

1 **Title:** Intronic enhancer region governs transcript-specific BDNF expression in neurons

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21 **ABSTRACT**

22 Brain-derived neurotrophic factor (BDNF) controls the survival, growth, and function of neurons both
23 during the development and in the adult nervous system. BDNF gene is transcribed from several distinct
24 promoters generating transcripts with alternative 5' exons. BDNF transcripts initiated at the first cluster
25 of exons have been associated with the regulation of body weight and various aspects of social behavior,
26 but the mechanisms driving the expression of these transcripts have remained poorly understood. Here,
27 we identify an evolutionarily conserved intronic enhancer region inside the BDNF gene that regulates both
28 basal and stimulus-dependent expression of the BDNF transcripts starting from the first cluster of 5' exons
29 in neurons. We further uncover a functional E-box element in the enhancer region, linking the expression
30 of BDNF and various pro-neural basic helix-loop-helix transcription factors. Collectively, our results shed
31 new light on the cell type- and stimulus-specific regulation of the important neurotrophic factor BDNF.

32 **INTRODUCTION**

33 Brain-derived neurotrophic factor (BDNF) is a secreted protein of the neurotrophin family (Park and Poo,
34 2013). During the development, BDNF promotes the survival of various sensory neuron populations
35 (Ernfors et al., 1994; Jones et al., 1994). In the adult organism, BDNF is also required for the proper

36 maturation of synaptic connections and regulation of synaptic plasticity (Korte et al., 1995; Park and Poo,
37 2013). Defects in BDNF expression and signaling have been implicated in various neuropsychiatric and
38 neurodegenerative diseases, including major depression, schizophrenia, Alzheimer's disease and
39 Huntington's disease (Autry and Monteggia, 2012; Burbach et al., 2004; Jiang and Salton, 2013; Murray et
40 al., 1994; Ray et al., 2014; Wong et al., 2010; Zuccato et al., 2001; Zuccato and Cattaneo, 2009).

41 Murine BDNF gene contains eight independently regulated non-coding 5' exons (exons I-VIII) followed by
42 a single protein-coding 3' exon (exon IX). Splicing of one of the alternative exons I-VIII with the constitutive
43 exon IX gives rise to different BDNF transcripts (Aid et al., 2007). Additionally, transcription can start from
44 an intronic position upstream of the coding exon producing an unspliced 5' extended variant of the coding
45 exon (exon IXa-containing transcript) (Aid et al., 2007). The usage of multiple promoters enables complex
46 cell-type and stimulus-specific BDNF expression (reviewed in West et al., 2014). For instance, BDNF exon
47 I, II, and III-containing transcripts show mainly nervous system-specific expression patterns, whereas
48 BDNF exon IV and VI-containing transcripts are expressed in both neural and non-neural tissues (Aid et
49 al., 2007; Timmusk et al., 1993). Similar expression patterns for different BDNF transcripts are also
50 observed in human (Pruunsild et al., 2007). Notably, different BDNF transcripts have distinct contribution
51 to various aspects of neural circuit functions and behavior (Hallock et al., 2019; Hill et al., 2016; Maynard
52 et al., 2016a, 2018a; McAllan et al., 2018; Sakata et al., 2009).

53 In addition to proximal promoter regions, the complex regulation of gene expression is often controlled
54 by distal regulatory elements called enhancers (reviewed in Buecker and Wysocka, 2012). Enhancers are
55 usually active in a tissue- and cell type-specific manner (reviewed in Heinz et al., 2015; Wu et al., 2014),
56 and can be located inside or outside, upstream or downstream of the target gene, within another gene or
57 even on a different chromosome (Banerji et al., 1981; Lettice et al., 2003; reviewed in Ong and Corces,
58 2011). Many enhancers are activated only after specific stimuli which cause enrichment of active
59 enhancer-associated histone modifications and increased chromatin accessibility (Su et al., 2017).
60 Genome-wide analysis has proposed approximately 12000 neuronal activity-regulated enhancers in
61 cortical neurons (Kim et al., 2010). Importantly, dysregulation of enhancers or mutations in proteins that
62 participate in the formation of enhancer-promoter complexes are associated with a variety of disorders,
63 including neurodegenerative diseases (reviewed in Carullo and Day, 2019).

64 Previous studies from our laboratory have suggested that the expression of the BDNF gene is also
65 regulated via distal regulatory regions. Notably, the induction of BDNF mRNA after BDNF-TrkB signaling in
66 neurons seems to depend on unknown distal regulatory regions (Esveld et al., 2020). Furthermore,
67 dopamine-induced expression of BDNF in astrocytes is controlled by an unknown regulatory region within
68 the BDNF gene locus (Koppel et al., 2018). Here, we identify a novel enhancer region in the BDNF gene
69 located downstream of the BDNF exon III and show that this regulatory element selectively activates basal
70 and stimulus-dependent expression of the exon I, II and III-containing BDNF transcripts in neurons.

71 **RESULTS**

72 **1. BDNF +3 kb region shows enhancer-associated characteristics in mouse and human brain tissue**

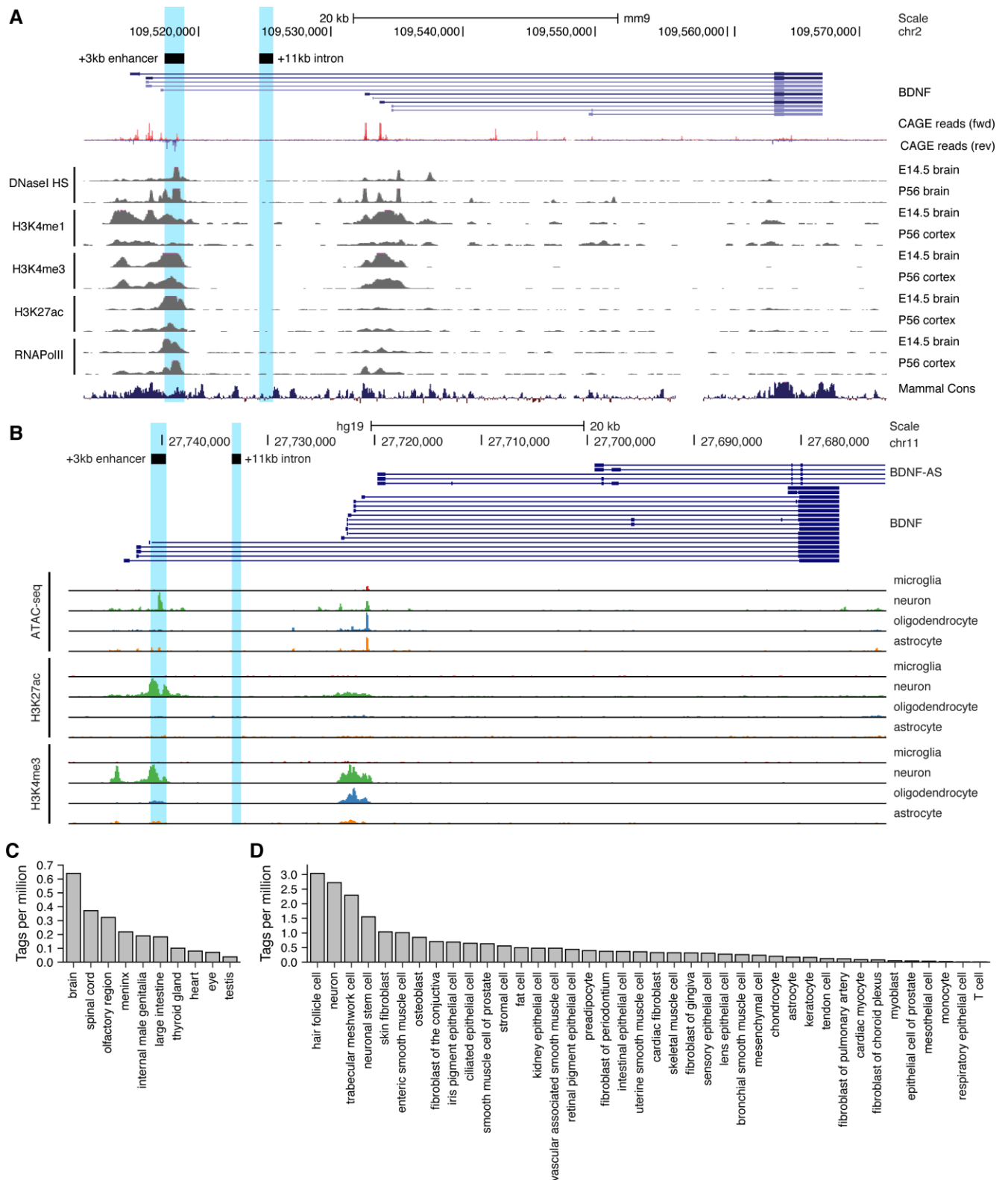
73 To uncover novel enhancer regions regulating BDNF expression in the central nervous system, we started
74 with bioinformatic analysis of the enhancer-associated characteristics. Active enhancers are characterized
75 by nucleosome-free DNA that is accessible to transcription factors and other DNA binding proteins.

76 Chromatin at active enhancer regions typically has distinct histone modifications – H3K4me1, a hallmark
77 of enhancer regions, and H3K27ac, usually associated with active regulatory regions. Active enhancers
78 also bind RNA polymerase II and are bidirectionally transcribed from the regions marked by enhancer-
79 associated histone modifications giving rise to non-coding enhancer RNAs (eRNAs) (Nord and West, 2020).
80 Based on the mouse brain tissue ChIP-seq data from the ENCODE project and transcription start site (TSS)
81 data from the FANTOM5 consortium, a region ~3 kb downstream of BDNF exon I TSS has prominent
82 enhancer-associated features (Figure 1A). First, the +3 kb region is hypersensitive to DNaseI, indicative of
83 an open chromatin structure. Second, ChIP-seq data shows that this region is enriched for H3K4me1,
84 H3K4me3 and H3K27ac modifications. Third, the +3 kb region interacts with RNA polymerase II, with a
85 strong evidence for bidirectional transcription according to the FANTOM5 CAGE database. Finally, the
86 region is conserved between mammals, pointing at its possible functional importance.

87 We next used H3K27ac ChIP-seq data from Nord et al (Nord et al., 2013) to determine the activity of the
88 potential enhancer region in different tissues throughout the mouse development. We found that the +3
89 kb region shows H3K27ac mark in the mouse forebrain, with the highest signal from embryonic day 14 to
90 postnatal day 7, but not in the heart or liver (Supplementary Figure 1). This suggests that the +3 kb
91 enhancer region might be active mainly in neural tissues in late prenatal and early postnatal life.

92 To further investigate which cell-types the +3 kb region could be active in human *in vivo*, we used data
93 from a recently published human brain cell-type-specific ATAC-seq and ChIP-seq experiments (Nott et al.,
94 2019) (Figure 1B). We found that the +3 kb region shows remarkable neuron specificity, as evident from
95 open chromatin identified using ATAC-seq, and H3K27ac histone mark, which are missing in microglia,
96 oligodendrocytes, and astrocytes. To further elucidate which human tissues and cell types the +3 kb region
97 could be active in, we used the Slidebase tool (Ienasescu et al., 2016) that gathers data of transcription
98 start sites from FANTOM5 consortia and summarizes eRNA transcription levels based on various tissue
99 and cell types. We found that in human the +3 kb region shows the strongest eRNA expression in the
100 brain, spinal cord, and olfactory region (Figure 1C). When grouped by cell type, the strongest expression
101 of +3 kb eRNAs is in hair follicle cells, neurons, and trabecular meshwork cells (Figure 1D).

102 Collectively, this data suggests that the +3 kb region is an evolutionarily conserved nervous system-specific
103 enhancer that is active mostly in neural tissues and predominantly in neurons but not in other major brain
104 cell types.



