1	Running title: Positive schizotypy and self-generated touch
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3	The positive dimension of schizotypy is associated
4	with a reduced attenuation and precision of self-
5	generated touch
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20 Abstract

21 The brain predicts the sensory consequences of our movements and uses these predictions to 22 attenuate the perception of self-generated sensations. Accordingly, self-generated touch feels 23 weaker than externally generated touch of identical intensity. In schizophrenia, this 24 somatosensory attenuation is substantially reduced, suggesting that patients with positive 25 symptoms fail to accurately predict and process self-generated touch. Here we hypothesized 26 that a similar impairment might exist in healthy nonclinical individuals with high positive 27 schizotypal traits. One hundred healthy participants (53 female) scored for schizotypal traits 28 and underwent a well-established psychophysics force discrimination task to quantify how 29 they perceived self-generated and externally generated touch. The perceived intensity of 30 tactile stimuli delivered to their left index finger (magnitude) and the ability to discriminate 31 the stimuli (precision) were measured. We observed that higher positive schizotypal traits 32 were associated with reduced somatosensory attenuation and poorer somatosensory precision 33 of self-generated touch. These effects were specific to positive schizotypy and were not 34 observed for the negative or disorganized dimensions of schizotypy. The results suggest that 35 positive schizotypal traits are associated with a reduced ability to predict and process self-36 generated tactile stimuli. Given that the positive dimension of schizotypy represents the 37 analogue of positive psychotic symptoms of schizophrenia, deficits in processing self-38 generated tactile information could indicate increased liability to schizophrenia.

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39 Introduction

40 Distinguishing between the two causes of our sensory input – the self and the environment – 41 is fundamental for survival. First, it enables the nervous system to detect situations that can 42 be physically harmful for the organism and to act accordingly (Brooks and Cullen, 2019; 43 Crapse and Sommer, 2008; McNamee and Wolpert, 2019): for example, the touch of a spider 44 crawling up one's arm (externally generated touch) elicits a dramatically different response 45 from the same touch applied by one's other hand (self-generated touch). Second, this 46 distinction is a prerequisite for maintaining our self-consciousness and consequently our 47 mental health because it allows us to delimit our own intentions, sensations, actions, thoughts 48 and emotions from those of others and perceive ourselves as independent human entities 49 (Blakemore and Frith, 2003; Frith, 2005a; Leptourgos and Corlett, 2020). For example, we do 50 not mistake our thoughts for the voices of other people we simultaneously have conversation 51 with because we attribute the cause of our thoughts to ourselves (self-generated 'voices') and 52 the cause of the voices we hear to the other people (externally generated voices).

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54 But how do we make this distinction? One strategy of the brain is to use internal forward 55 models to predict the sensory consequences of the movement (corollary discharge) using a 56 copy of the motor command (efference copy) (Blakemore et al., 2000b; McNamee and 57 Wolpert, 2019; Wolpert and Flanagan, 2001). These predictions are essential for the fast, 58 online control of our movements because they allow the brain to estimate our body state and 59 make corrections despite the inherent delays in the sensory system (Davidson and Wolpert, 60 2005; Kawato, 1999; McNamee and Wolpert, 2019; Shadmehr et al., 2008). Importantly, 61 however, these predictions allow the brain to differentiate between self-generated and 62 externally generated sensations: accordingly, those sensations that match the sensory 63 predictions are self-generated, while those that deviate from the predicted ones, or have not 64 been predicted, are attributed to external causes (Frith, 2012). Moreover, the brain uses these 65 predictions to attenuate the intensity of the self-generated signals, thereby amplifying the 66 difference between self-generated and externally generated information (Bäß et al., 2008; 67 Blakemore et al., 2000b; Gentsch and Schütz-Bosbach, 2011; Kilteni et al., 2020). In the 68 tactile domain, this attenuation manifests in perceiving self-generated touch as being weaker 69 than externally generated touch of the same intensity (Bays et al., 2005; Bays and Wolpert, 70 2008; Sarah Jayne Blakemore et al., 1999; Kilteni et al., 2021, 2020, 2018; Kilteni and 71 Ehrsson, 2020b, 2020a, 2017a, 2017b; Lalouni et al., 2020; Shergill et al., 2003) and in 72 yielding weaker activity in the secondary somatosensory cortex and the cerebellum 73 (Blakemore et al., 1998; Kilteni and Ehrsson, 2020a) and increased functional connectivity 74 between the two areas (Kilteni and Ehrsson, 2020a). Somatosensory attenuation has been shown across a wide age range (18-88 years old) (Wolpe et al., 2016), and it is considered 75 76 one of the reasons why we cannot tickle ourselves (Blakemore et al., 2000b; Leavens and 77 Bard, 2016; Weiskrantz, L., Elliot, J. & Darlington, 1971).

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In contrast to healthy individuals, patients with schizophrenia show an impairment in attenuating self-generated tactile sensations. Specifically, patients show significantly less attenuation of self-generated forces at the behavioral level (Shergill et al., 2005) and do not

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exhibit attenuation of somatosensory cortical activation for self-generated forces as healthy
controls do (Shergill et al., 2014). Moreover, patients with positive symptoms, such as
auditory hallucinations and delusions of control, often fail to attenuate self-generated touch
and perceive such touches as if they were externally generated (Blakemore et al., 2000a).
Critically, this failure of attenuation is positively correlated with the severity of their
hallucinations: the more severe the hallucinations, the lower the somatosensory attenuation
(Shergill et al., 2014).

