1	Human Herpes Virus 6 (HHV-6) - Pathogen or
2	Passenger? A pilot study of clinical laboratory
3	data and next generation sequencing
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- **RUNNING TITLE:** HHV-6 epidemiology and diagnostics in a UK cohort

36 **ABSTRACT**

Background: Human herpes virus 6 (HHV-6) is a ubiquitous organism that
can cause a variety of clinical syndromes ranging from short-lived rash and
fever through to life-threatening encephalitis.

40 **Objectives:** We set out to generate observational data regarding the 41 epidemiology of HHV-6 infection in clinical samples from a UK teaching 42 hospital and to compare different diagnostic approaches.

43 **Study design:** First, we scrutinized HHV-6 detection in samples submitted to 44 our hospital laboratory through routine diagnostic pathways. Second, we 45 undertook a pilot study using Illumina next generation sequencing (NGS) to 46 determine the frequency of HHV-6 in CSF and respiratory samples that were 47 initially submitted to the laboratory for other diagnostic tests.

Results: Of 72 samples tested for HHV-6 by PCR at the request of a clinician,
24 (33%) were positive for HHV-6. The majority of these patients were under
the care of the haematology team (30/41, 73%), and there was a borderline
association between HHV-6 detection and both Graft versus Host Disease
(GvHD) and Central nervous system (CNS) disease (p=0.05 in each case).
We confirmed detection of HHV-6 DNA using NGS in 4/20 (20%) CSF and
respiratory samples.

Conclusions: HHV-6 is common in clinical samples submitted from a highrisk haematology population, and enhanced screening of this group should be considered. NGS can be used to identify HHV-6 from a complex microbiomee, but further controls are required to define the sensitivity and specificity, and to correlate these results with clinical disease. Our results underpin ongoing efforts to develop NGS technology for viral diagnostics.

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62 **ABBREVIATIONS**

- cDNA complementary DNA
- CiHHV-6 Chromosomally integrated HHV-6
- CMV Cytomegalovirus
- CNS central nervous system
- CSF cerebrospinal fluid
- EPR Electronic patient record
- GvHD graft versus host disease
- 70 HHV-6 Human herpes-virus-6
- HLA human leucocyte antigen
- HSCT Haematopoietic stem cell transplant
- HSV Herpes Simplex Virus
- HTLV Human T cell lymphotrophic virus
- NGS Next Generation Sequencing
- OUH Oxford University Hospitals NHS Foundation Trust
- PCR Polymerase Chain Reaction
- RSV Respiratory Syncytial Virus
- VZV Varicella Zoster Virus
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82 BACKGROUND

83 Human herpes-virus-6 (HHV-6) is a human beta-herpesvirus (1). Like its close 84 relative human cytomegalovirus (CMV), it is ubiquitous, has the potential for 85 latency followed by chronic low level replication or reactivation, and may 86 modulate immune responses to other pathogens (2-5). In children, is usually 87 asymptomatic or associated with self-limiting fever and rash. It is also 88 associated with encephalitis either as a primary agent (6) or as a result of 89 reactivation in the setting of encephalitis / meningitis caused by other 90 pathogens, in which context it appears generally benign (7). At the other end 91 of the spectrum, HHV-6 can reactivate in the context of severe sepsis (8) and 92 is a cause of potentially life-threatening pathology in patients with 93 haematological malignancy, usually following HSCT (haematopoietic stem cell 94 transplant) (9-15).

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96 HHV-6 variants A and B share approximately 90% homology (16). HHV-6A 97 accounts for more CiHHV-6 (17), while HHV-6B is associated with acute 98 infection, childhood rash/fever (4), and reactivation following HSCT (16). 99 Although HHV-6A is less common in CNS disease (18), it may be more 100 aggressive when present (16). HHV-6 transmission is predominantly via 101 respiratory secretions or saliva, but can also be vertical as a result of 102 chromosomally-integrated HHV-6, 'CiHHV-6' (17, 19), leading either to 103 episodic reactivation (17), or to persistent viraemia (typically $\geq 5.5 \log 10$ 104 copies/ml (~300,000 copies/ml) in blood (20)).

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106 HHV-6 laboratory diagnostics raise a number of challenges: what sample type 107 to test, in which patient groups to focus, and how to interpret a positive test 108 result. There is increasing interest in 'next generation sequencing' (NGS) 109 approaches to diagnosis of many pathogens (21-25) but optimization is 110 required for these pipelines, including tackling high proportions of human 111 reads, differentiating between pathogenic organisms and commensal / 112 environmental flora, and determining thresholds at which the identification of 113 an organism is likely to be clinically significant (26).

114

115 **OBJECTIVES**

116 We set out to review HHV-6 data from the local diagnostic microbiology 117 laboratory, to determine the patterns of clinical testing for HHV-6. Second, we 118 screened randomly selected CSF and respiratory samples using PCR and 119 NGS in a small pilot study to ascertain the extent to which this virus can be 120 detected in routine samples. Together, these aim to describe the distribution 121 of HHV-6 in local clinical samples, and to evaluate the contribution made by 122 different diagnostic tools, thereby informing ongoing development of 123 laboratory protocols for diagnosis.

124

125 STUDY DESIGN

126 Study site, cohorts and ethics

127 Clinical data and samples from between 2013-2016 were collected from the 128 microbiology department at Oxford University Hospitals (OUH) NHS 129 Foundation Trust, a large tertiary referral teaching centre in the UK

130 (<u>http://www.ouh.nhs.uk/</u>). This study pertains to the analysis of two separate

131 sample cohorts (Suppl data set 1):

132	i.	Samples submitted to the laboratory by clinicians with a request for
133		HHV-6 screening (ID numbers prefixed HHV). This is undertaken at the
134		request of the clinical team when deemed clinically relevant;
135	ii.	Samples which had no request for HHV-6 testing, but had completed
136		routine diagnostic laboratory testing for other indications and were

137 used for <u>v</u>iral <u>s</u>equencing studies (ID numbers prefixed **VS**).

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Approval for retrospective collection of clinical and laboratory data was granted by the OUH Clinical Audit Committee (HHV cohort). Testing of consecutive anonymised laboratory samples (VS cohort) was approved by local Research Services and through review via the UK Integrated Research Application System (REC Reference 14/LO/1077).

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145 **Collection of local laboratory data (HHV cohort)**

146 We undertook an electronic search of the OUH Microbiology laboratory 147 system to identify all instances of an HHV-6 test (antibody or viral load) being 148 requested over three years commencing 1-Jan-2013, and recorded age, sex, 149 sample type and patient location. We used the Electronic Patient Record 150 (EPR) to determine underlying diagnosis. Follow-up data for survivors were 151 available for a median of 25 months (range 316 - 1374 days). Diagnostic 152 tests were undertaken by in-house real time PCR assays (27) at two different 153 National Reference Laboratories (Colindale up to 1-Oct-2014, and 154 subsequently Bristol).

