

1 **Lamin A/C phosphorylation at serine 22 is a conserved heat shock response to**
2 **regulate nuclear adaptation during stress**

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20 **ABSTRACT**

21 The heat shock (HS) response is crucial for cell survival in harmful environments. Nuclear
22 lamin A/C, encoded by *LMNA* gene, has been shown to contribute towards altered gene
23 expression during heat shock, but the underlying mechanisms are poorly understood. Here
24 we show that reversible lamin A/C phosphorylation at Ser22 upon HS is an evolutionary
25 conserved stress response that is triggered in concert with HSF1 activation in human and
26 mouse cells and can also be observed in *D. melanogaster in vivo*. Consequently, the
27 phosphorylation increase facilitated nucleoplasmic localization of lamin A/C and nuclear
28 rounding in response to HS. The importance of lamin phosphorylation equilibria in HS was
29 confirmed by lamin A/C knock-out (KO) cells that showed deformed nuclei after HS and
30 were rescued by ectopic expression of wild-type, but not by a phosphomimetic (S22D) lamin
31 A mutant. Furthermore, HS triggered release of lamina-associated protein 2 α (Lap2 α) from
32 its association with lamin A/C and concurrently its downregulation, a response that was
33 perturbed in lamin A/C KO cells and in *LMNA* mutant patient fibroblasts. The abrogated
34 Lap2 α response resulted in impaired cell cycle arrest under HS and compromised survival
35 at the recovery. Taken together, our results suggest that the altered phosphorylation
36 stoichiometry of lamin A/C provides an evolutionary conserved mechanism to regulate lamin
37 structure and serve nuclear adaptation and cell survival during HS.

38 **KEY WORDS:** heat shock, heat shock response, lamin A/C, phosphorylation, Lap2 α

39 INTRODUCTION

40 The heat shock (HS) response is an evolutionally conserved mechanism and vital for cell
41 survival in harmful environments or pathophysiological stresses such as high temperature,
42 fever, or inflammation (Åkerfelt et al., 2010). Exposure to stressful conditions leads to
43 synthesis of heat shock proteins (HSPs) that are in a key role to protect cellular homeostasis
44 (Lindquist, 1986). The expression of HSP genes during HS is mainly controlled by heat
45 shock factor 1 (HSF1) (Wu, 1995). Upon stress, inactive HSF1 monomers are converted to
46 an active trimer that is hyperphosphorylated and translocated into the nucleus. Active HSF1
47 binds to heat shock elements (HSE) at the promoter regions of HSP genes and induces
48 transcription (Åkerfelt et al., 2010). Transcriptional response to HS results in the activation
49 of hundreds and repression of thousands genes. HSF1 is critical for the induction of HSPs
50 and over 200 other genes; however, the induction and repression of transcription during HS
51 are comprehensive and the majority of these changes are HSF1-independent (Mahat et al.,
52 2016). HSF1 DNA binding activity is detected within minutes of HS and is maintained at a
53 high level for an hour. Thereafter, HSF1 DNA binding activity decreases to control levels,
54 even if the cells still remain exposed to the HS (Kline & Morimoto, 1997).

55
56 Accumulating data show that the nuclear lamina is dynamically remodeled in response to
57 environmental cues. The ratio of A-type lamins (primarily lamin A and C) and B-type lamins
58 (lamin B1 and B2) correlates with tissue stiffness, and the elasticity and organization of the
59 lamina is further regulated by lamin phosphorylation/dephosphorylation status (Kochin et al.
60 2014; Buxboim et al., 2014; Swift et al., 2013). There are a number of studies suggesting
61 that that altered dynamics of lamins contribute to and are beneficial for cellular adaptation
62 under HS. Early studies reported heat-induced stabilization of nucleoskeleton and
63 dephosphorylation of lamin A/C during HS (Krachmarov & Traub, 1993). Several studies
64 have demonstrated that lamin B1 also is upregulated upon HS (Dymlacht et al., 1999;
65 Pradhan et al., 2020; Zhu et al., 1999) and downregulated during recovery (Haddad &
66 Paulin-Levasseur, 2008). In *Drosophila* Schneider 2 cells, lamin Dm2 is dephosphorylated
67 to lamin Dm1 during HS (Smith et al., 1987). Furthermore, hypersensitivity to HS has been
68 reported in dermal fibroblasts obtained from Hutchinson-Gilford progeria (HGPS) and
69 familial partial lipodystrophy (FPLD) patients carrying G608G and R482Q/W mutations in
70 the lamin A/C gene (*LMNA*), respectively (Paradisi et al., 2005; Vigouroux et al., 2001).
71 Interestingly, a recent study demonstrated that HS upregulates lamin A/C, and that lamin

72 A/C are required for heat-shock-mediated transcriptional induction of the Hsp70 genes
73 (Pradhan et al., 2020).

74

75 As lamin A/C has been shown to contribute to the conserved HS response, we wanted to
76 explore whether this response could be coupled to lamin A/C phosphorylation, which we
77 have shown to be a primary determinant of lamin organization and assembly in interphase
78 cells (Kochin et al., 2014). We show that lamin A/C is phosphorylated at serine 22 upon
79 prolonged HS in both transformed and primary human cell lines, as well as in mouse
80 fibroblasts, and *Drosophila melanogaster in vivo*. Lamin A/C phosphorylation leads to
81 increased nucleoplasmic localization of lamin A/C and rounding of the nucleus in human
82 fibroblasts. Furthermore, data from lamin A/C knock-out (KO) and mutant cells
83 demonstrated that a balanced lamin structure is needed to avoid nuclear deformation under
84 HS. In addition, our results reveal that lamin A/C is required during prolonged HS to regulate
85 the functions of the nuclear lamin A/C binding partner, lamina-associated polypeptide 2
86 alpha (Lap2 α), which we show to determine cell cycle progression and cell survival during
87 HS.

88

89 RESULTS

90 Lamin A/C is phosphorylated at serine 22 during HS

91 In an attempt to gain a better understanding of the function of nuclear lamina under heat-
92 induced stress, we examined the expression levels, localization, and post-translational
93 modifications of nuclear lamin A/C during HS. To this end, HeLa cells and primary human
94 and mouse fibroblasts were exposed to HS for different periods of time (Fig. 1A). We used
95 HSF1 gel shift as an established marker for an induced HS response (Åkerfelt et al., 2010).
96 Intriguingly, in concert with induced HS response, we observed gradually increased
97 phosphorylation of lamin A/C at serine 22 residue (Ser22) upon 1- to 4-hour HS at 42°C in
98 all the cell lines (as normalized to lamin A/C and GAPDH) while phosphorylation of serine
99 392 remained relatively stable throughout the experiments (Fig. 1A, Fig. S1). Whole *D.*
100 *melanogaster* fruit flies heat-shocked for 30 minutes at 37°C showed similarly increased
101 phosphorylation at Ser37, which is homologous to Ser22 in mammals (Fig. 1A). During the
102 recovery phase, pSer22 levels were reduced along with the attenuation of the HS response
103 as indicated with the lost gel shift of HSF1 (Fig. 1A, Fig. S1).

104

105 Additionally, we carried out a mass spectrometry (LC-MS/MS) analysis to identify any
106 additional differently phosphorylated residues in lamin A/C. Apart from Ser22, there were
107 five residues, Thr3, Ser5, S268, Ser398, and Thr590, that were detected in HS samples but
108 not in control samples (Table S1). These sites correspond well to the primary interphase
109 sites that we have previously shown to be primarily involved in regulating lamin A/C
110 assembly and dynamics (Kochin et al., 2014). To check how the HS-mediated Ser22
111 phosphorylation relates to the previously identified mitotically-induced Ser22
112 phosphorylation, HeLa cells were arrested at G1/S phase with aphidicolin prior to HS. Lamin
113 A/C was equally phosphorylated in synchronized cells upon HS confirming that
114 phosphorylation of lamin A/C at Ser22 takes place in heat-shocked interphase cells rather
115 than in mitotic cells (Fig. S1). In comparison, the nocodazole-arrested mitotic control cells
116 had significantly more pSer22 lamin A/C compared to the heat-shocked cells at G1/S phase
117 (Fig. S1). Confocal microscopy analysis with pSer22 lamin A/C antibody also showed
118 increased nucleoplasmic labeling in non-mitotic human and mouse cells upon HS (Fig. 1B).
119 This analysis also showed that the phosphorylation level is significantly higher in mitotic cells
120 where all the lamin is in a disassembled nucleoplasmic state. While the HS-induced
121 phosphorylation is at a lower level, the shift from the assembled form at the nuclear lamina
122 to nucleoplasmic lamin is also more modest. These results indicate that lamin A/C
123 phosphorylation at Ser22 is an evolutionary conserved HS response mechanism the onset
124 and cessation of which occur in concert with HSF1 activation and attenuation.

125

126 **Phosphorylation of lamin A/C facilitates rounding of the nucleus in response to HS**

127 To study further how HS and lamin phosphorylation affects nuclear and lamina structure,
128 primary human dermal fibroblasts from a healthy individual and from a dilated
129 cardiomyopathy (DCM) patient carrying the p.S143P mutation in *LMNA* were analyzed upon
130 mild 42°C (Fig. 2A) and severe 44°C HS (Fig. 2B). The baseline pSer22 status was slightly
131 higher in the patient cells compared to controls (Fig. 2A, B; $p < 0.05$). While the HS-induced
132 increase in lamin A/C phosphorylation followed the same kinetics in both cell lines, the
133 pSer22 levels remained consistently higher in the patient cells than in the control cells (Fig.
134 2A), an effect that was especially conspicuous upon severe 44°C HS (Fig. 2B). Noteworthy
135 is that the lamin A/C phosphorylation increased several fold higher in cells exposed to
136 severe HS as compared to cells subjected to mild HS (Fig. 2A, B). Following HS at 42°C
137 (4h) and 44°C (1h), there was a slight but statistically significant nucleoplasmic shift of lamin
138 A/C in the control cells (Fig. 2C, D; $p < 0.01$). In comparison, when patient fibroblasts were

139 examined, lamin A/C was found to be more nucleoplasmic already under normal culture
140 conditions (Fig. 2C) corresponding to our previous observations (West et al., 2016), and the
141 HS-induced increase in nucleoplasmic lamin A/C labeling was detected only at 44°C (Fig.
142 2C, D; $p < 0.05$). Correspondingly, lamin A/C phosphorylation intensity correlated with
143 increased nucleoplasmic localization when analyzed from individual cells at 37°C and upon
144 1- to 2-h HS at 44°C (Fig. 2E; Pearson correlation coefficient $R=0.38$ for control and $R=0.35$
145 for patient cells, $p < 0.01$).

