation to a worsening situation in climate change, which 193 supports the emergence and re-emergence of vector-borne diseases, the need to have a strong 194 surveillance system is critically important. This study assessed the prevalence of DENV 195 infection and its associated risk factors in health facilities in Borena Zone where febrile illness is 196 common. 197

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199 The seroprevalence of exposure to DENV IgG among febrile patients in the study area were 22.9%. This result is in agreement with findings reported in Djibouti, 21.8% [23] and in 200 Northern Province of Sudan, 24% [24]. However, the observed rate of DENV exposure was 201 lower than results in Dire Dawa, 56.8% [8], northern Ethiopia, 33.3% [3], Eritrea, 33.3% [25], 202 203 Kassala, Eastern Sudan, 71.7% [26], and El Gadarif state, Sudan, 47.6% [27]. In contrast, the prevalence of anti-DENV IgG exposure in this study was higher compared to the rates 7.7% and 204 205 12.5% in Tanzania and Kenya respectively [28, 29]. These discrepancies may be due to difference in distribution of risk factors and variable climatic conditions by geographical regions, 206 207 diversity of the studied populations, and difference in diagnostic performance of the employed laboratory methods. For example, some studies analyzed samples using laboratory techniques 208 209 such as ELISA, PRNT and PCR which are more sensitive and specific compared to IIFA technique used in the current study. The high circulation of DENV in the study area could be 210 211 attributed to several factors including misdiagnosis of febrile cases, the movement of migrants from endemic countries and the proliferation of breeding sites of Aedes mosquitoes. And also 212 one-fourth of the study participants had antibody against DENV infection, dengue was under 213 recognized and underreported in Ethiopia, which is in line with an earlier report in Africa [7]. 214 The overall prevalence of anti-DENV IgM seropositivity was 7.9% which indicates recent 215

infection with DENV. Since IgM against the DENV infection can be usually detected after the
first 5-7 days of infection [30, 31]. However, the possibility that as the IgM antibodies remain
negative for the first few days, and also the IgM reactivity was non-specific; thus there is crossreactive due to infection with another flavivirus [32].

This study showed that gender significantly influenced the rate of anti-DENV IgG exposure 220 status where male participants were disproportionally infected, which is in agreement with the 221 222 study conducted elsewhere [3, 33]. It might be due to that males are more likely to work in outdoor forested areas where they come into contact with vectors for DENV. In this study, those 223 224 individuals who were dwelling in urban areas were more affected than those in the rural areas. This is in agreement with the studies elsewhere [3, 34, 35]. It was previously reported that the 225 226 seropositivity rate for DENV, which is carried by common vectors Ae. aegypti and Ae. *albopictus*, was higher in the geographically central sites (urban centers) than villages [36]. 227 228 Recent mosquito bite was significantly associated with anti-DENV IgG seropositivity. This is in line with the fact that mosquito bite exposes individuals to DF, and it may be the main mode of 229 230 transmission in the study area. However, factors such as age, study site, occupation and educational status have little significance in influencing the rate of exposure to DENV in the 231 232 current study.

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Although this is the first study of seroprevalence and risk factors associated with DENV infection in Southern Ethiopia, the study has several limitations. IIFA was shown to have good performance as compared PRNT; its inherent cross reactivity to other Flaviviruses could not be ruled out. Moreover, no febrile community controls or convalescent sera, and as any health institution based study that used consecutive volunteering cases only the risk of introducing bias is unavoidable. Thus, the findings of this study may not be generalized to the population in the study area.

In conclusion, this study showed low awareness among participants and the potential that DENV could likely be public health significance in the study area. Thus, we recommend a community based survey in the study and adjacent communities to verify our findings and take appropriate public health measures to provide potential outbreaks. Further systematic studies should be

- conducted to determine the environmental, and host factors that determine the extent of exposure
- to DENV infection in the area for appropriate control and prevention planning.

247 Abbreviation

- 248 AHRI: Armauer Hansen research institute.
- 249 ELISA: Enzyme Immunosorbent assay
- 250 IIFA: Indirect Immunofluorescent Assay
- 251 IgG: Immunoglobulin G
- 252 IgM: Immunoglobulin M
- 253 PRNT: Plague Reduction Neutralization test
- 254 DF: Dengue fever
- 255 DENV: Dengue virus
- 256

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358 Supporting information

359 S1 STROBE Checklist. (DOC)