1   **Sex Chromosome Heteromorphism and the Fast-X Effect in Poeciliids**

2   Iulia Darolti[1], Lydia J. M. Fong[1], Judith E. Mank[1,2]

3   1 Department of Zoology and Biodiversity Research Centre, University of British Columbia,

4   Vancouver, Canada

5   2 Centre for Ecology and Conservation, College of Life and Environmental Sciences,

6   University of Exeter, Cornwall, United Kingdom

7   Corresponding author: Iulia Darolti, e-mail: darolti@zoology.ubc.ca

8   **Abstract**

9   An accelerated rate of sequence evolution on the X chromosome compared to autosomes,

10   known as Fast-X evolution, has been observed in a range of heteromorphic sex chromosomes.

11   However, it remains unclear how early in the process of sex chromosome differentiation the

12   Fast-X effect becomes detectible. Recently, we uncovered an extreme variation in sex

13   chromosome heteromorphism across Poeciliid fish species. The common guppy, *Poecilia*

14   *reticulata*, Endler's guppy, *P. wingei*, and the swamp guppy, *P. picta*, appear to share the same

15   XY system and exhibit a remarkable range of heteromorphism. The sex chromosome system

16   is absent in recent outgroups, including *P. latipinna* and *Gambusia holbrooki*. We combined

17   analyses of sequence divergence and polymorphism data across Poeciliids to investigate X

18   chromosome evolution as a function of hemizygosity and reveal the causes for Fast-X effects.

19   Consistent with the extent of Y degeneration in each species, we detect higher rates of

20   divergence on the X relative to autosomes and a strong Fast-X effect in *P. picta*, while no

21   change in the rate of evolution of X-linked relative to autosomal genes in *P. reticulata*. In *P.*

22   *wingei*, the species with intermediate sex chromosome differentiation, we see an increase in

23   the rate of nonsynonymous substitutions on the older stratum of divergence only. We also

24   use our comparative approach to test different models for the origin of the sex chromosomes

25   in this clade. Taken together, our study reveals an important role of hemizygosity in Fast-X

26   and suggests a single, recent origin of the sex chromosome system in this clade.

27   Keywords: sex chromosome evolution, heteromorphy, hemizygosity

Introduction

Owing to their unusual inheritance pattern and hemizygosity in males, X chromosomes display many distinct evolutionary properties compared to the rest of the genome (Charlesworth et al. 1987; Vicoso and Charlesworth 2006). The strength of selection and genetic drift, as well as the role of dominance and effective population size, are expected to differ between sex chromosomes and autosomes (Kirkpatrick and Hall 2004; Mank et al. 2010; Meisel and Connallon 2013). Comparing differences in the evolution of sex-linked and autosomal loci is important for understanding patterns of mutation and selection acting across the genome.

An elevated rate of coding sequence evolution on the X chromosome relative to the autosomes, referred to as the Fast-X effect (or Fast-Z in the case of ZW systems) has been observed in a diversity of organisms, including humans (Lu and Wu 2005), primates (Stevenson et al. 2007), mice (Kousathanas et al. 2014), birds (Mank et al. 2007; Mank et al. 2010; Wright et al. 2015), *Drosophila* (Mank et al. 2010; Ávila et al. 2014; Charlesworth et al. 2018), aphids (Jaquiéry et al. 2018), spiders (Bechsgaard et al. 2019), and lepidoptera (Pinharanda et al., 2019; Sackton et al., 2014). However, the magnitude of this effect can vary substantially across species due to demographic factors, differences in mating system or regulatory mechanisms acting on the sex chromosomes (Mank et al. 2010). Notably, all the cases of Fast-X above were observed in highly heteromorphic sex chromosomes, where very few genes, if any, remain on the Y chromosome and the X is largely hemizygous in the heterogametic sex.

There are two potential causes of Fast-X. The single functional copy of the X chromosome in males leads to hemizygous exposure of genes and therefore stronger purifying selection against recessive deleterious mutations and positive selection for recessive beneficial ones expressed in males (Charlesworth et al. 1987). This adaptive cause of Fast-X is mainly expected in species with heteromorphic sex chromosomes and highly degenerated Y chromosomes, as a large proportion of X-linked genes will be hemizygous in males. Alternatively, in every male and female pair, there are only three X chromosomes to four copies of each autosome, and this varies substantially based on mating system and type of heterogamety (Vicoso and Charlesworth 2009; Mank et al. 2010; Wright and Mank 2013; Wright et al. 2015). This reduced effective population size of the X relative to the autosomes diminishes the relative power of selection on the X, potentially leading to both greater genetic drift and fixation of weakly

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58   deleterious mutations on the X chromosome (Charlesworth et al. 1987). This non-adaptive

59   cause of Fast-X does not necessarily require male hemizygosity, just recombination

60   suppression between the X and Y chromosomes and differences in effective population size

61   between X-linked and autosomal loci, and could apply to X loci where the Y copy is expressed

62   and remains functional.

