1 Dietary Proanthocyanidins Exert Localized Immunomodulatory Effects in

2 Porcine Pulmonary and Gastrointestinal Tissues during Ascaris suum-induced

3 Type 2 inflammation

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- 21 **Running title:** Proanthocyanidins and *Ascaris* in pigs

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27 Abstract

Bioactive dietary components may considerably influence intestinal health and resistance to enteric 28 disease. Proanthocyanidins (PAC) are dietary polyphenols with putative health-promoting activity 29 30 that have been increasingly studied for their anti-inflammatory and immunomodulatory effects. 31 However, whether dietary PAC can regulate type-2 immune function and inflammation at mucosal 32 surfaces remains unclear. Here, we investigated whether diets supplemented with purified PAC 33 modulated pulmonary and intestinal mucosal immune responses during infection with the helminth 34 parasite Ascaris suum in pigs. A. suum infection induced a type 2-biased immune response in lung and intestinal tissues, characterized by pulmonary granulocytosis, increased Th2/Th1 T cell ratios in 35 36 tracheal-bronchial lymph nodes, intestinal eosinophilia, and modulation of genes involved in mucosal barrier function and immunity. We observed that PAC had only minor effects on 37 38 pulmonary immune responses, regardless of concurrent A. suum infection. However, RNAsequencing of intestinal tissues revealed that dietary PAC significantly enhanced transcriptional 39 40 responses related to immune function, antioxidant responses, and cellular stress activity, both in uninfected and A. suum-infected animals. A. suum infection and dietary PAC both induced distinct 41 changes in gut microbiota composition, primarily in the jejunum and colon, respectively. Notably, 42 43 PAC substantially increased Limosilactobacillus reuteri abundance in the colon of both naïve and A. suum-infected animals. Thus, dietary PAC may have distinct beneficial effects on intestinal 44 health during infection with mucosal pathogens, whilst having limited activity to modulate 45 naturally-induced type-2 pulmonary inflammation. Our results shed further light on the mechanisms 46 47 underlying the health-promoting properties of PAC-rich foods, and may aid in the design of novel 48 dietary supplements to regulate mucosal inflammatory responses in the gastrointestinal tract.

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53 Introduction

Effective immune function is essential for maintenance of health and tissue homeostasis. The role 54 of diet in regulating immunity and inflammation at mucosal barrier surfaces has been well-55 established, and immunomodulatory dietary components have therefore gained tremendous 56 attention in scientific research in recent years. Polyphenols, terpenoids, and carotenoids are 57 examples of three central groups of phytonutrients, which have been extensively studied for their 58 beneficial impact on health and disease¹⁻⁴. Proanthocyanidins (PAC) are a type of polyphenol, 59 commonly found in a plant-based diet, which have characteristic chemical structures with known 60 anti-oxidant and anti-inflammatory properties⁵. 61

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Numerous studies have demonstrated that PAC play an important role in the regulation of immune 63 64 function and may offer therapeutic potential towards inflammatory intestinal diseases. PAC exert strong antioxidant and anti-inflammatory effects in cellular models^{6, 7}, and are able to modulate 65 various physiological parameters when consumed as part of the diet, such as increasing mucus 66 production in human patients with ulcerative colitis, and alleviating inflammation in TNBS-induced 67 colitis by inhibiting NF-kB signaling pathways^{8, 9}. Another consistent outcome of dietary PAC 68 supplementation is changes in gut microbiota (GM) composition, which has been observed in both 69 murine and porcine models, with some evidence also from human studies¹⁰⁻¹⁴. PAC have been 70 shown to increase the abundance of Lactobacilli and Bifidobacterium species, which are commonly 71 associated with a healthy gut environment, as well as increasing levels of faecal short chain fatty 72 acids (SCFA) such as propionic acid^{11, 15, 16}. Thus, the immunomodulatory effects of PAC may be 73 caused by direct interactions with immune cells and/or indirect modulation of immune responses as 74 a result of PAC-induced alteration of the GM¹⁷. These bioactive effects on intestinal immune cells 75 or the GM may have significant implications for inflammation in the gut, as well as at distant sites, 76 such as the lungs, with increasing evidence suggesting a gut-lung axis and clear connection between 77 gut function, the microbiome, and lung homeostasis 18 . 78

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Parasitic worm (helminth) infections are widespread in humans and animals worldwide and cause
substantial morbidity^{19, 20}. The characteristics of immune responses during helminth infection
include a strongly Th2 polarized immune response, characterized by eosinophilia, mastocytosis and
increased production of IL-4, IL-13 and other type-2 cytokines²¹. Thus, helminth infection models

84 offer a valuable opportunity to assess how different dietary interventions can promote resistance to 85 parasitic infection, as well as modulating type-2 responses which play a significant role in 86 pathologies such as allergies. In mice, PAC may regulate allergen-induced type-2 inflammation in the lungs by decreasing the expression of IL-4, IL-5 and IL-13²². However, the ability of PAC to 87 modulate pathogen-induced type-2 mucosal immune responses, such as those induced by tissue-88 89 invasive helminths, has not been examined in detail. Such studies may shed light on the interactions between PAC-rich diets and immunity to helminth infection, and other type-2 driven pathologies, 90 91 such as asthma and ulcerative colitis.

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93 Pigs are a highly translatable large-animal model for humans, due to the anatomical and 94 immunological similarities between humans and swine. The porcine roundworm Ascaris suum is 95 widely prevalent in pig farms globally and closely related to A. lumbricoides, which is the most common helminth in humans²³. After infection, A. suum larvae have a complex migratory path, 96 which includes migration through the liver and lungs before returning to the small intestine²⁴. At 97 each of these anatomical sites, the migratory larvae cause strong inflammatory reactions. Studies in 98 99 both the natural porcine host and murine models have shown that larvae elicit significant levels of type-2 (e.g. IL-5), but also type-1/17 (IL-6 and TNF α) cytokines as they migrate in the liver, lungs 100 and gut^{25, 26}. Furthermore, A. suum infection has been shown to increase the susceptibility to 101 bacterial lung infections in both mice and pigs^{27, 28}. 102

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104 The life cycle of A. suum, with larvae relocating between the intestines, the liver and the lungs, 105 offers numerous sites of interaction with the immune system. In this respect, A. suum infections in pigs have proved useful for assessing the effects of different dietary components on type-2 immune 106 function in both the gut and the respiratory tract. For example, studies in this model have shown 107 that dietary retinoic acid can enhance A. suum-induced pulmonary eosinophilia, whilst treatment 108 109 with probiotics, such as Lactobacillus rhamnosus GG, can suppress the prototypical type-2 response in lymph nodes draining the lungs during infection^{29, 30}. However, studies on the effects of 110 concomitant PAC-supplementation and helminth infection are scant. Here, we explored the effect of 111 112 dietary PAC on host immune function in A. suum-infected pigs. We examined the impact of PAC on systemic immune parameters, inflammatory and immune reactions at the mucosal barrier of both 113 the lung and the intestinal tract, and infection- and dietary-induced changes in the gut microbiota. 114

- 115 Thus, the aim was to investigate how PAC consumption may modulate a naturally-induced type-2
- 116 mucosal response in multiple tissue sites.

