Fibrinogen α C-subregions critically contribute blood clot fibre growth, mechanical stability and resistance to fibrinolysis

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Abstract

Fibrinogen is essential for blood coagulation. The C-terminus of the fibrinogen α -chain (α C-region) is composed of an α C-domain and α C-connector. Two recombinant fibrinogen variants (α 390 and α 220) were produced to investigate the role of subregions in modulating clot stability and resistance to lysis. The α 390 variant, truncated before the α C-domain, produced clots with a denser structure and thinner fibres. In contrast, the α 220 variant, truncated at the start of the α C-connector, produced clots that were porous with short stunted fibres and visible fibre ends. These clots were mechanically weak and susceptible to lysis. Our data demonstrate differential effects for the α C-subregions in fibrin polymerisation, clot mechanical strength, and fibrinolytic susceptibility. Furthermore, we demonstrate that the α C-subregions are key for promoting longitudinal fibre growth. Together, these findings highlight critical functions of the α C-subregions in relation to clot structure and stability, with future implications for development of novel therapeutics for thrombosis.

Introduction

Fibrinogen is a major component of the blood, normally circulating at concentrations between 1.5-4 mg/mL.¹ The fibrinogen molecule is composed of two pairs of three chains each $(A\alpha_2B\beta_2\gamma_2)$. The N-termini of these chains form the central E-region, with the A α - and B β -chain N-termini forming the fibrinopeptides A and B (FpA and FpB) respectively. The E-region is connected to two distal D-regions by two coiled-coil regions comprised of all three chains. While the C-termini of the B β - and γ -chains end in the D-region, the A α -chains extend for a substantial length from the D-region.² This extension is known as the α C-region and is composed of two main subsections, a highly flexible α C-connector (α 221- α 391) and a globular domain known as the α C-domain (α 392- α 610).³

The majority of the fibrinogen molecule has been resolved by crystallography with the exception of N-termini of all three chains, and the C-terminus of the B β - (residues 459-461) and γ -chain (residues 395-411)⁴. The α C-region is the largest unresolved section, which is likely due to its intrinsically disordered nature.^{5,6} This region has previously been characterised in some detail by nuclear magnetic resonance, atomic force microscopy and transmission electron microscopy.⁷⁻¹⁰ The α C-connector is the least structured of this region and connects the coiled coil region to an α C-domain.^{3,11} The α C-domain forms a compact structure with two subdomains A α 392-503 and A α 504-610, with A α 392-503 containing a series of β -sheets.¹² In its native structure, the α C-domain of fibrinogen has been shown to associate with the central E-region through electrostatic interactions and is released by thrombin through FpB cleavage.^{9,13}

Fibrinogen is converted to fibrin by thrombin to form a fibrin fibre network, which incorporates red blood cells (RBCs) and platelets to produce a clot that prevents blood loss following vascular injury. Thrombin first cleaves FpA allowing for the formation of monomers, fibrin oligomers and protofibrils.⁴ FpB is cleaved by thrombin at a slightly slower rate,⁴ facilitating the release of the α C-region and resulting in interactions between adjacent α C-regions to promote lateral protofibril aggregation and fibre diameter growth.^{4,14} The clot is further stabilised by activated factor XIII (FXIIIa) mediated cross-linking of the α - and γ -chains.¹⁵

Previous investigations into the function(s) of the α C-region have been based on recombinant fibrinogen (α 251), proteolytic digestion products of fibrinogen (fragment X) and dysfibrinogenemia variants, including Marburg, Lincoln, Mahdia, Milano III and Otago.¹⁶⁻²³ In the case of dysfibrinogenemia, data can be challenging to interpret due to a number of factors such as patients not always being homozygous, the presence of a combination of fibrinogen species in the plasma, insertion of additional residues into the α -chain, and/or low circulating levels of fibrinogen, in addition to heterogeneity in post-translational fibrinogen modifications between individuals.^{16-18,23} Investigations with proteolytic fragments, dysfibrinogenemia samples and recombinant fibrinogen have provided some insights into the possible roles of the fibrinogen α C-region. These include effects on fibrinolysis rates, lateral aggregation and fibre thickness, in addition to effects on FXIII cross-linking and the mechanical stability of the clots.^{12,19-21,24} However, the respective roles of each of the two sections of the α C-region (the connector and the α C-domain) is hitherto unexplored.

We hypothesise that the connector and the α C-domain have differential effects on fibrin clot network properties and our work explores the functional role of these two key subregions of the α C-region, by producing two recombinant α 220 and α 390 fibrinogen variants in a mammalian expression system. Fibrinogen α 390 was truncated before the start of the α C-domain and therefore lacks the C-terminal domain, while α 220 was truncated at the start of the α -connector, resulting in the removal of the entire α C-region. Through the use of these truncated fibrinogens, we aimed to gain a greater understanding of how each α C-subregion influences blood clot structure and function.

Results

Impact of α C-Subregions on Clot Structure

The structural differences between WT fibrinogen and the two truncated variants are shown by schematic images (Figure 1A). The α 390 variant is truncated just before the start of α C-domain whereas α 220 variant is truncated at the start of the α C-connector and therefore lacks both subregions. The nature of the fibrinogen variants with deletions to the α C-subregions was confirmed by native PAGE and reducing SDS-PAGE (Figure 1B-C). Both fibrinogen truncations migrated further compared to WT, with α 220 electrophoresing the furthest (Figure 1B), in agreement with their reduced molecular weight. One band was observed for each sample, indicating homogeneous species. Reducing SDS-PAGE confirmed that the lower molecular weight was due to truncation of the fibrinogen α -chain (Figure 1C), whilst both β - and γ -chains migrated to the same point as the respective chains of WT fibrinogen. The reduced molecular weight of the α -chains was 42 kDa for α 390 and 25 kDa for α 220, as predicted, with the calculated molecular weights for the hexameric (A α ₂B β ₂ γ ₂) truncated fibrinogens being 290 kDa and 256 kDa respectively.

Fibrin polymerisation by turbidimetry was similar for clots produced with WT (0.385±0.052 OD) and α 220 (0.376±0.029 OD p=0.9228) fibrinogens (Figure 1D). In contrast, clots produced with α 390 (0.169±0.035 OD p=<0.0001) fibrinogen showed significantly reduced maximum optical density (Figure 1E), indicating the formation of a fibrin clot with thinner fibres and a denser structure. There was a step-wise increase in the lag phase from WT (159.5±20.3 seconds) to α 390 (193±6.2; p=0.0143) and α 220 (227.5±11.4; p=0.0001) (Figure 1F).

Fibrin network structure was visualised using laser scanning confocal microscopy (LSCM), which showed distinct clot architectures for α 390 and α 220 fibrin compared with WT and each other (Figure 2A). In agreement with turbidimetric analysis, a denser clot structure was observed for clots made with α 390 fibrinogen compared to WT. However, for clots generated with α 220, the structure displayed very large pores that were observed throughout, combined with areas showing highly branched fibres that were stunted in length compared to WT. No difference in average fibre density was observed between WT (12.97±0.35 fibre/100µm) and α 220 (14.87±2.25 fibre/100µm p=0.3212) (Figure 2B), but density was significantly increased for α 390 clots (19.6±1.79 fibre/100µm; p=0.0041).

