

1 **Population structure limits parallel evolution**

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9 Running head: *Comparative population genomics of local adaptation*

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13 **Abstract**

14 Population genetic theory predicts that small effective population sizes (N_e) and restricted
15 gene flow limit the potential for local adaptation. In particular, the probability of evolving
16 similar phenotypes based on shared genetic mechanisms (i.e. parallel evolution), is expected
17 to be reduced. We tested these predictions in a comparative genomic study of two
18 ecologically similar and geographically co-distributed stickleback species (*viz.* *Gasterosteus*
19 *aculeatus* and *Pungitius pungitius*). We found that *P. pungitius* harbours less genetic diversity
20 and exhibits higher levels of genetic differentiation and isolation-by-distance than *G.*
21 *aculeatus*. Conversely, *G. aculeatus* exhibits a stronger degree of genetic parallelism across
22 freshwater populations than *P. pungitius*: 2996 vs. 379 SNPs located within 26 vs nine
23 genomic regions show evidence of selection in multiple freshwater populations of *G.*
24 *aculeatus* and *P. pungitius*, respectively. Most regions involved in parallel evolution in *G.*
25 *aculeatus* showed increased levels of divergence, suggestive of selection on ancient
26 haplotypes. In contrast, regions involved in freshwater adaptation in *P. pungitius* were
27 younger, and often associated with reduced diversity. In accordance with theory, the results
28 suggest that connectivity and genetic drift play crucial roles in determining the levels and
29 geographic distribution of standing genetic variation, providing evidence that population
30 subdivision limits local adaptation and therefore also the likelihood of parallel evolution.

31 **Keywords:** adaptation, genetic diversity, isolation by distance, population differentiation,
32 parallel evolution

33

34 **Introduction**

35 Parallel evolution – defined here as the evolution of similar phenotypes in multiple
36 independently colonised populations via selection on alleles that are identical by descent – is
37 considered to be strong evidence for the role of natural selection in evolutionary change
38 (Schluter et al. 2004). Adaptation from standing genetic variation (SGV) is thought to be the
39 dominant route to parallel evolution among recently diverged populations (Conte et al. 2012;
40 Ord & Summers 2015). Since genetic drift erodes SGV and barriers to gene flow can prevent
41 beneficial alleles from reaching populations adapting to specific local habitats (Barrett &
42 Schluter 2008; Feulner et al. 2013; Lenormand 2002), both the effective population size (N_e)
43 of the ancestral population (MacPherson & Nuismer 2017; Thompson et al. 2019) and gene
44 flow (Bailey et al. 2017; Lee & Coop 2017; Ralph & Coop 2015) are expected to play key
45 roles in determining the probability of parallel evolution. Both factors are expected to affect
46 the heterogeneity in the geographic distribution of SGV across the distribution ranges of
47 species. However, despite increasing interest to understand the drivers of parallel evolution
48 over the past decade (e.g., Arendt & Reznick 2008; Barghi et al. 2019; Bolnick et al. 2018;
49 Conte et al. 2012; Elmer et al. 2014; Elmer & Meyer 2011; Rosenblum et al. 2014; Stern
50 2013; Stuart et al. 2017), little effort has been placed to investigate the role of geographic
51 heterogeneity in SGV (but see: Fang et al. 2020a; Kempainen et al. 2021; Lee & Coop
52 2017). One way to test whether heterogeneity in pools of SGV determines the probability of
53 parallel evolutionary responses is to investigate genetic structure and local adaptation in pairs
54 of co-distributed and ecologically similar species that differ in their dispersal potential and
55 population size, and hence, in the degree of heterogeneity of their pools of SGV.

56 The three-spined stickleback (*Gasterosteus aculeatus*) is an iconic model species used to
57 study genetic parallelism. A multitude of studies has shown that the independent colonization

58 of freshwater habitats across the global distribution range of this species has led to substantial,
59 and often (but not always) parallel marine-freshwater associated genetic differentiation
60 (Colosimo et al. 2005; DeFaveri et al. 2012; DeFaveri et al. 2011; Fang et al. 2020a;
61 Hohenlohe et al. 2010; Hohenlohe & Magalhaes 2019; Jones et al. 2012). Despite the near
62 circumpolar distribution of *Gasterosteus* sticklebacks, only three taxonomically valid species
63 have been recognized in this genus (*viz.* *G. aculeatus*, *G. wheatlandi*, *G. japonicus*;
64 Eschmeyer et al. 2017). In contrast, the circumpolarly distributed stickleback fishes in the
65 genus *Pungitius* harbour at least eight taxonomically valid species (Eschmeyer et al. 2017;
66 Guo et al. 2019; Takahashi et al. 2016), and there is evidence that the level of genetic
67 differentiation among local populations in this genus greatly exceeds that seen among local
68 populations of *Gasterosteus* (DeFaveri et al. 2012; Kemppainen et al. 2021; Merilä 2013; but
69 see: Raeymaekers et al. 2017). Thus, comparative genetic studies of these two co-distributed
70 species can provide an opportunity to gain novel insight into how differences in population
71 structure, and thus in the distribution of SGV, may translate into differences in the probability
72 of genetic parallelism. However, apart from two geographically restricted studies (DeFaveri et
73 al. 2012; Raeymaekers et al. 2017), there has been no attempt to study and compare the levels
74 of genetic variability and divergence among *Gasterosteus* and *Pungitius* taxa in a quantitative
75 manner in a broad geographic context.

76 There is generally a greater abundance of three- than nine-spined sticklebacks in the sea (e.g.,
77 Cowen et al. 1991; Jurvelius et al. 1996; Ojaveer et al. 2003; Quinn & Light 1989) which is
78 likely to limit gene flow and contribute to substantial genetic isolation by distance (IBD) in
79 marine nine-spined sticklebacks. Consistent with this, earlier work suggests that the pool of
80 SGV is indeed reduced and more fragmented in nine- compared to three-spined sticklebacks
81 (DeFaveri et al. 2012; Kemppainen et al. 2021; Merilä 2014). To gain a holistic view of
82 factors that influence such differences in SGV, using comprehensive geographic sampling and

83 high-density population genomic data, we first re-assess the differences in both phylogenetic
84 histories and population demographic parameters between these two species. We then
85 formulate and test the hypothesis that due to a higher geographic heterogeneity in SGV in
86 nine-spined sticklebacks, this species will show a lower prevalence of parallel evolution in
87 response to freshwater colonisation than the three-spined stickleback.

88

89 **Materials and methods**

90 **The study species**

91 The two study species are ecologically very similar and are frequently syntopic in both marine
92 and freshwater habitats (e.g., Copp & Kovac 2003; DeFaveri et al. 2012; Ojaveer et al. 2003;
93 Raeymaekers et al. 2017). However, there is a tendency for the three-spined stickleback to be
94 more common in marine habitats, and for the nine-spined stickleback to be more common in
95 freshwater habitats (Wootton 1976; Wootton 1984). Both species are small (typically < 100
96 mm), with similar lifespans (Baker 1994; DeFaveri & Merilä 2013; DeFaveri et al. 2014) and
97 breeding habits (Wootton 1976; Wootton 1984), and exhibit male parental care; males build
98 and attend nests in which multiple females can lay their eggs (Wootton 1976; Wootton 1984).
99 Females of both species can lay single or multiple clutches of *ca.* 100-500 eggs per breeding
100 season (Baker 1994; Heins & Baker 2003; Herczeg et al. 2010; Wootton 1976; Wootton
101 1984). Hence, we do not expect a large variation in levels of SGV between the two species
102 due to differences in life-history traits (cf. Ellegren & Galtier 2016; Romiguier et al. 2014).

103 **Sample collection and sequencing**

104 The data set is composed of 166 (47 marine and 119 freshwater) three-spined stickleback and
105 181 (48 marine and 133 freshwater) nine-spined stickleback individuals. The 166 three-spined
106 stickleback samples were the same as used in Fang et al. 2020a). Data for 75 nine-spined
107 stickleback samples were retrieved from an earlier Restriction Site Associated DNA (RAD)
108 sequencing study (Guo et al. 2019) and a whole-genome re-sequencing (WGRS) study (Feng
109 et al. 2020). New samples of nine-spined sticklebacks were sequenced specifically for this
110 study, including 23 samples using RAD sequencing (protocol following Guo et al. 2019,
111 using the PstI enzyme) and 83 samples using WGRS at 10X coverage (protocol following
112 Feng et al. 2020). In total, 63 populations (26 marine and 37 freshwater; sample sizes: 1–10)
113 of three-spined stickleback and 36 populations (7 marine and 29 freshwater populations;
114 sample sizes: 1–20) of nine-spined stickleback were included in this study. The sampling sites
115 are shown in Fig. 1a and detailed sample information (population acronyms, sample sizes,
116 lineages, sampling site coordinates, sequencing information etc.) are given in Supplementary
117 Table 1.

118 According to the known phylogenetic relationships within each species, the three-spined
119 stickleback samples were assigned to seven lineages: Eastern Pacific (EP), Western Pacific
120 (WP), Western Atlantic (WA), White and Barents Seas (WB), North Sea & British Isles (NS),
121 Baltic Sea (BS) and Norwegian Sea (NOR) (Fang et al. 2018); and the nine-spined
122 stickleback samples were assigned to six lineages; Western Europe (WL), Eastern Europe
123 (EL), Baltic & North Seas (BN; this lineage has been formed through admixture between the
124 Western European [WL] and Eastern European [EL] lineages; Feng et al. 2020; Guo et al.
125 2019; Teacher et al. 2011), Far East (FE), North America (NA) and Alaska (ALA).

