1	Temporal scaling of ageing as an adaptive strategy of Escherichia coli
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9	
10	Abstract
11	Natural selection has long been hypothesised to shape ageing patterns, but whether
12	and how ageing contributes to life-history evolution remains elusive. The complexity of
13	various ageing-associated molecular mechanisms and their inherent stochasticity hinder
14	reductionist approaches to the understanding of functional senescence, <i>i.e.</i> reduced fecundity
15	and increased mortality. Recent bio-demographic work demonstrated that high-precision
16	statistics of life-history traits such as mortality rates could be used phenomenologically to
17	understand the ageing process. We adopted this approach to study cellular senescence in
18	growth-arrested E. coli cells, where damages to functional macromolecules are no longer
19	diluted by fast de novo biosynthesis. We acquired high-quality longitudinal physiological and
20	life history data of large environmentally controlled clonal E. coli populations at single-cell
21	resolution, using custom-designed microfluidic devices coupled to time-lapse microscopy.
22	We show that E. coli lifespan distributions follow the Gompertz law of mortality, a century-
23	old actuarial observation of human populations, despite developmental, cellular and genetic
24	differences between bacteria and metazoan organisms. Measuring the shape of the hazard
25	functions allowed us to disentangle quantitatively the demographic effects of ageing, which

26 accumulate with time, from age-independent genetic longevity-modulating interventions. A

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pathway controlling cellular maintenance, the general stress response, not only promotes
longevity but also temporally scales the whole distribution by reducing ageing rate. We
further show that *E. coli*, constrained by the amount of total biosynthesis, adapt to their
natural feast-or-famine lifestyle by modulating the amount of maintenance investment,
rendering ageing rate a highly evolvable life-history trait.

32

33 Background

The biology of ageing and senescence is centred on the duality of individual frailty 34 and population resiliency. Throughout the course of normal metabolism, components of 35 living systems such as cells, lipids, proteins and DNA inevitably suffer from wear-and-tear 36 such as free-radical damages. This constant and collective decay eventually leads to the loss 37 of vital functions and collapse of individuals. Understanding the way that system failure 38 emerges out of distributed microscopic damages could reveal how functional components are 39 organised into self-maintaining individuals in the first place^{1,2}. Yet for some organisms in the 40 tree of life, ageing does not lead to increased mortality and declined fertility³. Organisms 41 possess the abilities to repair or replace most of the damages to their components, 42 exemplified by the "immortal germ line"⁴. Evolutionary biologists attribute the apparent 43 senescence of metazoan somas to the inadequate investment in cellular maintenance as an 44 45 adaptive strategy to maximise lifetime reproductive success, due to the trade-offs between the survival and reproduction of the young on one hand, and maintenance for the benefit of the 46 old on the other^{5,6}. Presumably, natural selection has to operate through the molecular 47 "levers" of damage accumulation and/or repair to achieve such life-history optimisation. 48 49 *Escherichia coli*, a single-cell prokaryote with short lifespans, has historically served as a model organism that resolved many fundamental questions in biology. E.coli cells, as 50 their metazoan counterparts, suffer from damages to their components, which lead to cellular 51

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52	senescence ^{7,8} . In exponential growth, these damages are quickly diluted by <i>de novo</i>
53	biosynthesis, and the effects of cellular senescence mitigated by rapid and robust
54	reproduction ⁹ . Yet, the natural life cycle of <i>E.coli</i> entails a much wider range of physiological
55	conditions than exponential growth. Most of bacterial cells spend much of their lives in
56	resource-limited growth arrested conditions, where <i>de novo</i> biosynthesis rates are slower ¹⁰
57	and cells undergo senescence due to the accumulation of molecular damages such as protein
58	misfolding and oxidation (Fig. 1) ¹¹ . Despite the lack of fixed separation of germ and soma
59	cells, the ability to survive the wear and tear of cellular components during growth arrests
60	contribute to bacterial overall fitness as much as the ability for exponential growth. We,
61	therefore, adopted a bio-demographic approach ^{1,2} to understand how modulation of molecular
62	damage repair could shape ageing dynamics in growth-arrested <i>E.coli</i> .
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76 Cells with appropriately expressed fluorescent markers are imaged bottom-up and appear as

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fluorescent spots (Fig. 2b). This experimental system allows easy tracking of cohorts of a
large number of individual bacterial cells for prolonged periods (up to 7 days).

In order to observe cell mortality, we included in the carbon-source-free medium a 79 red-fluorescent, DNA-binding, bacterial viability dye, Propidium Iodide (P.I.), which 80 penetrates the cells only when cellular membrane potentials are disrupted. P.I. staining has 81 been established as an effective proxy of cellular death and correlates well with cell viability 82 assessed by proliferating potential¹⁴. We used P.I. at a concentration 4-fold lower than the 83 previous concentration that had no effects on *E.coli* viability and growth¹⁴. Automatic time-84 lapse fluorescence microscopy and fixed geometry of our devices allowed longitudinal 85 quantification of P.I. signal for every single cell in the population. We defined the half point 86 between peak P.I. signal and background fluorescence as a threshold to establish the time-of-87 death. At the end of the experiments, 70% ethanol was injected into the device in order to 88 account for every cell in the cohort, and establish a lower bound for the time-of-death of 89 surviving cells. These cells were censored at the time that their P.I. signals crossed their 90 respective thresholds (see Methods). 91

Despite being genetically clonal and environmentally controlled, cells did not share 92 the same time or manner of death, as measured by the P.I. time-series. The transition from 93 life to death of a representative cohort (N = 4744) could be visualised by the boundary 94 between dark to light in Fig. 2d. Because cells were sorted vertically according to estimated 95 lifespans, the shape of this boundary represents the survival function of the population. 96 Considering ageing and death as a stochastic process of system reliability reduction^{1,2}, the 97 observed time-of-death distribution could be viewed as the population's first-passage time 98 distribution. In addition, we observed individual differences in death trajectories. Short-lived 99 cells tended to have very sharp P.I. increases that associated with abrupt losses of membrane 100

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integrity; while those that die late tended to suffer a type of "slow death" characterised by agradual P.I. increase over the course of 10-15 hours.

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104 E. coli lifespan distributions follow the Gompertz law

105 For both demographers and reliability engineers, the age-associated increase in death probability, also known as the hazard rate h(t), is considered to be a hallmark of ageing¹⁻³. 106 The detailed population statistics derived from our experiments are particularly useful in 107 estimating the shape of the hazard functions over the whole lifespan. We find that E.coli 108 lifespan distributions have, as their main feature, regimes with exponentially increasing 109 hazard rates, *i.e.* the Gompertz law of mortality $h(t) \sim h(t_0) e^{b(t-t_0)}$, where $h(t_0)$ is the initial 110 hazard rate and b is the Gompertz ageing rate^{15,16}. We estimated h(t) directly with binomial 111 error by binning mortality events within discrete time intervals (τ_i , τ_{i+1}), *i.e.* $\tilde{h}_i \sim d_i/Y_i/\Delta \tau_i$, 112 where Y_i is the number of individuals at risk at time τ_i and d_i is the number of cell deaths 113 within (τ_i, τ_{i+1}) (see Fig. 3). For wildtype cells, this exponential regime spans from about 13 114 hours to 93 hours, corresponding to approximately 90% of all cell deaths (Ntotal=4744, see 115 Fig. 3b, top x-axis), and ranges at least 100-fold changes in hazard rates $(2*10^{-3} h^{-1} to 2*10^{-1})$ 116 h^{-1}). Within this exponential regime, the doubling time of hazard rate is 9.4±0.5 hours. In 117 comparison, the doubling time of human mortality hazards is about 8 years¹⁵. 118

Hazard rates not only define lifespan distributions but can also be thought of as surrogates for system vulnerability, whose dynamics through time reflect the physiological consequence of ageing. In this light, the Gompertz law can be interpreted as a dynamic equation governing the ageing process: dh(t)/dt = bh(t), where *b* is the Gompertz ageing rate.

123 The integral version,
$$h(t) = bH(t) + h(t_0)$$
, where $H(t) = \int_{0}^{t} h(t')dt'$, can be directly observed in

124 the phase plane of the cumulative hazards H(t) without any free parameters (Fig. 3b). The

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125 integral equation is used because H(t) can be estimated independent of binning, by using the 126 Nelson-Aalen (N-A) estimator $\tilde{H}_{NA}(\tau_i)^{17}$. The fact that the theoretical trajectory, including 127 the aforementioned linear regime, lies within the confidence intervals (CI) of almost every 128 state coordinate ($\tilde{H}_{NA}(\tau_i)$, \tilde{h}_i) lends strong statistical credence to the Gompertz law for 129 describing our data. In addition, the observed trajectory in the phase plane links the 130 instantaneous hazard rate h(t) at any given time t, with the total proportion of population that 131 have died before time t (because H(t) = -ln[S(t)], where S(t) is the survival function).

