

# 1 **Cardiovascular disease risk factors induce mesenchymal features and** 2 **senescence in cardiac endothelial cells**

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25

1 **Abstract**

2 Aging, obesity, hypertension and physical inactivity are major risk factors for endothelial  
3 dysfunction and cardiovascular disease (CVD). We applied fluorescence-activated cell  
4 sorting (FACS), RNA sequencing and bioinformatic methods to investigate the common  
5 effects of CVD risk factors on cardiac endothelial cells (ECs). Aging, obesity and pressure  
6 overload all upregulated pathways related to TGF- $\beta$  signaling and mesenchymal gene  
7 expression, inflammation, vascular permeability, oxidative stress, collagen synthesis and  
8 cellular senescence, whereas exercise training downregulated most of the same pathways.  
9 We identified collagen chaperone SerpinH1/HSP47 to be significantly increased by aging  
10 and obesity and repressed by exercise training. Mechanistic studies demonstrated that  
11 SERPINH1/HSP47 in human ECs changed cell morphology and increased mesenchymal  
12 gene expression, while its silencing inhibited collagen deposition. Our data demonstrate that  
13 CVD risk factors significantly remodel the transcriptomic landscape of cardiac ECs to  
14 acquire senescence and mesenchymal features. SERPINH1/HSP47 was identified as a  
15 potential therapeutic target in ECs.

16

17 **Keywords:** Aging, Obesity, Exercise, Endothelium, Cellular reprogramming, Heart, TGF- $\beta$

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## 1 **Introduction**

2

3 According to WHO, cardiovascular diseases (CVD) account for 10% of the global disease  
4 burden and constitute the number one cause of death in the Western world. CVD are mainly  
5 caused by behavioral (physical inactivity, unhealthy diet) and metabolic (obesity,  
6 hypertension, diabetes, high cholesterol) risk factors <sup>1</sup>. Aging, however, is by far the biggest  
7 contributor to CVD, and aging population is becoming an enormous challenge worldwide.

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9 The heart contains a dense vascular network, and endothelial cells (EC) are indeed the most  
10 abundant cell population in the adult mouse heart <sup>2</sup>. In addition to their transport function,  
11 ECs are defined to control vasomotor tone, maintain vascular homeostasis, regulate  
12 angiogenesis, and to establish bidirectional communication with other cell types and organs  
13 via paracrine signaling mechanisms <sup>3-7</sup>. ECs are found to be highly adaptive to physiological  
14 stimuli during normal growth and development <sup>8, 9</sup>, and the diversity of ECs in different  
15 tissues has now been acknowledged. ECs are also maladaptive to a spectrum of  
16 pathological events involving e.g. inflammation or oxidative stress <sup>10, 11</sup>, and the  
17 development of heart diseases is strongly linked to endothelial dysfunction and impaired  
18 vascular remodeling. However, the molecular cues, which cause maladaptation and  
19 dysfunction of ECs in the heart in response to pathological signals, remain elusive.

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21 Physical inactivity increases the incidence of several chronic diseases, whereas regular  
22 exercise training has positive effects on most of our tissues <sup>12</sup>. Because microcirculation is  
23 present in every organ in the body, ECs have a unique ability to influence the homeostasis  
24 and function of different tissues, and they are potentially a major cell type mediating the  
25 positive effects of exercise throughout the body. Although the cardiac benefits of exercise

1 are clear and there have been major advances in unraveling the molecular mechanisms,  
2 the understanding of how the molecular effects are linked to health benefits is still lacking  
3 <sup>12</sup>. Especially, the effects on ECs have not been characterized.

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5 We hypothesized that the major CVD risk factors aging, obesity and pressure overload will  
6 induce adverse remodeling of cardiac EC transcriptome <sup>11, 28, 29</sup>, whereas exercise training  
7 would provide beneficial effects <sup>8, 9</sup>. Both physiological and pathological stimuli significantly  
8 modified the cardiac EC transcriptome. Intriguingly, our results demonstrated that CVD risk  
9 factors promoted activation of transforming growth factor- $\beta$  (TGF- $\beta$ ) signaling, cellular  
10 senescence and induced mesenchymal gene expression in cardiac EC, whereas exercise  
11 training promoted opposite protective effects.

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## 1 **Results**

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### 3 **Exercise training and CVD risk factors modulate cardiac EC number, vascular density** 4 **and transcriptome**

5 To mimic the effect of the most common CVD risk factors (aging, obesity, pressure  
6 overload/hypertension and physical inactivity), we used adult C57BL/6J wild type mice in  
7 the following experimental groups: aged (18 months) vs. young (2 months) mice, high-fat  
8 diet induced obesity (14 weeks HFD) vs. lean mice, transverse aortic constriction (TAC) vs.  
9 sham-operated mice and exercise training (progressive treadmill running for 6 weeks) vs.  
10 sedentary mice (**Figure S1A-B**). Exercise trained mice showed improved ejection fraction  
11 compared to the sedentary mice, whereas aging, HFD and TAC resulted in impaired heart  
12 function (**Figure S1C-F and Supplementary Table 1**). HFD also induced marked weight  
13 gain, increased fat mass and impaired glucose tolerance (**Figure S1G-I**). Left ventricular  
14 (LV) mass was increased in aged, HFD-treated and TAC mice (**Supplementary Table 1**).  
15 Exercise training also slightly increased LV mass, which reflects mild physiological  
16 hypertrophy often observed in endurance-trained athletes<sup>30</sup> (**Supplementary Table 1**).

17

18 Exercise training significantly increased, whereas aging, HFD and TAC decreased the  
19 percentage, count and mean fluorescence intensity of the cardiac ECs (CD31<sup>+</sup>CD140a<sup>-</sup>  
20 CD45<sup>-</sup>Ter119<sup>-</sup>DAPI<sup>+</sup>) compared to the controls, when analyzed by FACS (**Figure 1A-B,**  
21 **Figure S2A-D**). This was also demonstrated by immunohistochemistry for CD31-positive  
22 coronary vessels (**Figure 1C-D**). The cardiac ECs were gated and sorted by FACS (**Figure**  
23 **S3A**), and the isolated ECs were first analyzed by quantitative PCR analysis, which  
24 indicated significant enrichment of EC markers Cdh5 and Tie1 in the sorted fraction  
25 compared to whole heart or other cardiac mononuclear cells (**Figure S3B**). In addition,

1 isolation resulted in  $87.4 \pm 1.9\%$  cell viability and RNA purification strategy yielded intact and  
2 stable RNA with average RNA integrity number (RIN) of 8.7 (**Figure S3C-D**). RNA  
3 sequencing of isolated ECs was used to profile the expression pattern of cardiac EC  
4 transcripts in different experimental groups. Two-dimensional principal component analysis  
5 of the EC transcriptomes exhibited significant proportion of variance in the gene expression  
6 pattern, which can be attributed to the treatment-induced changes in cardiac EC  
7 transcriptome (**Figure S4A-E**). Notably, unsupervised hierarchical clustering of EC data sets  
8 for all experimental interventions (sedentary, exercise trained, young, aged, sham, TAC)  
9 revealed consistent clustering and high degree of similarity in the gene expression pattern  
10 (**Figure S4F-J**). The analysis for differentially expressed genes (DEGs) showed a large  
11 number of up- and downregulated genes especially in aged, obese and TAC-operated mice  
12 followed by a smaller number of affected genes in exercise trained mice. The number of  
13 significantly up- and downregulated genes with the false discovery rate 0.05 for each  
14 treatment are shown in the MA plots and the top 50 DEGs for each treatment are presented  
15 by heat maps (**Figure 2A-E, F-J**).

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## 17 **CVD risk factors induce senescence and TGF- $\beta$ signaling together with mesenchymal** 18 **gene expression in cardiac ECs**

19 To understand biological functions of the differentially expressed genes (DEG), we used  
20 PANTHER classification analysis (**Figure 3A**). The analysis revealed that genes related to  
21 EC development, adherence junction organization, IGFR signaling, adrenomedullin receptor  
22 signaling, and mitochondria were upregulated by exercise training. Furthermore, exercise  
23 training downregulated pathways related to cellular aging, vascular membrane permeability,  
24 negative regulation of angiogenesis, TGF- $\beta$ 1 production, collagen activated tyrosine kinase  
25 signaling, and ossification. In contrast, pathways related to TGF- $\beta$ , IFN $\alpha$ , TNF $\alpha$ , oxidative

1 stress, EC differentiation, vascular permeability, cell aging, collagen synthesis, SMAD  
2 signaling and mesenchymal cell development were highly enriched in cardiac EC from both  
3 aged and obese mice. Downregulated pathways in these mice included tissue and lipid  
4 homeostasis, ECM assembly, tube morphogenesis, cell adhesion, cell number  
5 maintenance, EC proliferation, vasculature development, artery development, and NOTCH  
6 signaling. Pressure overload activated pathways such as cellular response to TGF- $\beta$ R2  
7 activation of fibrotic pathways, inactivation of cell survival pathways Erk1/2 and MAPK, and  
8 ossification process, whereas cellular homeostasis and vasculature development were  
9 repressed.

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11 Comparison of the GO biological terms, which were significantly affected by exercise training  
12 and the CVD risk factors, demonstrated clear opposite effects on the EC transcriptome.  
13 Aging and HFD promoted oxidative stress response, activation of inflammatory and fibrosis  
14 pathways and cellular aging, and inhibited pathways regulating cell number maintenance,  
15 proliferation and lipid homeostasis. Exercise training, in turn, promoted EC homeostasis and  
16 vascular growth, and prevented vascular aging, inflammation and pathological activation.

17

18 Because the gene ontology categories indicated upregulation of genes and pathways  
19 associated to mesenchymal development and endothelial-to-mesenchymal transition  
20 (EndMT) by CVD risk factors, we reviewed our differentially expressed gene sets for the  
21 expression of selected endothelial and mesenchymal markers based on the previously  
22 published data sets (**Supplementary Table 5A-E**). We found significant upregulation of  
23 many mesenchymal markers and downregulation of EC genes in aged and obese mice  
24 (**Figure 3C-D**). After two weeks of TAC, we also observed upregulation of several  
25 mesenchymal markers, whereas after seven weeks of TAC, there was both up- and

1 downregulation of the EC and mesenchymal markers, indicating possible reversal of the  
2 process (**Figure 3E-F**). Strikingly, exercise training downregulated several EndMT genes  
3 (Fscn1, Cd93, Vwa1, Sparc, Tuba1a, Cd44, Trp53, Col4a2, Mest, Cnn2, Tnfaip1, Lamb1,  
4 Ltbp4, Unc5b), the angiogenesis inhibitor gene Vash1, and the endothelial activation marker  
5 Apln and its receptor Aplnr, whereas it upregulated the expression of Malat1, Mgp, Krit1 and  
6 Calcr1 (**Figure 3B**). We validated the results using an expanded set of samples by qPCR for  
7 Apln, Vim, Tgfb2, Vash1, Sparc and Tgfb1 (**Figure S6A-F**).

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### 9 **SerpH1 expression is increased by aging and obesity and repressed by exercise** 10 **training**

11 To identify genes, which could mediate the negative effect of aging and obesity and the  
12 protective effects of exercise, we performed gene overlap analysis of DEGs from these three  
13 experimental interventions. We found 4 genes significantly affected by all treatments, of  
14 which 2 genes (SerpH1/Hsp47 and Vwa1) were upregulated by aging and HFD, and  
15 downregulated by exercise training. The other two genes (Mest and Fhl3) were upregulated  
16 by HFD and downregulated by exercise training and aging (**Figure 4A-C**). We performed  
17 an in silico secretome analysis to characterize the properties of the identified genes using  
18 MetaSecKB database (**Figure 4D**). Both SerpinH1 and Vwa1 contain a signal peptide for  
19 secretion, indicating they could act as angiocrines in autocrine and/or paracrine fashion.

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21 We focused on SerpinH1/Hsp47, as it has a known role as a collagen chaperone and has  
22 been linked to fibrosis <sup>31</sup>, making it an attractive candidate. We validated the endothelial  
23 SerpinH1/Hsp47 expression by qPCR (**Figure 4C**), and at single cell level using Tabula  
24 Muris database <sup>32</sup> and cardiac EC atlas from the Carmeliet lab <sup>33</sup>. The scRNAseq analysis  
25 revealed that SerpinH1 is expressed in variety of cell types within the mouse heart, including



1 fibroblasts, myofibroblasts, smooth muscle cells, endothelial cells, endocardial cells and to  
2 lesser extent in cardiomyocytes (**Figure S7A-D**). In ECs, SerpinH1 was found to be  
3 expressed throughout all endothelial cell clusters, with the highest expression in the apelin-  
4 high cluster marking activated ECs (**Figure S8A-F**). Interestingly, the expression of  
5 mesenchymal markers such as Tagln2, Vim and Smtn was also high in this cluster. Next,  
6 we analyzed the expression of SERPINH1/HSP47 in healthy human heart and in human  
7 cardiac ECs. Immunohistochemistry demonstrated SERPINH1/HSP47 to be highly  
8 expressed throughout the coronary vasculature and in fibroblasts in human heart, and weak  
9 staining was also detected in cardiomyocytes (**Figure 4E-G, Figure S7D**). In human cardiac  
10 ECs, HSP47 was localized perinuclearly, similarly to what has been demonstrated in other  
11 cells types, and consistent with the ER retention motif in its N-terminus (**Figure 4E**)<sup>34-36</sup>. We  
12 also tested, if exercise training can attenuate the expression of SerpinH1, Vwa1 and  
13 selected markers of TGF- $\beta$  signaling/EndMT also in aged mice. Of the studied genes, mRNA  
14 expression of SerpinH1 and Vimentin were significantly repressed by exercise and there  
15 was a tendency also for Vwa1 (**Figure 4H-K**).

16

### 17 **Overexpression of SERPINH1/HSP47 induces mesenchymal features in human ECs**

18 To study the effects of SERPINH1/HSP47 in human ECs, we produced lentiviral vector  
19 encoding myc-tagged hSERPINH1/HSP47. Both human umbilical venous endothelial cells  
20 (HUVECs) and human cardiac arterial endothelial cells (HCAECs) were analyzed. HSP47  
21 protein was localized similarly to the native protein (**Figure 5B**), and the overexpression was  
22 verified by western blotting (**Figure S9A**). Overexpression of HSP47 altered the cellular  
23 morphology characterized by impaired or discontinuous vascular endothelial cadherin  
24 junctions, increased stress fiber formation, and larger cell size (**Figure 5A-B**). Furthermore,  
25 analysis of EC and mesenchymal cell related transcripts demonstrated significant

1 repression of EC markers (CD31, CDH5, TIE1, NRARP, ID1) and induction of a proliferation  
2 gene CCND1, and mesenchymal/EndMT markers (TAGLN, aSMA, CD44, VIM, NOTCH3,  
3 ZEB2, SLUG, FN1, VCAM1, ICAM1) (**Figure 5C**). VE-cadherin downregulation was also  
4 confirmed at protein level (**Figure 5D**) and increased aSMA expression by  
5 immunofluorescence staining.

6 Transcriptomic changes pointed towards activated TGF- $\beta$  signaling and oxidative stress in  
7 response to all of the CVD risk factors. Both are known to contribute to EC dysfunction and  
8 EndMT, thus we tested if they act as upstream regulators of HSP47. Indeed, our results show  
9 that TGF- $\beta$ 1 -treatment of HCAECs significantly upregulated the expression of SERPINH1  
10 together with other known EndMT markers, and there was also small but significant  
11 induction of SERPINH1/HSP47 by hydrogen peroxide treatment (**Figure 5F**).

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### 13 **SERPINH1/HSP47 is needed for collagen 1 deposition by ECs**

14 To investigate the significance of SERPINH1/HSP47 depletion in human cardiac ECs,  
15 HCAECs were transduced with four independent shSERPINH1 lentiviral constructs. The  
16 constructs induced approximately 80% deletion of mRNA (**Figure 6D**). The cell morphology  
17 was not affected after two days (**Figure 6A**), but ten days of silencing significantly changed  
18 endothelial cell morphology and decreased the cell density in culture (**Figure 6B**),  
19 suggesting that SERPINH1/HSP47 might play a role in EC homeostasis and function.

20 SERPINH1 silencing significantly inhibited collagen fibril deposition, detected by  
21 immunistochemistry for type 1 collagen (**Figure 6B, C**). Only the cells transduced with the  
22 construct #1 could produce some extracellular collagen 1, and these cells also survived  
23 better than the cells transduced with constructs #2, #3 or #4 (**Figure 6B, C**). Next, we treated  
24 the cells with TGF- $\beta$ 1 and hydrogenperoxide for five days to induce EndMT features, as  
25 described previously<sup>21, 37</sup>. We used the shSERPINH1 (#1) construct, because from the other

1 silencing constructs not enough cells survived for the experiments. The results indicated  
2 that silencing of SERPINH1 prevented the appearance of Taglin-positive cells, a commonly  
3 used readout for EndMT, which were observed in the control cells (**Figure 6E**). We also  
4 studied the effect of SERPINH1/HSP47 on cell proliferation/migration. In the scratch wound  
5 healing assay, overexpression of SERPINH1 significantly promoted wound closure (**Figure**  
6 **7A, B**), whereas silencing of SERPINH1 for two days significantly decreased EC  
7 proliferation/migration. (**Figure 7C, D**).

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## 1 **Discussion**

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3 Here we have used transcriptomic profiling to decipher how the major CVD risk factors  
4 aging, obesity and pressure overload remodel cardiac endothelial cells, and how the  
5 protective effects of exercise are mediated. The results demonstrate that the CVD risk  
6 factors activate transcriptional programs promoting cell aging, senescence, TGF- $\beta$   
7 activation, inflammation and oxidative stress in cardiac ECs. Importantly, exercise  
8 attenuated these same pathways, even in healthy mice. Furthermore, we found that aging,  
9 obesity and pressure overload induced mesenchymal gene programs in cardiac ECs, which  
10 can contribute to dysfunctional endothelium and CVD development. Analysis of potential  
11 disease-promoting genes identified SerpinH1/HSP47 to be induced by aging and obesity,  
12 while its expression was significantly repressed by exercise, even in old mice.  
13 Mechanistically, SERPINH1/HSP47 was induced by TGF- $\beta$  and ROS, and the  
14 overexpression of SERPINH1/HSP47 increased cell size and stress fiber formation,  
15 weakened cell-cell junctions and promoted mesenchymal gene expression in human cardiac  
16 ECs. Immunohistochemistry of human hearts showed that HSP47 is abundantly expressed  
17 throughout the cardiac vasculature.

18

19 The largest dysregulation of the cardiac EC transcriptome was found in aged mice, followed  
20 by obesity and pressure overload. Exercise training affected a smaller number of transcripts,  
21 which can be accounted, at least partly, to the young and healthy control mice, which could  
22 move unrestrictedly in their home cages. Interestingly, however, most of the pathways  
23 activated by CVD risk factors were the same that were repressed by exercise training,  
24 highlighting the potential of physical activity to improve cardiovascular health via modulating  
25 endothelial cell phenotype and function. The positive effects of exercise on skeletal muscle

1 and cardiac angiogenesis have been described previously <sup>38</sup>, but exercise-induced  
2 molecular changes in ECs have not been characterized. Aging and obesity, on the other  
3 hand, are known to contribute to capillary rarefaction and/or dysfunction <sup>10, 11, 39, 40</sup>, and  
4 another novel aspect in this study was the comparison of several CVD risk factors to identify  
5 common pathways and genes, which could drive the pathogenesis in cardiac disease, and  
6 could be considered as potential therapeutic targets. ECs would provide an attractive target  
7 for drug development, as they are the first cells to encounter drugs in the bloodstream.