146

147 Next, we investigated whether lamin A/C phosphorylation status correlates with HS-induced
148 morphological nuclear changes in individual cells. Determination of nuclear area and
149 sphericity from confocal sections of lamin A/C stained cells revealed no significant changes
150 under mild 42°C HS (Fig. S2). However, the nuclear area decreased significantly in both cell
151 lines under 44°C HS (Fig. 2F) and inversely correlated with nuclear rounding (sphericity)
152 (Fig. 2G-H; Pearson correlation coefficient $R=-0.62$ for control and $R=-0.65$ for patients cells,
153 $p < 0.001$). Equally, lamin A/C phosphorylation intensity and nuclear sphericity correlated
154 with each other in individual heat-shocked cells (Fig. 2I; Pearson correlation coefficient
155 $R=0.32$ for control and $R=0.43$ for patients cells, $p < 0.001$). These results confirm that
156 phosphorylation of lamin A/C facilitates nucleoplasmic localization of lamin A/C, which then
157 results in rounding of the nucleus in response to HS.

158

159 **Lamin A/C phosphorylation at Ser22 is mediated by several kinases under HS**

160 To identify potential kinase(s) responsible for lamin A/C phosphorylation during HS we
161 tested whether aforementioned HS response could be prevented in HeLa cells when treated
162 by different kinase inhibitors for 24 h prior to exposure to HS (Fig. 3A). In the presence of
163 specific PKC (10 μ M Go6976) and MAPK (10 μ M U0126) inhibitors, no increase in lamin
164 A/C phosphorylation was detected upon HS suggesting that both kinases may be involved
165 in HS-induced lamin phosphorylation. Additionally, MAPK inhibited cells showed
166 significantly less phosphorylation under HS compared to untreated HS cells ($p < 0.05$).
167 Similarly, the generic kinase inhibitor staurosporine (STA 200nM; inhibitor of multiple
168 kinases, e.g. PKC, MAPK) reduced lamin phosphorylation when compared to unheated cells
169 and heat-shocked control cells ($p < 0.05$ and $p < 0.01$ respectively). AKT inhibition (10 μ M
170 API-2) decreased the phosphorylation under normal culture conditions, but lamin A/C
171 phosphorylation was still slightly increased under HS. CDK inhibitors (100 nM flavopiridol
172 and 1 μ M roscovitine) had no effect on lamin A/C phosphorylation under HS.

173

174 The effect of 200 nM STA on nuclear structure of control and patient fibroblasts was further
175 analyzed after 1-h HS at 44°C. STA treatment reduced the pSer22 lamin A/C labeling
176 intensity significantly in both cell lines although a minor phosphorylation increase was still
177 detected under HS, especially in the patient cells (Fig. 3B, C; $p < 0.001$). Interestingly, STA
178 treatment appeared to inhibit the morphological changes previously detected in heat-
179 shocked cells. More specifically, the area and sphericity of heat-shocked healthy control
180 cells remained unchanged in the presence of STA while heat-shocked patient cells still
181 showed decreased nuclear area and rounding at 2-h timepoint (Fig. S3; $p < 0.001$). Similarly,
182 an increase in heterochromatin intensity (as detected by DAPI) was inhibited by STA in
183 healthy control cells after HS (Fig. 3D; $p < 0.05$) and correlated with lamin A/C
184 phosphorylation status (Fig. 3E; $p < 0.001$). Surprisingly, similar increase or correlation was
185 not detected in the patient cells (Fig. 3D, E). To conclude, these results suggest that several
186 kinases are responsible, either directly or indirectly, for HS-induced lamin A/C
187 phosphorylation. Since HS-induced increase in heterochromatin intensity is impaired in
188 lamin mutant patient cells, these results also imply that defects in lamina structure may alter
189 chromatin organization and global gene repression under HS.

190

191 **Lamin A/C knock-out cells exhibit deformed nuclear shape upon HS**

192 To further study the role of lamin A/C under HS, we created stable lamin A/C knock-out (KO)
193 HeLa cell lines using CRISPR/Cas9 technology. Cells lentivirally transduced with two
194 separate sgRNAs showed no detectable amounts of lamin A/C after single-cell sorting, while
195 transduction with non-targeting (NT) sgRNA had no effect on lamin expression (Fig. 4A-C).
196 There was no significant difference in the nuclear area between the KO, NT and non-
197 transduced parental cells under normal culture conditions or after 4-h HS at 42°C (data not
198 shown). However, lamin A/C KO cells showed more convoluted nuclear shape already under
199 normal culture conditions (Fig. 4D, $p < 0.001$) and these nuclear deformations became more
200 evident upon HS whereas control cells retained their normal round shape (Fig. 4D, E; $p <$
201 0.001). The ectopic expression of wild-type (WT), phosphomimetic (Ser to Asp, S22D) and
202 phosphorylation-deficient (Ser to Ala, S22A) mutant forms of GFP-labelled lamin A in LAC
203 KO1 cells rescued symmetrical nuclear shape under normal culture conditions (Fig 4F-G; p
204 < 0.001). However, only WT-LA and S22A-LA were able to protect nuclear morphology
205 under HS (Fig. 4G, $p < 0.001$). As S22D-LA is mostly nucleoplasmic (Fig. 4F), this

206 observation indicates that intact lamina structure is needed to support nuclear shape under
207 HS.

208 209 **HSF1 silencing affects lamin A but not lamin C protein level**

210 Since HSF1 is known to influence protein expression during cell stress, we further studied
211 whether HSF1 plays any role in the regulation of lamin A/C expression. HeLa cells stably
212 silenced for HSF1 (shHSF1) were exposed to HS for pre-determined periods of time (Fig.
213 5A). Interestingly, we noticed an overall reduced expression of lamin A but not lamin C in
214 shHSF1 cells suggesting that HSF1 may be involved in regulating lamin A protein level (Fig.
215 5A; N=5; $p < 0.05$; $p < 0.01$). Additionally, phosphorylation of lamin A/C at Ser22 appeared
216 delayed in the shHSF1 HeLa cells upon HS (Fig. 5A) but more detailed analysis showed that
217 there was ~40% less pSer22 lamin A/C in shHSF1 cells already under normal conditions
218 (as normalized to lamin A/C and HSC70) and the gradual increase in lamin A/C pSer22 level
219 thereafter was similar to HeLa WT (Fig. 5A). Immunofluorescence analysis showed no clear
220 difference in lamin A/C staining in shHSF1 HeLa cells compared to HeLa WT (Fig. 5B). We
221 also analyzed whether lamin A/C KO affects HSF1 protein expression but found no
222 significant differences in HSF1 expression level or localization in the KO cells (Fig. S4). In
223 summary, these results suggest that HS-induced phosphorylation of lamin A/C Ser22 is not
224 HSF1-dependent although the activation and attenuation of HSF1 is closely linked to pSer-
225 22 onset and cessation. However, lamin A downregulation in shHSF1 cells may indicate an
226 indirect crosstalk between lamin A and HSF1.

227 228 **Lap2 α is degraded under HS in a lamin A/C dependent manner**

229 We next asked whether lamin A/C phosphorylation affects its interaction with known binding
230 partners. Since the phosphorylation mostly appears in the nucleoplasmic pool of lamin A/C
231 rather than at the lamina region (Fig.1B), we decided to analyze the crosstalk between lamin
232 A/C and its binding partner Lap2 α . Based on proximity ligation assay (PLA), Lap2 α and
233 lamin A/C close proximity signals were reduced in HeLa cells after 4-hour HS at 42°C when
234 compared to control cells (Fig. 6A, B; $p < 0.001$). Since decreased number of PLA signals
235 may be due to reduced proximity or downregulation of either protein, we further tested the
236 abundance of lamin A/C and Lap2 α during HS. While lamin A/C protein levels remained
237 relatively stable, there was a clear downregulation of Lap2 α upon HS in parental HeLa and
238 NT HeLa cells but interestingly not in LA/C KO1 or KO2 cells (Fig. 6C, S5). All the heat-
239 shocked cell lines showed distinct Lap2 α aggregates, which mostly appeared in the nuclear

240 periphery (Fig. 6D). However, the Lap2 α aggregates in the KO cells were approximately 300
241 nm closer to the center of the nucleus compared to control cells suggesting that loss of lamin
242 A/C affected their localization (Fig. S5). The HS-induced Lap2 α degradation was restored
243 with ectopic expression of either WT-LA, S22D-LA, or S22A-LA into LA/C KO1 cells (Fig.
244 6E, S6). Additionally, the localization of Lap2 α aggregates towards the nuclear periphery
245 was rescued with all the plasmids (Fig. S6).

246
247 Since HS-induced Lap2 α downregulation could be due to reduced protein synthesis or
248 degradation of the protein, we next exposed HeLa cells to HS in the presence of 10 μ M
249 cycloheximide (CHX, an inhibitor of protein synthesis), 10 μ M epoximycin (EPO, a
250 proteasomal inhibitor), and/or 10 μ M chloroquine (CQ, an inhibitor of autophagy) (Fig. 6E).
251 Surprisingly, Lap2 α was not downregulated or aggregated in heat-shocked cells under CHX
252 treatment. Since CHX inhibits all protein synthesis, it is possible that proteins required for
253 Lap2 α degradation were not produced. This also points out that Lap2 α downregulation is
254 due to degradation of the protein rather than inhibition of protein synthesis. Lap2 α was
255 equally downregulated upon HS in the presence of EPO or CQ. However, in the presence
256 of both EPO and CQ, Lap2 α protein level remained stable. These results suggest that under
257 prolonged HS, Lap2 α is degraded possibly through both proteasomes and autophagy, and
258 the degradation is impaired in lamin A/C KO cells.