The hazard rate observed deviates from the exponential regime at the beginning (t<15 132 hours, 3% cell deaths) and the end (t>93 hours, 7% cell deaths) of the total lifespan. These 133 observations are reminiscent of similar deviations from Gompertz law in human mortality 134 data^{18,19}. In our case, the additional mortality at the early age might result from harvesting 135 and transferring exponentially growing cells from batch culture directly to growth-arresting 136 conditions inside our microfluidic chip, in a way analogous to infant mortality in human 137 mortality data, which can be modelled by an age-independent component (λ in the Gompertz-138 Makeham model $h_{gm}(t) = \lambda + \frac{b}{\beta}e^{bt}$, where β controls the age at which the Gompertz regime 139 overtakes the Makeham term λ). 140

Late-life hazard decelerations are common phenomena for both model organisms and 141 human populations^{18,20}. It is thought that these hazard decelerations often do not reflect 142 ageing decelerations for individuals, but result from changes in composition of heterogeneous 143 populations. The more fragile individuals are more likely to die and be removed from the 144 cohort. When hazard rates are high late in life, significant portions of the populations are 145 removed so that the observed hazard rates of the surviving populations would be smaller than 146 the original cohorts on average. We found that an extension to the Gompertz law named 147 Gamma-Gompertz, originally used to model old-age human model data²¹, could also 148

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satisfactorily model late life decelerations in our data, for both wildtype and mutant strains
(see below). It could be understood as accounting for the compositional changes by an
additional parameter, *s*, controlling the level of frailty heterogeneity:

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$$h_{gg}(t) = \frac{b}{\beta} e^{bt} \cdot s[S_{gg}(t)]^{1/s}$$
, where $S_{gg}(t)$ is the survival function of Gamma-Gompertz, and

other parameters are as before. Despite being genetically and environmentally non-

distinguishable, we think it is reasonable to assume frailty heterogeneity exist in our single-

cell populations due to the stochastic nature of cellular biochemistry, explaining the

suitability of the Gamma-Gompertz for our data.

We thus used the Gamma-Gompertz-Makeham (GGM) extension model with 4
parameters to fully model our data across the whole lifespan, with parameters estimated by
likelihood maximisation:

160
$$h_{ggm}(t) = \lambda + \frac{bs}{1 + (\beta - 1)e^{-bt}}$$

Goodness-of-fit was evaluated using a one-sample Kolmogorov-Smirnov test for
 right-censored survival time data. The appropriateness of the model terms was evaluated by
 comparing Akaike Information Criterion (AIC) of the candidate models (see methods).

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165 The general stress response of *E. coli* modulates the ageing rate

Evolutionary theories of ageing predict the existence of ageing-modulating mechanisms and their activation by nutrient limitation²². Several nutrient-sensing pathways in both bacteria and metazoans have been shown to control stress resistance and reduce mortality²³⁻²⁵. Yet their roles in delaying ageing-related damage accumulations are often controversial. It is often difficult and requires large experimental cohorts to disentangle their effects on ageing from age-independent components of longevity²⁶. Having established a method to measure ageing rates using high-quality mortality statistics, we harnessed this

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system to shed light on potential ageing-modulating mechanisms of *E.coli* that might beactivated in response to nutrient deprivation.

Many bacteria species regulate the level of cellular maintenance through a genetic 175 pathway called general stress response (GSR), controlled by the master transcriptional 176 regulator rpoS that is activated by nutrient-deprivation among other signals²⁷ (Fig. 4a). To 177 assess the role of *rpoS*-controlled cellular maintenance in the ageing of growth-arrested 178 *E.coli*, we measured the lifespan distributions of two GSR mutants, $\Delta rpoS$, and $\Delta rssB$ with 179 that of the wildtype strain. $\Delta rpoS$ is the null mutant and $\Delta rssB$ displays an elevated GSR due 180 to increased RpoS stability²⁸. We observed that higher GSR promotes longevity in the 181 microfluidic experiments, whereas the absence of GSR results in shortened longevity (Fig. 4b 182 and Fig. 5a). Our large sample sizes allowed us to directly measure the hazard dynamics (Fig. 183 4c) of each strain, which could disentangle GSR's effects on ageing rate, as opposed to age-184 independent components of longevity. 185

Significantly, we found that increased GSR reduces the rate of ageing (Fig. 4d and 186 Fig. 5c). Given how well the GGM model fitted for all 3 strains, the impact of genotypes on 187 ageing parameters such as ageing rates could be extracted using generalised linear models 188 (GLM). With enhanced GSR, $\Delta rssB$ cells double their mortality risk every 14.1 hours, with a 189 190 95% CI ranging from 13.1 to 15.3 hours, compared to 9.4 hours for the wildtype (CI 8.9 - 9.9 hours) and 7.3 hours for the null strain $\Delta rpoS$ (CI 6.8 to 7.7 hours). Variability of ageing rate 191 measurements was assessed using 3 independent experimental cohorts for each strain (Figure 192 S1). We visualised non-parametrically the overall experimental variations (Fig. 5a and b). 193 Parametric differences in ageing rates among experimental repeats were tested using GLM 194 195 models and AIC. We confirmed that experimental repeats shared similar ageing rates (H₀: Same aging rate for experimental repeats. d.f. H₀ - H₁ = -2; ΔAIC_{rssB} =-2.56, ΔAIC_{wt} =-2.26, 196 ΔAIC_{rpoS} =-2.30; N_{wt}=6867, N_{rssB}=6969, N_{rpoS}=4793). 197

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The systematic increase in vulnerability of *E.coli* in our experiments is likely driven by the catabolism of pre-existing macromolecules and dissimilation of biomass^{29,30}, which is necessary to provide energy to express housekeeping genes and maintain physiological homeostasis^{10,31}. Our finding that GSR modulates ageing rate suggests that optimising this maintenance energy requirement is likely one of the physiological functions of the RpoS regulon (see Discussion).

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205 Evolutionary trade-offs mediated by the general stress response

Is slower ageing an adaptive life-history trait? This was one of original question raised by Sir Peter Medawar³² that motivated much of later ageing research. Optimal lifehistory theory suggested that trade-offs and constraints among fitness components shape metazoan ageing rates⁶. The possibility of modulating ageing rate through GSR offers us the opportunity to test these ideas in a fast-evolving organism as *E. coli*.

The relatively well-understood GSR pathway provides a clear molecular mechanism 211 for a trade-off between growth and maintenance. The master regulator *rpoS* encodes the RNA 212 polymerase (RNAP) sigma subunit σ^{S} , which competes with the other sigma factors 213 including the vegetative σ^{D} to recruit the core RNAP and direct the transcription and 214 translation machinery towards the RpoS regulon. By titrating protein synthesis activity away 215 from metabolic and ribosomal genes controlled by σ^D , RpoS activity inhibits growth and 216 nutrient assimilation³³. We measured quantitatively the growth impact of modulating GSR 217 levels, and modelled its effect using a simple course-grained model of proteome sectors³⁴. 218 219 We found that the proportion of protein synthesis devoted to the RpoS regulon linearly increases the timescale of growth (see top axis in Fig. 6a). 220

To assess the life-history optimality of different ageing rates, we integrated numerically the experimentally derived growth rates and mortality rates into fitness, defined

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as the long-term population growth rates. In contrast to metazoans, for whom fertility and 223 mortality schedules are connected through fixed age structures, our model of E. coli life-224 history consisted of alternating environmental episodes of varying durations, in which E. coli 225 populations either grow ("feast"), or decline ("famine") (Fig. 6a). These feast-or-famine 226 cycles were parameterised by two transition rates, controlling respectively the average 227 lengths of "feast" and "famine" episodes. In order to identify selective pressure for ageing 228 rates, we directly compared the fitness of the three strains with different GSR phenotypes, 229 each representing a different strategic position in the growth-maintenance trade-off. We 230 231 identified the environmental regimes selecting for faster or slower ageing (Fig. 6b). The boundaries between these regimes were characterised along two axes: lifestyle ratio, defined 232 as the ratio of time spent in "famine" versus "feast"; and "famine" mean residence time, or in 233 other words, average length of "famine" episodes. 234

There are two necessary conditions for selecting slower ageing strategies represented 235 by $\Delta rssB$. First, populations have to spend much more time in "famine" rather than "feast", so 236 that over the long term, population decline rather than grow. Secondly but no less important, 237 given the same lifestyle ratio, famines should consist of longer episodes rather than short but 238 more frequent ones. This condition is necessary due to the exponential mortality dynamics 239 described by Gompertz law: investing in cellular maintenance only becomes beneficial at old 240 age, when the exponentially increasing benefits of slower ageing eventually overcome the 241 more immediate cost on growth. It is the typical timescale of "famine" that provides the 242 selective pressure for ageing rates. 243

Despite representing the complex regulations of GSR with two mutants, we can now understand the ecological role of GSR activation and its adaptive consequences. Activated by declining nutrient availability, GSR directs resources towards internal maintenance to wait out the adverse conditions, whose lengths determine the optimal activation level. Previous

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observations from experimental evolution of E. coli support our predictions. In continuous 248 cultures of E. coli where the populations do not pass through prolonged growth-arresting 249 bottlenecks, mutations that attenuate or knock out RpoS activity are among the first to 250 arise^{35,36}. In contrast to the isolated populations under constant environmental conditions in 251 our chip experiments, E. coli populations in nature influence their environments, and also 252 interact with each other. These interactions may give rise to frequency-dependent selection 253 and evolutionary game dynamics between slower and faster ageing strategies, as is observed 254 in experimental evolution^{37,38}. 255

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257 Discussion

We obtained high quality single-cell demographic data, using a novel microfluidic device, to demonstrate that ageing of growth-arrested *E. coli* follows the Gompertz law of mortality. Moreover, bacterial general stress response could temporally rescale the lifespan distribution by modulating the ageing rate. We further articulated in a demographic model the trade-offs and selective pressure driving the evolution of ageing rate.