105

106 *Figure 1. Region downstream of BDNF exon III shows enhancer-associated characteristics in mouse and human neural tissues.*

107 *UCSC Genome browser was used to visualize (A) DNaseI hypersensitivity sites and ChIP-seq data from the ENCODE project in mouse*

108 *brain tissue, CAGE data of transcription start sites from the FANTOM5 consortium (all tissues and cell types), and (B) open*

109 *chromatin (ATAC-seq) and ChIP-seq in different human brain cell-types by (Nott et al., 2019). E indicates embryonic day, P*

110 *postnatal day. Signal clipping outside the visualization range is indicated with purple color. The +3 kb region, a potential enhancer*
111 *of the BDNF gene, and +11 kb intronic region, a negative control region used in the present study were converted from rat genome*
112 *to mouse or human genome using UCSC Lifter tool and are shown as light blue. The names of the regions represent the distance*
113 *of the respective region from rat BDNF exon I transcription start site. (C, D) +3 kb enhancer region (chr11:27693843-27694020,*
114 *hg19 genome build) eRNA expression levels based on CAGE sequencing data from the FANTOM5 project obtained from the*
115 *Slidebase tool (Ienasescu et al., 2016, <http://slidebase.binf.ku.dk>). eRNA expression levels were grouped by different tissue types*
116 *(C) or different cell types (D). Only tissue and cell types with non-zero eRNA expression are shown.*

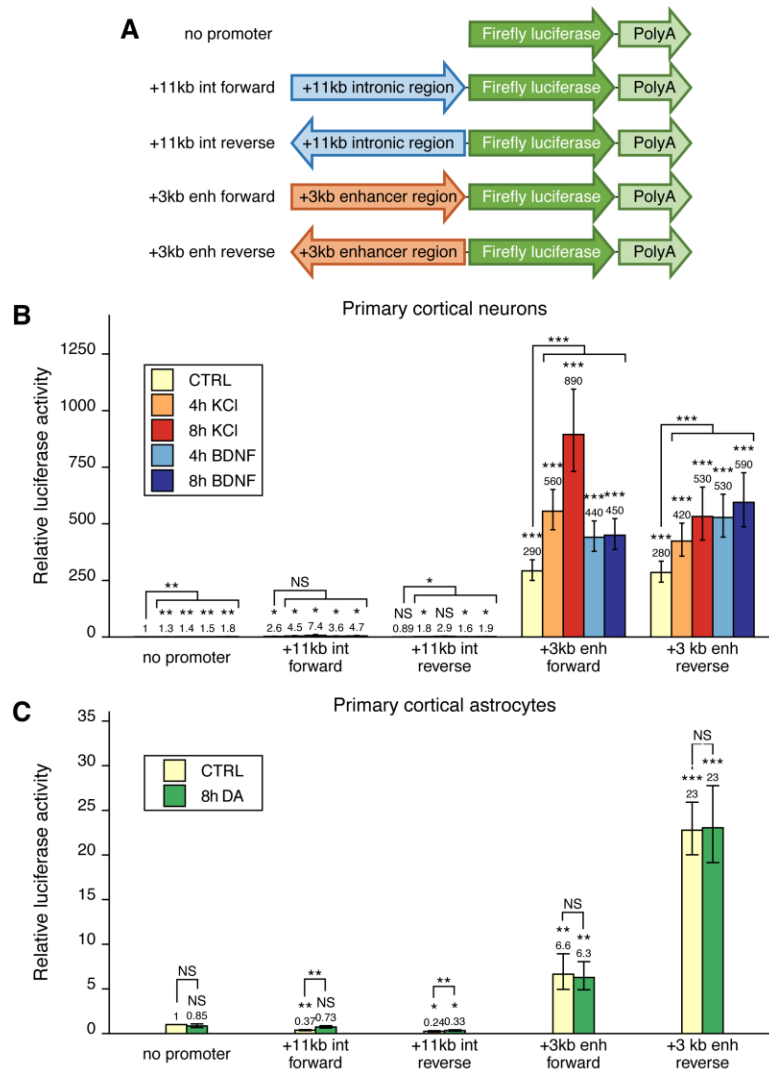
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118 **2. +3 kb enhancer region shows bidirectional transcription in luciferase reporter assay in rat cultured** 119 **cortical neurons and astrocytes**

120 Based on the enhancer-associated characteristics of the +3 kb enhancer region, we hypothesized that the
121 region could function as an enhancer region for BDNF gene in neural cells. It has been reported that the
122 bidirectional transcription of enhancer RNAs (eRNAs) from the enhancer region is correlated with the
123 expression of nearby genes, indicating that the transcription from an enhancer region is a proxy to
124 enhancer's activity (Kim et al., 2010). Therefore, we first investigated whether the +3 kb enhancer region
125 shows bidirectional transcription in rat cultured cortical neurons and astrocytes, the two major cell types
126 in the brain, in a heterologous context using reporter assays. We cloned a ~1.4 kb fragment of the +3 kb
127 enhancer and a similarly sized control (+11 kb) intronic sequence lacking enhancer-associated
128 characteristics in either forward or reverse orientation upstream of the firefly luciferase gene (Figure 2A)
129 and performed luciferase reporter assays.

130 In rat cortical neurons the +3 kb enhancer region showed very strong transcriptional activity (~300-fold
131 higher compared to the promoterless luciferase reporter vector) that was independent of the orientation
132 of the +3 kb region (Figure 2B). As expected, the +11 kb negative control reporter showed very low
133 luciferase activity in cortical neurons. To determine whether the enhancer region is responsive to different
134 stimuli in neurons and could be involved in stimulus-dependent regulation of the BDNF gene, we used
135 two treatments shown to induce BDNF gene expression – KCl treatment to chronically depolarize the cells
136 and mimic neuronal activity (Ghosh et al., 1994; Pruunsild et al., 2011), and BDNF treatment to activate
137 TrkB signaling and mimic BDNF autoregulation (Esvald et al., 2020; Tuvikene et al., 2016; Yasuda et al.,
138 2007). Our results indicate that the activity of the +3 kb region is upregulated ~2-3-fold in response to
139 both stimuli, suggesting that the region could be a stimulus-dependent enhancer in neurons.

140 In rat cultured cortical astrocytes, the +3 kb enhancer construct showed modest transcriptional activity
141 (depending on the orientation ~6-23-fold higher compared to the promoterless vector control, Figure 2C).
142 We have previously shown that in cultured cortical astrocytes, BDNF is induced in response to dopamine
143 treatment, and the induction is regulated by an unknown enhancer region within BDNF gene locus (Koppel
144 et al., 2018). However, dopamine treatment had no significant effect on the activity of the +3 kb construct
145 in cultured cortical astrocytes, suggesting that this region is not a dopamine-activated enhancer in
146 astrocytes.

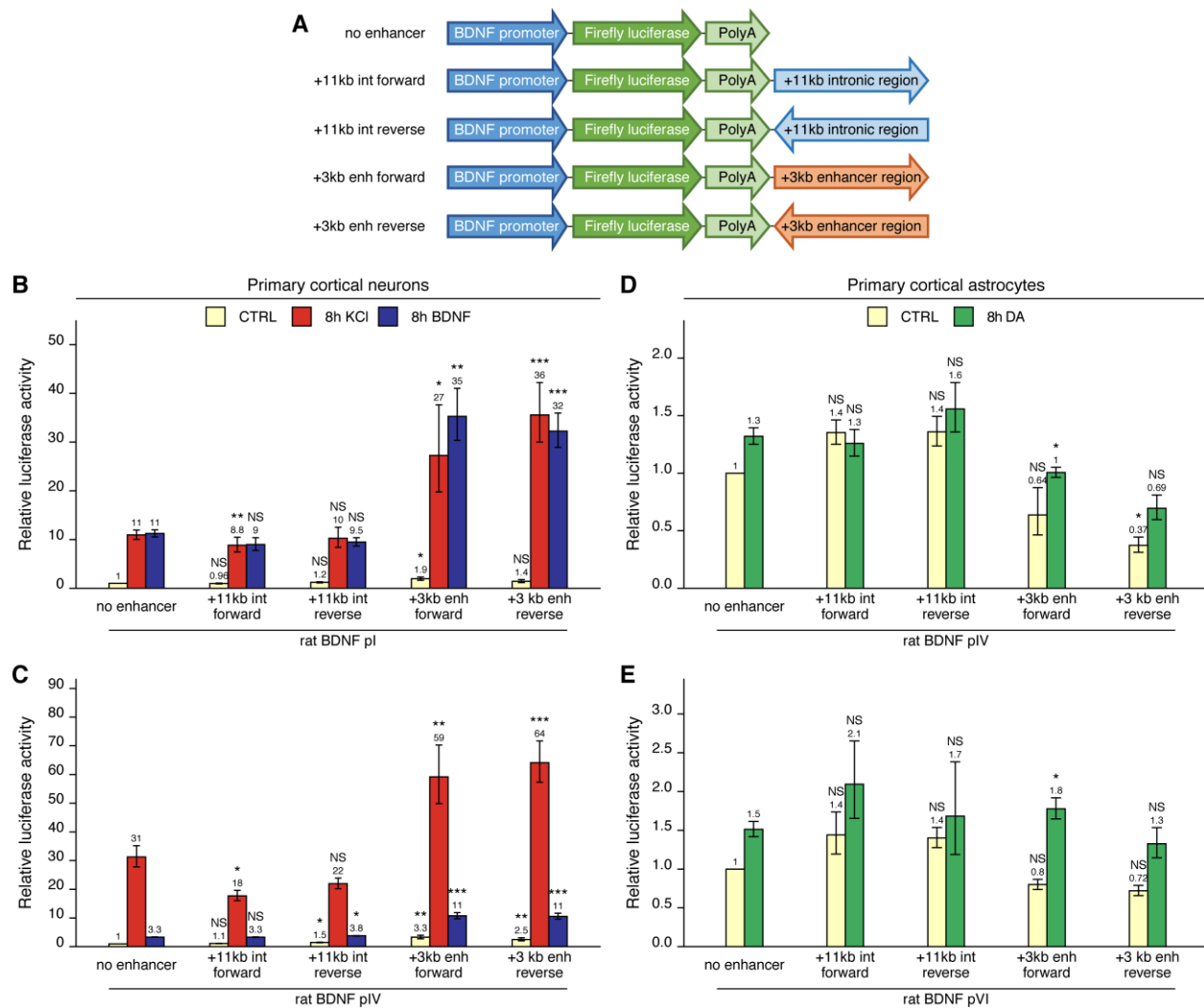


147

148 **Figure 2. +3 kb enhancer region shows bidirectional transcription in luciferase reporter assay in rat cultured cortical neurons**
 149 **and astrocytes.** (A) Reporter constructs used in the luciferase reporter assay where the +3 kb enhancer region and the +11 kb
 150 control region were cloned in either forward or reverse orientation (relative to the rat BDNF gene) in front of the luciferase
 151 expression cassette. (B, C) Rat cortical neurons (B) or astrocytes (C) were transfected with the indicated reporter constructs at 6
 152 and 13 DIV, respectively. 2 days post transfection, neurons were left untreated (CTRL) or treated with 25 mM KCl (with 5 μ M D-
 153 APV) or 50 ng/ml BDNF for the indicated time (B); astrocytes were treated with 150 μ M dopamine (DA) or respective volume of
 154 vehicle (CTRL) for the indicated time (C), after which luciferase activity was measured. Luciferase activity in cells transfected with
 155 a vector containing no promoter and treated with vehicle or left untreated was set as 1. The average luciferase activity of
 156 independent experiments is depicted above the columns. Error bars indicate SEM ($n = 7$ (B, +3 kb enhancer constructs and no
 157 promoter construct), $n = 3$ (B, intron constructs), and $n = 4$ (C) independent experiments). Asterisks above the columns indicate
 158 statistical significance relative to luciferase activity in untreated cells transfected with the reporter vector containing no promoter,
 159 or between indicated groups. NS – not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (paired two-tailed t-test).

160 **3. The +3 kb enhancer region potentiates the activity of BDNF promoters I and IV in luciferase reporter**
 161 **assay in rat cultured cortical neurons**

162 To find out whether the newly identified +3 kb enhancer could control the activity of BDNF promoters in
 163 a heterologous context, we cloned the +3 kb region or the +11 kb negative control sequence in forward
 164 or reverse orientation (relative to the rat BDNF gene) downstream of BDNF promoter-driven luciferase
 165 expression cassette (Figure 3A).



166

167 **Figure 3. +3 kb enhancer region potentiates the activity of BDNF promoters in luciferase reporter assay in rat cortical neurons**
 168 **but not in astrocytes.** (A) A diagram of the used luciferase reporter constructs used in this experiment, with a BDNF promoter in
 169 front of the firefly luciferase coding sequence and the +3 kb enhancer or +11 kb intronic region in either forward or reverse
 170 orientation (relative to the rat BDNF gene) downstream of the luciferase expression cassette. Rat cortical neurons (B, C) or
 171 astrocytes (D, E) were transfected with the indicated reporter constructs at 6 and 13 DIV, respectively. Two days post transfection,
 172 neurons were left untreated (CTRL) or treated with 25 mM KCl (with 5 μ M D-APV) or 50 ng/ml BDNF for 8 hours (B, C); astrocytes
 173 were treated with 150 μ M dopamine (DA) or respective volume of vehicle (CTRL) for 8 hours (D, E), followed by luciferase activity
 174 assay. Luciferase activity is depicted relative to the luciferase activity in untreated or vehicle-treated (CTRL) cells transfected with
 175 respective BDNF promoter construct without an enhancer region. The average luciferase activity of independent experiments is
 176 shown above the columns. Error bars represent SEM ($n = 6$ (B, +3 kb enhancer-containing constructs and no enhancer construct),
 177 $n = 3$ (B, +11 kb intron constructs), $n = 4$ (C) and $n = 3$ (D-E) independent experiments). Statistical significance was calculated
 178 compared to the activity of the respective BDNF promoter regions without the enhancer region after the respective treatment. NS
 179 – not significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (paired two-tailed t-test).

