1	Efficacy of oseltamivir treatment in influenza virus infected obese mice
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18 ABSTRACT

19 Obesity has been epidemiologically and empirically linked with more severe disease 20 upon influenza infection. To ameliorate severe disease, treatment with antivirals, such 21 as the neuraminidase inhibitor oseltamivir, are suggested to begin within days of 22 infection, especially in hosts at higher risk for poor outcomes. However, this treatment 23 is often poorly effective and can generate resistance variants within the treated host. 24 Here, we hypothesized that oseltamivir treatment would not be effective in genetically 25 obese mice and would generate a more diverse and drug resistant viral population. We 26 demonstrated that oseltamivir treatment does not improve viral clearance in obese 27 mice. While no traditional variants associated with oseltamivir resistance emerged, we 28 did note that drug treatment failed to guench the viral population and did lead to 29 phenotypic drug resistance in vitro. Mechanistically, we demonstrate the blunted 30 interferon response in obese hosts may be contributing to treatment failure, as type I 31 interferon receptor deficient mice also fail to clear influenza virus infection upon 32 oseltamivir administration. Together, these studies suggest that the unique 33 pathogenesis and immune responses in obese mice could have implications for 34 pharmaceutical interventions and the within-host dynamics of the influenza virus 35 population.

36

37 **IMPORTANCE**

Influenza virus infections, while typically resolving within days to weeks, can turn critical
especially in high-risk populations. Prompt antiviral administration is crucial to mitigating
these severe sequalae, yet concerns remain if antiviral treatment is effective in hosts

- 41 with obesity. Here, we show that oseltamivir does not improve viral clearance in
- 42 genetically obese or type I IFN receptor-deficient mice and increases the genetic
- 43 entropy of the within-host viral population. This suggests a blunted immune response
- 44 may impair oseltamivir efficacy and render a host more susceptible to severe disease.
- 45 This study furthers our understanding of oseltamivir treatment dynamics both
- 46 systemically and in the lungs of obese mice, as well as the consequences of oseltamivir
- 47 treatment for the within-host emergence of drug-resistant variants.

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48 INTRODUCTION

49	Influenza viruses are a seasonal and pandemic threat to human and animal
50	health worldwide (1). Influenza A and B viruses commonly cause seasonal outbreaks in
51	humans, with control measures needed to mitigate its health and economic effects (2,
52	3). Control of influenza infection is accomplished through vaccination strategies aimed
53	to prevent disease and antiviral courses designed to mitigate symptoms, severity, and
54	spread upon infection (4). Several antivirals have entered clinical use, including
55	adamantanes targeted to the M2 ion channel, neuraminidase inhibitors (NAIs) that block
56	viral release, and endonuclease inhibitors that stall viral replication (5).
57	However, these antiviral treatment strategies are not always effective. First,
58	resistance to each class of influenza antivirals has emerged, with the adamantanes no
59	longer clinically effective due to widespread resistance (6, 7). While contemporary
60	influenza viruses are largely susceptible to oseltamivir, many NAI resistant variants
61	have been characterized (8-11). Second, poor host responses and delayed treatment
62	with antivirals can impede their efficacy. Host characteristics can promote the
63	emergence of resistant variants, as influenza infection of immunocompromised hosts
64	results in higher rates of antiviral resistant variants (12-17).
65	The obesity epidemic highlights these dual concerns. Rates of worldwide obesity
66	have nearly tripled in the past three decades (18). Obesity results in a chronic state of
67	immunosuppression that impairs the antiviral response to infection, including the type I
68	interferon response (19-22). Epidemiological data suggests antivirals such as
69	oseltamivir are protective in hosts with obesity, yet empirical studies show obese mice

require 10-fold higher doses to achieve complete protection (23, 24). We have

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71	previously shown that the obesogenic state impacts viral population dynamics by
72	increasing viral diversity and promoting a more virulent influenza population (21, 25).
73	Thus, we questioned if oseltamivir treatment of obese mice would accelerate viral
74	clearance or lead to the acquisition of antiviral resistant variants. In these studies, we
75	treated obese mice with the NAI oseltamivir (Tamiflu), and monitored viral clearance
76	over 7 days. Oseltamivir treatment improved viral clearance in wild-type mice; however,
77	no such improvement was detected in treated, leptin-deficient obese mice. Additionally,
78	we report that this subpar protection promotes the emergence of influenza viral variants
79	with increased neuraminidase activity and greater oseltamivir resistance. Together,
80	these findings suggest study is warranted on how host characteristics can influence
81	pharmaceutical efficacy.

82

83 RESULTS

Oseltamivir treatment does not reduce viral titers or improve viral clearance in influenza-infected obese mice.

86 We have previously determined that higher doses of oseltamivir are needed to 87 improve survival in obese mouse models (23, 24); however, why the standard dose 88 treatment fails in obese mice was unknown. To answer, we asked if oseltamivir 89 treatment could reduce viral titers or improve viral clearance in wild-type and obese 90 mice. Beginning 12 hours pre-infection lean and obese animals were orally gavaged 91 with 10 mg/kg oseltamivir or PBS vehicle control every 12 hours for 5 days post-92 infection (p.i.) (23). Mice were infected with A/California/04/2009 (CA/09) H1N1 93 influenza virus and lungs excised at 0.5-, 1-, 3-, 5- and 7-days p.i. (Figure 1A). No

94	significant differences in viral titers were detected (Figure 1B), but area under the curve
95	(AUC) analysis suggests significantly accelerated viral clearance upon oseltamivir
96	treatment for wild-type mice compared to all other experimental groups (vs wild-type +
97	PBS p =0.012; vs obese + PBS p =0.0007; vs obese + oseltamivir p =0.0014; Figure 1C).
98	No trend in accelerated viral clearance was observed for oseltamivir-treated obese mice
99	compared to untreated obese mice in AUC analysis. The prolonged viral replication
100	coupled with oseltamivir pressure could result in the selection of potentially resistant
101	variants.
102	
103	Obese-derived viruses are more resistant to oseltamivir treatment compared to
104	those obtained from lean hosts.
105	While emergence of antiviral resistant markers is relatively rare, we hypothesized
106	that this delayed viral clearance could generate resistance to the drug in
107	immunocompromised obese hosts (17, 26). To test this, we compared the
108	neuraminidase (NA) activity of lean and obese-derived viruses at different days p.i. by
109	MUNANA. Wild-type derived viruses have low NA activity regardless of days post-
110	infection in the presence of oseltamivir. In contrast, the virus isolated from obese host
111	has high NA activity by day 5 p.i. that remains high throughout the course of infection.
112	While the presence of oseltamivir initially suppresses NA activity in obese mice, without
113	impacting overall viral titers (Figure 1B). by day 7 p.i., viruses have emerged that have
114	NA activity in the presence of oseltamivir. Initially, viruses derived from all four
115	experimental groups showed similar levels of neuraminidase activity as measured by
116	fluorescence (Figure 2A). By day 5 p.i., virus derived from untreated obese-derived

