Does sexual conflict contribute to the evolution of novel warning patterns? 1 2 Alexander E. Hausmann^{1*}, Marília Freire^{1,2*}, Sara A. Alfthan³, Chi-Yun Kuo^{1,3}, Mauricio 3 Linares⁴, Owen McMillan³, Carolina Pardo-Diaz⁴, Camilo Salazar⁴, Richard M. Merrill^{1,3} 4 5 6 7 ¹ Division of Evolutionary Biology, Ludwig-Maximilians-Universität München, Grosshaderner Str. 2, 82152 Planegg-Martinsried, Germany 8 9 ² Present address: Department of Evolutionary Neuroethology, Max Planck Institute for Chemical Ecology, Hans-Knöll-Straße 8, 07745 Jena, Germany 10 ³ Smithsonian Tropical Research Institute, Gamboa, 0843-03092, Panama 11 ⁴ Department of Biology, Faculty of Natural Sciences, Universidad del Rosario, Carrera 24 No 63C-69, Bogotá 111221, 12 Colombia 13 14 * AEH and MF contributed equally to this work. Correspondence: merrill@bio.lmu.de 15 16 Abstract. Why warning patterns are so diverse is an enduring evolutionary puzzle. Because 17 predators associate particular patterns with unpleasant experiences, an individual's predation 18 risk should decrease as the local density of its warning pattern increases, promoting pattern 19 monomorphism. Distasteful Heliconius butterflies are known for their diversity of warning patterns. Here, we explore whether interlocus sexual conflict can contribute to their 20 21 diversification. Male Heliconius use warning patterns as mating cues, but mated females may 22 suffer costs if this leads to harassment, favoring novel patterns. Using simulations, we show 23 that drift alone is unlikely to cause pattern diversification, but that sexual conflict can assist 24 such process. We also find that genetic architecture influences the evolution of male 25 preferences, which track changes in warning pattern due to sexual selection. When male 26 attraction imposes costs on females, this affects the speed at which novel pattern alleles 27 increase. In two experiments, females laid fewer eggs with males present. However, although males in one experiment showed less interest in females with manipulated patterns, we found 28 no evidence that female coloration mitigates sex-specific costs. Overall, male attraction to 29 conspecific warning patterns may impose an unrecognized cost on Heliconius females, but 30 31 further work is required to determine this experimentally.

32 Introduction

33 If selection can only exploit the best of the immediately available alternative phenotypes, how 34 can novel ecological strategies evolve in already well-adapted organisms? This has 35 traditionally been envisaged as the problem of peak shifts across the metaphorical 'fitness 36 landscape' (Wright 1931). When the environment remains stable, in order to move from one 37 adaptive peak (*i.e.* local optimum) to another, populations must first transverse a fitness 38 valley, inhabited by intermediate and typically maladaptive phenotypes. To overcome this 39 problem, genetic drift is often invoked as a means by which populations may avoid these 40 fitness valleys (Wright 1931; Coyne and Orr 2004; Mallet 2010). However, when the traits in question are under positive frequency dependent selection, an additional complication is 41 42 added: as peaks are defined by the abundance of its corresponding phenotype, new 43 'unexplored' peaks only become available once already populated by a substantial number of 44 (initially maladapted) individuals. 45 Aposematic warning patterns, which are commonly assumed to be under strong 46 positive frequency dependent selection, can represent considerable fitness peaks in the 47 adaptive landscape (Mallet et al. 1990; Lindstrom et al. 2001; Borer et al. 2010; Merrill et al. 48 2012; Chouteau et al. 2016; Gordon et al. 2021). Because predators learn to associate 49 particular patterns with unpleasant experiences, an individual's risk of predation should 50 decrease as the local density of its warning pattern increases (Müller 1879; Sherratt 2008). 51 This can lead to the convergence of warning patterns of different prey species sharing a 52 habitat, a process coined 'Müllerian mimicry' (Müller 1879). However, although naively we

might expect a single warning pattern to emerge, warning patterns are often very diverse
within a community (Briolat et al. 2019).

The establishment of entirely new warning signals under positive frequency dependent selection via predators is problematic. One possibility is that during periods of

57 relaxed selection, drift may allow new variants to rise above a threshold density until mimicry 58 selection takes over (Mallet and Joron 1999; Sherratt 2006; Mallet 2010). Another possibility 59 is that a model in which predators learn to avoid unpalatable prey only after sampling a fixed number is overly simplistic. For example, if predators are neophobic and generally avoid prey 60 61 with unfamiliar phenotypes, novel signaling phenotypes might be favored when they are rare 62 (Aubier and Sherratt 2015). A third possibility is that warning patterns might be 63 multifunctional, so that their evolution is not solely governed by purifying frequency 64 dependent processes induced by predators (Briolat et al. 2019).

65 Sex-specific selection provides a mechanism by which ecological diversity may be 66 promoted (Bonduriansky 2011). Ecological adaptations, including strategies to exploit 67 resources within the environment or avoid predators, are typically - though not always -68 shared between the sexes. Viability selection is normally expected to push ecological 69 phenotypes towards a shared optimum. Sex-specific selection on the other hand may produce 70 different adaptive optima for the two sexes (Andersson 1994; Arnqvist and Rowe 2005). This 71 can result, for example, from requirements imposed on females to produce offspring or the 72 need for males to find receptive mates (Bateman 1948). The existence of sex-specific optima 73 can also lead to sexually antagonistic selection, and rapid evolution, even in opposition to 74 viability selection (Arnqvist and Rowe 2005). For example, males may evolve strategies that 75 increase their likelihood of securing mates. If these strategies impose costs on females, 76 females may in turn evolve strategies to circumvent these male tactics, leading to further 77 selection on males and so on. If sexually antagonistic selection involves ecologically relevant 78 traits, this might result in peak shifts across the viability fitness landscape.