63   Recently, we uncovered an extreme variation across Poeciliids in the rate of sex chromosome

64   degeneration and dosage compensation. The same chromosome pair acts as the XY system in

65   the common guppy, *Poecilia reticulata*, its sister species Endler's guppy, *P. wingei*, and the

66   more distantly related swamp guppy, *P. picta,* all of which last shared a common ancestor

67   roughly 20 million years ago (Darolti et al. 2019). Notably, *P. latipinna* and *G. holbrooki*, recent

68   outgroup species to this clade, do not show evidence of a sex chromosome system on the

69   same chromosome (Darolti et al. 2019), and therefore we hypothesized based on parsimony

70   that the sex chromosome system arose roughly 20 mya (supplementary Fig. S1, Parsimony

71   Model). Since this origin, the sex chromosomes of *P. reticulata* and *P. wingei* have remained

72   largely homomorphic, with little sequence differentiation between the X and the Y. In

73   contrast, the *P. picta* sex chromosomes are completely nonrecombining (with the exception

74   of a small pseudoautosomal region at the distal end, >20 Mb) and the Y chromosome has

75   undergone substantial degeneration, leaving most of the X chromosome in males effectively

76   hemizygous (Darolti et al. 2019). Moreover, *P. picta* exhibits complete dosage compensation,

77   a pattern that has also been observed in its sister taxon, *P. parae* (Metzger et al. 2021;

78   Sandkam et al. 2021), which is predicted to accentuate the Fast-X effect (Charlesworth et al.

79   1987; Mank et al. 2010). The range of sex chromosome differentiation present in this clade

80   allows us to investigate patterns of X chromosome coding sequence evolution and to test

81   causes underlying Fast-X effects.

82   In contrast to the Parsimony Model, it has recently been proposed that the sex chromosomes

83   of *P. reticulata* represent a recent turnover event, and that the highly diverged *P. picta* and *P.*

84   *parae* system is in fact ancient (Charlesworth et al. 2021). This Turnover Model

85   (supplementary Fig. S1) posits that the *P. picta* X chromosome arose well before the

86   immediate ancestor of *P. parae, P. picta*, *P. reticulata* and *P. wingei*, and slowly diverged over

87   time resulting in the heteromorphism observed. This model supposes that the

88   homomorphism observed in *P. reticulata* and *P. wingei* represents a turnover event, where

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89   the current guppy X and Y chromosomes arose from the ancestral X of *P. picta*. Sex
90   chromosome turnovers are frequent in many animal groups (Bachtrog et al. 2014), so the
91   model is plausible.

92   However, the unique molecular and evolutionary signatures that accumulate on sex
93   chromosomes remain observable even when they revert to being autosomes (Vicoso and
94   Bachtrog 2013). That means that if the Turnover Model is true, Fast-X patterns, evolving over
95   long periods of time in the distant ancestor of *P. picta*, would also remain detectible on the X
96   chromosome in *P. reticulata* and *P. wingei* after turnover. Furthermore, the Turnover Model
97   requires additional turnover events in several other taxa within the clade that do not share
98   the same sex chromosome as *P. picta* (supplementary Fig. S1), and we would also expect these
99   species to exhibit ancient patterns of Fast-X on the chromosome, which is fully autosomal.
100   Our comparative dataset allows us to also test these alternative hypotheses for the origin of
101   the guppy sex chromosomes.

102   Using a combination of sequence divergence, polymorphism and expression data analyses
103   across Poeciliid species, we estimate rates of gene sequence evolution across the genome and
104   assess the presence of Fast-X evolution in each system. Consistent with the extent of Y
105   degeneration, we find significantly higher rates of X coding sequence evolution compared to
106   the autosomes and a strong signal of Fast-X effect in *P. picta*, potentially accelerated by the
107   evolution of chromosome wide dosage compensation in this system. The absence of a
108   consistent Fast-X evolution in *P. reticulata* and *P. wingei*, as well as in the outgroup species *P.*
109   *latipinna* and *G. holbrooki*, argues against the Turnover Model.

110   **Results**

111   **Strong signal of Fast-X evolution in the heteromorphic sex chromosomes of *P. picta***
112   We first assessed the strength of Fast-X in our study species with heteromorphic sex
113   chromosomes. The extensive X chromosome hemizygosity of *P. picta* males is expected to
114   accentuate the strength of Fast-X evolution in this species (Vicoso and Charlesworth 2006), as
115   is the mechanism of complete X chromosome dosage compensation (Mank et al. 2010).
116   Indeed, our analysis in *P. picta* revealed a greater mutation rate on the X chromosome,
117   excluding genes in the pseudoautosomal region (PAR) (see methods), compared to the
118   autosomes, as shown through the significantly higher rate of nonsynonymous substitutions

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119   for X-linked loci (1,000 replicates permutation test, *p* < 0.001; supplementary Table S1). *P.*

120   *picta* also exhibits a significantly elevated rate of divergence (d_N/d_S) on the X chromosome

121   relative to the rest of the genome (Fig. 1C) and a strong Fast-X effect (Fig. 2), calculated as the

122   ratio of the rate of nonsynonymous over synonymous substitutions for the X chromosome

123   relative to that for the autosomes.

