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1 **Evaluation of the SARS-CoV-2 inactivation efficacy associated with buffers from three kits**
2 **used on high-throughput RNA extraction platforms**

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14 **ABSTRACT**

15 Rapid and demonstrable inactivation of SARS-CoV-2 is crucial to ensure operator safety
16 during high-throughput testing of clinical samples. The inactivation efficacy of SARS-CoV-2
17 was evaluated using commercially available lysis buffers from three viral RNA extraction kits
18 used on two high-throughput (96-well) RNA extraction platforms (Qiagen QiaCube HT and
19 the ThermoFisher Kingfisher Flex) in combination with thermal treatment. Buffer volumes
20 and sample ratios were chosen for their optimised suitability for RNA extraction rather than
21 inactivation efficacy and tested against a representative sample type; SARS-CoV-2 spiked
22 into viral transport medium (VTM). A lysis buffer from the MagMax Pathogen RNA/DNA kit

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23 (ThermoFisher), used on the Kingfisher Flex, which included guanidinium isothiocyanate
24 (GITC), a detergent, and isopropanol demonstrated a minimum inactivation efficacy of $1 \times$
25 10^5 TCID₅₀/ml. An alternative lysis buffer from the MagMax Viral/Pathogen Nucleic Acid kit
26 (Thermofisher) also used on the Kingfisher Flex and the lysis buffer from QIAamp 96 Virus
27 QIAcube HT Kit (Qiagen) used on the QiaCube HT (both of which contained GITC and a
28 detergent) reduced titres by 1×10^4 TCID₅₀/ml but did not completely inactivate the virus.
29 Heat treatment alone (15 minutes, 68 °C) did not completely inactivate the virus,
30 demonstrating a reduction of 1×10^3 TCID₅₀/ml. When inactivation methods included both
31 heat treatment and addition of lysis buffer, all methods were shown to completely
32 inactivate SARS-CoV-2 inactivation against the viral titres tested. Results are discussed in
33 the context of the operation of a high-throughput diagnostic laboratory.

34 **INTRODUCTION**

35 Severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) belongs to the
36 Coronaviridae family and is the causative agent of the respiratory illness, coronavirus
37 disease (COVID-19) (1). The enveloped positive-sense single-stranded RNA virus was first
38 discovered in early 2020 after a cluster of viral pneumonia cases of unknown cause were
39 reported in the Hubei Province of China (2). The virus is highly contagious in humans and in
40 March 2020 The World Health Organisation (WHO) declared a global pandemic (3).
41 Diagnostic testing is critical in the fight against the COVID-19 pandemic (4), not just for
42 patients displaying symptoms but also for asymptomatic carriers and pre-symptomatic
43 patients (5). SARS-CoV-2 has been classified in the UK as a Hazard Group (HG) 3 pathogen
44 by the Advisory Committee for Dangerous Pathogens (ACDP), meaning that this virus must
45 be handled under Containment Level (CL) 3 conditions. However, guidance from WHO (6)

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46 and Public Health England, UK (7) has permitted non-propagative diagnostic testing to be
47 carried out at CL 2 with non-inactivated samples being handled within a Class I microbiology
48 safety cabinet.

49 Real-time reverse transcriptase polymerase chain reaction (RT-PCR) is the gold standard test
50 to for the detection of SARS-CoV-2 from nasopharyngeal swab samples (8). Inactivation of
51 viral pathogens prior to PCR is typically carried out at the same time as extraction of viral
52 nucleic acids from samples, with chemical or physical methods employed. Typically buffers
53 provided in nucleic acid extraction kits contain chaotropic salts, solvents, and detergents to
54 lyse the virus. Guanidinium salts, such as guanidinium thiocyanate (GITC), are chaotropic
55 agents found in many lysis buffers which in some cases have been demonstrated to
56 inactivate viral pathogens, including alphaviruses, flaviviruses, filoviruses and a bunyavirus
57 (9, 10). Other reports though suggest that a combination of a GITC containing extraction
58 buffer (such as Qiagen AVL) and a solvent (such as ethanol), is required for the inactivation
59 of viruses such as Ebola virus (11) and Middle East Respiratory Syndrome coronavirus
60 (MERS-CoV) (12). Detergents such as Tween, SDS and Triton X100 have also been shown to
61 disrupt viral envelopes and reduce viral titres (13-15), with a combination of the GITC based
62 reagent (Buffer AVL) and Triton X100 having been reported to inactivate Ebola virus (16).
63 Physical processes such as heat can also be incorporated in the nucleic acid extraction
64 workflow and can have an inactivation effect. Some reports suggest that the application of
65 heat alone can inactivate SARS-CoV, MERS-CoV and SARS-CoV-2 following a heat regimen of
66 65 °C for at least 15 minutes (17-19).