180 First, we transfected rat cultured cortical neurons with constructs containing BDNF promoter I and IV, as
 181 these promoters are the most widely studied in neurons (West et al., 2014). We treated neurons with
 182 either KCl or BDNF, and used luciferase reporter assay to measure the activity of the BDNF promoter
 183 region. For BDNF promoter I (Figure 3B), the addition of the +3 kb enhancer region slightly increased the
 184 basal activity of the promoter region (~1.5-2-fold). The +3 kb enhancer region also potentiated the KCl
 185 and BDNF-induced activity of this promoter ~3-fold in an orientation-independent manner. Similar effects

186 were observed for BDNF promoter IV (Figure 3C), where the addition of the +3 kb enhancer region
187 potentiated the basal activity of the promoter ~3-fold and KCl and BDNF-induced activity levels ~2-fold.
188 The +11 kb intronic region failed to potentiate the activity of BDNF promoters I and IV.

189 Cortical astrocytes preferentially express BDNF transcripts containing exons IV and VI (Koppel et al., 2018).
190 Therefore, we studied whether the +3 kb enhancer region could promote the activity of BDNF promoters
191 IV and VI in rat cultured cortical astrocytes. The +3 kb enhancer did not significantly increase the activity
192 of BDNF promoters IV and VI in unstimulated astrocytes and had virtually no effect on the response of
193 these promoters to dopamine treatment (Figure 3D, 3E).

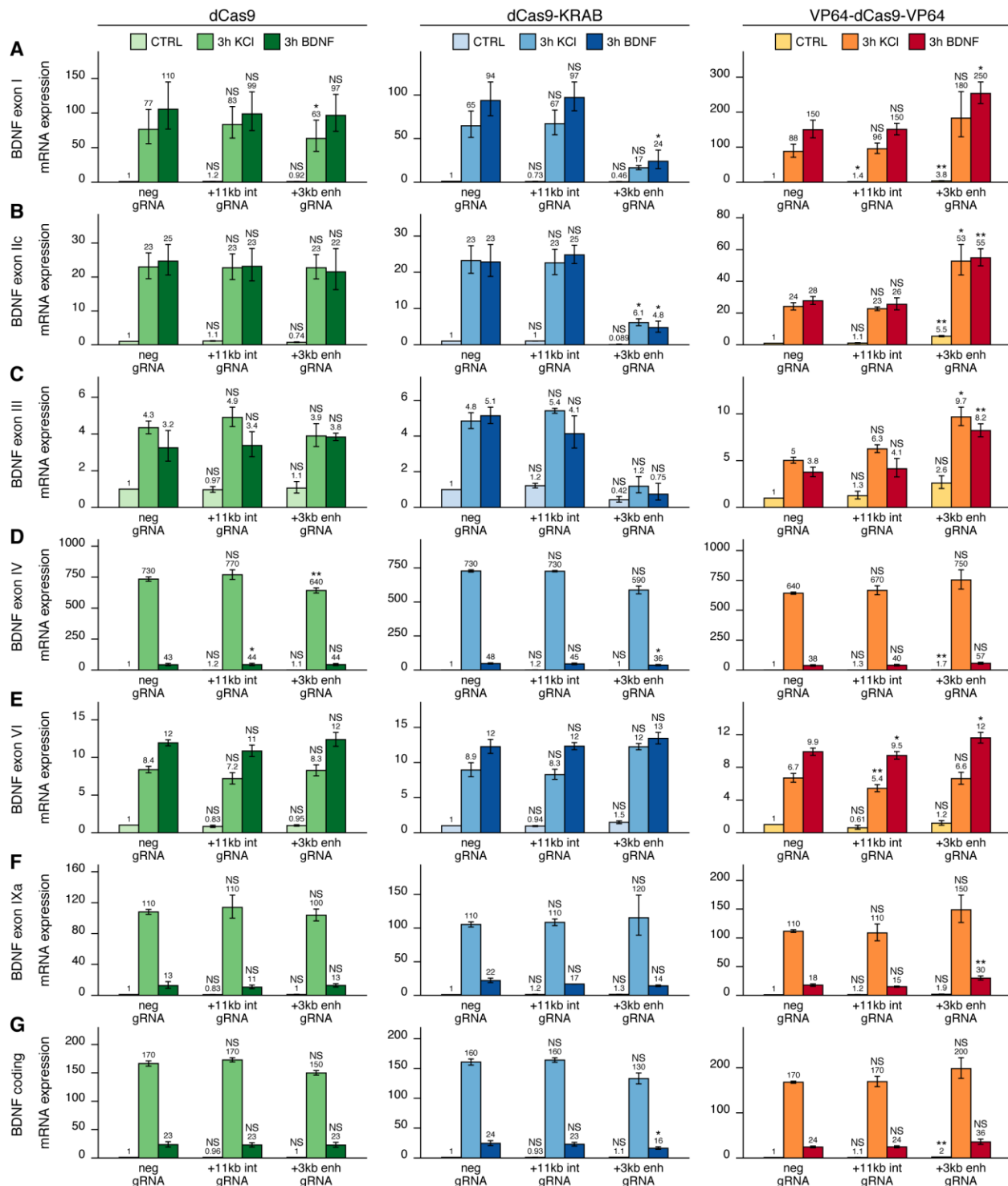
194 Overall, we found that in the heterologous context the +3 kb enhancer region could potentiate
195 transcription from BDNF promoters in cultured cortical neurons, but not in cortical astrocytes. These
196 results imply that the +3 kb enhancer could be important for BDNF gene expression in neurons, but not
197 in astrocytes.

198 **4. +3 kb enhancer region is a positive regulator of the first cluster of BDNF transcripts in rat cortical** 199 **neurons but is in an inactive state in rat cortical astrocytes.**

200 To investigate the functionality of the +3 kb region in its endogenous context, we used CRISPR interference
201 (CRISPRi) and activator (CRISPRa) systems. Our system comprised of catalytically inactive Cas9 (dCas9)
202 fused with Krüppel associated box domain (dCas9-KRAB, CRISPRi), or 8 copies of VP16 domain (VP64-
203 dCas9-VP64, CRISPRa) to repress or activate the target region, respectively. dCas9 without effector
204 domains was used to control for potential steric effects (Qi et al., 2013) on BDNF transcription when
205 targeting CRISPR complex inside the BDNF gene. To direct the dCas9 and its variants to the desired
206 location, we used four different gRNAs per region targeting either the +3 kb enhancer region or the +11
207 kb intronic control region, with all gRNAs targeting the template strand to minimize the potential
208 inhibitory effect of dCas9 binding on transcription elongation (as suggested by Qi et al., 2013). The +11 kb
209 intronic control was used to rule out the possibility of CRISPRi and CRISPRa-induced passive spreading of
210 chromatin modifications within the BDNF gene locus. As a negative control, we used a gRNA not
211 corresponding to any sequence in the rat genome.

212 We first examined the functionality of the +3 kb enhancer region in cultured cortical neurons. Targeting
213 the +3 kb enhancer or +11 kb intronic region with dCas9 without an effector domain had no major effect
214 on the expression of any of the BDNF transcripts, indicating that targeting CRISPR complex to an intragenic
215 region in BDNF gene does not itself affect BDNF gene expression (Figure 4, left panel). Repressing the +3
216 kb enhancer region using CRISPRi decreased the basal expression levels of BDNF exon I, IIc, and III-
217 containing transcripts by 2.2, 11, and 2.4-fold, respectively (Figure 4A, 4B, 4C, middle panel). In contrast,
218 no significant effect was seen for basal levels of BDNF exon IV, VI, and IXa-containing transcripts (Figure
219 4D, 4E, 4F, middle panel). Repressing the +3 kb enhancer region also decreased the KCl and BDNF-induced
220 levels of transcripts starting from the first three 5' exons ~4-7-fold, but not of other BDNF transcripts
221 (Figure 4A-F, middle panel). These effects correlated with subtle changes in total BDNF expression levels
222 (Figure 4G, middle panel). Targeting CRISPRi to the +11 kb intronic region had no significant effect on any
223 of the BDNF transcripts (Figure 4A-F, middle panel).

224



225

226 **Figure 4. +3 kb enhancer is a positive regulator of BDNF exon I, IIc, and III-containing transcripts in rat cortical neurons.** Rat
 227 cultured cortical neurons were transduced at 0 DIV with lentiviral particles encoding either catalytically inactive Cas9 (dCas9, left
 228 panel, green), dCas9 fused with Krüppel associated box domain (dCas9-KRAB, middle panel, blue) or 8 copies of VP16 domain
 229 (VP64-dCas9-VP64, right panel, orange) together with lentiviruses encoding either guide RNA that has no corresponding target
 230 sequence in the rat genome (neg gRNA), a mixture of four gRNAs directed to the putative +3 kb BDNF enhancer (+3 kb enh gRNA)
 231 or a mixture of four guide RNAs directed to +11 kb intronic region (+11 kb int gRNA). Transduced neurons were left untreated
 232 (CTRL) or treated with 50 ng/ml BDNF or 25 mM KCl (with 5 μ M D-APV) for 3 hours at 8 DIV. Expression levels of different BDNF

233 *transcripts were measured with RT-qPCR. mRNA expression levels are depicted relative to the expression of the respective*
234 *transcript in untreated (CTRL) neurons transduced with negative guide RNA within each set (dCas9, dCas9-KRAB, or VP64-dCas9-*
235 *VP64). The average mRNA expression of independent experiments is depicted above the columns. Error bars represent SEM (n = 3*
236 *independent experiments). Statistical significance was calculated between the respective mRNA expression levels in respectively*
237 *treated neurons transduced with neg gRNA within each set (dCas9, Cas9-KRAB, or VP64-dCas9-VP64). NS – not significant, **
238 *p<0.05, ** p<0.01, *** p<0.001 (paired two-tailed t-test).*

239 Activating the +3 kb enhancer region with CRISPRa in cultured cortical neurons increased the expression
240 levels of BDNF transcripts of the first cluster (Figure 4A-C, right panel) both in unstimulated neurons (~3-
241 5-fold) and after KCl or BDNF treatment (~2-fold). Slight effect of the activation was also seen for BDNF
242 exon IV and IXa-containing transcripts (Figure 4D, 4F, right panel). Total BDNF basal levels also increased
243 ~2-fold with CRISPR activation of the +3 kb enhancer region, whereas a slightly weaker effect was seen in
244 stimulated neurons. As with CRISPRi, targeting CRISPRa to the +11 kb intronic region had no significant
245 effect on the expression of any of the BDNF transcripts (Figure 4A-F, right panel).

