

1 Bioconversion of pomegranate residues into biofuels and bioactive lipids

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27 **Abstract**

28 Pomegranate residues (PRs) (i.e. the solid residues remaining after juice extraction),
29 generated currently in abundance in Greece, contain a variety of carbon sources and therefore
30 can be regarded as a potential feedstock for chemical and biotechnological processes rather
31 than as waste materials. In the current project, the polysaccharides contained in PRs were
32 extracted and hydrolyzed in a one-step process without the use of chemical reagents and the
33 resulting broth was used as substrate in biotechnological applications, including ethanol and
34 single cell oil (SCO) production. The yeasts *Meyerozyma guilliermondii*, *Scheffersomyces*
35 *coipomoensis*, *Sugiyamaella paludigena* and especially *Saccharomyces cerevisiae*, were able
36 to efficiently convert PR derived reducing sugars into bioethanol. Ethanol production under
37 anaerobic conditions ranged from 3.6 to 12.5 g/L. In addition, the oleaginous yeasts
38 *Lipomyces lipofer* and *Yarrowia lipolytica* as well as *M. guilliermondii*, *S. coipomoensis* and
39 *S. paludigena* were tested for their ability to accumulate lipids suitable as feedstock for
40 biodiesel production. Lipids were accumulated at concentrations up to 18% and were rich in
41 palmitic acid (C16:0) and oleic acid (C18:1). Finally, the oleaginous fungus *Cunnichamella*
42 *echinulata* was cultivated on PR based solid substrates for γ -linolenic acid (GLA) production.
43 The fermented bio-products (i.e. fermented substrate plus fungal mycelia) contained up to 4.8
44 mg GLA/g of dry weight. Phenolic removal (up to 30%) was achieved by several of the above
45 mentioned microorganisms, including *C. echinulata*, *L. lipofer*, *M. guilliermondii*, *S.*
46 *paludigena* and *Y. lipolytica*. We conclude that PRs can be used as a raw material for
47 microbial growth, ethanol and SCO production, which is of economic and environmental
48 importance.

49

50 **Keywords:** pomegranate residues; bioethanol; *Saccharomyces cerevisiae*; modelling;
51 microbial lipids; *Cunnighamella echinulata*

52

- 53 **Abbreviations:** FA, fatty acid; GLA, γ -linolenic acid; OFs, oat flakes; PRs, pomegranate
54 residues; PUFAs, polyunsaturated fatty acids; R.S., reducing sugars; SCOs, single cell oil;
55 SSF, Solid-state fermentation; TAGs, triacylglycerols; T.S., total sugars; WB, wheat bran

56 1. Introduction

57 Agriculture is a very important economic activity that boosts prosperity and contributes to
58 tackling poverty in many countries. According to The World Bank collection, agricultural
59 activity worldwide in 2017 accounted for 3.43% of the gross domestic product (GDP).
60 Specifically for Greece, in 2018 the agricultural domestic product represented 3.72%, of
61 GDP, twice as much as in other European countries, while together with processing,
62 nowadays exceeds 8% (World Bank, September 2020). However, the expansion and
63 modernization of the agricultural sector, and especially the processing of agricultural
64 products, has caused environmental concerns, due to the inevitable co-production of residues
65 and wastewaters, which are produced in huge quantities annually. Besides, water use in
66 agriculture accounts for 70% of total water use globally.

67 Two different types of agro-industrial residues exist, namely field plant residues,
68 which include remaining plant parts (e.g. leaves, straw, stalks, seeds, roots etc.), and industrial
69 residues, which include organic matter or plant parts produced by food and fruit industries
70 (e.g. molasses, peels, fruit marc and seeds and fruit pulp) (Sadh et al., 2018). Among residues,
71 lignocellulosic biomass is the most abundant residue worldwide, and although it can be
72 considered as a promising cost-effective fermentation feedstock (Diwan and Gupta, 2019;
73 Valdés et al., 2020b, 2020a), is treated as waste in many countries (Arevalo-Gallegos et al.,
74 2017). The uncontrollable disposal of agro-industrial residues, especially those produced
75 during industrial processing, to the landfills without any treatment, can cause environmental
76 pollution on the surrounded areas and harmful effects on human and animal health (Ghinea et
77 al., 2019).

78 The use of the lignocellulosic material as a substrate in biotechnological applications
79 requires additional pretreatment phases, to make it fermentable (Caporusso et al., 2021;
80 Mosier, 2005; Sarris and Papanikolaou, 2016; Valdés et al., 2020a), which increases the cost
81 of the whole process. Lignocellulosic biomass consists of cellulose, hemicellulose and lignin.
82 During the pretreatment procedure, lignin “seal” is removed and cellulose is released and
83 becomes accessible for hydrolysis (Haghighi Mood et al., 2013; Sánchez and Cardona, 2008).

84 Pretreatment methods are categorized in four groups, i.e. physical (i.e. grinding and milling,
85 microwave irradiation, mechanical extrusion, freeze pretreatment), chemical (in an acid or an
86 alkaline environment), physico-chemical (using steam explosion, hot water, wet oxidation and
87 CO₂ explosion) and biochemical (using microorganisms and enzymes) (Haghighi Mood et al.,
88 2013; Sarkar et al., 2012). Lately, combination of two of the above mentioned methods is
89 proposed to increase the efficiency of the process. The first step of pretreatment involves
90 lignin destruction, followed by hydrolysis of cellulose using acids or enzymes, resulting in the
91 release of fermentable sugars (Sánchez and Cardona, 2008). Usually, glucose and xylose are
92 extracted from lignocellulosic biomass. Thus, microorganisms that can utilize both C-5 and
93 C-6 sugars are highly desired to increase the fermentation efficiency for the production of
94 valuable metabolic products, including ethanol and lipids, from such materials (Diwan and
95 Gupta, 2020).

96 The last decade the popularity of pomegranate products (mainly fresh fruit and juice)
97 has increased tremendously thanks to their nutritional value and benefits to human health.
98 Many reports describe the antimicrobial, antiviral, anticancer, antioxidant and antimutagenic
99 properties of the various parts of the plant. (Akhtar et al., 2015; Bassiri-Jahromi, 2018;
100 Hasnaoui et al., 2014; Joseph et al., 2013; Sharma et al., 2017). As a result, pomegranate
101 cultivation has increased significantly worldwide to meet the growing demand. For instance,
102 in Greece this crop extended up to 700-800 acres until 2007 and nowadays has reached
103 15.000 acres, yielding 30.000 tons of fruits per year. Consequently, the pomegranate
104 processing industry has significantly expanded, and its negative outputs have already
105 appeared (Kaderides et al., 2015). It has been estimated that the production of each ton of
106 concentrated to 65 Brix pomegranate juice generates up to 5–5.5 tons of pomegranate
107 residues (PRs) (i.e. pomegranate peels and seeds) (Hasnaoui et al., 2014). Although PRs is an
108 excellent source of sugars, such as ribose, glucuronic acid, galacturonic acid, L-rhamnose, D-
109 fucose, L-arabinose, D-xylose, D-mannose, D-galactose and D-glucose (Zhai et al., 2018a,
110 2018b) and numerous bioactive compounds (Santos et al., 2019; Sood and Gupta, 2015), in
111 practice they are usually left unexploited and only a small amount is used as a soil conditioner

112 (after composting), as fuel (in the form of dry pellets), as animal feed or for the recovery of
113 pharmaceuticals and cosmetics (Goula et al., 2017; Pathak et al., 2017; Pereira et al., 2016;
114 Pocan et al., 2018; Siddiqui et al., 2019). On the other hand, the necessity for low-cost and
115 environmentally friendly substrates suitable for microbial processes related to the production
116 of high value-added products (i.e. biofuels, single cell oils, single cell protein, enzymes,
117 pigments, organic acids, etc.), has been arisen.

118 Biofuels (mainly bioethanol and biodiesel) are renewable, cost-effective and
119 environmentally friendly energy sources alternative to fossil fuels, which has attracted the
120 interest of many countries in the context of the diminishing oil dependence and eliminating
121 the adverse effects of its use on global warming. Therefore, the demand for biofuels is
122 gradually increasing worldwide. Specifically, bioethanol apart from its variety of commercial
123 applications in cosmetology and in food and pharmaceutical industry, is also widely used as
124 an engine fuel, on its own, or blended with gasoline. However, the utilization of the so-called
125 “1st generation” bioethanol, deriving from the fermentation of hydrolyzed corn starch or
126 sucrose juice, runs into the “food vs fuel” dilemma (Gray et al., 2006), therefore the
127 production of the so-called “2nd generation” bioethanol (deriving through the valorization of
128 waste streams) is considered as a very important scientific priority worldwide (Rastogi and
129 Shrivastava, 2017; Sarkar et al., 2012; Tian and Chen, 2016). On the other hand, biodiesel
130 produced by a variety of renewable resources (i.e. plant or animal fats) (Banković-Ilić et al.,
131 2014; Gutiérrez et al., 2017), is non-toxic, biodegradable, and has a favorable emission
132 profile, but, being potentially competitive in food production, it faces similar criticism to that
133 of the “1st generation” bioethanol. Alternatively, waste fats can be considered, with some
134 restrictions, as a raw material for the production of biodiesel, and this option has aroused
135 great interest in many countries. Besides, microbial oil, so-called single cell oil (SCO),
136 produced from yeasts cultivated on agro-industrial residues, presenting a fatty acid (FA)
137 composition similar to that of common vegetable oils, could be considered shortly as
138 feedstock in the biodiesel manufacture (Dourou et al., 2018; Li et al., 2008; Papanikolaou and
139 Aggelis, 2011a, 2011b; Singh and Gu, 2010; Wei et al., 2017). Contrary to yeast-derived

140 SCOs, fungi- and microalgae-derived SCOs are of pharmaceutical and dietary interest thanks
141 to the presence of polyunsaturated fatty acids (PUFAs), such as γ -linolenic acid (GLA, C18:3,
142 n-6), stearidonic (SDA, C18:4, n-3), arachidonic acid (ARA, C20:4, n- 6), eicosapentaenoic
143 acid (EPA, C20:5, n-3), docosapentaenoic acid (DPA, C22:5, n-3) and docosahexaenoic acid
144 (DHA, C22:6, n- 3) (Bellou et al., 2016; Fakas et al., 2009; Slaný et al., 2021).

145 A significant part of the production costs of both ethanol and SCO refers to the
146 substrate cost suggesting that a choice of a low-cost material as substrate, such as a carbon-
147 rich agro-industrial residue, is crucial for the process sustainability (Dourou et al., 2016;
148 Osorio-González et al., 2019; Sarris et al., 2013). Moreover, new strategies using
149 microorganisms derived after genetic engineering and/or adaptive laboratory evolution
150 approaches, used to increase the efficiency of substrate assimilation and metabolite
151 production, can contribute to the success of the process (da Silveira et al., 2020; Daskalaki et
152 al., 2019; De Melo et al., 2020; Dourou et al., 2018; Li et al., 2019).

153 The aim of the current investigation was to study the conversion of PRs into high
154 added value microbial products, i.e. ethanol and SCOs, using technologically suitable
155 microbial strains in an integrated approach, which includes an efficient and environmentally
156 friendly pretreatment followed by the production of microbial metabolic products, while
157 minimizing management issues caused by PR disposal into the environment. The yeasts
158 *Candida tropicalis*, *Lipomyces lipofer*, *Meyerozyma guilliermondii*, *Saccharomyces*
159 *cerevisiae*, *Scheffersomyces coipomoensis*, *Sugiyamaella paludigena* and *Yarrowia lipolytica*
160 were tested for their ability to grow on PR extract and produce ethanol and/or SCOs. Solid
161 state fermentations (SSFs) of the fungus *Cunninghamella echinulata* were performed using
162 PRs alone or in combination with wheat bran (WB) or oat flakes (OFs) as substrate. The final
163 fermented product was enriched with polyunsaturated FAs, thus having a potential value used
164 in animal or human nutrition. We conclude that PRs and PR extract are suitable microbial
165 substrates and can be used as raw material in various biotechnological applications.