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143 Material and Methods

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145 **Proanthocyanidins and diets**

The PAC used for this study were from a standardized grape seed extract (Bulk Powders, 146 Denmark). Based on LC-DAD-MS and LC-DAD-MS/MS analyses^{31, 32}, the PAC purity of the 147 extract was >95%. Further analysis of the PAC showed that they were composed of 99% 148 149 procyanidin oligomers and polymers, with a mean degree of polymerization of 4.2. The basal diet 150 (NAG, Denmark) was based on ground wheat and barley and was formulated to provide 16.2% 151 crude protein (Supplementary Table 1). Pigs received either the basal diet or the basal diet 152 supplemented with 1% PAC. Feed intake was adjusted for body weight throughout the experiment and was calculated to provide the PAC-supplemented pigs with approximately 300 mg PAC/kg 153 154 BW. All pigs were weighed weekly and they were monitored and fed twice daily at 8:00 in the morning and 15:00 in the afternoon, with access to water ad libitum. 155

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157 **Pig experiment**

158 9-weeks old pigs were selected from a Specific Pathogen Free (SPF) Danish farm with no history of 159 helminth infection. On arrival, pigs were confirmed free of helminth-infection by fecal egg count 160 and negative by serology for A. suum. Pigs were vaccinated (p.o.) against Lawsonia intracellularis 161 4.5 weeks prior to the start of the experiment (ENTERISOL® ILEITIS VET., Boehringer 162 Ingelheim). A total 24 pigs (Duroc/Danish Landrace/Yorkshire; 12 castrated males and 12 females) 163 were randomly distributed into four treatment groups that were balanced for sex and initial bodyweight. Bodyweights were recorded weekly (Supplementary Figure 1). Each of the four 164 groups were housed in two pens consisting of three pigs each. From day 1 of the experiment, 12 165 pigs were fed the basal diet and 12 the PAC-supplemented diet. At day 14, half the pigs in each 166 group were inoculated with 5000 embryonated A. suum eggs by gastric intubation (Supplementary 167 168 **Figure 2**). Pigs were euthanized at day 28 of the experiment, i.e. day 14 post-infection, (p.i.) by 169 captive bolt pistol stunning followed by exsanguination. Throughout the study, weekly blood and 170 fecal samples were taken. Blood was collected by venipuncture of the jugular vein and serum 171 separated and frozen at -80 °C. At necropsy, the entire small intestine was removed and processed for A. suum larval counts using a modified agar-gel technique³³. Worm burdens were assessed by 172 manual enumeration using a dissection microscope of blinded samples conserved in 70% ethanol. 173 174 Digesta samples were collected from the proximal colon and cooled on ice before transfer to -80

 $^{\circ}$ C storage. Small pieces (1cm³) of lung (right cranial lobe) and mid-jejunal tissue were preserved in

176 RNAlater. A further piece of jejunal tissue was also collected for histology using BiopSafe[®] Biopsy

177 Sample System (Merit Medical). Histology slides were stained with hematoxylin & eosin, and

- eosinophils were enumerated by blinded microscopy.
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180 Broncho-Alveolar Lavage

181 Broncho-alveolar lavage (BAL) was performed at necropsy by introducing 500 ml PBS into the 182 lungs to recover BAL cells from both lung lobes. The BAL fluid was filtered through 2-layer fine 183 gauze sheets into clean 50 mL centrifuge tubes, and stored at room temperature (RT) until further 184 processing. The recovered cell suspensions underwent a series of washing with HBSS and centrifugation. To remove red blood cell (RBC) contamination the cell suspension was incubated 185 186 for 5 minutes at RT in RBC lysis buffer (Sigma-Aldrich). Finally, the cells were resuspended in 5 187 mL RPMI-1640 media supplemented with 10% foetal bovine serum and penicillin/streptomycin. 188 Cells were enumerated and either used for flow cytometry (see below) or plated out on 48-well plates at a concentration of 1.2 x 10^5 cells/well and incubated overnight (37 °C, 5% CO₂). The next 189 day, cells were stimulated with either excretory/secretory (E/S) products from either A. suum or 190 191 Trichuris suis,

or lipopolysaccharide (LPS; 500 ng/mL) for 24 hours. Following stimulation, the supernatant was
collected and stored at - 20 °C before further analysis by ELISA.

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195 DNA extraction and 16S rRNA gene amplicon sequencing

DNA from small and large intestine samples was extracted using Bead-Beat Micro AX Gravity Kit
(A&A Biotechnology, Gdynia, Poland) as per manufacturer's instructions. The DNA purity and
concentration were determined by NanoDrop 1000 Spectrophotometer (Thermo Fisher Scientific,
USA) and QubitTM 1x dsDNA high sensitivity kit on Varioskan Flash (Thermo Fisher Scientific,
USA), respectively.

A 16S rRNA gene amplicon library was constructed by amplifying the 16S rRNA gene with unique molecular identifier (UMI) containing multiple forward and reverse primers (**Supplementary Table 2**). PCR conditions for the amplification were as follows: 95°C for 5 min, 2 cycles of 95°C for 20 s, 48°C for 30 s, 65°C for 10 s, 72°C for 45 s, and a final extension at 72°C for 4 min. A second PCR step was then performed to barcode PCR amplicons with the following conditions: 95°C for 2 min followed by 33 cycles of 95°C for 20 s, 55°C for 20 s, 72°C for 40 s, and a final

extension at 72°C for 4 min. After each PCR reaction, PCR amplicons were cleaned up using
SpeedBeadsTM magnetic carboxylate (obtained from Sigma Aldrich). The size of barcoded PCR
products (approximately 1500 bp) was checked by 1.5% agarose gel electrophoresis.

A sequencing library from pooled barcoded PCR products were prepared by following the ligation sequencing kit SQK-LSK110 (Oxford Nanopore Technologies, Oxford, UK) protocol. Next, prepared library was sequenced by Oxford Nanopore GridIONX5 sequencing platform as described in manufacturer's protocol (<u>https://nanoporetech.com/products/gridion</u>). Sequencing was run until there was no longer active pores.

