SIc7a8 deletion is protective against diet-induced obesity and attenuates lipid accumulation 1 2 in multiple organs

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Abstract 12

13 Adipogenesis, through adipocyte hyperplasia and/or hypertrophy, leads to increased adiposity, 14 giving rise to obesity. A genome-wide transcriptome analysis of adipogenesis in human adipose 15 derived stromal/stem cells identified SLC7A8 (Solute Carrier Family 7 Member 8) as a potential novel mediator. This study has investigated the role of SLC7A8 in adipose tissue biology using a mouse 16 model of diet-induced obesity. slc7a8 knockout (KO) and wildtype (WT) C57BL/6J mice were fed 17 either a control diet (CD) or a high-fat diet (HFD) for 14 weeks. On HFD, both WT and KO (WTHFD 18 19 and KOHFD) gained significantly more weight than their CD counterparts. However, KOHFD gained 20 significantly less weight than WT HFD. KOHFD significantly reduced the level of glucose intolerance 21 observed in WTHFD. KOHFD significantly reduced both adipocyte mass and hypertrophy in inguinal, 22 mesenteric, perigonadal and brown adipose depots, with a corresponding decrease in macrophage infiltration. Additionally, KOHFD decreased lipid accumulation in the liver, heart, gastrocnemius 23 muscle, lung, and kidney. This study demonstrates that targeting SLC7A8 protects against diet-24 25 induced obesity by reducing lipid accumulation in multiple organs, and thereby has the potential to mitigate the development of obesity-associated comorbidities. 26

Author summary 27

The development of obesity can be attributed to adipocyte hypertrophy or hyperplasia leading to 28 29 increased adiposity. The C57BL/6 mouse is an excellent model used to study metabolic syndromes 30 often associated with obesity development. Mice fed on a high-fat diet are susceptible to weight 31 gain leading to the development of obesity and its associated metabolic syndrome. Here, we report findings from targeting a novel human adipogenic gene (SLC7A8) in condition of obesity 32 development using a mouse model of diet-induced obesity (DIO). The results indicate that deleting 33 34 *slc7a8* in mice significantly protects against DIO and improves glucose metabolism. Also, deficiency in *slc7a8* was observed to significantly attenuates adipocyte hypertrophy in white and brown adipose tissues, and reduced lipid accumulation in many organs. Furthermore, inflammation was significantly reduced in adipose tissues and liver of *slc7a8* deficient mice in condition of DIO. Overall, results from this study shows that *slc7a8* is an important molecular regulator of obesity development and mediates its function by reducing lipid accumulation in multiple organs. Hence, SLC7A8 could serve as a potential therapeutic target to combat the development of obesity and other pathophysiological conditions associated with excess lipid accumulation in organs.

42 Introduction

43 Obesity is characterised by an excess accumulation of adipose tissue when energy intake exceeds 44 energy expenditure. The expansion of adipose tissue in obesity occurs either through adipocyte 45 hyperplasia or hypertrophy. The result is dysfunctional adipose tissue mainly due to adipocyte hypertrophy, which leads to adverse metabolic consequences and chronic inflammation[1]. The 46 distribution of adipose tissue in obesity plays an important role in the development of obesity-47 48 associated comorbidities. Accumulation of fat in the intra-abdominal depots (visceral depots) gives 49 rise to insulin resistance and is also associated with an increased risk of cardiovascular diseases[2]. 50 Subcutaneous white adipose tissue (WAT) is the most common adipose tissue in healthy lean 51 individuals and serves as a metabolic sink for excess lipid storage[3]. Brown adjpose tissue takes up 52 fatty acid in circulation to generate heat, which helps to clear plasma triglycerides thereby reducing 53 the accumulation of lipid at visceral depots [4]. In obesity, where the storage capacity of adipose 54 tissue is exceeded either due to an inability to produce new adipocytes (limited hyperplasia) or to 55 expand further (limited hypertrophy), excess fat is redistributed to peripheral organs such as the 56 liver and skeletal muscle which increases the risk of metabolic syndromes such as hyperglycaemia, 57 hyperinsulinemia, atherosclerosis, dyslipidemia and systemic inflammation[3, 5]. Hypertrophy in brown adipose tissue (BAT) may impair its function in acting as a sink for excess blood glucose and 58 59 clearance of free fatty acids from circulation, thereby contributing to the development of insulin 60 resistance and hyperlipidemia in obesity[3]. Therefore, mitigating adipocyte hypertrophy in both WAT and BAT depots is paramount to improving metabolic health. 61

62 Inflammation is a key consequence of adipose tissue expansion that occurs during weight gain and 63 contributes to the development of chronic low-grade systemic inflammation seen in obesity. This 64 expansion of adipose tissue is characterized by increased infiltration of immune cells, with a 65 predominance (around 60%) of macrophages, in response to chemokines that are produced by 66 hypertrophic adipocytes[6]. The majority are derived from circulating monocytes with a small 67 proportion coming from the proliferation of adipose tissue resident macrophages[7]. Tissue resident macrophages present in normal or lean adipose tissue are of the M2 anti-inflammatory macrophage 68 phenotype that express markers such as mannose receptor (CD206), and are thought to be 69 70 responsible for maintaining tissue homeostasis[8]. Macrophage infiltration in adipose tissue appears as crown-like clusters which is believed to signify an immune response to dying or dead 71 72 adipocytes[9]. These infiltrating macrophages undergo a phenotypic switch to a M1 pro-73 inflammatory phenotype[10].

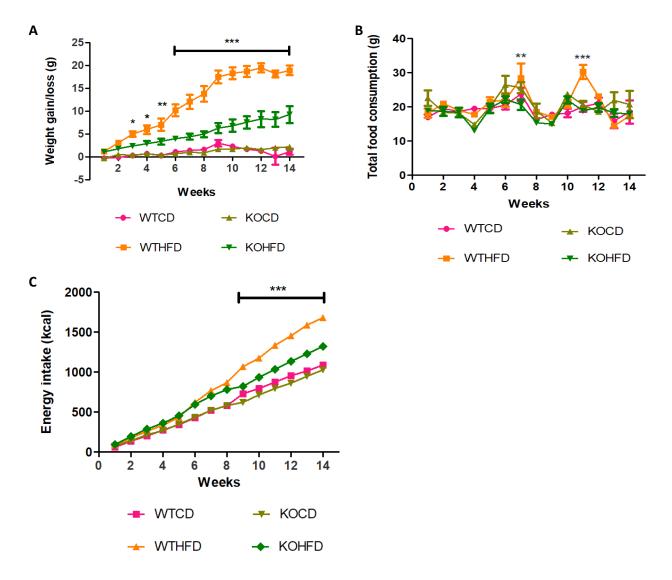
74 In addressing obesity, several studies have suggested exploiting the process of fat cell formation 75 (adipogenesis) to combat obesity development. These have led to several molecular determinants being described to play important role in adipogenesis[11]. Except for PPARy[12, 13], molecular 76 77 determinants of adipogenesis have proven to be of limited clinical utility. Therefore, more research 78 is needed to identify new molecular determinants of adipogenesis which could play a role in obesity 79 development and serve potential therapeutic targets. We have previously undertaken an unbiased 80 exploratory comprehensive transcriptomic analysis of human adipose-derived stromal/stem cells 81 undergoing adjpogenesis and identified several novel genes and transcription factors with possible role in this process [14, 15]. One of the novel genes identified was SLC7A8 (Solute Carrier Family 7 82 Member 8), not previously described in the context of adipogenesis and/or obesity, that was 83 84 significantly upregulated in the early phase of adipogenesis and declined significantly as the process 85 progressed [14]. This could suggest a role for this gene in the early stages of adipogenesis as a 86 potential driver of adiposity and consequently obesity. The aim of this study was to therefore investigate the functional role of the SLC7A8 in weight gain/obesity development and lipid 87 88 accumulation in various organs/tissues using a mouse model of diet induced obesity, as well as the macrophage infiltration profile in some of these tissues. 89

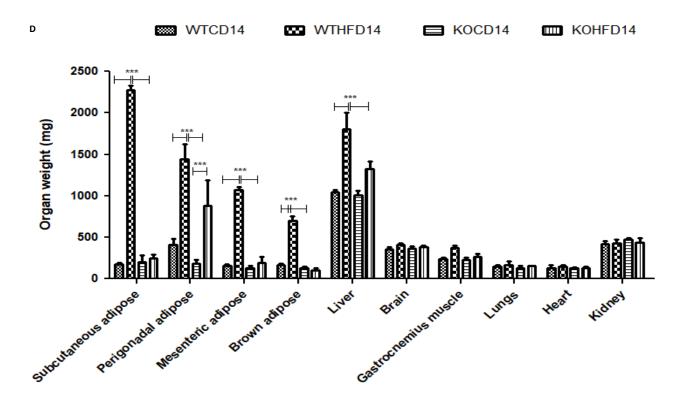
90 Results

91 Deficiency of *slc7a8* protects against diet-induced obesity

92 WT and KO mice significantly gained weight at 14 weeks on HFD compared to WTCD (p<0.05 to 93 p<0.001) and KOCD (p<0.05 to p<0.001) (Figure 1A). No significant differences were observed 94 between WT and KO on CD. Interestingly, KOHFD gained significantly (p<0.05 to p<0.001) less weight 95 than WTHFD, which was evident from week 3 (Figure 1A). Significant weight gain in WTHFD was

96 associated with significantly larger (p<0.001) iWAT, pWAT, mWAT, BAT and liver compared to WTCD and KOHFD. Only the pWAT of KOHFD was significantly larger than in KOCD14 (Figure 1D). WTHFD 97 98 and KOHFD mice appear visibly larger in size when compared to their respective lean counterparts (Figure 1 supplementary). Food consumption was similar across the four groups under study, except 99 100 that WTHFD had significantly greater food intake at 7 weeks when compared to KOHFD (p<0.01) 101 and at 11 weeks when compared to WTCD (p<0.01) and KOHFD (p<0.001) (Figure 1B). Energy intake 102 increased significantly between WTCD and WTHFD (p<0.01 at week 5 and p<0.001 from week 6 to 103 week 14) and between KOCD and KOHFD (p<0.05 at week 3, p<0.01 at week 4, and p<0.001 from 104 week 5 to 14) (Figure 1C). A significant difference (p<0.001) in cumulative caloric intake was 105 observed between WTHFD and KOHFD from week 9 to week 14. No significant differences in calorie 106 intake were seen between KOCD and WTCD.





