bioRxiv preprint doi: https://doi.org/10.1101/2021.05.13.444074; this version posted May 15, 2021. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission.

## 1 The role of accelerated growth plate fusion in the absence of SOCS2 on osteoarthritis

2	vulnerability
---	---------------

- 3 Hasmik J. Samvelyan<sup>1,2</sup>, Carmen Huesa<sup>3</sup>, Lucy Cui Lin<sup>4</sup>, Colin Farquharson<sup>4</sup>, Katherine A.
- 4 Staines<sup>1,2\*</sup>
- 5
- <sup>6</sup> <sup>1</sup>School of Pharmacy and Biomolecular Sciences, University of Brighton, Brighton UK
- <sup>2</sup> Centre for Stress and Age-Related Disease, University of Brighton, Brighton, UK
- <sup>8</sup> <sup>3</sup>Institute of Infection, Immunity & Inflammation, College of Medical, Veterinary and Life
- 9 Sciences, University of Glasgow
- <sup>4</sup>The Roslin Institute, The University of Edinburgh, Edinburgh, UK
- 11
- 12
- 13 Corresponding author
- 14 Katherine Ann Staines, University of Brighton, Lewes Road, Brighton BN2 4GJ
- 15 Email: <u>k.staines@brighton.ac.uk</u> Tel: 01273 642 094
- 16 ORCID ID: 0000-0002-8492-9778
- 17
- 18 Key words: osteoarthritis; SOCS2; cartilage; growth plate; bone; growth hormone

- 20
- 21 Summary statement: Deletion of SOCS2 results in accelerated growth plate fusion, however
- 22 this has no effect on osteoarthritis vulnerability.

#### 23 Abstract

24 Osteoarthritis is the most prevalent systemic musculoskeletal disorder characterised by 25 articular cartilage degeneration and subchondral bone (SCB) sclerosis. Here we sought to 26 examine the contribution of accelerated growth to osteoarthritis development using a murine 27 model of excessive longitudinal growth. Suppressor of cytokine signalling 2 (SOCS2) is a 28 negative regulator of growth hormone (GH) signalling, thus mice deficient in SOCS2 (Socs2<sup>-</sup> <sup>/-</sup>) display accelerated bone growth. We examined vulnerability of  $Socs2^{-/-}$  mice to 29 30 osteoarthritis following surgical induction of disease (destabilisation of the medial meniscus 31 (DMM)), and with ageing, by histology and micro-CT. We observed significant increase in 32 number (WT DMM: 532±56; WT sham: 495±45; KO DMM: 169±49; KO sham: 33 187±56; P<0.01) and density (WT DMM: 2.2±0.9; WT sham: 1.2±0.5; KO DMM: 13.0 $\pm$ 0.5; KO sham: 14.4 $\pm$ 0.7) of growth plate bridges in Socs2<sup>-/-</sup> in comparison to wild-34 type (WT). Histological examination of WT and Socs2<sup>-/-</sup> knees revealed articular cartilage 35 36 damage with DMM in comparison to sham (WT DMM:  $3.4\pm0.4$ ; WT sham:  $0.3\pm0.05$ 37 (P<0.05); KO DMM: 3.2±0.8; KO sham: 0.8±0.3). Articular cartilage lesion severity scores (mean and maximum) were similar in WT and  $Socs2^{-/-}$  mice with either DMM, or 38 39 with ageing. Micro-CT analysis revealed significant decreases in SCB thickness, epiphyseal trabecular number and thickness in the medial compartment of Socs2<sup>-/-</sup>, in comparison to WT 40 (P<0.001). DMM had no effect on the SCB thickness in comparison to sham in either 41 42 genotype. Together these data suggest that enhanced GH signalling through SOCS2 deletion 43 accelerates growth plate fusion, however this has no effect on osteoarthritis vulnerability in 44 this model.

45

46

bioRxiv preprint doi: https://doi.org/10.1101/2021.05.13.444074; this version posted May 15, 2021. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission.

#### 48 Introduction

49 Osteoarthritis is the most prevalent systemic musculoskeletal disorder characterised by 50 degeneration of joint articular cartilage, osteophyte formation, subchondral bone plate 51 thickening, synovial proliferation and inflammation. Osteoarthritis has a multifactorial 52 aetiology including ageing, trauma, obesity and heredity. Further, a complex interplay of 53 major molecules and signalling pathways play indispensable roles in osteoarthritis 54 development (Chang et al., 2019; Echtermeyer et al., 2009; Glasson et al., 2005; Saito et al., 55 2010; Wang et al., 2013). Despite this, effective disease-modifying treatments are currently 56 limited.

