1	"Reproductive response of laying chickens to ameliorative method of aflatoxin
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## 7 Abstract

Aflatoxin is toxic, carcinogenic and ubiquitous in nature, affecting both crops and livestock. 8 9 Mitigating aflatoxin effect using toxin binders has not been very effective. Information on the use of biological methods in aflatoxin mitigation has not been adequately documented. Consequently, 10 influence of bio-control method of aflatoxin on some reproductive hormones, ovarian weight and 11 histopathological parameters of laying chickens (LC) were investigated. Point-of-lay Bovan Nera 12 13 (n=700) were harphazardly distributed to four dietary treatments; Aflasafe maize-based diet (AMBD), farm feed (FF), aflatoxin-contaminated diet with toxin binder (ACDTB) and 14 aflatoxin-contaminated diet without toxin binder (ACDWTB). The contaminated diets contained 15 306.3ppb aflatoxin and the experimental design was completely randomized into four treatments 16 (n= 175) of five replicates (n=35) per treatment for a period of 14 weeks. Blood (5mL) was 17 collected at 14th week for LC to determine the estrogen, luteinising hormone (LH), follicle 18 stimulating hormone (FSH), histopathology of the ovary using standard procedures. Data were 19 analysed using descriptive statistics and ANOVA at a0.05. The ROW (%) ranged from  $0.34\pm0.2$ 20 (ACDTB) to 0.93±0.3 (AMBD). Estrogen (mg/dL) value was highest in LC fed ACDWTB 21 (2.75±1.08) and least in FF (2.07±0.52). The LH (iu/L) value was highest in LC fed AMBD 22

23	$(1.29\pm1.68)$ and least in ACDTB $(0.36\pm0.32)$ . Histopathology of the ovary showed cysts,
24	observed along the oviduct wall in LC fed ACDTB. AMBD enhanced active laying period in LC
25	with no sign of aflatoxocosis. The use of aflasafe maize grain in poultry diet is recommended.
26	Keywords: Aflatoxin-contaminated diet, Aflatoxicosis, ovary, hormones, histopathology and
27	laying chickens

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#### Introduction

Aflatoxin (AF) has been confirmed as most toxic, tetratogenic, mutagenic and carcerous 29 30 mycotoxins so far known (Williams et al., 2009; Khan et al., 2010). The detrimental effect of aflatoxin on various animals has been well documented (Keyl and Booth, 1971; Lawloy and 31 Lynch, 2001; Zain, 2010) and this include yellow ocher discolouration with multifocal 32 haemorrhage with proliferation of the bile ducts (Ehklas, 2012). Hepatomegaly and hypertrophy 33 in some organs and higher relative weights of the organs (Huff et al., 1992; Ologhobo et al., 2015) 34 have been reported. Other effects include accelerated follicular atresia (Siloto et al., 2011), 35 associated by discontinuance of egg laving during the feeding trial (Hafez et al., 1982). Aflatoxin 36 has also been documented to cause disturbances in the hormonal profile of domestic animals, 37 usually resulting in reduced fertility potential (Clarke et al., 1987; Tiemann and Vanselow, 2003; 38 Hasanzadeh et al., 2011). Different approaches have been investigated to mitigate the effect of 39 aflatoxin contamination in livestock feeds. This include use of enteroabsorbants such as hydrated 40 sodium, calcium alumino-silicates. Although, it selectively bind aflatoxin B1 without depleting 41 micronutrients (Williams et al., 2004), but, few successes have recorded with this method. A 42 combination of heat with ammonia has also been stated to irreversibly detoxified aflatoxin 43 (Brown, 2010), but the limitation is that it can only make the blue glow go away, without 44 protecting the feed. Also, microorganisms resembling Mycobacteriumis, Stenotrophomonas 45 maltophilia and Trichoderm viride have also been attested to succeed in breaking down aflatoxins 46 (Liu et al., 2001 and Kasmani et al., 2012). However, they have been noted to pose health risks to 47

