

1 **Rbfox1 is required for myofibril development and maintaining fiber-type specific**
2 **isoform expression in *Drosophila* muscles**

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4 Elena Nikonova^{2*}, Ketaki Kamble^{1*}, Amartya Mukherjee^{1*}, Christiane Barz³, Upendra
5 Nongthomba^{1,#}, Maria L. Spletter^{2,#}

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7 *These authors contributed equally.

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9 1. Department of Molecular Reproduction, Development and Genetics (MRDG); Indian
10 Institute of Science, Bangalore - 560 012, India.

11 2. Biomedical Center, Department of Physiological Chemistry, Ludwig-Maximilians-
12 Universität München, Großhaderner Str. 9, 82152 Martinsried-Planegg Germany

13 3. Muscle Dynamics Group, Max Planck Institute of Biochemistry, 82152 Martinsried-
14 Planegg, Germany

15

16 #Corresponding authors:

17 Dr. Upendra Nongthomba, Department of Molecular Reproduction, Development and
18 Genetics (MRDG), Indian Institute of Science, Bangalore - 560 012, India.

19 E-mail address: upendra@iisc.ac.in, Telephone: +91-80-22933258, Fax: +91-80-23600999.

20

21 Dr. Maria L. Spletter, Biomedical Center, Department of Physiological Chemistry, Ludwig-
22 Maximilians-Universität München, Großhaderner Str. 9, 82152 Martinsried-Planegg
23 Germany.

24 E-mail address: maria.spletter@bmc.med.lmu.de, Telephone: +49-89-2180-77086, Fax: +49-
25 89-2180-77086

26 **Abstract**

27 Protein isoform transitions confer distinct properties on muscle fibers and are regulated
28 predominantly by differential transcription and alternative splicing. RNA-binding Fox protein
29 1 (Rbfox1) can affect both transcript levels and splicing, and is known to control skeletal
30 muscle function. However, the detailed mechanisms by which Rbfox1 contributes to normal
31 muscle development and physiology remain obscure. In this study, we report that Rbfox1
32 contributes to the generation of adult muscle diversity in *Drosophila*. Rbfox1 is differentially
33 expressed in tubular and fibrillar muscle fiber types. RNAi knockdown of Rbfox1 leads to a
34 loss of flight, climbing and jumping ability, as well as eclosion defects. Myofibers in
35 knockdown muscle are frequently torn, and sarcomeres are hypercontracted. These defects
36 arise from mis-regulation of fiber-type specific gene and splice isoform expression, notably
37 loss of an IFM-specific isoform of Troponin-I that is critical for regulating myosin activity.
38 We find that Rbfox1 influences mRNA transcript levels through 1) direct binding of 3'-UTRs
39 of target transcripts as well as 2) through regulation of myogenic transcription factors,
40 including Mef2, Exd and Salm. Moreover, Rbfox1 modulates splice isoform expression
41 through 1) direct regulation of target splice events in structural genes and 2) regulation of the
42 CELF-family RNA-binding protein Bruno1. Our data indicate that cross-regulatory
43 interactions observed between FOX and CELF family RNA-binding proteins in vertebrates
44 are conserved between their counterparts, Rbfox1 and Bruno1 in flies. Rbfox1 thus affects
45 muscle development by regulation of both fiber-type specific gene and gene isoform
46 expression dynamics of identity genes and structural proteins.

47

48 **Key words:** Rbfox1/A2BP1, muscle hypercontraction, *Drosophila*, Bruno1, flight muscle

49

50 **Running title:** Rbfox1 in muscle development.

52 **Introduction**

53 Muscles are an ideal model to understand the strategies involved in the generation of
54 diversity within a tissue, as they are developmentally patterned to be equipped with distinct
55 morphologies and to perform diverse functions (Spletter and Schnorrer, 2014). Muscles
56 develop to accommodate a heterogeneous composition of fiber-types with protein isoform-
57 specific signatures that impart distinctive functionalities to meet diverse physiological
58 demands (Armstrong and Phelps, 1984; Bottinelli, 2001; Bottinelli and Reggiani, 2000;
59 Schiaffino and Reggiani, 2011; Schiaffino et al., 2020). Composite muscle fiber profiles are a
60 result of coordinated regulation of gene expression (Black and Olson, 1998; Firulli and Olson,
61 1997; Majesky, 2007), co-integrated with protein isoform transitions facilitated by alternative
62 splicing (Guo et al., 2010; Kalsotra and Cooper, 2011; Nikonova et al., 2020; Smith et al.,
63 1989), accompanied by post-translational modifications (Anthony et al., 2002; Michele and
64 Campbell, 2003; Nayak and Amrute-Nayak, 2020; Wells et al., 2003). The underlying
65 molecular changes are initially regulated by the intrinsic developmental program (Firulli and
66 Olson, 1997; Kablar and Rudnicki, 2000), and later modulated by nerve stimulation,
67 physiological demands and patho-physiological conditions (Hughes et al., 1993; Pette and
68 Staron, 2001; Pistoni et al., 2010; Schiaffino et al., 2007). The process of protein isoform
69 expression needs to be tightly regulated to have a functionally relevant outcome (Anthony et
70 al., 2002; Black and Olson, 1998; Firulli and Olson, 1997; Guo et al., 2010; Kalsotra and
71 Cooper, 2011; Majesky, 2007; Smith et al., 1989).

72 Protein isoform expression is regulated by a diverse array of RNA binding proteins
73 (RBPs). RBPs regulate the process of alternative splicing by binding to *cis*-intronic elements
74 in target RNAs to generate the splicing profile of a given cell type (Fu and Ares, 2014;
75 Kalsotra and Cooper, 2011). RBPs can also regulate translation level by binding to 3'-UTR
76 elements and subsequently associating with translation factors, P-granules or components of

77 the nonsense-mediate decay (NMD) pathway (Hentze et al., 2018; Ho et al., 2021; Kishor et
78 al., 2019). RBPs are thus key mediators of eukaryotic genome information during
79 development and are essential for establishing, refining and maintaining tissue and fiber-type
80 specific properties (Grifone et al., 2020; Lunde et al., 2007; Nikonova et al., 2019; Spletter
81 and Schnorrer, 2014). The salience of this function is illustrated by observations that
82 alternative splicing and protein isoform expression patterns are disrupted in diseases from
83 cardiomyopathy to cancer (Bessa et al., 2020; Picchiarelli and Dupuis, 2020; Ravanidis et al.,
84 2018), and that loss of RBP function leads to severe neuromuscular disorders, such as
85 myotonic dystrophy, amyotrophic lateral sclerosis, and spinal motor atrophy (López-Martínez
86 et al., 2020; Nikonova et al., 2019; Picchiarelli and Dupuis, 2020). It is therefore critically
87 important to understand RBP function in detail.

88 RNA-binding Fox protein 1 (Rbfox1, the first identified member of the FOX family of
89 RBPs), is an RBP with a single, highly-conserved RNA recognition motif (RRM) domain that
90 binds to 5'-UGCAUG-3' motifs (Auweter et al., 2006; Jin et al., 2003). Rbfox1 binding to
91 introns causes context-dependent exon retention or skipping, depending on if it binds
92 upstream or downstream of an alternative exon (Fukumura et al., 2007; Nakahata and
93 Kawamoto, 2005), while 3'-UTR binding is reported to modulate mRNA stability (Carreira-
94 Rosario et al., 2016). Rbfox1 may additionally influence transcription networks by binding
95 transcriptional regulators (Shukla et al., 2017; Usha and Shashidhara, 2010; Wei et al., 2016).
96 In vertebrates, Rbfox1 has been shown to either cooperatively or competitively regulate
97 splicing with other RBPs such as SUP-12, ASD-1, MBNL1, NOVA, PTBP, CELF1/2 and
98 PSF (Conboy, 2017; Klinck et al., 2014), as well as to be involved in cross-regulatory
99 interactions with CELF and MBNL family proteins (Gazzara et al., 2017; Sellier et al., 2018).
100 This context-dependent nature of Rbfox1 function, as well as integration with other splicing
101 networks, is not yet fully understood.

102 Rbfox1 plays an important role in regulating the development of both neurons and
103 muscle (Conboy, 2017). It regulates sensory neuron specification in *Drosophila* (Shukla et al.,
104 2017), and in vertebrates is necessary for proper neuronal migration and axonal growth
105 (Hamada et al., 2016), is induced by stress (Amir-Zilberstein et al., 2012), and modulates the
106 splicing of genes involved axonal depolarization (Gehman et al., 2011; Lee et al., 2009). In
107 vertebrate muscle, Rbfox1 binding sites are enriched around developmentally-regulated,
108 alternatively spliced exons in heart (Kalsotra et al., 2008) and Rbfox1 mediated splicing is
109 involved in the regulation of cardiac failure (Gao et al., 2016). Rbfox1 regulates alternative
110 splicing of structural proteins as well as proteins in the calcium signaling pathway in skeletal
111 muscle, (Pedrotti et al., 2015), and is necessary for the maintenance of skeletal muscle mass
112 (Singh et al., 2018). Rbfox1 mutant mice display myofiber and sarcomeric defects and
113 impaired muscle function (Pedrotti et al., 2015), and Rbfox is downregulated in the mouse
114 model of Facio-scapulo humoral dystrophy (FSHD) (Pistoni et al., 2010). The exact role of
115 Rbfox1 in muscle development and physiology is still not well understood, and is moreover
116 complicated by the presence of other FOX family members in vertebrates, notably Rbfox2
117 (Begg et al., 2020; Conboy, 2017; Singh et al., 2018), that have similar functions.

118 Invertebrate models, such as *Drosophila*, are particularly useful to investigate the
119 conserved mechanisms of RBP function in muscle (Nikonova et al., 2019). The *Drosophila*
120 genome has a single copy of the *Rbfox1* (*A2BPI*) gene (Kuroyanagi, 2009), making it easier
121 to study Rbfox1 function without the complexities of redundancy. Muscle structure, as well as
122 the mechanism of acto-myosin contractility, is highly conserved (Dasbiswas et al., 2018;
123 Lemke and Schnorrer, 2017), and studies of alternative splicing regulation and fiber-type
124 specific protein isoform function have proven highly informative (Jagla et al., 2017; Jawkar
125 and Nongthomba, 2020; Plantié et al., 2015). *Drosophila* muscles are of two major types: 1)
126 the fibrillar indirect flight muscles (IFMs) comprised of the dorsal longitudinal (DLMs) and

127 dorso-ventral muscles (DVMs), and 2) the tubular muscles, which constitute the rest of the fly
128 muscles. Fibrillar muscles are physiologically similar to vertebrate cardiac muscles (Peckham
129 et al., 1990; Pringle, 1981; Swank et al., 2006), while tubular muscles resemble those of the
130 vertebrate skeletal muscles (de la Pompa et al., 1989; Nikonova et al., 2020). *Drosophila*
131 muscles also have a uniform fiber-type within a muscle fascicle (Bernstein et al., 1993;
132 Spletter and Schnorrer, 2014), removing the complication of heterogeneous muscle fiber
133 composition found in mammalian muscles.

134 In the present study, we investigated the role of Rbfox1 in muscle diversity and
135 function using *Drosophila* adult muscles. We show that Rbfox1's role in muscle development
136 is conserved, as it is necessary for the development of both fibrillar and tubular fiber-types.
137 Impairment of Rbfox1 function in the IFMs causes muscle hypercontraction resulting from
138 the mis-splicing and stoichiometric imbalance of structural proteins. We present evidence that
139 Rbfox1 regulates fiber-type specific isoform expression on multiple levels: 1) regulating
140 transcript levels through direct 3'-UTR binding as well as indirectly through regulation of
141 transcription factors including Extradenticle (Exd), Spalt major (Salm) and Myocyte enhancer
142 factor 2 (Mef2) and 2) regulating isoform expression through direct intronic binding near
143 alternative exons, as well as through regulation of and genetic interaction with the CELF-
144 family splicing factor Bruno1 (Bru1). Notably, Rbfox1, Bruno1 and Salm exhibit level-
145 dependent, cross-regulatory interactions in IFMs. This indicates conservation of an ancient
146 regulatory network between FOX and CELF family proteins in muscle, and moreover
147 suggests a feedback mechanism that integrates RNA-regulation into transcriptional
148 refinement of fiber-type identity.

149

150 **Results**

151 **Rbfox1 is differentially expressed between tubular and fibrillar muscles**

152 To evaluate the expression pattern of *Rbfox1* in *Drosophila* muscle, we used the
153 protein trap *Rbfox1^{CC00511}* (*Rbfox1*-GFP) fly line (Kelso et al., 2004) to track GFP-tagged
154 *Rbfox1* protein expression. We first examined the indirect flight muscles (IFMs), and
155 confirmed earlier data (Usha and Shashidhara, 2010) showing that *Rbfox1* is expressed on the
156 wing discs of third instar larvae (L3), in a pattern consistent with the myoblasts (Fig. 1 A).
157 *Rbfox1* protein is detectable in IFM nuclei at all stages of adult myofiber development: at 24h
158 APF in IFMs undergoing splitting and myoblast fusion (Fig. 1 B), at 40h APF during
159 sarcomere assembly (Fig. 1 C), at 58h and 72h as sarcomeres undergo maturation (Fig. 1 D,
160 E) and in 2-day old adult IFMs (Fig. 1 F). We also detect continual expression of *Rbfox1* in
161 IFMs at the RNA level based on mRNA-Seq data (Fig. 1 G). Interestingly, we observed a dip
162 in *Rbfox1* expression levels around 50h APF in the middle of IFM development on both the
163 protein and mRNA levels.

164 We next examined *Rbfox1* expression in other types of somatic muscle. *Rbfox1*-GFP
165 can be detected in the nuclei of all muscles examined, including the tubular abdominal
166 muscles (Abd-M), tergal depressor of the trochanter (TDT or jump muscle), gut and leg
167 muscles (Fig. 1 I-L). Likewise, *Rbfox1* mRNA is detected in all muscles tested, including
168 IFM, TDT, legs and abdomen (Fig. 1 H, M, Fig. S1 A, C). *Rbfox1* mRNA is expressed at
169 significantly higher levels in tubular TDT than in fibrillar IFMs, as revealed by mRNA-Seq
170 (Fig. 1 H) and RT-PCR (Fig. 1 M, Fig. S1 C), and may display preferential exon use between
171 these two fiber types (Fig. S1 B). As leg muscle and Abd-M samples cannot be dissected to
172 the same purity as IFM and TDT, mRNA levels in these samples may not accurately represent
173 muscle-specific *Rbfox1* expression. Taken together, these data demonstrate that although
174 *Rbfox1* is expressed in all types of muscle in *Drosophila*, the expression level is regulated
175 both in a temporal and muscle-type specific manner.

176

177 **Rbfox1 function in muscle is necessary for viability and pupal eclosion**

178 To evaluate Rbfox1 function in muscle development, we tested several tools to reduce
179 Rbfox1 levels. We used the deGradFP system, which was developed to specifically target
180 GFP fused proteins (Caussinus et al., 2012), to knockdown *Rbfox1*^{CC00511} (Rbfox1-GFP). We
181 also used three RNAi hairpins targeting *Rbfox1*, including *Rbfox1*-RNAi (Usha and
182 Shashidhara, 2010), *Rbfox1*-IR²⁷²⁸⁶ and *Rbfox1*-IR^{KK110518} (Nikonova et al., 2019) (Fig. S1 A).
183 Temporal and spatial regulation of these tools allowed us to evaluate Rbfox1 phenotypes
184 under experimental conditions with different levels of Rbfox1 knockdown.

185 We started by inducing deGradFP using the constitutive muscle driver Mef2-Gal4,
186 which resulted in early lethality (Fig. 2 A). To restrict knockdown specifically to
187 development of the adult muscles and avoid lethality, we combined Mef2-Gal4 driven
188 Rbfox1^{CC00511}-deGradFP and *Rbfox1*-RNAi with *tubulin-Gal80^{ts}* and performed a
189 temperature shift from 18 °C to 29 °C at late L3. Temperature-shifted deGradFP flies were
190 pupal lethal and failed to eclose (Fig. 2 A, C). *Rbfox1*-RNAi was less severe, and around 70%
191 of pupae were able to eclose (Fig. 2 A). We confirmed *Rbfox1* knockdown by qPCR (Fig. S1
192 D). Mef2-Gal4 driven knockdown with *Rbfox1*-IR^{KK110518} was pupal lethal, and larval lethal
193 when combined with UAS-Dcr2 or driven with Act5c-Gal4 (Fig. 2 A, B). *Rbfox1*-IR²⁷²⁸⁶ was
194 the weakest hairpin, as more than 80% of flies eclosed when crossed to Act5c-Gal4 or Mef2-
195 Gal4. When combined with UAS-Dcr2, most *Rbfox1*-IR²⁷²⁸⁶ flies eclosed at 22 °C, but were
196 pupal lethal at 25 °C and 27 °C (Fig. 2 B). We confirmed the level of knockdown by semi-
197 quantitative RT-PCR (Fig. S1 E). We thus are able to tune the expression level of Rbfox1 in
198 muscle and established a knockdown series ordered from strongest to weakest: deGradFP >
199 *Rbfox1*-IR^{KK110518} > *Rbfox1*-RNAi > *Rbfox1*-IR²⁷²⁸⁶. We conclude that Rbfox1 function in
200 muscle is required for viability, as the strongest muscle-specific knockdown conditions

201 resulted in early lethality. Rbfox1 is further required during adult muscle development, as
202 weaker knockdown efficiencies resulted in pupal lethality, notably due to eclosion defects.

203

204 **Rbfox1 contributes to tubular muscle development and function**

205 To determine if Rbfox1 is required in tubular muscles, as suggested by the eclosion
206 defect, we investigated tubular muscle structure and function. We first assayed climbing
207 ability by evaluating how many adult flies were able to climb 5 centimetres (cm) in 3 seconds.
208 We tested *Rbfox1-IR*²⁷²⁸⁶ flies driven with Act5c-Gal4 and Mef2-Gal4 at 27 °C, and with
209 UAS-Dcr2, Mef2-Gal4 at 22 °C, as we could obtain surviving adults from these conditions.
210 Flies with reduced Rbfox1 levels were poor climbers (Fig. 2 D), indicating impairment in
211 tubular leg muscle function. We did not observe climbing defects when we performed
212 knockdown with Act88F-Gal4 (Fig. 2 D), which is largely restricted to the fibrillar flight
213 muscles. To assess functional defects in tubular TDT muscle, we then assayed jumping ability
214 by measuring the distance a startled fly can jump. Decreased levels of Rbfox1 severely
215 impaired jumping ability (Fig. 2 E); while control flies on average jumped a distance of
216 around 2 cm, knockdown flies jumped under 1 cm. We also saw defective jumping in
217 Act88F-Gal4 driven Rbfox1 knockdown, and phenotypic severity was dependent on the
218 strength of knockdown (Fig. 2 E). This may reflect a weak expression of the driver in jump
219 muscle, or expression at an earlier point in TDT development. Together, these data indicate
220 that a decrease in Rbfox1 levels results in behaviour defects associated with impaired tubular
221 muscle function.