126 The new stickleback samples were collected during the local breeding seasons with seine nets
127 and minnow traps. After euthanizing the fish with an overdose of MS-222, whole fish or fin

128 clips were preserved in ethanol for DNA-extractions using the salting-out method (Sunnucks
129 & Hales 1996). The sample collection in Finland was conducted with personal fishing
130 licences and permissions from the landowners according to the Finnish Fishing Law (5§
131 27.5.2011/600). In other countries, the sampling was performed under respective national
132 licenses granted to the sample-providers. The study does not involve animal experiments
133 according to the Finnish National Animal Experiment Board (#STH379A and #STH223A).
134 For the newly sequenced nine-spined stickleback samples, the RAD-sequencing data and the
135 WGRS data were obtained with the protocols given in Guo et al. 2019) and Feng et al. 2020),
136 respectively.

137 **Genotype likelihood estimation**

138 The same bioinformatics pipelines were applied to both species. For each species, all RAD
139 and WGRS sequences were mapped to their respective reference genomes with BWA mem
140 v.0.7.17 (Li & Durbin 2010). The reference genome of the three-spined stickleback was
141 retrieved from the Ensembl database (release-92; Yates et al. 2020) and that of the nine-
142 spined stickleback from (Varadharajan et al. 2019; ver. 6). Genotype likelihoods were
143 estimated from the mapped reads using ANGSD v.0.93 (Korneliussen et al. 2014) with the
144 same parameter settings for both species. Quality filtering parameters are explained in detail
145 in the Supplementary Method 1. The raw output of genotype likelihoods from the 166 three-
146 spined sticklebacks comprised 2,511,922 SNPs and those of the 181 nine-spined sticklebacks
147 7,938,802 SNPs. The difference in SNP numbers between species partly reflects the larger
148 proportion of WGS samples in the latter species (80.1%) than in the former species (22.9%).

149 **Genetic diversity and differentiation**

150 Genetic diversity within populations was estimated by computing population nucleotide
151 diversity (π , Nei & Li 1979) and Watterson's theta ($\theta = 4N_e\mu$, where N_e is effective population
152 size and μ the mutation rate, Watterson 1975) as well as individual heterozygosity (H , the
153 proportion of heterozygous sites within an individual genome) with ANGSD and custom R-
154 scripts (Supplementary Method 2). Since some of the sampled populations are known to be
155 admixed (Feng et al. 2020; Guo et al. 2019; Supplementary Method 2), their genetic diversity
156 was expected to be elevated. We report the results both when excluding and including the
157 admixed nine-spined stickleback populations. In each species, the allelic differentiation F_{ST}
158 (Weir & Cockerham 1984) was calculated over all samples, within marine and within
159 freshwater ecotypes (global F_{ST} over all loci), and between populations (pairwise F_{ST}). To do
160 so, we used a subset of high-quality genotypes to estimate global F_{ST} for each ecotype and the
161 pairwise F_{ST} between all populations with the R packages *hierfstat* (Goudet 2005) and
162 *StAMPP* (Pembleton et al. 2013), respectively. Details of the methods used to estimate genetic
163 diversity and differentiation are specified in the Supplementary Method 2.

164 The levels of genetic diversity (H , π and θ) between the two species were compared by fitting
165 generalized linear mixed-effects models (GLMMs) in R using the packages *lme4* (Bates et al.
166 2014) and *Car* (Fox et al. 2012). The models treat species, habitat (Freshwater, Marine) and
167 their interaction as fixed effects. The geographic region was set as a random effect to account
168 for non-independence between populations across regions. Non-significant interactions were
169 deleted from the final models. To test differences in global F_{ST} between species and habitats,
170 we performed bootstrapping based on 10,000 resampled datasets in which each resample
171 consisted of 1/3 of the markers and 1/3 of the samples to obtain the 95% confidence intervals.

172 **Isolation-by-distance**

173 Tests for isolation-by-distance (IBD) were performed by regressing pairwise genetic distances
174 (linearized $F_{ST} = F_{ST} / [1 - F_{ST}]$; Slatkin 1995) against pairwise geographic distances between
175 populations. Our sampling of the nine-spined sticklebacks from the Eastern Pacific region
176 was very thin: only two freshwater and no marine populations were sampled. Therefore, to
177 characterize IBD for different ecotypes (marine and freshwater populations), we performed
178 the IBD tests on the European populations (see Supplementary Fig. 1d for sampling map),
179 where both ecotypes for both species were available. Geographic distances were measured
180 between marine populations based on the pairwise least-cost geographic distances across
181 marine environments using the R Package *Marmap* (Pante & Simon-Bouhet 2013), and
182 between freshwater populations based on world geodetic system with the R package *raster*
183 (Hijmans & van Etten 2014). To test if the IBD relationships differed between the two
184 stickleback species and habitats, the IBD regressions were fitted with maximum-likelihood
185 population effects (MLPE) models to account for the non-independence of pairwise distances
186 (Clarke et al. 2002) and slopes of the IBD regressions for both species were compared. The
187 MLPE analyses were performed using the R packages *corMLPE* (Clarke et al. 2002) and *nlme*
188 (Pinheiro et al. 2017).

189 The White Sea marine population of the nine-spined stickleback (RUS-LEV) has a close
190 phylogenetic relationship with the marine populations of the Baltic Sea, since the latter
191 originated from a post-glacial invasion from the White Sea over an area today occupied by
192 land (Guo et al. 2019; Shikano et al. 2010a) this study [Fig. 3]). Therefore, there is a clear
193 rationale to expect RUS-LEV to be an outlier in IBD analysis. We thus performed IBD
194 analyses excluding the population RUS-LEV but we also report the results when including it
195 in Supplementary Information 1.

196 **Comparative phylogenomic analyses**

197 There is evidence to suggest that the probability of genetic parallelism decreases with
198 increasing divergence time between taxa (Conte et al. 2012; Ord & Summers 2015). To assess
199 differences in divergence times among populations of the two species, time-calibrated
200 phylogenetic trees were constructed using genome-wide SNPs based on the multispecies
201 coalescent model with the program SNAPP (Bouckaert & Bryant 2012; Chifman & Kubatko
202 2014).

203 For these analyses, we selected 16 paired sampling locations from where samples of both
204 species were available, representing all major biogeographic regions within the two species'
205 distribution ranges (Fig. 3). SNAPP analyses were performed using filtered datasets of 12,022
206 SNPs for three- and 13,079 SNPs for nine-spined sticklebacks (bi-allelic SNPs > 10 kb apart,
207 with no missing data, and posterior probability > 0.95%), following the protocols of Stange et
208 al. 2018 and Fang et al. 2020b. The time calibrations were conducted using the divergence
209 time estimates derived from Guo et al. 2019 and Fang et al. 2020b for nine- and three-spined
210 sticklebacks, respectively. Detailed methods of SNP filtering and phylogenetic analyses are
211 specified in the Supplementary Method 3.

212 **Comparative analyses of genetic parallelism**

213 The degree of genetic parallelism in response to freshwater colonisation in three- and nine-
214 spined sticklebacks was assessed in two steps. First, Linkage Disequilibrium Network
215 Analyses (LDna; Fang et al. 2020a; Kemppainen et al. 2015; Li et al. 2018) was used to
216 partition data into correlated sets of loci (LD-clusters), followed by linear mixed models
217 (LMM) testing for associations between PC-coordinates based on loci from the LD-clusters
218 and ecotype (treated as a binary trait) while controlling for *p*-value inflation due to relatedness
219 and other confounding factors. For these analyses, only samples from the Atlantic region were

220 used, and the data sets were normalised such that the same number of polymorphic loci were
221 analysed for both species after accounting for differences in sequencing coverage and genetic
222 diversity (see Supplementary Method 4). Ultimately, 882,125 and 1,355,325 SNPs (in the
223 form of genotype likelihoods) were used in the downstream comparative LDna analyses in
224 three- and nine-spined sticklebacks, respectively.

225 *Complexity reduction using LDna analyses*

226 Since LDna relies on pairwise LD-estimates among all loci, it is not feasible to consider all
227 pairwise comparisons at once for large data sets. Instead, we adopted a nested approach,
228 starting with LDna within windows within chromosomes (LDna-1, *sensu* Li et al. 2018;
229 Supplementary Method 4), followed by LDna within chromosomes (LDna-2) and finally
230 LDna for genome wide SNPs (LDna-3) as described in Fang et al. 2020a, with some
231 modifications (an overview of this approach is given in Supplementary Fig. 2 and further
232 details are given in Supplementary Method 4). First, LD-clusters were defined by a single
233 parameter, the minimum number of edges in the cluster ($|E|_{min}$), rendering the previously used
234 λ_{lim} parameter (that determines how different LD-signals are between different clusters)
235 obsolete.

236 Second, instead of using one SNP (rSNP) to represent a cluster in the subsequent LDna-step,
237 the final LDna-3 was based on a correlation matrix of r^2 between PC1-coordinates (based on
238 genotype likelihoods from all loci from a given LD-cluster; PCAngsd) (Meisner &
239 Albrechtsen 2018) between all pairs of LD-clusters entering LDna-3 analyses. The first PC
240 typically explains $\gg 90\%$ of the variation in each LD-cluster and in Supporting Information 5
241 we demonstrate that these coordinates can be regarded as “synthetic multi-locus alleles”
242 (SMLAs). Third, all LDna-1 clusters with more than SNP_{min} number of loci and that were not

243 part of any LDna-2 cluster were also included in the final LDna-3 analyses. Fourth, LDna-3
244 clusters were determined by the parameter Cor_{th} , which specifies the weakest link (r_2 -value)
245 in a cluster that is allowed between LDna-1 and LDna-2 clusters entering LDna-3. As such,
246 decreasing parameter values for $|E|_{min}$, SNP_{min} and Cor_{th} lead to many smaller clusters with
247 few but highly correlated loci and vice versa.