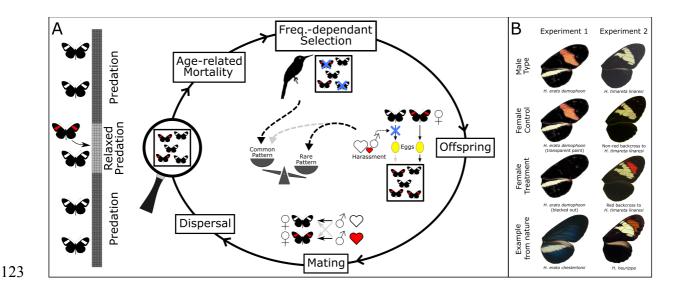
Since Bates (1862) first described mimicry theory, studies of *Heliconius* butterflies
have made a substantial contribution to our understanding of adaptation (Merrill et al. 2015).
Distasteful *Heliconius* are well known for their bright warning patterns, which are often

82 associated with Müllerian mimicry. These warning patterns are an important ecological 83 adaptation in Heliconius, and predator-induced selection coefficients for the most common local patterns are strong (Mallet et al. 1990). Despite this, Heliconius butterflies exhibit a 84 85 striking diversity of alternative warning patterns (Bates 1862; Merrill et al. 2015). Individual 86 species often vary in warning pattern across their range, leading to distinct geographical color 87 pattern types, and in some cases, such as in H. cydno, H. numata and H. doris, 88 polymorphisms exist within single geographical populations. In addition, multiple warning 89 patterns frequently coexist within a single geographical community. A given *Heliconius* 90 species may then join many distinct mimicry rings according to local context, leading to the 91 well-documented mosaic of warning patterns observed across the Neotropics (Brown Jr 92 1976). Spatial variation in local predator and prey communities shape a rugged adaptive 93 landscape, crucial to the maintenance of warning signal diversity. 94 In addition to warning potential predators, Jocelyn Crane (1955) demonstrated that the 95 bright warning patterns of Heliconius stimulate male courtship in the 1950s. Since then, 96 numerous experiments have repeatedly shown that male *Heliconius* generally prefer 'females' 97 that share their own warning pattern over that of other conspecific morphs or closely related 98 species (e.g. Jiggins et al. 2001, 2004; Kronforst et al. 2006; Merrill et al. 2011b, 2011a, 99 2014, 2019; Sánchez et al. 2015; Hausmann et al. 2021). It seems likely that competition 100 between males drives these genetically determined local preferences, as the ability to 101 efficiently locate potential mates within a visually complex environment would be beneficial 102 (Merrill et al. 2019). However, previously mated females may suffer fitness costs if these cues 103 lead to harassment by males during oviposition or foraging. These costs would be augmented 104 by the fact that, although individual Heliconius are long lived (up to 6 months), female re-105 mating is a rare event in most species (Walters et al. 2012). These female-specific costs could 106 conceivably set the stage for interlocus sexual conflict, leading to an arms race between

107 warning pattern and male preferences and rapid evolution when patterns are released from
108 constraints imposed by aposematism (e.g. after a local reduction in predation). Ultimately,
109 this could be an additional factor explaining warning pattern diversification.

110 To explore how costs imposed on females by male attraction to warning patterns 111 might contribute to pattern diversification in Heliconius, we first implemented individual-112 based simulations. Across a vast parameter space, we tested i) if the presence of such female 113 costs can favor the evolution of novel patterns as opposed to drift acting in isolation, ii) which 114 parameters are most relevant for such dynamics to occur, and iii) how the genetic architecture 115 of male attraction traits might affect the speed at which novel patterns increase in frequency. 116 We then performed experiments to begin to test these ideas by disrupting warning patterns of 117 mated *Heliconius* females with marker pens or by introgressing a novel color pattern allele from a closely related species. We subsequently tested the hypotheses that i) males interact 118 119 less frequently with females with disrupted patterns, ii) females lay fewer eggs in the presence 120 of males, and that iii) this effect is less pronounced for females with experimentally disrupted 121 patterns.





124 **Figure 1: Overview of the study.** A) Visualization of the individual-based model. A novel warning pattern

125 allele is introduced into the center of the 96 x 4 patched arena, where predation is initially relaxed. The following

126	generations consist of five phases, shown here for a single patch. Frequency dependent selection by predators
127	always favors the most common pattern, while harassment from males imposes selection against the most
128	common pattern (however, if female adaptions spread faster than male adaptations, this can switch). B) Pattern
129	phenotypes of males and females (both, 'manipulated' and control) used in the experiments, as well as examples
130	from nature resembling the 'manipulated' patterns.
131	
132	Model and Methods
133	a) Individual-based simulations
134	We formalized our verbal model and then implemented this as individual-based simulations in
135	R (R Core Team 2019). By tracking the fate of a novel warning pattern allele, these
136	simulations allowed us to compare how frequently novel patterns might evolve due to drift
137	alone as opposed to when patterns are additionally involved in sexual conflict. This also
138	allowed us to explore which parameters determine how and if sexual conflict contributes to
139	diversification.
140	
141	Arena. Individuals live, breed and die within a rectangular arena of 96 x 4 'patches' with
142	uniform habitat, each representing $\sim 1 \text{km}^2$ of forest. This arena is divided between 80 'central
143	patches', and the remaining 304 'peripheral patches' (see Fig. 1A). To reduce boundary
144	effects, the arena is wrapped into a torus.
145	
146	Genetics of individual pattern and preference phenotypes. Individuals are sexual, diploid and
147	have discrete sexes (determined by segregation of 'sex chromosomes'). Both warning pattern
148	and male mating preferences are genetically determined, and all loci are assumed to be
149	autosomal and segregate independently (Merrill et al. 2015). Many years of research have

- 150 established that major color pattern elements in *Heliconius* are controlled by just a few
- 151 Mendelian loci (reviewed in McMillan et al. 2020). Although a handful of genes may

152 differentiate color pattern races, here we are explicitly interested in the spread of individual 153 color pattern alleles and so consider just a single locus. As such, individuals have a single 154 diallelic locus determining variation in a warning pattern element (with alleles A, a), which is 155 expressed in both sexes: The derived novel allele A is dominant over the ancestral allele a, 156 reflecting strong dominance observed at Heliconius color pattern loci (McMillan et al. 2020). 157 To account for mating preferences, we assume the existence of two additive quantitative 158 characters p_a and p_n , controlling males' attraction towards females of the ancestral and novel 159 pattern, respectively. Both traits p_a and p_n , are scaled between 0 and 1 and are each controlled 160 by N unlinked diallelic loci with equal effects (Fig. S1). Alleles have dominance relationships 161 so that alleles increasing attraction towards the respective pattern elements are dominant over 162 those that reduce attraction.

163

Life cycle. The life cycle consists of five stages per generation (see Fig. 1A): (1) age-related mortality; (2) frequency dependent selection of adults due to predation; (3) production of offspring; (4) mating; and (5) dispersal. Compared to a previous model from Duenez-Guzman *et al.* (2009), our model incorporates overlapping generations. This increases the biological realism of the model as *Heliconius* are long lived and breed throughout their adult life. Newly eclosed adults are assigned as age = 0 and their age increases by 1 each generation. Individuals with age > 4 are removed from the population at the beginning of each generation.

