

1 **Dysfunctional TRPM8 signalling in the vascular** 2 **response to environmental cold in ageing.**

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38 Abstract

39 Ageing is associated with increased vulnerability to environmental cold exposure. Previously,
40 we identified the role of the cold-sensitive transient receptor potential (TRP) A1, M8 receptors
41 as vascular cold sensors in mouse skin. We hypothesised that this dynamic cold-sensor
42 system may become dysfunctional in ageing. We show that behavioural and vascular
43 responses to skin local environmental cooling are impaired with even moderate ageing, with
44 reduced TRPM8 gene/protein expression especially. Pharmacological blockade of the
45 residual TRPA1/TRPM8 component substantially diminished the response in aged, compared
46 with young mice. This implies the reliance of the already reduced cold-induced vascular
47 response in ageing mice on remaining TRP receptor activity. Moreover, sympathetic-induced
48 vasoconstriction was reduced with downregulation of the α_{2c} adrenoceptor receptor in ageing.
49 The cold-induced vascular response is important for sensing cold and retaining body heat and
50 health. These findings reveal that cold sensors, essential for this neurovascular pathway,
51 decline as ageing onsets.

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53 Introduction

54 Upon exposure to cold, depending on the type and intensity, several counterbalancing
55 responses are produced, such as the behavioural response of shivering thermogenesis
56 involving skeletal muscle, or biochemical responses such as non-shivering thermogenesis in
57 brown adipose tissue (BAT) and peripheral vasoconstriction in skin (Señaris et al., 2018,
58 Morrison, Shaun F., Nakamura, 2011, Morrison, S. F., Nakamura, 2019). To produce such
59 responses, thermo-sensors in the form of temperature sensitive sensory receptors are
60 distributed throughout the skin and are considered to work as a first line of defence against
61 cold, which makes peripheral cutaneous responses a fundamental event in the defence
62 against environmental thermal challenge. The sensory receptors in the skin initiate the
63 vascular cold constrictor response which acts to protect against body heat loss and prevent
64 hypothermia. This response is followed by the subsequent vasodilation, a restorative response
65 that is essential to protect the affected skin against cold-induced conditions, such as chilblains,
66 trench foot, frostbite, and Raynaud's condition (Daanen, van der Struijs, Norbert R., 2005,
67 Keatinge, 1957, Lewis, 1930). It is a finely tuned well balanced response that maintains cellular
68 function and physiological homeostasis during cold exposure. Whilst this response is relevant
69 to all ages, physiological changes in ageing leads to dysfunctional signalling which causes a
70 reduced adaptation to cold exposure (Guergova, Dufour, 2011). With the lack of physical
71 activity in the elderly population, it exacerbates the fall in core body temperature which can
72 cause fatal cardiovascular and respiratory problems (Billeter et al., 2014, Stares, Kosatsky,
73 2015). This is normally the biggest cause behind the NHS excess winter deaths that we
74 witness every year, where in 2018 it caused approximately 11,000 deaths linked to cold
75 exposure in England (Office for National Statistics, 2019).

76 We have previously delineated the primary roles of transient receptor potential (TRP) channels
77 in producing a distinctive biphasic vascular response to cold in the mouse paw consisting of a
78 TRP ankyrin 1 (TRPA1)/ melastatin 8 (TRPM8)-initiated sympathetic α_{2c} adrenoceptor
79 mediated neuronal vasoconstriction and a distinct TRPA1-CGRP mediated sensory-
80 vasodilator component (Aubdool et al., 2016). TRPA1 is a biomolecular sensor for noxious
81 cold ($<18^{\circ}\text{C}$), mediating aversive behaviour such as avoiding cold-induced pain, whilst also
82 being involved in mediating inflammatory pain (Kwan et al., 2006, Nassini et al., 2014, Jain et
83 al., 2011, Gouin et al., 2017). Additionally, it activates C and A δ sensory nerves to release
84 neuropeptides such as CGRP to mediate neurogenic vasodilation (Aubdool et al., 2016, Story
85 et al., 2003, Gentry et al., 2010). TRPM8 is sensitive to cool temperatures ($<28^{\circ}\text{C}$) (McKemy,
86 Neuhausser & Julius, 2002, Peier et al., 2002). It is involved in deep body cooling and
87 suggested to supersede the role of TRPA1 (Gavva et al., 2012). TRPM8 is also suggested to

88 be a vasoactive stimulus (Bautista et al., 2007, Johnson et al., 2005, Silva et al., 2019). The
89 other established receptor that plays a pivotal role in cold signalling is the sympathetic α_{2c}
90 adrenoceptor, which mediates the vasoconstriction of the blood vessels (Bailey et al., 2004).
91 Whilst the sympathetic branch that is involved in the vasoconstrictor component of the cold
92 response has been shown to have reduced activity in ageing humans (Holowatz, Thompson-
93 Torgerson & Kenney, 2010, Degroot, Kenney, 2007), little is known about the functionality of
94 the cold receptors TRPA1 and TRPM8 in ageing. In the current study we hypothesize that
95 signalling via the cold receptors TRPA1 and TRPM8 deteriorates with ageing which causes
96 an impaired vascular response to the cold.

97 The primary objective of this study is to investigate the cutaneous vascular response to cold
98 in ageing, focusing on the activity of cold TRP receptors; TRPA1 and TRPM8. As sympathetic-
99 sensory neuronal signalling is key for the cutaneous vascular cold response in ageing, we also
100 searched for evidence of dysfunction within these systems. Here using *in vivo*, *ex vivo*,
101 genetic, and pharmacological approaches we show that TRPA1 and TRPM8 signalling
102 declines with ageing which affects the sensing as well as functional pathways involved in cold
103 signalling; all of which contribute to the impaired cold vascular response. Additionally, we
104 provide evidence that the α_{2c} adrenoceptor as well as the TRPM8 receptor both play critical
105 roles to influence this outcome, as the expression of both diminishes significantly in ageing
106 which impacts the vascular response to cold. These important findings establish the dynamic
107 role of cold sensitive TRP receptors and sympathetic receptors in the cutaneous vascular
108 response to the cold as ageing occurs.

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110 Results

111 **Cold-induced vascular response is impaired in ageing.** We analysed the cold induced vascular
112 response in WT CD1 females (Young: 2-3 months, Aged: 13-15 months) with full-field laser
113 speckle imager (FLPI) using the cold water immersion model (Fig 1a) developed in our
114 laboratory (Aubdool et al., 2014, Pan et al., 2018). After the baseline blood flow was measured
115 for 5 min, the ipsilateral hindpaw was immersed in cold water at 4°C, a temperature that
116 produces a robust vascular response, for 5 min and blood flow was then recorded for another
117 30 min. The cold treatment produced a typical vascular response of rapid vasoconstriction
118 followed by a prolonged recovery vasodilator response in both young and aged mice (Fig 1b-
119 c, Supplementary Fig 1a). In young mice, the cold treatment produced a maximum
120 vasoconstriction of $51.1 \pm 1.176\%$, however, in aged mice this was significantly blunted with
121 maximum vasoconstriction of $27.7 \pm 2.976\%$ (Fig 1d). These changes were reflected in the
122 area under the response curve (AUC) analysis with a significantly greater response in young
123 than aged mice (Fig 1e). The result was extended by measurement of the blood flow recovery
124 after the cold treatment. Although blood flow did not fully recover back to the baseline, the
125 initial rate of recovery immediately after maximum vasoconstriction before it slowly plateaued
126 off was significantly faster in the young mice compared to the aged mice (Fig 1f). These results
127 suggest that with ageing the cold induced vascular response starts to diminish, which affects
128 both parts of the vascular response. We were surprised that these changes were observed
129 with moderately aged mice, equivalent to middle aged in human terms (Dutta, Sengupta,
130 2016). However, at this age there is a clear evidence of elevated gene expression in DRG and
131 skin of senescence markers associated with ageing, p16 and p21, (Fig 1g-h) also confirmed
132 by western blotting (Fig 1i).

133 To extend our mechanistic understanding, we also used a laser Doppler imager (VMS-LDF),
134 in addition to FLPI, which simultaneously measures the blood flow, skin temperature and
135 tissue oxygen saturation level at a single point, to investigate the vascular response to cold.
136 Similar to the results obtained using the FLPI, the environmental cold water treatment
137 produced an impaired vascular response in the paws of aged mice compared to the young

138 mice (Fig 2a). In young mice, the cold treatment produced a maximum vasoconstriction of
139 $45.5 \pm 2.952\%$, however in aged mice this was significantly lower with a maximum
140 vasoconstriction of $23.4 \pm 4.678\%$, a result which was reflected in AUC analysis (Fig 2b-c).
141 There was a trend of greater reduction in skin temperature of aged mice after the cold water
142 treatment; however, the aged mice had a significantly higher skin temperature at baseline,
143 suggesting they were losing more body heat and consistent with the fact that the ability to
144 maintain core body temperature declines with ageing (Fig 2d-f). The tissue oxygen saturation
145 level underwent a similar reduction in both young and aged mice after the cold exposure (Fig
146 2g-h) but recovered more robustly in the young mice compared to the aged mice as shown by
147 AUC analysis (Fig 2i). We also found evidence of increased cellular stress as protein
148 expression of 3-nitrotyrosine, a biomarker of oxidative stress produced via reactive nitrogen
149 species was elevated in aged hindpaw skin (Supplementary Fig 2), in keeping with
150 physiological ageing. These results from two distinct techniques confirm our finding that the
151 cold induced vascular response starts to diminish with ageing.

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153 **Cold sensitivity is impaired in ageing.** To learn if cold sensitivity had altered with ageing, we
154 examined the functionality of TRPA1 and TRPM8 channels in behavioural studies using a cold
155 plate set at 4°C, 10°C, and 20°C, within the activation range of TRPA1 and TRPM8 receptors
156 (Dhaka et al., 2007, Kwan et al., 2006). At all three cool/cold temperatures, the aged mice
157 showed a significant delayed latency for paw licking/paw withdrawal/jumping compared to the
158 young mice, suggesting impaired cold sensing in aged mice (Fig 3a-c), but with little difference
159 in the total number of responses observed among groups (Fig d-f). When the test was
160 performed at 30°C, a temperature outside the activation range of TRPA1 and TRPM8, we
161 observed no delayed latency in response time, although the total number of responses was
162 significantly lower in the aged mice (Fig 3g-h). These results indicate that there is a reduction
163 in sensitivity to cold with ageing at temperatures at which the cold sensors TRPA1 and TRPM8
164 are active; thus leading us to hypothesise that at least one cold-sensitive TRP pathway
165 deteriorates with ageing. Of note, the largest difference in response time between young and
166 aged mice was observed at 20°C, in keeping with the TRPM8 activation range (Fig 3i).

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168 **The cold-induced vascular response remains dependent on TRPA1 but not TRPM8 in ageing.**
169 To investigate the role of TRPA1 and TRPM8 in the local cold water immersion test; we
170 measured the cold-induced vascular response in the presence of the TRPA1 antagonist
171 A967079 (100 mg kg⁻¹ i.p.) and TRPM8 antagonist AMTB (10 mg kg⁻¹ i.p.), a combination
172 previously shown by us to inhibit the cold induced vascular response (Pan et al., 2018). The
173 combined pre-treatment of A967079 and AMTB partially but significantly inhibited the
174 vasoconstriction in young mice. By comparison, this treatment regime produced a more
175 substantial inhibition of vascular responses induced by cold in the aged mice (Fig 4a, 4d). This
176 result reveals that the role of TRP receptors in the cold-induced vascular response remains
177 and suggests as ageing occurs the TRP-mediated signalling may become more important.
178 Next, we performed the cold water immersion test in the presence of either A967079 or AMTB.
179 The A967079 treatment produced a similar effect to the combined antagonist treatment of
180 A967079+AMTB, where the antagonist was more effective in aged than in the young mice (Fig
181 4b, Fig 4e). By comparison, the AMTB treatment inhibited the response in young mice, but
182 had no significant effect in the vascular response to cold (Fig 4c, 4f) in aged mice. This
183 provides further evidence that as ageing occurs, TRPM8 loses its ability to respond to local
184 cold treatment. Next, we examined the expression of TRPA1 and TRPM8 in DRGs of young
185 and aged mice. RT-PCR analysis of DRG showed similar level of TRPA1 mRNA in both young
186 and aged mice (Fig 4g). However, the level of TRPM8 mRNA was significantly reduced in the
187 aged compared to the young mice (Fig 4h), as was its protein expression when analysed by
188 western blot (Fig 4i).