109 Figure 1: Effect of slc7a8 deletion on body weight and caloric intake. WTHFD significantly gained weight 110 throughout the 14-week period starting from week 2 when compared to WTCD (p<0.05 to p<0.001). KOHFD 111 significantly gained weight in comparison to KOCD (p<0.05). The difference in weight gain between WTHFD 112 and KOHFD was significant starting week 3, with the p-value increasing gradually from p<0.05 to p<0.001. 113 The WTCD and KOCD showed no differences in weight, A. Total cumulative food consumption was similar across the four groups, except that WTHFD had significantly greater food intake at week 11 when compared 114 115 to WTCD and KOHFD, B. Energy intake increased significantly from p<0.01 at week 2 to p<0.001 from week 116 3 to week 14 between WTCD and WTHFD. A significant difference (p<0.001) in caloric intake was observed between WTHFD and KOHFD from week 11 to week 14. No significant differences in caloric intake were seen 117 118 between KOCD and WTCD, C. WTHFD showed significantly larger (p<0.001) iWAT, pWAT, mWAT, BAT and 119 liver compared to WTCD and KOHFD, D. A-C: Week 1-5: N=18 for WTCD, WTHFD, KOHFD and N=17 for 120 KOCD; Week 6-8: N=12 for WTCD, WTHFD, KOHFD and N=11 for KOCD; Week 9-12: N=6 for WTCD, WTHFD, KOHFD and N=5 for KOCD; Week 13-14: N=5 for WTCD, WTHFD, KOCD and N=6 for KOHFD. 121

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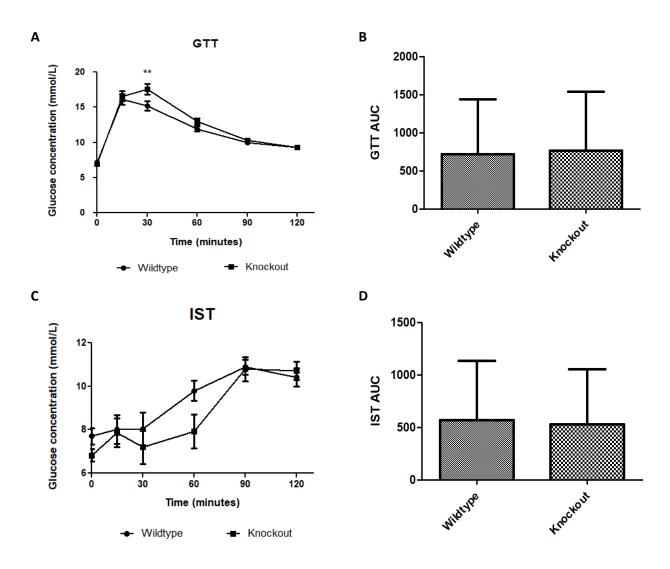
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123 Deficiency in *slc7a8* had no effect on glucose and insulin metabolism but significantly improved 124 glucose tolerance on HFD.

125 WT and KO mice showed no difference in metabolism of exogenous glucose (Figure 2A and B) and 126 insulin (Figure 2C and D) prior to introducing them on the experimental diets. However, significantly 127 elevated glucose levels (p<0.01) were observed for the KO mice at 30 minutes. After 5 weeks on 128 experimental diets, no significant difference was observed in glucose metabolism between WT and 129 KO on either the CD or HFD (Figure 3A and B). Conversely, at 14 weeks, WTHFD had significantly higher glucose levels compared to KOHFD and WTCD starting from 30 minutes (Figure 3C). Although 130 131 WTHFD had a larger AUC compared to KOHFD and WTCD, this was not statistically significant (Figure 3D). No significant differences were observed between the AUC of WTCD5, WTHFD5, KOCD5, 132

133 KOHFD5 when compared to their 14-week counterparts (WTCD14, WTHFD14, KOCD14 and

134 KOHFD14 (Figure 3B and D).



135

Figure 2: Effect of genotype on glucose tolerance and insulin sensitivity tests. GTT and IST were conducted before introducing the C57BL/6J wildtype and *Slc7a8* knockout mice to CD and HFD. No significant differences were observed in GTT and IST between the WT and KO except that significantly higher glucose levels (p<0.01) were observed for the KO mice at 30 minutes of the GTT, A. GTT: N=47 for WT and N=48 for KO; IST: N=47 for WT and N=44 for KO.

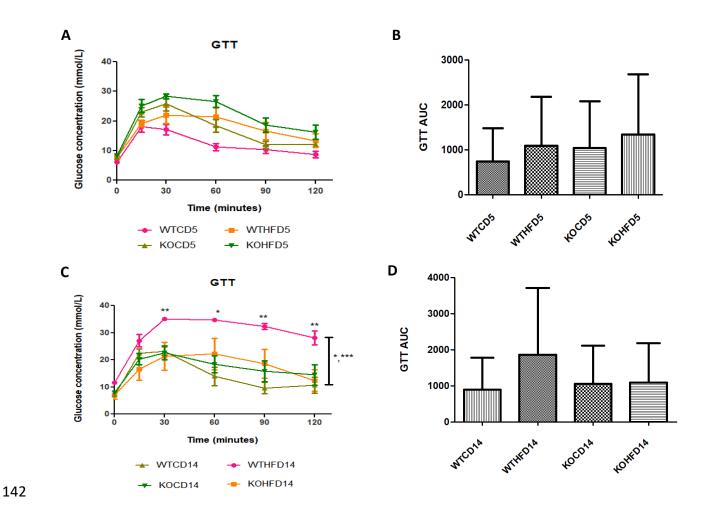


Figure 3: Glucose tolerance and insulin sensitivity tests of animals on experimental diet. No significant differences were observed after experimental feeding between WT and KO on either CD and HFD at 5 weeks, A and B. The WTHFD showed significantly higher glucose levels compared to KOHFD (p<0.05, 0.01) and WTCD (p<0.05, 0.001) at 14 weeks. No significant differences were observed between WTCD5, WTHFD5, KOCD5, KOHFD5 and their respective 14-week counterparts, B and D. N=6 for WTCD5, WTHFD5, KOCD5, KOHFD5, WTCD14 WTHFD14, KOCD14, and N=5 for KOHFD14

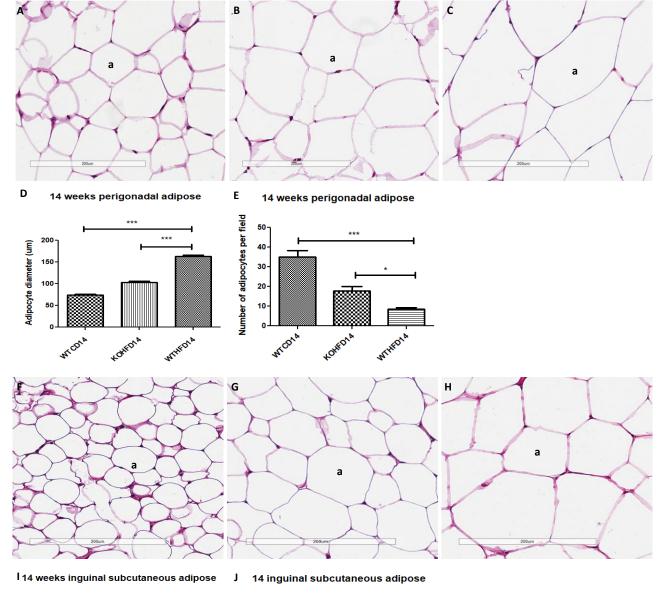
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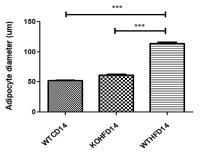
150 *Slc7a8* deletion attenuates adipocyte hypertrophy in white and brown adipose depots