consumers. Physical and chemical methods of degradation have been known to cause reduced 48 49 product nutrient, organoleptic qualities and undesirable health effects (Teniola et al., 2005). Consequent to these limitations, novel bio-control method with biological mechanism has been 50 developed, which involves displacing toxigenic strains of Aspergillus flavus from agricultural 51 fields with strains of Aspergillus flavus that do not produce aflatoxin (atoxigenic strains). This 52 causes encumbrance with the contamination process by physically excluding the toxigenic strain 53 as at the time of microorganism invasion and contending for nutrients needed for aflatoxin 54 biosynthesis by the toxigenic strains, thereby abridging the total toxigenicity of A. flavus 55 population. The significance of this research is to evaluate the changes in reproductive 56 performance during chronic aflatoxicosis and compare it with the use of aflasafe maize-based diet 57 (aflatoxin-free diet) in laying chickens. 58

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### 60 MATERIALS AND METHODS

This study was carried out at God's Grace Farm, located in Lagun Town, along Ibadan- Iwo 61 road, Oyo State. The Aflatoxin-contaminated maize grain and aflasafe maize grains used for this 62 experiment were obtained from the plant pathology unit, International Institute of Tropical 63 Agriculture, (IITA), Ibadan, Nigeria. Other ingredients used for the feed formulated were 64 obtained from God's Grace feed Mill, the host farm. Maize grain, used as the aflatoxin carrier was 65 inoculated with toxigenic strain of Aspergillus flavus of Nigerian origin. The culturing and 66 inoculation was done at the plant pathology unit, International Institute of Tropical Agriculture 67 (IITA), Ibadan, Nigeria, using 5% V8 juice and 2% agar, with PH 5.2 and a spore load of 2.475 x 68 106 per ml. Aflatoxins, quantified using scanning densitometer, CAMAG TLC scanner 3 with -69 70 CATS 1,4,2 software (Camag AG, Muttenz, Switzerland) (Suhagia et al., 2006)

# 71 EXPERIMENTAL BIRDS AND MANAGEMENT

A total of 700, 30-week old Bovan Nera black hens with a mean body weight of 2.0kg was used for this experiment The experimental birds were randomly allotted into 4 treatments consisting of 175 birds per treatment, replicated thrice with 35 birds/ replicate. The laying chickens were housed in battery cages having linear feed troughs and nipple drinkers for running water. The birds were fed basal feed for 14 days (acclimatization period), after which experimental diets and fresh water were provided *ad libitum*. Data collection was done weekly throughout the duration of the study which lasted for 14 weeks

# 79 2.2 EXPERIMENTAL DIETS

Four (4) experimental diets were formulated based on nutrient requirement of laying hens. The 80 experimental diets are as shown in Table 1 comprising of the following; Treatment 1 (AMBD) -81 Aflasafe maize-based diet, Treatment 2 (FF+Toxin binder) –Farm feed with toxin binders 82 (Control diet), Treatment 3 ((ACDTB)- Aflatoxin contaminated diet with toxin binder, Treatment 83 4 (ACDWTB)- Aflatoxin- contaminated diet without toxin binder. The diets were subjected to 84 chemical analysis, to obtain proximate composition as stated in Table 1 under the Analyzed 85 nutrient segment. At the end of the experiment (14th week), 80 birds were randomly selected from 86 each treatment and three (3) mls of blood sample was collected through the jugular vein in the 87 earliest hours of the day, into anticoagulant-free bottles. These bottles were kept in slanting 88 position and allowed to clot. The samples were spun at 3000 rpm for 10 minutes, serum samples 89 obtained were then separated into sterile tubes for analysis. Enzyme Linked Immunosorbent 90 Assay (ELIZA) kits were used for the assay of estrogen, follicle stimulating hormone and 91 luteinizing hormone. Equipment used was ELIZA microplate reader/ absorbance (IRE 96), a fully 92 automated 8-channels measurement system having absorbance as its detection mode (Bourne et 93 al., 2003). After feeding trial, 80 birds (20 birds per replicate) were randomly selected per 94 treatment, weighed and sacrificed. Dissection was done through the lower abdominal incision. 95 Samples of the ovary and reproductive organ were harvested for histopathological investigation. 96