189 **TRPA1 and TRPM8 vasodilator signalling is impaired in ageing.** Thus far we had gained
190 multiple evidence that TRPM8 activity is impaired in vascular signalling in ageing, with some
191 evidence for a reduction in TRPA1 activity. To build on these findings, we examined the
192 vasoactive effect of TRPA1 and TRPM8 agonists that are commonly associated with sensory
193 nerves. The topical application of cinnamaldehyde (CA) and menthol on mouse skin have
194 previously been shown to mediate vasodilation via TRPA1 and TRPM8 channels respectively
195 (Craighead et al., 2017, Aubdool et al., 2016). The topical application of menthol (10%) to the
196 ear caused increased blood flow in young mice, which was significantly lower in the aged mice
197 (Fig 5a), as shown by the maximum increase in blood flow (Fig 5b). The AUC analysis of blood
198 flow showed significant increase with menthol treatment compared to vehicle in young mice
199 but not in aged mice (Fig 5c). Similarly, cinnamaldehyde (CA, 10%) application also increased
200 blood flow in young mice, however, this increase was significantly lower in aged mice (Fig 5d-
201 e, Supplementary Fig 3a-b). The AUC analysis showed a significant increase in blood flow
202 with CA treatment compared to vehicle in young mice but not in aged mice (Fig 5f). These
203 findings suggest that the TRPA1 and TRPM8-mediated vasoactive activity starts to deteriorate
204 in moderate ageing, and it is not exclusive to cold signalling. To build on this concept, we
205 examined whether the activity of another prominent TRP receptor, TRPV1, is also impaired
206 with ageing. To probe this, we studied capsaicin-induced increase in ear blood flow (Grant et
207 al., 2005). The topical application of 10% capsaicin produced a similar increase in ear blood
208 flow in both young and aged mice (Fig 5g-i) indicating, unlike the TRPA1 and TRPM8
209 signalling, the TRPV1 signalling does not deteriorate with ageing.

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211 **Dysfunction in sympathetic signalling contributes to impaired cold response in ageing.** In
212 comparison to the sensory system, the importance of sympathetic nerves in mediating the
213 vascular smooth muscle constriction in the cold response is well established (Bailey et al.,
214 2004, Smith et al., 2004). To understand whether there is modulation of this pathway as ageing
215 progresses, we examined the sympathetic-mediated vasoconstriction. The response to the
216 intraplantar injection of the non-selective and endogenous sympathetic neurotransmitter
217 noradrenaline (NA) revealed a significantly greater reduction of blood flow in young mice
218 compared to aged mice (Fig 6a-b). Knowing that the α_{2c} adrenoceptor is essential for cold
219 induced vasoconstriction (Aubdool et al., 2014, Bailey et al., 2004, Honda et al., 2007), we
220 then proceeded to investigate the effect of the selective α_2 adrenoceptor agonist
221 medetomidine, in hindpaw blood flow. Medetomidine caused immediate vasoconstriction as
222 expected, but the response was blunted in aged mice compared to young mice (Fig 6c-d).
223 These results recapitulate previous findings that suggest a defect also in sympathetic
224 signalling in aged mice involving the α_{2c} adrenoceptor, in addition to the cold TRP receptors.
225 The western blotting analysis of the hind paw skin showed a significant reduction in the
226 expression of α_{2c} adrenoceptor in aged mice (Fig 6e). To elucidate further potential defects in
227 the sympathetic pathway with ageing, we investigated the biosynthesis pathway of NA, the
228 major signalling molecule of sympathetic system. Tyrosine hydroxylase (TH), an enzyme that
229 catalyses the rate limiting stage of noradrenaline synthesis, showed a similar level of
230 expression (Fig 6f) including of its active form, phosphorylated TH in both young and aged
231 mice (Supplementary Fig 4), suggesting the production of noradrenaline remained unaltered
232 with ageing. This indicates that in ageing the expression and function of the α_{2c} adrenoceptor
233 diminishes and that contributes to the impaired constrictor response against cold.

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235 **Sympathetic-sensory signalling and influence of ageing.** We extended our investigation of
236 sympathetic system in vascular cold response by exploring potential crosstalk between
237 sympathetic and sensory signalling in ageing. To elucidate this, we first investigated DRG and
238 found that α_{2a} and α_{2c} adrenoceptor gene expression was reduced in ageing (Supplementary
239 Fig 5a-b) similar to that shown for the TRPM8 gene, (Fig 4h) whilst no significant difference

240 was found for TRPV1 receptors (Supplementary Fig 5c) in keeping with results for TRPA1 (Fig
241 4g). By comparison, whilst the TRP receptors are well known to be expressed in sensory
242 neurons there is evidence for a broader localisation (Hirai et al., 2018, Jain et al., 2011, Smith
243 et al., 2004, Yang et al., 2006). We investigated the possible expression of these receptors on
244 sympathetic nerves by collecting the sympathetic ganglia from the cervical and thoracic
245 paravertebral regions where they could directly influence the NA transmission that mediates
246 the vasoconstrictor component of the vascular cold response. To confirm the phenotype of
247 sympathetic neurons, we used positive markers such as tyrosine hydroxylase (TH) and
248 dopamine β -hydroxylase (Supplementary Fig 6) both of which exhibited high expression
249 compared to sensory neuron of DRGs and kidney which were used as negative controls. The
250 RT-PCR data on sympathetic ganglia showed the gene expression of both TRPA1 and
251 TRPM8 in young and aged mice. Interestingly, the expression of both receptors were
252 significantly downregulated in aged mice (Fig 7a-b). Whilst there is no feasible selective
253 TRPA1 antibody available, western blot analysis of TRPM8 on sympathetic ganglia
254 recapitulated the qPCR finding of diminished expression in aged mice compared to young
255 mice (Fig 7c). These findings reveal expression of cold TRP receptors in sympathetic neurons
256 which are diminished in ageing.

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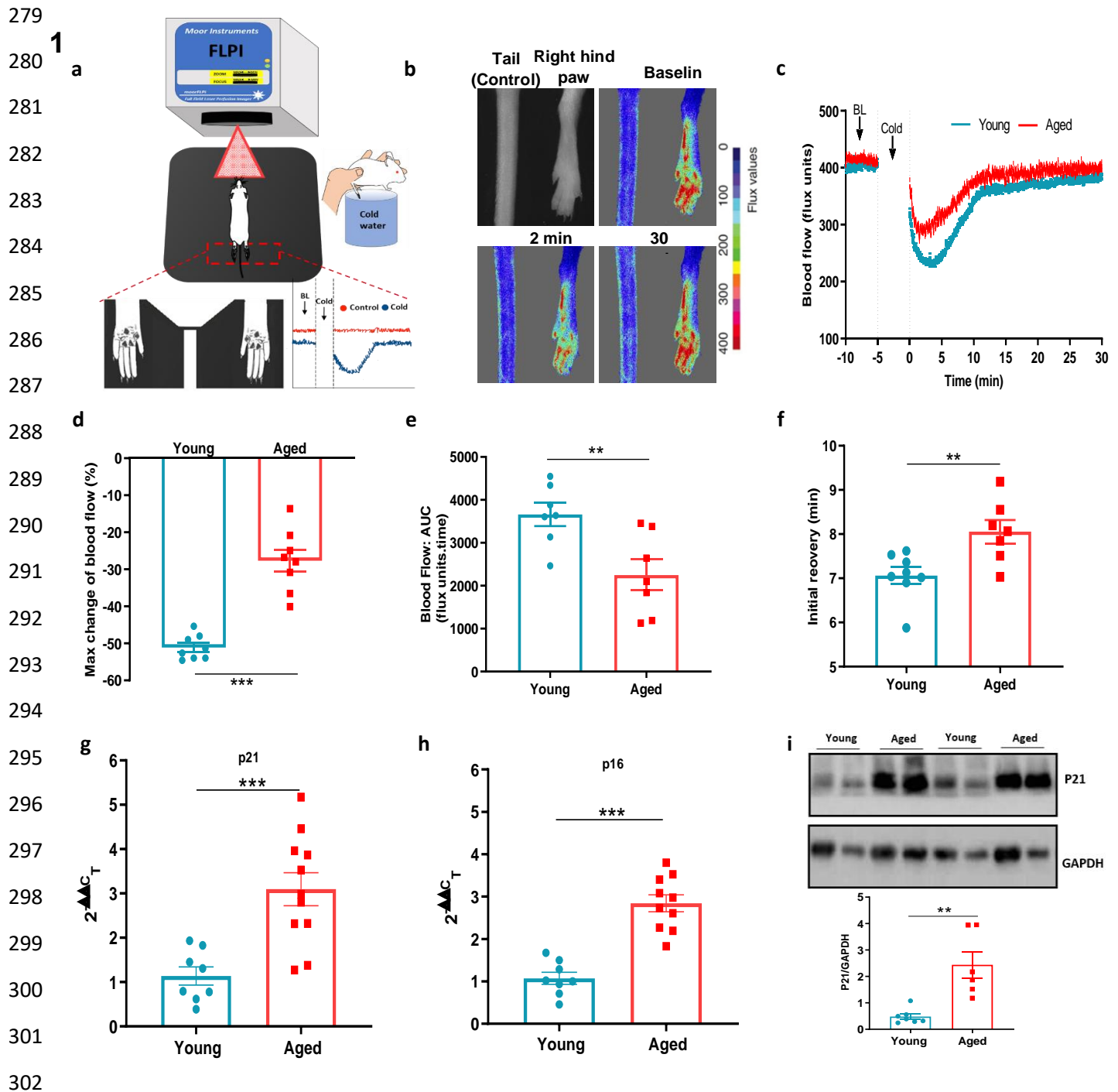
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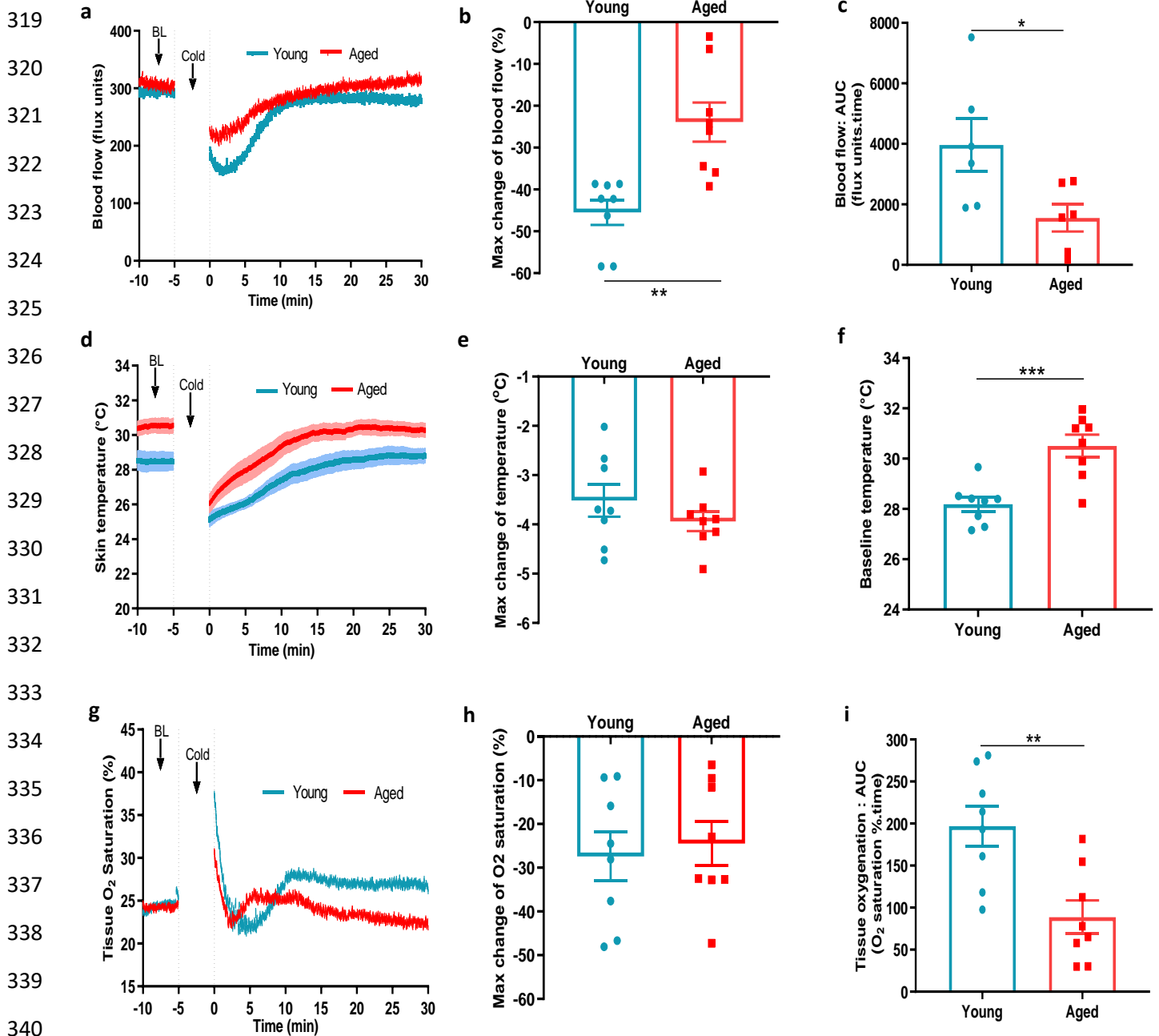
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303 **Figure 1: Cold-induced vascular response is impaired with ageing.** (a) Diagram illustrates the experimental
 304 setup of cold-induced vascular response protocol; FLPI from top measures the blood flow in the hindpaw of the
 305 anaesthetized mouse when on a heating mat in response to cold water immersion. The expanded component
 306 (highlighted by dotted red lines) shows the hindpaw region in which the blood flow is recorded, and a graph of
 307 typical blood flow response is shown. Recording is paused for cold treatment where one of the hindpaw is
 308 immersed in cold water for 5 min. (b) Representative FLPI image shows the blood flow in cold-treated hind paw
 309 at baseline, 2 min and 30 min after the cold water treatment. (c) Graph shows the raw blood flow trace (mean)
 310 of vascular response with cold (4°C) water treatment (n=8). (d) % change in hindpaw blood flow from baseline
 311 to 0-2min following cold water treatment (maximum vasoconstriction). (e) The AUC to maximum vasoconstriction
 312 point assessed by area under the curve (AUC). (f) Time of blood flow recovery immediately after maximum
 313 vasoconstriction until the start of the plateau period. (g-h) RT-PCR CT analysis shows fold change of p21 and
 314 p16 gene expression normalized to three housekeeping genes in dorsal root ganglia (DRG) of young and aged
 315 mice. (i) Representative western blot of p21 in hindpaw skin of young and aged mice and densitometric analysis
 316 normalized to GAPDH. (BL = baseline). Data is presented as mean and all error bars indicate s.e.m. **p<0.01,
 317 ***p<0.001. (Two-tailed Student's t-test).