Predation. Predation is modelled implicitly through a patch-specific learning threshold, where
predators stop eating adult butterflies of a certain pattern once the learning score *Q* is reached
(following Duenez-Guzman et al. 2009). The learning process for each pattern occurs by each
butterfly eaten within a patch contributing 1 to the corresponding learning score for the patch.
The learning score for each patch is reset every generation and no evolution in predators is

177 allowed. In the 80 'central' patches of the arena, predation is initially relaxed for time *T*.178

179 Sexual conflict and reproduction. Offspring can be produced by females either after an 180 encounter with a male or without male encounter. We assume that during oviposition, the 181 chance that a female encounters a male depends on the probability of encountering any 182 particular male (*e*) and the number of males within the patch (*m*):

183
$$c = 1 - (1 - e)^m$$
 (*i*)

184 In a scenario of sexual conflict, during an encounter, a female may either be disturbed or not, 185 and hence lay an egg or not. The probability that an encounter between a specific female and 186 male leads to a disturbance by the male depends on the attraction R of this male to the female. 187 Following Duenez-Guzman *et al.* (2009), *R* is dependent on the male's preference trait *p* and 188 a parameter α , which is positive and measures the strength of attraction to female patterns. 189 Large values of α imply strong attraction to color and smaller values imply weaker attraction. 190 The smaller α , the less will R differ between males with different preference traits (Fig. S1). R 191 for a pair of male *i* with preference p_x and female *j* with pattern type *x* (*x* being either *a* 192 (ancestral) or *n* (novel)) is:

193

$$R_{i,j} = exp\left[\alpha * \left(p_{i_{\chi_j}} - 0.5\right)\right]$$
(*ii*)

194 The probability that an encounter leads to a disturbance equals to $R_{i,i}$ divided by the maximum 195 possible value of R (where p = 1). The total number of eggs (which directly translates to 196 offspring), B, for a patch is Poisson-distributed with mean b. b is independent of male disturbance, and limited only by available oviposition sites and female egg laving attempts are 197 198 repeated until *B* is reached. Gametes producing an egg are randomly hit by mutation. 199 Mutations only occur at loci affecting attraction to patterns, at a constant rate of μ per locus 200 per individual per generation (no double-mutations of a locus within an individual during the 201 same generation are allowed). Maternal and paternal alleles recombine freely.

2	n	2
7	υ	7

203	Mating. Mating occurs between individuals of the same patch. We assume females only mate
204	once, and continue to lay eggs at a constant rate throughout their lives. Males are assigned to
205	unmated females with relative probabilities equal to their attraction to patterns displayed by
206	females (female choice is not present), which is calculated following equation (<i>ii</i>). The
207	majority of females mate immediately after eclosion (and before dispersal); however, because
208	each male can only mate 4 times per generation (mating is costly to Heliconius males)
209	females may remain unmated if a patch by chance has >4 times more unmated females than
210	males and then may be mated during subsequent generations. This imposes a very small cost
211	on females with patterns that are less attractive to local males.
212	
213	Dispersal. Finally, newly produced individuals disperse. We assume that each individual
214	migrates to one of the eight neighboring patches or stays in its native patch with the same
215	probability 1/9.
216	
217	Implementation. To efficiently simulate the process of female egg laying and male harassment
218	(by avoiding to individually simulate each egg laying attempt), we made use of the fact that
219	the combined number of eggs placed by females of a patch was independent of male
220	harassment. During each iteration and per patch, R for each possible female-male pair was
221	computed and scaled to the maximum possible value of <i>R</i> (where $p = 1$). The mean of these
222	values equals to the average probability of male encounters leading to disturbance, d. The
223	expected proportion of eggs laid after male encounter, but without disturbance, P , is hence:
224	$P = \frac{c*(1-d)}{c*(1-d)+1-c}$ (<i>iii</i>)

The number of eggs laid after encounter with a male was drawn from a Poisson-distribution with mean B^*P , and number of eggs without encounter from a Poisson-distribution with mean 227 $B^*(1-P)$. Mated females within a patch were randomly assigned to the available eggs laid 228 without encounter. However, unattractive females were more likely to contribute to eggs laid 229 with encounter. The relative probability of a female being assigned to those eggs equaled to 230 the inverse of the mean attractiveness of this female to all males in the patch (as calculated 231 following equation (*ii*)).

232 We ran all simulations with equal starting conditions. The arena was initially 233 populated with 114 individuals (57 mated females and 57 males) per patch, which was a 234 population size similar to the equilibrium population size. Ages were distributed equally over 235 patches and sexes within a patch and ranged from 0 to 5 (as typical for the beginning of a new 236 generation). All individuals were initially homozygous (aa) for the recessive ancestral pattern 237 and homozygous (aa) for the recessive ancestral allele at loci for attraction to the novel 238 pattern (*i.e.* minimum attraction to the novel pattern in males). Also, all individuals were 239 homozygous (AA) for the dominant ancestral allele at loci for attraction to the ancestral 240 pattern (*i.e.* maximum attraction to the ancestral pattern in males). Throughout, the mutation 241 rate μ was set at 10⁻⁵.

242 At the beginning of each subsequent simulation run (*i.e.* at generation 1), a color 243 pattern mutation was introduced into a randomly chosen individual of age 0 within one of the 244 80 central patches, where predation was initially reduced (so that it was heterozygous Aa). 245 The fate of the introduced mutation was then followed until it was lost from the population, or 246 when 2500 generations were reached. During each generation, the number of eggs laid by 247 females within one patch, B, was drawn from a Poisson-distribution, with mean b = 20. 248 However, for a subset of simulation runs, a bottleneck was imposed within the 80 central-249 most patches for the first 5 generations to increase the effects of drift, where b = 0.5. 250 251

252

Learning	Predator	Bottle	e- Sex t	first I	Loci	Strengt	n S	Sexual	Prob.
threshold	absence	neck	mut	ant attr	action	attractio	n c	conflict	encount.
(<i>Q</i>)	(T)				(N)	(α)			(<i>e</i>)
1	10	No	Fem	ale	1	1		No	0.001
2	100	Yes	Ma	le	5	3		Yes	0.0025
4					10				0.005
									0.01
			If sexua	al conflict	present	t:			
е	0.001	0.001	0.0025	0.0025	0.00	05 0.0	05	0.01	0.01
α	1	3	1	3	1	3	3	1	3
Δ eggs	+2.9%	+4.3%	+7.2%	+10.4%	+14.1		.8%	+27.2%	+36.0%

253 Table 1: Simulation parameters and their settings.

Parameters shown at the top were systematically varied across simulation runs, with the exception of parameter e(probability of encounter between specific female and male), which was only varied if sexual conflict was present. Below, for each combination of e and α (strength of male attraction to female pattern), and assuming a patch containing males typical for the first generation with minimum attraction to novel and maximum attraction to ancestral pattern, the expected relative difference in number of offspring sired by a novel patterned female versus an ancestrally patterned female is shown.