248 There is a trade-off between *i*) “under clustering” (i.e. analysing many clusters that in reality
249 reflect the same evolutionary phenomena leading to overly conservative corrections for
250 multiple testing), and *ii*) “over clustering” (i.e. analysing fewer and larger clusters but each
251 with sets of less correlated loci). While the latter leads to less conservative corrections for
252 multiple testing (higher power), it likely also leads to weaker associations between the
253 SMLAs and ecotype. Importantly, the parameter settings that maximises the power to detect a
254 particular genomic region of interest will depend on both the data set (numbers of loci and the
255 underlying LD-structure) and the genomic region in question. Here we solved this problem by
256 testing a range of parameter settings for $|E|_{min}$ [10,20,40], SNP_{min} [10,20,40] and Cor_{th}
257 [0.8,0.7,0.6,0.5] for both data sets. All LD-values were estimated by *ngsLD* (Fox et al. 2019)
258 based on genotype likelihoods. Further details are given in Supplementary Method 4 and
259 below.

260 *Linear Mixed model analysis for testing associations between LD-clusters and ecotype*

261 We used linear mixed models (LMM) to test for associations between ecotype and the genetic
262 variation explained by loci in LD-clusters by regressing the SMLAs against ecotype treated as
263 a binary trait [0,1]. Using LMM to test associations between genotype and phenotype has
264 previously been shown to be analogous to using permutation to test for allele frequency
265 difference between two groups (Kemppainen et al. 2017), with the major benefit of LMM’s

266 being computational speed and the ability to account for confounding factors such as
267 relatedness. When not accounting for any potential confounding factors, the LMM-approach
268 used here produces test statistics that are highly correlated with both F_{ST} and the cluster
269 separation score (CSS; Supporting Method 5; Supplementary Fig. 3), two commonly used
270 metrics to detect genomic regions associated with parallel evolution in three-spined
271 sticklebacks (Fang et al. 2020a; Jones et al. 2012; Kingman et al. 2020). We used a modified
272 version of the restricted maximum likelihood (REML)-based method EMMA (Efficient
273 Mixed-Model Association eXpedited; Kang et al. 2010; Li et al. 2018) that allowed us to test
274 for associations between SMLAs (rather than a single bi-allelic SNP at a time) from LD-
275 clusters and ecotype (Supporting Method 6).

276 Two approaches to control for multiple testing were used: permutation (Li et al. 2018)
277 (Supporting Method 7) and the “*HS*” method aka false discovery rate “*fdr*” (Benjamini &
278 Hochberg 1995). In addition, two methods to control for p -value inflation caused by
279 relatedness were used: including a relatedness matrix A as a random effect (Kang et al. 2010)
280 and genomic control (Price et al. 2010). Whenever *fdr* was used to control for multiplicity, we
281 also iteratively estimated p -value inflation as the linear slope λ between observed and
282 expected (under the null-hypothesis) $-\log_{10}(P)$ values before and after removing significant
283 LD-clusters from the data (the medians from all orthogonal combinations of $|E|_{min}$, SNP_{min}
284 and Cor_{th} were used). The reason for this was the exceptionally high proportion of the genome
285 involved in parallel marine-freshwater differentiation that would have led to an
286 overestimation of λ , especially in the three-spined stickleback (iterations stopped when no
287 more or no less significant genomic regions were found compared to the previous iteration).
288 Whenever p -value inflation was present ($\lambda > 1$) all observed $-\log_{10}(P)$ were divided by λ (prior
289 to *fdr*), thus ensuring that no residual p -value inflation would exist in the data, also known as

290 genomic control (GC; Price et al. 2010). For instance, $\lambda=2$ (high p -value inflation) means that
291 a test with $-\log_{10}(P)=10^{-2}$ after GC -correction is no longer significant ($10^{-2}/\lambda=0.1$). Note that
292 GC was seldom necessary when relatedness was accounted for and GC is not possible when
293 permutation is used to control for multiplicity (Li et al. 2018).

294 All association analyses were corrected for p -value inflation and multiplicity using four
295 approaches, *i*) including relatedness as a random effect and using *fdr* (“A+fdr”), *ii*) including
296 relatedness as a random effect and controlling for multiplicity by permutation (“A+perm”),
297 *iii*) ignoring relatedness and instead using GC to control p -value inflation, followed by *fdr*
298 (“GC+fdr”) and *iv*) not including relatedness as a random effect but controlling for
299 multiplicity using permutation (“perm”; with no possibility for GC).

300 Due to the two highly divergent lineages of nine-spined sticklebacks in the Atlantic (with
301 some individuals being a result of admixture between them), we included lineage (WL, EL or
302 ADMIXED) as a co-factor in the analyses for this species. This greatly reduced initial p -value
303 inflation that otherwise would have caused many false positives or significantly reduced
304 power to detect true significant associations following GC.

305 *Assessing sensitivity to of association analyses to parameter settings*

306 With three parameters for defining LD-clusters ($|E|_{min}$, SNP_{min} and Cor_{th}) and four methods to
307 correct for multiplicity and p -value inflation, the three- and nine-spined stickleback data sets
308 were subjected to a total of 180 tests each. It is important to note, however, that all tests are
309 applied to exactly the same data sets (i.e. tests within species are per definition not
310 independent), such that the cumulative number of significant genomic regions found is
311 quickly expected to reach an asymptote as more parameter combinations are tested, as shown
312 in Supplementary Figure 4.

313 A genomic region was considered significant when at least ten unique loci from clusters
314 significant at $\alpha=0.05$ (after corrections) were also physically clustered in the genome as
315 determined by single linkage clustering with a distance threshold of 500kb. All significant
316 clusters from any of the 180 parameter/correction method combinations were included but
317 most loci were found in LD-clusters in multiple such combinations. Based on this, we
318 calculated a consistency score C for each putative outlier region, denoting the proportion of
319 tests where a given genomic region was found significant, with $C=1$ indicating that a given
320 region was significant in all 180 tests. Conversely, low C -scores are expected for outlier
321 regions that are only detected in a restricted set of parameter/correction combinations. Note,
322 however, that regions with low C -scores do not necessarily imply small effect sizes, although
323 they can be correlated. Our wide range of parameter combinations was necessary to minimise
324 the dependence between parameter values and the number of outlier regions detected in three-
325 and nine-spined sticklebacks, despite vastly different levels of population structuring and
326 potentially fundamentally different mechanisms underlying marine-freshwater parallelism.
327 We deemed outlier regions with $C<0.05$ to be too sensitive to parameter settings to be
328 considered further in downstream analyses (Supplementary Fig. 4).

329 *Regional parallelism*

330 We also performed EMMAX analyses separately for the geographic regions with large
331 sample sizes of freshwater individuals for both species: Baltic Sea (18,13), North Sea (20,23),
332 Norwegian Sea (21,23) and White & Barents Seas (31,38), with numbers in brackets
333 indicating sample sizes for three- and nine-spined sticklebacks, respectively. The
334 corresponding marine samples sizes were more variable for both species and were lacking
335 altogether from the Norwegian Sea region for the nine-spined sticklebacks. However, for any
336 genomic region associated with marine-freshwater parallelism, the expectation is that

337 freshwater adapted alleles/haplotypes are found in high frequency in the freshwater
338 populations where they are locally adapted. Conversely, in marine populations, we expect the
339 low frequency of these alleles/haplotypes, regardless of geographic location (in contrast to
340 neutral loci). Thus, in order to analyse and compare regional parallelism for both species
341 fairly, we pooled all marine samples and contrasted them against freshwater samples from one
342 of the four geographic regions at a time. These analyses were performed on SMLAs based on
343 all unique loci from significant LD-clusters that mapped to each significant genomic region
344 identified above. Since the power to detect significant associations depends on the data set,
345 we only compared correlation coefficients as proxies for effect sizes, both when assuming all
346 individuals are unrelated (cor_{unrl}) and when including A as a random effect (cor_A). This
347 allowed us to assess which geographic regions contributed, and how much, for the overall
348 marine-freshwater differentiation for each significant genomic region.

349 *Divergence times and parallel evolution*

350 Since genetic parallelism is expected to be a negative function of time since divergence (e.g.,
351 Conte et al. 2012), we further explored the correlation between divergence time and the level
352 of genetic parallelism using seven freshwater population pairs from Europe (shown in
353 Supplementary Fig. 5). In each species, we first extracted the divergence times (in Mya)
354 between pairwise intra-specific populations based on the maximum-clade-credibility
355 summary tree, using the R-package *ape* (Paradis et al. 2004). The level of genetic parallelism
356 for each pair of freshwater-freshwater populations was estimated by counting the proportion
357 (relative to the entire data set) of marine-freshwater associated LD-cluster ($-\log_{10}(p) > 2$) loci
358 that grouped the two freshwater populations in the PCA (individuals from both freshwater
359 populations were found in the in-group) for a given LD-cluster. Finally, the matrixes of

360 pairwise intra-specific divergence times and levels of genetic parallelism were fitted using
361 MLPE model similar to the IBD analyses (described above).

362 Since processes that govern diversity levels within genomes (background selection, mutation
363 rate and recombination rate variation) are conserved between closely related populations (and
364 species), different measures of diversity are correlated across the genomes of closely related
365 populations (Dutoit et al. 2017). Here we take advantage of this correlation to detect whether
366 outlier genomic regions have more ancient origins than neutral regions by testing whether
367 genomic regions under selection show excess absolute divergence (d_{XY} , Nei 1987) relative to
368 the rest of the genome (Δd_{XY}) as detailed in Supplementary Method 8.