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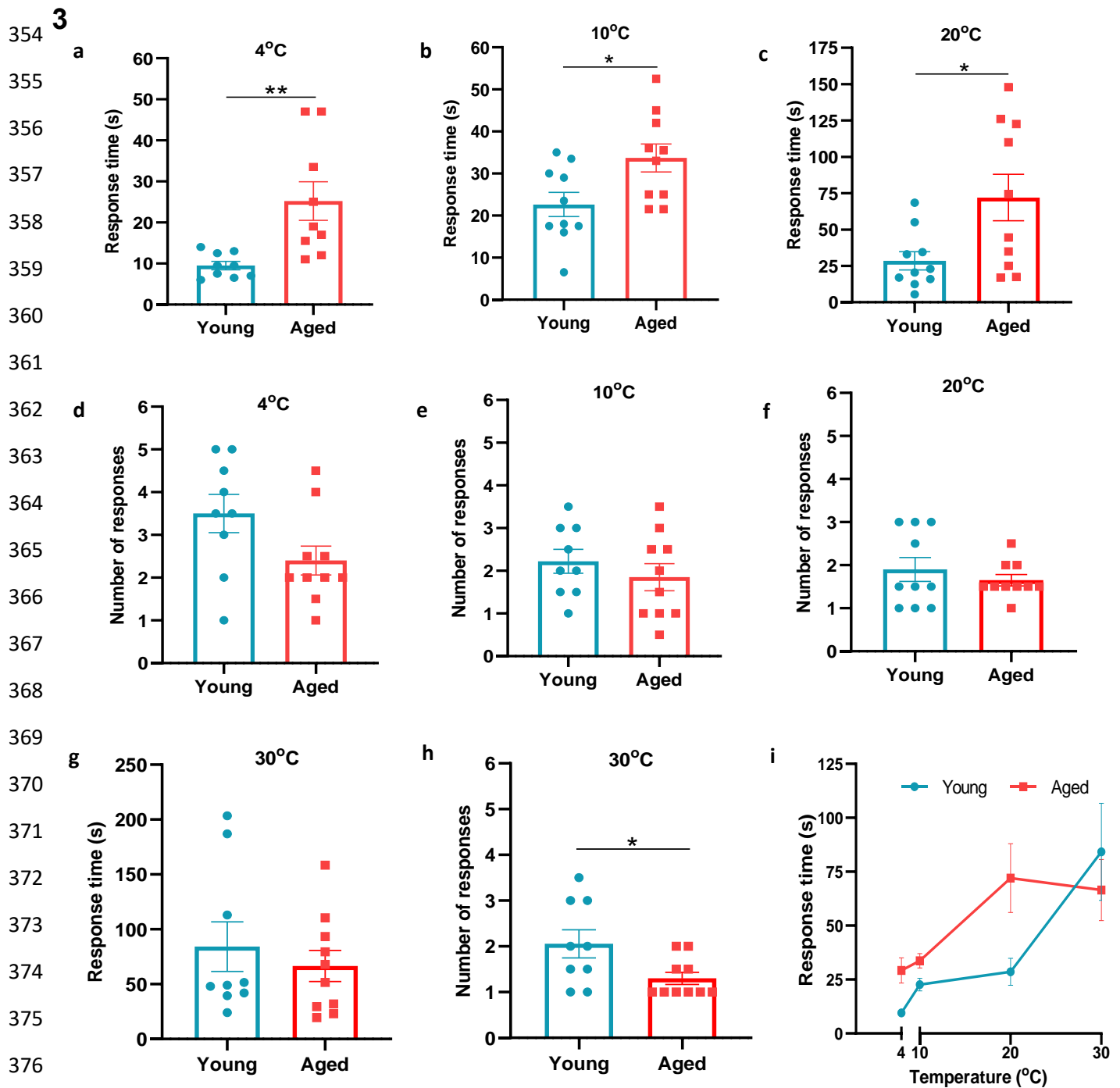


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342 **Figure 2: Blood flow, skin temperature and tissue oxygen saturation with cold treatment in ageing.**
 343 **(a)** Mean blood flow trace of the vascular response with cold (4°C) water treatment (n=8). **(b)** % change in
 344 hindpaw blood flow from baseline to 0-2min following cold treatment (maximum vasoconstriction). **(c)** The
 345 vasoconstriction response caused by cold water treatment represented by area under curve (AUC). **(d)** The
 346 mean blood flow (\pm s.e.m.) recordings of hindpaw skin temperature with cold water treatment. **(e)** Maximum
 347 reduction in skin temperature following 5 min cold treatment. **(f)** The baseline skin temperature. **(g)** % mean
 348 tissue oxygen saturation during cold water treatment. **(h)** % maximum change in tissue oxygen saturation
 349 from baseline following cold water treatment **(i)** % tissue oxygen saturation recovery after cold water
 350 treatment assessed by area under the curve. (BL = baseline). Data is presented as mean and all error bars
 351 indicate s.e.m. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. (Two-tailed Student's t-test).

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Figure 3: Behavioural analysis with cold plate in young and aged mice (a-c) Time of first response of mice to cold plate set at 4°C, 10°C, and 20°C. **(d-f)** The total number of responses from mice during the cold plate experiment at 4°C, 10°C, and 20°C. **(g-h)** Time of first response of mice to cold plate set at 30°C and total number of responses. **(i)** Line graph illustrates the difference in mean response time at the four different temperatures the cold plate assay was performed, between young and aged mice. All results are shown as mean \pm s.e.m. * $p < 0.05$, ** $p < 0.01$. (Two-tailed Student's t-test).