67 Due to commercial sensitivity, manufacturers of extraction kits are not required to publish
68 the full ingredient list of proprietary buffers (with potential viral inactivating components

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69 only inferred if they are listed on associated Material Safety Data Sheets(MSDS)) and post-
70 treatment viability test methods vary in stringency across studies. Due to the disparate and
71 varying literature sources describing the efficacy of inactivation methods for the extraction
72 of RNA, a standardised protocol for the inactivation of SARS-CoV-2 was developed and
73 experimental validation of the different approaches was undertaken.

74 Since the pandemic was declared, UK's Defence Science Technology Laboratory (Dstl) and
75 British military clinicians have set up the Defence COVID lab (DCL), which has been awarded
76 an extension to scope (under ISO17025) for the provision of a SARS-COV-2 PCR test by the
77 United Kingdom Accreditation Service (UKAS). The DCL analyses samples from UK military
78 units and operates two automated high-throughput RNA extraction platforms (Qiagen
79 QiaCube HT and the ThermoFisher Kingfisher Flex). In this study we report the inactivation
80 efficacy of SARS-CoV-2 by buffers from three commercially available kits used on these two
81 platforms. Buffer volumes and ratios were chosen for their suitability for RNA extraction
82 (following manufacturer's instructions) rather than their potential inactivation efficacy,
83 however in doing so we have further investigated the inactivation efficacy of combinations
84 of GITC containing buffers, solvents, and/or detergents with and without an additional heat
85 inactivation step. We provide evidence to support protocols for the inactivation of SARS-
86 CoV-2 and the safe use of clinical samples in down-stream RT-PCR in high-throughput
87 diagnostic laboratories.

88 **METHODS**

89 **Virus strains, cell culture and reagents**

90 All cell culture was carried out using confluent monolayers of Vero C1008 cells (European
91 Collection of Cell Cultures [ECACC], United Kingdom; catalogue no. 85020206) maintained

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92 in Dulbecco's minimal essential medium (DMEM; Sigma, United Kingdom) supplemented
93 with 10% fetal calf serum, 1% L-glutamine and 1% penicillin-streptomycin (Sigma, United
94 Kingdom) and incubated at 37 °C in a 5% CO₂ environment. Prior to virus being added to cell
95 monolayers, 10% DMEM was replaced with Leibovitz's L-15 (to buffer for the lack of CO₂ at
96 CL3), supplemented as described for DMEM, with the exception of 2% fetal calf serum and
97 incubated at 37 °C. All virus manipulations were carried out under BSL/CL 3 conditions using
98 the SARS-CoV-2 England 2 strain (GISAID reference EPI_ISL_407073), provided by Public
99 Health England. Virus stock was propagated in Vero C1008 cell, harvested at day 3 and
100 clarified by centrifugation at 350 x g for 15 minutes (Sigma 3-16K centrifuge). Viral stocks
101 were concentrated by centrifugation at 11, 000 x g for 3 hours at 4 °C to achieve 1x10⁸
102 Tissue Culture Infectious Dose (TCID)₅₀/ml. All virus stocks were stored at -80 °C. Buffers
103 and reagents from three different RNA extraction kits were assessed to determine
104 inactivation of SARS-CoV-2 (Table 1). The composition of these initial reagents and their
105 suitability for extraction of SARS-CoV-2 RNA from clinical samples was determined based on
106 manufacture protocols and after discussions with each manufacturer.

107 **Viral inactivation**

108 The inactivation efficacy of the lysis buffers in all three protocols was evaluated with and
109 without the inclusion of a heat step. Table 1 summarises the components and volumes used
110 for each lysis buffer preparation. MS2 bacteriophage (10⁶ Plaque Forming Unit (PFU)/ml)
111 was added to each lysis buffer preparation as an internal control in the DCL, Dstl. Test
112 samples for each experiment were set up in triplicate and each experiment was performed
113 on at least three separate occasions.