369

370 **Results**

371 *Genetic variation within populations*

372 There were significant differences in levels of genetic diversity between the two species and
373 habitats. Average heterozygosity (H) was significantly higher in three-spined than in nine-
374 spined sticklebacks (GLMM: $F_{1,258.85}=91.33$, $P<0.001$; Fig. 1e). Marine populations
375 harboured higher heterozygosity than freshwater populations in both species (GLMM:
376 $F_{1,257.14}=25.70$, $P<0.001$; Fig. 1e). Both π and θ were also higher in the three- than in the nine-
377 spined stickleback populations (π : GLMM, $F_{1,58.91}=10.34$, $P=0.002$, Fig. 1f; θ : GLMM,
378 $F_{1,58.98}=12.48$, $P<0.001$, Supplementary Fig. 6a), and higher in marine populations than in
379 freshwater populations (π : GLMM, $F_{1,58.98}=12.49$, $P<0.001$, Fig. 1f,g; θ : GLMM,
380 $F_{1,58.61}=7.25$, $P<0.01$, Supplementary Fig. 6a). Species*habitat interactions were not
381 significant in any of the analyses.

382 When incorporating nine-spined stickleback populations showing strong signatures of
383 admixture (see Materials and methods) in the analyses, the differences in genetic diversity (H ,
384 π and θ) between habitats were still significant (H : GLMM: $F_{1,320.45}=54.59$, $P<0.001$; π :
385 GLMM, $F_{1,70.09}=9.24$, $P=0.003$; θ : GLMM, $F_{1,69.93}=8.21$, $P=0.005$; Supplementary Fig. 6b-d),
386 but those between species were no longer significant (Supplementary Fig. 6b-d). This
387 indicates that admixture has had a significant positive effect on genetic diversity in the
388 admixed nine-spined stickleback populations. Indeed, admixed populations have significantly
389 higher heterozygosity than non-admixed populations (GLMM, $F_{1,320.02}=75.82$, $P < 0.001$;
390 Supplementary Fig. 6e).

391 *Genetic differentiation among populations*

392 The degree of genetic differentiation among nine-spined stickleback populations was
393 significantly higher (global $F_{ST} = 0.419$, 95% CI: 0.414-0.424; Fig. 1d) than that of three-
394 spined stickleback populations (global $F_{ST} = 0.198$; 95% CI: 0.194-0.201; Fig. 1d). This was
395 true also when only considering populations from the same genetic clades in nine-spined
396 sticklebacks (Supplementary Fig. 7). In both species, there was less differentiation among
397 marine than freshwater populations (Fig. 1d). Furthermore, in the case of the nine-spined
398 stickleback, IBD was significant in both marine and freshwater environments (MLPE, $p\leq 0.01$;
399 Fig. 2). In the three-spined stickleback, IBD was significant in marine (MLPE, $P<0.001$; Fig.
400 2) but not in freshwater habitat (MLPE, $P<0.26$; Fig. 2). A comparison of the IBD slopes
401 (MLPE regression coefficient β) revealed that the IBD in nine-spined sticklebacks was 23.9
402 times stronger in the marine habitat (MLPE, $\beta = 1.2e-4$ vs. $5.1e-6$; Fig. 2).

403 **Phylogenetic histories**

404 The comparison of the time-calibrated phylogenies between three- and nine-spined
405 sticklebacks (Fig. 3) revealed contrasting phylogenetic relationships and colonisation histories
406 across their global distribution. The TMRCA of all lineages of nine-spined stickleback was
407 2.146 Mya in late Pliocene (95% HPD interval [hereafter in parenthesis]: 1.800–2.503 Mya),
408 which is much older than that of the three-spined stickleback 0.074 Mya in late Pleistocene
409 (0.052–0.100 Mya).

410 The most ancient lineage of nine-spined sticklebacks was from the Western Atlantic (F in Fig.
411 3). In contrast, the Western Atlantic clade of three-spined sticklebacks was among the
412 youngest lineages, in line with earlier findings (Fang et al. 2018, 2020b). The most ancestral
413 lineage in three-spined sticklebacks was from the Eastern Pacific clade (D in Fig. 3), whereas
414 nine-spined sticklebacks from this area were more recently diverged (ALA lineage) with a
415 divergence time close to the TMRCA of its European lineages (0.766 Mya [0.644–0.887
416 Mya]; Fig. 3, Supplementary Fig. 5).

417 The European three-spined stickleback populations have diverged recently (A, B and C in
418 Fig. 3; 0.026 Mya [0.018–0.035 Mya]), with significant incomplete lineage sorting among
419 them. In contrast, the European nine-spined stickleback populations had deep and clear
420 lineage separation (three lineages [A, B and C] diverged 0.762 Mya [0.638–0.882 Mya]), with
421 evidence for introgression between the Eastern European (B) and the North Sea (C) lineages
422 (Fig. 3; Feng et al. 2020).

423 **Patterns of genetic parallelism**

424 When including relatedness as a random effect in association tests between SMLAs and
425 ecotype (EMMAX), λ was reduced from $\lambda=1.95$ to $\lambda=1.01$ and from $\lambda=1.73$ to $\lambda=1.32$ for

426 three- and nine-spined sticklebacks, respectively. Thus, accounting for relatedness reduced p -
427 value inflation completely in three-spined sticklebacks, but not in nine-spined sticklebacks.
428 Nevertheless, GC ensured that any residual p -value inflation was accounted for except when
429 using permutation. After corrections for p -value inflation and multiplicity, the number of
430 outlier regions that were significant in at least 5% of all parameter combinations/correction
431 methods ($C \geq 0.05$) was 26 for three-spined sticklebacks and nine for nine-spined sticklebacks
432 (Fig. 4 & 5). While no single parameter combination detected all these outlier regions the
433 most successful LDna parameter settings for three-spined sticklebacks were $|E|_{min}=10$,
434 $Cor_{th}=0.5$ and any combination of $SNP_{min}=[10, 20]$ (detecting all but the two ChrIX outlier
435 regions) with the corresponding parameter settings for nine-spined sticklebacks being
436 $|E|_{min}=20$, $SNP_{min}=10$ and any combination of $Cor_{th}=[0.6, 0.7, 0.8]$ (detecting all but the
437 ChrXIV outlier region). However, no outlier regions in nine-spined sticklebacks were found
438 in $>50\%$ ($C > 0.5$) of the parameter combinations, while this was the case for seven outlier
439 regions in three-spined sticklebacks (Fig. 5; Supplementary Table 1), with the corresponding
440 numbers for $C > 0.25$ being 13 and four, respectively. Thus, regardless of C -score, the number
441 of outlier regions detected were always larger in three- than in nine-spined sticklebacks,
442 showing that outlier detection in nine-spined sticklebacks was more dependent on parameter
443 settings than that in three-spined sticklebacks. As a consequence, widely different results
444 could have been obtained, particularly for nine-spined sticklebacks, if only a single (arbitrary)
445 parameter setting would have been chosen for LDna.

446 While all outlier regions with high C -scores tended to also have large effect sizes (Fig. 5),
447 some outlier regions with large effect sizes (e.g. Chr17_1, Chr20_4 and Chr20_5 for three-
448 spined sticklebacks and Chr14_1 for nine-spined sticklebacks) did not have high C -scores
449 (Fig. 5). These regions were more sensitive to parameter settings, but when they were
450 detected, they tended nevertheless to have large effect sizes (and be highly significant). The

451 Chr14_1 ($C=0.11$) outlier region in nine-spined sticklebacks, for instance (with the $cor=0.45$
452 [95% quantile for all LD-clusters mapping to the region] both when correcting and not
453 correcting for relatedness), was only detected when $|E|_{min}=40$ and $SNP_{min}=40$.

454 Focusing on four different geographic regions within the Atlantic Ocean, the mean effect size
455 (estimated based SMLAs from all significant loci from a given outlier region) across all
456 genomic regions was $cor_{unrl}=0.38$ (sd=0.24) and $cor_A=0.28$ (sd=0.17) for three-spined
457 sticklebacks and $cor_{unrl}=0.29$ (sd=0.20) and $cor_A=0.27$ (sd=0.17) for nine-spined stickleback.
458 In both species, no outlier region associated with marine-freshwater parallelism displayed
459 universally high effect sizes across all analysed geographic regions (Fig. 6). The geographic
460 region with the highest mean effect size across the outlier regions for three-spined
461 sticklebacks was the Norwegian Sea ($cor_{unrl}=0.38$, sd=0.17; $cor_A=0.66$, sd=0.2), with least
462 evidence for parallelism being found in White & Barents Sea ($cor_{unrl}=0.24$, sd=0.15;
463 $cor_A=0.14$, sd=0.078) and in the Baltic Sea regions ($cor_{unrl}=0.294$, sd=0.19; $cor_A=0.22$,
464 sd=0.14). In contrast, the two geographic regions with highest effect sizes across all outlier
465 genomic regions in nine-spined sticklebacks were the opposite of three-spined sticklebacks,
466 namely White & Barents Sea ($cor_{unrl}=0.43$, sd=0.17; $cor_A=0.39$, sd=0.17) and the Baltic Sea
467 regions ($cor_{unrl}=0.41$, sd=0.22; $cor_A=0.42$, sd=0.19).

468 The mean size for outlier regions was 3.0 times larger for three-spined sticklebacks compared
469 to nine-spined sticklebacks (154Kbps vs. 52Kbps; Supplementary Table 1), with the mean
470 number of unique significant loci mapping to each region being 2.7 times larger in three-
471 compared to nine-spined sticklebacks (115 SNPs with a range of 10-1341 vs. 42 SNPs with a
472 range of 10-109). The total number of loci from significant LD-clusters mapping to outlier
473 regions was 379 and 2996, for three-spined and nine-spined sticklebacks, respectively.

