# 1 Pavlovian fear conditioning does not readily occur in rats in naturalistic

# 2 environments

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- 14 P.R.Z, E.J.K., and J.J.K. conceived the study. P.R.Z., B.P.S., B.E.L., and A.S. performed surgery,
- 15 behavioral experiments and analyses. P.R.Z., B.P.S., E.J.K. and J.J.K. wrote the manuscript. J.J.K.
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- 22 Main Text
- 23 Figures 1 to 3
- 24 Supplemental Information

## 26 Abstract

27 Pavlovian fear conditioning, which offers the advantage of simplicity in both the control of conditioned 28 and unconditioned stimuli (CS, US) presentation and the analysis of specific conditioned and 29 unconditioned responses (CR, UR) in a controlled laboratory setting, has been the standard model in 30 basic and translational fear research. Despite 100 years of experiments, the utility of fear conditioning has 31 not been trans-situationally validated in real-life contexts. We thus investigated whether fear conditioning 32 readily occurs and guides the animal's future behavior in an ecologically-relevant environment. To do so, 33 Long-Evans rats foraging for food in an open arena were presented with a tone CS paired with electric 34 shock US to their dorsal neck/body that instinctively elicited escape UR to the safe nest. On subsequent 35 test days, the tone-shock paired animals failed to exhibit fear CR to the CS. In contrast, animals that 36 encountered a realistic agent of danger (a looming artificial owl) paired with a shock, simulating a realistic 37 predatory strike, instantly fled to the nest when presented with a tone for the first time. These results 38 illustrate the survival function and precedence of a nonassociative process, rather than associative 39 conditioning, in life-threatening situations that animals are likely to encounter in nature.

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41

#### 43 Main Text

#### 44 Introduction

45 Since the time of Watson and Morgan's (1) conception that emotions, such as fear, should be studied 46 as conditioned (acquired) reactions and Watson and Rayner's (2) demonstration that fear can be rapidly 47 learned in 9-month-old "Little Albert," Pavlovian (or classical) fear conditioning has been the paradigm par 48 excellence for studying both normal and abnormal fear behaviors (3-7). Briefly, fear conditioning focuses 49 on how an initially innocuous conditioned stimulus (CS; e.g., auditory, visual, contextual cues), upon 50 pairing with a noxious unconditioned stimulus (US; usually electric shock) that reflexively elicits 51 unconditioned response (UR; namely defensive reactions), becomes capable of eliciting conditioned 52 response (CR; e.g., freezing in rodents, increased skin conductance in humans). A century of fear 53 conditioning research has led to wide-ranging discoveries. In particular, fear conditioning experiments 54 have fundamentally transformed learning theories from the archaic contiguity (or temporal) relationship 55 (8-10) to the modern contingency (or informational) relationship between the CS and US (11-14), 56 revealed detailed neurobiological mechanisms of learning and memory (15-17) and influenced 57 contemporary cognitive behavioral therapy for various anxiety and traumatic-stressor related disorders, 58 such as panic, phobic and posttraumatic stress disorders (18-22). 59 Despite its utility and appeal, fear conditioning paradigms nonetheless simplify behavioral analyses of 60 fear, ignoring the multitude of actions and decisions that animals and humans utilize to survive the 61 breadth of risky situations in the real world (23-28). Moreover, the prevalent notion that fear conditioning 62 produces adaptive associative fear memory has yet to be ecologically validated. In fact, some 63 researchers have questioned the evolutionary logic underlying fear conditioning; "No owl hoots or whistles 64 5 seconds before pouncing on a mouse...Nor will the owl give the mouse enough trials for the necessary 65 learning to occur...What keeps animals alive in the wild is that they have very effective innate defensive 66 reactions which occur when they encounter any kind of new or sudden stimulus" (29). Indeed, laboratory 67 rodents exhibit unlearned, instinctive fear responses to advancing artificial terrestrial and aerial predators 68 (30, 31), overhead looming stimuli (32), and predator odors (33).

Here, we investigated for the first time whether fear conditioning readily transpires and modifies
subsequent behavior of animals in a naturalistic environment. To achieve this, hunger-motivated rats

71 searching for a food pellet in a large arena—a purposive behavior (34)—were presented with a discrete 72 tone CS followed by a painful US to their dorsal neck/body region by means of chronically implanted 73 subcutaneous wires (Fig. 1A). A dorsal neck/body shock better simulates real predatory strike compared 74 to footshock used in standard fear conditioning studies, as it is unlikely that predators direct their attacks 75 on small prey animal's paws. Additionally, in nature, bodily injuries are normally inflicted by external 76 agents (namely, predators in animals and perpetrators in humans). Thus, other groups of rats were 77 presented with a looming aerial predator (i.e., a lifelike great horned owl) preceded with and without a 78 tone CS and followed by the same US (Fig. 1B-D). A single trial tone-shock, tone-owl, tone/owl-shock and 79 owl-shock training was employed because multiple bodily harm encounters would prove fatal in nature, 80 antithetical to the natural selection of fear conditioning (29). Later, all animals' reactions to the tone cue 81 were examined while foraging for food in the open arena.