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virus showed greater relative fluorescence than other groups. After the removal of
oseltamivir treatment, oseltamivir-treated obese mice displayed a rebound in
neuraminidase activity (Figure 2A). This suggests there may be a selection of higher-NA
activity viral variants within obese, oseltamivir-treated mice.
To quantitate the difference in potential oseltamivir resistance between wild-type

122 and obese derived-viruses, the indicated viruses were titrated on MDCK cells in the 123 presence of DMSO control or increasing concentrations of oseltamivir carboxylate as 124 indicated. Viruses derived from obese, treated mice trended towards higher titers at all 125 experimental conditions compared to both treated and untreated wild-type-derived 126 viruses (Figure 2B). AUC analysis showed significantly reduced viral titers across all 127 experimental conditions in treated wild-type (p=0.0316) and all untreated (wild-type + 128 PBS, p=0.0173; obese + PBS p=0.0425) mice compared to treated obese mice (obese 129 + oseltamivir). The half-maximal inhibitory concentration (IC_{50}) for oseltamivir ranges 130 from 0.8 nM to greater than 35 μ M (6, 12). Within our experimental conditions, (IC₅₀) 131 values for all obese-derived viruses were shifted higher compared to wild-type derived 132 viruses, with oseltamivir -treatment further shifting resistance in both groups (Figure 133 2C). Mean IC₅₀ values are as follows: obese + oseltamivir, 206.4 ± 86.3 nM; obese + 134 PBS, 52.8 ± 24.4 nM, wild-type + oseltamivir, 13.7 ± 3.5 nM, wild-type + PBS 3.8 ± 1.6 135 nM. In total, obese-derived viruses show greater phenotypic resistance to oseltamivir 136 carboxylate treatment in vitro compared to lean-derived viruses.

137

Obese-derived viruses do not have genetic changes commonly associated with
 antiviral resistance.

140	The influenza virus hemagglutinin (HA) and NA segments are genetically plastic
141	allowing for accrual of potentially resistant single nucleotide variants (SNVs). The HA
142	mutations G155E and D222G as well as the NA mutation H275Y are implicated in
143	reducing oseltamivir efficacy, with several others also suggested as modulators of
144	resistance (27, 28). To determine if these mutations were present in the obese-derived
145	viruses, NGS was performed and we quantified the overall number of single nucleotide
146	variants SNVs, entropy, and if any classically NAI-resistant mutants emerged. No
147	consensus changes associated with oseltamivir resistance were detected.
148	Viruses derived from obese mice treated with oseltamivir had significantly
149	increased numbers of unique SNVs compared to viruses derived from wild-type mice
150	treated with oseltamivir ($p=0.0053$; Figure 3A). This translated to increased overall
151	genetic diversity in viruses derived from oseltamivir-treated obese mice. Measures of
152	Shannon's entropy (H) is reduced in wild-type treated ($p=0.0035$) and wild-type
153	untreated ($p=0.0357$) compared to oseltamivir treated obese mice (Figure 3B).
154	Oseltamivir ablated overall viral diversity in lean mice. There was a non-significant trend
155	to reduced numbers of SNVs and total Shannon's entropy in treated lean mice,
156	compared to no difference in treated obese mice (Figure 3A, B).
157	More SNVs were detected in the HA segment of viruses derived from obese
158	compared to lean oseltamivir treated mice (9 and 4, respectively) translating to higher
159	average entropy of 3.27 in obese mice compared to 1.24 in wild-type mice. Oseltamivir
160	treatment decreased HA entropy in treated wild-type mice (from 1.98 to 1.24) but not in
161	obese mice, where it increased from 2.30 to 3.27 (Table 1). We detected fewer SNVs in
162	NA. Oseltamivir treatment resulted in 1 NA variant in obese and 3 NA variants in lean,

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163	compared to 2 and 1 in obese and lean PBS control mice, respectively (Table 1). While
164	we noted higher genetic diversity and phenotypic resistance in both oseltamivir-treated
165	and untreated mice, no classical NAI-resistant mutants emerged in the viral populations.
166	However, there is no exhaustive list of mutations than may render oseltamivir treatment
167	less effective. Combined with the increased rate of replication and viral population
168	diversification in obese mice, this may be the ideal context for emergence of novel
169	resistance markers.

170

171 Similar oseltamivir clearance but reduced maximal concentrations in obese

172 compared to lean mice

173 Appropriate dosage and concentration at the site of infection is crucial for 174 antiviral efficacy; inappropriate levels could lead to severe complications due to 175 treatment failure or the quick emergence of resistance phenotypes. To determine if 176 obesity impacts the pharmacokinetic dynamics of oseltamivir and the metabolite 177 oseltamivir carboxylate, we dosed male, 10-week-old wild-type or obese mice with a 178 single oral gavage of oseltamivir at 10 mg/kg in 100 uL of PBS. Whole lungs and 179 plasma were collected at 0.5-, 1-, 4-, 8-, and 16-hours post treatment and immediately 180 processed for pharmacokinetic (PK) analysis (Figure 4A). There were no practical or 181 significant differences in oseltamivir or oseltamivir carboxylate clearance in plasma and 182 lung between wild-type and obese mice (Table 2). We observed a similar half-life of 183 oseltamivir (2.12 versus 2.28 hours; Figure 4B) and its metabolite oseltamivir 184 carboxylate (2.30 versus 3.3 hours; Figure 4C) in the lungs of obese mice compared to 185 wild-type mice. Analysis of plasma revealed similar findings, with no difference in the

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186	elimination half-life of oseltamivir (1.36 versus 1.98 hours, respectively; Figure 4E) or
187	oseltamivir carboxylate (1.87 versus 2.75 hours, respectively; Figure 4F) in lean versus
188	obese mice. However, the maximum concentration of oseltamivir was significantly
189	increased in both plasma and lung tissue. In lungs, maximal oseltamivir concentration
190	rose from an average of 600 ug/L in obese mice lungs to 1500 ug/L in the lungs of wild-
191	type mice ($p=0.036$; Figure 4D). Plasma again showed similar trends ($p=0.063$; Figure
192	4G). Overall, these findings suggest that clearance of oseltamivir is equal between
193	obese and lean mice and most likely has little impact on the observed failure of viral
194	clearance.