474 However, a large proportion of the loci (43%) in three-spined sticklebacks mapped to the
475 Chr1 inversion.

476 The genomic regions under parallel evolution in three-spined sticklebacks show an excess in
477 absolute divergence (Δd_{XY}) compared to neutral genomic regions, suggesting ancient origin of
478 the selected regions (as per Nelson & Cresko 2018). On the contrary, the genomic regions
479 under parallel evolution in nine-spined sticklebacks do not show significant Δd_{XY} .
480 Specifically, in three-spined sticklebacks, 16 out of 26 genomic regions under selection had
481 higher Δd_{XY} than the 95% CI of Δd_{XY} estimated from 100 random “neutral” regions across the
482 genome 1 (Fig. 4a-d, Supplementary Fig. 8). Those ancient regions included EDA gene and
483 the inversion in Chr1 (Jones et al. 2012; Fang et al. 2020a; Fig. 4d,b). In contrast, only one
484 out of nine regions under selection in nine-spined sticklebacks showed (slightly) higher Δd_{XY} ,
485 approaching the 95% CI of Δd_{XY} for neutral regions (Fig. 4k). Full results of genetic diversity
486 and divergence in the candidate genomic regions were given in Supplementary Fig. 8.

487 There was a significant negative correlation between divergence times and the level the
488 genetic parallelism in nine-spined sticklebacks (MLPE: $\beta=-2e-4$, $P<0.001$; Supplementary
489 Fig. 9). However, there was no significant correlation in three-spined sticklebacks (MLPE:
490 $\beta=-0.014$, $P=0.76$; Supplementary Fig. 9).

491

492 **Discussion**

493 Theory predicts the probability of parallel evolution to be negatively correlated with
494 divergence time and positively correlated with effective population size and population
495 connectivity (MacPherson & Nuismer 2017). Despite their similar life histories, ecologies and
496 distribution ranges, three- and nine-spined sticklebacks show dramatically different
497 phylogenetic histories, within population genetic diversities and population structuring across
498 comparable geographic distances and as predicted, very different levels of genetic parallelism
499 in response to colonisation of freshwater environments. As the results show, gene flow

500 between nine-spined stickleback populations is more restricted than between three-spined
501 stickleback populations, resulting in a more heterogeneous pool of SGV available for
502 freshwater adaptation, thereby reducing the probability of parallel evolution in the former.
503 These findings indicate that the two species differ markedly in the fundamental processes
504 affecting the distribution of adaptive genetic variation among their demes.

505 Three-spined sticklebacks displayed a larger number (2.9 times) of genomic regions involved
506 in marine-freshwater parallelism than nine-spined sticklebacks, and these regions were on
507 average three times larger and harboured eight times more loci. Most outlier regions in three-
508 spined sticklebacks show excess divergence (Δd_{XY}), a result in line with evidence from other
509 studies (Nelson & Cresko 2018) suggesting ancient origins of haplotypes involved in parallel
510 evolution in this species. In contrast, the outlier regions in nine-spined sticklebacks do not
511 follow the same pattern (i.e. no significant Δd_{XY}). Furthermore, for both species, no marine-
512 freshwater divergence associated region showed high effect sizes across all studied
513 geographic regions, suggesting that parallelism is often geographically limited. Below we
514 discuss how these findings shed new light into our understanding of how geographic patterns
515 of parallel local adaptation is shaped by demographic and phylogenetic history.

516

517 *Genetic diversity, population connectivity and phylogenetic history*

518 Genetic diversity was generally lower for nine- than three-spined sticklebacks and in
519 freshwater compared to marine populations. These findings align with earlier studies showing
520 lower genetic diversity in nine- than in three-spined stickleback populations (DeFaveri et al.
521 2012; Merilä 2013), and in freshwater fish populations than marine fish populations in general
522 (Avice et al. 1987; DeWoody & Avice 2000; McCusker & Bentzen 2010; Ward et al. 1994;

523 Ward et al. 1992). Assuming that three-and nine-spined sticklebacks exhibit similar mutation
524 rates, the observed differences in θ (three-spined > nine-spined stickleback) should reflect
525 differences in coalescent N_e (as $\theta = 4N_e\mu$). Hence, lower N_e , stronger population structure and
526 stronger IBD all contribute to more heterogeneous pools of SGV in nine-spined than in three-
527 spined sticklebacks. Assuming that adaptive genetic variation follows the same general
528 pattern, SGV for freshwater adaptation is expected to be considerably reduced in nine-
529 compared to three-spined sticklebacks.

530 Our analyses revealed that the nine-spined stickleback lineages were far older than three-
531 spined stickleback lineages, and that the degree genetic parallelism decreased as an increasing
532 function of divergence time in the nine-spined stickleback. All this supports the notion that
533 differences in divergence time influence the probability of parallel evolution, as pools of SVG
534 get increasingly differentiated with time (MacPherson & Nuismer 2017). However, the
535 question of which is a more important determinant of the probability of parallel evolution -
536 divergence time or gene flow – is not easily answered because the two are not independent:
537 restricted gene flow is a prerequisite for the formation and maintenance of distinct lineages. It
538 is therefore difficult to disentangle the effect of current population structure and past
539 divergence on the levels of genetic parallelism because both are functions of the species
540 demographic history.

541 *Geographic heterogeneity in selection optima?*

542 Parallel evolution not only requires access to the same pool of SGV (Barrett & Schluter 2008;
543 Schluter & Conte 2009), but also parallelism of selection optima across the distribution range,
544 which cannot be taken for granted (Bolnick et al. 2018; Magalhaes et al. 2020; Stuart et al.
545 2017). Thus, lower parallelism in selection optima across freshwater habitats could also

546 explain the lower degree of parallelism in nine- than three-spined sticklebacks. However,
547 geographic differences in SGV can result in contrasting patterns of genetic parallelism, both
548 globally (Fang et al. 2020a) and locally (Leinonen et al. 2012). Based on a small subset of the
549 data used here, simulations in Kempainen et al. 2021 show that the level of IBD
550 characteristic of nine-spined stickleback populations (as opposed to three-spined stickleback-
551 like scenarios) is sufficient to severely restrict SGV for local adaptation. Thus, while parallel
552 angles of selection are a prerequisite, parallel evolution also relies on access to the necessary
553 ancestral SGV for local adaptation. That ancestral SGV in turn is determined by population
554 demographic parameters such as N_e and population connectivity.

555 The reported differences in the degree of parallel evolution between two stickleback species
556 could be argued to be an artefact of the inherent difficulty of detecting outlier loci among
557 highly differentiated populations (Galloway et al. 2020; Hoban et al. 2016; Matthey-Doret &
558 Whitlock 2019). However, whenever background differentiation is high (due to population
559 structuring), we can also expect p -value inflation due to relatedness. Accounting for
560 relatedness can in some circumstances be expected to increase statistical power to detect
561 outliers (Kang et al. 2010; Kang et al. 2008). For instance, when multiple populations in
562 similar habitats display high frequencies of the same genetic variants (i.e. parallel evolution);
563 the more divergent the populations are, the stronger the contrast between neutral genetic
564 background (reflecting relatedness) and genomic regions under selection will be. Since
565 neither effect sizes nor p -value inflation (both of which are important determinants of
566 statistical power) differed much between nine-and three-spined sticklebacks for the outlier
567 regions, there is no reason to doubt the conclusion that the marine-freshwater differentiated
568 regions in three-spined sticklebacks outnumber such regions in nine-spined sticklebacks

569 across a wide range of parameter/threshold values and correction methods. This and other
570 methodological considerations are discussed further in Supplementary Information 2.

571 *Geographic heterogeneity in marine-freshwater parallelism*

572 Historically, much of the parallel evolution research in three-spined sticklebacks has focused
573 on Eastern Pacific populations (reviewed in Fang et al. 2020a). However, it is becoming
574 increasingly clear that parallelism in three-spined sticklebacks is not as universal and global
575 as previously thought (Fang et al. 2020a). This is also clear from our analyses (with more
576 extensive geographic coverage than in previous studies), where heterogeneity in effect sizes
577 across the different geographic region was found not only in nine- (where this was expected)
578 but also in three-spined sticklebacks. In our analyses of genetic parallelism, we limited our
579 comparisons to the Atlantic region as we lacked samples of marine nine-spined sticklebacks
580 from the Eastern and Western Pacific regions. Therefore, we do not know if the patterns seen
581 in the Atlantic region can be generalized to the rest of the species distribution range.

582 However, there is a good reason to believe that inclusion of populations from the Eastern
583 Pacific would have revealed stronger, not weaker, differences in levels of parallel evolution
584 between the two taxa. Namely, the extent of genetic parallelism in the three-spined
585 stickleback from the Pacific region is far stronger than that in the Atlantic (Fang et al. 2020a).
586 While this might at first suggest that inclusion of Eastern Pacific samples to the comparison
587 might recover more genetic parallelism also in the nine-spined stickleback, we believe the
588 opposite is more likely to be true. The Eastern Pacific is the ancestral range of the three-
589 spined stickleback, which harbours most of the SGV involved in marine-freshwater
590 adaptation (Fang et al. 2020a; Fang et al. 2020b; Fang et al. 2018). In contrast to three-spined
591 sticklebacks, the oldest populations of nine-spined sticklebacks are located in the Western
592 Atlantic region (Fig. 3), and therefore, it is logical to assume that at least a part of the SGV

593 involved in parallel evolution might have been lost during the invasion of the Pacific region.
594 Hence, the inclusion of Pacific populations of both species into the analyses would likely
595 reveal even stronger differences than observed now.