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216 Data analysis workflow for 16S rRNA gene sequencing

217 Nanopore sequencing software GridION version 21.02.5 (https://nanoporetech.com) was used for 218 data collection. Base calling and demultiplexing of sequencing data were performed by ONT's Guppy version 4.5.2 (https://nanoporetech.com). Nanofilt version 2.7.1³⁴ was then used for filtering 219 and trimming of demultiplexed sequences. Briefly, data were filtered on a minimum 1000 and 220 maximum 1600 reads with a minimum average read quality score of 8. After filtering, 15 221 222 nucleotides were trimmed from start and end of reads. Taxonomy assignment was achieved by 223 using parallel assign taxonomy uclust.py script of Quantitative Insights into Microbial Ecology (Qiime) 1 version $1.8.0^{35}$. Greengenes database version 13.8 was used as a reference database³⁶. 224 The reads classifications did not include UMI correction due to low coverage of UMI clusters. 225

Qiime 2 version 2020.6.0³⁷ was used to set rarefaction depth to 5000 reads per sample. Sample reads below 5000 were removed from the analysis; a total of 42 samples were included for microbiome analysis (n=19 for small intestine samples and n= 23 for large intestine samples). Normalized data were then processed in RStudio version 1.3.1073 using R version 4.0.2 and R packages phyloseq³⁸, vegan³⁹, tidyverse⁴⁰, ggpubr⁴¹, reshape2⁴² and viridis⁴³.

Raw 16S rRNA sequence data is available at Sequence Read Archive (www.ncbi.nlm.nih.gov/sra/)
under accession number PRJNA753018.

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234 Measurement of gut microbial metabolites

235 Short-chain fatty acids and DL-lactic acid were analyzed in colonic digesta samples by GC-MS as

236 previously described 44 .

237 Flow-cytometry

238 Tracheal-bronchial lymph nodes were collected from the bifurcature and stored on ice in FBS 239 supplemented RPMI until further processing. Single-cell suspensions were prepared by passing 240 lymph nodes through a 70 µm cell-strainer. Cells were washed and stained with the following antibodies: mouse anti-pig CD3-FITC (clone BB23-8E6-8C8; BD Biosciences); mouse anti-pig 241 242 CD4-PE-Cy7 (clone 74-12-4; BD Biosciences); mouse anti-human T-bet-APC (clone 4B10; 243 BioLegend); mouse anti-human GATA3-PE (clone TWAJ; Invitrogen). BAL cells were collected as described above, and stained with mouse anti-pig granulocytes-Alexa Fluor647 (clone 2B2; Bio-244 Rad) and mouse anti-pig CD203a-FITC (clone PM18-7; Bio-Rad). Granulocytes were defined as 245 246 2B2⁺CD203a⁻. For all stainings isotype controls were included and gates were set using FMO 247 controls. Data was acquired on an Accuri C6 flow cytometer (BD Biosciences) and analyzed using 248 C6 software.

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250 Enzyme-linked immunosorbent assay

IL-1 β and TNF α concentrations in alveolar macrophage supernatant and CRP levels in serum were analyzed using commercial ELISA kits (Duosets; R and D systems) according to the manufacturer's instructions. Levels of IgM, IgA and IgG₁ in serum specific for *A. suum* antigen were measured as previously described⁴⁵.

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256 **RNA-sequencing**

257 RNA was extracted from lung and intestinal tissue following homogenization (gentleMACS, 258 Miltenyi Biotech) using miRNAeasy kits (Qiagen) according to the manufacturer's instructions. 259 RNA was subsequently used for library preparation and 150bp paired-end Illumina NovaSeq6000 sequencing (Novogene, Cambridge, UK). Sequence data was subsequently mapped to the Sus 260 261 Scrofa (ss11.1) genome and read counts generated which were used to determine DEG using 262 DEseq2. Pathway analysis was conducted using gene-set enrichment analysis (Broad Institute, MA, 263 USA). RNA sequence data from lung and intestinal tissues are deposited at the NCBI Gene 264 Expression Omnibus (Acession numbers: GSE174042 and GSE168840).

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266 Statistical analysis

All statistical analysis was performed using GraphPad Prism 8, IBM SPSS Statistics 27 or R packages. The data were analyzed using a mixed-model analysis, with diet and infection status as

269	fixed factors and pen and pig as random factors, or with two-way ANOVA and t-tests, as indicated.
270	Where appropriate, time was included as an additional fixed factor to account for repeated
271	measures. One pig (in the A. suum + PAC group) was excluded from analysis as it displayed post-
272	mortem pathology indicative of ileitis and aberrant values on several immunological assays.
273	Shapiro-Wilk and Kolmogorov-Smirnov tests were used to tests for assumptions of normality in
274	analyses, and square-root transformations were used to approximate normal distributions when
275	appropriate. For gut microbiota α -diversity analysis, pairwise Wilcoxon Rank Sum Test from the R
276	package was used to obtain Benjamin-Horchberg corrected p-values. Statistical analysis for
277	distance-based redundancy analysis (db-RDA) was done by using permutational ANOVA in the R
278	package vegan. Volcano Plots were created using VolcaNoseR ⁴⁶ , and principal component analysis
279	was carried out using ClustVis ⁴⁷ .
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304 **Results**

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306 Proanthocyanidins exert minor effects on systemic antibody and inflammatory biomarkers

307 Acute infections with A. suum induce potent immune reactions in the lungs and intestine before expulsion of the majority of the invading larvae starting from around day 18 p.i.⁴⁸. We fed pigs 308 either a control diet or a diet supplemented with 1% PAC for 14 days, before half the pigs in each 309 310 group were infected with 5000 embryonated A. suum eggs. Mean larval burdens at day 14 p.i. were not altered by PAC supplementation (2914 larvae \pm 928 larvae (mean \pm SD, n = 6) in control-fed 311 pigs and 3155 \pm 1057 larvae (mean \pm SD, n = 5) in PAC fed pigs). In order to examine whether 312 313 PAC influenced the development of the immune response to A. suum, we first examined serological markers of infection in the different treatment groups. A. suum infection resulted in a significant 314 315 increase in serum IgM, IgA, IgG1 specific for A. suum antigenic extracts compared to un-infected 316 groups (Figure 1A-C). PAC supplementation increased the levels of all three antibody classes in 317 infected pigs, however the effect of diet was not statistically significant. To assess the effect of both 318 A. suum and dietary PAC on systemic inflammation, we quantified C-reactive protein (CRP) levels in serum. CRP levels on day 0 p.i. (i.e. after 14 days of PAC supplementation) were significantly 319 lower in PAC fed pigs compared to controls (Figure 1D). However, CRP levels measured on day 320 321 14 p.i. (i.e. after 28 days of PAC supplementation) were no longer affected by diet, and infection 322 had no impact on CRP levels (Figure 1E). Thus, whilst dietary PAC appeared to exert transient 323 anti-inflammatory properties in uninfected pigs, PAC had little capacity to alter systemic antibody 324 production induced by infection.