8  
9 Dysfunctional endothelium likely contributes to more diseases than any other tissue in the  
10 body as it affects all organs. On the other hand, endothelium could act as an important  
11 mediator of the health-promoting effects of exercise in a variety of tissues. Our finding that  
12 aging, obesity and pressure overload induce mesenchymal gene programs in cardiac ECs  
13 adds to the increasing evidence that activated endothelial TGF- $\beta$  signaling and acquisition  
14 of mesenchymal features play an important role in the development of EC dysfunction and  
15 cardiac diseases <sup>13, 20, 41, 42</sup>. Importantly, genes related to TGF- $\beta$  production and cellular  
16 aging were repressed by exercise, highlighting the mechanisms behind the potential of  
17 exercise training in preventing and delaying the development of CVD. The activation of TGF-  
18  $\beta$  signaling pathway has been implicated as a driving force for EndMT <sup>21, 23-26</sup>. Several  
19 studies have recently suggested that EndMT could contribute to the development of various  
20 cardiovascular diseases <sup>16 13, 14, 27</sup>, but currently there is a lack of understanding of the causal  
21 relationships and mechanisms linking EndMT and CVD <sup>13</sup>. Furthermore, whether the  
22 transition from ECs to mesenchymal cells occurs completely in various CVDs is still actively  
23 debated in the literature. It has been suggested that pathological EC activation will result in  
24 acquired EndMT features e.g. expression of mesenchymal genes, without full  
25 transformation from one cell type to another <sup>44</sup>. This is in line with our findings, as only cells

1 with high CD31 expression and with no expression of CD45, CD140a and Ter119 were  
2 included in our analyses. Thus, all the analyzed cells were endothelial cells, but in the CVD  
3 risk factor groups they demonstrated increased mesenchymal marker expression. Long-  
4 term lineage tracing of ECs in response to CVD risk factors would provide further knowledge  
5 if and to what extent full transformation of ECs to mesenchymal cells occurs in cardiac  
6 vasculature. Our results, however, demonstrate that ECs acquire mesenchymal features  
7 due to CVD risk factors, which likely results in EC dysfunction even without EndMT.

8  
9 To identify possible pathology-driving genes, which would be common for several risk  
10 factors, we performed gene overlap analysis using all data sets. Two genes, SerpinH1 and  
11 Vwa1, were found to be significantly increased by both aging and obesity and decreased by  
12 exercise, suggesting that they could act as common mediators of EC dysfunction. We  
13 focused in this study on Serpinh1/Hsp47, as it is a collagen chaperone and has been shown  
14 to contribute to tissue fibrosis<sup>31,45</sup>, an important feature of many cardiac diseases. Recently,  
15 it was demonstrated in a mouse pressure overload model using Hsp47 cell type -specific  
16 knockout mice that Hsp47 in myofibroblasts is an important regulator of pathologic cardiac  
17 fibrosis<sup>45</sup>. In line with our results in human cardiac ECs, collagen 1 production was  
18 decreased in the EC-specific Hsp47 deficient hearts<sup>45</sup>. In human ECs, our results placed  
19 SERPINH1/HSP47 downstream of TGF- $\beta$  and ROS, and demonstrated that its  
20 overexpression promoted mesenchymal features in human cardiac EC. Furthermore,  
21 SERPINH1/HSP47 was found to be important for extracellular collagen 1 deposition and EC  
22 proliferation/migration. Silencing of SERPINH1 also prevented the TGF- $\beta$  induced  
23 appearance of TAGLIN-positive cells in human cardiac EC, which is considered as a marker  
24 for EndMT<sup>21,37</sup>. Based on the publicly available single-cell RNA sequencing data and  
25 immunohistochemistry of the human heart samples, SERPINH1/HSP47 is abundantly

1 expressed in all cardiac endothelial populations. For further translational impact, the role of  
2 endothelial SERPINH1/HSP47 in aged, obese and hypertensive human hearts needs to be  
3 determined.

4

5 In conclusion, our data demonstrate that the major CVD risk factors significantly remodel  
6 the cardiac EC transcriptome promoting cell senescence, oxidative stress, TGF- $\beta$  signaling  
7 and mesenchymal gene features, whereas exercise training provided opposite and  
8 protective effects. SerpinH1/Hsp47 was identified as one of the downstream effectors of  
9 TGF- $\beta$ , which could provide a novel therapeutic target in endothelial cells.

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## 1 **Materials and Methods**

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3 An expanded Methods section is available in the Supplementary material.

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## 5 **Mouse Models**

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7 The committee appointed by the district of southern Finland approved all the animal  
8 experiments. Male C57BL/6J 7-8- week adult wild type mice were purchased from Janvier  
9 Labs, the detailed information about the mouse models, experimental procedures and  
10 treatments used in this study are described in the Data Supplement. The following four  
11 experimental groups were studied: exercise vs. sedentary, aged (18 mo) vs. young (2 mo),  
12 high-fat diet fed vs. chow-fed mice, and transverse aortic constriction (TAC) for two and  
13 seven weeks vs. sham-operated mice. Female C57BL/6J wild type mice of 19-24 months  
14 old were used for a separate exercise training experiment in old mice. The cohort size (n)  
15 for each experiment are shown in the respective figures or figure legends.

16

## 17 **Fluorescence-activated cell sorting of cardiac endothelial cells**

18

19 The murine hearts were minced and incubated with 1mg/ml of collagenase type I, II and IV  
20 dissolved in DPBS containing 0.3mM CaCl<sub>2</sub> at 37°C for 25 min. DMEM supplemented with  
21 10% heat inactivated FCS was added and the cell suspension was filtered through 70µm  
22 nylon strainer. The cells were incubated with Fc receptor blocking antibody (CD16/32) for  
23 five minutes and followed by CD31, CD140a, CD45, Ter119 antibodies for 30 minutes. The  
24 live cardiac endothelial cells were defined as CD31<sup>+</sup> CD45<sup>-</sup> Ter119<sup>-</sup> CD140a<sup>-</sup> DAPI<sup>-</sup> and the  
25 FACS Aria II (BD Biosciences) was used to gate, analyze and sort live cardiac endothelial



1 cells. Data was acquired using FACS DIVA v8.0.1 and analyzed with FlowJo v10.1. The  
2 workflow is presented in detail in the **Figure S3A**.

3

#### 4 **RNA seq data analysis of cardiac endothelial cells**

5 FACS sorted cardiac ECs were homogenized using QIA shredder (Qiagen) and purified  
6 using RNeasy Plus Micro Kit (Qiagen). Prior to the library preparation step, RNA integrity  
7 and concentration of the samples were measured using Agilent Tape station and Qubit  
8 fluorescence assay, respectively. SMARTer Stranded Total RNA-Seq Kit V2 – Pico Input  
9 Mammalian (Takara Bio, USA) library preparation kit was used and 50M single end reads  
10 (1 x 75bp) were sequenced using illumina NextSeq 550 System. The sequenced reads were  
11 analyzed using Chipster high-throughput analysis software. The RNA sequencing data is  
12 deposited in GEO database, under the accession number GSE145263.

13

#### 14 **Gene Ontology, Pathway analysis, Gene overlap and in silico gene characterization**

15 To understand the biological role of differentially expressed genes, we used PANTHER  
16 classification system. VENNY 2.1 analysis software was used to identify overlapping genes  
17 and in silico gene characterization was performed using MetazSeckB knowledgebase,  
18 TargetP2.0 and SecretomeP1.0 softwares.

19

#### 20 **Cell culture**

21 Human cardiac arterial endothelial cells (HCAEC) or human umbilical vein endothelial cells  
22 (HUVEC) were transduced with lentiviral vectors (LV) encoding human SERPINH1-Myc  
23 overexpressing construct and four short hairpin gene silencing constructs for SERPINH1.  
24 The protocols for lentiviral vector production and gene transduction are explained in  
25 supplemental materials, and target sequences for shRNA constructs are listed in the

1 **Supplementary Table 3.** For EndMT induction in HCAEC, a previously published method  
2 using TGF- $\beta$  and H<sub>2</sub>O<sub>2</sub> was used<sup>21, 37</sup>.

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#### 4 **Immunohistochemistry, Real-Time Quantitative Polymerase chain reaction and** 5 **Western Blotting**

6 The detailed procedures for immunohistochemical stainings, western blotting and real-time  
7 qPCR are described in the Supplementary Materials and Methods section. Primer  
8 sequences for SYBR green and TaqMan real-time qPCR assays are listed in the  
9 **Supplementary Table 4**, and the antibodies used in immunohistochemistry and western  
10 blotting are listed in the **Supplementary Table 2**.

11

#### 12 **Statistics**

13 The data from the individual experiments were analyzed by student's *t* test. P<0.05 value  
14 was considered statistically significant and P values in the graphs are mentioned as  
15 \*P<0.05, \*\*P<0.01 and \*\*\*P<0.001. The data is shown as mean  $\pm$  SEM. The GraphPad  
16 Prism 7 software was used for statistical analysis. Statistics used for RNA sequencing data  
17 are described in detail in the Supplementary materials.

18

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8 facilities.

9

## 10 **Author contribution**

11 KAH, EM and RK designed and KAH performed the experiments. KAH, SF, AA and RK  
12 analyzed the data. MIM collected the human heart samples. KAH and RK wrote the  
13 manuscript. All authors have seen, commented and accepted the manuscript.

14

## 15 **Competing interests**

16 No competing interests.

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1 **Figure legends**

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3 **Figure 1. Effects of exercise training, aging, obesity and pressure overload on cardiac**  
4 **endothelial cell number and vascular density. A-B.** FACS analysis and quantification of  
5 mean fluorescence intensity (MFI) of the cardiac endothelial cells (CD31+CD140a-CD45-  
6 Ter119-DAPI-) in various mice models. **C-D.** Representative immunofluorescence images  
7 and quantification of CD31+ blood vessel area (%) in the heart. Scale bar, 100 $\mu$ m. Data is  
8 presented as mean  $\pm$  SEM. Student's t test was used, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001 (N=3-  
9 5 mice/group). In the panel **B**, each color-coded circle (Red, Green and Black) indicates an  
10 individual biological sample. In panel **D**, number of mice in each experimental group are  
11 indicated in the respective graph, N=3-5 mice/group.

12

13 **Figure 2. Transcriptomic changes in cardiac endothelial cells from exercise trained,**  
14 **aged, obese and TAC-treated mice. A-E.** MA (log ratio over mean) plots showing the  
15 number of differentially expressed genes in cardiac ECs for each experiment. Number of  
16 significantly up- and downregulated genes with the FDR (Benjamini-Hochberg adjusted  
17 pvalue) threshold of 0.05 are indicated in the plots. **F-J.** Top 50 differentially expressed  
18 genes in cardiac ECs of the indicated experimental groups. In the heatmap, each color-  
19 coded circle (Red, Green and Black) indicates an individual biological sample within each  
20 experimental group. N=3-4 mice/group.

21

22 **Figure 3. Cardiovascular disease risk factors activate mesenchymal gene expression**  
23 **in cardiac ECs. A.** Gene ontology analysis of the up- and downregulated genes. Note the  
24 opposite changes by exercise training compared to the CVD risk factors. **B-F.** Heatmaps  
25 showing the differential gene expression of endothelial and mesenchymal genes previously

1 associated to endothelial-to-mesenchymal transition (EndMT). Genes are selected based  
2 on published datasets (references are found in the supplementary table 5A-E). In the figure  
3 panel A-F, the up- and downregulated genes with the FDR (Benjamini-Hochberg adjusted  
4 pvalue) threshold of 0.05 were considered. In the heatmap, each color-coded circle (Red,  
5 Green and Black) indicates an individual biological sample within each experimental group.  
6 N=3-4 mice/group.

7

8 **Figure 4. SerpinH1 expression is increased by aging and obesity and repressed by**

9 **exercise training. A.** Venn diagram showing the overlap of differentially expressed genes

10 between the experiments. Four genes were identified to be significantly affected by aging,

11 obesity and exercise (SerpinH1, Vwa1, Mest and Fhl3). **B.** Bar plot showing the expression

12 pattern of these four genes. In panel **A** and **B**, the up- and downregulated genes with the

13 FDR (Benjamini-Hochberg adjusted p-value) threshold of 0.05 were considered to be

14 significant (N=3-4 mice/group). **C.** qPCR Validation of SerpinH1 and Vwa1 normalized to

15 HPRT1 (N=4-6 mice/group). **D.** In silico secretome analysis of the identified genes. E-G.

16 Representative immunofluorescent and immunohistochemistry images showing the

17 expression of SERPINH1/HSP47 in human EC and human heart samples (red arrow head

18 in the bottom panel F indicates the expression in large vessels and “L” indicate vessel lumen.

19 White arrowheads in the panel G denote the co-expression of HSP47 and CDH5 in coronary

20 vessels (yellow signal). **H-K.** mRNA expression of SerpinH1, Vwa1, Vim and Tgfbr2 in the

21 cardiac ECs of sedentary and exercise trained aged mice (N=4-5/group). Scale bar 100  $\mu$ m.

22 Data is presented as mean  $\pm$  SEM. Student’s t test was used, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

23

24 **Figure 5. Overexpression of SERPINH1 modifies the EC phenotype and induces**

25 **mesenchymal gene expression in human cardiac ECs. A.** Representative phase-

1 contrast images of live human cardiac arterial EC (HCAEC) transduced with LV-CTRL and  
2 LV-SERPINH1-Myc and quantification of the aspect ratio (length to width ratio) of the cell.  
3 **B.** Representative immunofluorescent images showing the expression of Myc-tagged  
4 SERPINH1 in green, F-Actin in grey and CDH5/VE-Cadherin in red. The insert within the  
5 white box shows magnified view of VE-Cadherin junctions in HCAECs. **C.** qPCR analysis of  
6 endothelial and mesenchymal markers in SERPINH1 overexpressing cells. **D.** Western blot  
7 analysis and quantification of CDH5/VE-cadherin expression in the SERPINH1  
8 overexpressing HCAECs (normalized to GAPDH). **E.** Representative immunofluorescent  
9 images showing DAPI in blue, CDH5/VE-Cadherin in green and  $\alpha$ -smooth muscle actin  
10 (aSMA) in red. **F.** qPCR analysis of SERPINH1 and EndMT markers in HCAECs stimulated  
11 with TGF- $\beta$ 1 (50ng/ml) or H<sub>2</sub>O<sub>2</sub> for five days. In panel **A**, **C**, **D** and **F**, N=3 biological  
12 replicates/group were analyzed. Scale bar 100  $\mu$ m. Data is presented as mean  $\pm$  SEM.  
13 Student's t test was used, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001.

14  
15 **Figure 6. SERPINH1/HSP47 silencing in human cardiac EC inhibits collagen**  
16 **production and secretion.** **A.** Representative phase contrast images of live HCAECs  
17 transduced with LV-SCR and LV-shSERPINH1 (#1 and #2) and quantification of the aspect  
18 ratio (length to width ratio) of the cells after two days of silencing. **B.** Representative  
19 CDH5/VE-Cadherin immunofluorescent images (green) showing the cell morphology and  
20 density after ten days of SERPINH1 silencing. Collagen 1 staining is shown in red, and  
21 quantification of Collagen 1 is shown in **C**. **D.** qPCR analysis of SERPINH1 deletion levels  
22 using four independent constructs. **E.** Representative immunofluorescent images showing  
23 TAGLN expression in the control and SERPINH1 silenced HCAECs treated with  
24 recombinant human TGF- $\beta$ 1 with and without H<sub>2</sub>O<sub>2</sub> for five days. In the panel **A**, **C** and **D**,

1 N=3 biological replicates/group were analyzed. Scale bar 100  $\mu$ m. Data is presented as  
2 mean  $\pm$  SEM. Student's t test was used, \* $p$ <0.05, \*\* $p$ <0.01, \*\*\* $p$ <0.001.

3

4 **Figure 7. SERPINH1 overexpression enhances and silencing inhibits wound closure**

5 **in vitro. A-B.** Representative phase contrast images of scratch wound healing assay

6 performed in HCAECs treated with LV-CTRL and LV-SERPINH1, and quantification of the

7 wound closure (%) with respect to time (hours). **C-D.** Representative phase contrast images

8 of scratch wound healing assay performed in HCAECs treated with LV-SCR and LV-

9 shSERPINH1 (#1 and #2), and quantification of the wound closure (%) with respect to time

10 (hours). In the panel A and C, the blue area within the white dotted region indicate the wound

11 area. In the panel B and D, N=8 biological replicates/group were analyzed. Data is

12 presented as mean  $\pm$  SEM. Student's t test was used, \* $p$ <0.05, \*\* $p$ <0.01, \*\*\* $p$ <0.001.

13

14 **Graphical abstract demonstrating the cardiovascular disease risk factor mediated**

15 **activation of TGF- $\beta$  signaling and acquisition of mesenchymal features in cardiac EC.**

16 CVD risk factors aging, obesity and pressure overload trigger the regression of coronary

17 vasculature by activating TGF- $\beta$ /ROS signaling pathways and cellular senescence. These

18 induce the expression of SerpinH1/Hsp47 and mesenchymal gene signature.

