

1 **Title: The retrotransposon *R2* maintains *Drosophila* ribosomal DNA repeats**

2

3 One Sentence Summary: The retrotransposon *R2* initiates restoration of ribosomal DNA copies

4 to trans-generationally maintain essential locus.

5

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13 **Abstract: Ribosomal DNA (rDNA) loci contain the hundreds of tandemly repeated copies**
14 **of ribosomal RNA genes needed to support cellular viability. This repetitiveness makes it**
15 **highly susceptible to copy number (CN) loss, threatening multi-generational maintenance**
16 **of rDNA. How this threat is counteracted to avoid extinction of the lineage has remained**
17 **unclear. Here, we show that the rDNA-specific retrotransposon *R2* is essential for rDNA**
18 **CN maintenance in the *Drosophila* male germline, despite the perceived disruptive nature**
19 **of transposable elements. Depletion of *R2* led to defective rDNA CN maintenance, causing**
20 **a decline in fecundity over generations and eventual extinction. This study reveals that**
21 **active retrotransposons can provide a benefit to their hosts, contrary to their reputation**
22 **as genomic parasites, which may contribute to their widespread success throughout taxa.**

23

24 Main Text:

25 Ribosomal RNAs (rRNAs) account for 80-90% of all transcripts in eukaryotic cells(1). To meet this
26 demand, the ribosomal DNA (rDNA) gene that codes for rRNA is tandemly repeated hundreds of
27 times, comprising rDNA loci on eukaryotic chromosomes. Ironically, this repetitive structure is
28 susceptible to intra-chromatid recombination that causes rDNA copy number (CN) loss (**Fig. 1A**),
29 which is a major cause of replicative senescence in budding yeast (2). Evidence of similar rDNA
30 CN instability has been noted in some tissues from aged dogs and humans(3, 4). Critically, age-
31 associated rDNA CN loss also occurs in the *Drosophila* male germline and is inherited by the next
32 generation(5). The essential yet unstable nature of rDNA raises the question as to how the
33 degeneration of rDNA loci over successive generations is prevented to avoid the extinction of the
34 lineage. Intensive studies have revealed that sister chromatid recombination mediates rDNA CN
35 expansion in yeast, thereby maintaining rDNA repeat abundance over generations(2). rDNA CN
36 is variable between individuals of most species but maintained within a consistent range
37 throughout the population(6), implying that transgenerational dynamic CN changes (loss and
38 restoration) are a common feature of rDNA maintenance. However, the mechanism of

39 transgenerational rDNA CN maintenance in multicellular organisms has remained a mystery.
40 Over 50 years ago, the phenomenon of ‘rDNA magnification’ in *Drosophila* was first described as
41 the process wherein aberrant rDNA loci bearing minimal rDNA repeats recover to a normal rDNA
42 CN(7, 8). rDNA magnification requires genes involved in homologous recombination-mediated
43 repair, similar to yeast, which can duplicate tandemly repeated elements(9). Despite the robust
44 rDNA CN expansion activity, it remained unclear if the mechanisms of rDNA magnification served
45 a physiological function in natural populations. We recently demonstrated that offspring who
46 inherited reduced rDNA CN from old fathers could also recover rDNA CN in their germline(5). This
47 recovery depends on the same set of the genes as rDNA magnification, leading us to propose
48 that rDNA magnification is a manifestation of the physiological mechanisms to maintain rDNA CN
49 across generations(6). However, the underlying factors responsible for rDNA magnification
50 remains poorly understood.

51
52 Metazoan rDNA genes are frequently inserted by rDNA-specific transposable elements
53 (TEs), such as the retrotransposon *R2* in *Drosophila*. *R2* is found throughout arthropods and *R2*-
54 like elements are widely present across taxa, including Cnidaria, Planaria, nematodes, fish, birds,
55 and reptiles(10, 11). These TEs use their sequence-specific nuclease to mobilize specifically
56 within rDNA loci(12), inserting into rDNA genes and likely disrupting 28S rRNA function(13) (**Fig.**
57 **S1A**). Surprisingly, we found that RNAi-mediated knockdown of *R2* in the *Drosophila* male
58 germline (*nos-gal4*-driven expression of RNAi lines, *nos>R2i-1* or *R2i-2*, hereafter) (**Fig. S1A-C**)
59 resulted in premature loss of germline stem cells (GSCs) during aging (**Fig. 1B-F**). GSCs
60 continuously produce differentiating germ cells to sustain sperm production throughout adulthood
61 and thus are the source of the genome passed to the next generation(14). Whereas newly eclosed
62 *R2* RNAi males contained similar numbers of GSCs to controls, GSC number more rapidly
63 declined during aging in *R2* knockdown males compared to controls (**Fig. 1F**). Given that *R2* is
64 specifically inserted into rDNA, we also examined the effect of *R2* knockdown on rDNA stability.