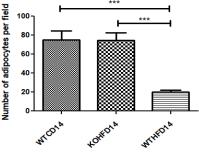
The pWAT from WTCD (Figure 4A) and KOHFD (Figure 4B) had significantly smaller (p<0.001) 151 adipocyte sizes compared to WTHFD (Figure 4C) as indicated in the column graph (Figure 4D). The 152 153 number of adipocytes per field was significantly higher in WTCD (p<0.001) and KOHFD (p<0.05) 154 compared to WTHFD (Figure 4E). The iWAT in WTHFD (Figure 4H) had a significant increase 155 (p<0.001) (Figure 4I) in adjpocyte hypertrophy compared to KOHFD (Figure 4G) and WTCD (Figure 156 4F). Similarly, a significant increase (p<0.001) was observed in adipocyte size of mWAT WTHFD 157 (Figure 4M) in comparison to KOHFD (Figure 4L) and WTCD (Figure 4K), Figure 4N. The number of adipocytes per field was significantly lower in mWAT (p<0.01) (Figure 3J) and iWAT (p<0.001) (Figure 158 159 30) of WTHFD compared to WTCD, as well as in mWAT (p<0.01) and iWAT (p<0.001) of WTHFD

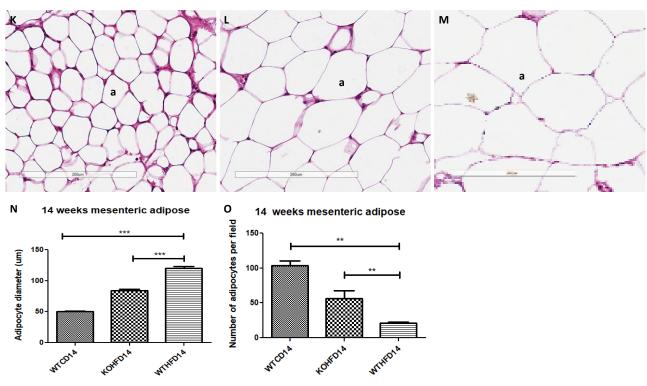
- 160 compared to KOHFD. Lipid droplet accumulation was greater in BAT of WTHFD (Figure 4R) compared
- to WTCD (Figure 4P) and KOHFD (Figure 4Q). Additionally, as early as 5 weeks on experimental diet,
- adipocyte hypertrophy was greater in WTHFD compared to KOHFD and WTCD in pWAT, mWAT,
- 163 iWAT, and larger lipid droplets were observed in BAT of WTHFD (Figure 2 supplementary).
- 164

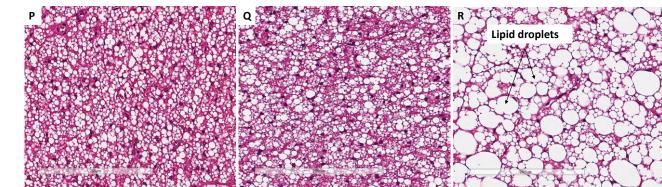
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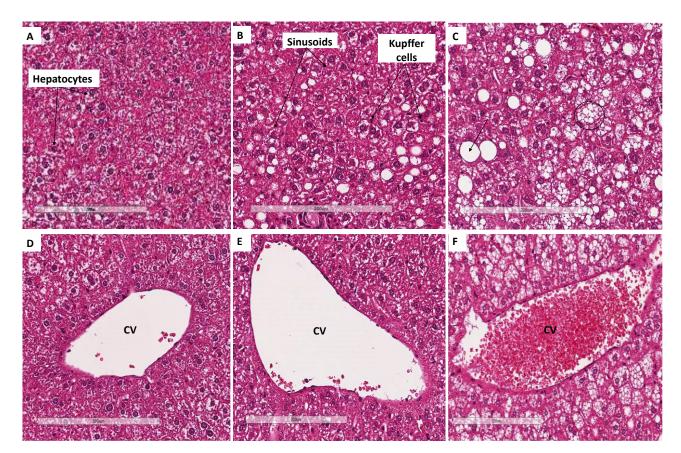
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169 Figure 4: Adipocyte size distribution across the various adipose tissue depots. H&E-stained sections of perigonadal WAT (pWAT) revealed that the WTHFD, C, had significantly larger (p<0.001), D, adipocytes than 170 171 WTCD, A and KOHFD, B. The number of adipocytes per field was significantly smaller in WTHFD than KOHFD 172 (p<0.05) and WTCD (p<0.001), E. Similarly, adipocyte diameter of WTHFD, H, of inguinal subcutaneous WAT 173 (iWAT) was significantly greater (p<0.001), I, than that of WTCD, F, and KOHFD, G. Conversely, the number 174 of adipocytes per view was significantly lower (p<0.001) in WTHFD compared to WTCD and KOHFD, J. 175 Significant (p<0.001), N, adipocyte hypertrophy was also observed in mWAT of WTHFD, M, compared to 176 WTCD, K and KOHFD, L. Additionally, significantly (p<0.01) fewer adipocytes were viewed per field in WTHFD compared to WTCD and KOHFD, O. Sections of the BAT revealed that WTCD, P, and KOHFD, Q, had smaller 177 lipid droplets compared to those observed in WTHFD, R. Magnification= 20X, Scale bar= 200 µm. Key: a= 178 179 adipocyte. N =120 adipocytes

- 181 Deletion of *slc7a8* reduces liver steatosis in diet induced obese mice
- 182 Liver sections from WTHFD (Figure 5C) showed lipid accumulation which can be categorised as
- 183 microvesicular (circled, Figure 5C) and macrovesicular (indicated in arrow, Figure 5C) steatosis. This
- 184 phenomenon was absent in liver sections of WTCD (Figure 5A). While macrovesicular steatosis was
- observed in KOHFD (Figure 5B), the lipid droplets were visibly smaller when compared to those

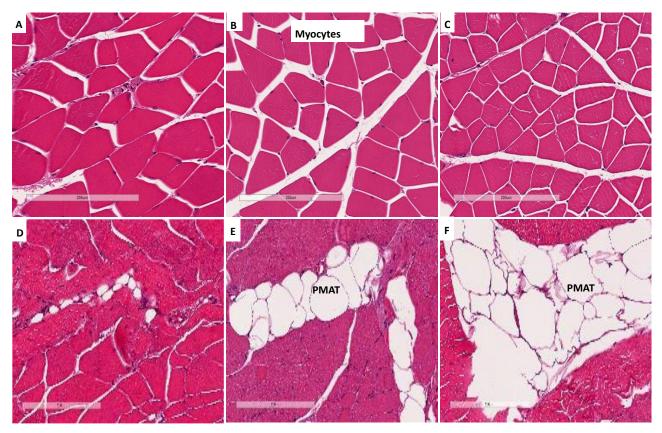
observed in WTHFD. Congestion of the central vein was observed in WTHFD (Figure 5F) but not in
 WTCD (Figure 5D) and KOHFD (Figure 5E). No visible changes in sinusoid dilation and Kupffer cell
 morphology were observed between WTCD, KOHFD and WTHFD. Additionally, lipid droplets in the
 form of micro- and macrovesicular steatosis were observed as early as 5 weeks in WTHFD, while
 macrovesicular steatosis was also seen in the KOHFD but was visibly smaller comparison to WTHFD
 (Figure 3 supplementary).



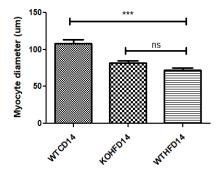
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Figure 5: Lipid accumulation in the liver. H&E-stained liver sections showed the presence of micro- and
macrovesicular steatosis in WTHFD, C which was not observed in WTCD, A and KOHFD, B. Venous
congestion in WTHFD, F was also observed but not in WTCD, D and KOHFD, E. Magnification = 20X, Scale
bar= 200 µm. Key: CV=central vein

- 197
- 198 Deficiency in *slc7a8* decrease lipid accumulation in gastrocnemius muscle
- 199 Myocyte atrophy was observed in WTHFD (Figure 6C) which had significantly smaller myocytes 200 (p<0.001) (Figure 6G) than WTCD (Figure 6A). The deletion of *slc7a8* increases myocyte size in 201 KOHFD (Figure 6B) compared to WTHFD (Figure 6G). Accumulation of peri-muscular adipose tissue 202 (PMAT) (Figure 6F) was observed to be greater in WTHFD than in KOHFD (Figure 6E) and WTCD 203 (Figure 6D). At week 5, the KOHFD had significantly larger myocytes (p<0.001) and less adipose 204 tissue accumulation than WTHFD (Figure 4 supplemetary).