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90 These findings have supported the neuropsychiatric view that the positive symptoms of 91 schizophrenia can be explained by a deficit in predicting and processing self-generated 92 sensations (Frith, 2005b, 2019). Such a deficit should hinder the distinction between self-93 generated and externally generated sensations (Fletcher and Frith, 2009), reduce the sense of 94 agency (Leptourgos and Corlett, 2020; Poletti et al., 2019), and produce perceptual 95 aberrations (Frith et al., 2000), including delusions of control (Frith, 2005a) and auditory 96 hallucinations (Poletti et al., 2019). Consequently, schizophrenia is tightly linked to an 97 atypical perception of self-generated sensations but not externally generated sensations. 98 Indeed, despite the heterogeneity of its symptoms, schizophrenia has been primarily 99 described as a disorder of the sense of self (Park and Baxter, 2022; Postmes et al., 2014; Sass 100 and Parnas, 2003), and self-disorders have been shown to constitute a crucial, trait-like 101 phenotype of the schizophrenia spectrum (Henriksen et al., 2021).

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103 If the positive symptoms of schizophrenia are intrinsically linked to deficits in predicting and 104 processing self-generated somatosensation, then a similar relationship should exist between 105 positive schizotypy and impaired prediction and processing of self-generated 106 somatosensation in nonclinical individuals. Importantly, this approach circumvents many of 107 the methodological confounds arising from patient studies, such as antipsychotic treatment, 108 hospitalization, and disease chronicity, that the patient groups are typically subjected to 109 (Fervaha and Remington, 2013). Schizotypy, or psychosis-proneness, describes subclinical 110 psychosis-like symptoms or personality characteristics, including peculiar beliefs, unusual 111 sensory experiences and odd behavior (Meehl and Prologue, 1990; Raine, 1991), that apply to 112 the general population (Barrantes-Vidal et al., 2015; Kwapil and Barrantes-Vidal, 2015; 113 Nelson et al., 2013; Racioppi et al., 2015; Thomas et al., 2019; Van Os et al., 2000). 114 Schizotypal traits are presumed to originate from the same combination of genetic, 115 neurodevelopmental and psychosocial factors as schizophrenia (Andreasen, 1999; Debbané et 116 al., 2015; Ettinger et al., 2014; Keshavan MS., 1997; Lenzenweger, 2006; Meehl PE., 1962; 117 Miller P, Byrne M, Hodges A, Lawrie SM, Owens DG, 2002; Rado, 1956; Weinberger, 118 1987), they lie on a continuum with schizophrenia (Nelson et al., 2013) and are considered a 119 valid phenotypic indicator for the liability to psychosis spectrum disorders and for 120 understanding the underlying psychopathology (Barrantes-Vidal et al., 2015; Ettinger et al., 121 2014; Kwapil and Barrantes-Vidal, 2015; Thomas et al., 2019). Similar to schizophrenia 122 symptom clusters, schizotypy consists of three dimensions, positive, negative and 123 disorganized (E. Fonseca-Pedrero et al., 2018; Nelson et al., 2013; Thomas et al., 2019), that 124 broadly correspond to the positive (e.g., hallucinations and delusions), negative (e.g., alogia 125 and apathy) and disorganized symptoms of schizophrenia (e.g., thought disorder and bizarre

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126 behavior) (Kwapil and Barrantes-Vidal, 2015; Liddle, 1987; Raine et al., 1994; Reynolds et

127 al., 2000; Rossi and Daneluzzo, 2002; Stuart et al., 1999; Wuthrich and Bates, 2006).

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Here, we investigated the relationship between schizotypal traits and the perception of selfgenerated and externally generated somatosensation in 100 healthy individuals. We hypothesized that high positive schizotypy would be associated with reduced somatosensory attenuation and lower precision of self-generated touch.

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134 Methods and Materials

135 Participants

136 The data of one hundred and two participants were used in the present study. Current or 137 history of psychological or neurological conditions, as well as the use of any psychoactive 138 drugs or medication, were criteria for exclusion. All participants reported being completely 139 healthy without neurological or psychiatric disorders or taking any medication to treat such 140 conditions. Our sample size was based on two previous studies that assessed the relationship 141 between schizotypy and tactile perception in samples consisting of non-clinical individuals 142 (Lenzenweger, 2000; Whitford et al., 2017). The data were pooled from three studies, all 143 including the same psychophysics task and schizotypy measure, and identical experimental 144 conditions. Two participants were excluded because of missing data in the schizotypy 145 measure. Thus, the final sample consisted of one hundred (100) adults (53 women and 47 146 men; 91 right-handed, 5 ambidextrous and 4 left-handed; age range: 18-40 years). 147 Handedness was assessed using the Edinburgh Handedness Inventory (Oldfield, 1971). All 148 participants provided written informed consent, and the Swedish Ethical Review Authority 149 (https://etikprovningsmyndigheten.se/) approved all three studies (#2020-03647, #2020-150 03186, #2020-05457).

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152 Psychophysical task

153 The psychophysical paradigm was a two-alternative forced choice force-discrimination task 154 that has been extensively used to assess somatosensory attenuation (Bays et al., 2006, 2005; 155 Kilteni et al., 2021, 2020, 2019; Kilteni and Ehrsson, 2020b). Participants sat comfortably on 156 a chair and rested their left hand, palm up, with the left index finger placed inside a molded 157 support (Figure 1). Their right hand and forearm were placed on top of boxes, next to their 158 left hand. In each trial, a DC electric motor (Maxon EC Motor EC 90 flat; manufactured in 159 Switzerland) delivered two brief (100 ms) forces on the pulp of participants' left index finger 160 through a cylindrical probe (25 mm height) with a flat aluminum surface (20 mm diameter) 161 attached to the motor's lever. We refer to the first force as the *test* tap and to the second force 162 as the *comparison* tap. The intensity of the *test* tap was set to 2 N, while the intensity of the 163 comparison tap was systematically varied among seven different force levels (1, 1.5, 1.75, 2, 164 2.25, 2.5 or 3 N). In each trial, participants verbally indicated which tap felt stronger: the test 165 tap or the *comparison* tap. A force sensor (FSG15N1A, Honeywell Inc.; diameter, 5 mm; 166 minimum resolution, 0.01 N; response time, 1 ms; measurement range, 0–15 N) was placed 167 within the probe to record the forces exerted on the left index finger. Moreover, a force of 0.1

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168 N was constantly applied to the participants' left index finger to ensure accurate force 169 intensities.