65 Using highly quantitative droplet digital PCR (ddPCR), we found that RNAi-mediated knockdown
66 of *R2* enhanced rDNA CN loss in the testis during aging (**Fig. 1G-H**). Interestingly, one of the
67 RNAi constructs (*R2i-2*) suffered rapid rDNA CN loss within the first 10 days of adulthood, but
68 recovered by 20 days of age (**Fig. 1G**). As GSC number was also initially more drastically affected
69 with this RNAi line (**Fig. 1F**), we speculate that severe rDNA loss caused by this RNAi construct
70 (*R2i-2*) may select for GSCs that are less sensitive to *R2* RNAi activity. rDNA CN loss in the
71 germline was further confirmed by DNA FISH on the meiotic chromosomes (**Fig S2A-F**). rDNA
72 CN insufficiency is likely the primary cause of GSC loss in *R2* RNAi animals, because increasing
73 total rDNA CN via introduction of a mini-chromosome harboring an rDNA locus(15) suppressed
74 the premature GSC loss caused by *R2* knockdown (**Fig. 1I**). These results revealed that *R2*
75 contributes to sustaining GSC population during aging through rDNA CN maintenance,
76 uncovering an unanticipated benefit of the *R2* retrotransposon to the host, despite the widely-held
77 view of TEs being genetic parasites.

78

79 Why is *R2* necessary for rDNA copy number maintenance? We found that *R2* is required
80 for rDNA magnification. rDNA magnification is detected as the emergence of offspring with normal
81 cuticle from fathers with abnormal ('bobbed') cuticle caused by insufficient rDNA CN(7) (**Fig. 2A**).
82 *Drosophila melanogaster* rDNA loci reside on the sex chromosomes (X and Y)(16), and rDNA
83 magnification almost exclusively occurs to X chromosome rDNA loci harboring the minimal viable
84 amount of rDNA (*bb^{Z9}*, **Fig. S3A**) when combined with a Y chromosome lacking rDNA (*bb^{Z9}/Ybb⁰*,
85 'magnifying males' hereafter)(7) (**Fig. S3B**). Importantly, rDNA magnification never occurs in
86 males with a normal Y chromosome containing intact rDNA (*bb^{Z9}/Y⁺*, 'non-magnifying males'
87 hereafter)(8), indicating the presence of mechanisms to monitor rDNA CN to activate expansion.
88 We found that *R2* knockdown reduces rDNA magnification from 13.73% (control, n = 233) to 0%
89 (*R2i-1*, n = 181, p = 5.6x10⁻⁷) and 2.36% (*R2i-2*, n = 127, p = 9.9x10⁻⁴) (**Fig. 2B**). Moreover,
90 quantification of rDNA CN by ddPCR revealed that 87.5% of *bb^{Z9}* chromosomes increased rDNA

91 CN in magnifying males ($n = 96$, $p = 1.8 \times 10^{-4}$), with an average increase of 18.29 rDNA copies
92 across all samples ($n = 96$, $p = 3.1 \times 10^{-12}$) (**Fig. 2C**). This widespread rDNA CN increase indicates
93 that rDNA magnification broadly increases rDNA CN throughout the germline, despite only
94 13.73% of *bb^{Z9}* chromosomes recovering enough CN to support normal cuticle development. This
95 rDNA CN increase in magnifying males is also eliminated upon *R2* knockdown (**Fig. 2C**). These
96 results reveal that *R2* is required for rDNA CN expansion during rDNA magnification. Interestingly,
97 we found that rDNA magnification was blocked only when the *R2* RNAi constructs were expressed
98 by the *nos-gal4* driver in early germ cells (including GSCs), but not when expressed in later germ
99 cells by the *bam-gal4* driver (see Methods) (**Fig. 2B**). These results indicate that *R2* primarily
100 functions in the earliest stages of germ cells (including GSCs) to support rDNA magnification.