195

196 Interferon is important for oseltamivir control of influenza virus infection.

197 Obesity is associated with reduced type I (IFN) responses. We further 198 demonstrated that robust IFN responses restrict genetic diversity. To test the hypothesis 199 that a reduced IFN response can decrease the effectiveness of oseltamivir due to increased phenotypically resistant variants, male and female IFNAR^{-/-} or WT mice were 200 201 treated with 10 mg/kg oseltamivir or vehicle control (PBS) and inoculated intranasally 202 with CA/09 H1N1 virus or PBS as in Figure 1A. Like obese mice (Figure 1B-C), 203 oseltamivir treatment showed little effectiveness in reducing viral load in IFNAR-null 204 mice (Figure 5A). Only, wild-type mice treated with oseltamivir had reduced viral clearance. IFNAR^{-/-} mice, with and without oseltamivir treatment, had detectable 205 206 pulmonary viral loads at both days 3 and 7 p.i. This suggests that IFN signaling is 207 required for robust oseltamivir antiviral activity and improved viral clearance in mice, 208 even when equal dosage and pKa dynamics point towards treatment efficacy.

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209

210 **DISCUSSION**

211 In these studies, we demonstrate that phenotypic resistance to oseltamivir 212 emerged by day 5 p.i. in obese mice during treatment. We hypothesize that the delayed 213 type I IFN response, in conjunction with reduced maximum concentration of oseltamivir 214 in the pulmonary environment, may result in poor control of viral replication allowing the 215 emergence of resistant viral variants. Population-based pharmacokinetic studies have 216 found that oseltamivir clearance is accelerated in obese hosts, but not at a biologically 217 significant rate spurring no need for dosage based on weight (24, 27-29). However, 218 these studies have relied on plasma concentrations and not the concentration at the 219 respiratory epithelium. No studies to our knowledge have either empirically tested 220 antiviral efficacy in humans with obesity or the local concentration of oseltamivir at the 221 site of infection.

222 Emergence of dominant antiviral resistant mutations often begin as minor 223 variants in the within-host population, especially in infected, immunocompromised hosts 224 (30, 31). Compounding these risks, oseltamivir-resistant variants in already 225 immunocompromised hosts, such as those with obesity, may complicate an already 226 high-risk medical presentation (32). Weakened immune pressures, including blunted 227 innate and adaptive immunity, coupled with extended shed and potentially higher viral 228 replication may increase the likelihood of adaptive mutations emerging in obese hosts 229 (33). While paradoxically, oseltamivir treatment is not required for the emergence of 230 oseltamivir-resistant variants, adding on this selection pressure in an already 231 compromised situation may prove a perfect storm for viral adaptation. To remedy this,

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232	early and appropriate antiviral responses are crucial to control of viral replication,
233	spread and pathology. This is mirrored by the window in which oseltamivir is effective in
234	preventing the onset of severe disease (23). While those with obesity are more at-risk
235	for severe sequalae following influenza infection, prompt antiviral administration may
236	ameliorate these risks and improve overall outcomes (34). Treatment delayed as little
237	as 2 days after symptoms onset is ineffective in most hosts, mirroring the sensitive
238	timing for robust action of endogenous IFN responses (4, 35).

239 We have previously shown that IFN is crucial for controlling the emergence of a 240 diverse viral population that may harbor virulent genotypes (21). Type I IFN and 241 oseltamivir may also show synergistic benefit in treating seasonal IAV infection, and 242 oseltamivir has been shown to modulate immune responses (36-38). The blunted 243 pulmonary IFN responses coupled with reductions in maximal oseltamivir 244 concentrations in obese hosts may increase the likelihood for antiviral resistant variants 245 to emerge leading to the observed phenotypic resistance (23, 39, 40). Identifying the 246 molecular mechanisms behind the blunted IFN responses will be crucial to untangling 247 the multiple impacts the obesity epidemic has on public health.

248

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255

256 METHODS

257 Viruses and titer determination

- 258 Eight- to 12-week old mice were inoculated with indicated doses of A/California/04/2009
- 259 (H1N1) virus and viral titer determined through tissue-culture infectious dose-50
- 260 (TCID₅₀) assays as previously reported (23).
- 261

262 Animal husbandry

Eight to 12-week old wild-type C57Bl/6 male (wild-type) (JAX:000664) and B6.C-

264 Lep^{ob/ob}/J genetically obese (obese) (JAX:000632) male mice were obtained from

265 Jackson Laboratory. IFNAR KO mice were obtained from Dr. Laura Knoll (University of

266 Wisconsin) and bred in house. Knockouts were confirmed by PCR using primer sets

267 (IFNAR^{-/-}) reported on the Jackson Laboratories website. All animals were housed

268 under standard conditions with food and water provided *ad libitum*. All procedures were

approved by the St. Jude Children's Research Hospital Institutional Animal Care and

270 Use Committee and followed the Guide for the Care and Use of Laboratory Animals.

271

272 In vivo pharmacokinetics (PK)

Plasma and lung tissue pharmacokinetic (PK) profiles of prodrug oseltamivir and active
metabolite oseltamivir carboxylate was evaluated in male C57BL6 and obese mice
(Jackson Labs), approximately 12 weeks in age. Oseltamivir phosphate was dissolved
in PBS at 5 mg/mL for a 10 mL/kg gavage, yielding a 10 mg/kg dose. Terminal blood
samples were obtained at various times up to 16 hours post-dose and immediately

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278	processed to plasma. A 200 μ L aliquot of plasma was then quickly pipetted from each
279	sample and transferred into a separate 2 mL microcentrifuge tube containing 800 μ L of
280	ice cold 15 ng/mL oseltamivir-d3 carboxylate (Toronto Research Chemicals, Lot 14-
281	SBK-47-3, Purity 97%) in methanol, capped, vortexed for 30 seconds and then
282	centrifuged to pellet the precipitated protein. An 800 to 950 μ L aliquot of the supernatant
283	was then pipetted into an empty pre-labeled microcentrifuge tube, capped and stored at
284	-80 °C until analysis. Following terminal bleeds, animals were perfused with PBS to
285	flush blood from the vasculature. Lungs were then extracted, rinsed with PBS as
286	necessary, and snap frozen in liquid nitrogen. Lungs were then placed in appropriately
287	labeled microcentrifuge tubes in a cooler on dry ice and transferred to -80°C for storage.
288	
288 289	Bioanalysis
	Bioanalysis Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical,
289	
289 290	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical,
289 290 291	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical, Santa Ana, CA) tubes and diluted with a 5:1 volume of LCMS grade methanol. The
289 290 291 292	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical, Santa Ana, CA) tubes and diluted with a 5:1 volume of LCMS grade methanol. The lungs were then homogenized with a FastPrep-24 system (MP Biomedicals, Santa Ana,
289 290 291 292 293	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical, Santa Ana, CA) tubes and diluted with a 5:1 volume of LCMS grade methanol. The lungs were then homogenized with a FastPrep-24 system (MP Biomedicals, Santa Ana, CA). The homogenization consisted of three 6.0 M/S vibratory cycles of 1 min each on
289 290 291 292 293 294	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical, Santa Ana, CA) tubes and diluted with a 5:1 volume of LCMS grade methanol. The lungs were then homogenized with a FastPrep-24 system (MP Biomedicals, Santa Ana, CA). The homogenization consisted of three 6.0 M/S vibratory cycles of 1 min each on the FastPrep-24 system. To prevent over-heating due to friction, samples were placed
289 290 291 292 293 294 295	Frozen lung samples were weighed in tared 2 mL Lysing Matrix A (MP Biomedical, Santa Ana, CA) tubes and diluted with a 5:1 volume of LCMS grade methanol. The lungs were then homogenized with a FastPrep-24 system (MP Biomedicals, Santa Ana, CA). The homogenization consisted of three 6.0 M/S vibratory cycles of 1 min each on the FastPrep-24 system. To prevent over-heating due to friction, samples were placed on wet ice for 5 min between each cycle. The homogenates were then centrifuged at