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156 Data collection and statistical analysis

157 We used GraphPad Prism v.6.0f for statistical analysis with Fisher's Exact 158 Test to identify differences between binary groups, and the Mann Whitney U 159 test for continuous variables. Multivariate regression analysis was undertaken 160 on-line using open access software 161 (https://docs.google.com/spreadsheets/u/0/). 162 163 Testing CSF and respiratory samples (VS cohort) 164 We identified 100 CSF samples and 100 respiratory samples (throat swabs 165 (n=22), nasopharyngeal aspirates (n=42), endotracheal aspirates (n=4), and 166 bronchoalveolar lavage samples (n=32)) representing a 'high risk' subgroup 167 based on the following criteria: 168 i. For CSF, the clinical request for testing included viral causes of 169 meningitis and encephalitis; 170 For respiratory samples, the patient had a clinical history of ii. 171 immunocompromise and/or was on the intensive care unit. 172 173 PCR and NGS (VS cohort) 174 Samples had all undergone clinical laboratory testing and were stored at -175 80°C prior to further processing. We selected consecutive samples; the only 176 exclusion criterion was inadequate sample volume (<200 ul). For each 177

178 the clinical information supplied with the sample and routine microbiology 179 laboratory data.

sample, we documented patient age group and clinical location, and recorded

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181	Nucleic acids were extracted from 200µl of each sample using the AllPrep
182	DNA/RNA Mini Kit (Qiagen) and recovered in 30µI of nuclease-free water. To
183	allow for broad detection of HHV-6 and other known herpesviruses, 4ul of
184	DNA was used as template for a consensus PCR primer as previously
185	published (28). The results were visualised on 2% agarose gels and
186	amplicons from positive reactions were cut from the gels for sequencing.
187	Direct amplicon sequencing was performed using BigDye Terminator v3.1
188	(Applied Biosystems) according to the manufacturer's instructions with both
189	second round primers. Sequencing reactions were read by Edinburgh
190	Genomics and assembled using SSE v1.2 (29).

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We selected a random subset of 20 samples for Illumina sequencing.Methods are described in detail in another manuscript (30).

194

195 **RESULTS**

196 Routine clinical samples received for HHV-6 testing (HHV cohort)

197 During the three-year study period, our clinical laboratory received 85 198 samples for HHV-6 testing (Fig 1A; suppl data set 1). In total, 41 patients were 199 tested; 22 M:19 F; median age 52 years (range 2-71; IQR 39-61). Central 200 nervous system (CNS) disease (encephalitis, encephalopathy, meningism, 201 seizures) was present in 9/41 (22%). Most patients were under haematology 202 care (30/41; 73%), of these, 5/30 (17%) had Graft versus Host Disease 203 (GvHD). 72/85 samples were tested for HHV-6 DNA by PCR at the reference 204 laboratory; 24/72 (33%) were positive. Among individual patients tested, 15/41

205 (37%) were PCR positive at \geq 1 timepoint (Fig 1A). Of seven samples that 206 were subtyped, all were HHV-6B.

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Positive HHV-6 status was not statistically associated with age, sex, or haematological malignancy (Table 1). There was a borderline association with both GvHD and CNS disease (both p=0.05; Table 1; Fig. 2A and B), but this is difficult to interpret as patients in these groups are more likely to be selected for HHV6 testing. On multiple logistic regression analysis, there was no relationship between HHV-6-positivity and any other characteristic (Table 1).

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In this cohort, 23/41 (56%) of patients died, at a median age of 56 years. Among these, 11/23 (48%) had tested HHV-6-PCR positive, compared to 4/18 (22%) of surviving patients (p=0.1). All those who died did so within 19 months of the HHV-6 test (range 1-552 days, median 163 days), and all patients with HHV6 detected in the CSF died (Fig 2C). We did not have sufficient clinical data to determine cause of death, and HHV6 may be a bystander in this complex cohort.

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223 **Quantification of HHV-6 viral load in blood and CSF (HHV cohort)**

HHV-6 DNA was quantified in 23 samples from ten patients (Fig 2C). The levels varied from below the threshold for accurate quantification, to patient HHV-012 with >1.0x10⁶ copies/ml in blood and 2.0x10⁸ DNA copies/ml in CSF, suggesting CiHHV-6. Patient HHV-007, an adult with haematological malignancy, had HHV-6 DNA detected in both blood and CSF (9x10⁴ DNA copies/ml vs. $3x10^5$ copies/ml, respectively). This patient had limbic

encephalitis, and the raised HHV-6 titre in CSF compared to blood is in
keeping with a localized CNS pathology caused by the virus.

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Among a total of 72 tests, 46 were longitudinal samples from thirteen individual patients. There was no statistical association between multiple HHV-6 tests and other factors that might predict disease severity (p>0.1 for age, sex, mortality, haematological malignancy, transplant, intensive care location, documented co-infection in multiple regression analysis).

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239 Screening laboratory samples for HHV-6 by PCR (VS cohort)

240 We screened CSF (n=100) and respiratory (n=100) samples for herpesvirus 241 DNA by PCR and sequencing (Fig 1B; Suppl data set 1), identifying HHV-6 in 242 3/100 CSF samples and 5/100 respiratory samples (Table 2). Four of the 243 eight positive cases were age <5 years, representing the age group in whom 244 primary HHV-6 infection is most likely. However, in four samples (two adults 245 and two children) an alternative pathogen was identified by the clinical lab 246 (Table 2), illustrating the difficulty in distinguishing between HHV-6 as a 247 primary pathogen, a co-infecting agent contributing to pathology, or an 248 innocent bystander.

249

The overall HHV-6 prevalence of 4% in this random group of samples is significantly lower than the 33% rate obtained from the samples in which the clinician had requested HHV-6 testing (p<0.0001; Fisher's Exact Test). This suggests that the targeting of the highest risk groups (primarily patients with haematological malignancy) for HHV-6 testing is appropriate, and that the

high prevalence of detectable HHV-6 DNA in this group is not merely
reflective of universal reactivation of herpesviruses in a hospital cohort.

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258 Screening laboratory samples for HHV-6 DNA by NGS (VS cohort)

259 We screened a subset of 20 samples (10 CSF and 10 respiratory; Fig 1B) 260 using a metagenomic (NGS) approach (30), identifying HHV-6 in four samples 261 that we deemed 'positive'; one CSF and three respiratory samples (Table 3; 262 Fig 3). The number and distribution of reads in each sample is shown in Fig 263 4A. Sample VS183 was designated HHV-6B by Kraken, while the other three 264 positive samples were identified as HHV-6A (Fig 4B). The coverage of the 265 HHV-6 genome was incomplete, but multiple reads distributed across the 266 genome (Fig 4B), add confidence to the conclusion that HHV-6 DNA is 267 genuinely present in these samples. The sequence data have been uploaded 268 to European Nucleotide Archive (ENA) https://www.ebi.ac.uk/ena; HHV6 269 sequence accession numbers ERS1980462 (sample ID VS067), 270 ERS1980463 (VS183), ERS1980464 (VS200) and ERS1980465 (VS207). 271 Links to the full metagenomic sequence set can be found in our supporting 272 Data Note (30).