596 *Age of freshwater adapted alleles*

597 While nine-spined stickleback populations have a longer evolutionary history than the three-
598 spined stickleback populations, the genomic regions under parallel selection in three-spined
599 sticklebacks appear to be of more ancient origin than the populations in which they are
600 segregating. A possible explanation for this counterintuitive finding may lie in the effect of
601 gene flow and N_e on the ability of species maintain ancestral haplotypes in the pool of SGV;
602 the larger N_e and the weaker population subdivision makes this scenario more likely in three-
603 compared to nine-spined sticklebacks. Although the Atlantic three-spined stickleback
604 populations have a relatively young evolutionary history (colonisation occurred 29.5-226.6
605 Kya; Fang et al. 2020b), the freshwater-adapted alleles in the SGV pool were inherited
606 originate from Eastern Pacific region (Fang et al. 2020a), which harbours these ancient t
607 haplotypes (~six million years old; Nelson & Cresko 2018). In contrast, lower N_e and gene
608 flow in the nine-spined stickleback marine populations is expected to limit the maintenance
609 and geographic spread of SGV. This could lead to higher turnover rates of freshwater adapted
610 alleles, higher dependence on novel mutations and consequently higher geographic
611 heterogeneity in parallel evolution in nine-spined sticklebacks.

612 *Implications for local adaptation*

613 The implications of the absence of a homogenous pool of SGV in the nine-spined stickleback
614 are relevant to local adaptation in general. Populations colonizing new environments may lose
615 potentially beneficial variation via bottlenecks and founder events. With limited or absent

616 gene flow, the lost variability cannot easily be regained. Consistent with this, Kempainen et
617 al. 2021 demonstrated that the genetic architectures underlying pelvic reduction (a common
618 freshwater adaptation in sticklebacks) is highly heterogeneous in nine-spined sticklebacks
619 even across short (<10 km) geographic distances. In addition, many freshwater populations
620 lacked pelvic reduction altogether probably because they lacked the SGV underlying this trait,
621 thus restricting the populations to suboptimal phenotypes. A possible example where
622 restricted access to SGV has led to potentially less optimal freshwater adaptation can also be
623 found in three-spined sticklebacks. In a small and isolated region in the northern Finland,
624 fully plated three-spined sticklebacks displayed reduced lateral plate height possibly as a
625 compensatory adaptation to the genetic constraint imposed by the lack of the low-plate EDA
626 allele in these populations (Leinonen et al. 2012). Thus, it is important to note that lack of
627 large pool of SGV not only limits parallel evolution, but also local adaptation more generally.

628 The lack of SGV to fuel local adaptation can be mitigated by introgression between divergent
629 clades as this can substantially increase the genetic variation in the affected populations
630 (Anderson 1949; Arnold 1997; Marques et al. 2019). This appears to be the case for the Baltic
631 Sea nine-spined stickleback populations which have experienced introgression from divergent
632 western European populations (Feng et al. 2020; Shikano et al. 2010b; Teacher et al. 2011); a
633 comparison of admixed and non-admixed populations revealed the former to have
634 significantly higher heterozygosity than the latter. Since admixed populations were excluded
635 from the analyses of within population genetic diversity, this did not have any effect on our
636 inference beyond reducing sample sizes available for analyses. Nevertheless, the results
637 demonstrate that introgression is an important determinant of genetic diversity, and thus
638 potentially also of the adaptive potential of populations. This is consistent with Baltic Sea
639 having large effect sizes for a subset of the regions that have large effect sizes also in the

640 White & Barents Sea possibly compensating for the lack of freshwater adaptations in the
641 Western lineage (which have much lower effect sizes for all outlier regions).

642 *Genetic differentiation and speciation*

643 It is intriguing that the two species of sticklebacks studied here do not display only highly
644 contrasting population structures but come from different genera containing an equally
645 contrasting number of recognized species. While it is tempting to think that there could be a
646 causal connection between among population connectivity and propensity to speciate, one
647 needs to notice that there is also evidence to suggest that there may be yet undescribed species
648 in both genera (Guo et al. 2019; Taylor et al. 2006). Hence, counting taxonomically valid
649 species as proxies of speciosity can be misleading.

650 What may be more interesting to consider is the process of speciation. In the case of the three-
651 spined stickleback “species pairs”, speciation seems to progress rapidly towards completion,
652 but full reproductive isolation is not usually reached (McKinnon & Rundle 2002). In fact,
653 whenever the ecological conditions that drove the evolution of reproductive isolation in the
654 first place cease to exist, hybridization and reverse speciation is known to occur (Marques et
655 al. 2019; Rudman & Schluter 2016). Hence, this suggests that strong genetic incompatibilities
656 have not had time to evolve. The marked between species difference in divergence times of
657 local three- and nine-spined populations shown in this study suggest that one should expect
658 speciation through accumulation of genetic incompatibilities to be much more likely in the
659 *Pungitius* than in the *Gasterosteus* genus. There is indeed some evidence for evolution of
660 incompatibilities in *Pungitius* (Natri et al. 2019), and although hybridization has occurred
661 fairly frequently (Guo et al. 2019), the species have not collapsed into hybrid swarms. It is
662 tempting to speculate that the same features that can drive local adaptation and initial progress

663 along the speciation continuum in the short term are actually limiting factors in driving
664 speciation to completion. Hence, the two genera should provide an interesting model system
665 for future studies focused on the roles of adaptive divergence vs. incompatibilities in
666 generating new species.

667 In conclusion, the results establish that the two co-distributed stickleback species possess
668 strikingly different population genetic structures suggesting far more limited gene flow, and
669 hence, a more heterogeneous pool of SGV among the nine-spined, than among the three-
670 spined stickleback populations. This greater heterogeneity likely underlies the observed lower
671 degree of genetic parallelism among the nine-spined stickleback populations. Furthermore,
672 there appears to be generally less SGV in the nine- than in the three-spined stickleback,
673 possibly because of lower long-term effective population sizes of the latter. However, high
674 levels of SGV were detected in those few nine-spined stickleback populations where
675 introgression from other related lineages or species has been documented. All in all, the
676 results suggest that because of the contrasting levels of heterogeneity in SVG, the two
677 stickleback species are differently disposed to adapt similar selection pressures via parallel
678 and non-parallel genetic mechanisms.

679

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925 **FIGURE LEGENDS**

926 **Figure 1 | Three-spined sticklebacks exhibit higher levels of genetic variation and lower**
927 **degree of population differentiation than nine-spined sticklebacks.** (a) Map showing the
928 species-specific sampling locations. (b, c) Pairwise population differentiation (F_{ST}) of three-
929 and nine-spined sticklebacks, respectively. Populations are specified in Supplementary Table
930 2. (d) Global F_{ST} of the two species. Error bars indicate 95% bootstrap confident intervals. (e,
931 f) Boxplots of Heterozygosity (H) and nucleotide diversity (π). Admixed populations in nine-
932 spined stickleback are excluded in (e-f). See Supplementary Fig. 2 for the estimates of
933 Watterson's theta (θ) and the effect of admixed populations on measures of genetic diversity.
934 Generalized linear mixed model (GLMM) revealed significant differences in genetic diversity
935 (e,f) between species and ecotypes (see Results).

936

937 **Figure 2 | Isolation by distance (IBD).** IBD was tested across (a) marine and (b) freshwater
938 three- (red) and nine-spined stickleback (blue) populations using maximum-likelihood
939 population-effects (MLPE) model. The slope of the regression coefficients (β) suggest
940 stronger IBD in nine- than in three-spined sticklebacks. IBD comparisons were restricted to
941 European populations (see Materials and Methods).

942

943 **Figure 3 | Time-calibrated phylogenies of three- and nine-spined sticklebacks inferred**
944 **with SNAPP.** The topology and divergence times of phylogenetic trees of nine- (left) and
945 three-spined sticklebacks (right) are presented and compared using populations across the
946 same, or geographically close, sampling sites. Colours correspond to the different lineages
947 (A–F) of nine-spined sticklebacks. Arrows in the bottom indicate directions of timeline from

948 past to present. The TMRCA (time to the most recent common ancestor) of three-spined
949 sticklebacks is marked in the timeline of the nine-spined sticklebacks for comparison.
950 Population identifiers were simplified for clarity; see Supplementary Fig. 1e for a map of
951 sampled populations. The maximum-clade-credibility summary trees of the SNAPP
952 phylogenies indicating divergence times and calibration points are given in the
953 Supplementary Fig. 3.

954

955 **Figure 4 | Three-spined sticklebacks exhibit stronger level of parallel genetic evolution**
956 **than nine-spined sticklebacks.** (a,g) Manhattan plots of $-\log_{10}(P)$ value testing for
957 associations between LD-clusters and ecotype (EMMAX). Colour for each unique genomic
958 region indicates the proportion of all combinations parameter/correction method settings a
959 given region was found significant in (C -score) after corrections for multiple testing and p -
960 value inflation (grey indicates C -score <0.05). (b-f, h-l) summaries of residuals of linear
961 regression models based on the genetic diversity (π) and genetic divergence (d_{XY}) derived
962 from marine–freshwater population pairs for selected outlier regions (see Materials and
963 methods). The squared correlation coefficient (r^2) is shown as an averaged value across all
964 models from different population pairs. Summaries for all regions are given in the
965 Supplementary Fig. 5. All models were statistically significant ($P<0.001$).

966 **Figure 5 | Relationship between C-score and effect size.** Figure depicts C as a function of
967 effect size (cor ; 95% quantile across all significant LD-clusters mapping to a given genomic
968 region) for outlier genomic regions, when (left panel) relatedness is accounted for and (right
969 panel) when individuals are assumed to be unrelated for three- and nine-spined sticklebacks
970 (upper and lower panels, respectively). Size indicates the mean number of tests for significant
971 LD-clusters for a given region (a function of $|E|_{min}$, SNP_{min} and Cor_{th} , see main text for
972 details), with smaller numbers indicating that a region is only significant when fewer and
973 larger LD-clusters are tested and colour indicates the most significant P-value across any
974 correction method (“A+fdr”, “A+perm”, “GC+fdr” and “perm”). Only outlier regions above
975 the horizontal dashed line ($C > 0.05$) are considered in our analyses. 3sp, three-spined
976 stickleback; 9sp, nine-spined stickleback.