57 Endochondral ossification is an essential process for longitudinal bone growth. It requires 58 hypertrophic differentiation of chondrocytes characterised by secretion of type X collagen 59 (COL10A1), matrix metalloproteinase-13 (MMP-13) and vascular endothelial growth factor 60 (VEGF), followed by the subsequent degradation and conversion of the cartilage matrix into highly vascularised bone tissue (Kronenberg, 2003; Nagao et al., 2017). Osteoarthritis is 61 62 widely accepted to involve the reversion of chondrocyte behaviour to an earlier 63 developmental-like phenotype, which could drive the disease process. Indeed, re-expression 64 of the type IIA procollagen, a spliced variant of the type II collagen gene (COL2A1) normally expressed in chondroprogenitor cells, in adult osteoarthritic articular chondrocytes 65 indicates reversion of these cells to early developmental-like phenotype (Aigner et al., 1999). 66

67 Consistent with this, we have previously shown the abnormal deployment of a transient 68 chondrocyte phenotype in the joints of a STR/ort mouse (Staines et al., 2016), a murine 69 model for spontaneous osteoarthritis (Samvelyan et al., 2020). Further, we revealed 70 accelerated long bone growth, a wider zone of growth plate proliferative chondrocytes, and 71 widespread COL10A1 and MMP-13 expression beyond the expected hypertrophic zone 72 distribution in these mice, which may underpin their osteoarthritis onset (Staines et al., 2016). However, the precise contribution of accelerated growth to osteoarthritis developmentremains unclear.

75 Suppressor of cytokine signalling 2 (SOCS2), one of the members of the suppressor of 76 cytokine signalling family glycoproteins, is implicated in cancer and disorders of immune system and central nervous system (Cramer et al., 2019; Keating and Nicholson, 2019; 77 78 Letellier and Haan, 2016). SOCS2 has been shown as a primary intracellular suppressor of growth hormone signalling pathway, thus mice deficient in SOCS2 ( $Socs2^{-/-}$ ) display an 79 excessive growth phenotype (Metcalf et al., 2000). Here we use this mouse model of 80 81 accelerated bone growth to understand the association between aberrant growth dynamics and osteoarthritis development. To achieve this, we examined the vulnerability of Socs2<sup>-/-</sup> mice to 82 83 osteoarthritis following surgical induction of disease (destabilisation of the medial meniscus 84 (DMM)), and with ageing, by histology and micro computed tomography (micro-CT).

## 85 Results

# 86 Socs2<sup>-/-</sup> mice exhibit accelerated growth plate fusion

87 In accordance with the known effects of increased growth hormone (GH) signalling on the skeleton, we observed a significant increase in  $Socs2^{-/-}$  body weight in comparison to WT 88 controls in ageing (Socs2<sup>-/-</sup> 51.9g  $\pm$  1.4; WT 32.0g  $\pm$  0.5g; P<0.001), and throughout the 8-89 90 week DMM experiment (Table 1; P<0.001). We next sought to examine growth plate fusion 91 in these mice. We observed a significant increase in the number of growth plate bridges in *Socs2<sup>-/-</sup>* mice in comparison to WT mice at both ages examined (Fig. 1). Specifically, we saw 92 93 a significant increase in growth plate bridge number (Fig. 1A & B; WT DMM:  $532 \pm 56$ ; 94 WT sham:  $495 \pm 45$ ; KO DMM:  $169 \pm 49$ ; KO sham:  $187 \pm 56$ ; P<0.01) and density (Fig. 1A & C; (WT DMM:  $2.2 \pm 0.9$ ; WT sham:  $1.2 \pm 0.5$ ; KO DMM:  $13.0 \pm 0.5$ ; KO 95 sham: 14.4  $\pm$  0.7; P<0.01) in Socs2<sup>-/-</sup> sham and DMM tibiae (16 weeks of age), in 96 97 comparison to WT sham and DMM tibiae (P < 0.01). No differences in growth plate bridges 98 were observed with osteoarthritis intervention in either genotype. Concurrent with this, in

99 aged mice (around 1 year), a significant increase in growth plate bridge number (Fig. 1D &

100 E) and density (Fig. 1D & F) was observed in *Socs2<sup>-/-</sup>* mice in comparison to WT mice (WT:

101 585  $\pm$  70; KO: 1659  $\pm$  91; densities – WT: 8.6  $\pm$  2.2; KO: 21.3  $\pm$  1.4 P<0.001).