166

167 2. Material and Methods

168 2.1 Microorganisms and culture conditions

169 The following yeast strains were used: *Saccharomyces cerevisiae* AXAZ-1, *Candida*
170 *tropicalis* NRRL Y-12968, *Lipomyces lipofer* NRRL Y-11555, *Yarrowia lipolytica* ACA DC
171 50109 (culture collection of Agricultural University of Athens, Greece) and three newly
172 isolated strains from Chilean Valdivian Forest namely *Meyerozyma guilliermondii* ACA-DC
173 5397, *Scheffersomyces coipomoensis* ACA-DC 5395, *Sugiyamaella paludigena* ACA DC
174 5396 (Valdés et al., 2020b). In addition, the fungal strain *Cunninghamella echinulata* CCF
175 2195 (culture collection of fungi, Charles University, Prague, Czech Republic) was used in
176 this research. All microbial strains were maintained at -80 °C in glycerol 30% and for short
177 term maintenance on potato dextrose agar (PDA, Himedia, Mumbai, India) slants at 4 ± 1 °C
178 and regularly sub-cultured.

179

180 2.2 PR collection, media preparation and culture conditions

181 Fresh PRs (i.e. pomegranate peel and seeds remaining after juice extraction, cultivar
182 *Wonderful*) were obtained from the Bacfresh Company located in Achaia regional unit of
183 Greece, or produced in the laboratory after juice extraction using a mechanical home juicer.
184 PR moisture was gravimetrically determined after drying at 105 °C in an oven until constant
185 weight. Polysaccharide extraction and hydrolysis were simultaneously performed from wet
186 PRs cut into pieces of $0,5 \times 0,5$ cm in water or in H₂SO₄ (Fluka, Steinheim, Germany)
187 solution used at a ratio of 40 mL of water or H₂SO₄ solution to 10 g of PRs. The treatment
188 was performed using various concentrations of H₂SO₄ (up to 0.10 M), at temperature 100 or
189 120 °C, pressure 101 or 219 kPa and time ranging from 20 to 120 min. The treated PR
190 mixture was subsequently centrifuged (Heraeus, Biofuge Stratus, Thermo Scientific,
191 Osterode, Germany) at $19,000 \times g$, 4 °C for 10 min and the supernatant, optionally diluted
192 with water, was used as culture medium. Supernatant pH was determined using an ORION
193 pH meter (Boston, USA) and adjusted before inoculation to the desirable level (ranged from
194 2.6 to 6.5 ± 0.1) by adding 4 M NaOH (Merck) or 4 M HCL (Sigma-Aldrich).

195 Submerged cultures under near anaerobic conditions were conducted by yeast strains
196 in manually periodically agitated 200 mL Duran flasks (Bioengineering, Wald, Switzerland)
197 containing 50 ± 1 mL of PR extract. The flasks were incubated in a Memmert GmbH+Co.
198 KG, Germany incubator at temperature $28 \text{ }^\circ\text{C}$. Submerged cultures under aerobic conditions
199 were performed in 250 mL Erlenmeyer flasks containing 50 ± 1 mL of PR extract incubated
200 in a rotary shaker (ZHICHENG ZHWY 211C, Shanghai, China) at agitation rate 180 rpm and
201 temperature $28 \text{ }^\circ\text{C}$.

202 After medium sterilization (at $121 \text{ }^\circ\text{C}$ for 20 min) the flasks were inoculated with 1
203 mL of a pre-culture (containing 10^8 cells), carried out in a medium containing (in g/L): yeast
204 extract (Conda) 3; glucose (AppliChem, Darmstadt, Germany) 10; peptone (Himedia) 5; malt
205 extract 3 (Sigma-Aldrich, Steinheim, Germany), and incubated in a rotary shaker as above.

206 SSFs of wet chopped peels alone or in mixture with wheat bran (WB) or oat flakes
207 (OFs) [used in different proportions to control moisture (Klempová et al., 2020)] were
208 performed by *C. echinulata* in high-density polyethylene (HDPE) bags (20×30 cm)
209 containing 10 g of substrate at room temperature ($T = 25 \pm 2 \text{ }^\circ\text{C}$). HDPE bags ensure aseptic
210 conditions and smooth oxygen transfer during fermentation. After sterilization (at $105 \text{ }^\circ\text{C}$ for
211 45 min) the bags were inoculated with 10^7 spores/mL obtained from a 7-day-old culture
212 grown on polished rice (Slany et al., 2020). After inoculation the bags were closed and the
213 substrate was arranged on the shelves to obtain a substrate layer thickness of around 5 mm .
214 SSFs were carried out under static conditions for up to 5 days.

215

216 2.3 Microbial growth and biomass determination

217 Yeast growth was estimated by enumerating the number of cells/mL using a haemocytometer
218 cell counting chamber (Neubauer improved, Poly-Oprik, Bad Blankenburg, Germany). Dry
219 cell mass (x , g/L) was gravimetrically determined after harvesting of yeast cells by
220 centrifugation at $19,000 \times g$ for 15 min at $4 \text{ }^\circ\text{C}$. The cells were washed twice with NaCl 0.9%
221 (w/v) and dried at $80 \text{ }^\circ\text{C}$ until constant weight.

222 The fermented substrate after SSFs (around 10 g) was washed with 60 mL of distilled
223 water and filtrated through Whatman No. 1 paper. The obtained byproduct was
224 gravimetrically determined after drying at 60 °C until constant weight. The concentration of
225 reducing sugars (R.S.) was determined in the filtrate (see below) and the fungal growth was
226 indirectly estimated by calculating R.S. consumption. Besides, GLA concentration in lipids
227 (estimated as described below) of the fermented substrate was additionally used as a marker
228 to indirectly estimate fungal growth, as this FA is absent from the substrate.

229

230 2.4 Sugar and phenolics determination

231 The concentration of total sugars (T.S.) and reducing sugars (R.S.) in the liquid growth
232 medium and in the solid substrate extract was determined according to Dubois et al. (1951)
233 and DNS (Miller, 1959) methods, respectively, and expressed as glucose equivalent (in g/L).
234 Sugar concentrations were also expressed per weight of dry substrate. The total phenolic
235 compounds in the liquid growth medium and in the solid substrate extract were determined
236 according to Folin and Ciocalteu (1927). The concentration of phenolic compounds was
237 expressed as gallic acid equivalent (in mg/L or per weight of dry substrate).

238

239 2.5 Ethanol determination

240 Ethanol was determined in filtered aliquots of the culture supernatant by high performance
241 liquid chromatographer (HPLC - Ultimate 3000 Dionex, Germering, Germany) equipped with
242 a Reflective Index detector (RI-101, Shodex, Kawasaki, Kanagawa Japan) and an
243 AminexHPX-87H column (300 × 7.8 mm). H₂SO₄ (Fluka) 0.005 N was used as eluent at a
244 flow rate of 0.6 mL/min. The column temperature was 65 °C.

245

246 2.6 Lipid extraction and purification

247 Lipids from dry yeast cell mass or dry homogenized fermented substrate were extracted in
248 chloroform:methanol (Sigma-Aldrich) (2:1 v/v) according to Folch et al. (1957) method as
249 modified by Dourou et al. (2017). The extracts were filtered through Whatman No. 1 paper,

250 washed with a KCl (Sigma-Aldrich) 0.88% (w/v) solution and dried over anhydrous Na₂SO₄
251 (Sigma-Aldrich). Finally, the solvents were evaporated under vacuum using a Rotavapor R-20
252 device (BUCHI, Flawil, Switzerland), and the total lipids were gravimetrically determined.

253

254 2.7 Fatty acid composition of microbial lipids

255 FA moieties of total lipids were converted into their FA methyl esters (FAMES) in a two-
256 stage reaction according to AFNOR. FAMES were analyzed in a GC apparatus (Agilent 7890
257 A, Agilent Technologies, Shanghai, China), equipped with a flame ionization detector (FID)
258 and an HP-88 (J&W Scientific) column (60 m × 0.32 mm). Helium was used as carrier gas at
259 a flow rate of 1 mL/min. Injection temperature was 250 °C, the oven temperature was 200 °C
260 and FID temperature was 280 °C. Peaks of FAMES were identified by reference to authentic
261 standards.

262

263 2.8 Thin-layer chromatography (TLC) analysis

264 Known weight of total lipids (approximately 300 mg) were loaded in the form of narrow
265 bands of 1 cm on Merck TLC silica gel 60 plates using a CAMAG ATS 4 apparatus and
266 separated by a developing system for non-polar lipids using a solvent system consisting of
267 hexane/diethyl ether/acetic acid (80:20:1, v/v/v). TLC plates were visualized using a
268 combustion water solution containing 3.3% (v/v) sulfuric acid, 50% (v/v) methanol, 0.33%
269 (w/v) MnCl₂·4H₂O, and dried at 130 °C for 10 min. After visualization, TLC plates were
270 scanned by CAMAG TLC Scanner 4 at 400 nm and evaluated by winCATS software ver.
271 1.4.8 (CAMAG) to evaluate lipidic structures such as TAGs, DAGs, FFAs, etc. in lipid
272 extract (Gajdoš et al., 2015).

273

274 2.9 Modelling

275 The Hinshelwood model (Hinshelwood, 1947) was used to describe yeast growth and ethanol
276 production under aerobic and anaerobic conditions. The balance equations for cell mass and
277 ethanol production and sugar consumption are:

$$\frac{dX}{dt} = \mu_{max} \left(\frac{S}{K_{sx} + S} \right) (1 - K_{px}P) X \quad (1)$$

$$\frac{dP}{dt} = q_{max} \left(\frac{S}{K_{sp} + S} \right) (1 - K_{pp}P) X \quad (2)$$

$$\frac{dS}{dt} = -\frac{1}{Y_{xS}} \frac{dX}{dt} - \frac{1}{Y_{pS}} \frac{dP}{dt} \quad (3)$$

278 where X , S and P are cell mass, sugars and ethanol concentrations (g/L), respectively, t is the
279 fermentation time (h), μ_{max} is the maximum specific growth rate (1/h), q_{max} is the maximum
280 specific ethanol production rate (1/h), K_{sx} and K_{sp} are the saturation constants (g/L), K_{px} and
281 K_{pp} are the ethanol inhibition constants (g/L), Y_{xS} is the yield coefficient for biomass
282 production with respect to sugars (g biomass/g sugars) and Y_{pS} is the yield coefficient for
283 ethanol production with respect to sugars (g ethanol/g sugars).

284 The fitting of the model equations on the experimental data, was performed using the
285 numerical code Aquasim (Version 2.1d), which uses a fully implicit finite difference spatial
286 discretization Gear scheme in conjunction with the algorithm DASSL. Aquasim uses the
287 weighted least-squares method to estimate the optimum parameter values (Reichert, 1998).

288

289 2.10 Statistical analysis

290 The experimental data were treated using OriginPro 2018 Software (OriginLab Corporation,
291 Northampton, MA, United States). One-way analysis of variance ANOVA followed by a
292 Bonferroni post hoc test was performed to determine significant differences. The null
293 hypothesis was rejected at a significance level of $p \leq 0.01$ or 0.05 .

294

295 3. Results and Discussion

296 3.1 Pomegranate juice extraction and composition of the PRs

297 The composition of the PRs depends not only on the cultivation conditions and the cultivar
298 but also on the efficiency of the extraction of the juice and the extraction technology used
299 (Catania et al., 2020; Mphahlele et al., 2016). Thus, compositional differences concerning

300 mostly initial sugar and phenolic compounds concentration were observed among samples,
301 which were used in the current investigation. The PRs resulting from the processing of the
302 fruit under laboratory conditions constitute $68.7 \pm 1.9\%$ of the total weight of the fruit, while
303 this percentage can reach up to 80% under industrial processing conditions. Consequently, the
304 yield in juice under laboratory conditions was $29.3 \pm 1.3\%$, while under industrial conditions
305 it is estimated to be less than 20%. The presence of phenolics and flavonoids in the
306 pomegranate juice is indeed suitable, due to the beneficial effects of these compounds on
307 human health. However, exhaustive fruit juicing is not generally selected by the industry to
308 avoid the exceeding enrichment of the juice in such compounds, which may affect the acidity
309 and the color of pomegranate juice and, therefore, its quality (Catania et al., 2020; Türkyılmaz
310 et al., 2013). The moisture of the solid residue produced under laboratory and industrial
311 conditions was 66% and 75%, respectively.