273

In VS067, the clinical syndrome was not explained by other diagnostic results, and HHV-6 infection was a plausible agent of the clinical syndrome (meningoencephalitis). In the three other cases, other primary pathogens had been identified (Table 3), although it is plausible that HHV-6 could have been a contributory agent.

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Among the total of eight samples that were HHV-6 positive by conventional PCR, three were tested on the NGS pipeline (samples VS114, VS121 and VS183). HHV-6 reads were detected by NGS in all three, although two had low numbers of reads leading us to classify them as equivocal (Fig 4A,B). Conversely, in four samples where HHV-6 was detected by NGS, only one of these was positive by PCR.

286

287 **DISCUSSION**

288 This preliminary study provides insight into the distribution of HHV-6 in a 289 range of samples in a UK teaching hospital, with the long-term aim of 290 informing improvements in diagnostic testing. Although our NGS data only 291 represent a small pilot study, we have identified only a single other reference 292 to date that describes a metagenomic approach to the diagnosis of HHV-6 293 infection (6). Although HHV-6 can reactivate in the context of any critical 294 illness (8), we here found a higher prevalence in clinical samples taken from a 295 high-risk group (HHV cohort) than in laboratory samples representing an 296 unwell hospital population (VS cohort), suggesting that HHV-6 is not simply 297 reactivating across the board in hospitalized patients. The combination of a 298 high rate of HHV-6 DNA detection and the high mortality in the clinical (HHV) 299 cohort, suggest that we should consider lowering our threshold for testing in 300 this context. Longitudinal HHV-6 PCR testing should generally be reserved for 301 monitoring response to therapy, but if a high index of suspicion exists (e.g. a 302 profoundly immunosuppressed patient who becomes encephalopathic in the 303 absence of an alternative explanation), then serial testing may be helpful.

304

305 This study was not designed to evaluate the use or outcome of antiviral 306 therapy as this information could not robustly be captured retrospectively. 307 There are some data to suggest good outcomes from treatment of 308 symptomatic viraemia (31), with ganciclovir and/or foscarnet. However, there 309 is no universally agreed definition of clinical disease or threshold for therapy 310 and this area is not well informed by clinical trials (32); the gains made by 311 testing early have to be carefully balanced against the possibility of identifying 312 patients with bystander viral reactivation in whom the toxicity and side-effects 313 of treatment would not be justified. Further studies, including NGS, may 314 determine whether different clinical syndromes are consistently associated 315 with the two HHV-6 subtypes.

316

For samples with low HHV-6 copy numbers, PCR is anticipated to be more sensitive than NGS; this is illustrated by two samples that tested positive by PCR but were equivocal by NGS. However, the overall proportion of samples testing positive for HHV-6 DNA was higher by NGS than by PCR. This may at least in part be accounted for by PCR using highly degenerate herpesvirus primers, followed by sequencing primers that have a higher degree of sequence homology for HHV-6B than HHV-6A (28).

324

In screening by NGS, we identified HHV-6 in 4/20 (20%) samples, using a combination of read numbers and genome coverage to infer positivity (33). Multiple considerations feed into the interpretation of NGS data (Fig 5). The four patients positive for HHV-6 by NGS in this cohort all had clinical syndromes that could be compatible with HHV-6 infection, but due to a limited

dataset we cannot attribute causality. Interestingly, positive HHV-6 PCR from young children with severe respiratory tract infections suggest a potential pathological role of the virus that is not well described in this population to date. In future, in situations when HHV-6 detection is deemed significant, this could support the introduction of antiviral therapy, and/or reduce exposure to broad-spectrum antibiotics.

336

337 The number of clinical requests for HHV-6 testing each year is small, even in 338 a tertiary referral teaching hospital. By nature, our clinical sample set (HHV 339 cohort) was strongly skewed towards sampling a high-risk population. Our 340 data quality is dependent upon the completeness of electronic data, and it 341 was not possible to determine temporality. For ongoing NGS work, priorities 342 are screening blood samples, and development of positive internal controls to 343 determining sensitivity. An international control standard for HHV-6 is 344 currently being prepared by the National Institute for Biological Standards and 345 Control (NIBSC).

346

Although it is doubtless at times a benign passenger, HHV-6 is indeed significantly associated with the clinical syndromes that arise in patients with profound immunocompromise in the haematology setting, and may have a role in other syndromes, including respiratory infections in children. Metagenomic approaches to clinical diagnostics are accelerating, and as additional data become available, increasing insights will be gained into the interpretation of these results.

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355

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365

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373

374 CONFLICTS OF INTEREST

- None to declare.
- 376
- 377

378 **AUTHORSHIP**

Conceived and designed the experiments: CS, PK, PCM; Applied for ethics permission: PCM; Collected and curated clinical samples and data: MS, AM, NG, MA, KJ; Undertook laboratory work: CS, WFG; Analysed and presented the data: CS, TG, ALM, PCM; Wrote the article: CS, TG, ALM, DF, PCM, with feedback from all co-authors; Approved the final article: all authors.

384

385 **FIGURE LEGENDS**

386 Figure 1: Schematic summary of work flow and output of HHV-6 testing 387 among clinical samples from a UK teaching hospital. A: Flow diagram 388 showing number of samples submitted to a hospital diagnostic microbiology 389 laboratory with a clinical request for HHV-6 testing (sample ID's prefixed with 390 HHV). *Wrong test' indicates request for HHV-6 antibody (rather than PCR). 391 B: Flow diagram showing consecutive random samples (sample ID's prefixed 392 with VS) screened for herpesviruses (i) by PCR with HHV-6 confirmed by 393 sequencing, and (ii) by a metagenomic approach. These samples had been 394 submitted to the clinical laboratory for other reasons, and had reached the 395 end of their diagnostic testing pathway.

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Figure 2: Results of clinical laboratory testing for HHV-6 in blood and CSF samples at the request of the clinical team. A: Relationship between presence or absence of Graft vs Host Disease (GvHD) and HHV-6 status; P value by Fisher's exact test. B: Relationship between presence or absence of a clinical Central Nervous System (CNS) syndrome and HHV-6 status; P value by Fisher's exact test. C: HHV-6 viral loads in blood and CSF; P value

403 by Mann Whitney test; individuals who died are shown in red. In all three
404 panels, the numbers at the top of each column show the total number of
405 patients represented.

406

407 Figure 3: Multi-layered pie charts generated to visualize the metavirome 408 from a respiratory sample taken from a child. Krona was used to generate 409 the metagenomic visualization of these data (35). The sample was a 410 nasopharyngeal aspirate taken from patient ID VS183 (a child age <5 with a 411 clinical syndrome described by the requesting clinician as 'viral infection'). (A) 412 HHV-6B (in pink) shown as a proportion of all viral reads; (B) HHV-6B (in pink) 413 shown as a proportion of all virus contigs. The other two predominant viruses 414 represented in both panels are Torque Teno Mini Virus (in red), a ubiquitous 415 and non-pathogenic virus, and Enterobacteria phage Phi X (in purple), which 416 is an artefact of the sequencing method (spike used for positive control in 417 Illumina sequencing run); these illustrate a high proportion of sequence reads 418 generated from organisms that are not clinically significant.