102 Socs2 deletion does not exacerbate the development of osteoarthritis in a DMM model

Assessment of cartilage damage in the medial tibia of WT mice revealed an increased 103 104 articular cartilage OARSI score with DMM in comparison to sham (P<0.05; Fig. 2A, C & D). 105 However, no significant differences in the articular cartilage mean and maximum OARSI severity scores were observed between WT and Socs2<sup>-/-</sup> mice (Fig. 2C & 2D). Similarly, 106 whilst osteophytes were observed in both WT and Socs2-1- DMM mice, there was no 107 108 difference between genotypes (Fig. 2B). Micro-CT analysis of the subchondral bone plate revealed a significantly thinner subchondral bone plate in the medial compartment of Socs2<sup>-/-</sup> 109 knee joints, in comparison to WT knee joints (Fig. 3A; SCB Th. WT: 0.15mm  $\pm 0.003$ ; 110 111 KO: 0.11 mm  $\pm$  0.003; P<0.001). DMM had no effect on the subchondral bone plate thickness in comparison to sham in either WT or Socs2<sup>-/-</sup> knee joints (Fig. 3A). Similarly, no 112 113 differences were observed in the subchondral bone % BV/TV between genotypes or 114 osteoarthritis interventions (Fig. 3B). Micro-CT analysis of the epiphyseal trabecular bone 115 also revealed no effect of DMM on % BV/TV (Fig. 3C), however we observed decrease in trabecular number (Fig. 3D; Tb. N. WT:  $12.3 \text{ mm}^{-1} \pm 0.2$ ; KO:  $10.6 \text{ mm}^{-1} \pm 0.2$ ; P<0.001) 116 117 and increase in trabecular thickness (Fig. 3E; Tb. Th. WT: 0.06mm  $\pm$  0.001; KO: 0.07mm  $\pm$ 0.002; P<0.05) in Socs2<sup>-/-</sup> knee joints in comparison to WT knee joints. DMM had no effect 118 on the epiphyseal bone parameters in comparison to sham in either WT or Socs2<sup>-/-</sup> knee joints 119 120 (Fig. 3C - F).

121 Socs2 deletion has no effect on joint ageing

122 To examine the effects of *Socs2* deletion in aged joints, histological examination revealed no 123 differences in the articular cartilage lesion mean and maximum severity scores between aged WT and Socs2<sup>-/-</sup> mice in any of the joint compartments (Figs. 4A, B & 4C). Similar to our 124 previous analysis of DMM treated WT and Socs2<sup>-/-</sup> mice (Fig. 3), micro-CT analysis of the 125 126 subchondral bone revealed thinner subchondral bone plate in the medial compartment of  $Socs2^{-/-}$  knee joints, in comparison to WT knee joints (Fig. 5A; SCB Th. WT: 0.2mm ± 127 128 0.005; KO: 0.1mm  $\pm$  0.004; P<0.001). No differences were observed in the subchondral 129 bone % BV/TV between genotypes (Fig. 5B), however the epiphyseal trabecular BV/TV was 130 decreased in *Socs2*<sup>-/-</sup> knee joints (Fig. 5C; Tb. BV/TV WT: 73.5%  $\pm$  1.5; KO: 64.6%  $\pm$  2.2; 131 P<0.01). No significant differences were observed in trabecular number (Fig. 5D), trabecular thickness (Fig. 5E) or trabecular separation (Fig. 5F) between aged WT and Socs2<sup>-/-</sup> mice. 132

#### 133 Discussion

Here we sought to examine whether altered growth plate dynamics underpin osteoarthritis through examination of osteoarthritis vulnerability in a murine model of accelerated growth (*Socs2<sup>-/-</sup>*). We describe accelerated growth plate fusion in these mice, consistent with their known overgrowth phenotype. However, we found no effect of a surgical intervention or ageing on the articular cartilage or subchondral bone phenotype in these mice. This suggests that in this murine model, aberrant growth dynamics are not associated with vulnerability to osteoarthritis development.

141 It is well established that in osteoarthritis, chondrocytes in the articular cartilage adopt a more 142 transient phenotype, similar to that seen in the growth plate (Pitsillides and Beier, 2011). This 143 raises the question as to whether a greater understanding of the discordant chondrocyte 144 phenotypes may inform on mechanisms underpinning osteoarthritis, and strategies for 145 treatment. Our previous work has shown that in a spontaneous model of osteoarthritis 146 (STR/Ort mouse), there is an association between aberrant growth plate dynamics and 147 osteoarthritis development (Staines et al., 2016). Specifically, we revealed STR/Ort mice 148 show an overgrowth phenotype with enriched growth plate bridging, which was associated 149 with articular cartilage lesions at 18-20 weeks of age (Staines et al., 2016). Further, our 150 previous work on the MRC National Survey of Health and Development revealed modest 151 associations between greater gains in height in childhood, indicative of accelerated growth, 152 and decreased odds of knee osteoarthritis at 53 years (Staines et al., 2020). Together this 153 suggests that the growth rate may play a role in the development of osteoarthritis, although 154 what that role is has yet to be fully defined.

155 SOCS2 is a negative regulator of GH signalling, via inhibition of the Janus kinase/signal 156 transducers and activators of transcription (JAK/STAT) pathway (Pass et al., 2009). Thus, mice deficient in Socs2<sup>-/-</sup> display an excessive growth phenotype (Metcalf et al., 2000). 157 158 Characterisation of their growth phenotype has revealed increased bone growth rates, growth plate widths, and chondrocyte proliferation in  $Socs2^{-/-}$  6 week old mice compared to age-159 matched wild-type mice (Pass et al., 2012). Socs2-/- mice have normal serum levels of GH 160 161 and insulin-like growth factor -1 (IGF-1), and their longitudinal growth phenotype is due to 162 local effects of the GH/IGF-1 axis on the growth plate (Macrae et al., 2009). Consistent with this, we revealed increased numbers and densities of growth plate bridges in  $Socs2^{-/-}$  mice, in 163 164 comparison to WT mice. Growth plate bridges form as the growth slows and undergoes 165 progressive narrowing. They are also known to form upon growth plate injury, thought to be 166 through an intramembranous ossification mechanism (Xian et al., 2004). However, whether 167 growth plate fusion occurs prior to or after the cessation of growth is of significant 168 controversy in the field and has been somewhat overlooked (Parfitt, 2002).