312

313 3.2. Pretreatment of the PRs

314 PRs were cut into small pieces to reduce their size, increase the accessible area and improve
315 the porosity. Following, PRs were treated for 20-120 min under acidic conditions with a
316 H_2SO_4 solution up to 0.10 M, at high temperature (i.e. 100 and 120 °C) and pressure (i.e. 101
317 and 213 kPa) for the simultaneous extraction and hydrolysis of the polysaccharides (Table 1).
318 The efficiency of the extraction process was evaluated by calculating the percentage of T.S.
319 extracted in the solution on the T.S. extracted under the strongest conditions (i.e. temperature
320 121 °C, pressure 219 kPa, H_2SO_4 0.10 M, for 60 min). Moreover, the efficiency of the
321 hydrolysis process in each case was evaluated by calculating the percentage of R.S. on the
322 T.S. in the extract.

323 Acid pretreatment is recommended for hardwoods and agricultural residues, while the
324 kind of acid used (e.g. HCl, H_2SO_4 , HNO_3 etc.), its concentration, temperature and reaction
325 time differ in the various protocols described in the literature (Nitsos et al., 2018; Zhang and
326 Bao, 2018). In the current investigation, we have demonstrated that the addition of a strong
327 acid to PRs is not necessary to achieve adequate extraction of polysaccharides and their

328 hydrolysis to R.S., probably due to the high natural acidity of PRs imparting a $\text{pH} \leq 3.5$, and to
329 the best physicochemical properties of water, as an extractant, against sulfuric acid solutions.
330 Specifically, the extraction efficiency achieved in water at temperature 121 °C, under 219 kPa
331 pressure, for 60 min was no statistically different (at $p=0.01$ or 0.05) to that achieved under
332 similar conditions in the presence of H_2SO_4 used at concentrations 0.03-0.10 M (comparisons
333 of entries c-g, Table 1). Similarly, the utilization of H_2SO_4 did not significantly increase the
334 hydrolysis efficiency (comparisons of entries c-g, Table 1). It is reported that the extraction
335 efficiency of ingredients increases with fluidity and, in some cases, with solvent polarity (Xu
336 et al., 2019). Low viscosity of the solvent is generally required to obtain high extraction
337 yields since high viscosity hinders the mass transfer of the solvent to the target solutes. High
338 polarity solvents are also required when polar molecules, such as polysaccharides, are
339 targeted for extraction. Therefore, the higher polarity of water in combination with its low
340 viscosity could explain the higher extraction yields obtained in this research in the absence of
341 sulfuric acid. Çam and Hişil (2010) investigating polyphenols extraction from pomegranate
342 peels, reported that water extraction was as effective as conventional methanol extraction.

343 The processing time is another factor that influences the extraction efficiency (Zhu
344 and Liu, 2013). Comparing the effect of the processing time on polysaccharide extraction
345 under the above-mentioned conditions (i.e. in water, at $T=121$ °C, $P=219$ kPa), we ascertain
346 that the extraction yield at 20 min was higher compared to higher processing time (i.e. 30, 60,
347 and 120 min, entries a-c and h in Table 1), although not statistically significant at $p=0.01$ and
348 0.05 . This apparent reduction in extraction yield is probably a result of sugar degradation.
349 Therefore, the extraction time of 20 min was selected as a sufficient time for the extraction
350 and hydrolysis of polysaccharides from PRs.

351 Trying to reduce the processing temperature more experiments were performed at 100
352 °C and atmospheric pressure (i.e. 101 kPa) instead of 121 °C and 219 kPa. We note that the
353 extraction efficiency was higher and the efficiency of hydrolysis lower at 100 °C than at 121
354 °C (comparisons of entries h and i, Table 1). Zhu and Liu (2013) examining the effect of
355 different temperatures (from 70 to 100 °C) on polysaccharide extraction, reported that

356 maximum yield was obtained at 95 - 100 °C. Finally, at T=100 °C comparing the effect of O₂
357 presence (entries i and j in Table 1), both T.S. and R.S. yields (in g/L) were higher (i.e. 5.3
358 and 4.8% respectively) when a closed system, almost in the absence of O₂ was applied.

359 Generally, high temperature increases solubility and diffusion of the ingredients to be
360 extracted and decreases the viscosity of the solvent, which is intended. Though, pressure
361 seems to have a great influence on the extraction and hydrolysis yield too. Comparing the
362 entries h-j in Table 1, it seems that conditions reported in entry i would be appropriate.
363 However, the high processing time is not desirable, therefore, the conditions that we conclude
364 to use for this research are those reported in entry a: in water, for 20 min, at T=121 °C and
365 P=219 kPa.

366 The selection of the pretreatment method of lignocellulosic biomass and its operating
367 conditions are fundamental for a successful polysaccharide extraction and hydrolysis, and the
368 subsequent fermentation. Methods of chemical pretreatment such as acid, alkaline and their
369 combination, are the most preferred techniques in recent years, thanks to their flexibility of
370 applications at the industrial level, and the high final yields of assimilable sugars achieved
371 (Valdés et al., 2020a). Among them, acid pretreatment, and specifically diluted acid
372 pretreatment, is favorable. However, regardless of the pretreatment method used, toxic
373 compounds are generated as by-products, such as formic, acetic and levulinic acid, neutral
374 and acidic phenolics, and other chemicals in hydrolysates, which can inhibit microbial growth
375 (Bravo et al., 2017; Haghghi Mood et al., 2013; Janga et al., 2012; Yu et al., 2018).

376

377 3.3 Microbial growth on PR based media

378 The growth of microorganisms on PRs presents various peculiarities related to the nature of
379 the substrate, including assimilability of the contained carbon sources, the presence of
380 microbial inhibitors (i.e. natural such as phenolic compounds or generated during pre-
381 treatment), and its low pH values. Therefore, the challenge is to identify microbial strains
382 capable of growing on PRs and PR extract. In the present study, the ability of the oleaginous
383 fungus *C. echinulata* and the yeasts *C. tropicalis*, *L. lipofer*, *M. guilliermondii*, *S. cerevisiae*,

384 *S. coipomoensis*, *S. paludigena* and *Y. lipolytica* to grow on PRs or PR extract and produce
385 various metabolites was studied under several growth conditions (Table 2). To the best of our
386 knowledge, the current investigation is the first report in which both pomegranate peels and
387 seeds have been employed as fermentation medium for microbial growth, while only recently,
388 pomegranate peels have been treated as a substrate for biodiesel production by *Bacillus*
389 *cereus* (Kanakdande et al., 2020) and for citric acid production by the fungus *Aspergillus*
390 *niger* (Roukas and Kotzekidou, 2020).

391 A sustainable process for microbial conversion of lignocellulosic biomass into
392 biofuels and other products is based on the capability of the microbial strains used to
393 assimilate/co-assimilate, the various sugars (including C-5 and C-6) released during
394 pretreatment (Valdés et al., 2020a). All microbial strains tested in the current investigation
395 were able to grow on PRs or PR extract showing different biochemical potential and
396 effectiveness (Table 2). Among them, the new isolates from the Chilean Valdivian forest
397 identified as *M. guilliermondii*, *S. coipomensis*, and *S. paludigena* recently characterized for
398 their ability to grow on lignocellulosic hydrolysate-model media (Valdés et al., 2020b),
399 showed interesting ethanol production and lipid accumulation capacity, cultivated under
400 anaerobic and aerobic conditions, respectively. The most commonly used yeast for ethanol
401 production is *S. cerevisiae*. However this yeast is not able to metabolize pentose sugars
402 naturally, such as xylose and arabinose, to ethanol, and therefore several strategies on
403 engineering pentose metabolism on *S. cerevisiae* have been proposed (Fernandes and Murray,
404 2010; Gopinarayanan and Nair, 2019; Hahn-Hägerdal et al., 2007). Interestingly, *S. cerevisiae*
405 during submerged cultures on PR extract in this study showed remarkable growth and ethanol
406 production ability. Contrary, growth and ethanol production by *C. tropicalis* was not
407 satisfactory.

408 *L. lipofer* and *Y. lipolytica* were both able to accumulate lipids during submerged
409 cultures on PRs extract. Strains belonging to the genus of *Lipomyces* have notable oleaginous
410 capacity and are suitable for SCO production from lignocellulosic biomass and other agro-
411 industrial wastes (Di Fidio et al., 2020; Dien et al., 2016; Dourou et al., 2016; Gong et al.,

412 2012; Liang and Jiang, 2013; Sitepu et al., 2013; Slininger et al., 2016; Vasaki et al., 2021;
413 Zhao et al., 2008). *Y. lipolytica*, the most studied oleaginous yeast, is able to grow on a variety
414 of agro-industrial substrates and to produce high added value metabolites (Carota et al., 2020;
415 Chatzifragkou et al., 2011; da S. Pereira et al., 2019; Dobrowolski et al., 2016; Dourou et al.,
416 2016; Makri et al., 2010; Patsios et al., 2020). Over the last decade, a variety of studies have
417 focused on modifications of *Y. lipolytica* genome through genetic engineering to enable the
418 efficient assimilation of sugars found in lignocellulosic biomass (Ledesma-Amaro and
419 Nicaud, 2016; Niehus et al., 2018; Yook et al., 2020).

420 The oleaginous fungus *C. echinulata* was able to synthesize lipids during SSF on sole
421 PRs or blends of PRs with WB or OFs (Table 2). WB and OFs are also produced in
422 abundance, consisting yet again lignocellulosic residues which need management. In 2010,
423 the National Green Tribunal established control measures to stop such biomass burning, due
424 to air pollution, encouraging the exploitation of agricultural residues as a substrate for
425 microbial production of high added-value products using environmentally friendly
426 approaches. Filamentous fungi belonging to the *Cunninghamella* genus and related genera
427 play an important role in developing sustainable biorefinery processes thanks to their ability
428 to utilize a broad range of renewable feedstock, and waste materials (e.g. corn gluten, corn
429 steep, orange peel and tomato waste hydrolysate) and convert them into SCOs containing
430 significant quantities of GLA (Diwan and Gupta, 2019; Donot et al., 2014; Fakas et al., 2008;
431 Gema et al., 2002).

432 Phenolic compounds present in agro-industrial residues are principally responsible for
433 their phytotoxicity and microbial growth inhibition, while their breakdown is considered to be
434 the limiting step during biotreatment (Aggelis et al., 2003; Tsioulpas et al., 2002). Moreover,
435 phenolics can be released from lignin as by-products during the pretreatment of
436 lignocellulosic biomass, depending on the parameters of the process, such as temperature and
437 duration of the treatment. Phenolic compounds, when present in the growth media, penetrate
438 biological membranes and cause loss of their integrity affecting cell growth and the whole
439 fermentation process (Baral and Shah, 2014). Therefore, their degradation and/or removal

440 prior to the fermentation process is of high biotechnological interest. In this investigation, the
441 PR extract used as a growth medium for submerged cultures of *L. lipofer* and *Y. lipolytica*
442 was diluted in some cases with water to reduce the initial phenolic concentration and the
443 results were compared to those obtained on undiluted PR hydrolysate (Table 2, see letters d,
444 e, f). In addition, phenolic compounds were reduced in the case of SSF of *C. echinulata* by
445 the incorporation of cereals. Nevertheless, remarkable phenolic removal (up to 30%) was
446 performed in some cases by *C. echinulata*, *L. lipofer*, *M. guilliermondii*, *S. paludigena* and *Y.*
447 *lipolytica*. Benzene compounds are degraded by a few stains belonging to the phylum
448 Ascomycota (e.g. the yeasts *Debaryomyces hansenii*, *L. starkeyi*, and *S. cerevisiae*, the fungus
449 *Geotrichum candidum*, and the yeast-like *Aureobasidium pullulans*) and the phylum
450 Basidiomycota (*Rhodotorula*, *Trichosporon cutaneum*) (Pasha and Rao, 2009).