In our work, two different conceptual perspectives of ageing are integrated and 263 applied to one of the most iconic model organism, E. coli. One perspective, held by 264 biochemists and physicists, sees ageing as the stochastic and inevitable erosion of organismal 265 order and biochemical redundancy, created by self-reproducing and self-maintaining 266 networks during growth and development. The other perspective, from evolutionary biology, 267 views ageing as a component of the organismal life-history strategy, optimised and fine-tuned 268 by natural selection. These two approaches constitute the proximate and ultimate causes of 269 ageing respectively, with the former providing the constraints and the "lever" for the latter. In 270 bacteria, we indeed observed the stochastic process of ageing and mortality. Lifespan vary 271 significantly among genetically identical individuals in constant, homogeneous environment. 272

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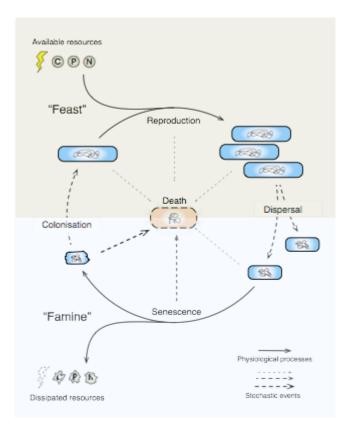
However, at the population level, ageing is characterised qualitatively by the Gompertz law
of mortality. In response to environmental conditions, the lifespan distribution is modulated
by regulatory and selective forces through temporal scaling, while its general, exponential,
shape is preserved. These new empirical observations provided an integrated perspectives to
bacterial ageing, and by extension, potentially to the breath of the tree of life.

Although the Gompertz law has been shown to characterise ageing of many metazoan 278 organisms, the physiological correlates of its parameters are not well understood. To rescale 279 the lifespan distribution without changing the general shape of hazard dynamics, GSR has to 280 orchestrate a coordinated response to manage various molecular damages that the organism 281 encounters¹. Indeed, RpoS regulates hundreds of genes conferring resistance to both internal 282 and external stresses such as oxidative, thermal, acid, alkaline, osmotic, and UV³⁹. For this 283 reason, the ageing rate in our case reflects the general level of macromolecular catabolism 284 and may relate to the maintenance energy of bacteria¹³. We hypothesise that the energetic 285 costs of homeostasis and molecular damage repair are paid by the loss of biomass, leading to 286 the gradual increase in the probability of death. It is the rate of energy dissipation, or the rate 287 of living, that correlates with the ageing rate in our system (see Fig. 7). 288

Despite the simplicity of bacteria and its vast differences from animals, we find that 289 concepts in evolutionary theories of ageing, such as antagonistic pleiotropy⁵, still apply. 290 RpoS mediates trade-offs between growth and maintenance, between assimilation of nutrients 291 and dissimilation of biomass. Sigma competition, a well-understood mechanism in the 292 physiology of bacterial stress response, provides a molecular basis for such trade-offs often 293 only hypothesised in metazoan organisms. Activated by nutritional deprivation and shown to 294 decrease the ageing rate, GSR has immediate analogies in calorie-restriction-induced 295 longevity of metazoan model organisms. Whereas in many studies on animal models, calorie-296 restriction-related pathways have only been shown to promote longevity, our demographic 297

298	data allow us to show that GSR indeed changes the rate of ageing. It can be thought of as not
299	only providing resistance against stress, but also insurance against prolonged growth arrests,
300	or in other words, protection against the progression of time.
301	In the future, the experimental approach and statistical framework described here
302	could combine with classical genetic methods to examine further ways hazard dynamics
303	could be perturbed, and to reveal dynamic features of the complex network shaping cellular
304	senescence under various environmental constraints. Future modelling efforts should clarify
305	how adaptive processes could optimise redundancy of living systems, in trade-offs with other
306	traits, to produce the Gompertz law.
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311	Author contributions
312	Conceived and designed project: Y.Y., L.X., F.T., A.B.L.; Conceived and designed
313	experiments: Y.Y., A.B.L.; performed experiments: Y.Y. A.S. C.L.; Data analysis: Y.Y.,
314	Wrote the paper: Y.Y. with contribution from A.B.L.
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Figure 1. The feast-and-famine life cycle of *E. coli*. Single-cell organisms such as *E. coli* undergo developmental transitions not in response to fixed developmental programs but opportunistically in response to environmental changes. Because long-term growth rates in a stable ecosystem remain close to zero, life-history traits in "feast" and "famine" conditions should contribute rather equally to overall fitness. In "feast" conditions, the traits under strong selection are resource assimilation and reproduction, while in "famine" conditions are maintenance and survival. Senescence has been shown to occur in "famine" conditions¹¹.

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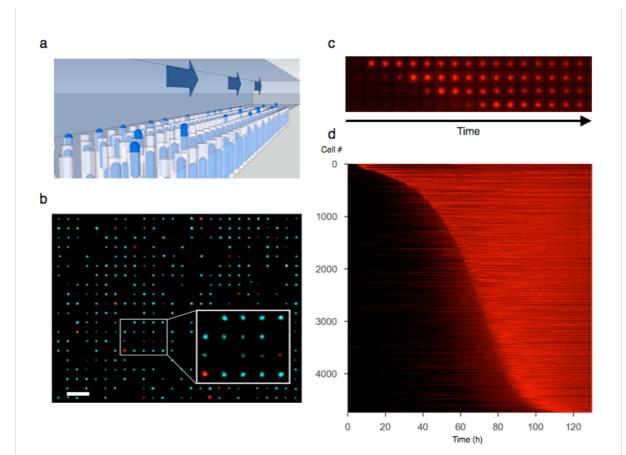
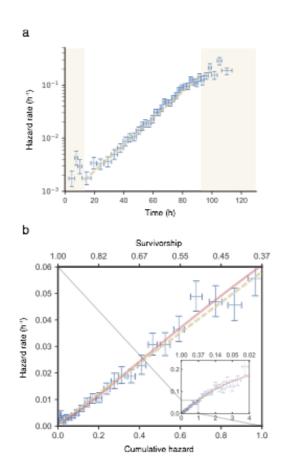




Figure 2. Coupling microfluidic chip and time-lapse microscopy to measure E. coli lifespan 326 distribution at single-cell resolution. a, 3D model of microfluidic devices used to trap and 327 isolate large number of single cells. The blue-gray cube in the upper half of the picture 328 represents the main flow channel where fresh, carbon-source-free media are supplied. The 329 array of light-blue rods represents *E.coli* single-cells trapped in a 2D-array of cell-sized dead-330 end chambers. The arrows represent the media flow that maintain the environmental 331 homogeneity and removes debris. b, Fluorescence microscopy image of the microfluidic 332 device loaded with *E.coli* cells. Each fluorescent dot corresponds to a single cell trapped in 333 the 2D array of dead-end wells. Z-axis focus is adjusted so that dead-ends of the micro-wells 334 are imaged. The cyan pseudo-colour represents constitutively expressed fluorescent protein 335 336 fluorescence signal; red pseudo-colour - Propidium Iodide (P.I.) fluorescent signal described in the text. c, Sample time-lapse P.I. images of mortality events, from early (top) to late 337 (bottom) deaths. d, Heat map of P.I. signal time-series for a population of single cells. The 338

339	colour values of each row correspond to the time-series of one cell, ranked according to
340	lifespan, top-to-bottom, from the shortest living to the longest living cell. The boundary
341	between dark and bright red indicates the transition from life to death and defines the lifespan
342	distribution. Dark strips after cell deaths indicate decaying DNA or empty wells after cell
343	debris have been washed away. Data shown in d have been smoothed according to the
344	procedure described in supplementary material to remove minor signal fluctuations coming
345	from microscopy focusing. The same procedure is used before time-of-death is estimated.
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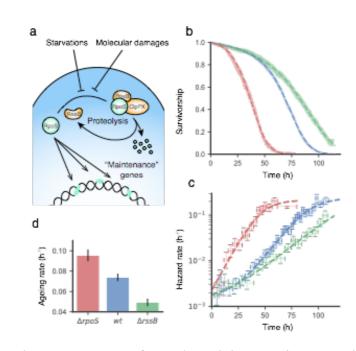