222 We next examined tubular muscle structure using confocal microscopy. We observed
223 severe disruptions in sarcomere and myofibril structure in both TDT and Abd-M depending
224 on the strength of Rbfox1 knockdown (Fig. 2 F-O). TDT myofibrils were frayed and severely
225 disorganized after knockdown with all three RNAi hairpins (Fig. 2 F-J). Although nuclei were

226 still organized in the center of the TDT myofibers, the cytoplasmic space between the nuclei
227 was often invaded by myofibrils in knockdown conditions (Fig. S1 H-J). In severe examples,
228 TDT fibers were atrophic and severely degraded (Fig. S1 P). The TDT sarcomeres were
229 significantly shorter in 1d adult flies with Mef2-Gal4 driven *Rbfox1*-IR²⁷²⁸⁶ ($2.11 \pm 0.21 \mu\text{m}$
230 versus $2.71 \pm 0.19 \mu\text{m}$ in control, p-value < 0.001) and this was enhanced in the presence of
231 Dcr2 ($1.76 \pm 0.31 \mu\text{m}$ versus $2.98 \pm 0.26 \mu\text{m}$ in control, p-value < 0.001). Sarcomeres were
232 not significantly shorter at 90h APF with the stronger Mef2-Gal4 driven *Rbfox1*-IR^{KK110518}
233 ($2.43 \pm 0.27 \mu\text{m}$ versus $2.52 \pm 0.24 \mu\text{m}$ in control, p-value = 0.7413) (Fig. 2 P). Classic
234 hypercontraction mutants in IFMs display a similar phenotype, where mis-regulated Myosin
235 activity leads to sarcomere shortening after eclosion (Nongthomba et al., 2003).

236 We observed similar defects in Abd-M sarcomere and myofibril structure after *Rbfox1*
237 knockdown (Fig. 2 K-O). Knockdown with *Rbfox1*-RNAi during adult muscle development
238 led to loss of sarcomere architecture (Fig. 2 L). In *Rbfox1*-IR²⁷²⁸⁶ and *Rbfox1*-IR^{KK110518}
239 knockdown animals, Abd-M myofibers were often torn (Fig. 2 M-O) or degraded (Fig. S1 Q).
240 Myofibrils were disorganized, at times invading the center of the fiber (Fig. S1 M-O), and
241 laterally-aligned Z-discs were poorly organized (Fig. 2 M-O). Abd-M sarcomeres in 1d adults
242 with Dcr2, Mef2-Gal4 driven *Rbfox1*-IR²⁷²⁸⁶ were significantly shorter than controls ($2.99 \pm$
243 $0.64 \mu\text{m}$ versus $3.70 \pm 0.47 \mu\text{m}$ in control, p-value < 0.001), and were already significantly
244 shorter at 90h in Mef2-Gal4 driven *Rbfox1*-IR^{KK110518} ($2.71 \pm 0.83 \mu\text{m}$ versus $3.74 \pm 0.64 \mu\text{m}$
245 in control, p-value < 0.001) (Fig. 2 Q). Overall, the observed phenotypes in tubular TDT and
246 Abd-M are consistent between independent RNAi hairpins and phenotypic severity increases
247 with increasing strength of *Rbfox1* knockdown. Taken together, the defects in eclosion,
248 climbing, jumping and tubular myofiber morphology indicate a general requirement for
249 *Rbfox1* in tubular muscle development.

250

251 **Knockdown of *Rbfox1* leads to muscle hypercontraction in the IFMs**

252 We next evaluated *Rbfox1* function in fibrillar indirect flight muscle (IFMs). We were able to
253 obtain surviving adults from pupal-restricted *Rbfox1*-RNAi, and noted these flies were
254 completely flightless (Fig. 3 A). In agreement with our previous results (Nikonova et al.,
255 2019), we also found that surviving adults from all *Rbfox1*-IR²⁷²⁸⁶ crosses, as well as flies
256 with IFM-restricted, Act88F-Gal4 driven *Rbfox1*-IR^{KK110518} had impaired flight ability (Fig. 3
257 B). The strength of the flight defect increased with the strength of the *Rbfox1* knockdown and
258 was consistent across all three RNAi hairpins tested.

259 To determine if the impaired flight was the result of defective muscle structure or
260 function, we examined IFMs using confocal microscopy. Myofibers in thoraxes of 1d old (1d)
261 adult *Rbfox1*-IR²⁷²⁸⁶ flies or 90h APF *Rbfox1*-IR^{KK110518} flies were frequently torn and
262 detached (Fig. 3 C-F). Myofibrils in remaining intact DLM myofibers were frayed and wavy
263 (Fig. 3 C'-E'). Sarcomere length was significantly shorter in 1d adult flies with both *Mef2* >
264 *Rbfox1*-IR²⁷²⁸⁶ ($2.90 \pm 0.24 \mu\text{m}$ versus $3.34 \pm 0.20 \mu\text{m}$ in control, p-value < 0.001) and with
265 UAS-Dcr2, *Mef2*-Gal4 enhanced knockdown ($2.98 \pm 0.33 \mu\text{m}$ versus $3.43 \pm 0.16 \mu\text{m}$ in
266 control, p-value < 0.001) (Fig. 3 G, Fig. S2 A). Myofibril width in *Mef2* > *Rbfox1*-IR²⁷²⁸⁶
267 IFMs was significantly thicker than control ($1.58 \pm 0.25 \mu\text{m}$ versus $1.18 \pm 0.11 \mu\text{m}$ in control,
268 p-value < 0.001) (Fig. 3 H, Fig. S2B). Myofibril width was actually thinner with UAS-Dcr2,
269 *Mef2*-Gal4 enhanced knockdown in 1d adults ($0.92 \pm 0.22 \mu\text{m}$ versus $1.14 \pm 0.12 \mu\text{m}$ in
270 control, p-value < 0.001), possibly reflecting the increased severity of myofibril fraying and
271 loss. At 90h APF, sarcomeres of *Rbfox1*-IR²⁷²⁸⁶ and *Rbfox1*-IR^{KK110518} flies were not
272 significantly shorter than the control (Fig. 3 G, Fig. S2 A), but myofibrils tended to be thicker
273 (Fig. S2 B). Myofibrils in Act88F-Gal4 mediated knockdown only showed mild defects (Fig.
274 3 G, H, Fig. S2 C, D) despite adult flies being flight impaired.

275 We further confirmed the IFM defects with *Rbfox1*-RNAi and *Rbfox1*^{CC00511}-
276 deGradFP. When we assessed DLMs of the few *Rbfox1*^{CC00511}-deGradFP escapers, we saw
277 tearing or detachment of muscle fibers (Fig. S2 F-H) and defective patterning of the DLM
278 myofibrils, including actin accumulations and sarcomeric defects (Fig. S2 I, J). We visualized
279 DLM fibers from *Rbfox1*-RNAi adult flies under polarized light and also observed tearing and
280 loss of muscle fibers (Fig. 3 I, J, L). Sarcomere cytoarchitecture was severely disrupted,
281 accompanied by the appearance of actin accumulations at the Z-discs, also known as Zebra
282 bodies (Fig. 3 I', J'). We were unable to attempt a rescue of these defects because *Rbfox1*
283 over-expression with Mef2-Gal4 was lethal. Over-expression of *Rbfox1* from 40h APF using
284 the IFM-specific UH3-Gal4 (Singh et al., 2014) resulted in an IFM phenotype similar to the
285 knockdown, including torn myofibers (Fig. S2 E) and thin, frayed or torn myofibrils with
286 short sarcomeres (Fig. S2 E'). The consistency in phenotype between all three RNAi hairpins
287 and *Rbfox1*^{CC00511}-deGradFP, as well as the increased phenotypic severity with stronger
288 knockdown, indicate that Rbfox1 is required for IFM development. Moreover, the decrease in
289 sarcomere length with a corresponding increase in myofibril width in 1d old adults suggests
290 that loss of Rbfox1 results in a hypercontraction phenotype. Interestingly, both *Rbfox1*
291 knockdown and Rbfox1 over-expression produce similar hypercontraction defects.

292 Previously, hypercontraction has been characterised as the damage caused by mis-
293 regulated acto-myosin interactions, which can result from many factors including mutations in
294 structural proteins, mechanical stress, stoichiometric imbalance and mis-expression of
295 structural protein isoforms (Firdaus et al., 2015; Nongthomba et al., 2003; Nongthomba et al.,
296 2004; Nongthomba et al., 2007). These mis-regulated acto-myosin interactions can be
297 suppressed by a myosin heavy chain allele (*Mhc*^{P401S}) that minimizes the force produced by
298 acto-myosin interactions (Nongthomba et al., 2003). Including the *Mhc*^{P401S} allele in the
299 *Rbfox1*-RNAi knockdown background restored the structure of IFM myofibers (Fig. 3 K, L)

300 and sarcomeric cytoarchitecture (Fig. 3K'), confirming that the *Rbfox1* knockdown phenotype
301 indeed resulted from muscle hypercontraction. Complicated genetic recombination prevented
302 us from using the *Mhc*^{P401S} allele to additionally confirm the hypercontraction phenotype
303 observed in *Rbfox1* over-expression IFMs.

304

305 **Bioinformatic identification of muscle genes with *Rbfox1* binding motifs**

306 FOX1, the vertebrate homologue of *Rbfox1*, has previously been shown to regulate splicing
307 and its binding site is over-represented in introns flanking muscle specific exons in
308 vertebrates (Brudno et al., 2001). *Drosophila* *Rbfox1* recognizes the same (U)GCAUG motif
309 in RNA (Carreira-Rosario et al., 2016); therefore, we performed a bioinformatic search to
310 identify putative RNA targets of *Rbfox1* involved in muscle development. We identified
311 3,312 genes with intronic *Rbfox1* binding motifs, as well as 683 and 1,184 genes with *Rbfox1*
312 binding motifs in their 5'-UTR or 3'-UTR regions, respectively (Fig. S3 A, Table S1). The
313 presence of intronic motifs identifies possible alternative splicing targets, while UTR motifs
314 may indicate direct regulation of mRNA stability, trafficking or translation. When classified
315 based on their molecular function gene ontology (GO) annotation, many of these genes have
316 binding or catalytic activity, notably including DNA, RNA and actin-binding, and a portion
317 are structural molecules (Fig. S3 B). When we look in previously annotated gene lists
318 (Spletter et al., 2018), around 20% of all RNA-binding proteins, 40% of transcription factors
319 and 60% of sarcomere proteins contain *Rbfox1* binding motifs in their introns or UTR regions
320 (Fig. S3 C). Overall, about 30% of genes that have reported RNAi phenotypes in muscle
321 (Schnorrer et al., 2010) and nearly 25% of genes regulated in a fibrillar-specific manner
322 (Spletter et al., 2015) also contain canonical *Rbfox1* binding motifs. These genes influencing
323 muscle development are enriched for Biological Process GO terms such as “regulation of
324 transcription, DNA-templated”, “regulation of RNA metabolic process”, “actin cytoskeleton

325 organization” and “sarcomere organization” (Fig. S3 D). We also see enrichment for terms
326 like “signal transduction”, “synapse organization” and “axon guidance,” suggesting that
327 characterized roles for *Rbfox1* in neuronal development (Gehman et al., 2011) may also affect
328 the neuro-muscular junction. This strongly suggests that genes important for muscle
329 development are likely targets of *Rbfox1* regulation.

330 We then selected candidate *Rbfox1* target genes to verify based on their direct or
331 indirect involvement in muscle contraction, which could explain the sarcomere defects and
332 mis-regulated acto-myosin interactions in the *Rbfox1* knockdown condition. We found that
333 the characterized myogenic transcription factors *extradenticle (exd)* and *Myocyte enhancer*
334 *factor 2 (Mef2)* contain 3 and 7 *Rbfox1* motifs, respectively, both in introns and 3'-UTR
335 regions (Fig. S3 F, G). The RNA-binding protein Bruno1 (*Bru1*, also called *arrest*), which has
336 previously been shown to regulate fibrillar-specific alternative splicing (Oas et al., 2014;
337 Spletter et al., 2015), contains 42 intronic and 2 5'-UTR *Rbfox1* binding motifs (Fig. S3 H).
338 We also noted that putative *Rbfox1* targets include proteins with structural molecule activity
339 such as Troponin-I (TnI), which is encoded by the gene *wings up A (wupA)*. TnI is the
340 inhibitory subunit of the Troponin complex and has an *Rbfox1* binding site downstream of
341 exon 6b1 and another in the 3'-UTR (Fig. S3 E). The TnI isoform containing exon 6b1 and
342 exon 3 is reported to be specific to the IFMs and its loss was previously shown to result in
343 hypercontraction (Barbas et al., 1993; Nongthomba et al., 2004). We next proceeded to
344 experimentally validate these candidate genes.

345

346 ***Rbfox1* regulates expression of structural proteins**

347 To confirm if *Rbfox1* regulates target structural proteins including TnI, we checked the
348 expression of TnI in *Rbfox1*-RNAi IFMs. TnI protein levels were significantly upregulated in
349 the IFMs with *Rbfox1* knockdown as assayed by Western Blot (Fig. 4 A, B). Although not

350 significant, *wupA* mRNA levels tend towards upregulation in *Rbfox1*-RNAi IFMs and TDT as
351 assayed by RT-qPCR (Fig. S4 A). Overexpression of *Rbfox1* significantly reduced the levels
352 of TnI protein detected by Western Blot in IFMs (Fig. 4 D, E). *wupA* mRNA levels were not
353 significantly changed with *Rbfox1* overexpression, but tended towards upregulation (Fig. S4
354 A). As a control which lacks the *Rbfox1* binding site (Table S1), we assessed expression of
355 the flight muscle specific actin (*Act88F*). Although *Act88F* levels in IFMs tended toward
356 upregulation, we did not observe statistically significant changes in either *Act88F* protein
357 (Fig. 4A, C) or mRNA (Fig. S4 B, C, D) levels. Surprisingly, overexpression of *Rbfox1*
358 significantly decreased the expression level of *Act88F* protein (Fig. 4 D, F) and mRNA (Fig.
359 S4 B). In addition, *Rbfox1* knockdown in TDT resulted in significantly decreased levels of
360 *Act88F* mRNA (Fig. S4 C, D). Thus, *Rbfox1* negatively regulates expression of structural
361 proteins TnI and *Act88F* in IFMs, and positively regulates *Act88F* mRNA levels in TDT.

362 To determine whether *Rbfox1* directly binds *wupA* (TnI) and *Act88F* mRNAs, we
363 performed RNA immunoprecipitation (RIP) to pull down target RNAs bound to *Rbfox1*. We
364 used the *Rbfox1*^{CC00511} (*Rbfox1*-GFP) fly line and confirmed via Western blot that anti-GFP
365 antibodies could selectively immunoprecipitate *Rbfox1*-GFP (Fig. 4 G). We then amplified
366 RNA bound to *Rbfox1* by RT-PCR with gene-specific primers (Table S2). *Act88F*, which
367 lacks *Rbfox1* binding sites and thus served as the negative control, could not be detected after
368 RIP (Fig. 4 H). By contrast, *wupA* (TnI) mRNA was enriched in the RIP with anti-GFP
369 antibodies, but not in the IgG isotype control (Fig. 4 H'). This likely reflects *Rbfox1* binding
370 to the motif in the 3'-UTR of *wupA*, as the PCR primers amplify the C-terminal region of the
371 fully-spliced mRNA transcript. Thus, *Rbfox1* binds directly to *wupA* mRNA to regulate its
372 expression.

373 While *Rbfox1* binding sites in introns are typically associated with regulation of
374 alternative splicing (Conboy, 2017), a recent study showed that *Rbfox1* binds to the UTR

375 region of *Pumilio* mRNA and represses its translation in *Drosophila* ovaries (Carreira-Rosario
376 et al., 2016). To check whether Rbfox1 regulates some target mRNAs such as *wupA* (TnI)
377 post-transcriptionally in IFMs, we looked for interacting partners of Rbfox1. We performed
378 co-immunoprecipitation from *Rbfox1^{CC00511}* (Rbfox1-GFP) thoraxes followed by mass
379 spectrometry to identify protein interactors (Fig. S4 E-G). We found that Rbfox1 interacted
380 with the cellular translation machinery including the eukaryotic translation initiation factor
381 eIF4-A and Rent-1 (a regulator of nonsense mediated decay) (Fig. S4 G). These findings
382 suggest that Rbfox1 may regulate translation or direct target mRNAs to nonsense mediated
383 decay through 3'-UTR binding.