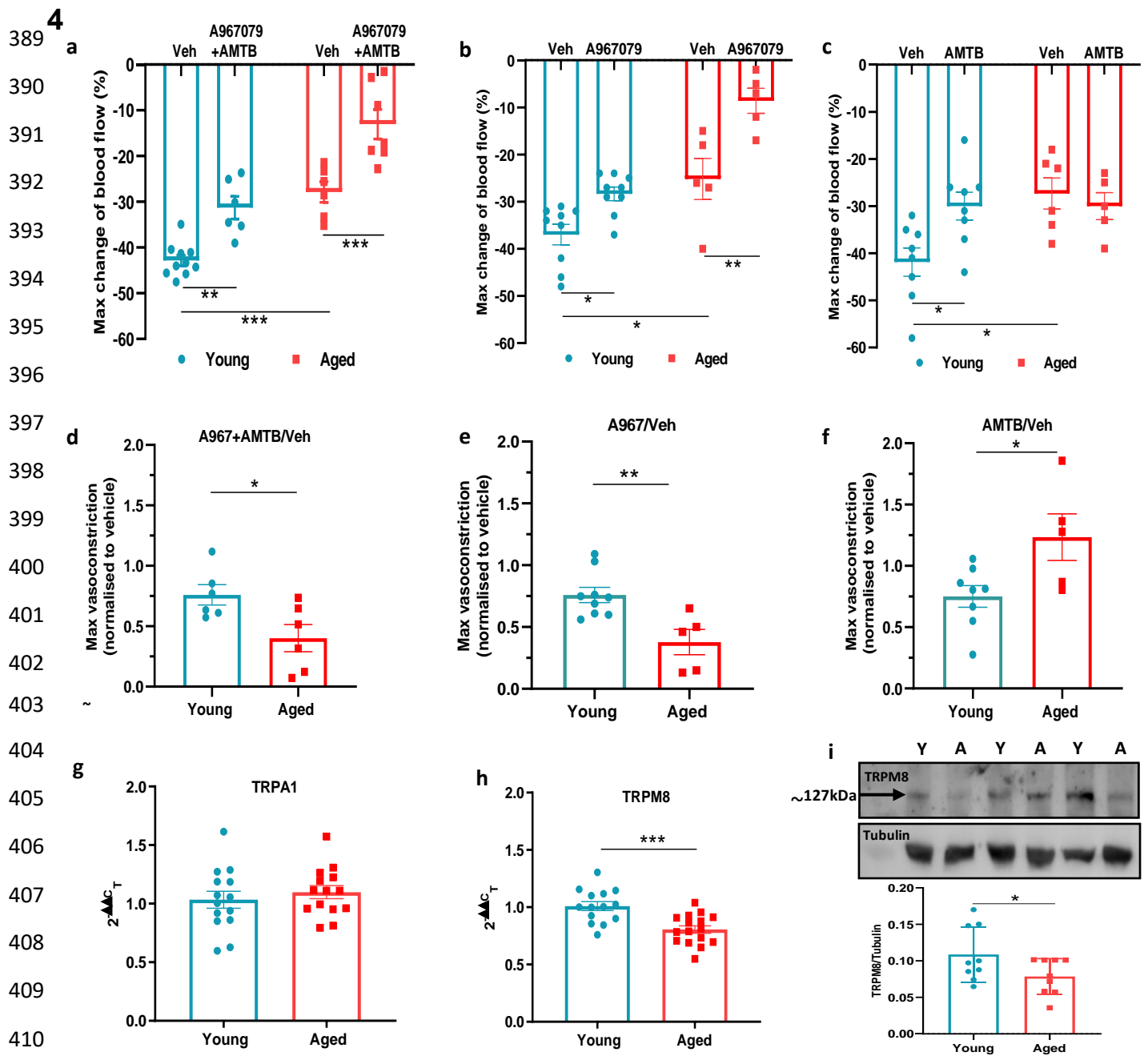


Figure 4: TRPA1 and TRPM8 are involved in cold-induced vascular response. Vascular responses with cold (4°C) water treatment in mice pre-treated with combined TRPA1 antagonist A967079 (100 mg kg⁻¹) and TRPM8 antagonist AMTB (10 mg kg⁻¹), or vehicle control (Veh - 10% DMSO, 10% Tween in saline) i.p. 30 min before cold treatment (maximum vasoconstriction) in mice treated with combined antagonist (a) A967079+AMTB, (b) A967079, and (c) AMTB. (d-f) Maximum vasoconstriction caused by cold water treatment in mice treated with combined antagonist (d) A967079+AMTB, (e) A967079, and (f) AMTB normalized against vehicle treated mice. (g-h) RT-PCR CT analysis shows fold change of (g) TRPA1 and (h) TRPM8 normalized to three housekeeping genes in dorsal root ganglia (DRG). (i) Representative western blot of TRPM8 in DRG of young and aged mice and densitometric analysis normalized to Tubulin (Y=young, A=aged). All results are shown as mean ± s.e.m. *p<0.05, **p<0.01, *p<0.001. (Two-way ANOVA with Tukey's *post hoc* test or Student's *t*-test).**

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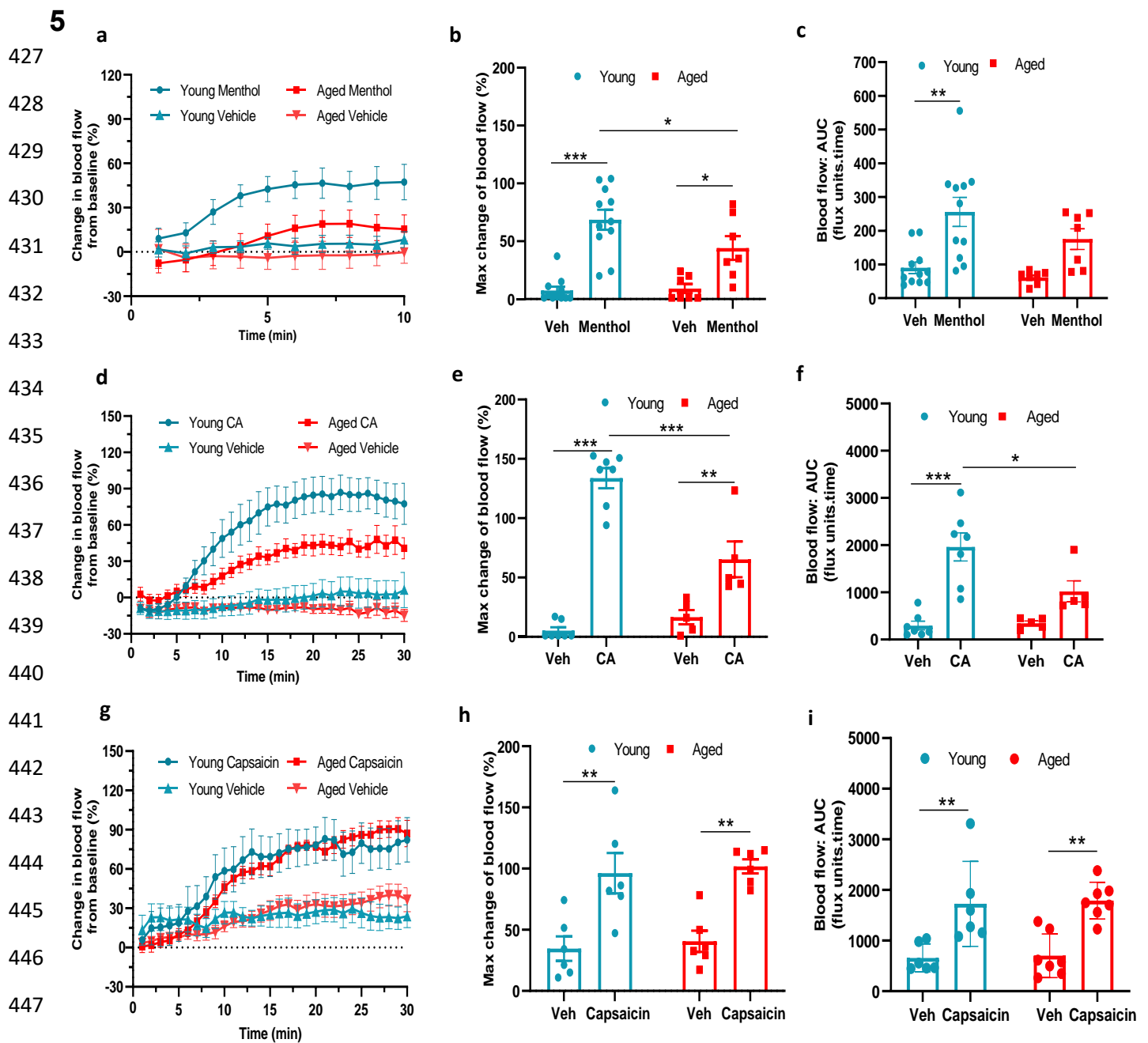
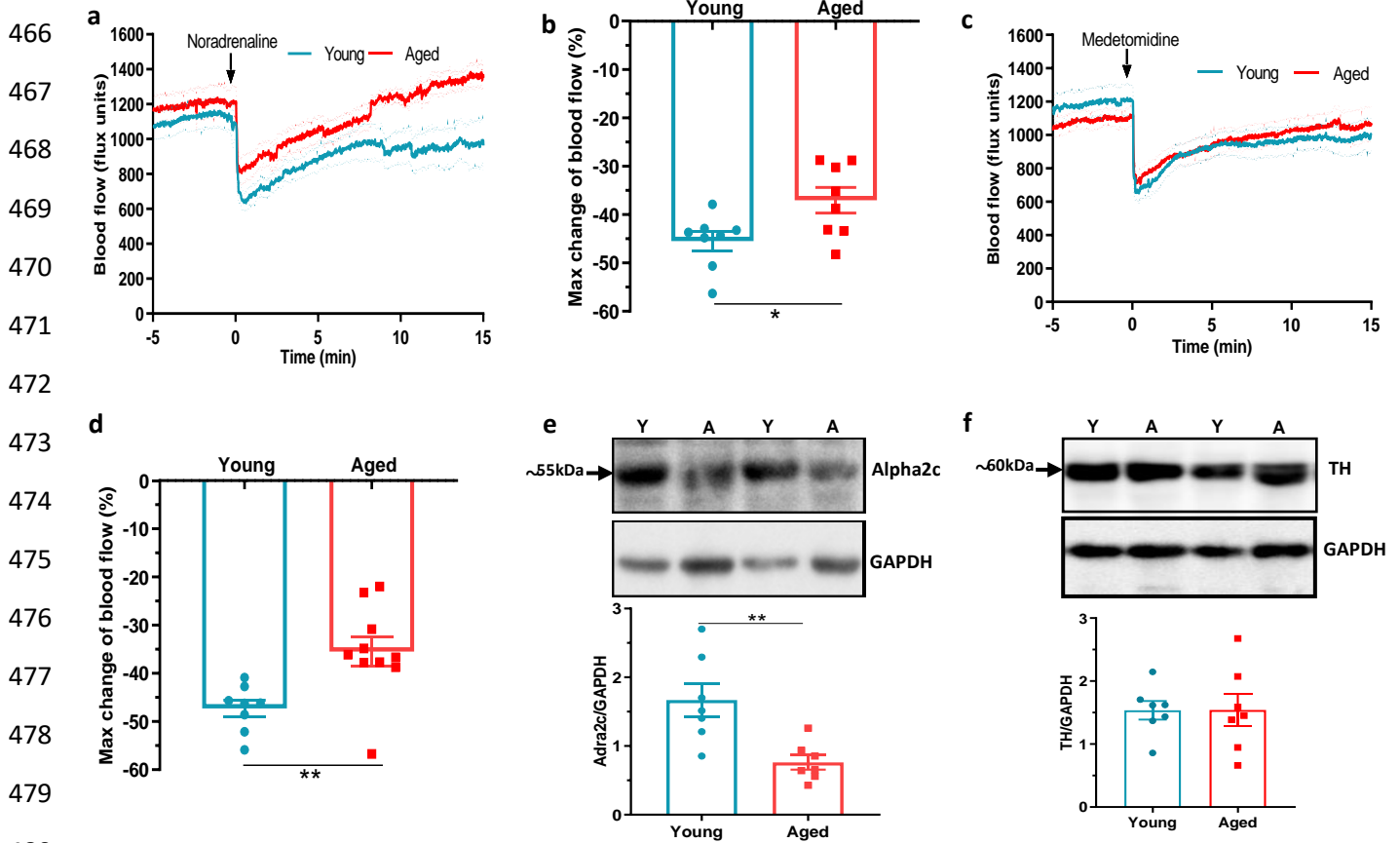


Figure 5: TRPA1 and TRPM8 activity deteriorates with ageing (a) Graph shows the % mean \pm s.e.m. of blood flow change from baseline in response to topical application of menthol (10%) and vehicle (Veh - 10% DMSO in ethanol) in ear of young and aged mice. (b) % maximum change in ear blood flow induced by menthol application in young and aged mice. (c) AUC analysis of % blood flow increase from baseline after menthol application compared to vehicle. (d) Graph shows the % mean \pm s.e.m. of blood flow change from baseline in response to topical application of cinnamaldehyde (10% CA) and vehicle (10% DMSO in ethanol) in ear of young and aged mice. (e) % maximum change in ear blood flow induced by CA application in young and aged mice. (f) AUC analysis of % blood flow increase from baseline after CA application compared to vehicle. (g) Graph shows the % mean \pm s.e.m. of blood flow change from baseline in response to topical application of capsaicin (10%) and vehicle (10% DMSO in ethanol) in ear of young and aged mice. (h) % maximum change in ear blood flow induced by capsaicin application in young and aged mice. (i) AUC analysis of % blood flow increase from baseline after capsaicin application compared to vehicle. All results are shown as mean \pm s.e.m. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. (Two-way ANOVA with Tukey's *post hoc* test).