19 SerpinH1/Hsp47 and EndMT are both involved in the development of tissue fibrosis by

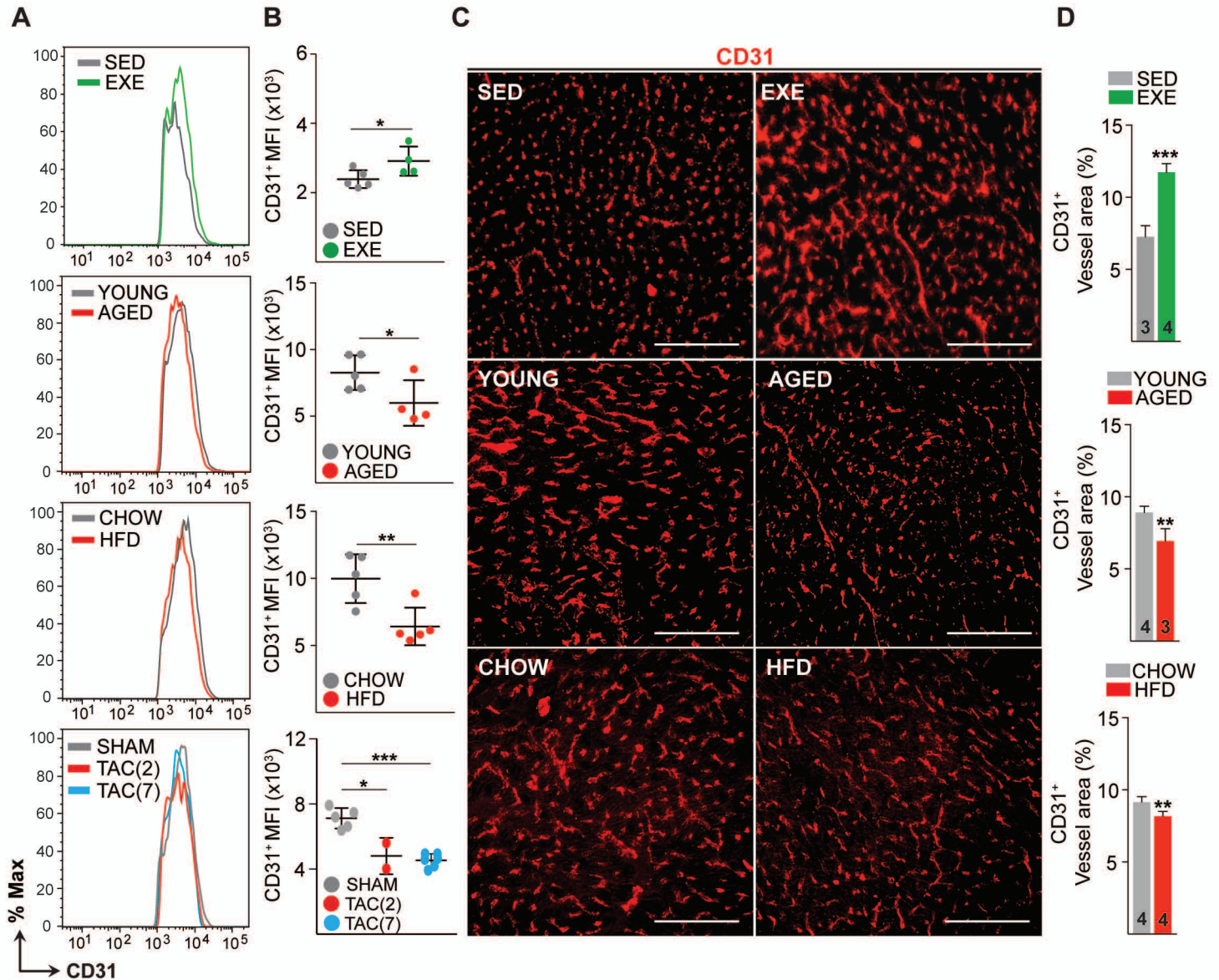
20 increasing collagen deposition in the extracellular matrix. Exercise training, in turn,

21 increases coronary vasculature density, EC number and represses TGF- $\beta$  signaling,

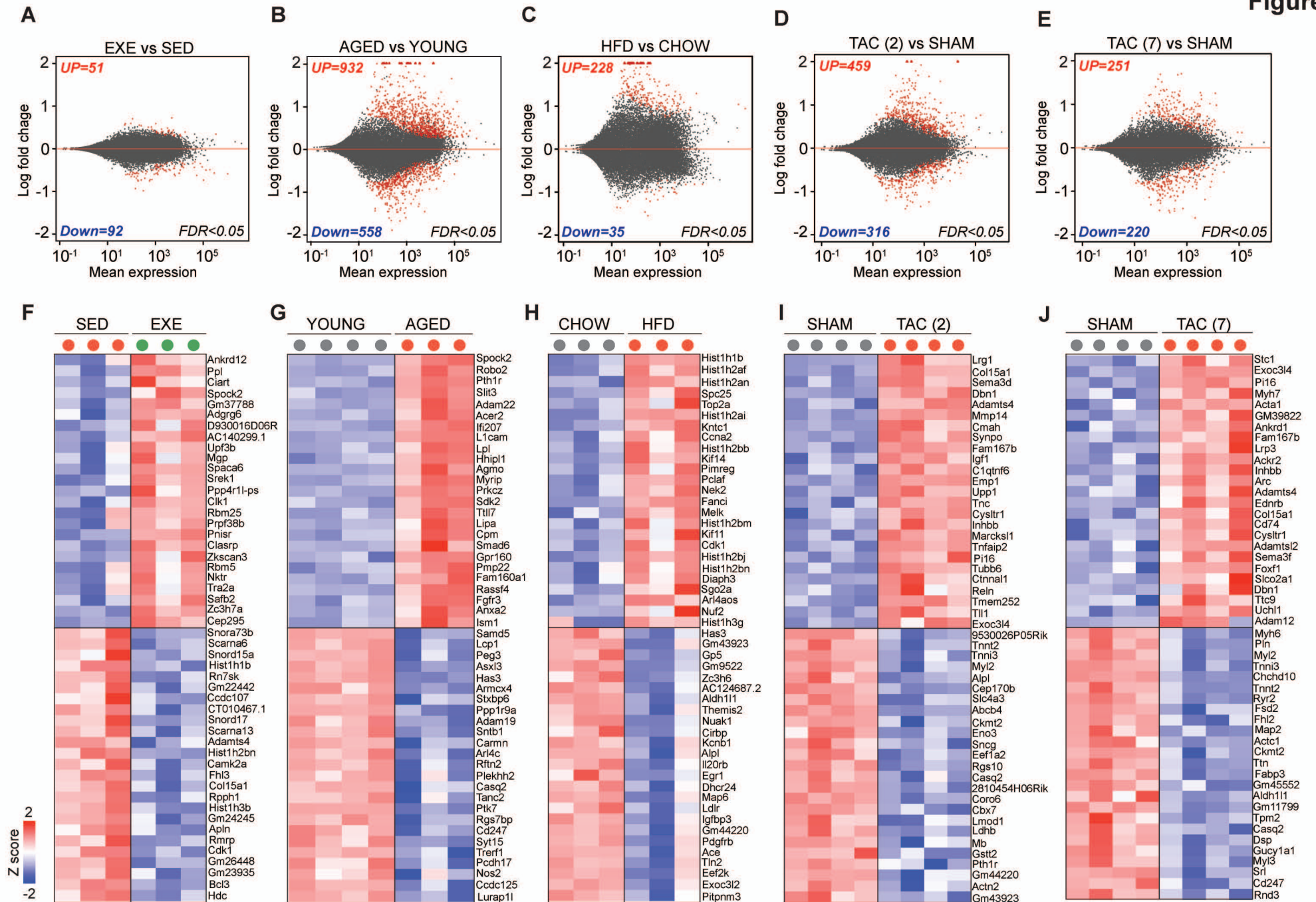
22 mesenchymal gene expression and senescence related pathways.

23

## Figure 1

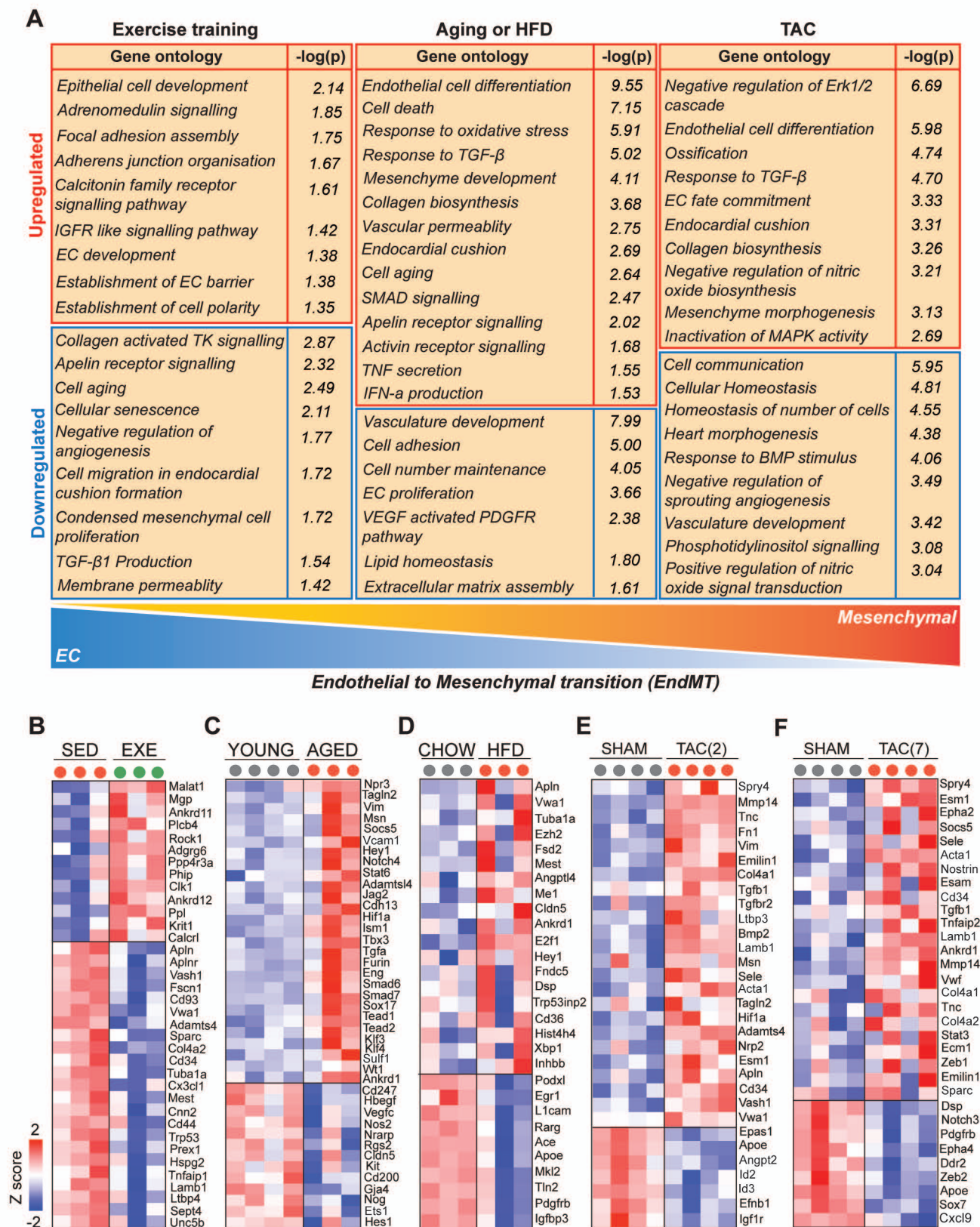


**Figure 1. Effects of exercise training, aging, obesity and pressure overload on cardiac endothelial cell number and vascular density.** A-B. FACS analysis and quantification of mean fluorescence intensity (MFI) of the cardiac endothelial cells (CD31+CD140a-CD45-Ter119-DAPI-) in various mice models. C-D. Representative immunofluorescence images and quantification of CD31+ blood vessel area (%) in the heart. Scale bar, 100  $\mu$ m. Data is presented as mean  $\pm$  SEM. Student's t test was used, \* $p$ <0.05, \*\* $p$ <0.01, \*\*\* $p$ <0.001 (In the panel B, each color-coded circle (Red, Green and Black) indicates an individual biological sample. In panel D, number of mice in each experimental group are indicated in the respective graph, N=3-5 mice/group).



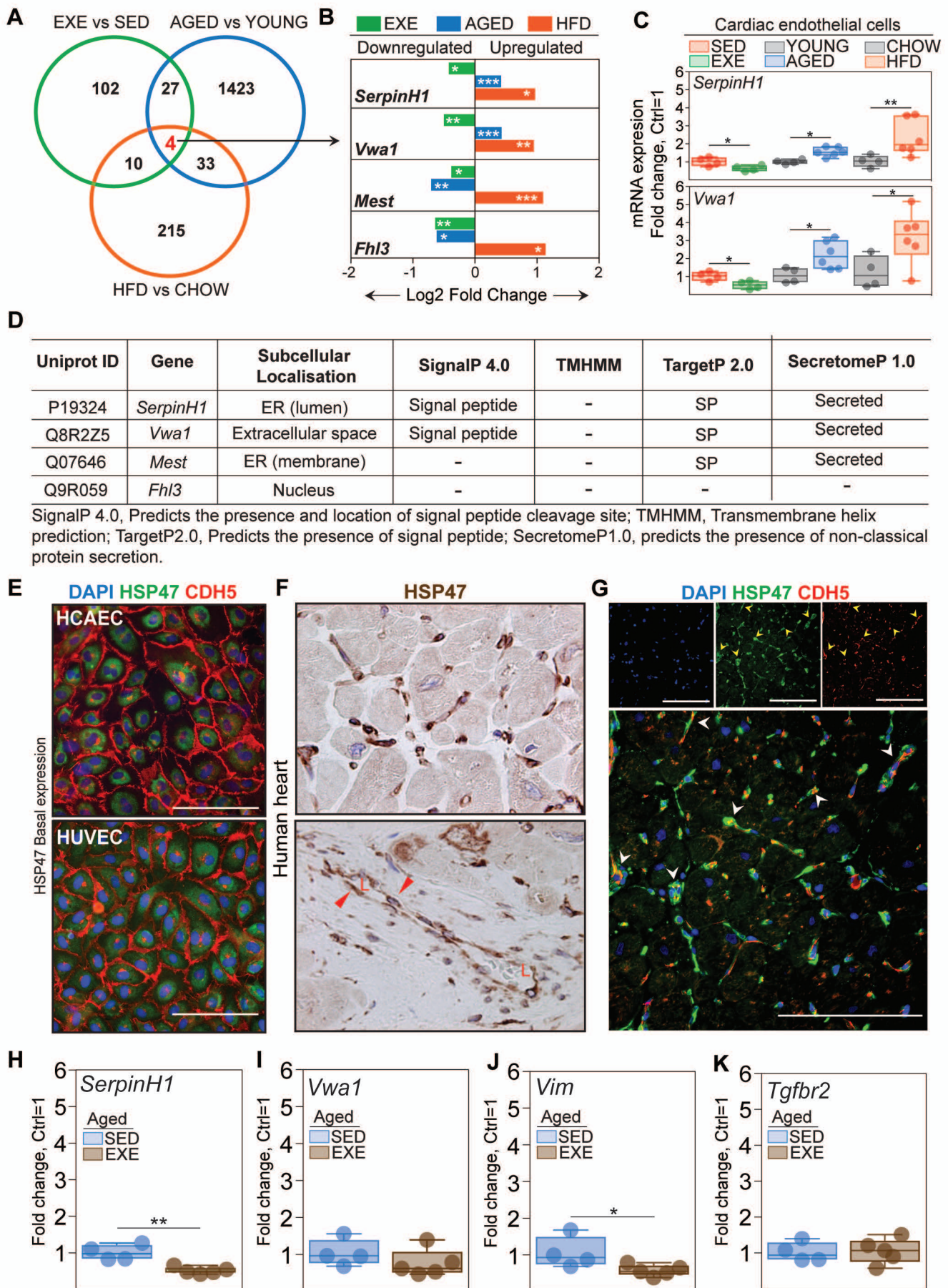
**Figure 2. Transcriptomic changes in cardiac endothelial cells from exercise trained, aged, obese and TAC-treated mice.** A-E. MA (log ratio over mean) plots showing the number of differentially expressed genes in cardiac ECs for each experiment. Number of significantly up- and downregulated genes with the FDR (Benjamini-Hochberg adjusted pvalue) threshold of 0.05 are indicated in the plots. F-J. Top 50 differentially expressed genes in cardiac ECs of the indicated experimental groups. In the heatmap, each color coded circle (Red, Green and Black) indicates an individual biological sample within each experimental group. N=3-4 mice/group.

Figure 3



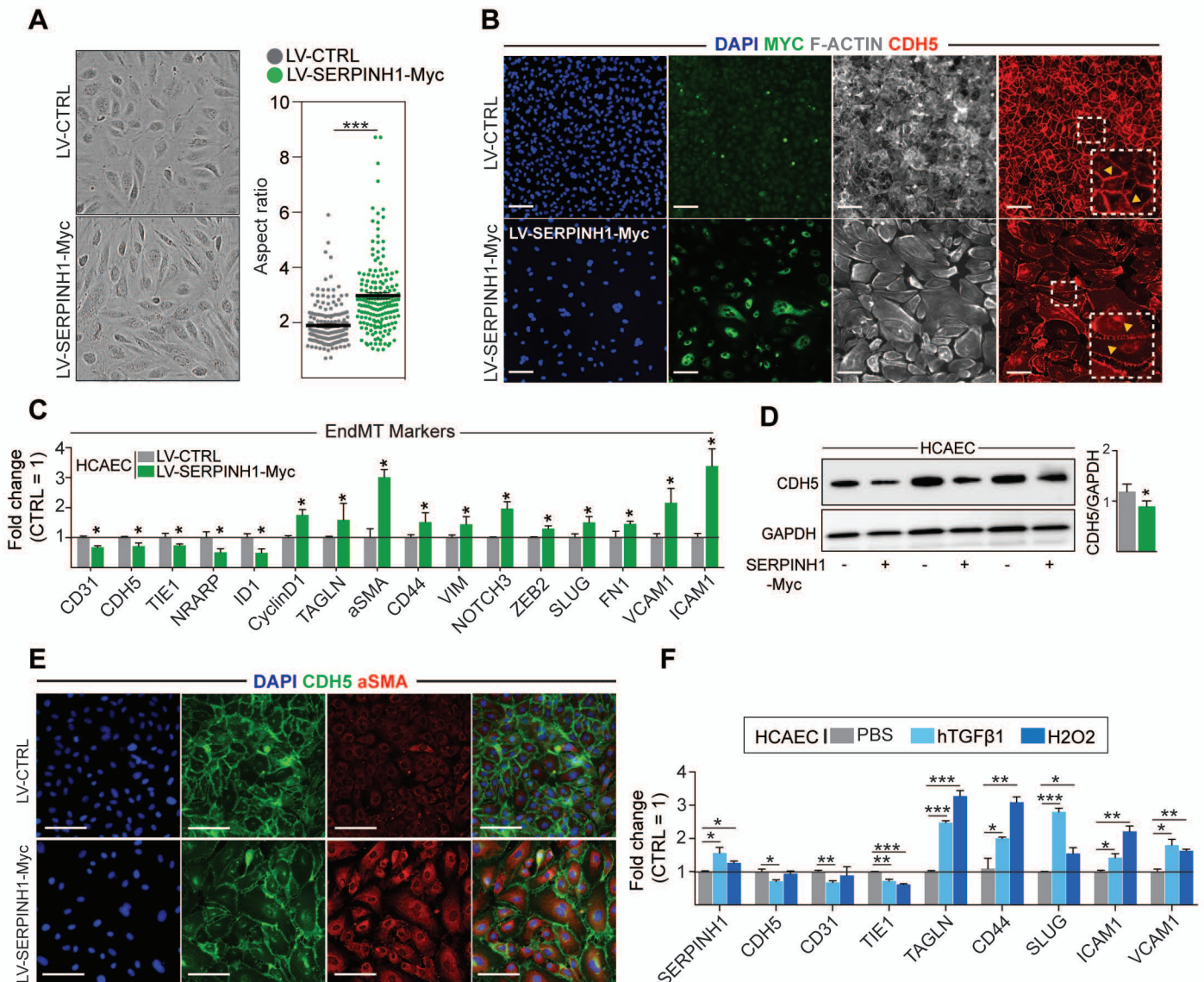
**Figure 3. Cardiovascular disease risk factors activate mesenchymal gene program in cardiac EC.** **A.** Gene ontology analysis of up- and downregulated genes. Note the opposite changes by exercise training compared to the CVD risk factors. **B-F.** Heatmaps showing the differential gene expression of endothelial and mesenchymal genes associated to endothelial-to-mesenchymal transition (EndMT). Genes are selected based on the previously published datasets (references are found in the supplementary table 5A-E). In the figure panel A-F, the up- and downregulated genes with the FDR (Benjamini-Hochberg adjusted pvalue) threshold of 0.05 were considered. In the heatmap, each color coded circles (Red, Green and Black) indicate the gene expression data obtained from individual biological sample per experimental group. N=3-4 mice/group.