259

260 **Dermal patient fibroblasts with a *LMNA* mutation are more sensitive to HS**

261 To study whether aforementioned changes in Lap2 α take place also in normal diploid cells,
262 control and patient fibroblasts with p.S143P *LMNA* mutation were tested. Similar to HeLa
263 cells, Lap2 α was downregulated in heat-shocked control fibroblasts (Fig. 7A; $p < 0.05$).
264 However, in the patient cells Lap2 α downregulation was delayed and evident only after 4 h
265 HS and at the recovery (Fig. 7A; $p < 0.05$). Further analysis revealed that Lap2 α was
266 downregulated in parallel with reduced proliferation marker Ki-67 expression (Fig. 7B,C, S7).
267 In the control cells, the number of Ki-67 positive cells decreased from original 35% to 7%
268 during 4-hour HS while in the patient cells a significantly smaller reduction from 41% to 28%
269 was observed (Fig. 7C; $p < 0.001$ and $p < 0.05$, respectively). Correspondingly, there was
270 significantly more mitotic cells among patient cells compared to controls during HS (Fig. 7D,
271 $p < 0.05$). These results suggest that HS-induced cell cycle arrest to G0 is impaired in lamin
272 A/C mutant cells. Additionally, there was significantly more cleaved poly (ADP-ribose)
273 polymerase-1 (PARP-1) in the patient cells throughout the experiment, potentially indicating

274 caspase activity and increased DNA damage in these cells (Fig. 7A). Cell viability was further
275 analyzed with a cell count assay. HS at 42°C did not affect the viability of either cell line (Fig.
276 S7). However, HS at 44°C reduced the survival of patient cells (presumably due to increased
277 cell death) within the first 48 hours of recovery (Fig. 7E; $p < 0.05$). Both the cell lines
278 eventually recovered from the HS and started to proliferate after 96 h. Altogether, these
279 results suggest that patient cells have decreased capacity to undergo cell cycle arrest which
280 may eventually lead to reduced cell survival at the recovery.

281

282 **DISCUSSION**

283 In the current study, we describe a previously unreported and evolutionary conserved post-
284 translational modification of the lamin A/C amino-terminal head upon HS. Lamin A/C was
285 gradually phosphorylated at Ser22 in both normal diploid and transformed human and
286 mouse cell lines, as well as in *D. melanogaster* flies *in vivo*. Consequently, the
287 phosphorylated pool of lamin A/C relocated into nucleoplasm and the adapted nuclei
288 became more spherical especially under severe HS. On the other hand, lamin A/C KO and
289 mutant cells were more vulnerable to HS indicating that normal filamentous lamina, formed
290 by unphosphorylated lamins, is equally important for nuclear shape maintenance and for
291 regulation of cell cycle through Lap2 α in heat-shocked cells. All these results suggest that
292 the nuclear lamina is dynamically modified under HS to preserve cell homeostasis.

293

294 **The effects of HS-induced phosphorylation on lamin A/C**

295 In early studies, Krachmarov & Traub (1993) reported heat-induced stabilization of
296 nucleoskeleton and dephosphorylation of lamin A/C in Ehrlich Ascites tumor cells after HS.
297 Additionally, Smith et al. (1987) reported that in *Drosophila* Schneider 2 cells lamin Dm2 is
298 dephosphorylated to lamin Dm1 under HS. In contrast to these studies on the overall
299 phosphorylation state, we focused on specific lamin A/C phospho-epitopes and our results
300 are thus not necessarily in contradiction with the previous observations (although we found
301 no clear evidence for general dephosphorylation of lamin A/C upon HS in LC-MS/MS
302 analysis).

303

304 Ser22 is a canonical mitotic phosphorylation site but accumulating data shows that Ser22 is
305 also phosphorylated in interphase cells upon low mechanical stress and on soft matrices
306 leading to increased elasticity of the nuclear lamina and improved cellular adaption (Bainer
307 & Weaver, 2013; Buxboim et al., 2014). Our results are in line with the literature as we

308 demonstrated that lamin A/C phosphorylation increases the nucleoplasmic localization of
309 lamin A/C and simultaneous rounding off a nucleus in response to HS (Fig. 2C-I). Hence,
310 the pSer22 response causes a partial change in phosphorylation stoichiometry, which is not
311 sufficient to induce full disassembly but rather a partial shift from the assembled to the
312 nucleoplasmic lamin pool, which is likely to serve the regulation of nuclear structure and
313 properties to facilitate nuclear adaptation during the ongoing stressful conditions.

314
315 The nuclear rounding during HS is presumably a consequence of cell shrinking. Gungor et
316 al. (2014) reported a drastic reduction of F-actin expression and cell rounding/shrinking in
317 response to severe heat treatment (43°C). The resulting reduced cytoskeletal tension also
318 decreases tension on the nucleus and facilitates its rounding through lamin A/C
319 phosphorylation (Buxboim et al., 2014). In accordance with the assumption that nuclear
320 rounding is due to phosphorylation-mediated effects, we found that nuclear rounding of
321 fibroblast was prevented when lamin A/C phosphorylation was inhibited (Fig. 2, S3).

322
323 More recently, it was reported that in interphase cells pSer22 lamin A/C may act as a
324 transcriptional activator by binding gene enhancer domains in the nuclear interior, and some
325 of the binding sites were altered in dermal fibroblasts obtained from HGPS patients (Ikegami
326 et al., 2020). Transcriptional response to HS results in the repression of thousands of genes
327 (Mahat et al., 2016) and this is likely to explain the increased intensity of heterochromatin
328 detected in healthy fibroblasts during HS (Fig. 3D). The enhanced heterochromatin intensity
329 also correlated with pSer22 lamin A/C status (Fig. 3E). However, we did not observe a
330 similar heterochromatin increase in the patient cells (Fig. 3E). Considering the findings
331 reported by Ikegami et al. (2020) it is tempting to speculate that phosphorylated lamin A/C
332 contributes to HS-induced gene expression, similar to HSF1, and further studies on these
333 mechanisms are warranted.

334
335 We also noticed that lamin A/C was constantly more phosphorylated at Ser22 in the patient
336 fibroblasts compared to control cells. Since p.S143P mutant lamin A/C is incapable of
337 forming normal filaments and primarily nucleoplasmic (West et al., 2016), it may be more
338 accessible by kinase for phosphorylation in these cells (Fig. 2A, B). As Ser22
339 phosphorylation is known to increase the mobility of lamin A (Kochin et al., 2014), the
340 increased phosphorylation of lamin A/C may further reduce the stability of lamina in the
341 patient cells.

342

343 **Multiple kinases may phosphorylate lamin A/C under HS**

344 To determine the kinases responsible for the HS-induced phosphorylation of lamin A/C
345 Ser22, we inhibited several different kinases that have previously been shown to
346 phosphorylate lamin A/C (reviewed by Liu and Ikegami, 2020). Both MAPK and PKC
347 inhibitors partially abolished lamin A/C phosphorylation, while the pan-inhibitor (STA) had
348 the most significant effect suggesting that several kinases may be involved. Our results are
349 consistent with previous screening studies showing that lamin A/C are ERK2 substrates
350 (Carlson et al., 2011). There is also evidence that lamin A is phosphorylated at Ser268 by
351 PKC to regulate nuclear size (Edens et al., 2017). Interestingly, we also detected the
352 phosphorylation of Ser268 in LC-MS/MS analysis after 2- and 4-h HS but not in control cells
353 (Table 1S). Therefore, it is possible that phosphorylation of lamin A/C at Ser268 contributes
354 to modulation of nuclear size upon HS. Since at least 25 residues in lamin A/C are known
355 to be phosphorylated during interphase and the degree of phosphorylation at each site may
356 vary (Liu & Ikegami, 2020), one still needs to be cautious when estimating the biological
357 effect of a single residue phosphorylation.

358

359 **The effects of Lap2 α degradation on cell survival upon HS**

360 Our results also revealed that Lap2 α is degraded under HS and the degradation is impaired
361 in lamin A/C KO cells (Fig. 6C, S5). Transfections with WT-LA, S22D-LA, and S22A-LA
362 restored the degradation of Lap2 α (Fig. 6E), which suggest that Lap2 α is degraded in lamin
363 A/C dependent manner, but is independent of lamin A/C Ser22 phosphorylation status. A
364 similar downregulation was detected in primary human skin fibroblasts derived from a
365 healthy control and a DCM patient, carrying the p.S143P *LMNA* mutation (Fig. 7A). We also
366 noticed that Lap2 α is degraded simultaneously with Ki-67 in control fibroblasts under severe
367 HS but such degradation appeared delayed in the *LMNA* mutant patient fibroblasts (Fig. 7B-
368 C). Previous data has shown that Lap2 α is required for cell proliferation and is degraded
369 upon cell cycle arrest in normal human fibroblasts (Pekovic et al., 2007). Based on these
370 results, we conclude that lamin mutant fibroblasts have decreased capacity to undergo cell
371 cycle arrest to G0 under HS. Similar results have been reported in *Lmna*^{-/-} MEFs, that
372 showed diminished cell cycle arrest in response to γ irradiation-induced DNA damage
373 (Johnson et al., 2004). Continued cell cycle under stressful conditions typically leads to
374 accumulating DNA damage and eventually cell death through apoptosis. Accordingly,
375 PARP-1 was increasingly cleaved in lamin mutant patient cells under 44°C HS and the cells

376 showed reduced survival at the recovery when compared to control cells (Fig. 7E). In
377 support, hypersensitivity to HS has previously been reported in dermal fibroblasts obtained
378 HGPS patients carrying the G608G mutation in *LMNA* gene. These cells showed
379 dysmorphic nuclei and delayed recovery after 30 min HS at 45°C (Paradisi et al., 2005).
380 Extensive nuclear deformations were also detected in heat-shocked dermal fibroblasts from
381 FPLD patients carrying the R482Q mutation in *LMNA* gene (Vigouroux et al., 2001).
382 Altogether these results indicate that in heat-shocked cells, where the lamina is rapidly
383 remodeled through phosphorylation, the disease-linked mutations in lamin A/C cause
384 nuclear instability and may sensitize cells to cell death.

385

386 In conclusion, we discovered a previously unknown and evolutionary conserved mechanism
387 that regulates lamin A/C dynamics in heat-shocked cells. The degree of lamin A/C Ser22
388 phosphorylation appears tightly regulated and correlates with duration and severity of HS
389 suggesting that the ratio of phosphorylated and unphosphorylated lamin A/C is critical for
390 maintenance of proper lamina elasticity/stiffness, depending on prevailing circumstances.
391 Our results also show that HS-induced modifications in the lamina are very similar to those
392 induced by mechanical cues, such as matrix elasticity (Buxboim et al., 2014), and it seem
393 plausible that Ser22 phosphorylation is a consequence of cell shrinking and nuclear
394 rounding observed in heat-shocked cells. Which kinase is responsible for Ser22
395 phosphorylation and whether pSer22-lamin A/C also plays a role in HS-induced gene
396 expression remains to be elucidated in follow-up studies.