101

102 We further found that *R2* is sufficient for rDNA CN expansion. Ectopic expression of
103 transgenic *R2* in the germline (**Fig. S4A-F**) induced rDNA magnification of the *bb^{Z9}* locus in non-
104 magnifying males (*bb^{Z9}/Y⁺*) (**Fig. 2D-E**). While rDNA magnification assessed by dorsal cuticle is
105 never detected from control males (*bb^{Z9}/Y⁺* without *R2* expression), we found 3.3% of male
106 offspring exhibited magnification (normal cuticle) upon expression of transgenic *R2* (**Fig. 2D**, $n =$
107 877, $p = 3.2 \times 10^{-5}$). Importantly, reversion of the cuticle phenotype was heritable to the subsequent
108 F2 generation throughout our experiments, confirming that CN restoration occurred in the
109 germline (**Fig. S5A-C**). Quantification of rDNA CN by ddPCR revealed that ectopic
110 overexpression of *R2* in non-magnifying males (*bb^{Z9}/Y⁺*) also increases the average rDNA CN at
111 *bb^{Z9}* rDNA loci among all offspring (**Fig. 2E**, $n = 94$, $p = 0.0256$), revealing *R2* is sufficient to
112 induce rDNA CN expansion. Critically, expression of a nuclease dead *R2* transgene (NucDead*R2*)
113 in non-magnifying males (**Fig. S4A-E**) failed to induce rDNA magnification (**Fig. 2D**), suggesting
114 that the nuclease activity of *R2* is essential for its ability to induce rDNA CN expansion.

115

116 How does *R2*'s nuclease activity contribute to rDNA magnification? In yeast, rDNA CN
117 expansion is initiated by double-stranded breaks (DSBs) at the rDNA intergenic sequence, which
118 induces sister chromatid recombination that results in rDNA gene duplication(17). All proposed
119 models of *Drosophila* rDNA CN expansion (the most prominent model being unequal sister
120 chromatid recombination(18)) require an initiating DSB at the rDNA locus, (**Fig. 3A; Fig. S6A-B**).
121 Indeed, artificial introduction of DSBs at rDNA loci by I-Crel endonuclease expression has been
122 reported to induce rDNA magnification(19), but the endogenous factor that induces rDNA
123 magnification remained unclear. *R2* is capable of creating DSBs through sequential nicking of
124 opposite DNA strands during retrotransposition(10). It has been speculated that DSBs created
125 during *R2* retrotransposition may be an initiating event of rDNA magnification(9), although this
126 possibility has yet to be empirically tested. We confirmed that ectopic overexpression of *R2*, but
127 not NucDead*R2*, indeed induces chromosomal breaks at rDNA loci identified by chromosome
128 spreads (**Fig. S4B-D**). *R2* overexpression (but not NucDead*R2*) in the germline also increased
129 the frequency of GSCs with DSBs, identified by γ H2Av expression (**Fig. S4E**). Next, we found
130 rDNA magnification is associated with an elevation in DSBs in GSCs: the frequency of γ H2Av-
131 positive GSCs is increased in magnifying males (*bb^{Z9}/Ybb⁰*) compared to non-magnifying males
132 (*bb^{Z9}/Y⁺*) (**Fig. 3B-C, E**; $n = 519$, $p = 8.8 \times 10^{-4}$). Strikingly, we observed that knockdown of *R2* in
133 magnifying males reduced the frequency of γ H2Av-positive GSCs to levels comparable to non-
134 magnifying males (**Fig. 3D-E**; $n = 537$, $p = 7.1 \times 10^{-4}$ for *R2i-1*; $n = 521$, $p = 7.9 \times 10^{-4}$ for *R2i-2*),
135 indicating that *R2* is responsible for the DSBs formed in GSCs during rDNA magnification. Taken
136 together, these results suggest that rDNA-specific endonuclease activity of *R2* creates DSBs at
137 the rDNA loci that may in turn induce rDNA CN expansion.

138

139 Given the threat *R2* mobilization poses to the host genome, both by disruption of rRNA
140 function and causing excessive DSB formation(10), how is the potential benefit of *R2* to rDNA CN