298 0458276-29, purity 98%) and oseltamivir carboxylate (Toronto Research Chemicals, Lot

299 3-SKC-52-1, Purity 98%) with a qualified LC MS/MS assay. Calibration and quality

300 control stock solutions were prepared in DMSO and serially diluted in DMSO to prepare

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301 calibration/QC spiking solutions. For the analysis of plasma samples, these spiking 302 solutions were then used to prepare calibration and QC samples in methanol. Methanol 303 calibration and QC samples, 200 µL each, were then pipetted into glass HPLC vials and 304 evaporated on a CentriVap Console (Labconco) evaporator (40 minutes at 60 °C, then 305 30 minutes at 70 °C). The residue was reconstituted in 800 μ L of ice cold 15 ng/mL 306 osetalmivir-d3 carboxylate in methanol as an internal standard. Blank male C57BI/6 307 plasma (200 µL) was then pipetted into each vial, immediately vortexed for 1 minute and 308 centrifuged to pellet the protein.

309 Since the lungs were simultaneously homogenized and protein precipitated in 310 methanol, the calibration and QC samples were prepared by spiking into blank male 311 C57Bl/6 lung homogenate. Aliquots (25 μ L) of the standards, QC solutions and samples 312 were then pipetted into the IS spiking solution and vortexed to mix. A 2 µL aliquot of the 313 extracted supernatant was injected onto a Shimadzu LC-20ADXR high performance 314 liquid chromatography system via a LEAP CTC PAL autosampler. The LC separation 315 was performed using a Phenomenex Kinetex Polar C18 (2.6 µm, 50 mm x 2.1 mm) 316 column maintained at 50 °C with gradient elution at a flow rate of 0.50 mL/min. The 317 binary mobile phase consisted of water-formic acid (100:0.1 v/v) in reservoir A and 318 acetonitrile-formic acid (100: 0.1 v/v) in reservoir B. The initial mobile phase consisted of 319 5% B with a linear increase to 55% B in 3 min. The column was then rinsed for 2 min at 320 100% B and then equilibrated at the initial conditions for 2 min for a total run time of 7 321 min. Under these conditions, oseltamivir carboxylate, IS and oseltamivir eluted at 1.22, 322 1.22 and 1.83 min, respectively.

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323	Analyte and IS were detected with tandem mass spectrometry using a SCIEX
324	5500 QTRAP in the positive ESI mode and the following mass transitions were
325	monitored: oseltamivir carboxylate 285.18 \rightarrow 138.10, oseltamivir-d3 carboxylate 288.20
326	ightarrow 139.20 and oseltamivir 313.20 $ ightarrow$ 166.20. The method qualification and bioanalytical
327	runs all passed acceptance criteria for non-GLP assay performance. A linear model
328	(1/X2 weighting) fit the calibrators across the 1.00 to 500 ng/mL range, with a
329	correlation coefficient (R) of \geq 0.9973. The lower limit of quantitation (LLOQ), defined as
330	a peak area signal-to-noise ratio of 5 or greater verses a matrix blank with IS, was 1.00
331	ng/mL. Sample dilution integrity was confirmed. The plasma intra-run precision and
332	accuracy was \leq 6.63% CV and 95.8% to 109%, respectively. The lung homogenate
333	intra-run precision and accuracy was \leq 4.48% CV and 94.9% to 111%, respectively.
224	

334

335 **Pharmacokinetic (PK) analysis**

336 Oseltamivir plasma Ct data were grouped by matrix and nominal time point, and the 337 mean Ct values were subjected to noncompartmental analysis (NCA) using Phoenix 338 WinNonlin 8.1 (Certara USA, Inc., Princeton, NJ). The extravascular model was applied, 339 and area under the Ct curve (AUC) values were estimated using the "linear-up log-340 down" method. The terminal phase was defined as at least three time points at the end 341 of the Ct profile, and the elimination rate constant (K_{el}) was estimated using an 342 unweighted log-linear regression of the terminal phase. The terminal elimination half-life 343 $(T_{1/2})$ was estimated as 0.693/K_{el}, and the AUC from time 0 to infinity (AUC_{inf}) was 344 estimated as the AUC to the last time point (AUC_{last}) + C_{last} (predicted)/K_{el}. Other 345 parameters estimated included observed maximum concentration (C_{max}), time of C_{max}

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346 (T_{max}) , concentration at the last observed time point (C_{last}), time of C_{last} (T_{last}), apparent 347 clearance (CL/F = Dose/AUC_{inf}), and apparent terminal volume of distribution (Vz/F). 348 The apparent plasma-to-lung partition coefficient (Kp_{inf}) was estimated as the ratio of 349 the AUC_{inf} in tissue to AUC_{inf} plasma, whereas Kp_{last} was similarly estimated using 350 AUC_{last} values.

351

352 Antiviral resistance in vivo

353 Oseltamivir was administered by oral gavage at 10 mg/kg free-base equivalencies twice 354 daily for 5 days. At 12 hours after the initial dose, mice were lightly anesthetized with isoflurane and inoculated with 10³ TCID₅₀ units of A/California/04/2009 (H1N1) virus in 355 356 25 µL PBS. Control mice received a PBS oral gavage at the same timepoints. At 0.5-, 1-357 , 3-, 5- and 7-days post infection, lungs were collected, homogenized in 1 mL PBS and 358 stored at -80°C for downstream viral titer determination and deep sequencing. For deep 359 sequencing statistical analysis, days 1 and 3 and days 5 and 7 are grouped as early 360 and late points in infection, respectively, due to low copies of viral RNA at very early and 361 very late periods in infection.