451 Low pH media are generally suitable for large scale applications since they are self-
452 protected against bacterial contamination. Indeed, in media having exceptionally low pH,
453 sterilization can be omitted, and the maintenance of aseptic conditions is not necessary. Thus,
454 the fermentation cost can be significantly reduced. In the present study, the strains *M.*
455 *guilliermondii*, *S. coipomoensis*, and *S. paludigena* were able to grow at pH = 2.6, *S.*
456 *cerevisiae* at pH = 3.5 and 5.0, *C. tropicalis* at pH = 4.5, while *C. echinulata*, *L. lipofer* and *Y.*
457 *lipolytica* were cultivated at their optimal pH value of 6.5.

458

459 3.4 Bioethanol production

460 Bioethanol produced using low- or negative- acquisition cost substrates, such as carbon-rich
461 agro-industrial residues, is at the forefront of biotechnological/industrial interest for many
462 years. Bioethanol can be used as a raw material in the food, pharmaceuticals and cosmetics
463 industry or as biofuel. During alcoholic fermentation, the sugars in the form of hexoses or
464 pentoses are transformed into pyruvic acid (through the metabolic path of glycolysis), which
465 under anaerobic conditions, is converted into ethanol and CO₂. The strain AXAZ-1 of *S.*
466 *cerevisiae*, as well as *M. guilliermondii*, *S. coipomoensis*, and *S. paludigena* were used in the
467 current investigation and proved able to grow well in PR extract and to efficiently convert

468 sugars to ethanol cultivated under anaerobic conditions (Fig. 1 and 2). The yeast *S. cerevisiae*
469 is widely used worldwide in winemaking, in the brewery and baking industry, as well as in
470 many other biotechnological applications, as it possesses key features, such as quick
471 fermentation ability, genetic stability, tolerance to low pH environments, ethanol tolerance,
472 osmotolerance and thermotolerance (Nevoigt, 2008; Sarris et al., 2014). PR extracts derived
473 under laboratory and industrial processing conditions were used as a fermentation medium for
474 *S. cerevisiae*. As mentioned above, the difference between these processes is that under
475 industrial juicing the resulting extract had a higher sugar concentration. *M. guilliermondii*, is a
476 promising species implicated in various biotechnological applications, including the
477 conversion of pentoses to ethanol (Martini et al., 2016; Matos et al., 2014; Yan et al., 2021).
478 Similarly, *Scheffersomyces* and *Sugiyamaella* genera are reported as xylose-fermenting
479 genera containing species having an ethanol production capacity (Jia et al., 2020; Lopes et al.,
480 2018; Morais et al., 2020; Sena et al., 2017). This is the first report that describes bioethanol
481 production from *S. coipomoensis* and *S. paludigena* strains.

482 Several mathematical models have been developed to describe the alcoholic
483 fermentation process (Birol et al., 1998). Among them, the Monod (Monod, 1942) and
484 Hinshelwood (Hinshelwood, 1947) models have been considered as suitable to describe the
485 process under low/very low product inhibition (Birol et al., 1998; Kostov et al., 2012). In the
486 current paper, the Monod model was initially employed to describe microbial growth, ethanol
487 production and sugars consumption during fermentation and to calculate parameter values.
488 However, it was observed that this model was not able to simulate the process for most of the
489 yeast strains, probably due to the inhibitory effect of ethanol on growth and ethanol
490 production (data not shown). Alternatively, the Hinshelwood model, which includes K_{px} and
491 K_{pp} parameters indicating a weak inhibition on cell growth and ethanol production by ethanol
492 (Kostov et al., 2012), was employed to simulate the process. Fig. 1 and 2 show experimental
493 data and model fitting, while the estimated values of the kinetic parameters along with the
494 correlation coefficient (R^2) are shown in Table 3.

495 The μ_{max} values ranged between 0.0038 and 0.0079 1/h, except for the value
496 obtained from the yeast *S. coipomoensis* in anaerobic conditions, which was 0.00024 1/h. The
497 corresponding values in the literature using the Hinshelwood model range from 0.231 to
498 0.289 1/h by using free or immobilized cells of yeast *S. cerevisiae* growing on glucose
499 (Kostov et al., 2012), sweet sorghum stalk juice (Jin et al., 2012) and corn stover (Tian and
500 Chen, 2016). The low μ_{max} values in the present study may be due to the cell growth
501 inhibition by ethanol and/or inhibitory compounds generated during PRs pretreatment. It has
502 been reported that the presence in the fermentation medium of phenolics at 2.0 g/L negatively
503 affects both cell viability of *S. cerevisiae* and ethanol production (Liu et al., 2016). In the
504 present study, the initial concentration of phenolic compounds was about 2.0 g/L and
505 remained almost constant during fermentation of *S. cerevisiae*. Y_{ps} calculated under anaerobic
506 conditions ranged from 0.389 (for *M. guilliermondii*) to 0.364 (for *S. paludigena*), while the
507 experimental values are close to those predicted by the model (Table 3). For Y_{sx} , the values
508 predicted by the model were in all cases higher compared to the experimental values for all
509 yeast strains. These discrepancies may be due to the presence of growth inhibitors on PR
510 extract that are not included in the Hinshelwood model. The estimated values of K_{pp} , K_{px} ,
511 K_{sx} and K_{sp} are in the range of values reported in the literature (Birol et al., 1998; Jin et al.,
512 2012; Kostov et al., 2012; Tian and Chen, 2016).

513 In all experiments, the mathematical model adequately predicts the biomass and
514 ethanol production as well as sugar consumption, which was confirmed by the high R^2 values
515 in most of the cases. The kinetic parameters values vary among strains indicating that each of
516 them exhibits a different growth behavior on PR extract under aerobic and anaerobic
517 conditions (Table 3). Most yeast strains produced ethanol ranged between 3.6 and 12.5 g/L
518 showing high productivities evidenced by the high values of the parameter q_{max} (ranged
519 between 0.592 and 0.841 g/g·h). Exceptionally, *S. coipomoensis* cultivated under aerobic
520 conditions did not produce significant ethanol quantities (up to 0.186 g/L at the end of
521 fermentation), thus low q_{max} value was observed. Kostov et al. (2012) found that q_{max} ,

522 calculated using the Hinshelwood model fitted on the experimental data, of free cells of *S.*
523 *cerevisiae* was 0.452 g/g h when cultivated on 110 g/L of glucose, while this value increased
524 above 1 g/g h using immobilized cells of *S. cerevisiae*.

525 Worthy of mentioning is that all fermentations were conducted under low pH values.
526 Specifically, *S. cerevisiae* was cultivated at pH=3.5 (natural pH of PR extract) and pH=5.0
527 (after adjustment) on PR extract derived under laboratory processing conditions (Table 2),
528 and ethanol and cell mass production was similar. Moreover, the pH during fermentation of
529 *M. guilliermondii*, *S. paludigena* and *S. coipomoensis* was 2.6. The above-mentioned strains,
530 having inherent tolerance of low pH, are suitable for industrial ethanol production.

531 Ethanol production by *S. cerevisiae* is reported using as substrate a variety of agro-
532 industrial residues, such as enriched pasteurized grape musts, blends of molasses and olive
533 mill wastewaters, olive mill wastewater enriched with glucose, sugarcane bagasse, dried fruits
534 etc., reporting yields up to 0.5 g/g (Behera et al., 2011; Sarris et al., 2014, 2013, 2009; Singh
535 et al., 2013). Other yeasts such as *C. shehatea*, *S. stipitis* and *Pachysolen tannophilus* have
536 been reported as ethanol producers from xylose or cellobiose. Given the fact that *S. cerevisiae*
537 cannot utilize xylose as part of its natural metabolism, the concurrent use of more than one
538 microorganism, for instance, *S. stipitis* and *S. cerevisiae*, has gained popularity in the context
539 of lignocellulose valorization (De Bari et al., 2013; Karagoz et al., 2019; Ntaikou et al., 2018;
540 Santosh et al., 2017).

541

542 3.5 Single cell oil production

543 When undiluted PR extract was used as a culture medium for *L. lipofer*, lipid accumulation
544 (L/x%, w/w) was 7.0%, probably restricted by the presence of phenolics or other inhibitors,
545 while when the extract was diluted by 50%, L/x increased to 13.5% (Table 2). Dien et al.
546 (2016) reported that the same strain of *L. lipofer* cultivated in sugar-rich media (i.e. 100 g/L)
547 accumulated 61.6% lipids in the dry cell mass cultivated on glucose, 54.8% on xylose and
548 56.9% on arabinose. Therefore the low lipid accumulation reported in the current paper
549 should be attributed, in addition to the presence of phenolics, to the low sugar content in the

550 growth medium. On the other hand, yeast growth seems to be unaffected by the concentration
551 of phenolics, as biomass production was proportional to the initial sugar concentration. The
552 biotechnological potential of *M. guilliermondii*, *S. coipomoensis*, and *S. paludigena* to convert
553 lignocellulosic sugars to oily biomass was first reported by Valdés et al. (2020b). In the
554 present study, the above-mentioned strains, cultivated in undiluted PR extract presented an
555 oleaginous capacity depending on the growth conditions (Table 2). Specifically, *M.*
556 *guilliermondii* was able to produce 2.1 g/L dry cell mass and accumulate 18.1% lipids, while
557 increased lipid accumulation was achieved by *S. paludigena* cultivated under aerobic
558 conditions compared to anaerobic conditions (i.e. 15.4 and 9.0% respectively). Low lipid
559 accumulation was achieved by *S. coipomoensis* under both aerobic and anaerobic conditions
560 (i.e. $L/x\%$ = 8.3 and 4.2%), although this yeast was able to accumulate almost 18% of lipids
561 cultivated on glucose and xylose, and 24% on mannose (Valdés et al., 2020b). Although *Y.*
562 *lipolytica* can grow on a variety of substrates and accumulate lipid in high percentages
563 (Dourou et al., 2018; Papanikolaou and Aggelis, 2011a, 2011b, 2002), during submerged
564 cultures on undiluted PR extract, X_{\max} did not exceed 1.7 g/L containing only 7.0% of lipids.
565 However, when PR extract diluted by 50% lipid accumulation increased to 11.0% in the dry
566 cell mass.

567 Oleic acid (C18:1) was the major FA in all lipids produced by the yeasts, followed by
568 palmitic acid (C16:0) in the lipids of *M. guilliermondii*, *S. coipomoensis*, and *S. paludigena*
569 (Table 4). In the lipids produced by *Y. lipolytica*, C16:0, palmitoleic (C16:1), and linoleic acid
570 (C18:2) participated in non-negligible percentages. Stearic acid (C18:0) was detected in
571 limited amounts in all lipids. According to these data, the oil produced seems to be suitable as
572 raw material in the biodiesel industry. *Y. lipolytica* presented a similar FA profile to that
573 previously reported when cultivated on olive mill wastewater or glycerol (Dourou et al., 2016;
574 Makri et al., 2010; Papanikolaou and Aggelis, 2002). Contrary to the present study, Valdés et
575 al. (2020b) reported that lipids of *M. guilliermondii* and *S. coipomensis* were rich in C16:1,
576 and lipids of *S. paludigena* were rich in C18:2, suggesting that the nature of the carbon source
577 affects the FA profile of these strains.

578 SSF, a fermentation technique suitable for low moisture solid substrates, is frequently
579 used as an effective technology, alternative to submerged fermentation, for the valorization of
580 various agro-industrial by-products (Čertík et al., 2012). PUFA-rich fermented substrates
581 derived from SSFs, after the necessary processing, can be utilized in human diet or as a feed
582 supplement (Čertík et al., 2013; Economou et al., 2010; Gema et al., 2002; Slaný et al., 2021).