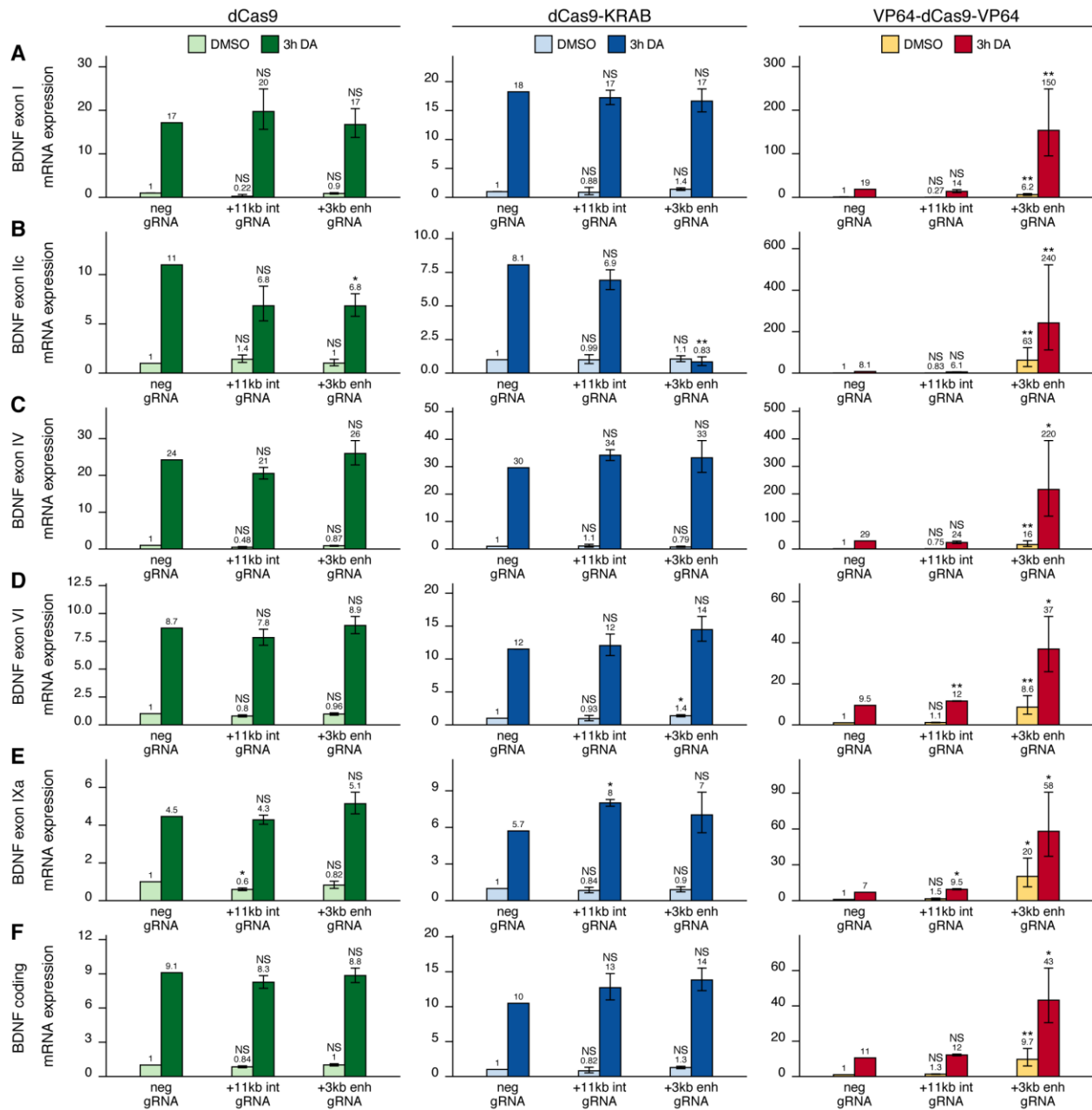
246 Next, we carried out CRISPRi and CRISPRa experiments in cultured cortical astrocytes. Targeting dCas9 to
247 the BDNF locus did not affect the expression of any of the BDNF transcripts (Figure 5A-F, left panel).
248 Similarly, targeting CRISPRi to the +3 kb enhancer region in astrocytes did not affect the basal expression
249 levels of any BDNF transcript (Figure 5, middle panel). In cells treated with dopamine, repressing +3 kb
250 enhancer region completely abolished the induction of exon IIc-containing transcripts (Figure 5B, middle
251 panel), but did not affect the expression of any of the other transcripts. In contrast, activating the +3 kb
252 region with CRISPRa greatly increased both basal and dopamine-induced levels of all measured BDNF
253 transcripts (Figure 5A-F, right panel). Targeting CRISPRi or CRISPRa to the +11 kb intronic control region
254 did not have a noteworthy effect on any of the measured BDNF transcripts.

255 As bioinformatic analysis showed bidirectional transcription from the +3 kb enhancer (Figure 1) and our
256 luciferase reporter assays also indicated this (Figure 2), we next decided to directly measure eRNAs from
257 the +3 kb enhancer region in our cortical neurons and astrocytes. Since the sense eRNA is transcribed in
258 the same direction as BDNF pre-mRNA, we could only reliably measure eRNAs from the antisense
259 orientation from the +3 kb enhancer region using antisense eRNA-specific cDNA priming followed by qPCR
260 (Supplementary figure 2A). We found that the +3 kb enhancer antisense eRNA was expressed in cultured
261 neurons and the expression level of the eRNA was induced ~3.5- and ~6-fold upon BDNF and KCl
262 treatment, respectively. Furthermore, repressing the +3 kb enhancer region using CRISPRi decreased the
263 expression of the eRNA ~3-fold. However, activating the +3 kb enhancer region using CRISPRa did not
264 change the expression level of the eRNA. When comparing +3 kb enhancer eRNA expression levels in
265 neurons and astrocytes, the astrocytes showed ~6-fold lower eRNA transcription from the +3 kb enhancer
266 region than neurons (Supplementary figure 2B), also indicating that the +3 kb region is in a more active
267 state in our cultured neurons than in astrocytes.

268 The main findings of the CRISPRi and CRISPRa experiments are summarized in Figure 6. Taken together,
269 our results suggest that the +3 kb enhancer region is an active BDNF enhancer in rat cultured cortical
270 neurons and regulates the basal and stimulus-induced expression of BDNF transcripts of the first cluster
271 of exons (exons I, II and III). In contrast, the +3 kb region is mostly inactive in rat cultured cortical
272 astrocytes.

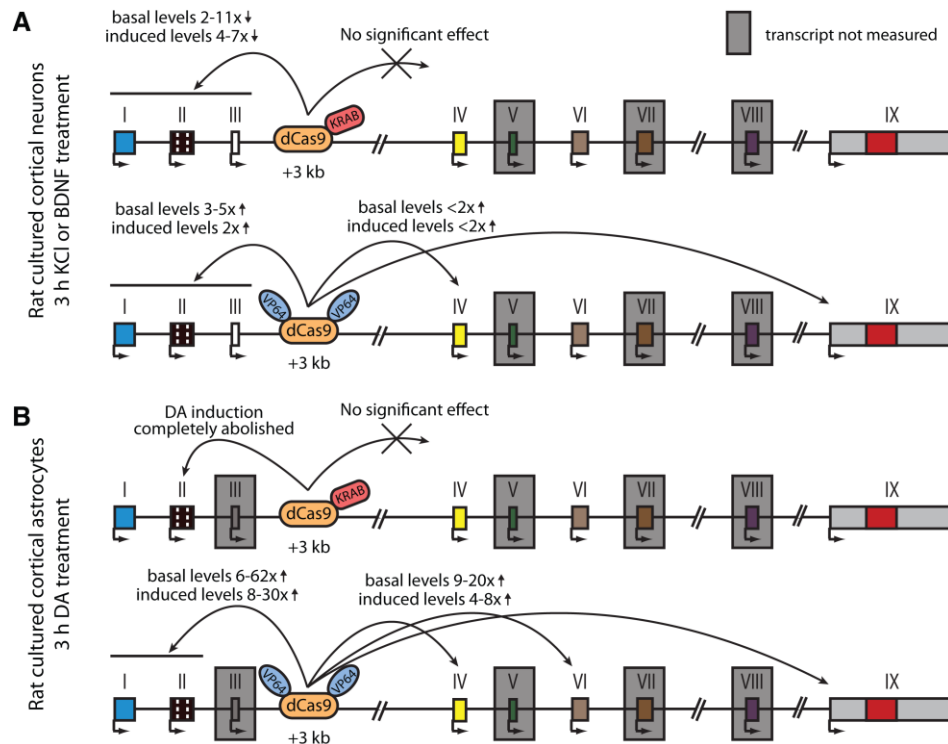
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275

276 **Figure 5. +3 kb enhancer region is mainly inactive in rat cortical astrocytes.** Rat cultured cortical astrocytes were transduced at
 277 7 DIV with lentiviral particles encoding either catalytically inactive Cas9 (dCas9, left panel, green), dCas9 fused with Krüppel
 278 associated box domain (dCas9-KRAB, middle panel, blue) or 8 copies of VP16 domain (VP64-dCas9-VP64, right panel, orange)
 279 together with lentiviruses encoding either guide RNA that has no corresponding target sequence in the rat genome (neg gRNA), a
 280 mixture of four gRNAs directed to the putative +3 kb BDNF enhancer (+3 kb enh gRNA) or a mixture of four guide RNAs directed
 281 to +11 kb intronic region (+11 kb int gRNA). Transduced astrocytes were treated with vehicle (CTRL) or with 150 μ M dopamine
 282 (DA) for 3 hours at 15 DIV. Expression levels of different BDNF transcripts were measured with RT-qPCR. The levels of BDNF exon
 283 III-containing transcripts were too low to measure reliably. mRNA expression levels are depicted relative to the expression of the
 284 respective transcript in astrocytes treated with vehicle (CTRL) transduced with negative guide RNA within each set (dCas9, dCas9-
 285 KRAB, or VP64-dCas9-VP64). The average mRNA expression of independent experiments is depicted above the columns. Error bars
 286 represent SEM ($n = 3$ independent experiments). Statistical significance was calculated between respective mRNA expression levels
 287 in respectively treated astrocytes transduced with neg gRNA within each set (dCas9, Cas9-KRAB, or VP64-dCas9-VP64). NS – not
 288 significant, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ (paired two-tailed t-test).



289

290 *Figure 6. Summary of the CRISPRi and CRISPRa experiments with BDNF +3 kb enhancer region in rat cultured cortical neurons*
 291 *and astrocytes. Graphical representation of the main results shown in Figure 4 (A) and Figure 5 (B). Different BDNF exons are*
 292 *shown with boxes, red box in exon IX indicates BDNF coding region. BDNF transcripts that were not measured or that had too low*
 293 *levels to measure reliably are indicated with a grey box around the respective 5' exon.*

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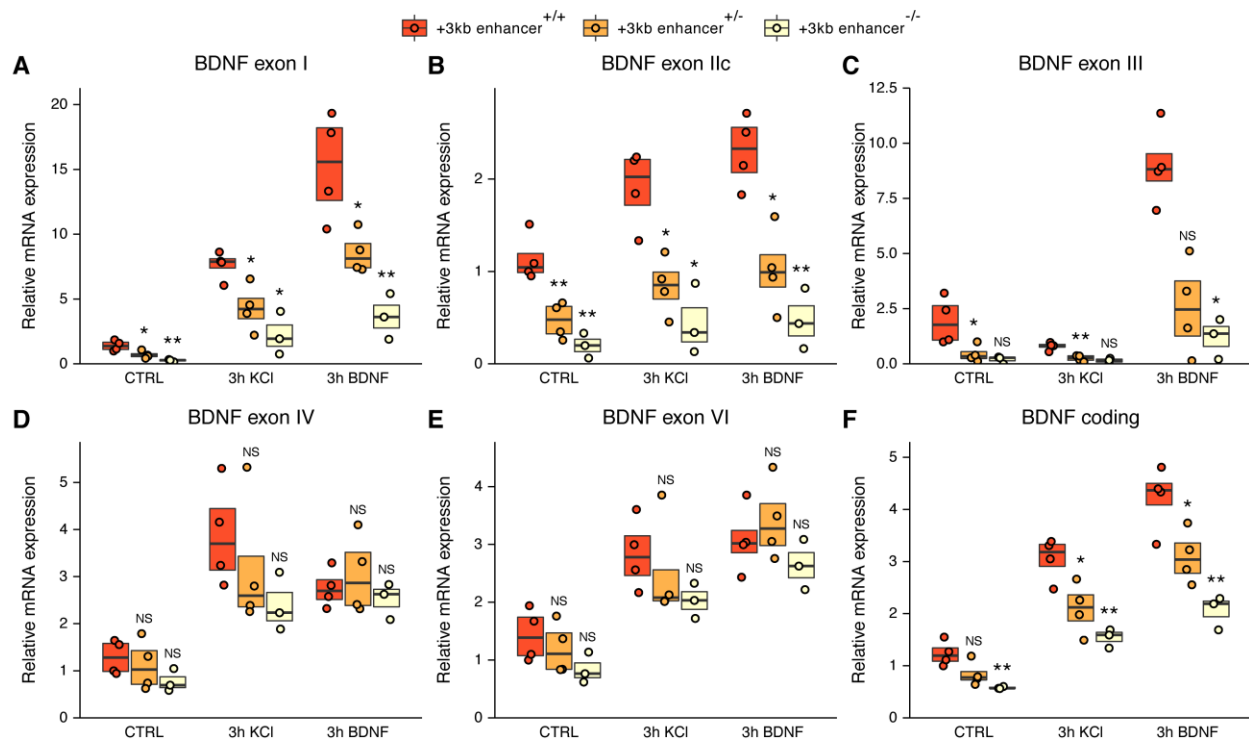
295 **5. Deletion of the +3 kb enhancer region in mouse embryonic stem cell-derived neurons decreases the** 296 **expression of BDNF transcripts starting from the first cluster of exons**

297 To test the regulatory function of the +3 kb enhancer directly and address biological significance of its
 298 interspecies conservation, we used CRISPR/Cas9 system to delete the conserved core sequence of the
 299 enhancer region in mouse embryonic stem cells engineered to express the pro-neural transcription factor
 300 Neurogenin2 from a doxycycline-inducible promoter. We selected single-cell clones containing the
 301 desired deletion, differentiated them into excitatory neurons (Ho et al., 2016; Thoma et al., 2012; Zhang
 302 et al., 2013) by the addition of doxycyclin, treated the stem cell-derived neurons with BDNF or KCl, and
 303 measured the expression of different BDNF transcripts using RT-qPCR.