We have previously shown using finite element modelling growth plate bridging to increase stress dissipation in the subchondral bone region of the joint (Madi et al., 2019; Staines et al., 2018). It is therefore surprising that the increased growth plate bridging observed in our

*Socs2<sup>-/-</sup>* mice here had reduced subchondral bone plate and trabecular parameters. Previous 172 studies have examined the Socs2<sup>-/-</sup> bone phenotype with contradictory results. Our previous 173 work has shown that Socs2<sup>-/-</sup> mice have increased bone mass, trabecular number and 174 175 trabecular thickness (Dobie et al., 2018; Macrae et al., 2009). However, others have shown 176 the absence of SOCS2 to induce losses in cortical and trabecular bone mineral density 177 (Lorentzon et al., 2005). These results are not consistent with the expected augmented 178 GH/IGF-1 axis, but are consistent with our findings here and highlight the complexity of this 179 pathway and the need for further studies to elucidate the precise role of SOCS2 signalling in 180 bone homeostasis.

181 Increased GH but reduced IGF-1 concentrations are present in synovial fluid of patients with 182 osteoarthritis (Denko et al., 1996). However, in rodents deficiency of GH and IGF-1 causes 183 an increased severity of osteoarthritic articular cartilage lesions (Ekenstedt et al., 2006). 184 Further, it has previously been shown that *Socs2* mRNA levels are decreased in chondrocytes 185 from osteoarthritic femoral heads (de Andres et al., 2011). Together these data suggest a role 186 for the GH/IGF-1/SOCS2 pathway in the pathology of osteoarthritis. However, our results 187 presented here indicate that there is no effect of SOCS2 deficiency on osteoarthritis 188 vulnerability, and thus highlighting the need to better understand GH/IGF-1 signalling in the 189 aetiology of osteoarthritis. This may be due to the normal serum levels of GH/IGF-1 observed in Socs2<sup>-/-</sup> mice (Macrae et al., 2009). 190

Together, our data show that deletion of SOCS2 leads to accelerated growth plate fusion, but this has no effect on osteoarthritis vulnerability in a surgical model of osteoarthritis. Future studies will determine whether this lack of vulnerability is specific to this model of accelerated longitudinal growth, or whether this is characteristic of osteoarthritis in general.

- 195 Methods
- 196 Animals

Socs2<sup>□/□</sup> mice on a C57/BL6 genetic background were generated as previously described 197 198 (Dobie et al., 2018). For genotyping, tail biopsied DNA was analysed by PCR for Socs2 WT 199 (Forward: TGTTTGACTGAGCTCGCGC, Reverse: CAACTTTAGTGTCTTGGATCT) or (Socs2<sup>-/-</sup>; Forward: ACCCTGCACACTCTCGTTTTG, 200 the neocassette Reverse: 201 CCTCGACTAAACACATGTAAAGC). Mice were kept in polypropylene cages, with 202 light/dark 12-h cycles, at  $21 \pm 2^{\circ}$ C, and fed *ad libitum* with maintenance diet (Special Diet Services, Witham, UK). Ageing studies were completed in 12-13-month-old  $Socs2^{\square/\square}$  (n=6) 203 204 and C57/BL6 wild-type (WT; n=6) male mice (Charles River). Analyses were conducted 205 blindly to minimise the effects of subjective bias. All experimental protocols were approved 206 by Roslin Institute's Animal Users Committee and the animals were maintained in 207 accordance with UK Home Office guidelines for the care and use of laboratory animals.

#### 208 Destabilisation of the medial meniscus (DMM)

Osteoarthritis was induced in 8-week old  $Socs2^{\Box/\Box}$  (n=6) and C57/BL6 WT (n=6) male mice (Charles River) by surgically induced DMM under isoflurane-induced anaesthesia. Following transection of the medial meniscotibial ligament to destabilise the medial meniscus, the left knee joint capsule and skin were closed and anaesthesia reversed. Sham  $\Box$  operated joints were used as controls. After 8 weeks, knee joints were dissected, fixed in 4% paraformaldehyde for 24 hours at 4°C, and then stored in 70% ethanol.

215 Micro-CT analysis

Scans of the right knee joint were performed with an 1172 X-Ray microtomograph (Skyscan, Belgium) to evaluate the subchondral bone. High-resolution scans with voxel size of 5  $\mu$ m were acquired (50 kV, 200 $\mu$ A, 0.5 mm aluminium filter, 0.6° rotation angle). The projection images were reconstructed using NRecon software version 1.6.9.4 (Skyscan, Belgium). Each dataset was rotated in DataViewer (Skysan, Belgium) to ensure similar orientation and alignment for analysis. Hand-drawn regions of interests (ROI) of the subchondral trabecular bone for each femur and tibia lateral/medial compartments was first achieved. Subchondral
bone ROIs was subsequently selected for each compartment. Analysis of subchondral bone
plate thickness and the epiphyseal trabecular bone was achieved using 3D algorithms in
CTAn (Skyscan, Belgium) to provide: subchondral bone plate thickness (SCB Th.; mm);
subchondral bone plate bone volume/tissue volume (SCB BV/TV; %); epiphyseal trabecular
bone volume/tissue volume (Tb. BV/TV; %); trabecular number (Tb. N.; mm<sup>-1</sup>); trabecular
thickness (Tb. Th.; mm) and trabecular separation (Tb. Sp.; mm).