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410 **MATERIALS AND METHODS**

411

412 **Cell lines, cell culture and transfections**

413 HeLa cervical carcinoma cells were grown under a humidified 5% CO₂ atmosphere at 37°C
414 in Dulbecco's modified Eagle's medium (DMEM, Lonza, Alpharetta, GA, USA)
415 supplemented with 10% fetal bovine serum (Thermo Fisher Scientific, Waltham, MA, USA)
416 and penicillin/streptomycin/glutamine (Thermo Fisher Scientific). HSF1 silenced HeLa cells
417 (ShHSF1) were kindly provided by Professor Lea Sistonen (Åbo Akademi University, Turku,
418 Finland). Primary human and mouse fibroblasts were cultured in Minimum Essential Media
419 (MEM, Thermo Fisher Scientific) supplemented with 15% FBS, antibiotics (penicillin,
420 streptomycin), and 5% Non-Essential Amino Acids (Thermo Fisher Scientific). The use of
421 patient fibroblasts was approved by the Ethics Committees of the Hospital District of Helsinki
422 and Uusimaa (HUS 387/13/03/2009 and HUS/1187/2019). All procedures were undertaken
423 with informed consent and according to the principles expressed in the Declaration of
424 Helsinki.

425

426 HeLa cells and mouse fibroblasts were heat shocked under a humidified 5% CO₂
427 atmosphere at 42°C for 1, 2, or 4 h and left to recover at 37°C for 3 or 24 h after 2-h HS.
428 Human fibroblasts were heat shocked either at 42°C or 44°C. For cell cycle synchronization
429 10 µg/ml aphidicolin (Sigma-Aldrich, Saint Louis, MO, USA) was used 24 h prior to HS. For
430 kinase inhibition 100 nM flavopiridol (Selleckhem, Houston, TX, USA), 1 µM roscovitine
431 (Selleckhem), 10 µM U0126 (Selleckhem), 10 µM Go6976 (Selleckhem), 10 µM triciribine
432 (API-2, Selleckhem), or 200nM staurosporine (STA, Selleckhem) was used 24 h prior to
433 exposure to HS. For degradation analysis we exposed HeLa cells to HS in the presence of
434 10 µM cycloheximide (CHX, Sigma-Aldrich), 10 µM epoximycin (EPO, Sigma-Aldrich), and
435 10 µM chloroquine (CQ, Sigma-Aldrich). For control cells, equal concentrations of solvent
436 (DMSO) was added into culture media.

437

438 Lamin A/C KO HeLa cells were transfected with Trans-IT HelaMONSTER (MirusBio,
439 Madison, WI, USA) according to the manufacturer's protocol and used for experiments 48 h
440 after the transfection. Plasmids encoding either wild-type EGFP-tagged lamin A (pEGFP-
441 C1-LA), phosphomimetic (pEGFP-C1-LA-S22D), or phospho-deficient (pEGFP-C1-LA-
442 S22A) mutant forms of lamin A were cloned as described elsewhere (Kochin et al., 2014).

443 Human fibroblast count was determined after 2-h HS (44°C) at 0, 24, 48, and 96-h time
444 points. Attached cells were trypsinized at each time point, collected and counted with cell
445 counting slides (BioRad, Hercules, CA, USA).

446

447 **CRISPR/Cas9 *LMNA* KO HeLa**

448 Lamin A/C knock-out (KO) HeLa cells were established with CRISPR/Cas9 technology at
449 Turku Bioscience Genome Editing Core. A two-component CRISPR system was used to
450 generate *LMNA* KO cells (Adli, 2018). *LMNA* sgRNAs (seq#1-
451 CCAGAAGAACATCTACAGTG, seq#2-TGAAGAGGTGGTCAGCCGCG, seq#3-
452 ATGCCAGGCAGTCTGCTGAG were selected using DeskGEN platform and cloned
453 according to Feng Zhang lab protocol. Both *LMNA* sgRNA#1 and #2 generated full KO
454 clones.

455

456 Separate lentivectors containing spCas9 (lentiCas9-Blast a gift from Feng Zhang (Addgene
457 plasmid # 52962) and sgRNA (lentiGuide-Puro a gift from Feng Zhang (Addgene plasmid #
458 52963) were produced in 293FT packaging cell line by transient cotransfection. Shortly, 40-
459 70% confluent HEK 293FT cells were used for transfections with 14 µg of transfer vector, 4
460 µg of packaging vector psPAX2 (gift from Didier Trono (Addgene plasmid # 12260)), 2 µg
461 envelope vector pMD2.G (gift from Didier Trono (Addgene plasmid # 12259)) mixed in 0.45
462 mL water, 2.5M CaCl₂, and 2x HeBS (274 mM NaCl, 10 mM KCl, 1.4 mM Na₂HPO₄, 15
463 mM D-glucose, 42 mM Hepes, pH 7.06) per 10 cm dish. Before adding to the cells, the DNA-
464 HeBS mix was incubated for 30 min at RT. After overnight incubation medium with DNA
465 precipitate was gently removed from the cells and replaced with a full fresh medium. Media
466 containing viral particles was collected after 72 h, spun at 300 rpm for 5 min at RT to remove
467 cell debris, filtered through 0.45 µm PES filter, and concentrated by ultracentrifugation for 2
468 h at 25,000 rpm, 4°C (Beckman Coulter). The pellet containing lentiviral particles was
469 suspended in the residual medium, incubated for ~2 h in +4°C with occasional mild vortex,
470 aliquoted, snap-frozen and stored in -70°C. P24 ELISA measured physical lentiviral titer with
471 a serial dilution of virus stock according to manufacturer protocol.

472

473 To generate *LMNA*^{-/-} clones in HeLa cells, 1e+05 cells were seeded on a 24-well plate. The
474 next day the cells were transduced with Lenti-Cas9 (MOI 1, 3, 6), and 72 hours later, 8
475 µg/mL of Blasticidin was applied to select Cas9 expressing cells. Cells transduced with the
476 smallest amount of Lenti-Cas9 particles that survived after the control well were proceeded

477 to the next step. In the second stage, the mixed pool of stably expressing Cas9 cells was
478 transduced with Lenti sgRNA vectors (MOI 6,9, 12), and 72 hours later, 1 µg/ul Puromycin
479 was applied on cells to select double-positive Cas9+/Lenti sgRNA+ cells. Based on Western
480 blot results, cell populations showing the highest reduction in lamin A/C protein levels were
481 single sorted (Sony SH800 cell sorter, Sony Biotechnology Inc) and re-grown into a clonal
482 cell population. On average, about 20 clones per sgRNA population were screened with
483 Western blotting and Sanger sequencing to confirm full knockout status.

484 485 ***Drosophila melanogaster* husbandry, treatments and analysis**

486 Canton-S wild type flies were a gift from Dr. Pascal Meier, Institute of Cancer Research,
487 London UK. Flies were maintained in vials at 22°C on a 12-hour light/dark cycle on Nutri-Fly
488 cornmeal medium (Nutri-fly BF, Dutscher Scientific, France). Adult flies were used in the
489 experiments. HS was induced in the flies by incubating the vials (20-30 flies per vial) at 37°C
490 for 30 min, followed by 3- or 7-h recovery periods at 22°C. Ten flies per sample were kept
491 at -20°C for 5 min to euthanize the flies. Using an electronic pestle, the flies were
492 homogenized in lysis buffer (50 mM Tris [pH 7.5], 150 mM NaCl, 1% Triton X-100, 1 mM
493 EDTA, 10% glycerol) with 1x protease and phosphatase inhibitors (Thermo Scientific). The
494 lysates were kept on ice for 10 min. To remove exoskeleton and fat from the lysates, the
495 samples were centrifuged for 10 min at 12000 rpm at 4°C. The clear supernatant was
496 transferred into new microtubes, avoiding the debris at the bottom and the fat layer on the
497 top. The lysate was cleared by centrifuging again for 10 min at 12000 rpm at 4°C. The clear
498 supernatant was transferred into new microtubes and mixed with 4x Laemmli-β-
499 mercaptoethanol to a concentration of 1x. Samples were incubated at 95°C for 10 min and
500 separated on 10% SDS-PAGE gel and transferred to a nitrocellulose membrane. *Drosophila*
501 lamin C and phosphorylated lamin C were detected with mouse anti-lamin C antibody
502 (1:1000, LC28.26, DSHB, Iowa City, IA, USA) and rabbit monoclonal phospho-lamin A/C
503 (Ser22) (1:1000, D2B2E, Cell Signaling Technology, Danvers, MA, USA), respectively. Actin
504 was used as a loading control and was detected with goat polyclonal actin antibody (1:2000,
505 C11, sc-1615, Santa Cruz Biotechnology, Dallas, TX, USA). The secondary antibodies were
506 goat anti-mouse IgG-HRP (sc-2005), goat anti-rabbit IgG-HRP (sc-2004) and donkey anti-
507 goat IgG-HRP (sc-2020) (all from Santa Cruz Biotechnology) at 1:5000. The ECL advanced
508 Western blotting detection kit (RPN 3243, Sigma Aldrich) was used for signal detection.

509 510 **Immunoblotting**

511 Unheated and heated samples were lysed in mammalian protein extraction reagent (M-PER,
512 Thermo Fisher Scientific) complemented with 1x protease and 1x phosphatase inhibitors
513 (Thermo Fisher Scientific). Cell lysates were mixed with 4x Laemmli sample buffer and run
514 on a 4–20% gradient gel (BioRad) and transferred to nitrocellulose filter (BioRad). The
515 primary antibodies used were mouse monoclonal lamin A/C (1:10,000, 5G4, kindly provided
516 by Prof. Robert D. Goldman, Northwestern University, USA), rabbit polyclonal heat shock
517 factor 1 (1:1000, ADI-SPA-901, Enzo Life Science, Farmingdale, NY, USA), rat monoclonal
518 heat shock factor 1 (1:1000, 10H8, Stress Marq Bioscience inc., Victoria, Canada), rabbit
519 monoclonal phospho-lamin A/C serine 22 (1:1000, D2B2E, Cell Signaling Technology),
520 rabbit polyclonal phospho-lamin A/C serine 392 (1:1000, ab58528, Abcam), rabbit polyclonal
521 AKT (pan) (1:1000, C67E7, Cell Signaling Technologies), rabbit monoclonal pAKT T303
522 (1:1000, D6F8, Cell Signaling Technologies), rabbit polyclonal ERK1 (1:500; K-23, Santa
523 Cruz Biotechnology), rabbit polyclonal ERK2 (1:500, c-14, Santa Cruz Biotechnology), rabbit
524 monoclonal pERK1/2 (1:1000, D13.14.4E, Cell Signaling Technologies), rabbit monoclonal
525 cleaved PARP-1 (1:1000, E-51, Abcam, Cambridge, UK), rabbit monoclonal Caspase-3
526 (1:1000, 8G10, Cell Signaling), rabbit monoclonal cleaved caspase-3 (1:1000, Asp175, Cell
527 Signaling), rabbit monoclonal Lap2 α (1:5000, 245/2, kindly provided by Prof. Roland
528 Foisner, University of Vienna), HSP70/HSP72 mouse monoclonal (1:1000, C92F3A-5, Enzo
529 life sciences), HSC70/HSP73 rat monoclonal (1:1000, 1B5, Enzo life sciences), HRP-
530 conjugated anti-GAPDH (1:5000, ab9385, Abcam) and mouse monoclonal anti-actin
531 (1:1000, AC-40, Sigma-Aldrich). Secondary antibodies were HRP-conjugated donkey anti-
532 rabbit-IgG, sheep anti-mouse-IgG and anti-rat-IgG (all from GE Healthcare, Chicago, IL,
533 USA). The antibodies were detected with Enhanced Chemiluminescence kit (Thermo
534 Fischer Scientific).