583 Though the presence of R.S. in PRs was high (up to 160 mg/g of substrate, Fig. 3A),
584 *C. echinulata* presented a low ability to grow on PRs used as sole substrate in SSF. This is
585 probably the result of the presence of phenolic compounds in high amounts (i.e. up to 14.0
586 mg/g substrate, Fig. 3B) or other inhibitors, the high substrate humidity (Fig. 3C) and/or the
587 loss of nutrients during sterilization process. To reduce moisture to adequate levels, blends of
588 PRs with two cereal substrates, WB and OFs, were used. These cereals, treated also as wastes,
589 are a good source of carbon and other nutrients, supporting fungal proliferation (Čertík et al.,
590 2013; Slaný et al., 2020). Actually, their incorporation in high percentage, positively affected
591 fungal growth as R.S. consumption (Fig. 3A) and % substrate utilization (Fig. 3C) confirm.
592 Specifically, when cereals were present at 70 to 90%, % substrate utilization was satisfactory.
593 On the contrary, when PRs were present at a level higher than 30%, R.S. consumption and %
594 substrate utilization were not satisfactory. During mixed cultures, R.S. originated from PRs (0
595 day in Fig. 3A) were partly utilized by the fungus. Moreover, the addition of WB and OFs
596 resulted in a reduction of water content (Fig. 3C), as well as, of phenolic compounds (up to
597 3.5 mg/g substrate, Fig. 3B). In all cases, the percentage of substrate utilization and the level
598 of GLA in intracellular lipid gradually increased and maximized on the 5th day (Fig. 3C and
599 Fig. 4). *C. echinulata* cultivated on blends of 90% WB and 10% PRs, produced the highest
600 GLA quantities (i.e. 4.8 mg GLA/g fermented substrate) corresponding to 13.6% GLA in total
601 lipids, while increasing PRs incorporation resulted in decreased GLA production. The
602 addition of 80% OFs resulted in the higher GLA production among OFs-blends (i.e. 3.1 mg
603 GLA/g of fermented substrate representing 4.3% in total lipids). As in the case of WB, when
604 PRs used in a higher percentage (up to 50%) *C. echinulata* formed a low amount of GLA (i.e.
605 0.5-0.8 mg/g). When PRs were incorporated in low percentages GLA produced was higher

606 than that reported for *C. echinulata* ATHUM 4411 cultivated on orange peel, where GLA
607 production was 1.2-1.5 mg/g fermented substrate (Gema et al., 2002).

608 The FA composition of lipids extracted from the fermented substrate was similar
609 regardless of the starting substrate (PR or blends of PRs with WB or OFs) (Tables 5 and 6).
610 C18:2 was the dominant FA and its concentration reduced with time. The percentage of C16:0
611 in total lipids also decreased with time. On the contrary, the percentage of C18:1 increased
612 with time, mostly in WB-blends, suggesting biosynthesis of this FA by *C. echinulata* and/or
613 selective uptake of other FAs resulting in change of lipid profile. As expected GLA was not
614 detected in the initial substrate and therefore was synthesized by the fungus during substrate
615 assimilation. Some quantities of C18:2 were probably converted to GLA. In all cases, the
616 final fermented substrate containing C18:2, GLA and C18:3n-3, even in small quantities, is of
617 high nutritional value for animal or human consumption. The necessity for cereal-based
618 products enriched with essential FAs and other compounds (such as pigments) has been
619 reported (Čertík et al., 2013; Certik and Adamechova, 2009) and the use of oleaginous fungi
620 during SSF seems like a promising approach.

621 TLC analysis of total lipids by *C. echinulata* is depicted in Fig. 5. The lipids of the
622 fermented PRs contained various species of TAGs, while the absence of 1,3-DAG and
623 ergosterol is noticed. Lipids from SSF performed on WB and OF alone contained ergosterol
624 in significant percentages and TAGs were present in greater diversity. As the incorporation of
625 PRs increased in the substrate, specific species of TAGs (i.e. TAG1) also increased, while on
626 the contrary, the ergosterol content decreased. There are several distinct patterns of sterols
627 among fungi, depending on the phylum and/or environmental conditions (Volkman, 2003).
628 The presence of ergosterol in fungal or yeast lipids is essential for their response to stress by
629 inhibitors and therefore to their growth (Dupont et al., 2012). Phytosterol content was similar
630 in lipids produced during SSF on individual substrates (approximately 11%, w/w) and
631 decreased in blends of PRs with cereals, with exception of the substrate in which OFs
632 participated at a percentage of 80%, in which phytosterol remained in high levels. Moreover,
633 the incorporation of WB resulted in a higher amount of free FAs on the final product, while

634 the percentage of polar lipids slightly increased in the case of blends of PRs with cereals
635 (ranging from 6.2 to 11.5%). During SSF of WB by *Umbelopsis isabellina* the percentage of
636 free FAs and sterols increased (Slaný et al., 2021).

637

638 4. Conclusions

639 Agro-industrial residues, such as PRs, are suitable low-cost substrates for microbial
640 fermentation processes leading to a “green” and cost-effective production of value-added
641 products. These residues are largely available and abundant in nutrients. Researchers are
642 focused on pretreatment methods of lignocellulosic biomass, while they have to overcome a
643 variety of peculiarities to use such materials. In this investigation, efficient extraction and
644 hydrolysis of the polysaccharides found in PRs were conducted in a one-step process and the
645 resulted broth was successfully utilized by several yeast strains, able to grow into such
646 extreme conditions, for either ethanol or SCOs production. Moreover, PRs combined with
647 cereals, were effectively operated by an oleaginous fungus for the production of a final
648 fermented substrate enriched with PUFAs. We conclude that new perspectives are emerging
649 for the use of PRs as a raw material to produce valuable microbial metabolites, using
650 environmentally friendly approaches.

651

652 **Declaration of interests**

653 The authors declare that they have no known competing financial interests or personal
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655

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666 **Table 1:** Polysaccharide extraction and hydrolysis from PRs under various experimental
667 conditions of H₂SO₄ concentration, processing time and temperature. The asterisk (*)
668 indicates one set experiments performed using an open vessel assuring the presence of O₂.
669 Data are presented as mean values of three replications. Letters refer to comparisons at
670 vertical reading only; different letters indicate that differences of means are statistically
671 significant at $p \leq 0.05$. Data were treated by one-way ANOVA test followed by Bonferroni
672 post hoc test.

673

Set	Time (min)	Temperature (°C)	H ₂ SO ₄ (M)	Total Sugars (g/L)	Reducing Sugars (g/L)	Extraction (%)	Hydrolysis (%)
a	20	121	0.00	34.7 ^a ± 2.3	28.3 ^a ± 0.9	100.6	81.6
b	30	121	0.00	30.3 ^a ± 1.6	29.0 ^a ± 1.6	86.6	95.7
c	60	121	0.00	32.5 ^a ± 2.6	29.8 ^a ± 2.6	94.2	91.7
d	60	121	0.03	32.5 ^a ± 2.2	31.6 ^a ± 3.0	94.2	97.2
e	60	121	0.05	33.5 ^a ± 2.7	32.5 ^b ± 3.4	97.1	97.0
f	60	121	0.07	30.4 ^a ± 2.0	28.5 ^a ± 3.3	88.1	93.8
g	60	121	0.10	34.5 ^a ± 1.9	28.6 ^a ± 3.1	100.0	82.9
h	120	121	0.00	30.9 ^a ± 0.8	31.1 ^a ± 0.3	89.6	100.6
i	120	100	0.00	31.7 ^a ± 0.2	26.1 ^a ± 0.6	91.9	82.3
j*	120	100	0.00	30.1 ^a ± 0.5	24.9 ^b ± 0.2	87.2	82.7

674 **Table 2:** Cell mass, ethanol production, lipid accumulation and phenolic removal by different microorganisms cultivated on PR extract or solid residue under
 675 different culture conditions. Abbreviations: R.S., reducing sugars; nd, not determined; ND, not detected

Microbial strain	Culture conditions			Initial R.S. concentration (g/L or mg/g by-product)	X _{max} (g/L)	Ethanol _{max} (g/L)	L/X _{max} %	Initial phenolic concentration (g/L or mg/g by-product)	Phenolic removal (% , w/w)
	Fermentation	Growth	pH						
<i>C. echinulata</i>	Solid state	Aerobic	6.5	163.7 ^a	nd	-	11.7	14.0	16.8
			6.5	22.3 ^b	nd	-	4.8	0.8	44.3
			6.5	7.5 ^c	nd	-	7.1	2.5	59.9
<i>C. tropicalis</i>	Submerged	Aerobic	4.5	37.0 ^{d, #}	nd	4.9	-	nd	nd
		Anaerobic	4.5	32.1 ^{d, *}	nd	6.8	-	nd	nd
<i>L. lipofer</i>	Aerobic	6.5	22.5 ^{d, #}	2.1	-	7.0	1.6	29.8	
		6.5	15.3 ^{e, #}	1.6	-	3.9	0.9	18.3	
		6.5	9.6 ^{f, #}	1.0	-	13.5	0.5	36.5	
<i>M. guilliermondii</i>	Aerobic	2.6	18.0 ^{d, #}	2.1	3.2	18.1	2.3	48.8	
	Anaerobic	2.6	19.3 ^{d, #}	1.7	5.8	4.7	2.3	22.3	
<i>S. cerevisiae</i>	Anaerobic	3.5	30.8 ^{d, #}	2.7	7.4	-	2.6	ND	
		3.5	37.4 ^{d, *}	2.8	12.5	-	nd	nd	
		3.5	32.3 ^{d, *}	2.7	9.3	-	nd	nd	
		5.0	33.3 ^{d, #}	2.8	9.7	-	2.5	ND	
<i>S. coipomoensis</i>	Aerobic	2.6	20.8 ^{d, #}	0.7	0.2	8.3	2.0	22.7	
	Anaerobic	2.6	21.5 ^{d, #}	1.0	3.6	4.2	2.0	30.6	
<i>S. paludigena</i>	Aerobic	2.6	18.0 ^{d, #}	2.1	1.6	15.4	2.3	61.0	
	Anaerobic	2.6	19.3 ^{d, #}	1.5	5.3	9.0	2.3	22.1	
<i>Y. lipolytica</i>	Aerobic	6.5	21.8 ^{d, #}	1.7	-	7.0	2.6	45.0	
		6.5	7.6 ^{f, #}	0.9	-	11.0	1.3	64.5	

676 ^aFermentation on 100% PRs; ^bFermentation on blend 10% PRs and 90% WB; ^cFermentation on blend 20% PRs and 80% OFs; ^d100% PR extract; ^e80% PR
 677 extract and 20% water; ^f50% PR extract and 50% water; [#]laboratory processing conditions; ^{*} industrial processing conditions

678 **Table 3:** Kinetic parameter values of yeast strains growing under aerobic and anaerobic conditions in PRs extract. The asterisk (*) indicates the experimental
 679 values.

Yeast strain	Culture condition	Parameter										R ²
		K _{pp} (g/L)	K _{px} (g/L)	K _{sp} (g/L)	K _{sx} (g/L)	q _{max} (1/h)	μ _{max} (1/h)	Y _{ps} (g/g)	Y _{sx} (g/g)			
<i>M. guilliermondii</i>	Aerobic	0.762	0.586	1.478	3.097	0.841	0.0074	0.297	0.240*	0.199	0.149*	0.679
	Anaerobic	0.196	0.209	10.601	1.864	0.728	0.0050	0.389	0.333*	0.242	0.099*	0.815
<i>S. cerevisiae</i>	Anaerobic	0.109	0.095	0.128	2.122	0.592	0.0038	0.373	0.321*	0.357	0.080*	0.844
<i>S. coipomoensis</i>	Aerobic	10.055	9.397	13.750	5.003	0.101	0.0079	0.150	0.022*	0.096	0.072*	0.579
	Anaerobic	0.480	0.437	1.961	0.039	0.706	0.00024	0.369	0.369*	0.197	0.102*	0.654
<i>S. paludigena</i>	Aerobic	0.741	0.413	0.165	1.847	0.734	0.0042	0.304	0.120*	0.208	0.152*	0.636
	Anaerobic	0.242	0.249	14.290	4.641	0.736	0.0055	0.364	0.364*	0.277	0.104*	0.641

680

681 **Table 4:** Fatty acid composition (% , w/w) of total lipids produced by oleaginous yeasts
682 cultivated on PRs. Data represent the mean of two determinations. Abbreviations: ND, not
683 detected.