# 229 Growth plate bridging analysis

230 Growth plate bridging analysis was conducted using a 3D micro-CT quantification method as 231 previously described (Madi et al., 2019; Staines et al., 2018). Briefly, micro-CT scans of the 232 tibiae were segmented using a region-growing algorithm within the Avizo® (V8.0, VSG, 233 Burlington, VT, USA) software. The central points of all bony bridges were identified and 234 projected on the tibial joint surface. The distribution of the areal number density of bridges 235 (N, the number of bridges per 256  $\mu$ m × 256  $\mu$ m window) is then calculated and 236 superimposed on the tibial joint surface (each bridge has a colour that represents the areal 237 number density at the bridge location).

#### 238 Histological analysis

239 Murine left knee joints were decalcified, wax-embedded and 6µm coronal sections cut. For 240 assessment of osteoarthritis severity, multiple sections (>5/slide) from 120µm intervals across 241 the whole joint were stained with Toluidine blue (0.4% in 0.1 M acetate buffer, pH 4). 242 Articular cartilage damage was assessed in the medial tibia using the well-established OARSI 243 grading scale, with scores averaged (Glasson et al., 2010). Osteophytes were also scored 244 where 0 = none; 1 = formation of cartilage-like tissue; 2 = increase in cartilaginous matrix; 3 245 = endochondral ossification (Nagira et al., 2020). Scoring was conducted blindly with by two 246 observers.

#### 247 Statistical analysis

248	All analyses were performed with GraphPad Prism software 6.0f version (GraphPad Inc, La
249	Jolla, CA, USA). The results were presented as the mean $\pm$ standard error of the mean (SEM).
250	Normal distribution of data was assessed using the Shapiro-Wilk normality test. For the
251	growth plate bridging and micro-CT analysis, two-way ANOVA with Bonferroni adjustments
252	for multiple comparisons were used. For articular cartilage damage, the Kruskal-Wallis one-
253	way ANOVA was used for DMM studies, and the Mann-Whitney U test for ageing studies.
254	The significance was set at P<0.05.
255	Acknowledgements
256	The authors would like to thank Dr Blandine Poulet of University of Liverpool, Institute of
257	Ageing and Chronic Disease for her guidance in experimental techniques and insightful

258 discussions throughout preparation.

#### 259 Competing interests

260 No competing interests declared

#### 261 Funding

262 This work was supported by the Medical Research Council [MR/R022240/2] and a

263 University of Brighton Rising Star Award, both to KS. CF was supported by the

- 264 Biotechnology and Biological Sciences Research Council (BBSRC) via an Institute Strategic
- 265 Programme Grant (BB/J004316/1).