977

978 **Figure 6 | Regional parallelism.** Shown are heatmaps of effect sizes (cor) from linear
979 regressions between SMLAs and ecotype (EMMAX) for outlier regions ($C\text{-score} \geq 0.05$)
980 separately for four geographic regions. Results are shown for (a) three- and (b) nine-spined
981 sticklebacks, when assuming individuals are unrelated (unrl) and when a relatedness matrix
982 (A) was included as a random effect. Grey side bars indicates the C -score.

983

Figure 1

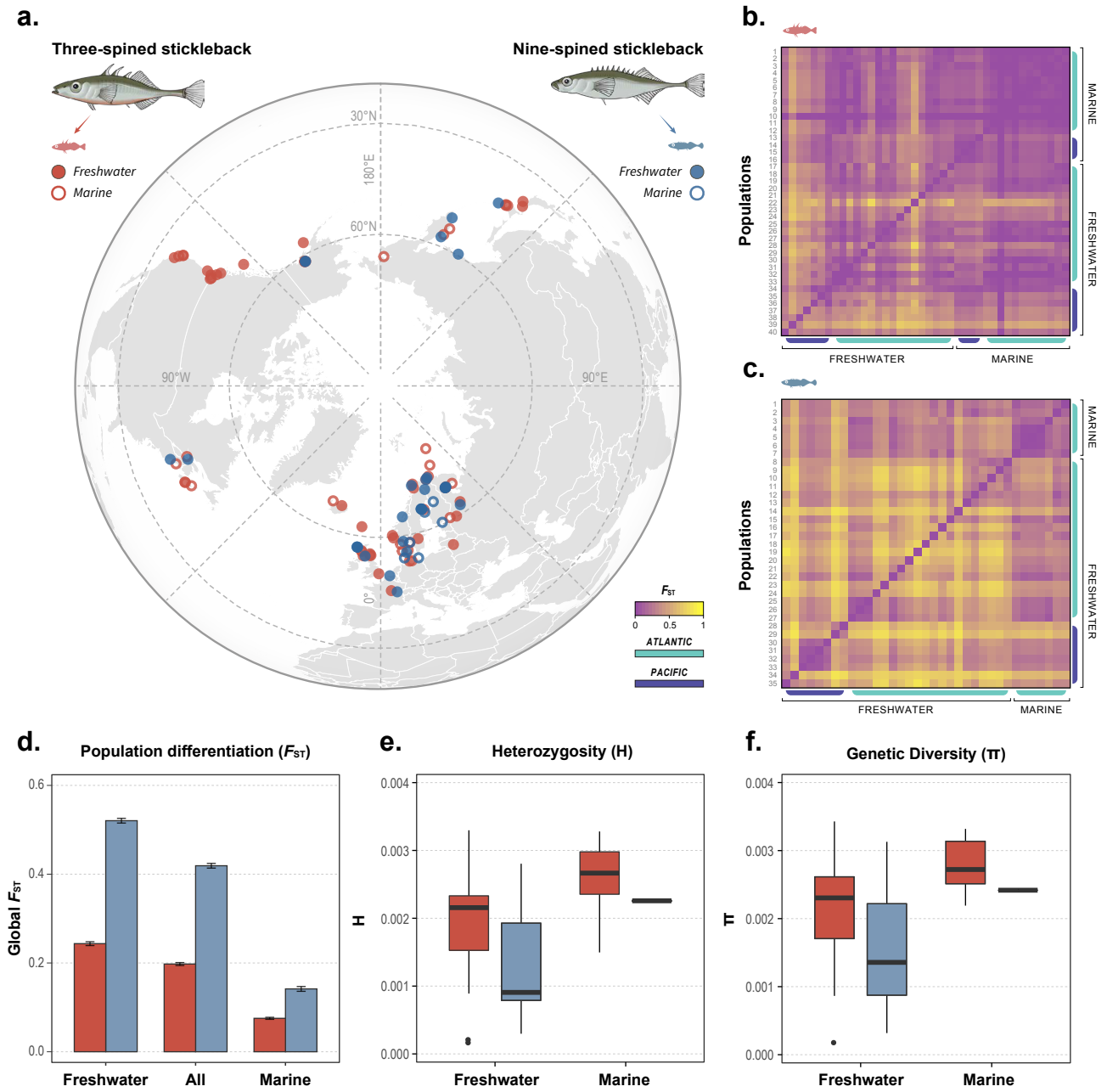


Figure 2

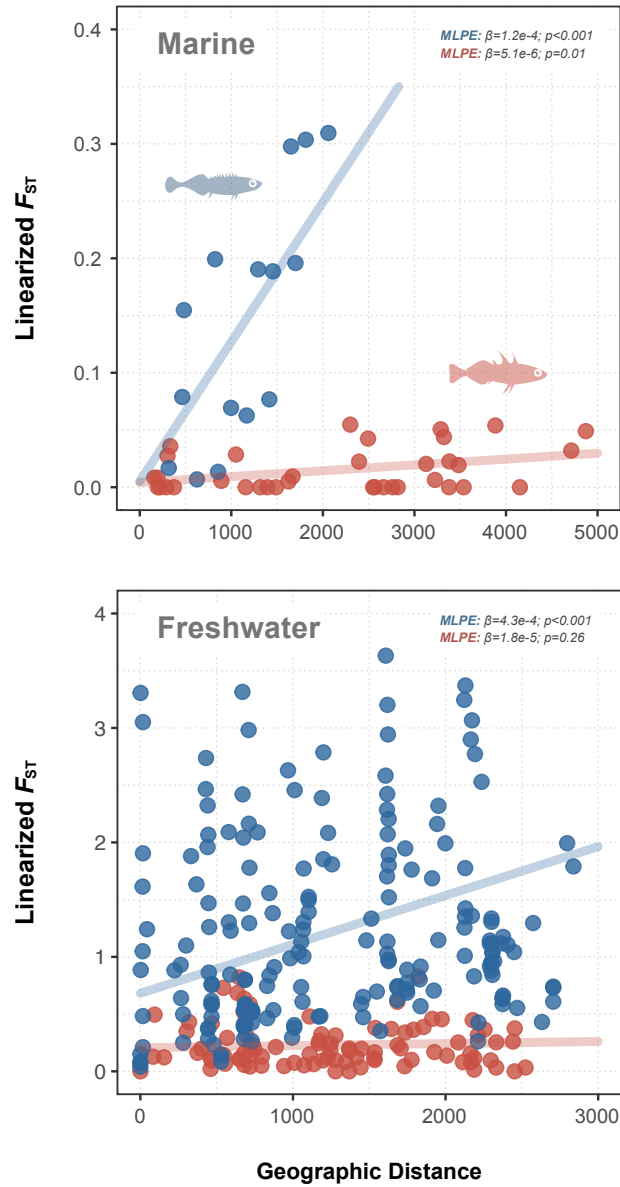


Figure 3

- Three-spined stickleback
- Nine-spined stickleback
- Freshwater samples
- Marine samples

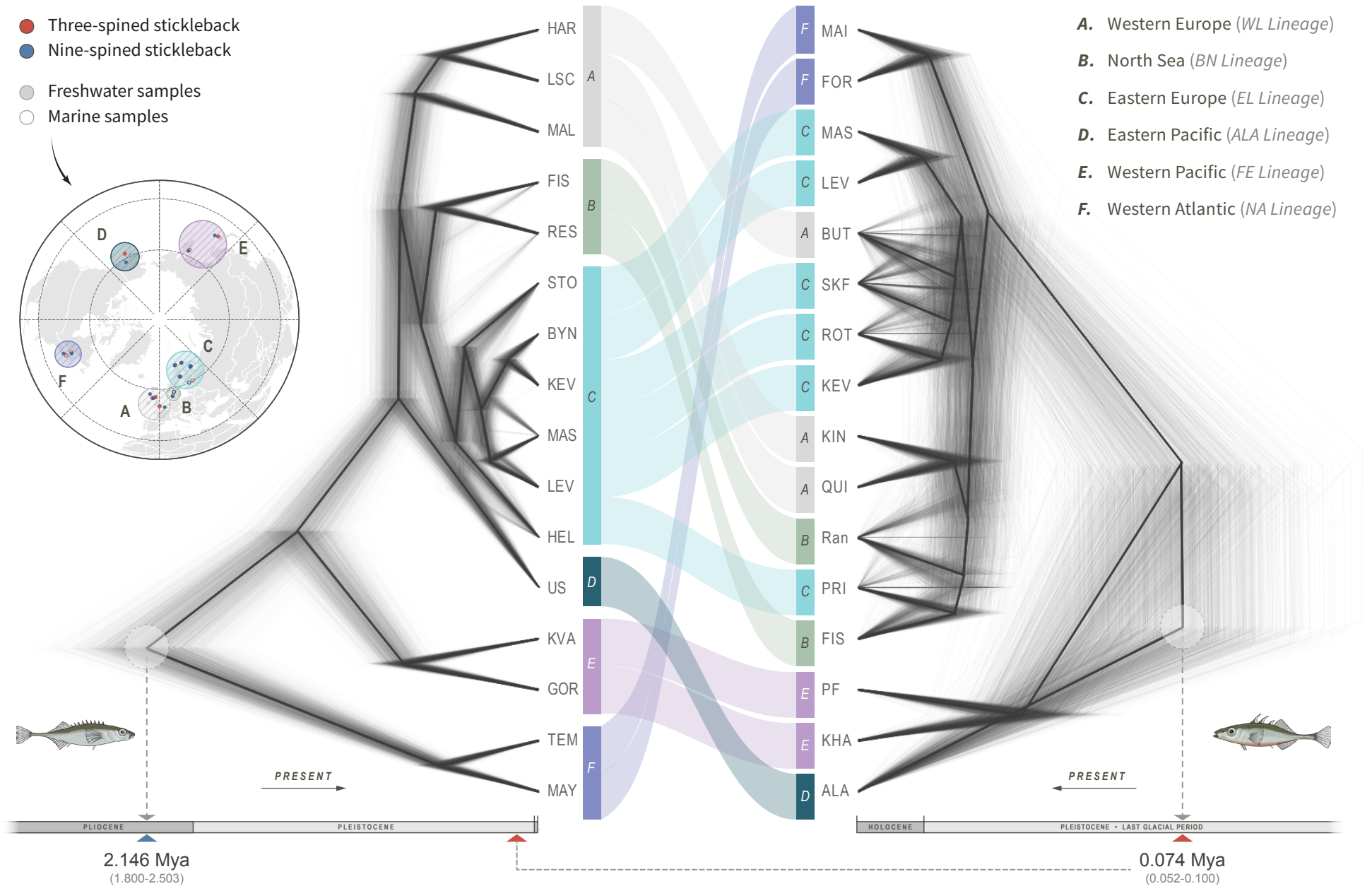
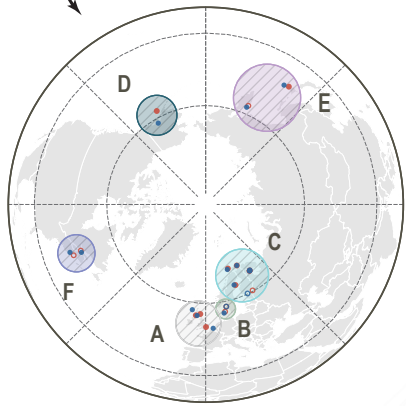