G 14 weeks gastrocnemius muscle





^{Figure 6: Effect of} *slc7a8* deletion on adipose tissue accumulation and myocyte atrophy in gastrocnemius
muscle. KOHFD (Figure 6B) resulted in a protective effect against muscle atrophy when compared to WTHFD
(Figure 6C). WTHFD had significantly smaller (p<0.001) (Figure 6G) myocytes than WTCD (Figure 6A).
Greater peri-muscular adipose tissue (PMAT) accumulation was seen in WTHFD (Figure 6F) when compared
to WTCD (Figure 6D) and KOHFD (Figure 6E). N= 120 myocytes

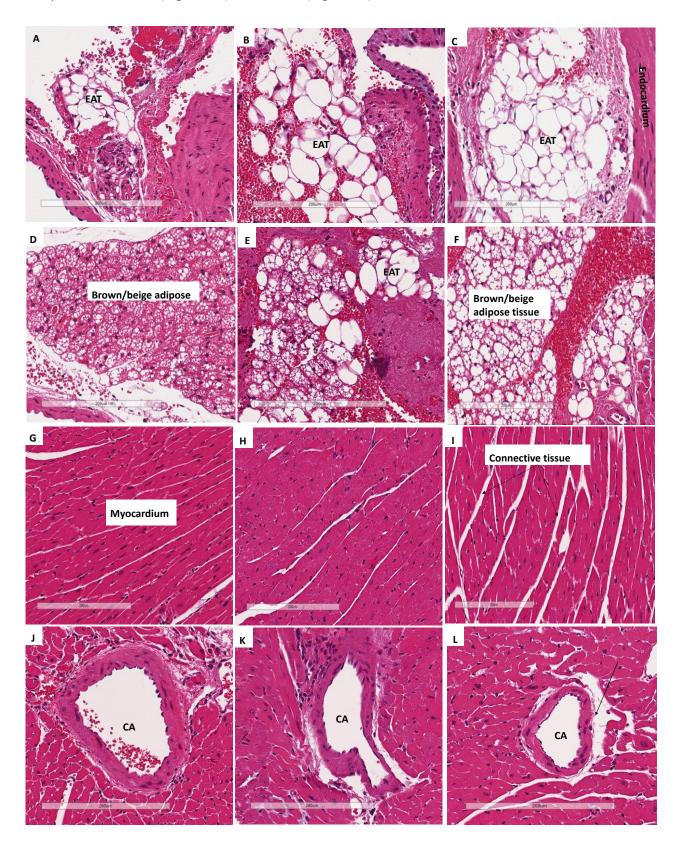
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212 Deficiency in *slc7a8* reduces accumulation of epicardial adipose tissue

213 The increase in the accumulation of epicardial adipose tissue (EAT - white adipose tissue) observed

- in WTHFD (Figure 7C) compared to WTCD (Figure 7A) was decreased following the deletion of
- 215 slc7a8, KOHFD (Figure 7B). Larger lipid droplets were observed in brown/beige adipose tissue (a
- 216 property of epicardial adipose tissue) in WTHFD (Figure 7F) when compared to WTCD (Figure 7D)
- and KOHFD (Figure 7E). The connective tissue of the WTHFD (Figure 7I) was visibly thicker than that

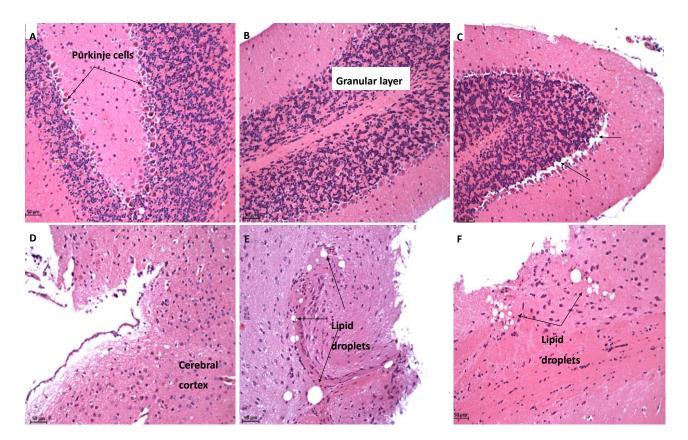
of the WTCD (Figure 7G) and KOHFD (Figure 7H). Additionally, greater accumulation of adipose tissue (black arrow) was observed surrounding the coronary artery (CA) of WTHFD (Figure 7L) compared to KOHFD (Figure 7K) and WTCD (Figure 7J).



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Figure 7: Effect of *slc7a8* on epicardial adipose tissue accumulation in the heart. H&E-stained heart sections showed a greater accumulation of epicardial adipose tissue, seen as a brown/beige adipose depot, in the

- WTHFD, C, compared to WTCD, A and KOHFD, B. The images demonstrate that the WTHFD, F, mice had
 more connective tissue (cardiac muscle fibres) than WTCD, D and KOHFD, E. Additionally, the coronary artery
 of the WTHFD, I, was surrounded by larger lipid deposits (black arrow) in comparison to WTCD, G and KOHFD,
 H. Magnification = 20X, Scale bar= 200 µm. Key: CA=coronary artery
- 228
- 229 Deficiency in *slc7a8* reduces lipid accumulation in the ganglion layer in diet induced obesity
- Brain tissues of WTHFD (Figure 8C) showed vacuolation in the Purkinje cell layer (indicated by black arrows) when compared to WTCD (Figure 8A). Deletion of *slc7a8* attenuated the vacuolation observed in DIO, KOHFD (Figure 8B). In the cerebral cortex, lipid droplets were seen in KOHFD (Figure 8E) and WTHFD (Figure 8F), but not in WTCD (Figure 8D). No visible morphological differences were observed between Purkinje cells in WTCD (Figure 8A), KOHFD (Figure 8B) and WTHFD (Figure 8C).



- 236
- Figure 8: Effect of *slc7a8* deletion on lipid droplet accumulation in brain tissue. H&E-stained sections of brain
 tissue showed vacuolation in the Purkinje cell layer of WTHFD, C, when compared to WTCD, A and KOHFD,
 B. Lipid droplets were observed in the cerebral cortex of KOHFD, E and WTHFD, F, which was not seen in
 WTCD, D. Magnification = 20X, Scale bar= 50 µm
- 241
- 242
- 243

244 Deficiency in *Slc7a8* reduces glomerulus size and lipid accumulation in the kidney

245 No visible alterations were seen in the renal tubules of WTCD (Figure 9A), KOHFD (Figure 9B) and 246 WTHFD (Figure 9C). However, WTHFD had enlarged glomeruli which were significantly larger 247 (p<0.01) than those of WTCD. Although glomerular sizes in KOHFD (Figure 9B) appeared to be smaller than those of WTHFD, the difference was not statistically significant (Figure 9G). The 248 249 Bowman's space of WTHFD (Figure 9F) was significantly larger (p<0.05) with the presence of many 250 larger lipid droplets than in WTCD (Figure 9D). Interestingly, the deletion of *slc7a8* significantly 251 reduced the Bowman's space enlargement and lipid droplet accumulation in DIO, KOHFD (Figure 252 9H) to a level observed in WTCD (Figure 9 D and H).

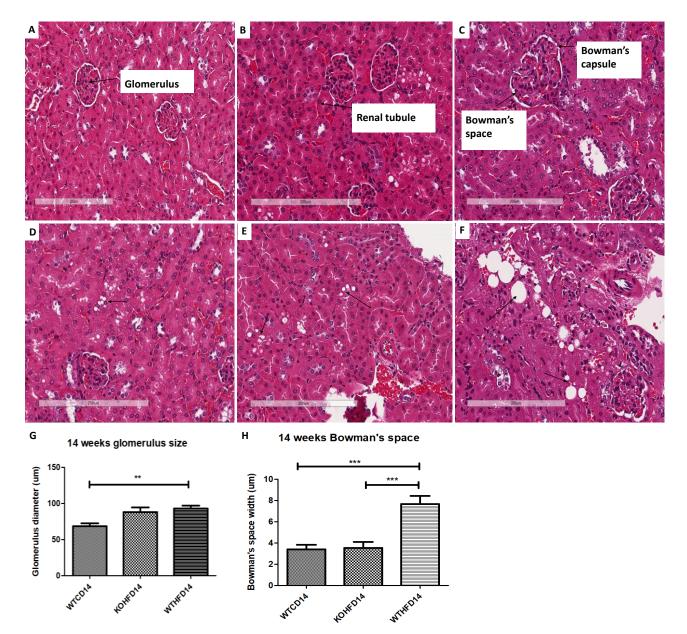


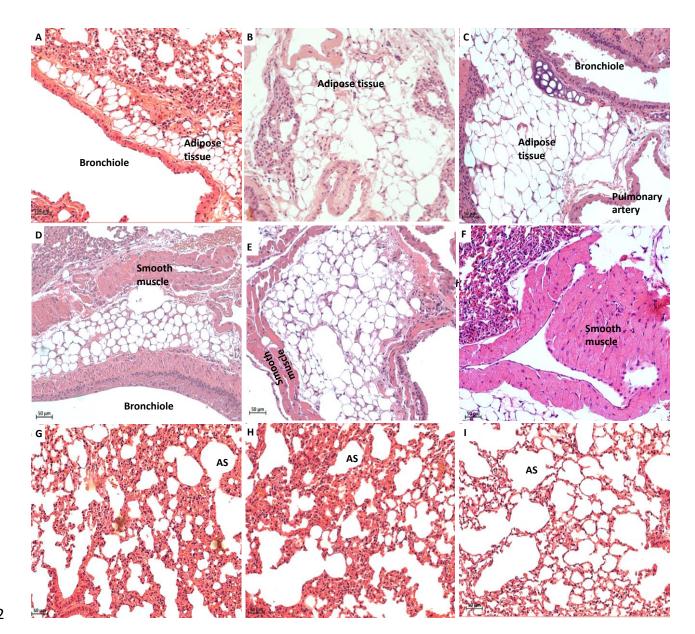
Figure 9: Effect of *slc7a8* deletion on lipid accumulation and glomerular size in the kidneys. H&E-stained sections showed that WTHFD, C, had significantly enlarged glomeruli (p<0.01), G, compared to WTCD, A; no

significant differences were observed between glomeruli of WTHFD and KOHFD, C. The width of the Bowman's space was significantly larger (p<0.05) in WTHFD when compared to WTCD and KOHFD, H. Accumulation of lipid (black arrows) was greater in WTHFD, F, when compared to WTCD, D and KOHFD, F. Magnification = 20X, Scale bar= 200 μ m. N= 10 for glomeruli and bowman's space