Absence of Fast-X effect in species with homomorphic sex chromosomes

125   We next asked whether patterns of coding sequence evolution are different between *P. picta*

126   and the species with homomorphic sex chromosomes, *P. reticulata* and *P. wingei*. Previous

127   work has indicated that *P. reticulata* and *P. wingei* share the same male-heterogametic sex

128   chromosome system (Nanda et al. 2014; Morris et al. 2018; Darolti et al. 2019). Analyses of

129   coverage differences between males and females indicate that Y degeneration is restricted to

130   the distal end of the sex chromosomes, in a region ancestral to *P. reticulata* and *P. wingei*

131   (designated as Stratum I) (Wright et al. 2017; Darolti et al. 2019; Darolti et al. 2020; Fraser et

132   al. 2020), and suggest that Y degeneration is slightly more exaggerated in *P. wingei* compared

133   to *P. reticulata*. This nonrecombining region coincides with the previously mapped location of

134   the sex determining region in *P. reticulata* (Winge 1922; Winge 1927; Winge and Ditlevsen

135   1947; Traut and Winking 2001; Tripathi et al. 2009) and is also found across six natural guppy

136   populations (Almeida et al. 2021).

137   We therefore assessed the signal of Fast-X for genes in Stratum I (20-26Mb on *P. reticulata*

138   chromosome 12; 17-20Mb on *P. wingei* syntenic chromosome to guppy sex chromosome). In

139   *P. reticulata*, the rate of divergence for X-linked genes in Stratum I was not significantly

140   different than that for autosomal genes (Fig. 1A; supplementary Table S1). To exclude the

141   possibility that we were lacking power in our analysis due to the small number of genes

142   identified in Stratum I, we redid the analysis for *P. reticulata* using Ensembl coding sequences

143   instead of our *de novo* generated transcripts. We were able to recover more than twice as

144   many X-linked loci, however the estimates of divergence remain the same as those based on

145   *de novo* transcripts (supplementary Fig. S2).

146   In *P. wingei*, genes in Stratum I show significantly higher rates of nonsynonymous and of

147   synonymous substitutions (supplementary Table S1), however the overall rate of divergence

148   is similar between the autosomes and Stratum I (Fig. 1B) and the Fast-X effect is not as

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149   accentuated as in *P. picta* (Fig. 2). Recent work has suggested that the *P. wingei* X and Y

150   chromosomes are somewhat more differentiated from each other compared to those of *P.*

151   *reticulata* (Darolti et al. 2019), and there is also evidence for this from previous cytogenetic

152   work (Nanda et al. 1992; Nanda et al. 2014). This greater divergence might explain the

153   difference in d_N/d_S estimates for X-linked genes in Stratum I that we observe between these

154   two species, though the effect is negligible. However, note that following filtering (see

155   methods), only a handful of *P. wingei* genes remained in Stratum I, and as such our statistical

156   power to detect a significant Fast-X signal in this species is reduced.

157   If the guppy sex chromosomes represent a turnover event, we would expect the pattern of

158   Fast-X in *P. picta* to still be observed throughout the *P. reticulata* and *P. wingei* sex

159   chromosomes outside of Stratum I, as the majority of it accumulated prior to turnover. Thus,

160   we next estimated rates of sequence divergence for the remainder of the X chromosome,

161   excluding genes in Stratum I and genes on the PAR (see methods), as the high recombination

162   events in the PAR can alter rates of evolution and polymorphism (Otto et al. 2011). The rate

163   of mutation and mean d_N/d_S on the X chromosome were not different from that on the

164   autosomes in either *P. reticulata* or *P. wingei* (Fig. 1A, B; Fig. 2; supplementary Table S1). This

165   finding is consistent with the limited Y degeneration observed in these species (Wright et al.

166   2017; Darolti et al. 2019), and contradicts the Turnover Model. In addition, the Turnover

167   Model also requires sex chromosome turnover events in the outgroup species to the *P.*

168   *reticulata–P. wingei* clade (supplementary Fig. S2). We therefore estimated sequence

169   divergence in the outgroups, *P. latipinna* and *G. holbrooki*, both species in which the guppy

170   chromosome 12 has not been implicated as the sex chromosome. Our data fails to show

171   elevated rates of evolution on the chromosome syntenic to the guppy X relative to the rest of

172   the genome in either *P. latipinna* or *G. holbrooki* (supplementary Table S1). This result,

173   together with our findings in *P. reticulata* and *P. wingei* argues against the Turnover Model.

174   Previous comparisons of replicate *P. reticulata* natural population have shown evidence for

175   greater X-Y divergence in replicate upstream, low predation populations relative to their

176   downstream, high predation populations pair within Quare, Aripo and Yarra rivers (Wright et

177   al. 2017; Almeida et al. 2021). This pattern of divergence has occurred over a relatively short

178   time span, at some point after the colonization of Trinidad at the last glacial maximum.