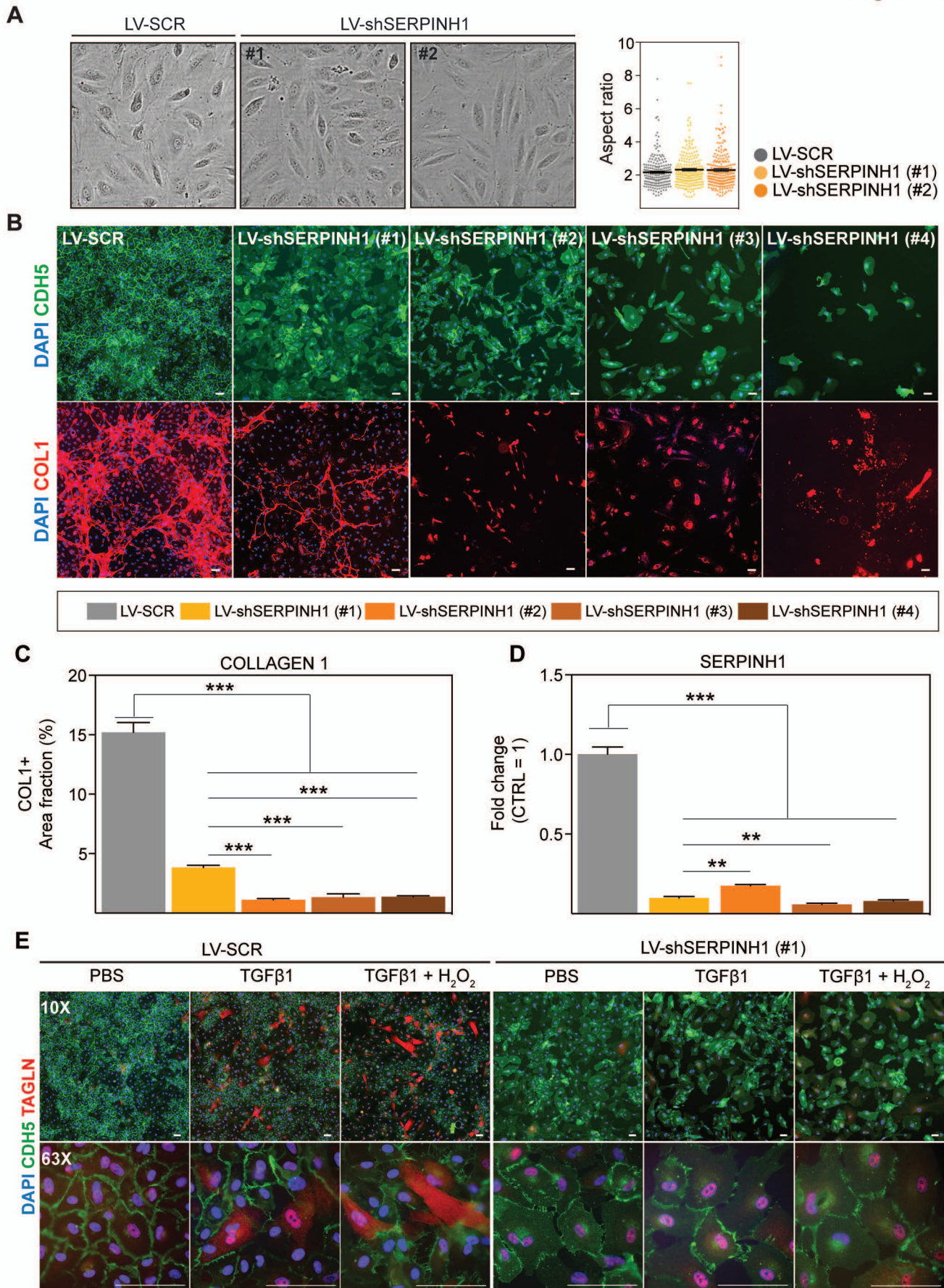
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Figure 5



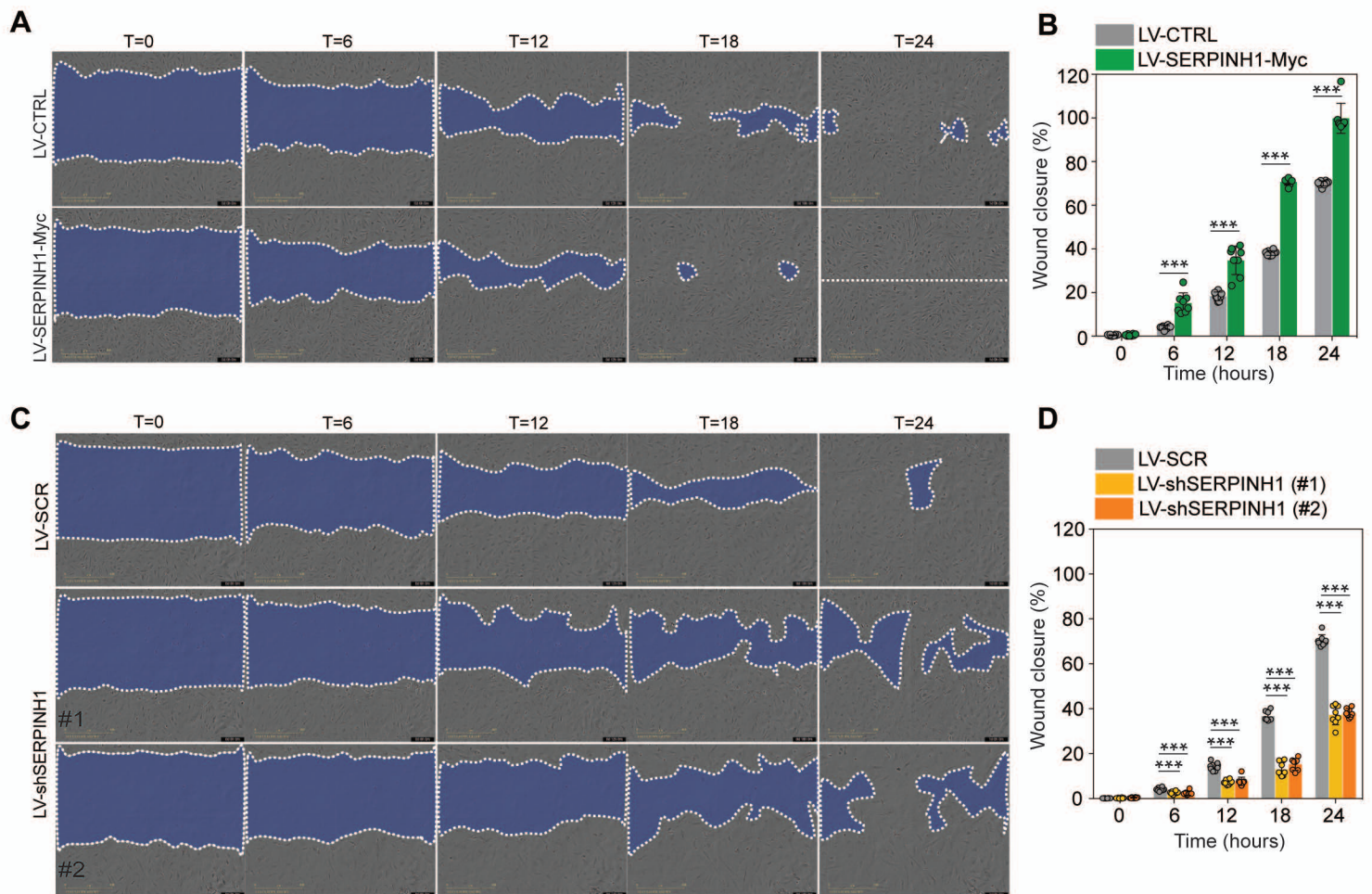
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## Figure 6

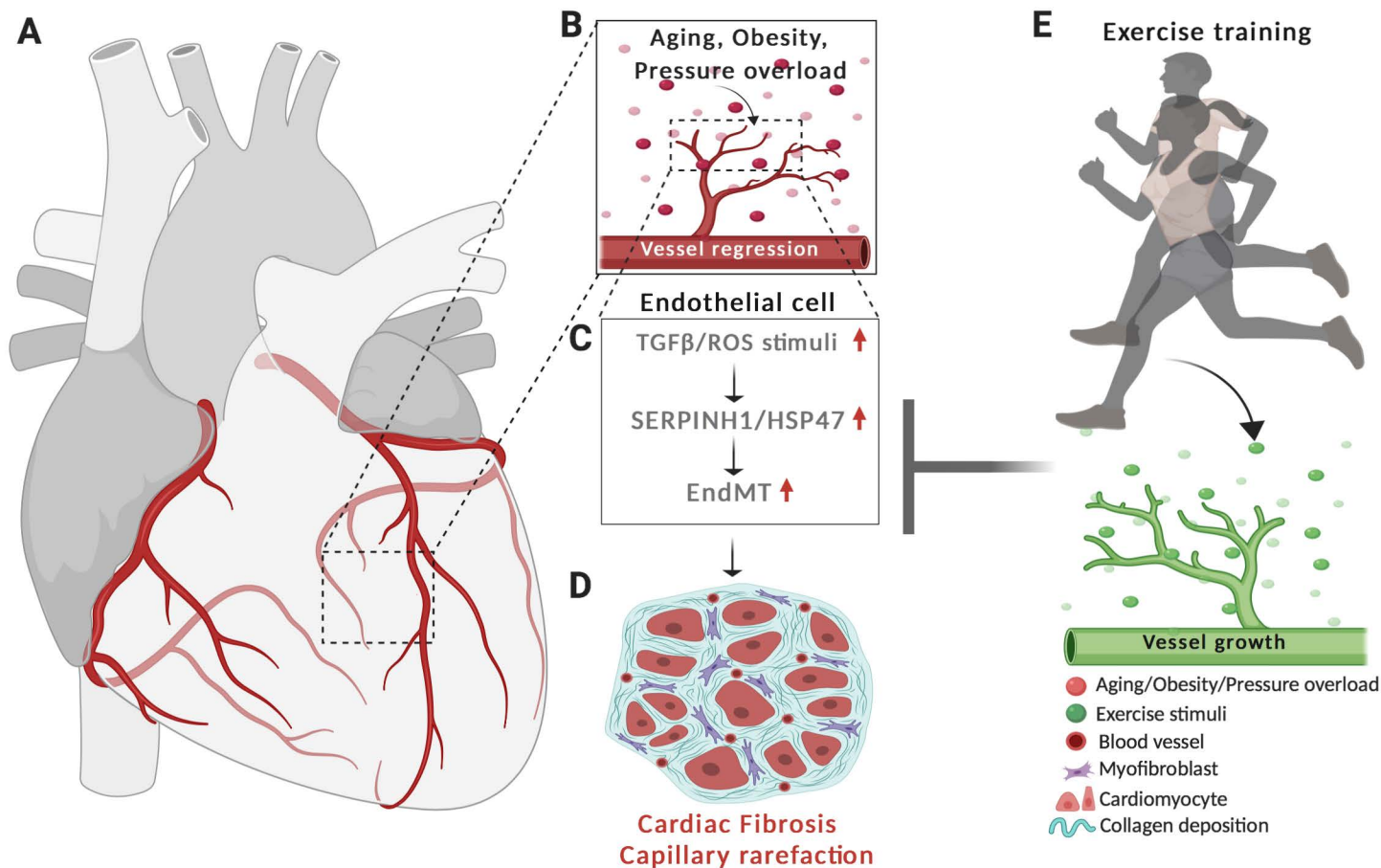


**Figure 6. SERPINH1/HSP47 silencing in human cardiac EC inhibits collagen production and secretion.** **A.** Representative phase contrast images of live HCAECs transduced with LV-SCR and LV-shSERPINH1 (#1 and #2) and quantification of the aspect ratio (length to width ratio) of the cells after two days of silencing. **B.** Representative CDH5/VE-Cadherin immunofluorescent images (green) showing the cell morphology and density after ten days of SERPINH1 silencing. Collagen 1 staining is shown in red, and quantification of Collagen 1 is shown in **C.** **D.** qPCR analysis of SERPINH1 deletion levels using four independent constructs. **E.** Representative immunofluorescent images showing TAGLN expression in the control and SERPINH1 silenced HCAECs treated with recombinant human TGF- $\beta$ 1 with and without H<sub>2</sub>O<sub>2</sub> for five days. In panel **A**, **C** and **D**, N=3 biological replicates/group were analysed. Scale bar 100 $\mu$ m. Data is presented as mean  $\pm$  SEM. Student's t test was used, \* $p$ <0.05, \*\* $p$ <0.01, \*\*\* $p$ <0.001.

## Figure 7



**Figure 7. SERPINH1 overexpression enhances and silencing inhibits wound closure in vitro.** **A-B.** Representative phase contrast images of scratch wound healing assay performed in HCAECs treated with LV-CTRL and LV-SERPINH1, and quantification 1 of the wound closure (%) with respect to time (hours). **C-D.** Representative phase contrast images of scratch wound healing assay performed in HCAECs treated with LV-SCR and LV-shSERPINH1 (#1 and #2), and quantification of the wound closure (%) with respect to time (hours). In the panel A and C, the blue area within the white dotted region indicate the wound area. In panel **B and D**, N=8 biological replicates/group were analysed. Data is presented as mean  $\pm$  SEM. Student's t test was used, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .



**Graphical Abstract of the cardiovascular disease risk factor mediated activation of TGF-  $\beta$  signaling and acquisition of mesenchymal gene features in cardiac EC**

CVD risk factors aging, obesity and pressure overload trigger the regression of coronary vasculature by activating TGF- $\beta$ /ROS signaling pathways to induce the expression of SerpinH1/Hsp47 and gains mesenchymal gene signature. SerpinH1/Hsp47 and EndMT are both involved in the development of tissue fibrosis by increasing collagen deposition in extracellular matrix. Exercise training, in turn, increased the coronary vasculature density and EC number and repressed TGF- $\beta$  and senescence related pathways.

## Supplementary Material

### Cardiovascular disease risk factors induce mesenchymal features and senescence in cardiac endothelial cells

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## 1 **Materials and Methods**

### 2 3 **Mouse Models**

4 All animal experiments were approved by the committee appointed by the District of  
5 Southern Finland. Male C57BL/6J 7-8 -week adult wild type mice were purchased from  
6 Janvier Labs and used in the following experimental set-ups: physical activity (progressive  
7 exercise training vs sedentary), obesity (high-fat fed for 14 weeks vs chow), aging (18  
8 months vs 2 months) and pressure overload/heart failure (transaortic constriction for two-  
9 and seven-weeks vs sham). Female C57BL/6J wild type mice of 19-24 months old were  
10 used for a separate exercise training experiment. The mice were housed in individually  
11 ventilated cages and acclimatized at least for one week in the animal facility before any  
12 experiments. The cohort size (n) for each experiment is indicated in the figures or figure  
13 legends.

### 14 15 **Exercise Training**

16 Ten-week-old C57BL/6J male mice or 19 to 24 months old female mice were trained on a  
17 treadmill (LE 8710, Bioseb). The mice were familiarized to the treadmill for three consecutive  
18 days with low speed (8-10 cm/s). Progressive training program consisted of 1-1.5 h training  
19 bouts five days a week for a total of six weeks with increasing speed, incline and/or duration  
20 each week. The following parameters in the treadmill controller were opted, tread inclination:  
21 0°-10°; minimum and maximum tread speed: 10cm to 30cm per second; shock grid intensity:  
22 0.2 mA. The aged mice were exercise-trained for four weeks and the same procedures were  
23 followed during the training program.

### 24 25 **High Fat feeding**

1 Ten-week-old C57BL/6J male mice were fed with standard chow diet or high-fat diet (HFD)  
2 containing 60% kcal derived from fat (Research Diets, D12492) for 4 or 14 weeks and used  
3 for immunohistochemistry or RNA-seq analysis, respectively.

4

### 5 **Transverse Aortic Constriction Surgery**

6 Ten-week-old C57BL/6J male mice were anesthetized with ketamine and xylazine. The mice  
7 were placed in supine position and intubated. The skin along the supra-sternal notch to mid  
8 sternum was incised to perform sternotomy to expose the aortic arch, right innominate and  
9 left common carotid arteries together with the trachea. Ligation of the transverse aorta  
10 between the right innominate left common carotid arteries against blunted 27-gauge needle  
11 with a 7-0 suture was performed and the needle was gently removed. The sternum and skin  
12 were ligated with monofilament polypropylene suture. Mice were placed in a warm chamber  
13 to recover, treated with analgesics (0.05mg/kg of Temgesic i.m.) at the time of the surgery  
14 and twice a day for following two days. For the control group (sham), all the steps in the  
15 surgical procedure were followed, except constricting the aorta. One group was killed two  
16 weeks and another group seven weeks after the surgery. Echocardiography was performed  
17 once a week during the experiment.

18

### 19 **Echocardiography**

20 To analyze cardiac function and ventricle dimensions, two-dimensional echocardiography  
21 images were acquired (Vevo 2100 Ultrasound, FUJIFILM Visual Sonics). The left ventricular  
22 internal diameter, left ventricular posterior wall thickness, interventricular septum thickness  
23 at end-systole and end-diastole were measured in M-mode along the parasternal short axis  
24 view, and analyzed by Simpson's modified method <sup>1</sup>.

25



## 1 **Body Fat Measurement**

2 The mice were anesthetized with ketamine and xylazine and the percentage of total body  
3 fat was measured using dual energy x-ray absorptiometry (Lunar PIXImus, GE Medical  
4 systems).

5

## 6 **Oral Glucose Tolerance Test**

7 Mice were fasted for four to five hours before the experiment. Glucose (1g/kg) was  
8 administered by oral gavage to mice. Blood from the tail tip was used to measure glucose  
9 levels at the following time points (15, 30, 60 and 90 min) using blood glucose meter  
10 (Contour, Bayer).

11

## 12 **Immunofluorescent Staining**

13 Frozen mouse heart sections (10 $\mu$ m) were cut with cryomicrotome and stained as described  
14 previously <sup>1</sup>. The primary antibodies are listed in the **Supplementary Table 2**. Primary  
15 antibodies were detected with Alexa 488, 594 or 647 -conjugated secondary antibodies  
16 (Molecular Probes, Invitrogen). The sections were mounted with Vectashield Hard Set  
17 mounting media with DAPI (Vector Laboratories). The images were acquired with 20X, 40X  
18 air or 40x oil immersion objectives using Axiolmager epifluorescent microscope (Carl Zeiss).  
19 The stained micrographs were initially adjusted for threshold, and an area fraction tool was  
20 used to quantify the area percentage of the vessels and collagen (Image J software, NIH).

21

## 22 **Human Heart samples**

23 Human heart samples were obtained from 4 organ donor hearts, which could not be used  
24 for transplantation e.g. due to size or tissue-type mismatch. The collection was approved  
25 by institutional ethics committee and The National Authority for Medicolegal Affairs.

26

## 1 **Immunohistochemistry**

2 The human paraffin heart sections (4 $\mu$ m) were cut, deparaffinized and rehydrated with  
3 xylene, descending concentration series of ethanol (99%, 95%, 70% and 50%) and H<sub>2</sub>O,  
4 and incubated in high pH antigen retrieval buffer containing 10 mM Tris, 1 mM EDTA, 0.05  
5 % Tween 20 (pH 9.0). For HSP47 immunohistochemical analysis, VECTASTAIN Elite ABC  
6 kit (PK-6100) and DAB substrate was used to label and amplify the antibody signal. The  
7 20X or 63X images were acquired with light microscope (Leica). For immunofluorescent  
8 staining, after the antigen retrieval step the sections were blocked with donkey immunomix  
9 (5% normal donkey serum, 0.2% BSA, 0.3% Triton X-100 in PBS), incubated overnight at  
10 4°C with the primary antibodies for HSP47 and VE-Cadherin (CDH5) and detected with  
11 Alexa 488 and 594 conjugated secondary antibodies (Molecular probes, Invitrogen). The  
12 sections were mounted with Vectashield hardset with DAPI (Vector labs) and 40X images  
13 were acquired using AxioImager epifluorescent microscope (Carl Zeiss).