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261 Deficiency in *slc7a8* reduces adipose tissue accumulation in the lungs

262 Histological analysis of the lungs showed that adipose tissue tends to lie adjacent to bronchioles and 263 pulmonary arteries in WTCD (Figure 10A and D), KOHFD (Figure 10B) and WTHFD (Figure 10C). In 264 DIO, greater accumulation of adipose tissue was observed in WTHFD (Figure 10C) when compared 265 to WTCD (Figure 10A). The accumulation of adipose tissue in DIO appeared to reduce in KOHFD 266 (Figure 10B). The smooth muscle layer was enlarged in WTHFD (Figure 10F) in comparison to WTCD (Figure 10D) and KOHFD (Figure 10E). Additionally, the alveolar walls around the alveolar sacs (AS) 267 of the WTHFD (Figure 10I) appeared thinner in comparison to WTCD (Figure 10G). Interestingly, the 268 269 deletion of *slc7a8* abated this effect that resulted from DIO, in KOHFD (Figure 10H). Lipid 270 accumulation in the lungs was observed as early as week 5 with more adipose tissue in WTHFD and 271 KOHFD compared to WTCD (Figure 5 supplementary).



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Figure 10: Effect of *slc7a8* deletion on lipid accumulation in the lungs. H&E-stained lung sections showed the
accumulation of adipose tissue around the bronchioles and pulmonary artery, which was greater in WTHFD,
C, compared to KOHFD, B, and WTCD14, A, D. An enlarged smooth muscle layer was observed in WTHFD,
F compared to KOHFD, E and WTCD, D. Additionally, thinner alveolar walls were observed in WTHFD, I, in
comparison to WTCD, G, and KOHFD, H. Magnification = 20X, Scale bar= 50 µm. Key: AS= Alveolar sacs



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Immunohistochemical staining for F4/80, a mouse macrophage marker, was done to assess the
presence of macrophages in pWAT, mWAT, iWAT and brown adipose tissue. Deletion of slc7a8
significantly decreased macrophage infiltration (indicated by black arrows) in the pWAT (Figure 11C;
p<0.01), mWAT (Figure 11F; p<0.05) and iWAT (Figure 11I; p<0.01) of KOHFD (Figure 11A, D & G)
compared to WTHFD (Figure 11B, E & H). No significant difference was observed in the brown
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- 285 adipose macrophage inflammation profile (Figure 11L) between WTHFD (Figure 11K) and KOHFD
- 286 (Figure 11J).

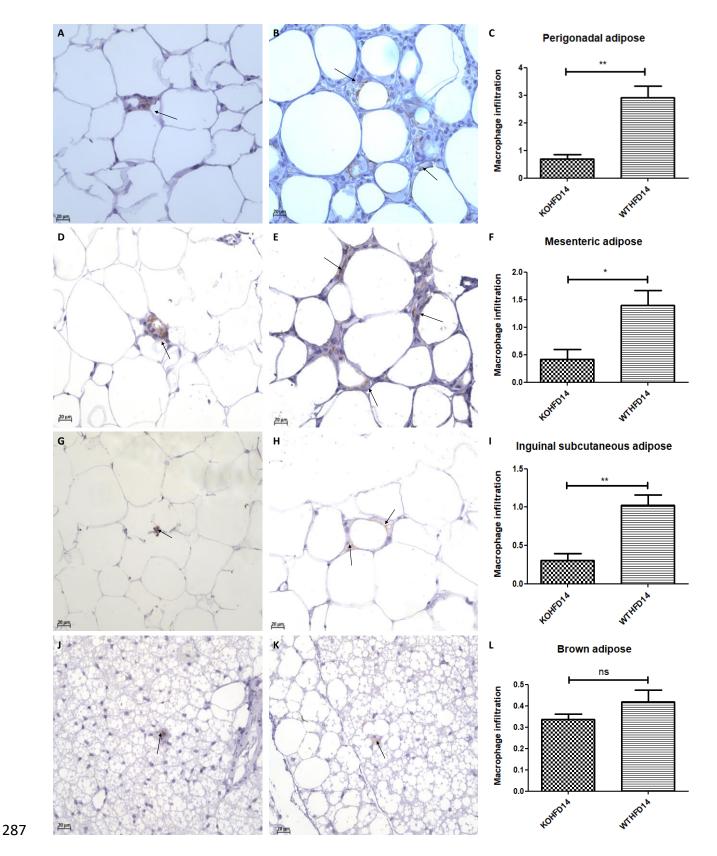


Figure 11: Effect of *slc7a8* deletion on macrophage infiltration in adipose tissues. KOHFD, A, showed a significant decrease in macrophage infiltration (indicated by black arrows) in the pWAT (p<0.01), C, compared to WTHFD, B. A significant decrease in macrophage infiltration in mWAT (p<0.05), F, was observed in KOHFD,

291 D, compared to WTHFD, E. A significantly decrease in macrophage infiltration (p<0.01), I, in iWAT was seen 292 in KOHFD, G, when compared to WTHFD, H. No significant differences in macrophage infiltration in brown 293 adipose tissue, L, was observed between the KOHFD, J and WTHFD, K. Magnification = 40X, Scale bar= 20 294 μ m. N= 5 fields

- 295
- 296 Deficiency in slc7a8 reduces inflammation in the liver
- 297 Deficiency in *slc7a8* resulted in a significant (p<0.05) reduction in macrophages in the liver in DIO
- 298 (KOHFD), Figure 12A, compared to WTHFD (Figure 12B), Figure 12C.

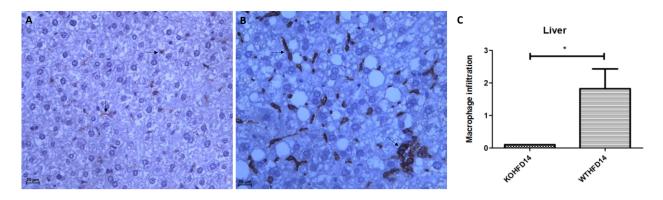


Figure 12: Effect of slc7a8 deletion on the presence of macrophages in the liver. WTHFD, B, had a significantly greater infiltration (p<0.05) of macrophages compared to KOHFD, A, C. Magnification = 40X, Scale bar= 20 μ m. N= 10 fields

303

304 Deficiency in *slc7a8* had no effect on the presence of macrophages in kidney and gastrocnemius

- 305 muscle in DIO
- 306 The presence of macrophages in the kidney of KOHFD (Figure 13A) and WTHFD (Figure 13B) was
- similar (Figure 13C). This observation was the same for gastrocnemius muscle of KOHFD (Figure 13D)
- 308 and WTHFD (Figure 13E) with no statistical difference in macrophage profile between them (Figure
- 309 13F).

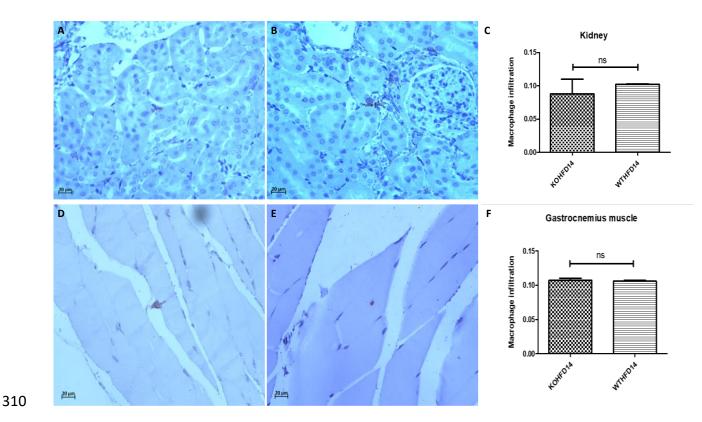


Figure 13: Effect of *slc7a8* on macrophage infiltration profile of kidney and gastrocnemius muscle. KOHFD, A,
 had slightly fewer macrophages infiltrating into the kidney in comparison to WTHFD, C. However, no significant
 differences were noted between KOHFD and WTHFD. No significant differences, F, were observed in
 infiltration between the gastrocnemius muscles of KOHFD, D and WTHFD, E. Magnification = 40X, Scale bar=
 20 µm. N= 5 fields

316

317 **Discussion**

318 Obesity is characterized by excessive accumulation of adipose tissue, and it is associated with the 319 development of metabolic syndromes affecting many organs and tissues in the body. The search for molecular factors that play a role in attenuating lipid accumulation in condition such as diet induced 320 321 obesity is paramount to identifying good candidates for therapeutic interventions that mitigate the development of obesity associated comorbidities. Studies of adipogenesis in human derived 322 323 stromal/stem cells in vitro have served as an excellent model for identifying molecular factors with a potential role in adipocyte formation and lipid accumulation/metabolism [11, 14]. This study 324 325 investigated the role of a previously identified novel human adipogenic gene, SLC7A8 [14]in diet-326 induced obesity, and its effect on adipose tissue accumulation in different organs and tissues. To 327 achieve this, slc7a8 knockout (KO) and wildtype (WT) C57BL/6 mice were fed either a HFD or nutrient matched CD for 14 weeks followed by the analyses of different parameters. 328

