1	DeepImageTranslator V2: analysis of multimodal medical images
2	using semantic segmentation maps generated through deep learning
3	
4	En Zhou Ye <sup>1*</sup> , En Hui Ye <sup>2*</sup> , and Run Zhou Ye <sup>3</sup>
5	From the <sup>1</sup> Saint-Laurent Academy, Ottawa, Ontario, Canada. <sup>2</sup> Saint-Josephine High School,
6	Ottawa, Ontario, Canada. <sup>3</sup> Division of Endocrinology, Department of Medicine, Centre de
7	recherche du Centre hospitalier universitaire de Sherbrooke, Université de Sherbrooke,
8	Sherbrooke, Quebec, Canada
9	* These authors contributed equally to this work.
10	
11	Corresponding author:
12	Run Zhou Ye
13	Division of Endocrinology, Department of Medicine, Centre de recherche du Centre hospitalier
14	universitaire de Sherbrooke, Université de Sherbrooke, Sherbrooke, Quebec, Canada
15	3001, 12th Ave North, Sherbrooke, Quebec, Canada, J1H 5N4
16	Tel: 873-888-7979
17	E-mail: Run.Zhou.Ye@usherbrooke.ca
18	
19	<b><u>Running title:</u></b> Tool for segmentation analysis of multimodal medical images
20	Keywords: multimodal medical imaging, semantic segmentation, regions of interest, deep
21	learning, software, PET/CT imaging

22	ABSTRACT
23	Introduction: Analysis of multimodal medical images often requires the selection of one or
24	many anatomical regions of interest (ROIs) for extraction of useful statistics. This task can prove
25	laborious when a manual approach is used. We have previously developed a user-friendly
26	software tool for image-to-image translation using deep learning. Therefore, we present herein an
27	update to the DeepImageTranslator software with the addiction of a tool for multimodal medical
28	image segmentation analysis (hereby referred to as the MMMISA).
29	Methods: The MMMISA was implemented using the Tkinter library; backend computations
30	were implemented using the Pydicom, Numpy, and OpenCV libraries. We tested our software
31	using 4188 whole-body axial 2-deoxy-2-[18F]-fluoroglucose-position emission
32	tomography/computed tomography ([18F]-FDG-PET/CT) slices of 10 patients from the ACRIN-
33	HNSCC (American College of Radiology Imaging Network-Head and Neck Squamous Cell
34	Carcinoma) database. Using the deep learning software DeepImageTranslator, a model was
35	trained with 36 randomly selected CT slices and manually labelled semantic segmentation maps.
36	Utilizing the trained model, all the CT scans of the 10 HNSCC patients were segmented with
37	high accuracy. Segmentation maps generated using the deep convolutional network were then
38	used to measure organ specific [18F]-FDG uptake. We also compared measurements performed
39	using the MMMISA and those made with manually selected ROIs.
40	Results: The MMMISA is a tool that allows user to select ROIs based on deep learning-
41	generated segmentation maps and to compute accurate statistics for these ROIs based on
42	coregistered multimodal images. We found that organ-specific [18F]-FDG uptake measured using
43	multiple manually selected ROIs is concordant with whole-tissue measurements made with
44	segmentation maps using the MMMISA tool.

### 45 INTRODUCTION

Analysis of multimodal medical images (e.g., position emission tomography/magnetic resonance 46 47 imaging [PET/MRI] and PET/computed tomography [PET/CT]) often requires the selection of one or many anatomical regions of interest (ROIs) for extraction of useful statistics [1-6]. The use of 48 spherical or ellipsoid ROIs may be sufficient for large organs such as the liver and large muscle 49 50 groups. However, for organs/tissues with complex shapes (e.g., the intestines and adipose tissues), manual ROI segmentation is not a scalable approach. One possible method is the use of deep 51 52 learning for automated segmentation. Nevertheless, most deep learning pipelines for semantic 53 image segmentation generate color-coded segmentation maps stored as image files, while most free software programs for medical image analysis (e.g., 3D-Slicer, OsiriX Lite, and AMIDE) 54 cannot use these files to generate ROI statistics of multimodal images stored as DICOM files. 55