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171 There were two experimental conditions, the order of which was counterbalanced across 172 participants. In the *externally generated touch* condition, participants kept their right arm 173 relaxed and passively received the two taps on their left index finger (Figure 1a). The *test* tap 174 was delivered 800 ms after an auditory 'go' cue, and the comparison tap was delivered after a 175 random delay (800 ms – 1500 ms) from the end of the test tap. In the self-generated touch 176 condition, participants actively tapped with their right index finger a force sensor placed 177 above (but not in contact with) the probe after the auditory 'go' cue (Figure 1b). They were 178 instructed to tap the sensor neither too hard nor too softly but as strongly as when they tapped 179 the surface of their smartphone. The tap of their right index finger triggered the *test* tap on 180 their left index finger with an intrinsic delay of 36 ms.

181

182 Each condition consisted of 70 trials, resulting in 140 trials per participant. The order of the 183 intensities was randomized across participants. In both conditions, the view of the pulp of the 184 left index finger was occluded, and participants were asked to fixate on a cross placed on a 185 wall 2 meters in front of them. Any sounds created by the motor or the participants' taps were 186 suppressed by administering white noise through a pair of headphones. Before the 187 experiment, the participants were instructed to avoid balancing their responses. If the 188 intensity of the two taps felt very similar, they were explicitly told that they had to guess. No 189 feedback was ever provided about their performance.

190

191 Psychophysical fits

In each condition, the participants' responses were fitted with a generalized linear modelusing a *logit* link function (Equation 1)

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$$p = \frac{e^{\beta_0 + \beta_{1x}}}{1 + e^{\beta_0 + \beta_{1x}}}$$
 (Equation 1)

196

Two parameters of interest were extracted. The point of subjective equality ($PSE = -\frac{\beta 0}{\beta 1}$) 197 198 represents the intensity at which the *test* tap felt as strong as the *comparison* tap (p = 0.5) and 199 quantifies the participants' perceived intensity of the test tap. Subsequently, somatosensory 200 attenuation is calculated as the difference between the PSEs of the two conditions (PSE_{external} 201 - PSE_{self}) (Bays et al., 2006, 2005; Kilteni et al., 2021, 2020, 2019; Kilteni and Ehrsson, 2020b). The just noticeable difference parameter $(JND = \frac{\log (3)}{\beta 1})$ reflects the participants' 202 203 sensitivity in the psychophysics task and quantifies their somatosensory precision in each 204 condition. The PSE and JND are independent qualities of sensory judgments (Mapp et al.,

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n.d.).

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Before fitting the responses, the values of the applied *comparison* taps were binned to the closest value with respect to their theoretical values (1, 1.5, 1.75, 2, 2.25, 2.5 or 3 N). After data collection, 951 trials out of 14000 (6.8%) were rejected, either because the intensity of

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210 the *test* tap (2 N) was not applied accurately (*test* tap < 1.85 N or *test* tap > 2.15 N) or due to

211 missing responses.

212

213 Schizotypal traits

After the psychophysical task, all participants completed the Schizotypal Personality Questionnaire (SPQ) (Raine, 1991). The SPQ is a 74-item self-report schizotypy assessment instrument with excellent internal reliability (*Cronbach's alpha* = 0.91) and test-retest reliability (0.82)(Raine, 1991). It was developed on the basis of the nine features of schizotypal personality disorder, as defined by the DSM-III-R criteria (American Psychiatric Association, 1987) (Raine, 1991).

220 We used the three-factor model to partition the dimensions of the construct of schizotypy (E. 221 Fonseca-Pedrero et al., 2018; Fonseca-Pedrero et al., 2014a, 2014b; Rabella et al., 2018; 222 Raine et al., 1994; Reynolds et al., 2000; Tsaousis et al., 2015), and we calculated the total 223 score for the cognitive-perceptual, interpersonal and disorganized factors that reflect the 224 positive, negative and disorganized dimensions of schizotypy, respectively. There has been 225 discussion as to whether schizotypy constitutes a continuous or a categorical construct 226 (Kwapil and Barrantes-Vidal, 2015; Lemaitre et al., 2016; Lenzenweger, 2015; Mason, 2014; 227 Whitford et al., 2017). In line with the predominant conceptualization of schizotypy as a 228 continuous variable within the general population (Claridge, 1994; Kwapil and Barrantes-229 Vidal, 2015; Nelson et al., 2013; Van Os et al., 2000), our main analysis comprised treating 230 positive schizotypal traits as a continuous variable across the entire sample. Nonetheless, to 231 attain methodological rigor and to account for both notions, we performed a secondary 232 analysis treating schizotypy as a categorical variable. Given the absence of established cut-off 233 values for the SPQ estimates, we split the sample into 3 subgroups based on their positive 234 schizotypal traits (low, medium, high). This approach was deemed appropriate to discern the 235 differences between the two extremes (i.e., low and high).