329 Weight gain, food, and caloric intake between WTCD and KOCD were similar, indicating that slc7a8 330 deletion had no effect on food intake, caloric consumption, and weight gain on a normal diet. 331 WTHFD gained significantly more weight (p<0.001) than WTCD starting from week 3 (Figure 1A) with a significantly higher caloric intake (p<0.01 to p<0.001) than WTCD (Figure 1C). Total food 332 333 consumption was not significantly different during the 14-week period except at week 8 where food 334 consumption in WTHFD was significantly elevated (p<0.05). This indicates that the occurrence of 335 diet-induced obesity was due to an increase in caloric intake when on HFD. Interestingly, the *slc7a8* 336 deficient genotype on HFD (KOHFD) gained significantly less weight (p<0.05 to p<0.001) compared 337 to the WTHFD starting from week 3 (Figure 1A). This suggests that slc7a8 deletion is protective 338 against diet-induced obesity. The significant decrease in weight gain in KOHFD was accompanied by 339 significantly lower tissue mass of iWAT, mWAT, pWAT, BAT and liver compared to WTHFD (Figure 340 1D). Strikingly, it was observed that KOHFD gained significantly more weight (p<0.05 to p<0.001) 341 than KOCD from week 8, and this corresponded to a significantly larger pWAT in KOHFD than KOCD (Figure 1D). This indicates that weight gain by KOHFD is due to pWAT expansion and suggests that 342 343 pWAT is the primary site of lipid accumulation in the KO phenotype.

BAT in WTHFD (Figure 4R) displayed enlarged lipid droplets compared to WTCD (Figure 4P). A recent study showed that following 20 weeks of feeding mice on a HFD, lipid accumulation did not influence the function of brown adipose tissue. However, the authors speculated that if the period of HFD feeding was extended, a malfunction of BAT would be observed in obese mice[16]. We have observed in this current study that KOHFD (Figure 4Q) attenuates adipocyte hypertrophy and lipid accumulation in BAT. This suggests that *slc7a8* deletion could be protective against the long-term effect of BAT hypertrophy and malfunctioning caused by DIO.

351 Furthermore, it was observed that WTHFD had a significantly greater caloric intake than KOHFD 352 (Figure 1C) while food consumption was similar except at week 11 where a significant difference 353 (p<0.05) was observed. It is possible that the deletion of *slc7a8* regulates weight gain on HFD by 354 burning calories quicker than WTHFD since both KOHFD and WTHFD had similar caloric intake up to 355 week 8 (Figure 1C) but as early as week 5, adipocyte hypertrophy was already significantly greater 356 in WTHFD compared to KOHFD (Figure S2). Additionally, food and caloric intake was similar between 357 KO and WT on a normal diet, with differences only being observed on HFD; this could suggest satiety 358 in KOHFD as caloric intake significantly decreased after week 8 (Figure 1C).

359 Adipose tissue expansion in obesity is commonly associated with conditions such as hyperglycaemia, 360 impaired glucose tolerance and insulin resistance[17]. To investigate the effect of *slc7a8* deletion 361 on the metabolism of exogenous glucose and insulin, GTT and IST were performed on all animals 362 (KO and WT) prior to introducing them to an experimental diet (Figure 2A and 2B). Importantly, 363 there was no significant difference between the *slc7a8* KO and WT mice for both tests. This shows 364 that the deletion of *slc7a8* had no effect on their ability to metabolise glucose and insulin efficiently. 365 It was noted, however, that significantly higher levels of blood glucose were seen in KO mice at 30 366 minutes of the GTT (Figure 2A), which later return to normal without any change in the AUC between 367 KO and WT (Figure 2B). Both WTCD and KOCD at 5 and 14 weeks showed a similar trend in glucose 368 metabolism (Figure 3A and C) with no difference in the AUC (Figure 2B and D), suggesting glucose 369 metabolism is unaltered in *slc7a8* deficient mice on a normal diet. Under condition of DIO, WTHFD 370 showed significantly higher levels of glucose intolerance compared to WTCD, and this effect was 371 significantly improved in KOHFD with blood glucose levels returning to baseline levels at the end of 372 the GTT (Figure 3C). This demonstrates that *slc7a8* deletion significantly improves glucose 373 metabolism in DIO.

374 WTHFD showed significantly larger adipocytes in the pWAT, mWAT and iWAT (Figure 4) compared 375 to WTCD. The adipose tissue hypertrophy in WTHFD may increase susceptibility to hyperglycaemia. 376 In an obese phenotype, insulin signalling is usually impaired, which results in reduced glucose uptake 377 by muscles and thus increased glucose levels in the circulation[18]. pWAT is significantly larger 378 (p<0.001) than iWAT and mWAT in WTHFD (Figure 6 supplementary), which may be suggestive of 379 pWAT being the main site of lipid accumulation in this group as was observed in the KO group. 380 Abdominal/visceral obesity is critical to the development of metabolic syndrome, and accumulation 381 of adipose tissue in the abdomen correlates with metabolic syndrome, compared to lipid 382 accumulation in the subcutaneous depot[19]. Larger pWAT in WTHFD may thus be responsible for 383 the glucose intolerance observed in these mice. Lipid accumulation in the liver presented as 384 microvesicular steatosis (characterised by small lipid droplets in the cytoplasm of hepatocytes) and 385 macrovesicular steatosis (large lipid droplets) (Figure 5), are both of which important in the 386 development of non-alcoholic fatty liver disease (NAFLD)[20, 21], and were observed in WTHFD but 387 not in WTCD. The presence of lipid droplets in WTHFD liver could be due to the redistribution of 388 excess lipid to peripheral organs such as the liver or muscles seen in the obese phenotype, when 389 the storage capacity of adipose tissue is exceeded[3, 5]. The liver has previously been reported to 390 be the major site for storage of free-fatty acids (FFA) released from white adipose tissue in an obese

391 phenotype[22]. Furthermore, the vast majority of hepatic triglycerides in obese individuals with 392 NAFLD are from FFA released from adipose tissue[23]. The observations made in our study indicate 393 that KOHFD attenuates both macrovesicular and microvascular steatosis seen in WTHFD, suggesting 394 that *slc7a8* deletion could be protective against NAFLD in DIO.

395 DIO is often associated with the recruitment and accumulation of macrophages in adipose depots. 396 The F4/80 antibody is a marker for macrophages in mouse tissues[10, 24] and was utilised in this 397 study. Adipose tissues from obese WTHFD mice showed significantly more macrophages, which 398 indicates increased inflammation when compared to KOHFD (Figure 11). Thus, slc7a8 deletion 399 significantly improves the inflammatory profile of adipose tissues in DIO. The liver tissue sections in 400 WTHFD showed significantly elevated levels of macrophages and congestion of the central vein. The 401 observed histopathological changes in liver which occur due to DIO were improved by slc7a8 402 deletion in KOHFD (Figure 12).

403 Apart from metabolic syndromes that are associated with excess adipose tissue accumulation, 404 obese individuals are also prone to developing pulmonary disorders such as chronic obstructive 405 pulmonary disease (COPD) or asthma[25]. In DIO, the lungs of WTHFD showed an increase in adipose 406 tissues accumulation around the bronchioles and pulmonary arteries, which was reduced in KOHFD 407 (Figure 10). Additionally, the smooth muscle layer was visibly thicker, and alveolar walls thinner in 408 the WTHFD in comparison to KOHFD (Figure 10). A previous study showed that accumulation of 409 adipose tissue in the lungs increased with an individual's body mass index (BMI)[26]. Additionally, 410 an increase in adipose tissue affects the structure of the lungs, resulting in the blockage of airways 411 and causing inflammation which ultimately gives rise to pulmonary disease[25, 26]. We observed 412 that the deletion of *slc7a8* attenuates adipose tissue accumulation in DIO, and this could mitigate the development of obesity associated lung pathologies. 413

414 DIO resulted in a significant reduction in gastrocnemius muscle myocyte size in WTHFD compared 415 to WTCD, and the deletion of *slc7a8* decreased this effect of DIO (KOHFD) on myocytes size (Figure 416 6G). Additionally, peri-muscular adipose tissue accumulation, which was observed to increase in 417 muscle of WTHFD, decreased in KOHFD (Figure 6E & F). Peri-muscular adipose tissue has previously 418 been shown to promote age and obesity related muscle atrophy by increasing muscle 419 senescence[27]. Hence, a decrease in lipid accumulation due to *slc7a8* deletion in our study suggests 420 an improvement in DIO associated muscular disease. Conversely, there was no significant difference 421 in the gastrocnemius muscle macrophage profile between WTHFD and KOHFD.

The development of cardiovascular diseases is associated with an increase in adiposity[28]. In DIO, the heart of WTHFD showed greater accumulation of epicardial adipose tissue, which was found to decrease in the absence of *slc7a8*, KOHFD (Figure 7). Epicardial adipose tissue is located between the myocardium and epicardium and has properties of brown or beige adipose tissue. It is important for maintaining energy homeostasis and thermoregulation of the heart[29]. However, accumulation of epicardial adipose tissue is associated with increasing BMI and poses a risk for the development of cardiovascular disease[28].