384

385 **Mis-regulation of TnI contributes to hypercontraction in Rbfox1 knockdown IFMs**

386 We wondered if the hypercontraction phenotype observed after Rbfox1 knockdown
387 and overexpression could be caused by mis-regulation of TnI, thus we performed genetic
388 interaction studies with TnI alleles. It was previously reported that mutations in the TnI
389 encoding *wupA* gene cause hypercontraction in the IFMs. A mutation in the splice site
390 preceding exon 6b1 leads to an IFM-specific null mutant *wupA^{hdp-3}* (Barbas et al., 1993),
391 which shows a hypercontraction phenotype in the heterozygous condition (Nongthomba et al.,
392 2004). Another mutant *wupA^{fliH}* has a mutation in the Mef2 binding site located in an
393 upstream response element (URE) and results in hypercontracted IFMs with reduced levels of
394 TnI (Firdaus et al., 2015). Since *Rbfox1* knockdown increases TnI levels (Fig. 4 A, B), we
395 knocked down *Rbfox1* in each of the *wupA^{fliH}* and *wupA^{hdp-3}* mutant backgrounds to see if TnI
396 levels were restored and hypercontraction was rescued. As *wupA^{fliH}* is a recessive mutation,
397 hemizygous males were used. *Rbfox1*-RNAi in the *wupA^{fliH}* background did not rescue muscle
398 hypercontraction (Fig. 4 I, J, M), and *TnI* levels did not change significantly (Fig. 4 N).
399 However, *Rbfox1*-RNAi in *wupA^{hdp-3}* heterozygous mutant female flies showed partially

400 rescued the IFM hypercontraction phenotype and significantly reduced myofiber loss (Fig. 4
401 K, L, M). We confirmed that *wupA^{fliH}* heterozygous mutants have 36-40% of *wupA* mRNA
402 expression compared to *Canton-S* controls, as reported previously (Nongthomba et al., 2004).
403 We also observed that mRNA levels of specifically the *wupA-6b1* transcript were restored
404 when *Rbfox1* was knocked down in *wupA^{hdp-3}* mutants (Fig. 4 O). Thus, *Rbfox1* knockdown
405 rescued hypercontraction in *wupA^{hdp-3}* but not in *wupA^{fliH}* mutants, suggesting that in addition
406 to direct 3'-UTR binding, *Rbfox1* may influence muscle-specific splicing of *wupA* (TnI).
407 These results demonstrate that *Rbfox1* regulation of TnI expression contributes to the muscle
408 hypercontraction phenotype.

409

410 **Rbfox1 regulates splicing factor Bruno1 levels across muscle fiber-types**

411 The mammalian *Rbfox1* ortholog FOX1 not only performs tissue specific splicing of target
412 mRNAs during muscle development (Nakahata and Kawamoto, 2005), but is also subject to
413 complex, cross-regulatory interactions with CELF family RNA-binding proteins (Nikonova et
414 al., 2019). One of the top hits in our bioinformatic analysis with 44 *Rbfox1* binding motifs
415 was Bruno1 (Bru1) (Fig. 5 A, Fig. S3 H), a CELF1/2 homologue in *Drosophila*. Bru1 has
416 previously been shown to be necessary and sufficient for IFM-specific alternative splicing of
417 structural protein genes including *wupA* (TnI) (Oas et al., 2014; Spletter et al., 2015). This led
418 us to investigate if *Rbfox1* might regulate Bru1 in *Drosophila*.

419 We first evaluated Bru1 expression in *Rbfox1* knockdown muscle at the protein level
420 using a rabbit polyclonal antibody generated against the divergent domain between RRM2
421 and RRM3 that should recognize all Bru1 isoforms (Fig. 5 A). In immunostainings of
422 wildtype (*w¹¹¹⁸*) adult IFMs, Bru1 is strongly expressed and localized to the nucleus (Fig. 5
423 B). In IFMs from 1d old adult flies with Mef2-Gal4 driven *Rbfox1-IR²⁷²⁸⁶* or in 90 h APF
424 *Rbfox1-IR^{KK110518}* IFMs, we observed reduced Bru1 staining (Fig. 5 C, K). Bru1 staining is

425 absent in a CRISPR mutant *bru1*^{M2} that removes the divergent domain, demonstrating
426 antibody specificity (Fig. 5 A, D, G, J, K). We were able to detect extremely low levels of
427 mostly cytoplasmic Bru1 in wildtype TDT, and this staining was lost after Rbfox1
428 knockdown and undetectable in *bru1*^{M2} mutant TDT (Fig. 5 E-G, K). There was no Bru1
429 signal detectable above background in any Abd-M samples (Fig. 5 H-J, K). Thus, Rbfox1
430 knockdown leads to a reduction of Bru1 protein levels in IFMs and TDT.

431 We next assessed Bru1 protein levels using Western blot. In IFMs dissected from
432 wildtype flies, we consistently observed a band at 64 kDa and a second at 88 kDa (Fig. 5 L),
433 presumably corresponding to the Bru1-PA and Bru1-PB protein isoforms produced from the
434 *bru1-RA* and *bru1-RB* mRNA transcripts, respectively (Fig. 5 A). TDT predominantly
435 expresses Bru1-PB, while weak expression of Bru1-PA is detected in Abd (Fig. 5 L). Bru1-
436 PB was significantly reduced in IFMs and TDT from *Rbfox1-IR*^{KK110518} flies, while the Bru1-
437 PA isoform was largely unaffected (Fig. 5 L, M). At the mRNA level, semi-quantitative RT-
438 PCR using primers targeting a region common to both isoforms revealed a decrease in *bru1*
439 levels in both IFMs and TDT (Fig. 5 N, O). Levels of specifically the *bru1-RB* transcript were
440 also reduced in both IFMs and TDT (Fig. 5 N, O). We performed RIP to determine if Rbfox1
441 regulation of *bru1* mRNA is direct and indeed could detect *bru1* RNA bound to Rbfox1-GFP,
442 but we are unable to resolve the specific transcript or distinguish between mature mRNA or
443 partially spliced pre-mRNA in the bound fraction (Fig. S4 H). We also tested a GFP reporter
444 built with the promoter region upstream of *bru1-RA*, but observed no change in GFP
445 expression in *Rbfox1-RNAi* IFMs (Fig. S4 I-J). This is either due to differential regulation of
446 the *bru1-RA* and *bru1-RB* isoforms, or more likely due to regulation of *bru1* RNA processing
447 rather than transcription. We conclude that Rbfox1 regulates levels of Bru1 in both fibrillar
448 IFMs and tubular TDT, and preferentially targets the *bru1-RB* isoform.

449

450 **Rbfox1 and Bru1 cross-regulatory interactions are expression level dependent**

451 In vertebrates, members of the FOX and CELF families of RNA-binding proteins
452 display complex cross-regulatory interactions, and we were curious if these interactions are
453 evolutionarily conserved in flies. First, Rbfox1 has been shown to auto-regulate its own
454 expression (Damianov and Black, 2010), and indeed we find 35 Rbfox1 binding motifs in
455 Rbfox1 introns (Figure S5 A). Although strong knockdown with *Rbfox1*-IR^{KK110518} and Dcr2
456 enhanced *Rbfox1*-IR²⁷²⁸⁶ significantly decreases levels of *Rbfox1* mRNA, a weaker
457 knockdown with *Rbfox1*-IR²⁷²⁸⁶ tends towards increased *Rbfox1* levels (Fig. S1 E), suggesting
458 de-repression of a negative feedback loop. Second, our data with a strong *Rbfox1*-IR^{KK110518}
459 knockdown indicate that Rbfox1 can positively regulate Bru1 protein levels (Fig. 5).
460 However, in mRNA-Seq data from Spletter et al., (2018), we observed that *Rbfox1* and *bru1*
461 have opposite temporal mRNA expression profiles across IFM development, suggesting that
462 Bru1 levels are high when Rbfox1 levels are low (Fig. S5 B). To evaluate if Rbfox1
463 expression levels might alter the valence of the regulatory interaction with Bru1, we took
464 advantage of our RNAi knockdown series. Indeed, weaker knockdown conditions with
465 *Rbfox1*-IR²⁷²⁸⁶ as well as *Rbfox1*-RNAi resulted in increased levels of *bru1* mRNA as well as
466 the *bru1*-RB transcript in IFMs (Fig. S5 C, D). Correspondingly, we see a trend towards
467 increased protein-level expression of Bru1-PA in *Rbfox1*-IR²⁷²⁸⁶ IFMs, although levels of
468 both Bru1-PA and Bru1-PB do not change significantly (Fig. S5 E, F). Mef2-Gal4 driven
469 Rbfox1 overexpression, accomplished by a temperature shift to avoid early lethality, is
470 sufficient to decrease *bru1* mRNA levels in IFMs (Fig. S5 C), supporting that Rbfox1 can
471 indeed negatively regulate Bru1 levels. This indicates that in IFMs, the expression level of
472 Rbfox1 is tightly regulated and determines if Rbfox1 negatively or positively influences Bru1
473 expression. This regulation is likely fiber-type specific, as *bru1* mRNA levels in *Rbfox1*-
474 IR²⁷²⁸⁶ TDT are decreased (Fig. S5 D) and protein levels of both Bru1-PA and Bru1-PB tend

475 to increase in *Rbfox1*-IR²⁷²⁸⁶ TDT and Abd (Fig. S5 E, F). Similar fiber-type and level-
476 dependent regulation were also observed for *exd* and *salm* mRNAs, as discussed below.

477 We next evaluated if Bru1 might regulate *Rbfox1*. *Rbfox1* mRNA levels are
478 significantly downregulated in mRNA-Seq data from 72h APF pupae and 1d adults (Spletter
479 et al., 2015) when *bru1* is knocked down in IFMs using RNAi (Fig. S5 G), suggesting that
480 Bru1 positively regulates *Rbfox1* expression. However, there is no significant effect on
481 *Rbfox1* mRNA levels in IFMs or TDT from *bru1*^{M2} or *bru1*^{M3} mutants (Fig. S5 G, I, J),
482 suggesting this regulation depends on how much Bru1 protein is actually present in the
483 muscle. We see a similar effect when Bru1 is overexpressed: early and strong overexpression
484 in IFMs with the Mef2 driver significantly decreases *Rbfox1* mRNA levels (Fig. S5 H), but
485 overexpression from 34h APF with UH3-Gal4 (IFM) does not (Fig. S5 I). Overexpression of
486 Bru1 in TDT with Act79B-Gal4 also tends to reduce *Rbfox1* levels, although this was not
487 statistically significant (Fig. S5 J), suggesting that Bru1 can also negatively regulate *Rbfox1*
488 mRNA levels. We conclude that Bru1 can regulate *Rbfox1* levels in *Drosophila* muscle, and
489 likely in a level-dependent manner.

490

491 ***Rbfox1* and Bru1 genetically interact selectively during IFM development**

492 Having established that *Rbfox1* and Bru1 regulate each other's expression, we next
493 explored if they might cooperatively regulate muscle development. *bru1*-IR is reported to
494 result in short sarcomeres and hypercontraction (Oas et al., 2014; Spletter et al., 2015), a
495 phenotype very similar to what we characterized in *Rbfox1* knockdown (Fig. 3). We verified
496 that the Bru1 phenotype is IFM-specific in *bru1*^{M2} mutants (Fig. 6) and *bru1*-IR flies (Fig.
497 S6). We observed loss of myofibers (Fig. 6 B, Fig. S6 C) as well as short, thick sarcomeres in
498 the IFMs (Fig. 6 F, Q, R, Fig. S6 G), but no phenotype in either TDT or Abd-M (Fig. 6J, N, S,
499 T, Fig. S6 K, O). By contrast, *Rbfox1* knockdown affects tubular as well as fibrillar muscles

500 (Fig. 6 C, G, K, O; Fig. S6 B, F, J, N). To test if overexpression of Bru1 can also induce
501 hypercontraction like we observe with overexpression of Rbfox1 (Fig. S2 E), we drove UAS-
502 Bru1 using Mhc-Gal4 (which expresses from 40h APF onwards). Indeed, overexpression of
503 Bru1 leads to an IFM hypercontraction phenotype including myofiber loss (Fig. S6 R) and
504 torn myofibrils with short sarcomeres (Fig. S6 R'). This phenotype could be partially rescued
505 by the *Mhc*^{P401S} allele of myosin heavy chain (Fig. S6 S, S'), confirming that myofiber
506 detachment is indeed due to hypercontraction. Thus, loss as well as gain of both Bru1 and
507 Rbfox1 in IFM result in similar phenotypes, including hypercontraction.

508 This led us to test what happens to muscles lacking both Rbfox1 and Bru1.
509 Knockdown with *Rbfox1-IR*²⁷²⁸⁶ in the *bru1*^{M2} background reveals a strong genetic
510 interaction. IFM myofibers were still present but severely disorganized and displayed an
511 unusual banded actin pattern (Fig. 6 D). Myofibril and sarcomere structure were completely
512 compromised and F-actin formed into disarrayed clumps, as well as spine and star-like
513 structures (Fig. 6 H). We obtained an identical IFM phenotype in double knockdown (*bru-IR*,
514 *Rbfox1-RNAi*) flies with Mef2-Gal4 expression restricted to adult IFM development using
515 *Tubulin-Gal80^{ts}* and a temperature shift at the late third instar larval stage (Fig. S6 D, H). This
516 genetic interaction is restricted to IFMs, as the phenotype in TDT and Abd-M was not
517 enhanced and appeared consistent with the phenotype observed in *Rbfox1-IR*²⁷²⁸⁶ (compare
518 Fig. 6 K, O to L, P) or *Rbfox1-RNAi* (compare Fig. S6 J, N to L, P) alone. TDT myofibrils
519 were disorganized and frayed with short sarcomeres (Fig. 6 L, S; Fig. S6 L), while Abd-M
520 myofibrils were discontinuous and sarcomere structure was irregular (Fig. 6 P, T; Fig. S6 P).
521 This result indicates that Rbfox1 and Bru1 genetically interact in fibrillar IFM, but not in
522 tubular TDT and Abd-M where primarily Rbfox1 seems to function.

523

524 **Rbfox1 and Bruno1 co-regulate alternative splice events in IFMs**

525 Many developmentally-regulated, alternatively spliced exons in vertebrate muscle have
526 binding sites for both FOX and CELF family RNA-binding proteins, and in heart notably
527 appear to be antagonistically co-regulated by CELF2 and RBFOX2 (Bland et al., 2010;
528 Gazzara et al., 2017). Thus, we next checked if *Rbfox1* and *Bru1* co-regulate alternative
529 splicing in *Drosophila* muscle. We performed RT-PCR for select alternative splice events in
530 structural proteins known to have fibrillar and tubular specific isoforms, including *TnI*
531 (*wupA*), *Zasp52*, *Mhc*, *Sls* and *Strn-Mlck*. *TnI* has IFM- and TDT-specific protein isoforms
532 marked by the presence or absence of exon-4 (based on the most recent Flybase annotation,
533 formerly exon 3) (Fig. S6 Q) (Barbas et al., 1993; Beall and Fyrberg, 1991), and this splice
534 event is regulated by *Bru1* (Oas et al., 2014; Spletter et al., 2015). Loss of *bru1* but not
535 *Rbfox1* in IFMs caused a complete switch to the tubular event promoting *wupA-Ex4* skipping
536 (Fig. 6 U). Overexpression of *Bru1* with Act79B-Gal4 in TDT was sufficient to switch to the
537 IFM event and restore splicing into exon-4 (Fig. 6 U). RT-PCR selective for *wupA-Ex4*
538 revealed an overall decreased expression in *Rbfox1* knockdown IFMs and TDT, and complete
539 loss in *bru1*^{M2} mutant muscle (Fig. S6 T). These results suggest that *wupA-Ex4* splicing is
540 largely dependent on *Bru1*, and changes to *wupA* splicing in *Rbfox1* knockdown are likely
541 indirect.

542 Another structural protein with fibrillar and tubular specific isoforms known to be
543 regulated by *Bru1* is *Zasp52* (Spletter et al., 2015). *Zasp52* exon-14 is preferentially included
544 in TDT, shortened in IFMs and skipped in Abd-M (Fig. 6 U). In IFMs, knockdown of *Rbfox1*
545 and loss of *Bru1* results in a shift towards exon-14 skipping. In TDT, knockdown of *Rbfox1*
546 also results in a shift towards exon skipping, while loss of *Bru1* has little effect.
547 Overexpression of *Bru1* in TDT is sufficient to shift splicing to the “short exon 14” isoform of
548 *Zasp52*. Neither *Rbfox1* knockdown nor loss of *Bru1* alters *Zasp52* splicing in Abd. This
549 result indicates that *Bru1* promotes use of the alternative 3’ splice site leading to a “short exon

550 14” *Zasp52* isoform in both TDT and IFMs. In TDT but not in IFMs or Abd, *Rbfox1*
551 promotes inclusion of full-length exon 14, independent of *Bru1*.

552 Myosin Heavy Chain (*Mhc*) has three different alternative C-terminal exons that are
553 differentially spliced in a temporal and muscle-type specific manner (Clyne et al., 2003; Kao
554 et al., 2019; Orfanos and Sparrow, 2013). The IFMs in adult flies preferentially use the first
555 termination site encoded by exon 35 (Fig. 6 U). In *Rbfox1* knockdown and *bru1^{M2}* mutant
556 IFMs, there is a shift towards use of the third termination site in exon 37, and this shift is
557 more accentuated in *Rbfox1-IR²⁷²⁸⁶*, *bru1^{M2}* IFMs (Fig. 6 U), suggesting that both *Rbfox1* and
558 *Bru1* control this event. Use of all three terminal exons is detected in TDT, although exon 37
559 is preferential. *Rbfox1-IR^{KK110501}* TDT shows a shift towards almost exclusive use of exon 37
560 (Fig. 6 U). There is little or no effect on *Mhc* splicing in TDT from *bru1^{M2}* mutants or with
561 *Bru1* overexpression. Exon 37 is preferentially used in Abd, and loss of *Rbfox1* and *Bru1* has
562 little effect on *Mhc* splicing (Fig. 6 U). This suggests that both *Rbfox1* and *Bru1* control *Mhc*
563 C-terminal splicing in IFM, but predominantly *Rbfox1* directs *Mhc* splicing in TDT.

564 We also tested two additional fiber-type specific splice events in *Strn-Mlck* and *Sls*.
565 The *Strn-Mlck* Isoform R protein, produced from a transcript containing an early termination
566 in exon 25, is specifically expressed in IFMs (Spletter et al., 2015), although by RT-PCR we
567 could amplify the *Strn-Mlck-RR* mRNA in all muscle types (Fig. S6 U). This event is
568 dependent on *Bru1* and independent of *Rbfox1* in IFM, TDT and Abd (Fig. S6 U). *Sls* exon
569 10 was previously shown to be included in tubular muscle but skipped in IFMs in a *Bru1*-
570 dependent manner (Oas et al., 2014). We confirmed that the *sls* isoform skipping exon 10 is
571 absent in *bru1^{M2}* mutant IFMs, TDT and Abd-M, and *Bru1* overexpression is sufficient to
572 promote skipping in IFMs and TDT (Fig. S6 U). In *Rbfox1-IR^{KK110501}* flies, we observed a
573 slight decrease in exon 10 skipping in IFMs, no change in TDT and a slight increase in exon
574 10 skipping in Abd. Taken together, our data suggest a complex regulatory dynamic where

575 Rbfox1 and Bru1 co-regulate some alternative splice events and independently regulate other
576 events in a muscle-type specific manner.