97	The tissues were cut into small pieces of not more than 4mm thick and placed into pre-labelled
98	cassettes. These were further immersed in 10% formal saline for 24 hours to fix. Tissue
99	processing was done using hematoxylin and eosin technique (Avwioro, 2010).

- 100 2.3 Statistical Analysis
- 101 All data obtained from the study was subjected to descriptive statistics and one-way analysis of
- 102 variance (ANOVA) in a completely randomized design, using statistical analysis software (SAS,

103 2008). Means were separated using Duncan multiple range test (Duncan, 1957).

104	Table 1:	Composition	of the experime	ntal diet (%)	(Layers Mash)
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	AMBD	FF+Toxin	ACDTB	ACDWTB
Ingredients (kg)		binder		
Aflasafe Maize	50.220	-	-	-
Farm Maize	-	50.220	-	-
Contaminated Maize	-	-	-	-
Soyabean Meal	23.100	23.100	23.100	23.100
Wheat offal	13.460	13.460	13.460	13.460
Salt	0.350	0.350	0.350	0.350
Bone Meal	3.010	3.010	3.010	3.010
Oyster Shell	9.040	9.040	9.040	9.040
Lysine	0.200	0.200	0.200	0.200
Methionine	0.200	0.200	0.200	0.200
Vitamin C	0.006	0.006	0.006	0.006
Layer Premix	0.300	0.300	0.300	0.300
Toxin Binder	-	0.100	0.100	-
Oxytetracycline	0.100	0.100	0.100	0.100

Total (kg)	100.00	100.00	100.00	100.0
Calculated Nutrients				
Crude Protein (%)	17.30	17.30	17.30	17.30
Crude Fibre (%)	4.56	4.56	4.56	4.56
Metabolizable	2598.25	2598.25	2598.25	2598.25
Energy(Kal/kg)				
Avail. Phoshorus	0.68	0.68	0.68	0.68
Lysine	1.05	1.05	1.05	1.05
Methionine	0.46	0.46	0.46	0.46
Avail. Calcium	4.34	4.34	4.34	4.34
Analysed Nutrients				
Met energy(kcal/kg)	2874.38	2926.22	3048.16	3052.60
Crude protein	20.50	18.78	18.22	18.01
Ash	18.50	16.50	13.50	13.00
Crude fibre	7.05	7.16	7.21	7.25
Dry matter	90.49	90.09	90.40	90.29

105 Vitamin A 10,000 IU, Vitamin D<sub>3</sub> 2,000 IU, vitamin E, 100 IU, Vitamin K, 20mg, thiamine B<sub>1</sub>, 15mg; Riboflavin B<sub>2</sub> 40mg, Vitamin B<sub>6</sub> (pyridoxine)

106 1 5mg, Niacin 150 mg; Vitamin B<sub>12</sub> 0.015mg, Pantothenic acid 50mg, Folic acid 5mg, Biotin 0.2mg. Choline chloride, 12mg; , Antioxidants 1.25g;

107 Mn, 0.8g; Zinc, 0.5g; Iron, 0.2g; copper, 0.05g; iodine, 0.12g; Selenium, 2mg; cobalt, 2mg. AMBD= Aflasafe maize-based diet, FF =Farm feed

108 + Toxin binder, ACDTB = Aflatoxin-contaminated diet with toxin binder and ACDWTB = Aflatoxin-contaminated diet without toxin binder.