82

#### 83 Results

#### 84 Baseline foraging

85 Female and male rats were pseudo-randomly assigned to tone-shock (8 females, 8 males), owl-86 shock (8 females, 8 males), tone/owl-shock (6 females, 8 males), and tone-owl (4 females, 4 males) 87 groups and implanted with subcutaneous wires in their dorsal neck/body (Fig. 1A-C). After recovery 88 from the surgery, the rats were trained to exit a nest compartment upon gate opening to procure a 89 sizable 0.5 g food pellet placed at variable distances in a large, expanding open arena (Fig. 1D, top 90 panel). On the first baseline day, female rats took a significantly longer amount of time to procure the 91 food pellet compared to male rats (Supplementary materials, Fig S1, Baseline day 1). This initial 92 difference in foraging behavior likely represents heightened spatial neophobia (risk-averse to novel 93 environments) in female rats. As rats became familiar with the foraging arena, the latency and 94 duration measures declined across 5 baseline days comparably in both sexes, with no further 95 statistical differences in latencies for pellet procurement. Because there were no reliable sex 96 differences in subsequent fear conditioning dependent variables (Supplementary materials, Fig. S2), 97 the four groups were collapsed across sexes.

98

## 99 Fear conditioning

100 On the training day, all rats first underwent three foraging trials with pellets fixed at the longest 101 distance (125 cm) to confirm comparable pre-fear conditioning foraging behavior between groups (Fig. 102 2A, Baseline). Afterwards, animals were exposed to a tone-shock, an owl-shock, a tone/owl-shock or a 103 tone-owl pairing in the manner shown in Fig. 1 (Supplementary materials, Movie S1). Those rats 104 presented with the tone CS 5-sec prior to the gate opening (i.e., tone-shock, tone-owl, tone/owl-shock 105 groups) took more time to enter the foraging arena in comparisons to owl-shock animals unexposed to 106 the tone (Fig. 2B, Leave nest latency); this indicates that the tone was a salient cue that animals were 107 attentive to and thus conditionable. Once in the foraging arena, all animals readily advanced toward the 108 pellet and breached the trigger zone (25 cm from the pellet) to activate the shock, owl, or owl-shock 109 stimuli (Fig. 2B, Trigger zone latency). In response to the shock, owl, or owl-shock, all rats promptly fled 110 from the foraging arena to the nest (Fig. 2B, Escape latency; Fig. 2D, E, Escape speed). Figure 2C shows 111 representative track plot examples of tone-shock, owl-shock, tone/owl-shock and tone-owl animals 112 successfully procuring the pellet during pre-tone baseline but not during tone conditioning. The fact that 113 the escape latency and running speed were not significantly different between the tone-owl and other 114 groups indicates that the looming owl-induced innate fear sans pain was just as effective in eliciting the 115 flight UR as the painful shock or shock-owl combination. However, inspections of the escape trajectories 116 revealed that the tone-shock and tone-owl groups tended to flee linearly to the nest, whereas the owl-117 shock and tone/owl-shock groups that experienced a dorsal neck/body shock 100 ms after the looming 118 owl (mimicking realistic predatory attack) and begun their flight to the nest inclined to escape circuitously 119 (Fig. 2F,H). This was supported by significant group differences in the escape distances (Fig. 2G) and 120 trajectory angles (Fig. 2I), where owl-shock and tone/owl-shock groups traveled longer distances and had 121 higher angle variances, respectively, during their escape routes than tone-shock and tone-owl groups.

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# 123 <u>Context (pre-tone) testing</u>

124 On the following day, animals were placed back in the nest and underwent three pre-tone baseline 125 trials (maximum 300 sec to retrieve the food pellet placed at 125 cm) to assess whether previous 126 encounters with tone-shock, owl-shock, tone/owl-shock and tone-owl stimuli combinations produced fear

127 of the arena. As can be seen in Figure 3A, the owl-shock and tone/owl-shock groups took significantly 128 longer latencies to procure the pellet (i.e., the time from gate opening-to-return to nest with the pellet) 129 than the tone-shock and tone-owl groups on the first day of testing. The lengthened times to enter the 130 foraging arena exhibited by owl-shock and tone/owl-shock rats likely reflect inhibitory avoidance resulting 131 from the previous predatory attack experience in the arena (35). In contrast, the fact that the pre-tone test 132 baseline latencies of tone-shock and tone-owl rats (Supplementary materials, Fig. S3) were not reliably 133 different from their baseline latencies from the fear conditioning day (prior to experiencing tone-shock or 134 tone-owl) suggests that contextual fear conditioning failed to transpire in these animals despite their 135 robust escape behavior to tone-shock and tone-owl experiences. Similar patterns of group differences, 136 albeit lesser magnitudes, were observed on the second day of pre-tone baseline trials (Fig. 3C).

137

## 138 <u>Tone testing</u>

139 Immediately after the pre-tone baseline, all groups were subjected to three successive tone test trials 140 (one minute apart). The owl-shock and tone/owl-shock animals continued to take longer latencies to exit 141 the nest compared to tone-shock and tone-owl animals (Fig. 3B, Leave nest latency). Once in the 142 foraging arena, the tone/owl-shock group's latency to approach 25 cm from the pellet to trigger the tone 143 were marginally but reliably longer than those of tone-shock and tone-owl groups, but not owl-shock 144 group (Fig. 3B, Trigger zone latency). Upon the activation of tone (60 s continuous), the majority of owl-145 shock and tone/owl-shock animals promptly fled to the nest, thereby significantly increasing the latency to 146 procure the pellet (60 s = unsuccessful), whereas the tone-shock and tone-owl animals were largely 147 unaffected by the tone and readily procured the pellet (Fig. 3B, Procure pellet latency). The second day of 148 tone testing yielded similar patterns of group differences (Fig. 3D). Figure 3E shows individual track plots 149 from all animals with the initial number of trial(s) necessitated for successful foraging. Further analyses 150 across tone testing days (3 trials/day) showed that the overall success rates of procuring the pellet were 151 significantly lower in owl-shock and tone/owl-shock groups compared to tone-shock and tone-owl groups 152 (Fig. 3F), and that owl-shock and tone/owl-shock animals required extended trials to reliably obtain the 153 pellet (Fig. 3G). Because the temporal interval between the CS and US is well known to be crucial in 154 various types of Pavlovian conditioning, including fear conditioning (36), we examined whether tone fear