236

237 Statistical Analysis

238 Data were analyzed using R (Team, 2019) and JASP (JASP and JASP Team, 2019). Data 239 normality was assessed using the Shapiro-Wilk test, and planned comparisons were 240 subsequently made using parametric (independent or paired t-test) or nonparametric (Mann-241 Whitney or Wilcoxon) statistical tests. For each test, 95% confidence intervals (CI^{95}) are 242 reported. Depending on the data normality, effect sizes are given by Cohen's d or by the 243 matched rank biserial correlation *rrb*. Correlations were tested using Spearman correlation 244 coefficients given that the data were not normally distributed. A Bayesian factor analysis was 245 carried out for all statistical comparisons (default Cauchy priors with a scale of 0.707) and 246 correlations (Kendall's tau-b) to provide information about the level of support for the null 247 hypothesis compared to the alternative hypothesis (BF_{01}) given the data. All statistical tests 248 were two-tailed.

249

250 **Results**

251 Somatosensory attenuation and precision across the entire sample

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252 The PSE was significantly lower in the *self-generated touch* condition than in the *externally* generated touch condition across the entire sample: n = 100, V = 625, p < 0.001, $CI^{95} = [-$ 253 254 0.185, -0.105], rrb = -0.747, $BF_{0l} < 0.001$ (Figure 1c, d). This indicates that self-generated 255 touches felt weaker than externally generated touches of identical intensity, replicating 256 previous findings (Bays et al., 2006, 2005; Kilteni et al., 2021, 2020, 2019; Kilteni and 257 Ehrsson, 2020b). One participant had an extreme PSE value in the self-generated touch 258 condition, as shown in Figure 1c. When removing the value, the same results were obtained: $n = 99, V = 625, p < 0.001, CI^{95} = [-0.180, -0.105], rrb = -0.742, BF_{01} < 0.001$. Attenuation 259 was observed in 80% of participants in the cohort (Figure 1e). 260

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262 In contrast to the PSEs, the JNDs did not significantly differ between the two conditions: n =100, V = 2592, p = 0.335, $CI^{95} = [-0.01, 0.03]$, rrb = 0.113 (Figure 1f, g). This was strongly 263 supported by a Bayesian analysis ($BF_{01} = 5.417$) and indicates that self-generated and 264 265 externally generated touches were perceived with similar sensory precision, in line with 266 previous studies (Kilteni et al., 2021; Kilteni and Ehrsson, 2020b). One participant had an 267 extreme JND value in the *externally generated touch* condition, as shown in Figure 1f. When removing the value, the same results were obtained: n = 99, V = 2592, p = 0.247, $CI^{95} = [-$ 268 0.005, 0.03], rrb = 0.137, $BF_{01} = 3.480$. As seen in Figure 1h, approximately half of the 269 270 participants increased and half decreased their JNDs between the conditions (44% increased, 271 52% decreased, 4% remained unchanged).

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No significant correlation was observed between the PSEs and JNDs in either the *selfgenerated touch* condition (n = 100, rho = 0.079, p = 0.437) or in the *externally generated touch* condition (n = 100, rho = 0.046, p = 0.647), and this was strongly confirmed by a Bayesian analysis ($BF_{01} = 5.452$ for the *self-generated touch* condition, and $BF_{01} = 6.560$ for the *externally generated touch* condition). This corroborates that sensory magnitude (PSE) and precision (JND) are independent measures (Mapp et al., n.d.), and is in line with previous findings (Kilteni and Ehrsson, 2020b). All individual fits are shown in **Figure S1**.





281 282 Figure 1. Experimental Methods and results. (a-b) In both conditions, the participants received two taps (test 283 and *comparison* taps) on the pulp of their left index fingers, and they had to verbally indicate which felt 284 stronger: the first or the second tap. In the externally generated touch condition (a), the participants kept both of 285 their hands relaxed while receiving the *test* tap and *comparison* taps on their left index finger. In the *self*-286 generated touch condition (b), the participants actively tapped a force sensor with their right index finger and 287 triggered the test tap on their left index finger. Then, they remained relaxed while receiving the comparison tap. 288 (c) The boxplots show the median and interquartile ranges for the PSEs, the jittered points denote the raw data, 289 and the violin plots display the full distribution of the data in each condition. A lower PSE value indicates a 290 lower perceived magnitude. (d) Line plots illustrate the decreases in PSEs when experiencing self-generated 291 touches compared to externally generated touches. The PSEs were significantly decreased in the self-generated 292 touch condition compared to the externally generated touch condition. (e) Density plot for somatosensory 293 attenuation (difference in the PSEs between the two conditions). Somatosensory attenuation occurred in eighty 294 participants (80%). (f) The boxplots show the median and interquartile ranges for the JNDs, the jittered points 295 denote the raw data, and the violin plots display the full distribution of the data in each condition. A lower JND 296 value indicates a higher somatosensory precision. (g) Line plots illustrate the changes in JNDs when

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experiencing self-generated touches compared to externally generated touches. The JNDs did not significantly differ between the *self-generated touch* and *externally generated touch* conditions. (h) Density plot for the difference in the sensory precision between the two conditions. Forty-four participants (44%) had higher JNDs in the *externally generated touch* condition than in the *self-generated touch* condition, fifty-two participants (52%) showed the opposite pattern, and four (4%) did not change.