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114 Viral transfer medium (VTM; EO Labs, United Kingdom) was inoculated with SARS-CoV-2 to
115 achieve a starting concentration of 5×10^6 TCID₅₀/ml for all experiments. To the lysis buffer
116 preparations, 200 µl of virus in VTM was added, the samples were briefly vortexed and
117 incubated for 10 minutes at room temperature. For heat treated samples, the tubes were
118 incubated for 25 minutes in a heat block (Eppendorf ThermoMixer C heat) set at 75 °C.
119 Laboratory tests showed that this was the temperature setting required for this individual
120 heat block to heat and maintain the samples at 68 °C for 15 minutes. Heat steps were
121 carried out after the addition of virus to either lysis buffer reagents or to an equivalent
122 volume of tissue culture medium (TCM), to assess the effect of viability following heat in the
123 presence or absence of reagents. Further controls included sham-inactivated virus, where
124 appropriate volume of TCM replaced the lysis buffer reagents and negative controls
125 consisting of VTM-only added to lysis buffer reagents to assess the effect of the reagents on
126 cell monolayers.

127 After inactivation (with or without heat treatment) all samples and controls were pelleted
128 by centrifugation at 6, 000 x *g* for 5 minutes in a microcentrifuge (Hermle Microlitre
129 Centrifuge Z 160 M). The supernatant was discarded and the pellet resuspended in 1 ml
130 TCM and washed a further 4 times for the Qiagen reagents and 2 times for the Kingfisher
131 reagents in order to remove all traces of the inactivation chemicals from the sample and to
132 avoid toxicity during cell culture. After the final wash the pellets were re-suspended in 1ml
133 of TCM.

134 **Post inactivation viral viability assays**

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135 To quantify and determine the viability of the virus following inactivation, the samples were
136 prepared for TCID₅₀ end-point dilution assay (20) and the remaining sample underwent
137 three rounds of serial passage in tissue culture flasks.

138 In brief, TCID₅₀ assay was performed using Vero C1008 cells prepared in 96-well microtitre
139 plates to achieve confluent monolayers on the day of assay. To all wells of column 1 of the
140 plate 100 µl of test sample was added. From column 1, 20 µl of sample was transferred
141 sequentially across the plate to achieve a 10-fold serial dilution to column 9. Cells in
142 columns 11 and 12 were left in TCM as controls. Plates were incubated in a humidified
143 atmosphere for 3 - 4 days at 37 °C, after which they were scored for cytopathic effects (CPE)
144 by microscopic observation. The TCID₅₀ value was calculated by the method of Reed and
145 Muench (21).

146 For secondary confirmation of viral inactivation, all of the remaining sample (approx. 180
147 µl) was added to confluent monolayer of Vero C1008 cells in a 12.5 cm² tissue culture flask.
148 Flasks were incubated in a humidified atmosphere for 3 - 4 days after which presence or
149 absence of cytopathic effect was recorded. A total of three passages were performed and
150 CPE recorded after each round. To control for cross-contamination a set of un-infected
151 flasks were also prepared and supernatant passaged in parallel to the experimental samples.
152 A 10-fold serially dilution of SARS-CoV-2 was also inoculated into a set of flasks starting from
153 1.7×10^7 TCID₅₀/ml and diluted to 1.1 TCID₅₀/ml to show the Limit of Detection (LOD) of the
154 flask passage assay and demonstrate a suitable environment for the passage and
155 propagation of the virus.

156 **Statistical analysis**

157 All data were graphically represented and statistically analysed using GraphPad Prism 8.
158 Kruskal-Wallis analysis of variance (ANOVA) was performed on data sets with Dunn's
159 multiple comparison post hoc.

160 **RESULTS**

161 The inactivation of SARS-CoV-2 was assessed using three different RNA lysis buffers with and
162 without the inclusion of a heat step. The viability of virus was determined quantitatively
163 using the TCID₅₀ assay and qualitatively by serially passaging samples in flask.

164 **Determination of starting concentration of SARS-CoV-2**

165 These studies used the highest working concentration of SARS-CoV-2 that was available and
166 this ranged from 5.9×10^5 to 3.5×10^6 TCID₅₀/ml (Figure 1). Following the inactivation
167 procedure residual toxic lysis buffer components were removed by way of multiple wash
168 steps. Residual chemical components would otherwise be toxic to the cell based assays. To
169 determine if the multiple wash steps by centrifugation resulted in a loss of virus, virus was
170 inoculated into TCM without the addition of lysis reagents (as described in materials and
171 methods) and assayed as described. This highlighted there was approximately a 1-Log₁₀ drop
172 in titre, providing a mean viral titre of 2.4×10^5 TCID₅₀/ml (Figure 1A, B and C).

173 **Chemical inactivation of SARS-CoV-2**

174 When virus was added to the Qiagen lysis buffer there was a statistically significant 5-Log₁₀
175 drop in virus titre from 4.4×10^5 TCID₅₀/ml to below the lower limit of quantification (LLOQ)
176 ($p=0.002$) Complete inactivation was not achieved however, as virus was detected below
177 the LLoQ but this was not quantifiable. However by extrapolation it was estimated that the
178 titre was 6.2 TCID₅₀/ml (Figure 1A).