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326 Impact of Ascaris suum infection and dietary proanthocyanidins on Th1, Th2 and

327 granulocytic responses in pulmonary and gut tissues

A. *suum* infection induced significant cellular changes in the BAL fluid and tracheal-bronchial lymph nodes (LN). In the LN, the proportion of CD3⁺ T cells was significantly decreased when comparing infected pigs to controls, similar to what has been observed in mice²⁵ (**Figure 2A**). The proportions of CD3⁺CD4⁺, CD3⁺CD4⁺T-bet⁺ (Th1) and CD3⁺CD4⁺GATA3⁺ (Th2) T-cells were not significantly different across treatment groups, however Th2/Th1 ratios clearly demonstrated a strong Th2-polarized immune response as a result of *A. suum* infection (**Figure 2B-E**). Moreover,

infection markedly induced granulocytosis in BAL fluid, and eosinophilia in jejunal tissues. PAC did not alter granulocyte numbers in BAL, and whilst intestinal eosinophils were numerically higher in infected pigs fed PAC compared to those fed the control diet this difference was not significant (**Figure 2F-G**). Taken together, these findings indicate that *A. suum* induced a strong type-2 biased cellular response in the lungs and intestinal tissues, which was not significantly altered by concurrent PAC consumption.

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Concomitant *Ascaris suum* infection and dietary proanthocyanidins tend to enhance cytokine secretion in alveolar macrophages stimulated *ex vivo*

To further assess the effects of infection and dietary PAC on the profile of lung immune cells, 343 alveolar macrophages were isolated from BAL of all pigs in each treatment group and stimulated ex 344 345 vivo. Cells were first stimulated with LPS to assess how diet and infection may influence secretion 346 of the pro-inflammatory cytokines TNF α and IL-1 β . Infection status did not significantly influence 347 LPS-induced secretion of these cytokines. Whilst levels of LPS-induced TNF α and IL-1 β were lower in uninfected pigs fed PAC, the secretion of these cytokines tended to be higher in infected 348 349 pigs fed PAC, albeit not significantly so (p = 0.15 for interaction between diet and infection status; 350 **Figure 2H**). To explore if *ex vivo* inflammatory responses to parasite antigens were modulated by 351 PAC or infection, macrophages were first stimulated with A. suum E/S products, however no 352 cytokine secretion was observed (data not shown). We therefore also stimulated cells with E/S from 353 another porcine helminth, T. suis, which we have previously shown to be a stronger activator of innate cytokine production⁴⁹. Interestingly, alveolar macrophages isolated from infected pigs 354 secreted significantly higher levels of TNFa when activated with T. suis E/S products (Figure 2I). 355 356 Similarly to LPS-stimulated cells, macrophages isolated from infected pigs fed PAC secreted higher 357 levels of TNF α and IL-1 β compared to macrophages isolated from any other treatment groups, 358 albeit not significantly (Figure 2I). These findings suggest that A. suum infection primed 359 macrophages to be more responsive to stimulation from heterologous parasite antigens (but not 360 LPS), whilst PAC has only minor systemic immuno-stimulatory effects on cytokine production 361 during infection.

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363 Transcriptional profiling of gut and lung tissues reveals modulatory effects of

364 proanthocyanidins during Ascaris suum infection

365 Jejunum transcriptional responses

366 To explore in more detail if PAC may influence the immunological response to A. suum infection, we conducted RNA-sequencing of jejunal and lung tissues. Both A. suum and PAC treatment 367 368 strongly modulated gene expression in the intestine as compared to controls (Figure 3 and 4). 369 Principal component analysis showed a clear clustering of biological replicates according to 370 infection status (Figure 3A). A. suum infection significantly downregulated the expression of genes such as the aldehyde dehydrogenase-encoding ALDH1B1, and the sodium-channel encoding 371 372 SCN8A. Interestingly, three of the top-ten downregulated genes as a result of infection were related 373 to circadian rhythm (PER3, PER2, NOCT) (Figure 3B-C). Moreover, A. suum infection 374 significantly upregulated the expression of interleukins IL4, IL9, IL10, IL21, the eosinophil marker 375 EPX, as well as TCR related genes CD28 and CD80 in intestinal tissue. Furthermore, we noted 376 strong upregulation of genes involved in aryl hydrocarbon receptor (AHR)-signaling including ARNTL as well as smooth muscle contraction (P2RX1), which may relate to the increased intestinal 377 motility observed during the immune reaction to A. suum larvae⁵⁰ (Figure 3B-C). Analysis of gene 378 pathways modulated by infection revealed that pathways related to peroxisome function, as well as 379 380 the metabolism of fatty acids and glycerolipids were significantly suppressed, suggesting a profound modulation of nutrient metabolism due to larval colonization of the intestine (Figure 3D). 381 382 Unsurprisingly, the main up-regulated gene pathways were related to immune function, such as the 383 IL-2, IL-4, and T-cell receptor related pathways, as well as granulocyte and B-cell signaling 384 (Figure 3D). Thus, consistent with the pulmonary and intestinal eosinophilia, A. suum induced a 385 type-2 inflammatory reaction concomitant with pathophysiological responses related to the changed 386 mucosal environment induced by larval antigens.

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In uninfected pigs, dietary PAC resulted in a distinct clustering of treatment groups based on diet as assessed by principal component analysis (**Figure 4A**). Downregulated genes included the glucose transporter *SLC2A7*, which has previously been shown to be inhibited by polyphenols in cellular models⁵¹, as well as *MT-2B*, encoding a metallothionein protein known to be associated with intestinal inflammation and oxidative stress in mice⁵². Interestingly, we also noted downregulation of *EGFR*, encoding the epidermal growth factor receptor (**Figure 4B-C**). Significantly upregulated genes included *TXNRD1*, encoding thioredoxin reductase 1, a protein involved in suppression of

395 reactive oxygen species (ROS), as well as genes involved in cellular endocytic processes (RAB7A) 396 and extracellular matrix remodeling (COL6A5) (Figure 4C). Consistent with this, gene pathways 397 related to metabolic processes, such as translation elongation and ribosome function, were 398 significantly enriched (Figure 4D). Interestingly, we noted that a number of pathways that were 399 related to immune function (and that were also induced by A. suum), were upregulated by PAC. 400 These included pathways related to granulocyte function and B-cell signaling, indicative of an 401 immune-stimulatory effect of PAC. Furthermore, we observed a significant upregulation of 402 pathways related to both detoxification of ROS and selenoamino acid metabolism, suggestive of enhanced antioxidant responses in PAC-fed pigs. Notably, we also observed a strong 403 404 downregulation of pathways related to heat shock responses, which are normally induced by cellular stressors and offer protection against tissue injury⁵³ (Figure 4D). Collectively, these data 405 suggest that dietary PAC have significant effects on intestinal metabolism and function as a 406 407 cytoprotective agent in the intestinal mucosa, by inducing antioxidant responses and regulating 408 responses to cellular stressors.