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420 Figure 4: Detection of HHV-6 DNA in unselected CSF and respiratory 421 samples. A: Read numbers determined by next generation sequencing 422 (NGS) according to sample type. The y-axis refers to the number of uniquely 423 mapping HHV6 reads, representing deduplicated read numbers (Q>30). The 424 areas shaded green, blue and yellow represent suggested thresholds for 425 samples to be classified as negative, equivocal or positive, respectively. White 426 gaps between the colours illustrate that the exact position of the boundaries 427 between these areas are uncertain. Those classified as equivocal were all

428 respiratory samples, and the sequences clustered in the repeat region of the

429 genome, suggesting lower specificity for HHV-6.

430 B: Plots generated with Burrows-Wheeler Aligner (BWA) to illustrate coverage 431 of HHV-6 genomes against consensus. The x-axis of the plot represents the 432 full length genome for HHV-6, with HHV-6A shown in triangles, and HHV-6B 433 shown in circles. From a total of 20 samples tested, we show data for samples 434 from which we generated any HHV-6 reads. The beginning position of each 435 read is indicated. The grey bars indicate repeat regions (low variability) as 436 defined in the methods; for a sample to be considered positive, we stipulated 437 that the reads should fall outside these regions of the genome.

438

Figure 5: Suggested algorithm showing process of determining the significance of an organism identified from a clinical sample by next generation sequencing (NGS). This represents a structure that can be applied to bioinformatics and clinical interpretation of metagenomic data. We recognize that the approach and thresholds are different for different organisms, and that robust output also depends also on optimization of *in vitro* sample preparation.

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448 SUPPLEMENTARY RESOURCES

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Suppl data set 1. Human Herpes Virus 6 (HHV-6): a study of clinical 450 451 data and laboratory next generation sequencing; 452 https://doi.org/10.6084/m9.figshare.5671153.v1. 453 This fileset includes the following: 454 HHV6 cohort metadata (clinical cohort data to describe patients 455 undergoing clinical testing for HHV-6 infection) as .xlsx and .csv files; VS cohort metadata (research cohort data to describe CSF and 456 ٠ 457 respiratory samples underdoing screening for HHV-6 infection using 458 PCR and next generation sequencing) as .xlsx and .csv files. 459 460 461

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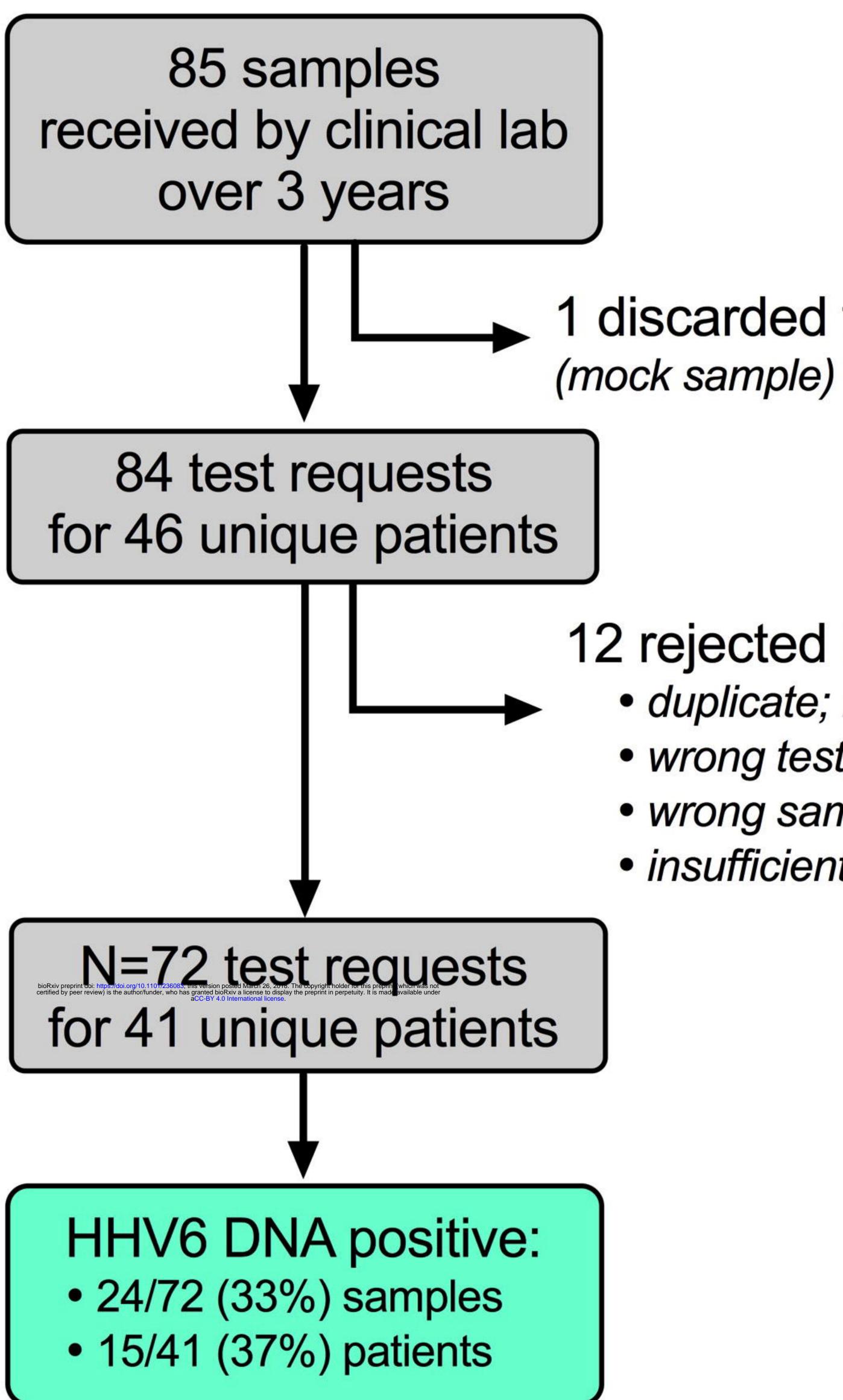
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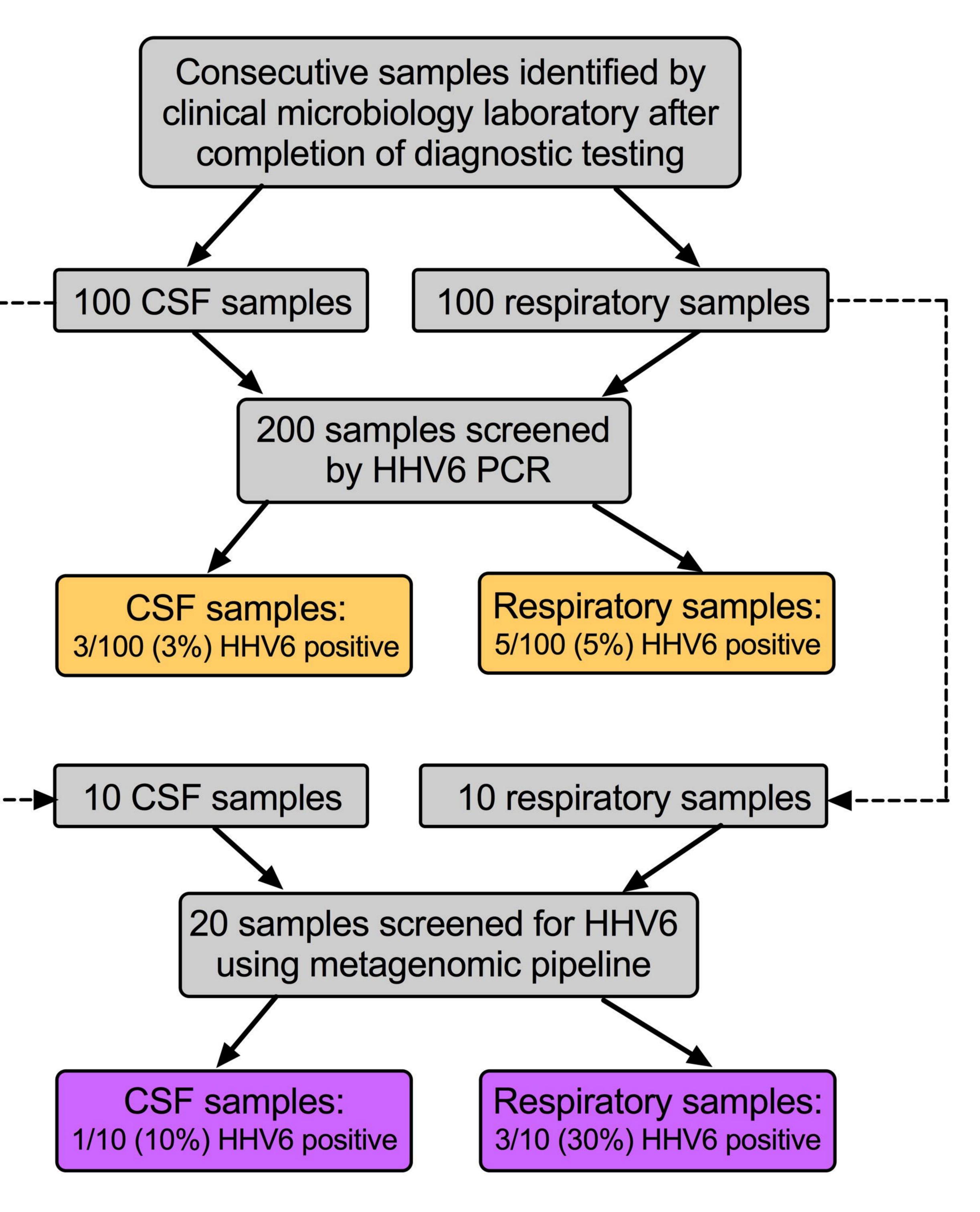