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179 Similar results were observed when virus was inactivated using the MagMax protocol 2;
180 complete inactivation was not achieved as virus was detected below the LLoQ, and was not
181 quantifiable. The starting titre of virus for these experiments, following washing steps was
182 7.7×10^4 TCID₅₀/ml, demonstrating a 4-Log₁₀ drop in viral titre following inactivation
183 ($p < 0.0001$) (Figure 1C).

184 Virus inactivation following the MagMax protocol 1 resulted in no detectable virus by TCID₅₀
185 assay. The starting concentration of virus, following washing steps was calculated to be
186 2×10^5 TCID₅₀/ml, thus demonstrating a 5-Log₁₀ drop in viral titre with this particular protocol
187 ($p < 0.0001$) (Figure 1B).

188 **Heat inactivation of SARS-CoV-2**

189 Heat alone or in combination with lysis buffer was also investigated as a means to inactivate
190 SARS-CoV-2. For each experiment, virus in TCM was heated at 68 °C for 15 minutes and
191 centrifuged to maintain consistency with samples in lysis buffer. Although not statistically
192 significant, at least a 3-Log₁₀ drop in viral titre was observed following heat treatment alone,
193 with an average titre of remaining viable virus across all experiments of 3.2×10^2 TCID₅₀/ml
194 (Figure 1).

195 When the virus was added to either of the three lysis buffers and subsequently heated, no
196 viable virus was detected following TCID₅₀ assay and an average drop in viral titre of 5-Log₁₀
197 across all experiments ($p < 0.0001$) (Figure 1A, B and C).

198 **Confirmation of inactivation by viral propagation**

199 To confirm findings by TCID₅₀ assay viral samples were propagated in cell culture flasks over
200 a total of three passages to identify potential viral break-through. Table 2 shows the results
201 of the presence of CPE after the first passage. The limit of detection for viral propagation

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202 was determined following propagation of serially diluted virus stocks (Table 2 row 1 to 5)

203 and on average the limit of detection was 1.3 TCID₅₀/ml.

204 When virus was added to TCM, CPE was present in all flasks as expected (Table 2 row 6,

205 positive control). No cell toxicity was observed from negative control samples were TCM-

206 only was added to lysis buffer and washed as described previously (Table 2 row 10, negative

207 control).

208 When SARS-CoV-2 was inactivated following the Qiagen protocol, 3 out of the 9 flasks were

209 scored as positive for CPE. Of the flasks where no CPE was observed, no break-through of

210 virus was seen as a result of serial passage (Table 2 row 7). This data aligns with the TCID₅₀

211 assays, where Qiagen lysis buffer alone did not completely inactivate the virus. Following

212 both MagMax protocols, 0 out of the 9 flasks were scored positively for CPE (Table 2 row 7).

213 For the MagMax protocol 1 this confirms the TCID₅₀ results, where no viable virus was also

214 observed. For the MagMax protocol 2, virus was detected but not quantifiable in the TCID₅₀

215 assay (below the LLoQ), however subsequent serial passage did not provide evidence of

216 viability, as all flasks were negative for CPE.

217 When SARS-CoV-2 was added to TCM and heated for 15 minutes at 68 °C, CPE was observed

218 in all but one flask (Table 2 row 8) confirming the TCID₅₀ results that the heating protocol

219 described here does not completely inactivate the virus.

220 For all inactivation protocols, when SARS-CoV-2 samples were treated in a two-step manner,

221 (lysis buffer and heat), no viable virus was detected in either the quantitative or qualitative

222 assays (Figure 1 and Table 2 row 9). This data provides strong evidence that the lysis buffers

223 described here in combination with the heat protocol can completely inactivate up to 5-

224 Log₁₀ TCID₅₀/ml SARS-CoV-2.

225 **DISCUSSION**

226 Real-time PCR is the gold standard clinical diagnostic method for the detection of SARS-CoV-
227 2 in patients displaying symptoms of COVID-19. There has been a rapid development in RNA
228 extraction and RT-PCR diagnostic methods in order to help prevent further spread of
229 infection through communities. It is crucial that testing is accurate and efficient, both of
230 which must not compromise safety of those processing the samples (22). Laboratory
231 acquired infections due to incomplete inactivation or incorrect handling of samples have
232 been reported for SARS-CoV (23, 24) as well as many other infectious agents (25). To date,
233 there are only a handful of publications reporting the use of nucleic acid isolation reagents,
234 detergents and heat to inactivate SARS-CoV-2 (18, 26-28).