304 The deletion of the +3 kb enhancer region strongly decreased both the basal and stimulus-dependent
 305 expression levels of BDNF exon I, IIc, and III-containing transcripts (Figure 7A-C). Notably, the effect was
 306 more prominent in clones containing homozygous deletion compared to heterozygous clones. We also
 307 noted a slight, albeit not statistically significant decrease in the expression of BDNF exon IV and VI-
 308 containing transcripts in cells where the +3 kb enhancer region was deleted (Figure 7D-E). This could be
 309 attributed to impaired BDNF autoregulatory loop caused by the deficiency of transcripts from the first
 310 cluster of exons. It is also possible that the +3 kb enhancer participates in the regulation of the transcripts
 311 from the second cluster of exons, but the effect is only very subtle, which would explain why it was not
 312 detected in our CRISPRi and CRISPRa experiments in cultured neurons. The levels of BDNF exon IXa were

313 too low to measure reliably (data not shown). The deletion of the +3 kb enhancer region respectively
 314 decreased the total levels of BDNF similarly to the first cluster of BDNF transcripts (Figure 7F). These
 315 results confirm the essential role of the +3 kb enhancer region in regulating the expression of BDNF exon
 316 I, IIc, and III-containing transcripts in rodent neurons.

317



318

319 **Figure 7. The deletion of the +3 kb enhancer region decreases the expression of BDNF exon I, IIc, and III-containing transcripts**
 320 **in mouse embryonic stem cell (mESC)-derived neurons.** CRISPR/Cas9 system was used to generate mESC cell lines with ~300-500
 321 bp deletions of the conserved core region of the +3 kb BDNF enhancer. The obtained clonal cell lines containing intact +3 kb
 322 enhancer region (+/+), heterozygous deletion (+/-), or homozygous deletion (-/-) of the +3 kb enhancer region were differentiated
 323 into neurons using overexpression of Neurogenin2. After 12 days of differentiation, the cells were treated with vehicle (CTRL), 50
 324 ng/ml BDNF or 25 mM KCl together with 25 μ M D-APV for 3 hours. The expression levels of different BDNF transcripts were
 325 measured using RT-qPCR. The levels of respective BDNF transcripts measured in the parental cell line (also included as a data point
 326 in the +/+ group) was set as 1. All data points (obtained from independent cell clones and parental cell line) are depicted with
 327 circles. Box plot shows 25% and 75% quartiles and the horizontal line shows the median value. N = 3-4 independent cell clones for
 328 each group. Statistical significance was calculated compared to the expression level of the respective transcript in the +/+ genotype
 329 group at respective treatment. NS – not significant, * p < 0.05, ** p < 0.01, *** p < 0.001 (equal variance unpaired t-test).

330

331 6. The activity of +3 kb enhancer region is regulated by CREB, AP-1 family and E-box-binding 332 transcription factors

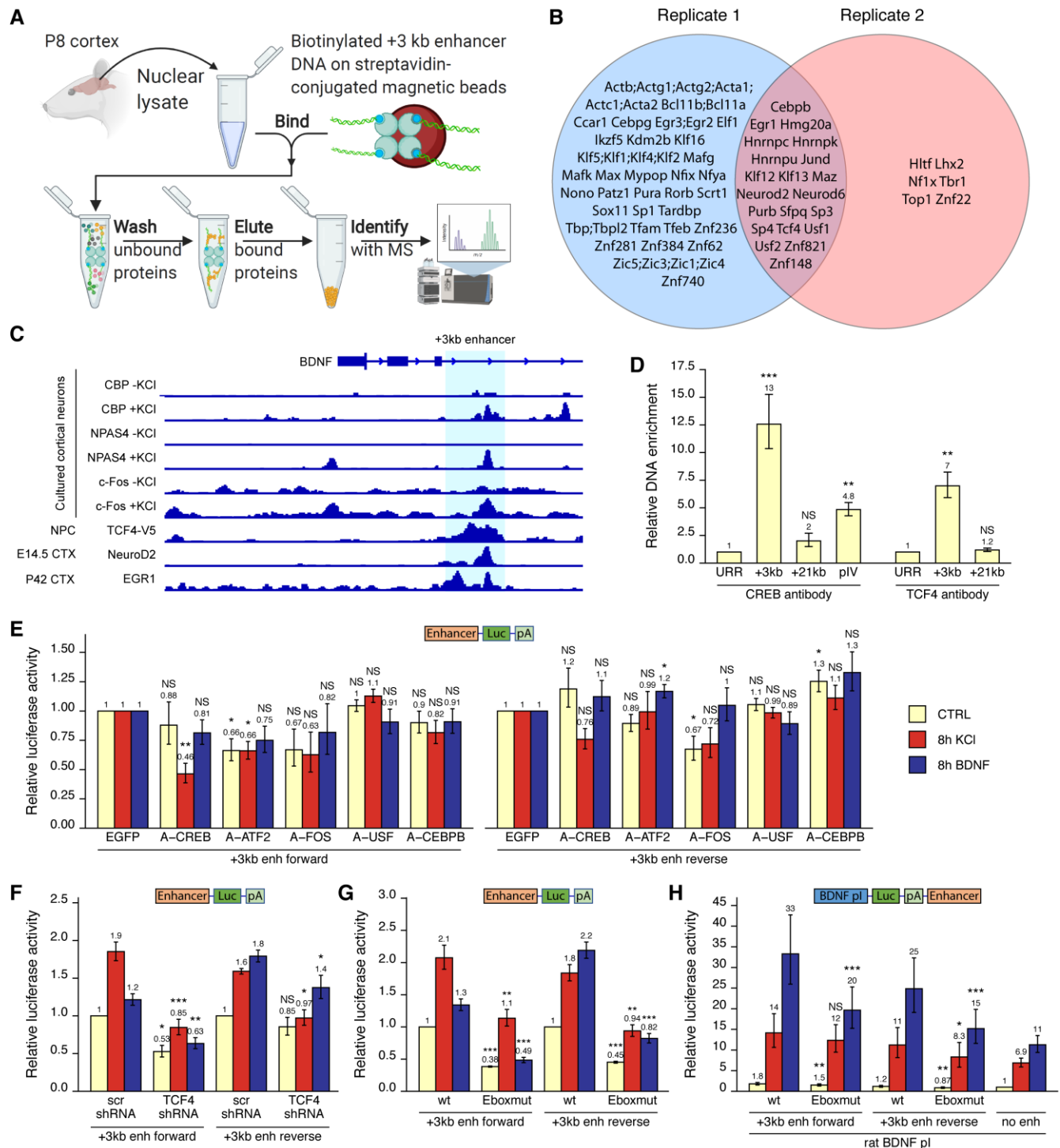
333 To investigate the molecular mechanisms that control the activity of the +3 kb enhancer region, we used
 334 *in vitro* DNA pulldown assay with 8 days old rat cortical nuclear lysates coupled with mass-spectrometric
 335 analysis to determine the transcription factors that bind to the +3 kb enhancer region (Figure 8A).
 336 Collectively, we determined 21 transcription factors that showed specific *in vitro* binding to the +3 kb
 337 enhancer region compared to the +11 kb intronic region in two independent experiments (Figure 8B). Of

338 note, we found numerous E-box-binding proteins, including USFs, TCF4 and the pro-neural transcription
339 factors NeuroD2 and NeuroD6, possibly providing the neuron specific activity of the +3 kb enhancer
340 region. We also detected binding of JunD, a member of the AP-1 transcription factor family.

341 Next, we used various ChIP-seq experiments in different human cell lines from the ENCODE project and
342 determined numerous transcription factors that bind to the +3 kb enhancer region, including CREB,
343 CEBPB, EGR1 and JunD (Supplementary figure 3). We further used publicly available ChIP-seq data (see
344 Materials and methods section for references) to visualize the binding of different transcription factors to
345 the +3 kb enhancer region in mouse neural cells and tissues (Figure 8C). This data shows neuronal activity-
346 dependent binding of NPAS4, c-Fos, and coactivator CBP to the enhancer region. In agreement with our
347 *in vitro* pulldown results, ChIP-seq analysis also revealed binding of EGR1, NeuroD2 and TCF4 to the +3 kb
348 enhancer region in the endogenous chromatin context.

349 Considering the CREB binding in ENCODE data (Supplementary figure 2) and CBP binding in cultured cortical
350 neurons (Figure 8C), we first decided to investigate whether CREB binds BDNF +3 kb enhancer region in
351 our rat cortical neurons. We performed ChIP-qPCR and determined that in cultured cortical neurons CREB
352 binds to the +3 kb enhancer region, whereas we found no significant CREB binding to the +21 kb negative
353 control region, located directly downstream of BDNF exon VII (Figure 8D). Of note, the binding of CREB to
354 the +3 kb enhancer region was ~2.6-times stronger than binding to BDNF promoter IV, which contains the
355 well-described CRE element (Hong et al., 2008; Tao et al., 1998). Next, we focused on the various E-box-
356 binding proteins, as many E-box-binding proteins are proneural and could therefore confer the neural
357 specificity of the +3 kb enhancer region. As transcription factors from the NeuroD family need
358 dimerization partner from the class I helix-loop-helix proteins, e.g. TCF4, to bind DNA (Massari and Murre,
359 2000; Ravanpay and Olson, 2008), we verified binding of TCF4 to the +3 kb region in our cultured neurons
360 using TCF4 ChIP-qPCR (Figure 8D).

361 To determine functionally important transcription factors that regulate BDNF +3 kb enhancer region, we
362 first screened a panel of dominant-negative transcription factors in luciferase reporter assay where the
363 expression of luciferase was under control of the +3 kb enhancer region (Figure 8E). In agreement with
364 the *in vitro* pulldown assay, ChIP-seq and ChIP-qPCR results, we found the strongest inhibitory effect using
365 dominant negative versions of CREB (named A-CREB), ATF2 (named A-ATF2) and AP-1 family (named A-
366 FOS). However, the effect of different dominant negative proteins was slightly lower when +3 kb enhancer
367 region was in the reverse orientation. Our data suggests the role of CREB, AP-1 family proteins and ATF2
368 in regulating the neuronal activity-dependent activation of the +3 kb enhancer region, whereas we found
369 no notable evidence of USF family transcription factors and CEBPB regulating the activity of +3 kb
370 enhancer region.



371

372 **Figure 8. Various transcription factors, including CREB, AP-1 proteins and E-box-binding transcription factors regulate the**
 373 **activity of +3 kb enhancer region.** (A) Schematic overview of the *in vitro* DNA pulldown assay to determine transcription factors
 374 binding to the +3 kb enhancer region. The illustration was created with BioRender.com. (B) Transcription factors identified in the
 375 *in vitro* DNA pulldown assay in two biological replicates. Semicolon between protein names indicates uncertainty in the peptide
 376 to protein assignment between the proteins separated by the semicolons. (C) Previously published ChIP-seq experiments showing
 377 binding of different transcription factors to the +3 kb enhancer region. (D) ChIP-qPCR assay in cultured cortical neurons at 8 DIV
 378 with anti-CREB or anti-TCF4 antibody. Enrichment is shown relative to the enrichment of unrelated region (URR) with the
 379 respective antibody. +21 kb region (downstream of the BDNF exon VII) was used as a negative control. pIV indicates BDNF

380 promoter IV region. (E-H) Rat cortical neurons were transfected at 5 DIV (F) or 6 DIV (E-H) with reporter constructs where the +3
381 kb enhancer region was cloned in front of the luciferase coding sequence (E-G, see also Figure 2A) or with reporter constructs
382 where the +3 kb enhancer region was cloned downstream of the BDNF promoter I-controlled firefly luciferase expression cassette
383 (H, see Figure 3A). Schematic representations of the used reporter constructs are shown above the graphs, with Luc designating
384 luciferase coding sequence and pA polyadenylation sequence. At 8 DIV, neurons were left untreated (CTRL) or treated with 25 mM
385 KCl (with 5 μ M D-APV) or 50 ng/ml BDNF for the indicated time, after which luciferase activity was measured. Luciferase activity
386 is depicted relative to the luciferase activity in respectively treated cells transfected with EGFP and the respective +3 kb enhancer
387 construct (E), relative to luciferase activity in untreated cells co-transfected with control shRNA (scr) and the respective +3 kb
388 enhancer construct (F), relative to luciferase activity in untreated cells transfected with the respective wild-type (wt) +3 kb
389 enhancer construct (G), or relative to luciferase activity in untreated cells transfected with rat BDNF promoter I construct
390 containing no enhancer region (H). Eboxmut indicates mutation of a putative E-box element in the +3 kb enhancer region. Numbers
391 above the columns indicate average, error bars represent SEM (n = 4 (D, TCF4 antibody), n = 3 (D, CREB antibody), n = 5-6 (E), n =
392 4-5 (F), n=4 (G), n = 7 (H) independent experiments). Statistical significance was calculated compared to the ChIP enrichment of
393 DNA at the URR region using respective antibody (D), compared to the luciferase activity in respectively treated cells transfected
394 with respective +3 kb enhancer construct and EGFP (E), scr shRNA (F), or respective wt +3 kb enhancer construct (G, H). NS – not
395 significant, * p<0.05, ** p<0.01, *** p<0.001 (paired two-tailed t-test).