155 conditioning transpired in a specific (optimal) range of interstimulus intervals (ISI) but was masked by 156 non-optimal ISIs. We found no significant correlation between the ISIs and the magnitudes of tone-157 induced suppression of pellet procurement in tone-shock animals, indicating that tone fear conditioning 158 failed to materialize across varying ISIs of delay conditioning (Fig. 3H). Conversely, in the tone/owl-shock 159 animals, the tone-induced suppression of pellet procurement was uniformly observed across different 160 ISIs, suggesting that the observed fear in these animals may not necessarily reflect Pavlovian 161 conditioning (Fig 3H). These results of delayed tone-shock paired animals failing to show conditioned 162 tone fear and contextual fear suggest that standard fear conditioning does not readily occur in naturalistic 163 environment. Instead, the finding of owl-shock animals displaying robust fear to a novel tone, which the 164 animals never heard before, suggests that non-associative sensitization-like processes play a crucial role 165 in protecting animals in the real world.

# 166

#### 167 Discussion

168 It is generally believed (though never validated) that there is behavioral continuity of Pavlovian fear 169 conditioning from the laboratory to real-life situations, and thus understanding the mechanisms of fear 170 conditioning will have clinical relevance. The present study directly investigated whether fear conditioning 171 readily occurs in naturalistic situations that animals are likely to encounter in their habitats. Standard fear 172 conditioning in rodents takes place in small experimental chambers, and several studies have shown that 173 a single tone CS-footshock US pairing (i.e., delay fear conditioning) reliably produces conditioned 174 freezing in rats and conditioned tachycardia/freezing in mice (37). One-trial delay tone fear conditioning 175 has also been demonstrated in human subjects using a loud white noise US and assessing conditioned 176 skin conductance response (38). However, in the present study, where rats are exhibiting a purposive 177 foraging behavior (34) in a large arena, a delayed pairing of tone CS and dorsal neck/body shock US 178 (tone-shock group) produced virtually no evidence of auditory (and contextual) fear conditioning across a 179 range of CS durations (i.e., ISIs). A similar pairing of tone CS and looming owl (tone-owl group) also 180 failed to produce auditory fear conditioning despite the owl US evoking robust fleeing UR. In contrast. 181 foraging rats that experienced a looming owl and shock pairing (owl-shock group) later exhibited robust 182 fear (escape) behavior to a novel tone presentation. In the tone/owl-shock animals, the escape behavior

183 was uniformly observed across different ISIs, suggesting that the observed fear to the tone stimulus 184 in this group may not be a Pavlovian response. These findings then point to a nonassociative 185 sensitization (or sensitization-like) process, rather than associative fear conditioning, as playing a vital 186 function in risky (i.e., predatory attack) situations that animals encounter in nature. 187 The tone CS (3 kHz, 80 dB, ranging 9-86.6 s) and shock US (2.5 mA, 1 s) employed in the present 188 study were effective in eliciting orienting and fleeing responses, respectively, and were presented to 189 animals in the manner (i.e., a delay conditioning) that satisfied the stimuli saliency, intensity, surprising, 190 and temporal contiguity requirements for conditioning (39-41). Then, what can account for one-trial 191 auditory fear conditioning, demonstrated in standard Pavlovian paradigms (35, 37, 38, 42), not emerging 192 in animals that left the safe nest to forage for food in an open arena? It may well be that rats are not 193 biologically predisposed to associate discrete CS and US in natural (complex) environments where 194 competing hunger-driven and fear-driven motivated behaviors are freely expressed. Indeed, in real-life, 195 only a small minority of people experiencing trauma develop posttraumatic stress disorder (PTSD) and 196 even with re-exposure to the same trauma there is low incidence PTSD (43, 44). In contrast, standard 197 experimental chambers may be conducive to fear conditioning because they are simple and limit the 198 repertoire of behaviors. The absence of one-trial fear conditioning in a naturalistic setting may be 199 analogous to "The Rat Park Experiment," where rats housed in an enriched environment with plants, 200 trees and social interaction resist drug addiction behavior evident in standard cage-housed rats (45, 46). 201 Animals tested in naturalistic paradigms are given choices that do not force their behaviors into 202 dichotomies (i.e., freezing or no freezing; drug craving or no drug craving). Allowing for an expanded 203 behavioral repertoire, while more difficult to study, may thus yield a greater understanding of behaviors 204 and their underlying brain mechanisms.

It should also be noted that fear encounters in real life generally occur in the presence of external agents or forms (i.e., predators/conspecifics in animals and assailants/combatants in humans), which is virtually nonexistent in standard Pavlovian fear conditioning paradigms. Thus, the effects of a discernable entity in associative fear learning have never been investigated. By simulating a realistic life-threatening situation, i.e., a looming aerial predator that instinctively elicited flight behavior followed by somatic pain, we found that rats engaged in purposive behavior utilize nonassociative sensitization as their primary