235 In our study we investigated the SARS-CoV-2 inactivation efficacy of viral lysis buffers from
236 three commercially available kits developed to allow RNA extraction on high-throughput (96
237 well) automated platforms. For each kit the initial lysis buffer mix, developed from
238 manufacturer's instructions, included a guanidine based lysis buffer with additional viral
239 inactivating components such as a solvent and / or a detergent. Each mix was added to 200
240 μ l of a representative clinical sample (SARS-CoV-2 in viral transport medium). Furthermore
241 we tested all three protocols with and without the addition of a thermal inactivation step at
242 68 °C for 15 minutes.

243 We started with the highest possible titre of SARS-CoV-2 that we had available and first
244 determined the titre of virus following wash steps, which were required to remove any
245 chemical compounds that would be cytotoxic to the cell based assays. We chose to remove
246 the reagents from the samples by centrifugation and in doing so, demonstrated a loss of
247 approximately 1-Log₁₀ of virus. Other researchers have used centrifugation columns or

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248 filters but again report a similar loss in viral titre (14) or residual toxicity leading to reduced
249 sensitivity of the read-out of the assays (28). The wash steps employed here eliminated all
250 residual toxicity, allowing the sensitivity of our assay read-outs to be unaffected.

251 In our study, the chemicals used to assess the inactivation of SARS-CoV-2 were
252 combinations of GITC, detergent and solvent. The Qiagen protocol (using reagents from the
253 QIAamp 96 Virus QIAcube HT Kit) and the MagMax Protocol 2 (using reagents from the
254 MagMax viral/pathogen nucleic acid isolation kit) both included GITC and a detergent, (SDS
255 or zwittergent, respectively) (Table 1). Both of these inactivation buffers significantly
256 reduced viral titres of SARS-CoV-2 by 4-Log₁₀ however complete inactivation of viable virus
257 was not achieved as detectable, but not quantifiable, virus was detected in the TCID₅₀ assay
258 (below LLoQ). Subsequent serial passage of viral samples following inactivation using the
259 Qiagen protocol demonstrated virus break-through confirming the results observed in the
260 TCID₅₀ assay. It was also anticipated that serial passage of virus inactivated following
261 MagMax protocol 2 would have amplified and enabled virus break-through too, but this was
262 not observed. The stated GITC composition of Qiagen Buffer ACL (30-50%) is lower than
263 that of the MagMax Lysis buffer (55-80%) and thus the higher GITC composition in the
264 MagMax buffer may have exerted a greater efficacy of viral inactivation, although we could
265 not demonstrate complete inactivation. As described previously GITC based chemicals
266 alone have been reported to inactivate some viruses (9, 10) but as observed here and by
267 others this is not always the case (11, 12, 16). Studies by Pastorino *et al* (27), have assessed
268 the inactivation of SARS-CoV-2 using the detergent containing Buffer ATL and in contrast to
269 our findings reported greater than a 6-Log₁₀ drop in virus titre. The SDS composition of
270 Buffer ATL used by Pastorino *et al* (2020) was 1 – 10%, however, the SDS composition of ATL
271 buffer in our study, was 1 - <3% SDS (Table 1). Pastorino *et al* (2020) also used a 1:1 ratio of

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272 ATL buffer to sample, where as in our protocol we used a reagent to sample ratio of 0.5 : 1.
273 Thus the work of Pastorino *et al* (2020) infers a higher concentration of this detergent and
274 larger reagent to sample ratio would be critical for the inactivation process. This also
275 underlines the potential for different concentrations of components in products that are
276 ostensibly the same. Patterson *et al* (2020) and Welch *et al* (14, 28) screened a number of
277 detergents for their inactivation efficacy against SARS-CoV-2. Patterson *et al* (2020)
278 reported that 0.5% SDS inactivated SARS-CoV-2, but used a low starting titre of 10^2 PFU (14),
279 whereas Welch *et al* (2020) also reported a drop in virus titre of 6.5 Log_{10} TCID₅₀/ml but
280 viable virus was still observed (28).

281 In our study, the only protocol that inactivated virus without an additional heat step was
282 MagMax Protocol 1 (using reagents from the MagMax Pathogen RNA/DNA kit), where no
283 CPE was observed from either TCID₅₀ assay or following three rounds of serial passage in
284 tissue culture flasks. The MagMax Protocol 1 included the MagMax lysis binding buffer
285 which contained GITC and the detergent Zwittergent. With the addition of 2-propanol
286 within the lysis buffer mix there were, therefore, three components likely to exert a
287 disruptive effect on the SARS-CoV-2 viral envelope. The reagent to sample ratio of 3.8 : 1
288 was also higher, with more than double the volume of lysis buffer mix added to each
289 sample, compared to the other two methods assessed (Table 1).