141 maintenance balanced with the detriment of *R2* retrotransposition? We found *R2* expression in
142 the germline is specifically de-repressed under conditions of reduced rDNA CN, potentially
143 explaining how the conflicting consequences of *R2* expression are resolved. Using RNA
144 fluorescence *in situ* hybridization (RNA FISH) to examine *R2* expression at a single cell resolution,
145 we found that the frequency of GSCs expressing *R2* was significantly increased in magnifying
146 males (*bb^{Z9}/Ybb⁰*), whereas non-magnifying males (*bb^{Z9}/Y⁺*) rarely expressed *R2* (**Fig. 3F-H**; *n* =
147 231, *p* = 1.7×10^{-10}). Moreover, we found that GSCs from aged animals and the sons of old fathers,
148 which inherit reduced rDNA CN(5), also exhibited a higher frequency of *R2* expression compared
149 to GSCs from young flies (**Fig. S7A-B, D**; *n* = 1,247, *p* = 8.3×10^{-4} for old animals; *n* = 1,107, *p* =
150 1.5×10^{-4} for offspring). Importantly, the frequency of *R2* expression among GSCs in the sons of
151 old fathers returned to the basal level after 20 days of age, when rDNA CN was shown to have
152 recovered(5) (**Fig. S7C-D**; *n* = 617, *p* = 0.036). These results indicate that *R2* expression is
153 dynamically regulated in response to changing rDNA CN. Taken together, we propose that *R2*
154 expression is finely tuned to function when most beneficial to the host while minimizing
155 unnecessary exposure to the harmful effects of transposition.

156

157 Based on the finding that *R2* plays a critical role in maintaining germline rDNA CN, we
158 postulated that *R2* is essential to prevent continuous multi-generational rDNA loss capable of
159 causing the extinction of the lineage. In *C. elegans*, the loss of genome integrity is known to cause
160 gradual loss of fertility, a phenotype known as mortal germline (*morg*)(20). To test whether *R2*-
161 mediated rDNA maintenance is required to maintain fertility through generations, we established
162 multiple independent lines expressing *R2* RNAi in their germline and tracked their fecundity at
163 each generation through the ability of each line to produce sufficient offspring to establish a new
164 generation (**Fig. S8**). While nearly all control lines survived throughout the duration of the
165 experiments, we found that lines expressing the *R2i-1* RNAi construct failed to consistently
166 produce sufficient progeny, with over half failing by the fourth generation (**Fig. 4A**) (*n* = 43, *p* =

167 3×10^{-6}), indicating that *R2* is essential for continuity of the germline lineage. Surviving males of
168 extinguishing *R2i-1* lineages had ~20% reduction in rDNA CN compared to control lines ($n = 22$,
169 $p = 0.031$) (**Fig. 4B**). With the *R2i-2* RNAi, the lineage was maintained relatively well, after initial
170 sharp drop (**Fig. 4A**): Considering that *R2* knockdown by the *R2i-2* construct exhibits only
171 transient rDNA CN decrease at day 10 (**Fig S2A**), we speculate that this RNAi construct quickly
172 selects for the germ cells and lineages insensitive to *R2* knockdown. Taken together, these results
173 suggest that *R2*-mediated maintenance of rDNA contributes to germline immortality.

174

175 Together, our findings reveal an unanticipated ‘function’ of retrotransposon activity to
176 benefit the host genome through a role in rDNA CN maintenance. Repetitive DNA sequences are
177 among the most vulnerable elements of the eukaryotic genome(21). We propose that DSBs
178 generated by *R2* in GSCs with reduced rDNA CN stimulate sister chromatid exchange that results
179 in rDNA CN expansion (**Fig. 4C**). Our proposed ‘function’ for *R2* in rDNA maintenance may
180 represent a novel mutualistic host-TE relationship, which are rarely described in eukaryotes(22).
181 *R2*’s de-repression when it can be beneficial (i.e. decreased rDNA CN) may be the key to this
182 mutualistic host-TE relationship. It awaits future investigation to understand how the mechanisms
183 that repress *R2*(10) may tune this activity for host’s benefit. The widespread presence of *R2* and
184 other rDNA-specific TEs in both vertebrates and invertebrates(11) suggests that similar host-TE
185 mutualism may support rDNA CN maintenance throughout Metazoa. Interestingly, many of rDNA-
186 specific TEs have little sequence similarity to *R2*, instead appearing to be derived from other non-
187 specific TEs(11), suggesting this host-TE mutualism may have evolved multiple times over the
188 course of evolution. In summary, our study provides an example of mutualistic retrotransposons
189 in the maintenance of eukaryotic genomes, and we propose that more mutualistic TEs are yet to
190 be discovered.