Subsequently, fibrin clot ultrastructure was investigated using SEM (Figure 2c). Consistent with LSCM and turbidimetric analysis, network structure for α 390 was denser compared with WT clots. Compared to α 390, clots made with α 220 and WT fibrinogen had similar network densities, but numerous fibre ends were visible in α 220 clots, which were not observed in either of the other two clots (Figure 2C, yellow arrows). Average fibre diameter was reduced for α 390 (51.67±5.03 nm; p=0.0059) compared to WT (79.19±11.72 nm), but not for α 220 (86.15±2.26 nm p=0.4801) (Figure 2D).

Protofibril Growth

Atomic force microscopy was used to study the role of the α C-subregions during early polymerisation steps. Figure 3A shows representative early polymerisation images of the fibrinogen variants over time under diluted *in vitro* conditions, to slow the reaction down from seconds to minutes. An increase in polymer length was observed for both WT and α 390, whereas α 220 showed limited polymer growth (Figure 3B). At 10 minutes, similar oligomer lengths were observed for WT (223±94 nm) and α 390 (240±103 nm p=0.3596), whereas α 220 average length was shorter at 142±56 nm (p<0.0001). A similar pattern of reduced oligomer growth for α 220 was observed at 20 minute (WT (319±263 nm), α 390 (326±245 nm p=>0.9999) and α 220 (173±58 nm p<0.0001) and 30 minutes (WT (372±284 nm), α 390 (341±202 nm p=>0.9999) and α 220 (204±84 nm p<0.0001)).

Clot Mechanics and in vitro Fibrinolysis

Next, the effect of α C-subregions on clot resistance to lysis and visco-elastic properties were investigated. Initial investigations into lysis by LSCM showed no difference in time to 50% lysis between WT and α 390 clots (Figure 4 – figure supplement 1B), but no defined lysis front for α 220 clots could be detected, likely due to the highly porous structure (Figure 4 – figure supplement 1A). To overcome this, lysis was next studied by turbidity after layering fibrinolytic factors on preformed clots (Figure 4A). Time to 50% lysis was similar for α 390 and WT clots (68.6±8.0 vs 73.4±4.8 minutes; p=0.4138), whereas α 220 clot lysis was considerably faster (17.7±3.3 minutes; p<0.0001) (Figure 4B).

The α C-domain contains lysines which are cross-linked by FXIIIa to γ -glutamyl- ϵ -lysyl bonds with glutamines in the α C-connector of adjacent fibrin molecules, some of which are still present in α 390 (Q221 (and/or 223), Q237, Q328, and Q366).^{25,26} The entire α C-region is removed in α 220 and therefore all residues involved in cross-linking are absent. Cross-linking analysis by SDS-PAGE showed reductions in α -chain molecular weight over time due to the FpA cleavage by thrombin, noticeable in all fibrinogen variants, particularly after 15 minutes (Figure 4C). Both truncations displayed normal fibrin γ -chain cross-linking and formation of γ - γ dimers, but delayed α -chain cross-linking with both truncations showing un-crosslinked α -chain after 2 hours, while all α -chain monomer had been converted to polymer in WT. Some α -chain cross-linking still occurred even in α 220 which lacks all known cross-linking residues, suggesting presence of additional cross-linking sites.

Next, effects of α C-subregions on clot visco-elastic properties were investigated by magnetic tweezers. Without FXIIIa, α 390 clots showed similar storage modulus (G') at 0.1, 1 and 10 Hz (Figure 4 – figure supplement 2) as WT. G' is a measure of elastic energy stored through deformation and is linked to clot stiffness. No viscoelastic data could be generated for α 220 clots without FXIIIa, due to highly porous nature of these clots and inability of superparamagnetic beads to remain trapped by the weak fibrin network. With FXIIIa, the G' was higher for both WT and α 390 than without FXIIIa (Figure 4D and Supplementary Figure 2). Cross-linked α 220 clots showed markedly reduced G' over all frequencies compared to WT, whereas α 390 clots showed higher elastic modulus compared to WT with FXIIIa at 10 Hz (Figure 4D), likely due to increased fibre branching and clot density in this variant.

Clot Contraction

To explore the role of α C-subregions in mediating interactions with blood cells, whole blood from fibrinogen^{-/-} mice supplemented with variant or WT fibrinogen was analysed for clot contraction, which occurs secondary to platelet contractile forces pulling fibrin fibres while trapping RBCs. Clots formed and contracted normally for WT and α 390, but no visible clot was formed for α 220 (Figure 5A), and as a result neither clot contraction nor weight could be analysed. No difference was observed in clot retraction kinetics (Figure 5B) or clot weight between WT and α 390 (Figure 5C).

Comparing the supernatant (post-activation) of contracted clots to corresponding pre-activated samples indicated that platelets were fully incorporated into the contracted clot (Figure 5 – figure supplement 1A and B). Despite the lack of distinct clot formation, α 220 showed reduced number of platelets in the supernatant, likely due to normal platelet activation and formation of platelet aggregates, which agrees with an increased FFC/SCC platelet profile in this sample. Control samples containing tissue factor, but no fibrinogen, also showed reduced platelet numbers in the supernatant. Control samples without tissue factor and fibrinogen showed similar platelet numbers pre- and post-activation as no clot formed and platelets were not activated. Examination of the supernatant of contracted clots to pre-activated samples for RBC retention, showed similar retention between WT and α 390, while α 220 clots demonstrated reduced RBC retention compared with WT (Figure 5D). The

amount of RBC retention in α 220 was similar to the activated control without fibrinogen, suggesting that platelet aggregates may be trapping some RBCs.

Next, we investigated fibrin interaction with platelets by flow cytometry. Upon ADP and PAR4 activation, fibrinogen-positive platelets increased to the same extent for WT, α 390 and α 220, but not fibrinogen γ' , consistent with its lack of integrin-binding C-terminal AGDV motif (Figure 5 – figure supplement 2A). However, fibrinogen MFI for α 220 was decreased, suggesting reduced fibrinogen bound per platelet. In contrast, α 390 displayed similar binding levels as WT (Figure 5 – figure supplement 2B). Despite minor differences in binding, these data indicate that clot contraction differences are not driven by a complete inability of α 220 to bind platelets.

Whole Blood Clot Lysis

Thromboelastography was used to study clot formation, firmness and fibrinolysis in whole blood from fibrinogen^{-/-} supplemented with fibrinogen variants. EXTEM (tissue factor as trigger) showed extended clotting time for $\alpha 390$ (110.7±18.5 seconds; p=0.7590) and more markedly $\alpha 220$ (425.7±111.4 seconds; p=0.0014) compared to WT (65.3±16.8 seconds) (Figure 6A-B), consistent with the prolonged lag-phase observed in turbidity. Clot firmness was reduced for both truncations compared to WT (45.7±6.3 mm), with $\alpha 220$ (7.0±2.0 mm; p=0.0005) being the weakest and $\alpha 390$ displaying an intermediate phenotype (24±8.5 mm; p=0.0099) (Figure 6C). The clot firmness trace for $\alpha 220$ returned to baseline, with a similar but not complete decline for $\alpha 390$ (Figure 6A).