290 Our results suggest that both a high reagent to sample ratio and the incorporation of a
291 solvent improved the inactivation efficacy of a chemical only method. The SARS-CoV-2
292 inactivation efficacy of the GITC-based Buffer AVL (Qiagen) in combination with ethanol has
293 been assessed in two studies. Complete SARS-CoV-2 inactivation was reported by Welch *et*
294 *al* (2020) (28) in contrast to incomplete inactivation by Pastorino *et al* (2020) (27). This

295 contradiction in findings could be due to the ratios of reagent, solvent and sample used.
296 Both studies used 4 volumes of AVL to 1 volume of sample; however volumes of ethanol
297 used in combination with Buffer AVL may explain the varying results. Welch *et al* (2020)
298 used 4 volumes of ethanol in combination with AVL and sample, whereas Pastorino *et al*
299 (2020) only added 1 volume of ethanol to the AVL-sample combination. In our studies using
300 the MagMax Protocol 1 the ratio of lysis buffer and isopropanol were considerably less with
301 1.8 volumes of lysis buffer and 1.5 volumes of solvent, but the addition of the detergent
302 Zwittergent (within the MagMax Lysis Buffer) may have enhanced the inactivation. The
303 addition of the enzyme Proteinase K in both the Qiagen method and MagMax protocol 2 did
304 not appear to have enhanced inactivation efficacy.

305 We also investigated the efficacy of thermal inactivation, by heating the sample to, and then
306 maintaining at, 68 °C for 15 minutes. Heat inactivation alone reduced the viral titre by 3-
307 Log₁₀, although this was not statistically significant compared to the controls, and was not as
308 effective as the use of lysis buffers alone. Burton *et al* 2021 (26) report similar findings with
309 incomplete inactivation of SARS-CoV-2 at 56 and 60 °C for up to 60 minutes. In contrast,
310 some studies have reported the successful use of heat for complete inactivation of SARS-
311 CoV and SARS-CoV-2 (17, 18). Kim *et al* 2020 (18) demonstrated the complete inactivation
312 of SARS-CoV-2 in clinical samples following incubation at 65 °C for 30 minutes, although this
313 work was based on quantitative TCID₅₀ assays alone. Furthermore, Darnell *et al* (17)
314 reported complete inactivation of SARS-CoV after heating at 65 °C for 60 minutes, the
315 longer time was required to ensure any viral aggregates were fully exposed and inactivated
316 by the heat treatment.

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317 The use of heat to inactivate virus has been reported to reduce viral RNA stability (29, 30)
318 and depending on the target gene used for RT-PCR, incubation at 65 °C for 30 minutes can
319 significantly reduce the target copy numbers leading to false negative results of clinical
320 samples (18, 30). The DCL has an accredited SARS-CoV-2 diagnostic workflow (31) using the
321 Qiagen and Kingfisher (using MagMax protocol 1) extraction platforms each with an
322 additional heat inactivation step. Multiple External Quality Assessment panels and
323 reference standards have been tested during DCL set-up and operation. The E-Gene PCR
324 assay (32) is used in this laboratory and in our hands the heat inactivation regime we
325 employ does not appear to adversely affect PCR results.

326 In determining the practical relevance of our work the viral loads in COVID19 samples likely
327 to be encountered in a high-throughput diagnostic laboratory should be considered.
328 Currently there is little information on the infectious viral load present on a clinical
329 nasal/throat swab. Most of the data report Ct values following RT-PCR (33) but one study
330 has estimated that there is a median titre of 10^3 TCID₅₀/ml collected from 90
331 nasopharyngeal or endotracheal clinical samples (34). During DCL validation studies a
332 precisely defined reference standard dilution series of entire SARS-CoV-2 virions (SARS-CoV-
333 2 Analytical Q Panel; Qnostics Ltd, UK) was tested (data not shown). Within this series the
334 highest concentration of material was 6 Log₁₀ digital copies (dC)/ml and following RNA
335 extraction using the Qiagen method described in this paper mean E-gene (32) quantification
336 cycle (C_q) values of 22.65 were returned from this concentration. During DCL operation we
337 have commonly tested positive samples with E-gene PCR C_q values in the low teens, with
338 occasional samples returning C_q values <13. Although care must be taken in comparing and
339 extrapolating PCR (C_q), TCID₅₀/ml and dC/ml values this is consistent with a study reporting

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340 similarly low C_q values from COVID patients early in the infection cycle (35) and indicates
341 that some swab samples can contain very high viral loads.