Figure 4

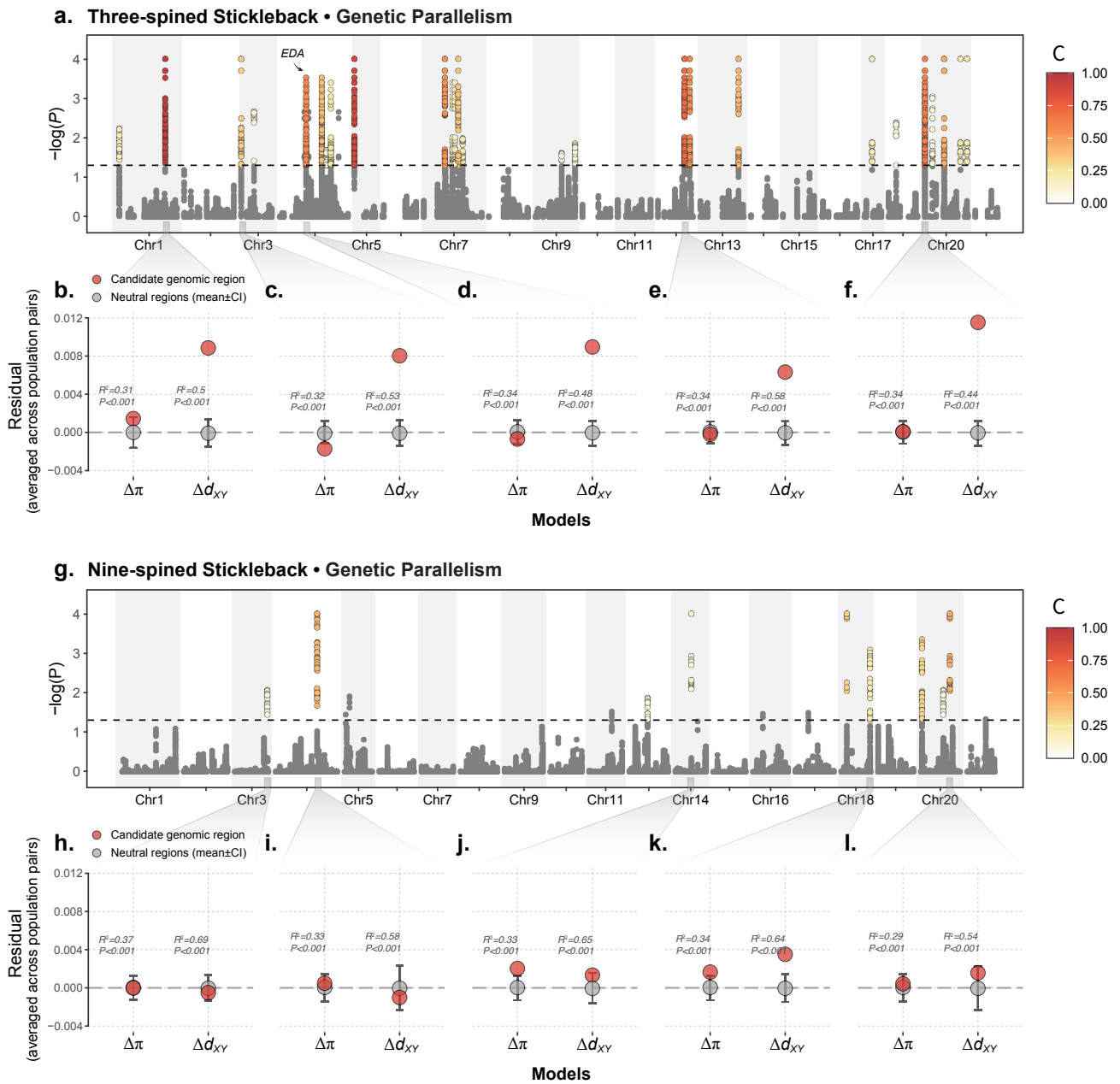


Figure 5

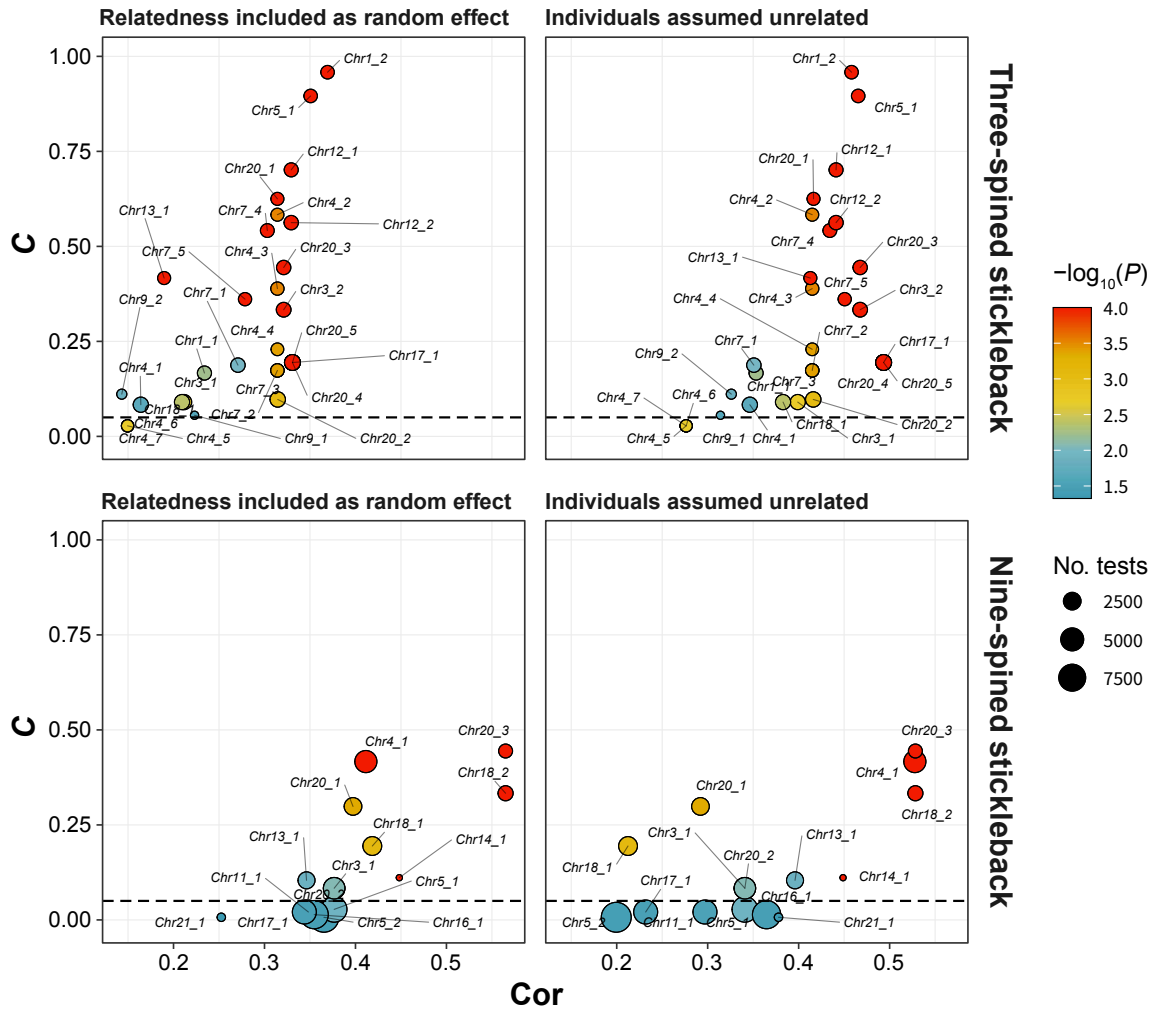


Figure 6