535

536 **Immunofluorescence and Microscopy**

537 Cells grown on coverslips were fixed in 10% formalin for 10 min, permeabilized with 0.1%
538 Triton X-100 for 10 min and blocked with 1% BSA in TBST for 30 min. The primary antibodies
539 used were mouse monoclonal lamin A/C (1:10000, 5G4, kindly provided by prof. Robert D.
540 Goldman, Northwestern University, USA), mouse monoclonal lamin A/C (1:100, 4C11, Cell
541 Signaling Technologies), rabbit monoclonal phospho-lamin A/C serine 22 (1:400, D2B2E,
542 Cell Signaling), rabbit polyclonal HSF1 (1:400, ADI-SPA-901, Enzo), rat monoclonal HSF1
543 (1:400, 10H8, StressMarq Bioscience Inc.), rabbit monoclonal Lap2 α (1:1000, 245/2, kindly
544 provided by Prof. Roland Foisner, University of Vienna), and mouse monoclonal Ki-67

545 (1:200, MIB-1, DAKO, Denmark). The secondary antibodies were donkey anti-rabbit IgG
546 conjugated to Alexa Fluor 488, donkey anti-mouse IgG conjugated to Alexa Fluor 555, and
547 chicken anti-rat IgG conjugated to Alexa Fluor 647 (all Molecular Probes, 1:200, Eugene,
548 OR, USA). ProLong Diamond Antifade Mountant with DAPI was used to visualize DNA
549 (Thermo Fisher Scientific). Dualink proximity ligation assay (PLA) was conducted according
550 to the manufacturer's protocol (Sigma-Aldrich).

551
552 The spinning disk confocal microscope used was a 3i Marianas with Yokogawa CSU-W1
553 scanning unit on an inverted Zeiss AxioObserver Z1 microscope, controlled by SlideBook 6
554 software (Intelligent Imaging Innovations GmbH, Göttingen, Germany). The objective used
555 was 63x/1.4 oil. Images were acquired with ORCA Flash4 sCMOS camera (Hamamatsu
556 Photonics, Hamamatsu, Japan). All the images were analyzed with ImageJ Fiji software
557 (Schindelin et al., 2012). Confocal maximum projection images were used to analyze the
558 quantity of PLA signals. Lap2 α aggregate quantity and localization were analyzed from 3D
559 confocal stacks using imageJ plugin NucleusJ (Poulet et al., 2015). Fluorescence intensities
560 of lamin A/C within the lamina (L) and nucleoplasmic (N) regions were quantified and the
561 ratio of fluorescence between the lamina and nucleoplasma were calculated as follows:

562
563
$$\textit{intensity ratio} = \frac{N-B}{L-B}$$

564
565 , where B is background.

566
567 The shHSF1 samples were imaged using a Zeiss LSM880 confocal microscope with
568 Airyscan mode. Images were taken using a 63x Zeiss C plan-Apochromat oil immersion
569 objective (NA = 1.4) with an additional 1.8x zoom. Following imaging, the raw data was
570 processed using the Airyscan processing module in the Zen blue software (Jena, Germany).
571 Minor image quality adjustments were done using the ImageJ FIJI software.

572
573 **Phosphorylation analysis by mass spectrometry**

574 Lamin A/C was immunoprecipitated from G1/S phase synchronized control and heat
575 shocked (2 and 4 h at 42°C) HeLa cells and run on gel. Mass spectrometry analysis was
576 performed at the Turku Proteomics Facility, University of Turku and Åbo Akademi University
577 with the following protocol: Lamin A/C immunoprecipitate was in-gel digested using trypsin.

578 Phosphopeptides were enriched by Thermo's High-Select TiO₂ Phosphopeptide
579 Enrichment Kit according manufacturer's protocol. The LC-ESI-MS/MS analyses were
580 performed on a nanoflow HPLC system (Easy-nLC1200, Thermo Fisher Scientific) coupled
581 to the Q Exactive HF mass spectrometer (Thermo Fisher Scientific, Bremen, Germany)
582 equipped with a nano-electrospray ionization source. MS data was acquired automatically
583 by using Thermo Xcalibur 3.1 software (Thermo Fisher Scientific). Data files were searched
584 for protein identification using Proteome Discoverer 2.3 software (Thermo Fisher Scientific)
585 connected to an in-house server running the Mascot 2.6.1 software (Matrix Science). Data
586 was searched against a SwissProt database containing human protein sequences.

587

588 **Statistical analysis**

589 Each experiment was repeated at least two times from samples that were prepared
590 independently of each other. The results are presented as average values \pm SEM. The
591 statistical analyses were performed using Graphpad Prism 8, Microsoft Excel or R software.
592 Datasets that followed normal distribution were analyzed with Student's t-test or grouped
593 two-way ANOVA followed by Tukey post-test. Pearson correlation coefficient was used to
594 quantifie the relationship between two variables. Non-parametric datasets were analyzed
595 with Mann-Whitney test. P-values ≤ 0.05 were considered statistically significant and are
596 marked with symbols in the figures. The exact sample sizes and number of measurements
597 for each experiment is indicated in the figure texts.

598

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606

607 **Competing interests**

608 The authors declare no competing or financial interests.

609

610 **Author contributions**

611 L.V., E.H., J.E., A.M. and P.T. designed and performed research, and wrote the manuscript.
612 J.G., M.H., J.I., G.W, A.P. and F.L. performed experiments. T.H. recruited patients and
613 provided material. All co-authors approved the final version of the manuscript.

614

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Figure legends

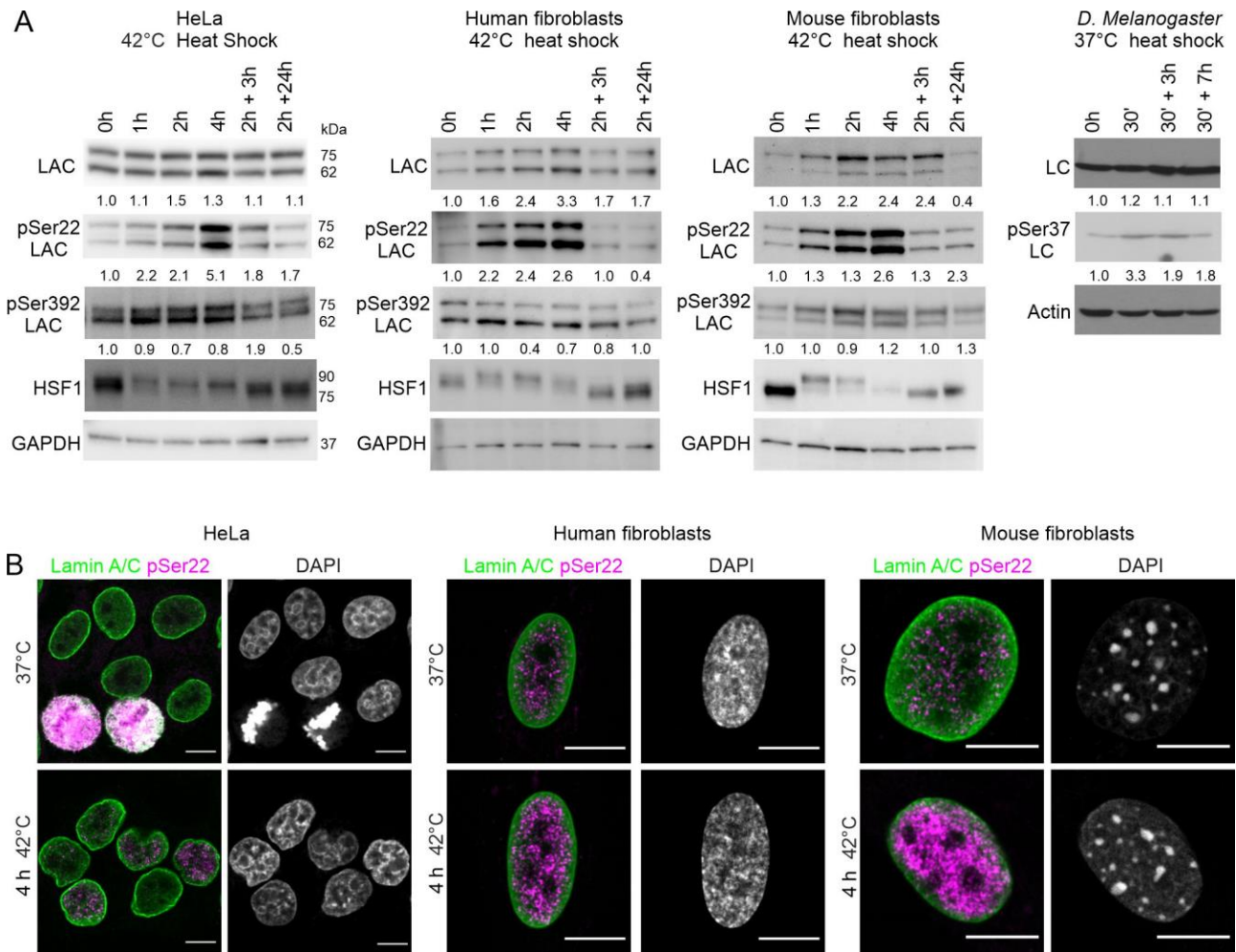


Figure 1. Lamin A/C is phosphorylated at serine 22 upon HS. **A)** Western blot analysis of lamin A/C (LAC), phospho-serine 22 lamin A/C (pSer22 LAC), phospho-serine 392 lamin A/C (pSer392 LAC), and heat shock factor 1 (HSF1) after 1- to 4-hour heat shock (HS) at 42°C and 3- and 24-h recovery at 37°C in HeLa cells, primary human and mouse fibroblasts. Whole *D.Melanogaster* flies were heat-shocked for 30 min at 37°C and left to recover for 3 and 7 h at 22°C. The average numerical values of signal intensities relative to loading control (GAPDH, actin) from individual experiments are shown below each blot. pSer22 and pSer392 lamin A/C levels were normalized to GAPDH and lamin A/C. (HeLa: N=6, human fibroblasts: N=3, mouse fibroblasts: N=3, *D.Melanogaster*: N=4). **B)** HeLa cells, human and mouse fibroblasts were cultured either in normal culture conditions or exposed to 4-h HS at 42°C, fixed and stained for lamin A/C (green), pSer22 lamin A/C (magenta), and DAPI (grey). Scale bar 10 μ m.