## 266 Data availability

267 Data are available upon reasonable request to the corresponding author.

# 268 Author contributions

269	Conception and design of the study: KAS, CF, HJS. Acquisition of data: HJS, KAS, CH,
270	LCL. Drafting the manuscript: HJS, KAS. Revising the manuscript and final approval, and
271	agreement to be accountable for all aspects of the work: all authors.
272	References
273 274 275	Aigner, T., Zhu, Y., Chansky, H. H., Matsen, F. A., Maloney, W. J. and Sandell, L. J. (1999). Reexpression of type IIA procollagen by adult articular chondrocytes in osteoarthritic cartilage. <i>Arthritis and Rheumatism</i> 42, 1443–1450.
276 277	Aspden, R. M. and Saunders, F. R. (2019). Osteoarthritis as an organ disease: From the cradle to the grave. <i>European Cells and Materials</i> 37, 74–87.
278 279 280 281 282	<ul> <li>Baird, D. A., Paternoster, L., Gregory, J. S., Faber, B. G., Saunders, F. R., Giuraniuc, C. V., Barr, R. J., Lawlor, D. A., Aspden, R. M. and Tobias, J. H. (2018).</li> <li>Investigation of the Relationship Between Susceptibility Loci for Hip Osteoarthritis and Dual X-Ray Absorptiometry–Derived Hip Shape in a Population-Based Cohort of Perimenopausal Women. <i>Arthritis and Rheumatology</i> 70, 1984–1993.</li> </ul>
283 284 285 286	<ul> <li>Baird, D. A., Evans, D. S., Kamanu, F. K., Gregory, J. S., Saunders, F. R., Giuraniuc, C.</li> <li>V., Barr, R. J., Aspden, R. M., Jenkins, D., Kiel, D. P., et al. (2019). Identification of Novel Loci Associated With Hip Shape: A Meta-Analysis of Genomewide Association Studies. <i>Journal of Bone and Mineral Research</i> 34, 241–251.</li> </ul>
287 288 289 290	Chang, S. H., Mori, D., Kobayashi, H., Mori, Y., Nakamoto, H., Okada, K., Taniguchi, Y., Sugita, S., Yano, F., Chung, U. il, et al. (2019). Excessive mechanical loading promotes osteoarthritis through the gremlin-1–NF-κB pathway. <i>Nature Communications</i> 10, 1–5.
291 292 293 294	Cramer, A., De Lima Oliveira, B. C., Leite, P. G., Rodrigues, D. H., Brant, F., Esper, L., Pimentel, P. M. O., Rezende, R. M., Rachid, M. A., Teixeira, A. L., et al. (2019). Role of SOCS2 in the Regulation of Immune Response and Development of the Experimental Autoimmune Encephalomyelitis. <i>Mediators of Inflammation</i> 2019,.
295 296 297 298	<ul> <li>de Andres, M. C., Imagawa, K., Hashimoto, K., Gonzalez, A., Goldring, M. B., Roach, H. I. and Oreffo, R. O. C. (2011). Suppressors of cytokine signalling (SOCS) are reduced in osteoarthritis. <i>Biochemical and Biophysical Research Communications</i> 407, 54–59.</li> </ul>
299 300 301	<b>Denko, B. Y. C. W., Boja, B. and Moskowitz, R. W.</b> (1996). Growth factors, insulin-like growth factor-1 and growth hormone, in s y n o v i a l fluid a n d s e r u m o f p a t i e n t s with r h e u m a t i c d i s o r d e r s. 245–249.

302 303 304	<b>Dobie, R., MacRae, V. E., Pass, C., E.M., M., S.F., A. and C., F.</b> (2018). Suppressor of cytokine signaling 2 (Socs2) deletion protects bone health of mice with DSS-induced inflammatory bowel disease. <i>DMM Disease Models and Mechanisms</i> <b>11</b> ,.
305 306 307 308	Echtermeyer, F., Bertrand, J., Dreier, R., Meinecke, I., Neugebauer, K., Fuerst, M., Lee, Y. J., Song, Y. W., Herzog, C., Theilmeier, G., et al. (2009). Syndecan-4 regulates ADAMTS-5 activation and cartilage breakdown in osteoarthritis. <i>Nature Medicine</i> 15, 1072–1076.
309 310 311	Ekenstedt, K. J., Sonntag, W. E., Loeser, R. F., Lindgren, B. R. and Carlson, C. S. (2006). Effects of chronic growth hormone and insulin-like growth factor 1 deficiency on osteoarthritis severity in rat knee joints. <i>Arthritis and Rheumatism</i> <b>54</b> , 3850–3858.
312 313 314	<ul> <li>Glasson, S. S., Askew, R., Sheppard, B., Carito, B., Blanchet, T., Ma, H. L., Flannery, C.</li> <li>R., Peluso, D., Kanki, K., Yang, Z., et al. (2005). Deletion of active ADAMTS5 prevents cartilage degradation in a murine model of osteoarthritis. <i>Nature</i> 434, 644–648.</li> </ul>
315 316 317	<b>Glasson, S. S., Chambers, M. G., Van Den Berg, W. B. and Little, C. B.</b> (2010). The OARSI histopathology initiative – recommendations for histological assessments of osteoarthritis in the mouse. <i>Osteoarthritis and Cartilage</i> <b>18</b> , S17–S23.
318 319	Keating, N. and Nicholson, S. E. (2019). SOCS-mediated immunomodulation of natural killer cells. <i>Cytokine</i> <b>118</b> , 64–70.
320 321	<b>Kronenberg, H. M.</b> (2003). Developmental regulation of the growth plate. <i>Nature</i> <b>423</b> , 332–336.
322 323	Letellier, E. and Haan, S. (2016). SOCS2 : physiological and pathological functions 3. BIOLOGICAL FUNCTIONS OF SOCS2. <i>Frontiers in Bioscience</i> 189–204.
324 325 326	Lorentzon, M., Greenhalgh, C. J., Mohan, S., Alexander, W. S. and Ohlsson, C. (2005). Reduced bone mineral density in SOCS-2-deficient mice. <i>Pediatric Research</i> <b>57</b> , 223–226.
327 328 329 330	Macrae, V. E., Horvat, S., Pells, S. C., Dale, H., Collinson, R. S., Pitsillides, A. A., Ahmed, S. F. and Farquharson, C. (2009). Increased bone mass, altered trabecular architecture and modified growth plate organization in the growing skeleton of SOCS2 deficient mice. <i>Journal of Cellular Physiology</i> <b>218</b> , 276–284.
331 332 333 334	<ul> <li>Madi, K., Staines, K. A., Bay, B. K., Javaheri, B., Geng, H., Bodey, A. J., Cartmell, S., Pitsillides, A. A. and Lee, P. D. (2019). In situ characterization of nanoscale strains in loaded whole joints via synchrotron X-ray tomography. <i>Nature Biomedical Engineering</i> 4, 343–354.</li> </ul>
335 336 337	<ul> <li>Metcalf, D., Greenhalgh, C. J., Viney, E., Wilison, T. A., Starr, R., Nicola, N. A., Hilton,</li> <li>D. J. and Alexander, W. S. (2000). Gigantism in mice lacking suppressor of cytokine signalling-2. <i>Nature</i> 405, 1069–1073.</li> </ul>