179   Therefore, we investigated whether we can detect higher rates of X chromosome to autosome

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180 coding sequence evolution in upstream compared to downstream populations. We find a

181 significantly elevated d_N/d_S on the X chromosome, excluding genes on the PAR and those on

182 Stratum I, compared to the autosomes in the Yarra upstream population only (supplementary

183 Tables S2-4), and across all rivers we do not find a consistently stronger Fast-X effect in the

184 upstream relative to the downstream populations (Fig. 3). Compared to the other rivers, the

185 upstream population of the Yarra river shows the greatest increase in Y divergence relative to

186 the downstream population, measured by both male:female F_{ST} and male-specific SNPs

187 (Almeida et al. 2021). X-Y divergence between upstream and downstream populations is

188 greater in Yarra compared to Quare and Aripo, and this might explain why a pattern of Fast-X

189 effect in the upstream population is recovered in Yarra alone.

190 **Polymorphism and the underlying causes of Fast-X**

191 A higher d_N/d_S on the X chromosome relative to the rest of the genome could be the result of

192 both an increased genetic drift (Charlesworth et al. 1987; Mank et al. 2010) and an increased

193 efficacy of selection (Vicoso and Charlesworth 2009). Therefore, we used sequence and

194 polymorphism data together to test for the causes of elevated Fast-X evolution in *P. picta*. The

195 McDonald-Kreitman test contrasts the number of nonsynonymous and synonymous

196 substitutions with polymorphisms, where an excess of nonsynonymous substitutions relative

197 to polymorphisms is indicative of positive selection (McDonald and Kreitman 1991). Using this

198 test, we detected no X-linked genes with signatures of positive selection in any of the Poeciliid

199 species. However, the McDonald-Kreitman test is very conservative, as it is restricted to genes

200 with sufficient numbers of substitutions and polymorphisms (Begun et al. 2007; Andolfatto

201 2008), and as such our analysis was limited to a few X-linked contigs.

202 To increase our statistical power to detect signatures of positive selection, we also used the

203 direction of selection (DoS) test which is less sensitive to low cell counts (Stoletzki and Eyre-

204 Walker 2011). For each contig, DoS calculates the difference between the proportion of

205 nonsynonymous substitutions and the proportion of nonsynonymous polymorphisms, where

206 a positive DoS indicates adaptive evolution (Stoletzki and Eyre-Walker 2011). Using this

207 approach, we recovered more genes with signatures of positive selection, however the X

208 chromosome was not enriched in these genes compared to the rest of the genome in any of

209 the species (supplementary Table S6).

210   Next, we used polymorphism data alone to test for deviations from neutrality. A higher rate

211   of nonsynonymous to synonymous polymorphisms on the X relative to the autosomes is

212   indicative of reduced efficacy of selection to remove mildly deleterious mutations, while a

213   lower rate suggests purifying selection resulting from hemizygous exposure of deleterious

214   mutations in males. Our results show a lower, though not significantly, rate of nonsynonymous

215   polymorphisms in *P. picta* only (Table 1, supplementary Table S5), which may suggest that the

216   observed Fast-X effect in *P. picta* is influenced by purifying selection acting to remove

217   deleterious mutations on the X (Charlesworth et al. 1987; Vicoso and Charlesworth 2009).

218   **Discussion**

219   **The role of hemizygosity in Fast-X**

220   We observe a clear pattern of Fast-X in *P. picta*, as shown through the significantly higher rate

221   of nonsynonymous substitutions for X-linked loci (supplementary Table S1) and significantly

222   elevated rate of divergence on the X chromosome relative to the rest of the genome (Fig. 1C,

223   Fig. 2), consistent with the extensive Y chromosome degeneration in this species. In contrast,

224   we did not observe significant patterns of Fast-X evolution in either *P. reticulata* or *P. wingei*.

225   There is little evidence of loss of Y gene coding sequence in either of these species (Darolti et

226   al. 2019; Darolti et al. 2020), and very few, if any, genes are hemizygously expressed in males,

227   even in the older Stratum I. Interestingly, the *P. wingei* Y is somewhat more diverged than the

228   Y in *P. reticulata* (Nanda et al. 1992; Nanda et al. 2014; Darolti et al. 2019), and we observe a

229   slight, though non-significant Fast-X effect in Stratum I in the former. We also observe an

230   effect in the Yarra upstream population, which shows the greatest X-Y divergence across

231   natural populations in Trinidad (Almeida et al. 2021). All this points to the key role of sex

232   chromosome hemizygosity in driving Fast-X evolution.