260

261 *Parameter space.* We systematically varied the predator learning threshold (Q); the number of 262 generations that predators were absent from the central patches of the arena (T); whether or 263 not a bottleneck was imposed on the central patches in the first generations; the sex of the first 264 mutant; the number of loci affecting each color attraction trait in males (N); the strength of 265 color attraction in males (α); and whether sexual conflict was present (*i.e.* male harassment 266 during egg laying) or not (reference baseline). In simulation runs where sexual conflict was 267 present, we also varied the probability of encounter between a specific female and male (e). 268 Additionally, we always noted the position in the arena where the first mutant occurred. 269 Different settings for the parameters are shown in Table 1, together with the expected relative 270 difference in number of offspring sired by a novel patterned female versus an ancestrally 271 patterned female, as dependent on α and e (assuming a patch containing males typical for the 272 first generation with minimum attraction to novel and maximum attraction to ancestral 273 pattern). An average of 1000 iterations were run for each of the 720 parameter combinations. 274 576 of these parameter combinations included sexual conflict and 144 did not. Number of 275 heterozygous and homozygous individuals at each locus in central and non-central patches 276 were recorded during each simulated generation, and stored in a sparse matrix (Bates and 277 Maechler 2019). Scripts to run the model are available in the supplementary R Markdown. 278 279 Statistical analysis. All analyses were conducted in R (R Core Team 2019). Scripts are 280 available in the supplementary R Markdown. Numeric covariates (*i.e.* Q, TN, α , e; see Table 281 1 for annotation) were transformed into ordered factors. We tested which of the simulation parameters affects the probability of the novel warning pattern allele surviving until

282 283 generation 2500 (at which point simulations were always ended) using GLMs with binomial 284 error structure (*i.e.* success = allele remains in population, always identical with going to 285 (near) fixation; failure = allele disappears from population). To avoid complete separation in 286 the model, fixed effects that separated the predictor variable were not included and tested with 287 simple binomial tests (correcting p-values with the Bonferroni method). Stepwise forward-288 model selection based on AIC via the MASS package (Venables and Ripley 2002) was used to 289 find the model that explained the data best, maximally allowing for two-way interactions. To 290 test for the effect of genetic architecture of male attraction traits on number of generations 291 until the novel warning pattern went to near fixation (allele frequency = 0.95; only 292 considering runs where the novel pattern survived), we fitted a GLM with Poisson error

structure with number of loci coding for each attraction trait (*N*) as fixed effect. Estimated
marginal means for the different predictors were extracted using the *emmeans* package (Lenth
2019). The same package was used to perform Type III Anova to test for significance among
fixed effects. Resulting p-values were corrected for multiple testing using the Bonferroni
method. R² values were calculated using the *dominanceanalysis* package (Bustos Navarrete
and Coutinho Soares 2020).

299

300 (b) Insectary experiments

301 Experiment 1. To investigate female-specific costs associated with male attraction to warning 302 patterns, we first experimentally manipulated female warning patterns with marker pens. This 303 experiment was performed between November 2014 and August 2015 in the Smithsonian Tropical Research Institute insectaries in Gamboa, Panama (9°7'24"N, 79°42'12"W). 304 305 Heliconius erato demophoon (Fig. 1B) were collected around Gamboa and maintained in 306 communal 2x2x2m cages (males and females separately) with ~10% sugar solution, a pollen 307 source, and in the case of females, *Passiflora* host plants. All individuals were numbered on 308 the ventral side of the wings. Females were assigned to a warning pattern treatment (Fig. 1B): 309 either i) disruption of the pattern by painting over the dorsal side of the red forewing band 310 with a black CopicTM Caio 100 marker; or one of two 'control' treatments, ii) painting over 311 the dorsal side of the red forewing band with a colorless CopicTM Caio 0 marker (with same 312 solvents as the black marker), or iii) handling but no marker. Visual equivalence of the two 313 control treatments was confirmed by modelling based on the *H. erato* visual system (see Fig. 314 S7 and supplementary methods). A few additional females experienced neither of the three 315 pattern treatments and were excluded from all analyses, except where indicated. 316 Females were introduced individually into a 2x2x2xm experimental cage, containing a

317 single *Passiflora biflora* host-plant (which was not re-used). Females were left to acclimatize

318 for 48 hours and all eggs laid during this period were removed. This was followed by two 48-319 hour experimental periods. Three H. e. demophoon males were then introduced into the cage 320 during either the first or second experimental period, so that each female experienced 48 321 hours with, and 48 hours without males. No two females experienced the same combination 322 of males. Eggs were collected daily from the cages. For a subset of the females, we also 323 recorded the time and duration of male-female interactions (hovering 'courtship' and 324 chasing). Due to logistic necessities, total observation time differed between females (median 325 = 3607.5, min = 929, max = 7207), largely relating to whether observations were carried out 326 on one or both days in which females were housed with males. We excluded two females 327 from subsequent analysis that did not lay eggs (though their inclusion does not quantitatively 328 affect our results).

329

330 Experiment 2. To further investigate female-specific costs, but to ensure biologically realistic 331 warning patterns, our second experiment exploited the segregation of Mendelian color pattern 332 elements in hybrids between distinct *Heliconius* populations. This was performed between 333 July and December 2018 in the Universidad del Rosario insectaries in La Vega, Colombia. H. 334 timareta linaresi (yellow forewing bar; Fig. 1B) were collected from Guayabal (2°41'04"N, 335 74°53'17"W) and *H. heurippa* (yellow and red forewing bar) from Lejanías (03°34'0"N, 74°04'20.4"W), Buenavista (4°10'30"N, 73°40'41"W) and Santa María (04°53'28.2"N, 336 337 73°15'11.4"W) in Colombia. Outbred stocks were established and used to generate H. t. 338 *linaresi* x H, heurippa F₁ and backcrosses to H. t. linaresi hybrids (as described in Hausmann 339 et al. 2021). The presence of the red forewing band is controlled by a single Mendelian locus 340 (optix), and segregates in the backcross to *H. t. linaresi* so that equal numbers of individuals 341 display a ('novel') yellow-red forewing band phenotype or a ('control') yellow forewing 342 phenotype (Fig. 1B). Sizes of the yellow and red bands was assessed using k-means clustering (see Fig. S8 and supplementary methods). Shortly after eclosion, backcross females were
mated to a *H. t. linaresi* male and then housed in a communal cage (2x4x2m) before the
experiments. Experimental procedure was as in experiment 1 except that: 1) Insectary-reared
individuals were used in all trials; 2) experimental cages contained several species of *Passiflora*, which could not be exchanged between trials; 3) only one male was introduced;
and 4) eggs were only collected every 48 hours. As for experiment 1, total observation time
differed between females (median = 3547, min = 1722, max = 3904).