191

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206

207 **References:**

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257 **List of Supplementary Materials**

258

259 **Supplementary Materials**

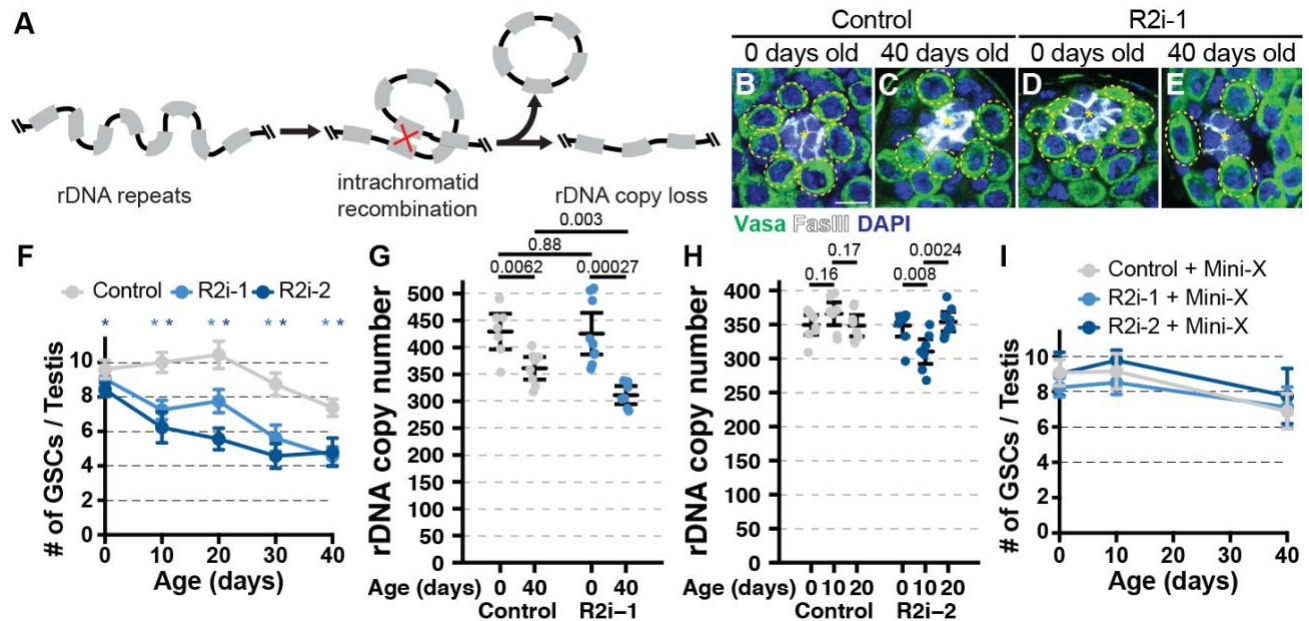
260 Materials and Methods

261 Fig S1 – S8

262 Table S1 – S2

263 References 23 - 30

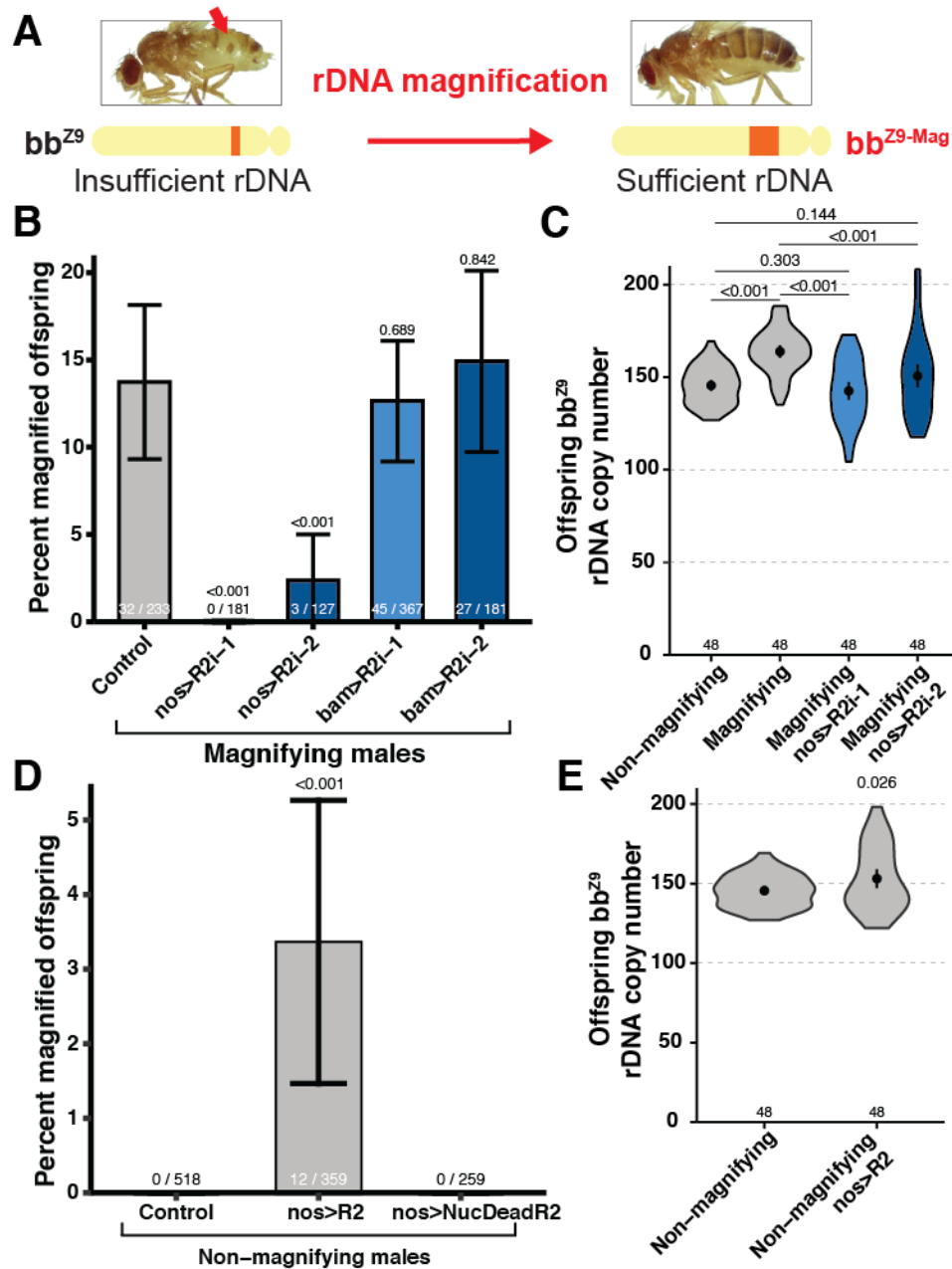
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265

266 **Figure 1: R2 is required for GSC maintenance via rDNA CN maintenance during**
 267 ***Drosophila* male germline aging. (A)** Model of rDNA repeat instability. **(B-E)** GSCs in 0- and
 268 40-day old control (B-C) and R2 RNAi testes (D-E). Yellow dotted circle = GSC. GSC signaling
 269 niche indicated by *. Green = Vasa, White = Fascillin III, Blue = DAPI. Scale bar = 7.5 μ m **(F)**
 270 Average GSCs per testis in control and two R2 RNAi lines during aging. * indicates p < 10⁻³
 271 determined by Student's t-test. Error = 95% confidence interval (CI). **(G-H)** Testis rDNA CN
 272 determined by ddPCR. P-value by Student's t-test. Error = 95% CI. **(I)** Average GSCs per testis
 273 during aging in Control and two R2 RNAi lines containing mini-X chromosome. Error = 95% CI.