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Figure 3. Non-parametric estimation indicates that wildtype E. coli lifespan distribution can 348 349 be characterised by the Gompertz law. Shown are non-parametric estimations of the hazard functions and cumulative hazard functions of the same populations in one particular 350 microfluidic experiment. a, Binomial estimators of the hazard rates, shown in log scale. Cell 351 deaths are binned into discrete time intervals, which are marked by the x-axis error bars. The 352 time bins are chosen so that the Nelson-Aalen confidence intervals (CI) in b do not overlap 353 with each other. Error bars on the y-axis are the 95% CI for hazard rate estimated based on 354 binomial distribution. Yellow shading covers regions that deviate from the exponential 355 hazard regime for the shortest and longest living individuals. b, Cumulative hazard dynamics 356 in the phase plane. Data, binning intervals and y-axis are the same as those in **a**. 357 Instantaneous hazard rates plotted against the cumulative hazards (bottom x-axis), or 358 359 equivalently the negative logarithm of survivorship (top x-axis). Nelson-Aalen estimators are

- 360 used for the cumulative hazard function. The horizontal error bars are the 95% CI of the
- 361 Nelson-Aalen estimator at the centre of the time bins. Dashed lines are maximum likelihood
- 362 parametric estimations using the Gamma-Gompertz-Makeham model. The inset provides a
- 363 zoom-out view of the whole data range, while the main figure zooms in on the first 63% of
- cell deaths.
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Figure 4. The general stress response of *E. coli* modulates ageing rate. The lifespan 367 distribution for the wildtype (*wt*), $\Delta rpoS$ (lacking general stress response) and $\Delta rssB$ 368 (overexpressing the general stress response) strains are measured multiple times by 369 independent microfluidic experiments. a, A scheme representing relevant regulatory features 370 of the general stress response, and in particular the functions of the genes *rpoS* and *rssB*. **b**, 371 Experimental and GGM model survivorship. Representing the experimental survivorship, 372 colour bands are the 95% CI of the Kaplan-Meier (K-M) estimators. Coloured dashed lines 373 374 are Gamma-Gompertz-Makeham (GGM) models whose parameters are estimated from maximum-likelihood (ML) methods. c, Hazard rates estimated using only cell deaths within 375 discrete time intervals (Error bar markers), and GGM hazard models estimated from the 376 whole dataset using ML methods. Similar to Fig. 3a, Vertical error bars are binomial 0.95 377 confidence intervals and horizontal error bars are the binning time intervals. Data from **b** and 378 c are from the same representative experimental cohorts for each strain. d. Ageing rates for 379 each strain, estimated by ML-fitted GGM models to 3 independent experiments. Error bars 380 represent 95% CI. The ageing rates are: $b_{rnoS} = 0.095 \pm 0.006 \text{ h}^{-1}$, $b_{rssB} = 0.049 \pm 0.004 \text{ h}^{-1}$ and 381 $b_{wt} = 0.074 \pm 0.004 \text{ h}^{-1}$. 382

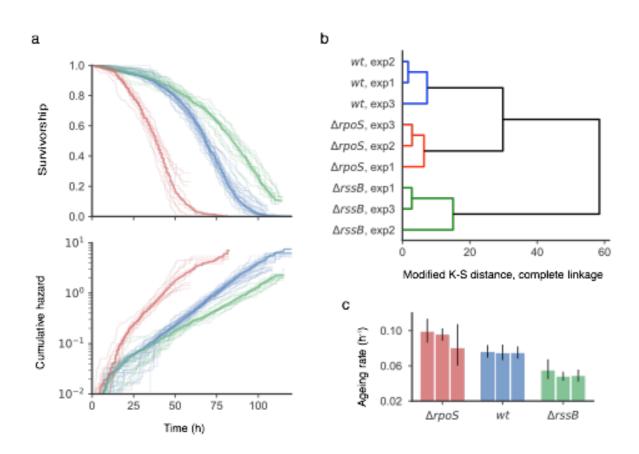




Figure 5. Experimental repeatability and variances. For each of wildtype (*wt*), $\Delta rpoS$ and 385 $\Delta rssB$ knockout strains, data from 3 independent experimental replicates are shown. **a**, 386 Survivorship (Kaplan-Meier estimator, K-M) and cumulative hazards (Nelson-Aalen 387 estimator, N-A) of sub-populations from different imaging positions. Thick opaque lines 388 correspond to the data shown in Fig. 4b and c. Thin semi-transparent lines are the K-M and 389 N-A estimators of sub-populations from different imaging positions, which are used to 390 constitute the population represented by the opaque lines. Each sub-population is from one 391 imaging position that corresponds to a roughly 125µm-sided square-patch on the microfluidic 392 chip, and consists of 150-600 cells. Imaging positions with less than 50 cells are not shown. 393 **b**, Hierarchical clustering of the 3 independent experimental replicates of each strain. 394 Standard agglomerative clustering algorithm is applied using complete linkage and the 2-395 sample modified Kolmogorov-Smirnov statistic $\sup\{|Y(t)|\}$ (See methods) as a distance 396 metric. c, Ageing rates 3 independent experimental replicates of each strain. Ageing rates are 397

- 398 estimated similarly as those in Fig. 4d, but independently for each experimental replicate
- without pooling them together using GLM. Error bars represent 95% CI.

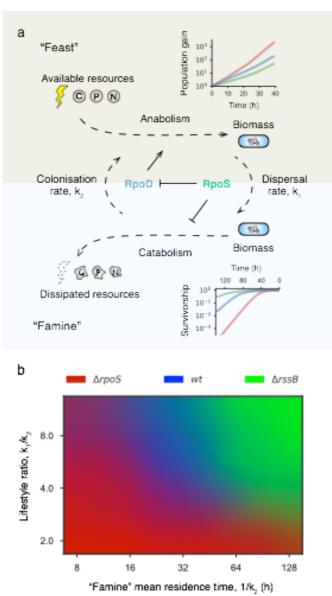
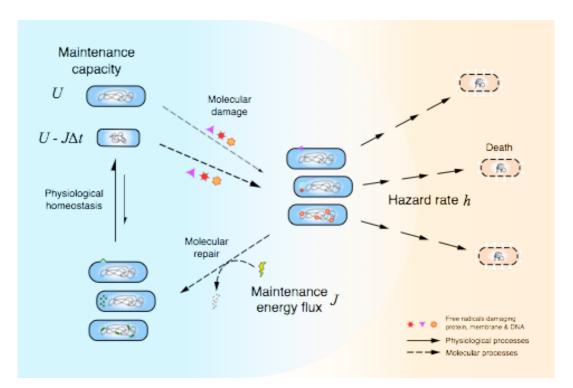


Figure 6. Trade-offs between growth and maintenance mediated by the *rpoS* pathway, and its 402 fitness consequences. a, Scheme of the ecological processes (dashed arrows) and regulatory 403 404 relationships (solid arrows) involved in the trade-offs mediated by rpoS. Environments are structured by alternating episodes of "feast" and "famine". Fitness of $\Delta rpoS$ (red), wild-type 405 (blue) and $\Delta rssB$ (green) as functions of time spent in each environmental episode (age) are 406 plotted in the top and bottom axes. Fitness is defined as the logarithmic change of population 407 sizes. **b**, Fitness comparison of the 3 strains across a range of environmental conditions to 408 identify regimes favouring faster and slower ageing strategies. The colour-coded regions 409 identify environmental conditions under which one strain dominates over the other two. 410

- 411 Absolute fitness of the 3 strains are converted to RGB tuples using softmax normalisation.
- 412 For each strain and each pair of environmental parameters, fitness is calculated by averaging
- the population growth/decline rates over 5000 episodes of both "feast" and "famine". Episode
- 414 lengths are independently drawn from exponential distributions, parameterised by the two
- 415 ecological rates, k₁ and k₂, as shown in **a**. The fitness functions, population gain for "feast"
- and survivorship for "famine" (shown in the axes in **a**), are used to determine population size
- 417 changes in each episode. See methods for details.