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483 **Figure 6: Dysfunctional sympathetic signalling in ageing** (a) Graph shows the mean \pm s.e.m. blood
484 flow in hindpaw with intraplantar injection of noradrenaline (1.25ng/ μ l in saline in 20 μ l) in young and aged
485 mice (n=8). (b) % maximum change in blood flow from baseline induced by noradrenaline (maximum
486 vasoconstriction). (c) Graph shows the mean \pm s.e.m. blood flow in hindpaw with intraplantar injection of
487 medetomidine (1.25ng/ μ l in saline in 20 μ l) in young and aged mice (n=8-10) (d) % maximum change in
488 blood flow from baseline induced by medetomidine (maximum vasoconstriction). (e) Representative
489 western blot of alpha2C (α_{2c}) adrenoceptor in mice hindpaw skin with densitometric analysis normalized to
490 GAPDH. (f) Representative western blot of tyrosine hydroxylase (TH) in mice hindpaw skin with
491 densitometric analysis normalized to GAPDH (Y=young, A=aged).

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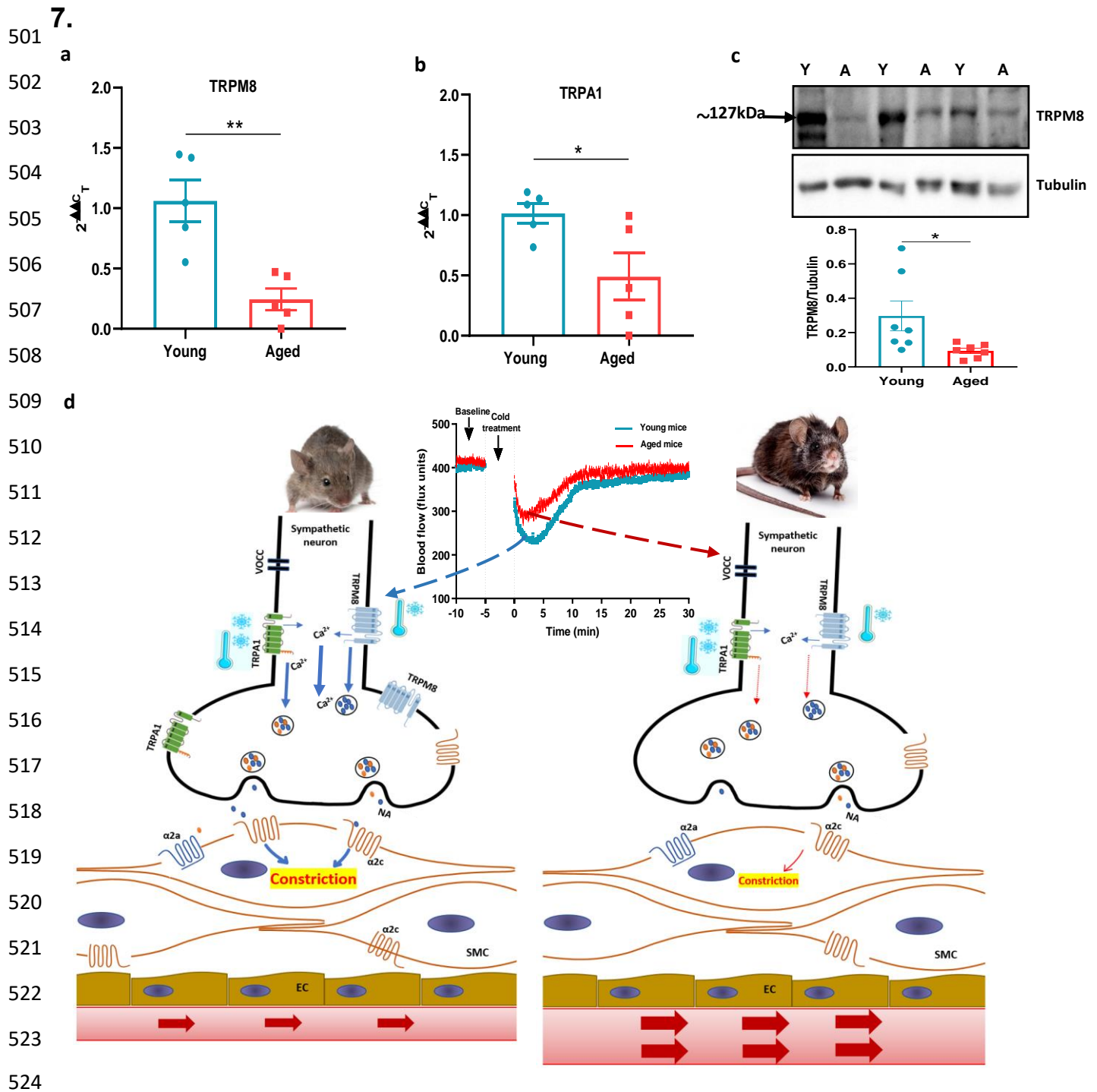


Figure 7: Sympathetic-sensory signalling and influence of ageing (a-b) RT-PCR CT analysis shows the expression and fold change of TRPA1 and TRPM8 in young and aged sympathetic ganglia normalized to three housekeeping genes collected from the cervical and thoracic paravertebral region. **(c)** The western blot analysis of TRPM8 in sympathetic ganglia of young and aged mice. All results are shown as mean \pm s.e.m. * $p < 0.05$, ** $p < 0.01$. (Two-tailed Student's t-test). **(d)** Proposed cold-induced vasoconstriction signalling pathway in young and aged mice. The local cold exposure produces rapid vasoconstriction which is significantly blunted in the aged mice (see blood flow graph at top centre). Cold water (4°C) exposure to hindpaw activates the cold receptors TRPA1 and TRPM8 in sympathetic nerves, which leads to increased intracellular calcium and release of NA. This signalling, however, is significantly downregulated in aged mice due to diminished expression of TRPA1/TRPM8 in sympathetic nerves. NA acts on the post-synaptic α_{2c} adrenergic receptors on smooth muscle cells to mediate vasoconstriction. However, α_{2c} adrenergic receptors are also significantly diminished in aged mice, which leads to reduced signalling. All of these factors contribute to an attenuated vascular cold response in aged mice compared to young mice.

538 α_{2c} – alpha2c adrenoceptor, α_{2a} – alpha2a adrenoceptor, VOCC- voltage operated calcium channel, NA –
539 noradrenaline, Ca^{2+} - calcium, SMC- smooth muscle cell, EC – endothelial cell.

540

541 Discussion

542 The role of TRPA1 and TRPM8 as cold-sensitive thermoreceptors is established (Story et al.,
543 2003, Bautista et al., 2007, Karashima et al., 2009, Peier et al., 2002, McKemy, Neuhausser
544 & Julius, 2002) and our research has demonstrated the essential role they play as vascular
545 cold sensors (Aubdool et al., 2014, Pan et al., 2018). Much less was known about their activity
546 in ageing, until this study. We provide a new insight into the changing roles of TRPA1 and
547 TRPM8 in the vascular response to cold in ageing; the expression and activity of TRPM8 is
548 significantly diminished, and to a lesser extent TRPA1 mediated signalling too.

549 The vascular response to the cold is a primary physiological response, which we have
550 previously teased out the key mechanisms for, consisting of TRPA1/M8 initiated α_{2c} -mediated
551 sympathetic vasoconstriction followed by TRPA1/M8 mediated sensory vascular relaxation
552 after localised cold exposure in the mouse paw. Here, we show that the response is
553 functionally deficient in ageing as measured by two different laser blood flow measurement
554 techniques. Both components of the cold-induced vascular response were impaired in ageing
555 with blunted vasoconstriction that will lead to increased heat loss, and a slower rate of recovery
556 that may lead to cold-induced injuries (Keatinge, 1957, Roustit et al., 2011, Herrick, 2005). We
557 were surprised that the diminished response was observed with even moderate ageing (13-
558 15 months old mice; equivalent to middle age in humans). However, the ageing nature of the
559 mice was confirmed by the observation of increased expression of the established ageing
560 markers p16 and p21 (Baker et al., 2016, Sharpless, Sherr, 2015, Hudgins et al., 2018). This
561 finding is in keeping with the concept that although ageing-induced pathological conditions
562 and frailty appear at a later age, the underlying physiological changes that manifest those
563 conditions begin at a middle age of around 40 years old in humans. Indeed, this is when the
564 brain volume and weight start to decline (Peters, 2006); cardiovascular functions begin to
565 decline and elite athletes start to lose stamina (Pal et al., 2014, Mühlberg, Platt, 1999). We
566 found that the baseline skin temperature was significantly higher in the aged mice than young
567 mice, potentially due to greater heat loss from aged mice in keeping with the notion that it is
568 harder to maintain core body temperature as ageing occurs. The tissue oxygen saturation was
569 reduced during the vascular cold response but recovered substantially in the young compared
570 to the aged mice. Overall, the findings show that the cold induced cutaneous vascular
571 response is significantly diminished in ageing.

572 It is known that sensory modalities decline with ageing, but usually studies involve frail 24-
573 month old mice. Indeed, in one of the only studies of TRP thermo-receptors in ageing, to our
574 knowledge, authors investigated the changes in TRPM8 expressing neurons in cornea with
575 ageing and its relevance to dry eye disease (Alcalde et al., 2018). Here in our study, we
576 delineate that activity and expression of one of the prominent sensory cold channels (TRPM8)
577 diminishes with moderate ageing; relevant to the impaired vascular response to cold that we
578 have observed. We designed experiments to evaluate the ability of the mouse to sense cold
579 using a cold plate behavioural assay at innocuous cool (TRPM8 range) and noxious cold
580 (TRPA1 range) temperatures. We observed a delayed latency to the cold response in
581 moderately aged mice compared to young mice at three different cold temperatures, 4°C,
582 10°C, and 20°C implying impaired sensory signalling of TRPM8 and TRPA1 receptors.
583 Importantly, the longest delayed latency was observed at 20°C, which falls under the TRPM8
584 activation range implying that with ageing TRPM8 signalling deteriorates more, relative to that
585 of TRPA1.

586 Using combined selective antagonists of TRPA1 and TRPM8, we show that blocking both
587 receptors inhibits the cold-induced cutaneous vascular response in young mice, as expected.

588 Intriguingly, the same treatment produced a relatively stronger inhibitory response in the aged
589 mice. This implies that with ageing the cold signalling relies profoundly more on cold TRP
590 channels. These results may also indicate that at younger ages other protein/s besides TRPA1
591 and TRPM8 play a crucial part in the cold signalling, but these activities begin to decline with
592 ageing. This includes the α_{2c} receptor as discussed below, although a range of other
593 candidates have also been proposed (Zimmermann et al., 2011, Noël et al., 2009, Luiz et al.,
594 2019, Gong et al., 2019). Importantly, when we investigated the effect of the TRPA1 antagonist
595 alone, we observed a very similar inhibitory profile to that of the combination of TRPA1 and
596 TRPM8 antagonists. However, the TRPM8 antagonist treatment alone, was effective in the
597 young mice, but not in the aged mice. This provided key evidence that the activity of TRPM8
598 especially, is diminished in ageing. TRPM8 was discovered as a sensory receptor expressed
599 in DRG and trigeminal ganglia (TG) that is activated by cool temperatures ($<28^{\circ}\text{C}$) (McKemy,
600 Neuhauser & Julius, 2002); although the link with TRPA1 containing CGRP fibres is less well
601 defined (Hondoh et al., 2010, Kobayashi et al., 2005). Since then, various reports have
602 suggested that TRPM8 is expressed in a wider range of tissues and is involved in multiple
603 physiological functions including thermoregulation (Moraes et al., 2017, Hirai et al., 2018,
604 Yang et al., 2006). Indeed, it is established that the deletion/antagonism of TRPM8 increases
605 heat loss and reduces core body temperature (Almeida et al., 2012, Reimúndez et al., 2018).