Renal injury and disease have been associated with obesity and studies in mice have documented renal morphological changes due to HFD[30, 31]. An increase in glomerular size and accumulation of lipid droplets in the kidneys was observed in DIO in WTHFD, suggesting an increase in body weight could contribute to renal abnormalities. These changes associated with a greater risk of renal disease was reduced in KOHFD (Figure 9), suggesting that *slc7a8* deletion may improve kidney health in DIO.

435 This study demonstrates that deletion of *slc7a8* in mice is protective against DIO by significantly 436 reducing adipose tissue mass as well as lipid accumulation in multiple organs and tissues, resulting 437 in improve glucose tolerance in diet induced obesity. Furthermore, our histological findings reveal that the negative effects of DIO on different organs and tissues were improved with *slc7a8* deletion, 438 439 suggesting a contributing role of this gene to the development of some obesity associated 440 comorbidities. Overall, the results from this study suggest that *slc7a8* could be an important 441 therapeutic target for controlling DIO, as well as for mitigating the development of some of the 442 pathophysiological conditions associated with obesity. Nevertheless, further studies will be required 443 to provide additional knowledge on how *slc7a8* regulates plasma parameters such hormones, lipids and the cytokine inflammatory profile in DIO to reduce lipid accumulation at multiple organs and 444 445 tissues.

446 Materials and methods

447 Animals

This study was approved by the Research Ethics Committee, Faculty of Health Sciences and the Animal Ethics Committee, University of Pretoria (Ref. No.: 474/2019). *Slc7a8* (*Slc7a8*^{tm1Dgen}) heterozygous and wildtype C57BL/6J mating pairs obtained from Jackson Laboratory (*Bar Harbor, Maine, United States of America*) were used to generate *Slc7a8* wildtype (WT) and knockout (KO) 452 genotypes. Genotypes were confirmed by PCR (supplementary methods S1). Both WT and KO mice 453 were fed either a high-fat diet (HFD; D12492) or control diet (CD; D12450J) from Research Diets, Inc. 454 (*New Brunswick, New Jersey, United States of America*) for a period of 14 weeks, with termination 455 time points at weeks 5 and 14. Weekly measurements of weight, food consumption and calorie 456 intake were done. Unless otherwise stated, the nomenclature used for the different genotypes on 457 either a CD or HFD for 14 weeks will be WTCD (wildtype mice on control CD), WTHFD (wildtype mice 458 on HFD), KOCD (*Slc7a8* Knockout mice on control CD) and KOHFD (*Slc7a8* knockout mice on HFD).

459 Glucose tolerance and insulin sensitivity tests

460 Glucose tolerance tests (GTT) and insulin sensitivity tests (IST) were performed in both KO and WT 461 mice prior to introducing them to either CD or HFD. Mice were fasted for 4 hours, and the baseline 462 glucose concentration measured. A 45% D-(+)- glucose solution (Sigma-Aldrich, St. Louis, Missouri, 463 United States of America) was then administered interperitoneally at 1.5 mg/g body weight and an 464 insulin solution (Sigma-Aldrich, St. Louis, Missouri, United States of America) at 0.8mU/g body 465 weight for GTT and IST, respectively. Blood from the tail vein was used to measure glucose concentration at 15, 30, 60, 90 and 120 minutes using an Accu-Check Instant Blood Glucose Meter 466 (Roche Diagnostics, Basel, Switzerland). 467

468 Histology and immunohistochemistry of mouse tissues and organs

Mice on either CD or HFD were euthanised at week 5 and 14 followed by the collection of white adipose tissue from the inguinal (iWAT), perigonadal (pWAT) and mesenteric (mWAT) depots; interscapular brown adipose tissue (BAT); and liver, kidneys, heart, brain, lungs and gastrocnemius muscle. 10% formalin fixed paraffin embedded (FFPE) tissue sections were processed for histological analysis.

474 FFPE tissue sections were cut using a microtome and baked at 62°C for 20 minutes followed by 475 haematoxylin and eosin (H&E) staining using a Leica Autostainer XL (*Leica Microsystems, Wetzlar,* 476 *Germany*). Slides were mounted with DPX (distyrene, plasticiser, xylene) and imaged using an 477 Axiocam 305 color microscope camera (*ZEISS, Oberkochen, Germany*) and ZEN 2.6 blue edition 478 software (*ZEISS*).

Immunohistochemical analysis of macrophages was performed as previously described[31]. Briefly,
tissue sections were stained with F4/80 rat anti mouse antibody clone A3-1 (*Bio-Rad Laboratories, Sandton, Johannesburg, South Africa*). FFPE sections were baked overnight at 54°C, followed by

482 dewaxing in xylene. The sections were then hydrated through a series of ethanol concentrations, 483 rinsed with distilled water and treated with 3% hydrogen peroxide for 5 minutes at 37°C. Heat-484 induced epitope retrieval was performed in citrate buffer pH 6,1 (Dako Target Retrieval Solution S1699, Dako, Carpinteria, California, United States of America) using a 2100 Retriever Unit (Electron 485 486 Microscopy Sciences, Hatfield, Pennsylvania, United States of America). The sections were rinsed in 487 PBS/Tween buffer and treated with 5% Normal Goat Serum (Dako X0907) for 30 minutes after which they were incubated overnight at 4°C with a 1:25 dilution of F4/80 monoclonal rat anti-mouse 488 489 antibody BM8 (ThermoFisher Scientific) or 1:100 F4/80 rat anti mouse antibody clone A3-1 (Bio-Rad 490 Laboratories, Sandton, Johannesburg, South Africa). The sections were rinsed in PBS/Tween buffer before incubating for 60 min in 1:200 goat anti-rat IgG (H+L) antibody conjugated to horseradish 491 492 peroxide (HRP) (Invitrogen, ThermoFisher Scientific). The slides were then developed in 3,3' 493 diaminobenzidine (DAB) chromogen to visualise F4/80 protein staining. All images were taken and 494 analysed at 20x magnification.

495 Statistical and image analyses

Images from H&E and immunohistochemical staining were analysed using ImageJ Fiji (https://imagej.nih.gov/ij/download.html) or Aperio ImageScope version 12.4.3.5008 software (*Leica Biosystems, Wetzlar, Germany*). Morphometric analysis of the various tissue sections was estimated by measuring the diameter of at least 120 cells distributed across the tissue. Semiquantitative analysis of F4/80 staining using ImageJ Fiji was done according to the protocol described by Crowe and Jue, 2019[32] to quantify macrophages in the tissues.

502 Statistical analyses were conducted using GraphPad Prism 5 (*GraphPad Software, San Diego,* 503 *California*). Values are expressed as mean ± SEM. One-way ANOVA followed by Bonferroni 504 corrections was used to compare means between three or more categories. When comparing two 505 means, a two-tailed unpaired Student's t-test was used. Two-way ANOVA with Bonferroni 506 corrections was used where necessary. Statistically significant results are indicated as *P<0.05, 507 **P<0.01, ***P<0.001.

508 Acknowledgments

509 We would like to thank Mr Muchavengwa Chovheya and Mrs Ilse van Rensburg at the Onderstepoort 510 Veterinary Animal Research Unit (OVARU) for assisting with animal care, housing, and experiments; to Mrs

511 Rene Sutherland at the Department of Oral Pathology and Oral Biology for assisting with tissue processing

and the Department of Anatomy for allowing us to use their facility including the light microscope.

513 Author Contributions

514 Conceptualization, M.A.A. and M.S.P.; methodology, M.A.A, R.R.P and M.B.vH.; formal analysis, R.R.P and

515 M.A.A.; investigation, R.R.P.; data curation, R.R.P and M.B.vH.; writing—original draft preparation, R.R.P.;

516 writing—review and editing, R.R.P. M.A.A, M.B.vH and M.S.P.; supervision, M.A.A and M.S.P.; project

517 administration, M.A.A.; funding acquisition, M.A.A and M.S.P All authors have read and agreed to the

- 518 published version of the manuscript.
- 519 **Funding:** This research was funded by the National Research Foundation grant no. 114044 and National

520 Health Laboratory Services grant no. 004 94683 (M.A.A.); the South African Medical Research Council

521 University Flagship Project (SAMRC-RFA-UFSP-01-2013/STEM CELLS), the SAMRC Extramural Unit for Stem

522 Cell Research and Therapy, the Institute for Cellular and Molecular Medicine of the University of Pretoria

- 523 (M.S.P.).
- 524 **Conflicts of Interest:** The authors have no conflicts of interest to declare.
- 525

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- 637

639 Supporting Information

- 640 Supplementary methods
- 641 S1: Genotyping of mice

642 Genomic DNA was extracted from tail biopsy of mouse pups using the KAPA Mouse Genotyping Kit 643 (Wilmington, Massachusetts, United States of America) and the KAPA Express Extract Protocol. The extractions were performed in a volume of 100 µl and was set up as follows: 88 µl PCR-grade water, 644 645 10 μ l of 10X KAPA Extract Express buffer, 2 μ l of 1 U/ μ l KAPA Express Extract enzyme and 646 approximately 2 mm of mouse tail tissue. Enzymatic lysis was performed in the Applied Biosystems 647 9700 thermal cycler (Foster City, California, United States of America) at 75°C for 10 minutes and enzyme inactivation at 95°C for 5 minutes. The DNA extracts were subsequently diluted 10-fold in 648 649 10 mM TRIS-HCL (pH 8.5).