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410 Given that PAC appeared to induce transcriptional pathways with functions in immunity and 411 inflammation, we next asked whether concurrent PAC consumption could modulate the intestinal 412 transcriptomic response to A. suum infection. We observed that within infected pigs, there was once 413 again a clear clustering according to diet based on principal component analysis (Figure 5A). Inspection of genes differentially expressed in infected, PAC-fed pigs, relative to infected pigs fed 414 415 the control diet, revealed that expression of genes involved in intestinal nutrient metabolism were increased, such as ORAI2 and AGTR1, which both play a role in calcium uptake^{54, 55}. Consistent 416 417 with the suppression of EGRF expression in uninfected pigs fed PAC, the expression of a number 418 of genes related to EGF signaling, including BTC and AREG, were downregulated. AREG encodes amphiregulin, a cytokine involved in type-2 inflammation induced by a number of different 419 helminth species⁵⁶ (**Figure 5B**). In agreement with the data showing an enrichment of antioxidant 420 421 pathways in uninfected pigs fed PAC, we noted that PAC supplementation during infection also 422 resulted in the upregulation of the oxidative stress pathway, which included significant enrichment 423 of SOD3, GPX3 and NQO1 - genes encoding proteins with known anti-oxidant properties (Figure 424 **5C**). Down-regulated pathways in infected pigs fed PAC were mainly related to metabolic activity 425 such as cholesterol metabolism, but these were not significant following FDR adjustment (data not 426 shown). Collectively, these data show that PAC exert a significant influence on the intestinal

transcriptional environment during enteric helminth infection mainly by promoting the transcriptionof genes involved in regulating oxidative stress and nutrient metabolism.

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430 Lung transcriptional responses

Next, transcriptional profiling of the lungs by RNA-sequencing was performed to investigate the 431 432 effect of larval migration in the lungs and the potential impact of dietary PAC on gut-lung interplay. 433 In comparison to the intestine, the modulation of gene expression in the lungs was only modestly 434 modulated by both A. suum infection and/or PAC supplementation. Interestingly, as was the case in 435 the jejunum, A. suum infection regulated the expression of numerous genes related to circadian rhythm. Notably, PER1, PER2, PER3, NR1D1, NR1D2 and DBP were suppressed, whereas NPAS2, 436 437 ARNTL were significantly upregulated (Figure 6A). A number of studies have touched upon the importance and complex interplay between circadian rhythm, immune regulation and parasite-host 438 interactions⁵⁷. Of note, ARNTL was also significantly upregulated by PAC (Figure 6B). In 439 coherence with the above described granulocytosis in the lungs in BAL fluid, A. suum infection 440 441 upregulated the expression of CCR3, which is essential for eosinophil recruitment. Infected pigs fed 442 PAC had significantly higher expression levels of genes related to innate immune function (CD209) 443 and OAS2), and connective tissue growth factor (CTGF) in lung tissues compared to infected pig 444 fed a control diet (Figure 6C). CTGF is involved in wound repair and tissue healing, suggesting a protective effect of PAC during A. suum infection. Intriguingly, the expression of the oxidative 445 stress inducer ALOX15 was significantly increased by A. suum infection, but was significantly 446 down-regulated in infected pigs fed a PAC diet, which supports previously described reports of 447 PAC acting as a lipoxygenase inhibitor⁵⁸ (Figure 6A and C). Thus, A. suum infection induced 448 449 marked transcriptional responses in the lungs but somewhat less than compared to intestinal tissues, 450 which may indicate that lung homeostasis is somewhat restored by day 14 p.i. when the migrating larvae have returned to the intestine. Furthermore, dietary PAC induced smaller transcriptional 451 452 changes in the lung compared to the intestine but may ameliorate wound healing and antioxidant 453 status during infection.

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Ascaris suum infection and proanthocyanidins alter gut microbiota composition with limited effect on short chain fatty acids

457 Previous studies have indicated that immunomodulatory and anti-inflammatory effects of PAC may

458 derive from changes in the GM and associated metabolite production¹⁷. Furthermore, A. suum and

other helminths can markedly change host GM composition⁵⁹. Therefore, to explore whether the 459 observed transcriptomic changes induced by diet and infection were accompanied by GM changes, 460 461 we used 16S rRNA gene amplicon sequencing to characterize both the small and large intestinal 462 GM composition. We initially analyzed the GM composition in the jejunum, at the main site of Ascaris infection. Neither A. suum nor dietary PAC altered α -diversity (data not shown). Changes in 463 β -diversity were apparent primarily as a result of A. suum infection (p < 0.05 by distance-based 464 465 redundancy analysis; Figure 7A), with differential abundance analysis on genus level indicating an enrichment in Lactobacillus spp. in infected pigs (Figure 7B). Moreover, A. suum infection 466 decreased the abundance of *Facklamia* spp. (p = 0.053 by mixed model analysis; Figure 7C). In 467 468 contrast, PAC did not have a significant effect on the small intestinal GM, with no changes in β -469 diversity between PAC-fed pigs and control pigs (p > 0.05 by distance-based redundancy analysis; 470 Figure 7A). However, we did note that, within A. suum-infected pigs, those animals fed PAC tended to have a higher abundance of amplicon sequences corresponding to *Limosilactobacillus* 471 472 *reuteri* (Figure 7D). *L. reuteri* has been associated with beneficial probiotic and anti-inflammatory effects, and plays a role in the prevention of microbial translocation and inhibits colonization of 473 pathogenic bacteria^{60, 61}. 474