350

351 Statistical analysis. To test for the effect of warning pattern treatment on male interest, we 352 used GLMMs with binomial error structure. The dependent variable was the proportion of 353 seconds with courtship, and pattern treatment was fitted as fixed effect. Female ID was fitted 354 as random effect to correct for individual variation within treatment groups, and control for 355 repeated measures across different days. For experiment 1, the two controls (colorless marker 356 or handled) did not differ in their effect on male interest (*F ratio* = 0.962, *d.f.* = 1, *p* = 0.327), 357 and were therefore combined. For experiment 2, we fitted an additional model to data from 358 yellow-red females, where we explained proportion of seconds with courtship by size of the 359 red band and size of the yellow band of the female (as relative to whole wing area, to correct 360 for female size), and with female ID as a random effect. To test for the effects of male 361 attraction to female patterns on short-term female fecundity, we used GLMMs with Poisson 362 errors. Here the dependent variable was the number of eggs laid over a 48h period. Male 363 presence, female pattern and their interaction were fitted as fixed effects, and female ID was 364 fitted as random effect. Our prediction was that any differences in short term female fecundity 365 resulting from male attraction to specific warning patterns would be observed as a significant 366 interaction between male presence and pattern treatment. Again, for experiment 1, the two 367 controls (colorless marker or handled) did not differ in their effect on female fecundity (F

368 *ratio* = 1.071, d_{f} = 1, p = 0.301), nor was there a significant interaction with male presence 369 (*F ratio* = 0.993, df = 1, p = 0.319), and they were therefore combined. To test for the effect 370 of male presence on female fecundity in isolation, we fitted the same type of model structure, 371 but only including male presence as fixed effect. For experiment 1, we additionally included 372 females that were neither treated with a marker, nor handled (and which were excluded from 373 all other analyses). We used the *emmeans* package (Lenth 2019) to determine the effect of the 374 different variables (via type III Anova), and to calculate estimated marginal means (EMMs) 375 and effect sizes (*i.e.* difference in eggs laid between experimental periods). 376

377 Results

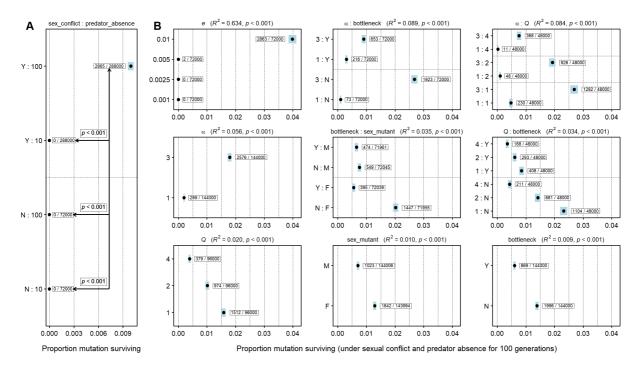
378 (a) Simulation results

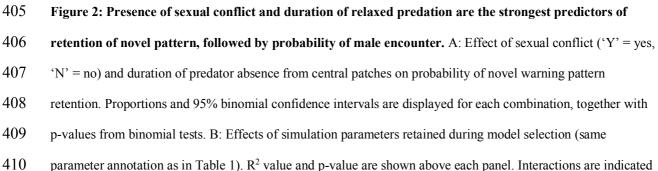
379 Sexual conflict facilitates the evolution of novel warning patterns

380 We ran simulations across 720 different parameter combinations (each replicated ~1000 381 times). The novel pattern quickly disappeared from the population in all 144000 simulation 382 runs where only genetic drift could contribute to the diversification of warning patterns (Fig. 383 2A). The novel pattern allele only survived in simulations which included both, sexual conflict and the maximum period of relaxed predation (*i.e.* T = 100 generations; Fig. 2A). The 384 385 novel allele persisted in 2865 of 288000 simulations fulfilling these two criteria (*i.e.* 1%), and 386 in each of these it also increased in frequency to near or complete fixation (Fig. S4). By far 387 the most important additional parameter in these simulations was the probability of a male-388 female encounter, which explained 64% of the variance (Fig. 2B): with the notable exception 389 of 2 simulation runs, where a value of 0.005 was sufficient, this parameter had to be at 0.01390 for the novel pattern allele to be retained. However, stepwise model selection also revealed 391 that strength of male attraction to color (α), predator learning threshold (Q), presence of a 392 bottleneck in the central patches during the first generations ('bottleneck'), sex of the first

393 mutant ('sex'), as well as the interactions bottleneck* α , bottleneck*Q, bottleneck*sex, and 394 α^*Q , also all significantly affected the retention of the novel allele (Fig. 2B and Table S2). Overall, the most promising combination of parameter settings included sexual conflict, Q =395 396 1, T = 100, no bottleneck, female first mutant, N = 10, $\alpha = 3$ and e = 0.01, where the novel 397 allele was retained in 26% of runs (Table S1). We also found that the novel allele was more 398 likely to survive when the initial mutation occurred in one of the most central patches (*i.e.* far 399 away from active predation, Fig. S2). Indeed, the eventual fate of the novel pattern allele 400 seemed to be largely determined during these first generations of relaxed predation in the 401 central patches, as its frequency at generation 100 was closely correlated with future retention 402 or loss of the allele (Fig. S3).

403





with a ':' sign above the respective panel, and combinations are separated by a ':' sign at the y-axis ('Y' = yes,
'N' = no, 'M' = male, 'F' = female). Estimated marginal means (circles) and their 95% confidence intervals
(blue rectangles) are shown for each predictor.

414

415 *Male attraction to colors tracks warning pattern evolution*

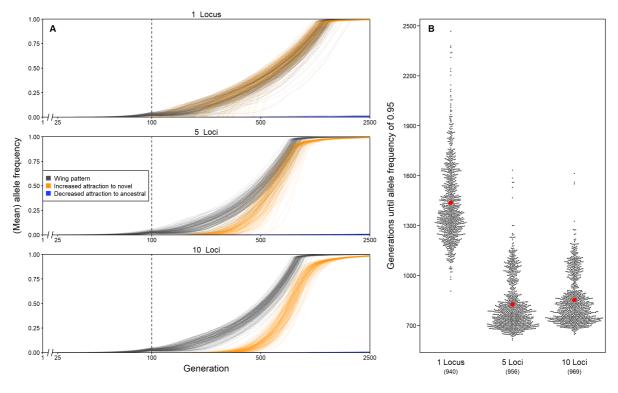
416 Overall, the mean frequency of alleles causing male attraction to the novel pattern closely 417 tracked the frequency of the novel pattern allele, but lagged behind some generations, as 418 typically expected during chase-away selection (Fig. 3A, see also supplementary animation). 419 The magnitude of this lag depended on the genetic architecture of male attraction traits, with 420 more complex architectures (*i.e.* more preference loci) generating a greater discrepancy 421 between pattern and male attraction to this pattern (Fig. S4). In contrast, the mean frequency 422 of alleles determining attraction to the ancestral pattern changed very little (Fig. 3A; note that 423 male attraction to the two pattern types was controlled by independent loci): Across 424 simulation runs, the average male was at no point more attracted to the novel than to the 425 ancestral pattern (Fig. S5). Therefore, once the novel pattern exceeded the frequency of the 426 ancestral pattern, both mimicry selection and selection imposed by male harassment acted in 427 the same direction for a period of time, both favoring for the novel pattern (Fig. S5).