We have previously developed a user-friendly software tool for image-to-image translation 56 using deep learning (DeepImageTranslator, described [7], released 57 in at: 58 https://sourceforge.net/projects/deepimagetranslator/). Therefore, we present herein an update to 59 the DeepImageTranslator software with the addiction of a tool for multimodal medical image segmentation analysis (hereby referred to as the MMMISA). We then demonstrate the use of the 60 61 program for the measurement of 2-deoxy-2-[18F]fluoroglucose ([18F]-FDG) uptake by the lungs and subcutaneous adipose tissue using whole-body [18F]-FDG-PET/CT scans from the ACRIN-62 63 HNSCC-FDG-PET/CT database [8-10]. Furthermore, we also compare measurements performed 64 using the MMMISA and those made with manually selected ROIs.

### 66 METHODS

### 67 Development of the MMMISA program

- 68 The MMMISA program presented herein was written in Python 3.8 and distributed under the GNU
- 69 General Public License (version 3.0). The graphical user interface was developed using the Tkinter
- 70 library. Image analysis algorithms were implemented using the Pydicom, Numpy, and OpenCV
- 71 libraries. The program is included as part of version 2 of the DeepImageTranslator software
- 72 (https://sourceforge.net/projects/deepimagetranslator/) and is also available as a standalone
- 73 program (<u>https://sourceforge.net/projects/mmmisa/</u>) for Windows. The source codes are available
- 74 at: (https://github.com/runzhouye/MMMISA).
- 75

### 76 **PET/CT image dataset**

- 77 Whole-body CT and FDG-PET images from 10 patients (numbers 001, 002, 003, 007, 008, 010,
- 78 012, 018, 019, and 027) were downloaded from the ACRIN-HNSCC-FDG-PET/CT (ACRIN
- 79 6685) database [8, 9] via the Cancer Institue Archive [10].
- 80

### 81 Manual extraction of multimodal image data

CT and FDG-PET images were loaded into the AMIDE software [11]. For each patient, 11 spherical ROIs (10 mm diameter) in the subcutaneous adipose tissue and 3 spherical ROIs (50 mm diameter) in the lungs were drawn at different axial positions based on whole-body CT images. ROI statistics were subsequently generated for the coregistered PET images.

86

87

### 89 Semantic image segmentation

Thirty-six axial slices were randomly chosen from the 4188 axial CT images from the 10 patients 90 91 for manual sematic segmentation with the GIMP (GNU Image Manipulation Program) software of the background, lungs, bones, brain, subcutaneous and visceral adipose tissue, and other soft 92 tissues by labelling these tissues in black (RGB=[0,0,0]), yellow (RGB=[255,255,0]), white 93 94 (RGB=[255,255,255]), cyan (RGB=[0,255,255]), red (RGB=[255,0,0]), green (RGB=[0,255,0]), and blue (RGB=[0,0.255]). CT image-segmentation map pairs were then loaded into the 95 96 DeepImageTranslator software to train a deep convolutional neural network as previously 97 described in Ye et al. [] with 1000 training epochs. The final model was used to perform automatic semantic segmentation of the 4188 axial CT images from the 10 patients in less than 10 minutes. 98

99

#### 100 Automated extraction of multimodal image data

101 For each patient, the original PET/CT scans were loaded into the MMMISA program along with 102 the semantic segmentation maps produced by the convolutional neural network. In this study, we 103 chose to extract FDG uptake from the lungs and subcutaneous adipose tissue by extracting regions of the model-generated segmentation maps containing yellow and red pixels, respectively using 104 105 the MMMISA program. Lower and upper color threshold were set at (R,G,B) = (150,150,0) and (R,G,B) = (255,255,150), respectively, for the lungs, and (R,G,B) = (150,0,0) and (R,G,B) = (150,0,0)106 107 (255,150,150), respectively, for the subcutaneous adipose tissue. ROI statistics were then 108 generated for the FDG-PET scans using the MMMISA software.