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Figure 7. Gompertz law of mortality informs and constraints physiological models of ageing 420 and mortality in growth-arrested *E.coli* cells. Depicted are the abstract states and pathways 421 cells pass through during ageing and mortality. Acute damages to essential cellular 422 components, when unrepaired, often lead to cell death, quantified by h(t). Cells could also 423 triage and repair these damages to return themselves back to physiological homeostasis. The 424 energy cost of this maintenance process, J(t), termed maintenance energy¹³, need to be repaid 425 by either an external energy source or internal storage in the form of existing biomass. If we 426 assume it is the same set of acute molecular damages that kill the cells or lead to ageing, then 427 J(t) could relate to h(t) proportionally, J(t) = R h(t) (eq1), where R is the "friction" coefficient 428 controlled by the relative proportions of the two fates of damaged cells: repair vs death. For 429 carbon-starved cells in our experiments, this flux of energy dissipation decreases the capacity 430 for molecular repair in the future, U(t), leading to cellular senescence. Put it another way, 431 dU(t)/dt = -J(t) (eq2). Through these assumptions, the hazard dynamics we described in this 432 work could be recast as the dynamics of maintenance capacity. Our experimental results 433 place non-trivial constraints on how the amount of maintenance capacity regulates the rate at 434

435	which cells are damaged molecularly in the first place. If we only consider the Gompertz
436	regime, <i>i.e.</i> $dh(t)/dt = bh(t)$ (eq3), combining with (eq1) (eq2) and differentiating on both
437	sides, we have $d^2U/dt^2 + b \ dU/dt = 0$ (eq3) and $dU(t)/dt = -R \ h(0)$, where b is the Gompertz
438	ageing rate and R balance out the choice of t0 which should not alter the dynamics of (eq3).
439	This framework could also be extended to growing populations by considering the equation
440	$d^2U/dt^2 + b dU/dt + c(U) = 0$, where $c(U)$ is zero in low levels of U such as in growth arrest
441	conditions, but theoretically could be larger than zero, pushing the physiology away from
442	senescence but toward rejuvenation.

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531 Methods

532 **Experimental methods**

533 Microfluidic chip fabrication

534 Our Polydimethylsiloxane (PDMS) lab-on-a-chip system consists of two layers, 535 containing the flow channel and the array of cell-sized chambers. The two layers are 536 fabricated separately using soft-lithography technology, and then bonded together to produce 537 the microfluidic device (Fig. S2)

To fabricate the negative master for the piece containing the flow channel, SU8 3050 538 photoresist (Microchem, MA, USA) was patterned on a silicon wafer using photolithography. 539 540 SU8 3050 was spin-coated on a silicon wafer at 4000 rpm for 30 seconds, baked at 95 °C for 15 minutes, and then subjected to UV exposure (25 s, 10m W/cm2). After post-exposure 541 baking (95 °C for 5 minutes), the master was developed using SU8 developer (Microchem, 542 USA), rinsed with isopropanol and dried with filtered nitrogen. 543 The master for the layer with cell-sized chambers was fabricated using reactive ion 544 etching (R.I.E.) technology on a silicon wafer. The mask was patterned on a silicon wafer 545 using photoresist AZ5214 (Microchem, USA), and a 100-nm layer of nickel was sputtered on 546 to the substrate. A lift-off procedure was applied to remove the photoresist layer yielding the 547

metal mask for the R.I.E. process. By adjusting the R.I.E. parameters ($SF_6 = 4$ sccm, $CHF_3 =$

16 sccm, pressure = 10 mTorr and power = 30 W), we managed to achieve a large array of

550 micro-pillars with high aspect ratio (diameter = $1.2 \mu m$ and height = $6 \mu m$).

To form the device, PDMS mixtures (RTV615, Momentive Performance Materials Inc., Waterford, NY) were poured (flow channel) and spin-coated (array) onto the masters to a thickness of 5 mm (main channel) and 80 μm (array) respectively. Heat curing initially formed solid PDMS layers with patterned surfaces. After drilling inlets and outlets through the flow channel layer, and mounting the array layers onto cover glasses, the two layers were

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then bonded together using oxygen plasma (90s, 1000 mTorr). Finally, the assemblies were
cured at 80 °C overnight to produce the integrated microfluidic chips. On the day of use, the
wetted surfaces of the PDMS chip were first activated by 90s exposure to oxygen plasma
(90s, 250 mTorr) immediately followed by infusion of 20% (v/v) polyethylene glycol
(PEG400) solution to prevent bacterial adhesion and biofilm formation.

561 *Media preparation*

All equipment used for media preparation, sterilisation and infusion were made of non-leaching materials (glass, Polytetrafluoroethylene or similar perfluoropolymer material) to avoid contamination with trace level carbon sources from leachable plastic additives (see supplementary material for details). Media were filter sterilised (0.2 μ m) to avoid volatile organic contamination during autoclaving, and glassware was sterilised by dry heat. Carbonfree minimum media mentioned below refer to those prepared in this fashion.

568 Strain information

All lifespan distributions described in the main text are measured for strains of the Keio *E. coli* BW25113 strain ("widltype") single-gene knockout collection⁴⁰. For the knockout strains, the presence and location of genomic inserts were verified by kanamycin resistance and PCR amplification. The general stress response phenotypes of $\Delta rpoS$ and $\Delta rssB$ were verified using the catalase test. In addition, in developing the microfluidic device and validation of our method, we used an MG1655 derived *E. coli* strain with a chromosomally integrated CFP under P_{2rrnB} constitutive promoter⁴¹ (Fig. 2b).

576 *Cell culture and loading*

Single isolated colonies of the bacterial strains *E. coli* wildtype, $\Delta rpoS$ and $\Delta rssB$ were grown overnight in minimal medium (1 × M9 salts, 2 mM MgSO4 and 0.1 mM CaCl₂) supplemented with 20% w/v glucose (final concentration 0.4%). The following day the overnight cultures were diluted 200-fold in 50 mL of fresh medium in 250 mL Erlenmeyer

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flasks and grown to early exponential phase ($OD_{600} = 0.2$). This growth phase was chosen to 581 guarantee that the variation of birth time among cells was less than one cell cycle and thus to 582 minimise the uncertainty of lifespan measurement. Cells were concentrated by centrifugation 583 (4,000 rpm x 15 min, 37 °C) and washed by 3 cycles of gentle re-suspension with carbon-free 584 minimal medium and centrifugation prior to injection into the microfluidic channels. Cells 585 were then trapped into the dead-ended wells by centrifugation at 2,000 rpm for 15 min at 37 586 °C with a surface density up to 6.25×10^4 cells/mm². The main channels were then thoroughly 587 washed with carbon-free minimal medium. 588 *Experimental setup and microscopy* 589

A constant flow of carbon-free M9 minimal medium at 20µl per hour was provided to 590 the micro-channels using a high-precision syringe pump (Harvard Apparatus PHD 2000 591 Programmable) and Hamilton GC-grade glass/PTFE syringes (Gastight 1000 Series). PTFE 592 tubing was used to connect the syringes to the microfluidic chip. The medium was 593 supplemented with 1.5% (v/v) polyethylene glycol (PEG400) to prevent unspecific adherence 594 595 of cells to the channels and 5 ug/mL propidium iodide, as a fluorescent indicator of cell viability, was added. Cell viability was monitored using temperature-controlled (37 °C) 596 automatic time-lapse microscopy (Zeiss AX10, 63x oil-immersion objective, controlled with 597 598 MetaMorph® software). Focus was maintained by a Z-scanning maximum-contrast procedure using phase-contrast illumination. Focus was re-adjusted before each imaging 599 cycle for every position and maintained within a Z-range of 0.2µm around the maximum-600 contrast Z-position. Phase-contrast and fluorescence images (P.I. signal ex. 546nm/12nm, 601 em. 605nm/75nm) were acquired for every stage position once every hour for up to 150 602 603 hours.

604 Growth phenotypes

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Growth phenotypes of aforementioned *E.coli* strains on selected carbon sources in 605 minimal media were measured in the 96-well format using a TECAN Spark® microplate 606 reader. To induce the appropriate metabolic enzymes before growth curves can be measured, 607 strains were first grown for 24 hours in minimal medium (M9, as in those used for 608 microfluidic experiments) supplemented with the assayed carbon sources. The optimal 609 densities of these cultures were determined, and diluted into fresh media identical to those 610 used for the overnight cultures. The dilution ratios were chosen so that all experimental cell 611 cultures have an initial optimal density of $OD_{600} = 0.002$. For each experimental well on the 612 613 microplates, 50µl mineral oil was added to 100µl cell culture to prevent evaporation during the experiments. The microplates were then maintained at 37°C, and shaken constantly in 614 double-orbital motion at 150rpm by the plate reader. Microplates with flat-bottomed wells 615 were used to maximise agitation. OD_{600} readings were taken every 10min. The growth 616 phenotypes used in Fig. 6 are based on minimum media culture supplemented with 60mM 617 618 acetate as the carbon source.