342 We have demonstrated the SARS-CoV-2 inactivation efficacy of the reagents found in lysis
343 buffers of three commercially available kits used on high-throughput extraction platforms.
344 Only when combined with a heat step did all methods show a complete inactivation of
345 SARS-CoV-2 by both TCID₅₀ assay and by sequential passage in tissue culture. Therefore in
346 the DCL samples are sequentially mixed with lysis buffer and then followed with heat
347 treatment. This approach also extends the contact time of lysis buffer to sample which
348 should further enhance the inactivation efficacy of the buffers and mitigates the fact that in
349 this inactivation study we were unable to test samples with a starting concentration greater
350 than 5.9×10^5 TCID₅₀/ml (in view of the likely higher concentrations seen in samples
351 received). In our studies, we also did not include samples that contain potential interfering
352 substances or true samples, however Pastorino *et al* (2020) (27) did include interfering
353 substances and a range of clinical samples and no obvious impact of these sample types
354 were reported on the efficacy of the viral inactivation process.

355 Due to the contrasting literature for inactivation of SARS-CoV-2 (and that of viruses
356 generally) a case-by-case assessment of different inactivation protocols is essential to
357 prevent laboratory acquired infections. To ensure the highest safety standards (and also
358 taking into account the high viral loads of samples tested), in the operational DCL we
359 employ methods that utilise the inactivation efficacies of the chemical components of lysis
360 buffers found in commercial kits with that of the heat. As a result, the high-throughput RNA
361 extraction platforms are performed on the open bench rather than within a Class 1
362 microbiological safety cabinet. All laboratories must make the appropriate assessments

363 regarding methods applicable to their unique set of circumstances. The results presented in
364 this study may help laboratories undertake such assessments, especially if they do not have
365 access to high containment facilities to complete in-house inactivation studies.

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485 **TABLE 1. Protocols tested for assessing inactivation using lysis buffers.**

Manufacturer, RNA extraction kit, Platform.	Reagents (volume / sample)	Active virucidal components*	Reagent : Sample ratio
Qiagen, QIAamp 96 Virus QIAcube HT Kit, Qiagen Qiacube HT. <i>(Referred to here as Qiagen protocol)</i>	ACL buffer (190 µl)	GITC 30 - <50%	1.6 : 1
	ATL buffer (100 µl)	1 - <3% SDS	
	Proteinase K (20 µl)		
	Carrier RNA (5 µl)		
	MS2 (10 µl)		
ThermoFisher, MagMax Pathogen RNA/DNA kit, Kingfisher Flex.	Lysis binding buffer (350 µl)	GITC 55-80% <0.001% Acrylamide Zwittergent	3.8 : 1

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<i>(Referred to here as MagMax Protocol 1)</i>	Isopropanol (300 μ l)	100% 2-propanol	
	Carrier RNA (2 μ l)		
	Water (100 μ l)		
	MS2 (10 μ l)		
ThermoFisher, MagMax viral/pathogen nucleic acid isolation kit, Kingfisher Flex. <i>(Referred to here as MagMax Protocol 2)</i>	Lysis binding buffer (265 μ l)	GITC 55-80% <0.001% Acrylamide Zwittergent	1.4 : 1
	Proteinase K (5 μ l)		
	†Water (Magnetic beads) (10 μ l)		
	MS2 (10 μ l)		

486 *As identified directly from components, manufacturer information, or inferred from the
487 associated MSDS.

488 †Water was used to replace the magnetic beads as the washing steps described below
489 would not remove the beads and the beads interfered the read-out of the TCID₅₀ assay.