109

110

# 112 Statistical analyses

113	Statistical analyses were carried out using GraphPad Prism version 9. Pearson's R values were
114	computed for the correlation between organ-specific FDG uptake measured using multiple
115	manually selected ROIs and FDG uptake determined using deep learning-generated segmentation
116	maps.
117	
118	Data availability
119	The source code for the DeepImageTranslator is publicly available at:
120	https://github.com/runzhouye/MMMISA
121	The compiled standalone software is available for Window10 at:
122	https://sourceforge.net/projects/deepimagetranslator/ and
123	https://sourceforge.net/projects/mmmisa/
124	The datasets generated during and/or analyzed during the current study are available at:

- 125 <u>https://doi.org/10.6084/m9.figshare.16800925</u>
- 126

### 127 **RESULTS**

# 128 The MMMISA plugin for the DeepImageTranslator

129 The MMMISA program is included in version 2 of the DeepImageTranslator and is also available

- 130 as a standalone software. The main window (Fig.1) allows for the user to visualize single- and
- dual-modality images written in the standard DICOM (Digital Imaging and Communications in
- 132 Medicine) file format, the most commonly used file format in medical imaging. When images from

a second modality are loaded into the program, they are automatically matched, along with the corresponding segmentation map, to the image of the first modality that is being currently displayed. When necessary, the program also performs image registration of modality 2 images based on modality 1 images through translation and/or stretching such that objects in both image sets overlap. This allows for simultaneous visualization of both image sets and segmentation maps.

138 A second, ROI selection, window (Fig.2) displays user settings for the extraction of ROIs based on pixel colors of the segmentation maps. Specific regions of the color-coded semantic 139 140 segmentation maps can be extracted by setting lower and upper thresholds for the red, green, and blue color component values using the ROI selection window. The user can also choose to only 141 include the left or right side of the patient for analysis, which can be useful in order to exclude the 142 strong signals from of certain radiotracers injected into the left or right arm. When the "Apply" 143 button is pressed, ROIs are generated based on the color thresholds using the segmentation maps 144 and applied to corresponding slices of modality 1 and 2 images. The cropped images are then 145 146 displayed in the main window for visualization.

When "Save analysis" is selected, data will be extracted from modality 1 and 2 images, including the name of the scan, time at which each slice was produced, position of image slices, total area of the ROIs on each slice, total pixel values in the ROIs, average and standard deviation of values of pixels inside the ROIs, and pixel size. Results are then written in an excel file and stored under the user-designated directory.

152

# 153 Semantic segmentation of PET/CT images

154 Segmentation results for images outside of the training set obtained with the convolutional neural 155 network trained using the DeepImageTranslator were illustrated in **Fig.3**. Our final model was able to accurately segment the lungs, brain, bone, subcutaneous and visceral adipose tissue, and othersoft tissues.

158

# 159 Increase in number of manually selected ROIs increases accuracy of organ-specific FDG

160 uptake approximations compared to true organ-specific FDG uptake measured using deep

161 learning-generated segmentation maps

Next, we tested the concordance of organ-specific FDG uptake measured using multiple manually 162 163 selected ROIs *versus* FDG uptake determined using deep learning-generated segmentation maps. 164 In general, regardless the number of ROIs used, manually measured FDG uptake in the lungs and subcutaneous adipose tissue was well correlated with that calculated with segmentation maps using 165 the MMMISA program (Fig.4). For subcutaneous adipose tissue FDG uptake, the correlation 166 coefficient and the -log of the P-value increased sharply once values from more than 4 ROIs were 167 combined (Fig.4A). Increase in measurement accuracy (determined by the correlation coefficient) 168 169 through increasing numbers of manually selected ROIs plateaued after more than 8 ROIs were 170 used. Nevertheless, the P-value of the correlation between manual measurement and that using segmentation maps continued to decrease when more ROIs were used (Fig.4B). Similar results 171 172 were obtained for the measurement of FDG uptake in the lungs (Fig.4C-D).