211 defensive mechanism. The fact that the owl-shock and tone/owl-shock animals exhibited relatively 212 nonlinear, erratic escape trajectories to the nest compared to linear escape trajectories in tone-shock 213 animals (Fig. 2F-I) suggests the intriguing possibility that the same dorsal neck/body shock US may be 214 interpreted as a life-or-death (panic) situation in the presence of an external threat agent versus a mere 215 startling (nociceptive) situation in the absence of an external threat agent. The erratic flight behavior in the 216 presence of a looming owl may represent the penultimate stage of circa-strike, or "life-or-death," behavior 217 within the "predatory imminence continuum" theory (47). Functionally, a sensitized fear system may 218 intensify avoidance behavior, which in turn effectively transposes novel, neutral cues into "false positives" 219 to prioritize survival in natural environment (29). In other words, nonspecific sensitization-based 220 overestimation of danger may be a more prudent course for survival than relatively more specific 221 association-based prediction of danger. 222 Clark Hull (48) has posited that Pavlovian fear conditioning offers biological utility by circumventing a 223 "bad biological economy" of defense reaction always necessitating injury. This prevailing view that 224 ascribes preeminent importance of fear conditioning as the primary defensive mechanism is likely to be a 225 theoretical simplification and provides an incomplete picture of fear, as its function in a natural 226 environment may be rather limited (i.e., lacks face validity). It may well be possible to produce fear 227 conditioning in naturalistic settings with further CS-US trials but then this too would be a bad biological 228 economy as such learning will dramatically reduce biological fitness. It is also important to recognize 229 inconsistencies in the literatures, such as clinical studies that have reported that patients with anxiety 230 disorders, such as phobias, have trouble recalling the particular pairing of the fear event with its aversive 231 consequences (49, 50). The increased utilization of naturalistic fear paradigms that simulate dangers that 232 animals and humans encounter in real life will enable us to clarify, update, and revise fear concepts 233 derived largely from fear conditioning studies and in doing so facilitate future progress in the treatment of 234 fear disorders.

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236

# 238 Materials and Methods239

# 240 Subjects

241 Sixty-two Long-Evans rats (3-4 months old; 32 females and 30 males), purchased from Charles-242 Rivers Laboratories, were initially pair-housed by sex for 5-7 days of acclimatization in a climate-243 controlled vivarium (accredited by the Association for Assessment and Accreditation of Laboratory 244 Animal Care), with a reversed 12-h light/dark cycle (lights on at 7 PM). After undergoing 245 subcutaneous wire implant surgery (described below), animals were individually housed and placed 246 on a standard food-deprivation schedule with ad lib access to water to gradually reach and maintain 247 ~85% normal body weight. All experiments were performed during the dark phase of the cycle in strict 248 compliance with the University of Washington Institutional Animal Care and Use Committee 249 guidelines. 250 251 Surgery 252 Under isoflurane anesthesia, rats were mounted on a stereotaxic instrument (Kopf), and two Teflon-253 coated stainless-steel wires (0.0003 inch bare, 0.0045 inch coated; A-M Systems, Everett, WA) were 254 inserted in the dorsal neck/back region of body. The wire tips were exposed (~1 cm), bent to a V-shape, 255 and hooked to subcutaneous tissue (36). The other ends of the wires were affixed to a headstage 256 (Plastics One, MS303-120), which was then cemented to the animal's skull embedded with 6 anchoring 257 screws. While still under anesthesia, animals were connected to a shock-apparatus and given a mild 258 shock to observe muscle twitching; 6 rats that showed no reaction to shock were removed from the 259 experiment. Animals were given 4 days of postoperative recovery and were adapted to handling for 5 260 days before nest habituation.

261

#### 262 Foraging Apparatus and Stimuli

A custom-built foraging arena consisted of a nest (69 cm length x 58-66 cm width x 61 cm height) that opened via an automated sliding gate to reveal a large, expanded foraging area (208 cm length x 66-120 cm width x 61 cm height) where 0.5 g food pellets (grain-based; F0171, Bio-Serv) were placed at variable locations (Fig. 1A). The testing room was kept under red light (11 lux foraging area, 2 lux nest area) with constant white noise (72 dB) playing in the background. Prior to placing each

268 animal, the arena was wiped with 70% ethanol. The ANY-maze software and Ami interface system 269 (Stoelting) connected to a PC automatically tracked the animal's position in the arena, via a ceiling 270 mounted camera, and triggered the tone, shock and aerial predator stimuli: (i) 3 kHz, 80 dB tone CS was 271 produced using Anymaze (Stoelting) and presented through two speakers mounted on the nest-foraging 272 border; (ii) 1 s, 2.5 mA shock US was delivered to the animal's dorsal neck/back region via a headstage 273 tethered to a stimulus-isolator (Bak); (iii) A life-like model owl (31), mounted onto a 92 cm pneumatic air 274 cylinder (Bimba) at the opposite end of the foraging arena and hidden behind a black curtain, plunged 275 downward towards the rat (46 cm/s), then retracted back to it starting position.

276

#### 277 <u>Behavioral Procedure</u>

278 Upon reaching and maintaining 85% normal body weight, animals were transported to the

experimental room and underwent series of habituation, baseline, fear conditioning, and testing sessions.

280 (Habituation days) Animals were placed in the nest scattered with 20 food pellets (0.5 g, grain-based,

281 Bio-Serv) for 30 min/day for 2 consecutive days to acclimatize and associate the nest with food

282 consumption.

(*Baseline days*) After 1 minute in the nest sans food pellets, the gate opened, and the animal was
allowed to explore the large foraging arena and find a pellet placed 25 cm away from the nest (first trial).
As soon as the animal took the sizeable 0.5 g pellet back to the nest, the gate closed. Once the animal
finished eating, the second trial with the pellet placed 50 cm and then the third trial with the pellet placed
75 cm commenced in the same manner. Animals underwent 3-5 consecutive baseline days, with the
pellet distances gradually extending to 75, 100 and 125 cm, and they were also accustomed to tethering
beginning on baseline day 3 onward.