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476 In the colon, we found that PAC had the largest effect on the GM composition, consistent with the 477 notion that PAC are extensively metabolized by, and can modulate, the large intestine microbiome $(p < 0.05 \text{ for }\beta\text{-diversity comparison between PAC and control group by distance-based redundancy})$ 478 479 analysis; Figure 8A- B). PAC tended to decrease the abundance of *Bifidobacterium* in both naïve 480 and infected pigs (Figure 8C). Notably, the abundance of sequences closely related to Bifidobacterium thermacidophilum was significantly increased by A. suum, but concomitant PAC 481 482 supplementation significantly suppressed this effect (Figure 8D). The reduction of *Bifidobacterium* in pigs fed PAC contrasts to a previous study in pigs showing that PAC increased the growth of this 483 taxa¹⁵. However, similar to the trend in the small intestine, PAC supplementation resulted in the 484 485 significant increase of L. reuteri abundance in the colon of both naïve and infected pigs (Figure **8E**). Interestingly, A. suum infection increased the abundance of Lactobacillus spp. in the colon 486 487 whilst significantly decreasing the abundance of *Turicibacter* spp. (Figure 8F and G). However, β -488 diversity was not different between A. suum and control groups in colon, indicating that the effects of infection on GM composition were mostly limited to the predilection site (the small intestine). 489 490 Finally, we investigated if the colonic GM changes were accompanied by changes in the

491 concentrations of SCFA in the distal colon. Neither PAC nor *A. suum* infection altered levels of 492 acetic acid, propionic acid, n-butyric acid or D-lactic acid (**Supplementary Figure 3**). However, 493 we observed that dietary PAC decreased the concentrations of the branched-chain fatty acids iso-494 valeric acid (p < 0.05) and iso-butyric acid (p = 0.0616), which may relate to altered protein 495 metabolism or colonic transit time⁶², and is consistent with our previous work on pigs fed a 496 polyphenol-enriched diet⁶³ (**Figure S1**). Taken together, these results indicate distinct effects of *A.* 497 *suum* infection and PAC on specific bacteria taxa in a site-specific manner.

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499

500 **Discussion**

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The immuno-modulatory effects of PAC have been investigated in numerous studies but their mode of action and impact on immune function is still not fully understood. Furthermore, only limited knowledge has been attained on the effects of PAC on type-2 immune response, which plays a central role during helminth infections and may be relevant for inflammatory disorders, such as food allergies and ulcerative colitis. Therefore, we used here a model of *A. suum* infection in pigs, which offers a unique opportunity to explore the modulation of parasite-induced inflammation in multiple tissues by dietary components.

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510 Initial assessment of the systemic effects of PAC and *Ascaris* infection were demonstrated by 511 monitoring serum antibody levels and the acute-phase protein CRP, a marker for systemic 512 inflammation. *A. suum* infection resulted in a significant increase in serum antibodies, which were 513 further enhanced by dietary PAC, albeit not significantly. Interestingly, significantly lower CRP 514 levels were observed after 14 days of PAC supplementation, although this effect subsided by the 515 end of the study. Thus, PAC had limited effects on parasite-induced antibody levels, and prolonged 516 PAC supplementation did not appear to persistently alter inflammatory markers in serum.

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The gut-lung axis is gaining increasing interest in numerous research fields, and the migratory characteristics of *A. suum* render the investigation of gut-lung interplay greatly relevant in this model. Here, we showed that *A. suum* infection induced granulocytosis in the lungs, and a Th2 polarized immune response was clearly demonstrated by Th2/Th1 T-cell ratios. PAC and *A. suum* in

522 isolation, upregulated a number of similar genes, notably genes related to the circadian rhythm, 523 such as ARNTL. Interestingly, a recent study showed that ARNTL, also known as BMLA1, was 524 fundamental for the time-of-the-day dependent expulsion efficiency of Trichuris muris infection in 525 mice⁶⁴. Furthermore, a study conducted in pigs also demonstrated an association between ARNTL526 and adult worm burden⁶⁵. However, in contrast to murine studies, which have demonstrated a role 527 for PAC in suppressing allergic responses in the lungs, we did not find a modulatory effect of PAC 528 on the type-2 cellular response to A. suum infection. Ex vivo stimulation of lung macrophages by 529 LPS or helminth antigens indicated a tendency of higher cytokine secretion levels in macrophages isolated from infected pigs fed PAC. Moreover, although we observed transcriptional changes in the 530 531 lungs of infected pigs that are reflective of type-2 inflammation, these did not appear to be 532 markedly altered by concurrent PAC intake. The exception was an indication of regulation of 533 several genes such as CTGF, and ALOX15, which could suggest that PAC may augment woundhealing and anti-oxidant status in lung tissues during A. suum infection. Thus, in our model, dietary 534 535 PAC had limited capacity to regulate lung immune function during helminth infection, although further studies to elucidate whether PAC may potentiate protection towards secondary airway 536 537 infection during A. suum infection may be relevant.

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539 We next assessed the impact of A. suum infection and PAC at the predilection site of infection, the 540 small intestine. A. suum infection induced stereotypical intestinal eosinophilia, which was equivalent in both dietary groups. We had previously shown that eosinophilia in the jejunum of A. 541 542 suum-infected pigs could be potentiated by a polyphenol-enriched diet containing 5 % grape pomace⁶³. Grape pomace may contain several phytonutrients and fibrous components such as 543 544 lignin, which could contribute to synergistic effects, whereas the PAC diet in the present study was 545 composed only of purified PAC oligomers from grape seed extract. This may explain the discrepancy between these results. Transcriptomic analysis of intestinal tissues revealed that a 546 547 number of genes and pathways were regulated by both infection and PAC supplementation. As 548 expected, A. suum induced the upregulation of type 2 immune related genes and pathways, as well 549 as having an important impact on nutrient metabolism-related genes. Notably, PAC and A. suum in 550 isolation were both able to modulate transcriptional pathways related to immune function and antioxidant activity. Interestingly, PAC increased the expression of protein-encoding genes with 551 552 cytoprotective functions against oxidative stress, suggesting a role in improving gut heath by 553 minimizing cellular stress during inflammation. The antioxidant effect of PAC could be caused by

554 the absorption of PAC-derived metabolites, produced as a result of microbial metabolism. Although 555 PAC are known to remain relatively stable until they reach the large intestines, PAC molecules with low mDP may also be absorbed in the small intestines^{66, 67}. Furthermore, PAC and their metabolites 556 may exert direct interactions with the gut mucosa and thus epithelial cells, as described in numerous 557 cell-based studies. PAC may intervene as scavengers of free radicals due to the hydroxyl groups 558 present in their molecular structures, which can neutralize free radicals via electron delocalization⁵. 559 560 Another mechanism of the protective effects of PAC, may be via the induction of cellular antioxidant defenses by modulating Nuclear factor erythroid 2-related factor 2 (Nrf2)-related genes, 561 which play an important role in regulating cellular resistance to oxidants, such as ROS⁶⁸. 562