362

363 Drug susceptibility assays

Madin-Darby canine kidney cells (MDCK cells; RRID: CVCL_0422) were maintained in
minimum essential medium (MEM; Lonza) supplemented with 2 mM GlutaMAX (Gibco)
and 10% fetal bovine sera (FBS; Atlanta Biologicals) and grown at 37°C under 5% CO₂.
MDCK cells were seeded in 12-well or 96-well cell culture treated plate. Upon
confluency, MDCK cells in 96-well plates were inoculated in triplicate with 10-fold serial

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369	dilutions of indicated viruses in infection media (MEM, 2 mM GlutaMAX (Gibco), 1%
370	BSA, and 1 μ g/ml TPCK-treated trypsin) containing increasing concentration of
371	oseltamivir carboxylate (0, 0.1, 0.5, 1, 10, 50, 100, 500, 1000, and 10,000 nM) or
372	DMSO. Plates were maintained at 37° C under 5% CO ₂ for three days, at which time
373	viral titer determined through hemagglutination of 0.5% turkey red blood cells in PBS.
374	Infectious viral titers were calculated using the Reed-Muench method (41). The dose-
375	response curve was fitted to determine the necessary concentration of oseltamivir to
376	reduce viral titers by 50% (IC50). Assays were repeated three times with average IC50
377	reported. For modified plaque assays in 12-well plates, MDCK cells were washed twice
378	with PBS, then inoculated at a MOI=0.01 with indicated viruses. After a 1-hour
379	adsorption, cells were washed twice with PBS and overlaid with an 1.2% agarose in
380	DMEM mixture containing TPCK-trypsin and increasing concentrations of oseltamivir
381	carboxylate as indicated. At day 3 p.i., overlay was removed, and cells stained with
382	crystal violet to visualized cytopathic effects (CPE).
383	

384 **Quantifying neuraminidase activity**

385 The relative neuraminidase activity of the oseltamivir-treated and untreated obese and

386 wild-type-derived viruses was measured by using the fluorogenic substrate MUNANA

- 387 (Sigma-Aldrich, St Louis, MO). Two-fold dilutions of day 1, 5, and 7 p.i. lung
- 388 homogenates were prepared in enzyme buffer (32.5 mM of 2-(N-morpholino)
- 389 ethanesulfonic acid (MES), 4 mM of calcium chloride, pH 6.5) and added in duplicate to
- a flat-bottom 96-well opaque black plate (Corning). Pre-warmed MUNANA substrate
- 391 was added to all wells (30 μ L/well) to achieve a final concentration of 100 μ M.

392	Immediately after adding the MUNANA substrate, the plate was incubated for one hour
393	at 37°C. After incubation, the reaction was terminated by addition of 150 uL per well of
394	stop solution (0.014M NaOH in 83% EtOH) and the fluorescence was read at excitation
395	at 355 nm and emission at 460 nm (BioTek). Background-corrected relative
396	fluorescence units were compared to a six-point standard curve of 4-MU.
397	
398	Deep sequencing and bioinformatics
399	Viral RNA was extracted from 50 μL of whole lung homogenate or NHBE cell lysates
400	and supernatant on a Kingfisher Flex Magnetic Particle Processor (Thermo Fisher
401	Scientific) by using the Ambion MagMAX-96 AI/ND Viral RNA Isolation kit (Applied
402	Biosystems, cat#AM1834). RNA concentration was measured spectrophotometrically
403	(Nanodrop). Multi-segment polymerase chain reaction (MS RT-PCR) was performed
404	using SuperScript IV One-Step RT-PCR System with Platinum™ Taq High Fidelity DNA
405	Polymerases (ThermoFisher, cat#12574-035) and influenza-specific universal set of
406	primers(44) (Opti-F1 5'-GTTACGCGCCAGCAAAAGCAGG-3', Opti-F2 5'-
407	GTTACGCGCCAGCGAAAGCAGG-3', Opti-R1 5'-GTTACGCGCCAGTAGAAACAAGG-
408	3'). RNA (5 uL) was added and placed into a thermocycler paused at 55°C. The
409	following cycling parameters were followed: 1 cycle of 55°C/2min; 1 cycle of
410	42°C/60min; 94°C/2min; 5 cycles of 94°C/30s, 44°C/30s, 68°C/3.5min; 26 cycles of
411	94°C/30s, 57°C/30s, 68°C/3.5min; 1 cycle of 68°C/10min; and then held at 4°C. 5 μL of
412	the reaction was analyzed by 0.8% agarose gel electrophoresis to verify all genomic
413	segments are present, and the reaction purified using the Agencourt AMPure XP Kit
414	(Beckman Coulter) according to manufacturer's instructions. The concentration of the

Obesity and oseltamivir efficacy 20

415	purified DNA was measured spectrophotometrically prior to storage at -20°C
416	(Nanodrop). DNA amplicons were deep sequenced using Illumina MiSeq technology
417	performed by the St. Jude Children's Research Hospital Hartwell Center with DNA
418	libraries prepared using Nextera XT DNA-Seq library prep kits (Illumina, cat#FC-131-
419	1024) with 96 dual-index bar codes and sequenced on an Illumina MiSeq personal
420	genome sequencer. Single nucleotide variants (SNVs) relative to the reference
421	sequence (A/California/04/2009 (H1N1)) were determined in by mapping reads using
422	the low-variant detection method in CLC Genomics Workbench 12 (42). To determine
423	whether the variants identified have been previously detected in human surveillance
424	samples, we used the protein sequence variance analysis for HA and NA at the
425	Influenza Research Database (43). Comparison of variants was made in reference to
426	A/California/04/2009 virus, and relative variant frequencies were calculated by dividing
427	the number of the amino acid variants by the total number of sequences queried.
428	
429	Statistical analyses and data visualization

430 Data were organized in Microsoft Excel and GraphPad Prism 8. Experiment schematics 431 in Figures 1 and 5 were created using bioRender. Specifics of statistical details for each 432 experiment can be found in the figure legends. All data are displayed as means \pm 433 standard error of the mean with stars used to denote statistical significance. 434 Significance was set at α =0.05.

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573 FIGURE LEGENDS

574 Figure 1. Oseltamivir treatment improves viral clearance in wild-type, but not

575 obese, mice. (A) Male WT and OB mice were treated with 10 mg/kg oseltamivir or PBS

- 576 vehicle control every 12 hours starting 12 hours pre-infection with CA/09 virus. (B)
- 577 Oseltamivir treatment has no impacts on overall viral load but increased viral clearance
- 578 is observed in WT mice treated with oseltamivir. (C) Area-under-the-curve analysis for
- 579 viral titers in (B). Data represented as means ± SEM. Data in (B,C) represented as
- 580 means ± SEM and analyzed via (B) repeated measures one-way ANOVA with Tukey's
- 581 multiple comparisons test and in (C) with ordinary one-way ANOVA with Tukey's
- 582 multiple comparisons test with α =0.05. Yellow shading indicates active treatment.
- 583 OSV=oseltamivir phosphate.
- 584

585 Figure 2. Obese-derived viruses are more resistant to oseltamivir carboxylate. (A) 586 Relative neuraminidase activity is higher in obese-derived viruses. (B-C) Indicated 587 viruses were titrated in the presence of increasing concentrations of oseltamivir 588 carboxylate, with (B) viral titers determined through $TCID_{50}$ and average non-linear 589 curve fits of viral loads compared to maximum at no treatment, and (C) inhibitory 590 concentrations of oseltamivir carboxylate needed to reduce viral load by 50% compared 591 to no treatment. Data presented as (A,B) means \pm SEM and analyzed in (B) through 592 area-under the curve analysis via one-way ANOVA with Tukey's multiple comparisons 593 test and non-linear fits with a non-linear fit curve to determine IC_{50} s reported in (C). 594 OSV=oseltamivir phosphate.