290 (*Fear conditioning day*) Rats, pseudo-randomly assigned into tone-shock, tone-owl, tone/owl-shock 291 and owl-shock groups (Fig. 1), underwent 3 baseline trials with the pellet placed at 125 cm from the nest. 292 On the 4<sup>th</sup> trial, the tone-shock, tone-owl and tone/owl-shock animals were exposed to a tone CS that 293 came on 5 seconds before the gate opened and remained on until they reached the trigger zone (25 cm 294 to the pellet). For tone-shock and tone-owl animals, the tone co-terminated with the shock US and the owl 295 looming, respectively. For tone/owl-shock animals, the shock occurred 0.1s sec after the owl looming and

co-terminated with the tone. Two animals in the tone/owl-shock group were excluded because they
failed to leave the nest within 2 min. The owl-shock animals were subjected to the same owl loomingshock pairing (as the tone/owl-shock animals) but in the absence of tone. All rats fled to the nest in
reaction to the shock and/or looming owl, at which time the gate was closed. After 1 minute in the
nest, the animals were placed back into their homecage.

301 (*Testing days*) All rats underwent 3 baseline trials (a maximum of 300 sec to retrieve the pellet) to 302 assess whether shock and/or looming owl encounter the previous day resulted in the fear of the 303 arena (i.e., contextual fear). Afterwards, animals were presented with the tone cue when they 304 approached the trigger zone (25 cm to the pellet). The tone played continuously for 60 sec, after 305 which the tone test trial ended. Animals underwent 3 tone tests daily until they successfully attained 306 the pellet (i.e., fear extinction).

307

## 308 Data Analyses

309 Statistical analyses were performed using SPSS (IBM, version 19) and R (The R Foundation, 310 version 3.5.3). Body tracking positions were obtained using Deep Lab Cut (51) and analyzed using a 311 self-written script in Python (Python Software Foundation). Animal sample sizes were determined 312 using a power analysis performed by G\*Power (G\*Power, version 3.0.1, Franz Faul; power=0.95, 313 alpha=0.05, effect size=0.5, two-tailed). A Levene's test for normality showed significance for the 314 data, thus nonparametric tests were used for analysis. Because there were no significant sex 315 differences in any stages of the experiment after the first day of baseline (Supplementary materials, 316 Fig. S1), data from females and males were pooled together for all analyses (Supplementary 317 *materials*, Fig. S2). Statistical significance was set at P < 0.05. Graphs were made using GraphPad 318 Prism (version 8). 319 Data Availability 320 The data that support the findings of this study and the relevant analysis code are available from the

- 321 Dryad data repository. <u>https://doi.org/10.5061/dryad.76hdr7sxk</u> Reviewer Link:
- 322 https://datadryad.org/stash/share/00\_D25HmXortJJoB9bMz5YMUvKOM09RLtEv-TOR2sRc

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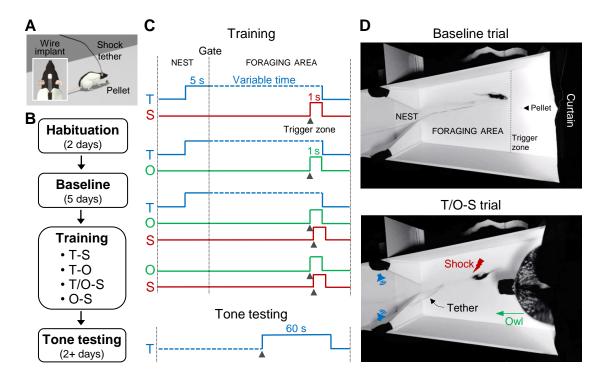
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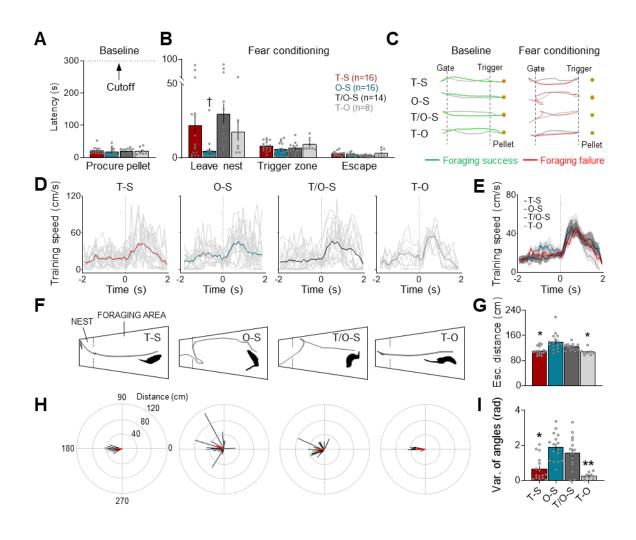
# 431 Figures and Tables



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433 434 Fig. 1 Experimental design of fear conditioning in a naturalistic setting. (A) An illustration of a 435 tethered rat foraging for a food pellet in the open arena (inset shows a headstage and placement of 436 subcutaneous shock wires). (B) Timeline of experiment. Habituation: Rats were placed in a closed nest 437 with dispersed food pellets for 30 min/day. Baseline: Rats were allowed to leave the nest to discover food 438 pellets placed 25-125 cm (in 25 cm increments from the nest) in the foraging arena. Training: Animals 439 approaching the pellet location experienced a delayed pairing of tone-shock (T-S), tone-owl (T-O), 440 tone/owl-shock (T/O-S), or owl-shock (O-S). Tone Test: On subsequent days, all rats were placed back in 441 the foraging arena and upon nearing the food pellet, the tone was activated. (C) Schemas of delayed 442 pairings of stimuli. The T-S, T-O and T/O-S (but not O-S) groups were presented with a tone 5 s before 443 the gate opening that stayed on until the animals were within 25 cm of the food pellet, at which the tone 444 co-terminated with the triggered shock (1 s), owl (1 s) or owl-shock (100 ms interstimulus interval, ISI) 445 stimuli. (D) A representative rat in the foraging arena (208 cm length x 66-120 cm expanding width x 61 446 cm height) during a baseline trial, where the animal successfully acquires the pellet, and during a T/O-S

- trial, where the animal flees from looming owl and shock into the nest (69 cm length x 58-66 cm width x
- 448 61 cm height).