577

578 **Rbfox1 regulates myofiber fate determining transcriptional activators**

579 Fiber-type identity and muscle type-specific gene expression is both specified and maintained
580 through transcriptional regulation (Spletter and Schnorrer, 2014). Our bioinformatic analysis
581 identified Rbfox1 binding motifs in more than 40% of transcription factors genes (Figure S3
582 C), notably including *Mef2*, *extradenticle (exd)*, *homothorax (hth)*, *E2F transcription factor 1*
583 (*E2f1*), *DP transcription factor (Dp)*, *apterous (ap)*, *twist (twi)*, *cut (ct)*, *vestigial (vg)* and
584 *scalloped (sd)* (Table S1), which have all been shown to regulate adult muscle identity or
585 myofiber gene expression (Dobi et al., 2015; Zappia and Frolov, 2016). Interestingly, even
586 though it lacks Rbfox1 binding motifs, we observed regulation of Act88F expression in
587 *Rbfox1*-RNAi IFMs. Thus, we next tested if Rbfox1 regulates transcriptional activators which
588 could in turn regulate structural gene expression.

589 We first evaluated expression of *extradenticle (exd)*, a gene encoding a homeodomain
590 protein which is suggested to be genetically upstream of Salm and Bru1 and in particular was
591 shown to direct expression of *Act88F* (Bryantsev et al., 2012b). *exd* contains three Rbfox1
592 binding sites, one in an intron and two in the 3'-UTR (Fig. S3 F). *exd* transcript levels were
593 significantly down-regulated in IFMs from *Rbfox1-IR^{KK110518}* knockdown flies (Fig. 7 A).
594 This regulation is likely Rbfox1 level-dependent, as weaker knockdown with both *Rbfox1*-
595 RNAi and *Rbfox1-IR²⁷²⁸⁶* tended towards increased *exd* levels in IFM (Fig. 7A). We were not
596 able to detect Rbfox1 binding to *exd* mRNA in RIP from adult thoraces of *Rbfox1^{CC00511}* flies
597 (data not shown), but we cannot rule out binding at earlier stages of muscle development.
598 This indicates that Rbfox1 can regulate *exd* levels, but the nature of this regulation requires
599 further investigation.

600 We next evaluated expression of *Mef2*, a well-characterized MADS-box transcription
601 factor that regulates structural protein expression (Molkentin et al., 1995; Tanaka et al., 2008).
602 *Mef2* contains five intronic, one 5'-UTR and one 3'-UTR Rbfox1 binding motifs (Fig. S3 G).
603 *Mef2* mRNA levels were significantly up-regulated in IFMs with *Rbfox1*-RNAi and
604 significantly down-regulated with Rbfox1 over-expression (Fig. 7 B). We were able to detect
605 Rbfox1 binding to *Mef2* mRNA in RIP from adult thoraces of *Rbfox1^{CC00511}* flies (Fig. 7 C),
606 suggesting this regulation may be direct. As Rbfox1 binding sites in *Mef2* are concentrated in
607 the upstream introns, we wondered if they might influence alternative 5'-UTR use. In our
608 mRNA-Seq data, we observed both temporal and fiber-type specific use of *Mef2* 5'-UTR
609 exons. The short 5'-UTR encoded by *Mef2-Ex17* is preferential to developing IFMs (Fig. S7
610 A, B), which we could confirm using qPCR (Fig. 7 D). The longer 5'-UTR encoded by *Mef2-*
611 *Ex20* is used in all muscles as they mature, while a second long 5'-UTR encoded by *Mef2-*
612 *Ex21* is predominant in developing tubular muscle and myoblasts (Fig. S7 A, B).
613 Interestingly, we could detect increased use of *Mef2-Ex17* in IFMs and Abd-M from adult
614 *Rbfox1*-RNAi flies (Fig. 7 E) and a trend towards increased use of *Mef2-Ex20* and *Mef2-Ex21*
615 in IFMs from *bru1-IR* and *bru1^{M3}* flies (Fig. S7 A), suggesting that Rbfox1 and Bru1 may
616 regulate use of these variable *Mef2* 5'-UTR regions.

617 Levels of Mef2 are known to affect muscle morphogenesis but not production of
618 different isoforms (Gunthorpe et al., 1999), thus we next examined whether increased Mef2
619 levels can induce muscle hypercontraction. Although Mef2-Gal4 driven overexpression of
620 UAS-*Mef2* caused lethality after 48 hours, flies with Mhc-Gal4 driven overexpression survive
621 to adulthood. These flies were flightless, displayed sarcomeric defects (Fig. S7 C, C') and had
622 increased levels of TnI and Act88F in IFMs (Fig. S7 D, E). Notably, they do not display a
623 hypercontraction defect. We conclude that increased levels of Mef2 can lead to an overall
624 increase in many structural proteins, but hypercontraction observed upon changes in Rbfox1

625 and Bru1 levels likely results from alternative splicing defects and a possible isoform-
626 imbalance amongst the structural proteins.

627 As a third and final example, we investigated if Rbfox1 regulates Spalt major (*Salm*),
628 a C2H2-type zinc finger transcription factor that serves as master regulator of the fibrillar
629 muscle fate (Schönbauer et al., 2011a). Although *Salm* does not contain canonical Rbfox1
630 binding motifs, its expression is controlled by the homeodomain proteins Extradenticle (*Exd*)
631 and Homothorax (*Hth*) (Bryantsev et al., 2012b) as well as Vestigial (*Vg*) and its co-factor
632 Scalloped (*Sd*) (Schönbauer et al., 2011a). *Salm* is speculated to influence muscle
633 diversification by modification of Mef2 level (Spletter and Schnorrer, 2014), and is known to
634 regulate expression of *bru1*, *wupA* (*TnI*) and *Act88F* (Schönbauer et al., 2011a; Spletter et al.,
635 2015; Spletter et al., 2018). Thus, we wanted to determine if it might interact with the Rbfox1
636 regulatory hierarchy.

637 We first examined *Salm* mRNA levels in Rbfox1 knockdown muscle. *Salm* levels
638 were significantly increased in IFM from *Rbfox1*-RNAi animals, but significantly decreased
639 in IFMs from flies with Dcr2 enhanced *Rbfox1-IR*²⁷²⁸⁶ or *Rbfox1-IR*^{KK110518} (Fig. 7 F). *Salm*
640 levels in TDT were significantly decreased in all knockdown conditions, and were not
641 affected in Abd (Fig. 7 F). This suggests that Rbfox1 can regulated *Salm*, and in the IFMs this
642 regulation is dependent on the level of Rbfox1 expression. We also could show that *Rbfox1*
643 mRNA levels were significantly decreased in both IFMs and TDT, but not in Abd, of *Salm-IR*
644 flies (Fig. 7 G). As *Salm* is the master regulator of the fibrillar muscle fate, these results
645 suggest there is cross-regulation between identity transcription factors and fiber-type specific
646 splicing networks.

647 To investigate the physiological relevance of this interaction, we knocked down both
648 *Salm* and *Rbfox1* in all muscle fiber types using Mef2-Gal4. We first confirmed that *Salm-IR*
649 is efficient (Fig. S7 I) and verified previous findings (Schönbauer et al., 2011a) that *Salm-IR*

650 results in a tubular-muscle fate conversion of the IFMs and a loss of *bru1* expression (Fig. 7 I,
651 Fig. S7 H, J). We also observed mild defects in myofibrillar patterning in the TDT with both
652 *Salm-IR* (Fig. 7 L) and in *FRT-salm-FRT* mutants (Fig. S7 F-G). Double knockdown with
653 *Rbfox1*-RNAi and *Salm-IR* resulted in greater than 60% lethality and severe locomotion
654 defects (data not shown). IFMs were completely missing in hemi-thoraces from double
655 knockdown flies (Fig. 7 J, quantification in Fig. S7 K), and although TDT was present, both
656 myofibril structure and organization were aberrant (Fig. 7 M). Abd-M were also disorganized
657 and frequently torn (Fig. 7 P, Fig. S7 K). This data indicates there is indeed a genetic
658 interaction between *Salm* and *Rbfox1* in IFM- and TDT- development that is necessary for
659 proper fiber-type gene expression and alternative splicing. Altogether, our results suggest that
660 *Rbfox1* is involved in the regulation of fiber specific isoforms of structural proteins,
661 particularly TnI, not only through directly regulating the splicing process, but also through
662 hierarchical regulation of the fiber diversity pathway.

663

664 **Discussion**

665 Here we report the first detailed characterization of *Rbfox1* function in *Drosophila*
666 muscle. We show that *Rbfox1* functions in a fiber-type and level-dependent manner to
667 modulate both fibrillar and tubular muscle development. Collectively, our data demonstrate
668 that *Rbfox1* operates in a complex regulatory network to fine-tune the transcript levels and
669 alternative splicing pattern of fiber-type specific structural proteins such as Act88F, TnI, Strn-
670 Mlck, Zasp52 and Mhc (Fig. 8 A). It does this directly, by binding to 5'-UTR and 3'-UTR
671 regions to regulate transcript levels and binding to intronic regions to promote or inhibit
672 alternative splice events. In addition, *Rbfox1* regulates transcriptional activators and other
673 splicing factors such as *Bru1* which themselves regulate transcript levels and alternative
674 splicing events (Fig. 8 A). We found the valence of several regulatory interactions for both

675 Rbfox1 and Bru1 to be expression level dependent in IFM (Fig. 8 B), suggesting this
676 regulatory network is carefully balanced to respond to even small changes in gene expression.
677 Moreover, as in vertebrates, Rbfox1 and Bru1 exhibit cross-regulatory interactions (Fig. 8 B)
678 and genetically interact in IFM development. Interestingly, this cross-regulation extends to
679 Salm, which suggests that RBPs such as Rbfox1 might actively regulate transcriptional
680 networks to guide and refine acquisition of fiber-type specific properties during muscle
681 differentiation.

682

683 **Rbfox1 function in muscle development is evolutionarily conserved**

684 Although the conserved nature of the Rbfox1 binding site (5'-UGCAUG-3') in
685 mammalian genomes is well known (Denisov and Gelfand, 2003; Jin et al., 2003), its
686 functional significance in muscle was appreciated only after genome wide studies showing
687 that the regulatory element is enriched in introns flanking skeletal and cardiac muscle specific
688 exons in humans and mice (Castle et al., 2008; Kalsotra et al., 2008). Transcripts of hundreds
689 of structural genes are mis-spliced in Rbfox1 and Rbfox2 knockout mice, which
690 developmentally have defects in muscle structure and function, and as adults fail to maintain
691 skeletal muscle mass (Pedrotti et al., 2015; Singh et al., 2018). Knockdown of Rbfox1 and
692 Rbfox2 in zebrafish leads to defects in alternative splicing, myofiber morphology, and
693 function of both heart and skeletal muscle (Gallagher et al., 2011). Even mutants in the *C.*
694 *elegans* homologue *fox-1* lead to aberrant myoblast migration and impaired egg-laying
695 (Kuroyanagi et al., 2006; Mackereth, 2014). We previously reported that muscle-specific
696 knockdown of *Rbfox1* in *Drosophila* results in short IFM sarcomeres (Nikonova et al., 2019).
697 Here we extend those findings and show that as in vertebrates, Rbfox1 binding sites in the
698 *Drosophila* genome are enriched in the introns and UTR-regions of muscle genes. Rbfox1
699 knockdown affects all adult muscle fiber-types and is characterized by defects in muscle-

700 specific alternative splicing, myofibril and sarcomere structure and impaired muscle function.
701 As tubular muscles in fly reflect the vertebrate skeletal muscle physiology and IFMs share
702 characteristics with cardiac muscle, our observations are consistent with observations in
703 vertebrates and strongly suggest that the function of Rbfox1 in muscle development is
704 evolutionarily conserved.

705

706 **Rbfox1 regulates fiber-type specific isoform switches during development**

707 Studies from both vertebrates and *C. elegans* suggest that Rbfox1 modulates
708 developmental isoform switches. In mouse, Rbfox1 and Rbfox2 regulate splicing of *Mef2D*
709 *exon α2* during myotube differentiation allowing Mef2D to escape inhibitory PKD signaling
710 and activate the late-muscle gene expression program (Runfola et al., 2015). In *C. elegans*,
711 FOX-1/ASD-1 and SUP-12 regulate a developmental switch in expression of the fibroblast
712 growth factor receptor *egl-15* that is necessary for myoblast migration and vulval muscle
713 formation (Kuroyanagi et al., 2007; Mackereth, 2014). Rbfox1 is upregulated as cardiac cells
714 differentiate and knockdown results in cardiac hypertrophy and splicing defects, consistent
715 with the reduction in Rbfox1 expression in human patients with dilated cardiomyopathy and
716 in hypertrophic heart from mouse and zebrafish (Gao et al., 2016). In myotonic dystrophy
717 (DM1), where muscle exhibits a reversion from mature to embryonic splicing patterns (Blech-
718 Hermoni et al., 2016), dystrophic muscle in mouse models and human patient cells produces
719 a dominant-negative Rbfox1 isoform through mis-regulated alternative splicing that enhances
720 DM1 phenotypes (Klinck et al., 2014). Previous studies in *Drosophila* have also identified
721 transcriptional and isoform switches during normal IFM development (Burkart et al., 2007;
722 González-Morales et al., 2019; Nongthomba et al., 2007; Orfanos and Sparrow, 2013; Spletter
723 et al., 2018), and indeed we find that not only are Rbfox1 levels temporally regulated in IFM,
724 but also splicing of genes with characterized isoform switches including *sls*, *Mhc*, *zasp52* and

725 *wupA* is altered after Rbfox1 knockdown. Notably, most of these events are also muscle fiber-
726 type specific and result in the production of fibrillar and tubular specific isoforms (Spletter et
727 al., 2015; Venables et al., 2012). This implies the developmental function of Rbfox1-mediated
728 splicing is to establish fiber-type specific properties during muscle differentiation. Our data
729 suggests it would be informative to investigate differences in Rbfox1 function between fiber-
730 types in vertebrate models, as the role of Rbfox1 in generating fiber diversity is likely to be
731 conserved in higher vertebrates and disease-relevant.

732

733 **Rbfox1-mediated splicing is subject to cross-regulatory interaction with Bru1**

734 The interactions between RBPs are important in defining alternative splicing patterns
735 in muscle. For example, hnRNP-G and Tra2 β , which are predominant in cardiac and skeletal
736 myoblasts, respectively, have opposing effects on splicing of a *Dystrophin* exon that is
737 abnormally incorporated in heart muscles of human patients with X-linked dilated
738 cardiomyopathy (Nasim et al., 2003). Rbfox binding motifs are found to be co-enriched with
739 MBNL and CELF motifs around the same groups of exons in human, mouse and chicken
740 (Bland et al., 2010; Kalsotra et al., 2008; Merkin et al., 2012). Rbfox1 and MBNL co-regulate
741 a significant number of alternative events altered in DM1 skeletal muscle (Klinck et al.,
742 2014), while CELF2 and Rbfox2 co-regulate and co-bind introns flanking exons regulated in
743 cardiac development or with altered expression in hearts of a Type I diabetes mouse model
744 (Gazzara et al., 2017). CELF2 moreover represses Rbfox2 expression in heart, and
745 overexpression of CELF1/2 or depletion of Rbfox2 leads to the same changes in splicing
746 direction and magnitude (Gazzara et al., 2017). We see evidence for similar regulatory
747 interactions between Rbfox1 and the CELF1/2 homolog Bru1 in our data from *Drosophila*.
748 Loss of either Rbfox1 or Bru1 can lead to muscle hypercontraction, a condition similar to
749 myopathies seen in reperfused rat hearts (Duncan, 1987; Monticello et al., 1996). Rbfox1 and

750 Bru1 cross-regulate each other's expression and co-regulate alternative splicing of events in
751 *Mhc*, *zasp52*, *sls*, and *wupA*. Our data provide novel insight into this regulatory interaction, as
752 we show the valence of both cross-regulation and splicing events is expression-level and
753 fiber-type dependent. Moreover, Rbfox1 and Bru1 genetically interact in IFM development as
754 knockdown of both RBPs leads to complete loss of myofibril structure. Our data show that
755 *Drosophila* is an informative model for future studies to unravel conserved, fiber-type
756 specific mechanisms of RBP cross-regulation, cooperation, antagonism and feedback on a
757 genome-wide scale.

758

759 **Rbfox1 modulates fiber-type specific transcriptional networks**

760 Although it is an RBP, Rbfox is reported to modulate transcriptional networks. Rbfox2
761 can interact with the Polycomb repressive complex 2 (PRC2) through a unique C-terminal
762 domain and regulate transcription in mouse (Wei et al., 2016). In *Drosophila*, Rbfox1 can
763 interact with Cubitus interruptus (Ci) and Suppressor of Hairless (Su(H)), transcription factors
764 in the Hedgehog (Hh) and Notch (N) signaling pathways, respectively, to regulate vein-
765 intervein and sensory organ specification in the wing disc (Shukla et al., 2017; Usha and
766 Shashidhara, 2010). Our data indicate that in fly muscle, in contrast to these examples of
767 protein-level interaction, Rbfox1 regulates mRNA transcript levels of transcription factors
768 including *exd*, *salm*, and *Mef2*. Although the mechanism of *salm* regulation is unclear, *exd*
769 and *Mef2* both are potentially regulated by direct 3'-UTR binding and/or through the splicing
770 of alternative 5'-UTR sequences. It remains to be tested if the short 5'-UTR of *Mef2*
771 negatively regulated by Rbfox1 is more or less stable than the long 5'-UTR preferentially
772 used in tubular muscle. Interestingly, Rbfox1 regulates splicing of a MEF2A exon in mouse
773 and zebrafish heart that is mis-spliced in cells from human patients with dilated
774 cardiomyopathy (Gao et al., 2016), and Rbfox1 and Rbfox2 cooperatively regulate splicing of

775 Mef2D during C2C12 differentiation (Runfola et al., 2015). Our data thus support findings
776 that Rbfox1 modulates transcription, but introduce a novel method of regulation, via
777 regulating transcription factor transcript stability.