595

Obesity and oseltamivir efficacy 28

596 Figure 3. Oseltamivir treatment ablates viral diversity in wild-type, but not obese,

597 **mice.** (A-B) Viral RNA was extracted from lungs of mice treated with oseltamivir as 598 described in Figure 2A. Total unique SNVs are significantly higher in oseltamivir treated 599 OB mice compared to treated WT mice (p=0.0053). (B) Oseltamivir treated OB mice

- 600 harbor a more diverse viral population compared to WT Oseltamivir treated (p=0.0035)
- and PBS-control treated (p=0.0357) mice. Statistical comparisons made via two-way
- 602 ANOVA with Tukey's multiple comparisons test. Significance was set at α =0.05. Data

603 represented as means ± SEM. OSV=oseltamivir phosphate.

604

Figure 4. Similar oseltamivir pharmacokinetic parameters in lean and obese mice.

606 (A) Naïve male, WT or OB mice were dosed once with 10 mg/kg of oseltamivir. Plasma

and lungs were collected at indicated time points for bioanalysis of (B) oseltamivir and

608 (C) oseltamivir carboxylate in lungs. (D) Significantly increased maximum concentration

609 of oseltamivir (*p*=0.0364) and trends towards increased oseltamivir carboxylate levels

610 was observed in the lungs of WT compared to OB mice. (E-F) After one dose of

611 oseltamivir, bioanalysis of (E) oseltamivir and (F) oseltamivir carboxylate in plasma of

- 612 WT and OB mice. (D) Maximum concentration of oseltamivir and oseltamivir
- 613 carboxylate in plasma of WT and OB mice. Non-significant trend towards increased

614 concentration of oseltamivir and oseltamivir carboxylate in WT compared to OB plasma.

Data analyzed in (B, C, E, F) with ordinary two-way ANOVA and in (D, G) with two-way

616 ANOVA and Sidak's post hoc with α =0.05. Data represented as means ± SEM.

617

Obesity and oseltamivir efficacy 29

618 Figure 5. Interferon-deficient animals are not responsive to oseltamivir treatment.

- 619 WT and IFNAR^{-/-} mice treated with OSV or vehicle (PBS) and inoculated with CA/09 or
- 620 mock (PBS) were monitored for 7 days. (A) Viral load in lungs at days 3 and 7 p.i. with
- 621 CA/09 virus. Data in represented as means ± SEM and analyzed via ordinary one-way
- 622 ANOVA with Tukey's multiple comparisons with α =0.05. OSV=oseltamivir phosphate.

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•	treated with oseitaini			Obe	ese ^a	Wild-type ^b		Natural	
	Segment	Segment SNV Mutation		OSV	PBS	OSV	PBS	Prevalence ^c	
	HA	T28C	I10T	6.1				80.8	
		T333A	D111E	30.6				>0.1	
		A399G	I133M				5.9	0.7	
		C432A	D144E		11.0		36.4	>0.1	
		A515G	E172G	5.3	8.1	28.1	13.4	78.2	
		A517G	N173D		7.1			0.3	
		C598T	P200S		5.0			67.6	
		T853A	S285T	5.9				>0.1	
		T935C	I312T	22.3				>0.1	
		A957T	K319N			5.4		>0.1	
		G1168A	D390N		7.8			13.7	
		T1187C	V396A				8.2	>0.1	
		C1193T	S398F				31.8	>0.1	
		G1228A	V410I		16.4			>0.1	
		T1298A	L433Q			6.0		>0.1	
		C1421T	A474V	19.1				>0.1	
		A1573G	T525A	10.0				>0.1	
		A1579G	1527V			6.7		13.7	
		T1610C	V537A	5.8				4.8	
		T1654C	F552L	43.6				>0.1	
		G1688A	R563K		19.2			0.3	
	NA	A129T	Q43H	11.6				>0.1	
		A149G	N50S				5.0	0.1	
		C377T	P126L			7.5		0.1	
		T614C	V205A		7.5			>0.1	
		G700A	V234I			5.4		0.4	
		G1139A	W380*		9.7			>0.1	
	201	G1197A	W399*			6.7		>0.1	

Table 1. Percentage of detected minor variants in obese and wild-type mice treated with oseltamivir.

^aShannon's entropy (H) of HA of obese non-treated versus treated mice: 2.30 to 3.27, NA: 0.60 to 0.36.

^bShannon's entropy (H) of HA in wild-type non-treated versus treated mice: 1.98 vs

628 1.25, NA: 0.22 to 0.77.

⁶²⁹ ^cPrevalence of minor variants in human surveillance samples on the Influenza Research

630 Database. Queried on 28 March 2021.

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			Oseltamivir				Oseltamivir carboxylate				
		Obe	se	Wild-type		Obese		Wild-type			
Parameter ¹	unit	Plasma	Lung	Plasma	Lung	Plasma	Lung	Plasma	Lung		
C _{max}	µg/L	428	839	950	1570	1800	162	2960	565		
t _{max}	hr	0.5	1	0.5	0.5	1	0.5	0.5	1		
AUClast	hr*µg/L	1110	3290	1080	3350	4810	439	6150	637		
AUC	hr*µg /L	1110	3310	1100	3630	4860	486	6170	735		
Kp _{last}	-	0.33	374	0.32	24	10.	96	9.6	55		
Kp _{inf}	-	0.33	53	0.30	30	10.	00	8.3	95		
K _{el}	1/hr	0.35	0.328	0.509	0.304	0.252	0.301	0.372	0.20		
t _{1/2}	hr	1.98	2.12	1.36	2.28	2.75	2.3	1.87	3.33		
CL/F	L/hr/kg	8.99	3.02	9.09	2.75	2.06	20.6	1.62	13.6		
V _z /F	vol/kg	25.7	9.22	17.9	9.05	8.16	68.2	4.36	65.2		
C _{last}	μg /Ĺ	1.99	7.02	9.32	69.1	14.1	15.9	6.8	16.2		
t _{last}	hr	16	16	8	8	16	8	16	8		

Table 2. Pharmacokinetic parameters of oseltamivir and oseltamivir carboxylate in plasma and lungs of obese and wild-type mice.