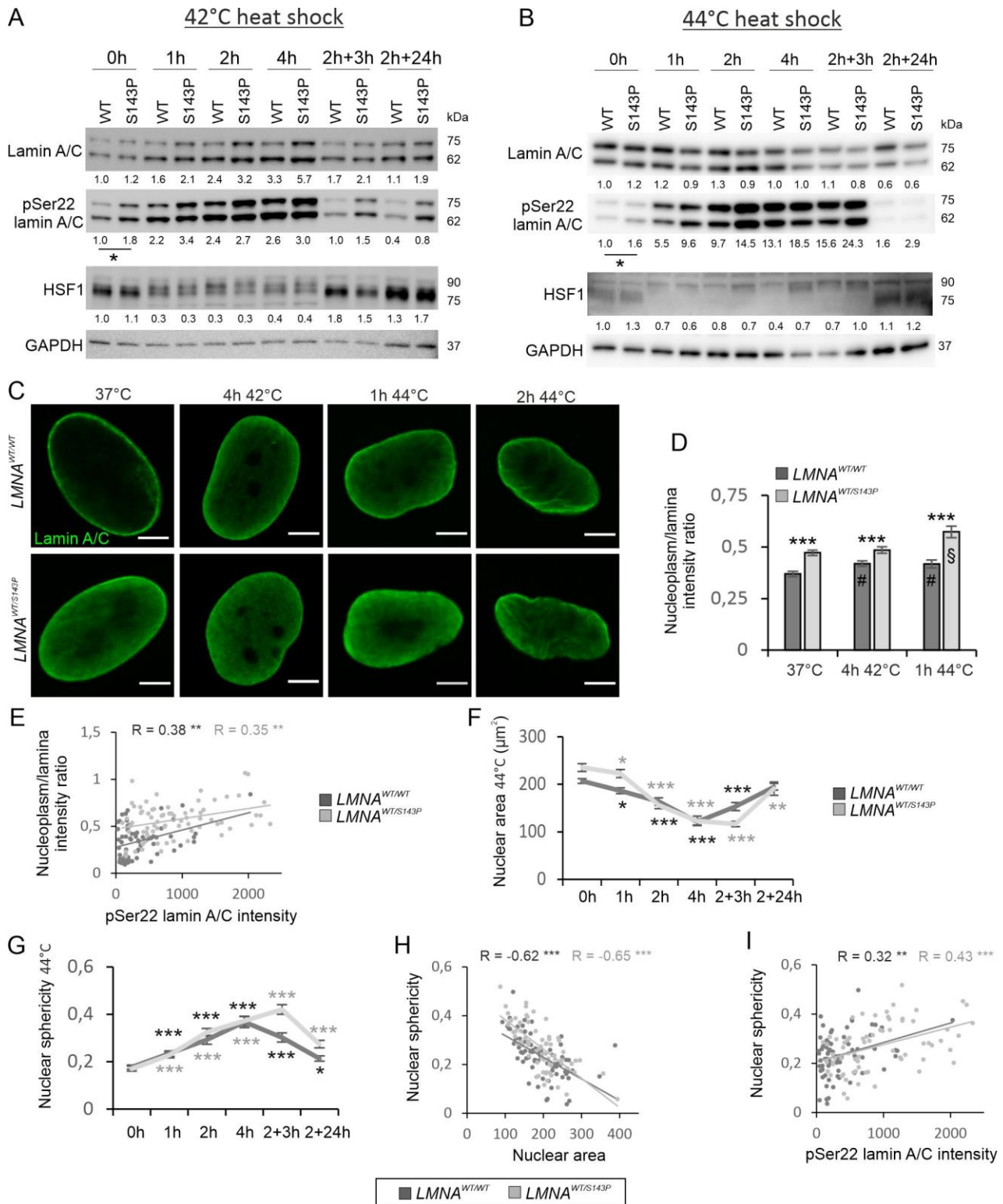


Figure 2. Phosphorylation of lamin A/C facilitates rounding of the nucleus in response to HS. **A-B)** Western blot analysis of control and patient fibroblasts carrying the p.S143P mutation in *LMNA* as detected with lamin A/C, pSer22 lamin A/C and HSF1 antibodies upon 1- to 4-h HS at 42°C or 44°C and at the recovery. The average numerical values of signal intensities relative to the loading control (GAPDH) are shown below each blot (N=3-5

replicates). pSer22 lamin A/C was normalized to GAPDH and lamin A/C. **C)** Confocal microscopy images of *LMNA*^{WT/WT} and *LMNA*^{WT/S143P} fibroblasts stained for lamin A/C at normal culture conditions, after 4-h HS at 42°C and after 1-h and 2-h HS at 44°C. Scale bar 5 µm. **D)** Lamin A/C fluorescence intensities at the lamina region and in the nucleoplasm were determined from the mid-plane confocal sections of randomly selected cells and the average ratios of the signals (nucleoplasm/lamina) were plotted (N=30-50). **E)** Scatter blot of lamin A/C nucleoplasm/lamina intensity ratio versus pSer22 lamin A/C intensity determined from randomly selected cells at 37°C and after 1- and 2-h HS at 44°C (N=70). **F-G)** Nuclear area (µm²) and nuclear sphericity of *LMNA*^{WT/WT} and *LMNA*^{WT/S143P} fibroblasts was determined from confocal sections of randomly selected cells at 37°C, after 1- to 4-h HS at 44°C, and after 3- and 24-h recovery at 37°C (N=50-90). **H)** Scatter blot of nuclear sphericity versus nuclear area upon 0 - 2 h HS at 44°C (N=70). **I)** Scatter blot of nuclear sphericity versus pSer22 lamin A/C intensity upon 0 - 2 h HS at 44°C (N=70). Bars express mean ± s.e.m, Pearson correlation coefficients (R) are indicated, *p < 0.05, **p < 0.01, ***p < 0.001, # p < 0.01 (*LMNA*^{WT/WT} control vs. *LMNA*^{WT/WT} HS), § p < 0.05 (*LMNA*^{WT/S143P} control vs. *LMNA*^{WT/S143P} HS).

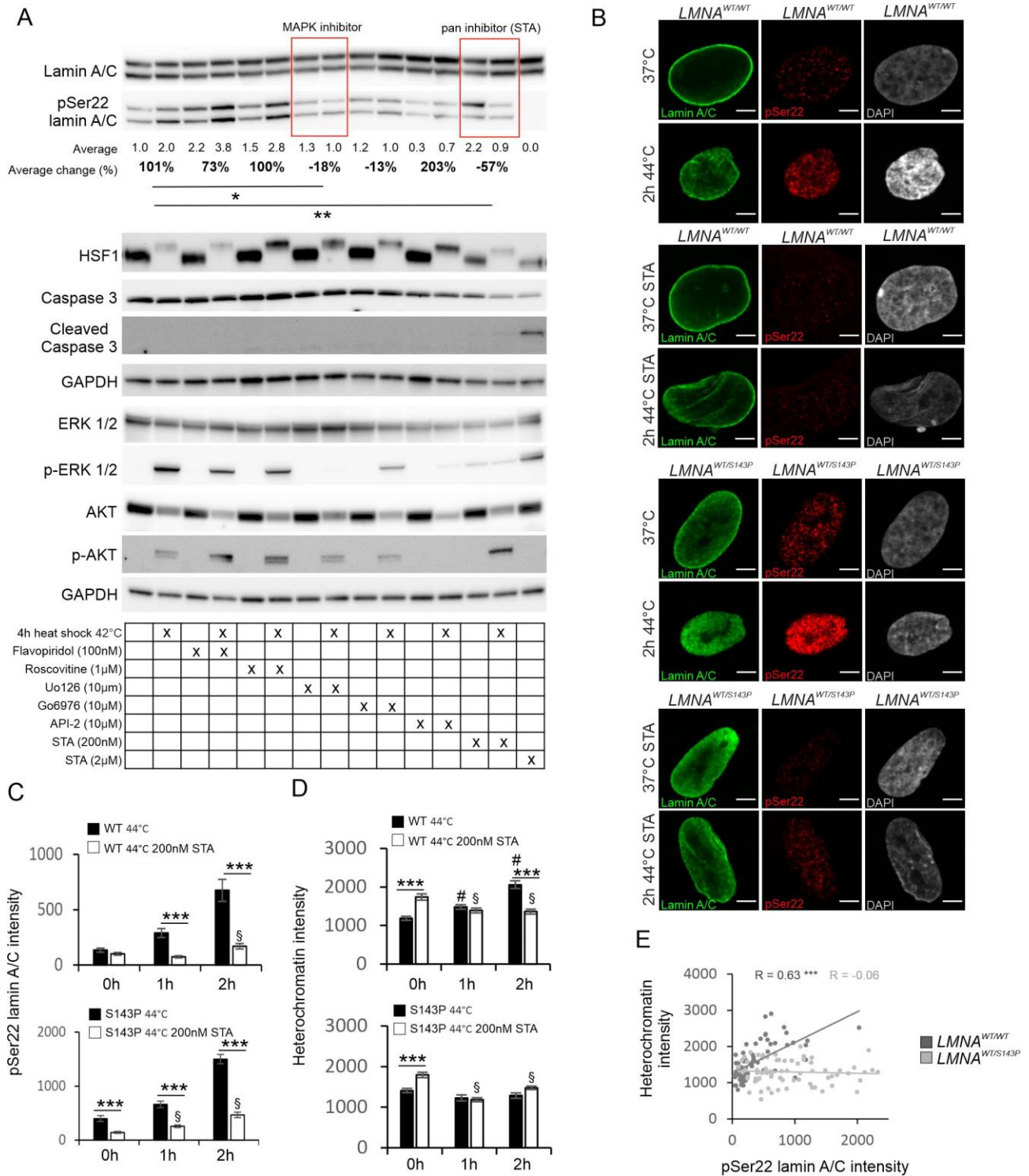


Figure 3. The effect of kinase inhibition on lamin A/C phosphorylation under HS. A) Immunoblots showing lamin A/C, pSer22 lamin A/C, HSF1, ERK1/2, pERK1/2, AKT, pAKT, caspase-3, and cleaved caspase-3 protein levels in control and heat-shocked HeLa cells treated with different kinase inhibitors. GAPDH was used as a loading control and HeLa cells treated with 2 µM staurosporine as a positive control for apoptotic cell death. The average numerical values of signal intensities relative to the loading control (GAPDH and