778 The conserved regulation of Mef2 by Rbfox proteins is particularly intriguing, as
779 Mef2 is a key regulator of expression of most structural proteins during assembly of the
780 sarcomere (Gunthorpe et al., 1999; Molkentin et al., 1995; Tanaka et al., 2008; Taylor and
781 Hughes, 2017). In *Drosophila*, differential expression levels of Mef2 define corresponding
782 fiber-type specific expression levels of structural proteins (Gunthorpe et al., 1999; Hughes et
783 al., 1993). Given the thin to thick filament ratio is 6:1 in fibrillar muscles, and 8-12:1 in the
784 tubular muscles (Bernstein et al., 1993), a fiber specific isoform of Mef2 might explain fiber
785 specific changes in the expression of sarcomeric proteins. Additionally, knockdown of *Rbfox1*
786 is able to partially rescue the hypercontraction phenotype in *wupA^{hdp-3}* heterozygotes,
787 indicating a role for Rbfox1 in maintaining the stoichiometry of structural proteins by
788 regulating splicing/expression of TnI. Increased expression of Mef2, Bru1 and Salm
789 combined with inclusion of IFM-specific *wupA-Ex4*, all favoured by low levels of Rbfox1,
790 could generate a stoichiometric imbalance resulting in hypercontraction in the *Rbfox1*
791 knockdown condition.

792 The fibrillar muscle fate is specified transcriptionally, where expression of Vestigial
793 (Vg), Extradenticle (Exd) and Homothorax (Hth) in IFM progenitors induces Salm expression
794 (Bryantsev et al., 2012b; Schönbauer et al., 2011b). Salm further instructs the fibrillar fate by
795 directly or indirectly inducing Bru1 and more than 100 fibrillar-specific genes (Oas et al.,
796 2014; Spletter et al., 2015). The mammalian ortholog of Salm, Sall1, is also involved in fate
797 determination of cardiomyoblasts in mice (Morita et al., 2016). Studies so far report the
798 positive regulation of these factors, but here we report the first evidence for negative
799 regulation for fine tuning acquisition of muscle-type specific properties. Depending on its

800 expression level, *Rbfox1* can either promote or inhibit expression of *exd*, *salm* and *bru1*.
801 Notably, *Rbfox1* promotes expression of the *bru1-RB* isoform which is preferentially used in
802 TDT, indicating *Bru1* might have isoform-specific functions in different fiber-types. This is
803 also possible for *Rbfox1* itself, as *Rbfox1* nuclear and cytoplasmic isoforms are reported to
804 have distinct functions (Hamada et al., 2016) and we observe fiber-type differential use in
805 *Rbfox1* exons. In addition, we show that *Salm* positively regulates *Rbfox1* levels in both IFM
806 and TDT. This multi-level, cross-regulatory loop suggests that the fiber diversification
807 network continuously integrates both RBP and transcriptional feedback to refine expression
808 levels of key regulatory components, here *Bru1*, *Rbfox1*, *Salm*, *Exd* and *Mef2*, to ultimately
809 fine-tune the expression level and ratio of structural protein isoforms. Such a mechanism may
810 be broadly applicable to allow muscle fibers to flexibly adjust regulator levels during
811 development, or to promote plasticity in response to exercise, aging, injury or disease.

812

813 **Materials and Methods**

814 A table of key resources is available as Supplemental Table 3.

815

816 **Fly stocks and crosses**

817 Fly stocks were maintained using standard culture conditions. Wildtype controls include
818 either *w¹¹¹⁸* or *Canton-S*. *Rbfox1*-GFP (*Rbfox1^{CC00511}*) was generated as part of a protein
819 enhancer trap library (Kelso et al., 2004), and does not alter protein function or localization.
820 Fly stocks of *UAS-Rbfox1*-RNAi and *UAS-Rbfox1* were kind gifts from L. Shashidhara,
821 IISER, Pune, India (Usha and Shashidhara, 2010). The deGrad-FP fly line *pUASPI-*
822 *deGradFP/CyO; MKRS/TM6,Tb* (Caussinus et al., 2012) was a kind gift of Sonal Jaishwal,
823 CCMB, India. deGradFP knockdown was carried-out during adult IFM development by
824 temperature shifts of late third instar larvae. *Mhc^{P401S}* (Nongthomba et al., 2003) is a myosin

825 mutant that minimizes acto-myosin force in IFM, while *wupA^{fliH}* (Firdaus et al., 2015) and
826 *wupA^{hdp3}* (Barbas et al., 1993) are known hypercontraction mutants in *wupA* (TnI). RNAi
827 lines were obtained from the Vienna Drosophila Resource Center (VDRC) including UAS-
828 *Arrest*-RNAi (*Bru1-IR*) (41547, 48237, 41568) (Dietzl et al., 2007; Oas et al., 2014; Spletter
829 et al., 2015), UAS-Salm-RNAi (*salm-IR*) (3029, 101052) (Schönbauer et al., 2011a), UAS-
830 *Rbfox1-IR^{KK110518}* (110518) or from the Bloomington Drosophila Stock Center (BDSC) UAS-
831 *Rbfox1-IR²⁷²⁸⁶* (TRiP27286). UAS-Mef2 lines were provided by Alberto Ferrus (Gunthorpe et
832 al., 1999). UAS-Bru1-PA (also called UAS-*Arrest*) was kindly provided by Richard Cripps
833 (Oas et al., 2014) and expresses the full-length *bru1-RA* mRNA from DGRC clone LD29068.
834 A second UAS-Bru1-PA line was generated by cloning the full-length *bru1-RA* cDNA
835 (obtained by RT-PCR from *w¹¹¹⁸*) into the *pUAS-TattB* transformation vector (Bischof et al.,
836 2007), and integrating into the attP-86Fb landing site. The *bru1^{M2}* and *bru1^{M3}* deletion alleles
837 were generated using a CRISPR approach as described in (Zhang et al., 2014), where the C-
838 terminal portion of the *bru1* coding region (including RRM2, the divergent domain and
839 RRM3 for *bru1^{M2}* and RRM3 and the 3'-UTR for *bru1^{M3}*) was replaced by a selectable 3xP3-
840 DsRed cassette. sgRNA sequences and homology arm primers are listed in Supplemental
841 Table 2. Gal4 drivers used were: Mef2-Gal4 (Ranganayakulu et al., 1996) which drives in all
842 muscle (maintained at 27 °C or 29 °C); UAS-Dcr2, Mef2-Gal4 which enhances RNAi
843 efficiency (maintained at 22°C); Act5c-Gal4 which drives in all cells (maintained at 27°C and
844 25°C); Mhc-Gal4 (Davis et al., 1996); UH3-Gal4 (Singh et al., 2014) is a driver with IFM
845 specific expression after 36-40h APF (maintained at 27°C); Act88F-Gal4 (Bryantsev et al.,
846 2012a) is a driver with IFM specific expression after 24h APF (maintained at 25°C) and
847 Act79B-Gal4 (Dohn and Cripps, 2018) is a driver with TDT specific expression (maintained
848 at 27°C). Temperature sensitive *Tubulin-Gal80^{ts}*, as noted in figure panels and legends, was
849 used to restrict some knockdown experiments to adult muscle development by a temperature

850 shift of late third instar larvae from 18 °C to 29 °C. *Rbfox1* over-expression with UH3-Gal4
851 was induced 40h APF onwards to avoid lethality at earlier stages.

852

853 **Behavioral assays**

854 Flight behavior was tested as described previously (Drummond et al., 1991), or by
855 introducing 30 adult males flies into a 1-meter long cylinder divided into 5 zones (Schnorrer
856 et al., 2010). Flies landing in the top two zones are ‘normal fliers’, in the middle two zones
857 are ‘weak fliers’ and at the bottom are ‘flightless’. Pupal eclosion (survival) was determined
858 by counting the number of flies that eclose from at least 50 pupae of the appropriate genotype.
859 Climbing ability was assayed using a modified rapid iterative negative geotaxis (RING)
860 approach (Nichols et al., 2012). Adult males were collected on CO₂ and recovered at least 24
861 hours before testing 3 times with a 1-minute recovery period for their ability to climb 5
862 centimeters in a 3 second or 5 second timeframe. Jumping ability was assayed as described
863 previously (Chechenova et al., 2017). After clipping the wings and 24 hours recovery, 10-15
864 males were individually placed on A4 paper and gently pushed with a brush to stimulate the
865 jump response. The start and the landing points were marked and the distance was calculated
866 in centimeters.

867

868 **Rabbit anti-Bruno1 antibody generation**

869 The divergent domain (DIV) region of Bru1 was cloned using SLIC into pCOOFY4 to
870 generate His6-MBP-DIV. Primers are available in Supplemental Table 2. Fusion to MBP was
871 necessary to maintain solubility. The protein was expressed in *E. coli* BL21-RIL cells and
872 induced with 0.2 mM IPTG at 60 °C overnight. Expressed protein was purified over Ni-NTA
873 beads and then cleaved with HRV3C-protease. MBP was depleted by incubation with
874 Amylose beads. Protein was then dialyzed in buffer (200 mM NaCl, 50 mM Tris, 20 mM

875 Imidazol) and sent as purified protein for antibody production (Pineda). Rabbit polyclonal
876 antibodies were generated by Pineda according to a standard 120-day protocol. Resulting
877 serum was affinity purified over an MBP column (to remove background antibodies generated
878 against the MBP protein) followed by a column with beads coupled to Bru1-RA. Antibody
879 bound to the column was eluted in citric acid and buffered to pH 7. Antibody was directly
880 frozen in small aliquots in liquid nitrogen and stored at -80 °C until use.

881

882 **Immunofluorescence and microscopy**

883 Fly hemi-thoraces were prepared for polarized microscopy as described previously
884 (Nongthomba and Ramachandra, 1999). The hemi-thoraces were observed in an Olympus
885 SZX12 microscope and photographed using Olympus C-5060 camera under polarized light
886 optics. For confocal microscopy, flies were bisected, fixed in 4% paraformaldehyde for 1h,
887 washed with 0.3% PBTx (0.3% Triton X in PBS) for 15 min, and stained with 1:250
888 phalloidin-TRITC for 20 min. Sections were mounted on slides after washes with PBTx.
889 Images were obtained using a Carl Zeiss LSM 510 META confocal microscope.

890 Alternatively, IFMs and Abd-M were dissected and stained as previously described
891 (Weitkumat and Schnorrer, 2014). All tissues were fixed for at least 30 minutes in 4% PFA in
892 0.5% PBS-T (1x PBS + Triton-X100). For visualization of IFMs, thoraces were cut
893 longitudinally with a microtome blade. Abdominal muscle was fixed on a black silicon
894 dissection dish, after the ventral part of the abdomen was carefully removed together with fat,
895 gut and other non-muscle tissues. TDT (jump) muscle was exposed by opening the cuticle
896 sagittally using fine biological forceps. One tip of the forceps was kept parallel to the fly
897 thorax and gently inserted into the wing socket, allowing the initial split of the cuticle without
898 damaging underlying tissues. The remaining cuticle covering the T2 mesothorax region,
899 ventrally from the leg socket up to the dorsal bristles, was carefully removed to expose the

900 underlying TDT muscle. Samples were blocked for 90 minutes at room temperature in 5%
901 normal goat serum in PBS-T and stained with primary antibodies overnight at 4 °C. Rabbit
902 anti-Bru1 1:500 and mouse anti-Lamin 1:100 (ADL67.10, DSHB) were used for staining.
903 Samples were washed three times in 0.5% PBS-T for 10 min and incubated for 2 hours at
904 room temperature with secondary conjugated antibodies (1:500) from Invitrogen (Molecular
905 Probes), including Alexa488 goat anti-rabbit IgG, Alexa647 goat anti-mouse IgG, and
906 rhodamine-phalloidin. Samples were washed three times in 0.5% PBS-T and mounted in
907 Vectashield containing DAPI.

908 Confocal images were acquired on a Leica SP8X WLL upright using Leica LAS X
909 software in the Core Facility Bioimaging at the Biomedical Center of the Ludwig-
910 Maximilians-Universität München. Whole fly thorax images were taken with a HCPL
911 FLUOTAR 10x/0.30 objective and detailed sarcomere structure was imaged with a HC PL
912 APO 63x/1.4 OIL CS2 objective. Bru1 signal intensity was recorded at the same laser gain
913 settings adjusted on the brightest control sample for each muscle type individually. All
914 samples of same replicate were stained with the same antibody mix on the same day and
915 imaged in the same imaging session.

916

917 **RNA isolation and RT-PCR**

918 For *Rbfox1*-RNAi experiments, thirty flies were bisected and dehydrated in 70% ethyl alcohol
919 overnight. IFM or TDT was dissected, homogenised and RNA isolated using TRI Reagent
920 (Sigma) following the manufacturer's instructions. RNA was confirmed using readings from
921 Nanodrop software, and was converted to cDNA using a first strand cDNA synthesis kit
922 (Fermentas, USA). Primers and PCR conditions are listed in Table S1.

923 For *Rbfox1*-IR^{KK110518} and *Rbfox1*-IR²⁷²⁸⁶ experiments, IFM (from 30 flies) or TDT
924 (from 60 flies) were dissected as previously described (Kao et al., 2019). For Abd-M,

925 abdominal carcass was prepared from 15 flies in pre-cooled 1xPBS using fine biological
926 forceps to remove fat, gut, trachea and other non-muscle tissues through a posterior cut in the
927 abdomen. The abdomen was then removed from the thorax using fine scissors and snap-
928 frozen in 50 µl of TRIzol (TRIzol Reagent, Ambion) on dry ice and immediately stored at -80
929 °C. Dissection times were limited to maximum 30 minutes. RNA was isolated using the
930 manufacturers protocol. Total RNA samples were treated with DNaseI (NEB) and measured
931 on a Qubit 2.0 Fluorometer (Invitrogen). Comparable total RNA quantities were used for
932 reverse transcription with LunaScript RT SuperMix Kit (New England Biolabs). cDNA was
933 amplified with Phusion polymerase for 30-36 cycles and resulting PCR products were
934 separated on a standard 1% agarose gel next to a 100 bp ladder (NEB). PCR primers are
935 listed in Supplemental Table 2, with *Ribosomal protein L32* (*RpL32*, also called *RP49*)
936 serving as an internal control in all reactions.

937

938 **RNA Immunoprecipitation (RIP) followed by cDNA synthesis**

939 The RIP protocol was modified from (Carreira-Rosario et al., 2016). Approximately 500 mg
940 of thoraces (from *Rbfox1*^{CC00511} cultured flies) were lysed in 1 mL of RIPA buffer (50 mM
941 Tris-HCl, 200 mM NaCl, 0.4% NP-40, 0.5% sodium deoxycholate, 0.1% SDS, 2 mM EDTA,
942 200 mM NaCl) with Sigma RNase inhibitor, pre-cleared with Protein-G magnetic
943 Dynabeads, and incubated with mouse anti-GFP (Developmental Studies Hybridoma Bank
944 (DSHB), 12A6) or IgG isotype (purified from normal mouse serum). The beads with
945 immunoprecipitated RNA bound to Rbfox1-GFP were washed and treated with Proteinase K
946 (25 minutes in 37 °C), followed by a TRI-reagent based RNA extraction, cDNA synthesis and
947 PCR as described above.

948

949 **Protein extraction and Western blotting**

950 For *Rbfox1*-RNAi experiments, IFMs from 20 flies were dissected, “skinned”, and thin
951 filaments extracted as previously described (Vikhorev et al., 2010). These samples were run
952 on SDS-PAGE and transferred onto a nitrocellulose membrane (Milipore, product no.
953 IPVH00010), using a semi-dry transfer apparatus. Blots were stained with rabbit anti-Actin
954 or rabbit anti-TnI (1:1000; a gift from A. Ferrus) or mouse anti-Tubulin (1:1000, Sigma) and
955 washed with TBS-Triton X (0.1%). Blots were incubated with HRP-conjugated secondary
956 anti-rabbit or anti-mouse antibodies (1:5000 in TBS-Triton X), washed and developed on an
957 X-ray film in the dark.

958 For *Rbfox1*-IR^{KK110518} and *Rbfox1*-IR²⁷²⁸⁶ experiments, IFM from 8 flies, TDT from
959 20 flies or Abd from 6 flies was dissected as described above. Samples were homogenized in
960 20 µl of freshly made SDS-buffer (2% SDS, 240 mM Tris pH6.8, 0.005% Bromophenol blue,
961 40% glycerol, 5% β-mercaptoethanol), incubated at 95 °C for 3 min and stored at -20 °C.
962 Samples were run on 10% SDS-PAGE for separation and then transferred onto nitrocellulose
963 membranes (Amersham Protran 0.2 µm NC) for 2h at 120 V. Membranes were stained with
964 Ponceau S (Sigma) to access the quality of the blotting. Membranes were de-stained and
965 blocked with 5% non-fat milk solution in 0.5% Tween-TBS buffer (T-TBS) for 1h, washed
966 and incubated for 1h at room temperature with primary antibodies (rabbit anti-Bru1, 1:500;
967 rabbit anti-H2AZ, 1:2000). Membranes were washed three times with T-TBS for 15 min and
968 incubated with goat anti-rabbit HRP-conjugated secondary antibodies (Bio-Rad) for 1 hour at
969 room temperature. Following three rounds of washes, the membranes were developed using
970 Immobilion Western chemiluminescent (Milipore) substrate and exposed to X-ray films (Fuji
971 medical X-ray, Super RX-N).

972

973 **Co-immunoprecipitation and mass spectrometry**

974 Approximately 500 mg of thoraces (from *Rbfox1^{CC00511}* cultured flies) were lysed in 1 mL of
975 RIPA buffer with Sigma protease inhibitor mix, pre-cleared with Protein-G magnetic Dyna-
976 beads (Thermo Scientific, 10030D), and incubated with mouse anti-GFP (DSHB, 12A6) or
977 IgG isotype (purified from normal mouse serum). The beads with immunoprecipitated
978 proteins bound to Rbfox1-GFP were washed in RIPA buffer, followed by protein elution and
979 denaturation, as described previously (Carreira-Rosario et al., 2016). Proteins were analysed
980 by SDS-PAGE and unique bands were cut and processed for mass spectrometric analysis
981 following the protocol provided by the Proteomics facility, Molecular Biophysics Unit, Indian
982 Institute of Science.