338 Nagao, M., Hamilton, J. L., Kc, R., Berendsen, A. D., Duan, X., Cheong, C. W., Li, X., 339 Im, H. J. and Olsen, B. R. (2017). Vascular Endothelial Growth Factor in Cartilage Development and Osteoarthritis. Scientific Reports 7, 1-16. 340 341 Nagira, K., Ikuta, Y., Shinohara, M., Sanada, Y., Omoto, T., Kanaya, H., Nakasa, T., Ishikawa, M., Adachi, N., Miyaki, S., et al. (2020). Histological scoring system for 342 343 subchondral bone changes in murine models of joint aging and osteoarthritis. Scientific 344 *Reports* **10**, 10077. 345 Parfitt, A. M. (2002). Misconceptions (1): Epiphyseal fusion causes cessation of growth. Bone 30, 337-339. 346 347 Pass, C., MacRae, V. E., Ahmed, S. F. and Farguharson, C. (2009). Inflammatory 348 cytokines and the GH/IGF-I axis: Novel actions on bone growth. Cell Biochemistry and Function 27, 119–127. 349 Pass, C., MacRae, V. E., Huesa, C., Faisal Ahmed, S. and Farquharson, C. (2012). 350 SOCS2 is the critical regulator of GH action in murine growth plate chondrogenesis. 351 Journal of Bone and Mineral Research 27, 1055–1066. 352 353 Pitsillides, A. A. and Beier, F. (2011). Cartilage biology in osteoarthritis - Lessons from 354 developmental biology. Nature Reviews Rheumatology 7, 654-663. Saito, T., Fukai, A., Mabuchi, A., Ikeda, T., Yano, F., Ohba, S., Nishida, N., Akune, T., 355 356 Yoshimura, N., Nakagawa, T., et al. (2010). Transcriptional regulation of endochondral ossification by HIF-2 $\alpha$  during skeletal growth and osteoarthritis 357 358 development. Nature Medicine 16, 678-686. 359 Samvelyan, H. J., Hughes, D., Stevens, C. and Staines, K. A. (2020). Models of 360 Osteoarthritis: Relevance and New Insights. Calcified Tissue International. 361 Staines, K. A., Madi, K., Mirczuk, S. M., Parker, S., Burleigh, A., Poulet, B., Hopkinson, 362 M., Bodey, A. J., Fowkes, R. C., Farquharson, C., et al. (2016). Endochondral Growth Defect and Deployment of Transient Chondrocyte Behaviors Underlie 363 364 Osteoarthritis Onset in a Natural Murine Model. Arthritis and Rheumatology 68, 880-365 891. Staines, K. A., Madi, K., Javaheri, B., Lee, P. D. and Pitsillides, A. A. (2018). A 366 367 computed microtomography method for understanding epiphyseal growth plate fusion. 368 Frontiers in Materials 4,. 369 Staines, K. A., Hardy, R. J., Samvelyan, H. J., Ward, K. A. and Cooper, R. (2020). Life course longitudinal growth and risk of knee osteoarthritis at age 53 years: evidence from 370 371 the 1946 British birth cohort study. 372 Wang, M., Sampson, E. R., Jin, H., Li, J., Ke, Q. H., Im, H. J. and Chen, D. (2013). MMP13 is a critical target gene during the progression of osteoarthritis. Arthritis 373 374 *Research and Therapy* **15**, 1–11.

Xian, C. J., Zhou, F. H., McCarty, R. C. and Foster, B. K. (2004). Intramembranous
 ossification mechanism for bone bridge formation at the growth plate cartilage injury
 site. *Journal of Orthopaedic Research* 22, 417–426.

378

# **Figure 1. Socs2 deficient mice exhibit accelerated growth plate fusion mechanisms. (A)**

Location and areal densities of bridges across the growth plate projected on the medial (M) 380 and lateral (L) tibial joint surface in WT and Socs2<sup>-/-</sup> (KO) DMM and sham operated joints. 381 382 (B) Number of bridges. (C) Areal density (d) of bridges defined as the number of bridges per 383 256 mm x 256 mm window. (D) Location and areal densities of bridges across the growth plate projected on the medial (M) and lateral (L) tibial joint surface in aged WT and Socs2<sup>-/-</sup> 384 385 (KO) mice. (E) Number of bridges (F) Areal density (d) of bridges defined as the number of 386 bridges per 256 mm x 256 mm window. Data are presented as mean  $\pm$  SEM and showing 387 individual animals. Statistical test performed: Two-way ANOVA with Bonferroni 388 adjustments for multiple comparisons within each joint compartment. \* p < 0.05 \*\* p < 0.01\*\*\* p<0.001 389

#### 390 Figure 2. Deletion of Socs2 does not prevent osteoarthritic articular cartilage lesions in a

**surgical model of osteoarthritis. (A)** Toluidine blue stained sections of the knee joint of WT

and  $Socs2^{-/-}$  (KO) mice showing development of articular cartilage lesions in the medial tibia.