Yeast strain	Fatty acid composition (% , w/w)					
	C16:0	C16:1	C18:0	C18:1 n-9	C18:2 n-6	Others
<i>M. guilliermondii</i>	35.1 ± 0.1	ND	ND	61.9 ± 0.9	ND	3.0 ± 0.2
<i>S. coipomoensis</i>	35.5 ± 0.3	ND	ND	62.5 ± 1.0	ND	2.0 ± 0.9
<i>S. paludigena</i>	26.0 ± 0.2	11.6 ± 0.3	3.9 ± 0.0	37.5 ± 0.5	4.5 ± 0.0	16.7 ± 1.1
<i>Y. lipolytica</i>	12.7 ± 0.1	14.3 ± 0.2	4.5 ± 0.1	43.2 ± 0.3	19.6 ± 0.2	1.7 ± 0.5

684

685 **Table 5:** Fatty acid composition (%) of total lipids of *Cunninghamella echinulata* during
 686 solid-state fermentation on PRs and WB used in different ratios. Data represent the mean of
 687 two determinations. Abbreviations: ND, not detected

Ratio of PRs:WB (%)		Day of SSF	Fatty acid composition (%)							
PRs	WB		C16:0	C16:1	C18:0	C18:1 n-9	C18:2 n-6	C18:3 n-6	C18:3 n-3	Others
0	100	0	19.6 ± 0.2	ND	3.7 ± 0.3	24.5 ± 0.9	48.6 ± 1.3	ND	3.3 ± 0.2	0.3 ± 0.1
		5	14.6 ± 0.1	0.6 ± 0.0	2.9 ± 0.1	26.4 ± 1.1	39.8 ± 1.1	14.4 ± 0.4	1.1 ± 0.0	0.2 ± 0.0
		10	20.1 ± 0.7	0.6 ± 0.0	1.3 ± 0.0	25.2 ± 1.2	48.6 ± 0.6	ND	3.6 ± 0.1	0.3 ± 0.1
10	90	0	15.7 ± 0.3	0.9 ± 0.1	4.4 ± 0.5	29.7 ± 0.7	40.5 ± 0.7	5.0 ± 0.1	3.3 ± 0.2	0.5 ± 0.2
		3	13.9 ± 0.1	0.8 ± 0.2	3.5 ± 0.2	32.1 ± 1.0	34.1 ± 0.3	13.6 ± 0.2	1.7 ± 0.0	0.3 ± 0.0
		5	19.9 ± 0.5	0.2 ± 0.0	2.2 ± 0.0	26.0 ± 0.9	48.5 ± 1.2	ND	3.0 ± 0.2	0.2 ± 0.0
20	80	0	16.6 ± 0.4	0.5 ± 0.0	5.5 ± 0.4	30.9 ± 0.2	37.2 ± 1.0	7.3 ± 0.1	1.6 ± 0.0	0.4 ± 0.1
		3	16.5 ± 0.5	0.8 ± 0.1	5.9 ± 0.6	33.9 ± 0.7	33.3 ± 0.4	8.1 ± 0.2	1.1 ± 0.1	0.4 ± 0.1
		5	19.9 ± 1.0	1.0 ± 0.3	2.5 ± 0.1	25.3 ± 0.3	47.6 ± 0.9	ND	3.5 ± 0.3	0.2 ± 0.0
30	70	0	18.0 ± 0.2	0.4 ± 0.0	4.3 ± 0.1	26.5 ± 0.5	44.2 ± 0.7	3.6 ± 0.0	2.7 ± 0.2	0.3 ± 0.0
		3	17.6 ± 0.1	1.0 ± 0.0	5.9 ± 0.3	34.5 ± 1.1	32.2 ± 0.7	6.8 ± 0.5	1.6 ± 0.1	0.4 ± 0.1
		5	21.2 ± 1.1	0.5 ± 0.1	3.0 ± 0.2	23.8 ± 0.6	48.2 ± 0.2	ND	3.1 ± 0.2	0.2 ± 0.0
40	60	0	20.2 ± 0.9	0.3 ± 0.0	2.4 ± 0.2	25.1 ± 0.5	47.4 ± 1.4	1.3 ± 0.0	3.0 ± 0.9	0.3 ± 0.0
		3	17.3 ± 0.3	0.4 ± 0.0	4.3 ± 0.7	30.3 ± 1.0	40.3 ± 1.1	4.6 ± 0.2	2.5 ± 0.7	0.3 ± 0.1
		5	19.3 ± 0.4	0.3 ± 0.1	2.1 ± 0.1	23.6 ± 0.2	52.6 ± 0.9	ND	0.2 ± 0.0	1.9 ± 0.3
50	50	0	16.2 ± 0.1	0.2 ± 0.0	3.2 ± 0.0	23.3 ± 0.5	51.7 ± 0.6	5.0 ± 0.1	0.2 ± 0.0	0.2 ± 0.0
		3	17.9 ± 0.3	0.8 ± 0.2	3.4 ± 0.2	24.6 ± 0.4	46.1 ± 1.0	2.2 ± 0.1	4.1 ± 0.2	0.9 ± 0.2
		5								

688

689 **Table 6:** Fatty acid composition (%) of total lipids of *Cunninghamella echinulata* during
 690 solid-state fermentation on PRs and OFs used in different ratios. Data represent the mean of
 691 two determinations.

Ratio of PRs:OFs (%)		Day of SSF	Fatty acid composition (%)							
PRs	OFs		C16:0	C16:1	C18:0	C18:1 n-9	C18:2 n-6	C18:3 n-6	C18:3 n-3	Others
0	100	1	15.7 ± 1.1	0.9 ± 0.1	1.3 ± 0.2	38.9 ± 1.1	41.3 ± 0.2	ND	1.5 ± 0.1	0.4 ± 0.1
		5	14.5 ± 1.2	1.4 ± 0.2	2.5 ± 0.2	35.4 ± 1.3	34.3 ± 0.4	9.5 ± 0.5	2.1 ± 0.5	0.3 ± 0.1
10	90	0	16.9 ± 0.9	0.3 ± 0.0	1.5 ± 0.1	37.7 ± 0.7	41.5 ± 1.0	ND	1.9 ± 0.2	0.2 ± 0.0
		3	16.5 ± 1.0	0.6 ± 0.1	2.6 ± 0.3	38.2 ± 0.6	37.4 ± 0.9	2.9 ± 0.1	1.6 ± 0.1	0.2 ± 0.0
		5	14.8 ± 0.5	1.2 ± 0.1	4.4 ± 0.5	29.4 ± 0.3	39.9 ± 0.4	5.8 ± 0.3	4.3 ± 0.6	0.2 ± 0.0
20	80	0	16.1 ± 0.3	0.7 ± 0.0	1.3 ± 0.0	37.8 ± 1.1	41.8 ± 0.3	ND	2.1 ± 0.2	0.2 ± 0.1
		3	15.5 ± 0.8	0.5 ± 0.0	2.3 ± 0.2	37.0 ± 1.2	38.6 ± 0.8	3.8 ± 0.2	2.0 ± 0.3	0.3 ± 0.0
		5	16.6 ± 0.5	0.7 ± 0.2	4.0 ± 0.6	40.4 ± 0.5	32.8 ± 0.5	4.3 ± 0.1	0.9 ± 0.0	0.3 ± 0.1
30	70	0	17.2 ± 0.2	0.6 ± 0.1	1.9 ± 0.4	38.1 ± 0.2	39.6 ± 0.6	ND	2.4 ± 0.2	0.2 ± 0.0
		3	16.8 ± 0.9	0.2 ± 0.0	2.3 ± 0.3	37.3 ± 0.6	39.7 ± 0.2	1.6 ± 0.0	1.8 ± 0.1	0.3 ± 0.1
		5	16.4 ± 1.1	0.4 ± 0.0	2.1 ± 0.1	38.2 ± 0.7	40.0 ± 1.0	1.1 ± 0.1	1.6 ± 0.1	0.2 ± 0.0
40	60	0	16.9 ± 0.9	0.8 ± 0.2	2.4 ± 0.1	36.5 ± 0.5	41.2 ± 0.8	ND	2.1 ± 0.3	0.1 ± 0.0
		3	17.2 ± 0.5	0.7 ± 0.0	3.0 ± 0.6	39.7 ± 1.1	35.7 ± 0.3	1.9 ± 0.1	1.5 ± 0.3	0.3 ± 0.0
		5	17.8 ± 0.4	0.2 ± 0.0	1.6 ± 0.5	37.4 ± 0.8	40.4 ± 0.2	0.6 ± 0.0	1.7 ± 0.2	0.3 ± 0.1
50	50	0	19.7 ± 1.1	0.5 ± 0.1	5.0 ± 0.9	37.7 ± 0.2	34.4 ± 0.4	ND	1.9 ± 0.2	0.8 ± 0.2
		3	16.9 ± 0.6	0.5 ± 0.1	3.3 ± 0.4	35.4 ± 0.3	39.3 ± 0.1	2.2 ± 0.2	2.2 ± 0.1	0.2 ± 0.0
		5	19.0 ± 0.8	0.6 ± 0.2	3.8 ± 0.2	36.9 ± 0.4	38.1 ± 0.1	1.4 ± 0.1	0.1 ± 0.0	0.1 ± 0.0

692

693 **Figure captions**

694 **Fig. 1:** Kinetics of growth, ethanol production and substrate consumption of *Saccharomyces*
695 *cerevisiae* under anaerobic conditions, cultivated at pH=3.5 and laboratory processing
696 conditions (i), at pH=3.5 and industrial processing conditions (ii), (iii) and at pH=5.0 and
697 laboratory processing conditions (iv). Points and lines represent experimental data and model
698 prediction, respectively.

699

700 **Fig. 2:** Kinetics of growth, ethanol production and substrate consumption of *Meyerozyma*
701 *guilliermondii* (A), *Scheffersomyces coipomoensis* (B), and *Sugiyamaella paludigena* (C)
702 cultivated under anaerobic conditions at pH=2.6 and laboratory processing conditions. Points
703 and lines represent experimental data and model prediction, respectively.

704

705 **Fig. 3:** Content of reducing (mg/g by-product) and total sugars (g/g by-product) (A), phenolic
706 compounds (mg/g by-product) (B), and substrate humidity and utilization (%) (C) after solid-
707 state fermentation using *Cunninghamella echinulata* on sole PRs (i), different amounts of PRs
708 and WB (ii), and different amounts of PRs and OFs (iii).

709

710 **Fig. 4:** Content of total lipids (%), GLA on total lipids (%), yield of GLA (mg/g by-product)
711 after solid-state fermentation using *Cunninghamella echinulata* on sole PRs (i), different
712 amounts of PRs and WB (ii), and different amounts of PRs and OFs (iii).

713

714 **Fig. 5:** TLC analysis of non-polar lipids of *Cunninghamella echinulata*.