302

303 Schizotypal traits and somatosensory attenuation

304 Figure 2a-d shows the distribution of the total SPQ scores ($\mu = 20.87$, $\sigma = 12.165$, range = 0-305 53, Cronbach's alpha = 0.821), as well as those of the cognitive-perceptual, interpersonal and 306 disorganized factors in our sample (Supplemental Table S1, Supplemental Figure S2, 307 Supplemental Text S1). Our schizotypy distributions were very similar to those of previous 308 studies using random sampling methods, both in terms of mean and variability (e.g., 309 (Eduardo Fonseca-Pedrero et al., 2018; Whitford et al., 2017)). Confirming our first 310 hypothesis, we observed a negative correlation between somatosensory attenuation and 311 schizotypal traits (n = 100, rho = -0.215, p = 0.031, $BF_{01} = 0.865$) (Figure 2e), which was 312 driven by the scores of the cognitive-perceptual factor (i.e., the positive dimension of 313 schizotypy) (**Figure 2f**): n = 100, rho = -0.259, p = 0.009, $BF_{01} = 0.243$. This means that the 314 higher the positive schizotypal traits of the participants, the lower their somatosensory 315 attenuation. The individual PSEs did not significantly correlate with the positive schizotypy 316 (self-generated touch condition: n = 100, rho = -0.097, p = 0.335; externally generated touch 317 condition: n = 100, rho = -0.180, p = 0.074). The absence of these significant correlations 318 was supported by a Bayesian analysis ($BF_{01} = 4.794$ for the self-generated touch condition 319 and $BF_{01} = 1.502$ for the externally generated touch condition), indicating that positive 320 schizotypal traits are associated with the perceived *difference* between the intensities of a 321 self-generated and an externally generated touch (*i.e.*, somatosensory attenuation). Critically, 322 the relationship between attenuation and schizotypy was found only for the positive 323 schizotypy and not for the negative (*i.e.*, interpersonal factor) (n = 100, rho = -0.179, p = -0.179324 (0.074) (Figure 2g) or the disorganized dimension (*i.e.*, disorganized factor) (n = 100, rho = -325 0.106, p = 0.294) (Figure 2h), and a Bayesian analysis further supported the absence of these relationships ($BF_{01} = 1.552$ for the negative and $BF_{01} = 4.337$ for the disorganized 326 327 dimension).

328

329 Schizotypal traits and somatosensory precision

330 Confirming our second hypothesis, we observed a positive correlation between the JND of 331 self-generated touch and positive schizotypal traits (n = 100, rho = 0.339, p < 0.001, $BF_{01} =$ 332 0.018) (Figure 2j), which effectively is a negative correlation between the somatosensory 333 precision of self-generated touch and positive schizotypal traits. In other words, the higher 334 the positive schizotypal traits of the participants, the lower their somatosensory precision of 335 self-generated touch. In contrast, the somatosensory precision for externally generated touch 336 did not correlate with positive schizotypy (n = 100, rho = 0.114, p = 0.257, $BF_{0I} = 3.639$), 337 suggesting that positive schizotypy does not generically influence the precision with which 338 touch is perceived but only that of self-generated touch. Finally, the somatosensory precision 339 of self-generated touch significantly correlated only with positive schizotypy but not with the 340 full SPQ (n = 100, rho = 0.167, p = 0.096) (Figure 2i), or the negative (n = 100, rho = 0.039, 341 p = 0.699) (Figure 2k) or disorganized dimension (n = 100, rho = 0.092, p = 0.364) (Figure





345(SPQ)(cognitive-perceptual factor)(interpersonal factor)(disorganised factor)346Figure 2. Schizotypal traits and somatosensory attenuation and precision. (a-d) Density plots of the347Schizotypal Personality Questionnaire (SPQ) scores (possible score ranges: total, 0-74; cognitive-perceptual, 0-34833; interpersonal, 0-33; disorganized, 0-16). The sample had comparable levels of positive, negative and349disorganized schizotypy (Supplemental Text S1) and the scores covered almost the entire range of possible

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350 responses (Supplemental Table S1). (e-h) Correlations between the Schizotypal Personality Questionnaire 351 (SPQ) scores and somatosensory attenuation. The correlations were significant only between somatosensory 352 attenuation and the SPQ full scores, as well as between somatosensory attenuation and the cognitive-perceptual 353 factor (positive dimension of schizotypy). Regression lines are shown for illustrative purposes only. (i-l) 354 Correlations between the Schizotypal Personality Questionnaire (SPQ) scores and the inverse somatosensory 355 precision of self-generated touch (JND). Note that the y-axis displays the JNDs (i.e., the inverse somatosensory 356 precision). The correlations were significant only between somatosensory precision and the cognitive-perceptual 357 factor (positive dimension of schizotypy). Regression lines are shown for illustrative purposes only.

358

359 Schizotypy as a categorical variable

Finally, we treated positive schizotypal traits as a categorical variable by dividing our sample into 3 subgroups with equal number of participants: the low ($n_{low} = 34$), medium ($n_{med} = 33$) and high ($n_{high} = 33$) positive schizotypy groups (**Figure 3a**).

363

Somatosensory attenuation decreased from low to high schizotypy (**Figure 3b**), yielding a significant difference between the two extremes ($n_{low} = 34$, $n_{high} = 33$, W = 770, p = 0.009, $CI^{95} = [0.030, 0.230]$, rrb = 0.373, $BF_{01} = 0.280$). In contrast, the JND increased from low to high schizotypy ($n_{low} = 34$, $n_{high} = 33$, t(48.7) = -3.626, p < 0.001, $CI^{95} = [-0.133, -0.038]$, Cohen's d = -0.89, $BF_{01} = 0.018$) (**Figure 3c**, **Supplemental Figures S3-S4**, **Supplemental Text S2**).