606 By this stage we had revealed a reduced expression and activity of TRPM8 in the vascular
607 cold response and cold sensing. However, we have previously defined TRPA1 as an essential
608 vascular sensor to cold, playing a major role in the cold induced vascular response alongside
609 TRPM8 (Aubdool et al., 2014). Therefore, it was surprising to observe that expression of
610 TRPA1, unlike TRPM8, did not diminish in the DRG with ageing, especially as the cold-sensing
611 data from the cold plate at noxious cold temperatures revealed that the response is also
612 impaired at noxious temperatures in ageing. To learn more, we studied the ability of the
613 TRPA1 agonist cinnamaldehyde (CA) to increase cutaneous blood flow; as TRPA1 is localised
614 to CGRP⁺ sensory nerves (Aubdool et al., 2016). CA-induced vasodilation was significantly
615 impaired in the aged mice compared to young, supporting the concept of impaired functional
616 TRPA1 vascular responses in ageing. We observed a similar significantly blunted response
617 with the TRPM8 agonist menthol in aged mice, although TRPM8 localisation to sensory nerves
618 is more limited than that of TRPA1 (Kobayashi et al., 2005). This led us to question whether
619 activity of all TRP receptors deteriorates with ageing, through investigating the non-cold
620 sensing TRPV1 agonist capsaicin which activates predominantly CGRP⁺ C-fibres (Story et al.,
621 2003, Sharrad et al., 2015). In contrast to menthol and CA, capsaicin caused a similar level of
622 increased blood flow in all mice regardless of age indicating TRPV1 activity does not
623 deteriorate with ageing, and supporting our behaviour data at 30°C , which falls outside TRPA1
624 and TRPM8 activation ranges. These results suggest that only the signalling of cold TRP
625 receptors; TRPA1 and TRPM8 is impaired with ageing.

626 The cold-induced vasoconstriction phase is mediated by sympathetic drive comprising of
627 noradrenergic nerves and this signalling has been shown to decline with ageing (Degroot,
628 Kenney, 2007, Frank et al., 2000, Greaney, Alexander & Kenney, 2015). Thus, we aimed to
629 elucidate the sympathetic signalling in young and aged mice, which we began by investigating
630 the effect of exogenous agonist NA. NA administered locally to the paw evoked cutaneous
631 vasoconstriction in young mice that was significantly blunted in the aged mice, suggesting that
632 NA-mediated response diminishes in aged mice. Nonetheless, NA is a non-selective agonist
633 for all adrenoceptors, but peripheral cutaneous vasoconstriction is mediated via α adrenergic
634 receptors (Drew, Whiting, 1979), with cold specific vasoconstriction primarily mediated via α_{2c}
635 adrenoceptors subtype (Bailey et al., 2004, Honda et al., 2007). Therefore, we used the
636 selective α_2 agonist medetomidine which induced vasoconstriction that was also significantly
637 blunted in the aged mice. The result suggests that either α_{2c} receptor sensitivity declines with
638 ageing (Thompson, Holowatz & Kenney, 2005) or α_{2c} receptor number reduces with ageing
639 which has been suggested to occur in ageing human saphenous vein (Hyland, Docherty,

640 1985). In our study, we found a significant reduction in the expression of α_{2c} adrenoceptors.
641 We also investigated whether the level of NA or its synthesis was impaired in ageing and
642 observed no difference in the level of tyrosine hydroxylase (including the active form of
643 phosphorylated tyrosine hydroxylase), the enzyme involved in the rate limiting synthesis of NA
644 production. This indicates that NA synthesis is not affected in ageing.

645 The cold-induced vascular response is perceived as a reflex where peripheral sensory nerves
646 sense the cold stimulus and send information to the central nervous system (CNS). In turn,
647 the CNS processes the information and produces an appropriate response via activation of
648 sympathetic nerves to cause vasoconstriction in skin (Chotani et al., 2000). Classically, it is
649 established that sensory receptors TRPA1 and TRPM8 that sense cold reside in sensory
650 nerves and alpha-adrenergic receptors reside in sympathetic nerves and smooth muscle cells
651 to modulate vasoconstriction. However, we have previously shown that the cold-induced
652 vasoconstrictor response occurs when the sensory C-fibre component is removed with
653 resiniferatoxin treatment (Aubdool et al., 2014). This clear result raises the possibility that the
654 cold sensitive proteins TRPA1 and TRPM8 may be expressed in other tissues besides sensory
655 nerves and modulate the vascular tone, as suggested to be the case in some organs (Earley,
656 2012, Johnson et al., 2005, Yang et al., 2006). The sensory nerves and sympathetic nerves
657 are known to have close proximation around blood vessels and have a reciprocal trophic
658 influence (Terenghi et al., 1986). Thus, we questioned whether cold TRP channels were
659 expressed on sympathetic nerves to directly modulate the vascular tone. We found that both
660 TRPA1 and TRPM8 are expressed in the sympathetic ganglia (SG) collected from the cervical
661 and thoracic paravertebral regions, in keeping with previous studies (Smith et al., 2004), but
662 debated. Furthermore, the expression of both receptors were significantly diminished in the
663 SG collected from the aged mice compared to young mice. Collectively, these findings suggest
664 that cold stimuli activate TRPA1 and TRPM8 channels on sympathetic nerves, which induces
665 calcium-dependent release of vesicles containing NA into the synaptic cleft where they
666 activate the α_{2c} adrenoceptor on smooth muscle cells to mediate vasoconstriction (Fig 7d).
667 This signalling cascade has been shown in PC12 cells, which is regularly used as *in-vitro*
668 model for sympathetic neurons (Smith et al., 2004, Peixoto-Neves, Soni & Adebisi, 2018,
669 Yoshimura, Nakagawa & Endo, 2016). It indicates a potential for sympathetic-sensory
670 interactive signalling in skin, which weakens as ageing progresses in turn affecting the
671 sensitivity of the vascular response to cold.

672 To conclude, we have revealed that the cold induced defensive responses decline with ageing.
673 There is an impairment in the sympathetic vasoconstrictor pathway concomitant with a
674 functional deterioration and molecular loss of TRPM8 and TRPA1 signalling as well as
675 diminished α_{2c} adrenergic receptor expression and activity. We consider that the finding of
676 diminished TRPM8 expression with ageing is indicative of a major influence of this channel
677 that would lead to the impaired cold induced vascular response in ageing.

678

679 **Methods**

680 **Animals.** Female CD1 mice used in this study were either bred in the Biological Services Unit,
681 King's College London or purchased from Charles River (Kent, UK). The animals were housed
682 in a climatically controlled environment with an ambient temperature of 22°C, including a 12-
683 hour light/dark (7am-7pm) cycle with free access to drinking water and standard chow *ad*
684 *libitum*. Young mice were 2-3 months old and aged mice were 13-16 months old. All
685 experiments were performed according to the Animal Care and Ethics committee at King's
686 College London, in addition to the regulations set by the UK home office Animals (Scientific
687 Procedures) act 1986. Experiments using animals were designed and reported in line with the
688 ARRIVE guidelines, which form the NC3Rs initiative. Animals were randomly assigned to

689 different groups and the investigator was blinded to drug treatments and where possible to the
690 age of the animals.

691 **Cutaneous blood flow measurement by full-field laser perfusion imager.** Mice were
692 terminally anaesthetized with i.p. injection of ketamine (75 mg kg⁻¹) and medetomidine (1 mg
693 kg⁻¹). Wherever possible to comply with the NC3Rs reduction guidelines, experiments were
694 designed using recovery anaesthesia, which was either s.c. 150 mg kg⁻¹ ketamine and 4.25
695 mg kg⁻¹ xylazine, or isoflurane gas. 5% isoflurane (in oxygen) was used to induce anaesthesia,
696 which was followed by 2% for maintenance during the experimental procedure. Full-field Laser
697 Perfusion Imager (FLPI, Moor Instruments, UK) was used to measure blood flow in the hind
698 paw or the ear of the mice. The mice were placed in a ventral position on a heating mat to
699 maintain core body temperature at 37°C during blood flow measurement. For the cold-induced
700 blood flow measurement in hindpaw, after anaesthesia, the blood flow was measured on the
701 plantar surface of hindpaw for 5 min as baseline measurement. Then, the ipsilateral hindpaw
702 at the level between tibia and calcaneus was immersed in cold water (4°C for 5 min) for cold
703 exposure. After the cold treatment, mice were placed back on the heating mat (37°C) to
704 measure blood flow recovery for 30 min. The FLPI uses laser light to produce speckle pattern
705 that gets interfered by blood flow which is measured as arbitrary flux units (X10³ flux units).
706 For the agonist-induced blood flow measurement in ear, after anaesthesia, the blood flow was
707 measured for 5 min as baseline recording. 10µl of either cinnamaldehyde (10%), menthol
708 (10%), or capsaicin (10%) was topically applied to both sides of the ipsilateral ear and 10µl
709 vehicle solution (10% DMSO in ethanol) was applied to the contralateral ear. Then blood flow
710 was measured for 30 min after cinnamaldehyde and capsaicin treatment and for 10 min after
711 menthol treatment. All treatments produced a gradual increase in blood flow. For
712 NA/medetomidine-induced blood flow measurement in hindpaw, after anaesthesia, blood flow
713 was measured on the plantar surface for 5 min as baseline recording. Intraplantar injection of
714 NA/medetomidine (1.25ng/ul) was performed and blood flow was measured for 15 min.

715 **Cutaneous blood flow, temperature and oxygen saturation measurement by laser
716 Doppler techniques.** A probe connected to the moorVMS-LDF (Laser Doppler Perfusion and
717 Temperature Monitor) and moorVMS-OXY (Tissue Oxygen and Temperature Monitor) (Moor
718 Instruments) was used to simultaneously measure blood flow, temperature and tissue oxygen
719 saturation in a small, localized area (~5mm diameter) on the plantar surface of the ipsilateral
720 hind paw (central region immediately adjacent to the digits). The probe was held on a retort
721 stand clamp 1mm above the skin surface. After inducing anaesthesia with i.p. injection of
722 ketamine (75 mg kg⁻¹) and medetomidine (1 mg kg⁻¹), the blood flow was measured (baseline
723 recording) on the plantar surface central area immediately adjacent to the digits for 5 min. The
724 ipsilateral hindpaw was immersed in cold water (4°C for 5 min) at the level between tibia and
725 calcaneus. After the cold treatment, mice were placed back on the heating mat (37°C) to
726 record all measurements during the recovery period for 30 min. The blood flow was measured
727 using doppler technique and expressed in arbitrary flux units, and tissue oxygen saturation
728 was measured using white light spectroscopy method.

729 **Drugs and reagents.** The TRPA1 antagonist A967079 ((1E,3E)-1-(4-Fluorophenyl)-2-methyl-
730 1-pentene-3-one oxime) (Alomone Labs, # A-225) was dissolved in 10% DMSO, 10% Tween-
731 80 in saline. The TRPM8 antagonist AMTB (N-(3-aminopropyl)-2-[(3-methylphenyl) methyl]
732 oxy-N-(2-thienylmethyl) benzamide hydrochloride salt) (Alomone Labs, #A-305) was dissolved
733 in 10% DMSO in saline. Both antagonists were administered i.p. 30 min before the cold
734 treatment. Cinnamaldehyde (Sigma Aldrich, #W228613, >95% purity), menthol (Alfa Aesar,
735 #A18098, 98% purity), capsaicin (Sigma Aldrich, #M2028, >95% purity) were prepared with

736 10% DMSO in ethanol solution. 1.25ng/ μ l NA (Sigma) and 1.25ng/ μ l medetomidine (Orion
737 Pharma) were administered with intraplantar injection in 20 μ l saline.

738 **Behavioural testing using the cold plate.** The nociceptive cold sensitivity response of mice
739 was tested using a hot/cold thermal plate (Ugo Basile 35100). A quick temperature non-
740 contact infrared thermometer (Linear labs) was used to confirm the set temperature of the
741 plate before each experiment. Prior to the experiments, mice were acclimatised to the room
742 for 30 min for 3 days, and the thermal plate by individually placing them on the plate at room
743 temperature for 2 min on each of the 3 days. At the start of the experiment, the plate was set
744 to the chosen temperature (4°C, 10°C, 20°C and 30°C) and each mouse was placed
745 individually onto the plate in turn. The cold response was detected as either paw licking or
746 paw withdrawal/jumping and the total number of responses observed within 1 min (for 4°C and
747 10°C) and 5 min (20°C and 30°C) were tallied. Each temperature was repeated twice on
748 different days to obtain an average which was used to plot the final graph.