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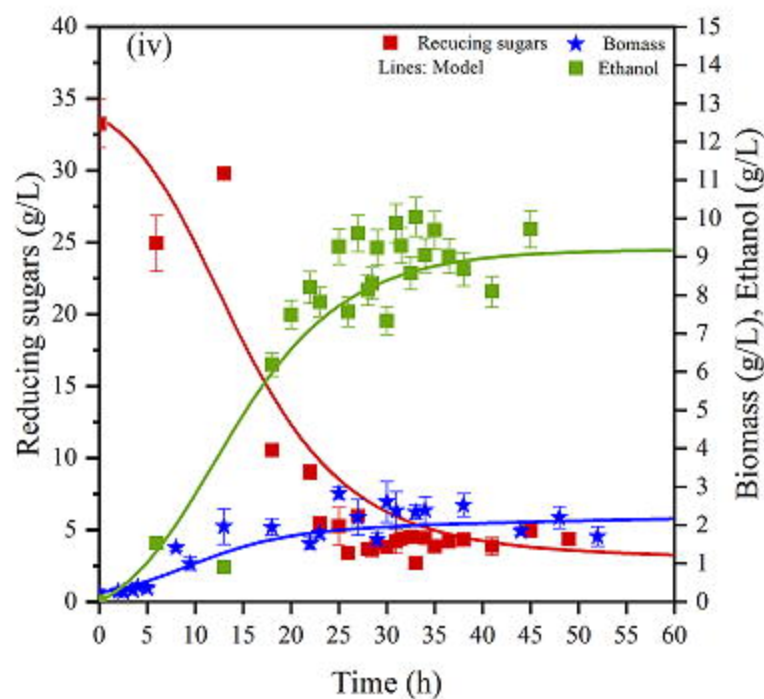
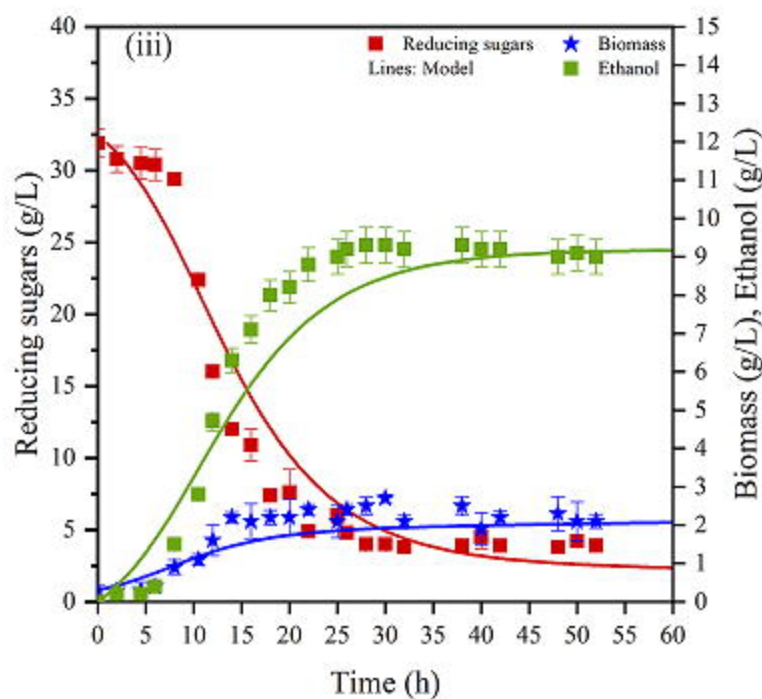
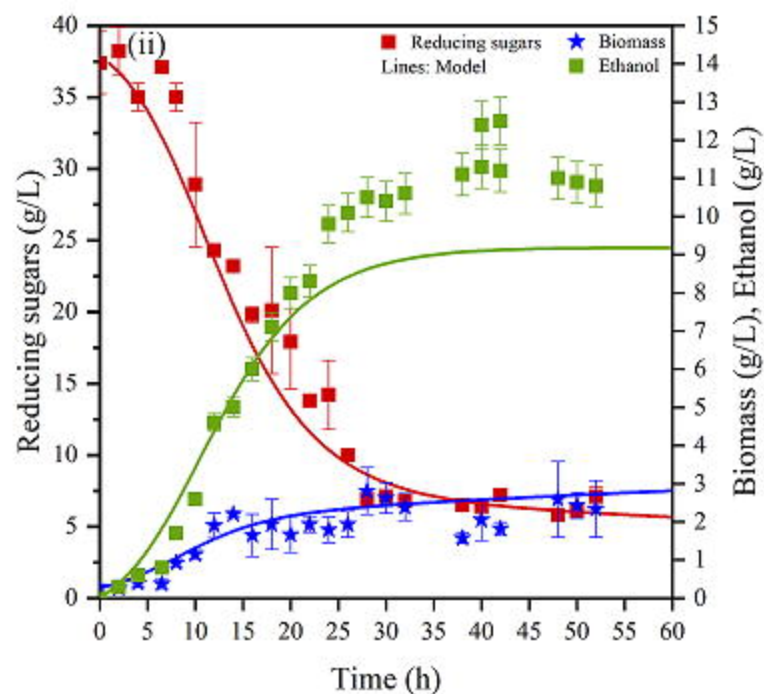
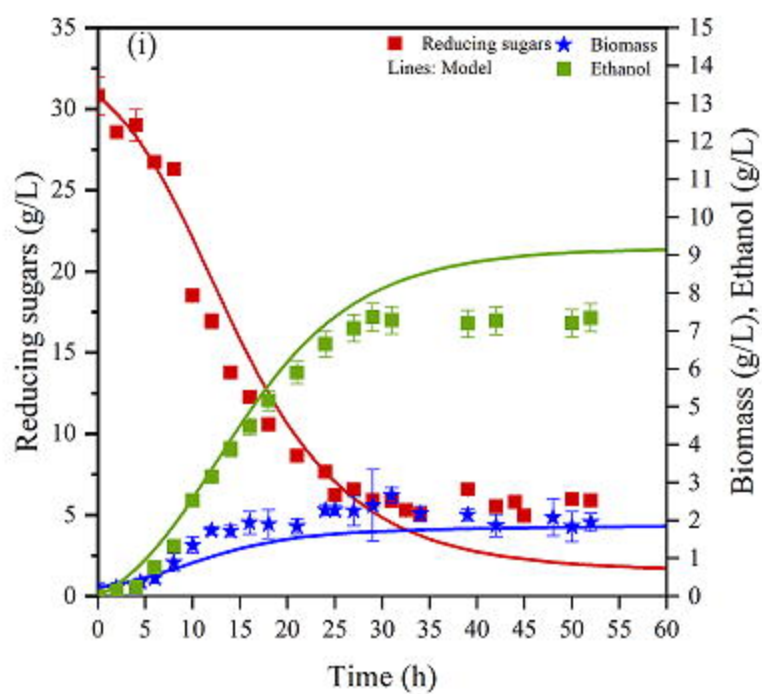
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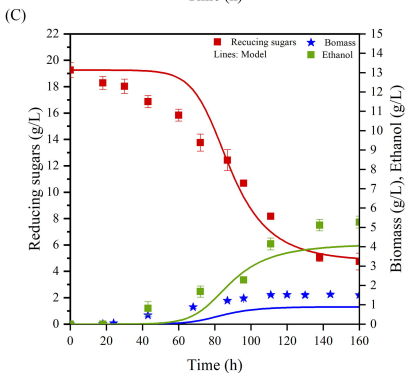
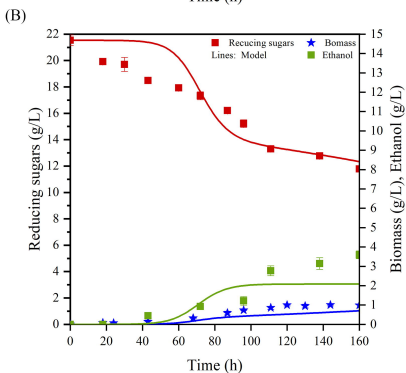
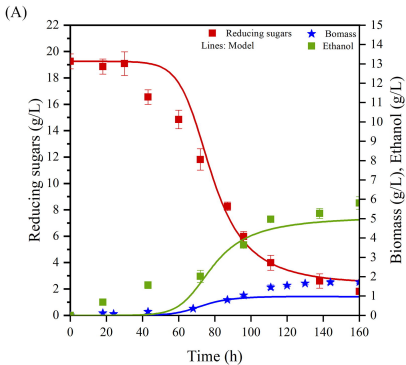
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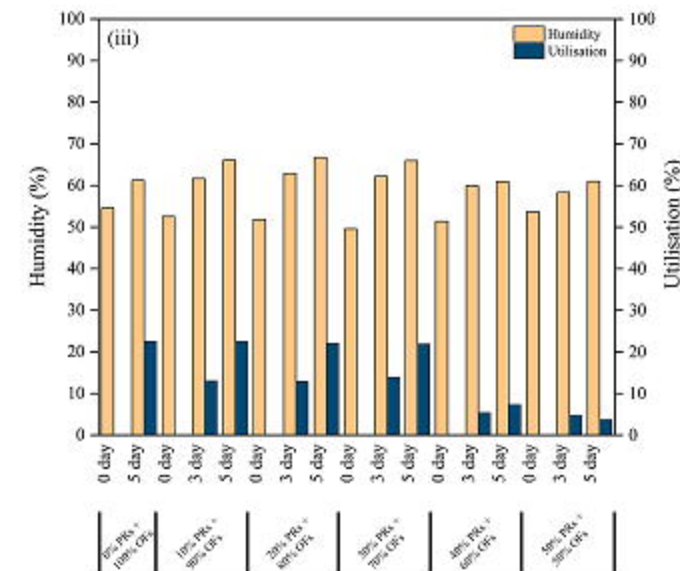
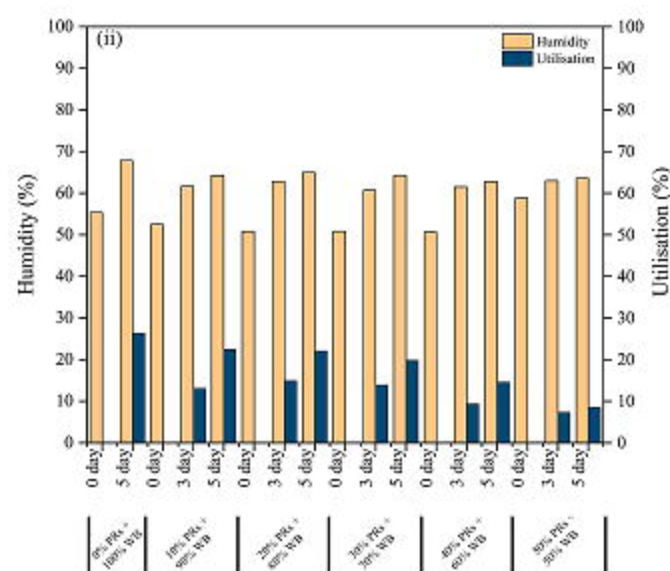
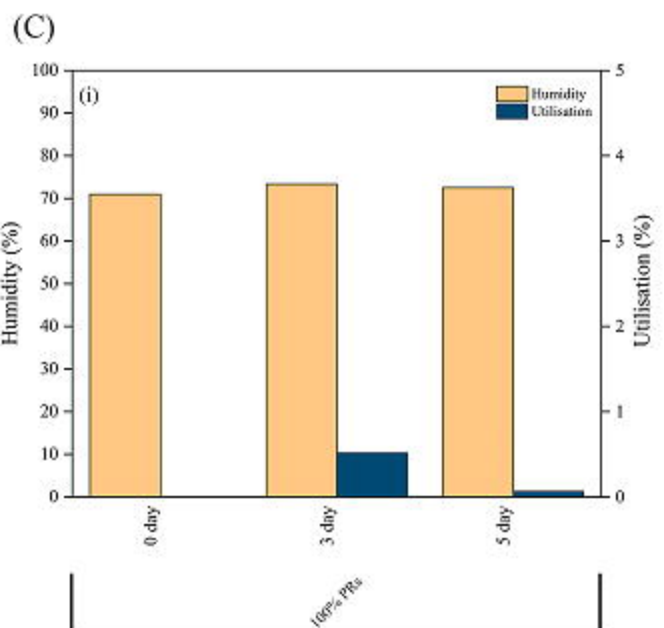
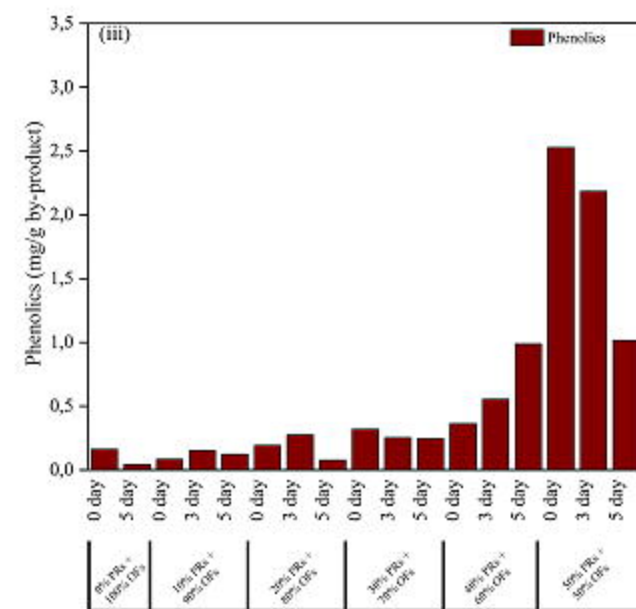
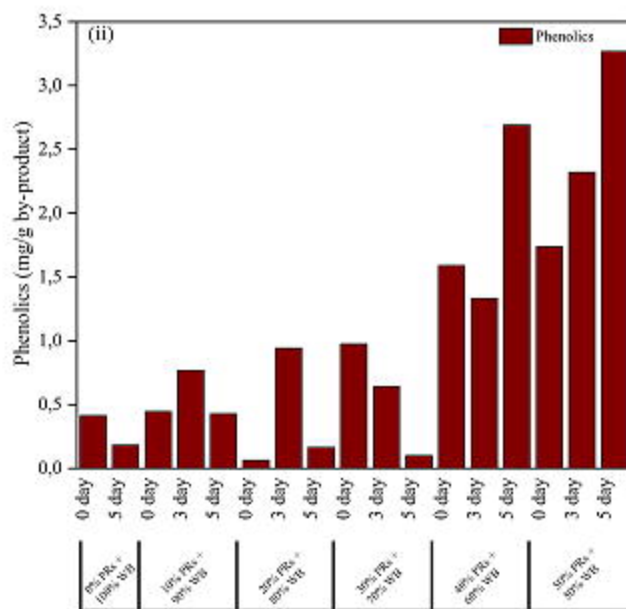
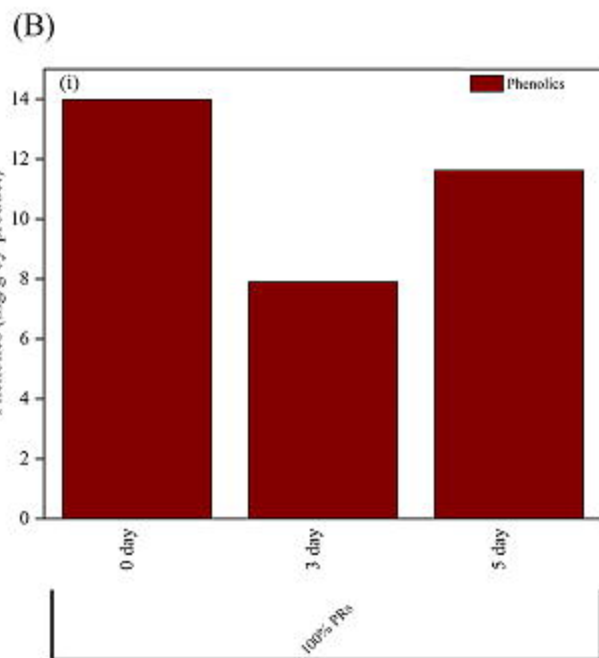