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564 The localized effect of PAC and infection in the intestines was also demonstrated by their impact on 565 the GM. A. suum infection caused substantial changes in the GM composition, most notably in the 566 small intestine. This is the first report of alterations in the GM by Ascaris in the predilection site of 567 the jejunum, and we found a significantly decreased abundance of *Facklamia* spp. Furthermore, we 568 noted that A. suum increased the abundance of lactobacilli in the colon. Consistent with this, an 569 increased abundance of lactobacilli has also been associated with Heligmosomoides polygyrus infection in mice^{69, 70}. This may potentially result from the increased mucus secretion that is a 570 stereotypical feature of helminth infections which may provide a niche environment for lactobacilli 571 to thrive⁷¹. Interestingly, the abundance of L. reuteri was significantly increased by PAC 572 supplementation in both naïve and infected pigs, suggesting a prebiotic effect, which may have 573 functional implications, given the known role of L. reuteri in modifying inflammation. However, 574 PAC also significantly decreased the abundance of *Bifidobacterium* spp., including *B*. 575 576 thermacidophilum, suggesting a complex regulation of the GM. Notably, the suppressive effect of 577 PAC on *Bifidobacterium* spp. stands in contrast to a previous study showing the opposite effect in pigs fed PAC derived from cocoa¹⁵. These apparently contradictory findings may potentially be 578 579 explained by the differing molecular structures of PAC derived from different sources, as well as 580 potential interactions with differing basal diets. Given that PAC appeared to change the GM composition, a key question is whether the immunomodulatory effects of PAC in the intestine 581 derive from direct interactions with PAC and mucosal immune cells during intestinal transit, or 582 583 whether PAC-derived microbial metabolites are absorbed and exert systemic bioactivity, as has been proposed in previous studies^{11, 15}. Given that PAC-related transcriptional changes we observed 584 were localized mainly to the gut, and not the lung, this may support a hypothesis that the activities 585

were derived from direct interactions between PAC and cells at the level of the gut mucosa, consistent with a lack of an effect of PAC on SCFA levels. However, further studies are clearly needed to unravel these mechanistic aspects.

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590 In conclusion, pigs infected with A. suum offered a robust model to study the effect of PAC on pathogens that induce a strong, type-2 biased mucosal immune response in pulmonary and intestinal 591 592 tissues. Both A. suum infection and PAC in isolation had similar immunomodulatory capacity, 593 notably by modulating gene pathways related to B-cell function. PAC also affected transcriptional 594 pathways related to oxidative stress by significantly increasing the expression levels of protein-595 encoding genes with cytoprotective properties. However, the canonical markers of type-2 596 inflammation, such as eosinophilia and Th2 T-helper cells in the lungs, were not modulated by PAC 597 intake. The limited effects of dietary PAC observed in the lungs is in coherence with a previous study demonstrating no effect of PAC on gene expression levels of various immune-related genes in 598 alveolar macrophages and tracheobronchial lymph nodes isolated from A. suum infected pigs, which 599 were dosed with PAC derived from $cocoa^{29}$. Thus, in contrast to some murine studies suggesting 600 601 beneficial effects of dietary PAC on asthma, our results suggest a restricted ability of PAC to 602 influence the development of Th2 responses in the respiratory tract in pigs. However, the significant 603 modulatory effects of PAC on porcine intestinal gene expression suggest a primarily gut-localized 604 effect of PAC. Thus, PAC may play a role in maintaining gut health during enteric infection in pigs 605 and humans, and further studies to address the functional implications of this diet-infection 606 interaction are highly warranted.

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632	The authors declare no conflicts of interests regarding this study.
633	
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635	All experiments involving animals were conducted in agreement with the Danish legislation and the
636	Danish Animal Experiments Inspectorate with the license number 2015-15-0201-0076.
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654	Figure Legends
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656	Figure 1 - Dietary proanthocyanidins exert limited effects on systemic antibody levels and
657	inflammatory biomarkers
658	Serum levels of A) IgM, B) IgG1 and C) IgA specific for Ascaris suum antigen on day -14 pre-
659	infection (i.e. day of arrival) and day 14 post-infection (p.i.) with A. suum. D) C-reactive protein
660	(CRP) levels at day 0 p.i. (i.e. after 14 days of proanthocyanidin (PAC) supplementation) and E)
661	day 14 p.i. (Mixed model analysis or t test , * <i>p</i> < 0.05 , ** <i>p</i> < 0.01 , *** <i>p</i> < 0.001 , <i>n</i> = 6 pigs per
662	group, except $n = 5$ pigs in PAC+A. suum group, and n=12 pigs per group in Panel D prior to A.
663	suum infection).
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666	Figure 2 - Effects of Ascaris suum infection and dietary proanthocyanidins on cellular
667	responses in the lungs and intestine
668	A-E) Proportions of CD3 ⁺ cells, CD4 ⁺ T cells, T-bet ⁺ Th1 cells, $GATA3^+$ Th2 cells, and Th1/Th2
669	ratios in lung lymph nodes (LN) on day 14 post-infection (p.i.). F) Lung granulocytosis in broncho-
670	alveolar lavage (BAL) fluid at day 14 p.i. G) Eosinophils in mid-jejunum tissues at day 14 p.i.)
671	TNFa and IL-1ß secretion ex vivo in alveolar macrophages stimulated with lipopolysaccharide
672	(LPS) (H) or Trichuris suis antigens (I). PAC: proanthocyanidins (Mixed model analysis,
673	* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$, $n = 5-6$ pigs per group).
674	
675	Figure 3 - Modulation of gene expression and transcriptional pathways in intestinal tissue by
676	Ascaris suum infection
677	A) Clustering of A.suum-infected and control groups as demonstrated by principal component
678	analysis. B) Volcano plot showing differentially expressed genes resulting from A. suum infection

679 **C**) Top ten up- and down-regulated genes identified as a result of *A. suum* infection. (n = 6 pigs per 680 group). **D**) Significantly up- and down-regulated pathways (p < 0.01; Q < 0.1) identified by gene-

- set enrichment analysis as a result of *A. suum* infection.
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Figure 4 - Modulation of gene expression and transcriptional pathways in intestinal tissue by dietary proanthocyanidins

A) Clustering of the two dietary groups as demonstrated by principal component analysis in

uninfected pigs. B) Volcano plot showing differentially expressed genes resulting from dietary

proanthocyanidin (PAC) supplementation. C) Top ten up- and down-regulated genes identified as a

result of dietary PAC supplementation in uninfected pigs. (n = 6 pigs per group). **D**) Significantly

691 up- and down-regulated pathways (p < 0.01; Q < 0.1) identified by gene-set enrichment analysis

692 (GSEA) as a result of dietary PAC supplementation. Highlighted are the HSF1 Dependent

Transactivation and Detoxification of ROS pathways, showing enriched genes as identified by

- 694 GSEA analysis.
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Figure 5 - Modulation of gene expression and transcriptional pathways in intestinal tissue by dietary proanthocyanidin supplementation in *Ascaris suum*-infected pigs

698 A) Clustering of the dietary groups within *Ascaris suum*-infected pigs as a result of dietary

699 proanthocyanidins (PAC) as demonstrated by principal component analysis. B) Volcano plot

showing differentially expressed genes resulting from dietary PAC supplementation in A. suum-

701 infected pigs. C) Top ten up- and down-regulated genes identified as a result of dietary PAC

supplementation in *A. suum*-infected pigs. (n = 6 pigs in *A. suum* group, n = 5 pigs in PAC+A. suum group).