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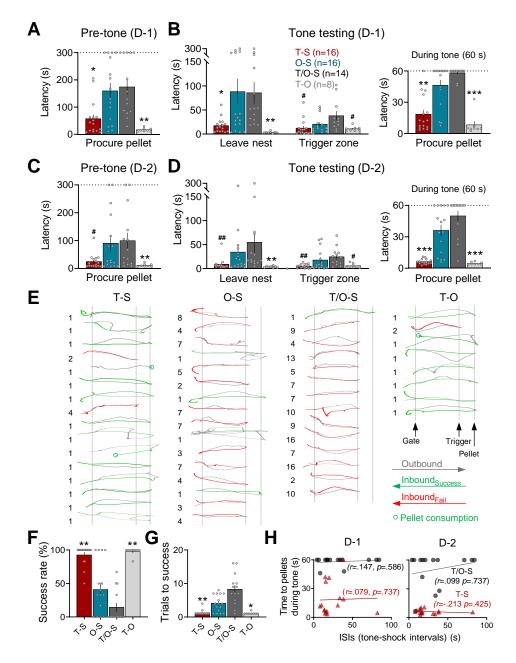
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467 Fig. 2 Foraging and escape behaviors during fear conditioning. (A) Pre-conditioning baseline 468 latencies (mean + SEM) to procure food pellets in the foraging arena were equivalent between T-S (red). 469 O-S (blue), T/O-S (dark gray) and T-O (light gray) groups (Kruskal-Wallis, H = 2.694, p = 0.441). (B) 470 During fear conditioning, the T-S, T/O-S and T-O groups exposed to the tone 5 s before the gate opening 471 had significantly longer latencies to leave the nest than the O-S group (left panel, Kruskal-Wallis, H = 472 18.6, p < 0.001; pairwise comparisons, p = 0.008 for T-S vs. O-S, p = 0.011 for O-S vs. T-O, p < 0.001 for 473 O-S vs. T/O-S, p = 0.69 for T-S vs. T-O, p = 0.631 for T-S vs. T/O-S, p = 0.343 for T/O-S vs. T-O). Once 474 outside the nest, however, the latency to breach the trigger zone, enroute to the pellet, was not reliably 475 different among the groups (Kruskal-Wallis, H = 7.453, p = 0.059). In response to the triggered shock, owl 476 or owl-shock, all groups showed similar escape-to-nest latencies (Kruskal-Wallis, H = 6.141, p = 0.105). 477 (C) Representative track plot examples from T-S, O-S, T/O-S and T-O animals during the baseline, when

478 animals successfully procured the pellet, and during the fear conditioning, when the same animals fled 479 from shock, owl or owl-shock stimuli and thus unable to attain the pellet. (D) Mean instantaneous speed 480 (+ SEM) of each group 2 sec before and after the shock, owl or owl-shock onset (t = 0). Thin, grey lines 481 represent individual animal data. (E) All groups showed comparable escape speed to the shock, owl, and 482 owl-shock stimuli (Kruskal-Wallis, H = 0.901, p = 0.825). (F) Representative track plots showing escape 483 paths of T-S, O-S, T/O-S and T-O animals. The inset silhouette images show that the T-S and T-O 484 animals were facing forward at the time of the shock or owl stimulus whereas the O-S and T/O-S animals 485 were turning back at the time of the shock stimulus because of the 100 ms owl-shock interstimulus 486 interval. (G) Mean escape distance (+ SEM) from the trigger zone to the nest. The O-S and T/O-S groups 487 travelled longer distances to escape compared to the T-S and T-O groups (Kruskal-Wallis, H = 21.98,  $p < 10^{-1}$ 488 0.001; pairwise comparisons, p = 0.014 for T-S vs. T/O-S, p = 0.008 for T/O-S vs T-O, p = 0.001 for T-S 489 vs. O-S, p = 0.001 for O-S vs T-O). (H) Representative vector plots of each group showing variabilities in 490 their escape paths. (I) Mean variance (+ SEM) of escape trajectory angles (radian) from the trigger zone 491 to the nest. The O-S and T/O-S groups had greater variance in their escape trajectories when fleeing 492 back to the nest (Kruskal-Wallis, H = 22.37, p < 0.001; pairwise comparisons, p = 0.022 for T-S vs. T/O-S, 493 p = 0.003 for T/O-S vs T-O, p = 0.002 for T-S vs. O-S, p < 0.001 for O-S vs T-O). († compared to T-S, 494 T/O-S, and T-O; \* compared to O-S and T/O-S, p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001; # compared to T/O-S, 495 p < 0.05, ## p < 0.01).