233   Theory predicts that complete dosage compensation, whereby balance in expression between

234   the sex chromosomes and the autosomes is restored, may facilitate a more pronounced Fast-

235   X effect (Charlesworth et al. 1987; Mank et al. 2010). Under this theory, in systems with

236   incomplete dosage compensation, where only a subset of the genes is compensated for but

237   overall expression for X-linked genes is reduced compared to the autosomes in males, X-linked

238   beneficial mutations may have lower expression and weaker phenotypic effects in males,

239   potentially limiting the Fast-X effect (Charlesworth et al. 1987; Mank et al. 2010). *P. picta* has

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240 evolved chromosome-wide dosage compensation, seemingly through a mechanism involving

241 the hyperexpression of the single X in males (Darolti et al. 2019), and this may have

242 contributed to the observed signature of Fast-X evolution.

243 There are two potential causes of Fast-X. Male heterogamety leads to hemizygous exposure

244 of genes and therefore stronger purifying selection against recessive deleterious mutations

245 and positive selection for recessive beneficial ones expressed in males (Charlesworth et al.

246 1987). Alternatively, the reduced effective population size of the X relative to the autosomes

247 diminishes the relative power of selection on the X, potentially leading to non-adaptive causes

248 of Fast-X (Charlesworth et al. 1987) which do not necessarily require male hemizygosity, just

249 recombination suppression between the X and Y chromosomes.

250 The role of hemizygosity and dosage compensation we observe in *P. picta* Fast-X suggest an

251 adaptive mechanism, and our polymorphism analysis is consistent with greater purifying

252 selection acting in males to remove recessive deleterious variation. However, although we

253 were unable to differentiate adaptive and non-adaptive causes of Fast-X in our polymorphism

254 data, polymorphism estimates are sensitive to demographic fluctuations (Tajima 1989; Pool

255 and Nielsen 2007) and, thus, it is difficult to determine to what extent the Fast-X pattern in *P.*

256 *picta* is adaptive using polymorphism data alone. Future work identifying true X-hemizygous

257 loci in males and analyzing their patterns of sequence evolution may prove more revealing.

258 **Differentiating different models of sex chromosome origin**

259 Two models have been proposed for the origin of the sex chromosome system in this group.

260 The Parsimony Model posits that the sex chromosomes arose roughly 20 mya (supplementary

261 Fig. S1) in the ancestor of the species that all share it and experienced different rates of Y

262 decay in different sub-clades (Darolti et al. 2019), possibly exacerbated by the evolution of

263 complete dosage compensation in *P. picta* and close relatives (Metzger et al. 2021; Sandkam

264 et al. 2021). The Turnover Model proposes that the sex chromosomes of *P. reticulata*

265 represent a recent turnover event, and that the highly diverged *P. picta* and *P. parae* system

266 arose well before the immediate ancestor of *P. parae, P. picta*, *P. reticulata* and *P. wingei*,

267 slowly diverged over time resulting in the heteromorphism observed (Charlesworth et al.

268 2021). Because the molecular signatures that accumulate on sex chromosomes remain

269 observable even when they revert to being autosomes (Vicoso and Bachtrog 2013), we were

270 able to critically test these alternative models. If the guppy sex chromosomes represent a

271 turnover event, we would expect the pattern of Fast-X in *P. picta* to still be observed

272 throughout the *P. reticulata* and *P. wingei* sex chromosomes outside of Stratum I, as the

273 majority of it accumulated prior to turnover. In addition, the Turnover Model also requires sex

274 chromosome turnover events in the outgroup species to the *P. reticulata–P. wingei* clade, and

275 we would expect Fast-X in *P. latipinna* or *G. holbrooki*, where the ancient X chromosome is

276 presumably now fully autosomal.

277 We do not observe signatures of Fast-X in *P. reticulata* and *P. wingei* that would be consistent

278 with the Turnover Model, even after investigating multiple datasets (based on *de novo*

279 transcripts of a lab population and replicate wild populations, and Ensembl coding sequences).

280 Similarly, the lack of Fast-X in *P. latipinna* and *G. holbrooki*, the near outgroups to *P. picta, P.*

281 *reticulata,* and *P. wingei* (Darolti et al. 2019), which would have also experienced sex

282 chromosome turnover to alternative autosomes if the *P. picta* sex chromosomes are ancient,

283 also argues against an ancient origin and turnover. Instead, our results support the Parsimony

284 Model, and suggest that the sex chromosomes originated in the immediate ancestor of the *P.*

285 *picta–P. reticulata–P. wingei* clade and divergence occurred more rapidly in *P. picta,*

286 potentially accelerated by the evolution of complete X chromosome dosage compensation in

287 this species, which reduces selection to maintain Y chromosome expression for dosage

288 sensitive genes (Metzger et al. 2021).

289 **Materials and Methods**

290 **Sample collection and sequencing**

291 We have previously obtained tissue samples, extracted and sequenced RNA from the tails of

292 three males and three females of *P. reticulata*, *P. wingei*, *P. picta*, *P. latipinna* and *G. holbrooki*

293 (BioProject ID PRJNA353986, PRJNA528814) (Wright et al. 2017; Darolti et al. 2019). *P.*

294 *reticulata* samples were obtained from our outbred laboratory population originating from

295 the Quare River in Trinidad (Kotrschal et al. 2013). *P. wingei* samples were collected from our

296 laboratory population established from a strain maintained by a UK fish fancier. *P. picta*

297 samples were acquired from Guyana, while *P. latipinna* and *G. holbrooki* samples were

298 obtained in Florida. All samples were collected in accordance with national and institutional

299 ethical guidelines.