749 **Quantitative polymerase chain reaction.** Real time PCR (RT-qPCR) was used to quantify
750 changes in mRNA collected from pooled dorsal root ganglia (DRG), brown adipose tissue
751 (BAT) and sympathetic ganglia collected from thoracic paravertebral region. The total RNA
752 was isolated and purified according to manufacturer's instructions using the RNeasy Micro Kit
753 (Qiagen, #74004). The RNA concentration and absorbance ratio (A260/280 and A260/230)
754 were measured using Nanodrop 2000 spectrophotometer. 500ng of purified RNA was reverse
755 transcribed using SuperScript VILO cDNA synthesis kit (Thermo fisher scientific, #11754050).
756 qPCR was performed with 10ng of cDNA using PowerUp SYBR Green master mix kit (Thermo
757 fisher Scientific, #A25780) in 7900HT Real-Time PCR machine (Applied Biosystems, USA).
758 All primers (Supplementary table 1) were designed using Primer-BLAST software (NCBI)
759 according to MIQE guidelines and checked on the primer stat website.
760 (http://www.bioinformatics.org/sms2/pcr_primer_stats.html). The melting curve analysis was
761 performed after reactions to confirm specificity of the primers. The analysis was performed
762 using delta delta CT method and expressed as fold change normalized to the average of three
763 housekeeping genes.

764 **Western blotting.** The western blotting analysis was performed as previously described
765 (Aubdool et al., 2014). The tissue was lysed with SDS lysis buffer which was made up with
766 inhibitors of both phosphatases and proteases (1 tablet per 10ml, #4693159001 +
767 #4906845001, Sig-ma-Aldrich). The tissue was then homogenised using a tissue lyser
768 (Qiagen, #85300). The protein concentration was determined using the Bradford protein dye
769 binding assay (#5000113 + #5000114, Bio-Rad). 50 μ g of protein was separated by
770 electrophoresis in an SDS-polyacrylamide gel which was then transferred using the semi dry
771 method, onto PVDF membranes. The membrane was incubated in a blocking buffer made up
772 of 5% BSA in Phosphate-buffered saline- tween (PBS-T) (0.1% Tween). The membrane was
773 blocked for 1 hr in RT except for TRPM8 which was blocked for 2.5 hr as per manufacturer's
774 instruction. The membranes with primary antibodies were incubated overnight at 4°C.
775 Following the washing step with PBS-T, the membranes were probed with secondary antibody
776 (Horseradish peroxidase conjugated) (1:2000 dilution, #AP132P Sigma) for 1 hr at RT. The
777 enhanced chemiluminescence (ECL, Pierce) was used for visual development of the
778 membranes inside a gel doc system. Bands were normalised to housekeeping genes α -tubulin
779 (1:2000, #MAB1864, Merck Millipore), GAPDH (1:2000, #PA1987, ThermoFisher) and β -actin
780 (1:2000, #A5441, Sigma Aldrich). Quantitative western blot analysis was performed using
781 Image J (NIH, USA). The primary antibodies were made in 3% PBST solution at 1:500 dilution
782 for TRPM8 (Alomone Labs #ACC049), 1:1000 dilution for α_{2c} adrenergic receptor (Bio-Techne

783 #NB100-93554), phospho TH (Bio-Techne #NB300-173), total TH (Bio-Techne #NB300-109),
784 p21 (Santa Cruz #sc-6246).

785 **Experimental design and data analysis.** The majority of the experiments conducted in this
786 study consisted of two groups (young/aged) or four groups with drug treatments (young/aged
787 and vehicle/drug), therefore the power analysis from our lab (Aubdool et al., 2014) with a power
788 of 80% (0.8) for a confidence of 5% (0.05) recommended n=8, which was strictly adhered to
789 where possible. The order of the mice (young or aged) and treatments (vehicle/drug) received
790 were randomised during experimental protocols. Data was analysed using either two-tailed
791 Student's t-tests or two-way ANOVA followed by Tukey's *post hoc* test. All column data are
792 plotted as dot plots to show variability and n numbers for each data set. All data are expressed
793 as mean \pm SEM. $p < 0.05$ was considered to represent a significant difference. GraphPad Prism
794 (version 8) was used as statistics software for analysis.

795

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800

801 Author contributions

802 DT and SDB designed the research. DT, JV, BB, FA, SL and SN carried out research. DT, BB
803 and SL performed data analysis. XK helped with blinding and data analysis. DT, BB and SDB
804 drafted the manuscript and all authors contributed to finalizing the manuscript.

805

806 Competing interests

807 The authors declare no competing interests.

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1040 SUPPLEMENTARY INFORMATION

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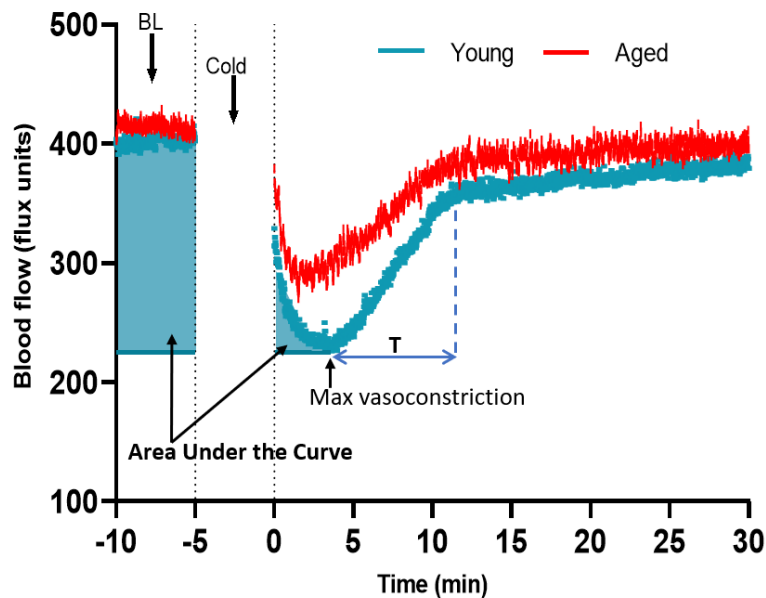
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1056 **Supplementary Figure 1: Analysis of cold-induced blood flow in the mouse paw (a)** The
1057 blood flow graph from cold treatment was used to calculate the maximum vasoconstriction,
1058 area under the curve (AUC) analysis of vasoconstriction and recovery of blood flow from cold
1059 treatment. It was not possible to measure blood flow whilst the paw was being cooled. The
1060 highlighted areas in blue shows the area of the graph from start of the 5 min baseline (BL)
1061 until peak vasoconstriction that was used to calculate the AUC analysis to detail the magnitude
1062 of the vasoconstrictor event. The time of immediate blood flow recovery (T) was calculated by
1063 measuring the time immediately after maximum vasoconstriction until it started to plateau back
1064 to baseline level (as shown by blue lines). (BL = Baseline). The maximum change of blood
flow (%) was calculated using the equation below:

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$$\text{Max change of blood flow (\%)} = \frac{\text{Max vasoconstriction} - \text{baseline}}{\text{baseline}} \times 100\%$$

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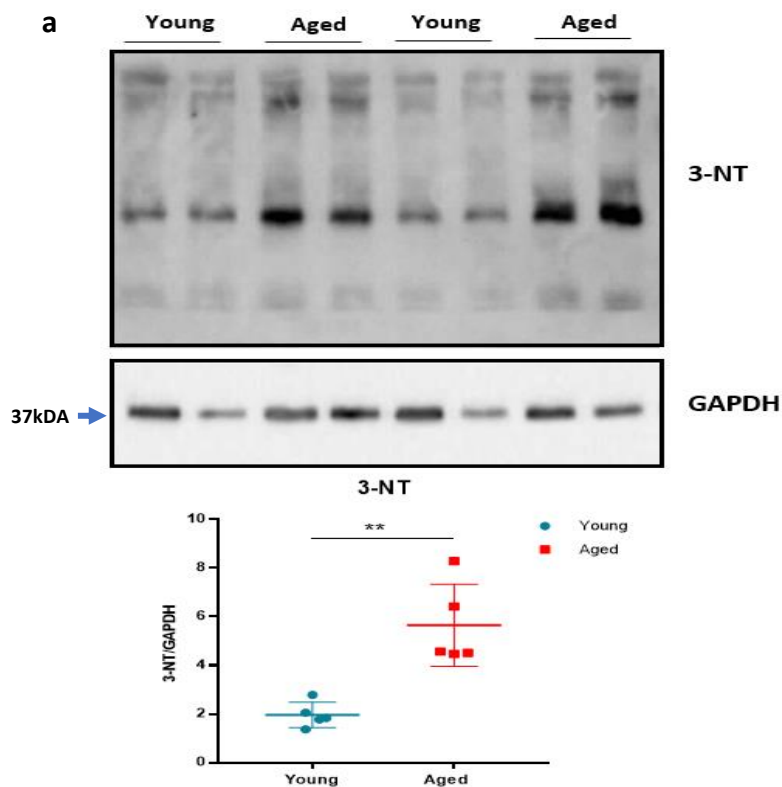
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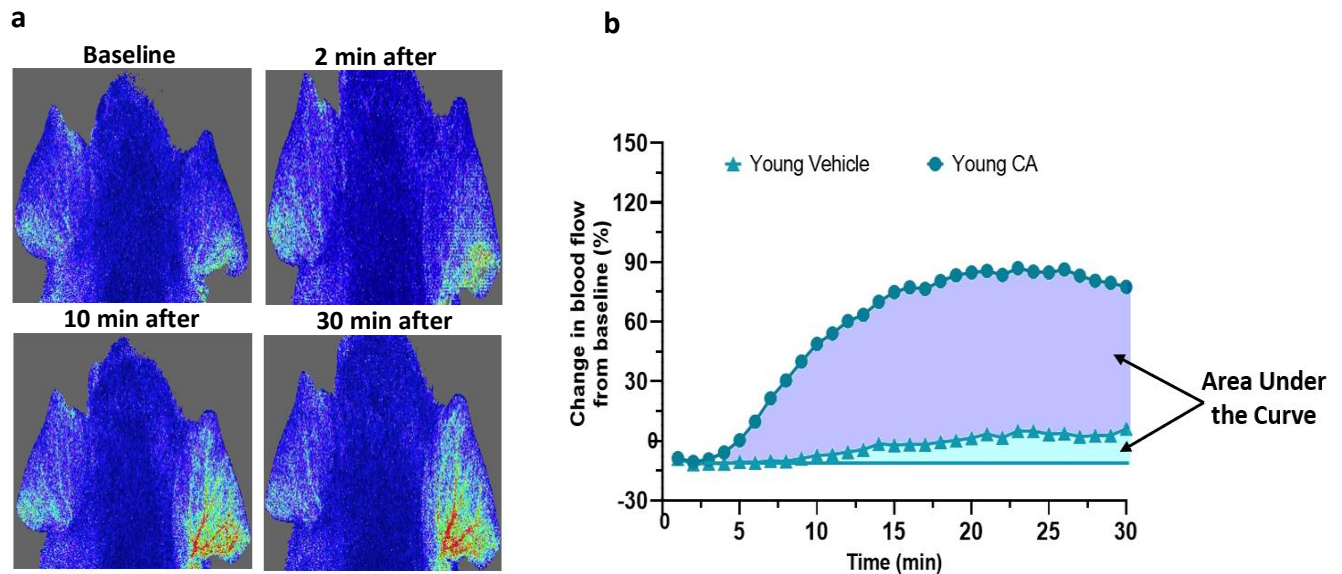
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Supplementary Figure 2: Oxidative stress with ageing. (a) The representative western blot analysis of 3-nitrotyrosine (3-NT), which is a biomarker of oxidative stress produced by reactive nitrogen species, in hind paw skin of naïve young and aged mice. The densitometric analysis is shown normalized to GAPDH housekeeping gene. Results are shown as mean ± s.e.m. (n=5) **p<0.01. (Two-tailed Student's t-test).