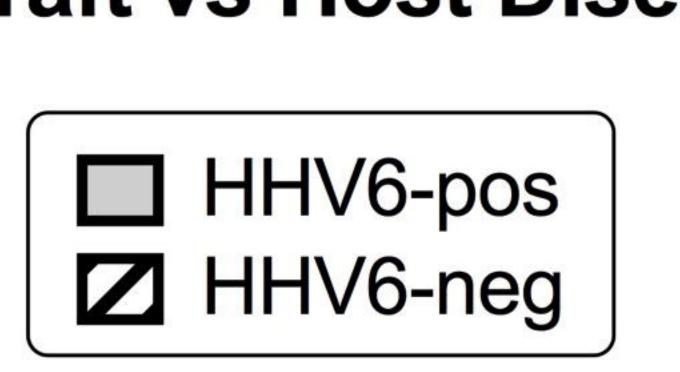




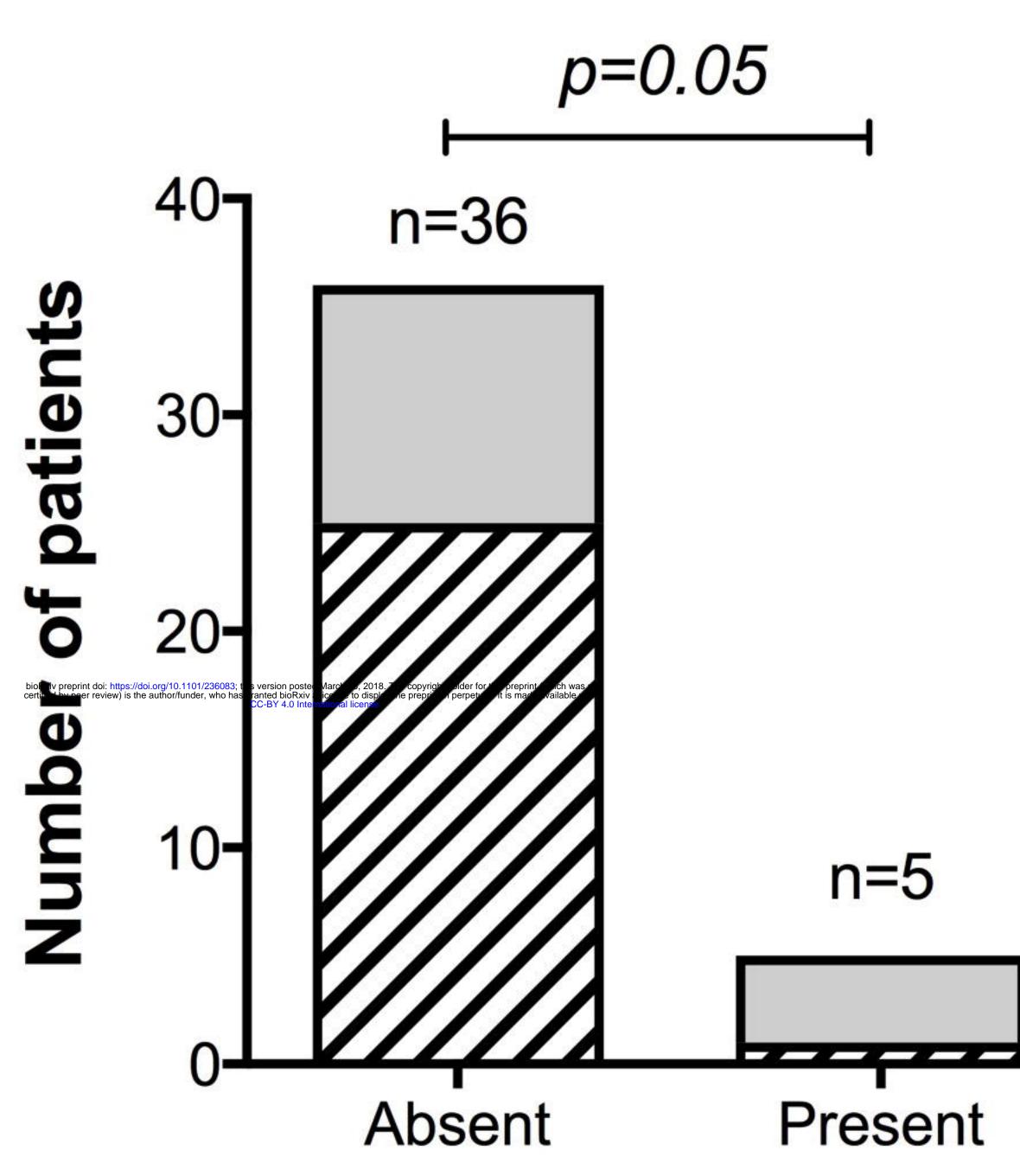
1 discarded from analysis

12 rejected by lab • duplicate; n=5 wrong test; n=5* • wrong sample; n=1 insufficient volume; n=1