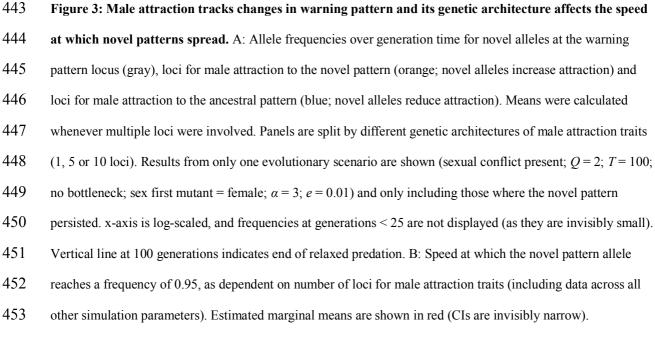
428

429 Genetic architecture of male attraction influences the speed at which novel pattern alleles
430 spread in simulations with sexual conflict

Although the number of loci encoding attraction phenotypes was not retained in our model testing for survival of the novel pattern allele, it did have a strong effect on how fast the novel pattern allele's frequency increased in the population, in cases where it persisted (Fig. 3B and S6). With just one locus determining attraction to each pattern, simulation runs required on average ~600 generations longer to reach a frequency of 0.95 of the novel pattern allele compared to simulation runs with 5 loci (z-test: z = 394.812, p < 0.001) or 10 loci (z-test: z =

- 437 375.969, p < 0.001). Surprisingly, simulation runs with 5 or with 10 loci did not differ much
- 438 from each other in this respect (and the trend was even slightly reversed, z-test: z = -20.558, p
- 439 < 0.001). These differences were observed across all possible combinations of the other
- 440 simulation parameters (see supplementary R Markdown).
- 441





454

455 **(b) Empirical results**

456 *Warning patterns influence male harassment of mated* H. erato *females*

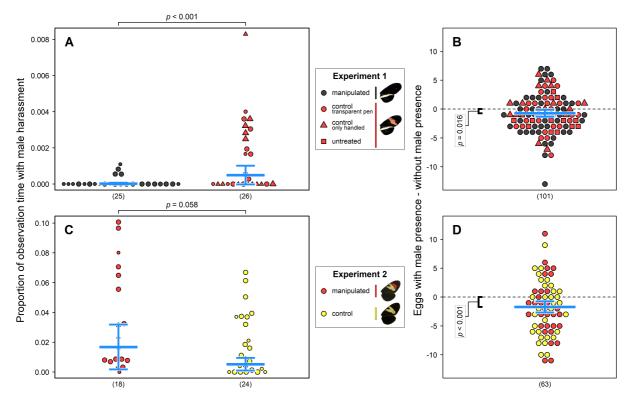
457 In experiment 1, we carried out observations for 58 individual females, including 30 458 experimental butterflies with disrupted warning patterns, and 28 butterflies subjected to one 459 of the two control treatments (14 of each). After removing outliers (five experimental and 460 four control individuals, see Fig. S9 and supplementary methods), females with intact 461 warning patterns were harassed more often than those with disrupted patterns (Fig. 4A, F 462 *ratio* = 13.34, df = 1, p < 0.001; inclusion of the outliers did not qualitatively affect the 463 results: Fig. S9A, F ratio = 6.24, df = 1, p = 0.013). In experiment 2, we carried out 464 observations for 45 individual females, including 20 'experimental' butterflies with vellow-465 red forewing pattern, and 25 'control' butterflies with yellow forewing pattern. Overall, males 466 were much more responsive than in experiment 1. Surprisingly, including all individuals, 467 females with 'experimental' pattern were harassed more often than those with 'control' 468 pattern (Fig. S9B, F ratio = 4.54, df = 1, p = 0.033), though this trend was no longer 469 significant when outliers (two 'experimental' and one 'control' individual) were removed 470 (Fig. 4C, F ratio = 3.61, d.f. = 1, p = 0.058). However, for yellow-red females with 471 measurements of the band sizes available (12 of the 18 from Fig. 4C), we found that male 472 harassment decreased as the size of the red band increased (Fig. 10A, z-test for slope $\neq 0$: z = 2.566, p = 0.010), whereas the size of the yellow band had no effect (Fig. 10B, z-test: z =473 474 0.116, p = 0.908).

475

476 Male presence reduces the number of eggs laid by females

There was considerable variation in the number of eggs laid, both, between experimental
periods (*i.e.* males present and males absent) for individual females, as well as between
females (Fig. 4B+D). Nonetheless, in both experiments, females laid fewer eggs in the

480	presence of males (experiment 1, including females without warning pattern treatment: F
481	<i>ratio</i> = 5.83, <i>d.f.</i> = 1, <i>p</i> = 0.016 (Fig. 4B); experiment 2: <i>F ratio</i> = 12.49, <i>d.f.</i> = 1, <i>p</i> < 0.001
482	(Fig. 4D)). Over a two-day period, females in the presence of males laid ~0.73 [CI: 0.14-1.32]
483	fewer eggs in experiment 1 (a reduction of 13%; GLMM estimate without male = 5.45 , with
484	male = 4.72) and 1.70 [CI: 0.74-2.66] fewer eggs in experiment 2 (a reduction of 19%;
485	GLMM estimate without male = 8.86 , with male = 7.15). However, we found no evidence of
486	an interaction between the presence of males and warning pattern treatment on the number of
487	eggs laid (experiment 1: <i>F ratio</i> = 1.110, <i>d.f.</i> = 1, <i>p</i> = 0.291; experiment 2: <i>F ratio</i> = 0.005,
488	$d_{f} = 1, p = 0.943$). Hatching success, measured for a subset of females in experiment 2, was
489	also unaffected by male presence (Fig. S11).