ROTEM clots were then collected and prepared for SEM (Figure 6G). WT and α 390 clots were composed of fibrin, platelets and RBCs, while α 220 clots showed limited fibrin and were mainly composed of RBCs and platelets. As limited fibrin was observed in α 220 clots, the role of fibrinolysis in clot destabilisation was investigated using APTEM (includes aprotinin, an inhibitor of plasmin; Figure 6D). Similar to EXTEM, clotting time was extended (Figure 6E) for α 390 (105.7±15.0 seconds; p=0.3558) and α 220 (335.0±106.5 seconds, p=0.0141) compared to WT (63.7±8.1 seconds). Clot firmness was higher in APTEM than in EXTEM for the truncations (α 390, 31.3±2.1 mm, p=0.0012; and α 220, 15.7±2.5 mm, p=<0.0001), though still reduced compared to WT (45.3±3.2 mm), and both were able to maintain clot firmness over the period of the experiment (Figure 6D and F). Fibrin was clearly present for α 220 clots after APTEM, and numerous visible fibre ends were again visible (Figure 6G). These results indicate that fibrinolysis caused α 220 clots to destabilise within one hour of clot formation.

Discussion

Our main findings are that without the C-terminal domain (α 390), fibrin produces a clot consisting of thinner fibres and composed of a denser structural network with reduced mechanical stability. However, and strikingly, without the whole of the α C-region and deletion of both the C-terminal domain and connector (α 220), fibrin longitudinal growth is impaired significantly. Clots produced from α 220 fibrinogen have stunted fibres and abnormal network structures that show drastically reduced mechanical and fibrinolytic resistance. These findings demonstrate a far greater role for the fibrinogen α C-region than hitherto thought, with it being critically important for normal fibrin fibre formation, growth and clot stability (Figure 7).

The loss of the α C-domain in α 390 produced a denser clot with thinner fibres compared to WT, as observed by both SEM and LSCM. These findings are reminiscent of a shorter fibrinogen variant α 251.²¹ Interestingly, the additional 139 AA residues in α 390 did not seem to have affected final clot structure, which was largely similar to fibrin networks made from α 251 fibrinogen.^{20,21} In contrast, the lack of 31 AA residues in α 220, compared with α 251, seem to significantly affect fibre growth and clot

stability. It thus appears that the α C connector region, even if only partially present, rescues some of the fibre growth capabilities and the stability of α 251 clots, which is greatly impaired when the full connector region is lost in α 220.

The transition from longitudinal to lateral growth of protofibrils has been reported to occur at oligomer lengths of 0.6-0.8 μ m.^{27,28} The AFM experiments cannot extend to timepoints beyond protofibrils growth to 0.6 μ m, since this also coincides with network gelation. This notwithstanding, at earlier timepoints, there was comparable growth in protofibril length for WT and α 390 fibrin, while α 220 had significantly shorter oligomers at every time point. Moreover, LSCM and SEM data showed that the loss of the α C-connector results in short and stunted fibres. Taken together, these results indicate that α 220 fibres are unable to support normal longitudinal fibre growth, which would normally lead to a continuous network of fibres without visible fibre ends. Previous data support our conclusions as clots made from fragment X₂, where the C-termini of both α -chain end at residue 219, show visible fibre ends.¹⁹ Moreover, clots from fragment X₂ demonstrated large pores, consistent with our finding with α 220 variant, although fibre thickness was different, which may be due to the use of purified bovine fibrinogen or the partial loss of the β -chain during fragment X₂ generation.^{19,20}

Previously our investigations with a recombinant fibrinogen Double-Detroit with mutations in both "A" and "B" knobs resulted in defective knob-hole interactions therefore preventing protofibril formation, lateral aggregation and polymerisation.²⁹ As there was no protofibril initiation and formation, the role of the α C-region in protofibril growth could not be detected. In our current α C truncations, knob-hole interactions are unchanged, thus allowing protofibril initiation, but longitudinal growth is impaired, altogether indicating a key role for the α C-subregions in protofibril growth, but not initiation.

The change in clot structure and altered cross-linking of fibrin fibres with α 220 variant is likely to contribute to the marked reduction in fibrin network stiffness compared with WT, and the instability of the clots in the absence of FXIII. In agreement with this, Collet *et al.* were unable to study permeation for α 251 in the absence of FXIIIa, due to clot weakness.²¹ Fibrinogen α 251 is likely to be mechanically stronger than α 220 as there are still at least two glutamine (Q221 (and/or 223) and Q237) and lysine (K208 and K219) residues present that are cross-linked by FXIIIa.¹⁴ Moreover, our clot contraction data showed a reduction in RBC and platelet retention with α 220 clots, while α 390 and WT were largely similar. This is consistent with previous data using α 251, which demonstrated that α - α crosslinking is essential for the retention of RBC within the clot.³⁰

The connector region also demonstrated a significant effect on susceptibility of the clot to lysis, which may have been due, at least in part, to altered clot structure but there are other potential mechanisms. The α -chain has a several lysine cleavage sites involved in fibrinolysis A α K583, A α K230 and A α K206, before lysines in the coiled coil of all three chains are targeted.³¹ A α K583 is the most vulnerable and leads to partially degraded fibrinogen within circulation.³¹ As observed in both turbidimetric and ROTEM experiments for α 220 there was a delay in the initial stages of clotting, providing opportunity for fibrinolysis to occur simultaneously with polymerisation. In addition, the conversion of fibrinogen to fibrin exposes tPA and plasminogen binding sites, namely γ 312-324 in the γ -nodule and A α 148-160 within the coiled-coil region.^{32,33} These sites are likely already exposed in α 220 fibrinogen prior to their conversion to fibrin, due to the lack of tethering of the α C-region to the coiled coil and the E-region,^{9,13} in turn leading to early plasmin generation by tPA. In support of this notion, α 220 clots displayed rapid intrinsic lysis in whole blood when fibrinolysis was not inhibited (EXTEM) and in purified protein data, but not when lysis was inhibited in whole blood (APTEM). This observation was further confirmed by SEM of α 220 clots after EXTEM experiments, showing the presence of only minimal amounts of fibrin, whereas fibrin was clearly present throughout the clots after APTEM.

Intrinsic fibrinolysis was also enhanced in clots made from α 390, as shown in EXTEM experiments, but to a lesser extent compared with α 220. Similarly to α 220, however, the effect on fibrinolysis was inhibited in APTEM experiments for α 390. To complicate matters, turbidimetric analysis showed no overall difference in lysis of α 390 clots compared with WT. This is likely due to the denser clot structure in α 390 that prevents movement of plasmin through the clot,³⁴ thus counterbalancing increased fibrinolysis initiation due to lack of the α C-domain. The denser clot structure observed in the purified system for α 390 was less apparent in whole blood indicating that blood cells prevent the formation of a denser clot. As for the difference in clot lysis comparing α 390 and α 251 and α 220, one mechanism may be related to the absence of the α_2 -antiplasmin cross-linking site Lys303 in both α_{251} and α_{220} , resulting in reduced incorporation of this antifibrinolytic protein. Non-covalent interactions of α_2 antiplasmin have also been reported for the D-region and the C-terminal sub-domain, which could further play a role in different lysis patterns of clots made from these two variants.³⁵ Of note, our data also show an important mechanism for the interplay between clot mechanics and fibrinolysis, with both truncations failing to maintain clot firmness during ROTEM analysis, unlike WT. However, inhibition of fibrinolysis restored maintenance of clot firmness for both truncations, showing that in the absence of the α C-domain and/or α C-connector, fibrinolysis is an important regulator of clot mechanical stability.