173

#### 174 **DISCUSSION**

In recent years, numerous open-source software tools have been reported in the field of medical image processing [12-16]. One growing area of development is the popularization of deep learning methods through the creation of user-friendly tools with a graphical interface. Nevertheless, most deep learning pipelines for semantic image segmentation generate color-coded segmentation maps

stored as image files, while most free software programs for medical image analysis cannot usethese files to generate ROI statistics of multimodal images stored as DICOM files.

Nonetheless, selection of ROIs is an important aspect of *in vivo* metabolic studies involving PET/CT imaging [17-20]. In particular, measurements of volume and radiotracer uptake of adipose tissues of different regions may prove to be important for future studies on the metabolic syndrome, as hypertrophic obesity is related to changes in adipose tissue distribution and alterations in metabolic endpoints [21, 22].

Therefore, we have presented herein an update to the DeepImageTranslator software [7] 186 by including a tool for multimodal medical image segmentation analysis based on semantic 187 segmentation maps generated using a deep convolutional neural network. Our program can be 188 accessed through a graphical interface and allows users to extract ROI statistics of multimodal 189 images (e.g., PET/CT and PET/MRI) based on color-coded semantic segmentation maps. We 190 191 showed that organ-specific FDG uptake measured using multiple manually selected small, 192 spherical ROIs is concordant with whole-tissue measurements made with segmentation maps using 193 the MMMISA program. Furthermore, we found that increase in number of manually selected ROIs increases the accuracy of organ specific FDG uptake approximations. Therefore, our pipeline 194 195 constitutes a simple, automated, and scalable approach to obtain ROI statistics using multimodal 196 scans.

#### 197 **DISCLOSURES**

198 The authors declare no competing interests.

### 199 <u>AUTHOR CONTRIBUTIONS</u>

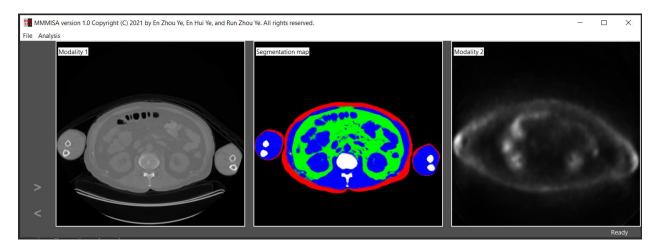
Software development: EZY, EHY, and RZY. Statistical analyses: EHY. Manuscript drafting:
EZY and RZY.