lamin A/C) and percentage of intensity change between control and heat shocked cells are shown below the blot (N=5). **B)** Confocal images of *LMNA*^{WT/WT} and *LMNA*^{WT/S143P} fibroblasts stained for lamin A/C (green), pSer22 lamin A/C (red) and DAPI (grey). The cells were cultured either at 37°C or heat-shocked for 1 hour at 44°C in the absence or presence of 200 nm kinase inhibitor STA. **C-D)** Intensity values of pSer22 lamin A/C and heterochromatin (DAPI) were analyzed from confocal images of *LMNA*^{WT/WT} (top two graphs) and *LMNA*^{WT/S143P} (lower two graphs) cells. The cells were heat shocked for 1-2 hours at 44°C in the absence or presence of 200 nm STA (N=30). **E)** Scatter blot of heterochromatin (DAPI) intensity versus pSer22 lamin A/C intensity determined from randomly selected cells at 37°C and after 1- and 2-h HS at 44°C (N=70). Bars express mean ± s.e.m, Pearson correlation coefficients (R) are indicated, *p < 0.05, **p < 0.01, ***p < 0.001, #p < 0.001 (control vs. HS), §p < 0.01 (STA control vs. STA HS).

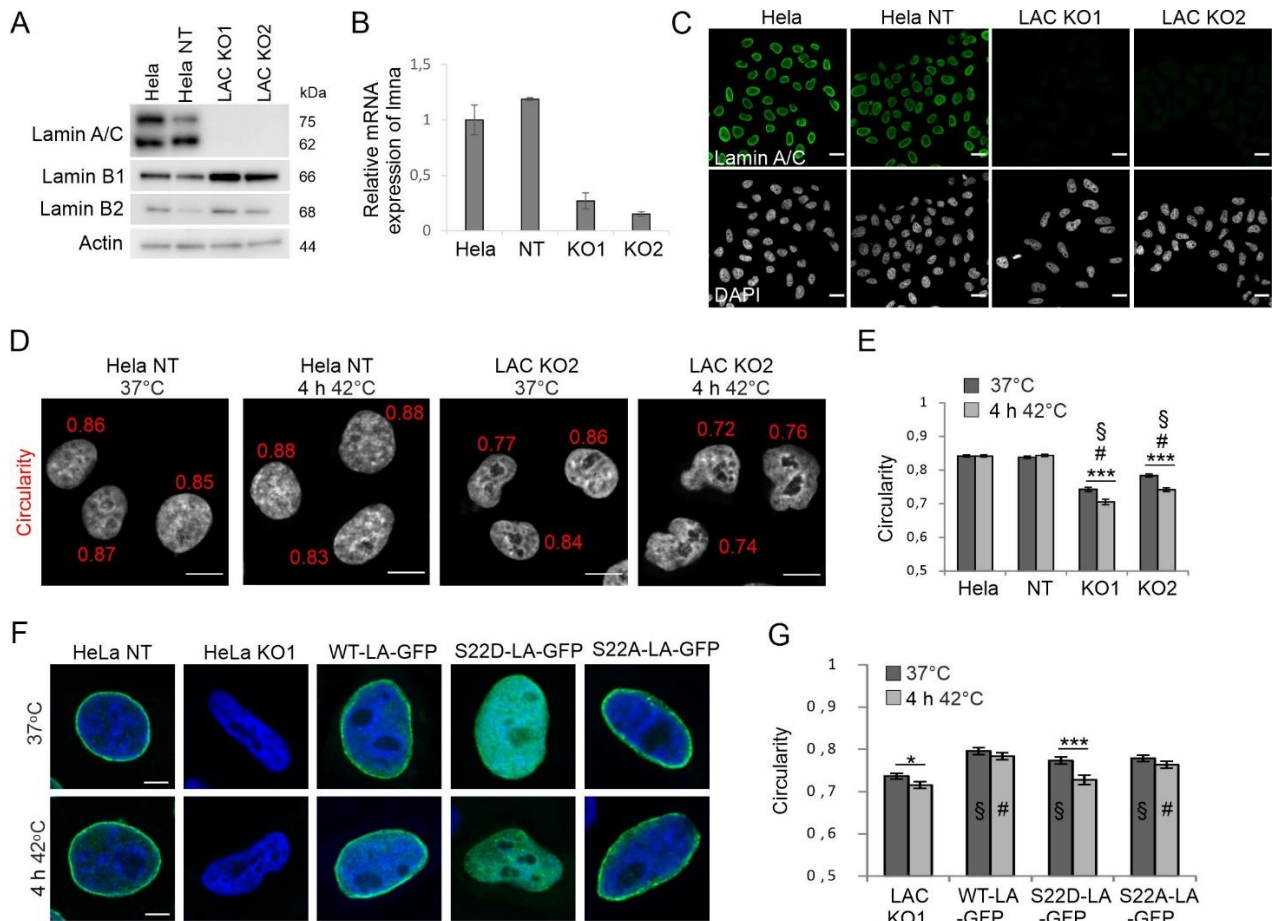


Figure 4. Knockout of the *LMNA* gene increases nuclear deformability under normal and HS conditions. A) Western blot analysis showing the expression of lamin A/C, lamin B1, and lamin B2 in parental HeLa cells and cells treated with non-targeting (NT) gRNA or two different lamin A/C targeting gRNAs (LAC KO1 and LAC KO2). **B)** Expression of *LMNA* mRNA in parental HeLa, NT HeLa, LAC KO1 and LAC KO2 cells. **C)** Immunofluorescence images of parental HeLa, NT HeLa, LAC KO1 and LAC KO2 cells stained with lamin A/C (green) and DAPI (gray). Scale bar 20 μ m. **D)** Representative images from nuclear circularity analysis of NT and KO2 cells at 37°C and after 4-h HS at 42°C. **E)** Nuclear circularity of parental HeLa, NT HeLa, LAC KO1 and LAC KO2 cells under normal and HS conditions (N=200, from 4 different experiments). **F)** Representative images of HeLa NT cells, untreated HeLa KO1 cells and HeLa KO1 cells transfected with WT-LA-GFP, S22D-LA-GFP or S22A-LA-GFP at normal culture conditions and after 4-h HS at 42°C. HeLa NT and HeLa KO1 were stained for lamin A/C (green). All cells were stained with DAPI (blue). **G)** Nuclear circularity of LAC KO1, WT-LA-GFP, S22D-LA-GFP and S22A-LA-GFP cells under control condition and after 4-h heat shock at 42°C (N=100). Data is expressed as mean \pm s.e.m, * $p < 0.05$, *** $p < 0.001$, # $p < 0.001$ (compared to HeLa and NT HeLa), § $p < 0.001$ (compared to LAC KO1 control) ¶ $p < 0.001$ (compared to LAC KO1 HS).

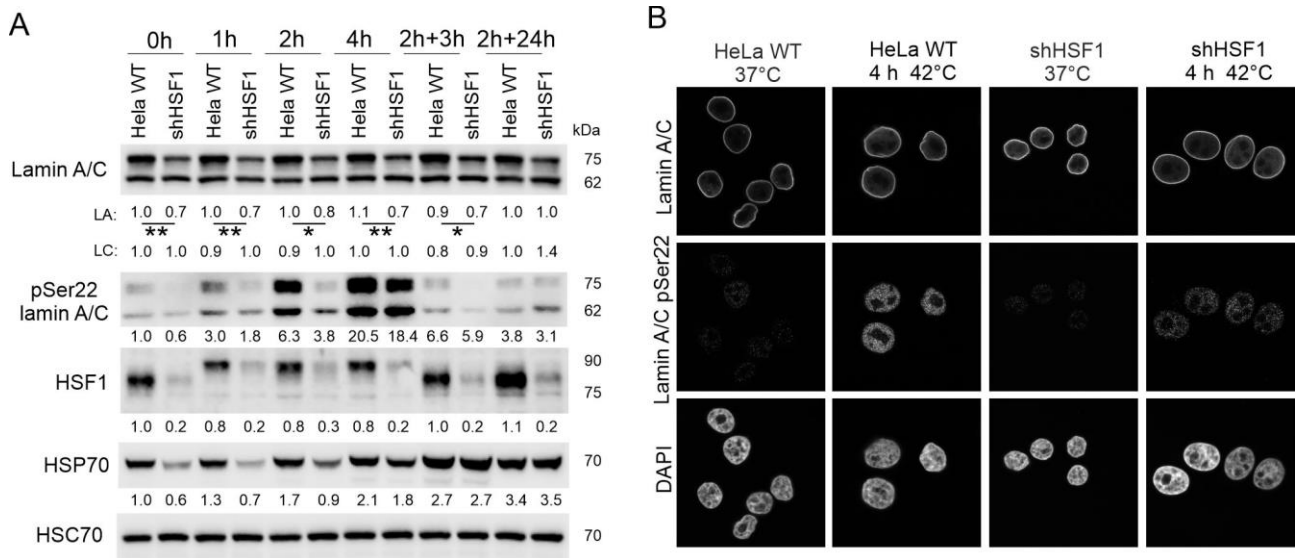


Figure 5. Lamin A/C phosphorylation at Ser22 is independent of HSF1. A) Western blot analysis of lamin A/C, pSer22 lamin A/C, heat shock factor 1 (HSF1), and heat shock protein 70 (HSP70) upon HS and after 3- and 24-h recovery. The average numerical values of signal intensities relative to loading control (HSC70) are shown below each blot. pSer22 lamin A/C levels were normalized to HSC70 and lamin A/C (N=5). **B)** Confocal microscopy images of parental HeLa cells and HSF1-silenced cells stained for lamin A/C, pSer22 lamin A/C and DAPI under normal culture conditions and after 4-h HS. Scale bars: 10 μ m. * $p < 0.05$, ** $p < 0.01$.