In conclusion, our data show that the α C-domain and α C-connector play crucial and distinct roles in fibrin formation, fibre growth, clot structure and clot stability. While the α C-domain is central to lateral aggregation, fibre thickness and clot network density, the α C-connector together with the α C-domain is key for longitudinal fibre growth, continuity of fibrin fibres, and both mechanical and fibrinolytic clot stability. These novel functions of the α C-connector region enhance our understanding of the role of this fibrinogen region in clot formation, structure and resistance to lysis. Moreover, our data have important ramifications for potential future therapies, targeting the α C-region of fibrinogen for the reduction of thrombosis risk.

Materials and Methods

Materials

Human thrombin was purchased from Merck (Cramlington, UK) and reconstituted in double distilled water (ddH₂O). Tissue plasminogen activator (t-PA) was from Pathway Diagnostics (Dorking, UK) and human Glu-plasminogen from Enzyme Research Laboratories (Swansea, UK) and were prepared in ddH₂O. Human FXIII-A₂B₂ from Zedira (Darmstadt, Germany) was further purified from contaminating albumin and glucose by Hiload 16/60 superdex 200 (GE Healthcare; Little Chalfont, UK) gel filtration as previously described.³⁶ All purified proteins were stored at -80°C prior to use. All other chemicals used were attained from Sigma-Aldrich (Gillingham, UK) unless stated otherwise.

Experimental animals

All animals were maintained in individually ventilated cages, at 21 °C with 50-70% humidity, light/dark cycle 12/12 hours and on standard diet *ad libitum*. Fibrinogen A α -chain (FGA)^{-/-} mice³⁷, on C57BL/6J background, were generated by crossing male FGA^{-/-} with female FGA^{+/-} mice, and genotypes were determined using real-time PCR (Transnetyx, Cordova, USA). Mice were bled for whole blood contraction and rotational thromboelastometry experiments. Procedures were performed according to accepted standards of humane animal care, approved by the ethical review committee at the University of Leeds, and conducted under license from the United Kingdom Home Office.

Cloning and recombinant fibrinogen expression

Two truncated recombinant fibrinogen α -chain variants (α 220 and α 390) were produced using QuikChange II Site-Directed Mutagenesis Kits from Agilent Technologies (Stockport, UK) on the human full-length fibrinogen α 610 cDNA, and expressed in Chinese hamster ovary (CHO) cells as previously described.^{38,39} In brief, primers were designed to create stop codons in the cDNA sequence in the expression vector pMLP. Fibrinogen α 390 was truncated after aspartate 390, and α 220 terminated after serine 220. Truncations were confirmed by sequencing using MRC PPU DNA Sequencing and Services (University of Dundee, UK). The truncated plasmids were co-transfected into CHO cells already expressing the human fibrinogen β - and γ -chains, with a second plasmid used for selection (pMSV-his). Expression and purification of recombinant fibrinogen was performed as previously descibed.^{39,40} Recombinant homodimer fibrinogen γ' was produced in CHO- $\alpha\beta$ cells transfected with pMLP vector containing mRNA of fibrinogen γ' , expressed and purified as described above. For α 390 and α 220 fibrinogens, the α -chain size was reduced from 66 kDa to 42 kDa and 25 kDa respectively. No changes were made to the β - and γ -chains in these variants. The assembled fibrinogen was reduced to 290 kDa for α 390 and 256 kDa for α 220, from 340 kDa for wild-type (WT). WT expressing and CHO- $\alpha\beta$ CHO cells were kindly provided by Dr Susan Lord. Several recombinant batches of both the truncations and WT were used for experiments.

Cross-linking experiments

Reaction mixtures composed of 5 μ g recombinant fibrinogen variants and 5 mM CaCl₂ were mixed with 15 μ g/mL FXIIIA₂B₂ in Tris Buffered Saline (TBS; 50 mM tris and 100 mM NaCl, at pH 7.5) and followed immediately with the addition of 0.1 U/mL thrombin to activate clotting. The reaction was stopped at 0, 2, 15, 30, 60 and 120 minutes with a stop solution containing 1x NuPAGE reducing sample buffer and 1x NuPAGE LDS sample buffer (ThermoFisher Scientific) in TBS and immediately denatured at 95°C for 10 minutes and incubated on ice until all time points were completed. The samples were run on a 4-12% NuPAGE Bis-Tris gel (ThermoFisher Scientific) at 160 V until adequate separation of the bands. Gels were stained with InstantBlue (Abcam; Cambridge, UK), and imaged on a G:Box (Syngene; Cambridge, UK). The band densitometry was calculated using Image J (National Institutes of Health; Bethesda, MD, USA), the α -chains were normalised to the β -chains and the percentage remaining was calculated for each time point.

Rotational thromboelastometry

Whole blood clot formation and firmness were analysed using a ROTEM Delta (Werfen Limited; Warrington, UK). All investigations were performed through activation of the extrinsic pathway, using the EXTEM and APTEM tests. Both tests use tissue factor as an agonist with the EXTEM test influenced by extrinsic coagulation factors, platelets and fibrinogen. In contrast, the APTEM test allows for the investigation of fibrinolysis, which is based on the EXTEM test but with the addition of aprotinin to inhibit fibrinolytic proteins. FGA^{-/-} mice were bled as described for clot contraction (Supplementary Material), and the collected blood was reconstituted with recombinant fibrinogen at a final concentration of 0.5 mg/mL (1.47 μ M). The assays were repeated 3 times each. The clot contents of the cups were collected afterwards and fixed overnight in 2.5% glutaraldehyde prepared in 0.9% NaCl (VWR International; Lutteroworth, UK). The following morning, clots were washed three times with 0.05 M sodium cacodylate (pH 7.4), dehydrated, critical-point dried and sputter-coated as described in the Supplementary Material.

Statistical analysis

Statistical analysis of experimental data was performed with GraphPad Prism v7 (La Jolla, CA, USA) or OriginLab software (OriginLab Corporation, Northampton, MA, USA), with p <0.05 considered as statistically significant. In all data sets, the results were compared to the control, WT or pre-treated sample. Data was tested for normality before statistical analysis by ANOVA or Kruskal-Wallis test, followed by post-hoc test of Dunnett, Dunn, or Sidak multiple comparison test. The number of experiments and the statistical tests used for each experiment is detailed in the respective figure legend. Error bars shown as ± standard deviation in all experiments except for early fibrin polymers length which are ± interquartile range.

Additional methods

For native and SDS-PAGE gel, fibrin clot formation and fibrinolysis by turbidity, fibrin fibre arrangement and lysis by scanning confocal microscopy, clot structure by scanning electron microscopy (SEM), protofibril analysis by atomic force microscopy, fibrin microrheology, clot contraction and platelet-fibrinogen interaction methods, see supplementary methods.

Authors contributions

H.R.M performed, designed, and analysed most of the experiments unless stated otherwise. C.D provided support in the *ex vivo* experiments. S.R.B designed, performed and analysed the AFM experiments and provided support with the magnetic tweezer's experiments. M.S.H and L.T.C designed and performed flow cytometry experiments and analysis. N.L.A and M.D.D assisted with initial experimental design. R.A.S.A conceived the project and provided overall supervision. H.R.M, C.D, S.R.B, V.C.R, S.D.A.C, K.M.N, H.P, R.A.A and R.A.S.A contributed to the design of the project, data analysis, discussion, and interpretation of results. H.R.M, R.A.A and R.A.S.A wrote the manuscript, all authors critically reviewed the work and provided final approval of the manuscript.