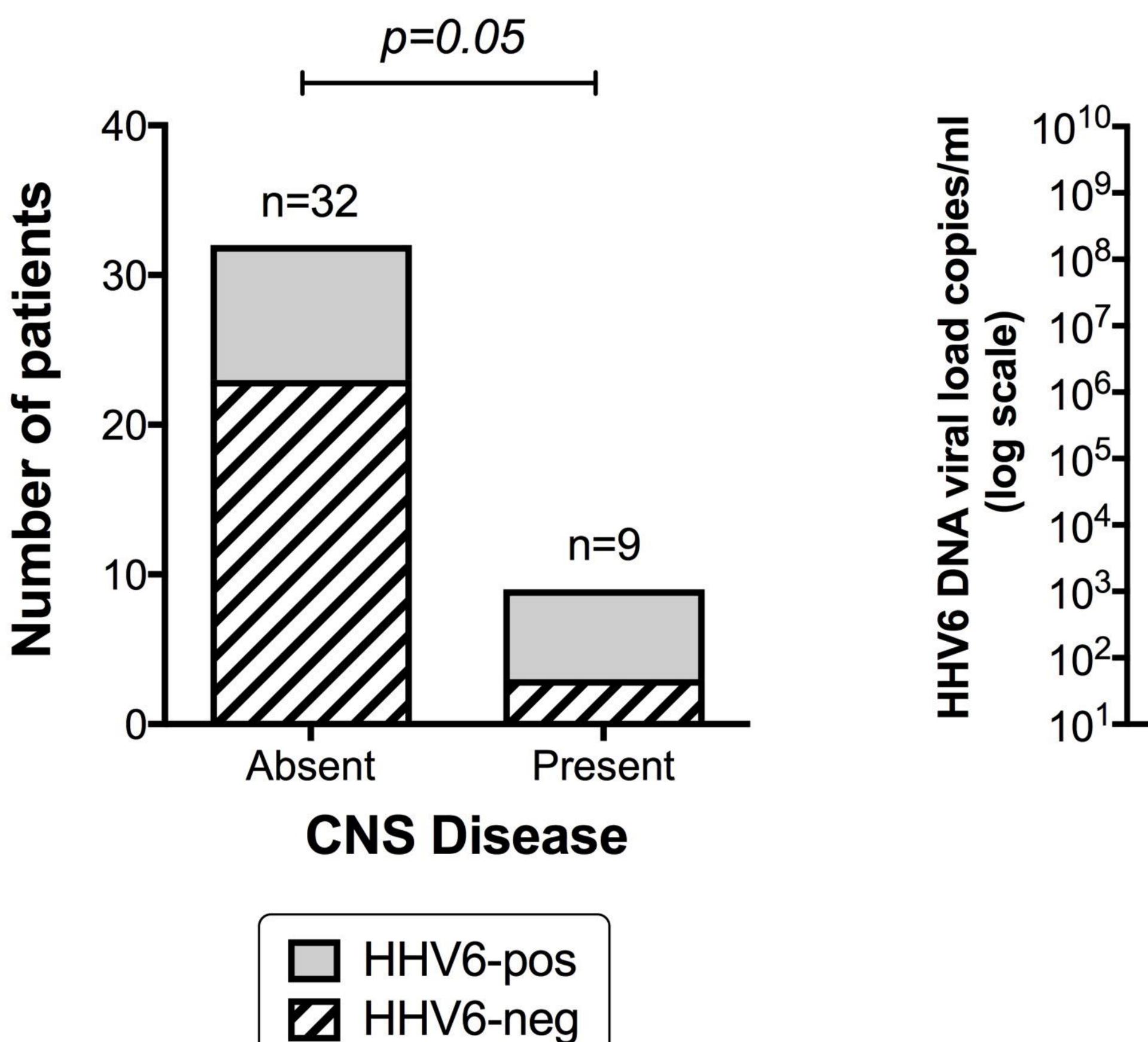


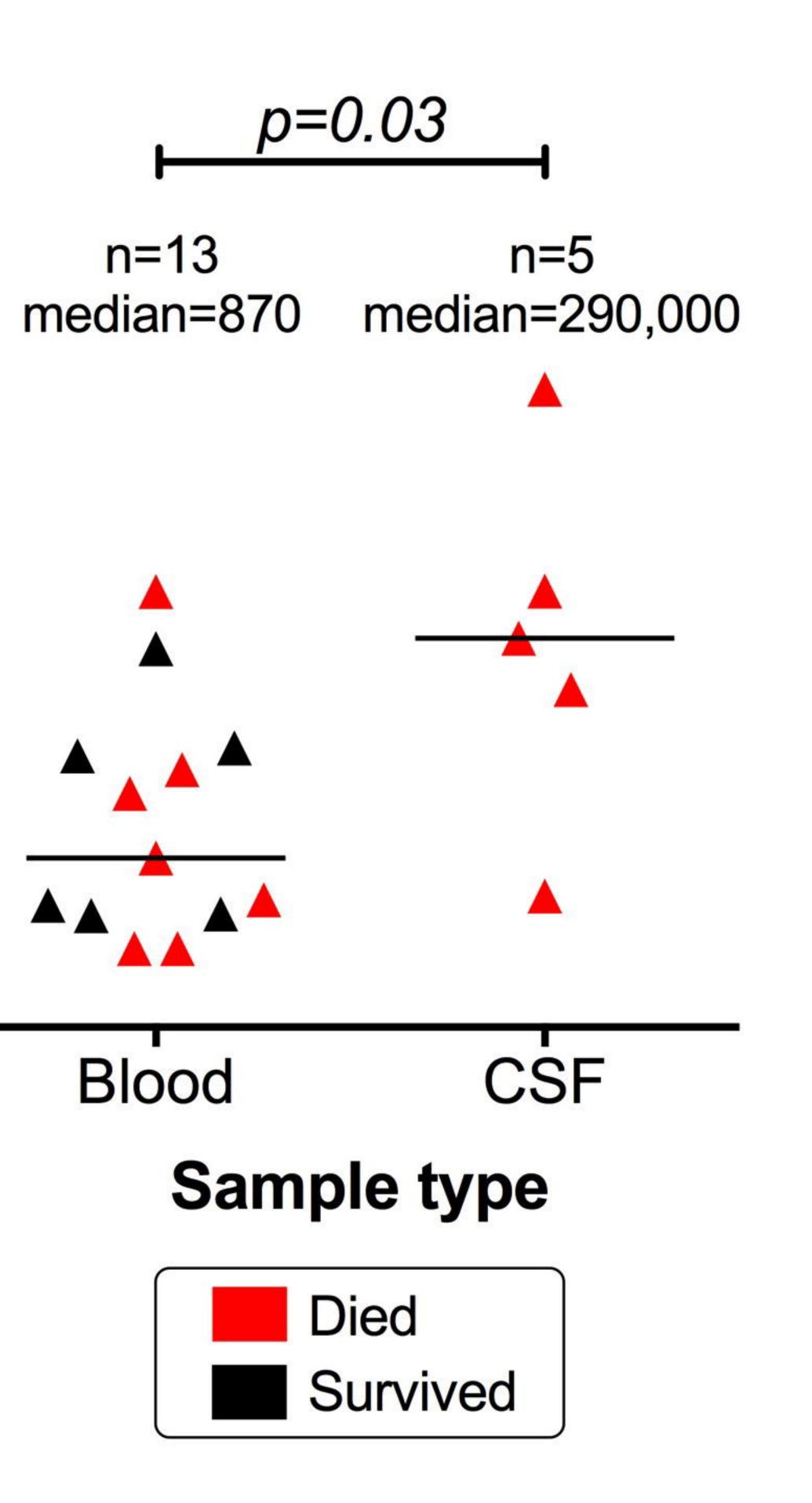


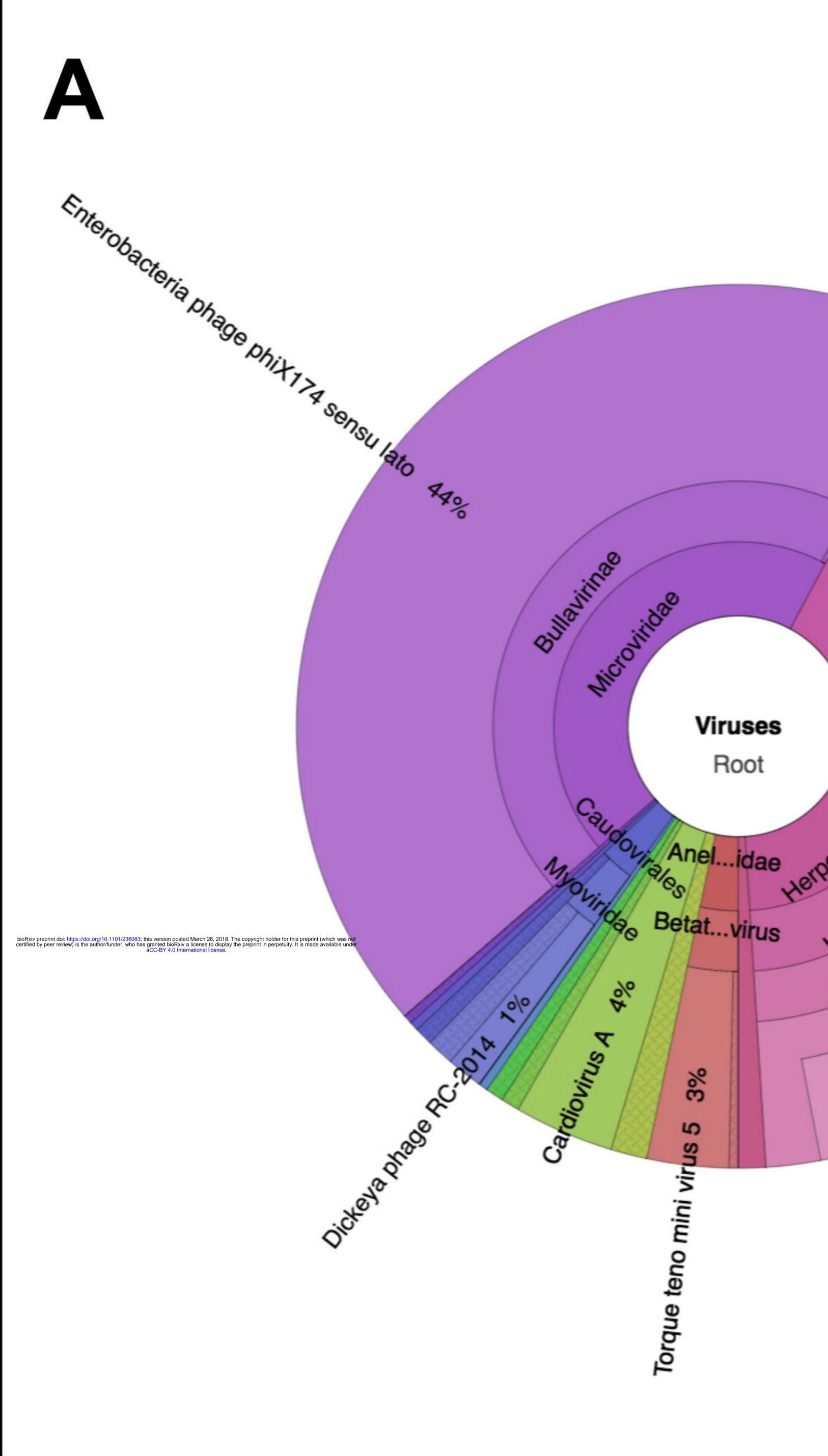
Graft vs Host Disease











virus dulcis 21% Pandorav. irinae Roseolovirus Hell Betaherpe 8 HUM alah

Human betaherpesvirus 6B 🛛 ↔

Magnitude: 53 Count: <u>1</u> Taxon: <u>32604</u> Rank: species