633 ¹parameters measured in units reported in parenthesis with C_{max}=maximum

634 concentration of analyte; t_{max}=time to reach maximum concentration of analyte;

635 AUC_{last}=area under the concentration-time curve from time zero to time of last

636 measurement concentration; AUC_{inf}=area under the concentration-time curve from time

637 zero to infinity; Kp_{last}=apparent plasma-to-lung partition coefficient ratio of AUC_{last} in

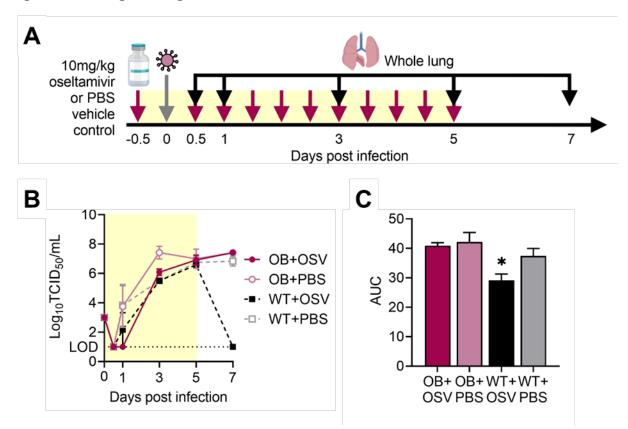
638 plasma to lungs; Kp_{inf}=apparent plasma-to-lung partition coefficient ratio of AUC_{inf} in

639 plasma to lungs; K_{el} =rate constant; $t_{1/2}$ =elimination half-life; CL/F=time of apparent total 640 clearance of the drug; V_{z} /F=apparent volume of distribution during terminal phase;

 C_{last} =concentration of analyte at last measured time; t_{last} =time at which concentration of

642 analyte was above the lower limit of detection.

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643 Figures and Figure Legends

644

645 Figure 1. Oseltamivir treatment improves viral clearance in wild-type, but not

obese, mice. (A) Male WT and OB mice were treated with 10 mg/kg oseltamivir or PBS

647 vehicle control every 12 hours starting 12 hours pre-infection with CA/09 virus. (B)

648 Oseltamivir treatment has no impacts on overall viral load but increased viral clearance 649 is observed in WT mice treated with oseltamivir. (C) Area-under-the-curve analysis for

650 viral titers in (B). Data represented as means ± SEM. Data in (B,C) represented as

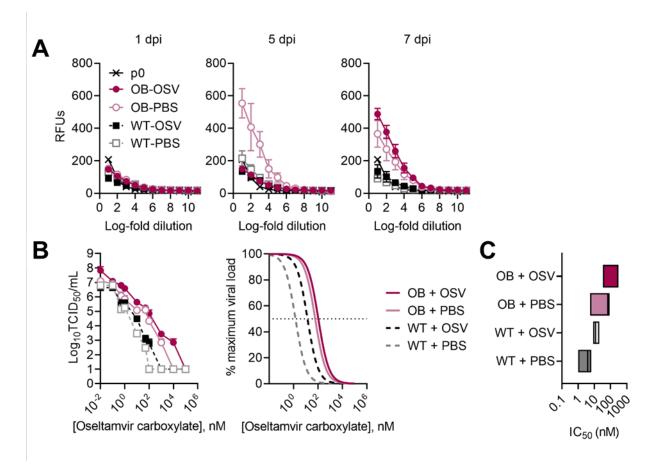
651 means ± SEM and analyzed via (B) repeated measures one-way ANOVA with Tukey's

652 multiple comparisons test and in (C) with ordinary one-way ANOVA with Tukey's

653 multiple comparisons test with α =0.05. Yellow shading indicates active treatment.

654 OSV=oseltamivir phosphate.

Obesity and oseltamivir efficacy 33



655

656 Figure 2. Obese-derived viruses are more resistant to oseltamivir carboxylate. (A)

657 Relative neuraminidase activity is higher in obese-derived viruses. (B-C) Indicated 658 viruses were titrated in the presence of increasing concentrations of oseltamivir

659 carboxylate, with (B) viral titers determined through TCID₅₀ and average non-linear

660 curve fits of viral loads compared to maximum at no treatment, and (C) inhibitory

661 concentrations of oseltamivir carboxylate needed to reduce viral load by 50% compared

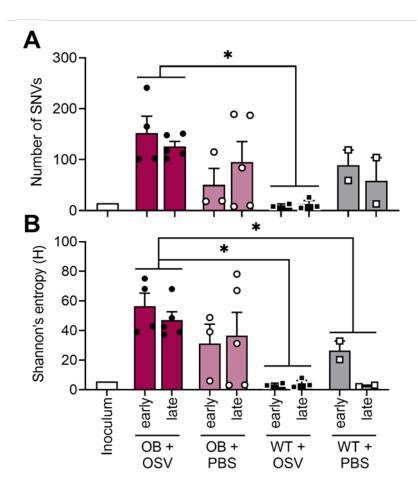
to no treatment. Data presented as (A,B) means ± SEM and analyzed in (B) through
 area-under the curve analysis via one-way ANOVA with Tukey's multiple comparisons

664 test and non-linear fits with a non-linear fit curve to determine IC₅₀s reported in (C).

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666

Obesity and oseltamivir efficacy 34



667

668 Figure 3. Oseltamivir treatment ablates viral diversity in wild-type, but not obese,

669 mice. (A-B) Viral RNA was extracted from lungs of mice treated with oseltamivir as

670 described in Figure 2A. Total unique SNVs are significantly higher in oseltamivir treated

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672 harbor a more diverse viral population compared to WT Oseltamivir treated (p=0.0035)

and PBS-control treated (p=0.0357) mice. Statistical comparisons made via two-way

674 ANOVA with Tukey's multiple comparisons test. Significance was set at α =0.05. Data

675 represented as means ± SEM. OSV=oseltamivir phosphate.

Obesity and oseltamivir efficacy 35

			Obese ^a		Wild-	Natural	
Segment SN		Mutation	OSV	PBS	OSV	PBS	Prevalence
HA	T28C	I10T	6.1				80.8
	T333A	D111E	30.6				>0.1
	A399G	I133M				5.9	0.7
	C432A	D144E		11.0		36.4	>0.1
	A515G	E172G	5.3	8.1	28.1	13.4	78.2
	A517G	N173D		7.1			0.3
	C598T	P200S		5.0			67.6
	T853A	S285T	5.9				>0.1
	T935C	I312T	22.3				>0.1
	A957T	K319N			5.4		>0.1
	G1168A	D390N		7.8			13.7
	T1187C	V396A				8.2	>0.1
	C1193T	S398F				31.8	>0.1
	G1228A	V410I		16.4			>0.1
	T1298A	L433Q			6.0		>0.1
	C1421T	A474V	19.1				>0.1
	A1573G	T525A	10.0				>0.1
	A1579G	1527V			6.7		13.7
	T1610C	V537A	5.8				4.8
	T1654C	F552L	43.6				>0.1
	G1688A	R563K		19.2			0.3
NA	A129T	Q43H	11.6				>0.1
	A149G	N50S				5.0	0.1
	C377T	P126L			7.5		0.1
	T614C	V205A		7.5			>0.1
	G700A	V234I			5.4		0.4
	G1139A	W380*		9.7			>0.1
	G1197A	W399*			6.7		>0.1

Table 1. Percentage of detected minor variants in obese and wild-type mice treated with oseltamivir.