Conflict of interest

The authors declare no competing financial interests

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Figure legends

Figure 1. Initial characterisation of the recombinant truncated fibrinogen. (**A**) Schematic of WT, α 390 and α 220 highlighting the differences in structure of α C-region. (**B**) Native PAGE gel of the recombinant fibrinogens showed increased migration with decreasing protein size, and a single band for each fibrinogen α -chain variant and WT. (**C**) SDS-PAGE gel of the truncated fibrinogens, showing intact β - and γ -chains, and the correct size for the α -chains. All preparations showed no degradation and high purity. The arrow indicates the α -chain for α 390 just underneath the γ -chain. (**D**) Turbidity curve of the truncated and WT fibrinogens showing an increase in optical density over time. (**E**) The maximum optical density was significantly reduced for α 390, but not α 220, compared to WT. (**F**) The lag phase was significantly increased for α 390, then α 220, compared to WT. Results shown as mean±SD, n=4, *p<0.05, ***p<0.001, ****p<0.001 by one-way ANOVA with Dunnett's multiple comparison test relative to WT.

Figure 2. Fibrin structural changes observed with truncation to the fibrinogen α -chain. (A) Representative laser confocal microscopy images of clots composed of truncated and WT fibrinogens, scale bar is 20 µm. (B) Clot fibrin fibre density was significantly increased for α 390, but not α 220, compared to WT. (C) Representative scanning electron microscopy images of clots composed of either truncated fibrinogen or WT, scale bar is 10 µm for x5,000 and 2 µm for the x20,000 magnifications. Yellow arrows on the x20,000 magnification images for α 220 highlight the numerous fibre ends visible throughout the clot. (D) Average fibre diameter calculated from the x20,000 magnification images showed a significantly decreased diameter for α 390, but not α 220, compared to WT. Laser scanning confocal images were taken on a LSM880 inverted laser scanning confocal microscope (Zeiss; Cambridge, UK) using a x40 magnification Scanning Electron Microscope (Hitachi; Tokyo, Japan). Results shown as mean±SD, n=3 confocal and scanning electron microscopy n=3 (α 390 and α 220) and n=4 WT, **p<0.01 by one-way ANOVA with Dunnett's multiple comparison test relative to WT.

Figure 3. Early fibrin polymers length comparison. (A) Representative images of fibrin polymers lengths for truncated and WT fibrinogens at 10, 20 and 30 minutes, scale bar is 1 μ m. (B) Average polymer length was significantly decreased for α 220, but not α 390, at all timepoint compared to WT. Each point in (b) represent a single measured polymer; at least 165 polymers were measured for each time point/fibrinogen variant, and at least 3 replicates were made of each sample. Results shown as median±IQR, ****p<0.0001 by Kruskal-Wallis test with Dunn's multiple comparison test relative to WT.

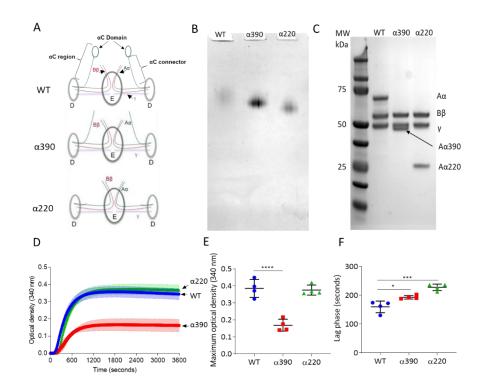
Figure 4. aC-connector provides clot stability. (**A**) Normalised fibrinolysis curve over time of truncated and WT fibrinogens. (**B**) Time to 50% lysis was significantly decreased for α 220, but not α 390, compared to WT. (**C**) Representative SDS-PAGE gels of truncated and WT fibrinogens undergoing cross-linking by FXIII, showing that α - and γ -chain cross-linking in all 3 variants. (**D**) Elastic modulus (G') at 0.1 Hz, 1 Hz and 10 Hz, in the presence of FXIIIA₂ show that α 390 markedly increased, whilst α 220 significantly decreased, clot stiffness compared to WT. Results shown as mean±SD, n=4 for A and B and D for WT and α 390 and n=3 in D for α 220, *p<0.05, **p<0.01, ***=p<0.001 and ****p<0.0001 by one-way ANOVA with Dunnett's multiple comparison test (**B**) and two-way ANOVA with Dunnett's multiple comparison test (**B**) and two-way ANOVA with Dunnett's multiple comparison test graphs (**D**) relative to WT.

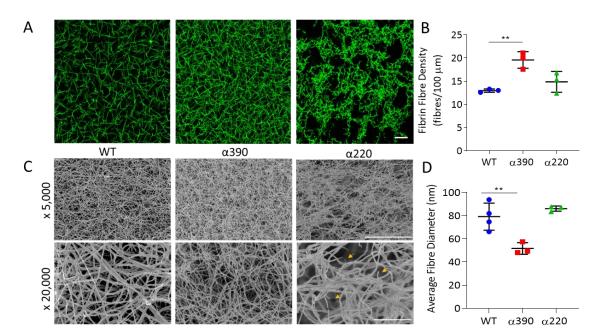
Figure 5. Whole blood clot contraction. Whole blood clots were prepared from whole blood from fibrinogen^{-/-} mice supplemented with either truncated Fibrinogen or WT, no fibrinogen (controls). (**A**) Representative images of whole blood clot formation and contraction over time, showing the formation of a defined clot for WT and α 390, but no visible clotting for α 220 and controls. (**B**) Whole

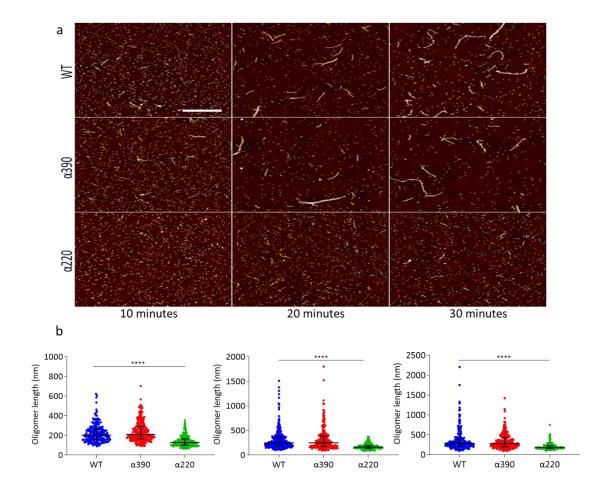
blood clot contraction kinetics was similar between α 390 and WT, but not quantifiable for α 220. (**C**) Final clot weight was not different between α 390 and WT, but not quantifiable for α 220. (**D**) The percentage of red blood cells incorporated in the contracted clot was similar between α 390 and WT, whilst that of α 220 was similar to the control containing tissue factor but no fibrinogen. Results shown as mean±SD, n=3, *p<0.05, by one-way ANOVA with Dunnett's multiple comparison test relative to the tissue factor activated control.