### 202 <u>REFERENCES</u>

- 2031.Lensen, K.D.F., et al., Variability in quantitative analysis of atherosclerotic plaque inflammation204using 18F-FDG PET/CT. PLoS One, 2017. 12(8): p. e0181847.
- Cao, Y., et al., Subcutaneous adipose tissue free fatty acid uptake measured using positron emission tomography and adipose biopsies in humans. Am J Physiol Endocrinol Metab, 2019.
   B17(2): p. E194-E199.
- Noll, C., et al., Seven-day overfeeding enhances adipose tissue dietary fatty acid storage and decreases myocardial and skeletal muscle dietary fatty acid partitioning in healthy subjects. Am J
   Physiol Endocrinol Metab, 2020. **318**(2): p. E286-E296.
- 4. Hojjati, M., et al., Role of FDG-PET/MRI, FDG-PET/CT, and Dynamic Susceptibility Contrast
   Perfusion MRI in Differentiating Radiation Necrosis from Tumor Recurrence in Glioblastomas. J
   Neuroimaging, 2018. 28(1): p. 118-125.
- Montastier, E., et al., *Increased postprandial nonesterified fatty acid efflux from adipose tissue in prediabetes is offset by enhanced dietary fatty acid adipose trapping*. Am J Physiol Endocrinol Metab, 2021. **320**(6): p. E1093-E1106.
- Labbe, S.M., et al., *Increased myocardial uptake of dietary fatty acids linked to cardiac dysfunction in glucose-intolerant humans.* Diabetes, 2012. **61**(11): p. 2701-10.
- Ye, R.Z., et al., DeepImageTranslator: a free, user-friendly graphical interface for image translation
   using deep-learning and its applications in 3D CT image analysis. bioRxiv, 2021.
- Kinahan, P., Muzi, M., Bialecki, B., & Coombs, L. (2019). Data from the ACRIN 6685 Trial HNSCC FDG-PET/CT [Data set]. TCIA. <u>https://doi.org/10.7937/K9/TCIA.2016.JQEJZZNG</u>.
- 223 9. Lowe, V.J., Duan, F., Subramaniam, R. M., Sicks, J. D., Romanoff, J., Bartel, T., Yu, J. Q. (Michael), 224 Nussenbaum, B., Richmon, J., Arnold, C. D., Cognetti, D., & Stack, B. C., Jr. (2019). Multicenter Trial 225 of [18F]fluorodeoxyglucose Positron Emission Tomography/Computed Tomography Staging of 226 Head and Neck Cancer and Negative Predictive Value and Surgical Impact in the N0 Neck: Results 227 ACRIN From 6685. Journal of Clinical Oncology, 37(20), 1704–1712. 228 https://doi.org/10.1200/jco.18.01182.
- Clark, K., Vendt, B., Smith, K., Freymann, J., Kirby, J., Koppel, P., Moore, S., Phillips, S., Maffitt, D.,
   Pringle, M., Tarbox, L., & Prior, F. (2013). The Cancer Imaging Archive (TCIA): Maintaining and
   Operating a Public Information Repository. Journal of Digital Imaging, 26(6), 1045–1057.
   <a href="https://doi.org/10.1007/s10278-013-9622-7">https://doi.org/10.1007/s10278-013-9622-7</a>.
- Loening, A.M. and S.S. Gambhir, *AMIDE: a free software tool for multimodality medical image analysis.* Mol Imaging, 2003. 2(3): p. 131-7.
- Lessard, R., et al., An open-source software for monitoring intrafraction motion during external
   beam radiation therapy based on superimposition of contours of projected ROIs on cine-MV
   images. J Appl Clin Med Phys, 2020. 21(8): p. 173-182.
- Yushkevich, P.A., et al., *User-Guided Segmentation of Multi-modality Medical Imaging Datasets with ITK-SNAP.* Neuroinformatics, 2019. **17**(1): p. 83-102.
- 240 14. Bucking, T.M., et al., *From medical imaging data to 3D printed anatomical models*. PLoS One,
  241 2017. 12(5): p. e0178540.
- Debus, C., et al., *MITK-ModelFit: A generic open-source framework for model fits and their exploration in medical imaging design, implementation and application on the example of DCE- MRI.* BMC Bioinformatics, 2019. 20(1): p. 31.
- Razeghi, O., et al., *CemrgApp: An interactive medical imaging application with image processing, computer vision, and machine learning toolkits for cardiovascular research.* SoftwareX, 2020. 12:
  p. 100570.

- 24817.Croteau, E., et al., Image-derived input function in dynamic human PET/CT: methodology and249validation with 11C-acetate and 18F-fluorothioheptadecanoic acid in muscle and 18F-250fluorodeoxyglucose in brain. Eur J Nucl Med Mol Imaging, 2010. **37**(8): p. 1539-50.
- 18. Lee, S.Y., et al., Comparison of 3T diffusion-weighted MRI and (18)F-FDG PET/CT in musculoskeletal tumours: quantitative analysis of apparent diffusion coefficients and standardized uptake values.
   Br J Radiol, 2019. 92(1102): p. 20181051.
- 25419.Richard, G., et al., Contribution of perfusion to the (11) C-acetate signal in brown adipose tissue255assessed by DCE-MRI and (68) Ga-DOTA PET in a rat model. Magn Reson Med, 2021. 85(3): p.2561625-1642.
- 257 20. Carreau, A.M., et al., Bariatric Surgery Rapidly Decreases Cardiac Dietary Fatty Acid Partitioning
   258 and Hepatic Insulin Resistance Through Increased Intra-abdominal Adipose Tissue Storage and
   259 Reduced Spillover in Type 2 Diabetes. Diabetes, 2020. 69(4): p. 567-577.
- 260 21. Ye, R.Z., et al., *Fat Cell Size: Measurement Methods, Pathophysiological Origins, and Relationships*261 *with Metabolic Dysregulations.* Endocr Rev, 2021.
- 262 22. Carpentier, A.C., 100(th) anniversary of the discovery of insulin perspective: insulin and adipose
   263 tissue fatty acid metabolism. Am J Physiol Endocrinol Metab, 2021. 320(4): p. E653-E670.