14

## 15 **Isolation of Cardiac Endothelial Cells**

16 The harvested hearts were briefly rinsed in ice-cold Dulbecco's phosphate-buffered saline  
17 (DPBS, #14190-094, Gibco) supplemented with 0.3mM calcium chloride (CaCl<sub>2</sub>), cut  
18 opened longitudinally into two halves to expose the cardiac chambers and minced  
19 longitudinally and transversly into small pieces. To enzymatically dissociate the heart, 4ml  
20 of pre-warmed digestion media (1mg/ml of each collagenase types (type I (#17100-017),  
21 type II (#17101-015) and type IV (#17104-019) from Gibco were dissolved in DPBS  
22 containing 0.3mM CaCl<sub>2</sub>) and added to the minced hearts, incubated in water bath at 37°C  
23 for 25 min. During the digestion process, the samples were very gently mixed by vortexing  
24 for every 5 min. After incubation, the cell suspension was gently passed through T10  
25 serological pipette 20 times. To neutralize the digestion, 10ml of rinsing media (Dulbecco's  
26 modified eagle medium (#31053-028) supplemented with 10% heat inactivated FCS) was

1 added to the cell suspension and filtered through the 70 $\mu$ m nylon cell strainer (Corning,  
2 #352350). Throughout the isolation process the cell suspensions were centrifuged for 5min,  
3 300g and 4°C between each rinsing step. The cell pellet was resuspended in 5ml of ice-cold  
4 staining buffer (DPBS containing 2% heat inactivated FCS and 1mM EDTA). Before  
5 antibody staining, the cells were incubated with Fc receptor blocking antibody (CD16/32) for  
6 five minutes. The cells were incubated with the CD31, PDGFRa/CD140a, CD45, and Ter119  
7 antibodies for 30 min (**Supplementary Table 2 for the antibody details**). Prior to  
8 fluorescent associated cell sorting (FACS), the cells were rinsed twice with the staining  
9 buffer and filtered through 5ml cell strainer tubes (Corning, #352235).

10

### 11 **Fluorescent Associated Cell Sorting (FACS)**

12 The cells were passed through a 100 $\mu$ m nozzle. Multiple light scattering parameters for  
13 forward- and side-scatter properties of the cells were employed to gate, analyze and sort  
14 live cardiac endothelial cells. Initially, total cells were gated based on the forward and side-  
15 scatter area of the cells (FSC-A and SSC-A). The single cells were selected depending on  
16 forward scatter parameters area, height and width of the cells (FSC-A, FSC-H or FSC-W).  
17 DAPI was used to determine live and dead cells. To enrich and FACS sort pure and viable  
18 cardiac ECs, endothelial cells were stained with CD31, mesenchymal cells with  
19 PDGFRa/CD140a, leucocytes with CD45 and red blood cells with Ter119. The live cardiac  
20 endothelial cells were defined as CD31<sup>+</sup> CD45<sup>-</sup> Ter119<sup>-</sup> CD140a<sup>-</sup> DAPI<sup>-</sup>. Cells were sorted  
21 using FACS Aria II (BD Biosciences), the data was acquired with BD FACSDIVA v8.0.1 and  
22 further analyzed with FlowJo v10.1 (FlowJo, LLC) software. We verified the enrichment and  
23 purity of the FACS sorted Cardiac EC population (CD31<sup>+</sup> PDGFRa (CD140a)<sup>-</sup> CD45<sup>-</sup>  
24 Ter119<sup>-</sup> DAPI<sup>-</sup>) by QPCR analysis for classical cardiac EC markers. Recently, we have used  
25 the same isolation method for single-cell RNAseq experiments, and these results show that

1 there is about 3% contamination from other cells types, mainly pericytes and  
2 hemangioblasts.

3

#### 4 **RNA isolation**

5 The sorted cardiac endothelial cells were immediately suspended in lysis buffer (350µl of  
6 RLT buffer plus 10µl of β-mercaptoethanol), the cells were homogenized in QIAshredder  
7 (#79654, Qiagen) and the RNA was purified using RNeasy Plus Micro Kit (#74034, Qiagen)  
8 according to the manufacturer's instruction. The RNA integrity was analyzed with  
9 bioanalyzer (Agilent Tape Station 4200) and the concentration was determined by Qubit  
10 fluorescence assay (ThermoFisher). The cells from the post sort fractions were stained with  
11 propidium iodide (PI) and the viability of the cells were determined by Luna automated cell  
12 counter. The purity of the post sort fraction was determined by QPCR analysis for endothelial  
13 cell markers.

14

#### 15 **RNA sequencing of cardiac EC**

16 Indexed cDNA library was synthesized using SMARTer Stranded Total RNA-Seq Kit V2 –  
17 Pico Input Mammalian (Takara Bio, USA) kit according to the manufacturer's instructions.  
18 The library quality was determined using bioanalyzer, and sequenced using illumina  
19 NextSeq 550 System with the following specifications: 1 X 75bp, 50M single end reads were  
20 sequenced using NextSeq 500/550 High-Output v2.5 kit.

21

#### 22 **Differential gene expression**

23 The sequenced reads were analyzed with the following software packages embedded in the  
24 Chipster analysis platform <sup>2</sup> (v3.12.2; <https://chipster.csc.fi>). Trimmomatic tool <sup>3</sup>  
25 (<https://chipster.csc.fi/manual/trimmomatic.html>) was used to preprocess Illumina single end

1 reads. The HISAT2 package <sup>4</sup> (<https://chipster.csc.fi/manual/hisat2.html>) was employed to  
2 align the reads to mouse genome GRCm38.90 and the HTSeq count tool <sup>5</sup>  
3 (<https://chipster.csc.fi/manual/htseq-count.html>) to quantify the aligned reads per gene. The  
4 raw read count table for genes generated utilizing the HTSeq count were used as an input  
5 to perform two-dimensional principal component analysis (PCA) and unsupervised  
6 hierarchical clustering analysis using DESeq2 Bioconductor package <sup>6</sup>  
7 (<https://chipster.csc.fi/manual/deseq2-pca-heatmap.html>). Next, to perform the differential  
8 gene expression (DGE) analysis, the DESeq2 Bioconductor package <sup>6</sup> was used. The  
9 advantage of DESeq2 tool is sensitive and precise for analyzing the DEG in studies with few  
10 biological replicates. To reliably estimate the within group variance, Empirical Bayes  
11 shrinkage for dispersion estimation was used and a dispersion value for each gene was  
12 estimated through a model fit procedure (refer to the **Figure S5A**, which illustrates the  
13 shrinkage estimation for the experimental conditions). The gene features obtained after the  
14 dispersion estimation were used to perform statistical testing. Next, negative binomial  
15 generalized linear model was fitted for each gene and Wald test (raw p-value) was  
16 calculated to test the significance. Finally, DESeq2 applies Benjamini-Hochberg correction  
17 test to control the false discovery rate, FDR (refer to the **Figure S5B** indicating the  
18 distribution of raw and FDR adjusted pvalue for the experimental conditions). In our DEG  
19 analysis, we have set the FDR (p adj.) cut-off as less than or equal to 0.05 (FDR/p-adj ≤  
20 0.05) for pathway analysis and gene overlap analysis. The RNA sequencing data is  
21 deposited in the GEO database, under the series accession number **GSE145263**.

22

### 23 **Gene Function and Pathway Analysis**

24 The gene function and pathway analysis of the DGE were determined by performing  
25 statistical overrepresentation test using the PANTHER classification system <sup>7</sup> (V.14.1;

1 <http://www.pantherdb.org>). The  $p < 0.05$  was considered for the further analysis and the data  
2 is presented as  $-\log_2(\text{pvalue})$ .

3

#### 4 **Gene Overlap and *in silico* Gene Characterization**

5 The differentially expressed up- and downregulated genes (adjusted P-value 0.05) from the  
6 different experimental conditions were imported to VENNY 2.1 venn-diagram analysis  
7 software (BioinfoGP; <https://bioinfoqp.cnb.csic.es/tools/venny/>) to identify genes which were  
8 significantly affected by several experimental conditions. The MetazSeckB knowledgebase  
9 <sup>8</sup> (<http://proteomics.ysu.edu/secretomes/animal/index.php>), TargetP2.0 server <sup>9</sup>  
10 (<http://www.cbs.dtu.dk/services/TargetP/index.php>) and SecretomeP1.0 server <sup>10</sup>  
11 (<http://www.cbs.dtu.dk/services/SecretomeP-1.0/>) were used to characterize molecular  
12 functions, subcellular localizations and possible secretion properties of the identified  
13 common genes.

14

#### 15 **Cell Culture and Lentiviral Production**

16 Human umbilical vein endothelial cells (HUVEC) and human cardiac arterial endothelial cells  
17 (HCAEC) were purchased from PromoCell. Both HUVEC and HCAEC were cultured and  
18 maintained in endothelial cell growth Basal Medium MV (C-22220, PromoCell)  
19 supplemented with Supplement Pack GM MV (C-39220, PromoCell) and gentamycin. For  
20 both gene overexpression and silencing studies, 80% confluent monolayer culture of  
21 HUVECs and HCAECs were used.

22

23 To overexpress SERPINH1 in EC, we cloned a lentiviral vector FUW-hSERPIH1-Myc (map  
24 and plasmid available by request). A scrambled sequence in the same vector was used as  
25 a control. 293FT cells (ATCC) were cultured and maintained in DMEM supplemented with

1 10% FCS and L-glutamine, and co-transfected with the lentiviral packaging plasmid vectors  
2 CMVg, CMV $\Delta$ 8.9 and the target plasmid. The supernatants were collected at 48- and 72-  
3 hours, and concentrated by ultracentrifugation as described previously <sup>11</sup>. For  
4 overexpression, HUVEC and HCAEC were transfected with lentivectors for 48 hours. For  
5 gene silencing studies, HCAEC were treated with lentivectors encoding for four independent  
6 clones of human shSERPINH1 for 24h. Subsequently, the cells were treated with puromycin  
7 (2ug/mL) for 48 hours to select the transduced cells. After selection, the cells were used for  
8 further analysis. The clone id and target sequence for human shSERPINH1 constructs are  
9 shown in the **Supplementary Table 3**.

10

### 11 **Scratch wound assay**

12 The SERPINH1 overexpressed or silenced HCAECs were seeded in the IncuCyte  
13 ImageLock 96-well microplate precoated with 0.1% gelatin and cultured in complete EC  
14 growth medium. To the confluent cell monolayers, 700 – 800 micron scratch wounds were  
15 introduced with IncuCyte WoundMaker, the wells were briefly rinsed with and maintained in  
16 complete EC growth medium. The kinetics of the cell migration were recorded and 10X  
17 phase contrast time-lapse images were acquired using IncuCyte Live-Cell Analysis System.  
18 The wound closure region was measured by Edge-detection and thresholding method in  
19 Image J software (NIH). The data is presented is as wound closure (%) relative to time.

20

### 21 **EndMT assay**

22 The coverslips or six well plates were precoated with 0.1% gelatin for 20min at 37°C,  
23 scrambled or SERPINH1 silenced HCAEC were seeded and cultured in complete EC growth  
24 medium. The cells were treated with or without 50ng/ml of recombinant human TGF-  $\beta$  (R&D

1 Technologies) and/or 200 $\mu$ M hydrogen peroxide (Acros organics) for five days as described  
2 previously<sup>12, 13</sup>.

3

#### 4 **Cell Staining**

5 The cells grown on the coverslips were fixed with 4% PFA in PBS for 15 min. Blocking was  
6 done using donkey immunomix and the cells were stained with primary antibodies and  
7 secondary antibodies as indicated in the Supplemental Table 2. DAPI was used to stain the  
8 nucleus, and the cells were mounted using Vectashield (Vector labs). The amount of COL1  
9 was quantified by adjusting 10X images for threshold and area fraction tool was used to  
10 quantify the area percentage of the collagen deposition (Image J software, NIH).

11

#### 12 **Real-Time Quantitative PCR**

13 RNA from the cultured cells was purified and isolated using NucleoSpin RNA II Kit according  
14 to the manufacturer's protocol (Macherey-Nagel). cDNA was synthesized with High-  
15 Capacity cDNA Reverse Transcription Kit (Applied biosystems, #4368814). SYBR green or  
16 TaqMan gene expression assays were performed using FastStart Universal SYBR green  
17 master mix (Sigma-Aldrich, #04913914001) and TaqMan gene expression master mix  
18 (Applied Biosystems, #4369016), respectively. mRNA expression was analyzed using Bio-  
19 Rad C1000 thermal cycler according to standardized protocol of the qPCR master mix  
20 supplier. The average of the technical triplicates for each sample was normalized to the  
21 housekeeping gene HPRT1. The mRNA expression levels were calculated and presented  
22 as fold change (Ctrl=1). The primer sequences are listed in the **Supplementary Table 4**.

23

#### 24 **Western Blotting**



1 The cells were harvested and homogenized in lysis buffer containing 0.5%NP-40 (v/v) and  
2 0.5%Triton X-100 (v/v) in PBS, supplemented with protease and phosphatase inhibitors  
3 (A32959, Pierce, Thermo Scientific). Protein concentration was determined using a BCA  
4 protein assay kit (Pierce, Thermo Scientific). Equal amounts of total protein were resolved  
5 in Mini-PROTEAN TGX Precast gels (Bio-Rad) and transferred to PVDF membrane  
6 (immobilon-P, Millipore). 5% BSA (wt/vol) and 0.1% Tween 20 (v/v) in TBS was used to  
7 block the membranes followed by incubation with primary antibodies (**Supplementary**  
8 **Table 2**) overnight at 4°C. HRP-conjugated secondary antibodies (DAKO) were used, and  
9 HRP signals were developed with Super-Signal West Pico Chemiluminescent substrate or  
10 Femto Maximum sensitivity substrate (Thermo Scientific). The blots were imaged with  
11 Odyssey imager (Li-COR Biosciences) or Chemi Doc imaging system (Bio-Rad) and  
12 quantified with Image Studio Lite Software (Li-COR Biosciences).

13

#### 14 **Statistics**

15 The data from the individual experiments were analyzed by student's *t* test.  $P < 0.05$  value  
16 was considered statistically significant and *P* values in the graphs are shown as \* $P < 0.05$ ,  
17 \*\* $P < 0.01$  and \*\*\* $P < 0.001$ . The data is shown as mean  $\pm$  SEM. The GraphPad Prism 7  
18 software was used for statistical analysis.