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Figure 6 - Modulation of gene expression in lung tissue by *Ascaris suum* infection and dietary proanthocyanidins

707 Effects on lung gene expression as shown by principal component analysis, volcano plot of

differentially expressed genes and top ten up- and down-regulated genes identified as a result of A)

709 Ascaris suum infection in pigs fed the control diet, **B**) dietary proanthocyanidins (PAC) in naïve

710	pigs and C) dietary PAC in A. suum-infected pigs. ($n = 6$ pigs per group, except $n = 5$ pigs in
711	PAC+A. suum group).
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716	Figure 7 - Changes in gut microbiota composition in the small intestine due to dietary
717	proanthocyanidins and Ascaris suum infection
718	A) Changes in β -diversity in the small intestine, as identified by distance-based redundancy analysis
719	where a significant effect of Ascaris suum compared to all other treatment groups was identified.
720	No effect on β -diversity was reported when comparing PAC to control-fed naïve pigs B) Relative
721	abundance at genus level in naive or A. suum-infected pigs fed a control diet or PAC-supplemented
722	diet. Relative abundance of C) Facklamia spp. and D) Limosilactobacillus reuteri in naive or A.
723	suum-infected pigs fed a control diet or PAC-supplemented diet, as identified by differential
724	abundance analysis and mixed-model analysis. $(n = 3 \text{ pigs in control group}, n = 6 \text{ pigs in } A. suum$
725	group, $n = 6$ pigs in PAC group, and $n = 5$ pigs in PAC+A. suum group).
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727	Figure 8 - Changes in gut microbiota composition in the proximal colon due to dietary
728	proanthocyanidins and Ascaris suum infection
729	A) Changes in β -diversity in the proximal colon as identified by distance based redundancy
730	analysis, where an effect of proanthocyanidins (PAC) compared to control was identified B)
731	Relative abundance at genus level in naive or Ascaris suum-infected pigs fed a control diet or PAC-
732	supplemented diet. Relative abundance of C) Bifidobacteria spp., D) B. thermacidophilum, E)
733	Limosilactobacillus reuteri, F) Lactobacillus spp. and G) Turicibacter spp. in naive or A. suum-
734	infected pigs fed a control diet or PAC-supplemented diet, as identified by differential abundance
735	analysis and mixed-model analysis (* $p < 0.05$). ($n = 6$ pigs per group, except $n = 5$ pigs in PAC+A.
736	suum group).
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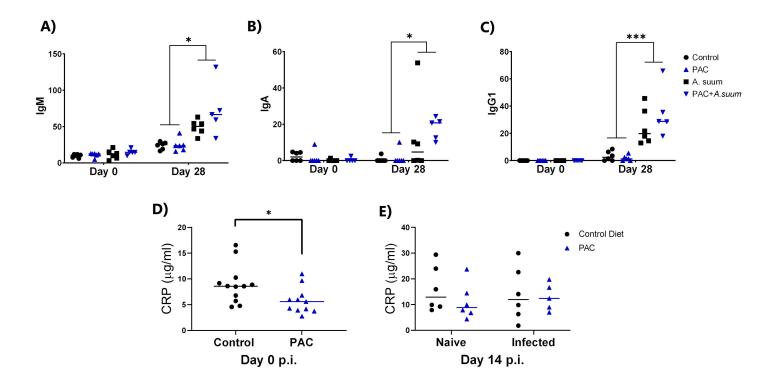
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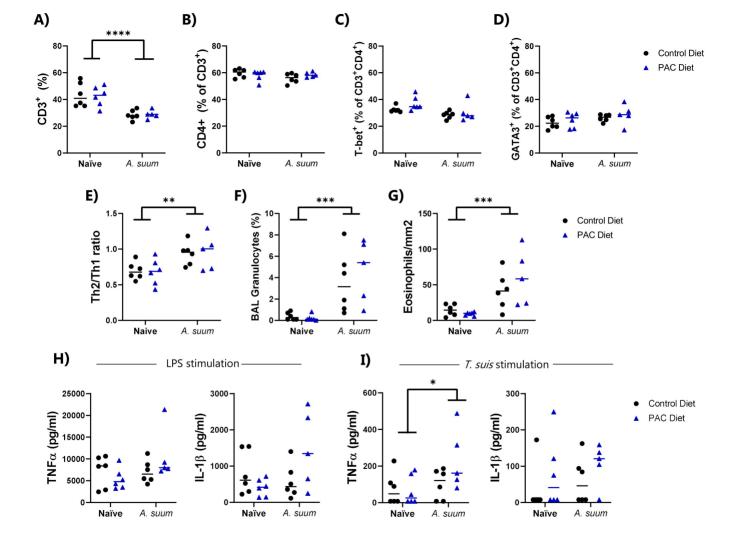
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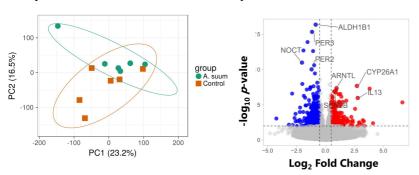
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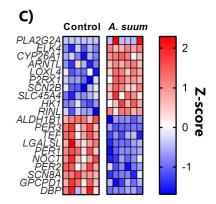




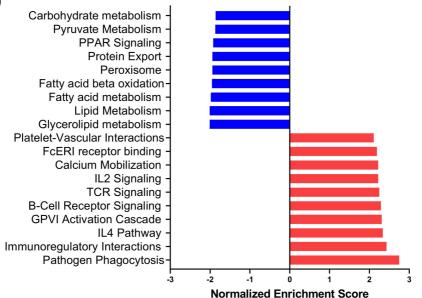


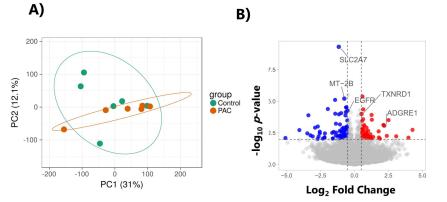
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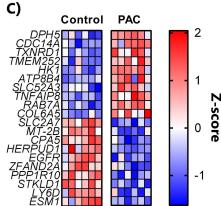




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