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**Fig. 3 Foraging and escape behaviors during tone testing. (A)** The mean latency ( $\pm$  SEM) to procure the pellet during the pre-tone baseline trials on testing day 1 (D-1). Both O-S and T/O-S groups took significantly longer times to exit (gate opening, t=0) and return to the nest with the pellet than T-S and T-O groups (Kruskal-Wallis, H = 20.518, *p* < 0.001; pairwise comparisons, *P* = 0.003 for T-S vs. T/O-S, *p* < 0.001 for T/O-S vs. T-O, *p* = 0.013 for T-S vs. O-S, *p* < 0.001 for O-S vs. T-O). **(B)** The times (mean  $\pm$ SEM) to leave nest and reach trigger zone on day 1 tone test trials. Both O-S and T/O-S groups had

507 longer latencies to leave nest (Kruskal-Wallis, H = 27.071, p < 0.001; pairwise comparisons, p = 0.003 for 508 T-S vs. T/O-S, *p* < 0.001 for T/O-S vs. T-O, *p* = 0.044 for T-S vs. O-S, *p* < 0.001 for O-S vs. T-O. Once 509 outside the nest, the T/O-S group took longer time to reach the trigger zone than the T-S and T-O 510 (Kruskal-Wallis, H = 9.153, p = 0.027; pairwise comparisons, p = 0.019 for T-S vs. T/O-S, p = 0.042 for 511 T/O-S vs. T-O). During the tone test, the latencies to procure the pellet within the 60 s allotted time were 512 significantly longer in O-S and T/O-S animals compared to T-S and T-O animals (Kruskal-Wallis, H = 513 34.428, p < 0.001; pairwise comparisons, p < 0.001 for T-S vs. T/O-S, p < 0.001 for T/O-S vs. T-O, p =514 0.002 for T-S vs. O-S, p < 0.001 for O-S vs. T-O). (C) The mean latency (+ SEM) to procure the pellet 515 during the pre-tone baseline trials on testing day 2 (D-2). O-S and T/O-S groups continued to have longer 516 latencies to exit (gate opening, t=0) and return to the nest with the pellet than T-S and T-O groups 517 (Kruskal-Wallis, H = 12.47, p = 0.006; pairwise comparisons, p = 0.022 for T-S vs. T/O-S, p = 0.002 for 518 T/O-S vs. T-O, P = 0.009 for O-S vs. T-O). (D) The times (mean + SEM) to leave nest and reach trigger 519 zone on day 2 tone test trials. There were group differences in the latencies to leave nest (Kruskal-Wallis, 520 H = 21.505, p < 0.001; pairwise comparisons, p = 0.001 for T-S vs. T/O-S, p < 0.001 for T/O-S vs. T-O, p521 = 0.002 for O-S vs. T-O). Once outside the nest, there were group differences in the latencies to reach 522 the trigger zone (Kruskal-Wallis, H = 21.531, p < 0.001; pairwise comparisons, p < 0.001 for T-S vs. T/O-523 S, p < 0.001 for T/O-S vs. T-O, p = 0.037 for O-S vs. T-O). During the tone test, the latencies to procure 524 the pellet within the 60 s allotted time were significantly longer in O-S and T/O-S animals compared to T-S 525 and T-O animals (Kruskal-Wallis, H = 37.223, p < 0.001; pairwise comparisons, p < 0.001 for T-S vs. T/O-526 S, p < 0.001 for T/O-S vs. T-O, p < 0.001 for T-S vs. O-S, p < 0.001 for O-S vs. T-O). (E) Individual track 527 plots during the first tone exposure from all animals from each group. The parenthesized numbers next to 528 plots represent the trial(s) needed for successful foraging. (F) The overall success rates of procuring the 529 pellet on the first testing day were significantly lower in the O-S and T/O-S groups compared to the T-S 530 and T-O groups (Kruskal-Wallis, H = 32.299, p < 0.001; pairwise comparisons, p < 0.001 for T-S vs. T/O-531 S, p < 0.001 for T/O-S vs. T-O, p = 0.001 for T-S vs. O-S, p = 0.003 for O-S vs. T-O). (G) The O-S and 532 T/O-S animals required extended trials to obtain the pellet (Kruskal-Wallis, H = 32.004, p < 0.001; 533 pairwise comparisons, p < 0.001 for T-S vs. T/O-S, p < 0.001 for T/O-S vs. T-O, p = 0.002 for T-S vs. O-534 S, p = 0.011 for O-S vs. T-O). (H) In T-S and T/O-S animals, there were no reliable correlations

535	(Spearman's correlation coefficient) between the tone-induced suppression of pellet procurement (an
536	index of fear) and the temporal intervals (i.e., ISIs) between tone CS onset and shock US onset in neither
537	testing day 1 nor 2. (* compared to both O-S and T/O-S, $p < 0.05$ , ** $p < 0.01$ , *** $p < 0.001$ ; # compared
538	to T/O-S, $p < 0.05$ , $p < 0.01$ ).
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# 555 Supplementary Information for