396 Finally, we elucidated the role of E-box binding proteins in the regulation of +3 kb enhancer region. Using
397 luciferase reporter assays, we found that silencing TCF4 expression with TCF4 shRNA-expressing plasmid
398 decreased the activity of the +3 kb enhancer region in both unstimulated and KCl and BDNF-stimulated
399 neurons. However, the effects were slightly smaller when the enhancer region was in the reverse
400 orientation (Figure 8F). Based on the TCF4 and NeuroD2 ChIP-seq data (Figure 8C), we identified a putative
401 E-box binding sequence in the +3 kb enhancer region (CAGATG). To determine the relevance of this E-box
402 element, we generated +3 kb enhancer-containing reporter constructs where this E-box motif was
403 mutated (CAGAAC). We determined that this motif participates in regulating both the basal activity and
404 BDNF and KCl-induced activity of the enhancer region (Figure 8G). Importantly, mutating the E-box
405 decreased the ability of the +3 kb enhancer region to potentiate transcription from BDNF promoter I in
406 reporter assays (Figure 8H).

407 Collectively, we have identified numerous transcription factors that potentially regulate the activity of +3
408 kb enhancer region, and further discovered a functional E-box element in the enhancer, possibly
409 conferring neuron-specific activity of the +3 kb enhancer region.

410 DISCUSSION

411 BDNF promoters I, II, and III are located within a relatively compact (~2 kb) region in the genome, making
412 it possible that their activity is controlled by a common mechanism. A similar spatial clustering of BDNF
413 exons seems to be conserved in vertebrates, with a similar genomic organization observed in frog (Kidane
414 et al., 2009), chicken (Yu et al., 2009), zebrafish (Heinrich and Pagtakhan, 2004), rodents and human (Aid
415 et al., 2007; Pruunsild et al., 2007). It has previously been suggested that BDNF promoters I and II could
416 be co-regulated as one functional unit (Hara et al., 2009; Timmusk et al., 1999; West et al., 2014). Here,
417 we show that the promoters of BDNF exons I, II, and III are co-regulated as a neuron-specific unit through
418 a conserved enhancer region located downstream of exon III.

419 We have previously reported that exon I-containing BDNF transcripts contain in-frame alternative
420 translation start codon that is used more efficiently for translation initiation than the canonical start codon
421 in the exon IX (Koppel et al., 2015). As the BDNF exon I-containing transcripts are highly inducible in
422 response to different stimuli, they could make a substantial contribution to the overall production of BDNF
423 protein in neurons, despite the low basal expression levels of this transcript. Remarkably, the BDNF
424 transcripts from the first cluster of exons have been shown to regulate important aspects of behavior. In

425 female mice, BDNF exon I-containing transcripts are important for proper sexual and maternal behavior
426 (Maynard et al., 2018b), whereas in male mice the BDNF exon I and exon II-containing transcripts regulate
427 serotonin signaling and control aggressive behavior (Maynard et al., 2016b). Furthermore, it has been
428 shown that BDNF exon I-containing transcripts in the hypothalamus participate in energy metabolism and
429 thermoregulation (You et al., 2020). The +3 kb enhancer identified in our work might therefore be an
430 important regulator of BDNF gene expression in the formation of the neural circuits regulating both social
431 behavior and energy metabolism. Further work will address this possibility experimentally.

432 The data from Nord et al. (2013) indicates that the highest H3K27ac modification, a hallmark of active
433 regulatory region, at the +3 kb enhancer region in development occurs a week before and a week after
434 birth in mice – coinciding with the period of late neurogenesis, neuronal migration, synaptogenesis, and
435 maturation of neurons (Reemst et al., 2016). It appears that the +3 kb enhancer region is mostly active in
436 early life and participates in the development of the central nervous system via regulating BDNF
437 expression. However, it is also possible that the decline in H3K27ac mark in murine brain tissue during
438 postnatal development is due to the increased amount of non-neuronal cells in the brain compared to
439 neurons. Although the activity of the +3 kb enhancer seems to decrease with age, it is plausible that it
440 remains active also in later postnatal life and upregulates BDNF expression, thereby regulating synaptic
441 plasticity in the adult organism.

442 Based on the induction of eRNA expression from the +3 kb enhancer region upon depolarization and
443 BDNF-TrkB signaling in both luciferase reporter assays and in the endogenous context, and binding of
444 various activity-dependent transcription factors to the +3 kb region, our data indicates that in addition to
445 conferring neuron-specificity, the +3 kb enhancer region also participates in BDNF-TrkB signaling and
446 neuronal activity-induced expression of the first cluster of BDNF transcripts. Furthermore, repressing or
447 activating the +3 kb enhancer region with CRISPRi or CRISPRa also affected the stimulus-induced levels of
448 these transcripts. Notably, the part of the BDNF gene containing the +3 kb enhancer has previously been
449 implicated in the Reelin-mediated induction of BDNF expression (Telese et al., 2015), indicating that the
450 +3 kb enhancer could respond to other stimuli in addition to membrane depolarization and TrkB signaling.

451 We also investigated the possibility that the +3 kb enhancer contributes to the catecholamine-induced
452 expression of BDNF transcripts in rat cultured cortical astrocytes (Koppel et al., 2018) and noted that even
453 though the activation of the +3 kb enhancer increased the basal and stimulus-induced expression of all
454 BDNF transcripts, repression of the +3 kb enhancer had almost no effect on BDNF expression.
455 Furthermore, the transcriptional activity of the +3 kb enhancer was not induced by dopamine-treatment
456 in luciferase reporter assay, further indicating that the +3 kb region is not the enhancer responsible for
457 catecholamine-dependent induction of BDNF expression. Interestingly, the dopamine-dependent
458 induction of BDNF exon II-containing transcripts was abolished when the +3 kb enhancer was repressed
459 using CRISPRi, suggesting that the +3 kb enhancer region might control the activity of stimulus-specific
460 expression of BDNF promoter II in astrocytes. Since the activity of BDNF promoter II is regulated by
461 neuron-restrictive silencer factor (NRSF) (Timmusk et al., 1999), it is possible that the drastic decrease in
462 the dopamine-dependent induction of BDNF exon II-containing transcripts was due to the cooperative
463 effect between NRSF and the +3 kb enhancer region. Further investigation is needed to determine
464 whether this hypothesis is true and whether such cooperation between the +3 kb enhancer region and
465 NRSF binding to BDNF exon II also happens in neurons. Although we have not tested this directly, our data
466 does not support the notion that the +3 kb region is an active repressor in non-neuronal cells, e.g.
467 astrocytes. Instead, it seems that the +3 kb enhancer is a positive regulator of BDNF gene operating

468 specifically in neurons. We conclude that the +3 kb enhancer region is largely inactive in rat cultured
469 cortical astrocytes and it is distinct from the distal *cis*-regulatory region controlling the catecholamine-
470 induced activities of BDNF promoters IV and VI.

471 Our results indicate that the +3 kb enhancer can receive regulatory inputs from various basic helix-loop-
472 helix transcription factors, including TCF4 and its pro-neural heterodimerization partners NeuroD2 and
473 NeuroD6. Single-cell RNA-seq analysis in the mouse cortex and hippocampus has indicated that NeuroD
474 transcription factors are expressed mainly in excitatory neurons, similar to BDNF (Tasic et al., 2016). It has
475 been reported that NeuroD2 preferentially binds to E-boxes CAGCTG or CAGATG (Fong et al., 2012), which
476 is in agreement with the functional E-box CAGATG sequence found in the +3 kb enhancer. Furthermore,
477 it has been previously shown that NeuroD2 knock-out animals exhibit decreased BDNF levels in the
478 cerebellum (Olson et al., 2001). However, Olson et al found no change in BDNF levels in the cerebral cortex
479 of these knock-out animals. It is possible that different NeuroD family transcription factors regulate BDNF
480 expression in different brain areas and developmental stages, or that a compensatory mechanism
481 between NeuroD2 and NeuroD6, both binding the +3 kb enhancer region in our *in vitro* DNA pulldown
482 assay, exists in cortical neurons of NeuroD2 knock-out animals. It has been well-described that NeuroD
483 transcription factors regulate neuronal differentiation (Massari and Murre, 2000), axonogenesis (Bormuth
484 et al., 2013), neuronal migration (Guzelsoy et al., 2019), and proper synapse formation (Ince-Dunn et al.,
485 2006; Wilke et al., 2012). As BDNF also has a role in the aforementioned processes (Park and Poo, 2013),
486 it is plausible that at least some of the effects carried out by NeuroD family result from increasing BDNF
487 expression. Further work is needed to clarify the exact role of TCF4 and NeuroD transcription factors in
488 BDNF expression.

489 In conclusion, we have identified a novel intronic enhancer region governing the expression of neuron-
490 specific BDNF transcripts starting from the first cluster of exons – exons I, II, and III – in mammals. Exciting
491 questions for further work are whether the +3 kb enhancer region is active in all neurons or in specific
492 neuronal subtypes, and whether the activity of this enhancer element underlies *in vivo* contributions of
493 BDNF to brain development and function.

494 **MATERIALS AND METHODS**

495 ***1. Cultures of rat primary cortical neurons***

496 All animal procedures were performed in compliance with the local ethics committee. Cultures of cortical
497 neurons from embryonic day (E) 21 Sprague Dawley rat embryos of both sexes were prepared as described
498 previously (Esvald et al., 2020). The cells were grown in Neurobasal A (NBA) medium (Gibco) containing
499 1× B27 supplement (Gibco), 1 mM L-glutamine (Gibco), 100 U/ml penicillin and 0.1 mg/ml streptomycin
500 (Gibco) or 100 µg/ml Primocin (Invivogen) instead of penicillin/streptomycin at 37 °C in 5% CO₂
501 environment. At 2 days *in vitro* (DIV), half of the medium was replaced with fresh supplemented NBA, or
502 the whole medium was replaced for cells transduced with lentiviruses. To inhibit the proliferation of non-
503 neuronal cells a mitotic inhibitor 5-fluoro-2'-deoxyuridine (FDU, final concentration 10 µM, Sigma-Aldrich)
504 was added with the change of the medium.

505 ***2. Cultures of rat primary cortical astrocytes***

506 Cultures of cortical astrocytes were prepared from E21 Sprague Dawley rat embryos of both sexes as
507 described previously (Koppel et al., 2018). The cells were grown in 75 cm² tissue culture flasks in

508 Dulbecco's Modified Eagle Medium (DMEM with high glucose, PAN Biotech) supplemented with 10% fetal
509 bovine serum (PAN Biotech) and 100 U/ml penicillin and 0.1 mg/ml streptomycin (Gibco) at 37 °C in 5%
510 CO₂ environment. At 1 DIV, the medium was replaced with fresh growth medium to remove loose tissue
511 clumps. At 6 DIV, the flasks were placed into a temperature-controlled shaker Certomat® BS-1 (Sartorius
512 Group) for 17-20 hours and shaken at 180 rpm at 37 °C to detach non-astroglial cells from the flask. After
513 overnight shaking, the medium was removed along with unattached non-astrocytic cells, and astrocytes
514 were washed three times with 1× PBS. Astrocytes were detached from the flask with trypsin-EDTA solution
515 (0.25% Trypsin-EDTA (1×), Gibco) diluted 4 times with 1× PBS at 37 °C for 3-5 minutes. Trypsinized
516 astrocytes were resuspended in supplemented DMEM and centrifuged at 200 × g for 6 minutes. The
517 supernatant was removed, astrocytes were resuspended in supplemented DMEM and seeded on cell
518 culture plates previously coated with 0.2 mg/ml poly-L-lysine (Sigma-Aldrich) in Milli-Q. At 9 DIV, the
519 whole medium was replaced with fresh supplemented DMEM.

520 **3. Drug treatments**

521 At 7 DIV, cultured neurons were pre-treated with 1 μM tetrodotoxin (Tocris) until the end of the
522 experiment to inhibit spontaneous neuronal activity. At 8 DIV, neurons were treated with 50 ng/ml human
523 recombinant BDNF (Peprotech) or with a mixture of 25 mM KCl and 5 μM NMDA receptor antagonist D-
524 2-amino-5-phosphopentanoic acid (D-APV, Cayman Chemical Company) to study BDNF autoregulation or
525 neuronal activity-dependent expression of the BDNF gene, respectively.