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### 4. Results and discussion

l	PARAMETERS	AMBD	FF+TOXIN	ACDTB	ACDWTB
2			BINDER		
3	Ovary (%)	0.93±0.3ª	0.99±0.5ª	0.34±0.2 <sup>b</sup>	0.44±0.4 <sup>b</sup>
1	Repr. Organ (%)	2.47±0.4	2.44±0.7	1.48±1.2	2.25±1.9
5					

### 110 Table 2: Weight of Reproductive Organ of laying chickens fed experimental diets

AMBD= Aflasafe maize-based diet, FF =Farm feed + Toxin binder, ACDTB =Aflatoxin-contaminated diet with toxin binder and ACDWTB =
 Aflatoxin-contaminated diet without toxin binder.

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The relative overy weight of birds fed AMBD (0.93%) and FF+toxin binder (0.99%) were not 119 different, however, both were significantly higher than the values observed in birds which 120 received ACDTB (0.34%) and ACDWTB (0.44%) respectively. The result is in tandem with the 121 observation of Ajani et al. (2014), who noticed ovary atresia i.e degeneration of immature ovarian 122 123 follicles during follicular phase in laying hens fed a diet containing 8000ppb AFB for 7 days. According to Hafez et al. (1982), aflatoxicosis causes pathological changes in the chicken ovaries, 124 which has detrimental effect on egg production. Therefore, it can be inferred that aflatoxin could 125 have adverse effect on egg production, due to aflatoxin-related pathological changes in the ovary 126 as reported in this study. The chickens fed ACDTB, showed ovarian cycts along the oviduct wall. 127 This could also have been due to the aflatoxin-contamination effect. Cysts are fluid-filled cavities 128 that may occur along the oviduct wall, resulting into tumor, when larger than 2mm in diameter. It 129 has been noted that production of progesterone is usually by the largest growing follicles and its 130 131 receptors are found along different points in the oviduct wall. The observed cycts could have blocked or reduced the number of progesterone receptors, causing a depression effect in the 132 mechanism of progesterone production and its activity, with a negative influence on oviduct 133

contraction and egg transport. Perhaps, this have caused a drastic reduction in egg oviposition, resulting into re-absorption of yolk into the system of the hens. This result is in accordance with the reports of El-Azab et al. (2009) and Hasanzadeh et al. (2011), who stated that, aflatoxin has been shown to disrupt the reproductive system in both male and female animals, causing alterations in the form of growing and mature ovarian follicles.

139 4.1 Dietary effect on hormonal assay of laying chickens

The results of the luteinizing hormone (LH), estrogen and follicle stimulating hormone 140 141 (FSH) assays of laying chickens fed experimental diets during treatment period are illustrated in Table 3. Except the FSH values that was not significant, the luteinizing and estrogen hormone 142 values showed significant differences. The LH value (1.29±1.68 IU/L) obtained in birds fed the 143 AMBD, was not significantly (P<0.05) different compared with those given FF+toxin binder 144  $(0.64\pm1.27 \text{ IU/L})$ , the LH values  $(0.36\pm0.32 \text{ IU/L} \text{ and } 0.42\pm1.03 \text{ IU/L})$  of laying birds fed 145 aflatoxin-contaminated diets with and without toxin binder were significantly lower. The mean 146 value of estrogen recorded in birds fed AMBD (2.10±0.52pg/mL) showed no influence compared 147 to the FF+toxin binder (2.07±0.83pg/mL). The mean values recorded for birds fed ACDTB 148 (2.38±0.90pg/mL) and ACDWTB (2.75±1.08pg/mL) were not statistically influenced by the 149 dietary treatment. The FSH values of laying chicken were not significantly (P<0.05) different 150 among the treatments. 151

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# Table 3: Hormonal Assay of laying hens fed experimental diets