650 To determine the wildtype, heterozygous and knockout SLC7A8 genotypes, the following gene-651 specific primer sequences were used: 5'- CAAATGCCAGCTGTCCTGACCTCAC-3' forward primer for 652 the wildtype allele, 5'-GGGTGGGATTAGATAAATGCCTGCTCT-3' forward primer for the knockout allele and 5'-CAGACTTAGGGATGGTGACGCCTAG-3' for the common reverse primer. All 653 654 oligonucleotides used in the study were synthesised by Integrated DNA Technologies (Coralville, *Iowa, United States of America*). The PCR reaction mixture consisted of 6.5 μl of PCR-grade water, 655 12.5 µl of the KAPA2G Fast Genotyping buffer, 1.25 µl of both the 10 µM wildtype forward primer 656 and 10 µM knockout forward primer, 2.5 µl of 10 µM common reverse primer and 1 µl of the diluted 657 658 DNA extract. The PCR amplifications were performed in a total volume of 25 µl and cycled in the ABI 659 Applied Biosystems 9700 thermal cycler. The thermal cycling conditions used were as such: 95°C for 660 3 minutes followed by 95°C for 15 seconds, 60°C for 15 seconds, 72°C for 15 seconds and a final extension for 2 minutes at 72°C. After amplification, 10 μ l of each amplicon was separated on a 2% 661 agarose gel alongside a Thermo Scientific FastRuler Low Range DNA ladder (Waltham, 662 Massachusetts, United States of America). Electrophoresis was performed in 1 x TAE (diluted from 663 664 UltraPure 10 x TAE buffer (ThermoFischer Scientific, Waltham, Massachusetts, United States of America) at 120V for 40 minutes. The gel was stained with Ethidium Bromide Solution, Molecular 665 666 Grade (Promega, Madison, Wisconsin, United States of America) and viewed under UV light using 667 the Molecular Imager Gel Doc XR System (Bio-Rad, Hercules, California, United States of America). 668 The expected amplicon sizes were 206bp for the wildtype allele and 390bp for the knockout allele. 669 Only wildtype and knockout mice for the *SLC7A8* gene were used in the study.

670 Supplementary figures

WTCD14

WTHFD14





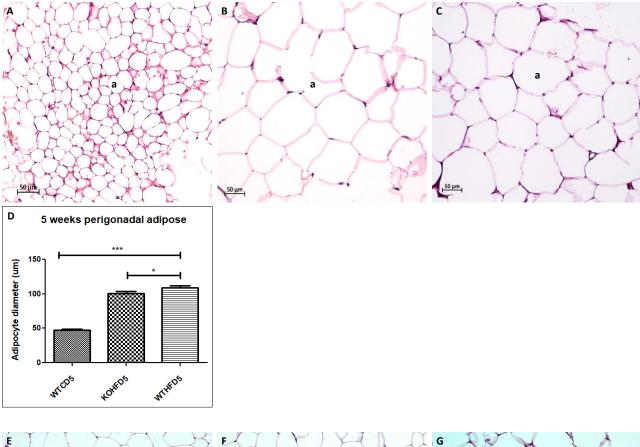
KOCD14

KOHFD14

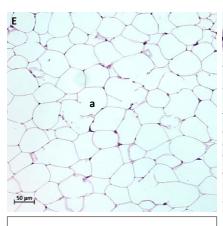




Figure 1 supplementary: Mice used in the study. The WTHFD14 and KOHFD14 mice look larger in size whencompared to WTCD14 and KOCD14, respectively.



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5 weeks inguinal subcutaneous adipose н 100 Adipocyte diameter (um) 80-60-40-

40HFD5

WIHEDS

50 µm

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20 0

WICDS

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677

а

50 µm

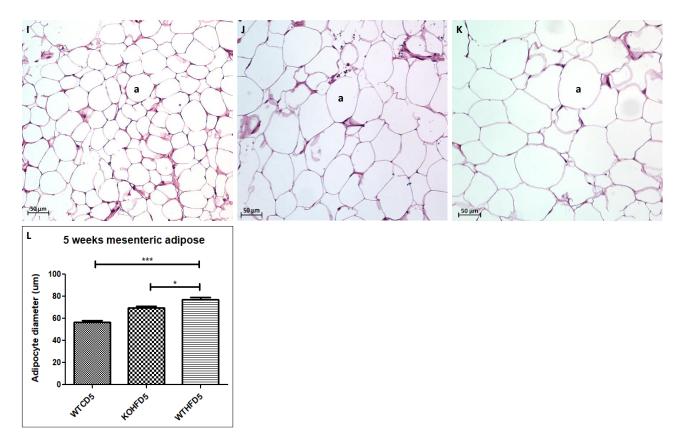
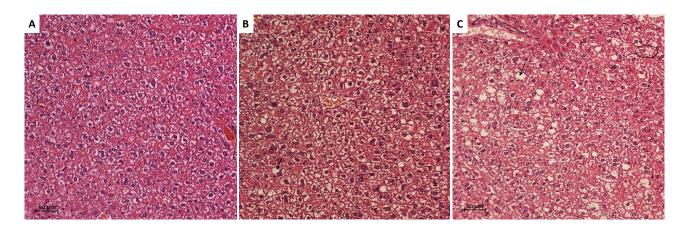




Figure 2 supplementary: Adipocyte hypertrophy at 5 weeks. Adipocyte diameter of WTHFD, C in pWAT was significantly larger than WTCD, A (p<0.001) and KOHFD, B (p<0.05). In iWAT, WTHFD, G adipocyte hypertrophy was significantly greater (p<0.05) than WTCD, E and KOHFD, F. WTHFD, K in mWAT showed significantly larger adipocytes than WTCD, I (p<0.001) and KOHFD, J (p<0.05). Accumulation of enlarged lipid droplets were observed in WTHFD, O than WTCD, M and KOHFD, N.

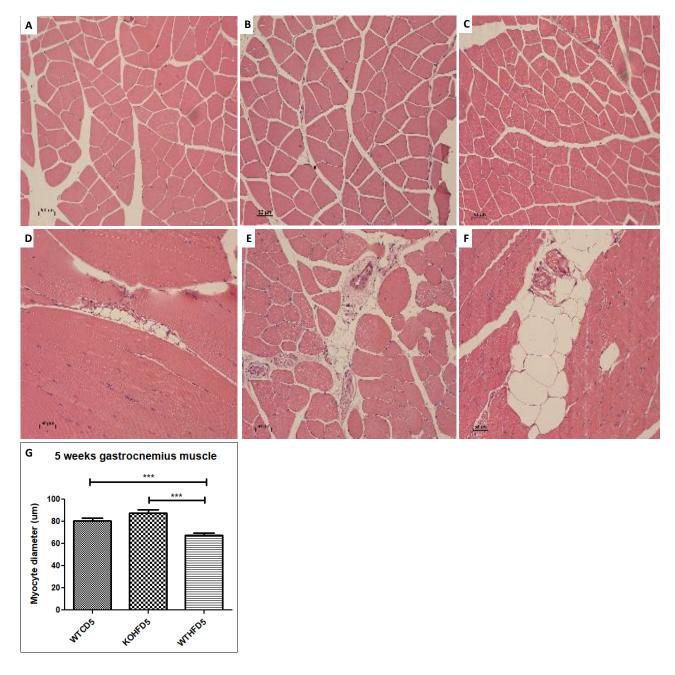
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Figure 3 supplementary: Lipid droplets in the liver at 5 weeks. WTHFD, C and KOHFD, B had lipid droplets inthe tissue, while none were observed in WTCD, A.

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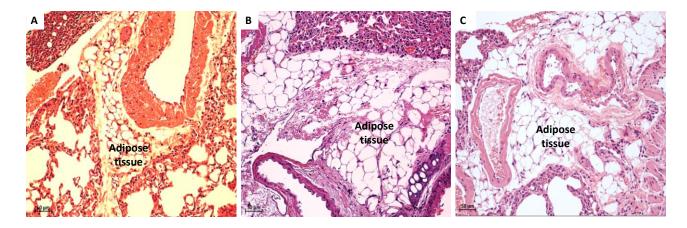


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Figure 4 supplementary: Significantly larger myocytes (p<0.001), G, were observed in the WTCD, A and KOHFD, B in comparison to those in the WTHFD, C group. The distribution of peri-muscular adipose tissue shows that greater accumulation of the adipose was observed in WTHFD, F, compared to WTCD, D and KOHFD, E.

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Figure 5 supplementary: Accumulation of adipose tissue in the lungs. Greater accumulation was observed in
 WTHFD, C and KOHFD, B in comparison to WTCD, A.



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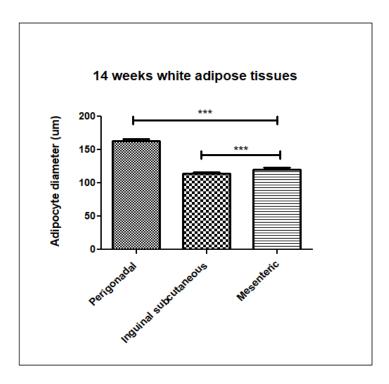


Figure 6 supplementary: Perigonadal adipose tissue in WTHFD is significantly larger (p<0.001) than inguinal and mesenteric adipose tissues.