491

492 Figure 4: Males harass mated females with intact warning patterns more often in experiment 1. Females
493 lay fewer eggs in the presence of males in both experiments. Panels A+B correspond to experiment 1 (*H.*494 *erato*), panels C+D to experiment 2 (*H. timareta*). Warning pattern treatment is indicated by dot color and shape.
495 A+C: Proportion of total observation time males spent harassing females with different patterns. Area of dots is

496 relative to total number of observed seconds. Estimated marginal means and their confidence intervals (CIs) are 497 shown in blue. B+D: Difference between eggs laid with and without male presence. Values below 0 indicate that 498 male presence reduces fecundity. Effect sizes and their confidence intervals (CIs) are shown in blue. 499

500 **Discussion**

501 The warning patterns of *Heliconius* butterflies have become a textbook example of natural 502 selection (e.g. Barton et al., 2007; Futuyama & Kirkpatrick, 2017), but the origins of their 503 considerable diversity remain problematic. We explored whether sex-specific selection might 504 contribute to the evolution of novel warning patterns. Using individual-based simulations, we 505 have shown that drift alone is unlikely to account for the spread of novel warning pattern 506 alleles. Instead our simulations suggest that harassment of previously mated females by males 507 attracted to their bright warning patterns – in association with periods of initially relaxed 508 predation – could facilitate the spread of novel pattern alleles. We also showed that genetic 509 architecture of male attraction traits can influence how quickly a novel pattern may spread 510 through the population, as it determines how fast males adapt their corresponding mating 511 preferences. Data from insectary experiments also provide some support that sexual conflict 512 can facilitate the spread of novel patterns: The presence of males reduced short-term female 513 fecundity, highlighting that unwanted male attention may well favor the evolution of female 514 'defensive' traits in *Heliconius*. However, we found no evidence in our experiments that 515 novel warning patterns mitigate female-specific costs.

516 In our simulations, we considered a large parameter space to investigate which 517 variables may facilitate the spread of novel warning pattern alleles. Notably, in all 144000 518 simulations without sexual conflict, the novel allele was rapidly lost from the population, 519 regardless of other parameter values. In contrast, among the remaining 576000 simulations 520 where sexual conflict was present, the novel allele was retained in ~0.5% of runs. Despite the 521 striking diversity of warning patterns in *Heliconius*, the spread of a novel pattern allele is

522 presumably a rare event, so even this apparently modest increase could make a substantial 523 difference across 12 million years (Kozak et al. 2015) of *Heliconius* diversification. Overall, 524 our simulations suggest that drift acting in isolation may be unlikely to facilitate the evolution 525 of novel warning patterns, and that sex-specific selection may be an important, previously 526 unrecognized factor.

527 Alongside a potential role for sex-specific selection, our simulations also suggest that 528 increased periods of relaxed predation and high probabilities of encounter between mated 529 females and males are important factors determining the fate of novel pattern alleles. Periods 530 of relaxed predation have frequently been invoked as a necessary prerequisite for the spread 531 of novel warning patterns in aposematic butterflies (Mallet and Joron 1999; Mallet 2010). 532 High population density (leading to increased probabilities of encounter) has also been shown 533 theoretically to drive diversification through interlocus sexual conflict (Gavrilets 2000). 534 Notably, in 2 of our simulations runs, the novel pattern persisted with a moderate encounter 535 probability between females and males. This suggests that even at lower encounter rates, 536 sexual conflict can contribute to the evolution of novel warnings patterns. Of course, the 537 interpretation of our simulations must depend on how likely its parameters reflect reality. The 538 benefits that we introduced to females with novel patterns in our simulations (during relaxed 539 predation; see Table 1) are broadly comparable to the higher fecundity experienced by 540 females in the absence of males in our empirical data. However, although a great deal is now 541 known of *Heliconius* biology (Merrill et al. 2015; Jiggins 2017), making them an excellent 542 subject for exploration with individual based simulations, it is important to note that we still 543 know little about their predators, both in terms of population densities or learning functions 544 (Jiggins 2017). Similarly, although Heliconius can exist in high densities, this - to our 545 knowledge - has not been systematically assessed.

546 In evolutionary arms-races, adaptations in one party are contested by counter-547 adaptations in the other (Arngvist and Rowe 2005). The genetic architecture underlying these 548 adaptations can play a crucial role during these dynamics, as it may affect how fast one party 549 can distance itself, or conversely catch up, to the other party. Our simulations show that male 550 preferences rapidly track changes in female wing pattern cue, and that very simple genetic 551 architectures speed up this process. This in turn decreases the speed at which the novel pattern 552 allele spreads across the population, as female benefits from novel patterns are reduced when 553 male interest in this pattern increases. However, this does not affect whether or not the novel 554 pattern eventually reaches high frequencies in our simulations. The final fate of the novel 555 pattern allele in our simulations seems to be largely determined in the first generations after 556 its occurrence, during which the novel pattern is at very low frequency in the population, and 557 hence, there is not yet strong selection for increased attraction to this pattern.

558 We modelled attraction of males to novel or ancestral patterns with two independent 559 traits, controlled by different sets of loci (following Duenez-Guzman et al. 2009). Alleles that 560 reduce attraction to the ancestral pattern did not markedly increase in frequency in any of our 561 simulations. Males in our simulations suffered few costs from being attracted to females. This 562 seems reasonable considering the sparsity of receptive Heliconius females in the wild, 563 securing access to which possibly outweighs costs associated with attraction to the 'wrong' 564 female (Estrada and Jiggins 2008). In our simulations, this meant that a reversal in harassment 565 probability of differently colored females never occurred (*i.e.* the novel pattern was never 566 harassed more than the ancestral pattern). If both attraction traits were controlled by the same 567 loci (*i.e.* an increase in attraction to the novel pattern requires a decrease in attraction to the 568 ancestral pattern), this might lead to such reversals and possibly increase the probability for 569 color polymorphisms to occur. This would be an interesting question for further empirical and 570 theoretical work, but is beyond the scope of the current study.

571 Both our experiments support the hypothesis that male presence is costly for mated 572 females, at least in the short term, as shown by a reduction of eggs laid. Although we cannot 573 rule out the possibility that competition between females and males over food resources, as 574 opposed to male harassment, accounts for this reduction in laving rate, we consider this 575 unlikely. In our experiments, butterflies were provided with multiple flowers and feeders 576 (similar to cages housing much larger number of butterflies, where average laying rates per 577 butterfly are within the same range), and it seems unlikely that this was a limiting resource. 578 Although it has not previously been shown experimentally, *Heliconius* researchers frequently 579 keep mated females separate from males to increase egg yield (independent of overall 580 butterfly density). We therefore consider it more likely that male harassment interrupting 581 females during egg laying, or during foraging or scouting for host plants, explains our data. In support of this view, the reduction in the eggs laid was more pronounced in experiment 2, in 582 583 which we also observed much higher levels of male-female interactions (despite having only 584 a single male with each female).