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371 Figure 3d-f illustrates these effects for the entire sample (Figure 3d), the low (Figure 3e) 372 and the high positive schizotypy subgroups (Figure 3f). In the entire sample, the curve 373 shifted to the left for the *self-generated touch* condition compared to the *externally generated* 374 touch condition without any changes in the slope; thus, self-generated touch felt weaker than 375 external touch, but they were perceived with similar precision (Figure 3d). Critically, as seen 376 in Figures 3e and 3f, the high positive schizotypy group showed less of a shift between the 377 PSEs in the *self-generated* and *externally generated touch* conditions (less attenuation) and a 378 flatter curve in the self-generated touch condition (higher JND) compared to the low 379 schizotypy group.



381 Figure 3. Somatosensory attenuation and precision in individuals with low, medium, and high positive 382 schizotypal traits. (a) Density plots for the three schizotypy subgroups of our sample. Vertical dotted lines 383 indicate the mean of each subgroup. (b) The boxplots show the median and interquartile ranges for 384 somatosensory attenuation, the jittered points denote the raw data, and the violin plots display the full 385 distribution of the data in each group. The high schizotypy group showed significantly less somatosensory 386 attenuation than the low schizotypy group. (c) The boxplots show the median and interguartile ranges for the 387 JND in the *self-generated touch* condition, the jittered points denote the raw data, and the violin plots display 388 the full distribution of the data in each group. The high schizotypy group showed significantly less 389 somatosensory precision (significantly higher JND) than the low schizotypy group. (d) Group psychometric fits 390 using the total sample. The fits for each condition were generated using the mean PSE and the mean JND across 391 participants. The leftward shift of the curve for the self-generated touch condition with respect to the curve for 392 the externally generated touch condition illustrates that self-generated touch is perceived as weaker than 393 externally generated touch. No change is visible in the slopes of the curves, as their JNDs did not significantly 394 differ. (e-f) Group psychometric fits for the low (e) and the high (f) schizotypy groups. The high schizotypy 395 group shows a substantially smaller shift in the curves between the self-generated and externally generated 396 touch conditions (i.e., less attenuation) and a flatter slope for the self-generated touch condition (i.e., higher 397 JND).

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399

400 **Discussion**

401 The present study has two main findings. First, individuals with higher positive schizotypal 402 traits exhibited less attenuation of their self-generated touch than individuals with low

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403 positive schizotypal traits. This result strongly mirrors previous clinical findings of reduced 404 somatosensory attenuation in patients with schizophrenia (Blakemore et al., 2000a; Shergill 405 et al., 2014, 2005). This is also in line with earlier observations that nonclinical individuals 406 with high schizotypy subjectively rate self-generated touch as more ticklish (Lemaitre et al., 407 2016) and intense (Whitford et al., 2017) than those with low schizotypy. Second, our 408 experimental task (i.e., the force-discrimination task) enabled the measurement, not only of 409 the perceived magnitude but also of that of somatosensory precision and consequently, the 410 assessment of its relationship with schizotypy. Following, we observed that individuals with 411 higher positive schizotypal traits perceived self-generated touch with less sensory precision 412 than individuals with lower positive schizotypal traits, without any effect on the precision of 413 externally generated touches. This result indicates for the first time that high positive 414 schizotypal traits are not accompanied by generic deficits in processing afferent 415 somatosensory information but only self-generated somatosensory feedback and enforces the 416 view that self-disorders lie at the core of the schizophrenia spectrum (Borda and Sass, 2015; 417 Henriksen et al., 2021; Northoff et al., 2021; Postmes et al., 2014; Sass and Parnas, 2003). 418 Critically, both in terms of attenuation and precision of self-generated touch, it was the 419 positive dimension of schizotypy that drove the effects and not the negative or disorganized 420 dimension. This parallels the negative association previously observed between 421 somatosensory attenuation and the severity of hallucinations (Shergill et al., 2014), as well as 422 the delusional ideation (Palmer et al., 2016; Teufel et al., 2010) and passivity experiences 423 (Lemaitre et al., 2016) of nonclinical individuals.

424

425 These deficits in somatosensory attenuation and precision can fall within the scope of subtle 426 aberrations in sensorimotor performance (e.g. motor coordination, neurological 427 graphesthesia) (Buchanan and Heinrichs, 1989; Schröder et al., 1991), that are present with 428 variable severity across the psychosis continuum (Chan et al., 2018; Gaha et al., 2015; Herold 429 et al., 2021; Janssen et al., 2009; Mechri et al., 2010). These neurological soft signs have 430 been repeatedly associated with the negative symptoms of schizophrenia and negative 431 schizotypy in non-clinical individuals (Bombin et al., 2005; Chan et al., 2015; Cvetić et al., 432 2009; Hembram et al., 2014; Kaczorowski et al., 2009; Prikryl et al., 2012; Theleritis et al., 433 2012; Tosaro and Dazzan, 2005; Varambally et al., 2006; Whitty et al., 2006; Yazici et al., 434 2002), and less robustly with the positive and disorganized dimensions (Barkus et al., 2006; 435 de Leede-Smith et al., 2017; Mechri et al., 2010; Ojagbemi et al., 2015). Instead, our data 436 revealed a relationship of somatosensory attenuation and precision only with positive 437 schizotypy, and not with the negative and the disorganized dimensions. Consequently, our 438 findings suggest that somatosensory attenuation and precision constitute a special category of 439 neurological soft signs that is specifically related to the self and the positive dimension of 440 psychotic and psychotic-like symptoms.