87% of Roseolovirus

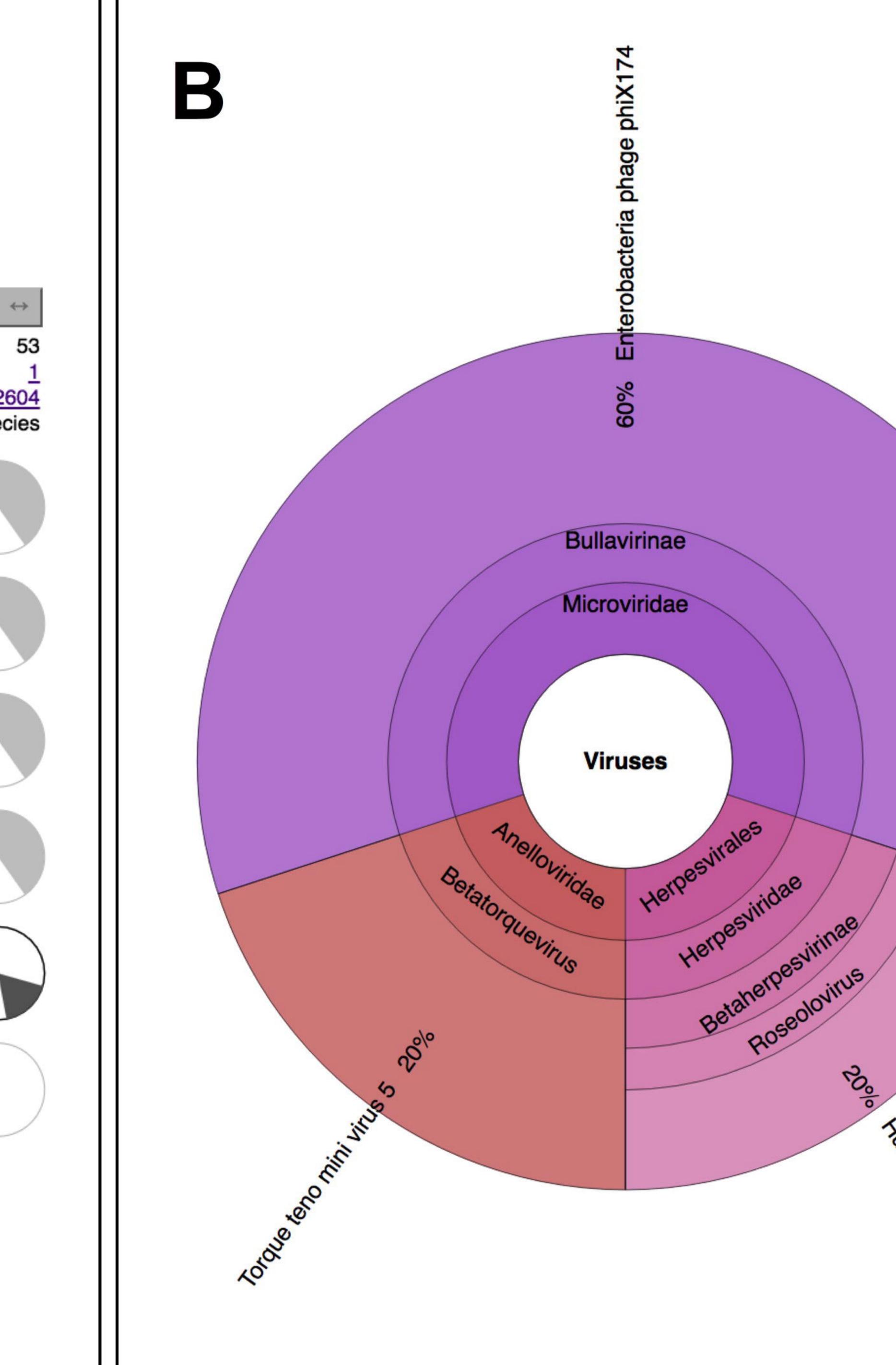
87% of Betaherpesvirinae

87% of Herpesviridae

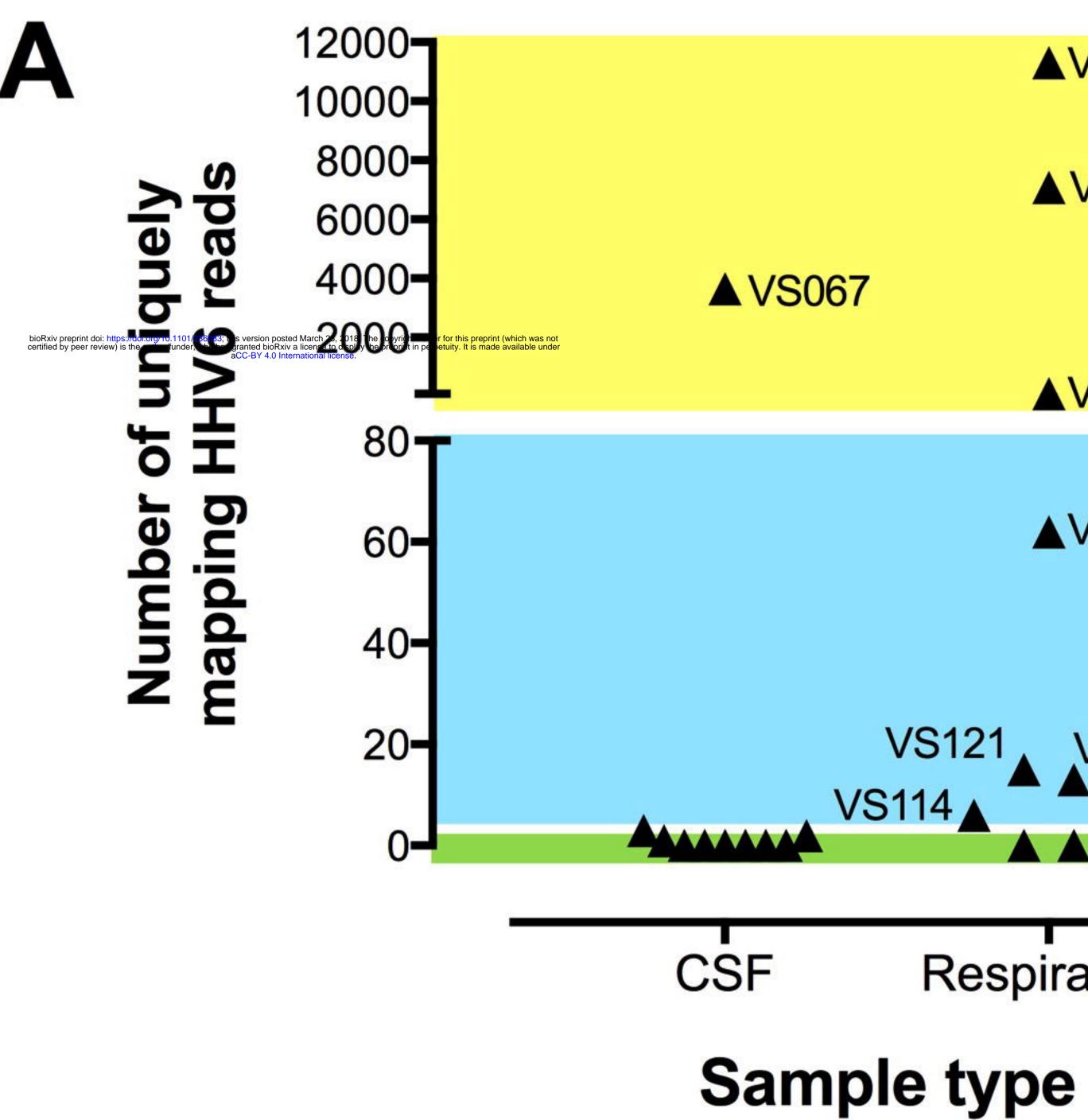
87% of Herpesvirales

> 18% of Viruses

0.0002% of Root



Human betaherpesvirus 6B ↔ Magnitude: Count: Taxon: <u>32604</u> Rank: species 100% of Roseolovirus 100% of Betaherpesvirinae 100% of Herpesviridae 100% of Herpesvirales 20% of Viruses 0.01% of 200 Root 2



▲VS207	B	VS207	
▲VS200		VS200	
	Positive	VS067	
	e D	VS183	
▲VS183	d	VS216	
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2121 1/0424		VS114	
S121 VS134 4 VS147	Magativa	VS147	
	Negative	C)
Poeniratory			

Respiratory