# 557 Pavlovian fear conditioning does not readily occur in rats in naturalistic

# 558 environments

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J. Kim<sup>1\*</sup>

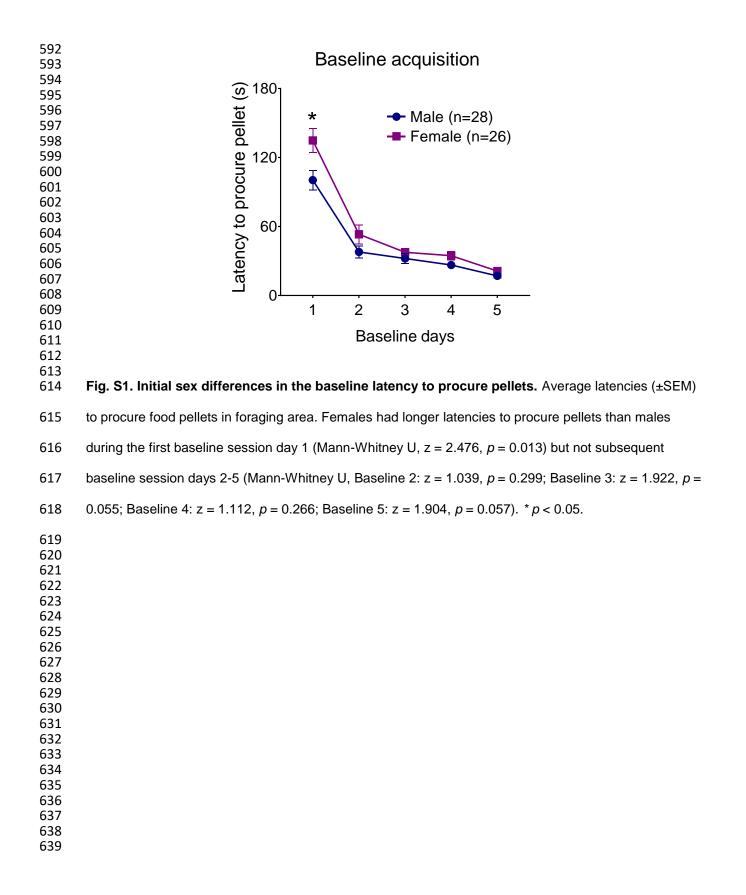
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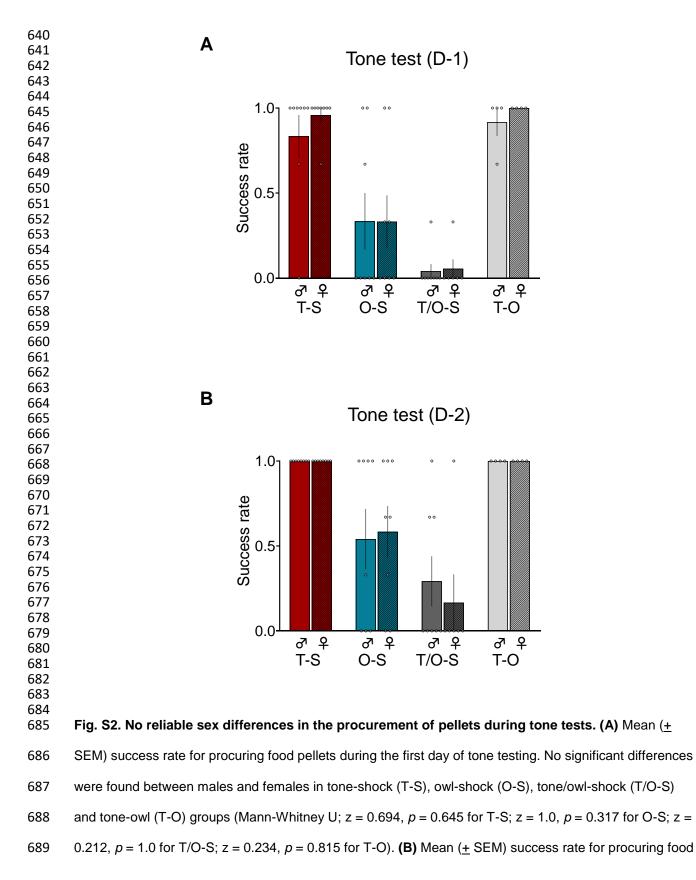
#### 571 This PDF file includes:

- Figures S1 to S3
- Legends for Movies S1 to S2

# **Other supplementary materials for this manuscript include the following:** 578

- 579 Movies S1 to S2





- 690 pellets during the second day of tone testing. No sex differences were observed in all groups (Mann-
- 691 Whitney; z = 0, p = 1.0 for T-S; z = 0.056, p = 0.955 for O-S; z = -0.649, p = 0.662 for T/O-S; z = 0, p = 0.662 for T/O-S; z = 0 for T/O-S; z = 0, p = 0.662 for T/O-S; z = 0 for T/O-S;
- 692 1.0 for T-O).

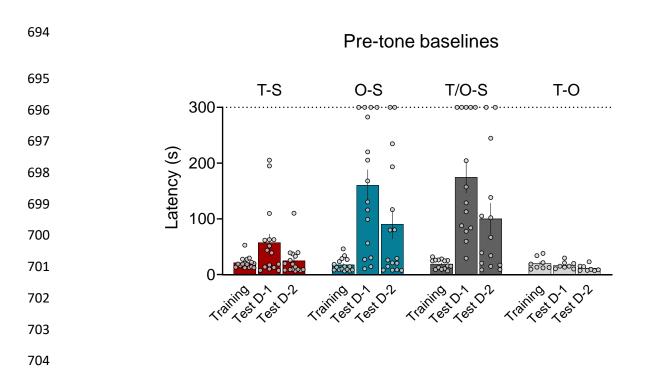


Fig. S3. Comparisons of latencies to procure pellets during pre-fear conditioning baseline and pre-tone testing baseline days 1 and 2. The baseline latencies to procure pellets prior to the fear conditioning session (Fig. 2A) were not statistically different from the day 1 (Fig. 3A) and day 2 (Fig. 3C) pre-tone test baseline latencies after the fear conditioning session in both tone-shock (T-S) and tone-owl (T-O) paired animals (Related-samples Wilcoxon signed rank test; Baseline vs. D-1: z = 1.293, p = 0.196for T-S; z = -0.560, p = 0.575 for T-O; Baseline vs. D-2: z = -0.155, p = 0.877 for T-S; z = -1.82, p = 0.069for T-O). This indicates that neither the tone-shock group nor the tone-owl group showed evidence of contextual fear conditioning.

722	Legends for supplementary movies
723	
724	Movie S1.
725	Representative foraging and escape behaviors of a rat presented with an owl-shock pairing. As the
726	animal come near a pellet, it encounters a swooping owl (from behind a black curtain) followed by a
727	dorsal neck/body shock pain. The rat flees to the nest without procuring the pellet.
728	
729	Movie S2.
730	The next day, as the same O-S rat advances towards a pellet, a novel tone is presented for the first time.
731	In response to the tone, the rat promptly flees to the nest without procuring the pellet.
732	
733 734	