490 GITC: Guanidinium thiocyanate. SDS: Sodium dodecyl sulphate

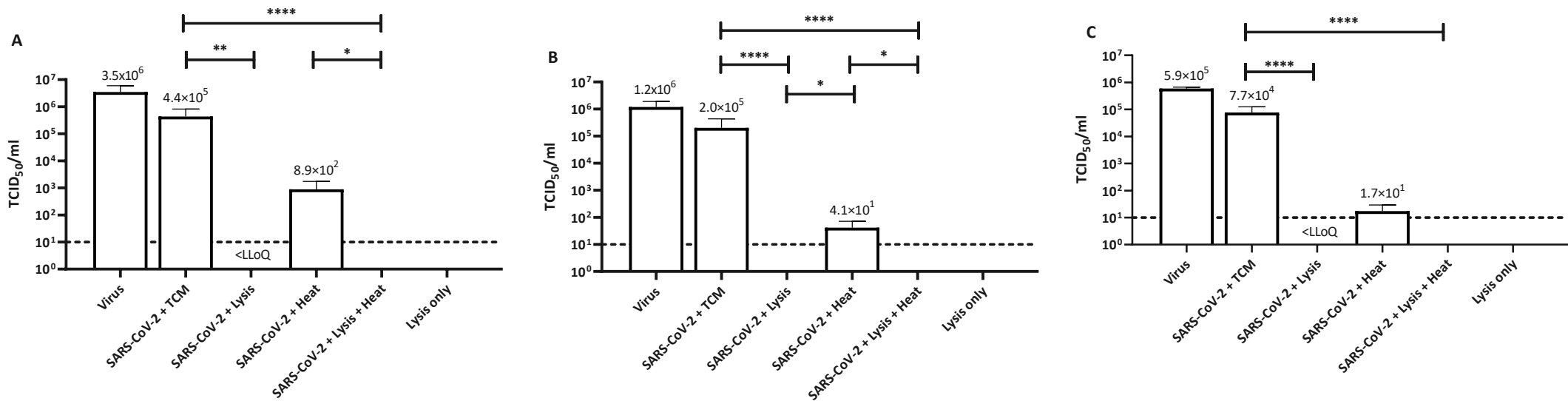
491 **TABLE 2. Summary of results following cell culture passage and TCID₅₀ assay.** Passage results shown are after the third serial. TCID₅₀ titres
 492 are mean titre/ml and standard deviation. * Indicates the TCID₅₀/ml is extrapolated from known starting concentration and calculated based
 493 on number of flasks infected. SARS-2 = SARS-CoV-2. TCM = Tissue culture media. LLoQ = Lower limit of Quantification (< 10 TCID₅₀/ml). SD =
 494 Standard deviation.

Inactivation protocol	Qiagen protocol		MagMax protocol 1		MagMax protocol 2	
	Flasks infected/ total flasks	TCID ₅₀ /ml (SD)	Flasks infected/ total flasks	TCID ₅₀ /ml (SD)	Flasks infected/ total flasks	TCID ₅₀ /ml (SD)
1. SARS-CoV-2 Starting titre	3/3	1.7 x 10 ⁷ (1.2 x 10 ⁷)	3/3	5.9 x 10 ⁶ (3.6 x 10 ⁶)	3/3	3.0 x 10 ⁶ (3.8 x 10 ⁵)
2. SARS-CoV-2 10 ⁻⁴ dilution	3/3	1.7 x 10 ³ *	3/3	5.9 x 10 ² *	3/3	3.0 x 10 ² *
3. SARS-CoV-2 10 ⁻⁵ dilution	3/3	1.7 x 10 ² *	3/3	59.4 *	2/3	20.0 *
4. SARS-CoV-2 10 ⁻⁶ dilution	3/3	17 *	1/3	2.0 *	1/3	0.7 *
5. SARS-CoV-2 10 ⁻⁷ dilution	2/3	1.1 *	0/3	0 *	0/3	0 *

6. SARS-CoV-2 + TCM	9/9	4.4x10 ⁵ (3.8x10 ⁵)	9/9	2.0x10 ⁵ (2.3x10 ⁵)	9/9	7.7x10 ⁴ (4.8x10 ⁴)
7. SARS-CoV-2 + lysis buffer	3/9	<LLOQ	0/9	0	0/9	<LLOQ
8. SARS-CoV-2 + heat	9/9	8.9x10 ² (8.5x10 ²)	9/9	41.4 (30.0)	8/9	17.4 (12.1)
9. SARS-CoV-2 + lysis buffer + heat	0/9	0	0/9	0	0/9	0
10. TCM + Lysis buffer	0/9	0	0/0	0	0/9	0

496 **FIGURE 1. Titre of SARS-CoV-2 by TCID₅₀ assay following inactivation protocols.** A. Qiagen protocol, B. MagMax protocol 1, B. MagMax
 497 protocol 2. Mean + Standard Deviation collated from triplicate results from three separate occasions (n=9). Dashed line = Lower limit of
 498 quantification (LLoQ < 10 TCID₅₀/ml); Tissue culture media (TCM). Kruskal-Wallis ANOVA with Dunn’s multiple comparison post hoc, where * p
 499 <0.05, **p<0.01, ***p<0.001, ****p<0.0001; statistical analysis excludes virus stock and lysis only data.

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