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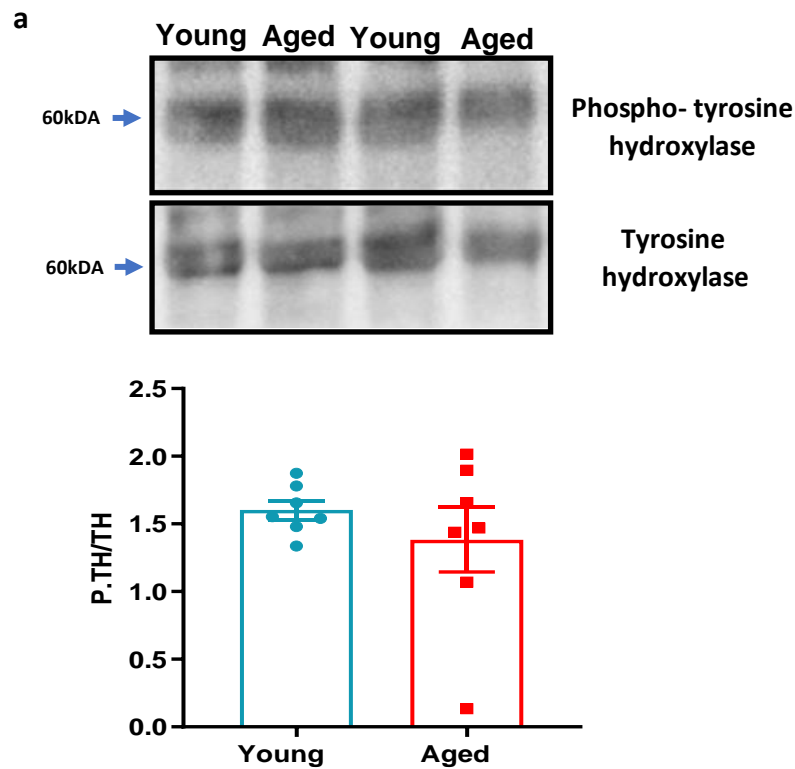
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Supplementary Figure 3: Agonist induced blood flow response in mouse ear. (a) The representative image from FLPI shows the blood flow response induced by topical application of vehicle (left ear) and 10% cinnamaldehyde (right ear) in the anaesthetised mouse. **(b)** The representative blood flow response graph illustrates the area used for the area under the curve analysis for vehicle (light blue) and cinnamaldehyde (purple).

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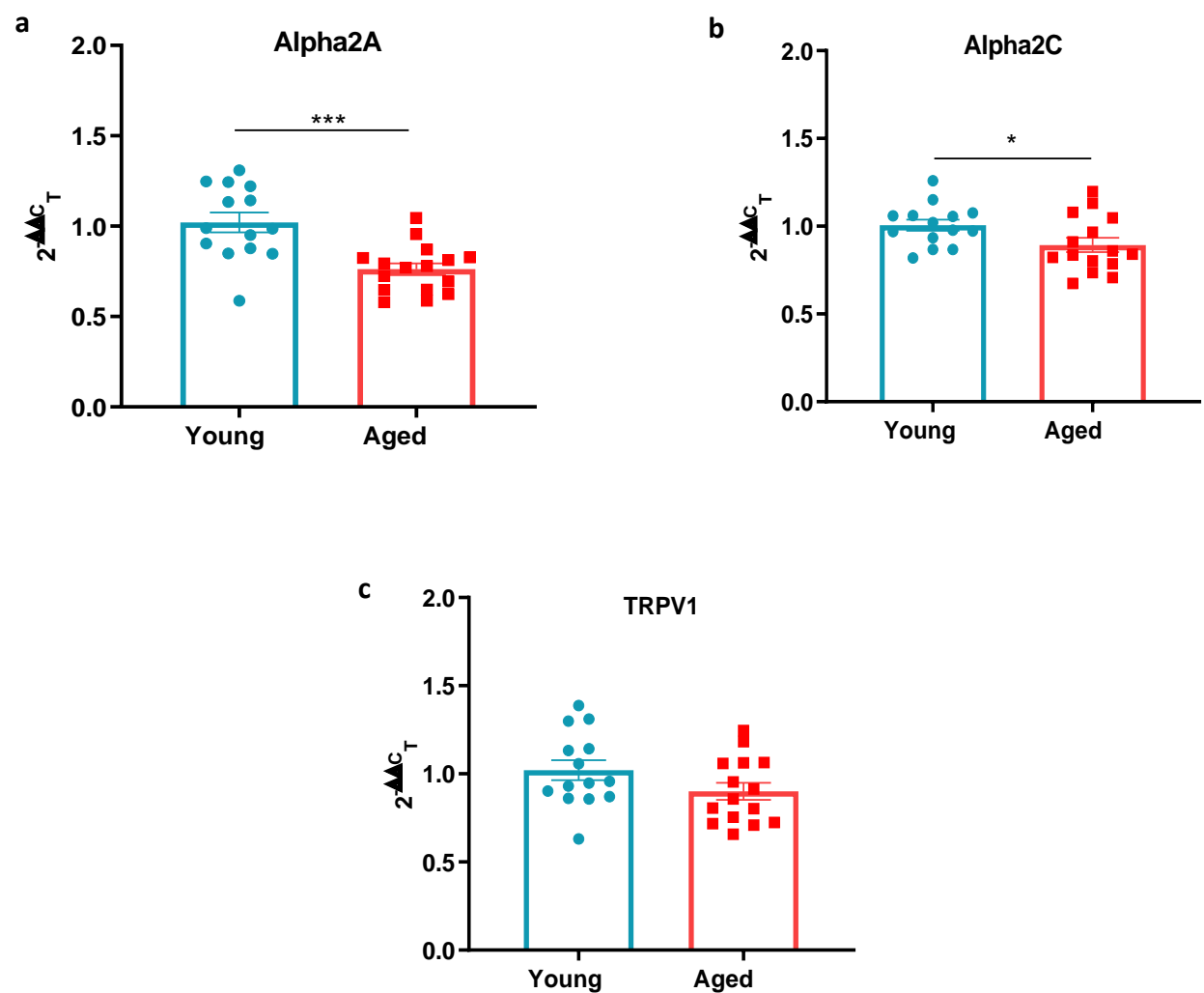
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Supplementary Figure 4: Phospho-tyrosine hydroxylase with ageing. (a) The representative western blot analysis of phospho-tyrosine hydroxylase in hind paw skin of naïve young and aged mice. The densitometric analysis is normalized to total tyrosine hydroxylase. Results are shown as mean \pm s.e.m. (n=7) (Two-tailed Student's t-test).

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Supplementary figure 5. Sympathetic-sensory signalling in young and aged mice. (a-c) RT-PCR CT analysis shows fold change of α_{2a} adrenoceptor, α_{2c} adrenoceptor and TRPV1 in young and aged mice normalized to three housekeeping genes in dorsal root ganglia (DRG). Results are shown as mean \pm s.e.m. (n=14-16) * p <0.05, *** p <0.001. (Two-tailed Student's t-test).

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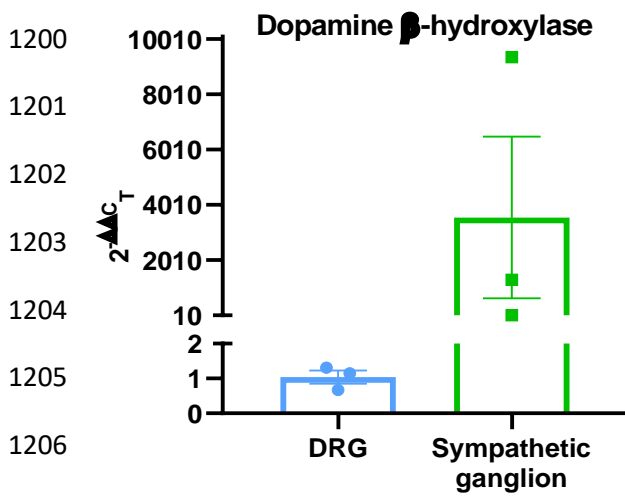
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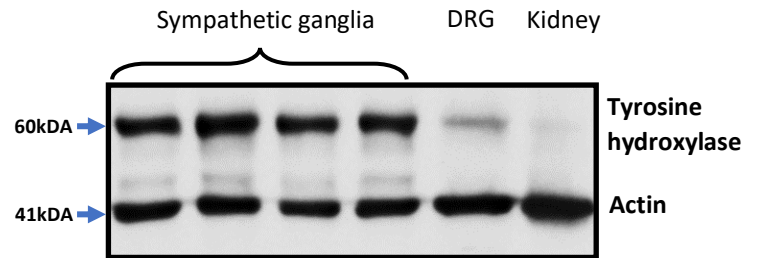
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1209 **Supplementary figure 6. Characterisation of sympathetic markers (a)** RT-PCR CT
1210 analysis shows fold change of the sympathetic nerve marker dopamine β-hydroxylase (Dbh)
1211 in DRG and sympathetic ganglia normalized to three housekeeping genes. **(b)** The western
1212 blot analysis of the sympathetic nerve marker tyrosine hydroxylase (TH) in sympathetic
1213 ganglia, DRG and kidney. Results are shown as mean ± s.e.m. (n=3).

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1228 **Supplementary Table 1.** List of primer sequences

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Gene Name	RefSeq ID	Forward Sequence	Reverse Sequence	Amplicon Size (bp)
TRPA1	NM_001348288.1	GAGGATTGCTATGCAGGTGGA	TCCACTTTGCGCAAGTACCA	75
TRPV1	NM_001001445.2	CAACAAGAAGGGGCTTACACC	TCTGGAGAATGTAGCCAAGAC	77
TRPM8	NM_134252.4	TTGTATTCCGGCTCCACTCTTC	AGTTCCTGCTGACGGTGAAAA	120
α_{2A}	NM_007417.5	TCATCTCCTCGTCCATCGGT	ACGCTTGGCGATCTGGTAAA	86
α_{2c}	NM_007418.3	ACAAGCGCACTCTCCAATCA	AGTCTCCACTCACTCGGTT	106
p16	NM_001040654.1	CCATCTGGAGCAGCATGGAGT	TCATCATCACCTGAATCGGGGTA	150
p21	NM_001111099.2	CAGCAGAATAAAAAGGTGCCACA	CACGGGACCGAAGAGACAAC	100
GAPDH	NM_001289726.1	GGTCATCCCAGAGCTGAACG	TTGCTGTTGAAGTCGCAGGA	294
B2M	NM_009735.3	GCCTGTATGCTATCCAGAAAACCCC	TGTGAGGCGGGTGGAACTGTG	114
Act	NM_007393.5	CACTGTGAGTCGCGTCCA	GTCATCCATGGCGAACTGGTG	90
HPRT	NM_013556.2	TCCTCCTCAGACCGCTTTT	CCTGGTTCATCATCGCTAATC	90
Dbh	NM_138942.3	TACTTTGCGGATGCCTGGAG	ATCTCGAGTCCTCTGTGCCT	93
TH	NM_009377.2	AGGGCCTCTATGCTACCCAT	AAGCCAGTCCGTTCTTCAA	136

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1231 Act- beta actin

HPRT- hypoxanthine guanine phosphoribosyl transferase

B2M - β 2 microglobulin

GAPDH - Glyceraldehyde 3-phosphate dehydrogenase

Dbh – dopamine β -hydroxylase

TH – tyrosine hydroxylase

α_{2a} – alpha2a adrenoceptor

α_{2c} – alpha2c adrenoceptor