526 Cultured cortical astrocytes were treated at 15 DIV with 150 μM dopamine (Tocris) to study the regulation
527 of the BDNF gene by catecholamines or 0.15% DMSO (Sigma) as a vehicle control in fresh serum-free and
528 antibiotics-free DMEM (DMEM with high glucose, PAN Biotech).

529 **4. Transfection of cultured cells and luciferase reporter assay**

530 Rat +3 kb enhancer (chr3:100771267-100772697, rn6 genome assembly) or +11 kb intron
531 (chr3:100778398-100779836, rn6 genome assembly) regions were amplified from rat BDNF BAC construct
532 (Koppel et al., 2018) using Phusion Hot Start II DNA Polymerase (Thermo Fisher Scientific) and cloned into
533 pGL4.15 vector (Promega) in front of the Firefly luciferase coding sequence. To generate reporter
534 constructs containing both BDNF promoter and enhancer region, the hygromycin expression cassette
535 downstream of Firefly luciferase expression cassette in pGL4.15 vector was replaced with a new multiple
536 cloning site, into which the +3 kb enhancer or +11 kb intron regions were cloned in either forward or
537 reverse orientation (relative to the rat BDNF gene). The BDNF promoter regions were obtained from
538 rat BDNF promoter constructs (Esvold et al., 2020) and cloned in front of the Firefly luciferase coding
539 sequence. Plasmids encoding control and TCF4 shRNA have been published previously (Sepp et al., 2017).
540 Coding regions of different dominant negative transcription factors were subcloned from AAV plasmids
541 (Esvold et al., 2020) into pRRL vector backbone under the control of human PGK promoter.

542 For transfection and luciferase reporter assays, rat cortical neurons or astrocytes were grown on 48-well
543 cell culture plates. Transfections were carried out in duplicate wells.

544 Cultured cortical neurons were transfected as described previously (Jaanson et al., 2019) with minor
545 modifications. Transfection was carried out in unsupplemented NBA using 500 ng of the luciferase
546 reporter construct and 20 ng of a normalizer plasmid pGL4.83-mPGK-hRLuc at 5-6 DIV using Lipofectamine

547 2000 (Thermo Scientific) with DNA to Lipofectamine ratio of 1:2. Transfection was terminated by replacing
548 the medium with conditioned medium, which was collected from the cells before transfection.

549 Cultured cortical astrocytes were transfected as described previously (Koppel et al., 2018) using 190 ng of
550 luciferase reporter construct and 10 ng of normalizer plasmid pGL4.83-SR α -hRLuc at 13 DIV using
551 Lipofectamine 2000 (Thermo Scientific) with DNA to Lipofectamine ratio of 1:3.

552 The cells were lysed with Passive Lysis Buffer (Promega) and luciferase signals were measured with Dual-
553 Glo[®] Luciferase assay kit (Promega) using GENios pro plate reader (Tecan). Background-corrected Firefly
554 luciferase signals were normalized to background-corrected Renilla luciferase signals and the averages of
555 duplicate wells were calculated. Data were log-transformed for statistical analysis, mean and standard
556 error of the mean (SEM) were calculated, and data were back-transformed for graphical representation.

557 **5. CRISPR interference and activator systems, RT-qPCR**

558 pLV-hUbc-dCas9-KRAB-T2A-GFP plasmid used for CRISPR interference has been described previously
559 (Esvald et al., 2020) and pLV-hUbc-VP64-dCas9-VP64-T2A-GFP plasmid used for CRISPR activation was
560 obtained from Addgene (plasmid #59791). Lentiviral particles were produced as described previously
561 (Koppel et al., 2018). Relative viral titers were estimated from provirus incorporation rate measured by
562 qPCR and an equal amounts of functional viral particles were used for transduction in the following
563 experiments.

564 Rat cortical neurons were transduced at 0 DIV, whereas cortical astrocytes were transduced after sub-
565 culturing at 7 DIV. After treatments at 8 DIV for neurons or at 14 DIV for astrocytes, the cells were lysed
566 and RNA was extracted with RNeasy Mini Kit (Qiagen) using on-column DNA removal with RNase-Free
567 DNase Set (Qiagen). RNA concentration was measured with BioSpec-nano spectrophotometer (Shimadzu
568 Biotech). cDNA was synthesized from equal amounts of RNA with Superscript[®] III or Superscript[®] IV
569 reverse transcriptase (Invitrogen) using oligo(dT)₂₀ or a mixture of oligo(dT)₂₀ and random hexamer primer
570 (ratio 1:1, Microsynth). To measure +3 kb enhancer eRNAs, cDNA was synthesized using a mixture of
571 antisense-eRNA specific primer and HPRT1 primer (1:1 ratio). The primers used for cDNA synthesis are
572 listed in Supplementary Table 1.

573 All qPCR reactions were performed in 10 μ l volume in triplicates with 1 \times HOT FIREpol EvaGreen qPCR Mix
574 Plus (Solis Biodyne) and primers listed in Supplementary Table 1 on LightCycler[®] 480 PCR instrument II
575 (Roche). Gene expression levels were normalized to HPRT1 mRNA levels in neurons and Cyclophilin B
576 mRNA levels in astrocytes. Data were log-transformed and autoscaled (as described in Vandesompele et
577 al., 2002) for statistical analysis, mean and SEM were calculated, and data were back-transformed for
578 graphical representation.

579 **6. Mouse embryonic stem cells**

580 A2Lox mouse embryonic stem cells (mESCs) containing doxycyclin-inducible Neurogenin2 transgene
581 (Zhuravskaya and Makeyev, in preparation) were grown in 2i media as described in (Iacovino et al., 2011;
582 Kainov and Makeyev, 2020). To delete the +3 kb enhancer region, 3 + 3 gRNAs targeting either side of the
583 +3 kb enhancer core region (targeting sequences listed in Supplementary Table 2) were cloned into pX330
584 vector (Addgene plasmid #42230). mESCs were co-transfected with a mixture of all 6 CRISPR plasmids and
585 a plasmid containing a blasticidin expression cassette for selection. One day post transfection, 8 μ g/ml
586 blasticidin (Sigma) was added to the media for 3 days after which selection was ended, and cells were

587 grown for an additional 11 days. Finally, single colonies were picked and passaged. The deletion of the +3
588 kb enhancer region was assessed from genomic DNA with PCR using primers flanking the desired deletion
589 area. To rule out larger genomic deletions, qPCR-based copy number analysis was carried out with primers
590 targeting the desired deletion area, and either side of the +3 kb region outside of the desired deletion
591 area. All primers are listed in Supplementary Table 1. Cell clones containing no deletion, heterozygous or
592 homozygous deletion of the core conserved enhancer region together with intact flanking regions were
593 used for subsequent analysis.

594 Selected mESCs were differentiated into neurons as follows. Cells were plated on Matrigel (Gibco) coated
595 12-well plates at a density of ~25 000 cells/well in N2B27 media (1:1 DMEM F12-HAM and Neurobasal
596 mixture, 1x N2, 1x B27 with retinoic acid, 1x penicillin-streptomycin, 1 µg/ml laminin, 20 µg/ml insulin, 50
597 µM L-glutamine) supplemented with 0.1M β-mercaptoethanol (Sigma) and 2 µg/ml doxycycline (Sigma).
598 After 2 days the whole media was changed to N2B27 media containing 200 µM ascorbic acid (Sigma) and
599 1 µg/ml doxycycline. Next, half of the media was replaced every 2 days with new N2B27 media containing
600 200 µM ascorbic acid but no doxycycline. On the 12th day of differentiation, cells were treated with Milli-
601 Q, BDNF (Peprotech), or KCl for 3 hours. All treatments were added together with 25 µM D-APV (Alfa
602 Aesar). After treatment, the cells were lysed and RNA was extracted using EZ-10 DNAaway RNA Mini-Prep
603 Kit (Bio Basic inc). cDNA was synthesized using Superscript IV (Thermo Fischer) and qPCR was performed
604 with HOT FIREPol EvaGreen qPCR Mix Plus (Solis Biodyne) or qPCRBIO SyGreen Mix Lo-ROX (PCR
605 Biosystems Ltd) on LightCycler 96 (Roche). The levels of CNOT4 mRNA expression were used for
606 normalization. Used primers are listed in Supplementary Table 1.

607 **7. *In vitro* DNA pulldown mass-spectrometry**

608 855 bp region of the +3 kb enhancer and +11 kb intronic region were amplified with PCR using HotFirePol
609 polymerase (Solis Biodyne) and primers listed in Supplementary Table 1, with the reverse primers having
610 a 5' biotin modification (Microsynth). PCR products were purified using DNA Clean & Concentrator™-100
611 kit (Zymo Research) using a 1:5 ratio of PCR solution and DNA binding buffer. The concentration of the
612 DNA was determined with Nanodrop 2000 spectrophotometer (Thermo Scientific).

613 The preparation of nuclear lysates was performed as follows. Cortices from 8 days old Sprague Dawley rat
614 pups of both sexes were dissected and snap-frozen in liquid nitrogen. Nuclear lysates were prepared with
615 high salt extraction as in (Wu, 2006) and (Lahiri and Ge, 2000) with minor modifications. Briefly, cortices
616 were weighed and transferred to pre-cooled Dounce tissue grinder (Wheaton). 2 ml of ice-cold
617 cytoplasmic lysis buffer (10 mM Hepes, pH 7.9 (adjusted with NaOH), 10 mM KCl, 1.5 mM MgCl₂, 0.5%
618 NP-40, 300 mM sucrose, 1x cComplete™ Protease Inhibitor Cocktail (Roche), and phosphatase inhibitors
619 as follows: 5 mM NaF (Fisher Chemical), 1 mM beta-glycerophosphate (Acros Organics), 1 mM Na₃VO₄
620 (ChemCruz, sc-3540A) and 1 mM Na₄P₂O₇ (Fisher Chemical)) was added and tissue was homogenized 10
621 times with tight pestle. Next, the lysate was transferred to a 15 ml tube and cytoplasmic lysis buffer was
622 added to a total volume of 1 ml per 0.1 g of tissue. The lysate was incubated on ice for 10 minutes with
623 occasional inverting. Next, the lysate was transferred to a 100 µm nylon cell strainer (VWR, ref nr 732-
624 2759) to remove tissue debris and the flow-through was centrifuged at 2600 × g at 4 °C for 1 min to pellet
625 nuclei. The supernatant (cytoplasmic fraction) was discarded and the nuclear pellet was resuspended in 1
626 ml per 1 g of tissue ice-cold nuclear lysis buffer (20 mM Hepes, pH 7.9, 420 mM NaCl, 1.5 mM MgCl₂, 0.1
627 mM EDTA, 2.5% Glycerol, 1x cComplete™ Protease Inhibitor Cocktail (Roche), and phosphatase inhibitors)
628 and transferred to a new Eppendorf tube. To extract nuclear proteins, the pellet was rotated at 4 °C for

629 30 minutes and finally centrifuged at $11\ 000 \times g$ at $4\ ^\circ\text{C}$ for 10 min. The supernatant was collected as
630 nuclear fraction and protein concentration was measured with BCA Protein Assay Kit (Pierce).

631 *In vitro* DNA pulldown was performed as follows. Two biological replicates were performed using nuclear
632 lysates of cortices from pups of different litters. Pierce™ Streptavidin Magnetic Beads (50 μl per pulldown
633 reaction) were washed 2 times with $1\times$ binding buffer (BB, 5 mM Tris-HCl, pH 7.5, 0.5 mM EDTA, 1 M NaCl,
634 0.05% Tween-20), resuspended in $2\times$ BB, and an equal volume of 50 pmol biotinylated DNA (in 10 mM
635 Tris-HCl, pH 8.5, 0.1 mM EDTA) was added and incubated at room temperature for 30 min with rotation.
636 To remove the unbound probe, the beads were washed 3 times with $1\times$ BB. Finally, 400 μg of nuclear
637 proteins (adjusted to a concentration of 1.6 mg/ml with nuclear lysis buffer) and an equal volume of buffer
638 D (20 mM HEPES, pH 7.9, 100 mM KCl, 0.2 mM EDTA, 8% glycerol, $1\times$ cComplete™ Protease Inhibitor
639 Cocktail (Roche), and phosphatase inhibitors) were added and incubated with rotation at $4\ ^\circ\text{C}$ overnight.
640 The next day, the beads were washed 3 times with $1\times$ PBS, once with 100 mM NaCl and once with 200
641 mM NaCl. Bound DNA and proteins were eluted with 16 mM biotin (Sigma) in water (at pH 7.0) at $80\ ^\circ\text{C}$
642 for 5 min, the eluate was transferred to a new tube and snap-frozen in liquid nitrogen.