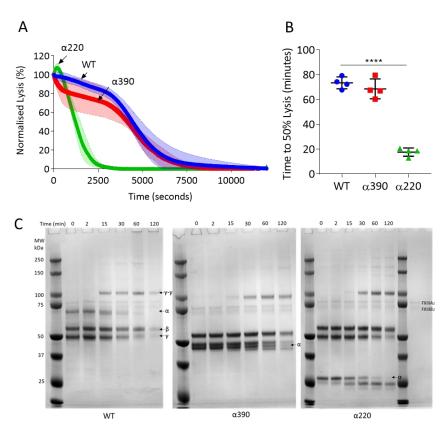
Figure 6. Fibrinolysis is the crucial factor for clot instability. Whole blood clots were prepared from whole blood from fibrinogen (Fbg)^{-/-} mice supplemented with either truncated or WT fibrinogens. (**A**) Whole blood clot formation curves from ROTEM, clotting activated by tissue factor (EXTEM) showing increasing in clot firmness over time. (**B**) Clotting Time was significantly increased for α 220, but not α 390 compared to WT. (**C**) Maximum Clot Firmness was significantly decreased for α 390, and even further for α 220, compared to WT. (**D**) Whole blood clot formation curves from ROTEM, clotting activated by tissue factor and aprotinin to inhibit fibrinolysis (APTEM) showing increasing in clot firmness over time. (**E**) Clotting Time was significantly increased for α 290, but not α 390 compared to WT. (**F**) Maximum Clot Firmness was significantly increased for α 290, but not α 390 compared to WT. (**F**) Maximum Clot Firmness was significantly decreased for α 390, and even further for α 220, but not α 390 compared to WT. (**F**) Maximum Clot Firmness was significantly decreased for α 390, and even further for α 220, compared to WT. (**G**) Representative scanning electron microscopy images of clots collected and fixed after ROTEM analysis. Images taken on a SU8230 Ultra-High-Resolution Scanning Electron Microscope (Hitachi; Tokyo, Japan). Yellow arrow indicates fibrin, scale bar 5 µm. Results shown as mean±SD, n=3, *p<0.05, **p<0.01 ***p<0.001, ****p<0.001 by one-way ANOVA with Dunnett's multiple comparison test (**B**, **C**, **F**) and Kruskal-Wallis test with Dunn's multiple comparison test (**E**) relative to the WT.

Figure 7. Summarising of key findings. Absence of the α C-region prevents longitudinally fibre growth (**A**), reduces mechanical stability (**B**) and modulates resistance to lysis (**C**), resulting in premature clot breakdown. Images drawn in Biorender.com and Microsoft PowerPoint and are not to scale.

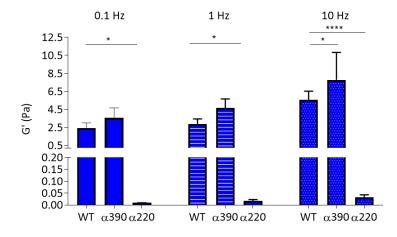












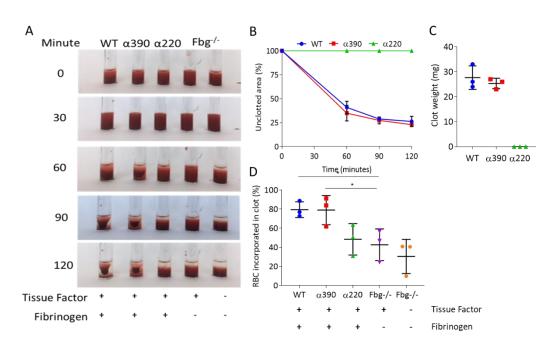
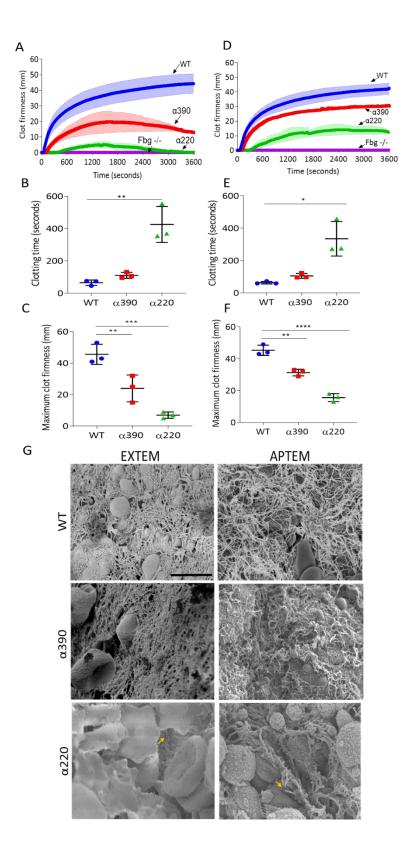


Figure 6

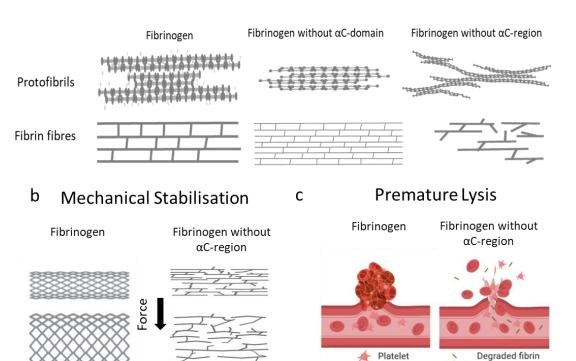


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Figure 7

а

Longitudinal fibre growth



-

RBC

Fibrin clot

Supplementary

SUPPLEMENTARY MATERIALS AND METHODS

Native-PAGE

Using the NativePAGE system from ThermoFisher Scientific 1 μ g of recombinant fibrinogen was added to 1x sample buffer and loaded onto a NativePAGE Novex 3-12% Bis-Tris protein gel. The gel was run at 150 V for 60 minutes and then 250 V for a further 60 minutes. The gel was fixed in a solution of 40% methanol and 10% acetic acid and then heated for 45 seconds, incubated on a shaker for 30 minutes, then stained with 0.02% R-250 in 30% Methanol and 10% acetic acid, heated for 45 seconds and incubated for 30 minutes. It was destained with 8% acetic acid, heated again for 45 seconds and left to destain for 2 hours and imaged using a G:Box (Syngene; Cambridge, UK).

SDS-PAGE

Integrity of the recombinant fibrinogen chains was assessed by sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE), using the NuPAGE system (ThermoFisher Scientific). Recombinant fibrinogen (2.5 μ g) was added to 1x reducing sample buffer and 1x LDS sample buffer and denatured at 95°C for 10 minutes, then loaded onto 4-12% NuPAGE Bis-Tris gel. The gel was run at 160 V until adequate separation of the three fibrinogen chains, stained with InstantBlue (Abcam; Cambridge, UK), and imaged on a G:Box.

Fibrin clot formation and lysis

Recombinant fibrinogens were diluted in Tris Buffed Saline (TBS; 50 mM tris and 100 mM NaCl at pH 7.5) to a final concentration of 0.5 mg/mL (1.47 μ M) in triplicate on a 384 well microtiter plate (Greiner Bio-One; Stroud, UK). Clotting was initiated by the addition of 0.1 U/mL thrombin and 5 mM CaCl₂ to each well. Clot progression was monitored on a PowerWave microplate spectrophotometer (Bio-Tek; Swindon, UK) every 12 seconds at wavelength of 340 nm, for 2 hours at 37 °C. After 2 hours, a lysis mix composed of Glu-plasminogen and t-PA in TBS (final concentrations of 0.24 μ M and 1 nM respectively) was added to each well and the plate was read as described above for a further 4 hours. The assay was repeated 4 times and samples were prepared in triplicate.