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620 Statistical and computational methods

621 *Image analysis*

The cells in our experiments were trapped in an evenly spaced 2D-grid. The 622 fluorescence signals of every cell throughout their whole lifespans could be extracted at fixed 623 positions, once images in the time-lapse stack were properly registered. A simple registration 624 procedure might misidentify one cell for another because the cells are vertically imaged and 625 look very similar to each other if only local features are considered. To register the images 626 based on global features, such as the presence/absence of cells at individual grid positions, 627 we devised a two-pass, coarse-to-fine registration strategy. Cells were first identified and 628 segmented within the images using the Point-Spread Function⁴². These segmented binary 629

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image stacks containing global information were registered in a coarse pass using leastsquare minimisation. The obtained 2D-translations were applied to the original images. A
second fine registration pass was executed on these pre-registered original images using the
Pyramid Approach⁴³. After registration, the salient positions of cells were detected on the Zprojected images of the whole time-lapse stacks, and fluorescence time-series were extracted
from these positions.

636 Regularised estimation of P.I. signal

To determine the true P.I. signal of each individual cell and to remove the noisy 637 effects of focusing fluctuations, we designed and implemented a correction algorithm to the 638 raw fluorescence intensity time-series (Fig. S3). Our three-step algorithm estimated the 639 focusing noises of each imaging position, and deduced them from the raw time-series to 640 arrive at the true P.I. signals of each cell. The first step of our algorithm took advantage of the 641 fact that focusing fluctuations should change synchronously the intensities of all fluorescent 642 objects within an imaging position, while the true P.I. signal from the cells should move 643 independently of each other. By averaging the fold changes in intensities over all cells within 644 a given time-lapse image stack, the focusing noise was enhanced while cell-specific signals 645 were spread over hundreds of independent time-series. In the second step, the averaged fold 646 changes was decomposed into focusing noises and population-wide P.I. trends. This was 647 possible because noise from focusing should have very quick fluctuations (small 648 autocorrelation time on the order of imaging cycles) yet no long-term trends (focusing was 649 maintained with a narrow Z-range of 0.2µm). We applied a Total Variation Regularisation 650 algorithm⁴⁴ to effectively de-noise the average fold changes to produce the population-wide 651 long term trends. In the last step, the population-wide P.I. trends were combined with the 652 cell-specific signals to recover the true P.I. signals used to determine the times of death. See 653 Fig. S3 for the details and the effects of the algorithm. 654

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655 Survival analysis

Populations within the same microfluidic channels were followed at multiple imaging 656 positions, distributed evenly throughout the flow channel. We tested the statistical 657 consistency and homogeneity of lifespan distributions among subpopulations at different 658 659 imaging positions within the same channel (see Fig. 5a and Fig. S4 for examples of such subpopulations). The P.I. time-series data and lifespan distributions from each imaging 660 position were visualised in the style of Fig. 2d (Fig. S4a). Statistically, we tested for non-661 parametric differences between subpopulation lifespan distributions using a two-sample 662 Kolmogorov-Smirnov statistic $\sup\{|Y(t)|\}, i.e.$ the supremum of empirical distribution 663 distances |Y(t)| normalised to account for censorship⁴⁵ (Fig. S4b). 664 After passing the consistency test, the subpopulations from the same channel were 665 merged to form the experimental cohorts. The lifespan data of each cohort was fitted 666 parametrically using the family of lifespan distributions described in the main text. Maximum 667 likelihood (ML) estimators of the model parameters and their confidence intervals were 668 obtained using the R package 'flexsurv'. We tested the 2-, 3- or 4-parameter hazard models 669 mentioned in the main text, with the 4-parameter Gamma-Gompertz-Makeham (GGM) 670 model being the most general, and chose the best among these candidate models according to 671 the Akaike Information Criterion (AIC) at their maximum-likelihood parameters. 672 Goodness-of-fit of the ML models were tested using the one-sample version of 673 $\sup\{|Y(t)|\}$. The best models and their fitting residues Y(t) were plotted in supplementary 674 material. For comparison and visual inspection, we also plotted alongside the Kaplan-Meier 675 estimators for survivorship, Nelson-Aalen estimators for cumulative hazards and their 676 respective 95% C.I.. 677

678 *Experimental design and experimental variation analysis*

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679	Three independent experimental cohorts were tracked on separate dates for each
680	strain. Two statistical methodologies were used to assess the level of experimental variability,
681	and test for significant differences in lifespan distribution and its parameters among the
682	strains. Overall variations in lifespan distribution were analysed using hierarchical clustering.
683	The two-sample Kolmogorov-Smirnov statistic $\sup\{ Y(t) \}^{1,45}$ mentioned in the previous
684	section was used as a distance measure in complete linkage clustering. Preferential
685	aggregation of experimental cohorts of the same genotype within the lower branches of the
686	clustering tree was taken as evidence that lifespan distributions of the strains were
687	significantly different.

Because the GGM model adequately described our data, we also analysed variability 688 of its parameters and the sources of said variability. Generalised Linear Models (GLMs) with 689 690 GGM as the probability distribution were built to examine the explanatory power of categorical covariates such as experimental cohorts (exp) or strain genotypes (strain). 691 Specifically, the null hypothesis H₀ that cohorts with the same genotype have the same 692 ageing rate b were tested against the alternative hypothesis H_1 that experiment cohorts all 693 have significantly different ageing rates regardless of their genotypes. Since H₀ is a special 694 case of H₁, both \triangle AIC and likelihood ratio test were used and H₁ was rejected. See 695 supplementary material to see more details on GLM model selection and hypothesis testing. 696 697 Fitness models

Fitness is defined over a time period (t_1,t_2) as $f(s,t_1,t_2) = \Delta \ln(population \ size)/(t_2-t_1)$, where *s* denotes one of the 3 strains. We calculate fitness based on time spent in "feast" or "famine" episodes. These fitness functions were extrapolated from experimental data. For "famine" episodes, changes in logarithmic population size were simply the negatives of cumulative hazards $H(t_1)-H(t_2)$, so that $f_{famine}(s,t_1,t_2) = [H_s(t_1) - H_s(t_2)]/(t_2-t_1)$. Extrapolations from experimental data were done using the fitted GGM models. For "feast" episodes,

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$$f_{\text{feast}}(s,t_1,t_2) = \frac{1}{t_2 - t_1} \int_{t_1}^{t_2} \mu_s(t) dt$$
. Specific growth rates $\mu_s(t)$ and maximum growth rates μ_s^{max}

were determined from the experimental growth curves smoothed by cubic B-Splines. For "feast" episodes longer than the time at which μ_s^{max} was reached, we assumed exponential growth at μ_s^{max} .

Overall fitness $f(s, k_1, k_2)$ of each strain at a given set of environmental parameters k_1 and k_2 , is calculated by averaging the episodic fitness f_{famine} and f_{feast} over 5000 episodes of both "feast" $\tau_{e,i}$ and "famine" $\tau_{m,i}$, where i = 1, ..., 5000. Episode lengths $\tau_{e,i}$ and $\tau_{m,i}$ are independently drawn from exponential distributions parameterised by the two ecological rates, k_1 and k_2 , as shown in Fig. 6a. In summary, the formula for over fitness is $f(s, k_1, k_2) =$

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$$\frac{\int_{0}^{\tau_{e,i}} \mu_{s}(t) dt - \Delta_{0}^{\tau_{m,i}} H_{s}(t)}{\sum_{i} \tau_{e,i} + \sum_{i} \tau_{m,i}}.$$

For visual comparison in the form of the colourmap in Fig. 6b, for each set of environmental parameters (k_1 , k_2), the fitness of the 3 strains are combined into a 3-tuple and normalised using the softmax function. If we simply denote average fitness of strain *s* as f_s ,

the formula for the elements of 3-tuple is
$$\frac{e^{T_s}}{\sum_s e^{T_s}}$$
, where T is the comparison timespan and is

chosen to be 200 hours in Fig. 6b.

719 Programming codes and data availability

The image analysis procedure described above was implemented in Java as an ImageJ plugin. Fitness modelling, plotting and timeseries analyses including noise correction and time-of-death determination were implemented in Python. We relied on R package 'flexsurv' for the core algorithm of survival analysis and GLM, and Python package 'rpy2' was used for interoperability between the Python and R codes. All source codes and data are made available through GitHub.

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 doi:10.2307/2556114 (1980).