983

984 **Image analysis**

985 Confocal image analysis was performed with Image J/Fiji (Schindelin et al., 2012). For every
986 experiment 10 to 15 images were acquired from at least 10 individual flies. Fiber detachment
987 was scored from Z-stacks of whole thorax images. Sarcomere length and width were
988 measured using MyofibrilJ ((Spletter et al., 2018), <https://imagej.net/MyofibrilJ>) based on
989 rhodamine-phalloidin staining. Analysis of Bru1 intensity was performed manually in Fiji
990 from at least three nuclei per image. Analysis of semi-quantitative RT-PCR gels and Western
991 Blots was performed using the ‘gel analysis’ feature in Fiji. *RpL32* and *H2AZ* were used as
992 internal normalization controls for RT-PCR and Western analysis, respectively. Data were
993 saved into Microsoft Excel. Plotting and statistical analysis were performed in GraphPad
994 Prism 9.

995

996 **Bioinformatics**

997 *Rbfox1* has been identified to bind (U)GCAUG motifs in both vertebrates and *Drosophila*
998 (Nazario-Toole et al., 2018; Pedrotti et al., 2015). To identify possible *Rbfox1* targets in
999 muscle, we first identified all TGCATG motifs in the genome using PWMScan

1000 (<https://ccg.epfl.ch/pwmtools/>). The BED output was converted to a GRanges object in R, and
1001 sequence locations mapping to intron, 5'-UTR or 3'-UTR regions (based on Flybase
1002 dmel_r6.38 annotation files) were isolated. Gene identifiers were assigned based on genomic
1003 coordinates, and sequences were filtered to match gene orientation (ie to retain sequences
1004 present in the transcribed pre-mRNA). Lists of genes with Rbfox1 sites in introns, 5'-UTR or
1005 3'-UTR regions were then subjected to enrichment analysis using PantherDB (Mi et al.,
1006 2021), GOrrilla (Eden et al., 2009), or with custom gene sets (Spletter et al., 2018). Plots were
1007 generated in R using packages listed in Supplemental Table 3.

1008 mRNA-Seq data used in this manuscript has been published previously (Spletter et al.,
1009 2015; Spletter et al., 2018) and is available from GEO under accession numbers GSE63707,
1010 GSE107247 and GSE143430. Data was mapped with STAR to ENSEMBL genome assembly
1011 BDGP6.22 (annotation dmel_r6.32 (FB2020_01)), indexed with SAMtools and features
1012 counted with featureCounts. Downstream analysis and visualization were performed in R
1013 using the packages listed in Supplemental Table 3. Differential expression was analyzed with
1014 DESeq2 and DEXSeq, which additionally generated normalized counts values. Read-tracks
1015 were visualized on the UCSC Genome Browser. Splice junction reads were exported from
1016 STAR, and junction use for hand-selected events was calculated as: (number of reads for
1017 select junction D^1A^x) / (total number of reads $D^1A^1 + D^1A^2 \dots + D^1A^n$) * 100, where D =
1018 donor and A = acceptor. In this way we could determine the percent of junction reads from a
1019 given donor that use acceptor "x", or swap A and D to determine the percent of junction reads
1020 from a given acceptor coming from donor "x".

1021

1022 **Data availability**

1023 Raw numbers used to generate plots are available in Supplementary Table 4. mRNA-Seq data
1024 are publicly available from GEO with accession numbers GSE63707, GSE107247 and
1025 GSE143430.

1026

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1044

1045 **Author Contributions**

1046

1047 Contributions are defined using CRediT role terminology (<https://casrai.org/credit/>).

1048

1049 Investigation (EN, KK, AM, CB),

1050 Validation (EN, AM),

1051 Writing – original draft (MLS, KK, UN),

1052 Writing – review & editing (EN, MLS, KK, AM, CB, UN),

1053 Conceptualization (MLS, UN),

1054 Formal analysis (MLS, KK, EN, AM),

1055 Visualization (MLS, EN, KK, AM),

1056 Supervision (MLS, UN),

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1058

1059 **Conflict of interest**

1060

1061 The authors declare they have no conflicts of interest.

1062

1063

1064 **References**

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1386 **Figure Legends:**

1387 **Figure 1: Rbfox1 is differentially expressed between fibrillar and tubular muscle.**

1388 **A-F.** The *Rbfox1*^{CC00511} (Rbfox1-GFP) protein trap line was used to study expression of
1389 Rbfox1. **A)** Wing discs of L3 larvae (propidium iodide (PI), red). **B)** IFMs at 24h after
1390 puparium formation (APF) show Rbfox1 expression in completely split templates. **C)**
1391 IFMs at 40h APF with Rbfox1 expression during initiation of assembly of sarcomere
1392 structure. **D and E)** IFMs at 58h and 72h APF during sarcomere maturation. **F)** Rbfox1 is
1393 expressed in 2-day old adult IFMs. (Arrow indicates GFP positive cells, green; phalloidin
1394 stained actin, red; Scale bars = 10 μ m.). **G-H)** mRNA-Seq data from *w*¹¹¹⁸ reported as
1395 normalized counts show differential expression of Rbfox1 across IFM development (G)
1396 and between 1d adult fiber types (H). Significance levels based on DESeq2 analysis (* p
1397 < 0.01, ** p < 0.001, *** p < 0.0001). **I-L)** Confocal microscopy of the *Rbfox1*-GFP
1398 (*Rbfox1*^{CC00511}) line shows Rbfox1 expression in adult tubular muscles including
1399 abdominal muscles (Abd-M), TDT, gut and leg (GFP, green; phalloidin stained actin,
1400 red). Scale bars = 2 μ m. **M)** qPCR and representative semi-quantitative gel images
1401 showing relative expression of *Rbfox1* at the mRNA level in adult *Canton-S* across
1402 muscle fiber types. *RpL32*, also known as *RP49*, was used as a normalizing control.

1403

1404 **Figure 2: Rbfox1 is necessary for tubular TDT and Abd-M development.**

1405 **A)** Quantification of the percent of pupae that eclose for controls and Rbfox1 knockdown
1406 flies. Genotypes as labelled. **B)** Quantification of the percent of pupae that eclose for
1407 UAS-Dcr2, Mef2-Gal4 driven *Rbfox1-IR*²⁷²⁸⁶ and *Rbfox1-IR*^{KK110518} knockdown at 22 °C,
1408 25 °C and 27 °C. **C)** Representative image of the eclosion defect in *Rbfox1*-RNAi. **D)**
1409 Quantification of climbing ability measured by how many flies are able to climb 5
1410 centimetres (cm) in 3 seconds (s). **E)** Quantification of jumping ability measured as the

1411 distance in cm a startled fly can jump. **F-O**) Single plane confocal images showing
1412 myofibril and sarcomere morphology of the TDT (F-J) and Abd-M (K-O). Myofibril
1413 structure is altered in *Rbfox1* knockdown conditions, including disorganized myofibril
1414 structure (arrow in G, I), frayed myofibrils (arrow in J, O), and loss of sarcomere
1415 architecture (arrow in L, N). “Z” indicates z-discs. Scale bars = 5 μ m. **P**) Quantification
1416 of sarcomere length in TDT. **Q**) Quantification of sarcomere length in Abd-M. Error bars
1417 show standard deviation. Significance in D, E, P, Q determined by ANOVA and post-
1418 hoc Tukey (not significant, ns; *= $p < 0.05$; ** = $p < 0.01$; *** = $p < 0.001$).

1419

1420 **Figure 3: Rbfox1 knockdown results in IFM myofibril defects and**
1421 **hypercontraction-mediated myofiber loss.**

1422 **A-B)** Quantification of flight ability after *Rbfox1* knockdown. Genotypes as noted. **C-E)**
1423 Confocal Z-stack images (C-E) of IFM myofiber structure (Scale bars = 5 μ m) and single
1424 plane images (C'-E') of myofibril and sarcomere structure after *Rbfox1* knockdown.
1425 Note the short sarcomeres and frayed myofibrils (arrow in D', E'). **F)** Quantification of
1426 myofiber ripping and detachment phenotypes in C-E. **G-H)** Quantification of IFM
1427 sarcomere length and myofibril width in C'-E'. Error bars show standard deviation.
1428 Significance determined by ANOVA and post-hoc Tukey (not significant, ns; *= $p <$
1429 0.05 ; ** = $p < 0.01$; *** = $p < 0.001$). **I-K)** Polarized microscopy images of hemi-thorax
1430 from wild type (I), *Rbfox1*-RNAi (J) and *Rbfox1*-RNAi, *Mhc*^{P401S} (K) flies. **I'-K')** Single-
1431 plane confocal images showing phalloidin-stained sarcomeric structure from wild type
1432 (I'), *Rbfox1*-RNAi (J') and *Rbfox1*-RNAi, *Mhc*^{P401S} (K') flies. The *Mhc*^{P401S} allele
1433 suppresses myofiber loss and sarcomere phenotypes. **L)** Quantification of myofiber
1434 detachment in J and K.

1435

1436 **Figure 4: Expression of structural proteins in IFM is regulated by Rbfox1.**

1437 **A)** Western blot for TnI, Act88F and Tubulin protein levels in *Rbfox1*-RNAi IFM. **B-C)**

1438 Quantification of TnI (B) and Act88F (C) expression levels from (A), normalized against

1439 Tubulin signal. **D)** Western blot for TnI, Act88F and Tubulin protein levels in IFM with

1440 UH3-Gal4 driven *Rbfox1* overexpression (*Rbfox1* OE). **E-F)** Quantification of TnI (E)

1441 and Act88F (F) expression levels from (B), normalized against Tubulin signal. Error bars

1442 in B, C, E, F show standard deviation; data from 3 biological replicates. Significance is

1443 from paired t-test (not significant, ns; *= $p < 0.05$; ** = $p < 0.01$). **G)** Western blot

1444 confirming *Rbfox1*-GFP (*Rbfox1*^{CC00511}) is selectively immunoprecipitated with anti-

1445 GFP antibody. **H, H'**- Gels showing RNA immunoprecipitation (RIP) followed by RT-

1446 PCR from *Rbfox1*-GFP thoraces. mRNA from *Act88F*, which does not have an *Rbfox1*

1447 binding site, is not detected via RIP (H), while *wupA* (TnI) mRNA can be detected via

1448 RIP (red arrowhead, H'), indicating direct *Rbfox1* binding. **I-L)** Polarized microscopy

1449 images of hemi-thoraxes from *wupA*^{flⁱH} hemizygous males (I), *wupA*^{flⁱH}, *Rbfox1*-RNAi

1450 males (J), *wupA*^{hdp-3/+} heterozygous females (K), and *wupA*^{hdp-3/+}, *Rbfox1*-RNAi females

1451 (L) with detached IFM myofibers (cyan arrow). Scale bars = 100 μ m **M)** Quantification

1452 of myofiber attachment in I-L reveals a partial rescue in *wupA*^{hdp-3/+}, *Rbfox1*-RNAi

1453 females. Significance is from paired t-test, ** = $p < 0.01$. **N)** RT-qPCR for *wupA* mRNA

1454 transcript levels in IFM from *Canton-S*, *wupA*^{flⁱH}, and *wupA*^{flⁱH}, *Rbfox1*-RNAi males. **O)**

1455 RT-qPCR for *wupA-6b1* mRNA transcript levels in IFM from *Canton-S*, *wupA*^{hdp-3/+}, and

1456 *wupA*^{hdp-3/+}, *Rbfox1*-RNAi females. Significance is from paired t-test (not significant, ns;

1457 *** = $p < 0.001$).

1458

1459 **Figure 5: Rbfox1 regulates expression of the RNA-binding protein Bru1.**

1460 **A)** Diagram of the *bruno1* (*bru1*) locus. The *bru1-RA* and *bru1-RB* isoforms, target
1461 region of the rabbit anti-Bru1 antibody (magenta), region deleted in the *bru1^{M2}* allele
1462 (purple), and TGCATG Rbfox1 binding motifs (light blue) are indicated. Exons, red;
1463 UTR, black; RT-PCR primers, green. Not drawn to scale. **B-J)** Confocal images of
1464 immunostaining with rabbit anti-Bru1 in IFM (B-D), TDT (E-G) and abdominal muscle
1465 (Abd-M) (H-J). Bru1 signal is reduced with *Rbfox1-IR^{KK110518}* (C, F, I) and absent in
1466 *bru1^{M2}* mutant muscle (D, G, J). Bru1, green; DAPI, magenta; Scale bars = 5 μ m. **K)**
1467 Quantification of Bru1 fluorescence levels in B-J. Significance determined by ANOVA
1468 and post-hoc Tukey in comparison to both wild-type (*w¹¹¹⁸*) and Gal4 alone (*Mef2-Gal4*
1469 *x w¹¹¹⁸*) controls (not significant, ns; *= p < 0.05; *** = p < 0.001). **L)** Western blot of
1470 Bru1 protein levels in IFM, TDT and abdominal carcass (Abd). Levels of Bru1-PA
1471 isoform (at 64 kDa) do not change, while levels of the Bru1-PB isoform (at 88 kDa)
1472 decrease in *Rbfox1-IR^{KK110518}* muscle. H2AZ was used as a loading control. **M)**
1473 Quantification of fold change in band intensity in L, normalized to H2AZ and control
1474 IFM expression levels. *w¹¹¹⁸*, white; *Rbfox1-IR^{KK110518}*, red. **N)** Semi-quantitative RT-
1475 PCR with primers specific to *bru1-RB* (primers 5 + 8) or common to all *bru1* isoforms
1476 (primers 7 + 8). *RpL32* (*RP49*) was used as a control. **O)** Quantification of fold change in
1477 band intensity in N, normalized to *RpL32* and control IFM expression levels.
1478 Significance in M and O determined by ANOVA and post-hoc Tukey (not significant,
1479 ns; *= p < 0.05; ** = p < 0.01, *** = p < 0.001).

1480

1481 **Figure 6: Rbfox1 and Bru1 genetically interact in IFM myogenesis and regulate the**
1482 **alternative splicing of sarcomere genes.**

1483 **A-D)** Confocal projections of hemithoraces showing IFMs (A-D) from *w¹¹¹⁸*, *bru1^{M2}*,
1484 *Rbfox1-IR²⁷²⁸⁶* and *bru1^{M2}*, *Rbfox1-IR²⁷²⁸⁶* flies. Arrowheads indicate aberrant, torn

1485 myofibers. Scale bars = 100 μm . **E-H**) Single-plane confocal images from IFM, showing
1486 torn myofibrils (yellow arrows) with short sarcomeres and actin inclusions (cyan arrows)
1487 in *bru1^{M2}* (F) and *Rbfox1-IR²⁷²⁸⁶* (G). *bru1^{M2}*, *Rbfox1-IR²⁷²⁸⁶* demonstrates genetic
1488 interaction and loss of myofibril structure (H). **I-P**) Single-plane confocal images from
1489 TDT (I-L) and Abd-M (M-P) from *w¹¹¹⁸*, *bru1^{M2}*, *Rbfox1-IR²⁷²⁸⁶* and *bru1^{M2}*, *Rbfox1-*
1490 *IR²⁷²⁸⁶* flies. Myofibrils in *Rbfox1* knockdown muscles are disorganized (orange arrows),
1491 have actin inclusions (cyan arrows) and are often torn (yellow arrows). Scale bars = 5
1492 μm . **Q-R**) Quantification of sarcomere length (Q) and myofibril width (R) in IFM. **S-T**)
1493 Quantification of sarcomere length in TDT (S) and Abd-M (T). Significance determined
1494 in comparison to *w¹¹¹⁸* by ANOVA and post-hoc Tukey (not significant, ns; *= $p < 0.05$;
1495 *** = $p < 0.001$). **U**) RT-PCR for select alternative splice events in *wupA* (magenta),
1496 *Zasp52* (blue) and *Mhc* (green). Genotypes as labeled. Primer locations and alternative
1497 isoforms are diagrammed on the right. Exon numbers are based on annotation
1498 FB2021_01. UTR regions, tan.

1499

1500 **Figure 7: Rbfox1 regulates expression of myogenic transcription factors *exd* and**
1501 ***Mef2* and genetically interacts with *salM* in IFM development.**

1502 **A**) RT-qPCR (*Rbfox1*-RNAi) and semi-quantitative RT-PCR (*Rbfox1-IR²⁷²⁸⁶*, *Rbfox1-*
1503 *IR^{KK110518}*) quantification of the fold change in *exd* transcript levels in IFM and TDT
1504 across the *Rbfox1* knockdown series. Data was normalized by *RpL32* levels. **B**) RT-
1505 qPCR quantification of the fold change in *Mef2* mRNA expression in IFM with *Rbfox1-*
1506 RNAi or *Rbfox1* OE. Significance is from paired t-test (* = $p < 0.05$). **C**) RIP using the
1507 *Rbfox1^{CC00511}* line followed by RT-PCR indicates *Rbfox1* binds to *Mef2* mRNA (red
1508 arrowhead). **D**) Semi-quantitative RT-PCR demonstrating that *Mef2* isoforms containing
1509 exon 17 and thus a short 5'-UTR (see also Fig. S3 G, Fig. S7 A, B) are preferentially

1510 expressed in wildtype IFM. **E)** RT-PCR detects increased use of *Mef2-Ex17* in *Rbfox1*-
1511 RNAi IFM and Abd-M. **F)** RT-qPCR (*Rbfox1*-RNAi) and semi-quantitative RT-PCR
1512 (*Rbfox1-IR*²⁷²⁸⁶, *Rbfox1-IR*^{KK110518}) quantification of the fold change in *salm* transcript
1513 levels in IFM, TDT and Abd across the *Rbfox1* knockdown series. Data was normalized
1514 by *RpL32* levels. **G)** Fold change in *Rbfox1* transcript levels in IFM, TDT and Abd
1515 normalized to *RpL32* after *salm-IR* at 27 °C or 29 °C, as determined by RT-qPCR (29 °C)
1516 and semi-quantitative RT-PCR (27 °C). Significance in A, F, G determined by ANOVA
1517 and post-hoc Tukey (not significant, ns; *= p < 0.05, **= p < 0.01, ***= p < 0.001),
1518 error bars indicated standard deviation. **H-J)** Polarized microscopy images of
1519 hemithoraces showing a reduction in myofiber number (stars) with *Rbfox1*-RNAi (H)
1520 and *salm-IR* (I), and a complete loss of IFMs with double *Rbfox1*-RNAi, *salm-IR*
1521 knockdown (J). TDT, yellow arrowhead; quantification, Fig. S7 K). Scale bars = 100
1522 μm. **K-P)** Single plane confocal images of TDT (K-M) and Abd-M (N-P) showing
1523 abnormal myofibril structure and tearing (arrows) in *Rbfox1*-RNAi, *salm-IR*, and *Rbfox1*-
1524 RNAi, *salm-IR* knockdown tubular muscle. Quantification, Fig. S7 K; Scale bars = 5
1525 μm.