19

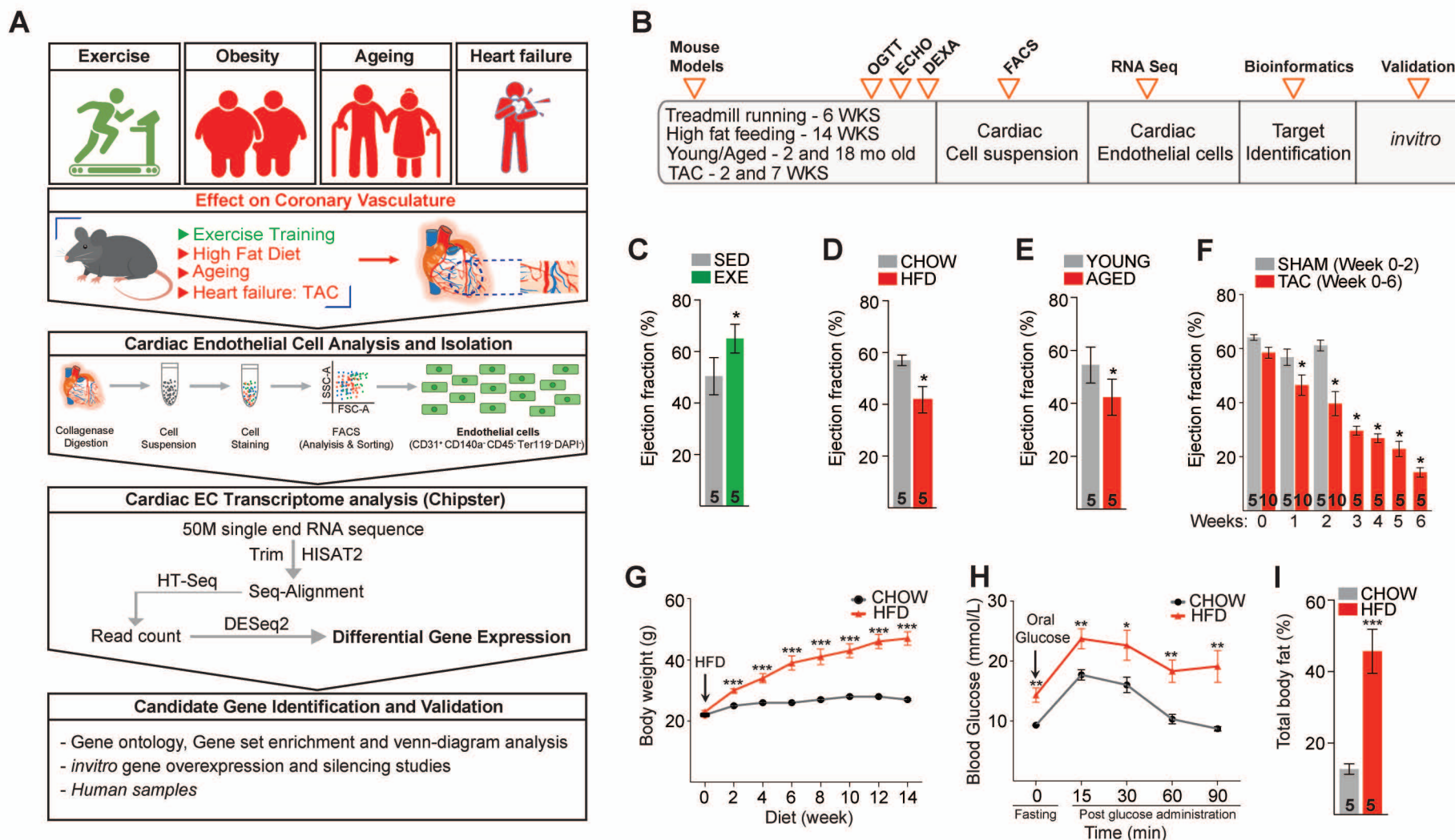
20

21

22

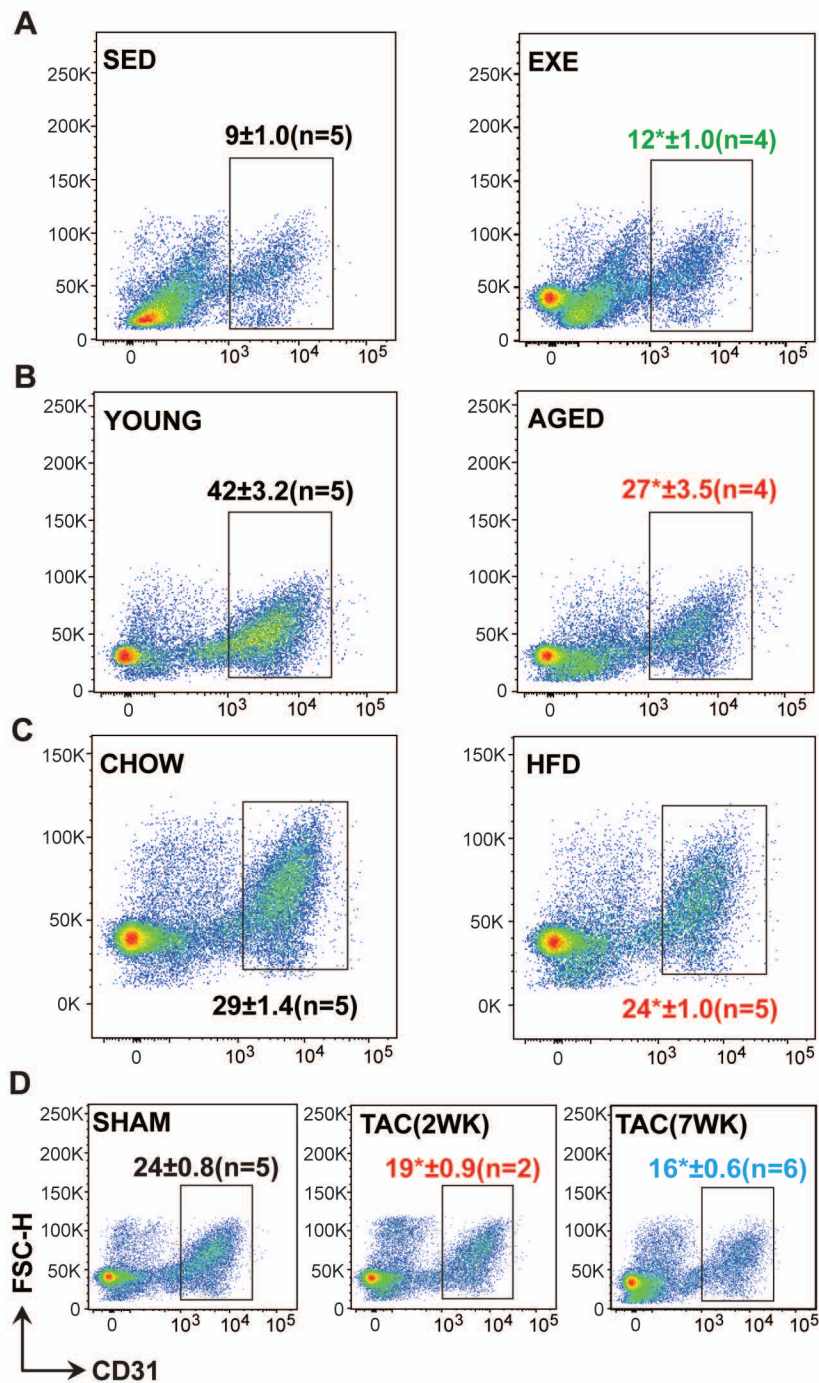
23

24



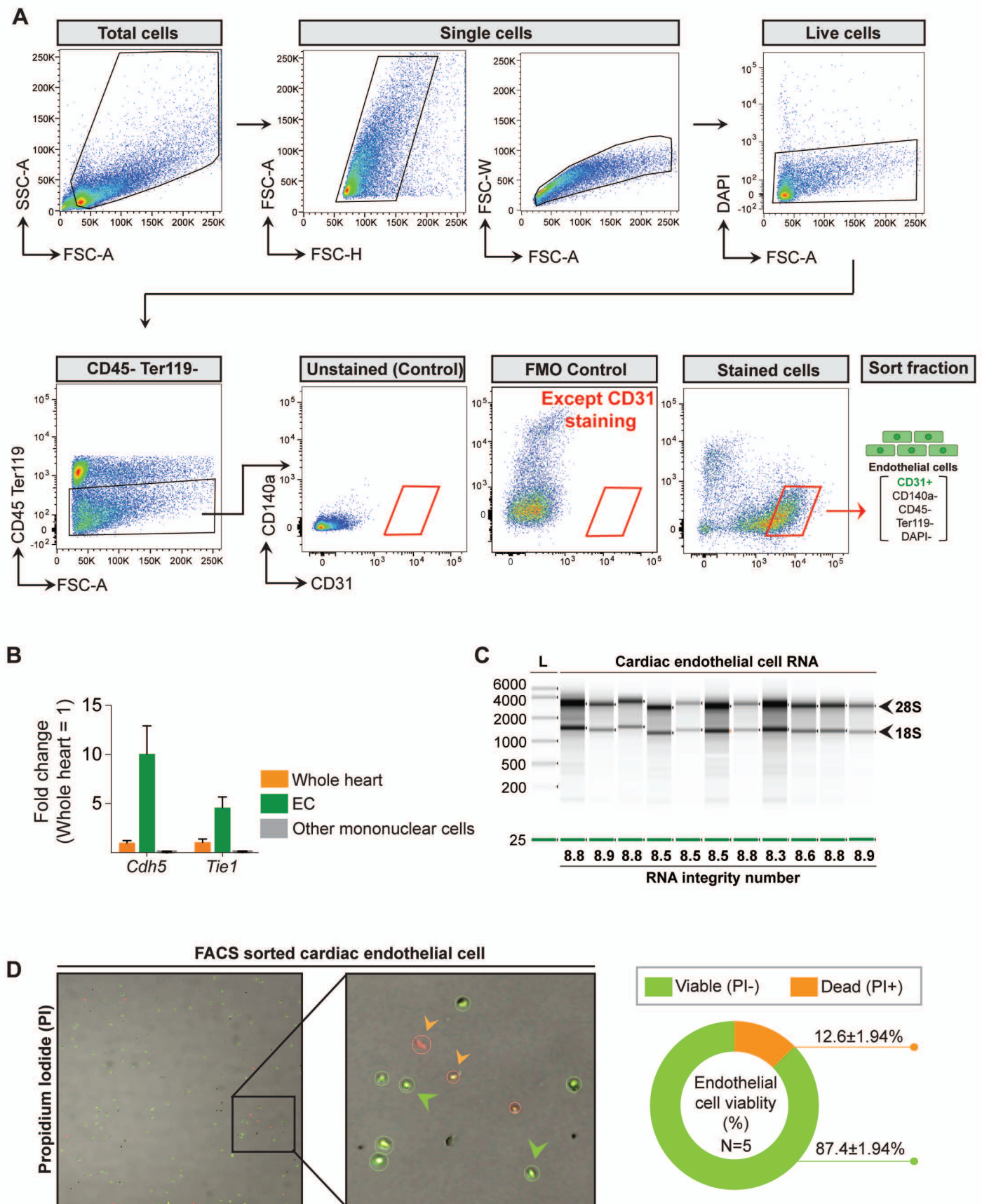
**Figure S1. Schematic of the experimental set-up to elucidate the impact of cardiovascular disease risk factors on cardiac endothelial cell transcriptome and the validation of the experimental CVD risk factor models .** **A.** Experimental workflow demonstrating the mouse models used to mimic CVD risk factors in C57Bl/6J mice, analysis and isolation of cardiac ECs by fluorescence- activated cell sorting, bioinformatic analyses of the cardiac EC transcriptome, identification and validation of candidate genes using human ECs and heart tissue. **B.** Experimental timeline of exercise training (6 weeks of treadmill running), high fat diet (14 weeks of high fat feeding), physiological ageing (18 months old) and pressure overload -induced heart failure by transaortic constriction in mice. **C-F.** Ejection fraction in each of the four experiments. **G.** Body weight (g) during the HFD experiment. **H.** Blood glucose levels during oral glucose tolerance test (mmol/L), and **I.** total body fat (%) measured after 14 weeks of high-fat diet. Data is presented as mean  $\pm$  SEM. Student's t test was used, \* $p$ <0.05, \*\* $p$ <0.01, \*\*\* $p$ <0.001 (In panel **C-F** and **I**, number of mice in each experimental group are indicated in the respective graph, In panel **G-H**, N=4-5 mice/group were analysed).

## Figure S2



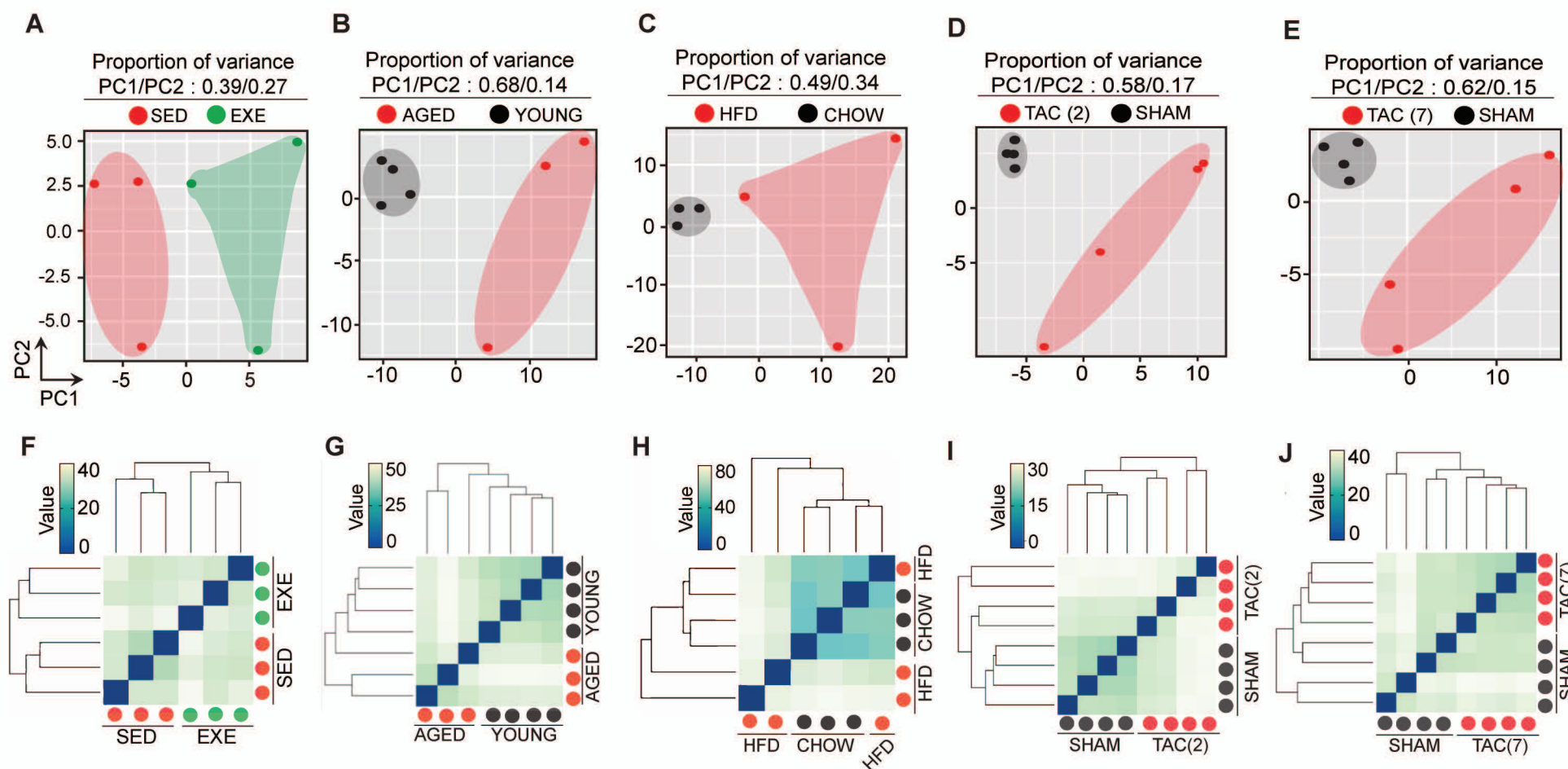
**Figure S2. FACS analysis of cardiac EC.** A-D. Representative pseudocolor FACS plots showing the gating and percentage of cardiac ECs (CD31+ CD140a- CD45- Ter119- DAPI-) in the different treatment groups. In panel A-D, number of mice in each experimental group are indicated in the respective FACS plots.

### Figure S3

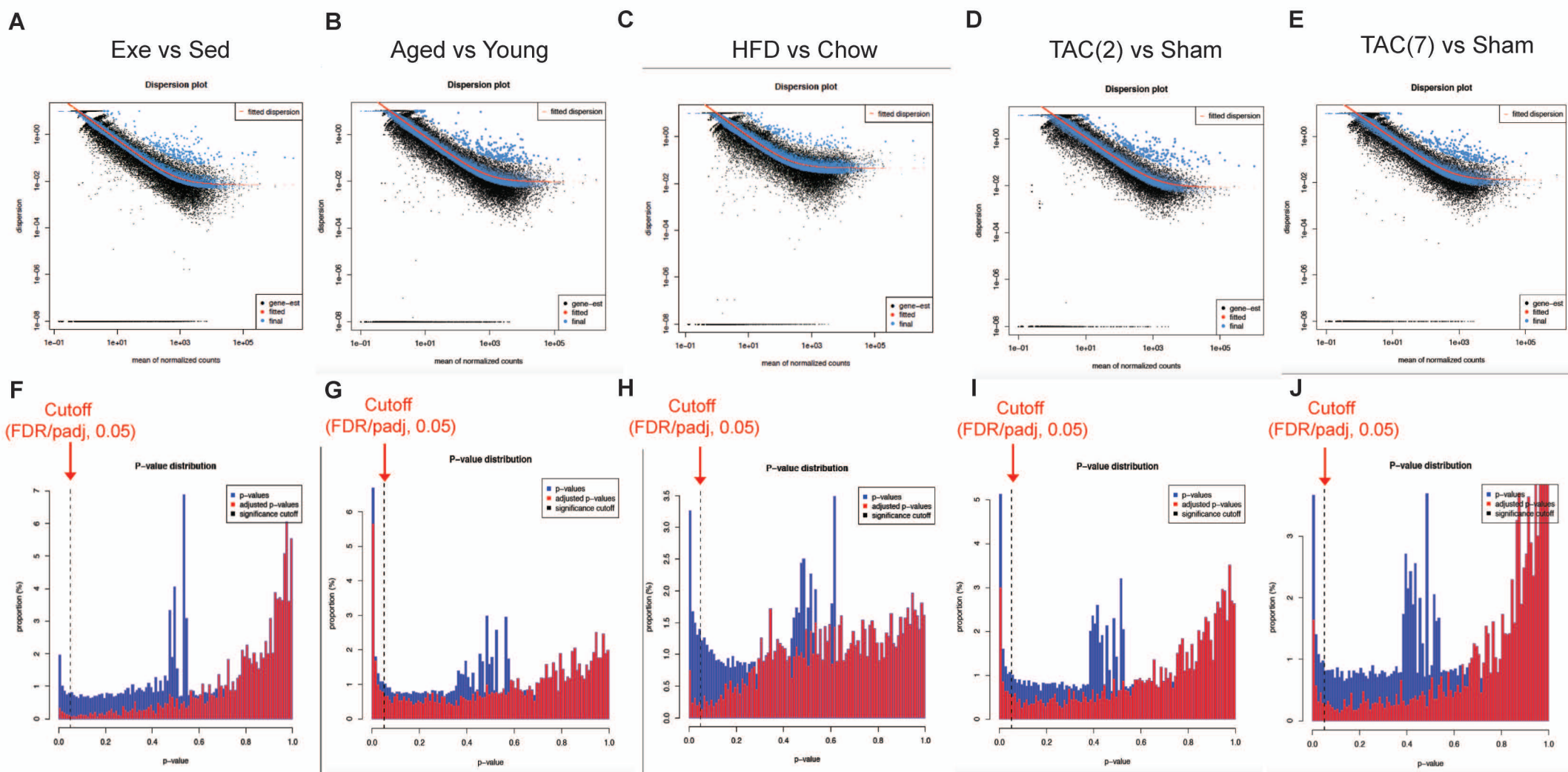


**Figure S3. Quality metrics of the FACS sorted cardiac EC.** **A.** Gating strategy to sort cardiac ECs (CD31+ CD140a- CD45- Ter119- DAPI-). **B.** Purity analysis of the post sort EC fraction by QPCR (N=4 mice/group were analyzed). **C.** Representative image of the bioanalyzer data showing the RIN values of the isolated RNA. **D.** Mononuclear cells and pie chart of the post sort EC fraction showing viable cells in green and dead cells in red.