441

442 Our results provide important insights for understanding the mechanism underlying the 443 positive symptoms of schizophrenia. From a computational perspective, our effects can be 444 explained by a deficit in the internal forward model that predicts the somatosensory 445 consequences of the movement. Earlier studies have shown that somatosensory attenuation 446 relies on spatiotemporal motor predictions (Bays et al., 2005; Bays and Wolpert, 2008;

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447 Kilteni et al., 2019) and not on postdictive processes (Bays et al., 2006; Kilteni and Ehrsson, 448 2020b), and it requires conditions where the received touch can be predicted by the motor 449 command (Bays et al., 2006, 2005; Kilteni et al., 2021, 2020, 2018; Kilteni and Ehrsson, 450 2017b, 2017a; Shergill et al., 2003). In our study, the reduced attenuation indicates that with 451 the same motor command, the brain of an individual with high positive schizotypy does not 452 accurately predict the sensory consequences of the voluntary movement, and this leads to less 453 attenuation of the self-generated somatosensory feedback compared to an individual with low 454 positive schizotypy. Subsequently, the combination of this inaccurately predicted 455 somatosensory information with the actual somatosensory feedback at the level of state 456 estimation further leads to the decreased precision of self-generated touches. Within a 457 Bayesian framework where prediction corresponds to prior expectations and sensory 458 feedback to sensory evidence (Fletcher and Frith, 2009), our study indicates that high positive 459 schizotypy is related to atypical prior expectations (generated by the internal forward model) 460 and atypical combination of prior knowledge with sensory evidence (state estimation).

461

462 The cerebellum has been repeatedly implicated in predicting the sensory consequences of 463 one's own actions (Bays et al., 2006; Blakemore et al., 2001; Sarah J. Blakemore et al., 1999; 464 Shadmehr et al., 2010, 2008; Tanaka et al., 2021; Wolpert DM, Miall RC et al., 1998), and 465 we previously showed that somatosensory attenuation depends on the functional connectivity 466 between the cerebellum and the primary and secondary somatosensory cortices (Kilteni and 467 Ehrsson, 2020a): the stronger this corticocerebellar connectivity during self-generated 468 touches compared to externally generated touches, the greater the somatosensory attenuation. 469 Schizophrenia is also strongly associated with alterations in structural and functional 470 cerebellar connectivity (Kim et al., 2021; Moberget and Ivry, 2019). Patients show 471 impairments in cerebellar-mediated motor tasks (Bernard and Mittal, 2014), deficits in the 472 integrity of the cerebellar white matter tracts (Kanaan et al., 2009; Kyriakopoulos and 473 Frangou, 2009), abnormal resting-state cerebellar connectivity (Anteraper et al., 2021) with 474 the cortex (Shinn et al., 2015), including frontoparietal (Repovs et al., 2011) and 475 sensorimotor networks (Collin et al., 2011; D. J. Kim et al., 2020; Walther et al., 2017), 476 decreased cerebellar connectivity with the primary motor cortex (Moussa-Tooks et al., 2019) 477 and altered cerebellar activation (Bernard and Mittal, 2015) compared to healthy controls. 478 Intriguingly, individuals at ultra-high-risk for psychosis have decreased resting-state 479 cerebellocortical connectivity compared to controls (Bernard et al., 2014), while functional 480 and structural cerebellocortical connectivity relates to their positive symptom progression 481 (Bernard et al., 2017). Given these results, it was recently proposed to use cerebellocortical 482 connectivity as a state-independent neural signature for psychosis prediction and 483 characterization (Cao et al., 2018). Therefore, based on our findings, we speculate that 484 positive schizotypy and consequently positive symptoms of schizophrenia are related to 485 altered corticocerebellar connectivity in particular.

486

Future efforts should exploit the perception of self-generated somatosensation as a potential cognitive biomarker of psychosis. In contrast to other markers, including prepulse inhibition, mismatch negativity and P300 (Donati et al., 2020), which reflect deficits in processing externally generated information in schizophrenia, our results emphasize deficits in

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491 processing self-generated information. To date, there are no objective biological measures 492 available to inform diagnostic or treatment decisions of schizophrenia (Martins-de-Souza, 493 2013; Waszkiewicz, 2020), hindering the early detection of disease onset in individuals who 494 are at an increased risk for schizophrenia (Gottesman and Bertelsen, 1989; Tarbox and 495 Pogue-Geile, 2011). To this end, attenuation and precision of self-generated somatosensation 496 could reinforce the diagnostic procedure with an objective measure, which is meaningful 497 since scale-based measures may be susceptible to self-report bias. Furthermore, given that the 498 positive symptoms in the prodromal phase have high positive predictive power for the 499 conversion of a high-risk state to schizophrenia (Klosterkötter, 2012; Meisenzahl et al., 500 2020), self-generated somatosensation could function as a neurocognitive marker that, when 501 combined with other genetic, biochemical and neuroimaging markers (H. K. Kim et al., 2020; 502 Kraguljac et al., 2021), forms a multilayered 'signature' for schizophrenia liability. So far, 503 this perspective is still at a premature stage and the implementation in clinical settings is far 504 from complete. Undoubtedly, appropriate clinical contextualization and validation through 505 future longitudinal studies are necessary. Nonetheless, the present study suggests that deficits 506 in processing self-generated tactile information can indicate increased liability for 507 schizophrenia.

508

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519 Author contributions

520 K.K., X.J. and E.A. conceived and designed the experiment. X. J. and E. A. collected the 521 data. K.K., E.A. and X.J. conducted the statistical analysis. E.A., K.K. and X.J. wrote the 522 manuscript.

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925 Supplemental Figures



926 927

Supplemental Figure S1. Fitted logistic models based on the participants' responses under each condition.