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300   We extracted RNA from each sample using the Qiagen RNeasy Kit, following the instructions

301   of the manufacturer. Library preparation and sequencing were performed at the University

302   of Oxford Wellcome Centre for Human Genetics, following standard Illumina protocols and

303   using the Illumina HiSeq 4000 platform. The data were quality assessed using FastQC v0.11.3

304   (www.bioinformatics.babraham.ac.uk/projects/fastqc) and trimmed with Trimmomatic

305   v0.36 (Bolger 2014), removing adaptor sequences, reads with an average Phred score < 15 in

306   a sliding window of four bases, reads with leading or trailing bases with a Phred score < 3 and

307   reads shorter than 50bp following trimming.

308   **Identifying orthogroups**

309   For each species, we mapped RNA-seq reads to a previously constructed species-specific

310   female *de novo* genome assembly (Wright et al. 2017; Darolti et al. 2019) using HISAT2 v2.0.4

311   (Kim et al. 2015), with the exception of *P. latipinna* for which a male genome assembly was

312   used, and a non-redundant set of transcripts in GTF file format was constructed using

313   StringTie v1.2.4 (Pertea et al. 2015). We filtered the transcripts for non-coding RNA (ncRNA)

314   by extracting transcript sequences with BEDtools getfasta (Quinlan and Hall 2010) and

315   removing transcripts with a BLAST hit to ncRNA sequences from *Poecilia formosa*

316   (PoeFor_5.1.2), *Oryzias latipes* (MEDAKA1), *Gasterosteus aculeatus* (BROADS1) and *Danio*

317   *rerio* (GRCz10) from Ensembl 104 (Flicek et al. 2014). Only genes with positional information

318   on chromosomal fragments were kept for further analyses and the longest isoform for each

319   target gene was selected. Lastly, we applied a minimum expression filter of 2 RPKM in at least

320   half of the samples of each sex (minimum of two out of three individuals of either sex),

321   resulting in 13,306 *P. reticulata*, 15,089 *P. wingei,* 13,156 *P. picta*, 14,468 *P. latipinna* and

322   21,861 *G. holbrooki* genic sequences.

323   We obtained coding sequences from the outgroup species *P. formosa* (PoeFor_5.1.2),

324   *Xiphophorus maculatus* (Xipmac4.4.2) and *O. latipes* (MEDAKA1) from Ensembl 104 and

325   extracted the longest isoform for each gene. Separately for each of our target species, we

326   determined orthology across target and outgroup sequences using reciprocal BLASTn v2.7.1

327   (Altschul et al. 1990) with an e-value cut-off of $10e^{-10}$ and a minimum percentage identity of

328   30%. For genes with multiple blast hits, we chose the top hit based on the highest BLAST

329   score. Our analysis resulted in 7,296 *P. reticulata*, 7,253 *P. wingei*, 7,786 *P. picta*, 7,251 *P.*

330   *latipinna* and 6,477 *G. holbrooki* orthogroups (four-way 1:1 orthologs).

Estimating sequence divergence across orthogroups

For each contig of each orthogroup, we obtained open reading frames using *O. latipes* (MEDAKA1) protein-coding sequences from Ensembl 104 and BLASTx v2.3.0 with an e-value cut-off of $10e^{-10}$ and a minimum percentage identity of 30%, excluding orthogroups without BLASTx hits or valid protein-coding sequences. We aligned orthologous gene sequences with PRANK v170427 (Löytynoja and Goldman 2008), using the rooted tree (((Target species, *P. formosa*), *X. maculatus*), *O. latipes*), where the target species was in turn *P. reticulata*, *P. wingei*, *P. picta*, *P. latipinna* and *G. holbrooki*. Alignments were then filtered to remove gaps.

To avoid false positive signals of adaptive evolution, poorly aligned or error-rich regions were masked with SWAMP (Harrison et al. 2014). We ran SWAMP twice, first using a threshold of six nonsynonymous substitutions in a window size of 15 codons, and second using a threshold of two and a window size of five. This approach eliminates sequencing errors that cause short stretches of nonsynonymous substitutions as well as alignment errors that cause longer stretches of nonhomologous sequence due to variation in exon splicing or misannotation (Harrison et al. 2014). To select these thresholds, we first applied a range of masking criteria on our datasets. We then ran the branch-site test for positive selection on the target species branches for both the unmasked and masked datasets. We visually inspected the alignments of genes with the highest likelihood ratios and chose the masking criteria that was most efficient at reducing false positive rates. Finally, we discarded orthologs for which the alignment length was shorter than 300 bp following gap removal and masking, as these likely represent incomplete sequences.