393 (B) Osteophyte severity score (C) Mean articular cartilage damage OARSI score and (D)

394 Maximum articular cartilage damage OARSI score in WT sham (n = 3), WT DMM (n = 6),

395 KO sham (n = 6) and KO DMM (n = 6). Scale bar = 0.05mm. Data are presented as mean  $\pm$ 

396 SEM and showing individual animals. Statistical test performed: Kruskal-Wallis one-way397 ANOVA.

Figure 3. Socs2 deficient mice exhibit decreased subchondral bone plate and trabecular
 number, irrespective of DMM surgically induced osteoarthritis. Micro-CT analysis of the

400 medial and lateral tibial (**A**) Subchondral bone plate (SCB) thickness (mm) (**B**) SCB bone 401 volume/tissue volume (BV/TV; %) (**C**) Epiphyseal trabecular BV/TV (%) (**D**) Epiphyseal 402 trabecular number (mm<sup>-1</sup>) (**E**) Epiphyseal trabecular thickness (mm) (**F**) Epiphyseal 403 trabecular separation (mm) in WT and Socs2<sup>-/-</sup> (KO) mice with DMM or sham surgery 404 (n=6/group). Data are presented as mean  $\pm$  SEM and showing individual animal data. 405 Statistical test performed: Two-way ANOVA with Bonferroni adjustments for multiple 406 comparisons. \*P<0.05; \*\*\*P<0.001.

Figure 4. Deletion of Socs2 does not prevent osteoarthritic articular cartilage lesions with ageing. (A) Toluidine blue stained sections of the knee joint of WT and Socs2<sup>-/-</sup> (KO) mice showing development of articular cartilage lesions in the medial tibia. (B) Mean articular cartilage damage OARSI score across the knee joint and (C) Maximum articular cartilage damage OARSI score between WT (n=5) and KO (n=6) mice with ageing, in the medial tibia of the knee joint. Scale bar = 0.05mm. Data are presented as mean  $\pm$  SEM and showing individual animal data. Statistical test performed: Mann-Whitney U test.

# 414 Figure 5. Aged Socs2 deficient mice exhibit decreased subchondral bone plate thickness.

415 Micro-CT analysis of the medial and lateral tibial (**A**) Subchondral bone plate (SCB) 416 thickness (mm) (**B**) SCB bone volume/tissue volume (BV/TV; %) (**C**) Epiphyseal trabecular 417 BV/TV (%) (**D**) Epiphyseal trabecular number (mm<sup>-1</sup>) (**E**) Epiphyseal trabecular thickness 418 (mm) (**F**) Epiphyseal trabecular separation (mm) in aged WT and Socs2<sup>-/-</sup> (KO) mice 419 (n=6/group). Data are presented as mean  $\pm$  SEM and showing individual animals. Statistical 420 test performed: Two-way ANOVA with Bonferroni adjustments for multiple comparisons. 421 \*P<0.05; \*\*\*P<0.001.

Weight (g)

<sup>Table 1: Weights of wild type (WT) and Socs2<sup>-/-</sup> (KO) mice during 8-week post-DMM
experimental timeline.</sup> 

bioRxiv preprint doi: https://doi.org/10.1101/2021.05.13.444074; this version posted May 15, 2021. The copyright holder for this preprint (which was not certified by peer review) is the author/funder. All rights reserved. No reuse allowed without permission.

Week	0	1	2	3	4	5	6	7	8
WT sham	$23.2\pm0.4$	$22.2\pm1.0$	$24.0\pm0.4$	$25.6\pm0.5$	$26.4\pm0.7$	$27.0\pm0.7$	$27.6\pm0.8$	$28.2\pm0.8$	$29.0\pm0.7$
WT DMM	$22.4 \pm 0.3$	$21.8\pm0.3$	$23.0\pm0.3$	$24.0\pm0.4$	$24.5\pm0.3$	$24.9\pm0.3$	$25.6\pm0.4$	$25.7\pm0.3$	$26.5\pm0.3$
KO sham	$32.3 \pm 1.2$	$33.6\pm0.9$	$34.8 \pm 1.1$	$35.0 \pm 1.0$	$36.4 \pm 1.1$	$38.1 \pm 1.3$	$38.7\pm0.9$	$39.0 \pm 0.9$	$40.4\pm0.9$
KO DMM	$31.3 \pm 0.8$	$33.0\pm0.7$	$33.7 \pm 0.7$	$34.9 \pm 1.0$	$35.8 \pm 1.0$	$39.8 \pm 0.6$	$38.3 \pm 1.1$	$38.9 \pm 1.1$	$40.3\pm1.0$
424									