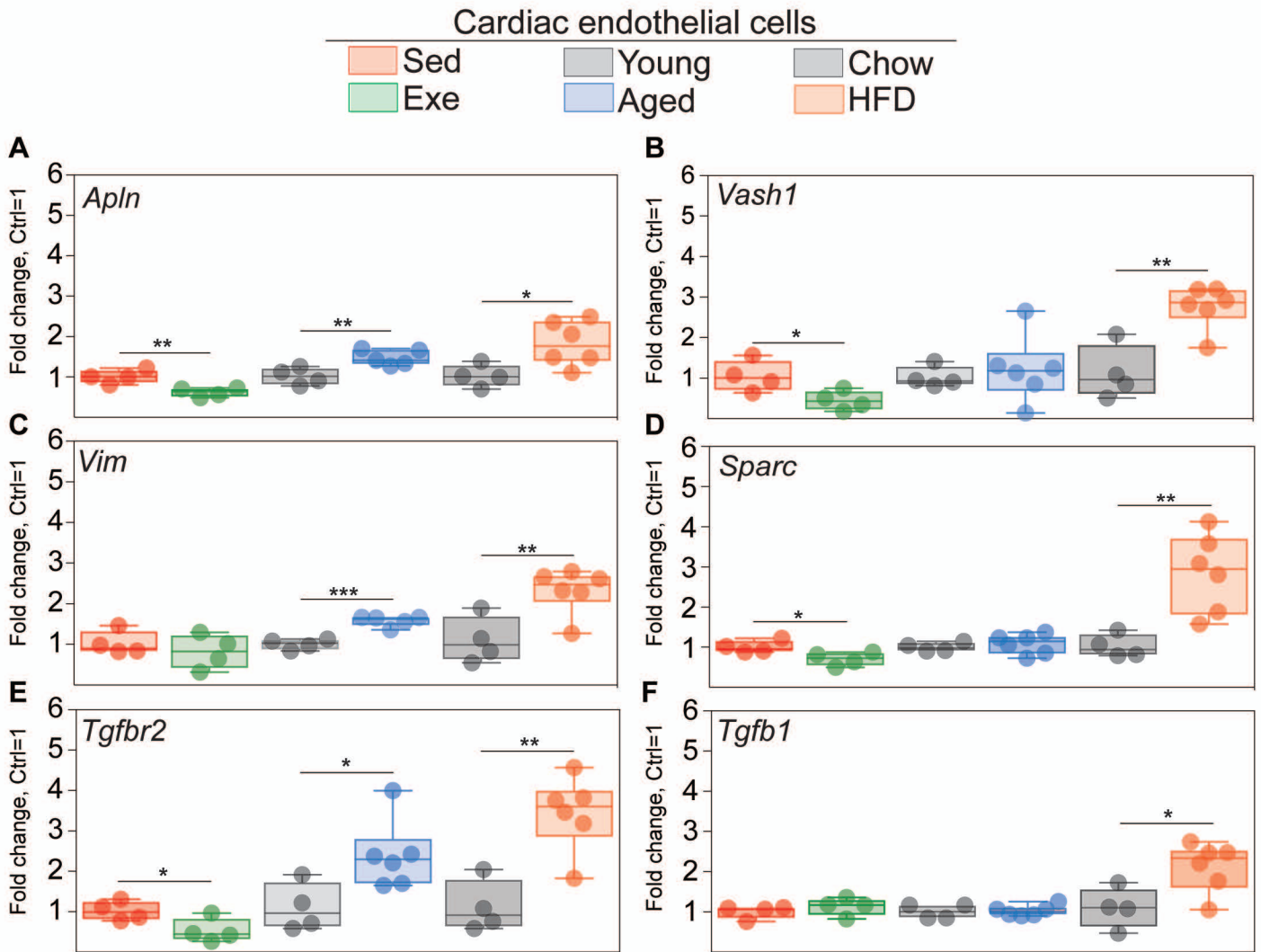
Figure S4



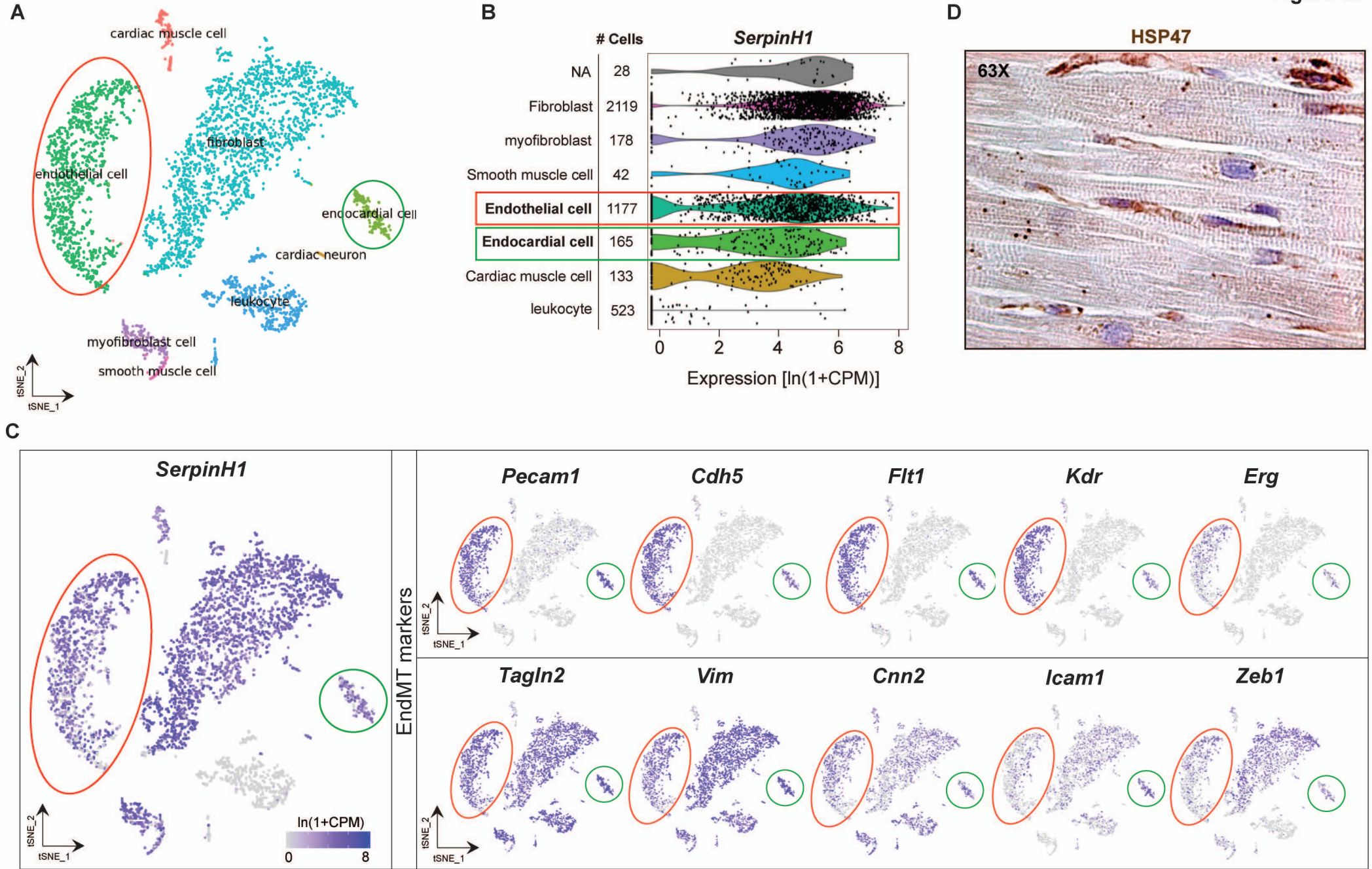
**Figure S4. PCA plot and unsupervised hierarchical clustering of cardiac endothelial cell transcriptome from exercise trained, aged, obese and TAC-treated mice.** A-E. Two dimensional principal component analysis, F-J. Unsupervised hierarchical clustering of cardiac endothelial transcriptome in the indicated experimental group. Each color coded circles (Red, Green and Black) in the PCA and Unsupervised clustering plot indicate one biological sample and N=3-4 mice/experimental condition were analysed.



**Figure S5. Dispersion mean plot and p-value distribution plot of the indicated RNA sequencing experiments. A-E.** Plot of dispersion estimates at different count levels, showing black dot (Dispersion estimate for each gene as obtained by considering the information from each gene separately), Red line (Fitted estimates showing the dispersions' dependence on the mean), Blue dot (The final dispersion estimates shrunk from the gene-wise estimates towards the fitted estimates. The values are used for further statistical testing). Blue circles (Genes which have high gene-wise dispersion estimates and are hence labelled dispersion outliers and not shrunk toward the fitted trend line). **B.** Plot of the raw p-value (Wald test) indicated in blue bar and the false discovery rate distribution or adjusted p-value (Benjamini-Hochberg adjusted p-value) of the statistical test. The arrow indicates cutt-off point False discovery rate threshold of 0.05 and the genes with FDR values less than or equal to the cutoff points were used for futher analysis.

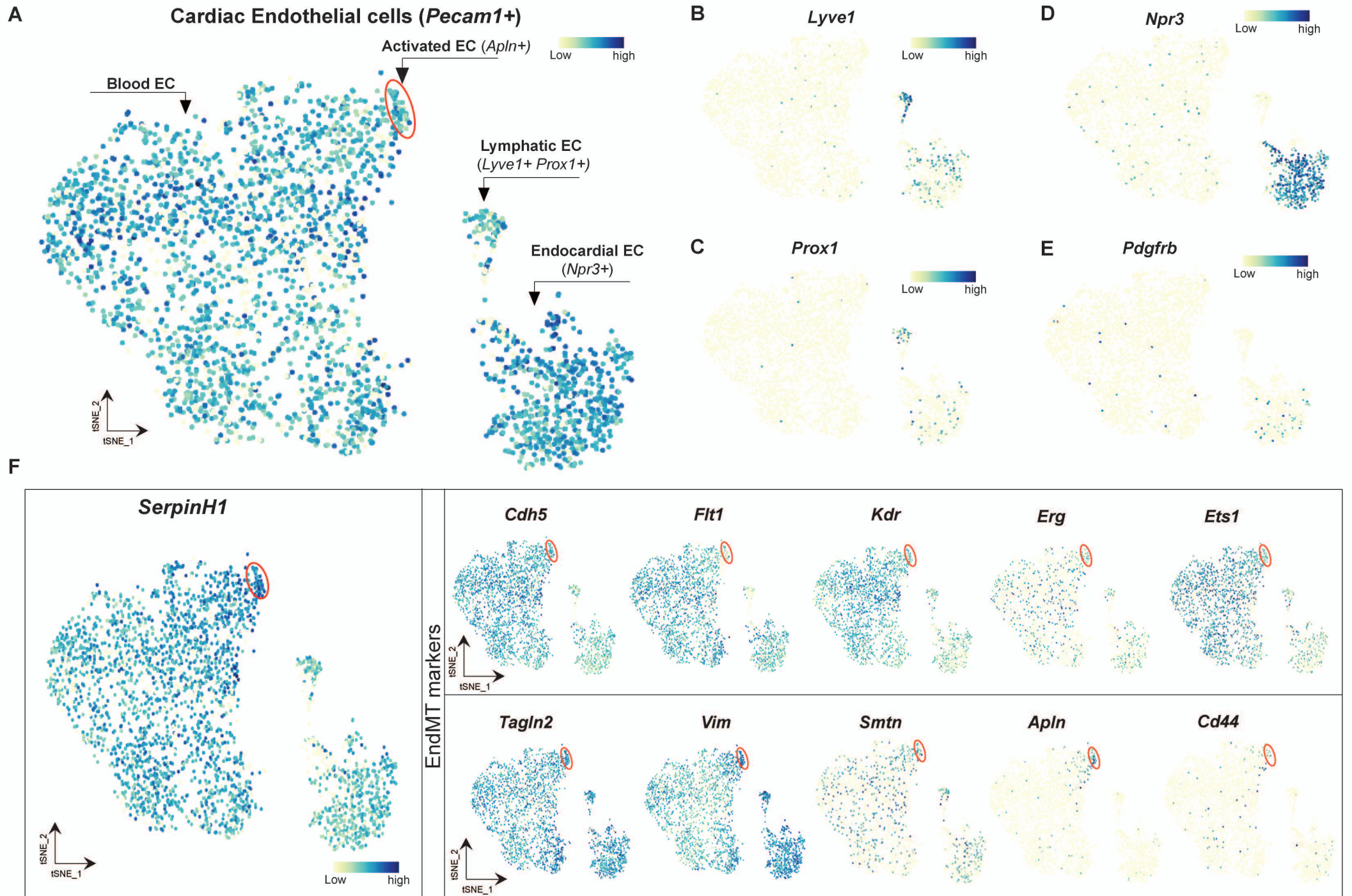
 HFD

**Figure S6. QPCR validation of the indicated genes in the cardiac EC during aging, obesity, exercise training in young and aged mice.** A-F. mRNA expression of *Apln*, *Vim*, *Tgfbr2*, *Vash1*, *Sparc* and *Tgfb1* in the cardiac EC of indicated experimental groups (N=4-6/group). Gene expression is normalised to HPRT1 expression. Data is presented as mean  $\pm$  SEM. Student's t test was used, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .



**Figure S7. Expression of SerpinH1/HSP47 in different cardiac cell types and in the human heart.** A. tSNE plot showing A. cardiac cell types in the adult mouse heart. B. Violin plots showing the levels of SerpinH1 transcripts in fibroblasts, myofibroblasts, smooth muscle cells, endothelial cells, endocardial cells, cardiac muscle cells and leukocytes (each black dot denotes a single cell). C. tSNE plot showing the expression of SerpinH1 and EndMT genes in the endothelial cell cluster (cells within red circle) and endocardial cluster (cells within green clusters). Illustrations in the panels A-E were analyzed and acquired from publicly available single cell database Tabula muris: <https://tabula-muris.ds.czbiohub.org/>. D. Representative longitudinal IHC image of human heart demonstrating strong SERPINH1/HSP47 expression in interstitial cells (fibroblasts, endothelial cells) and weak staining within cardiomyocytes. Scale bar 100  $\mu$ m.

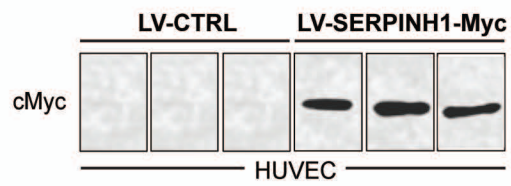




**Figure S8. SERPINH1 expression in different subset of cardiac EC.** A-D. t-SNE plot showing the Blood EC, Activated EC (*Apln*+) highlighted within red circle, lymphatic EC (*lyve1*+ *Prox1*+) and endocardial EC (*Npr3*+), E. *Pdgfrb* expression in cardiac EC population, F. *SerpinH1* is expressed in all endothelial cell population, highly expressed in *Apln*+ activated EC (cell cluster within red circle) which shows decreased expression of EC genes (*Cdh5*, *Flt1*, *Kdr*, *Erg* and *Ets1*) and increased expression of Mesenchymal genes (*Tagln2*, *Vim*, *Smtn*, *Cd44*). Illustration in the panel A-F were analysed from publicly available heart EC atlas from peter carmeliet lab ([https://endotheliomics.shinyapps.io/ec\\_atlas/](https://endotheliomics.shinyapps.io/ec_atlas/)).

## Figure S9

**A**



**Figure S9. SERPINH1 overexpression in endothelial cells. A.** Western blot analysis of cMyc expression in LV-SERPINH1-Myc treated HUVEC (N=3 biological replicates/group).

**Supplementary Table 1. Echocardiography measurements of cardiac function and ventricular dimensions.**

Experiment groups	IVS,d (mm)	IVS,s (mm)	LVID,d (mm)	LVID,s (mm)	LVPW,d (mm)	LVPW,s (mm)	LV Vol,d ( $\mu$ l)	LV Vol,s ( $\mu$ l)	LV mass (mg)	FS (%)
<b>6 weeks of treadmill running</b>										
EXE (n=5); 3 mo old	1.02 $\pm$ 0.14	1.33 $\pm$ 0.13	3.84 $\pm$ 0.10	2.56 $\pm$ 0.12 <sup>†</sup>	0.74 $\pm$ 0.05	1.25 $\pm$ 0.05	63.8 $\pm$ 4.01	23.9 $\pm$ 2.73 <sup>†</sup>	103.6 $\pm$ 19.1	33.5 $\pm$ 2.3
SED (n=5); 3 mo old	0.89 $\pm$ 0.07	1.13 $\pm$ 0.11	3.93 $\pm$ 0.05	2.94 $\pm$ 0.10	0.89 $\pm$ 0.09	1.22 $\pm$ 0.13	67.2 $\pm$ 1.85	33.5 $\pm$ 2.83	106.9 $\pm$ 4.4	25.3 $\pm$ 1.9
<b>14 weeks of high fat diet feeding</b>										
HFD (n=5); 3 mo old	1.11 $\pm$ 0.04 <sup>†</sup>	1.39 $\pm$ 0.06	3.92 $\pm$ 0.13	3.10 $\pm$ 0.21	0.86 $\pm$ 0.03 <sup>†</sup>	1.09 $\pm$ 0.08	67.2 $\pm$ 5.32	39.3 $\pm$ 6.5	121.7 $\pm$ 5.2	21.1 $\pm$ 3.3 <sup>†</sup>
CHOW (n=5); 3 mo old	0.93 $\pm$ 0.05	1.41 $\pm$ 0.03	4.19 $\pm$ 0.08	2.96 $\pm$ 0.08	0.75 $\pm$ 0.04	1.05 $\pm$ 0.15	78.5 $\pm$ 3.54	34.2 $\pm$ 2.4	107.9 $\pm$ 3.8	29.4 $\pm$ 1.6
<b>18 months of aging</b>										
AGED (n=6); 18 mo old	1.05 $\pm$ 0.03 <sup>†</sup>	1.39 $\pm$ 0.06 <sup>†</sup>	4.16 $\pm$ 0.11	3.31 $\pm$ 0.13 <sup>†</sup>	1.09 $\pm$ 0.06 <sup>†</sup>	1.34 $\pm$ 0.06 <sup>†</sup>	77.2 $\pm$ 4.4	44.9 $\pm$ 4.1 <sup>†</sup>	150.1 $\pm$ 9.1 <sup>†</sup>	20.7 $\pm$ 1.6 <sup>†</sup>
YOUNG (n=6); 2 mo old	0.85 $\pm$ 0.04	1.19 $\pm$ 0.06	3.94 $\pm$ 0.10	2.84 $\pm$ 0.13	0.77 $\pm$ 0.06	1.13 $\pm$ 0.03	68.1 $\pm$ 4.4	31.0 $\pm$ 3.3	93.8 $\pm$ 3.9	27.9 $\pm$ 1.7
<b>Trans-aortic constriction: Week 0-6</b>										
Sham(n=5);Week 0	0.78 $\pm$ 0.03	1.12 $\pm$ 0.03	3.50 $\pm$ 0.06	2.31 $\pm$ 0.05	0.79 $\pm$ 0.01	1.19 $\pm$ 0.03	51.0 $\pm$ 2.0	18.2 $\pm$ 1.2	73.5 $\pm$ 1.6	34.1 $\pm$ 0.8
TAC (n=10);Week 0	0.77 $\pm$ 0.03	1.10 $\pm$ 0.04	3.67 $\pm$ 0.12	2.57 $\pm$ 0.13	0.81 $\pm$ 0.02	1.20 $\pm$ 0.03	58.1 $\pm$ 5.0	24.8 $\pm$ 3.6	80.1 $\pm$ 3.1	30.4 $\pm$ 1.3
Sham(n=5);Week 1	0.73 $\pm$ 0.03	1.07 $\pm$ 0.06	3.88 $\pm$ 0.09	2.74 $\pm$ 0.12	0.75 $\pm$ 0.03	1.09 $\pm$ 0.05	65.4 $\pm$ 3.7	28.4 $\pm$ 3.1	80.1 $\pm$ 2.2	29.4 $\pm$ 1.9
TAC (n=10);Week 1	0.87 $\pm$ 0.04 <sup>†</sup>	1.18 $\pm$ 0.06	3.92 $\pm$ 0.12	3.03 $\pm$ 0.18	0.98 $\pm$ 0.06 <sup>†</sup>	1.25 $\pm$ 0.07	67.6 $\pm$ 5.1	37.8 $\pm$ 5.0	111.6 $\pm$ 7.1 <sup>†</sup>	23.2 $\pm$ 2.3
Sham(n=5);Week 2	0.70 $\pm$ 0.04	1.07 $\pm$ 0.05	3.89 $\pm$ 0.06	2.63 $\pm$ 0.07	0.76 $\pm$ 0.02	1.11 $\pm$ 0.04	65.6 $\pm$ 2.8	25.6 $\pm$ 1.8	79.3 $\pm$ 3.2	32.4 $\pm$ 1.4
TAC (n=10);Week 2	0.87 $\pm$ 0.04 <sup>†</sup>	1.14 $\pm$ 0.05	4.12 $\pm$ 0.15	3.34 $\pm$ 0.21 <sup>†</sup>	1.02 $\pm$ 0.03 <sup>†</sup>	1.27 $\pm$ 0.04 <sup>†</sup>	76.9 $\pm$ 7.3	48.0 $\pm$ 7.4 <sup>†</sup>	124.4 $\pm$ 6.2 <sup>†</sup>	19.5 $\pm$ 2.6 <sup>†</sup>
TAC (n=5); Week 3	0.97 $\pm$ 0.04 <sup>†</sup>	1.17 $\pm$ 0.04	4.38 $\pm$ 0.19 <sup>†</sup>	3.77 $\pm$ 0.16	1.08 $\pm$ 0.06 <sup>†</sup>	1.29 $\pm$ 0.07	87.8 $\pm$ 9.8	61.4 $\pm$ 6.6 <sup>†</sup>	153.6 $\pm$ 12.2 <sup>†</sup>	13.8 $\pm$ 0.9 <sup>†</sup>
TAC (n=5); Week 4	0.92 $\pm$ 0.05 <sup>†</sup>	1.20 $\pm$ 0.06	4.60 $\pm$ 0.23 <sup>†</sup>	4.04 $\pm$ 0.24	1.25 $\pm$ 0.10 <sup>†</sup>	1.37 $\pm$ 0.09	99.0 $\pm$ 13 <sup>†</sup>	72.8 $\pm$ 11 <sup>†</sup>	178.3 $\pm$ 9.9	12.4 $\pm$ 0.8 <sup>†</sup>
TAC (n=5); Week 5	0.89 $\pm$ 0.10 <sup>†</sup>	1.15 $\pm$ 0.11	4.92 $\pm$ 0.07 <sup>†</sup>	4.40 $\pm$ 0.09	1.00 $\pm$ 0.05 <sup>†</sup>	1.12 $\pm$ 0.03 <sup>†</sup>	114.0 $\pm$ 4 <sup>†</sup>	87.8 $\pm$ 4.3 <sup>†</sup>	165.6 $\pm$ 10	10.6 $\pm$ 1.4 <sup>†</sup>
TAC (n=5); Week 6	0.81 $\pm$ 0.06	0.96 $\pm$ 0.08	5.15 $\pm$ 0.22 <sup>†</sup>	4.82 $\pm$ 0.24	0.98 $\pm$ 0.09 <sup>†</sup>	1.01 $\pm$ 0.09	127.8 $\pm$ 13 <sup>†</sup>	110.2 $\pm$ 13 <sup>†</sup>	164.9 $\pm$ 7.9	6.4 $\pm$ 0.8 <sup>†</sup>

mo: Months; **IVS,d**: Interventricular septum thickness at end-diastole; **IVS,s**: Interventricular septum thickness at end-systole; **LVID,d**: Left ventricular internal dimension at end-diastole; **LVID,s**: Left ventricular internal dimension at end-systole; **LVPW,d**: Left ventricular posterior wall thickness at end-diastole; **LVPW,s**: Left ventricular posterior wall thickness at end-systole; **LV Vol, d**: Left ventricular volume at end-diastole; **LV Vol,s**: Left ventricular volume at end-systole; **LV mass**: Left ventricular mass; **FS**: Fractional shortening.