Fibrin fibre arrangement and lysis by scanning confocal microscopy

Each recombinant fibrinogen (truncated variants and WT) was labelled with Alexa Fluor 488 using a protein labelling kit (Thermo Fisher Scientific). Recombinant fibrinogens with a final concentration of 0.475 mg/mL (1.4 μ M) were prepared in TBS, and 25 μ g/ml of the corresponding Alex Fluor 488 labelled fibrinogen was added. An activation mixture of CaCl₂ and thrombin at a final concentration of 5 mM and 0.1 U/mL respectively was used to initiate clotting. The sample was added to a μ -slide VI, (Thristle Scientific; Glasgow, UK) and allowed to form in a humidity chamber for 1 hour before imaging. Clots were imaged on a LSM880 inverted laser scanning confocal microscope (Zeiss; Cambridge, UK) using a x40 magnification oil objective, and z-stacks were taken of the middle of the clot (29 slices every 0.7 μ m over 20.3 μ m) in random areas of the slide. Images were analysed in Image J, using an in-house macro, to determine fibre density. Clots were prepared on three separate occasions. Fibrinolysis was performed on a clot formed as described above in the μ -slide VI where a lysis mix (plasminogen 0.4 μ M and t-PA 6 nM) was added to one side of the slide. Clots were incubated for 15 minutes to allow perfusion of the lysis mix into the fibrin network. The lysis front was found, and its movement was viewed using the same objective and similar z-stack settings as above (x40 magnification oil objective, z-stacks every 0.6 μ m over 20.3 μ m).

Clot structure by scanning electron microscopy

Recombinant fibrinogen with a final concentration of 1 mg/mL (2.94 μ M) was clotted in a pierced Eppendorf lid with the addition of 1 U/mL thrombin and 5 mM CaCl₂ and incubated in a humidity chamber for 2 hours. After incubation, the clots were washed three times with 0.05 M sodium cacodylate buffer (pH 7.4), fixed overnight in 2% gluteraldehyde prepared in 0.05 M sodium cacodylate. Then the next day, clots were washed a further three times with sodium cacodylate. Clots were dehydrated with increasing percentage of acetone (30, 50, 70, 80, 80, 95 and 100%). The clots were finally subjected to critical-point drying and sputter-coating with 5 nm iridium, before imaging on a SU8230 Ultra-High-Resolution Scanning Electron Microscope (Hitachi; Tokyo, Japan) diameter was measured in Image J.

Protofibril analysis by atomic force microscopy

Fibrin protofibrils and oligomers were analysed using atomic force microscopy (AFM). AFM experiments were performed on the surface of freshly cleaved mica treated with 50 μ L of 2 mM NiCl₂ for 5 minutes. After 5 minutes, the surface was rinsed with ddH₂O and dried with nitrogen gas. For initiation of fibrin polymerisation, a final concentration of 0.02 mg/ml (59 nM) fibrinogen was added to a final concentration of 0.05 U/mL thrombin and 2 mM CaCl₂. Due to the swiftness of fibrin polymerisation the samples were diluted so that the polymer formation could be monitored at 10, 20, and 30 minutes. After the desired time, polymerisation was interrupted by diluting the polymerising solution a further 3 times with TBS, followed immediately by the addition of 3 µL of the diluted solution to the surface of pre-treated mica for 10 seconds. 150 µL of deionized water was then placed onto the substrate for 10 seconds and removed with nitrogen gas. Imaging of polymers was done using a Nanoscope IV Dimension 3100 AFM (Bruker; Santa Barbara, CA, USA) in tapping mode with a scan rate of 0.8 Hz. Measurements were performed in air using silicon cantilevers (TESPA-V2, Bruker) with a typical radius of 7 nm. Five images were taken from each sample and 3-4 samples were used for each time point. Images were processed using NanoScope Analysis software. Standard flattening of images was performed, and no resolution enhancement was used. Polymer lengths were measured using ImageJ Software. Statistical Analysis was performed using OriginLab software (OriginLab Corporation; Northampton, MA, USA).

Fibrin microrheology

Fibrin clot viscoelastic properties were assessed by microrheology using magnetic tweezers as previously described.^{41,42} In brief, recombinant fibrin clots were made with 0.5 mg/mL (1.47 μ M) fibrinogen, 5 mM CaCl₂ either in the presence or absence of 3.6 μ g/mL of FXIII. Superparamagnetic beads, 4.5 μ m in diameter, were diluted at 1:250 (v:v) (Dynabeads M-450 Epoxy, Invitrogen; Paisley, UK) were added to the mixture before clotting was initiated with 0.1 U/mL thrombin and then quickly transferred to 0.5 mm diameter capillary tubes (CM Scientific; Keighley, UK). Capillary tube ends were sealed with petroleum jelly to prevent dehydration, and clots could fully form overnight at room temperature. Measurements were collected by applying a force to the paramagnetic beads using four electromagnets to produce a magnetic field gradient. The electromagnets were placed around the sample platform of an Olympus IX71 inverted microscope which was connected to a CCD camera. Capillary tubes were mounted above the 40x objective of the microscope. Bead displacement was collected through custom written Labview 7.1 software (National Instruments; Newbury, UK). The displacement of 10 random, individual beads throughout the clot were measured per sample and this was repeated at least 4 occasions.

Clot contraction

Clot contraction was investigated using a method modified from Aleman et al.⁴³ 1 mL micro test tubes (Alpha Laboratories; Eastleigh, UK) were coated with Sigmacote, washed with ddH₂O, and left to dry overnight. The following morning, blood was collected from the inferior *vena cava* of FGA^{-/-} mice into 10% v/v 109 mM trisodium citrate. Whole blood was diluted 1:3 in TBS and reconstituted with a final concentration of 0.5 mg/mL (1.47 μ M) recombinant human fibrinogen. Clotting was initiated by adding an activation mix of 1 pM tissue factor (Stago; Reading, UK) and 10 mM CaCl₂. Two tubes containing fibrinogen deficient blood were used as controls, one of which had the activation mix added. Subsequently, images where taken every 30 minutes for 2 hours, before clots were removed from the tubes and weighed. The pre- and post-clotting samples were collected and used to quantify the red blood cell (RBC) and platelet incorporation into the clot. A sample of pre-activated reconstituted blood was taken before activation and the post-activation sample was taken after 2 hours. Clot contraction was quantified between 1- and 2-hours using Image J. Haemoglobin assay was used to assess RBC incorporation, pre- and post-clotting samples were diluted in ddH₂O and incubated for 30 minutes to allow haemolysis and absorbency was read at 415 nm. RBC incorporation in the clot (%) was calculated as follow: 100 - ((post-OD₄₁₅/pre-OD₄₁₅)x100). To quantify the incorporation of platelets into the retracted clot, equal aliquots of pre-and post-clotting samples were diluted 1/10 in modified Tyrodes buffer (150 mM NaCl, 5 mM HEPES, 0.55 mM NaH2PO₄, 7 mM NaHCO₃, 2.7 mM KCl, 0.5 mM MgCl₂, 5.6 mM glucose, pH 7.4) and stained with 5 µg/mL anti-CD41-AF700 (BioLegend) for 15 minutes. This was further diluted (1:100 in PBS), and CD41 positive events were acquired for 2.5 minutes at a flow rate of 10 µL/min on a CytoFLEX RUO flow cytometer (Beckman Coulter) and relative events/ μ L compared using CytExpert (2.1; Beckman Coulter). The assay was repeated 3 times.