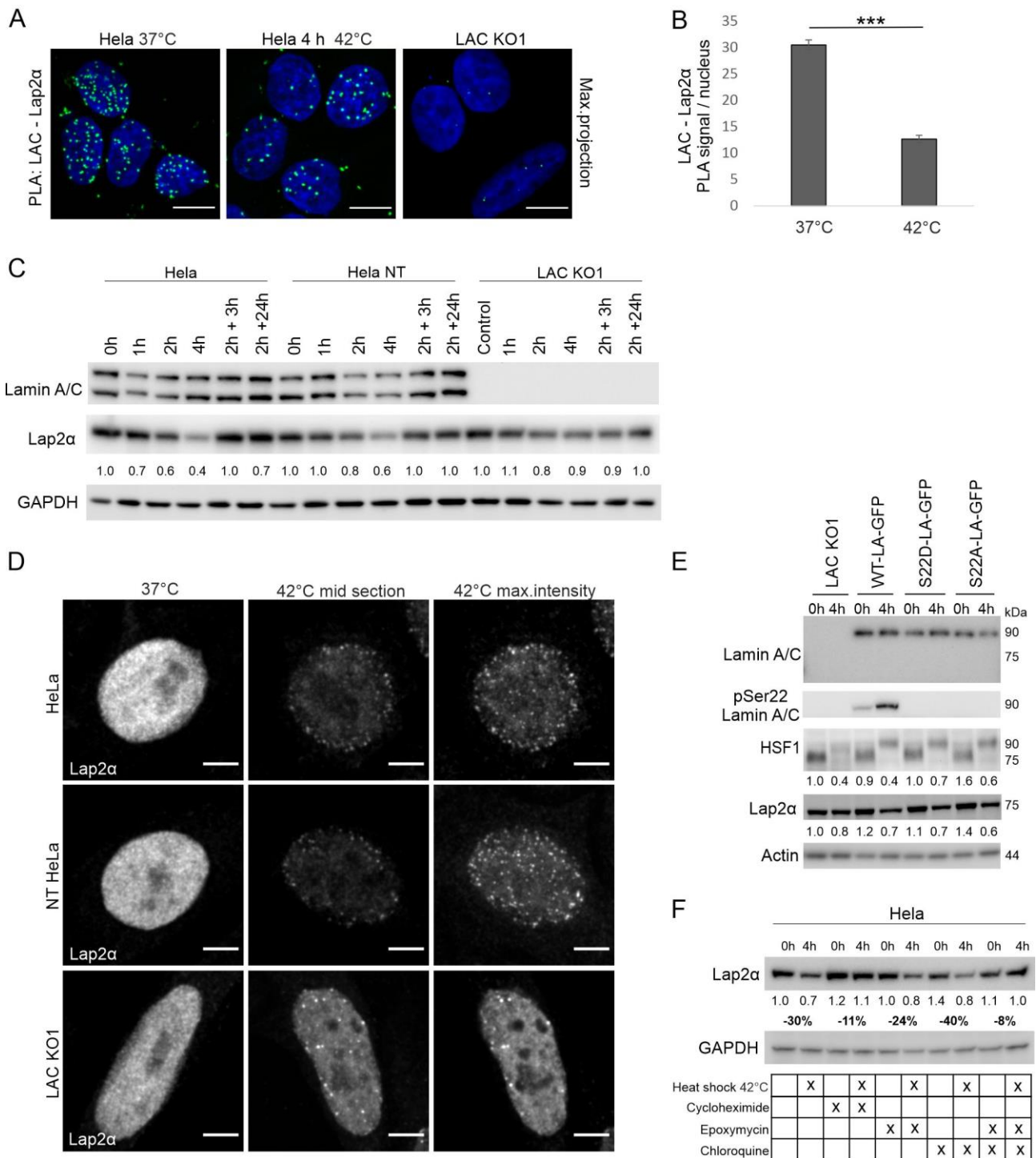


Figure 6. Lap2α is degraded in a lamin A/C dependent manner under HS. A) Proximity ligation assay (PLA) with lamin A/C and Lap2α antibodies was carried out on control and heat-shocked cells. Maximum projections of confocal images are shown. Scale bar 10 μm. Lamin A/C KO1 cells were used as a negative control. **B)** Quantification of PLA signals per nucleus (N=200, three individual experiments). **C)** Western blot analysis showing lamin A/C and Lap2α levels in HeLa, NT HeLa, and LAC KO1 cells at different time point under HS and at the recovery. The average numerical values of signal intensities relative to the loading

control (GAPDH) are shown below the blot. Each cell line has been normalized to its own control sample to highlight the change of Lap2 α protein level between the timepoints (N=3). **D)** Confocal microscopy images showing Lap2 α aggregation upon 4 h heat shock in Hela, NT Hela, and LAC KO1 cells. Scale bar 5 μ m. **E)** Western blot analysis of LAC KO1 cells transfected with different GFP-tagged lamin A vectors and detected with pSer22 lamin A, HSF1, and Lap2 α antibodies. The average numerical values of signal intensities relative to the loading control (actin) are shown below the blot (N=3). **F)** Western blot analysis of Lap2 α protein level in heat-shocked parental Hela cells treated with either 10 μ M CHX, 10 μ M EPO, 10 μ M CQ or both EPO and CQ. The average numerical values of signal intensities relative to the loading control (GAPDH) and percentage of intensity change between control and heat-shocked cells are shown below the blot (N=2). Data is expressed as mean \pm s.e.m, ***p < 0.001.

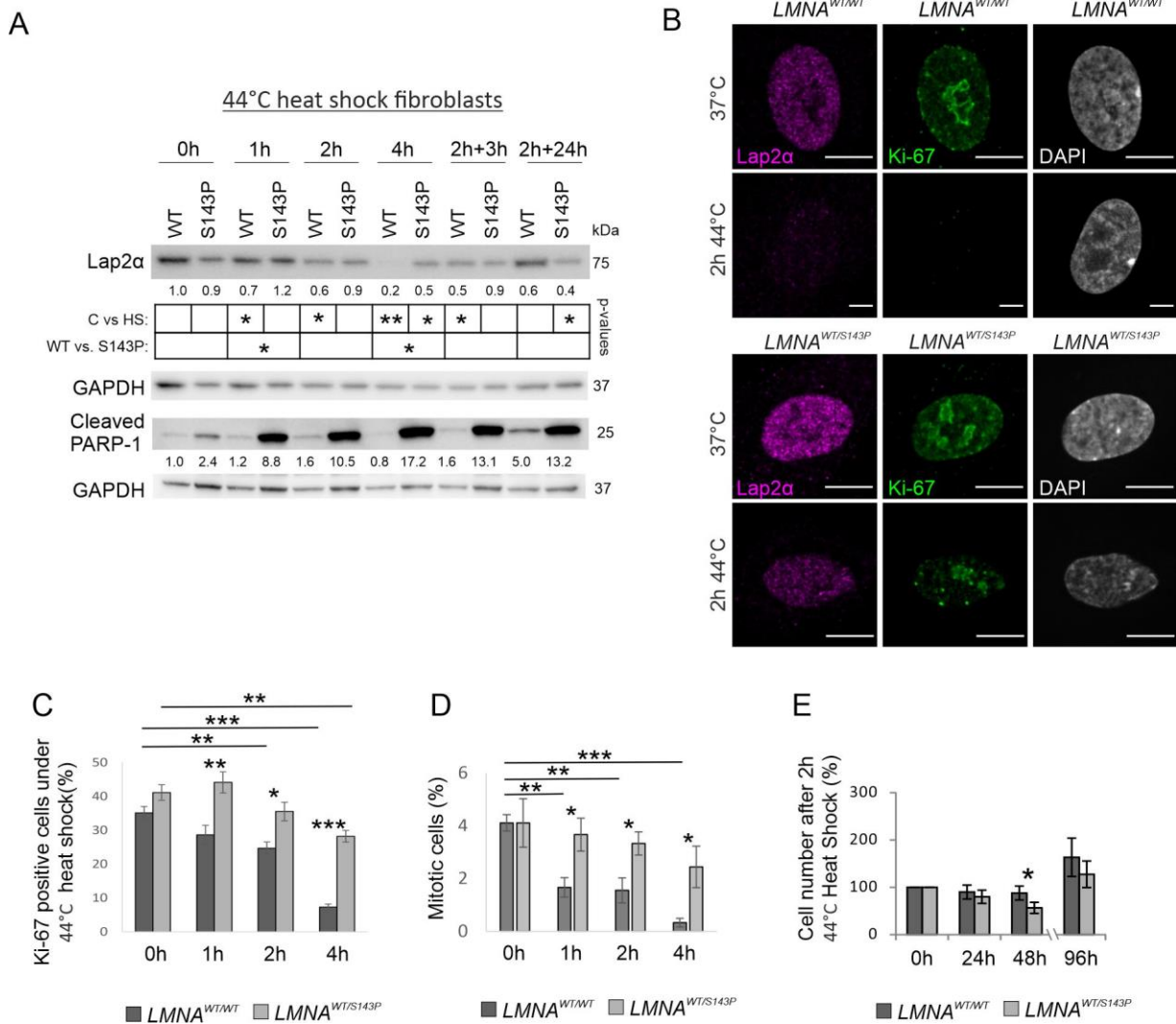


Figure 7. *LMNA* mutant cells are hypersensitive to severe HS. A) Western blot analysis of *LMNA*^{WT/WT} and *LMNA*^{WT/S143P} fibroblasts as detected with Lap2α and cleaved PARP-1 antibodies. The average numerical values of signal intensities relative to the loading control (GAPDH) are shown below each blot (N=3-5). **B)** Representative confocal images of *LMNA*^{WT/WT} and *LMNA*^{WT/S143P} cells cultured in normal conditions or exposed to 44°C for 2 hours prior to fixation. The cells were stained for Lap2α (magenta), Ki-67 (green) and DAPI (grey). **C)** The percentage of Ki-67 positive cells at 37°C and after 1- – 4-h at 44°C (N=1200). **D)** The percentage of mitotic cells at 37°C and after 1- to 4-h HS at 44°C (N=900). **E)** Cell numbers counted after 2-h HS at 44°C (time point 0 h) and after 24-, 48-, and 96-h recovery period at 37°C (N=6). Data is expressed as mean ± s.e.m, *** p < 0.001, ** p < 0.01, * p < 0.05.