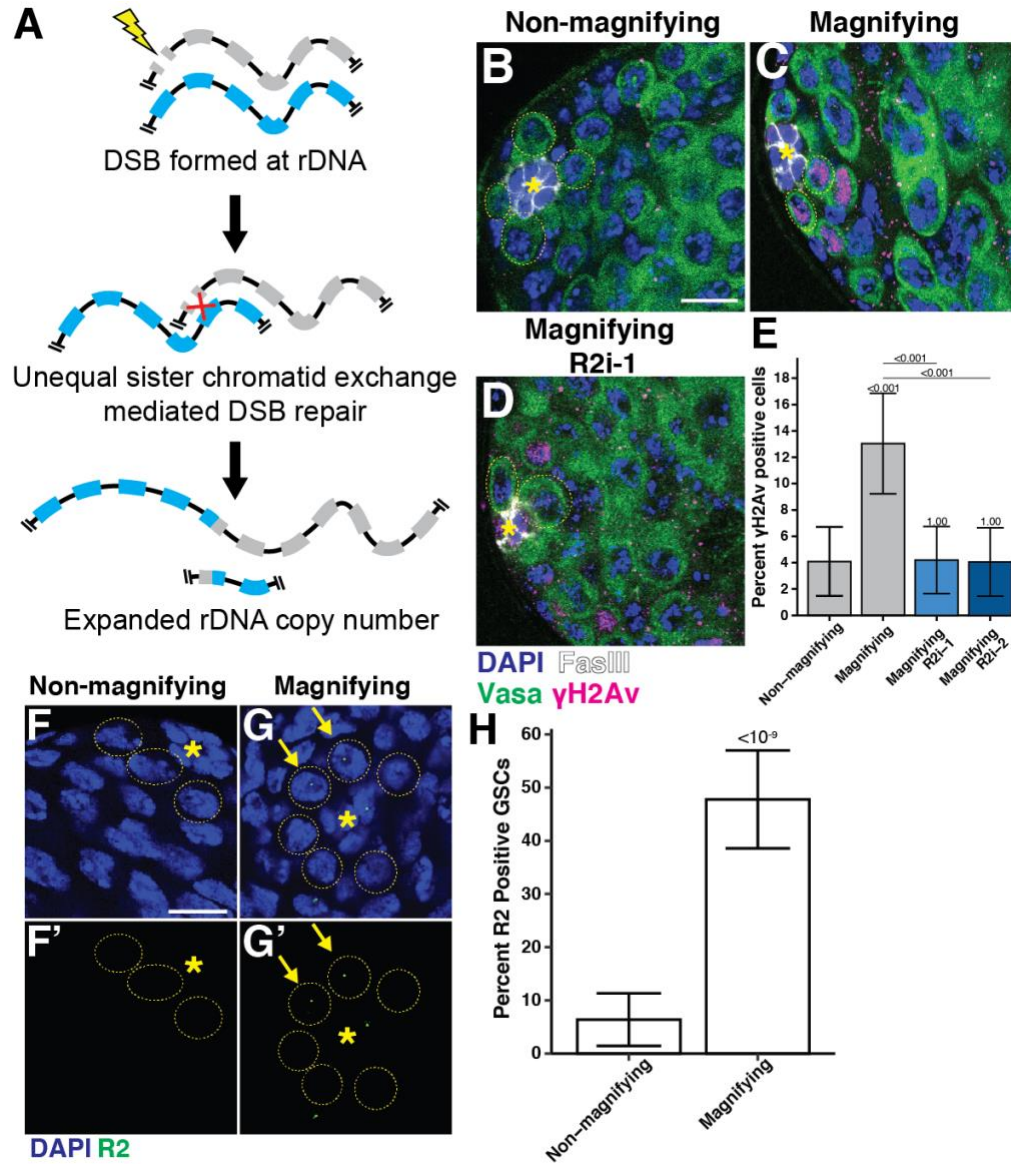
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276 **Figure 2: R2 is necessary and sufficient for rDNA magnification. (A)** Diagram of rDNA
 277 magnification at the *bb^{Z9}* rDNA locus, during which dorsal cuticle defect (red arrow) revert to
 278 normal cuticle. **(B)** Percent magnified offspring determined by cuticular phenotype in offspring
 279 from magnifying males. P-value determined by chi-squared test. Error = 95% CI. **(C)** Mean *bb^{Z9}*
 280 locus rDNA CN determined by ddPCR in daughters from males. P-value determined by
 281 Student's t-test. Error = 95% CI. **(D)** Percent magnified offspring from non-magnifying males. P-

- 282 value determined by chi-squared test. Error = 95% CI. **(E)** Mean *bb^{z9}* locus rDNA CN
- 283 determined by ddPCR in daughters from non-magnifying males. Non-magnifying condition is the
- 284 same data as panel (C). P-value determined by Student's t-test. Error = 95% CI.



285

286 **Fig 3: Derepressed R2 creates DSBs in GSCs during rDNA magnification. (A)** Diagram of

287 rDNA CN expansion by unequal sister chromatid exchange during DSB repair at rDNA loci.

288 Recombination between misaligned rDNA copies during DSB repair result in crossovers that

289 create unequal sister chromatid exchange that increases rDNA CN on one chromatid. **(B-D)**