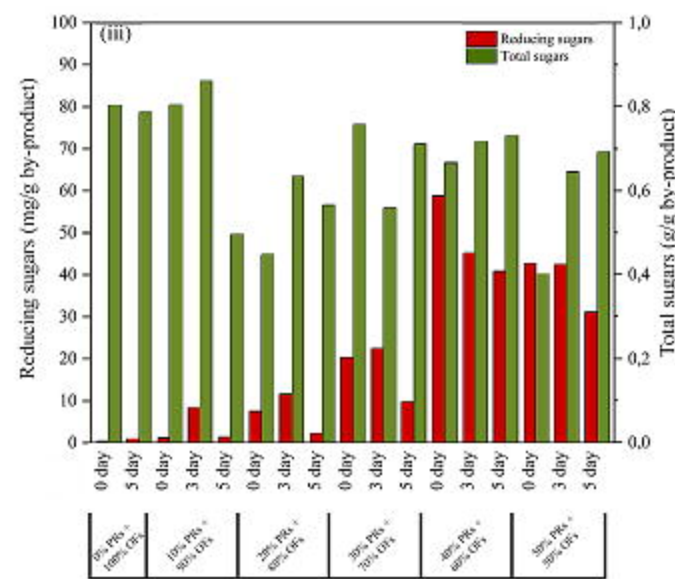
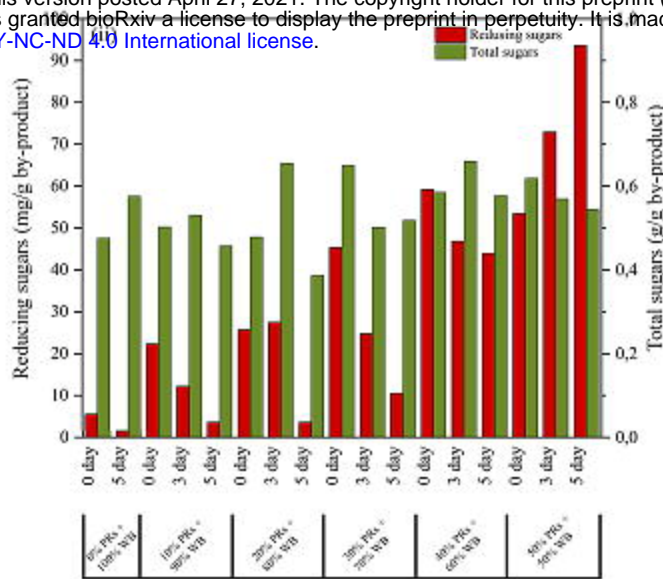
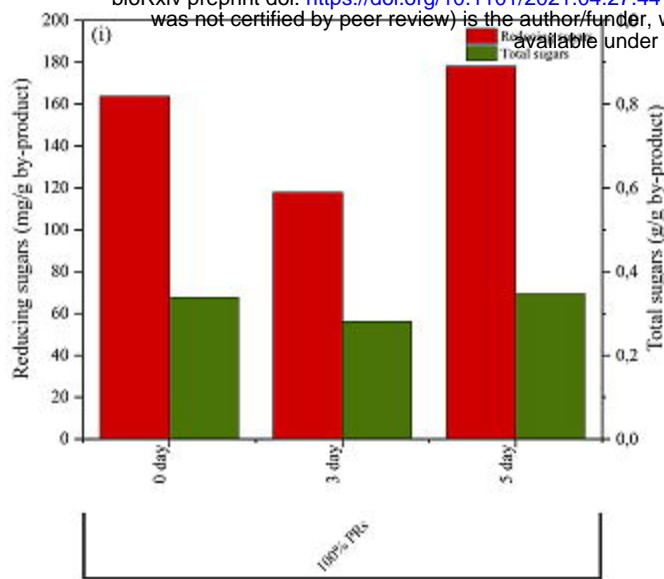
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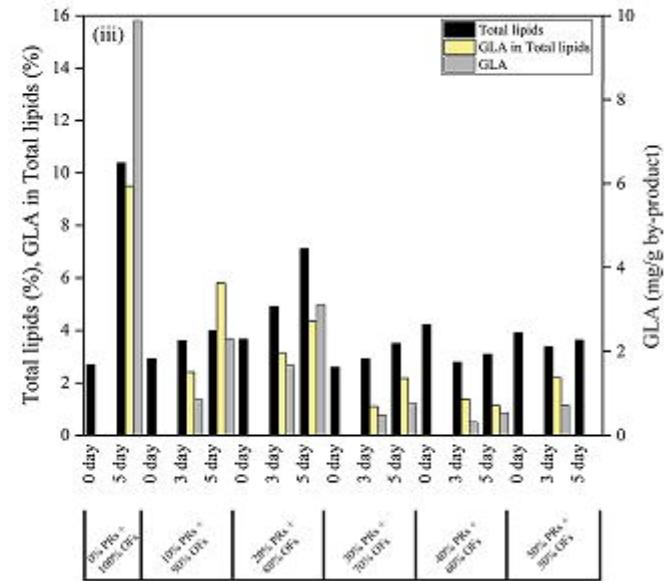
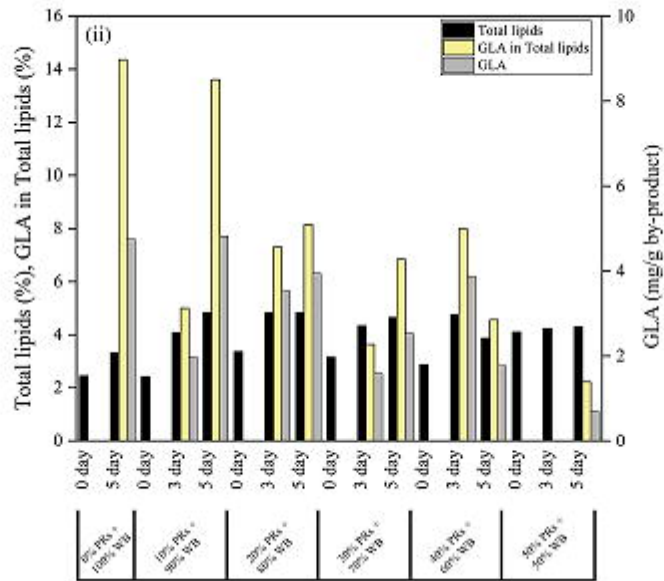
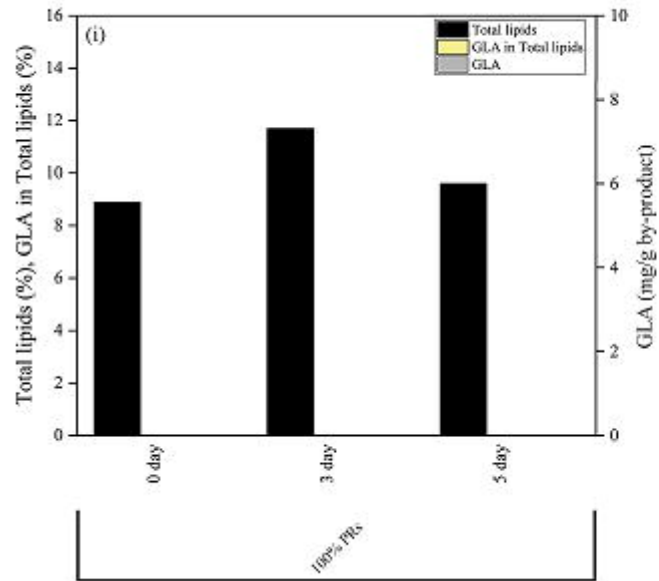
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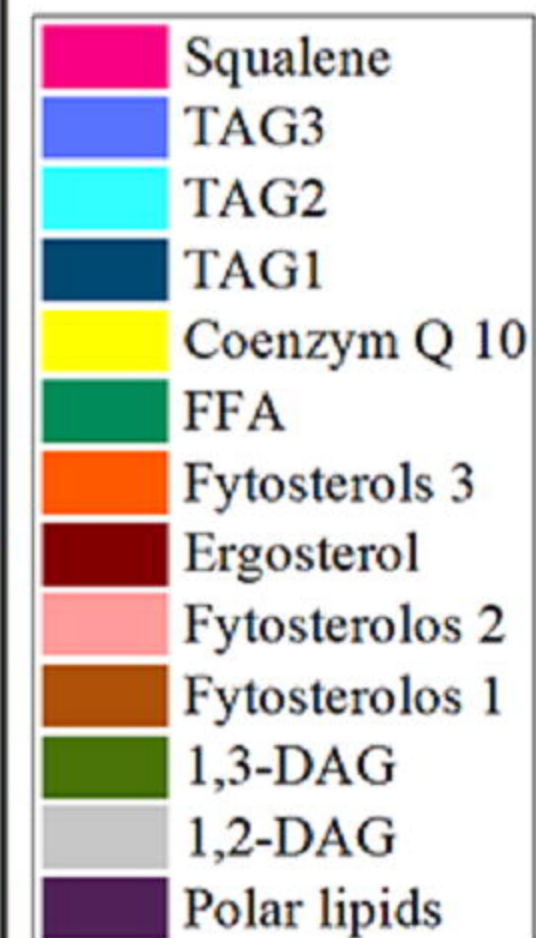
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non-polar lipids (%)

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100% PRs

100% WB

100% OFs

10% PRs + 90% WB

20% PRs + 80% WB

30% PRs + 70% WB

40% PRs + 60% WB

50% PRs + 50% WB

10% PRs + 10% OFs

20% PRs + 80% OFs

30% PRs + 70% OFs

40% PRs + 60% OFs

50% PRs + 50% OFs