To obtain divergence estimates for each orthogroup and calculate mean d_N/d_S across the target species branch, we used branch model (model=2, nssites=0) in the CODEML package in PAML v4.8 (Yang 2007), using the phylogeny ((Target species#1, *P. formosa*), *X. maculatus*, *O. latipes*), where the target species was successively *P. reticulata*, *P. wingei*, *P. picta*, *P. latipinna* and *G. holbrooki*. To avoid inaccurate divergence estimates dues to mutational saturation and double hits, orthologous genes with $d_S > 2$ were removed from subsequent analyses (Axelsson et al. 2008).

For each of the target species, we divided orthologs into autosomal and sex-linked categories based on their chromosomal location. The sex-linked category excluded genes in the

361   previously identified pseudoautosomal regions (0-5Mb and >26Mb of *P. reticulata*
362   chromosome 12; >20Mb of *P. wingei*, *P. picta*, *P. latipinna* and *G. holbrooki* chromosomes
363   that are syntenic to the guppy chromosome 12 (Darolti et al. 2019)). In addition, it has
364   recently been discovered that the *P. reticulata* reference genome, which served as reference
365   for scaffold ordering and orientation for our *P. reticulata* de novo genome assembly, has a
366   large inversion on the X chromosome that is specific to the guppy strain on which the
367   reference genome assembly was built and is not present in any of our lab or wild-caught
368   samples (Darolti et al. 2020; Almeida et al. 2021). We thus corrected for this inversion when
369   excluding genes from the PAR and assigning genes to the sex-linked category in *P. reticulata*.

370   Separately for each genomic category, we extracted the number of nonsynonymous
371   substitutions (D_N), the number of nonsynonymous sites (N), the number of synonymous
372   substitutions (D_S) and the number of synonymous sites (S). Taking into account alignment
373   length, we calculated mean d_N and mean d_S as the ratio of the number of substitutions across
374   all orthologs in that group divided by the number of sites ($d_N = D_N$ /N; $d_S = D_S$ /S), thus avoiding
375   bias from short sequences and the issue of infinitely high d_N/d_S estimates due to very low d_S
376   (Mank et al. 2007). We identified significant differences in d_N, d_S and d_N/d_S between genomic
377   categories using 1,000 permutation test replicates and we used bootstrapping with 1,000
378   replicates to determine 95% confidence intervals. The strength of the Faster-X effect was
379   calculated for each target species as the ratio of the rate of divergence for the X chromosome
380   over the rate of divergence for the autosomes X(d_N/d_S):A(d_N/d_S).

Additional sequence divergence analyses for *P. reticulata*

382   For comparison to our estimates of rates of divergence based on *de novo* transcripts, we also
383   estimated rates of sequence evolution in *P. reticulata* using publicly available coding
384   sequences from Ensembl 104 (Guppy_female_1.0_MT). For this analysis, we followed the
385   same steps outlined above in terms of extracting the longest isoform for each gene,
386   identifying orthogroups, aligning target and outgroup sequences, masking and obtaining
387   divergence estimates.

388   In addition, we have previously constructed high quality *P. reticulata* female *de novo* genome
389   assemblies for replicate upstream and downstream populations of three rivers in Trinidad,
390   Quare, Aripo, and Yarra (Almeida et al. 2021). To each genome assembly, we mapped *P.*

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391 *reticulata* RNA-seq reads from our laboratory population and generated a non-redundant set

392 of transcripts for each wild population following the methods detailed above. For each

393 upstream and downstream population, we then estimated rates of coding sequence

394 evolution for the X chromosome, excluding the PAR, and the autosomes by following the

395 same pipeline described in the previous section.

Polymorphism data

397 To obtain polymorphism data, for each target species we first mapped female RNA-seq reads

398 to the genome assembly using the STAR v2.4.2a aligner in two-pass mode (Dobin et al. 2013),

399 and then called SNPs using SAMtools v1.3.1 mpileup (Li et al. 2009) with a minimum base

400 quality of 20 and VarScan v2.3.9 mpileup2snp (Koboldt et al. 2012) with a minimum coverage

401 of two, a minimum average quality of 20, a minimum variant allele frequency of $1e^{-1}$, p value

402 of 0.05 and strand filter set to on. We next imposed that the polymorphism dataset also

403 passes the filtering criteria used for calculating rates of sequence divergence. As such, we

404 identified codons for which all sites pass the minimum coverage threshold of 20, there are no

405 alignment gaps following alignment with PRANK, and no ambiguity data (Ns) following

406 masking with SWAMP. To make our dataset compatible for the McDonald-Kreitman test of

407 selection, we only kept genes with both divergence and polymorphism data. Finally, for each

408 genomic category, we calculated mean p_N and mean p_S as the ratio of the number of

409 polymorphisms across all orthologs in that group divided by the number of sites ($p_N=P_N/N$;

410 $p_S=P_S/N$).