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742 Supplemental Information

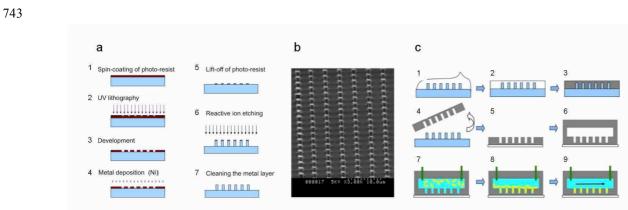
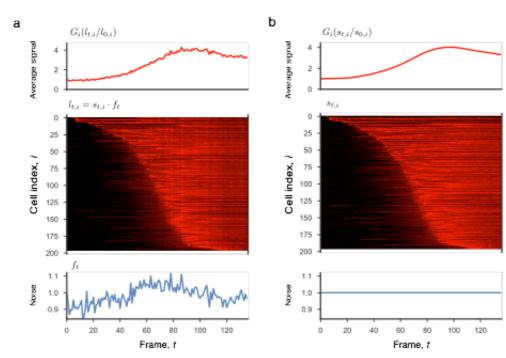




Figure S1. Fabrication and implementation of the 2-layer microfluidic chip. a, Fabrication 745 protocol of the master for the array of cell-sized chambers. The blue shapes represent the 746 transformations of one piece of silicon wafer. **b**, the electro-microscopy image of the silicon 747 master. Spatial period of the array is 4 μ m; the diameter and height of the pillars are 1.2 μ m 748 and height = $6 \mu m$, respectively. c, The production of the 2-layer PDMS chips and the 749 preparation and loading of the chip for lifespan tracking. White and black shapes represent 750 uncured and cured PDMS respectively. Cyan and yellow represent cell culture media and 751 bacterial cells. 752 753

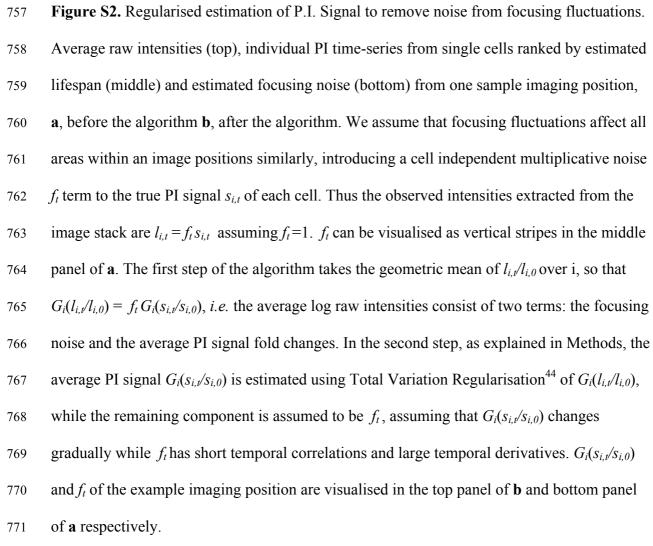
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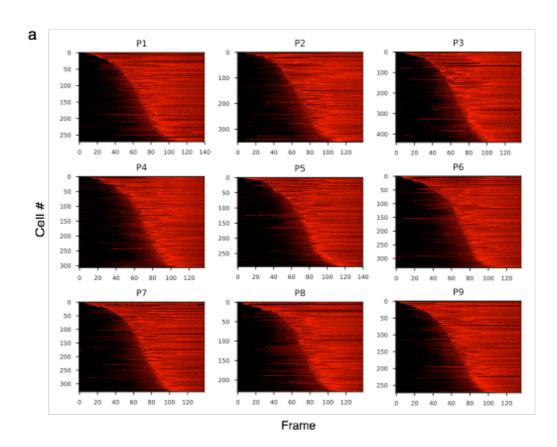


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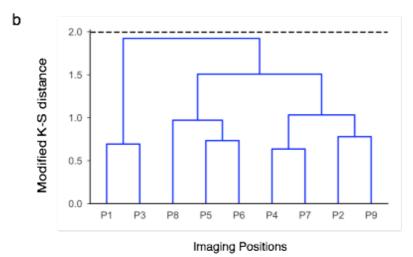


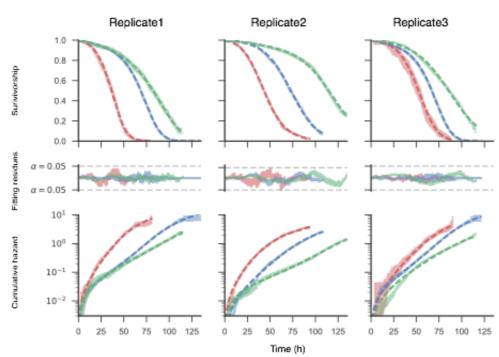


Figure S3. Visualisation and non-parametric statistics of variability among imaging positions within one experimental cohort. a, Lifespan distributions and PI time-series of subpopulations from all imaging positions within one microfluidic channels, visualised in the style of of Fig. 1d. b, Hierarchical clustering of these sub-populations. Standard agglomerative clustering algorithm is applied using complete linkage and the 2-sample

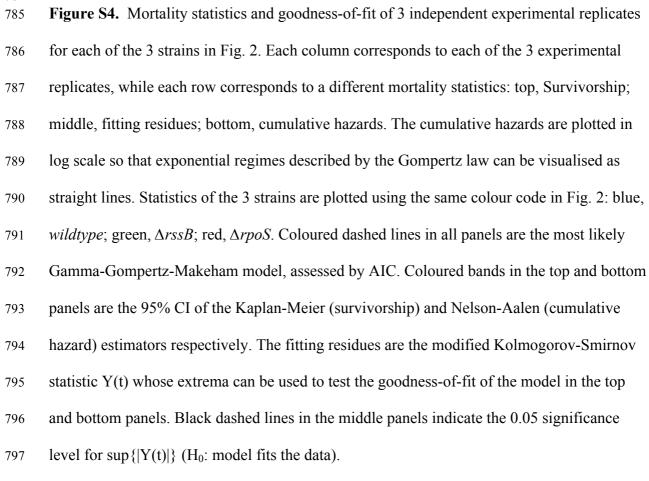
- modified Kolmogorov-Smirnov statistic $\sup\{|Y(t)|\}$ as a distance metric. Dashed line
- corresponds to 0.05 two-tailed significance level adjusted for multiple testing.

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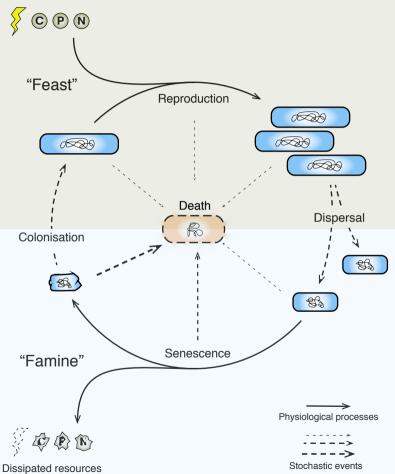


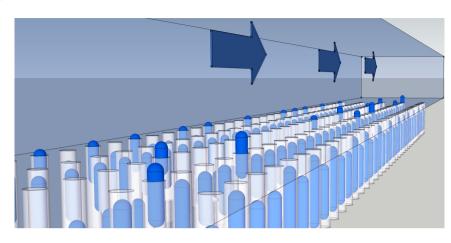




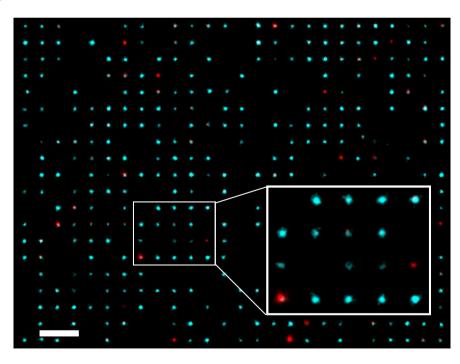


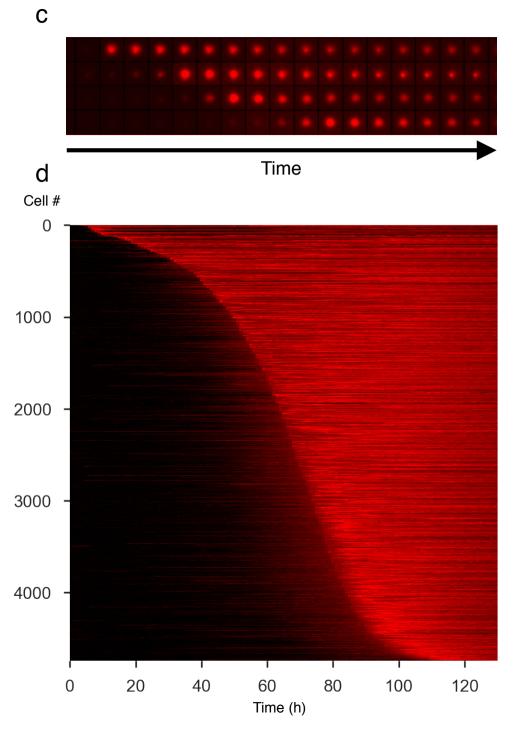
Available resources

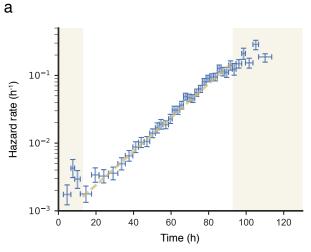




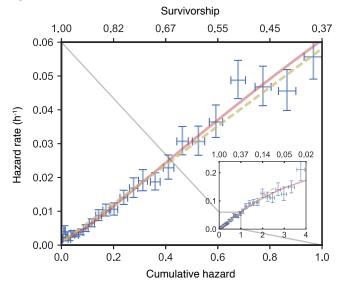
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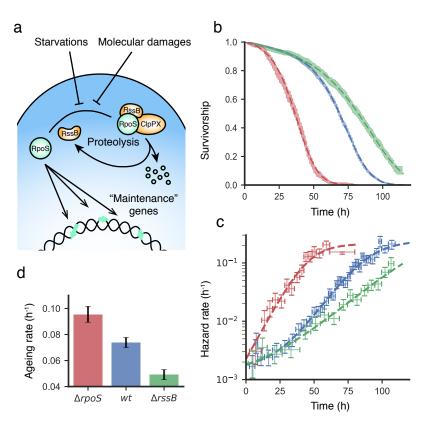