1526

1527 **Figure 8: Model of the Rbfox1 fiber-type specific regulatory network and function**
1528 **in *Drosophila* muscle development.**

1529 **A)** Rbfox1 regulates transcript levels and alternative splicing of target genes. It can do
1530 this directly by binding UTR or intronic sequences, respectively. Rbfox1 also regulates
1531 levels of transcriptional activators such as Exd, Mef2 and Salm which in turn affect
1532 transcription levels as well as the RNA-binding protein Bru1 which regulates alternative
1533 splicing. Ultimately, this defines fiber-type specific expression levels and splice isoform
1534 usage of sarcomeric genes. RNA-binding proteins, orange; Rbfox1, blue outline;

1535 transcription factors, magenta; structural proteins, green. **B)** Rbfox1 regulatory network
1536 events confirmed in this manuscript in fibrillar IFM (light grey, top) or tubular TDT or
1537 Abd-M (dark grey, bottom). Symbol definitions: arrow, positive regulation; flat-ended
1538 arrow, negative regulation; double-ended arrow, level-dependent bivalent regulation;
1539 circular arrow, autoregulation; paired arrows, cross-regulation; red, alternative exon;
1540 black, transcript or protein level. Oval fill colors as in A. Exon numbers (Ex) according
1541 to annotation release FB2021_01.

Figure 1

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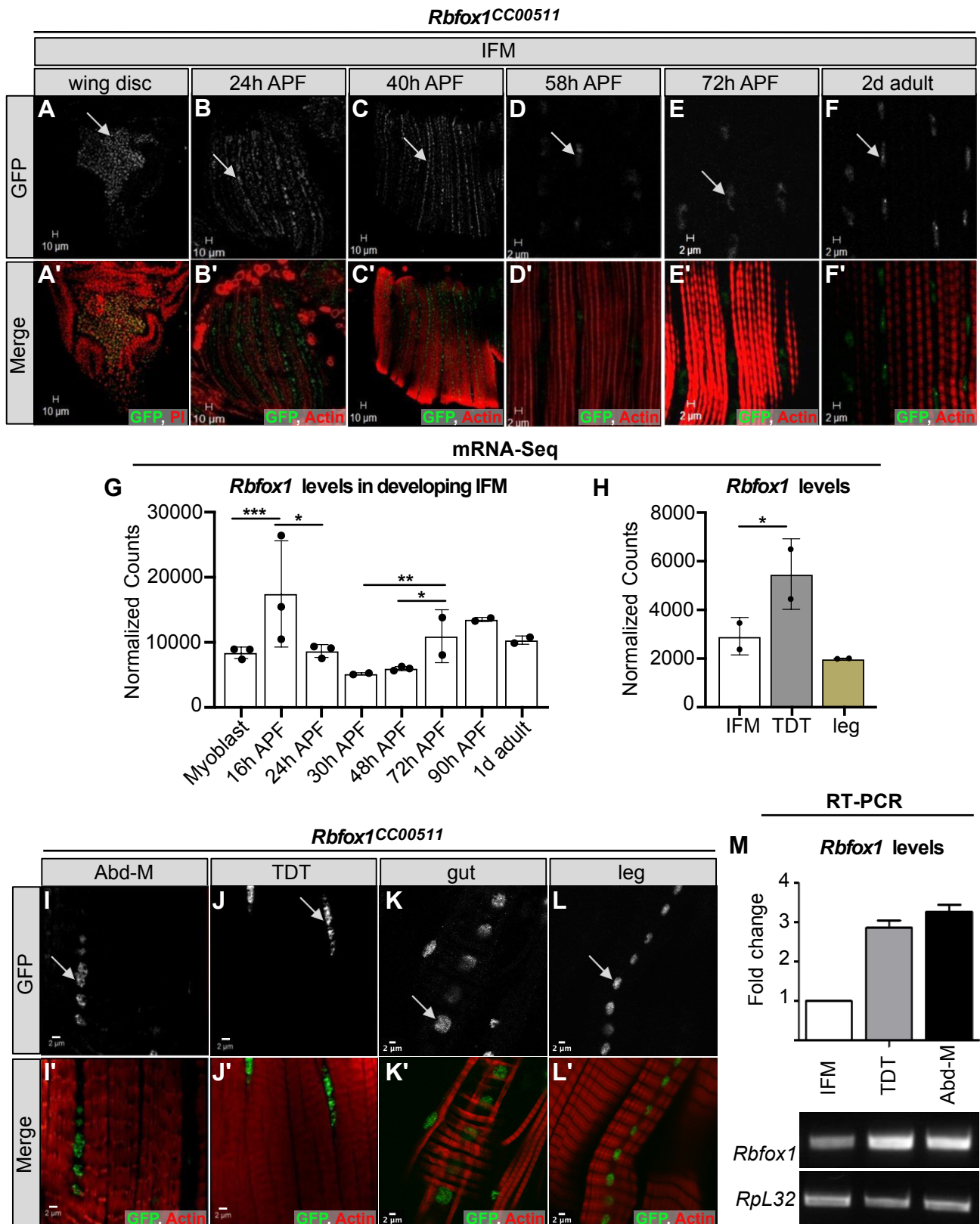


Figure 2

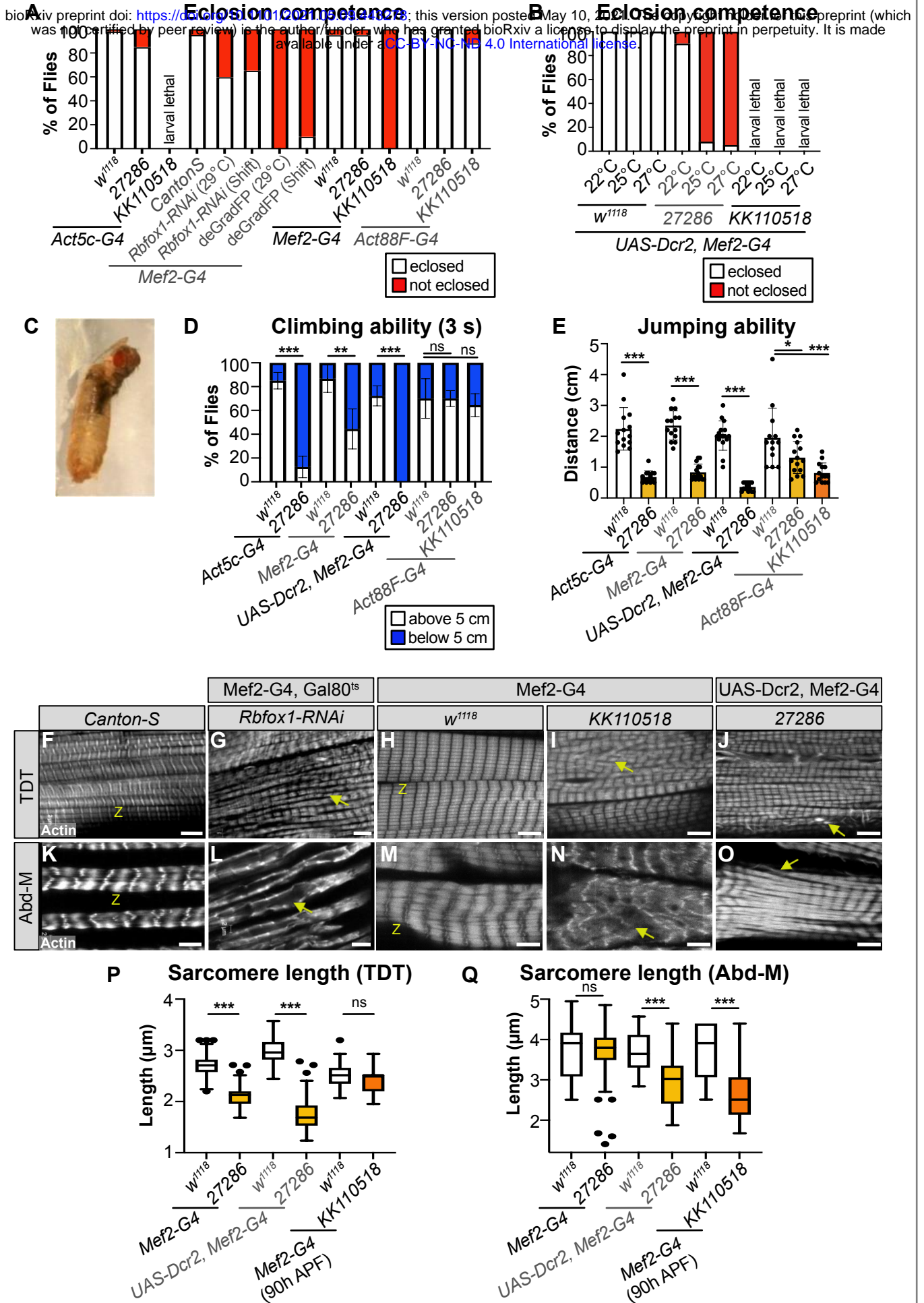


Figure 3

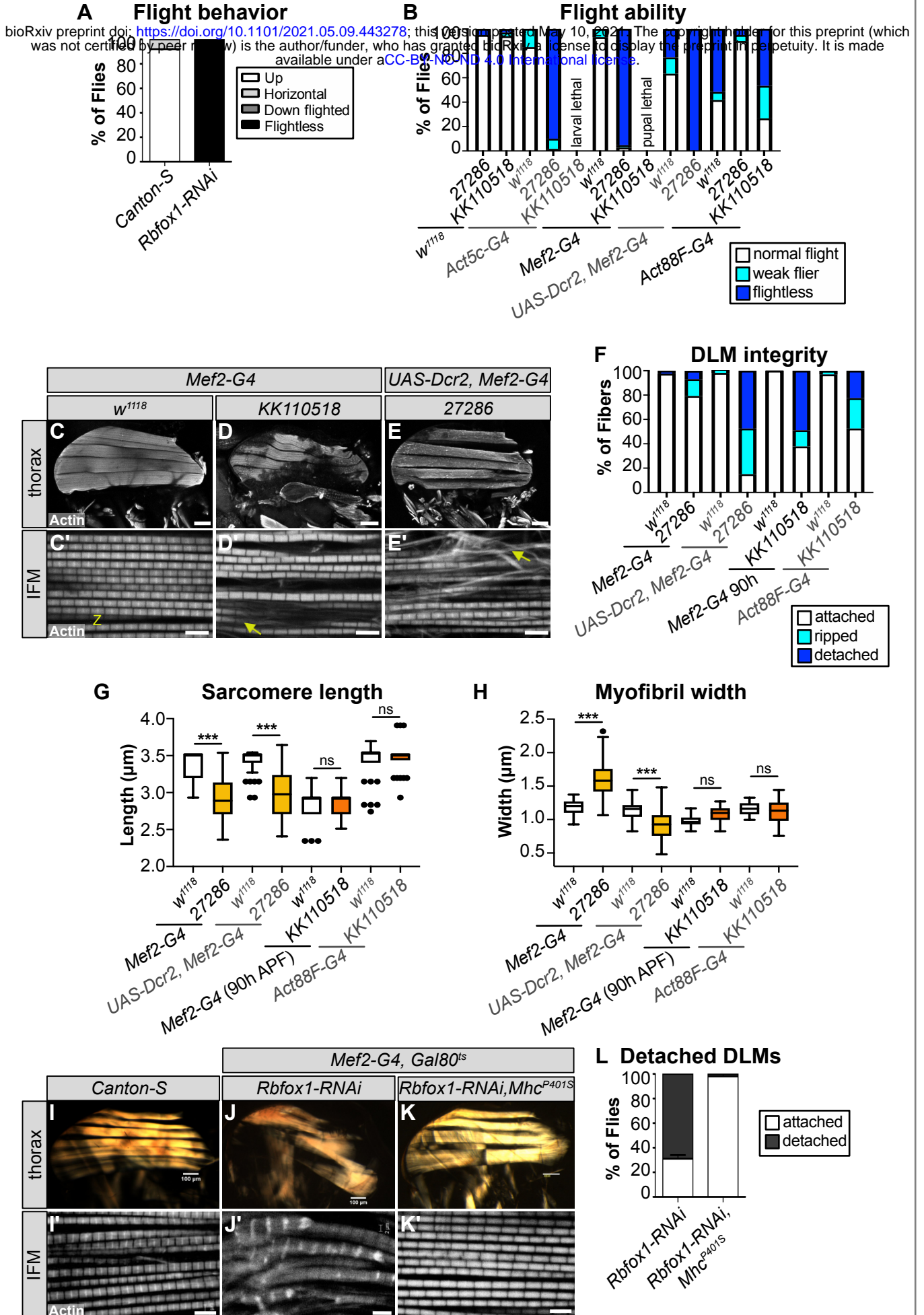


Figure 4

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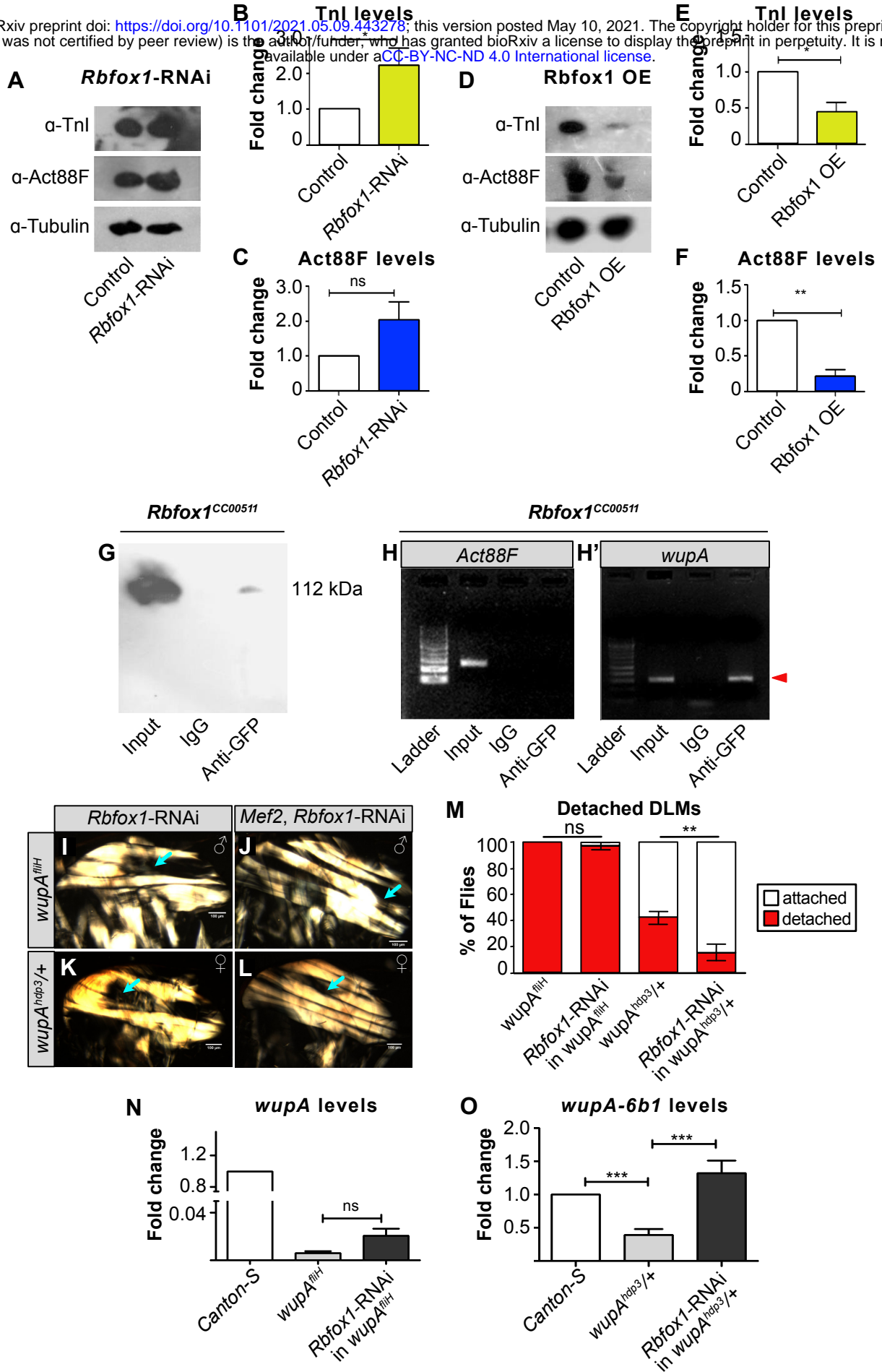