585 H. erato and H. timareta females respectively laid on average 13% and 19% fewer 586 eggs when males were present. Although this may seem a relatively small reduction, female 587 Heliconius only lay a few eggs per day, and if consistent across a female's reproductive life 588 (up to several months), this would represent a significant reduction in fitness. Notably, this is 589 comparable to per locus estimates of selection acting on warning pattern due to predation 590 (albeit at the lower end; e.g. per locus s = 0.13-0.40 in *H. erato* and *H. melpomene*, Mallet et 591 al. 1990). Once again, extrapolation of our results to natural populations must be treated with 592 some caution. In particular, the activity and density of individuals in our insectary enclosures 593 might not reflect the situation in the wild. For example, it wild Heliconius males often show 594 much higher activity than captive individuals (potentially leading to high rates of encounter 595 between females and males). Local abundance of *Heliconius* in the wild *can* be very high, and

interactions frequent, but there is considerable variation in density between sites (Merrill, pers. obs.). As such, it is unclear whether the densities in our insectary experiments reflect those in natural populations and this remains an important caveat. Nevertheless, given the large effective population sizes of many *Heliconius* species, even a relatively small fitness cost resulting from male harassment could have significant effects on the evolution of associated traits (like warning pattern).

602 Although our experiments reveal that male presence can reduce short-term female 603 fecundity, they provide only limited evidence for a key prediction of our hypothesis: That 604 novel warning patterns should mitigate costs resulting from male harassment. H. erato 605 females with disrupted patterns did receive less attention from males; however, there was no 606 effect of pattern treatment on short term female fecundity (*i.e.* number of eggs laid with males 607 present). In our experiments with *H. timareta*, we found no evidence that novel patterns 608 reduce male harassment (indeed, there is some evidence that males are more interested in 609 females with the red band) or that warning pattern affects the number of eggs laid with males 610 present.

611 Despite this, it is *perhaps* premature to rule out a role of sexual conflict as a factor 612 contributing to the evolution of novel warning patterns. The increased interest of males 613 directed towards females with intact patterns observed in our first experiment, mirrors 614 previous experiments testing male attraction to population-specific warning patterns in H. 615 erato (e.g. Muñoz et al. 2010; Finkbeiner et al. 2014; Merrill et al. 2014). Indeed, our warning 616 pattern manipulation of *H. erato demophoon* creates a similar phenotype to *H. e. chestertonii* 617 (see Fig. 1B), which Muñoz et al. (2010) have shown to be less attractive to neighboring, red-618 banded populations of *H. erato*. Why the differences in interactions we observed do not 619 translate into differences in female short-term fecundity is not immediately clear. One 620 possibility is that anti-aphrodisiac pheromones, transferred from males to females during

mating (Gilbert 1976), which have also been hypothesized to reduce male harassment
(Estrada et al. 2011), may mitigate any detectable costs associated with initial male interest.
Another possibility is that our experiments simply lack power, especially considering the
large variation in the number of eggs laid.

625 The results of our experiments with *H. timareta* may simply reflect the lack of strong 626 differences in visual attraction. In particular, mate choice experiments with H. t. linaresi 627 males - which were run concurrently with experiments reported here - revealed that males 628 show only very weak preferences for the conspecific yellow pattern over a yellow-red pattern, 629 as used in the present study (Hausmann et al. 2021). Recently, it has also become apparent 630 that the composite color patterns of *H. heurippa* may not be the target of differences in male 631 attraction between different species of Heliconius (Mavárez et al. 2021). We initially chose to study these taxa because introgressing a red band into H. t. linaresi recreates a H. heurippa-632 633 like pattern (see Fig. 1B), and is thought to reflect the evolutionary history of this putative 634 hybrid species. We consider the initial acquisition of color pattern alleles through 635 hybridization and introgression an especially likely scenario affecting the kinds of dynamics 636 we describe here. A stronger effect of warning pattern in mitigating fecundity loss due to male 637 presence may be observed if repeating our experiments with other Heliconius species that are 638 known to show stronger color based mate choice, such as *H. melpomene* (Merrill et al. 2019). 639 Further experiments across a broader range of populations would be important to robustly test 640 a role for sexual conflict in driving warning pattern divergence in *Heliconius*.

The rise of a new variant at an ecologically relevant locus due to interlocus sexual conflict is a challenging concept, especially if it is at the same time constrained by positive frequency dependent natural selection (e.g. Sherratt 2008; Briolat et al. 2019). As the new variant will be less advantageous for one sex than the other (in our example, males with novel warning pattern suffer higher costs than females), an additional component of (intralocus)

646 sexual conflict is introduced, where male and female adaptations at the same locus are in 647 conflict (Schenkel et al. 2018). Such combined effects can hinder, but possibly also induce 648 antagonistic coevolution between males and females (Pennell and Morrow 2013; Pennell et 649 al. 2016). A role for sex-specific selection driving divergence in primarily ecological traits 650 has been suggested previously (Bonduriansky 2011). In poison frogs, it seems that sexual 651 selection due to female preferences for bright colors has contributed to inter-population 652 differences in warning signals (Maan and Cummings 2009). Similarly, evidence suggests that 653 male harassment drives phenotypic diversity in wing color in damselflies (Svensson et al. 654 2005). Although there seems to be little evidence that these damselfly color morphs are 655 'ecologically relevant' (*i.e.* affecting an individual's survival due to interaction with 656 heterospecific individuals, or the abiotic environment), diversity appears to enhance 657 population performance more generally by reducing overall fitness costs to females from 658 sexual conflict (Takahashi et al. 2014). Among Papilio butterflies, which are often female-659 limited Batesian mimics, non-mimetic 'male-like' females might exist to avoid unwanted 660 attention of males. In P. dardanus, males do indeed prefer to approach mimetic over non-661 mimetic (male-like) females (Cook et al. 1994). Our study contributes to this body of work by 662 explicitly testing for fitness effects resulting from sexual conflict relating to an ecological 663 trait.

664

In conclusion, our theoretical results show that drift alone might be unlikely to drive diversification of warning patterns. However, once these patterns are additionally involved in mate choice, and the two sexes have different reproductive strategies (e.g. males are adapted to mate as often as they can, while females are not), sexual conflict can arise and contribute to warning pattern diversification. The speed at which novel patterns increase in frequency will then depend on the genetic architecture underlying adaptations in the sexes arising from this

arms-race. Our empirical results show that females can indeed suffer fitness costs from
unwanted male attention, but this was not mitigated by females displaying unusual patterns.
The failure of detecting such interaction could be caused by a number of factors, the most
likely of which is that color based preferences of males in the taxa we used are not strong
enough to see a clear effect. Future work may repeat these experiments with taxa that are
known to show stronger color based mate choice.

677

Data accessibility. Supplementary methods and results, data and analysis scripts (in form ofan R Markdown document) are included as electronic supplementary material.

680

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693

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- analyzed the behavioral data and C-YK analyzed the wing spectral data. RMM, ML, WOM,
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- 699

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