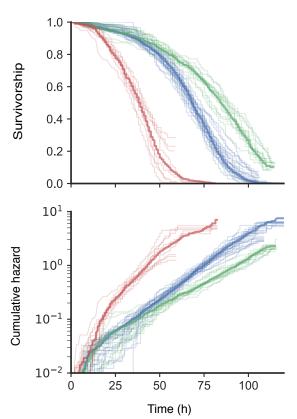


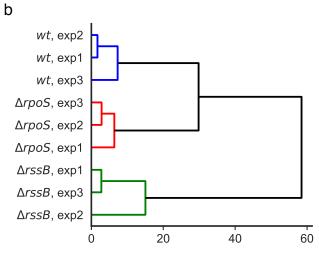


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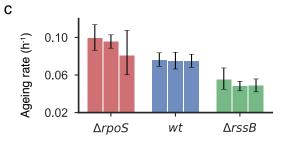


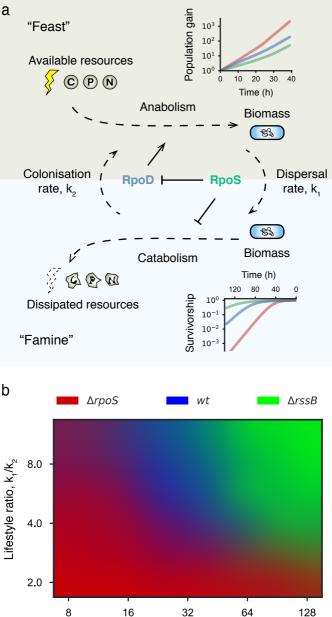




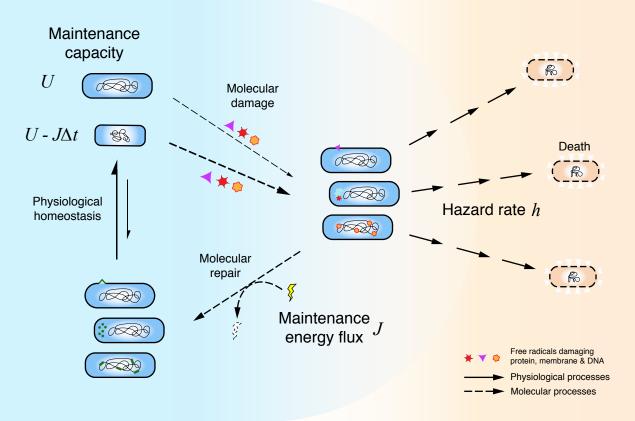


Modified K-S distance, complete linkage





"Famine" mean residence time, 1/k, (h)



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1 Spin-coating of photo-resist

2 UV lithography

3 Development



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4 Metal deposition (Ni)

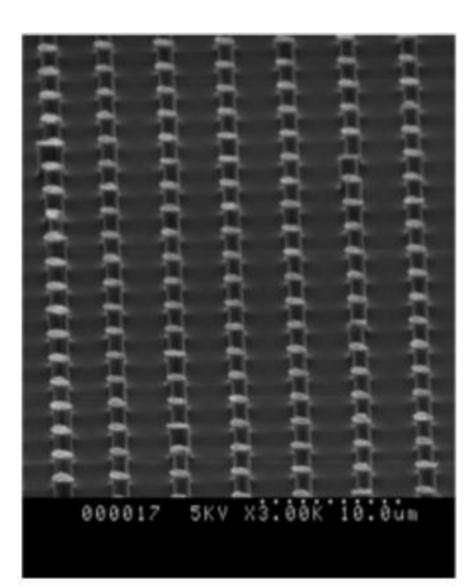
5 Lift-off of photo-resist



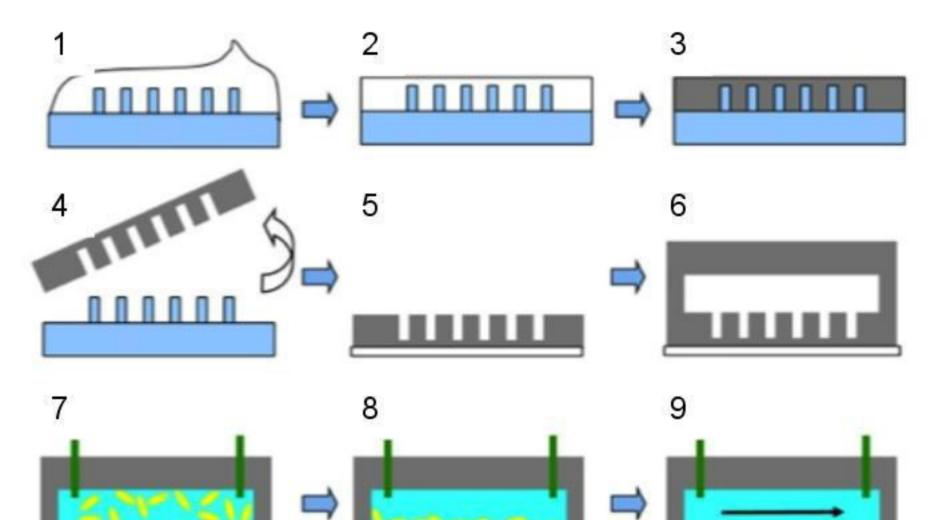
- 6 Reactive ion etching
- 7 Cleaning the metal layer

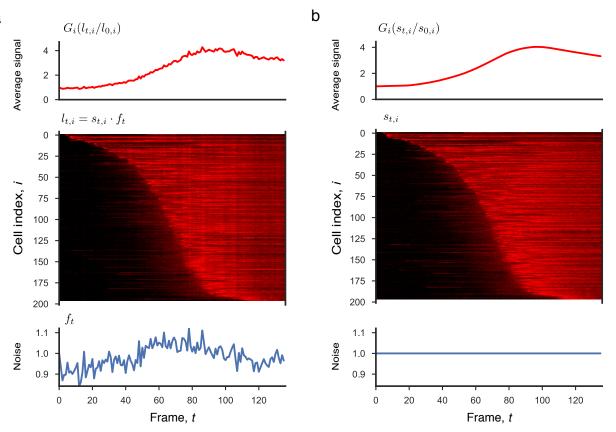


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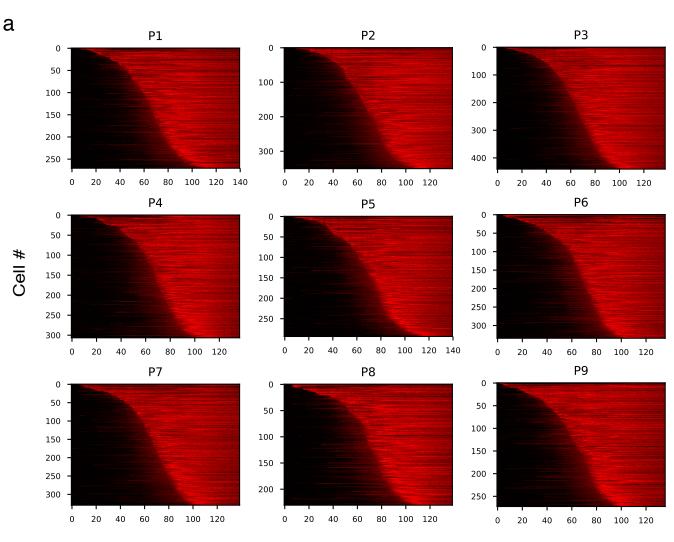




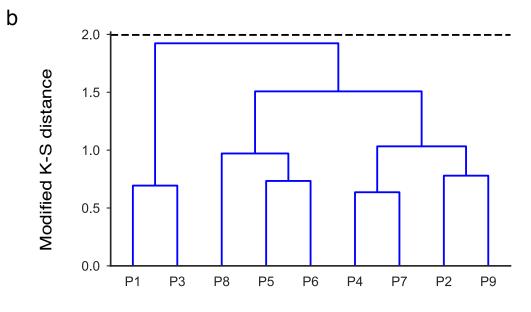




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Imaging Positions