Figure 5

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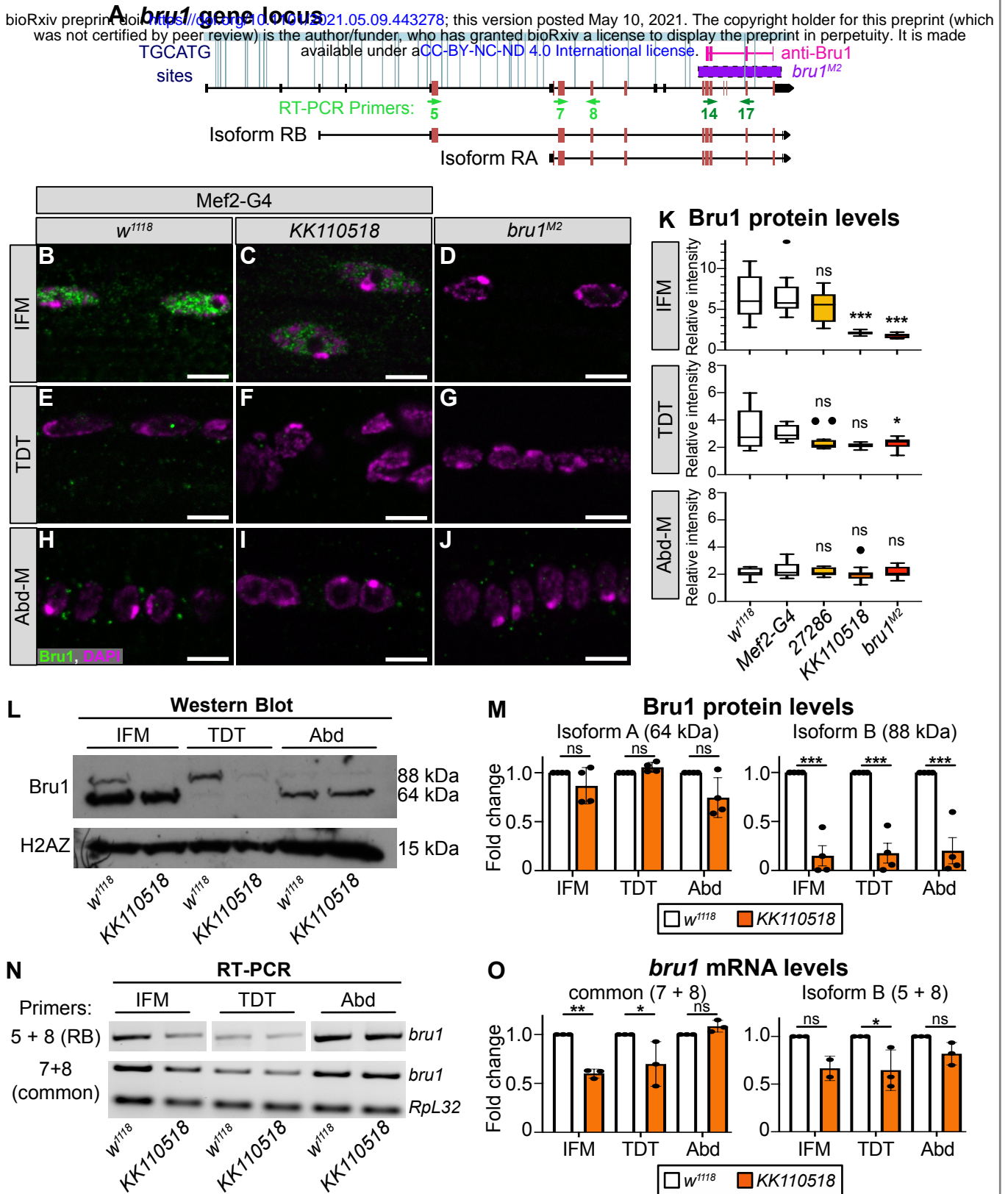


Figure 6

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Mef2-G4

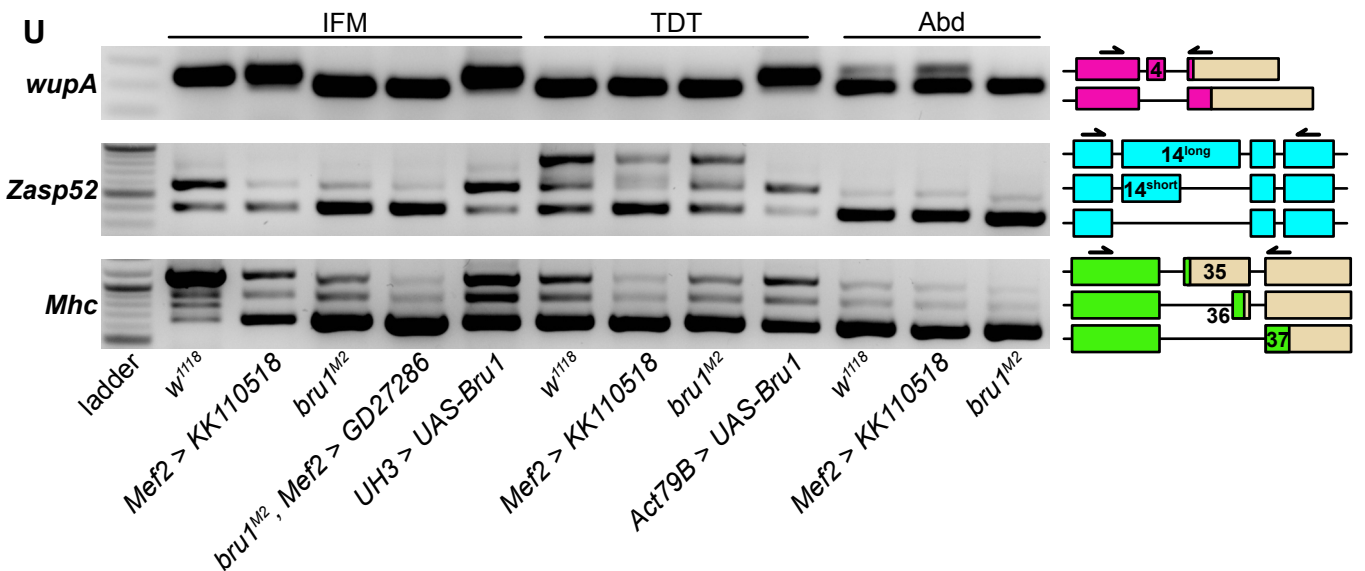
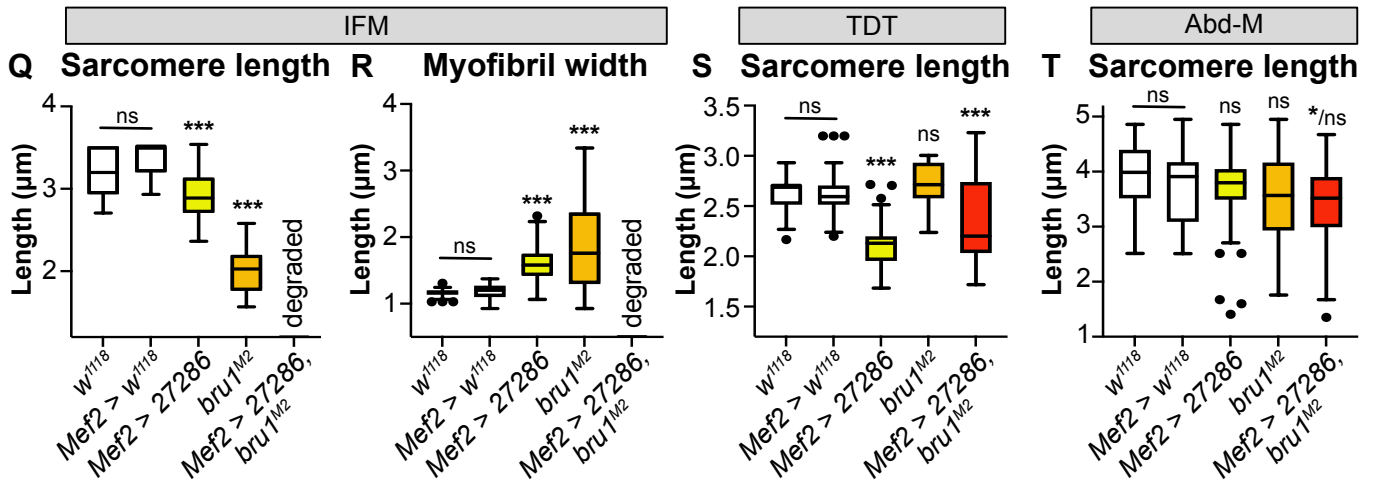
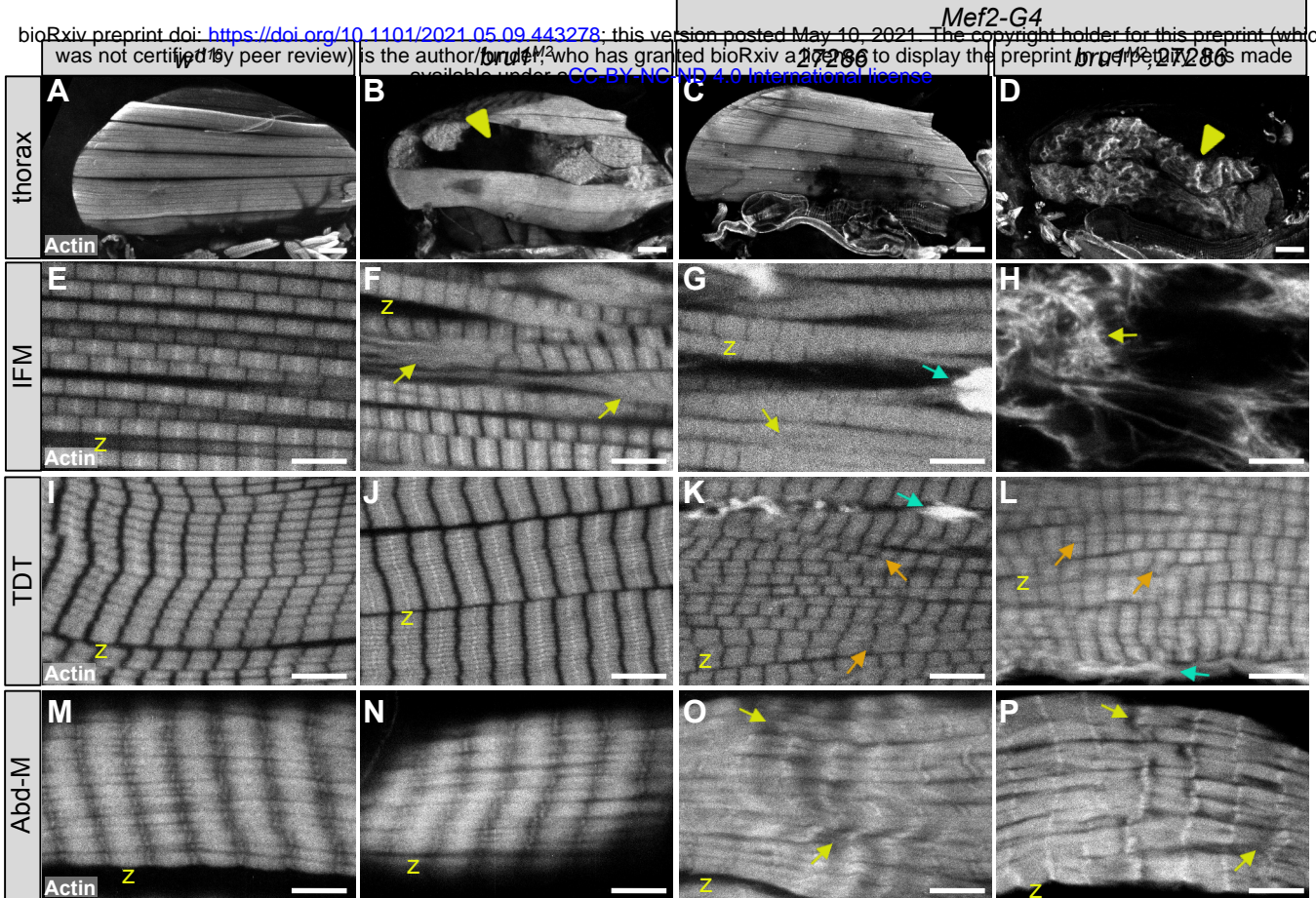
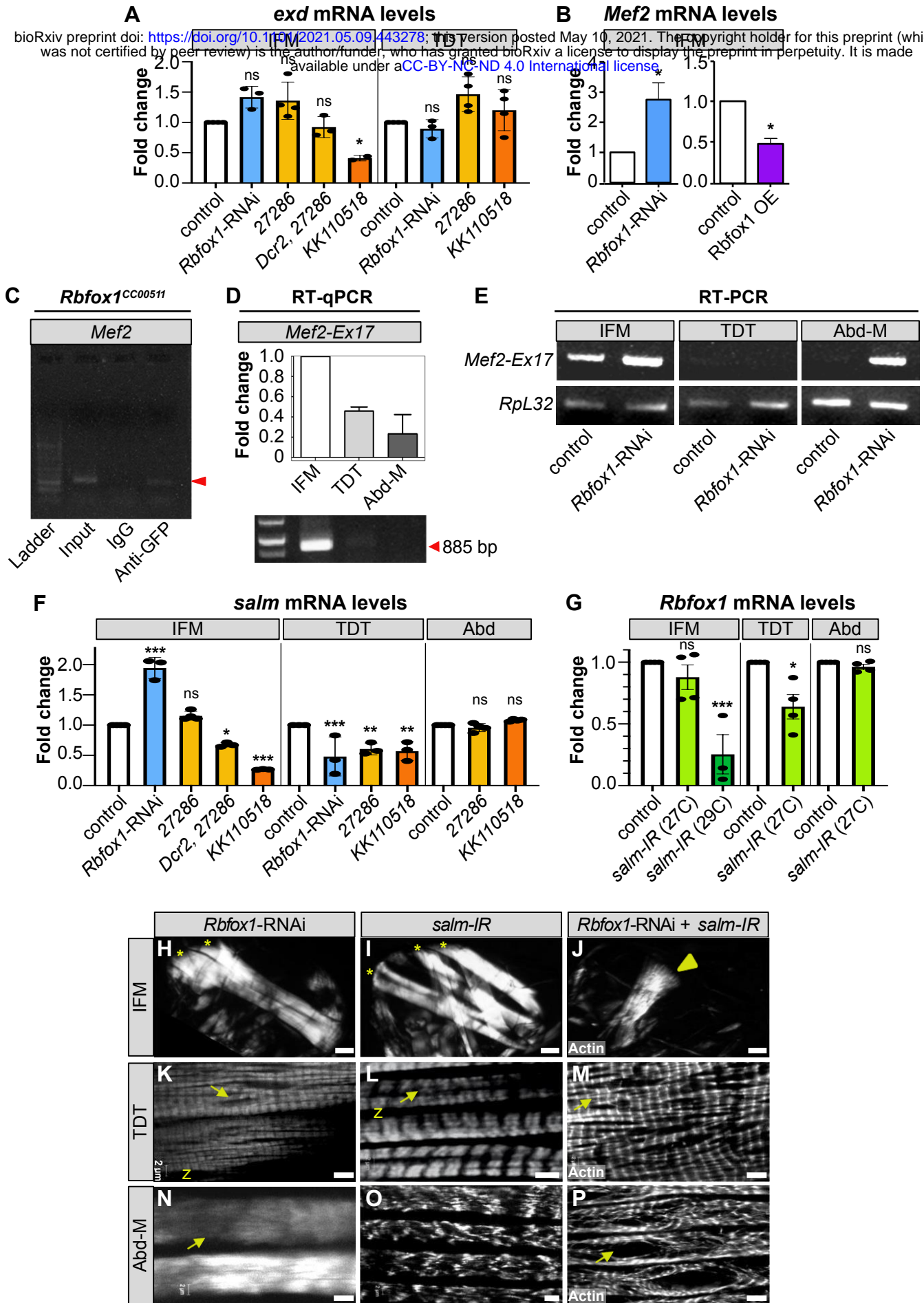


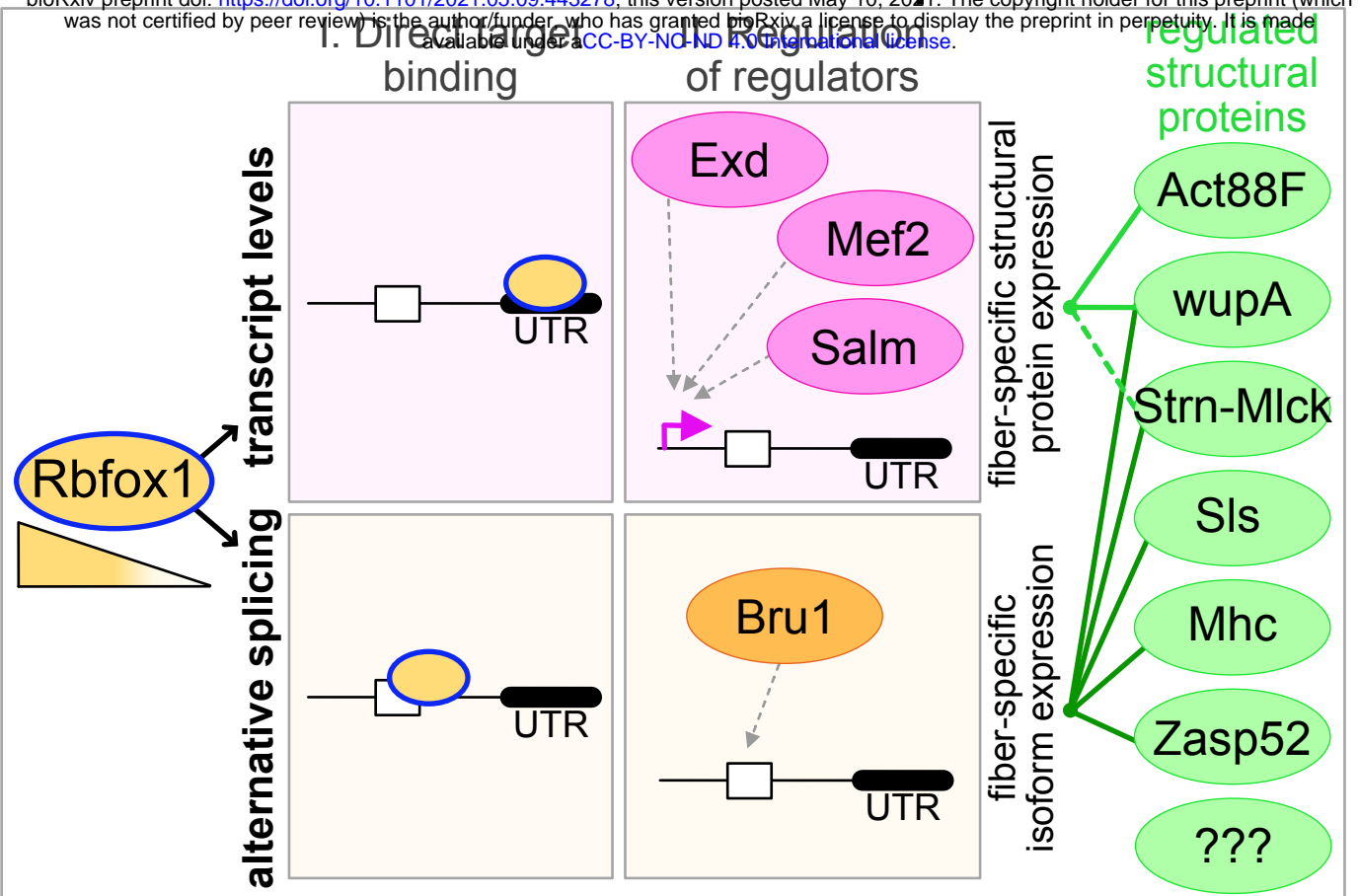
Figure 7

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A. Rbfox1 function in muscle development

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B. Rbfox1 regulatory network