Data are mean $\pm$ SEM. Student *t* test was used, † *p*<0.05.

1 **Supplementary Table 2:** List of antibodies used for fluorescence-activated cell sorting  
2 (FACS), immunofluorescent staining (IF) and Western blotting (WB).

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Antibody	Host	Application	Company/Catalog number
FITC-CD31	Mouse	FACS	Invitrogen/RM5201
Pacificblue-CD45	Mouse	FACS	Biolegend/103125
Pacificblue-Ter119	Mouse	FACS	Biolegend/116231
PE-Cyanine7- CD140a	Mouse	FACS	eBioscience/25-1401
CD16/CD32 (Fc blocker)	Mouse	FACS	BD Biosciences/553142
Mouse CD31	Rat	IF	BD Pharmingen/553370
Human VEcadherin	Rabbit	IF	Cell Signaling/#2500S
Tagln	Sheep	WB/IF	R&D Biosystems/AF7886
c-MYC	Mouse	WB/IF	Thermo Fisher/13-2500
HSP47	Mouse	WB/IHC/IF	Enzo Life Sciences/ADI-SPA- 470-D
Collagen 1	Rabbit	IF	Abcam/ab34710
aSMA	Mouse	IF	Sigma-Aldrich/A5228
GAPDH	Mouse	WB	Sigma-Aldrich/CB1001

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1 **Supplementary Table 3:** List of human shRNA constructs used in the gene silencing  
2 studies.

Construct name	Clone ID	Match regions	Target sequence
shSERPINH1(#1)	TRCN0000003590	CDS	CCTCTACA ACTACTACGACGA
shSERPINH1(#2)	TRCN0000003594	CDS	GCCTTTGAGTTGGACACAGAT
shSERPINH1(#3)	TRCN0000003593	CDS	CAACTACTACGACGACGAGAA
shSERPINH1(#4)	TRCN0000003591	3'UTR	TCCCAACCTCTCCCAACTATA

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2 **Supplementary Table 4:** Primer pair sequences for SYBR green and TaqMan real-time

3 qPCR assays.

hSERPINH1	ATGAGAAATTCCACCACAAGATG	GATCTTCAGCTGCTCTTTGGTTA
hCD31	CTGCTGACCCTTCTGCTCTGTTC	GGCAGGCTCTTCATGTCAACACT
hCDH5	CGTGAGCATCCAGGCAGTGGTAG C	GAGCCGCCGCCGCAGGAAG
hTIE1	ACCCGCTGTGAACAGGCCTGCAG AGA	CTTGCCACTGGCTTCCTCT
hID1	CTGCTCTACGACATGAACGG	GAAGGTCCCTGATGTAGTCGAT
hCYCLIND1	GCGGAGGAGAACAACAGAT	TGAGGCGGTAGTAGGACAGG
hTAGLN	CGGTTAGGCCAAGGCTCTAC	CCAGCTCCTCGTCATACTTC
h $\alpha$ SMA	AAGCACAGAGCAAAAGAGGAAT	ATGTCGTCCCAGTTGGTGAT
hCD44	TGGCACCCGCTATGTGCGAG	GTAGCAGGGATTCTGTCTG
hVIM	CGAGGAGAGCAGGATTTCTC	GGTATCAACCAGAGGGAGTGA
hNOTCH3	ACCGATGTCAACGAGTGTCT	GTTGACACAGGGGCTACTCT
hZEB2	GAGGCGCAAACAAGCCAATC	TCAGAACCTGTGTCCACTAC
hSLUG	ACTCCGAAGCCAAATGACAA	CTCTCTCTGTGGGTGTGTGT
hFN1	CCATAGCTGAGAAGTGTTTTG	CAAGTACAATCTACCATCATCC
hVCAM1	CGCAAACACTTTATGTCAATGTTG	GATTTTCGGAGCAGGAAAGC
hICAM1	TGCCCTGATGGGCAGTCAAC	CCCGTTTCAGCTCCTTCTCC
hHPRT1	TGAGGATTTGGAAAGGGTGT	TCCCCTGTTGACTGGTCATT
hNRARP	Hs01104102_S1	
mCdh5	Mm00486938_m1	
mTie1	Mm00441786_m1	
mSerpInH1	ATGTTCTTTAAGCCCACTG	TCGTCATAGTAGTTGTACAGG
mVwa1	GATGATCTTCCTATCATTGCC	CAATTCCAGCACGTAGTAAC
mVim	CTTGAACGGAAAGTGGAATCCT	GTCAGGCTTGAAACGTCC

mTgfr2	TCTTTTCGGAAGAATACZCC	GTAGCAGTAGAAGATGATGATG
mVash1	CAAGGAAATGACCAAAGAGG	ACTGTTGGTGAGGTAAATTC
mSparc	GAACCCACATGGCAAGTCTTA	AAAGCCCAATTGCAGTTGAGT
mTgfb1	CTCCCGTGGCTTCTAGTGC	GCCTTAGTTTGGACAGGATCTG
mApIn	CAGGCCTATTCCCAGGCTCA	CAAGATCAAGGGCGCAGTCA

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- 1 **Supplementary Table 5A:** Reference list for endothelial and mesenchymal genes indicated
- 2 in the Figure 4B (EXE vs. SED) heat map.

Gene	Description	Reference #
<i>Malat1</i>	Metastasis Associated Lung Adenocarcinoma Transcript 1	14
<i>Mgp</i>	Matrix Gla Protein	15
<i>Ankrd11</i>	Ankyrin Repeat Domain 11	16
<i>Plcb4</i>	Phospholipase C Beta 4	17
<i>Rock1</i>	Rho Associated Coiled-Coil Containing Protein Kinase 1	18
<i>Adrg6</i>	Adhesion G Protein-Coupled Receptor G6	19
<i>Ppp4r3a</i>	Protein Phosphatase 4 Regulatory Subunit 3A	20
<i>Phip</i>	Pleckstrin Homology Domain Interacting Protein	21
<i>Clk1</i>	CDC Like Kinase 1	22
<i>Ankrd12</i>	Ankyrin Repeat Domain 12	23
<i>Ppl</i>	Periplakin	24
<i>Krit1</i>	KRIT1 Ankyrin Repeat Containing	25, 26
<i>Calcr1</i>	Calcitonin Receptor Like Receptor	27
<i>Apln</i>	Apelin	28
<i>Aplnr</i>	Apelin Receptor	29
<i>Vash1</i>	Vasohibin 1	30, 31
<i>Fscn1</i>	Fascin Actin-Bundling Protein 1	32
<i>Cd93</i>	CD93 Molecule	33, 34
<i>Vwa1</i>	Von Willebrand Factor A Domain Containing 1	35, 36

<i>Adamts4</i>	ADAM Metallopeptidase With Thrombospondin Type 1 Motif 4	37
<i>Sparc</i>	Secreted Protein Acidic And Cysteine Rich	38
<i>Col4a2</i>	Collagen Type IV Alpha 2 Chain	39, 40
<i>Cd34</i>	CD34 Molecule	41, 42
<i>Tuba1a</i>	Tubulin Alpha 1a	43
<i>Cx3cl1</i>	C-X3-C Motif Chemokine Ligand 1	44
<i>Mest</i>	Mesoderm Specific Transcript	45
<i>Cnn2</i>	Calponin 2	46
<i>Cd44</i>	CD44 Molecule (Indian Blood Group)	47
<i>Trp53</i>	Tumor Protein P53	48
<i>Prex1</i>	Phosphatidylinositol-3,4,5-Trisphosphate Dependent Rac Exchange Factor 1	49
<i>Hspg2</i>	Heparan Sulfate Proteoglycan 2	29
<i>Tnfaip1</i>	TNF Alpha Induced Protein 1	50
<i>Lamb1</i>	Laminin Subunit Beta 1	51
<i>Ltbp4</i>	Latent Transforming Growth Factor Beta Binding Protein 4	52
<i>Sept4</i>	Septin 4	53
<i>Unc5b</i>	Unc-5 Netrin Receptor B	54

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1 **Supplementary Table 5B:** Reference list for endothelial and mesenchymal genes indicated  
 2 in the Figure 4C (Aged vs. Young) heat map.

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Gene	Description	Reference #
<i>Npr3</i>	Natriuretic Peptide Receptor 3	55, 56
<i>Tagln2</i>	Transgelin 2	57
<i>Vim</i>	Vimentin	58
<i>Msn</i>	Moesin	59-61
<i>Socs5</i>	Suppressor Of Cytokine Signaling 5	62
<i>Vcam1</i>	Vascular adhesion molecule 1	63
<i>Notch4</i>	Notch Receptor 4	41, 64
<i>Stat6</i>	Signal Transducer And Activator Of Transcription 6	65
<i>Adamtsl4</i>	ADAMTS Like 4	66
<i>Jag2</i>	Jagged Canonical Notch Ligand 2	41
<i>Cdh13</i>	Cadherin 13	67, 68
<i>Hif1a</i>	Hypoxia Inducible Factor 1 Subunit Alpha	41
<i>Ism1</i>	Isthmin 1	69, 70
<i>Tbx3</i>	T-Box Transcription Factor 3	71
<i>Tgfa</i>	Transforming Growth Factor Alpha	72
<i>Furin</i>	Furin, Paired Basic Amino Acid Cleaving Enzyme	73
<i>Eng</i>	Endoglin	74, 75
<i>Smad6</i>	SMAD Family Member 6	76, 77
<i>Smad7</i>	SMAD Family Member 7	76, 77
<i>Sox17</i>	SRY-Box Transcription Factor 17	78

<i>Tead1</i>	TEA Domain Transcription Factor 1	41, 79
<i>Tead2</i>	TEA Domain Transcription Factor 2	41, 79
<i>Klf3</i>	Kruppel Like Factor 3	80, 81
<i>Klf4</i>	Kruppel Like Factor 4	82
<i>Sulf1</i>	Sulfatase 1	83
<i>Wt1</i>	WT1 Transcription Factor	84, 85
<i>Ankrd1</i>	Ankyrin Repeat Domain 1	86, 87
<i>Cd247</i>	CD247 Molecule	88
<i>Hbegf</i>	Heparin Binding EGF Like Growth Factor	89
<i>Vegfc</i>	Vascular Endothelial Growth Factor C	82, 90
<i>Nos2</i>	Nitric Oxide Synthase 2	91
<i>Nrarp</i>	NOTCH Regulated Ankyrin Repeat Protein	92
<i>Rgs2</i>	Regulator of G Protein Signaling 2	93
<i>Cldn5</i>	Claudin 5	94
<i>Kit</i>	KIT Proto-Oncogene, Receptor Tyrosine Kinase	95
<i>Cd200</i>	CD200 Molecule	96
<i>Gja4</i>	Gap Junction Protein Alpha 4	97, 98
<i>Nog</i>	Noggin	99, 100
<i>Ets1</i>	Ets Proto-Oncogene 1, Transcription factor	101, 102
<i>Hes1</i>	Hes Family BHLH Transcription Factor 1	103

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1 **Supplementary Table 5C:** Reference list for endothelial and mesenchymal genes indicated  
 2 in the Figure 4D (HFD vs. Chow) heat map.

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Gene	Description	Reference #
<i>Apln</i>	Apelin	28
<i>Vwa1</i>	Von Willebrand Factor A Domain Containing 1	35, 36
<i>Tuba1a</i>	Tubulin Alpha 1a	43
<i>Ezh2</i>	Enhancer Of Zeste 2 Polycomb Repressive Complex 2 Subunit	86
<i>Fsd2</i>	Fibronectin Type III And SPRY Domain Containing 2	104-106
<i>Mest</i>	Mesoderm Specific Transcript	45
<i>Angptl4</i>	Angiopoietin Like 4	107
<i>Me1</i>	Malic Enzyme 1	108
<i>Cldn5</i>	Claudin 5	94
<i>Ankrd1</i>	Ankyrin Repeat Domain 1	86, 87
<i>E2f1</i>	E2F Transcription Factor 1	109
<i>Hey1</i>	Hes Related Family BHLH Transcription Factor With YRPW Motif 1	64, 110
<i>Fndc5</i>	Fibronectin Type III Domain Containing 5	111
<i>Dsp</i>	Desmoplakin	112
<i>Trp53inp2</i>	Tumor Protein P53 Inducible Nuclear Protein 2	113
<i>Cd36</i>	CD36 Molecule	114
<i>Hist4h4</i>	Histone H4	86, 110
<i>Xbp1</i>	X-Box Binding Protein 1	115
<i>Inhbb</i>	Inhibin Subunit Beta B	116
<i>Podxl</i>	Podocalyxin Like	117

<i>Egr1</i>	Early Growth Response 1	118
<i>L1cam</i>	L1 Cell Adhesion Molecule	119
<i>Rarg</i>	Retinoic Acid Receptor Gamma	120
<i>Ace</i>	Angiotensin I Converting Enzyme	121
<i>Apoe</i>	Apolipoprotein E	122
<i>Mkl2</i>	Myocardin-like protein 2	123
<i>Tln2</i>	Talin 2	124
<i>Pdgfrb</i>	Platelet Derived Growth Factor Receptor Beta	125
<i>Igfbp3</i>	Insulin Like Growth Factor Binding Protein 3	126

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- 1 **Supplementary Table 5D:** Reference list for endothelial and mesenchymal genes indicated
- 2 in the Figure 4E (TAC (2) vs. Sham) heat map.

Gene	Description	Reference #
<i>Spry4</i>	Sprouty RTK Signalling Antagonists	127
<i>Mmp14</i>	Matrix Metalloproteinase 14	128
<i>Tnc</i>	Tenascin C	129, 130
<i>Fn1</i>	Fibronectin 1	131
<i>Vim</i>	Vimentin	132
<i>Emilin1</i>	Elastin Microfibril Interfacer 1	133, 134
<i>Col4a1</i>	Collagen Type IV Alpha 1 Chain	40
<i>Tgfb1</i>	Transforming Growth Factor Beta 1	135, 136
<i>Tgfb2</i>	Transforming Growth Factor Beta Receptor 2	135, 136
<i>Ltbp3</i>	Latent Transforming Growth Factor Beta Binding Protein 3	52
<i>Bmp2</i>	Bone Morphogenetic Protein 2	137
<i>Lamb1</i>	Laminin Subunit Beta 1	51
<i>Msn</i>	Moesin	60, 61
<i>Sele</i>	Selectin E	138
<i>Acta1</i>	Alpha-Actin-1	139
<i>Tagln2</i>	Transgelin 2	57
<i>Hif1a</i>	Hypoxia Inducible Factor 1 Subunit Alpha	41
<i>Adamts4</i>	ADAM Metalloproteinase With Thrombospondin Type 1 Motif 4	37
<i>Nrp2</i>	Neuropilin 2	140
<i>Esm1</i>	Endothelial Cell Specific Molecule 1	141-143
<i>Apln</i>	Apelin	28
<i>Cd34</i>	CD34 Molecule	144, 145

<i>Vash1</i>	Vasohibin 1	30, 31
<i>Vwa1</i>	Von Willebrand Factor A Domain Containing 1	35, 36
<i>Epas1</i>	Endothelial PAS Domain Protein 1	146
<i>ApoE</i>	Apolipoprotein E	122
<i>Angpt2</i>	Angiopoietin	147
<i>Id2</i>	Inhibitor of DNA Binding 2	148
<i>Id3</i>	Inhibitor of DNA Binding 3, HLH protein	148
<i>Efnb1</i>	Ephrin B1	149
<i>Igf1r</i>	Insulin Like Growth Factor 1 Receptor	150

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- 1 **Supplementary Table 5E:** Reference list for endothelial and mesenchymal genes
- 2 indicated in the Figure 4F (TAC (7) vs. Sham) heat map.

Gene	Description	Reference #
<i>Spry4</i>	Sprouty RTK Signaling Antagonist 4	127
<i>Esm1</i>	Endothelial Cell Specific Molecule 1	141-143
<i>Epha2</i>	EPH Receptor A2	149
<i>Socs5</i>	Suppressor Of Cytokine Signaling 5	62
<i>Sele</i>	Selectin E	138
<i>Acta1</i>	Alpha-Actin-1	139
<i>Nostrin</i>	Nitric Oxide Synthase Trafficking	151
<i>Esam</i>	Endothelial Cell Adhesion Molecule	152
<i>Cd34</i>	CD34 molecule	144, 145
<i>Tgfb1</i>	Transforming Growth Factor Beta 1	135, 136
<i>Tnfaip2</i>	TNF Alpha Induced Protein 2	153
<i>Ankrd1</i>	Ankyrin Repeat Domain 1	86, 87
<i>Mmp14</i>	Matrix Metallopeptidase 14	128
<i>Vwf</i>	Von Willebrand Factor	154
<i>Col4a1</i>	Collagen Type IV Alpha 1 Chain	39, 40
<i>Tnc</i>	Tenascin C	129, 130
<i>Col4a2</i>	Collagen Type IV Alpha 2 Chain	39, 40
<i>Stat3</i>	Signal Transducer And Activator Of Transcription 3	155
<i>Ecm1</i>	Extracellular Matrix Protein 1	156
<i>Zeb1</i>	Zinc Finger E-Box Binding Homeobox 1	155
<i>Emilin1</i>	Elastin Microfibril Interfacer 1	133, 134
<i>Sparc</i>	Secreted Protein Acidic And Cysteine Rich	38

<i>Dsp</i>	Desmoplakin	112
<i>Notch3</i>	NOTCH Receptor 3	125, 157
<i>Pdgfrb</i>	Platelet Derived Growth Factor Receptor Beta	125
<i>Epha4</i>	EPH Receptor 4	149
<i>Ddr2</i>	Discoidin Domain Receptor Tyrosine Kinase 2	158
<i>Zeb2</i>	Zinc Finger E-Box Binding Homeobox 2	82
<i>ApoE</i>	Apolipoprotein E	122
<i>Sox7</i>	SRY-Box Transcription Factor 7	159
<i>Cxcl9</i>	C-X-C Motif Chemokine Ligand 9	160

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