PARAMETERS	T1	Τ2	Т3	T4
Luteinizing hormone (LH)	1.29±1.68ª	0.64±1.27 <sup>ab</sup>	0.36±0.32 <sup>b</sup>	0.42±1.03 <sup>b</sup>
Estrogen	2.10±0.52 <sup>b</sup>	2.07±0.83 <sup>b</sup>	2.38±0.90 <sup>ab</sup>	2.75±1.08ª

 Follicle Stimulating
 2.66±1.33
 2.24±0.84
 2.13±0.68
 2.22±0.79

 Hormone (FSH)

ab: means on the same rows but with different superscripts are significant (P<0.05).AMBD =Aflasafe maize-based diet, FF+Toxin binder = Farm</li>
 feed + toxin binder, ACDTB= Aflatoxin-contaminated diet + toxin binder, ACDWTB= Aflatoxin-contaminated diet without toxin binder.

Reproductive hormones of birds fed experimental diet was significantly influenced by the 155 dietary treatment. Luteinizing hormone is a primary hormone of reproduction, produced from the 156 anterior lobe of the pituitary gland. The epithelial cells lining the empty follicular cavity has been 157 158 reported to multiply under the influence of luteinizing hormone, to form corpus luteum. In poultry, ovulation and oviposition processes are controlled by luteinizing hormone and progesterone. A 159 higher concentration of serum LH of experimental laying birds, as observed in birds fed AMBD, is 160 an advantage as it would improve the egg laying capacity of the birds which would translate into 161 higher profitability. The depressed values of LH in this study corroborate the findings of 162 Hasanzadeh et al. (2011) and Ismail (2012), who reported a significantly lowered luteinizing 163 hormone level in the aflatoxin-treated groups of male rats compared to the control, which received 164 zero dosage of aflatoxin. This result might be attributed to the adverse effect of AF on the 165 hypophysis, resulting into hypophysotoxicity, according to Clarke et al. (1987). Estrogen is a 166 steroid hormone produced in the gonads, which performs a prominent role in the development of 167 female secondary sex characteristics and in ovarian cycle. Trophic hormones FSH and LH are noted 168 169 for stimulating the synthesis and release of estradiol from the theca interna of matured follicle. It has been documented that toxins cause a cascade of events called acute phase response, which 170 induced local inflammation and activation of the hypothalamic-pituitary-adrenal axis (HPA), as 171 stated by Sheng et al. (2021). Perhaps, the local inflammation of the HPA caused by AF effect had 172 resulted into a significantly lowered concentration of LH and FSH in laying birds, which could have 173 caused a concormitant decrease in the estrogen value. Documentation showed that FSH and LH 174 release from the pituitary gland occurs in a rhythmic manner, as regulated by the hypothalamic 175 biologic clock, known as pulse frequency (Squires, 2003). The frequency of GnRH (Gonadotropic 176

Releasing Hormone) by the hypothalamus, differentially affect FSH and LH release, which should 177 also influence estrogen synthesis and release. Contrary to this, the estrogen level of birds in 178 ACDWTB is significantly higher compared to the control (FF+Toxin binder). In literature, it has 179 been stated that cholesterol is the precursor of estradiol and it is present as low density lipoprotein 180 (LDL) in plasma. In the serum biochemical response of hens, the cholesterol level of the birds in 181 ACDWTB is highest. Perhaps, the high level of LDL (low density lipoprotein) in the plasma of the 182 laying hens acted as a precursor for increased synthesis of estrogen in the laying birds in ACDWTB, 183 with the recorded highest value. FSH functions in maintaining the hierarchy of size in the 184 developing follicles and the rate of follicular atresia. It also works synergistically with luteinizing 185 hormone to cause an elaborate secretion of estrogen during ovulation. An increased FSH 186 concentration in birds fed AMBD suggested a normal hierarchical follicular development and 187 ovulation, as well as normal egg production (Squires, 2003). 188

### **Table 4: Histopathological examination of the ovary given aflatoxin-contaminated diet**

Parameter	AMBD	FF+Toxin	ACDTB	ACDWTB
		binder		
Ovary	No visible	No visible	Cyst observed	Cyst observed
	lesion	lesion	along the	along the
			oviduct wall	oviduct wall



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Plate 2: Showing the Ovary of laying chickens fed FF. No visible lesion was observed.