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928
929 Supplemental Figure S2. Correlations between the scores of all the SPQ subscales. The correlations have

been calculated using the Spearman correlation coefficient and the *p*-values have been corrected for False

931 Discovery Rate (FDR).



932(interpersonal factor)(interpersonal factor)(interpersonal factor)933Supplemental Figure S3. Somatosensory attenuation and precision in individuals with low, medium, and

934 high negative schizotypal traits. (a) Density plots for the three schizotypy subgroups of our sample. Vertical 935 dotted lines indicate the mean of each subgroup. (b) The boxplots show the median and interquartile ranges for 936 somatosensory attenuation, the jittered points denote the raw data, and the violin plots display the full 937 distribution of the data in each group. No significant differences in somatosensory attenuation were observed 938 between the three groups. (c) The boxplots show the median and interquartile ranges for the JND in the self-939 generated touch condition, the jittered points denote the raw data, and the violin plots display the full 940 distribution of the data in each group. No significant differences in somatosensory precision were observed 941 between the three groups.



943 Supplemental Figure S4. Somatosensory attenuation and precision in individuals with low, medium, and

944 high disorganized schizotypal traits. (a) Density plots for the three schizotypy subgroups of our sample. 945 Vertical dotted lines indicate the mean of each subgroup. (b) The boxplots show the median and interquartile 946 ranges for somatosensory attenuation, the jittered points denote the raw data, and the violin plots display the full 947 distribution of the data in each group. No significant differences in somatosensory attenuation were observed 948 between the three groups. (c) The boxplots show the median and interquartile ranges for the JND in the self-949 generated touch condition, the jittered points denote the raw data, and the violin plots display the full 950 distribution of the data in each group. No significant differences in somatosensory precision were observed 951

between the three groups.

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952 Supplemental Tables

953 Supplemental Table S1. Descriptive statistics for the SPQ, its factors and its subscales.

SPQ Parameter	Mean	Standard Deviation	Variance	Range
SPQ total	20.870	12.165	147.993	0-53
<u>Factors</u>				
Cognitive-Perceptual	9.060	6.412	41.107	0-30
Interpersonal	9.280	6.566	43.113	0-29
Disorganized	4.940	3.381	11.431	0-14
Subscales	Subscales			
Ideas of Reference	3.130	2.489	6.195	0-9
Odd Beliefs or Magical Thinking	1.450	1.696	2.876	0-7
Unusual Perceptual Experiences	2.070	1.908	3.642	0-8
Odd or Eccentric Behaviour	1.630	1.868	3.488	0-6
Excessive Social Anxiety	2.870	2.460	6.054	0-8
No Close Friends	2.190	2.398	5.751	0-9
Odd Speech	3.310	2.214	4.903	0-9
Constricted Affect	1.810	1.756	3.085	0-7
Suspiciousness	2.410	2.000	4.002	0-8

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955 Supplemental Text

956 Supplemental Text S1.

957 Our sample had comparable levels of positive, negative and disorganized schizotypal traits,

as can be seen in Figure 2b-c. A Levene's test for Homogeneity of Variance revealed no

959 significant difference between the variances of the positive and the negative schizotypy

960 (cognitive-perceptual and interpersonal, F(1,198) = 0.115, p = 0.735). To compare the

- variances between the disorganized schizotypy scores and those of the cognitive perceptual or
- 962 the interpersonal schizotypy, we first rescaled the disorganized scores (range: 0-16) to the
- same range as that of cognitive perceptual and interpersonal schizotypal scores (range: 0-33).
- We then performed the *Levene*'s test which revealed no significant difference in the variances

of the cognitive-perceptual and the disorganized factors (F(1,198) = 0.691, p = 0.407), as

well as between the interpersonal and disorganized factors (F(1,198) = 0.242, p = 0.624).

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967 Supplemental Text S2.

968 To control whether the effects between somatosensory attenuation and precision are specific 969 to the positive schizotypal traits, we repeated our categorical analysis for the negative and 970 disorganized dimension of schizotypy.

971

972 Negative schizotypy as a categorical variable

973 We divided our sample into 3 subgroups: the low ($n_{low} = 34$), medium ($n_{med} = 33$) and high 974 ($n_{high} = 33$) negative schizotypy groups (**Figure S2a**). There was no significant difference 975 between the low and high schizotypy neither in terms of somatosensory attenuation (**Figure** 976 **S2b**) ($n_{low} = 34$, $n_{high} = 33$, t(63.5) = 1.484, p = 0.143, $CI^{95} = [-0.025, 0.167]$, *Cohen's d* = 977 0.362, $BF_{01} = 1.58$) nor in terms of somatosensory precision ($n_{low} = 34$, $n_{high} = 33$, W = 561.5, 978 p = 1, $CI^{95} = [-0.04, 0.04]$, rrb < 0.001, $BF_{01} = 3.680$) (**Figure S2c**).

979

980 Disorganized schizotypy as a categorical variable

981 We divided our sample into 3 subgroups: the low ($n_{low} = 34$), medium ($n_{med} = 33$) and high 982 ($n_{hieh} = 33$) disorganized schizotypy groups (**Figure S3a**). There was no significant difference

983 between the low and high schizotypy neither in terms of somatosensory attenuation (**Figure**

984 **S3b**) ($n_{low} = 34$, $n_{high} = 33$, W = 628, p = 0.404, $CI^{95} = [-0.050, 0.130]$, rrb = 0.119, $BF_{01} = 0.119$

985 3.368) nor in terms of somatosensory precision ($n_{low} = 34$, $n_{high} = 33$, W = 460.5, p = 0.209,

986 $CI^{95} = [-0.070, 0.010], rrb = -0.179, BF_{01} = 2.389)$ (Figure S3c).