### 265 **FIGURES**



266

Fig.1: Main window of MMMISA, showing (from left to right), modality 1 (CT) images,
segmentation maps generated with convolutional neural network, and modality 2 (PET) images.

269

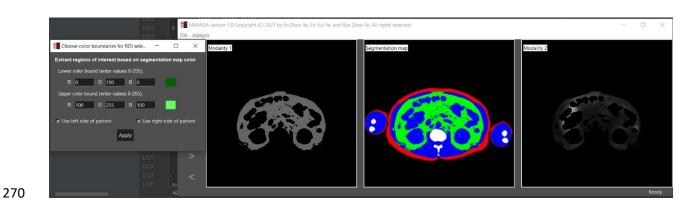


Fig.2: ROI selection window and main window with updated modality 1 and 2 images.

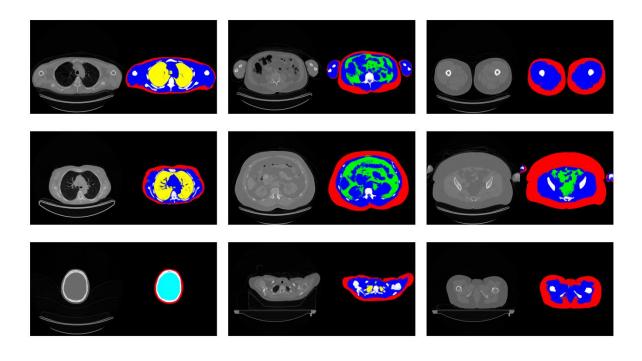
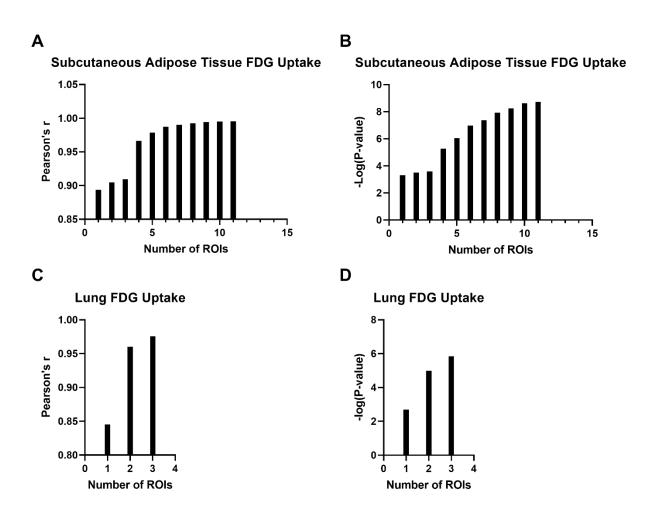


Fig.3: Pairs of CT images outside of the training set and sematic segmentation maps generated
with deep convolutional neural network. The background, lungs, bones, brain, subcutaneous and
visceral adipose tissue, and other soft tissues were labelled in black, yellow, white), cyan, red,
green, and blue, respectively.



278

Fig.4: Correlation coefficient (A and C) and P-value (B and D) for the association between organspecific FDG uptake measured using multiple manually selected ROIs and FDG uptake determined using deep learning-generated segmentation maps, as a function of number of manually selected ROIs, for the subcutaneous adipose tissue (A and B) and lungs (C and D). ROI: region of interest.