^aShannon's entropy (H) of HA of obese non-treated versus treated mice: 2.30 to 3.27,
 NA: 0.60 to 0.36.

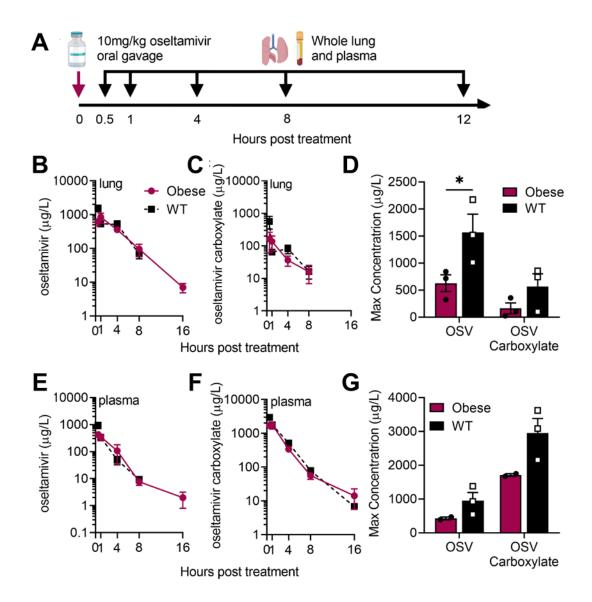
680 ^bShannon's entropy (H) of HA in wild-type non-treated versus treated mice: 1.98 vs

681 1.25, NA: 0.22 to 0.77.

682 ^oPrevalence of minor variants in human surveillance samples on the Influenza Research

683 Database. Queried on 28 March 2021.

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Figure 4. Similar oseltamivir pharmacokinetic parameters in lean and obese mice.

686 (A) Naïve male, WT or OB mice were dosed once with 10 mg/kg of oseltamivir. Plasma

and lungs were collected at indicated time points for bioanalysis of (B) oseltamivir and
 (C) oseltamivir carboxylate in lungs. (D) Significantly increased maximum concentration

- 689 of oseltamivir (p=0.0364) and trends towards increased oseltamivir carboxylate levels
- 690 was observed in the lungs of WT compared to OB mice. (E-F) After one dose of
- 691 oseltamivir, bioanalysis of (E) oseltamivir and (F) oseltamivir carboxylate in plasma of
- 692 WT and OB mice. (D) Maximum concentration of oseltamivir and oseltamivir
- 693 carboxylate in plasma of WT and OB mice. Non-significant trend towards increased
- 694 concentration of oseltamivir and oseltamivir carboxylate in WT compared to OB plasma. 695 Data analyzed in (B. C. E. F) with ordinary two-way ANOVA and in (D. G) with two-way
- 696 ANOVA and Sidak's post hoc with α =0.05. Data represented as means ± SEM.
- 697

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Table 2. Pharmacokinetic parameters of oseltamivir and oseltamivir carboxylate in plasma and lungs of obese and wild-type mice.

		Oseltamivir				Oseltamivir carboxylate			
		Obe	se	Wild-type		Obese		Wild-type	
Parameter ^a	unit	Plasma	Lung	Plasma	Lung	Plasma	Lung	Plasma	Lung
Cmax	µg/L	428	839	950	1570	1800	162	2960	565
t _{max}	hr	0.5	1	0.5	0.5	1	0.5	0.5	1
AUClast	hr*µg/L	1110	3290	1080	3350	4810	439	6150	637
AUCinf	hr*µg /L	1110	3310	1100	3630	4860	486	6170	735
Kplast	-	0.33	74	0.3224		10.96		9.655	
Kpinf	-	0.33	53	0.3030		10.00		8.395	
K _{el}	1/hr	0.35	0.328	0.509	0.304	0.252	0.301	0.372	0.208
t _{1/2}	hr	1.98	2.12	1.36	2.28	2.75	2.3	1.87	3.33
CL/F	L/hr/kg	8.99	3.02	9.09	2.75	2.06	20.6	1.62	13.6
V _z /F	vol/kg	25.7	9.22	17.9	9.05	8.16	68.2	4.36	65.2
Clast	µg /Ľ	1.99	7.02	9.32	69.1	14.1	15.9	6.8	16.2
t _{last}	hr	16	16	8	8	16	8	16	8

^aparameters measured in units reported in parenthesis with C_{max}=maximum

concentration of analyte; t_{max}=time to reach maximum concentration of analyte;

702 AUC_{last}=area under the concentration-time curve from time zero to time of last

703 measurement concentration; AUC_{inf}=area under the concentration-time curve from time

zero to infinity; Kp_{last}=apparent plasma-to-lung partition coefficient ratio of AUC_{last} in

plasma to lungs; Kpinf=apparent plasma-to-lung partition coefficient ratio of AUCinf in

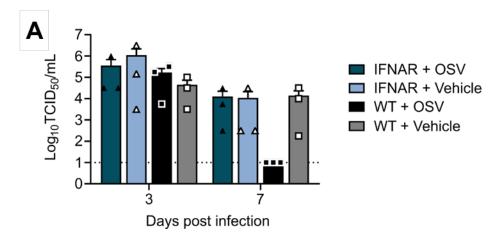
plasma to lungs; K_{el}=rate constant; t_{1/2}=elimination half-life; CL/F=time of apparent total

707 clearance of the drug; V_z/F=apparent volume of distribution during terminal phase;

708 C_{last}=concentration of analyte at last measured time; t_{last}=time at which concentration of

analyte was above the lower limit of detection.

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711 Figure 5. Interferon-deficient animals are not responsive to oseltamivir treatment.

- 712 WT and IFNAR^{-/-} mice treated with OSV or vehicle (PBS) and inoculated with CA/09 or
- mock (PBS) were monitored for 7 days. (A) Viral load in lungs at days 3 and 7 p.i. with
- 714 CA/09 virus. Data in represented as means ± SEM and analyzed via ordinary one-way
- ANOVA with Tukey's multiple comparisons with α =0.05. OSV=oseltamivir phosphate.