Testing for selection using divergence and polymorphism data

412 For each species, we estimated the number of genes evolving under neutral and adaptive

413 evolution using the McDonald-Kreitman test (McDonald and Kreitman 1991). Neutral theory

414 predicts that the ratio of nonsynonymous to synonymous changes within species (p_N/p_S)

415 should be equal to that between species (d_N/d_S) (McDonald and Kreitman 1991). As such, the

416 McDonald-Kreitman test identifies signatures of positive selection, where there is an excess

417 of nonsynonymous substitutions relative to polymorphisms ($d_N/d_S>p_N/p_S$), and of relaxed

418 purifying selection, where there is a deficit of nonsynonymous substitutions compared to

419 polymorphisms ($d_N/d_S<p_N/p_S$). To test for deviations from neutrality, for each contig, we used

420 a 2 x 2 contingency table and a Fisher's Exact Test in R v3.6.2 (R Core Team 2015). The power

421 of the McDonald-Kreitman test is limited with low table counts, therefore we restricted this

15

422   analysis to genes for which the sum of each row and column in the contingency table was

423   equal to or greater than six (Begun et al. 2007; Andolfatto 2008).

424   As the McDonald-Kreitman test is a very conservative test, we also used the divergence and

425   polymorphism data to calculate the direction of selection statistic (DoS) (Stoletzki and Eyre-

426   Walker 2011). For each gene, we calculated the difference between the proportion of

427   nonsynonymous substitutions and polymorphisms (DoS=$D_N(D_N+D_S)-P_N(P_N+P_S)$), where

428   positive DoS values are indicative of positive selection. We used Fisher's Exact test in R to test

429   for significant differences in the proportion of genes under positive selection between the

430   autosomes and the X chromosome in each species.

431   Lastly, we used the polymorphism data alone to test for an excess or deficit of

432   nonsynonymous polymorphisms on the X chromosome compared to the autosomes, which

433   would suggest a relaxed constraint or purifying selection, respectively. For this, we

434   concatenated P_N and P_S estimates within each species and used Fisher's Exact test in R to test

435   for significant differences in P_N/P_S between the autosomes and the X chromosome.

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Author Contributions

441   J.E.M. and I.D. designed the research; I.D. and L.F. performed the research; I.D., L.F. and J.E.M.

442   analyzed the data; I.D., L.F. and J.E.M. wrote the manuscript.

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Figure Legends

Figure 1. Estimates of the rate of divergence (d_N/d_S) for autosomal and X-linked genes in (A) *P. reticulata*, **(B)** *P. wingei*, **(C)** *P. picta*, **(D)** *P. latipinna* **and (E)** *G. holbrooki*. For all species, the X chromosome category excludes genes on the PAR. Additionally, in *P. reticulata* and *P. wingei*, the X chromosome category excludes genes in Stratum I. In *P. latipinna* and *G. holbrooki*, the X chromosome represents the chromosome syntenic to guppy chromosome 12. 95% confidence intervals are based on bootstrapping with 1,000 replicates. Differences between autosomal and X-linked loci are based on 1,000 replicates permutation tests. Only significant differences are shown (p value < 0.01).

Figure 2. Fast-X effect, calculated as the ratio of d_N/d_S for the X chromosome (excluding the PAR) to that of the autosomes, across the poeciliids. In *P. latipinna* and *G. holbrooki*, the X chromosome represents the chromosome syntenic to guppy X. 95% confidence intervals are based on bootstrapping with 1,000 replicates. Green color shading represents the extent of sex chromosome degeneration (mild degeneration in light green to extreme degeneration in dark green), while species in which the guppy chromosome 12 has not been implicated as the sex chromosome are shown in grey.

Figure 3. Estimates of rates of evolution in wild *P. reticulata* populations. (A) Fast-X effect across *P. reticulata* upstream, low predation populations (orange) and downstream, high predation populations (black) in the Quare, Aripo and Yarra rivers. The Fast-X effect is calculated as the ratio of the rate of nonsynonymous over synonymous substitutions for the X chromosome, excluding the PAR, relative to that for the autosomes.

602 **Tables**

603

Table 1. Differences between nonsynonymous and synonymous polymorphisms on the autosomes and X chromosome of each species. For all species, the X chromosome category excludes genes on the PAR.

Species	Category	P_N	P_S	p value[a]
P. reticulata	Autosomes	1,890	5,566	$p = 0.76$
	X chromosome	59	184	
P. wingei	Autosomes	650	1,783	$p = 0.69$
	X chromosome	18	56	
P. picta	Autosomes	837	2,178	$p = 0.24$
	X chromosome	12	47	
P. latipinna	Autosomes	1,165	3,265	$p = 0.24$
	Chromosome syntenic to guppy X	52	107	
G. holbrooki	Autosomes	1,212	4270	$p = 0.08$
	Chromosome syntenic to guppy X	28	144	

[a]p values from Fisher's Exact test

604

605 **Figures**

606 **Fig. 1**

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608 **Fig. 2**

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610 **Fig. 3**

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