643 Mass-spectrometric analysis of the eluates was performed with nano-LC-MS/MS using Q Exactive Plus
644 (Thermo Scientific) at Proteomics core facility at the University of Tartu, Estonia, as described previously
645 (Mutso et al., 2018) using label-free quantification instead of SILAC and *Rattus norvegicus* reference
646 proteome for analysis. The full lists of proteins obtained from mass-spectrometric analysis are shown in
647 Supplementary Table 3. Custom R-script was used to keep only transcription factors based on gene
648 symbols of mammalian genes from gene ontology categories "RNA polymerase II cis-regulatory region
649 sequence-specific DNA binding" and "DNA-binding transcription factor activity" obtained from
650 www.geneontology.org (16.03.2020). At least 1.45-fold enrichment to the +3 kb enhancer probe
651 compared to the +11 kb intronic probe was used as a cutoff for specific binding. The obtained lists were
652 manually curated to generate Venn diagram illustration of the experiment.

653 **8. Chromatin immunoprecipitation**

654 Chromatin immunoprecipitation (ChIP) assay was performed as described previously (Esvold et al., 2020)
655 using 10 min fixation with 1% formaldehyde. 5 μg of CREB antibody (catalog #06-863, lot 2446851, Merck
656 Millipore) or TCF4 antibody (CeMines) was used per immunoprecipitation (IP). DNA enrichment was
657 measured using qPCR. All qPCR reactions were performed in 10 μl volume in triplicates with $1\times$ LightCycler
658 480 SYBR Green I Master kit (Roche) and primers listed in Supplementary Table 1 on LightCycler® 480 PCR
659 instrument II (Roche). Primer efficiencies were determined by serial dilutions of input samples and were
660 used for analysing the results. Percent of input enrichments were calculated for each region and IP, and
661 data were log-transformed before statistical analysis.

662 ENCODE data of different ChIP-seq experiments was visualized using UCSC Genome Browser track
663 "Transcription Factor ChIP-seq Peaks (340 factors in 129 cell types) from ENCODE 3 Data version: ENCODE
664 3 Nov 2018". Data of previously published ChIP-seq experiments were obtained from Gene Expression
665 Omnibus with accession numbers GSM530173, GSM530174, GSM530182, GSM530183 (Kim et al., 2010),
666 GSM1467429, GSM1467434 (Malik et al., 2014), GSM1820990 (Moen et al., 2017), GSM1647867 (Sun et
667 al., 2019), GSM1649148 (Bayam et al., 2015), and visualized using Integrative Genomics Viewer version
668 2.8.0 (Robinson et al., 2011).

669

670 **9. Statistical analysis**

671 All statistical tests and tested hypotheses were decided before performing the experiments. As ANOVA's
672 requirement of homoscedasticity was not met, two-tailed paired or unpaired equal variance t-test, as
673 reported at each figure, was used for statistical analysis using Excel 365 (Microsoft). To preserve statistical
674 power, p-values were not corrected for multiple comparisons as recommended by (Feise, 2002; Rothman,
675 1990; Streiner and Norman, 2011).

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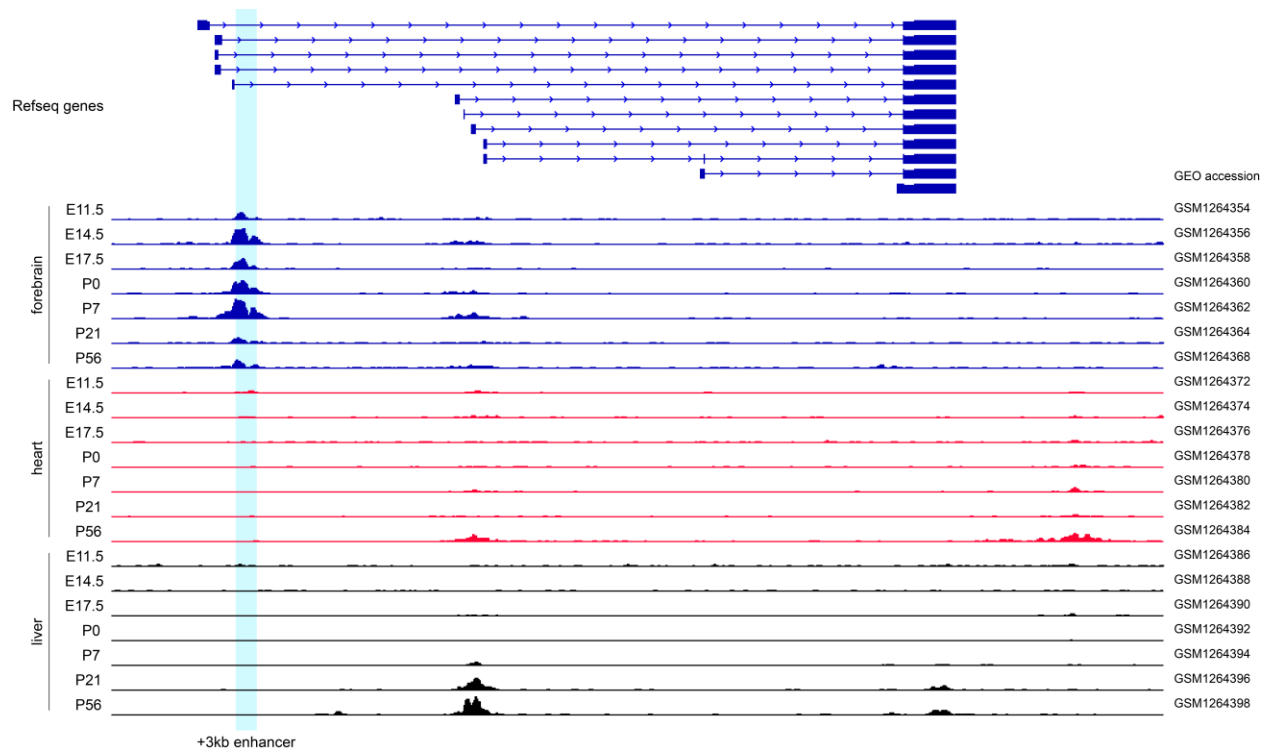
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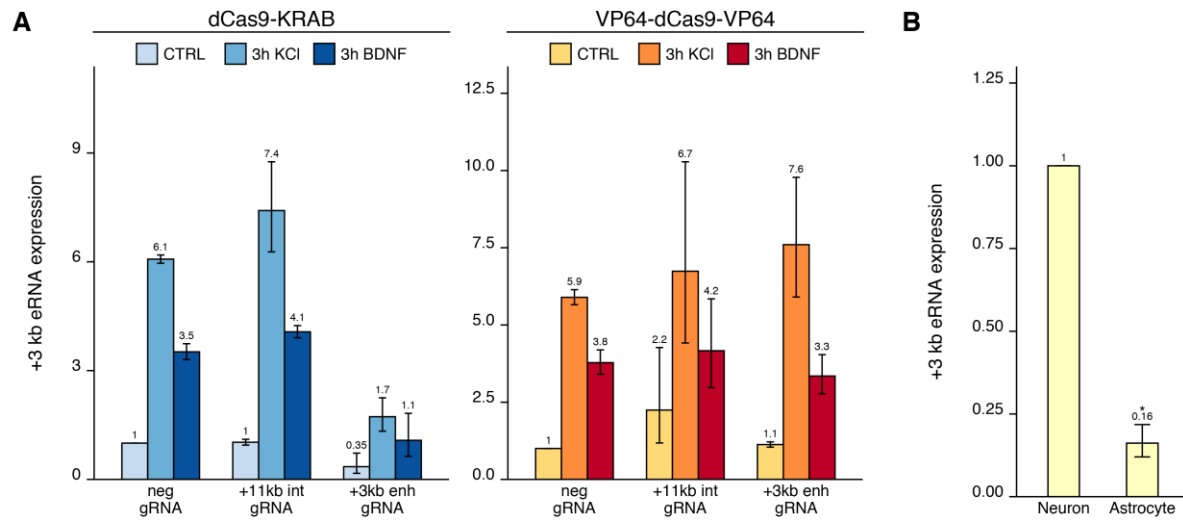
927 **SUPPLEMENTARY FIGURES**



928

929 *Supplementary figure 1. +3 kb enhancer region shows brain-specific H3K27ac histone modification. Integrative Genomics Viewer*
930 *was used to visualize H3K27ac ChIP-seq data of different mouse tissues throughout the development (Nord et al., 2013). Different*
931 *BDNF transcripts are shown in the upper part of the figure, developmental stage and tissue are shown on the left. E indicates*
932 *embryonic day, P postnatal day. +3 kb enhancer region is marked with light blue. GEO accession numbers of the data are shown*
933 *on the right.*

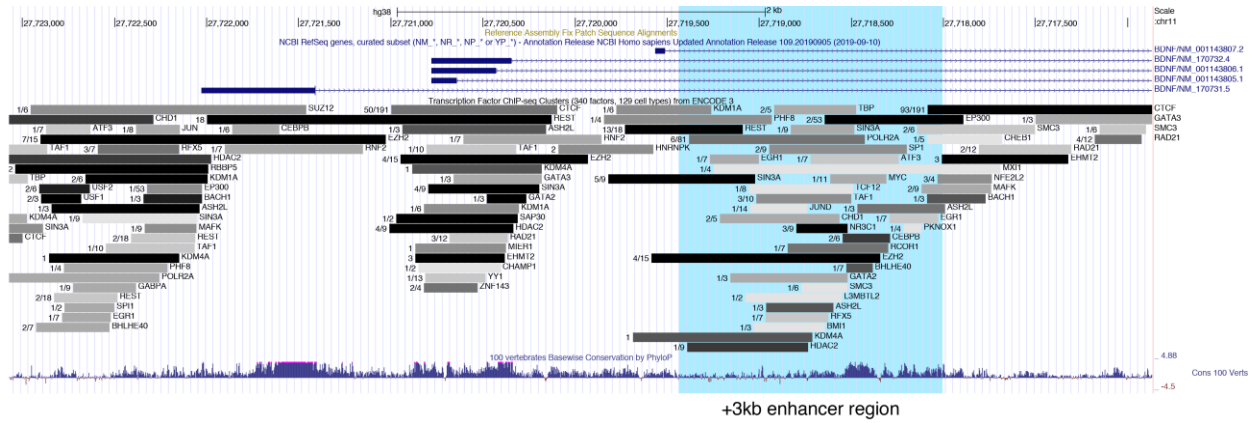
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936 *Supplementary figure 2. +3 kb enhancer shows stimulus-dependent eRNA transcription in neurons.* (A) Measurement of +3 kb
 937 eRNA in CRISPRi and CRISPRa experiments in cultured neurons. Rat cultured cortical neurons were transduced at 0 DIV with
 938 lentiviral particles encoding either dCas9 fused with Krüppel associated box domain (dCas9-KRAB, blue) or 8 copies of VP16 domain
 939 (VP64-dCas9-VP64, orange) together with lentiviruses encoding either guide RNA that has no corresponding target sequence in
 940 the rat genome (neg gRNA), a mixture of four gRNAs directed to the putative +3 kb BDNF enhancer (+3 kb enh gRNA) or a mixture
 941 of four guide RNAs directed to +11 kb intronic region (+11 kb int gRNA). Transduced neurons were left untreated (CTRL) or treated
 942 with 50 ng/ml BDNF or 25 mM KCl (with 5 μ M D-APV) for 3 hours at 8 DIV. Expression levels of +3 kb eRNA were measured with
 943 RT-qPCR and normalized to HPRT1 expression levels. eRNA expression levels are depicted relative to the eRNA expression in
 944 untreated (CTRL) neurons transduced with negative guide RNA within each set (dCas9-KRAB or VP64-dCas9-VP64). The average
 945 eRNA expression of independent experiments is depicted above the columns. Error bars represent SEM ($n = 2$ independent
 946 experiments). No statistical analysis was performed. (B) Comparison of +3 kb enhancer eRNA expression levels in cultured neurons
 947 and astrocytes. eRNA expression was measured using RT-qPCR, unnormalized average Ct values were used for the analysis and
 948 transformed to linear scale for graphical representation. The +3 kb eRNA expression level in neurons was set as 1. The average
 949 eRNA expression of independent experiments is depicted above the columns. Error bars represent SEM ($n = 3$ independent
 950 experiments). * $p < 0.05$ (paired two-tailed t-test).

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953 *Supplementary figure 3. +3 kb enhancer region binds various transcription factors in human cell lines. UCSC Genome Browser*
 954 *was used to visualize ENCODE ChIP-seq data track "Transcription Factor ChIP-seq Peaks (340 factors in 129 cell types) from*
 955 *ENCODE 3 Data version: ENCODE 3 Nov 2018" at the +3 kb enhancer region. Numbers indicate cell lines with binding of the*
 956 *indicated transcription factor/number cell lines assayed for the binding of indicated transcription factor. The +3 kb enhancer region*
 957 *is shown in light blue.*