Platelet-fibrinogen interaction

Flow cytometry was used to investigate platelet-fibrinogen interaction. An antibody staining cocktail of 60 μg/mL anti-fibrinogen FITC (Agilent Technologies; Cheadle, UK), 10 μg/mL CD62P-PE, 5 μg/mL CD63-APC, 5 μ g/mL CD41-AF700 (BioLegend; London, UK) was added to 15 μ g fibrinogen (WT, α 390, α 220 and γ'/γ') in modified Tyrodes buffer (150 mM NaCl, 5 mM HEPES, 0.55 mM NaH2PO₄, 7 mM NaHCO₃, 2.7 mM KCl, 0.5 mM MgCl₂, 5.6 mM glucose, pH 7.4). Followed by agonists, PAR4 (200 μM) or ADP (10 µM), or no agonist for basal activity. 5 µL of whole blood collected in 10% v/v 109 mM trisodium citrate from Fbg^{-/-} mice was added and rapidly mixed. Tubes were incubated for 20 minutes in the dark, then fixed with 1% paraformaldehyde in phosphate buffered saline. Control tubes were set up with fibrinogen, CD41-AF700, IgG-PE, IgG-APC, PAR4 (200 µM) and EDTA (10 mM). Samples were acquired on a 2-laser 4-detector CytoFLEX RUO flow cytometer (Beckman; High Wycombe, UK) and platelets were gated based on their characteristic SSC/FFC profile in combination with a CD41 positive gate, and 10,000 positive events were recorded. Analysis was performed using CytExpert (2.1) to extract median fluorescence intensity (MFI) values and calculate percentage positive cells based on 2% gates on the background fluorescence of isotype or internal controls, and the assay was repeated 3 times. Fibrinogen γ'/γ' was used as a control as it lacks the C-terminal AGDV residues, known to bind to the platelet integrin $\alpha_{IIb}\beta_3$.⁴⁴

Supplementary Figures

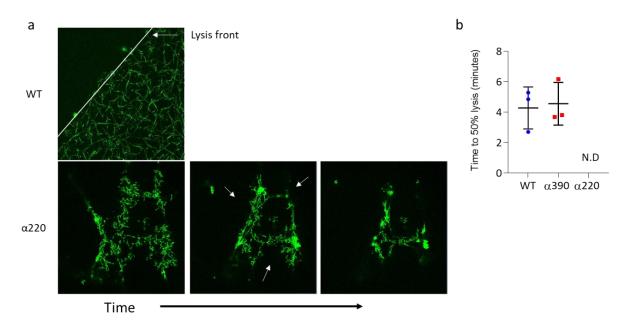


Figure 4 – figure supplement 1. Fibrinolysis by laser scanning confocal microscopy. (a) Reprehensive images highlighting lysis front observed in both WT and α 390 (top) and contrast observed in α 220 (bottom). Fibrinolysis for α 220 was occurring at multiple sides of fibrin network. (b) Time to 50% lysis was similar for α 390 and WT, but not determined (N.D) for α 220. Results shown as mean±SD, n=3.

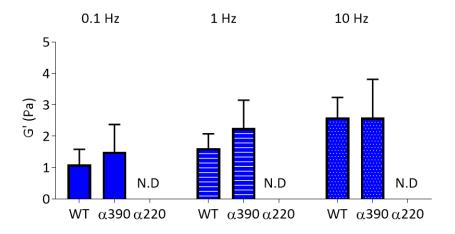


Figure 4 – **figure supplement 2.** Cross-linking of α C-connector critical for clot stiffness. Elastic modulus (G') at 0.1 Hz, 1 Hz and 10 Hz, in the absence of FXIIIa, showed that clot stiffness was not different between α 390 and WT, and not determined (N.D) for α 220. Results shown as mean±SD, n=4.

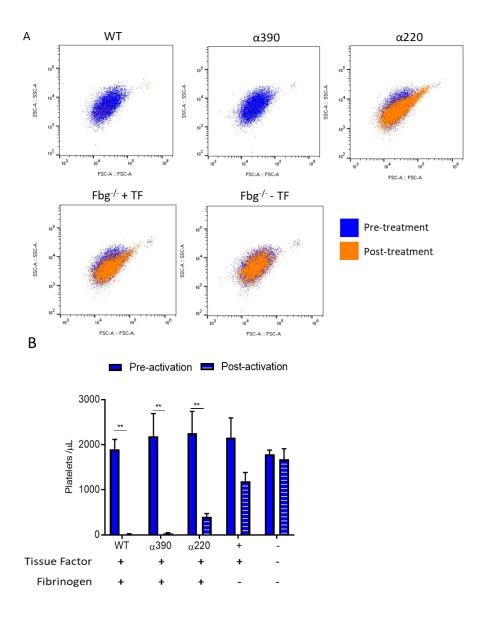


Figure 5 – **figure supplement 1. Clot incorporation of platelets.** (A) Representative flow cytometry scatter plots showing matching samples taken before activation (red) and post activated (unclotted sample, green) from the clot contraction experiment (Figure 5). (B) Number of platelets included in the retracted clot was significantly reduced in α 220, but not α 390, compared to WT. Platelet incorporation was reduced and unchanged for no fibrinogen, and no fibrinogen and tissue factor, controls respectively. Results shown as mean±SD, n=3, **p<0.01 by two-way ANOVA with Sidak's multiple comparison test pre-activation samples (red) and post activation samples (green).

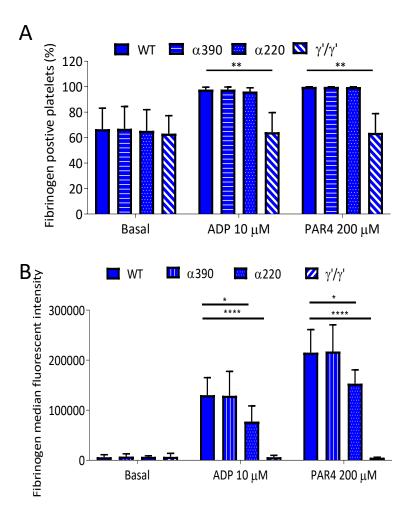


Figure 5 – figure supplement 2. Recombinant fibrinogen is able to bind to platelets. (A) Percentage of fibrinogen positive platelets measured by flow cytometry in whole blood from fibrinogen^{-/-} mice supplemented with truncated, WT or $\gamma'\gamma'$ fibrinogens. Positivity was unchanged for α 390 and α 220, but significantly reduced in $\gamma'\gamma'$, compared to WT in activated platelets. Basal platelet positivity was unchanged across all fibrinogen variants. (B) Fibrinogen median fluorescence intensity per platelet was significantly decreased for α 220 and $\gamma'\gamma'$, but not for α 390, compared to WT, in activated platelet. Basal platelet MFI was unchanged across all fibrinogen variants. Results shown as mean±SD, n=3, *p<0.05, **p<0.01, ****p<0.0001 by two-way ANOVA with Dunnett's multiple comparison test relative to WT for each agonist.