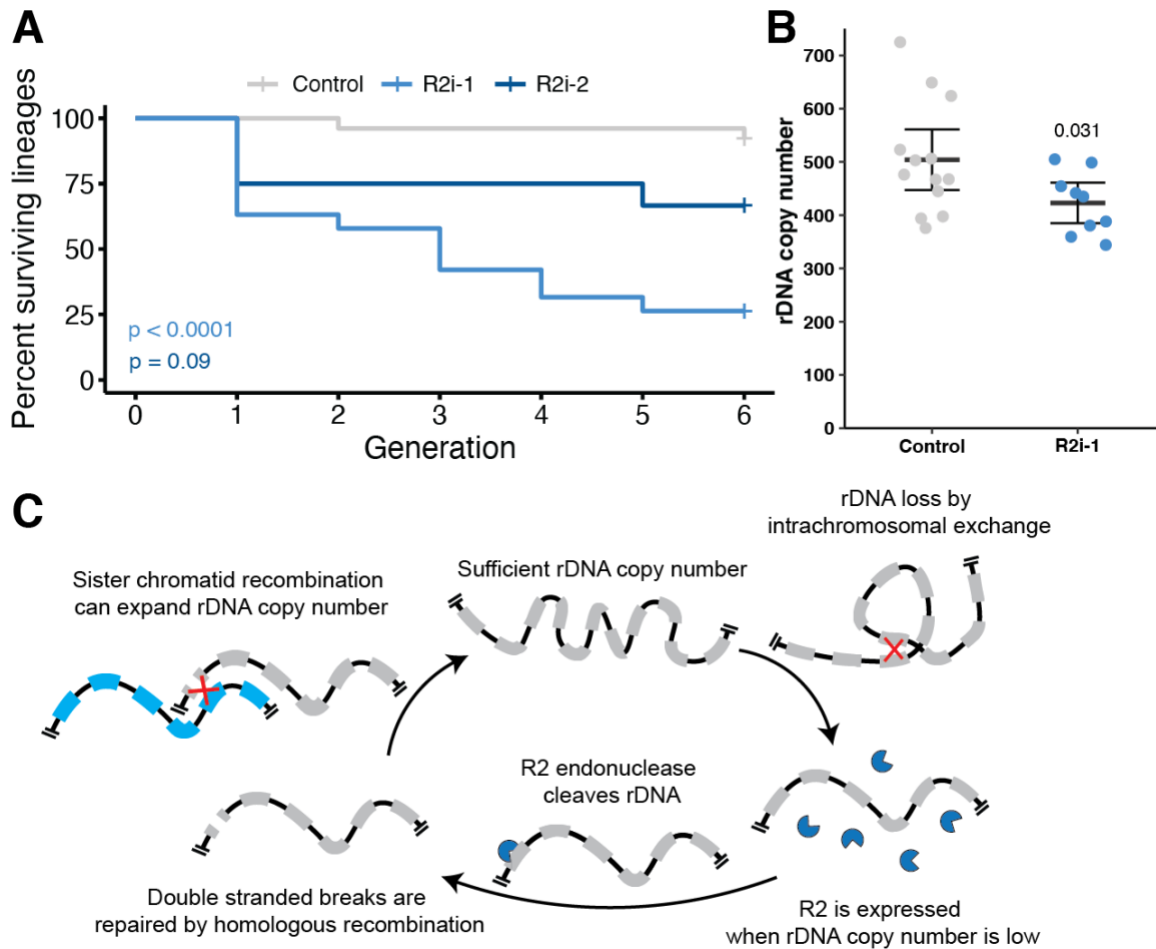
290 Detection of DSBs in the early adult male germline by anti- γ H2Av staining. R2 RNAi expressed

291 under the *nos-gal4* driver. Non-RNAi conditions contain the *nos-gal4* driver alone. GSCs

292 indicated by yellow dotted circle. Blue = DAPI, Green = vasa, Magenta = γ H2Av, white = FasIII.

293 The hub is indicated by *. Scale bar = 10 μ M. **(E)** Percentage of γ H2Av positive GSCs. P-value

294 determined by chi-squared test. Error = 95% CI. **(F-G)** *R2* expression in GSCs (yellow dotted
295 circle). Blue = DAPI, Green = *R2* mRNA. Isolated *R2* channel in F'-G'. The hub is indicated by *.
296 *R2* positive cells GSCs are marked by yellow arrowhead. **(H)** Percentage of *R2* positive GSCs.
297 P-value determined by chi-squared test. Error = 95% CI.



298

299 **Fig 4: R2 is required to maintain rDNA CN and fertility over successive generations. (A)**

300 Kaplan-Meier curve of lineage survival in control (*nos-gal4* driver alone and two *R2* RNAi

301 expressing (via the *nos-gal4* driver) lineages. Each lineage constitutes an individual data point.

302 P-values determined by log rank test. **(B)** rDNA CN determined by ddPCR in males of control

303 animals at the 6th generation or *R2* RNAi lineages at their terminating generation. P-value

304 determined by Student's t-test. Error = 95% CI. **(C)** Model of the role of *R2* in germline rDNA CN

305 maintenance.

306