<sup>199</sup>Plate 3: Showing the Ovary of laying chickens fed AF-CDTB. No visible lesions200seen. There are cysts along the oviduct wall.



Plate 4: Showing the ovary of laying chicken fed AF-CDTWB. There is no observable visible lesion.

# 201 4.2 Ovary Histopathology

The microscopic investigation of various organs in previous studies showed that aflatoxin 202 adversely affected the organs attributed with the hematopoietic, immune and the 203 reticuloendothelial system (Qureshi et al., 1998; Ortatatli and Oguz, 2001; Ortatatli et al., 2005 204 and Eklas, 2012). The ovary of laving chickens fed AMBD, which showed no histopathological 205 alterations may be due to the aflatoxin-free diet obtained through the use of aflasafe maize. 206 Similar result was observed in birds fed the FF+Toxin binder diet and birds fed ACDTWB. 207 Although the ACDTWB diet had a recorded high aflatoxin concentration, which resulted into 208 cessation of egg production in the group, corroborating the findings of Hafez et al. (2008) and 209 Ismail (2012) who observed that aflatoxin-treated mature domestic fowls showed follicular 210 atresia, accompanied by cessation of egg production during the whole feeding period. Hasanzadeh 211 et al. (2014) also observed that the micromorphological effects of the AFB1 on the ovary showed 212 that the attic changes were seen in different ovarian follicular layers, including oocyte, granulose 213 and theca, which increased both at the microscopic and macroscopic level (Siloto et al., 2011). 214 Yet no visible lesion was observed and the concentration of the aflatoxin used showed no 215 histopathological alteration on the ovary. Aflatoxin has also been shown to disrupt the 216

217 reproductive system in both male and female animals, causing alterations in the form of the 218 growing and mature ovarian follicles. (El-Azab et al., 2009; Hasanzadeh et al., 2014).

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### **Conclusion and recommendation**

Adverse effects of aflatoxin in laying chickens can be prevented by the use of feed ingredients that contains no aflatoxin contamination through the mutual exclusion mechanism of *Aspergillus species* in the soil. Although aflatoxin binder is effective, but its cost implication could increase the overall production cost, especially on a large scale livestock farming. Aflatoxicosis in livestock can be mitigated with the use of aflasafe maize-based diets, it is therefore recommended for use in both small and large scale production.

### 226 Ethics Statement

227 This research was carried out in strict accordance with the recommendations in the Guide for the

228 Care and Use of Laboratory Animals of the National Institutes of Health. The protocol was

approved by the Committee on the Ethics of Animal Experiments of the Kwara State University .

## 230 **Consent for publication**

231 "Not applicable"

## 232 Availability of data and materials

The data sets used and/or analysed during the current study are available from the correspondingauthor on reasonable request.

### 235 Competing interests

236 The authors of this research paper do not have any financial or non financial competing interest.

### 237 Authors' contributions

238	<b>IB</b> made immense	contributions to	the design	of the study	and drafted th	ne hormonal	l inclusion i	in
200			uite acoigii	or the bracky	and arantoa a	ie morniome.	1 III CIGOIOII I	

- this research; EO made the collaborative funding acquisition for this research possible and
- substantively revised it till perfection, OA collected, statistically analyzed and interpreted the data
- used in writing this manuscript and was a major contributor in writing this manuscript.

# 242 Acknowledgements

The authors of this manuscript gracefully acknowledged the expertise and advice that all the contributors have given to developing this study. These include; All Staff of the Pathological Unit, International Institute of Tropical Agriculture (IITA) and all staff and management of God's Grace Farm, Lagun, Oyo State, Nigeria.

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